

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

### कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #30



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2029

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

मार्च 2023 March 2023													
क्र० सं० S. No.	विषय Subject	कार्यक्रम शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time									
				आवृत्ति 1 Cycle 1	आवृत्ति 2 Cycle 2	आवृत्ति 3 Cycle 3	आवृत्ति 4 Cycle 4	आवृत्ति 5 Cycle 5	आवृत्ति 6 Cycle 6	आवृत्ति 7 Cycle 7	आवृत्ति 8 Cycle 8	आवृत्ति 9 Cycle 9	आवृत्ति 10 Cycle 10
<b>बुधवार, 1 मार्च 2023 Wednesday, 1 March 2023</b>													
1	Science	पाठ-13 ध्वनि	हिंदी	12:00 AM	2:27 AM	4:54 AM	7:21 AM	9:48 AM	12:15 PM	2:43 PM	5:10 PM	7:37 PM	10:04 PM
2	संस्कृत	पाठ 5: कण्टकेनैव कण्टकम्	संस्कृत	12:34 AM	3:01 AM	5:28 AM	7:55 AM	10:22 AM	12:50 PM	3:17 PM	5:44 PM	8:11 PM	10:38 PM
3	योग	त्रिकोणासना	Multilingual	1:00 AM	3:27 AM	5:54 AM	8:21 AM	10:48 AM	1:16 PM	3:43 PM	6:10 PM	8:37 PM	11:04 PM
4	Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	हिंदी	1:02 AM	3:30 AM	5:57 AM	8:24 AM	10:51 AM	1:18 PM	3:45 PM	6:13 PM	8:40 PM	11:07 PM
5	Social Science (History)	Ch-8: Women, Caste and Reform, Part 1	English	1:20 AM	3:47 AM	6:14 AM	8:41 AM	11:08 AM	1:36 PM	4:03 PM	6:30 PM	8:57 PM	11:24 PM
6	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music- Classical(Girl)Tripura	English/हिंदी	1:41 AM	4:08 AM	6:35 AM	9:03 AM	11:30 AM	1:57 PM	4:24 PM	6:51 PM	9:19 PM	11:46 PM
7	Mathematics	Chapter-13: Direct and Inverse Proportions, Part 1	English	1:46 AM	4:14 AM	6:41 AM	9:08 AM	11:35 AM	2:02 PM	4:29 PM	6:57 PM	9:24 PM	11:51 PM
8	Vocational Video	Preparing First Aid kit at home	English	2:14 AM	4:41 AM	7:09 AM	9:36 AM	12:03 PM	2:30 PM	4:57 PM	7:24 PM	9:52 PM	
<b>बृहस्पतिवार, 2 मार्च 2023 Thursday, 2 March 2023</b>													
1	Mathematics	पाठ-13: सीधा और प्रतिलोम समानुपात	हिंदी	12:00 AM	2:26 AM	4:53 AM	7:20 AM	9:46 AM	12:13 PM	2:40 PM	5:06 PM	7:33 PM	10:00 PM
2	Social Science (History)	पाठ-8: महिलाएं, जाति एवं सुधार	हिंदी	12:31 AM	2:58 AM	5:25 AM	7:52 AM	10:18 AM	12:45 PM	3:12 PM	5:38 PM	8:05 PM	10:32 PM
3	English Honeydew	Chapter-7 When I set out for Lyonesse (Poem)	English	12:58 AM	3:25 AM	5:52 AM	8:18 AM	10:45 AM	1:12 PM	3:38 PM	6:05 PM	8:32 PM	10:58 PM
4	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music- Classical(Girl)Tripura	English/हिंदी	1:15 AM	3:42 AM	6:09 AM	8:35 AM	11:02 AM	1:29 PM	3:56 PM	6:22 PM	8:49 PM	11:16 PM
5	Science	Chapter-13 Sound	English	1:21 AM	3:47 AM	6:14 AM	8:41 AM	11:07 AM	1:34 PM	4:01 PM	6:28 PM	8:54 PM	11:21 PM
6	Vocational Video	Identification of trees	English/हिंदी	1:46 AM	4:13 AM	6:39 AM	9:06 AM	11:33 AM	2:00 PM	4:26 PM	6:53 PM	9:20 PM	11:46 PM
7	Vocational Video	कक्षा 8 घर पर बनाए हर्बल शेम्पू	हिंदी	1:56 AM	4:23 AM	6:50 AM	9:17 AM	11:43 AM	2:10 PM	4:37 PM	7:03 PM	9:30 PM	11:57 PM
<b>शुक्रवार, 3 मार्च 2023 Friday, 3 March 2023</b>													
1	Science	पाठ-14 विद्युत धारा के रासायनिक प्रभाव	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिंदी	दूर्वा पाठ-08:सस्ते का चकर	हिंदी	12:29 AM	2:59 AM	5:29 AM	7:59 AM	10:29 AM	1:00 PM	3:30 PM	6:00 PM	8:30 PM	11:00 PM
3	Social Science (Political Science)	Chapter-7 Understanding Marginalisation	English	12:57 AM	3:27 AM	5:57 AM	8:27 AM	10:58 AM	1:28 PM	3:58 PM	6:28 PM	8:58 PM	11:28 PM



