

कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 5

कक्षा - 5 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 5

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
Mathematics	Mathematics	EVS	EVS	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/27.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 5
फरवरी 2023
February 2023

क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
बुधवार, 1 फरवरी 2023 Wednesday, 1 February 2023													
1	EVS	पाठ - 10 बोलती इमारतें भाग 1	हिंदी	12:00 AM	2:33 AM	5:07 AM	7:40 AM	10:14 AM	12:47 PM	3:21 PM	5:54 PM	8:28 PM	11:01 PM
2	Hindi	बिशन की दिलेरी	हिंदी	12:56 AM	3:30 AM	6:03 AM	8:37 AM	11:10 AM	1:44 PM	4:17 PM	6:51 PM	9:24 PM	11:58 PM
3	EVS	Chapter 3 From Tasting to Digesting	English	1:22 AM	3:55 AM	6:29 AM	9:02 AM	11:36 AM	2:09 PM	4:43 PM	7:16 PM	9:50 PM	NA
4	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:29 AM	4:02 AM	6:36 AM	9:09 AM	11:43 AM	2:16 PM	4:50 PM	7:23 PM	9:57 PM	NA
5	English	Malu Bhalu	English	1:46 AM	4:19 AM	6:53 AM	9:26 AM	12:00 PM	2:33 PM	5:07 PM	7:40 PM	10:14 PM	NA
6	English	Crying	ISL	2:16 AM	4:50 AM	7:23 AM	9:57 AM	12:30 PM	3:04 PM	5:37 PM	8:11 PM	10:44 PM	NA
बृहस्पतिवार, 2 फरवरी 2023 Thursday, 2 February 2023													
1	EVS	बोलती इमारतें भाग 1	हिंदी	12:00 AM	2:27 AM	4:55 AM	7:22 AM	9:50 AM	12:17 PM	2:45 PM	5:13 PM	7:40 PM	10:08 PM
2	Hindi	रात भर बिलखते-चिंघाड़ते रहे	हिंदी	12:28 AM	2:56 AM	5:23 AM	7:51 AM	10:18 AM	12:46 PM	3:14 PM	5:41 PM	8:09 PM	10:36 PM
3	EVS	Book: Looking Around Chapter 3: From Tasting to Digesting	English	1:10 AM	3:38 AM	6:05 AM	8:33 AM	11:00 AM	1:28 PM	3:56 PM	6:23 PM	8:51 PM	11:18 PM
4	English	Who will be Ningthou? Part I	English	1:45 AM	4:12 AM	6:40 AM	9:08 AM	11:35 AM	2:03 PM	4:30 PM	6:58 PM	9:26 PM	11:53 PM
5	English	Who will be Ningthou?	ISL	2:13 AM	4:41 AM	7:08 AM	9:36 AM	12:03 PM	2:31 PM	4:58 PM	7:26 PM	9:54 PM	NA
शुक्रवार, 3 फरवरी 2023 Friday, 3 February 2023													
1	Mathematics	क्या तुम्हें पैटर्न दिखा?	हिंदी	12:00 AM	2:34 AM	5:08 AM	7:43 AM	10:17 AM	12:52 PM	3:26 PM	6:00 PM	8:35 PM	11:09 PM
2	Hindi	बिशन की दिलेरी भाग 1	हिंदी	12:39 AM	3:14 AM	5:48 AM	8:22 AM	10:57 AM	1:31 PM	4:06 PM	6:40 PM	9:14 PM	11:49 PM



