

## कक्षा 4 की समय सारणी

### TIME TABLE OF CLASS 4

Monday सोमवार	Tuesday मंगलवार	Wednesday बुधवार	Thursday बृहस्पतिवार	Friday शुक्रवार	Saturday शनिवार	Sunday रविवार
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	Physical Education
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	Storytelling	Storytelling
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

**\*Note: Watch live and interact with subject experts on Every Tuesday from 3:00pm – 4:00 pm.**

☞ Please follow the NCERT Facebook Page for the topics of session.

NCERT Facebook Page: NCERT OFFICIAL <<https://www.facebook.com/ncertofficial/>>

☞ You can watch the live sessions through NCERT Official YouTube channel:

NCERT OFFICIAL YouTube

<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

☞ To see the exact timings of the programmes, please visit Swayam Prabha Web Portal:

[https://swayamprabha.gov.in/index.php/program/current\\_se/26](https://swayamprabha.gov.in/index.php/program/current_se/26)

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## Transmission Schedule for **March, 2022**

Subject	Title / Topic	Duration (HH:MM:SS)	Medium
<b>Tuesday, March 1, 2022</b>			
गणित	पाठ 8: गाड़ियाँ और पहिए	0:30:45	Hindi
हिन्दी	पाठ 7 : दान का हिसाब	0:33:18	Hindi
EVS	Chapter 19 : Abdul in the Garden	0:17:37	English
English	Chapter 7 : A Watering Rhyme, The Giving Tree	0:26:53	English
CWSN	अनीता की मधुमक्खियां भाग 2	0:13:22	ISL
<b>Wednesday, March 2, 2022</b>			
पर्यावरण अध्ययन	पाठ 3 : नन्दू हाथी	0:19:40	Hindi
हिन्दी	पाठ 8 :कौन	0:25:14	Hindi
Mathematics	Chapter 7 : Jugs and Mugs	0:25:27	English
English	Unit 7 : A Watering Rhyme	0:17:35	English
CWSN	The Truth Balloon	0:04:22	ISL
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
<b>Thursday, March 3, 2022</b>			
पर्यावरण अध्ययन	पाठ 4 : अमृता की कहानी	0:28:09	Hindi
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	0:26:21	Hindi
Mathematics	Chapter 7 : Jugs and Mugs	0:26:55	English
English	Unit 8 : Books	0:20:32	English
CWSN	फुलवारी	0:20:21	ISL

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Friday, March 4, 2022			
गणित	पाठ 9: आधा और चौथाई	0:21:51	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
Mathematics	Chapter 7 : Jugs and Mugs	0:26:55	English
English	Unit 8 : Going to buy a book	0:13:34	English
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
CWSN	बजाओ खुद का बनाया बाजा	0:06:03	ISL
Saturday, March 5, 2022			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
Storytelling	टर्म टू भाग 8	0:24:06	Hindi
Mathematics	Chapter 8 : Carts And Wheels Part 1	0:21:55	English
Storytelling	टर्म टू भाग 9	0:22:42	Hindi
CWSN	The Scholars Mother Tongue	0:16:50	ISL
Sunday, March 6, 2022			
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
Storytelling	टर्म टू भाग 10	0:24:42	Hindi
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
Monday, March 7, 2022			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:24	Hindi
EVS	Pochampalli	0:12:51	English
English	Unit 9 : Pinocchio	0:24:48	English

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CWSN	पानी कहीं ज़्यादा कहीं कम-1	0:16:03	ISL
<b>Tuesday, March 8, 2022</b>			
गणित	पाठ 12: कितना भारी कितना हल्का	0:27:16	Hindi
हिन्दी	पाठ 7 :दान का हिसाब	0:32:26	Hindi
EVS	The World in My Home	0:26:55	English
English	Unit 9 : The Naughty Boy	0:28:51	English
CWSN	ओमना का सफ़र	0:12:21	ISL
<b>Wednesday, March 9, 2022</b>			
पर्यावरण अध्ययन	पाठ 5 : अनीता की मधुमक्खियाँ	0:29:51	Hindi
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	0:31:31	Hindi
Mathematics	Chapter 8 : Carts And Wheels Part 2	0:23:25	English
English	Going to Buy a Book Part 1	0:12:34	ISL
CWSN	The Scholars Mother Tongue	0:16:50	ISL
<b>Thursday, March 10, 2022</b>			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	0:18:20	Hindi
हिन्दी	पाठ 7 : दान का हिसाब	0:33:18	Hindi
Mathematics	Chapter 9 : Halves and Quarters	0:24:56	English
English	Going to Buy a Book Part 2	0:08:40	ISL
CWSN	थप्प रोटी थप्प दाल	0:22:52	ISL
<b>Friday, March 11, 2022</b>			
गणित	खेत और बाड़	0:19:36	Hindi
हिन्दी	पाठ 8 :कौन	0:25:14	Hindi
Mathematics	Chapter 9: Halves and Quarters Part 1	0:15:15	English
English	Chapter 7 : A Watering Rhyme, The Giving Tree	0:26:53	English