4	Vocational Video	Plumbing Tools	English/हिंदी	1:28 AM	3:58 AM	6:28 AM	8:59 AM	11:29 AM	1:59 PM	4:29 PM	6:59 PM	9:29 PM	11:59 PM
5	Mathematics	Chapter 13 Direct and Inverse Proportions, Part 2	English	1:43 AM	4:13 AM	6:43 AM	9:13 AM	11:43 AM	2:13 PM	4:43 PM	7:13 PM	9:43 PM	
6	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	हिंदी	2:05 AM	4:35 AM	7:05 AM	9:35 AM	12:05 PM	2:35 PM	5:05 PM	7:35 PM	10:05 PM	
<b>शनिवार, 4 मार्च 2023</b> <b>Saturday, 4 March 2023</b>													
1	Mathematics	पाठ-15: आलेखों से परिचय	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:58 PM	5:28 PM	7:58 PM	10:28 PM
2	संस्कृत	पाठ-7: भारतजनताऽहम्	हिंदी	12:37 AM	3:07 AM	5:37 AM	8:07 AM	10:37 AM	1:06 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
3	Social Science (Geography)	Chapter-4, Agriculture	English	1:04 AM	3:34 AM	6:04 AM	8:34 AM	11:04 AM	1:33 PM	4:03 PM	6:33 PM	9:03 PM	11:33 PM
4	Creative Activities: Art/Craft	Origami (Kaga3 Kala)-4	हिंदी	1:31 AM	4:01 AM	6:31 AM	9:01 AM	11:31 AM	2:00 PM	4:30 PM	7:00 PM	9:30 PM	
5	Creative Activities: Art/Craft	Paper Skeleton	English	1:50 AM	4:20 AM	6:49 AM	9:19 AM	11:49 AM	2:19 PM	4:49 PM	7:18 PM	9:48 PM	
6	Science	Chapter-14 Chemical effects of electric current	English	1:54 AM	4:23 AM	6:53 AM	9:23 AM	11:53 AM	2:23 PM	4:52 PM	7:22 PM	9:52 PM	
7	Vocational Video	Identification of trees	English/हिंदी	2:14 AM	4:43 AM	7:13 AM	9:43 AM	12:13 PM	2:43 PM	5:12 PM	7:42 PM	10:12 PM	
<b>रविवार, 5 मार्च 2023</b> <b>Sunday, 5 March 2023</b>													
1	Physical Education	प्राणायाम और ध्यान	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	Social Science (Political Science)	पाठ-7 हाशियाकरण की समझ	हिंदी	12:38 AM	3:08 AM	5:39 AM	8:09 AM	10:39 AM	1:09 PM	3:39 PM	6:10 PM	8:40 PM	11:10 PM
3	General	Parts of Flower	हिंदी/English	1:08 AM	3:38 AM	6:08 AM	8:39 AM	11:09 AM	1:39 PM	4:09 PM	6:39 PM	9:09 PM	11:40 PM
4	General	जादुई किताब	हिंदी	1:13 AM	3:43 AM	6:14 AM	8:44 AM	11:14 AM	1:44 PM	4:14 PM	6:44 PM	9:15 PM	11:45 PM
5	Mathematics	Maths Activity: Area of Circle Fold Strip Make Circle Estimate Area	English	1:30 AM	4:00 AM	6:31 AM	9:01 AM	11:31 AM	2:01 PM	4:31 PM	7:01 PM	9:32 PM	
6	General	G20	English	1:34 AM	4:04 AM	6:34 AM	9:04 AM	11:35 AM	2:05 PM	4:35 PM	7:05 PM	9:35 PM	
7	Social Science (History)	Ch-8: Women, Caste and Reform, Part 2	English	1:48 AM	4:18 AM	6:48 AM	9:19 AM	11:49 AM	2:19 PM	4:49 PM	7:19 PM	9:50 PM	
8	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	हिंदी	2:05 AM	4:35 AM	7:05 AM	9:35 AM	12:05 PM	2:36 PM	5:06 PM	7:36 PM	10:06 PM	
<b>सोमवार, 6 मार्च 2023</b> <b>Monday, 6 March 2023</b>													
1	Science	पाठ-14 विद्युत धारा के रासायनिक प्रभाव	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:29 PM
2	Social Science (Geography)	पाठ 5: उद्योग, भाग-1	हिंदी	12:29 AM	2:59 AM	5:29 AM	7:59 AM	10:29 AM	12:59 PM	3:29 PM	5:59 PM	8:29 PM	10:58 PM
3	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music- Classical(Boy)KVS	English/हिंदी	12:56 AM	3:26 AM	5:56 AM	8:26 AM	10:56 AM	1:26 PM	3:56 PM	6:25 PM	8:55 PM	11:25 PM
4	English Honeydew	Chapter-8 A Short Monsoon Diary, Part 2	English	1:03 AM	3:32 AM	6:02 AM	8:32 AM	11:02 AM	1:32 PM	4:02 PM	6:32 PM	9:02 PM	11:32 PM
5	Mathematics	Chapter-14: Factorisation, Part 1	English	1:22 AM	3:52 AM	6:22 AM	8:52 AM	11:22 AM	1:52 PM	4:22 PM	6:52 PM	9:22 PM	11:51 PM



6	Vocational Video	कक्षा 8 वर्कों पर लगे दाग धब्बे छुड़ाना	हिंदी	1:50 AM	4:20 AM	6:50 AM	9:20 AM	11:50 AM	2:20 PM	4:50 PM	7:19 PM	9:49 PM	
<b>मंगलवार, 7 मार्च 2023</b> Tuesday, 7 March 2023													
1	Mathematics	पाठ-14 गुणनखंड (Factorisation), भाग 1	हिंदी	12:00 AM	2:30 AM	5:01 AM	7:31 AM	10:02 AM	12:32 PM	3:03 PM	5:33 PM	8:04 PM	10:34 PM
2	हिंदी	दूरवा पाठ-09: एक खिलाड़ी की कुछ यादें	हिंदी	12:38 AM	3:08 AM	5:39 AM	8:09 AM	10:40 AM	1:10 PM	3:41 PM	6:11 PM	8:42 PM	11:12 PM
3	Story Telling/ Value Education	बबलू की नाव	हिंदी	1:06 AM	3:37 AM	6:07 AM	8:38 AM	11:08 AM	1:39 PM	4:09 PM	6:40 PM	9:10 PM	11:41 PM
4	Social Science (Geography)	Chapter-4, Agriculture	English	1:27 AM	3:58 AM	6:28 AM	8:59 AM	11:29 AM	2:00 PM	4:30 PM	7:01 PM	9:31 PM	
5	Science	Chapter-14 Chemical effects of electric current	English	1:54 AM	4:25 AM	6:55 AM	9:26 AM	11:56 AM	2:27 PM	4:57 PM	7:28 PM	9:58 PM	
6	Vocational Video	Identification of trees	English/हिंदी	2:14 AM	4:45 AM	7:15 AM	9:46 AM	12:16 PM	2:47 PM	5:17 PM	7:48 PM	10:18 PM	
<b>बुधवार, 8 मार्च 2023</b> Wednesday, 8 March 2023													
1	Science	पाठ-14 विद्युत धारा के रासायनिक प्रभाव	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:59 PM	10:29 PM
2	संस्कृत	पाठ 6: गृहं शून्यं सुतां विना	संस्कृत	12:29 AM	2:59 AM	5:29 AM	7:59 AM	10:29 AM	12:59 PM	3:29 PM	5:59 PM	8:29 PM	10:59 PM
3	Story Telling/ Value Education	संव्यो हि दुर्जयः	हिंदी	12:54 AM	3:24 AM	5:54 AM	8:24 AM	10:54 AM	1:24 PM	3:54 PM	6:24 PM	8:54 PM	11:24 PM
4	Social Science (History)	Chapter-8: Women, Caste and Reform, Part 3	English	1:02 AM	3:32 AM	6:02 AM	8:32 AM	11:02 AM	1:32 PM	4:02 PM	6:32 PM	9:02 PM	11:32 PM
5	General	आओ सैर करें - मिस्र	हिंदी	1:26 AM	3:56 AM	6:26 AM	8:56 AM	11:26 AM	1:55 PM	4:25 PM	6:55 PM	9:25 PM	11:55 PM
6	Mathematics	Chapter-14 Factorisation, Part 2	English	1:29 AM	3:59 AM	6:29 AM	8:59 AM	11:29 AM	1:59 PM	4:29 PM	6:59 PM	9:29 PM	11:59 PM
7	Vocational Video	वृक्षों की पहचान एवं महत्व	हिंदी	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:34 PM	5:04 PM	7:34 PM	10:04 PM	
<b>बृहस्पतिवार, 9 मार्च 2023</b> Thursday, 9 March 2023													
1	Mathematics	पाठ-14 गुणनखंड (Factorisation), भाग 1	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	Social Science (History)	पाठ-9: राष्ट्रीय आंदोलन का संघटन: 1870 के दशक से 1947 तक	हिंदी	12:38 AM	3:08 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:38 PM	6:08 PM	8:39 PM	11:09 PM
3	Story Telling/ Value Education	बुद्धि बलवति	हिंदी	1:07 AM	3:38 AM	6:08 AM	8:38 AM	11:08 AM	1:38 PM	4:08 PM	6:38 PM	9:08 PM	11:38 PM
4	Story Telling/ Value Education	Birthday Party	English	1:14 AM	3:44 AM	6:14 AM	8:44 AM	11:14 AM	1:44 PM	4:14 PM	6:44 PM	9:14 PM	11:45 PM
5	English Honeydew	Chapter-7 A Visit to Cambridge	English	1:28 AM	3:58 AM	6:28 AM	8:58 AM	11:28 AM	1:58 PM	4:29 PM	6:59 PM	9:29 PM	11:59 PM
6	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	हिंदी/English	2:01 AM	4:31 AM	7:01 AM	9:31 AM	12:01 PM	2:31 PM	5:02 PM	7:32 PM	10:02 PM	
7	Science	Chapter-15 Some Natural Phenomenon	English	2:04 AM	4:34 AM	7:04 AM	9:34 AM	12:04 PM	2:34 PM	5:05 PM	7:35 PM	10:05 PM	
8	Vocational Video	Tool Box	हिंदी	2:19 AM	4:49 AM	7:19 AM	9:49 AM	12:19 PM	2:49 PM	5:20 PM	7:50 PM	10:20 PM	
<b>शुक्रवार, 10 मार्च 2023</b> Friday, 10 March 2023													