3	Mathematics	The Fish Tale	English	1:00 AM	3:34 AM	6:09 AM	8:43 AM	11:17 AM	1:52 PM	4:26 PM	7:01 PM	9:35 PM	NA
4	Hindi	स्वामी की दादी (चित्रकथा) भाग 2	ISL	1:51 AM	4:25 AM	6:59 AM	9:34 AM	12:08 PM	2:43 PM	5:17 PM	7:52 PM	10:26 PM	NA
5	English	Who will be Ningthou? Part II	English	2:01 AM	4:35 AM	7:09 AM	9:44 AM	12:18 PM	2:53 PM	5:27 PM	8:02 PM	10:36 PM	NA
शनिवार, 4 फरवरी 2023 Saturday, 4 February 2023													
1	Mathematics	नक्शा	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:01 AM	12:31 PM	3:01 PM	5:32 PM	8:02 PM	10:32 PM
2	Hindi	बिशन की दिलीरी भाग 2	हिंदी	12:40 AM	3:10 AM	5:40 AM	8:10 AM	10:41 AM	1:11 PM	3:41 PM	6:12 PM	8:42 PM	11:12 PM
3	General Awareness	Personal Safety	English	12:58 AM	3:28 AM	5:58 AM	8:29 AM	10:59 AM	1:29 PM	3:59 PM	6:30 PM	9:00 PM	11:30 PM
4	Mathematics	Fish Tale Part-1	English	1:12 AM	3:42 AM	6:13 AM	8:43 AM	11:13 AM	1:43 PM	4:14 PM	6:44 PM	9:14 PM	11:45 PM
5	Storytelling	गूँज	हिंदी	1:43 AM	4:13 AM	6:43 AM	9:14 AM	11:44 AM	2:14 PM	4:44 PM	7:15 PM	9:45 PM	NA
6	HEALTH EDUCATION	Growing Up Healthy	English	1:58 AM	4:28 AM	6:58 AM	9:29 AM	11:59 AM	2:29 PM	5:00 PM	7:30 PM	10:00 PM	NA
7	Storytelling	डोमि की चप्पलें-१	हिंदी	2:08 AM	4:38 AM	7:08 AM	9:38 AM	12:09 PM	2:39 PM	5:09 PM	7:40 PM	10:10 PM	NA
8	English	Gulliver's Travels-II	ISL	2:21 AM	4:52 AM	7:22 AM	9:52 AM	12:23 PM	2:53 PM	5:23 PM	7:53 PM	10:24 PM	NA
रविवार, 5 फरवरी 2023 Sunday, 5 February 2023													
1	HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	हिंदी	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:22 AM	12:58 PM	3:34 PM	6:09 PM	8:45 PM	11:21 PM
2	Storytelling	कार्टूनिस्ट सुधीर तैलंग	हिंदी	12:34 AM	3:10 AM	5:45 AM	8:21 AM	10:57 AM	1:32 PM	4:08 PM	6:44 PM	9:19 PM	11:55 PM
3	General Awareness	Personal Safety	English	12:53 AM	3:29 AM	6:04 AM	8:40 AM	11:16 AM	1:51 PM	4:27 PM	7:03 PM	9:39 PM	NA
4	General Awareness	रौशनी और रंग	हिंदी	1:07 AM	3:43 AM	6:19 AM	8:54 AM	11:30 AM	2:06 PM	4:41 PM	7:17 PM	9:53 PM	NA
5	Hindi	ईदगाह भाग 1	ISL	1:23 AM	3:59 AM	6:35 AM	9:10 AM	11:46 AM	2:22 PM	4:57 PM	7:33 PM	10:09 PM	NA
6	Storytelling	गोद लिए दादाजी	हिंदी	1:38 AM	4:14 AM	6:49 AM	9:25 AM	12:01 PM	2:36 PM	5:12 PM	7:48 PM	10:23 PM	NA
7	Art Education	Beautiful Flower Book	English	1:57 AM	4:32 AM	7:08 AM	9:44 AM	12:19 PM	2:55 PM	5:31 PM	8:07 PM	10:42 PM	NA
8	Hindi	ईदगाह भाग 2	ISL	2:17 AM	4:53 AM	7:29 AM	10:05 AM	12:40 PM	3:16 PM	5:52 PM	8:27 PM	11:03 PM	NA



सोमवार, 6 फरवरी 2023
Monday, 6 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:23 AM	12:58 PM	3:34 PM	6:10 PM	8:46 PM	11:22 PM
2	Hindi	पानी रे पानी	हिंदी	12:29 AM	3:04 AM	5:40 AM	8:16 AM	10:52 AM	1:28 PM	4:03 PM	6:39 PM	9:15 PM	11:51 PM
3	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	12:55 AM	3:30 AM	6:06 AM	8:42 AM	11:18 AM	1:53 PM	4:29 PM	7:05 PM	9:41 PM	NA
4	Mathematics	Book: Math-Magic Chapter 1: Fish Tale Part 2	English	1:12 AM	3:47 AM	6:23 AM	8:59 AM	11:35 AM	2:10 PM	4:46 PM	7:22 PM	9:58 PM	NA
5	English	Ice-Cream Man	English	1:50 AM	4:26 AM	7:02 AM	9:38 AM	12:13 PM	2:49 PM	5:25 PM	8:01 PM	10:37 PM	NA
6	Hindi	ईदगाह भाग 2	ISL	2:18 AM	4:53 AM	7:29 AM	10:05 AM	12:41 PM	3:16 PM	5:52 PM	8:28 PM	11:04 PM	NA

मंगलवार, 7 फरवरी 2023
Tuesday, 7 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:33 AM	5:07 AM	7:41 AM	10:15 AM	12:49 PM	3:23 PM	5:57 PM	8:31 PM	11:04 PM
2	Hindi	पानी रे पानी	हिंदी	12:24 AM	2:58 AM	5:32 AM	8:06 AM	10:39 AM	1:13 PM	3:47 PM	6:21 PM	8:55 PM	11:29 PM
3	Mathematics	Book: Math-Magic Chapter 2: About Shapes and Angle Part 1	English	12:49 AM	3:23 AM	5:57 AM	8:31 AM	11:04 AM	1:38 PM	4:12 PM	6:46 PM	9:20 PM	11:54 PM
4	English	Wonderful Waste	English	1:49 AM	4:23 AM	6:57 AM	9:31 AM	12:05 PM	2:39 PM	5:13 PM	7:46 PM	10:20 PM	NA
5	Hindi	स्वामी की दादी (चित्रकथा) भाग 2	ISL	2:17 AM	4:51 AM	7:24 AM	9:58 AM	12:32 PM	3:06 PM	5:40 PM	8:14 PM	10:48 PM	NA