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Storytelling	टर्म टू भाग 12	0:21:29	Hindi
CWSN	ओमना का सफर	0:12:21	ISL
<b>Saturday, March 12, 2022</b>			
गणित	पाठ 8: गाड़ियाँ और पहिए	0:30:45	Hindi
Storytelling	टर्म टू भाग 12	0:21:29	Hindi
Mathematics	Chapter 9: Halves and Quarters Part 2	0:19:22	English
Storytelling	टर्म टू भाग 13	0:23:36	Hindi
CWSN	मन के भोले-भाले बादल	0:09:24	ISL
<b>Sunday, March 13, 2022</b>			
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Storytelling	टर्म टू भाग 1	0:22:58	Hindi
Storytelling	टर्म टू भाग 2	0:22:00	Hindi
CWSN	खिड़की से	0:15:44	ISL
CWSN	चूँ-चूँ करती आई चिड़िया	0:24:01	ISL
<b>Monday, March 14, 2022</b>			
गणित	पाठ 9: आधा और चौथाई	0:21:51	Hindi
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	0:26:21	Hindi
EVS	Pochampalli	0:11:42	English
English	Unit 7 : A Watering Rhyme	0:17:35	English
CWSN	पानी कहीं ज़्यादा कहीं कम-1	0:16:03	ISL
CWSN	हु तू तू; हु तू तू भाग 1	0:10:13	ISL
<b>Tuesday, March 15, 2022</b>			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi

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हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:19:19	Hindi
EVS	Eating Together	0:14:21	English
English	Unit 8 : Books	0:20:32	English
CWSN	थप्प रोटी थप्प दाल	0:22:52	ISL
CWSN	कैसे-कैसे बदले घर भाग 1	0:14:00	ISL
<b>Wednesday, March 16, 2022</b>			
पर्यावरण अध्ययन	पाठ 3 : नन्दू हाथी	0:19:40	Hindi
हिन्दी	पाठ 10 :थप्प रोटी थप्प दाल	0:24:24	Hindi
Mathematics	Chapter 10 : Play With Patterns	0:29:28	English
English	Unit 8 : Going to buy a book	0:13:34	English
CWSN	अनीता की मधुमक्खियां भाग 1	0:09:49	ISL
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
CWSN	पानी कहीं ज़्यादा कहीं कम-1	0:16:03	ISL
<b>Thursday, March 17, 2022</b>			
पर्यावरण अध्ययन	पाठ 4 : अमृता की कहानी	0:28:09	Hindi
हिन्दी	पाठ 7 :दान का हिसाब	0:32:26	Hindi
Mathematics	Chapter 10 : Play with Patterns	0:23:44	English
English	Unit 9 : Pinocchio	0:24:48	English
CWSN	पहाड़ों से समुंद्र तक	0:15:03	ISL
<b>Friday, March 18, 2022</b>			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	पाठ 9 :स्वतंत्रता की ओर	0:31:31	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:29:22	English
English	Unit 9 : The Naughty Boy	0:28:51	English
CWSN	बजाओ खुद का बनाया बाजा	0:06:03	ISL
<b>Saturday, March 19, 2022</b>			

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गणित	पाठ 12: कितना भारी कितना हल्का	0:27:16	Hindi
Storytelling	टरम टू भाग 7	0:23:24	Hindi
Mathematics	Chapter 11 : Tables and Shares	0:33:47	English
Storytelling	तुम्हारी कहानियाँ : डोमी की चप्पलें भाग 2	0:14:11	Hindi
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
<b>Sunday, March 20, 2022</b>			
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Storytelling	टरम टू भाग 4	0:24:03	Hindi
Storytelling	टरम टू भाग 8	0:24:06	Hindi
Storytelling	टरम टू भाग 2	0:22:00	Hindi
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
<b>Monday, March 21, 2022</b>			
गणित	खेत और बाड़	0:19:36	Hindi
हिन्दी	कौन	0:08:53	ISL
EVS	Chapter 19 : Abdul in the Garden	0:17:37	English
English	Going to Buy a Book Part 1	0:12:34	ISL
CWSN	पोचमपल्ली	0:15:30	ISL
CWSN	बदलते परिवार	0:15:52	ISL
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
CWSN	हु तू तू; हु तू तू भाग 1	0:10:13	ISL
<b>Tuesday, March 22, 2022</b>			
गणित	पाठ 8: गाड़ियाँ और पहिए	0:30:45	Hindi
हिन्दी	स्वतंत्रता की ओर भाग 1	0:16:42	ISL