1	Science	पाठ-15 कुछ प्राकृतिक परिघटनाएँ	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:58 AM	12:28 PM	2:58 PM	5:27 PM	7:57 PM	10:27 PM
2	Story Telling/ Value Education	स्वप्न भंग:	हिंदी	12:24 AM	2:53 AM	5:23 AM	7:53 AM	10:22 AM	12:52 PM	3:22 PM	5:51 PM	8:21 PM	10:51 PM
3	हिंदी	दूरवा पाठ-10: बस की सेर	हिंदी	12:30 AM	3:00 AM	5:29 AM	7:59 AM	10:29 AM	12:58 PM	3:28 PM	5:58 PM	8:27 PM	10:57 PM
4	Story Telling/ Value Education	छोटा या बड़ा	हिंदी	1:01 AM	3:31 AM	6:00 AM	8:30 AM	11:00 AM	1:29 PM	3:59 PM	6:29 PM	8:58 PM	11:28 PM
5	Social Science (Political Science)	Chapter-8: Confronting Marginalisation	English	1:05 AM	3:35 AM	6:04 AM	8:34 AM	11:04 AM	1:33 PM	4:03 PM	6:33 PM	9:02 PM	11:32 PM
6	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music-Classical(Boy)Tamil Nadu	English/हिंदी	1:28 AM	3:57 AM	6:27 AM	8:57 AM	11:26 AM	1:56 PM	4:26 PM	6:55 PM	9:25 PM	11:55 PM
7	Mathematics	Chapter-15 Introduction to Graphs, Part 1	English	1:33 AM	4:03 AM	6:33 AM	9:02 AM	11:32 AM	2:02 PM	4:31 PM	7:01 PM	9:31 PM	
8	Vocational Video	गृह सज्जा हेतु पौधे	हिंदी	1:46 AM	4:16 AM	6:46 AM	9:15 AM	11:45 AM	2:15 PM	4:44 PM	7:14 PM	9:44 PM	
9	Vocational Video	Ten plants for home decoration	English/हिंदी	2:10 AM	4:40 AM	7:10 AM	9:39 AM	12:09 PM	2:39 PM	5:08 PM	7:38 PM	10:08 PM	

**शनिवार, 11 मार्च 2023**  
**Saturday, 11 March 2023**

1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	संस्कृत	पाठ-9 सप्तभगिन्यः, भाग 1	हिंदी	12:33 AM	3:03 AM	5:34 AM	8:04 AM	10:34 AM	1:04 PM	3:34 PM	6:04 PM	8:35 PM	11:05 PM
3	Social Science (Geography)	Chapter 5- Industries	English	12:50 AM	3:20 AM	5:50 AM	8:20 AM	10:51 AM	1:21 PM	3:51 PM	6:21 PM	8:51 PM	11:21 PM
4	Story Telling/ Value Education	Khel Khel Main Animation	हिंदी	1:17 AM	3:47 AM	6:17 AM	8:47 AM	11:17 AM	1:47 PM	4:18 PM	6:48 PM	9:18 PM	11:48 PM
5	Science	Chapter-16 Light	English	1:23 AM	3:53 AM	6:23 AM	8:54 AM	11:24 AM	1:54 PM	4:24 PM	6:54 PM	9:24 PM	11:55 PM
6	Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	हिंदी	1:50 AM	4:21 AM	6:51 AM	9:21 AM	11:51 AM	2:21 PM	4:51 PM	7:22 PM	9:52 PM	
7	Vocational Video	Plumbing Tools	English/हिंदी	2:10 AM	4:40 AM	7:10 AM	9:41 AM	12:11 PM	2:41 PM	5:11 PM	7:41 PM	10:11 PM	

**रविवार, 12 मार्च 2023**  
**Sunday, 12 March 2023**

1	Physical Education	सूक्ष्म योगिक व्यायाम	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:31 PM	3:02 PM	5:32 PM	8:03 PM	10:33 PM
2	Social Science (Political Science)	पाठ-8: हाशियाकरण से निपटना	हिंदी	12:44 AM	3:15 AM	5:45 AM	8:16 AM	10:46 AM	1:16 PM	3:47 PM	6:17 PM	8:47 PM	11:18 PM
3	Story Telling/ Value Education	पुनर्मूषको भव:	हिंदी	1:09 AM	3:40 AM	6:10 AM	8:41 AM	11:11 AM	1:41 PM	4:12 PM	6:42 PM	9:12 PM	11:43 PM
4	Mathematics	Maths Activity: 12 Piece Paper Flexagon	English	1:17 AM	3:48 AM	6:18 AM	8:48 AM	11:19 AM	1:49 PM	4:20 PM	6:50 PM	9:20 PM	11:51 PM
5	General	G20	English	1:24 AM	3:55 AM	6:25 AM	8:56 AM	11:26 AM	1:56 PM	4:27 PM	6:57 PM	9:28 PM	11:58 PM
6	General	जादुई किताब	हिंदी	1:39 AM	4:09 AM	6:39 AM	9:10 AM	11:40 AM	2:11 PM	4:41 PM	7:11 PM	9:42 PM	
7	Social Science (History)	Ch-9: The Making of the National Movement: 1870s-1947, Part 1	English	1:55 AM	4:25 AM	6:55 AM	9:26 AM	11:56 AM	2:27 PM	4:57 PM	7:27 PM	9:58 PM	
8	Vocational Video	Plumbing Tools	English/हिंदी	2:10 AM	4:41 AM	7:11 AM	9:41 AM	12:12 PM	2:42 PM	5:13 PM	7:43 PM	10:13 PM	



