

Transmission Schedule for November, 2021

कक्षा 7 की समय सारणी TIME TABLE OF CLASS 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	वीरवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा Physical Education
सामाजिक विज्ञान (भूगोल)	हिन्दी	संस्कृत/اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)	हिन्दी	संस्कृत/اردو (उर्दू)	सामाजिक विज्ञान (राजनीति शास्त्र)
English	Social Science (Geography)	Social Science (History)	English	Social Science (Pol. Sc.)	Social Science (Geography)	Mathematics / Science Activities
Mathematics	Science	Mathematics	Science	Mathematics	Science	Social Science (History)

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*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

Class - VII

Subject	Title of the Topic	Duration	Medium
01 November 2021			
विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
भूगोल	पाठ-3, हमारी बदलती पृथ्वी	0:24:12	Hindi
English	Honeycomb, Ch-3, Gopal and the Hilsa Fish	0:26:55	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-13: Exponents and powers part-1	0:22:26	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi
02 November 2021			
गणित	पाठ-13: घातांक और घात भाग-1	0:21:09	Hindi
हिंदी	पाठ-13: एक तिनका	0:09:07	Hindi
Storytelling/Value Education	अक्ल बड़ी या पूँछ	0:02:00	Hindi
Geography	Ch-3, Our Changing Earth	0:20:21	English
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-2	0:29:59	Hindi
Science	Ch-13: Motion And Time Part-1	0:19:08	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi
03 November 2021			
विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
History	Ch-3, The Delhi Sultans	0:23:22	Hindi
Cultural Heritage: Art, Music, Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English
Mathematics	Ch-13: Exponents and powers part-2	0:27:48	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	English

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ONE CLASS, ONE CHANNEL

Class - VII

04 November 2021

गणित	पाठ-13: घातांक और घात भाग-2	0:25:21	Hindi
History	पाठ-3, दिल्ली के सुलतान भाग -1	0:34:11	Hindi
Storytelling/Value Education	बस के नीचे बाग	0:05:52	Hindi
English	Honeycomb, Ch-3, The Shed	0:21:05	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-13: Motion And Time	0:23:57	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi

05 November 2021

विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
हिंदी	पाठ-13: एक तिनका	0:25:19	Hindi
Storytelling/Value Education	छोटा है या बड़ा	0:04:07	Hindi
Political Science	Ch-3, How the State Government Works	0:22:59	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-13: Exponents and powers part-1	0:22:26	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

06 November 2021

गणित	पाठ-13: घातांक और घात भाग-1	0:21:09	Hindi
संस्कृत	संस्कृत, पाठ-1, सुभाषित -I	0:30:54	Hindi
Storytelling/Value Education	सुधीर तैलान	0:16:48	Hindi

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ONE CLASS, ONE CHANNEL

Class - VII

Geography	Ch-3, Our Changing Earth	0:20:21	English
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-2	0:18:11	Hindi
Science	Ch-13: Motion And Time Part-1	0:19:08	English
Vocational	Electricity and its importance	0:04:08	English
Vocational	Overview of Automotive Service Technician	0:05:51	English

07 November 2021

Physical Education	Yoga Dhanurasan	0:12:12	Hindi
Political Science	पाठ-3, राज्य शासन कैसे काम करता है	0:30:28	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi
History	Ch-3, The Delhi Sultans	0:23:22	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

08 November 2021

विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
भूगोल	पाठ-3, हमारी बदलती पृथ्वी	0:24:12	Hindi
English	Honeycomb, Ch-3, Gopal and the Hilsa Fish	0:26:55	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-13: Exponents and powers part-1	0:22:26	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

09 November 2021

गणित	पाठ-13: घातांक और घात भाग-1	0:21:09	Hindi
हिंदी	पाठ-13: एक तिनका	0:09:07	Hindi
Storytelling/Value Education	अक्ल बड़ी या पूँछ	0:02:00	Hindi
Geography	Ch-3, Our Changing Earth	0:20:21	English

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ONE CLASS, ONE CHANNEL

Class - VII

Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-2	0:29:59	Hindi
Science	Ch-13: Motion And Time Part-1	0:19:08	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi
10 November 2021			
विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
History	Ch-3, The Delhi Sultans	0:23:22	Hindi
Cultural Heritage: Art, Music, Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English
Mathematics	Ch-13: Exponents and powers part-2	0:27:48	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	English

11 November 2021			
गणित	पाठ-13: घातांक और घात भाग-2	0:25:21	Hindi
इतिहास	पाठ-3, दिल्ली के सुलतान भाग -1	0:34:11	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
English	Honeycomb, Ch-3, The Shed	0:21:05	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-13: Motion And Time	0:23:57	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi

12 November 2021			
विज्ञान	पाठ-13: गति एवं समय	0:27:31	Hindi
हिंदी	पाठ-13: एक तिनका	0:25:19	Hindi
Storytelling/Value Education	छोटा है या बड़ा	0:04:07	Hindi

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Class - VII

Political Science	Ch-3, How the State Government Works	0:22:59	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-13: Exponents and powers part-1	0:22:26	English
Vocational	वस्तुओं पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

13 November 2021

गणित	पाठ-13: घातांक और घात भाग-1	0:21:09	Hindi
संस्कृत	संस्कृत, पाठ-1, सुभाषित -I	0:30:54	Hindi
Storytelling/Value Education	सुधीर तैलान	0:16:48	Hindi
Geography	Ch-3, Our Changing Earth	0:20:21	English
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-2	0:18:11	Hindi
Science	Ch-13: Motion And Time Part-1	0:19:08	English
Vocational	Electricity and its importance	0:04:08	English
Vocational	Overview of Automotive Service Technician	0:05:51	English

14 November 2021

Physical Education	Yoga Dhanurasan	0:12:12	Hindi
Political Science	पाठ-3, राज्य शासन कैसे काम करता है	0:30:28	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi
History	Ch-3, The Delhi Sultans	0:23:22	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

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ONE CLASS, ONE CHANNEL

15 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
भूगोल	पाठ-4, वायु	0:32:56	Hindi
Storytelling/Value Education	आम की टोकरी	0:02:35	Hindi
English	Honeycomb, Ch-4, The Ashes That Made Trees Bloom part-1	0:28:29	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

16 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
हिंदी	पाठ-14: खान पान की बदलती तस्वीर	0:27:25	Hindi
Storytelling	Azadi ki Kahani-2	0:14:47	Hindi
Story Telling/Value Education	छोटा है या बड़ा	0:04:07	Hindi
Geography	Ch-4, Air	0:18:39	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	Hindi
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Overview of Automotive Service Technician	0:05:51	English

17 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
History	Ch-4, The Mughal Empire	0:30:33	English
Cultural Heritage: Art,	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi

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ONE CLASS, ONE CHANNEL

Class - VII

Music, Dance			
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Electricity and its importance	0:04:08	English

18 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
इतिहास	पाठ-4, मुगल साम्राज्य भाग-1	0:24:58	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
English	Honeycomb, Ch-4, The Ashes That Made Trees Bloom part-2	0:29:04	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	Tools And Materials	0:12:44	English
Vocational	Hand Embroidery Part B	0:13:54	English

19 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
हिंदी	पाठ-14: खान पान की बदलती तस्वीर	0:27:25	Hindi
Storytelling	आज़ादी की कहानी-1	0:08:32	Hindi
General Awareness	e-waste management Film 4	0:07:19	English
Political Science	Ch-4, Growing up as Boys and Girls	0:23:10	English
Cultural Heritage: Art, Music, Dance	National Role Play & Folk Dances-Andaman & Nicobar Islands	0:08:33	English
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi
Vocational	Finishing and costing of embroidered Products	0:11:41	English

20 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

Sanskrit	संस्कृत कथा, बुद्धि बलवती	0:06:08	Hindi
Storytelling/Value Education	नन्हा फ़नकार	0:14:07	Hindi
Geography	Ch-4, Air	0:18:39	English
Cultural Heritage: Art, Music, Dance	Understanding Our Architectural Heritage	0:14:06	English
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

21 November 2021

Physical education	COVID 19 Awareness	0:12:46	English
Physical Education	Yoga Olympiad-Hindi	0:01:10	Hindi
Political Science	पाठ-4, लड़के और लड़कियों के रूप में बड़ा होना	0:23:35	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General Awareness	e-waste management Block-4.2	0:12:00	English
General Awareness	Levers Around Us	0:08:00	English
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi
History	Ch-10: Eighteenth century political formations	0:09:46	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Seed Germination	0:06:44	English
Vocational	Hand Embroidery Part B	0:13:54	English

22 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
भूगोल	पाठ-4, वायु	0:32:56	Hindi
Storytelling/Value Education	आम की टोकरी	0:02:35	Hindi
English	Honeycomb, Ch-4, The Ashes That Made Trees Bloom part-1	0:28:29	English
Creative Activities:	Flying Fish	0:01:11	English