बुधवार, 8 फरवरी 2023
Wednesday, 8 February 2023

1	EVS	पाठ - 11 सुनीता अंतरिक्ष में	हिंदी	12:00 AM	2:34 AM	5:08 AM	7:42 AM	10:16 AM	12:50 PM	3:24 PM	5:58 PM	8:32 PM	11:06 PM
2	Hindi	जोड़ासांकी वाला घर	हिंदी	12:30 AM	3:04 AM	5:38 AM	8:12 AM	10:46 AM	1:20 PM	3:54 PM	6:28 PM	9:02 PM	11:36 PM
3	EVS	Chapter 3 From Tasting to Digesting	English	12:58 AM	3:32 AM	6:06 AM	8:40 AM	11:14 AM	1:48 PM	4:22 PM	6:56 PM	9:30 PM	NA
4	English	Ice Cream Man	English	1:18 AM	3:52 AM	6:26 AM	9:00 AM	11:35 AM	2:09 PM	4:43 PM	7:17 PM	9:51 PM	NA
5	Hindi	ईदगाह भाग 2	ISL	1:45 AM	4:19 AM	6:54 AM	9:28 AM	12:02 PM	2:36 PM	5:10 PM	7:44 PM	10:18 PM	NA

बृहस्पतिवार, 9 फरवरी 2023
Thursday, 9 February 2023

1	EVS	सुनीता अंतरिक्ष में	हिंदी	12:00 AM	2:32 AM	5:05 AM	7:38 AM	10:11 AM	12:44 PM	3:16 PM	5:49 PM	8:22 PM	10:55 PM
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2	Hindi	छोटी सी हमारी नदी	हिंदी	12:30 AM	3:02 AM	5:35 AM	8:08 AM	10:41 AM	1:14 PM	3:46 PM	6:19 PM	8:52 PM	11:25 PM
3	EVS	Chapter 3 My Shadow	English	12:53 AM	3:26 AM	5:59 AM	8:32 AM	11:04 AM	1:37 PM	4:10 PM	6:43 PM	9:16 PM	11:48 PM
4	English	Wonderful Waste	English	1:38 AM	4:11 AM	6:44 AM	9:17 AM	11:49 AM	2:22 PM	4:55 PM	7:28 PM	10:01 PM	NA
5	General Awareness	Personal Safety	English	2:00 AM	4:33 AM	7:06 AM	9:39 AM	12:12 PM	2:44 PM	5:17 PM	7:50 PM	10:23 PM	NA
6	English	The Little Bully-I	ISL	2:21 AM	4:54 AM	7:27 AM	10:00 AM	12:33 PM	3:05 PM	5:38 PM	8:11 PM	10:44 PM	NA

शुक्रवार, 10 फरवरी 2023

Friday, 10 February 2023

1	Mathematics	क्या तुम्हें पैटर्न दिखा?	हिंदी	12:00 AM	2:31 AM	5:02 AM	7:33 AM	10:04 AM	12:35 PM	3:06 PM	5:37 PM	8:09 PM	10:40 PM
2	Hindi	छोटी-सी हमारी नदी (कविता)	हिंदी	12:35 AM	3:06 AM	5:37 AM	8:08 AM	10:39 AM	1:10 PM	3:41 PM	6:13 PM	8:44 PM	11:15 PM
3	Mathematics	About Shapes and Angle Part 2	English	12:56 AM	3:27 AM	5:58 AM	8:29 AM	11:01 AM	1:32 PM	4:03 PM	6:34 PM	9:05 PM	11:36 PM
4	Hindi	स्वामी की दादी (चित्रकथा) भाग 1	ISL	1:27 AM	3:59 AM	6:30 AM	9:01 AM	11:32 AM	2:03 PM	4:34 PM	7:05 PM	9:37 PM	NA
5	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:37 AM	4:08 AM	6:39 AM	9:10 AM	11:41 AM	2:12 PM	4:43 PM	7:15 PM	9:46 PM	NA
6	English	Team work	English	1:54 AM	4:25 AM	6:56 AM	9:27 AM	11:58 AM	2:29 PM	5:00 PM	7:32 PM	10:03 PM	NA