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				AM	AM	AM	AM	PM	PM	PM	PM	PM	
<b>सोमवार, 13 मार्च 2023</b> <b>Monday, 13 March 2023</b>													
1	Science	Chapter-13 Sound	English	12:00 AM	2:29 AM	4:59 AM	7:28 AM	9:58 AM	12:28 PM	2:57 PM	5:27 PM	7:57 PM	10:26 PM
2	Story Telling/ Value Education	बबलू की नाव	हिंदी	12:35 AM	3:04 AM	5:34 AM	8:04 AM	10:33 AM	1:03 PM	3:33 PM	6:02 PM	8:32 PM	11:01 PM
3	Science	पाठ-17 तारे एवं सौर परिवार	हिंदी	12:56 AM	3:26 AM	5:55 AM	8:25 AM	10:54 AM	1:24 PM	3:54 PM	6:23 PM	8:53 PM	11:23 PM
4	Social science	Origin of the Earth	English	1:22 AM	3:51 AM	6:21 AM	8:51 AM	11:20 AM	1:50 PM	4:19 PM	6:49 PM	9:19 PM	11:48 PM
5	Science	Chapter-17 Star and the Solar System	English	1:31 AM	4:01 AM	6:30 AM	9:00 AM	11:30 AM	1:59 PM	4:29 PM	6:59 PM	9:28 PM	11:58 PM
6	Mathematics	Chapter-15 Introduction to Graphs, Part 2	English	1:54 AM	4:24 AM	6:53 AM	9:23 AM	11:52 AM	2:22 PM	4:52 PM	7:21 PM	9:51 PM	
7	Vocational Video	Ten plants for home decoration	English/हिंदी	2:09 AM	4:38 AM	7:08 AM	9:38 AM	12:07 PM	2:37 PM	5:07 PM	7:36 PM	10:06 PM	
<b>मंगलवार, 14 मार्च 2023</b> <b>Tuesday, 14 March 2023</b>													
1	Mathematics	पाठ-15: आलेखों से परिचय	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिंदी	दूर्वा पाठ-7: उठ किसान ओ	हिंदी	12:35 AM	3:06 AM	5:36 AM	8:06 AM	10:36 AM	1:06 PM	3:36 PM	6:06 PM	8:36 PM	11:06 PM
3	Story Telling/ Value Education	बबलू की नाव	हिंदी	1:05 AM	3:35 AM	6:05 AM	8:35 AM	11:05 AM	1:35 PM	4:06 PM	6:36 PM	9:06 PM	11:36 PM
4	Social Science (Geography)	Chapter 5- Industries	English	1:26 AM	3:56 AM	6:26 AM	8:56 AM	11:26 AM	1:57 PM	4:27 PM	6:57 PM	9:27 PM	11:57 PM
5	Story Telling/ Value Education	भूपति मयादस	हिंदी	1:53 AM	4:23 AM	6:53 AM	9:23 AM	11:53 AM	2:23 PM	4:53 PM	7:23 PM	9:54 PM	
6	Science	Chapter-17 Star and the Solar System	English	2:02 AM	4:32 AM	7:02 AM	9:32 AM	12:02 PM	2:32 PM	5:02 PM	7:32 PM	10:02 PM	
<b>बुधवार, 15 मार्च 2023</b> <b>Wednesday, 15 March 2023</b>													
1	Science	पाठ-15 कुछ प्राकृतिक परिघटनाएँ	हिंदी	12:00 AM	2:29 AM	4:58 AM	7:27 AM	9:57 AM	12:26 PM	2:55 PM	5:25 PM	7:54 PM	10:23 PM
2	संस्कृत	पाठ-7: भारतजनताऽहम्	हिंदी	12:25 AM	2:55 AM	5:24 AM	7:53 AM	10:23 AM	12:52 PM	3:21 PM	5:51 PM	8:20 PM	10:49 PM
3	Creative Activities: Art/Craft	Origami (Kaga3 Kala)-5	हिंदी	12:53 AM	3:22 AM	5:51 AM	8:20 AM	10:50 AM	1:19 PM	3:48 PM	6:18 PM	8:47 PM	11:16 PM
4	Social Science (History)	Ch-9: The Making of the National Movement: 1870s-1947, Part 2	English	1:02 AM	3:31 AM	6:01 AM	8:30 AM	10:59 AM	1:29 PM	3:58 PM	6:27 PM	8:56 PM	11:26 PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 -Dance Folk(Girl)Tripura	English/हिंदी	1:13 AM	3:43 AM	6:12 AM	8:41 AM	11:11 AM	1:40 PM	4:09 PM	6:39 PM	9:08 PM	11:37 PM
6	Mathematics	Chapter 16 Playing with Numbers part 1	English	1:18 AM	3:47 AM	6:16 AM	8:46 AM	11:15 AM	1:44 PM	4:14 PM	6:43 PM	9:12 PM	11:41 PM
7	Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	1:39 AM	4:08 AM	6:38 AM	9:07 AM	11:36 AM	2:06 PM	4:35 PM	7:04 PM	9:33 PM	
8	Vocational Video	Identification of trees	English/हिंदी	2:13 AM	4:42 AM	7:12 AM	9:41 AM	12:10 PM	2:40 PM	5:09 PM	7:38 PM	10:08 PM	
<b>बृहस्पतिवार, 16 मार्च 2023</b> <b>Thursday, 16 March 2023</b>													



1	Mathematics	पाठ-15: आलेखों से परिचय	हिंदी	12:00 AM	2:30 AM	5:01 AM	7:32 AM	10:02 AM	12:33 PM	3:04 PM	5:35 PM	8:05 PM	10:36 PM
2	Social Science (History)	पाठ-8: महिलाएं, जाति एवं सुधार	हिंदी	12:35 AM	3:05 AM	5:36 AM	8:07 AM	10:38 AM	1:08 PM	3:39 PM	6:10 PM	8:41 PM	11:11 PM
3	Story Telling/ Value Education	स्वप्न भंग:	हिंदी	1:00 AM	3:30 AM	6:01 AM	8:32 AM	11:03 AM	1:33 PM	4:04 PM	6:35 PM	9:05 PM	11:36 PM
4	Creative Activities: Art/Craft	Flat Flexagon	English	1:06 AM	3:37 AM	6:07 AM	8:38 AM	11:09 AM	1:40 PM	4:10 PM	6:41 PM	9:12 PM	11:42 PM
5	Story Telling/ Value Education	पुनर्भूषणको भव:	हिंदी	1:09 AM	3:40 AM	6:11 AM	8:41 AM	11:12 AM	1:43 PM	4:14 PM	6:44 PM	9:15 PM	11:46 PM
6	English Honeydew	Chapter-8 On the Grasshopper and Cricket(Poem)	English	1:17 AM	3:48 AM	6:19 AM	8:49 AM	11:20 AM	1:51 PM	4:22 PM	6:52 PM	9:23 PM	11:54 PM
7	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 -Dance-Classical(Girl)Delhi	English/हिंदी	1:31 AM	4:02 AM	6:32 AM	9:03 AM	11:34 AM	2:05 PM	4:35 PM	7:06 PM	9:37 PM	
8	Science	Chapter-18 Pollution of Air and Water	English	1:36 AM	4:07 AM	6:37 AM	9:08 AM	11:39 AM	2:10 PM	4:40 PM	7:11 PM	9:42 PM	
9	Vocational Video	वृक्षों की पहचान एवं महत्व	हिंदी	1:58 AM	4:29 AM	6:59 AM	9:30 AM	12:01 PM	2:32 PM	5:02 PM	7:33 PM	10:04 PM	
10	Vocational Video	Seed Germination	English/हिंदी	2:18 AM	4:49 AM	7:20 AM	9:50 AM	12:21 PM	2:52 PM	5:22 PM	7:53 PM	10:24 PM	

