

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

☛ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☛ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☛ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☛ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

अप्रैल 2025

April 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
मंगलवार, 01 अप्रैल 2025 Tuesday, 01 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:58 AM 03:57 AM 05:56 AM 07:54 AM 09:53 AM 11:52 AM 01:50 PM 03:49 PM 05:48 PM 07:46 PM 09:45 PM 11:44 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:13 AM 04:12 AM 06:10 AM 08:09 AM 10:08 AM 12:06 PM 02:05 PM 04:04 PM 06:02 PM 08:01 PM 10:00 PM 11:58 PM
Mathematics	Ch-1: What's in a Name?	English	12:26 AM 02:25 AM 04:23 AM 06:22 AM 08:21 AM 10:19 AM 12:18 PM 02:17 PM 04:15 PM 06:14 PM 08:13 PM 10:11 PM
EVS	Chapter 1: Family and Friends	English	12:51 AM 02:49 AM 04:48 AM 06:47 AM 08:45 AM 10:44 AM 12:43 PM 02:41 PM 04:40 PM 06:39 PM 08:37 PM 10:36 PM
उर्दू	पाठ 1 - हम्द	हिन्दी	01:00 AM 02:58 AM 04:57 AM 06:56 AM 08:54 AM 10:53 AM 12:52 PM 02:50 PM 04:49 PM 06:48 PM 08:46 PM 10:45 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:09 AM 03:08 AM 05:06 AM 07:05 AM 09:04 AM 11:02 AM 01:01 PM 03:00 PM 04:58 PM 06:57 PM 08:56 PM 10:54 PM
Art and Craft	ओरिगामी (कागज कला)-3	English/hindi	01:14 AM 03:13 AM 05:12 AM 07:10 AM 09:09 AM 11:08 AM 01:06 PM 03:05 PM 05:04 PM 07:02 PM 09:01 PM 11:00 PM
Heat Wave	बंजारे और बेघर लोगों को लू गर्म हवा से कैसे बचाएँ	Hindi	01:32 AM 03:30 AM 05:29 AM 07:28 AM 09:26 AM 11:25 AM 01:24 PM 03:22 PM 05:21 PM 07:20 PM 09:18 PM 11:17 PM



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

English	Ch-1: Fun with Friends - Colours	English	01:33 AM 03:31 AM 05:30 AM 07:29 AM 09:27 AM 11:26 AM 01:25 PM 03:23 PM 05:22 PM 07:21 PM 09:19 PM 11:18 PM
Heat Wave	यात्री लू गर्म हवा के दौरान क्या करें - क्या न करें	Hindi	01:41 AM 03:40 AM 05:39 AM 07:37 AM 09:36 AM 11:35 AM 01:33 PM 03:32 PM 05:31 PM 07:29 PM 09:28 PM 11:27 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:42 AM 03:41 AM 05:40 AM 07:38 AM 09:37 AM 11:36 AM 01:34 PM 03:33 PM 05:32 PM 07:30 PM 09:29 PM 11:28 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	01:55 AM 03:53 AM 05:52 AM 07:51 AM 09:49 AM 11:48 AM 01:47 PM 03:45 PM 05:44 PM 07:43 PM 09:41 PM 11:40 PM
बुधवार, 02 अप्रैल 2025 Wednesday, 02 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:58 AM 03:56 AM 05:54 AM 07:52 AM 09:51 AM 11:49 AM 01:47 PM 03:45 PM 05:43 PM 07:42 PM 09:40 PM 11:38 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:15 AM 02:14 AM 04:12 AM 06:10 AM 08:08 AM 10:06 AM 12:05 PM 02:03 PM 04:01 PM 05:59 PM 07:57 PM 09:56 PM 11:54 PM
English	Ch-1: Fun with Friends - Colours	English	12:27 AM 02:25 AM 04:24 AM 06:22 AM 08:20 AM 10:18 AM 12:16 PM 02:15 PM 04:13 PM 06:11 PM 08:09 PM 10:07 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Nagaland	English/hindi	12:36 AM 02:34 AM 04:32 AM 06:31 AM 08:29 AM 10:27 AM 12:25 PM 02:23 PM 04:22 PM 06:20 PM 08:18 PM 10:16 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Madhya Pradesh	English/hindi	12:39 AM 02:38 AM 04:36 AM 06:34 AM 08:32 AM 10:30 AM 12:29 PM 02:27 PM 04:25 PM 06:23 PM 08:21 PM 10:20 PM



पर्यावरण अध्ययन	अध्याय -1 : डाल- डाल पर , ताल -ताल पर	हिन्दी	12:46 AM 02:44 AM 04:42 AM 06:40 AM 08:38 AM 10:37 AM 12:35 PM 02:33 PM 04:31 PM 06:29 PM 08:28 PM 10:26 PM
Storytelling(A nimated)	Goose with Golden Egg	English	01:13 AM 03:11 AM 05:09 AM 07:08 AM 09:06 AM 11:04 AM 01:02 PM 03:00 PM 04:59 PM 06:57 PM 08:55 PM 10:53 PM
Mathematics	Ch-1: What's in a Name?	English	01:19 AM 03:17 AM 05:16 AM 07:14 AM 09:12 AM 11:10 AM 01:08 PM 03:07 PM 05:05 PM 07:03 PM 09:01 PM 10:59 PM
Storytelling/Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:44 AM 03:42 AM 05:40 AM 07:38 AM 09:36 AM 11:35 AM 01:33 PM 03:31 PM 05:29 PM 07:27 PM 09:26 PM 11:24 PM
सामान्य	आज़ादी की अमृत कहानियाँ (बसंती)	हिन्दी	01:49 AM 03:47 AM 05:45 AM 07:43 AM 09:42 AM 11:40 AM 01:38 PM 03:36 PM 05:34 PM 07:33 PM 09:31 PM 11:29 PM
Heat Wave	गर्मियों के दौरान किस प्रकार का भोजन करें	Hindi	01:51 AM 03:49 AM 05:48 AM 07:46 AM 09:44 AM 11:42 AM 01:40 PM 03:39 PM 05:37 PM 07:35 PM 09:33 PM 11:31 PM
बृहस्पतिवार, 03 अप्रैल 2025 Thursday, 03 April 2025			
सामान्य	आज़ादी की अमृत कहानियाँ (टेस्सी)	हिन्दी	12:00 AM 01:57 AM 03:54 AM 05:52 AM 07:49 AM 09:46 AM 11:44 AM 01:41 PM 03:38 PM 05:36 PM 07:33 PM 09:30 PM 11:28 PM
General	Azadi ki Amrit Kahaniyan (Tessy)	English	12:10 AM 02:07 AM 04:05 AM 06:02 AM 07:59 AM 09:57 AM 11:54 AM 01:51 PM 03:49 PM 05:46 PM 07:43 PM 09:41 PM 11:38 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:12 AM 02:10 AM 04:07 AM 06:04 AM 08:02 AM 09:59 AM 11:56 AM 01:54 PM 03:51 PM 05:48 PM 07:46 PM 09:43 PM 11:40 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	12:24 AM 02:21 AM 04:19 AM 06:16 AM 08:13 AM 10:11 AM 12:08 PM 02:05 PM 04:03 PM 06:00 PM 07:57 PM 09:55 PM 11:52 PM



Yoga	Surya_Namaskar	English	12:26 AM 02:24 AM 04:21 AM 06:18 AM 08:16 AM 10:13 AM 12:10 PM 02:08 PM 04:05 PM 06:02 PM 08:00 PM 09:57 PM 11:54 PM
योग	नाडीशोधन प्राणायाम	हिन्दी	12:34 AM 02:31 AM 04:29 AM 06:26 AM 08:24 AM 10:21 AM 12:18 PM 02:16 PM 04:13 PM 06:10 PM 08:08 PM 10:05 PM
पर्यावरण अध्ययन	अध्याय -1 : डाल- डाल पर , ताल -ताल पर	हिन्दी	12:38 AM 02:35 AM 04:32 AM 06:30 AM 08:27 AM 10:24 AM 12:22 PM 02:19 PM 04:16 PM 06:14 PM 08:11 PM 10:08 PM
Mathematics	Ch-1: What's in a Name?	English	01:06 AM 03:03 AM 05:01 AM 06:58 AM 08:55 AM 10:53 AM 12:50 PM 02:47 PM 04:45 PM 06:42 PM 08:40 PM 10:37 PM
English	Ch-1: Fun with Friends - Colours	English	01:30 AM 03:28 AM 05:25 AM 07:22 AM 09:20 AM 11:17 AM 01:15 PM 03:12 PM 05:09 PM 07:07 PM 09:04 PM 11:01 PM
Storytelling/Value Education	Chuskit goes to school (CWSN)	English	01:39 AM 03:36 AM 05:34 AM 07:31 AM 09:29 AM 11:26 AM 01:23 PM 03:21 PM 05:18 PM 07:15 PM 09:13 PM 11:10 PM
Yoga	Dhyana	English	01:47 AM 03:44 AM 05:42 AM 07:39 AM 09:36 AM 11:34 AM 01:31 PM 03:28 PM 05:26 PM 07:23 PM 09:21 PM 11:18 PM
शुक्रवार, 04 अप्रैल 2025 Friday, 04 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:16 AM 08:16 AM 10:16 AM 12:17 PM 02:17 PM 04:18 PM 06:18 PM 08:19 PM 10:19 PM
English	Ch-1: Fun with Friends - Colours	English	12:26 AM 02:27 AM 04:27 AM 06:27 AM 08:28 AM 10:28 AM 12:29 PM 02:29 PM 04:29 PM 06:30 PM 08:30 PM 10:31 PM
Storytelling/Value Education	दर्म दू-4	हिन्दी	12:35 AM 02:35 AM 04:36 AM 06:36 AM 08:36 AM 10:37 AM 12:37 PM 02:38 PM 04:38 PM 06:39 PM 08:39 PM 10:39 PM



Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Assam	English/hindi	12:59 AM 02:59 AM 05:00 AM 07:00 AM 09:01 AM 11:01 AM 01:01 PM 03:02 PM 05:02 PM 07:03 PM 09:03 PM 11:03 PM
Mathematics	Ch-1: What's in a Name?	English	01:05 AM 03:05 AM 05:05 AM 07:06 AM 09:06 AM 11:07 AM 01:07 PM 03:08 PM 05:08 PM 07:08 PM 09:09 PM 11:09 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:29 AM 03:29 AM 05:30 AM 07:30 AM 09:31 AM 11:31 AM 01:32 PM 03:32 PM 05:32 PM 07:33 PM 09:33 PM 11:34 PM
Art Education	Kala Utsav – 2022 -Dance Folk(Boy)Jharkhan d	English/hindi	01:42 AM 03:42 AM 05:42 AM 07:43 AM 09:43 AM 11:44 AM 01:44 PM 03:44 PM 05:45 PM 07:45 PM 09:46 PM 11:46 PM
सामान्य	आज़ादी की अमृत कहानियाँ (आरोही)	हिन्दी	01:48 AM 03:48 AM 05:49 AM 07:49 AM 09:49 AM 11:50 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:52 PM
Yoga	Dhyana	English	01:50 AM 03:50 AM 05:51 AM 07:51 AM 09:52 AM 11:52 AM 01:53 PM 03:53 PM 05:53 PM 07:54 PM 09:54 PM 11:55 PM
शनिवार, 05 अप्रैल 2025 Saturday, 05 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:58 AM 03:57 AM 05:56 AM 07:55 AM 09:54 AM 11:53 AM 01:51 PM 03:50 PM 05:49 PM 07:48 PM 09:47 PM 11:46 PM
Art and Craft	ओरिगामी (काग़ज़ कला) -6	English/hindi	12:14 AM 02:13 AM 04:12 AM 06:11 AM 08:10 AM 10:09 AM 12:07 PM 02:06 PM 04:05 PM 06:04 PM 08:03 PM 10:02 PM
Storytelling/V alue Education	टर्म टू-5	हिन्दी	12:30 AM 02:29 AM 04:28 AM 06:27 AM 08:26 AM 10:24 AM 12:23 PM 02:22 PM 04:21 PM 06:20 PM 08:19 PM 10:17 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:52 AM 02:51 AM 04:50 AM 06:49 AM 08:48 AM 10:47 AM 12:46 PM 02:44 PM 04:43 PM 06:42 PM 08:41 PM 10:40 PM



हिन्दी	पाठ 1 - सीखो	हिन्दी	01:05 AM 03:04 AM 05:02 AM 07:01 AM 09:00 AM 10:59 AM 12:58 PM 02:57 PM 04:56 PM 06:54 PM 08:53 PM 10:52 PM
सामान्य	आज़ादी की अमृत कहानियाँ (टेस्सी)	हिन्दी	01:17 AM 03:15 AM 05:14 AM 07:13 AM 09:12 AM 11:11 AM 01:10 PM 03:08 PM 05:07 PM 07:06 PM 09:05 PM 11:04 PM
Mathematics	Ch-1: What's in a Name?	English	01:19 AM 03:18 AM 05:17 AM 07:15 AM 09:14 AM 11:13 AM 01:12 PM 03:11 PM 05:10 PM 07:08 PM 09:07 PM 11:06 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Chhattisgarh	English/hindi	01:43 AM 03:42 AM 05:41 AM 07:40 AM 09:39 AM 11:37 AM 01:36 PM 03:35 PM 05:34 PM 07:33 PM 09:32 PM 11:31 PM
Yoga	Dhyana	English	01:49 AM 03:47 AM 05:46 AM 07:45 AM 09:44 AM 11:43 AM 01:42 PM 03:40 PM 05:39 PM 07:38 PM 09:37 PM 11:36 PM
रविवार, 06 अप्रैल 2025 Sunday, 06 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
General Awareness	Personal Safety	English	12:14 AM 02:14 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:31 AM 02:31 AM 04:31 AM 06:31 AM 08:31 AM 10:31 AM 12:31 PM 02:31 PM 04:31 PM 06:31 PM 08:31 PM 10:31 PM
Storytelling/V alue Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:37 AM 02:37 AM 04:37 AM 06:37 AM 08:37 AM 10:37 AM 12:37 PM 02:37 PM 04:37 PM 06:37 PM 08:37 PM 10:38 PM
शारीरिक शिक्षा	योग चक्रासन (Yoga Chakraasan)	हिन्दी	12:56 AM 02:56 AM 04:56 AM 06:56 AM 08:56 AM 10:56 AM 12:56 PM 02:56 PM 04:56 PM 06:57 PM 08:57 PM 10:57 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM



शारीरिक शिक्षा	योग गोमुखसन (Yoga Gomukhasan)	हिन्दी	01:32 AM 03:33 AM 05:33 AM 07:33 AM 09:33 AM 11:33 AM 01:33 PM 03:33 PM 05:33 PM 07:33 PM 09:33 PM 11:33 PM
General	Azadi ki Amrit Kahaniyan (Tessy)	English	01:52 AM 03:52 AM 05:52 AM 07:52 AM 09:52 AM 11:52 AM 01:52 PM 03:52 PM 05:52 PM 07:52 PM 09:52 PM 11:52 PM
सोमवार, 07 अप्रैल 2025 Monday, 07 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:58 AM 11:57 AM 01:57 PM 03:57 PM 05:56 PM 07:56 PM 09:56 PM 11:55 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:14 AM 04:14 AM 06:13 AM 08:13 AM 10:13 AM 12:12 PM 02:12 PM 04:12 PM 06:11 PM 08:11 PM 10:11 PM
English	Ch-1: Fun with Friends - Colours	English	12:26 AM 02:26 AM 04:25 AM 06:25 AM 08:25 AM 10:24 AM 12:24 PM 02:24 PM 04:23 PM 06:23 PM 08:23 PM 10:22 PM
Mathematics	Ch-1: What's in a Name?	English	12:35 AM 02:34 AM 04:34 AM 06:34 AM 08:33 AM 10:33 AM 12:33 PM 02:32 PM 04:32 PM 06:32 PM 08:31 PM 10:31 PM
EVS	Chapter 1: Family and Friends	English	01:30 AM 03:29 AM 05:29 AM 07:29 AM 09:28 AM 11:28 AM 01:28 PM 03:27 PM 05:27 PM 07:27 PM 09:26 PM 11:26 PM
उर्दू	पाठ 1 - हम्द	हिन्दी	01:39 AM 03:39 AM 05:38 AM 07:38 AM 09:38 AM 11:37 AM 01:37 PM 03:37 PM 05:36 PM 07:36 PM 09:35 PM 11:35 PM
Art Education	Kala Utsav - 2022Dance - Classical(Boy)Trip ura	English/hindi	01:48 AM 03:48 AM 05:47 AM 07:47 AM 09:47 AM 11:46 AM 01:46 PM 03:46 PM 05:45 PM 07:45 PM 09:45 PM 11:44 PM
मंगलवार, 08 अप्रैल 2025 Tuesday, 08 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:09 AM 10:11 AM 12:13 PM 02:16 PM 04:18 PM 06:20 PM 08:23 PM 10:25 PM



हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:17 AM 04:19 AM 06:21 AM 08:24 AM 10:26 AM 12:28 PM 02:30 PM 04:33 PM 06:35 PM 08:37 PM 10:40 PM
Mathematics	Ch-1: What's in a Name?	English	12:26 AM 02:28 AM 04:31 AM 06:33 AM 08:35 AM 10:38 AM 12:40 PM 02:42 PM 04:45 PM 06:47 PM 08:49 PM 10:51 PM
EVS	Chapter 1: Family and Friends	English	12:51 AM 02:53 AM 04:55 AM 06:57 AM 09:00 AM 11:02 AM 01:04 PM 03:07 PM 05:09 PM 07:11 PM 09:14 PM 11:16 PM
उर्दू	पाठ 1 - हम्द	हिन्दी	01:00 AM 03:02 AM 05:04 AM 07:07 AM 09:09 AM 11:11 AM 01:14 PM 03:16 PM 05:18 PM 07:20 PM 09:23 PM 11:25 PM
English	Ch-1: Fun with Friends - Colours	English	01:39 AM 03:42 AM 05:44 AM 07:46 AM 09:49 AM 11:51 AM 01:53 PM 03:56 PM 05:58 PM 08:00 PM 10:02 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:48 AM 03:50 AM 05:53 AM 07:55 AM 09:57 AM 12:00 PM 02:02 PM 04:04 PM 06:07 PM 08:09 PM 10:11 PM
बुधवार, 09 अप्रैल 2025 Wednesday, 09 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:55 AM 11:55 AM 01:54 PM 03:53 PM 05:52 PM 07:51 PM 09:51 PM 11:50 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:14 AM 04:13 AM 06:12 AM 08:11 AM 10:10 AM 12:09 PM 02:09 PM 04:08 PM 06:07 PM 08:06 PM 10:05 PM
पर्यावरण अध्ययन	अध्याय -1 : डाल- डाल पर , ताल -ताल पर	हिन्दी	12:26 AM 02:25 AM 04:24 AM 06:24 AM 08:23 AM 10:22 AM 12:21 PM 02:20 PM 04:20 PM 06:19 PM 08:18 PM 10:17 PM
Heat Wave	लू :तेज गर्मी के दौरान आप लोगों की कैसे सहायता कर सकते हैं	Hindi	12:53 AM 02:53 AM 04:52 AM 06:51 AM 08:50 AM 10:49 AM 12:49 PM 02:48 PM 04:47 PM 06:46 PM 08:45 PM 10:44 PM
Art Education	Kala Utsav - 2019 Dance	English/hindi	12:54 AM 02:53 AM 04:53 AM 06:52 AM 08:51 AM 10:50 AM 12:49 PM 02:48 PM 04:48 PM 06:47 PM 08:46 PM 10:45 PM