शनिवार, 11 फरवरी 2023

Saturday, 11 February 2023

1	Mathematics	नक्शा	हिंदी	12:00 AM	2:33 AM	5:06 AM	7:39 AM	10:12 AM	12:45 PM	3:18 PM	5:51 PM	8:24 PM	10:57 PM
2	Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	हिंदी	12:30 AM	3:03 AM	5:36 AM	8:09 AM	10:42 AM	1:15 PM	3:49 PM	6:22 PM	8:55 PM	11:28 PM
3	Mathematics	Shapes and Angles	English	12:57 AM	3:30 AM	6:03 AM	8:36 AM	11:09 AM	1:42 PM	4:15 PM	6:48 PM	9:21 PM	11:54 PM
4	General Awareness	Personal Safety	English	1:48 AM	4:21 AM	6:54 AM	9:27 AM	12:00 PM	2:33 PM	5:06 PM	7:39 PM	10:12 PM	NA
5	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	2:06 AM	4:39 AM	7:12 AM	9:45 AM	12:18 PM	2:51 PM	5:24 PM	7:57 PM	10:31 PM	NA
6	Hindi	स्वामी की दादी (चित्रकथा) भाग 1	ISL	2:23 AM	4:57 AM	7:30 AM	10:03 AM	12:36 PM	3:09 PM	5:42 PM	8:15 PM	10:48 PM	NA

रविवार, 12 फरवरी 2023

Sunday, 12 February 2023

1	HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	हिंदी	12:00 AM	2:31 AM	5:03 AM	7:35 AM	10:07 AM	12:39 PM	3:11 PM	5:43 PM	8:15 PM	10:47 PM
2	Storytelling	कार्टूनिस्ट सुधीर तैलंग	हिंदी	12:10 AM	2:42 AM	5:14 AM	7:46 AM	10:18 AM	12:50 PM	3:22 PM	5:54 PM	8:26 PM	10:58 PM



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3	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	12:43 AM	3:15 AM	5:47 AM	8:19 AM	10:50 AM	1:22 PM	3:54 PM	6:26 PM	8:58 PM	11:30 PM
4	Storytelling	अपनी अपनी चोखट -चंदा का चाँद	हिंदी	1:00 AM	3:32 AM	6:04 AM	8:36 AM	11:08 AM	1:39 PM	4:11 PM	6:43 PM	9:15 PM	11:47 PM
5	Art Education	Beautiful Flower Book	English	1:58 AM	4:30 AM	7:02 AM	9:34 AM	12:06 PM	2:38 PM	5:10 PM	7:42 PM	10:14 PM	NA
6	Hindi	खिलौनेवाला	ISL	2:19 AM	4:51 AM	7:23 AM	9:55 AM	12:27 PM	2:59 PM	5:31 PM	8:03 PM	10:35 PM	NA

सोमवार, 13 फरवरी 2023
Monday, 13 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:35 AM	5:10 AM	7:45 AM	10:20 AM	12:55 PM	3:30 PM	6:05 PM	8:40 PM	11:15 PM
2	Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	हिंदी	12:31 AM	3:06 AM	5:41 AM	8:16 AM	10:51 AM	1:26 PM	4:01 PM	6:37 PM	9:12 PM	11:47 PM
3	Mathematics	How Many Square - Part 1	English	1:26 AM	4:01 AM	6:36 AM	9:11 AM	11:46 AM	2:21 PM	4:56 PM	7:31 PM	10:06 PM	NA
4	English	Flying Together Part 1	English	1:52 AM	4:27 AM	7:02 AM	9:37 AM	12:12 PM	2:47 PM	5:22 PM	7:57 PM	10:32 PM	NA
5	English	Gulliver's Travels-II	ISL	2:26 AM	5:01 AM	7:36 AM	10:11 AM	12:46 PM	3:21 PM	5:56 PM	8:31 PM	11:06 PM	NA

मंगलवार, 14 फरवरी 2023
Tuesday, 14 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:18 AM	12:53 PM	3:28 PM	6:02 PM	8:37 PM	11:12 PM
2	Hindi	चुनौती हिमालय की	हिंदी	12:29 AM	3:04 AM	5:39 AM	8:13 AM	10:48 AM	1:23 PM	3:57 PM	6:32 PM	9:07 PM	11:41 PM
3	Mathematics	How Many Square - Part 2	English	12:59 AM	3:34 AM	6:09 AM	8:43 AM	11:18 AM	1:53 PM	4:27 PM	7:02 PM	9:37 PM	NA
4	English	Flying Together Part 2	English	1:47 AM	4:22 AM	6:56 AM	9:31 AM	12:06 PM	2:40 PM	5:15 PM	7:50 PM	10:24 PM	NA
5	HEALTH EDUCATION	Growing Up Healthy	English	2:20 AM	4:55 AM	7:30 AM	10:04 AM	12:39 PM	3:14 PM	5:48 PM	8:23 PM	10:58 PM	NA
6	English	Gulliver's Travels-II	ISL	2:26 AM	5:00 AM	7:35 AM	10:10 AM	12:44 PM	3:19 PM	5:54 PM	8:28 PM	11:03 PM	NA

