

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Political Science	Political Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 10

अप्रैल 2026
April 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बुधवार, 01 अप्रैल 2026 Wednesday, 01 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:06 AM 06:13 AM 09:19 AM 12:26 PM 03:32 PM 06:39 PM 09:45 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-1	Hindi	12:19 AM 03:25 AM 06:32 AM 09:38 AM 12:45 PM 03:51 PM 06:58 PM 10:04 PM
Cultural Heritage: Art, Music & Dance	Akhbaron Ki Duniya	Hindi	12:46 AM 03:53 AM 06:59 AM 10:06 AM 01:12 PM 04:19 PM 07:25 PM 10:32 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-1	Hindi	01:07 AM 04:13 AM 07:20 AM 10:26 AM 01:33 PM 04:39 PM 07:46 PM 10:52 PM
General	Management of Wetlands Part -2	English	01:29 AM 04:36 AM 07:42 AM 10:49 AM 01:55 PM 05:02 PM 08:09 PM 11:15 PM
Language (English)	English: Chp 10: For Anne Gregory-1	English	01:37 AM 04:44 AM 07:50 AM 10:57 AM 02:03 PM 05:10 PM 08:16 PM 11:23 PM
Cyber Security	Blogging Tips	English	02:00 AM 05:07 AM 08:13 AM 11:20 AM 02:26 PM 05:33 PM 08:40 PM 11:46 PM
Social Science (History)	S.Sc (His): Ch-2: Nationalism in India	English	02:01 AM 05:08 AM 08:14 AM 11:21 AM 02:27 PM 05:34 PM 08:40 PM 11:47 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:49 AM 05:56 AM 09:02 AM 12:09 PM 03:15 PM 06:22 PM 09:28 PM



बृहस्पतिवार, 02 अप्रैल 2026
Thursday, 02 April 2026

हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 02:50 AM 05:41 AM 08:32 AM 11:23 AM 02:14 PM 05:05 PM 07:56 PM 10:47 PM
Cyber Security	Data Privacy	Hindi	12:25 AM 03:15 AM 06:06 AM 08:57 AM 11:48 AM 02:39 PM 05:30 PM 08:21 PM 11:12 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Manipur	Hindi	12:25 AM 03:16 AM 06:07 AM 08:58 AM 11:49 AM 02:40 PM 05:31 PM 08:22 PM 11:13 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-2	Hindi	12:31 AM 03:22 AM 06:13 AM 09:04 AM 11:55 AM 02:46 PM 05:37 PM 08:28 PM 11:19 PM
General English	Episode 2 Greeting an Acquaintance	English	12:50 AM 03:41 AM 06:32 AM 09:23 AM 12:14 PM 03:05 PM 05:56 PM 08:47 PM 11:38 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-2	Hindi	12:59 AM 03:50 AM 06:41 AM 09:32 AM 12:23 PM 03:14 PM 06:05 PM 08:56 PM 11:47 PM
General	Women Change the World	English	01:20 AM 04:11 AM 07:02 AM 09:53 AM 12:44 PM 03:35 PM 06:25 PM 09:16 PM
Language (English)	English: Chp 10: For Anne Gregory-2	English	01:26 AM 04:17 AM 07:08 AM 09:58 AM 12:49 PM 03:40 PM 06:31 PM 09:22 PM
General	Promotion of Healthy Lifestyle	English	01:43 AM 04:34 AM 07:25 AM 10:16 AM 01:07 PM 03:58 PM 06:48 PM 09:39 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	01:49 AM 04:40 AM 07:31 AM 10:22 AM 01:13 PM 04:03 PM 06:54 PM 09:45 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:12 AM 05:03 AM 07:54 AM 10:45 AM 01:36 PM 04:27 PM 07:18 PM 10:08 PM
General	E-Waste Management: Film 2	English	02:41 AM 05:32 AM 08:23 AM 11:14 AM 02:05 PM 04:56 PM 07:47 PM 10:38 PM



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शुक्रवार, 03 अप्रैल 2026
Friday, 03 April 2026

Health, Physical Education/Yoga/Sports	Yoga - Paschimottanaasan	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-1	Sanskrit	12:13 AM 03:13 AM 06:14 AM 09:14 AM 12:14 PM 03:14 PM 06:14 PM 09:14 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-1	Hindi	12:41 AM 03:41 AM 06:42 AM 09:42 AM 12:42 PM 03:42 PM 06:42 PM 09:42 PM
General	DIKSHA_S Capabilities Video	English	01:02 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	01:07 AM 04:07 AM 07:08 AM 10:08 AM 01:08 PM 04:08 PM 07:08 PM 10:08 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:34 PM 04:34 PM 07:34 PM 10:34 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:34 AM 04:34 AM 07:34 AM 10:34 AM 01:34 PM 04:34 PM 07:34 PM 10:34 PM
Mathematics	Maths: Chap 11: Constructions-1	English	02:05 AM 05:05 AM 08:05 AM 11:06 AM 02:06 PM 05:06 PM 08:06 PM 11:06 PM
General	Growth & Health (H)	Hindi	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:44 AM 05:45 AM 08:45 AM 11:45 AM 02:45 PM 05:45 PM 08:45 PM 11:45 PM
शनिवार, 04 अप्रैल 2026 Saturday, 04 April 2026			
संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	Sanskrit	12:00 AM 02:53 AM 05:47 AM 08:41 AM 11:35 AM 02:29 PM 05:23 PM 08:17 PM 11:10 PM



