

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 7

अगस्त 2024
August 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बृहस्पतिवार, 01 अगस्त 2024 Thursday, 01 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:37 AM 03:08 AM 05:39 AM 08:10 AM 10:41 AM 01:12 PM 03:43 PM 06:14 PM 08:45 PM 11:16 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:49 AM 03:20 AM 05:51 AM 08:22 AM 10:53 AM 01:24 PM 03:55 PM 06:26 PM 08:57 PM 11:28 PM
English	Ch-7: Dad and the cat and the tree	English	01:19 AM 03:50 AM 06:21 AM 08:52 AM 11:23 AM 01:54 PM 04:25 PM 06:56 PM 09:27 PM 11:58 PM
सामान्य जागरूकता	आजादी की अमृत कहानियाँ (टेस्सी)	हिंदी	01:43 AM 04:14 AM 06:45 AM 09:16 AM 11:47 AM 02:18 PM 04:49 PM 07:20 PM 09:50 PM
Science	Ch-10: Respiration In Organisms	English	01:45 AM 04:16 AM 06:47 AM 09:18 AM 11:49 AM 02:20 PM 04:51 PM 07:22 PM 09:53 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM 04:40 AM 07:11 AM 09:42 AM 12:13 PM 02:44 PM 05:15 PM 07:46 PM 10:17 PM



शुक्रवार, 02 अगस्त 2024 Friday, 02 August 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:28 PM 02:57 PM 05:27 PM 07:56 PM 10:26 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:21 AM 02:51 AM 05:20 AM 07:50 AM 10:20 AM 12:49 PM 03:19 PM 05:48 PM 08:18 PM 10:48 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	12:38 AM 03:08 AM 05:37 AM 08:07 AM 10:37 AM 01:06 PM 03:36 PM 06:05 PM 08:35 PM 11:05 PM
Avalanche	Avalanche – जानिए इस वीडियो द्वारा हिमस्खलन के संकेत	हिंदी	12:47 AM 03:17 AM 05:46 AM 08:16 AM 10:46 AM 01:15 PM 03:45 PM 06:14 PM 08:44 PM 11:14 PM
General Awareness	Social Networking	English	12:49 AM 03:18 AM 05:48 AM 08:18 AM 10:47 AM 01:17 PM 03:47 PM 06:16 PM 08:46 PM 11:15 PM
हिन्दी	दूर्वा-२, पाठ-7: पुस्तकें जो अमर हैं	हिंदी	12:53 AM 03:23 AM 05:52 AM 08:22 AM 10:52 AM 01:21 PM 03:51 PM 06:20 PM 08:50 PM 11:20 PM
Political science	Ch-8: A shirt in the market	English	01:08 AM 03:38 AM 06:07 AM 08:37 AM 11:07 AM 01:36 PM 04:06 PM 06:36 PM 09:05 PM 11:35 PM
Flood	Flood - What Should Be Done After Floods	English	01:21 AM 03:50 AM 06:20 AM 08:49 AM 11:19 AM 01:49 PM 04:18 PM 06:48 PM 09:18 PM 11:47 PM
Mathematics	Ch-9: Rational numbers	English	01:22 AM 03:51 AM 06:21 AM 08:50 AM 11:20 AM 01:50 PM 04:19 PM 06:49 PM 09:19 PM 11:48 PM



Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:53 AM 04:22 AM 06:52 AM 09:21 AM 11:51 AM 02:21 PM 04:50 PM 07:20 PM 09:49 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:59 AM 04:29 AM 06:58 AM 09:28 AM 11:58 AM 02:27 PM 04:57 PM 07:27 PM 09:56 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएँ	हिंदी	02:07 AM 04:37 AM 07:07 AM 09:36 AM 12:06 PM 02:35 PM 05:05 PM 07:35 PM 10:04 PM
Vocational	Finishing and costing of embroidered Products	English	02:08 AM 04:37 AM 07:07 AM 09:37 AM 12:06 PM 02:36 PM 05:06 PM 07:35 PM 10:05 PM
शनिवार, 03 अगस्त 2024 Saturday, 03 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
संस्कृत	चतुर बानर	हिंदी	12:37 AM 03:08 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:42 PM 06:13 PM 08:43 PM 11:14 PM
Geography	Ch-8: Human Environment Interactions The Tropical and Subtropical Regions	English	12:46 AM 03:17 AM 05:47 AM 08:18 AM 10:49 AM 01:20 PM 03:50 PM 06:21 PM 08:52 PM 11:22 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	01:16 AM 03:47 AM 06:17 AM 08:48 AM 11:19 AM 01:50 PM 04:20 PM 06:51 PM 09:22 PM 11:53 PM
Avalanche	Avalanche - यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	हिंदी	01:25 AM 03:56 AM 06:26 AM 08:57 AM 11:28 AM 01:59 PM 04:29 PM 07:00 PM 09:31 PM
सामान्य जागरूकता	3 R's केंद्र और रिसायक्लिंग लैब (जीतो की वीडियो)	हिंदी	01:27 AM 03:57 AM 06:28 AM 08:59 AM 11:30 AM 02:00 PM 04:31 PM 07:02 PM 09:33 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:35 AM 04:06 AM 06:36 AM 09:07 AM 11:38 AM 02:08 PM 04:39 PM 07:10 PM 09:41 PM