	Competition: Boys Kerala		
Heat Wave	बाहरी कामकाजी लोग लू गर्म हवा से कैसे बचें	Hindi	01:00 AM 02:59 AM 04:58 AM 06:57 AM 08:56 AM 10:56 AM 12:55 PM 02:54 PM 04:53 PM 06:52 PM 08:52 PM 10:51 PM
Heat Wave	बाहरी कामकाजी लोग लू गर्म हवा से कैसे बचें	Hindi	01:01 AM 03:00 AM 04:59 AM 06:58 AM 08:57 AM 10:57 AM 12:56 PM 02:55 PM 04:54 PM 06:53 PM 08:52 PM 10:52 PM
Heat Wave	पहाड़ी क्षेत्रों में रहने वाले लोग कैसे करें लू गर्महवा से अपना बचाव	Hindi	01:01 AM 03:01 AM 05:00 AM 06:59 AM 08:58 AM 10:57 AM 12:57 PM 02:56 PM 04:55 PM 06:54 PM 08:53 PM 10:52 PM
English	Ch-1: Fun with Friends - Colours	English	01:02 AM 03:02 AM 05:01 AM 07:00 AM 08:59 AM 10:58 AM 12:57 PM 02:57 PM 04:56 PM 06:55 PM 08:54 PM 10:53 PM
Heat Wave	गर्मी की तीव्रता के कारण	Hindi	01:11 AM 03:10 AM 05:09 AM 07:09 AM 09:08 AM 11:07 AM 01:06 PM 03:05 PM 05:04 PM 07:04 PM 09:03 PM 11:02 PM
योग	नाड़ीशोधन प्राणायाम	हिन्दी	01:12 AM 03:11 AM 05:10 AM 07:09 AM 09:09 AM 11:08 AM 01:07 PM 03:06 PM 05:05 PM 07:05 PM 09:04 PM 11:03 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:15 AM 03:15 AM 05:14 AM 07:13 AM 09:12 AM 11:11 AM 01:10 PM 03:10 PM 05:09 PM 07:08 PM 09:07 PM 11:06 PM
Mathematics	Ch-1: What's in a Name?	English	01:25 AM 03:24 AM 05:23 AM 07:22 AM 09:21 AM 11:20 AM 01:20 PM 03:19 PM 05:18 PM 07:17 PM 09:16 PM 11:16 PM
Heat Wave	लू : शहर में रहने वाले लोग कैसे करें लू गर्म हवा से अपना बचाव	Hindi	01:50 AM 03:49 AM 05:48 AM 07:48 AM 09:47 AM 11:46 AM 01:45 PM 03:44 PM 05:44 PM 07:43 PM 09:42 PM 11:41 PM
Heat Wave	लू गर्महवा के दौरान कैसे रखें घर को ठंडा	Hindi	01:51 AM 03:50 AM 05:49 AM 07:49 AM 09:48 AM 11:47 AM 01:46 PM 03:45 PM 05:45 PM 07:44 PM 09:43 PM 11:42 PM
Heat Wave	पशुओं को लू गर्म हवा से कैसे बचाएँ	Hindi	01:52 AM 03:51 AM 05:50 AM 07:50 AM 09:49 AM 11:48 AM 01:47 PM 03:46 PM 05:45 PM 07:45 PM 09:44 PM 11:43 PM
बृहस्पतिवार, 10 अप्रैल 2025 Thursday, 10 April 2025			



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

Yoga	Surya_Namaskar	English	12:00 AM 01:58 AM 03:56 AM 05:54 AM 07:52 AM 09:50 AM 11:48 AM 01:46 PM 03:44 PM 05:42 PM 07:41 PM 09:39 PM 11:37 PM
General Awareness	Interpersonal Relationships	English	12:14 AM 02:12 AM 04:11 AM 06:09 AM 08:07 AM 10:05 AM 12:03 PM 02:01 PM 03:59 PM 05:57 PM 07:55 PM 09:53 PM 11:52 PM
Thunderstorm and Lighting	Lightning - बिजली गिरने के दौरान कैसे रहें सुरक्षित	Hindi	12:19 AM 02:17 AM 04:15 AM 06:13 AM 08:11 AM 10:10 AM 12:08 PM 02:06 PM 04:04 PM 06:02 PM 08:00 PM 09:58 PM 11:56 PM
Heat Wave	लू के लक्षण	Hindi	12:20 AM 02:18 AM 04:16 AM 06:14 AM 08:12 AM 10:11 AM 12:09 PM 02:07 PM 04:05 PM 06:03 PM 08:01 PM 09:59 PM 11:57 PM
Art and Craft	Slithering Snake	English	12:21 AM 02:19 AM 04:17 AM 06:15 AM 08:13 AM 10:11 AM 12:09 PM 02:07 PM 04:05 PM 06:04 PM 08:02 PM 10:00 PM 11:58 PM
Heat Wave	बुजुर्गों को लू गर्म हवा से कैसे रखें सुरक्षित	Hindi	12:22 AM 02:20 AM 04:19 AM 06:17 AM 08:15 AM 10:13 AM 12:11 PM 02:09 PM 04:07 PM 06:05 PM 08:03 PM 10:01 PM
पर्यावरण अध्ययन	अध्याय -1 : डाल- डाल पर , ताल -ताल पर	हिन्दी	12:23 AM 02:21 AM 04:19 AM 06:17 AM 08:15 AM 10:13 AM 12:12 PM 02:10 PM 04:08 PM 06:06 PM 08:04 PM 10:02 PM
योग	ध्यान	हिन्दी	12:50 AM 02:48 AM 04:46 AM 06:45 AM 08:43 AM 10:41 AM 12:39 PM 02:37 PM 04:35 PM 06:33 PM 08:31 PM 10:29 PM
Heat Wave	लू गर्म हवा से बचने के उपाएँ	Hindi	12:54 AM 02:52 AM 04:51 AM 06:49 AM 08:47 AM 10:45 AM 12:43 PM 02:41 PM 04:39 PM 06:37 PM 08:35 PM 10:33 PM
Heat Wave	लू गर्म हवा से बचाने में दूसरों की मदद करें	Hindi	12:55 AM 02:53 AM 04:51 AM 06:49 AM 08:47 AM 10:45 AM 12:44 PM 02:42 PM 04:40 PM 06:38 PM 08:36 PM 10:34 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:56 AM 02:54 AM 04:52 AM 06:50 AM 08:48 AM 10:46 AM 12:44 PM 02:42 PM 04:41 PM 06:39 PM 08:37 PM 10:35 PM



English	Ch-1: Fun with Friends - Colours	English	01:08 AM 03:06 AM 05:04 AM 07:02 AM 09:00 AM 10:58 AM 12:56 PM 02:54 PM 04:52 PM 06:50 PM 08:49 PM 10:47 PM
Storytelling(A nimated)	Lion and the Buffaloes	English	01:16 AM 03:14 AM 05:12 AM 07:11 AM 09:09 AM 11:07 AM 01:05 PM 03:03 PM 05:01 PM 06:59 PM 08:57 PM 10:55 PM
Mathematics	Ch-1: What's in a Name?	English	01:21 AM 03:19 AM 05:17 AM 07:16 AM 09:14 AM 11:12 AM 01:10 PM 03:08 PM 05:06 PM 07:04 PM 09:02 PM 11:00 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:46 AM 03:44 AM 05:42 AM 07:40 AM 09:38 AM 11:36 AM 01:34 PM 03:32 PM 05:30 PM 07:29 PM 09:27 PM 11:25 PM
शुक्रवार, 11 अप्रैल 2025 Friday, 11 April 2025			
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:00 AM 01:58 AM 03:56 AM 05:55 AM 07:53 AM 09:52 AM 11:50 AM 01:48 PM 03:47 PM 05:45 PM 07:44 PM 09:42 PM 11:40 PM
Storytelling/V alue Education	Meena - 3 Saving the life	हिन्दी	12:19 AM 02:18 AM 04:16 AM 06:15 AM 08:13 AM 10:11 AM 12:10 PM 02:08 PM 04:07 PM 06:05 PM 08:03 PM 10:02 PM
Heat Wave	पशुओं को लू गर्म हवा से कैसे बचाएँ?	Hindi	12:33 AM 02:31 AM 04:30 AM 06:28 AM 08:26 AM 10:25 AM 12:23 PM 02:22 PM 04:20 PM 06:18 PM 08:17 PM 10:15 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-3	English/hindi	12:33 AM 02:32 AM 04:30 AM 06:29 AM 08:27 AM 10:25 AM 12:24 PM 02:22 PM 04:21 PM 06:19 PM 08:17 PM 10:16 PM
Art and Craft	Art Education	English	12:51 AM 02:49 AM 04:48 AM 06:46 AM 08:44 AM 10:43 AM 12:41 PM 02:40 PM 04:38 PM 06:36 PM 08:35 PM 10:33 PM
Heat Wave	बच्चों को लू गर्म हवा से कैसे सुरक्षित रखें	Hindi	01:12 AM 03:11 AM 05:09 AM 07:07 AM 09:06 AM 11:04 AM 01:03 PM 03:01 PM 04:59 PM 06:58 PM 08:56 PM 10:55 PM



