

सितम्बर 2021 प्रसारण अनुसूची

Transmission Schedule for September, 2021

कक्षा 10 की समय सारणी
TIME TABLE OF CLASS 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	वीरवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)
सामाजिक विज्ञान (भूगोल)	सामाजिक विज्ञान (भूगोल)	विज्ञान	विज्ञान	सामाजिक विज्ञान (अर्थशास्त्र)	हिन्दी	सामाजिक विज्ञान (राजनीति विज्ञान)
Science	Science	Social Science (History)	Social Science (History)	Mathematics	Social Science (Pol. Sc.)	Social Science (Economics)
Mathematics	Mathematics	English	English	Science	Social Science (Geography)	Social Science (Geography)

*Note: Watch live and interact with subject experts on Every Friday from 2:00pm – 3:00 pm. Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.

You can watch the live sessions through NCERT Official You tube channel:
<https://www.youtube.com/channel/UCT0s92hGjgLX6p7qY9BBrSA>

To see the exact timings of the programmes:
https://www.swayamprabha.gov.in/index.php/program/current_se/32

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ONE CLASS, ONE CHANNEL

विषय Subject	कार्यक्रम का शीर्षक Title of the Topic	माध्यम Medium	अवधि Duration
01 September 2021			
गणित	पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1	हिन्दी	0:26:11
विज्ञान	पाठ-9: आनुवंशिकता एवं जैव विकास	हिन्दी	0:33:52
Social Science (History)	Chapter 3: The Making of a Global World- 1	English	0:29:47
Language (English)	Chapter 9: The Tale of Custard the Dragon	English	0:28:01

02 September 2021			
गणित	पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2	हिन्दी	0:28:30
विज्ञान	पाठ-9: आनुवंशिकता एवं जैव विकास	हिन्दी	0:33:52
Social Science (History)	Chapter 3: The Making of a Global World- 2	English	0:32:15
Language (English)	Chapter 9: Madam Rides the Bus-1	English	0:22:17

03 September 2021			
संस्कृत	पाठ -8: विचित्रा: साक्षी-1	संस्कृत	0:25:12
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-2: भारतीय अर्थव्यवस्था के विभिन्न क्षेत्रक भाग-1	हिन्दी	0:24:41
Cultural Heritage: Art, Music & Dance	Musical instruments of India	English	0:22:15
Mathematics	Chapter 9: Some Applications of Trigonometry- 1	English	0:25:24
Science	Chapter 9: Heredity and Evolution-1	English	0:15:23

04 September 2021			
Urdu	Chp-1: Bhola	Urdu	0:22:14
हिन्दी	पाठ-9: कवि मंगलेश डबराल और उनकी कविता	हिन्दी	0:25:53
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Chhari	English	0:11:58
Social Science (Political Science)	Chapter 1: Power Sharing - 1	English	0:21:20
Social Science (Geography)	Chapter-1: Resources and Development-1	English	0:08:37
Social Science (Geography)	Chapter-1: Resources and Development-2	English	0:18:28

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05 September 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -1	हिन्दी	0:27:30
सामाजिक विज्ञान राजनीति) (विज्ञान)	पाठ-1: सत्ता की साझेदारी-1	हिन्दी	0:21:42
General	Personal Safety	English	0:14:19
Social Science (Economics)	Chapter-2 Sectors of the Indian Economy -1	English	0:28:26
General	Gender Equality	English	0:07:09
Social Science (Geography)	Chapter-1: Resources and Development-3	English	0:12:16

06 September 2021			
हिन्दी	पाठ-9: मंगलेश डबराल	हिन्दी	0:26:30
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास भाग-1	हिन्दी	0:26:57
General	E-Waste Management: Block 4.1	English	0:15:19
Science	Chapter 9: Heredity and Evolution-2	English	0:15:36
Mathematics	Chapter 9: Some Applications of Trigonometry- 1	English	0:20:51