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Health, Physical Education/Yoga/Sports	Yoga - Paschimottanaasan	Hindi	12:25 AM 03:19 AM 06:13 AM 09:07 AM 12:01 PM 02:55 PM 05:48 PM 08:42 PM 11:36 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-7: लोकतंत्र के परिणाम-2	Hindi	12:38 AM 03:32 AM 06:26 AM 09:19 AM 12:13 PM 03:07 PM 06:01 PM 08:55 PM 11:49 PM
Cyber Security	Data Privacy	Hindi	01:01 AM 03:55 AM 06:49 AM 09:43 AM 12:36 PM 03:30 PM 06:24 PM 09:18 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	01:02 AM 03:56 AM 06:49 AM 09:43 AM 12:37 PM 03:31 PM 06:25 PM 09:19 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:26 AM 04:20 AM 07:14 AM 10:08 AM 01:01 PM 03:55 PM 06:49 PM 09:43 PM
General	Migratory Birds	English	01:48 AM 04:42 AM 07:36 AM 10:30 AM 01:24 PM 04:18 PM 07:12 PM 10:05 PM
Mathematics	Maths: Chap 11: Constructions-2	English	01:51 AM 04:45 AM 07:39 AM 10:32 AM 01:26 PM 04:20 PM 07:14 PM 10:08 PM
General	E-Waste Management: Block 4.1	English	02:12 AM 05:06 AM 08:00 AM 10:54 AM 01:48 PM 04:42 PM 07:36 PM 10:30 PM
Science	Science: Ch 2: Acids, Bases and Salts, -II	English	02:28 AM 05:22 AM 08:16 AM 11:09 AM 02:03 PM 04:57 PM 07:51 PM 10:45 PM
रविवार, 05 अप्रैल 2026 Sunday, 05 April 2026			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
General	E-Waste Management: Block 4.2	English	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:37 PM 09:38 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-1	Hindi	12:46 AM 03:46 AM 06:47 AM 09:47 AM 12:48 PM 03:49 PM 06:49 PM 09:50 PM



विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:23 AM 04:24 AM 07:24 AM 10:25 AM 01:26 PM 04:26 PM 07:27 PM 10:27 PM
Cyber Security	Cyber Stalking	English	01:51 AM 04:51 AM 07:52 AM 10:52 AM 01:53 PM 04:54 PM 07:54 PM 10:55 PM
Social Science (Economics)	Chapter 5: Consumer Rights-1	English	01:52 AM 04:52 AM 07:53 AM 10:53 AM 01:54 PM 04:55 PM 07:55 PM 10:56 PM
General	Nadishodhan Pranayam	English	02:13 AM 05:14 AM 08:14 AM 11:15 AM 02:15 PM 05:16 PM 08:17 PM 11:17 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:16 AM 05:17 AM 08:18 AM 11:18 AM 02:19 PM 05:19 PM 08:20 PM 11:21 PM
General	कमल	Hindi	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:40 PM
ENVIRONMENT	Life in Woods	English	02:45 AM 05:46 AM 08:46 AM 11:47 AM 02:47 PM 05:48 PM 08:49 PM 11:49 PM
सोमवार, 06 अप्रैल 2026 Monday, 06 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:04 AM 06:08 AM 09:12 AM 12:16 PM 03:20 PM 06:25 PM 09:29 PM
General	E-Waste Management: Block 3	English	12:19 AM 03:23 AM 06:27 AM 09:31 AM 12:35 PM 03:39 PM 06:44 PM 09:48 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	Hindi	12:37 AM 03:41 AM 06:45 AM 09:49 AM 12:53 PM 03:58 PM 07:02 PM 10:06 PM
Cyber Security	Cyber Stalking	English	01:00 AM 04:04 AM 07:08 AM 10:13 AM 01:17 PM 04:21 PM 07:25 PM 10:29 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	01:01 AM 04:05 AM 07:10 AM 10:14 AM 01:18 PM 04:22 PM 07:26 PM 10:30 PM



General	Gender Equality	English	01:35 AM 04:39 AM 07:43 AM 10:48 AM 01:52 PM 04:56 PM 08:00 PM 11:04 PM
Language (English)	English: Chp 10: For Anne Gregory-3	English	01:42 AM 04:46 AM 07:51 AM 10:55 AM 01:59 PM 05:03 PM 08:07 PM 11:11 PM
Mathematics	Maths: Chap 12: Area related to Circles-1	English	02:08 AM 05:12 AM 08:16 AM 11:21 AM 02:25 PM 05:29 PM 08:33 PM 11:37 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	Hindi	02:22 AM 05:26 AM 08:30 AM 11:34 AM 02:38 PM 05:43 PM 08:47 PM 11:51 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:28 AM 05:33 AM 08:37 AM 11:41 AM 02:45 PM 05:49 PM 08:53 PM 11:58 PM
मंगलवार, 07 अप्रैल 2026 Tuesday, 07 April 2026			
General	Trikonasana	English	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:03 AM 03:04 AM 06:06 AM 09:07 AM 12:08 PM 03:09 PM 06:10 PM 09:11 PM
Cyber Security	Internet Ethics	English	12:27 AM 03:28 AM 06:29 AM 09:30 AM 12:32 PM 03:33 PM 06:34 PM 09:35 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-2	Hindi	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:37 PM 09:38 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:52 AM 03:53 AM 06:54 AM 09:55 AM 12:57 PM 03:58 PM 06:59 PM 10:00 PM
विज्ञान	विज्ञान: पाठ-3: धातु एवं अधातु	Hindi	12:58 AM 03:59 AM 07:00 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:05 PM
Language (English)	English: Chap 10: The Book that Saved the Earth	English	01:40 AM 04:41 AM 07:42 AM 10:43 AM 01:44 PM 04:45 PM 07:46 PM 10:47 PM



Mathematics	Maths: Chap 12: Area related to Circles-2	English	02:19 AM 05:20 AM 08:21 AM 11:23 AM 02:24 PM 05:25 PM 08:26 PM 11:27 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:40 AM 05:41 AM 08:42 AM 11:43 AM 02:44 PM 05:45 PM 08:46 PM 11:47 PM
बुधवार, 08 अप्रैल 2026 Wednesday, 08 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 02:56 AM 05:52 AM 08:49 AM 11:45 AM 02:42 PM 05:38 PM 08:35 PM 11:31 PM
General	Safe Use of Internet (H)	Hindi	12:18 AM 03:15 AM 06:11 AM 09:07 AM 12:04 PM 03:00 PM 05:57 PM 08:53 PM 11:50 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-3	Hindi	12:24 AM 03:21 AM 06:17 AM 09:14 AM 12:10 PM 03:06 PM 06:03 PM 08:59 PM 11:56 PM
Cyber Security	Identity Theft	Hindi	12:45 AM 03:42 AM 06:38 AM 09:34 AM 12:31 PM 03:27 PM 06:24 PM 09:20 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	12:46 AM 03:42 AM 06:39 AM 09:35 AM 12:32 PM 03:28 PM 06:25 PM 09:21 PM
Language (English)	English: Chp 10: The Sermon at Benares	English	01:25 AM 04:22 AM 07:18 AM 10:14 AM 01:11 PM 04:07 PM 07:04 PM 10:00 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:59 AM 04:56 AM 07:52 AM 10:49 AM 01:45 PM 04:42 PM 07:38 PM 10:35 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:00 AM 04:56 AM 07:53 AM 10:49 AM 01:46 PM 04:42 PM 07:39 PM 10:35 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:29 AM 05:26 AM 08:22 AM 11:19 AM 02:15 PM 05:11 PM 08:08 PM 11:04 PM