Heat Wave	लू :गर्म हवा से बचाव	Hindi	01:13 AM 03:11 AM 05:10 AM 07:08 AM 09:06 AM 11:05 AM 01:03 PM 03:02 PM 05:00 PM 06:58 PM 08:57 PM 10:55 PM
Art and Craft	Paper Lantern	English	01:14 AM 03:12 AM 05:10 AM 07:09 AM 09:07 AM 11:06 AM 01:04 PM 03:02 PM 05:01 PM 06:59 PM 08:58 PM 10:56 PM
General	Azadi ki Amrit Kahaniyan (Tanvi)	English	01:17 AM 03:15 AM 05:14 AM 07:12 AM 09:10 AM 11:09 AM 01:07 PM 03:06 PM 05:04 PM 07:02 PM 09:01 PM 10:59 PM
Mathematics	Ch-1: What's in a Name?	English	01:19 AM 03:17 AM 05:16 AM 07:14 AM 09:13 AM 11:11 AM 01:09 PM 03:08 PM 05:06 PM 07:05 PM 09:03 PM 11:01 PM
English	Ch-1: Fun with Friends - Colours	English	01:43 AM 03:42 AM 05:40 AM 07:39 AM 09:37 AM 11:35 AM 01:34 PM 03:32 PM 05:31 PM 07:29 PM 09:27 PM 11:26 PM
शनिवार, 12 अप्रैल 2025 Saturday, 12 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:58 AM 05:58 AM 07:57 AM 09:57 AM 11:56 AM 01:55 PM 03:55 PM 05:54 PM 07:54 PM 09:53 PM 11:53 PM
Storytelling/V alue Education	Meena - 6 too young to Marry	हिन्दी	12:14 AM 02:14 AM 04:13 AM 06:13 AM 08:12 AM 10:11 AM 12:11 PM 02:10 PM 04:10 PM 06:09 PM 08:09 PM 10:08 PM
Heat Wave	लू: गर्म हवा के कारण	Hindi	12:28 AM 02:27 AM 04:27 AM 06:26 AM 08:25 AM 10:25 AM 12:24 PM 02:24 PM 04:23 PM 06:22 PM 08:22 PM 10:21 PM
Storytelling/V alue Education	टर्म टू-5	हिन्दी	12:28 AM 02:28 AM 04:27 AM 06:27 AM 08:26 AM 10:25 AM 12:25 PM 02:24 PM 04:24 PM 06:23 PM 08:23 PM 10:22 PM
Mathematics	Ch-1: What's in a Name?	English	12:51 AM 02:50 AM 04:50 AM 06:49 AM 08:48 AM 10:48 AM 12:47 PM 02:47 PM 04:46 PM 06:45 PM 08:45 PM 10:44 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	01:15 AM 03:15 AM 05:14 AM 07:13 AM 09:13 AM 11:12 AM 01:12 PM 03:11 PM 05:10 PM 07:10 PM 09:09 PM 11:09 PM



Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Chhattisgarh	English/hindi	01:27 AM 03:26 AM 05:26 AM 07:25 AM 09:25 AM 11:24 AM 01:23 PM 03:23 PM 05:22 PM 07:22 PM 09:21 PM 11:20 PM
Storytelling/Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:32 AM 03:32 AM 05:31 AM 07:30 AM 09:30 AM 11:29 AM 01:29 PM 03:28 PM 05:28 PM 07:27 PM 09:26 PM 11:26 PM
Heat Wave	लू गर्म हवा के प्रभाव को कम करना	Hindi	01:37 AM 03:37 AM 05:36 AM 07:36 AM 09:35 AM 11:35 AM 01:34 PM 03:33 PM 05:33 PM 07:32 PM 09:32 PM 11:31 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:38 AM 03:38 AM 05:37 AM 07:36 AM 09:36 AM 11:35 AM 01:35 PM 03:34 PM 05:33 PM 07:33 PM 09:32 PM 11:32 PM
Heat Wave	How To Keep Your House Cool During Summers	English	01:47 AM 03:47 AM 05:46 AM 07:45 AM 09:45 AM 11:44 AM 01:44 PM 03:43 PM 05:43 PM 07:42 PM 09:41 PM 11:41 PM
Heat Wave	How To Reduce The Impact Of A Heatwave In Cities	English	01:48 AM 03:48 AM 05:47 AM 07:46 AM 09:46 AM 11:45 AM 01:45 PM 03:44 PM 05:43 PM 07:43 PM 09:42 PM 11:42 PM
Yoga	Dhyana	English	01:49 AM 03:48 AM 05:48 AM 07:47 AM 09:47 AM 11:46 AM 01:46 PM 03:45 PM 05:44 PM 07:44 PM 09:43 PM 11:43 PM
रविवार, 13 अप्रैल 2025 Sunday, 13 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM
General Awareness	Personal Safety	English	12:14 AM 02:15 AM 04:16 AM 06:17 AM 08:18 AM 10:18 AM 12:19 PM 02:20 PM 04:21 PM 06:22 PM 08:23 PM 10:23 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:31 AM 02:31 AM 04:32 AM 06:33 AM 08:34 AM 10:35 AM 12:35 PM 02:36 PM 04:37 PM 06:38 PM 08:39 PM 10:39 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:37 AM 02:37 AM 04:38 AM 06:39 AM 08:40 AM 10:41 AM 12:42 PM 02:42 PM 04:43 PM 06:44 PM 08:45 PM 10:46 PM



शारीरिक शिक्षा	योग चक्रासन (Yoga Chakraasan)	हिन्दी	12:56 AM 02:57 AM 04:57 AM 06:58 AM 08:59 AM 11:00 AM 01:01 PM 03:01 PM 05:02 PM 07:03 PM 09:04 PM 11:05 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	01:08 AM 03:09 AM 05:10 AM 07:10 AM 09:11 AM 11:12 AM 01:13 PM 03:14 PM 05:15 PM 07:15 PM 09:16 PM 11:17 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:32 AM 03:33 AM 05:34 AM 07:35 AM 09:36 AM 11:37 AM 01:37 PM 03:38 PM 05:39 PM 07:40 PM 09:41 PM 11:41 PM
योग	पवनमुक्तासन	हिन्दी	01:52 AM 03:52 AM 05:53 AM 07:54 AM 09:55 AM 11:56 AM 01:56 PM 03:57 PM 05:58 PM 07:59 PM 10:00 PM
सोमवार, 14 अप्रैल 2025 Monday, 14 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:02 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:16 PM 04:16 PM 06:16 PM 08:16 PM 10:16 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:20 AM 02:20 AM 04:20 AM 06:20 AM 08:20 AM 10:21 AM 12:21 PM 02:21 PM 04:21 PM 06:21 PM 08:22 PM 10:22 PM
Heat Wave	Heat Wave:How Nomads And Homeless Can Be Helped During A Heatwave	English	12:31 AM 02:32 AM 04:32 AM 06:32 AM 08:32 AM 10:32 AM 12:33 PM 02:33 PM 04:33 PM 06:33 PM 08:33 PM 10:33 PM
English	Ch-1: Fun with Friends - Colours	English	12:32 AM 02:32 AM 04:33 AM 06:33 AM 08:33 AM 10:33 AM 12:33 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:34 PM
Storytelling/Value Education	Meena - 8 Meena's three wishes	हिन्दी	12:41 AM 02:41 AM 04:41 AM 06:42 AM 08:42 AM 10:42 AM 12:42 PM 02:42 PM 04:42 PM 06:43 PM 08:43 PM 10:43 PM
Mathematics	Ch-1: What's in a Name?	English	12:59 AM 02:59 AM 05:00 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 05:01 PM 07:01 PM 09:01 PM 11:01 PM