07 September 2021			
हिन्दी	पाठ-9: मंगलेश डबराल	हिन्दी	0:26:30
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास भाग-1	हिन्दी	0:26:57
General	E-Waste Management: Block 4.2	English	0:12:00
Science	Chapter 9: Heredity and Evolution-3	English	0:25:00
Mathematics	Chapter 9: Some Applications of Trigonometry- 1	English	0:20:51

08 September 2021			
गणित	पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-1	हिन्दी	0:20:20
विज्ञान	पाठ-9: आनुवंशिकता एवं जैव विकास	हिन्दी	0:33:52
Value Education	Meena: Too Young to Marry	हिन्दी	0:13:20
Cyber Security	Fake Whats app messages	English	0:02:19
Social Science (History)	Chapter 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chapter 9: Madam Rides the Bus-2	English	0:17:07

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09 September 2021			
गणित	पाठ-9: त्रिकोणमिति के कुछ अनुप्रयोग-2	हिन्दी	0:17:23
विज्ञान	पाठ-9: आनुवंशिकता एवं जैव विकास	हिन्दी	0:33:52
Cultural Heritage: Art, Music & Dance	Didi Nirmala	English	0:28:39
Social Science (History)	Chapter 3: The Making of a Global World- 1	English	0:29:47
Language (English)	Chapter 9: Madam Rides the Bus-3	English	0:09:22

10 September 2021			
संस्कृत	पाठ -8: विचित्रा: साक्षी-2	संस्कृत	0:29:00
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-2: भारतीय अर्थव्यवस्था के विभिन्न क्षेत्रक भाग-1	हिन्दी	0:24:41
Science	Chapter 9: Heredity and Evolution-1	English	0:24:04
सांस्कृतिक विरासतकला : संगीत और नृत्य	भारत की शास्त्रीय नृत्य शैलियाँ - कथकलि -1	हिन्दी	0:15:44
Mathematics	Chapter 9: Some Applications of Trigonometry- 2	English	0:18:45

11 September 2021			
Urdu	Chp-2: Naya Qanun	Urdu	0:26:05
हिन्दी	पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	हिन्दी	0:23:44
सांस्कृतिक विरासतकला और शिल्प	टाई एंड डाई	हिन्दी	0:25:51
General	Safe Use of Internet	English	0:05:59
Social Science (Political Science)	Chapter 1: Power Sharing - 2	English	0:20:55
Social Science (Geography)	Chapter-1: Resources and Development-4	English	0:12:44

12 September 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -2	हिन्दी	0:19:07
सामान्य	स्वस्थ बढ़ना	हिन्दी	0:04:20
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-1: सत्ता की साझेदारी-2	हिन्दी	0:29:54
Social Science (Economics)	Chapter-2 Sectors of the Indian Economy -2	English	0:24:54

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ONE CLASS, ONE CHANNEL

General	Mental Health and Well Being -1	English	0:21:02
Social Science (Geography)	Chapter-1: Resources and Development-5	English	0:19:01

13 September 2021

हिन्दी	पाठ-9: कवि मंगलेश डबराल और उनकी कविता	हिन्दी	0:25:53
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-1	हिन्दी	0:27:11
सांस्कृतिक विरासतकला और शिल्प :	कार्टूनिस्ट सुधीर तैलंग -	हिन्दी	0:16:48
Science	Chapter 9: Heredity and Evolution-1	English	0:24:04
Cyber Security	Physical Security	English	0:02:24
Mathematics	Chapter 10: Circles -1	English	0:14:38

14 September 2021

हिन्दी	पाठ-9: कवि मंगलेश डबराल और उनकी कविता	हिन्दी	0:25:53
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-1	हिन्दी	0:27:11
सांस्कृतिक विरासतकला और शिल्प :	लकड़ी पे नक्काशी	हिन्दी	0:11:48
Science	Chapter 9: Heredity and Evolution-1	English	0:24:04
Science	Chapter 9: Homology and Analogy of Plants and Animals	English	0:05:29
Mathematics	Chapter 10: Circles -1	English	0:14:38