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ONE CLASS, ONE CHANNEL

Class - VII

Art & Craft			
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

23 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
हिंदी	पाठ-14: खान पान की बदलती तस्वीर	0:27:25	Hindi
Storytelling	आज़ादी की कहानी-2	0:14:47	Hindi
Story Telling/Value Education	छोटा है या बड़ा	0:04:07	Hindi
Geography	Ch-4, Air	0:18:39	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	Hindi
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Overview of Automotive Service Technician	0:05:51	English

24 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
उर्दू	ईदगाह	0:28:18	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
History	Ch-4, The Mughal Empire	0:30:33	English
Cultural Heritage: Art, Music, Dance	Navras (9 Rasas) - Dance Emotions	0:03:50	English/Hindi
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	घर पर बनाए हर्बल शैम्पू	0:24:26	Hindi
Vocational	Electricity and its importance	0:04:08	English

25 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

इतिहास	पाठ-4, मुगल साम्राज्य भाग-1	0:24:58	Hindi
Storytelling/Value Education	बस के नीचे बाग़	0:05:52	Hindi
English	Honeycomb, Ch-4, The Ashes That Made Trees Bloom part-2	0:29:04	English
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Instrumental Music Competition: Girls: Rajasthan	0:04:35	English/Hindi
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	Tools And Materials	0:12:44	English
Vocational	Hand Embroidery Part B	0:13:54	English

26 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
हिंदी	पाठ-14: खान पान की बदलती तस्वीर	0:27:25	Hindi
Storytelling	आज़ादी की कहानी-1	0:08:32	Hindi
General Awareness	e-waste management Film 4	0:07:19	English
Political Science	Ch-4, Growing up as Boys and Girls	0:23:10	English
Cultural Heritage: Art, Music, Dance	National Role Play & Folk Dances-Andaman & Nicobar Islands	0:08:33	English
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	केश सौंदर्य उपकरणों का परिचय	0:19:42	Hindi
Vocational	Finishing and costing of embroidered Products	0:11:41	English

27 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
Sanskrit	संस्कृत कथा, बुद्धि बलवती	0:06:08	Hindi
Storytelling/Value Education	नन्हा फ़नकार	0:14:07	Hindi
Geography	Ch-4, Air	0:18:39	English
Cultural Heritage: Art, Music, Dance	Understanding Our Architectural Heritage	0:14:06	English
Science	Ch-14: Electric Current And Its Effects	0:20:59	English

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ONE CLASS, ONE CHANNEL

Class - VII

Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi
Vocational	Design and Tracing Methods (Heat Method)	0:01:41	English

28 November 2021

Physical education	COVID 19 Awareness	0:12:46	English
Physical Education	Yoga Olympiad-Hindi	0:01:10	Hindi
Political Science	पाठ-4, लड़के और लड़कियों के रूप में बड़ा होना	0:23:35	Hindi
Cultural Heritage: Art, Music, Dance	Dance A Way of Expression-1	0:29:33	Hindi
General Awareness	e-waste management Block-4.2	0:12:00	English
General Awareness	Levers Around Us	0:08:00	English
General awareness	किशोरावस्था की ओर (English Subtitles)	0:12:42	Hindi
History	Ch-10: Eighteenth century political formations	0:09:46	English
Vocational	Light as electromagnetic spectrum	0:06:56	English
Vocational	Seed Germination	0:06:44	English
Vocational	Hand Embroidery Part B	0:13:54	English

29 November 2021

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	0:20:45	Hindi
भूगोल	पाठ-4, वायु	0:32:56	Hindi
Storytelling/Value Education	आम की टोकरी	0:02:35	Hindi
English	Honeycomb, Ch-4, The Ashes That Made Trees Bloom part-1	0:28:29	English
Creative Activities: Art & Craft	Flying Fish	0:01:11	English
Mathematics	Ch-14: Symmetry	0:18:25	English
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	0:34:04	Hindi

30 November 2021

गणित	पाठ-14: सममिति	0:23:56	Hindi
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ONE CLASS, ONE CHANNEL

Class - VII

हिंदी	पाठ-14: खान पान की बदलती तस्वीर	0:27:25	Hindi
Storytelling	आज़ादी की कहानी-2	0:14:47	Hindi
Story Telling/Value Education	छोटा है या बड़ा	0:04:07	Hindi
Geography	Ch-4, Air	0:18:39	English
Cultural Heritage: Art, Music & Dance	Folk Dance-Mizoram	0:08:22	Hindi
Science	Ch-14: Electric Current And Its Effects	0:20:59	English
Vocational	Finishing and costing of embroidered Products	0:11:41	English
Vocational	Overview of Automotive Service Technician	0:05:51	English

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