बुधवार, 15 फरवरी 2023
Wednesday, 15 February 2023

1	EVS	पाठ - 12 खत्म हो जाए, तो...?	हिंदी	12:00 AM	2:35 AM	5:11 AM	7:46 AM	10:22 AM	12:58 PM	3:33 PM	6:09 PM	8:44 PM	11:20 PM
2	Hindi	बिशन की दिलेरी	हिंदी	12:40 AM	3:15 AM	5:51 AM	8:26 AM	11:02 AM	1:38 PM	4:13 PM	6:49 PM	9:25 PM	NA
3	EVS	Unit 3 What are the Hazardous substances of e-waste?	English	1:29 AM	4:05 AM	6:40 AM	9:16 AM	11:51 AM	2:27 PM	5:03 PM	7:38 PM	10:14 PM	NA



4	English	Team Work and Flying Together	English	1:47 AM	4:23 AM	6:58 AM	9:34 AM	12:09 PM	2:45 PM	5:21 PM	7:56 PM	10:32 PM	NA
5	English	Who will be Ningthou?	ISL	2:14 AM	4:50 AM	7:25 AM	10:01 AM	12:37 PM	3:12 PM	5:48 PM	8:23 PM	10:59 PM	NA
6	Creative Activities Art and Craft	स्पॉट्स ऑन सन	हिंदी	2:34 AM	5:09 AM	7:45 AM	10:20 AM	12:56 PM	3:32 PM	6:07 PM	8:43 PM	11:19 PM	NA

बृहस्पतिवार, 16 फरवरी 2023
Thursday, 16 February 2023

1	EVS	खत्म हो जाए तो...?	हिंदी	12:00 AM	2:31 AM	5:03 AM	7:34 AM	10:06 AM	12:38 PM	3:09 PM	5:41 PM	8:13 PM	10:44 PM
2	Hindi	रात भर बिलखते-चिंघाड़ते रहे	हिंदी	12:31 AM	3:02 AM	5:34 AM	8:06 AM	10:37 AM	1:09 PM	3:41 PM	6:12 PM	8:44 PM	11:16 PM
3	English	Chapter 3 My Shadow	English	12:48 AM	3:20 AM	5:51 AM	8:23 AM	10:55 AM	1:26 PM	3:58 PM	6:30 PM	9:01 PM	11:33 PM
4	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:06 AM	3:37 AM	6:09 AM	8:41 AM	11:12 AM	1:44 PM	4:16 PM	6:47 PM	9:19 PM	11:51 PM
5	English	Malu Bhalu	English	1:23 AM	3:54 AM	6:26 AM	8:58 AM	11:29 AM	2:01 PM	4:33 PM	7:04 PM	9:36 PM	NA
6	General Awareness	Personal Safety	English	1:53 AM	4:25 AM	6:57 AM	9:28 AM	12:00 PM	2:32 PM	5:03 PM	7:35 PM	10:07 PM	NA
7	English	The Little Bully-I	ISL	2:20 AM	4:52 AM	7:23 AM	9:55 AM	12:27 PM	2:58 PM	5:30 PM	8:02 PM	10:33 PM	NA

शुक्रवार, 17 फरवरी 2023
Friday, 17 February 2023

1	Mathematics	क्या तुम्हें पैटर्न दिखा?	हिंदी	12:00 AM	2:31 AM	5:03 AM	7:35 AM	10:07 AM	12:39 PM	3:11 PM	5:43 PM	8:15 PM	10:47 PM
2	Hindi	बिशन की दिलीरी भाग 1	हिंदी	12:37 AM	3:09 AM	5:41 AM	8:13 AM	10:44 AM	1:16 PM	3:48 PM	6:20 PM	8:52 PM	11:24 PM
3	General Awareness	Personal Safety	English	12:57 AM	3:29 AM	6:01 AM	8:33 AM	11:05 AM	1:37 PM	4:09 PM	6:41 PM	9:13 PM	11:45 PM
4	Mathematics	How Many Squares? Part-1	English	1:12 AM	3:44 AM	6:16 AM	8:47 AM	11:19 AM	1:51 PM	4:23 PM	6:55 PM	9:27 PM	11:59 PM
5	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:37 AM	4:08 AM	6:40 AM	9:12 AM	11:44 AM	2:16 PM	4:48 PM	7:20 PM	9:52 PM	NA
6	English	Who will be Ningthou? Part I	English	1:56 AM	4:28 AM	7:00 AM	9:32 AM	12:04 PM	2:35 PM	5:07 PM	7:39 PM	10:11 PM	NA
7	English	Gulliver's Travels-II	ISL	2:16 AM	4:48 AM	7:20 AM	9:52 AM	12:24 PM	2:56 PM	5:28 PM	8:00 PM	10:31 PM	NA