**शुक्रवार, 17 मार्च 2023**  
**Friday, 17 March 2023**

1	Science	पाठ-16 प्रकाश	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:28 PM	7:58 PM	10:28 PM
2	Story Telling/ Value Education	A Sunrise at Ganga Sagar	musical	12:38 AM	3:08 AM	5:38 AM	8:08 AM	10:38 AM	1:08 PM	3:37 PM	6:07 PM	8:37 PM	11:07 PM
3	हिंदी	हिंदी वसंत, पाठ 7: क्या निराश हुआ जाए	हिंदी	12:53 AM	3:23 AM	5:53 AM	8:23 AM	10:53 AM	1:22 PM	3:52 PM	6:22 PM	8:52 PM	11:22 PM
4	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music- Classical(Boy)Tamil Nadu	English/हिंदी	1:06 AM	3:35 AM	6:05 AM	8:35 AM	11:05 AM	1:35 PM	4:05 PM	6:34 PM	9:04 PM	11:34 PM
5	Social Science (Political Science)	Chapter-9: Public Facilities	English	1:11 AM	3:41 AM	6:11 AM	8:41 AM	11:11 AM	1:41 PM	4:11 PM	6:40 PM	9:10 PM	11:40 PM
6	Mathematics	Chapter 16 Playing with Numbers part 2	English	1:31 AM	4:01 AM	6:30 AM	9:00 AM	11:30 AM	2:00 PM	4:30 PM	7:00 PM	9:29 PM	11:59 PM
7	Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	1:50 AM	4:20 AM	6:50 AM	9:20 AM	11:49 AM	2:19 PM	4:49 PM	7:19 PM	9:49 PM	

**शनिवार, 18 मार्च 2023**  
**Saturday, 18 March 2023**

1	Mathematics	पाठ-15: आलेखों से परिचय	हिंदी	12:00 AM	2:30 AM	5:01 AM	7:32 AM	10:03 AM	12:34 PM	3:05 PM	5:35 PM	8:06 PM	10:37 PM
2	संस्कृत	पाठ-9 सप्तभगिन्यः, भाग 2	हिंदी	12:28 AM	2:59 AM	5:30 AM	8:00 AM	10:31 AM	1:02 PM	3:33 PM	6:04 PM	8:35 PM	11:05 PM
3	Story Telling/ Value Education	Story Telling: Meena - 1 Count your Chicken	हिंदी	12:50 AM	3:21 AM	5:52 AM	8:23 AM	10:54 AM	1:24 PM	3:55 PM	6:26 PM	8:57 PM	11:28 PM
4	Social Science (Geography)	Chapter 6-Human Resources part 1	English	1:04 AM	3:35 AM	6:06 AM	8:36 AM	11:07 AM	1:38 PM	4:09 PM	6:40 PM	9:11 PM	11:41 PM
5	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 -Dance-Classical(Girl)Kerala	English/हिंदी	1:26 AM	3:56 AM	6:27 AM	8:58 AM	11:29 AM	2:00 PM	4:31 PM	7:01 PM	9:32 PM	
6	Science	Poke a Plastic Bag	English	1:32 AM	4:02 AM	6:33 AM	9:04 AM	11:35 AM	2:06 PM	4:37 PM	7:07 PM	9:38 PM	
7	Story Telling/ Value Education	बबलू की नाव	हिंदी	1:34 AM	4:04 AM	6:35 AM	9:06 AM	11:37 AM	2:08 PM	4:39 PM	7:09 PM	9:40 PM	



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8	Science	Chapter-14 Chemical effects of electric current	English	1:55 AM	4:26 AM	6:56 AM	9:27 AM	11:58 AM	2:29 PM	5:00 PM	7:31 PM	10:01 PM	
9	Vocational Video	Identification of trees	English/हिंदी	2:15 AM	4:45 AM	7:16 AM	9:47 AM	12:18 PM	2:49 PM	5:20 PM	7:50 PM	10:21 PM	
<b>रविवार, 19 मार्च 2023</b> <b>Sunday, 19 March 2023</b>													
1	Physical Education	सूक्ष्म यौगिक व्यायाम	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:29 PM	7:58 PM	10:28 PM
2	Social Science (Political Science)	पाठ-9 जनसुविधाएँ	हिंदी	12:43 AM	3:13 AM	5:42 AM	8:12 AM	10:42 AM	1:12 PM	3:42 PM	6:12 PM	8:42 PM	11:11 PM
3	Story Telling/ Value Education	पुनर्मूषको भवः	हिंदी	1:07 AM	3:37 AM	6:07 AM	8:36 AM	11:06 AM	1:36 PM	4:06 PM	6:36 PM	9:06 PM	11:36 PM
4	गणित	पाठ 3: चतुर्भुजों को समझना- गतिविधि	हिंदी	1:15 AM	3:45 AM	6:14 AM	8:44 AM	11:14 AM	1:44 PM	4:14 PM	6:44 PM	9:14 PM	11:43 PM
5	General	Cocoon Se Resham Tak	ISL	1:27 AM	3:57 AM	6:27 AM	8:57 AM	11:26 AM	1:56 PM	4:26 PM	6:56 PM	9:26 PM	11:56 PM
6	Social Science (History)	Ch-9: The Making of the National Movement: 1870s -1947, Part 3	English	1:36 AM	4:05 AM	6:35 AM	9:05 AM	11:35 AM	2:05 PM	4:35 PM	7:05 PM	9:35 PM	
7	Vocational Video	कक्षा 8 घर पर बनाएँ हर्बल शेम्पू	हिंदी	2:00 AM	4:30 AM	6:59 AM	9:29 AM	11:59 AM	2:29 PM	4:59 PM	7:29 PM	9:59 PM	
<b>सोमवार, 20 मार्च 2023</b> <b>Monday, 20 March 2023</b>													
1	Science	पाठ-16 प्रकाश	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:31 PM	3:01 PM	5:31 PM	8:01 PM	10:31 PM
2	General	आओ सैर करें - सेवाग्राम	हिंदी	12:38 AM	3:09 AM	5:39 AM	8:09 AM	10:39 AM	1:09 PM	3:40 PM	6:10 PM	8:40 PM	11:10 PM
3	Social Science (Geography)	पाठ 5: उद्योग, भाग-2	हिंदी	12:47 AM	3:17 AM	5:48 AM	8:18 AM	10:48 AM	1:18 PM	3:48 PM	6:19 PM	8:49 PM	11:19 PM
4	Cultural Heritage: Art, Music, Dance	Kala Utsav 2022 Vocal Music-Classical(Boy)Bihar	English/हिंदी	1:08 AM	3:38 AM	6:09 AM	8:39 AM	11:09 AM	1:39 PM	4:09 PM	6:40 PM	9:10 PM	11:40 PM
5	English It So Happened	Chapter-6 The Fight	English	1:15 AM	3:45 AM	6:15 AM	8:46 AM	11:16 AM	1:46 PM	4:16 PM	6:46 PM	9:17 PM	11:47 PM
6	Mathematics	Chapter-15 Introduction to Graphs	English	1:41 AM	4:11 AM	6:42 AM	9:12 AM	11:42 AM	2:12 PM	4:42 PM	7:13 PM	9:43 PM	
7	Vocational Video	Ten plants for home decoration	English/हिंदी	2:04 AM	4:34 AM	7:04 AM	9:35 AM	12:05 PM	2:35 PM	5:05 PM	7:35 PM	10:06 PM	
8	Vocational Video	Changing tap washer	English/हिंदी	2:17 AM	4:48 AM	7:18 AM	9:48 AM	12:18 PM	2:48 PM	5:19 PM	7:49 PM	10:19 PM	
<b>मंगलवार, 21 मार्च 2023</b> <b>Tuesday, 21 March 2023</b>													
1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:31 PM	3:02 PM	5:32 PM	8:02 PM	10:33 PM
2	हिंदी	हिंदी बसंत, पाठ-8: यह सबसे कठिन समय नहीं	हिंदी	12:33 AM	3:04 AM	5:34 AM	8:04 AM	10:35 AM	1:05 PM	3:35 PM	6:06 PM	8:36 PM	11:06 PM
3	Story Telling/ Value Education	Story Telling: Meena - 11 It's to be a Boy	हिंदी	12:46 AM	3:16 AM	5:46 AM	8:17 AM	10:47 AM	1:18 PM	3:48 PM	6:18 PM	8:49 PM	11:19 PM
4	Social Science (Geography)	Chapter 6-human Resources part 2	English	12:58 AM	3:29 AM	5:59 AM	8:30 AM	11:00 AM	1:30 PM	4:01 PM	6:31 PM	9:01 PM	11:32 PM