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EVS	Pochampalli	0:12:51	English
English	Going to Buy a Book Part 2	0:08:40	ISL
CWSN	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
CWSN	थप्प रोटी थप्प दाल	0:22:52	ISL
<b>Wednesday, March 23, 2022</b>			
पर्यावरण अध्ययन	पाठ 5 : अनीता की मधुमक्खियां	0:29:51	Hindi
हिन्दी	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
Mathematics	Chapter 7 : Jugs and Mugs	0:25:27	English
English	Chapter 7 : A Watering Rhyme, The Giving Tree	0:26:53	English
CWSN	The Truth Baloon	0:04:22	ISL
CWSN	हु तू तू; हु तू तू भाग 1	0:10:13	ISL
<b>Thursday, March 24, 2022</b>			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	0:18:20	Hindi
हिन्दी	थप्प रोटी थप्प दाल	0:22:52	ISL
Mathematics	Chapter 7 : Jugs and Mugs	0:26:55	English
English	Unit 7 : A Watering Rhyme	0:17:35	English
Physical Education	योग: त्रिकोणासन	0:16:18	Hindi
CWSN	हु तू तू; हु तू तू भाग 1	0:10:13	ISL
<b>Friday, March 25, 2022</b>			
गणित	पाठ 9: आधा और चौथाई	0:21:51	Hindi
हिन्दी	कौन	0:08:53	ISL
Mathematics	Chapter 7 : Jugs and Mugs	0:26:55	English
English	Unit 8 : Books	0:20:32	English
CWSN	फुलवारी	0:20:21	ISL
CWSN	Alice in Wonderland	0:11:17	ISL

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Saturday, March 26, 2022			
गणित	पाठ 10: पैटर्न	0:25:02	Hindi
Storytelling	टरम टू भाग 6	0:22:54	Hindi
Mathematics	Chapter 8 : Carts And Wheels Part 1	0:21:55	English
Storytelling	टरम टू भाग 7	0:23:24	Hindi
CWSN	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
Sunday, March 27, 2022			
Physical Education	Nutrition, Health & Sanitation	0:06:21	English
Physical Education	योग: सर्वांगासन	0:12:33	Hindi
Physical Education	स्वस्थ बढ़ना	0:04:20	Hindi
Storytelling	टरम टू भाग 2	0:22:00	Hindi
Storytelling	टरम टू भाग 5	0:22:22	Hindi
CWSN	मिलकर खाएं भाग 2	0:18:42	ISL
CWSN	फ़ौजी वहीदा	0:18:10	ISL
CWSN	कैसे-कैसे बदले घर भाग 2	0:10:23	ISL
Monday, March 28, 2022			
गणित	पाठ 11: पहाड़े और बंटवारे	0:27:56	Hindi
हिन्दी	स्वतंत्रता की ओर भाग 1	0:16:42	ISL
EVS	The World in My Home	0:26:55	English
English	Unit 8 : Going to buy a book	0:13:34	English
CWSN	Alice in Wonderland	0:11:17	ISL
CWSN	Alice in Wonderland	0:11:17	ISL
Tuesday, March 29, 2022			

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गणित	पाठ 12: कितना भारी कितना हल्का	0:27:16	Hindi
हिन्दी	स्वतंत्रता की ओर भाग 2	0:19:35	ISL
EVS	Pochampalli	0:11:42	English
English	Unit 9 : Pinocchio	0:24:48	English
CWSN	थप्प रोटी थप्प दाल	0:22:52	ISL
<b>Wednesday, March 30, 2022</b>			
पर्यावरण अध्ययन	पाठ 3 : नन्दू हाथी	0:19:40	Hindi
हिन्दी	थप्प रोटी थप्प दाल	0:22:52	ISL
Mathematics	Chapter 8 : Carts And Wheels Part 2	0:23:25	English
English	Unit 9 : The Naughty Boy	0:28:51	English
CWSN	The Truth Baloon	0:04:22	ISL
Storytelling	टर्रम टू भाग 2	0:22:00	Hindi
<b>Thursday, March 31, 2022</b>			
पर्यावरण अध्ययन	पाठ 4 : अमृता की कहानी	0:28:09	Hindi
हिन्दी	पाठ 7 : दान का हिसाब	0:33:18	Hindi
Mathematics	Chapter 9 : Halves and Quarters	0:24:56	English
English	Going to Buy a Book Part 2	0:08:40	ISL
CWSN	हु तू तू; हु तू तू भाग 1	0:10:13	ISL

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