शनिवार, 18 फरवरी 2023
Saturday, 18 February 2023

1	Mathematics	नक्शा	हिंदी	12:00 AM	2:34 AM	5:08 AM	7:42 AM	10:16 AM	12:50 PM	3:24 PM	5:58 PM	8:32 PM	11:06 PM
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2	Hindi	बिशन की दिलेरी भाग 2	हिंदी	12:54 AM	3:28 AM	6:02 AM	8:36 AM	11:10 AM	1:44 PM	4:19 PM	6:53 PM	9:27 PM	NA
3	Mathematics	How Many Squares? Part -2	English	1:14 AM	3:49 AM	6:23 AM	8:57 AM	11:31 AM	2:05 PM	4:39 PM	7:13 PM	9:47 PM	NA
4	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:51 AM	4:25 AM	7:00 AM	9:34 AM	12:08 PM	2:42 PM	5:16 PM	7:50 PM	10:24 PM	NA
5	HEALTH EDUCATION	Emotional Well-being and Mental Health	English	2:15 AM	4:49 AM	7:23 AM	9:57 AM	12:31 PM	3:06 PM	5:40 PM	8:14 PM	10:48 PM	NA
6	Hindi	स्वामी की दादी (चित्रकथा) भाग 1	ISL	2:24 AM	4:59 AM	7:33 AM	10:07 AM	12:41 PM	3:15 PM	5:49 PM	8:23 PM	10:57 PM	NA

रविवार, 19 फरवरी 2023
Sunday, 19 February 2023

1	Storytelling	कार्टूनिस्ट सुधीर तैलंग	हिंदी	12:00 AM	2:37 AM	5:15 AM	7:53 AM	10:31 AM	1:09 PM	3:47 PM	6:25 PM	9:03 PM	11:41 PM
2	Storytelling	अपनी अपनी चौखट -चंदा का चाँद	हिंदी	12:37 AM	3:15 AM	5:53 AM	8:31 AM	11:09 AM	1:47 PM	4:25 PM	7:03 PM	9:41 PM	NA
3	Hindi	स्वामी की दादी (चित्रकथा) भाग 2	ISL	1:35 AM	4:13 AM	6:51 AM	9:29 AM	12:07 PM	2:45 PM	5:23 PM	8:01 PM	10:39 PM	NA
4	HEALTH EDUCATION	Growing Up Healthy	English	1:46 AM	4:23 AM	7:01 AM	9:39 AM	12:17 PM	2:55 PM	5:33 PM	8:11 PM	10:49 PM	NA
5	General Awareness	Personal Safety	English	1:50 AM	4:28 AM	7:06 AM	9:44 AM	12:22 PM	2:59 PM	5:37 PM	8:15 PM	10:53 PM	NA
6	Art Education	Beautiful Flower Book	English	2:04 AM	4:42 AM	7:20 AM	9:58 AM	12:36 PM	3:14 PM	5:52 PM	8:30 PM	11:08 PM	NA
7	Hindi	खिलौनेवाला	ISL	2:25 AM	5:03 AM	7:41 AM	10:19 AM	12:57 PM	3:35 PM	6:13 PM	8:51 PM	11:29 PM	NA

सोमवार, 20 फरवरी 2023
Monday, 20 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:33 AM	5:07 AM	7:40 AM	10:14 AM	12:48 PM	3:21 PM	5:55 PM	8:28 PM	11:02 PM
2	Hindi	पानी रे पानी	हिंदी	12:24 AM	2:58 AM	5:31 AM	8:05 AM	10:38 AM	1:12 PM	3:46 PM	6:19 PM	8:53 PM	11:26 PM
3	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	12:54 AM	3:28 AM	6:02 AM	8:35 AM	11:09 AM	1:42 PM	4:16 PM	6:50 PM	9:23 PM	11:57 PM
4	Mathematics	How Many Squares? Part -3	English	1:35 AM	4:09 AM	6:43 AM	9:16 AM	11:50 AM	2:23 PM	4:57 PM	7:31 PM	10:04 PM	NA
5	English	Who will be Ningthou? Part II	English	1:53 AM	4:27 AM	7:01 AM	9:34 AM	12:08 PM	2:42 PM	5:15 PM	7:49 PM	10:22 PM	NA
6	English	Gulliver's Travels-II	ISL	2:25 AM	4:58 AM	7:32 AM	10:05 AM	12:39 PM	3:13 PM	5:46 PM	8:20 PM	10:54 PM	NA

मंगलवार, 21 फरवरी 2023
Tuesday, 21 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:18 AM	12:53 PM	3:28 PM	6:02 PM	8:37 PM	11:12 PM
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2	Hindi	पानी रे पानी	हिंदी	12:26 AM	3:01 AM	5:36 AM	8:10 AM	10:45 AM	1:20 PM	3:54 PM	6:29 PM	9:04 PM	11:39 PM
3	Mathematics	The Fish Tale	English	12:51 AM	3:26 AM	6:01 AM	8:35 AM	11:10 AM	1:45 PM	4:19 PM	6:54 PM	9:29 PM	NA
4	Hindi	ईदगाह भाग 2	ISL	1:11 AM	3:45 AM	6:20 AM	8:55 AM	11:30 AM	2:04 PM	4:39 PM	7:14 PM	9:48 PM	NA
5	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:35 AM	4:10 AM	6:45 AM	9:19 AM	11:54 AM	2:29 PM	5:03 PM	7:38 PM	10:13 PM	NA
6	English	Ice-Cream Man	English	1:52 AM	4:27 AM	7:02 AM	9:36 AM	12:11 PM	2:46 PM	5:21 PM	7:55 PM	10:30 PM	NA
7	Hindi	ईदगाह भाग 1	ISL	2:20 AM	4:54 AM	7:29 AM	10:04 AM	12:38 PM	3:13 PM	5:48 PM	8:22 PM	10:57 PM	NA