EVS	Chapter 1: Family and Friends	English	01:24 AM 03:24 AM 05:24 AM 07:24 AM 09:24 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:26 PM
उर्दू	पाठ 1 - हम्द	हिन्दी	01:33 AM 03:33 AM 05:33 AM 07:33 AM 09:34 AM 11:34 AM 01:34 PM 03:34 PM 05:34 PM 07:34 PM 09:35 PM 11:35 PM
Storytelling/Value Education	Chuskit goes to school (CWSN)	English	01:42 AM 03:42 AM 05:42 AM 07:43 AM 09:43 AM 11:43 AM 01:43 PM 03:43 PM 05:43 PM 07:44 PM 09:44 PM 11:44 PM
Yoga	Dhyana	English	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:51 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:52 PM 11:52 PM
मंगलवार, 15 अप्रैल 2025 Tuesday, 15 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:55 AM 11:54 AM 01:53 PM 03:52 PM 05:51 PM 07:51 PM 09:50 PM 11:49 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:14 AM 02:13 AM 04:13 AM 06:12 AM 08:11 AM 10:10 AM 12:09 PM 02:08 PM 04:07 PM 06:06 PM 08:05 PM 10:04 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:20 AM 02:19 AM 04:18 AM 06:17 AM 08:16 AM 10:15 AM 12:15 PM 02:14 PM 04:13 PM 06:12 PM 08:11 PM 10:10 PM
शारीरिक शिक्षा	पोषण , स्वास्थ्य और स्वच्छता	हिन्दी	12:31 AM 02:30 AM 04:29 AM 06:29 AM 08:28 AM 10:27 AM 12:26 PM 02:25 PM 04:24 PM 06:23 PM 08:22 PM 10:21 PM
Heat Wave	Heat Wave:How Can Outdoor Workers Labourers Protect Themselves	English	12:38 AM 02:37 AM 04:36 AM 06:35 AM 08:34 AM 10:33 AM 12:33 PM 02:32 PM 04:31 PM 06:30 PM 08:29 PM 10:28 PM
Heat Wave	How To Keep Your Cities Cool During Summers	English	12:39 AM 02:38 AM 04:37 AM 06:36 AM 08:35 AM 10:34 AM 12:33 PM 02:32 PM 04:31 PM 06:31 PM 08:30 PM 10:29 PM

Storytelling/V alue Education	बहादुर बित्तो (CWSN)	हिन्दी	12:40 AM 02:39 AM 04:38 AM 06:37 AM 08:36 AM 10:35 AM 12:34 PM 02:33 PM 04:32 PM 06:31 PM 08:31 PM 10:30 PM
Storytelling/V alue Education	वो कुछ दिन	हिन्दी	12:49 AM 02:48 AM 04:47 AM 06:46 AM 08:45 AM 10:44 AM 12:43 PM 02:42 PM 04:42 PM 06:41 PM 08:40 PM 10:39 PM
English	Ch-3: Fun with Friends - Best Friends	English	12:57 AM 02:56 AM 04:55 AM 06:54 AM 08:53 AM 10:52 AM 12:51 PM 02:50 PM 04:49 PM 06:48 PM 08:48 PM 10:47 PM
Mathematics	Ch-1: What's in a Name?	English	01:08 AM 03:07 AM 05:06 AM 07:05 AM 09:04 AM 11:03 AM 01:02 PM 03:01 PM 05:00 PM 06:59 PM 08:59 PM 10:58 PM
EVS	Chapter 1: Family and Friends	English	01:32 AM 03:31 AM 05:30 AM 07:29 AM 09:28 AM 11:28 AM 01:27 PM 03:26 PM 05:25 PM 07:24 PM 09:23 PM 11:22 PM
उर्दू	पाठ 1 - हम्द	हिन्दी	01:41 AM 03:40 AM 05:39 AM 07:39 AM 09:38 AM 11:37 AM 01:36 PM 03:35 PM 05:34 PM 07:33 PM 09:32 PM 11:31 PM
Storytelling/V alue Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:50 AM 03:49 AM 05:49 AM 07:48 AM 09:47 AM 11:46 AM 01:45 PM 03:44 PM 05:43 PM 07:42 PM 09:41 PM 11:40 PM
Heat Wave	Heat Wave: How To Protect Animals From The Heatwave	English	01:57 AM 03:56 AM 05:55 AM 07:54 AM 09:53 AM 11:52 AM 01:51 PM 03:50 PM 05:49 PM 07:48 PM 09:48 PM 11:47 PM
बुधवार, 16 अप्रैल 2025 Wednesday, 16 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:57 AM 03:55 AM 05:53 AM 07:50 AM 09:48 AM 11:46 AM 01:43 PM 03:41 PM 05:39 PM 07:36 PM 09:34 PM 11:32 PM
पर्यावरण अध्ययन	अध्याय -1 : डाल- डाल पर , ताल -ताल पर	हिन्दी	12:14 AM 02:12 AM 04:10 AM 06:07 AM 08:05 AM 10:03 AM 12:00 PM 01:58 PM 03:56 PM 05:54 PM 07:51 PM 09:49 PM 11:47 PM



Heat Wave	Heat Wave: Food Drink Habits To Protect Yourself From Heatwave	English	12:42 AM 02:39 AM 04:37 AM 06:35 AM 08:32 AM 10:30 AM 12:28 PM 02:25 PM 04:23 PM 06:21 PM 08:18 PM 10:16 PM
Heat Wave	Heat Wave:How To Help Vendors Labourers During A Heatwave	English	12:42 AM 02:40 AM 04:38 AM 06:36 AM 08:33 AM 10:31 AM 12:29 PM 02:26 PM 04:24 PM 06:22 PM 08:19 PM 10:17 PM
सामान्य जागरूकता	खरगोश	हिन्दी	12:43 AM 02:41 AM 04:39 AM 06:36 AM 08:34 AM 10:32 AM 12:29 PM 02:27 PM 04:25 PM 06:22 PM 08:20 PM 10:18 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:54 AM 02:52 AM 04:49 AM 06:47 AM 08:45 AM 10:42 AM 12:40 PM 02:38 PM 04:36 PM 06:33 PM 08:31 PM 10:29 PM
English	Ch-1: Fun with Friends - Colours	English	01:06 AM 03:04 AM 05:01 AM 06:59 AM 08:57 AM 10:54 AM 12:52 PM 02:50 PM 04:47 PM 06:45 PM 08:43 PM 10:40 PM
Mathematics	Ch-1: What's in a Name?	English	01:15 AM 03:12 AM 05:10 AM 07:08 AM 09:05 AM 11:03 AM 01:01 PM 02:58 PM 04:56 PM 06:54 PM 08:51 PM 10:49 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:41 AM 03:39 AM 05:37 AM 07:34 AM 09:32 AM 11:30 AM 01:28 PM 03:25 PM 05:23 PM 07:21 PM 09:18 PM 11:16 PM
Heat Wave	Heat Wave: Protect Yourself From Heatwave In Hilly Regions	English	01:51 AM 03:48 AM 05:46 AM 07:44 AM 09:41 AM 11:39 AM 01:37 PM 03:34 PM 05:32 PM 07:30 PM 09:27 PM 11:25 PM
बृहस्पतिवार, 17 अप्रैल 2025 Thursday, 17 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:55 AM 11:54 AM 01:53 PM 03:52 PM 05:51 PM 07:50 PM 09:49 PM 11:48 PM
General Awareness	Interpersonal Relationships	English	12:14 AM 02:13 AM 04:12 AM 06:12 AM 08:11 AM 10:10 AM 12:09 PM 02:08 PM 04:07 PM 06:06 PM 08:05 PM 10:04 PM



Cultural Heritage:Art,Music &Dance	Qutub Minar (कुतुब मीनार)	English/hindi	12:19 AM 02:18 AM 04:17 AM 06:16 AM 08:15 AM 10:14 AM 12:13 PM 02:12 PM 04:12 PM 06:11 PM 08:10 PM 10:09 PM
पर्यावरण अध्ययन	अध्याय -2 : पौधों की परी	हिन्दी	12:27 AM 02:26 AM 04:25 AM 06:24 AM 08:23 AM 10:22 AM 12:22 PM 02:21 PM 04:20 PM 06:19 PM 08:18 PM 10:17 PM
Heat Wave	Heat Wave:How To Keep Workers Safe From Heatwave	English	12:56 AM 02:55 AM 04:54 AM 06:53 AM 08:52 AM 10:51 AM 12:50 PM 02:49 PM 04:48 PM 06:48 PM 08:47 PM 10:46 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:57 AM 02:56 AM 04:55 AM 06:54 AM 08:53 AM 10:52 AM 12:51 PM 02:50 PM 04:49 PM 06:48 PM 08:47 PM 10:46 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:08 AM 03:07 AM 05:06 AM 07:05 AM 09:04 AM 11:03 AM 01:02 PM 03:01 PM 05:00 PM 06:59 PM 08:59 PM 10:58 PM
Mathematics	Ch-2: Toy Joy	English	01:19 AM 03:18 AM 05:17 AM 07:16 AM 09:15 AM 11:14 AM 01:13 PM 03:12 PM 05:11 PM 07:10 PM 09:10 PM 11:09 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:47 AM 03:46 AM 05:45 AM 07:44 AM 09:43 AM 11:42 AM 01:41 PM 03:40 PM 05:39 PM 07:38 PM 09:37 PM 11:36 PM
शुक्रवार, 18 अप्रैल 2025 Friday, 18 April 2025			
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:00 AM 01:57 AM 03:55 AM 05:52 AM 07:50 AM 09:48 AM 11:45 AM 01:43 PM 03:40 PM 05:38 PM 07:36 PM 09:33 PM 11:31 PM
Storytelling/Value Education	Meena - 3 Saving the life	हिन्दी	12:19 AM 02:17 AM 04:14 AM 06:12 AM 08:09 AM 10:07 AM 12:05 PM 02:02 PM 04:00 PM 05:57 PM 07:55 PM 09:53 PM 11:50 PM
Art Education	Kala Utsav - 2019 Music - Instrumental	English/hindi	12:32 AM 02:30 AM 04:28 AM 06:25 AM 08:23 AM 10:20 AM 12:18 PM 02:16 PM 04:13 PM 06:11 PM 08:08 PM 10:06 PM