15 September 2021

गणित	पाठ-10: वृत्त -1	हिन्दी	0:21:44
विज्ञान	पाठ-9: आनुवंशिकता एवं जैव विकास	हिन्दी	0:33:52
Cyber Security	Social Networking	English	0:04:12
Social Science (History)	Chapter 3: The Making of a Global World- 2	English	0:32:15
Language (English)	Chapter 9: Madam Rides the Bus-4	English	0:26:23

16 September 2021

गणित	पाठ-10: वृत्त -2	हिन्दी	0:27:17
विज्ञान	पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-1	हिन्दी	0:29:56
Social Science (History)	Chapter 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chapter 9: Madam Rides the Bus	English	0:20:05

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17 September 2021			
संस्कृत	पाठ -11: प्राणेभ्योपि प्रियः सुहृद्-1	संस्कृत	0:22:01
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-2: भारतीय अर्थव्यवस्था के क्षेत्रक	हिन्दी	0:38:36
सामान्य	जेंडर समानता	हिन्दी	0:07:22
Science	Chapter 9: Heredity and Evolution-2	English	0:23:09
Mathematics	Chapter 10: Circles -2	English	0:22:33

18 September 2021			
Urdu	Chp-3: Bheek	Urdu	0:18:08
हिन्दी	पाठ-10:स्वयं प्रकाशनेताजी का चश्मा :	हिन्दी	0:27:21
General	Growth & Health	English	0:04:11
Social Science (Political Science)	Chapter-1: Power Sharing	English	0:40:02
Social Science (Geography)	Chapter-1: Resources and Development-1	English	0:28:12

19 September 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -3	हिन्दी	0:20:56
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-1: सत्ता की साझेदारी	हिन्दी	0:48:56
Social Science (Economics)	Chapter-2 Sectors of the Indian Economy -3	English	0:21:37
Social Science (Geography)	Chapter-1: Resources and Development-2	English	0:29:25

20 September 2021			
हिन्दी	पाठ-10:स्वयं प्रकाशनेताजी का चश्मा :	हिन्दी	0:17:21
Cyber Security	Internet Ethics	English	0:02:50
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-2	हिन्दी	0:23:45
General	Personal Safety	English	0:14:19
Science	Chapter 10: Light – Reflection and Refraction-1	English	0:32:00
Mathematics	Chapter 10: Circles-1	English	0:24:41

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Dish TV Channel #2031



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ONE CLASS, ONE CHANNEL

21 September 2021			
हिन्दी	पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	हिन्दी	0:17:21
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-2	हिन्दी	0:23:45
सामान्य	जेंडर समानता	हिन्दी	0:07:22
Science	Chapter 10: Light – Reflection and Refraction-2	English	0:28:21
General	Personal Safety	English	0:14:19
Mathematics	Chapter 10: Circles-1	English	0:24:41

22 September 2021			
गणित	पाठ-10: वृत्त -1	हिन्दी	0:20:04
विज्ञान	पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-2	हिन्दी	0:33:57
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Sikkim	NA	0:03:00
Social Science (History)	Chapter 4: The Age of Industrialisation-1	English	0:27:39
General	Safe Use of Internet	English	0:05:59
Language (English)	Chapter 10: For Anne Gregory-1	English	0:23:01

23 September 2021			
गणित	पाठ-10: वृत्त -2	हिन्दी	0:24:20
सांस्कृतिक विरासतकला और शिल्प :	बांस की हस्त शिल्प कला	हिन्दी	0:16:48
विज्ञान	पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-3	हिन्दी	0:23:25
सामान्य	व्यक्तिगत सुरक्षा	हिन्दी	0:17:02
Social Science (History)	Chapter 4: The Age of Industrialisation-2	English	0:19:05
Language (English)	Chapter 10: For Anne Gregory-2	English	0:17:16