बुधवार, 22 फरवरी 2023
Wednesday, 22 February 2023

1	EVS	पाठ - 10 बोलती इमारतें भाग 1	हिंदी	12:00 AM	2:34 AM	5:09 AM	7:44 AM	10:19 AM	12:53 PM	3:28 PM	6:03 PM	8:38 PM	11:12 PM
2	Hindi	जोड़ासांको वाला घर	हिंदी	12:51 AM	3:26 AM	6:00 AM	8:35 AM	11:10 AM	1:45 PM	4:20 PM	6:54 PM	9:29 PM	NA
3	EVS	Chapter 3 From Tasting to Digesting	English	1:19 AM	3:54 AM	6:28 AM	9:03 AM	11:38 AM	2:13 PM	4:47 PM	7:22 PM	9:57 PM	NA
4	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:26 AM	4:01 AM	6:35 AM	9:10 AM	11:45 AM	2:20 PM	4:55 PM	7:29 PM	10:04 PM	NA
5	English	Wonderful Waste	English	1:43 AM	4:18 AM	6:52 AM	9:27 AM	12:02 PM	2:37 PM	5:12 PM	7:46 PM	10:21 PM	NA
6	Hindi	ईदगाह भाग 2	ISL	2:16 AM	4:51 AM	7:25 AM	10:00 AM	12:35 PM	3:10 PM	5:44 PM	8:19 PM	10:54 PM	NA

बृहस्पतिवार, 23 फरवरी 2023
Thursday, 23 February 2023

1	EVS	बोलती इमारतें भाग 1	हिंदी	12:00 AM	2:35 AM	5:11 AM	7:47 AM	10:23 AM	12:58 PM	3:34 PM	6:10 PM	8:46 PM	11:21 PM
2	Hindi	छोटी सी हमारी नदी	हिंदी	12:30 AM	3:06 AM	5:42 AM	8:18 AM	10:53 AM	1:29 PM	4:05 PM	6:41 PM	9:16 PM	11:52 PM
3	EVS	Book: Looking Around Chapter 3: From Tasting to Digesting	English	1:10 AM	3:46 AM	6:21 AM	8:57 AM	11:33 AM	2:09 PM	4:44 PM	7:20 PM	9:56 PM	NA
4	General Awareness	व्यक्तिगत सुरक्षा	हिंदी	1:38 AM	4:14 AM	6:49 AM	9:25 AM	12:01 PM	2:37 PM	5:12 PM	7:48 PM	10:24 PM	NA
5	English	Ice Cream Man	English	1:55 AM	4:31 AM	7:06 AM	9:42 AM	12:18 PM	2:54 PM	5:29 PM	8:05 PM	10:41 PM	NA
6	English	The Little Bully-I	ISL	2:24 AM	5:00 AM	7:36 AM	10:12 AM	12:47 PM	3:23 PM	5:59 PM	8:35 PM	11:10 PM	NA