	Competition: Boys: Andhra Pradesh		
Art and Craft	ओरिगामी (कागज कला)-3	English/hindi	12:39 AM 02:37 AM 04:34 AM 06:32 AM 08:30 AM 10:27 AM 12:25 PM 02:22 PM 04:20 PM 06:18 PM 08:15 PM 10:13 PM
Heat Wave	Heat Wave: Help Others Survive Heatwave	English	12:57 AM 02:54 AM 04:52 AM 06:49 AM 08:47 AM 10:45 AM 12:42 PM 02:40 PM 04:37 PM 06:35 PM 08:33 PM 10:30 PM
Yoga	Bhujangasana	English	12:57 AM 02:55 AM 04:52 AM 06:50 AM 08:48 AM 10:45 AM 12:43 PM 02:40 PM 04:38 PM 06:36 PM 08:33 PM 10:31 PM
Mathematics	Ch-2: Toy Joy	English	01:00 AM 02:57 AM 04:55 AM 06:52 AM 08:50 AM 10:48 AM 12:45 PM 02:43 PM 04:40 PM 06:38 PM 08:36 PM 10:33 PM
Storytelling/Value Education	दोस्त की मदद (शैडो पपेट)	हिन्दी	01:27 AM 03:25 AM 05:23 AM 07:20 AM 09:18 AM 11:15 AM 01:13 PM 03:11 PM 05:08 PM 07:06 PM 09:03 PM 11:01 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:33 AM 03:31 AM 05:29 AM 07:26 AM 09:24 AM 11:21 AM 01:19 PM 03:17 PM 05:14 PM 07:12 PM 09:09 PM 11:07 PM
Storytelling/Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:44 AM 03:42 AM 05:40 AM 07:37 AM 09:35 AM 11:32 AM 01:30 PM 03:28 PM 05:25 PM 07:23 PM 09:20 PM 11:18 PM
शनिवार, 19 अप्रैल 2025 Saturday, 19 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:56 AM 03:53 AM 05:50 AM 07:46 AM 09:43 AM 11:40 AM 01:36 PM 03:33 PM 05:30 PM 07:26 PM 09:23 PM 11:20 PM
Storytelling/Value Education	Meena - 6 too young to Marry	हिन्दी	12:14 AM 02:11 AM 04:08 AM 06:04 AM 08:01 AM 09:58 AM 11:54 AM 01:51 PM 03:48 PM 05:45 PM 07:41 PM 09:38 PM 11:35 PM
Art Education	Kala Utsav - 2019 Music - Instrumental	English/hindi	12:28 AM 02:24 AM 04:21 AM 06:18 AM 08:14 AM 10:11 AM 12:08 PM 02:04 PM 04:01 PM 05:58 PM 07:55 PM 09:51 PM 11:48 PM



	Competition: Boys: Himachal Pradesh		
Storytelling/V alue Education	टर्म टू-5	हिन्दी	12:34 AM 02:30 AM 04:27 AM 06:24 AM 08:20 AM 10:17 AM 12:14 PM 02:10 PM 04:07 PM 06:04 PM 08:01 PM 09:57 PM 11:54 PM
Mathematics	Ch-2: Toy Joy	English	12:56 AM 02:53 AM 04:49 AM 06:46 AM 08:43 AM 10:39 AM 12:36 PM 02:33 PM 04:30 PM 06:26 PM 08:23 PM 10:20 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	01:24 AM 03:21 AM 05:17 AM 07:14 AM 09:11 AM 11:07 AM 01:04 PM 03:01 PM 04:57 PM 06:54 PM 08:51 PM 10:47 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:35 AM 03:32 AM 05:29 AM 07:25 AM 09:22 AM 11:19 AM 01:15 PM 03:12 PM 05:09 PM 07:05 PM 09:02 PM 10:59 PM
Storytelling/V alue Education	आम की कहानी (शेडो पपेट)	हिन्दी	01:38 AM 03:35 AM 05:32 AM 07:28 AM 09:25 AM 11:22 AM 01:19 PM 03:15 PM 05:12 PM 07:09 PM 09:05 PM 11:02 PM
Heat Wave	How To Keep Animals Safe from Heatwave	English	01:44 AM 03:40 AM 05:37 AM 07:34 AM 09:30 AM 11:27 AM 01:24 PM 03:20 PM 05:17 PM 07:14 PM 09:11 PM 11:07 PM
Heat Wave	Heat Wave: How To Stay Safe During Heatwave	English	01:44 AM 03:41 AM 05:38 AM 07:34 AM 09:31 AM 11:28 AM 01:24 PM 03:21 PM 05:18 PM 07:14 PM 09:11 PM 11:08 PM
Heat Wave	Heat Wave: Symptoms Of Heat Stroke	English	01:45 AM 03:42 AM 05:38 AM 07:35 AM 09:32 AM 11:28 AM 01:25 PM 03:22 PM 05:18 PM 07:15 PM 09:12 PM 11:09 PM
Heat Wave	Heat Wave:Factors Of Heatwave	English	01:46 AM 03:42 AM 05:39 AM 07:36 AM 09:32 AM 11:29 AM 01:26 PM 03:22 PM 05:19 PM 07:16 PM 09:13 PM 11:09 PM
Yoga	Dhyana	English	01:46 AM 03:43 AM 05:40 AM 07:36 AM 09:33 AM 11:30 AM 01:26 PM 03:23 PM 05:20 PM 07:16 PM 09:13 PM 11:10 PM
रविवार, 20 अप्रैल 2025 Sunday, 20 April 2025			



Yoga	Surya_Namaskar	English	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:10 PM 10:11 PM
Heat Wave	How To Keep Infants Safe From Heatwave	English	12:14 AM 02:15 AM 04:16 AM 06:18 AM 08:19 AM 10:20 AM 12:21 PM 02:22 PM 04:23 PM 06:24 PM 08:25 PM 10:26 PM
Storytelling/V alue Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:15 AM 02:16 AM 04:17 AM 06:18 AM 08:19 AM 10:20 AM 12:21 PM 02:22 PM 04:24 PM 06:25 PM 08:26 PM 10:27 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:34 AM 02:35 AM 04:36 AM 06:37 AM 08:38 AM 10:39 AM 12:41 PM 02:42 PM 04:43 PM 06:44 PM 08:45 PM 10:46 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	12:50 AM 02:51 AM 04:53 AM 06:54 AM 08:55 AM 10:56 AM 12:57 PM 02:58 PM 04:59 PM 07:00 PM 09:01 PM 11:02 PM
Yoga	Dhyana	English	01:51 AM 03:52 AM 05:53 AM 07:54 AM 09:55 AM 11:56 AM 01:57 PM 03:58 PM 05:59 PM 08:00 PM 10:01 PM
सोमवार, 21 अप्रैल 2025 Monday, 21 April 2025			
योग	नाडीशोधन प्राणायाम	हिन्दी	12:00 AM 01:58 AM 03:56 AM 05:55 AM 07:53 AM 09:52 AM 11:50 AM 01:49 PM 03:47 PM 05:45 PM 07:44 PM 09:42 PM 11:41 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:11 AM 02:09 AM 04:08 AM 06:06 AM 08:05 AM 10:03 AM 12:02 PM 02:00 PM 03:59 PM 05:57 PM 07:55 PM 09:54 PM 11:52 PM
General Awareness	Interpersonal Relationships	English	12:22 AM 02:21 AM 04:19 AM 06:18 AM 08:16 AM 10:15 AM 12:13 PM 02:11 PM 04:10 PM 06:08 PM 08:07 PM 10:05 PM
Heat Wave	The Dos Dents For Travellers During Heatwave	English	12:27 AM 02:25 AM 04:24 AM 06:22 AM 08:21 AM 10:19 AM 12:18 PM 02:16 PM 04:15 PM 06:13 PM 08:11 PM 10:10 PM
English	Ch-3: Fun with Friends - Best Friends	English	12:28 AM 02:26 AM 04:25 AM 06:23 AM 08:22 AM 10:20 AM 12:19 PM 02:17 PM 04:15 PM 06:14 PM 08:12 PM 10:11 PM



