National Initiative for School Heads’ and Teachers’ Holistic Advancement (NISHTHA)

Continuous opportunities to teachers for self-improvement and to learn the latest innovations and advances in their profession in multiple modes

Teachers truly shape the future of our children and therefore, the future of our nation. The motivation and empowerment of teachers is required to ensure the best possible future for our children and our nation.

Courses for NISHTHA 4.0 (ECCE)

1. Significance of the Early Years
2. Planning a Play-Based Learning Environment
3. Play-Based Activities for Holistic Development
4. Partnerships with Parents and Community
5. School Readiness
6. Birth to 3 Years: Early Intervention for Special Needs

How NISHTHA 4.0 (ECCE) Course Works

- Install DIKSHA App 4.0 and above/ Access DIKSHA Portal
- Register in DIKSHA with Email ID/ Mobile number
- Access the course using course link or QR code
- Access Course Resources
  - Watch videos
  - Read the text
  - Do the activities
- Attempt Quiz, score 70% (maximum 3 attempts) and get certified

Features of Online Courses

- Text Resources
- Interactive and Reflective Activities
- Additional Resources
- Quiz for Assessment
- Digital Certification
- Explanatory and Demonstration Videos

Objectives of the Course

NISHTHA (ECCE) aims at achieving the major objectives of ECCE based on the recommendations of NEP 2020 as follow

- Orient the master trainers of Anganwadi workers/ Preschool teachers.
- Make the master trainers aware of pedagogical practices meant for the ECCE stage.
- Ensure that all the Anganwadi workers/ Preschool teachers follow the play and activity-based approach that will prepare children for class-1.
- Provide strategies for the holistic development of young children through developmental goals.

For More Information

For DIKSHA Portal & Mobile App: www.diksha.gov.in
For NISHTHA Portal & Mobile App: www.nishtha.ncert.gov.in

Email: nishtha.helpdesk@cict.nic.in