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5	हिंदी	कविता मंजरी- पर्वत प्रदेश में पाक्स	हिंदी	1:19 AM	3:49 AM	6:19 AM	8:50 AM	11:20 AM	1:50 PM	4:21 PM	6:51 PM	9:22 PM	11:52 PM
6	Story Telling/ Value Education	Story Telling: Meena - 4 Who is afraid of Bully	हिंदी	1:20 AM	3:51 AM	6:21 AM	8:51 AM	11:22 AM	1:52 PM	4:22 PM	6:53 PM	9:23 PM	11:54 PM
7	Science	Chapter-16 Light	English	1:33 AM	4:03 AM	6:33 AM	9:04 AM	11:34 AM	2:04 PM	4:35 PM	7:05 PM	9:35 PM	
8	Vocational Video	Plumbing Tools	English/हिंदी	2:00 AM	4:30 AM	7:01 AM	9:31 AM	12:01 PM	2:32 PM	5:02 PM	7:32 PM	10:03 PM	
9	Vocational Video	Identification of trees	English/हिंदी	2:14 AM	4:45 AM	7:15 AM	9:45 AM	12:16 PM	2:46 PM	5:16 PM	7:47 PM	10:17 PM	

**बुधवार, 22 मार्च 2023**  
**Wednesday, 22 March 2023**

1	Science	पाठ-16 प्रकाश	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:32 PM	3:02 PM	5:32 PM	8:03 PM	10:33 PM
2	संस्कृत	पाठ-9 सप्तभगिन्यः, भाग 1	हिंदी	12:38 AM	3:09 AM	5:39 AM	8:10 AM	10:40 AM	1:10 PM	3:41 PM	6:11 PM	8:42 PM	11:12 PM
3	Social Science (History)	Chapter-09 The Making of the National Movement: 1870s--1947 PART 4	English	12:55 AM	3:25 AM	5:56 AM	8:26 AM	10:57 AM	1:27 PM	3:57 PM	6:28 PM	8:58 PM	11:29 PM
4	Story Telling/ Value Education	Story Telling: Meena - 4 Who is afraid of Bully	हिंदी	1:14 AM	3:44 AM	6:14 AM	8:45 AM	11:15 AM	1:46 PM	4:16 PM	6:46 PM	9:17 PM	11:47 PM
5	Mathematics	Chapter-16: Playing with Numbers	English	1:26 AM	3:56 AM	6:27 AM	8:57 AM	11:27 AM	1:58 PM	4:28 PM	6:59 PM	9:29 PM	11:59 PM
6	Vocational Video	गृह सज्जा हेतु पौधे	हिंदी	1:47 AM	4:18 AM	6:48 AM	9:18 AM	11:49 AM	2:19 PM	4:50 PM	7:20 PM	9:50 PM	
7	Vocational Video	Ten plants for home decoration	English/हिंदी	2:11 AM	4:41 AM	7:12 AM	9:42 AM	12:13 PM	2:43 PM	5:13 PM	7:44 PM	10:14 PM	

**बुधस्पतिवार, 23 मार्च 2023**  
**Thursday, 23 March 2023**

1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:31 PM	3:02 PM	5:32 PM	8:02 PM	10:33 PM
2	Social Science (History)	पाठ-9: राष्ट्रीय आंदोलन का संघटन: 1870 के दशक से 1947 तक	हिंदी	12:35 AM	3:05 AM	5:36 AM	8:06 AM	10:36 AM	1:07 PM	3:37 PM	6:08 PM	8:38 PM	11:08 PM
3	Story Telling/ Value Education	आम की टोकरी	हिंदी	1:05 AM	3:35 AM	6:05 AM	8:36 AM	11:06 AM	1:37 PM	4:07 PM	6:37 PM	9:08 PM	11:38 PM
4	English Honeydew	Chapter-8 A Short Monsoon Diary, Part 1	English	1:07 AM	3:38 AM	6:08 AM	8:38 AM	11:09 AM	1:39 PM	4:09 PM	6:40 PM	9:10 PM	11:41 PM
5	Science	Chapter-17 Star and the Solar System	English	1:37 AM	4:08 AM	6:38 AM	9:09 AM	11:39 AM	2:09 PM	4:40 PM	7:10 PM	9:40 PM	
6	Vocational Video	कक्षा 8 घर पर बनाएँ हर्बल शैम्पू	हिंदी	2:00 AM	4:31 AM	7:01 AM	9:31 AM	12:02 PM	2:32 PM	5:02 PM	7:33 PM	10:03 PM	

**शुक्रवार, 24 मार्च 2023**  
**Friday, 24 March 2023**

1	Science	पाठ-17 तारे एवं सौर परिवार	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:31 AM	10:01 AM	12:32 PM	3:02 PM	5:32 PM	8:03 PM	10:33 PM
2	हिंदी	हिंदी वसंत, पाठ-9: कबीर की साखियाँ	हिंदी	12:33 AM	3:03 AM	5:34 AM	8:04 AM	10:34 AM	1:05 PM	3:35 PM	6:06 PM	8:36 PM	11:06 PM
3	हिंदी	पाठ-10: कामचोर	हिंदी	12:45 AM	3:16 AM	5:46 AM	8:17 AM	10:47 AM	1:17 PM	3:48 PM	6:18 PM	8:49 PM	11:19 PM
4	Social Science (Political Science)	Chapter -10 Law and Social Justice	English	1:05 AM	3:35 AM	6:06 AM	8:36 AM	11:07 AM	1:37 PM	4:07 PM	6:38 PM	9:08 PM	11:39 PM
5	Mathematics	Chapter-15 Introduction to Graphs	English	1:28 AM	3:58 AM	6:29 AM	8:59 AM	11:30 AM	2:00 PM	4:30 PM	7:01 PM	9:31 PM	