Mathematics	Ch-2: Toy Joy	English	12:39 AM 02:37 AM 04:36 AM 06:34 AM 08:33 AM 10:31 AM 12:30 PM 02:28 PM 04:26 PM 06:25 PM 08:23 PM 10:22 PM
EVS	Chapter 1: Family and Friends	English	01:07 AM 03:05 AM 05:04 AM 07:02 AM 09:00 AM 10:59 AM 12:57 PM 02:56 PM 04:54 PM 06:53 PM 08:51 PM 10:49 PM
उर्दू	अध्याय -2 : आम की गुठली	हिन्दी	01:16 AM 03:14 AM 05:13 AM 07:11 AM 09:10 AM 11:08 AM 01:07 PM 03:05 PM 05:03 PM 07:02 PM 09:00 PM 10:59 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:42 AM 03:40 AM 05:39 AM 07:37 AM 09:36 AM 11:34 AM 01:33 PM 03:31 PM 05:29 PM 07:28 PM 09:26 PM 11:25 PM
Yoga	Dhyana	English	01:48 AM 03:47 AM 05:45 AM 07:43 AM 09:42 AM 11:40 AM 01:39 PM 03:37 PM 05:36 PM 07:34 PM 09:32 PM 11:31 PM
मंगलवार, 22 अप्रैल 2025 Tuesday, 22 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:16 AM 12:16 PM 02:16 PM 04:16 PM 06:17 PM 08:17 PM 10:17 PM
Mathematics	Ch-2: Toy Joy	English	12:26 AM 02:26 AM 04:26 AM 06:27 AM 08:27 AM 10:27 AM 12:27 PM 02:28 PM 04:28 PM 06:28 PM 08:28 PM 10:29 PM
EVS	Chapter 1: Family and Friends	English	12:53 AM 02:54 AM 04:54 AM 06:54 AM 08:55 AM 10:55 AM 12:55 PM 02:55 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
कला और शिल्प	कूड़े से खिलौने: क्रिसमस पेड़ (Toys from Trash: Christsmas Tree)	हिन्दी	01:03 AM 03:03 AM 05:03 AM 07:04 AM 09:04 AM 11:04 AM 01:04 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:06 PM

उर्दू	अध्याय -2 : आम की गुठली	हिन्दी	01:05 AM 03:05 AM 05:06 AM 07:06 AM 09:06 AM 11:06 AM 01:07 PM 03:07 PM 05:07 PM 07:07 PM 09:08 PM 11:08 PM
General Awareness	Value and responsible Citizenship	English	01:31 AM 03:31 AM 05:32 AM 07:32 AM 09:32 AM 11:32 AM 01:33 PM 03:33 PM 05:33 PM 07:34 PM 09:34 PM 11:34 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:36 AM 03:36 AM 05:37 AM 07:37 AM 09:37 AM 11:37 AM 01:38 PM 03:38 PM 05:38 PM 07:39 PM 09:39 PM 11:39 PM
Storytelling/Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:47 AM 03:47 AM 05:48 AM 07:48 AM 09:48 AM 11:48 AM 01:49 PM 03:49 PM 05:49 PM 07:50 PM 09:50 PM 11:50 PM
बुधवार, 23 अप्रैल 2025 Wednesday, 23 April 2025			
पर्यावरण अध्ययन	अध्याय -2 : पौधों की परी	हिन्दी	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:58 AM 01:58 PM 03:58 PM 05:58 PM 07:58 PM 09:57 PM 11:57 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:36 AM 10:35 AM 12:35 PM 02:35 PM 04:35 PM 06:35 PM 08:35 PM 10:34 PM
English	Ch-3: Fun with Friends - Best Friends	English	12:48 AM 02:48 AM 04:47 AM 06:47 AM 08:47 AM 10:47 AM 12:47 PM 02:46 PM 04:46 PM 06:46 PM 08:46 PM 10:46 PM
Mathematics	Ch-2: Toy Joy	English	12:59 AM 02:59 AM 04:58 AM 06:58 AM 08:58 AM 10:58 AM 12:58 PM 02:57 PM 04:57 PM 06:57 PM 08:57 PM 10:57 PM
Storytelling(Animated)	The Umbrella	English	01:27 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:26 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:24 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:34 AM 03:34 AM 05:33 AM 07:33 AM 09:33 AM 11:33 AM 01:33 PM 03:32 PM 05:32 PM 07:32 PM 09:32 PM 11:32 PM
Art Education	Kala Utsav - 2019 Music - Instrumental	English/hindi	01:46 AM 03:46 AM 05:46 AM 07:46 AM 09:45 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:44 PM 09:44 PM 11:44 PM



	Competition: Girls: Madhya Pradesh		
Storytelling/Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:52 AM 03:52 AM 05:52 AM 07:52 AM 09:52 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:50 PM 11:50 PM
Heat Wave	How To Keep Elders Safe From Heatwave	English	01:58 AM 03:57 AM 05:57 AM 07:57 AM 09:57 AM 11:57 AM 01:56 PM 03:56 PM 05:56 PM 07:56 PM 09:56 PM 11:56 PM
बृहस्पतिवार, 24 अप्रैल 2025 Thursday, 24 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:05 PM 10:06 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:14 AM 02:15 AM 04:16 AM 06:16 AM 08:17 AM 10:17 AM 12:18 PM 02:18 PM 04:19 PM 06:20 PM 08:20 PM 10:21 PM
पर्यावरण अध्ययन	अध्याय -2 : पौधों की परी	हिन्दी	12:26 AM 02:26 AM 04:27 AM 06:27 AM 08:28 AM 10:29 AM 12:29 PM 02:30 PM 04:30 PM 06:31 PM 08:32 PM 10:32 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	12:54 AM 02:55 AM 04:56 AM 06:56 AM 08:57 AM 10:57 AM 12:58 PM 02:59 PM 04:59 PM 07:00 PM 09:00 PM 11:01 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:00 AM 03:00 AM 05:01 AM 07:02 AM 09:02 AM 11:03 AM 01:03 PM 03:04 PM 05:04 PM 07:05 PM 09:06 PM 11:06 PM
कला और शिल्प	कूड़े से खिलौने: लट्टू दोस्त (Toys from Trash: Buddy Top)	हिन्दी	01:11 AM 03:11 AM 05:12 AM 07:13 AM 09:13 AM 11:14 AM 01:14 PM 03:15 PM 05:15 PM 07:16 PM 09:17 PM 11:17 PM
Mathematics	Ch-2: Toy Joy	English	01:13 AM 03:13 AM 05:14 AM 07:14 AM 09:15 AM 11:15 AM 01:16 PM 03:17 PM 05:17 PM 07:18 PM 09:18 PM 11:19 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:40 AM 03:41 AM 05:41 AM 07:42 AM 09:43 AM 11:43 AM 01:44 PM 03:44 PM 05:45 PM 07:46 PM 09:46 PM 11:47 PM



Storytelling/Value Education	Chuskit goes to school (CWSN)	English	01:46 AM 03:47 AM 05:48 AM 07:48 AM 09:49 AM 11:49 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:53 PM
शुक्रवार, 25 अप्रैल 2025 Friday, 25 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:16 PM 06:16 PM 08:16 PM 10:16 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:20 AM 02:20 AM 04:20 AM 06:20 AM 08:21 AM 10:21 AM 12:21 PM 02:21 PM 04:21 PM 06:21 PM 08:21 PM 10:22 PM
Mathematics	Ch-2: Toy Joy	English	12:31 AM 02:31 AM 04:32 AM 06:32 AM 08:32 AM 10:32 AM 12:32 PM 02:32 PM 04:32 PM 06:33 PM 08:33 PM 10:33 PM
Storytelling(Animated)	Story of a Tinker	English	12:59 AM 02:59 AM 04:59 AM 06:59 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 05:00 PM 07:00 PM 09:01 PM 11:01 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:07 AM 03:07 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:08 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:18 AM 03:18 AM 05:19 AM 07:19 AM 09:19 AM 11:19 AM 01:19 PM 03:19 PM 05:20 PM 07:20 PM 09:20 PM 11:20 PM
Art Education	Navras: Dance Emotions	English/hindi	01:31 AM 03:31 AM 05:31 AM 07:31 AM 09:31 AM 11:32 AM 01:32 PM 03:32 PM 05:32 PM 07:32 PM 09:32 PM 11:33 PM
Art Education	Kala Utsav - 2022 -Dance Folk(Boy)Jharkhand	English/hindi	01:35 AM 03:35 AM 05:35 AM 07:35 AM 09:35 AM 11:35 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
योग	सूर्य नमस्कार	हिन्दी	01:41 AM 03:41 AM 05:41 AM 07:41 AM 09:42 AM 11:42 AM 01:42 PM 03:42 PM 05:42 PM 07:42 PM 09:42 PM 11:43 PM