बृहस्पतिवार, 09 अप्रैल 2026
Thursday, 09 April 2026

हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Misr	Hindi	12:25 AM 03:26 AM 06:27 AM 09:28 AM 12:29 PM 03:30 PM 06:31 PM 09:32 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-4	Hindi	12:28 AM 03:29 AM 06:30 AM 09:31 AM 12:33 PM 03:34 PM 06:35 PM 09:36 PM
General	Gender Equality (H)	Hindi	12:52 AM 03:53 AM 06:54 AM 09:55 AM 12:56 PM 03:57 PM 06:58 PM 09:59 PM
गणित	गणित: पाठ-2: बहुपद भाग-4	Hindi	12:59 AM 04:00 AM 07:01 AM 10:02 AM 01:03 PM 04:04 PM 07:05 PM 10:06 PM
Cyber Security	Fake Whats app messages	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:40 PM
Language (English)	English: Chp 10: For Anne Gregory-1	English	01:34 AM 04:35 AM 07:37 AM 10:38 AM 01:39 PM 04:40 PM 07:41 PM 10:42 PM
General	Management of Wetlands Part -2	English	01:57 AM 04:58 AM 08:00 AM 11:01 AM 02:02 PM 05:03 PM 08:04 PM 11:05 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	02:05 AM 05:06 AM 08:08 AM 11:09 AM 02:10 PM 05:11 PM 08:12 PM 11:13 PM
General	Safety and Security (H)	Hindi	02:33 AM 05:34 AM 08:35 AM 11:36 AM 02:37 PM 05:38 PM 08:39 PM 11:41 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:39 AM 05:40 AM 08:41 AM 11:42 AM 02:43 PM 05:44 PM 08:45 PM 11:46 PM
General	Emotional Well Being and Mental Health (H)	Hindi	02:56 AM 05:57 AM 08:58 AM 11:59 AM 03:00 PM 06:01 PM 09:02 PM



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Dish TV Channel #2031

शुक्रवार, 10 अप्रैल 2026
Friday, 10 April 2026

संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-1	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	12:26 AM 03:25 AM 06:25 AM 09:24 AM 12:24 PM 03:23 PM 06:23 PM 09:22 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-7: लोकतंत्र के परिणाम-3	Hindi	12:32 AM 03:31 AM 06:31 AM 09:30 AM 12:30 PM 03:29 PM 06:29 PM 09:29 PM
General	Women Change the World	English	12:57 AM 03:57 AM 06:56 AM 09:56 AM 12:55 PM 03:55 PM 06:55 PM 09:54 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-1	Hindi	01:03 AM 04:03 AM 07:02 AM 10:02 AM 01:01 PM 04:01 PM 07:00 PM 10:00 PM
General	Gender Equality (E)	English	01:26 AM 04:25 AM 07:25 AM 10:24 AM 01:24 PM 04:24 PM 07:23 PM 10:23 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:33 AM 04:33 AM 07:32 AM 10:32 AM 01:31 PM 04:31 PM 07:30 PM 10:30 PM
Mathematics	Maths: Chap 12: Area related to Circles-3	English	01:57 AM 04:56 AM 07:56 AM 10:55 AM 01:55 PM 04:55 PM 07:54 PM 10:54 PM
General	Gender Equality (H)	Hindi	02:17 AM 05:16 AM 08:16 AM 11:15 AM 02:15 PM 05:15 PM 08:14 PM 11:14 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:24 AM 05:24 AM 08:23 AM 11:23 AM 02:22 PM 05:22 PM 08:21 PM 11:21 PM
Science	Green Energy	English	02:54 AM 05:53 AM 08:53 AM 11:52 AM 02:52 PM 05:51 PM 08:51 PM 11:50 PM



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Dish TV Channel #2031

शनिवार, 11 अप्रैल 2026

Saturday, 11 April 2026

संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-2	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	Hindi	12:29 AM 03:29 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-1	Hindi	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:37 PM 09:38 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Bihar	English/hindi	12:55 AM 03:55 AM 06:56 AM 09:57 AM 12:57 PM 03:58 PM 06:58 PM 09:59 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-2	Hindi	01:04 AM 04:04 AM 07:05 AM 10:05 AM 01:06 PM 04:06 PM 07:07 PM 10:08 PM
General	Safe Use of Internet (H)	Hindi	01:24 AM 04:25 AM 07:25 AM 10:26 AM 01:27 PM 04:27 PM 07:28 PM 10:28 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:30 AM 04:31 AM 07:31 AM 10:32 AM 01:33 PM 04:33 PM 07:34 PM 10:34 PM
General English	Episode 7 Making Requests 1	English	01:53 AM 04:53 AM 07:54 AM 10:54 AM 01:55 PM 04:56 PM 07:56 PM 10:57 PM
Mathematics	Maths: Chap 12: Area related to Circles-4	English	02:04 AM 05:04 AM 08:05 AM 11:05 AM 02:06 PM 05:07 PM 08:07 PM 11:08 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:38 PM 05:39 PM 08:40 PM 11:40 PM
General English	Episode 2 Greeting an Acquaintance	English	02:51 AM 05:52 AM 08:52 AM 11:53 AM 02:54 PM 05:54 PM 08:55 PM 11:55 PM



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रविवार, 12 अप्रैल 2026
Sunday, 12 April 2026

Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:02 AM 06:04 AM 09:06 AM 12:09 PM 03:11 PM 06:13 PM 09:15 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	12:49 AM 03:51 AM 06:54 AM 09:56 AM 12:58 PM 04:00 PM 07:03 PM 10:05 PM
General	Prevention and Management of Substance Misuse	English	01:13 AM 04:15 AM 07:17 AM 10:20 AM 01:22 PM 04:24 PM 07:27 PM 10:29 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:18 AM 04:21 AM 07:23 AM 10:25 AM 01:27 PM 04:30 PM 07:32 PM 10:34 PM
General	Health And Sanitaion (H)	Hindi	01:46 AM 04:48 AM 07:50 AM 10:52 AM 01:55 PM 04:57 PM 07:59 PM 11:01 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-2	English	01:52 AM 04:54 AM 07:57 AM 10:59 AM 02:01 PM 05:04 PM 08:06 PM 11:08 PM
General	Management of Wetlands Part -2	English	02:16 AM 05:18 AM 08:20 AM 11:23 AM 02:25 PM 05:27 PM 08:29 PM 11:32 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:24 AM 05:26 AM 08:28 AM 11:31 AM 02:33 PM 05:35 PM 08:37 PM 11:40 PM
General	Safe Use of Internet_Gadgets and Media	English	02:44 AM 05:46 AM 08:48 AM 11:50 AM 02:53 PM 05:55 PM 08:57 PM 11:59 PM
General	E-Waste Management: Block 1	English	02:50 AM 05:52 AM 08:54 AM 11:56 AM 02:59 PM 06:01 PM 09:03 PM
सोमवार, 13 अप्रैल 2026			
Monday, 13 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM



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सामान्य	सरदार वल्लभ भाई पटेल	Hindi	12:25 AM 03:26 AM 06:26 AM 09:27 AM 12:28 PM 03:29 PM 06:30 PM 09:30 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-3	Hindi	12:28 AM 03:29 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:33 PM 09:34 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	12:48 AM 03:49 AM 06:50 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:54 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	English/hi ndi	01:22 AM 04:23 AM 07:24 AM 10:24 AM 01:25 PM 04:26 PM 07:27 PM 10:27 PM
Language (English)	English: Chp 10: For Anne Gregory-2	English	01:32 AM 04:32 AM 07:33 AM 10:34 AM 01:35 PM 04:35 PM 07:36 PM 10:37 PM
Mathematics	Maths: Chap 11: Constructions-1	English	01:49 AM 04:50 AM 07:51 AM 10:52 AM 01:52 PM 04:53 PM 07:54 PM 10:55 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:38 AM 05:39 AM 08:40 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM
मंगलवार, 14 अप्रैल 2026 Tuesday, 14 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोविन्द भगत	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:57 PM 11:56 PM
Cyber Security	Identity Theft	Hindi	12:25 AM 03:24 AM 06:24 AM 09:23 AM 12:23 PM 03:22 PM 06:22 PM 09:22 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:25 AM 03:25 AM 06:24 AM 09:24 AM 12:24 PM 03:23 PM 06:23 PM 09:22 PM
विज्ञान	विज्ञान: पाठ-3: धातु एवं अधातु	Hindi	12:48 AM 03:48 AM 06:48 AM 09:47 AM 12:47 PM 03:46 PM 06:46 PM 09:45 PM
Cultural Heritage: Art, Music & Dance	B.R. Ambedkar- As An Educator	English	01:27 AM 04:27 AM 07:26 AM 10:26 AM 01:26 PM 04:25 PM 07:25 PM 10:24 PM

Language (English)	English: Chp 10: For Anne Gregory-3	English	01:50 AM 04:50 AM 07:49 AM 10:49 AM 01:48 PM 04:48 PM 07:47 PM 10:47 PM
Mathematics	Maths: Chap 11: Constructions-2	English	02:16 AM 05:15 AM 08:15 AM 11:15 AM 02:14 PM 05:14 PM 08:13 PM 11:13 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:38 AM 05:38 AM 08:37 AM 11:37 AM 02:36 PM 05:36 PM 08:36 PM 11:35 PM
बुधवार, 15 अप्रैल 2026 Wednesday, 15 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
General	Ustrasana	English	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:18 PM 03:18 PM 06:18 PM 09:18 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-1	Hindi	12:21 AM 03:21 AM 06:21 AM 09:21 AM 12:21 PM 03:21 PM 06:21 PM 09:21 PM
Cyber Security	Identity Theft	Hindi	12:49 AM 03:48 AM 06:48 AM 09:48 AM 12:48 PM 03:48 PM 06:48 PM 09:48 PM
General	It's My Right to Get Education	Marathi	12:49 AM 03:49 AM 06:49 AM 09:49 AM 12:49 PM 03:49 PM 06:49 PM 09:49 PM
गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	12:55 AM 03:55 AM 06:55 AM 09:55 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
Language (English)	English: Chap 10: The Book that Saved the Earth	English	01:21 AM 04:21 AM 07:21 AM 10:21 AM 01:21 PM 04:20 PM 07:20 PM 10:20 PM
Travel	Sivasagar - A Historical Place of Assam	English	01:46 AM 04:46 AM 07:46 AM 10:46 AM 01:46 PM 04:46 PM 07:46 PM 10:46 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-2	English	01:49 AM 04:49 AM 07:49 AM 10:49 AM 01:49 PM 04:49 PM 07:49 PM 10:49 PM



Health, Physical Education/Yoga/Sports	Yoga - Chakkrasan	Hindi	02:09 AM 05:09 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:08 PM
Science	Science: Ch 2: Acids, Bases and Salts, -II	English	02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:21 PM 05:21 PM 08:20 PM 11:20 PM
बृहस्पतिवार, 16 अप्रैल 2026 Thursday, 16 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:58 PM
Cyber Security	Tips to avoid Lottery Scams	English	12:25 AM 03:24 AM 06:24 AM 09:24 AM 12:24 PM 03:24 PM 06:24 PM 09:24 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-2	Hindi	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:25 PM 09:25 PM
Cyber Security	Fake Whats app messages	English	12:45 AM 03:44 AM 06:44 AM 09:44 AM 12:44 PM 03:44 PM 06:44 PM 09:44 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	01:01 AM 04:01 AM 07:01 AM 10:00 AM 01:00 PM 04:00 PM 07:00 PM 10:00 PM
Language (English)	English: Chp 10: The Sermon at Benares	English	01:25 AM 04:25 AM 07:24 AM 10:24 AM 01:24 PM 04:24 PM 07:24 PM 10:24 PM
Cultural Heritage: Art, Music & Dance	Hamare Vadhya Yantra-01 (Tarane Taaron Se)	Hindi	01:59 AM 04:59 AM 07:59 AM 10:59 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM
Social Science (History)	S. Sc. (His): Chp 4: The Age of Industrialisation-3	English	02:16 AM 05:16 AM 08:16 AM 11:16 AM 02:15 PM 05:15 PM 08:15 PM 11:15 PM
Cyber Security	Data Privacy	Hindi	02:32 AM 05:32 AM 08:32 AM 11:32 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:33 AM 05:33 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM



शुक्रवार, 17 अप्रैल 2026
Friday, 17 April 2026

संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-1	Sanskrit	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM
General	E-Waste Management: Block 2	English	12:24 AM 03:23 AM 06:22 AM 09:21 AM 12:20 PM 03:19 PM 06:18 PM 09:17 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-2	Hindi	12:38 AM 03:37 AM 06:36 AM 09:35 AM 12:35 PM 03:34 PM 06:33 PM 09:32 PM
General	कमल	Hindi	01:01 AM 04:00 AM 07:00 AM 09:59 AM 12:58 PM 03:57 PM 06:56 PM 09:55 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	01:10 AM 04:09 AM 07:08 AM 10:07 AM 01:07 PM 04:06 PM 07:05 PM 10:04 PM
General	Safety and Security against Violence and Injuries	English	01:44 AM 04:44 AM 07:43 AM 10:42 AM 01:41 PM 04:40 PM 07:39 PM 10:38 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:50 AM 04:49 AM 07:48 AM 10:47 AM 01:46 PM 04:45 PM 07:45 PM 10:44 PM
Cultural Heritage: Art, Music & Dance	Nature in Dance Movements	English	02:09 AM 05:08 AM 08:07 AM 11:06 AM 02:05 PM 05:04 PM 08:03 PM 11:02 PM
Mathematics	Maths: Chap 12: Area related to Circles-1	English	02:16 AM 05:15 AM 08:14 AM 11:13 AM 02:12 PM 05:11 PM 08:10 PM 11:10 PM
General	Safe Use of Internet (H)	Hindi	02:30 AM 05:29 AM 08:28 AM 11:27 AM 02:26 PM 05:25 PM 08:24 PM 11:23 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:36 AM 05:35 AM 08:34 AM 11:33 AM 02:32 PM 05:31 PM 08:30 PM 11:29 PM
General	Promotion of Healthy Lifestyle	English	02:53 AM 05:52 AM 08:51 AM 11:50 AM 02:49 PM 05:48 PM 08:47 PM 11:46 PM



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शनिवार, 18 अप्रैल 2026

Saturday, 18 April 2026

संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	Sanskrit	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:08 PM 06:10 PM 09:12 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-7: लोकतंत्र के परिणाम-3	Hindi	12:38 AM 03:40 AM 06:42 AM 09:44 AM 12:45 PM 03:47 PM 06:49 PM 09:51 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	01:04 AM 04:06 AM 07:07 AM 10:09 AM 01:11 PM 04:13 PM 07:15 PM 10:16 PM
गणित	गणित: पाठ-2: बहुपद भाग-4	Hindi	01:06 AM 04:08 AM 07:09 AM 10:11 AM 01:13 PM 04:15 PM 07:17 PM 10:18 PM
General	Gender Equality (H)	Hindi	01:39 AM 04:41 AM 07:43 AM 10:44 AM 01:46 PM 04:48 PM 07:50 PM 10:51 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:46 AM 04:48 AM 07:50 AM 10:52 AM 01:53 PM 04:55 PM 07:57 PM 10:59 PM
General	Introduction to MISSION LIFE	English	02:09 AM 05:10 AM 08:12 AM 11:14 AM 02:16 PM 05:18 PM 08:19 PM 11:21 PM
Mathematics	Maths: Chap 12: Area related to Circles-2	English	02:11 AM 05:13 AM 08:15 AM 11:16 AM 02:18 PM 05:20 PM 08:22 PM 11:24 PM
Cyber Security	Blogging Tips	English	02:31 AM 05:33 AM 08:35 AM 11:36 AM 02:38 PM 05:40 PM 08:42 PM 11:44 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:32 AM 05:34 AM 08:36 AM 11:37 AM 02:39 PM 05:41 PM 08:43 PM 11:44 PM
रविवार, 19 अप्रैल 2026			
Sunday, 19 April 2026			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM



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Dish TV Channel #2031

General	Gender Equality (H)	Hindi	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:36 PM 06:37 PM 09:37 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-1	Hindi	12:41 AM 03:42 AM 06:42 AM 09:43 AM 12:43 PM 03:44 PM 06:44 PM 09:45 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	Hindi	01:05 AM 04:05 AM 07:06 AM 10:06 AM 01:07 PM 04:07 PM 07:08 PM 10:08 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:27 AM 04:28 AM 07:28 AM 10:29 AM 01:29 PM 04:30 PM 07:30 PM 10:31 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:54 AM 04:55 AM 07:56 AM 10:56 AM 01:57 PM 04:57 PM 07:58 PM 10:58 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	02:00 AM 05:01 AM 08:01 AM 11:02 AM 02:02 PM 05:03 PM 08:03 PM 11:04 PM
General	E-Waste Management: Film 2	English	02:20 AM 05:20 AM 08:21 AM 11:21 AM 02:22 PM 05:22 PM 08:23 PM 11:23 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:29 AM 05:29 AM 08:30 AM 11:30 AM 02:31 PM 05:31 PM 08:32 PM 11:32 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	02:48 AM 05:49 AM 08:49 AM 11:50 AM 02:51 PM 05:51 PM 08:52 PM 11:52 PM
General	Women Change the World	English	02:54 AM 05:55 AM 08:55 AM 11:56 AM 02:56 PM 05:57 PM 08:58 PM 11:58 PM
सोमवार, 20 अप्रैल 2026 Monday, 20 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:07 PM 09:08 PM
Cyber Security	Identity Theft	Hindi	12:25 AM 03:26 AM 06:27 AM 09:28 AM 12:30 PM 03:31 PM 06:32 PM 09:33 PM



सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:26 AM 03:27 AM 06:28 AM 09:29 AM 12:30 PM 03:31 PM 06:33 PM 09:34 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	12:49 AM 03:50 AM 06:51 AM 09:52 AM 12:53 PM 03:55 PM 06:56 PM 09:57 PM
Science	Alfred Nobel - 1	English	01:23 AM 04:24 AM 07:25 AM 10:26 AM 01:27 PM 04:28 PM 07:30 PM 10:31 PM
Language (English)	English: Chp 10: For Anne Gregory-1	English	01:31 AM 04:32 AM 07:33 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:39 PM
Cyber Security	Identity Theft	Hindi	01:54 AM 04:55 AM 07:56 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM
Science	Science: Ch 2: Acids, Bases and Salts, -1	English	01:55 AM 04:56 AM 07:57 AM 10:58 AM 01:59 PM 05:01 PM 08:02 PM 11:03 PM
General English	Episode 1 Greeting a Friend	English	02:10 AM 05:11 AM 08:12 AM 11:13 AM 02:15 PM 05:16 PM 08:17 PM 11:18 PM
Mathematics	Maths: Chap 12: Area related to Circles-3	English	02:18 AM 05:19 AM 08:20 AM 11:22 AM 02:23 PM 05:24 PM 08:25 PM 11:26 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:39 AM 05:40 AM 08:41 AM 11:42 AM 02:43 PM 05:44 PM 08:46 PM 11:47 PM
मंगलवार, 21 अप्रैल 2026 Tuesday, 21 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:55 PM 08:54 PM 11:53 PM
Cyber Security	Tips to avoid Lottery Scams	English	12:25 AM 03:24 AM 06:23 AM 09:22 AM 12:21 PM 03:20 PM 06:20 PM 09:19 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	Hindi	12:25 AM 03:25 AM 06:24 AM 09:23 AM 12:22 PM 03:21 PM 06:20 PM 09:20 PM



General	Nadishodhan Pranayam	English	12:49 AM 03:48 AM 06:47 AM 09:46 AM 12:46 PM 03:45 PM 06:44 PM 09:43 PM
विज्ञान	विज्ञान: पाठ-3: धातु एवं अधातु	Hindi	12:52 AM 03:52 AM 06:51 AM 09:50 AM 12:49 PM 03:48 PM 06:47 PM 09:47 PM
General	Safety and Security against Violence and Injuries	English	01:31 AM 04:30 AM 07:30 AM 10:29 AM 01:28 PM 04:27 PM 07:26 PM 10:25 PM
Language (English)	English: Chp 10: For Anne Gregory-2	English	01:37 AM 04:36 AM 07:35 AM 10:34 AM 01:34 PM 04:33 PM 07:32 PM 10:31 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Chaari	Hindi	01:54 AM 04:53 AM 07:52 AM 10:52 AM 01:51 PM 04:50 PM 07:49 PM 10:48 PM
Mathematics	Maths: Chap 12: Area related to Circles-4	English	02:06 AM 05:05 AM 08:04 AM 11:04 AM 02:03 PM 05:02 PM 08:01 PM 11:00 PM
General	Emotional well being and mental health	English	02:25 AM 05:25 AM 08:24 AM 11:23 AM 02:22 PM 05:21 PM 08:20 PM 11:20 PM
General	जेंडर समानता	Hindi	02:30 AM 05:30 AM 08:29 AM 11:28 AM 02:27 PM 05:26 PM 08:25 PM 11:25 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:38 AM 05:37 AM 08:36 AM 11:35 AM 02:34 PM 05:34 PM 08:33 PM 11:32 PM
बुधवार, 22 अप्रैल 2026 Wednesday, 22 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:03 AM 06:07 AM 09:11 AM 12:14 PM 03:18 PM 06:22 PM 09:25 PM
Cyber Security	Blogging Tips	English	12:18 AM 03:22 AM 06:25 AM 09:29 AM 12:33 PM 03:37 PM 06:40 PM 09:44 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-3	Hindi	12:19 AM 03:23 AM 06:26 AM 09:30 AM 12:34 PM 03:37 PM 06:41 PM 09:45 PM



Cyber Security	Change Passwords like Socks	Hindi	12:45 AM 03:49 AM 06:52 AM 09:56 AM 01:00 PM 04:03 PM 07:07 PM 10:11 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-1	Hindi	12:45 AM 03:49 AM 06:53 AM 09:56 AM 01:00 PM 04:04 PM 07:08 PM 10:11 PM
General	E-Waste Management: Film 2	English	01:08 AM 04:12 AM 07:16 AM 10:19 AM 01:23 PM 04:27 PM 07:30 PM 10:34 PM
Language (English)	English: Chp 10: For Anne Gregory-3	English	01:17 AM 04:21 AM 07:25 AM 10:28 AM 01:32 PM 04:36 PM 07:39 PM 10:43 PM
General	Management of Wetlands Part -1	English	01:43 AM 04:47 AM 07:51 AM 10:54 AM 01:58 PM 05:02 PM 08:05 PM 11:09 PM
Social Science (History)	S.Sc (His): Ch-2: Nationalism in India	English	01:55 AM 04:58 AM 08:02 AM 11:06 AM 02:10 PM 05:13 PM 08:17 PM 11:21 PM
General	कमल	Hindi	02:29 AM 05:32 AM 08:36 AM 11:40 AM 02:44 PM 05:47 PM 08:51 PM 11:55 PM
Science	Science: Ch 2: Acids, Bases and Salts, -II	English	02:38 AM 05:41 AM 08:45 AM 11:49 AM 02:52 PM 05:56 PM 09:00 PM
बृहस्पतिवार, 23 अप्रैल 2026 Thursday, 23 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 02:49 AM 05:39 AM 08:29 AM 11:19 AM 02:09 PM 04:59 PM 07:49 PM 10:39 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	12:25 AM 03:15 AM 06:05 AM 08:55 AM 11:44 AM 02:34 PM 05:24 PM 08:14 PM 11:04 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-4	Hindi	12:31 AM 03:21 AM 06:11 AM 09:01 AM 11:51 AM 02:41 PM 05:31 PM 08:21 PM 11:11 PM
गणित	गणित: पाठ-1 : वास्तविक संख्याएँ-2	Hindi	12:54 AM 03:44 AM 06:34 AM 09:24 AM 12:14 PM 03:04 PM 05:54 PM 08:44 PM 11:34 PM