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6	Vocational Video	कक्षा 8 वर्कों पर लगे दाग धब्बे छुड़ाना	हिंदी	1:51 AM	4:21 AM	6:51 AM	9:22 AM	11:52 AM	2:23 PM	4:53 PM	7:23 PM	9:54 PM	
<b>शनिवार, 25 मार्च 2023</b> <b>Saturday, 25 March 2023</b>													
1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:30 AM	5:01 AM	7:31 AM	10:02 AM	12:32 PM	3:03 PM	5:33 PM	8:04 PM	10:34 PM
2	संस्कृत	पाठ-10 नीतिनवनीतम्, भाग 1	हिंदी	12:33 AM	3:04 AM	5:34 AM	8:05 AM	10:35 AM	1:06 PM	3:36 PM	6:07 PM	8:37 PM	11:08 PM
3	Story Telling/ Value Education	Story Telling: Meena - 9 I love School	हिंदी	12:52 AM	3:22 AM	5:53 AM	8:23 AM	10:54 AM	1:24 PM	3:55 PM	6:25 PM	8:56 PM	11:26 PM
4	Social science	Origin of the Earth	English	1:06 AM	3:36 AM	6:07 AM	8:37 AM	11:08 AM	1:38 PM	4:09 PM	6:39 PM	9:10 PM	11:40 PM
5	Social Science (Geography)	Chapter 6-Human Resources part 1	English	1:15 AM	3:46 AM	6:16 AM	8:47 AM	11:17 AM	1:48 PM	4:18 PM	6:49 PM	9:19 PM	11:50 PM
6	Story Telling/ Value Education	Story Telling: Meena - 10 Take care of Girl	हिंदी	1:37 AM	4:08 AM	6:38 AM	9:09 AM	11:39 AM	2:10 PM	4:40 PM	7:11 PM	9:41 PM	
7	Science	Chapter-18 Pollution of Air and Water	English	1:49 AM	4:20 AM	6:50 AM	9:21 AM	11:51 AM	2:22 PM	4:52 PM	7:23 PM	9:53 PM	
8	Vocational Video	Ten plants for home decoration	English/हिंदी	2:11 AM	4:42 AM	7:12 AM	9:43 AM	12:13 PM	2:44 PM	5:14 PM	7:45 PM	10:15 PM	
<b>रविवार, 26 मार्च 2023</b> <b>Sunday, 26 March 2023</b>													
1	Physical Education	सूक्ष्म यौगिक व्यायाम	हिंदी	12:00 AM	2:30 AM	5:01 AM	7:32 AM	10:03 AM	12:33 PM	3:04 PM	5:35 PM	8:06 PM	10:37 PM
2	Social Science (Political Science)	पाठ-10 कानून और सामाजिक न्याय	हिंदी	12:43 AM	3:13 AM	5:44 AM	8:15 AM	10:46 AM	1:17 PM	3:47 PM	6:18 PM	8:49 PM	11:20 PM
3	Story Telling/ Value Education	पुनर्मुषको भवः	हिंदी	1:12 AM	3:43 AM	6:14 AM	8:45 AM	11:16 AM	1:46 PM	4:17 PM	6:48 PM	9:19 PM	11:49 PM
4	Mathematics	Maths Activity: Corrugated Furniture	English	1:20 AM	3:51 AM	6:22 AM	8:53 AM	11:23 AM	1:54 PM	4:25 PM	6:56 PM	9:27 PM	11:57 PM
5	General	जादुई किताब	हिंदी	1:23 AM	3:53 AM	6:24 AM	8:55 AM	11:26 AM	1:57 PM	4:27 PM	6:58 PM	9:29 PM	
6	Social Science (History)	Chapter-09 The Making of the National Movement: 1870s--1947 PART 5	English	1:39 AM	4:09 AM	6:40 AM	9:11 AM	11:42 AM	2:12 PM	4:43 PM	7:14 PM	9:45 PM	
7	Vocational Video	Hand tools	English/हिंदी	1:56 AM	4:27 AM	6:58 AM	9:29 AM	11:59 AM	2:30 PM	5:01 PM	7:32 PM	10:02 PM	
8	Vocational Video	Ten plants for home decoration	English/हिंदी	2:11 AM	4:42 AM	7:13 AM	9:44 AM	12:15 PM	2:45 PM	5:16 PM	7:47 PM	10:18 PM	
<b>सोमवार, 27 मार्च 2023</b> <b>Monday, 27 March 2023</b>													
1	Science	पाठ-17 तारे एवं सौर परिवार	हिंदी	12:00 AM	2:32 AM	5:04 AM	7:36 AM	10:08 AM	12:40 PM	3:12 PM	5:44 PM	8:16 PM	10:48 PM
2	Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022-Dance Folk (Girl) Tamil Nadu	English/हिंदी	12:33 AM	3:05 AM	5:37 AM	8:09 AM	10:41 AM	1:13 PM	3:45 PM	6:17 PM	8:49 PM	11:21 PM
3	Social Science (Geography)	पाठ 6: मानव संसाधन	हिंदी	12:39 AM	3:11 AM	5:43 AM	8:15 AM	10:47 AM	1:19 PM	3:51 PM	6:23 PM	8:55 PM	11:27 PM
4	English Honeydew	English Language Classroom Grammar in Context Time and Tense Part - 5, Past and Past Perfect	English	1:04 AM	3:36 AM	6:08 AM	8:40 AM	11:12 AM	1:44 PM	4:16 PM	6:48 PM	9:21 PM	11:53 PM
5	English It So Happened	Chapter-8 Jalebis	English	1:23 AM	3:55 AM	6:27 AM	8:59 AM	11:31 AM	2:04 PM	4:36 PM	7:08 PM	9:40 PM	