Storytelling/Value Education	इल्ली से तितली (शेडो पपेट)	हिन्दी	01:48 AM 03:48 AM 05:48 AM 07:48 AM 09:48 AM 11:48 AM 01:49 PM 03:49 PM 05:49 PM 07:49 PM 09:49 PM 11:49 PM
शनिवार, 26 अप्रैल 2025 Saturday, 26 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM
Storytelling/Value Education	Meena - 6 too young to Marry	हिन्दी	12:14 AM 02:15 AM 04:16 AM 06:17 AM 08:18 AM 10:18 AM 12:19 PM 02:20 PM 04:21 PM 06:22 PM 08:23 PM 10:23 PM
Heat Wave	Heat Wave: Minimising the impact of heat wave	English	12:28 AM 02:29 AM 04:29 AM 06:30 AM 08:31 AM 10:32 AM 12:33 PM 02:33 PM 04:34 PM 06:35 PM 08:36 PM 10:37 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:28 AM 02:29 AM 04:30 AM 06:31 AM 08:32 AM 10:32 AM 12:33 PM 02:34 PM 04:35 PM 06:36 PM 08:37 PM 10:37 PM
Mathematics	Ch-2: Toy Joy	English	12:51 AM 02:52 AM 04:52 AM 06:53 AM 08:54 AM 10:55 AM 12:56 PM 02:56 PM 04:57 PM 06:58 PM 08:59 PM 11:00 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	01:19 AM 03:19 AM 05:20 AM 07:21 AM 09:22 AM 11:23 AM 01:23 PM 03:24 PM 05:25 PM 07:26 PM 09:27 PM 11:27 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:30 AM 03:31 AM 05:31 AM 07:32 AM 09:33 AM 11:34 AM 01:35 PM 03:36 PM 05:36 PM 07:37 PM 09:38 PM 11:39 PM
Storytelling/Value Education	आम की कहानी (शेडो पपेट)	हिन्दी	01:33 AM 03:34 AM 05:35 AM 07:36 AM 09:36 AM 11:37 AM 01:38 PM 03:39 PM 05:40 PM 07:40 PM 09:41 PM 11:42 PM
Heat Wave	HeatWave Protect animals during heat wave	English	01:38 AM 03:39 AM 05:40 AM 07:41 AM 09:42 AM 11:42 AM 01:43 PM 03:44 PM 05:45 PM 07:46 PM 09:46 PM 11:47 PM
कला और शिल्प	कूड़े से खिलौने: लट्टू दोस्त (Toys from Trash: Buddy Top)	हिन्दी	01:40 AM 03:40 AM 05:41 AM 07:42 AM 09:43 AM 11:44 AM 01:45 PM 03:45 PM 05:46 PM 07:47 PM 09:48 PM 11:49 PM



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:41 AM 03:42 AM 05:43 AM 07:44 AM 09:45 AM 11:45 AM 01:46 PM 03:47 PM 05:48 PM 07:49 PM 09:50 PM 11:50 PM
Yoga	Dhyana	English	01:50 AM 03:51 AM 05:52 AM 07:53 AM 09:54 AM 11:55 AM 01:55 PM 03:56 PM 05:57 PM 07:58 PM 09:59 PM 11:59 PM
रविवार, 27 अप्रैल 2025 Sunday, 27 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:16 PM 06:16 PM 08:16 PM 10:16 PM
Heat Wave	HeatWave: Dos and donts when outside during heat wave	English	12:43 AM 02:43 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:44 PM 06:45 PM 08:45 PM 10:45 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:45 AM 02:45 AM 04:45 AM 06:45 AM 08:45 AM 10:45 AM 12:46 PM 02:46 PM 04:46 PM 06:46 PM 08:46 PM 10:46 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	01:04 AM 03:04 AM 05:04 AM 07:04 AM 09:04 AM 11:05 AM 01:05 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:05 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	01:20 AM 03:20 AM 05:20 AM 07:21 AM 09:21 AM 11:21 AM 01:21 PM 03:21 PM 05:21 PM 07:21 PM 09:22 PM 11:22 PM
Yoga	Dhyana	English	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:51 PM 11:51 PM
सोमवार, 28 अप्रैल 2025 Monday, 28 April 2025			
योग	नाड़ीशोधन प्राणायाम	हिन्दी	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:59 PM 07:59 PM 09:59 PM 11:59 PM



हिन्दी	पाठ 2 - चींटी	हिन्दी	12:11 AM 02:11 AM 04:11 AM 06:11 AM 08:11 AM 10:11 AM 12:11 PM 02:11 PM 04:11 PM 06:10 PM 08:10 PM 10:10 PM
General Awareness	Interpersonal Relationships	English	12:22 AM 02:22 AM 04:22 AM 06:22 AM 08:22 AM 10:22 AM 12:22 PM 02:22 PM 04:22 PM 06:22 PM 08:22 PM 10:22 PM
Heat Wave	HeatWave: Dos and donts for outdoor workers	English	12:28 AM 02:28 AM 04:28 AM 06:28 AM 08:28 AM 10:28 AM 12:28 PM 02:28 PM 04:28 PM 06:27 PM 08:27 PM 10:27 PM
English	Ch-3: Fun with Friends - Best Friends	English	12:29 AM 02:29 AM 04:29 AM 06:29 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:29 PM 08:29 PM 10:29 PM
Mathematics	Ch-2: Toy Joy	English	12:40 AM 02:40 AM 04:40 AM 06:40 AM 08:40 AM 10:40 AM 12:40 PM 02:40 PM 04:40 PM 06:40 PM 08:40 PM 10:40 PM
EVS	Chapter 1: Family and Friends	English	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:08 PM 05:08 PM 07:08 PM 09:08 PM 11:07 PM
उर्दू	अध्याय -2 : आम की गुठली	हिन्दी	01:17 AM 03:17 AM 05:17 AM 07:17 AM 09:17 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:43 AM 03:43 AM 05:43 AM 07:43 AM 09:43 AM 11:43 AM 01:43 PM 03:43 PM 05:43 PM 07:43 PM 09:43 PM 11:43 PM
Yoga	Dhyana	English	01:50 AM 03:50 AM 05:49 AM 07:49 AM 09:49 AM 11:49 AM 01:49 PM 03:49 PM 05:49 PM 07:49 PM 09:49 PM 11:49 PM
मंगलवार, 29 अप्रैल 2025 Tuesday, 29 April 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:14 AM 02:14 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM



Mathematics	Ch-2: Toy Joy	English	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:27 PM 10:27 PM
कला और शिल्प	कूड़े से खिलौने: फड़फड़ाती चिड़िया (Toys from Trash: Flapping Bird)	हिन्दी	12:53 AM 02:54 AM 04:54 AM 06:54 AM 08:54 AM 10:54 AM 12:54 PM 02:54 PM 04:54 PM 06:54 PM 08:54 PM 10:54 PM
EVS	Chapter 1: Family and Friends	English	12:56 AM 02:56 AM 04:56 AM 06:56 AM 08:56 AM 10:56 AM 12:56 PM 02:56 PM 04:56 PM 06:56 PM 08:57 PM 10:57 PM
उर्दू	अध्याय -2 : आम की गुठली	हिन्दी	01:05 AM 03:05 AM 05:05 AM 07:05 AM 09:05 AM 11:05 AM 01:05 PM 03:05 PM 05:06 PM 07:06 PM 09:06 PM 11:06 PM
General Awareness	Value and responsible Citizenship	English	01:31 AM 03:31 AM 05:31 AM 07:31 AM 09:31 AM 11:31 AM 01:31 PM 03:32 PM 05:32 PM 07:32 PM 09:32 PM 11:32 PM
English	Ch-3: Fun with Friends - Best Friends	English	01:36 AM 03:36 AM 05:36 AM 07:36 AM 09:36 AM 11:36 AM 01:36 PM 03:37 PM 05:37 PM 07:37 PM 09:37 PM 11:37 PM
Storytelling/Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:47 AM 03:47 AM 05:47 AM 07:47 AM 09:47 AM 11:47 AM 01:47 PM 03:48 PM 05:48 PM 07:48 PM 09:48 PM 11:48 PM
बुधवार, 30 अप्रैल 2025 Wednesday, 30 April 2025			
पर्यावरण अध्ययन	अध्याय -2 : पौधों की परी	हिन्दी	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:08 AM 10:10 AM 12:12 PM 02:14 PM 04:16 PM 06:18 PM 08:20 PM 10:22 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:36 AM 02:38 AM 04:40 AM 06:42 AM 08:44 AM 10:46 AM 12:48 PM 02:50 PM 04:52 PM 06:54 PM 08:56 PM 10:58 PM
Heat Wave	HeatWave: Dos and donts	English	12:48 AM 02:50 AM 04:52 AM 06:54 AM 08:56 AM 10:58 AM 01:00 PM 03:02 PM 05:04 PM 07:06 PM 09:08 PM 11:10 PM
English	Ch-3: Fun with Friends - Best Friends	English	12:49 AM 02:51 AM 04:53 AM 06:55 AM 08:57 AM 10:59 AM 01:01 PM 03:03 PM 05:05 PM 07:07 PM 09:09 PM 11:11 PM



Mathematics	Ch-2: Toy Joy	English	01:00 AM 03:02 AM 05:04 AM 07:06 AM 09:08 AM 11:10 AM 01:12 PM 03:14 PM 05:16 PM 07:18 PM 09:20 PM 11:22 PM
Storytelling(A nimated)	The Umbrella	English	01:28 AM 03:30 AM 05:32 AM 07:34 AM 09:36 AM 11:38 AM 01:40 PM 03:42 PM 05:44 PM 07:46 PM 09:48 PM 11:50 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:35 AM 03:37 AM 05:39 AM 07:41 AM 09:43 AM 11:45 AM 01:47 PM 03:49 PM 05:51 PM 07:53 PM 09:55 PM 11:57 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Madhya Pradesh	English/hindi	01:47 AM 03:49 AM 05:51 AM 07:53 AM 09:55 AM 11:57 AM 01:59 PM 04:01 PM 06:03 PM 08:05 PM 10:07 PM
Storytelling/V alue Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:54 AM 03:56 AM 05:58 AM 08:00 AM 10:02 AM 12:04 PM 02:06 PM 04:08 PM 06:10 PM 08:12 PM 10:14 PM
Heat Wave	HeatWave: Protect yourself from heat wave	English	01:59 AM 04:01 AM 06:03 AM 08:05 AM 10:07 AM 12:09 PM 02:11 PM 04:13 PM 06:15 PM 08:17 PM 10:19 PM