24 September 2021			
संस्कृत	पाठ -11: प्राणेभ्योपि प्रियः सुहृद्-2	संस्कृत	0:24:16
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-2: भारतीय अर्थव्यवस्था के क्षेत्रक	हिन्दी	0:38:36
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Jharkhand	NA	0:06:38
Science	Light	English	0:19:38
Mathematics	Chapter 10: Circles-2	English	0:29:40

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Dish TV Channel #2031



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ONE CLASS, ONE CHANNEL

25 September 2021			
Urdu	Chp-4: Sir Sayyad Ka Bachpan	Urdu	0:28:01
हिन्दी	पाठ-10:स्वयं प्रकाशनेताजी का चश्मा :	हिन्दी	0:27:21
Social Science (Political Science)	Chapter-1: Power Sharing	English	0:40:02
Social Science (Geography)	Chapter-1: Resources and Development-1	English	0:28:12

26 September 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -4	हिन्दी	0:23:23
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-1: सत्ता की साझेदारी	हिन्दी	0:48:56
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Chandigarh	NA	0:06:03
Social Science (Economics)	Chapter- 2 Sectors of the Indian Economy	English	0:39:25

27 September 2021			
हिन्दी	पाठ-10:स्वयं प्रकाशनेताजी का चश्मा :	हिन्दी	0:17:21
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-1	हिन्दी	0:27:11
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Chaari	English	0:11:58
Science	Source of Light	English	0:03:50
Science	Path of Light	English	0:02:50
Science	Line of Sight	English	0:02:19
Science	Formation of Shadow	English	0:07:05
Science	Lateral Inversion of an image	English	0:01:56
Science	Formation of image by Convex Lens	English	0:09:30
Science	Image Formation by Concave Mirror	English	0:07:00
Mathematics	Chapter 10: Circles-1	English	0:24:41

28 September 2021			
हिन्दी	पाठ-10:स्वयं प्रकाशनेताजी का चश्मा :	हिन्दी	0:17:21
सामाजिक विज्ञान (भूगोल)	पाठ-1: संसाधन एवं विकास-2	हिन्दी	0:23:45
Cultural Heritage: Art, Music & Dance	Bharatanatyam : Introduction to Classical Dances of India	English	0:22:38

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ONE CLASS, ONE CHANNEL

Science	Fun with Water Lens	English	0:02:42
Science	Shifting Light Using Scale as a Prism	English	0:01:32
Science	Add Sugar, Bend Light	English	0:01:20
Science	Hiding Fish	English	0:02:23
Science	Magical Coin	English	0:02:16
Science	Light Experiments	English	0:02:49
Cultural Heritage: Art, Music & Dance	NRP 2014 Folk Dance- Bhopal	NA	0:09:24
Mathematics	Chapter 10: Circles-2	English	0:29:40

29 September 2021

गणित	पाठ-10: वृत्त -1	हिन्दी	0:21:44
विज्ञान	पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-1	हिन्दी	0:31:44
सांस्कृतिक विरासतकला :, संगीत और नृत्य	हमारे वाद्य -यंत्र-5 (सुषिर वाद्य-2)	हिन्दी	0:14:02
Social Science (History)	Chapter 4: The Age of Industrialisation-3	English	0:16:01
General	Safe Use of Internet	English	0:05:59
Language (English)	Chapter 10: For Anne Gregory-3	English	0:25:53

30 September 2021

गणित	पाठ-10: वृत्त -2	हिन्दी	0:27:17
विज्ञान	पाठ-10: प्रकाश परावर्तन तथा अपवर्तन-2	हिन्दी	0:25:28
Social Science (History)	Chapter 4: The Age of Industrialisation-1	English	0:27:39
Language (English)	Chapter 10: The Sermon at Benares	English	0:34:19

***The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

***Watch Live programmes on every Friday at 2:00 pm to 3:00 pm**

***Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**