6	Mathematics	Chapter-15 Introduction to Graphs, Part 1	English	1:58 AM	4:30 AM	7:02 AM	9:34 AM	12:06 PM	2:39 PM	5:11 PM	7:43 PM	10:15 PM	
7	Vocational Video	Hand tools	English/हिंदी	2:11 AM	4:43 AM	7:15 AM	9:47 AM	12:19 PM	2:52 PM	5:24 PM	7:56 PM	10:28 PM	
<b>मंगलवार, 28 मार्च 2023</b> <b>Tuesday, 28 March 2023</b>													
1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	हिंदी	पाठ-11: जब सिनेमा ने बोलना सीखा	हिंदी	12:33 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
3	योग	पवन मुक्तासन	Multilingual	12:44 AM	3:14 AM	5:44 AM	8:14 AM	10:44 AM	1:14 PM	3:44 PM	6:14 PM	8:44 PM	11:14 PM
4	Story Telling/ Value Education	गुलज़ार बच्चों के साथ	हिंदी	12:47 AM	3:17 AM	5:47 AM	8:17 AM	10:47 AM	1:17 PM	3:47 PM	6:17 PM	8:47 PM	11:17 PM
5	Social Science (Geography)	Chapter 6-human Resources part 2	English	12:59 AM	3:29 AM	5:59 AM	8:30 AM	11:00 AM	1:30 PM	4:00 PM	6:30 PM	9:00 PM	11:30 PM
6	Story Telling/ Value Education	Story Telling: Meena - 2 Dividing the Mongos	हिंदी	1:20 AM	3:50 AM	6:20 AM	8:50 AM	11:20 AM	1:50 PM	4:20 PM	6:50 PM	9:20 PM	11:50 PM
7	Science	Chapter-15 Some Natural Phenomenon	English	1:32 AM	4:02 AM	6:32 AM	9:02 AM	11:32 AM	2:02 PM	4:32 PM	7:02 PM	9:32 PM	
8	Science	Chapter-18 Pollution of Air and Water	English	1:47 AM	4:17 AM	6:47 AM	9:17 AM	11:47 AM	2:17 PM	4:47 PM	7:17 PM	9:47 PM	
9	Vocational Video	Hand tools	English/हिंदी	2:09 AM	4:39 AM	7:09 AM	9:39 AM	12:09 PM	2:39 PM	5:09 PM	7:39 PM	10:09 PM	
<b>बुधवार, 29 मार्च 2023</b> <b>Wednesday, 29 March 2023</b>													
1	Science	पाठ-17 तारे एवं सौर परिवार	हिंदी	12:00 AM	2:30 AM	5:00 AM	7:30 AM	10:00 AM	12:30 PM	3:00 PM	5:30 PM	8:00 PM	10:30 PM
2	संस्कृत	पाठ-9 सप्तभगिन्यः, भाग 2	हिंदी	12:33 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:03 PM	3:33 PM	6:03 PM	8:33 PM	11:03 PM
3	Creative Activities: Art/Craft	Origami (Kaga3 Kala)-4	हिंदी	12:53 AM	3:23 AM	5:53 AM	8:23 AM	10:53 AM	1:23 PM	3:53 PM	6:23 PM	8:53 PM	11:23 PM
4	Social Science (History)	Chapter-09 The Making of the National Movement: 1870s--1947 PART 5	English	1:10 AM	3:40 AM	6:10 AM	8:40 AM	11:10 AM	1:40 PM	4:10 PM	6:40 PM	9:10 PM	11:40 PM
5	Mathematics	Chapter-15 Introduction to Graphs, Part 2	English	1:30 AM	4:00 AM	6:30 AM	9:00 AM	11:30 AM	2:00 PM	4:30 PM	7:00 PM	9:30 PM	
6	Vocational Video	कक्षा 8 वर्कों पर लगे दाग धब्बे छुड़ाना	हिंदी	1:44 AM	4:14 AM	6:44 AM	9:14 AM	11:44 AM	2:14 PM	4:44 PM	7:14 PM	9:44 PM	
7	Vocational Video	Preparing ORS at Home	English/हिंदी	2:18 AM	4:48 AM	7:18 AM	9:48 AM	12:18 PM	2:48 PM	5:18 PM	7:48 PM	10:18 PM	
<b>बृहस्पतिवार, 30 मार्च 2023</b> <b>Thursday, 30 March 2023</b>													
1	Mathematics	पाठ-16: संख्याओं के साथ खेलना	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:29 AM	9:59 AM	12:29 PM	2:59 PM	5:28 PM	7:58 PM	10:28 PM
2	योग	त्रिकोणासना	Multilingual	12:33 AM	3:03 AM	5:33 AM	8:03 AM	10:33 AM	1:02 PM	3:32 PM	6:02 PM	8:32 PM	11:02 PM
3	Social Science (History)	पाठ-9: राष्ट्रीय आंदोलन का संघटन: 1870 के दशक से 1947 तक	हिंदी	12:36 AM	3:06 AM	5:35 AM	8:05 AM	10:35 AM	1:05 PM	3:35 PM	6:05 PM	8:34 PM	11:04 PM
4	Story Telling/ Value Education	आम की टोकरी	हिंदी	1:06 AM	3:35 AM	6:05 AM	8:35 AM	11:05 AM	1:35 PM	4:05 PM	6:34 PM	9:04 PM	11:34 PM
5	English It So Happened	Chapter-8 Jalebis	English	1:08 AM	3:38 AM	6:08 AM	8:38 AM	11:07 AM	1:37 PM	4:07 PM	6:37 PM	9:07 PM	11:37 PM



6	Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Navodaya Vidyalaya	हिंदी/ English	1:42 AM	4:12 AM	6:42 AM	9:12 AM	11:42 AM	2:11 PM	4:41 PM	7:11 PM	9:41 PM	
7	Science	Chapter-18 Pollution of Air and Water	English	1:49 AM	4:18 AM	6:48 AM	9:18 AM	11:48 AM	2:18 PM	4:48 PM	7:17 PM	9:47 PM	
8	Vocational Video	Ten plants for home decoration	English/हिंदी	2:10 AM	4:40 AM	7:10 AM	9:40 AM	12:10 PM	2:40 PM	5:09 PM	7:39 PM	10:09 PM	
<b>शुक्रवार, 31 मार्च 2023</b> <b>Friday, 31 March 2023</b>													
1	Science	पाठ-18 वायु तथा जल का प्रदूषण	हिंदी	12:00 AM	2:29 AM	4:59 AM	7:28 AM	9:58 AM	12:27 PM	2:57 PM	5:26 PM	7:56 PM	10:26 PM
2	हिंदी	पाठ-12 सुदामा चरित	हिंदी	12:24 AM	2:54 AM	5:23 AM	7:53 AM	10:22 AM	12:52 PM	3:22 PM	5:51 PM	8:21 PM	10:50 PM
3	Story Telling/ Value Education	एक अनेक और एकता	हिंदी	12:43 AM	3:13 AM	5:42 AM	8:12 AM	10:42 AM	1:11 PM	3:41 PM	6:10 PM	8:40 PM	11:09 PM
4	General	Tropical Rain Forest	ISL	12:50 AM	3:20 AM	5:49 AM	8:19 AM	10:49 AM	1:18 PM	3:48 PM	6:17 PM	8:47 PM	11:16 PM
5	General Awareness Programme	A Visit to Cherapunjee	English	12:52 AM	3:22 AM	5:52 AM	8:21 AM	10:51 AM	1:20 PM	3:50 PM	6:19 PM	8:49 PM	11:19 PM
6	General Awareness Programme	Life cycle of a Plant	हिंदी	1:04 AM	3:33 AM	6:03 AM	8:32 AM	11:02 AM	1:32 PM	4:01 PM	6:31 PM	9:00 PM	11:30 PM
7	Social Science (Political Science)	Chapter -10 Law and Social Justice	English	1:20 AM	3:50 AM	6:19 AM	8:49 AM	11:18 AM	1:48 PM	4:17 PM	6:47 PM	9:17 PM	11:46 PM
8	Mathematics	Prime Numbers	English	1:43 AM	4:13 AM	6:42 AM	9:12 AM	11:41 AM	2:11 PM	4:40 PM	7:10 PM	9:40 PM	
9	Mathematics	Chapter-16: Playing with Numbers	English	2:02 AM	4:32 AM	7:01 AM	9:31 AM	12:01 PM	2:30 PM	5:00 PM	7:29 PM	9:59 PM	



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