General	Emotional Well Being and Mental Health (H)	Hindi	01:15 AM 04:05 AM 06:55 AM 09:45 AM 12:35 PM 03:25 PM 06:15 PM 09:05 PM 11:55 PM
Language (English)	English: Chap 10: The Book that Saved the Earth	English	01:20 AM 04:10 AM 07:00 AM 09:50 AM 12:40 PM 03:30 PM 06:20 PM 09:10 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:46 AM 04:36 AM 07:26 AM 10:16 AM 01:06 PM 03:56 PM 06:46 PM 09:36 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	01:46 AM 04:36 AM 07:26 AM 10:16 AM 01:06 PM 03:56 PM 06:46 PM 09:36 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:23 AM 05:13 AM 08:03 AM 10:53 AM 01:43 PM 04:33 PM 07:23 PM 10:13 PM
शुक्रवार, 24 अप्रैल 2026 Friday, 24 April 2026			
संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-1	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:58 AM 02:58 PM 05:58 PM 08:57 PM 11:57 PM
Cyber Security	Mobile Information Security	English	12:26 AM 03:25 AM 06:25 AM 09:25 AM 12:24 PM 03:24 PM 06:24 PM 09:23 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-7: लोकतंत्र के परिणाम-1	Hindi	12:27 AM 03:27 AM 06:26 AM 09:26 AM 12:26 PM 03:25 PM 06:25 PM 09:25 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	12:48 AM 03:48 AM 06:47 AM 09:47 AM 12:47 PM 03:46 PM 06:46 PM 09:46 PM
गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	12:54 AM 03:54 AM 06:53 AM 09:53 AM 12:53 PM 03:52 PM 06:52 PM 09:52 PM
Cyber Security	5 Internet Tips for kids	Hindi	01:20 AM 04:19 AM 07:19 AM 10:19 AM 01:18 PM 04:18 PM 07:18 PM 10:17 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:21 AM 04:21 AM 07:20 AM 10:20 AM 01:20 PM 04:19 PM 07:19 PM 10:19 PM



Mathematics	Maths: Chap 11: Constructions-1	English	01:52 AM 04:52 AM 07:52 AM 10:51 AM 01:51 PM 04:51 PM 07:50 PM 10:50 PM
General	Health And Sanitaion (E)	English	02:27 AM 05:27 AM 08:27 AM 11:26 AM 02:26 PM 05:26 PM 08:25 PM 11:25 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:34 AM 05:33 AM 08:33 AM 11:33 AM 02:32 PM 05:32 PM 08:32 PM 11:31 PM
General English	Episode 2 Greeting an Acquaintance	English	02:50 AM 05:50 AM 08:50 AM 11:49 AM 02:49 PM 05:49 PM 08:48 PM 11:48 PM
शनिवार, 25 अप्रैल 2026 Saturday, 25 April 2026			
संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-2	Sanskrit	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:29 AM 03:30 AM 06:31 AM 09:32 AM 12:33 PM 03:34 PM 06:35 PM 09:36 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-2	Hindi	12:29 AM 03:30 AM 06:31 AM 09:32 AM 12:33 PM 03:34 PM 06:35 PM 09:36 PM
General	Nadishodhan Pranayam	English	12:52 AM 03:53 AM 06:54 AM 09:56 AM 12:57 PM 03:58 PM 06:59 PM 10:00 PM
गणित	गणित: पाठ-15: प्रायिकता	Hindi	12:56 AM 03:57 AM 06:58 AM 09:59 AM 01:00 PM 04:01 PM 07:02 PM 10:03 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:22 AM 04:23 AM 07:24 AM 10:25 AM 01:26 PM 04:27 PM 07:28 PM 10:29 PM
General	E-Waste Management: Block 4.2	English	01:44 AM 04:45 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:51 PM
Mathematics	Maths: Chap 11: Constructions-2	English	01:56 AM 04:57 AM 07:58 AM 10:59 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM



सामान्य	Sustainable Food Systems Adopted	हिन्दी	02:18 AM 05:19 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:18 AM 05:19 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
रविवार, 26 अप्रैल 2026 Sunday, 26 April 2026			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	12:27 AM 03:28 AM 06:28 AM 09:29 AM 12:30 PM 03:30 PM 06:31 PM 09:32 PM
General	E-Waste Management: Block 3	English	12:51 AM 03:52 AM 06:52 AM 09:53 AM 12:54 PM 03:54 PM 06:55 PM 09:56 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:09 AM 04:10 AM 07:10 AM 10:11 AM 01:12 PM 04:12 PM 07:13 PM 10:14 PM
General	Functions of Wetlands and their Biophysical characteristics	English	01:36 AM 04:37 AM 07:38 AM 10:38 AM 01:39 PM 04:40 PM 07:40 PM 10:41 PM
General	ISL Launch Video Academic terms	English/hindi	01:48 AM 04:48 AM 07:49 AM 10:50 AM 01:50 PM 04:51 PM 07:52 PM 10:52 PM
Social Science (Economics)	Chapter 5: Consumer Rights-1	English	01:51 AM 04:52 AM 07:52 AM 10:53 AM 01:54 PM 04:54 PM 07:55 PM 10:56 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:26 AM 05:27 AM 08:28 AM 11:28 AM 02:29 PM 05:30 PM 08:30 PM 11:31 PM
General English	Episode 7 Making Requests 1	English	02:46 AM 05:47 AM 08:47 AM 11:48 AM 02:49 PM 05:49 PM 08:50 PM 11:51 PM
Cyber Security	Internet Ethics	English	02:57 AM 05:58 AM 08:59 AM 11:59 AM 03:00 PM 06:00 PM 09:01 PM



सोमवार, 27 अप्रैल 2026
Monday, 27 April 2026

Cyber Security	Physical Security	English	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:56 PM 05:56 PM 08:55 PM 11:54 PM
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:03 AM 03:02 AM 06:02 AM 09:01 AM 12:01 PM 03:00 PM 05:59 PM 08:59 PM 11:58 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-2	Hindi	12:21 AM 03:20 AM 06:20 AM 09:19 AM 12:18 PM 03:18 PM 06:17 PM 09:16 PM
General	Safety and Security (E)	English	12:43 AM 03:43 AM 06:42 AM 09:41 AM 12:41 PM 03:40 PM 06:39 PM 09:39 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	12:49 AM 03:48 AM 06:48 AM 09:47 AM 12:46 PM 03:46 PM 06:45 PM 09:44 PM
Language (English)	English: Chp 10: The Sermon at Benares	English	01:23 AM 04:22 AM 07:22 AM 10:21 AM 01:20 PM 04:20 PM 07:19 PM 10:19 PM
सामान्य	मदिरों की माला भुवनेश्वर	Hindi	01:57 AM 04:57 AM 07:56 AM 10:55 AM 01:55 PM 04:54 PM 07:54 PM 10:53 PM
Mathematics	Maths: Chap 12: Area related to Circles-1	English	02:18 AM 05:17 AM 08:16 AM 11:16 AM 02:15 PM 05:15 PM 08:14 PM 11:13 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen Nalanda	Hindi	02:31 AM 05:31 AM 08:30 AM 11:30 AM 02:29 PM 05:28 PM 08:28 PM 11:27 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:37 AM 05:36 AM 08:35 AM 11:35 AM 02:34 PM 05:33 PM 08:33 PM 11:32 PM
मंगलवार, 28 अप्रैल 2026			
Tuesday, 28 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM



DD Free Dish Channel #32



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Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-3	Hindi	12:25 AM 03:26 AM 06:26 AM 09:26 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM
विज्ञान	विज्ञान: पाठ-3: धातु एवं अधातु	Hindi	12:45 AM 03:45 AM 06:46 AM 09:46 AM 12:47 PM 03:47 PM 06:47 PM 09:48 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:24 AM 04:24 AM 07:25 AM 10:25 AM 01:25 PM 04:26 PM 07:26 PM 10:27 PM
Language (English)	English: Chp 10: For Anne Gregory-3	English	01:30 AM 04:30 AM 07:31 AM 10:31 AM 01:31 PM 04:32 PM 07:32 PM 10:33 PM
Cyber Security	Tips to avoid Lottery Scams	English	01:56 AM 04:56 AM 07:56 AM 10:57 AM 01:57 PM 04:58 PM 07:58 PM 10:58 PM
Mathematics	Maths: Chap 12: Area related to Circles-2	English	01:56 AM 04:57 AM 07:57 AM 10:58 AM 01:58 PM 04:58 PM 07:59 PM 10:59 PM
General	Personal Safety	English	02:17 AM 05:17 AM 08:17 AM 11:18 AM 02:18 PM 05:19 PM 08:19 PM 11:19 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:31 AM 05:31 AM 08:32 AM 11:32 AM 02:32 PM 05:33 PM 08:33 PM 11:34 PM
General English	Episode 1 Greeting a Friend	English	02:52 AM 05:52 AM 08:53 AM 11:53 AM 02:53 PM 05:54 PM 08:54 PM 11:55 PM
बुधवार, 29 अप्रैल 2026 Wednesday, 29 April 2026			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 02:57 AM 05:54 AM 08:51 AM 11:48 AM 02:45 PM 05:42 PM 08:39 PM 11:36 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:18 AM 03:15 AM 06:12 AM 09:09 AM 12:07 PM 03:04 PM 06:01 PM 08:58 PM 11:55 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-1	Hindi	12:19 AM 03:16 AM 06:13 AM 09:10 AM 12:07 PM 03:04 PM 06:01 PM 08:58 PM 11:56 PM



General	गुलज़ार बच्चों के साथ	Hindi	12:46 AM 03:43 AM 06:40 AM 09:37 AM 12:35 PM 03:32 PM 06:29 PM 09:26 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	12:59 AM 03:56 AM 06:53 AM 09:50 AM 12:47 PM 03:44 PM 06:41 PM 09:39 PM
General	Management of Wetlands Part -2	English	01:23 AM 04:20 AM 07:17 AM 10:14 AM 01:11 PM 04:08 PM 07:05 PM 10:02 PM
Language (English)	English: Chap 10: The Book that Saved the Earth	English	01:31 AM 04:28 AM 07:25 AM 10:22 AM 01:19 PM 04:16 PM 07:13 PM 10:10 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:56 AM 04:53 AM 07:50 AM 10:47 AM 01:45 PM 04:42 PM 07:39 PM 10:36 PM
General	Growing up Healthy	English	01:57 AM 04:54 AM 07:51 AM 10:48 AM 01:45 PM 04:42 PM 07:39 PM 10:36 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:01 AM 04:58 AM 07:55 AM 10:52 AM 01:49 PM 04:46 PM 07:43 PM 10:41 PM
Cultural Heritage	Understanding Our Cultural Heritage	Hindi	02:25 AM 05:22 AM 08:19 AM 11:16 AM 02:13 PM 05:11 PM 08:08 PM 11:05 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:39 AM 05:36 AM 08:33 AM 11:30 AM 02:28 PM 05:25 PM 08:22 PM 11:19 PM
Cyber Security	Fake Whats app messages	English	02:54 AM 05:51 AM 08:49 AM 11:46 AM 02:43 PM 05:40 PM 08:37 PM 11:34 PM
बृहस्पतिवार, 30 अप्रैल 2026 Thursday, 30 April 2026			
हिन्दी	पाठ-11: रामवृद्ध बेनीपुरी: बालगोबिन भगत	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM
Cyber Security	Data Privacy	Hindi	12:25 AM 03:25 AM 06:25 AM 09:26 AM 12:26 PM 03:27 PM 06:27 PM 09:28 PM



General	Trikonasana	English	12:25 AM 03:26 AM 06:26 AM 09:27 AM 12:27 PM 03:28 PM 06:28 PM 09:29 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-2	Hindi	12:28 AM 03:28 AM 06:29 AM 09:29 AM 12:30 PM 03:30 PM 06:31 PM 09:31 PM
सामान्य	त्रिकोणासना	हिन्दी	12:47 AM 03:47 AM 06:48 AM 09:48 AM 12:49 PM 03:49 PM 06:50 PM 09:50 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	12:50 AM 03:50 AM 06:51 AM 09:51 AM 12:51 PM 03:52 PM 06:52 PM 09:53 PM
General	Azadi ki Amrit Kahaniyan:(Harshini Kanhekar :Agni)	English	01:24 AM 04:24 AM 07:25 AM 10:25 AM 01:26 PM 04:26 PM 07:27 PM 10:27 PM
Language (English)	English: Chp 10: The Sermon at Benares	English	01:26 AM 04:27 AM 07:27 AM 10:28 AM 01:28 PM 04:28 PM 07:29 PM 10:29 PM
General	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	Hindi	02:00 AM 05:01 AM 08:01 AM 11:02 AM 02:02 PM 05:03 PM 08:03 PM 11:04 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	02:06 AM 05:07 AM 08:07 AM 11:08 AM 02:08 PM 05:09 PM 08:09 PM 11:09 PM
Science	Science: Ch 2: Acids, Bases and Salts, -II	English	02:34 AM 05:35 AM 08:35 AM 11:36 AM 02:36 PM 05:37 PM 08:37 PM 11:38 PM