शुक्रवार, 24 फरवरी 2023 Friday, 24 February 2023													
1	Mathematics	क्या तुम्हें पैटर्न दिखा?	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:31 PM	3:02 PM	5:32 PM	8:02 PM	10:33 PM
2	Hindi	छोटी-सी हमारी नदी (कविता)	हिंदी	12:37 AM	3:07 AM	5:38 AM	8:08 AM	10:38 AM	1:09 PM	3:39 PM	6:09 PM	8:40 PM	11:10 PM
3	General Awareness	Personal Safety	English	1:08 AM	3:38 AM	6:08 AM	8:39 AM	11:09 AM	1:39 PM	4:10 PM	6:40 PM	9:10 PM	11:41 PM
4	Mathematics	Fish Tale Part-1	English	1:22 AM	3:52 AM	6:23 AM	8:53 AM	11:23 AM	1:54 PM	4:24 PM	6:54 PM	9:25 PM	11:55 PM
5	English	Wonderful Waste	English	1:53 AM	4:23 AM	6:53 AM	9:24 AM	11:54 AM	2:24 PM	4:55 PM	7:25 PM	9:55 PM	NA
6	English	Gulliver's Travels-II	ISL	2:15 AM	4:45 AM	7:15 AM	9:46 AM	12:16 PM	2:47 PM	5:17 PM	7:47 PM	10:18 PM	NA
शनिवार, 25 फरवरी 2023 Saturday, 25 February 2023													
1	Mathematics	नक्शा	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:28 AM	9:58 AM	12:27 PM	2:57 PM	5:27 PM	7:56 PM	10:26 PM
2	Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	हिंदी	12:54 AM	3:23 AM	5:53 AM	8:23 AM	10:52 AM	1:22 PM	3:51 PM	6:21 PM	8:51 PM	11:20 PM
3	Mathematics	Book: Math-Magic Chapter 1: Fish Tale Part 2	English	1:30 AM	4:00 AM	6:29 AM	8:59 AM	11:28 AM	1:58 PM	4:28 PM	6:57 PM	9:27 PM	11:56 PM
4	HEALTH EDUCATION	Emotional Well-being and Mental Health	English	2:11 AM	4:40 AM	7:10 AM	9:39 AM	12:09 PM	2:38 PM	5:08 PM	7:38 PM	10:07 PM	NA
5	Hindi	स्वामी की दादी (चित्रकथा) भाग 1	ISL	2:20 AM	4:50 AM	7:19 AM	9:49 AM	12:18 PM	2:48 PM	5:17 PM	7:47 PM	10:17 PM	NA
रविवार, 26 फरवरी 2023 Sunday, 26 February 2023													
1	Storytelling	काटूनिस्ट सुधीर तैलंग	हिंदी	12:00 AM	2:28 AM	4:56 AM	7:24 AM	9:52 AM	12:21 PM	2:49 PM	5:17 PM	7:45 PM	10:13 PM
2	Storytelling	अपनी अपनी चोखट -चंदा का चाँद	हिंदी	12:37 AM	3:05 AM	5:34 AM	8:02 AM	10:30 AM	12:58 PM	3:26 PM	5:55 PM	8:23 PM	10:51 PM
3	HEALTH EDUCATION	Growing Up Healthy	English	1:36 AM	4:04 AM	6:32 AM	9:00 AM	11:29 AM	1:57 PM	4:25 PM	6:53 PM	9:21 PM	11:50 PM
4	General Awareness	Personal Safety	English	1:40 AM	4:08 AM	6:36 AM	9:05 AM	11:33 AM	2:01 PM	4:29 PM	6:57 PM	9:26 PM	11:54 PM
5	Art Education	Beautiful Flower Book	English	1:54 AM	4:23 AM	6:51 AM	9:19 AM	11:47 AM	2:15 PM	4:44 PM	7:12 PM	9:40 PM	NA
6	Hindi	खिलौनेवाला	ISL	2:16 AM	4:44 AM	7:12 AM	9:40 AM	12:08 PM	2:37 PM	5:05 PM	7:33 PM	10:01 PM	NA



सोमवार, 27 फरवरी 2023
Monday, 27 February 2023

1	English	Flying Together Part 1	English	12:00 AM	2:31 AM	5:02 AM	7:33 AM	10:04 AM	12:35 PM	3:07 PM	5:38 PM	8:09 PM	10:40 PM
2	Mathematics	डिब्बे और स्केच	हिंदी	12:50 AM	3:21 AM	5:52 AM	8:23 AM	10:54 AM	1:26 PM	3:57 PM	6:28 PM	8:59 PM	11:30 PM
3	Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	हिंदी	1:13 AM	3:44 AM	6:15 AM	8:46 AM	11:18 AM	1:49 PM	4:20 PM	6:51 PM	9:22 PM	11:53 PM
4	Mathematics	Book: Math-Magic Chapter 2: About Shapes and Angle Part 1	English	1:50 AM	4:21 AM	6:52 AM	9:23 AM	11:55 AM	2:26 PM	4:57 PM	7:28 PM	9:59 PM	NA
5	English	Gulliver's Travels-II	ISL	2:22 AM	4:53 AM	7:25 AM	9:56 AM	12:27 PM	2:58 PM	5:29 PM	8:00 PM	10:32 PM	NA

मंगलवार, 28 फरवरी 2023
Tuesday, 28 February 2023

1	Mathematics	डिब्बे और स्केच	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Hindi	चुनौती हिमालय की	हिंदी	12:26 AM	2:56 AM	5:26 AM	7:56 AM	10:27 AM	12:57 PM	3:27 PM	5:57 PM	8:27 PM	10:57 PM
3	Mathematics	About Shapes and Angle Part 2	English	12:56 AM	3:26 AM	5:56 AM	8:26 AM	10:57 AM	1:27 PM	3:57 PM	6:27 PM	8:57 PM	11:27 PM
4	English	Flying Together Part 2	English	1:34 AM	4:04 AM	6:34 AM	9:04 AM	11:34 AM	2:04 PM	4:34 PM	7:05 PM	9:35 PM	NA
5	General Awareness	Personal Safety	English	1:56 AM	4:26 AM	6:56 AM	9:26 AM	11:56 AM	2:26 PM	4:57 PM	7:27 PM	9:57 PM	NA
6	Hindi	ईदगाह भाग 1	ISL	2:15 AM	4:45 AM	7:15 AM	9:45 AM	12:15 PM	2:45 PM	5:15 PM	7:45 PM	10:15 PM	NA



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