Science	Ch-10: Respiration In Organisms	English	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:47 AM 02:18 PM 04:48 PM 07:19 PM 09:50 PM
Flood	Flood - How To Be Prepared For Floods	English	02:08 AM 04:39 AM 07:09 AM 09:40 AM 12:11 PM 02:42 PM 05:12 PM 07:43 PM 10:14 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM 04:40 AM 07:10 AM 09:41 AM 12:12 PM 02:43 PM 05:13 PM 07:44 PM 10:15 PM
रविवार, 04 अगस्त 2024 Sunday, 04 August 2024			
शारीरिक शिक्षा	त्रिकोणासन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM 02:58 AM 05:28 AM 07:59 AM 10:29 AM 01:00 PM 03:30 PM 06:01 PM 08:31 PM 11:02 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:34 PM 09:04 PM 11:35 PM
Flood	Flood - What Should Be Done After Floods	English	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM
General Awareness	Tree Tale - Kadamba	English	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
History	Ch-9: The Making of Regional Cultures (Part-1)	English	01:33 AM 04:03 AM 06:34 AM 09:04 AM 11:35 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM
Flood	Flood - What To Do During Floods	English	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:21 PM 09:51 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:48 AM 04:18 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM



General Awareness	Fabric	English	01:52 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:24 PM 04:55 PM 07:25 PM 09:56 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:04 PM 07:34 PM 10:05 PM
सोमवार, 05 अगस्त 2024 Monday, 05 August 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:21 AM 02:52 AM 05:22 AM 07:52 AM 10:23 AM 12:53 PM 03:24 PM 05:54 PM 08:25 PM 10:55 PM
Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	12:52 AM 03:23 AM 05:53 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:25 PM 08:56 PM 11:26 PM
English	Ch-7: Dad and the cat and the tree	English	01:08 AM 03:38 AM 06:09 AM 08:39 AM 11:10 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
Mathematics	Ch-9: Rational numbers	English	01:32 AM 04:02 AM 06:33 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:05 PM 09:35 PM
Flood	Flood - बाढ़ के दौरान क्या करें और क्या न करें	हिंदी	02:03 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:06 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM 04:34 AM 07:05 AM 09:35 AM 12:06 PM 02:36 PM 05:06 PM 07:37 PM 10:07 PM
मंगलवार, 06 अगस्त 2024 Tuesday, 06 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:57 PM 10:27 PM



हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:36 AM 01:06 PM 03:36 PM 06:05 PM 08:35 PM 11:05 PM
Flood	Flood - बाढ़ के बाद क्या करें और क्या न करें	हिंदी	01:00 AM 03:30 AM 06:00 AM 08:29 AM 10:59 AM 01:29 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
Science	Ch-10: Respiration In Organisms	English	01:01 AM 03:31 AM 06:01 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:29 PM 08:59 PM 11:29 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Dance - Classical (Boy) Odisha	English/ hindi	01:25 AM 03:55 AM 06:25 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:53 PM 09:23 PM 11:53 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:32 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:00 PM 04:30 PM 07:00 PM 09:29 PM 11:59 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:38 AM 04:08 AM 06:38 AM 09:08 AM 11:37 AM 02:07 PM 04:37 PM 07:06 PM 09:36 PM
Geography	Ch-8: Human Environment Interactions The Tropical and Subtropical Regions	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:45 AM 02:15 PM 04:45 PM 07:14 PM 09:44 PM
Vocational	Fishbone Stitch	English	02:17 AM 04:46 AM 07:16 AM 09:46 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:14 PM

बुधवार, 07 अगस्त 2024

Wednesday, 07 August 2024

विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:49 PM



DD Free Dish Channel #29



8800440559



Jio TV



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Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:27 AM 02:57 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:25 PM 10:55 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:34 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
General Awareness	Fabric	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:19 PM
Flood	Flood - बाढ़ से पहले क्या करें और क्या न करें	हिंदी	01:00 AM 03:30 AM 06:00 AM 08:30 AM 10:59 AM 01:29 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
General English	Episode 3 Greeting Strangers	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:29 PM
History	Ch-9: The Making of Regional Cultures (Part-1)	English	01:13 AM 03:43 AM 06:13 AM 08:43 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:41 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:27 AM 03:57 AM 06:27 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:55 PM
Mathematics	Ch-9: Rational numbers	English	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	02:07 AM 04:37 AM 07:07 AM 09:37 AM 12:06 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	हिंदी	02:13 AM 04:43 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:11 PM



Vocational	Feather Stitch	English	02:14 AM 04:44 AM 07:14 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
बृहस्पतिवार, 08 अगस्त 2024 Thursday, 08 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:37 AM 03:08 AM 05:39 AM 08:09 AM 10:40 AM 01:10 PM 03:41 PM 06:11 PM 08:42 PM 11:12 PM
English	Ch-7: The invention of vita-wonk	English	01:07 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:32 AM 04:02 AM 06:33 AM 09:03 AM 11:34 AM 02:04 PM 04:35 PM 07:05 PM 09:36 PM
Science	Ch-10: Respiration In Organisms	English	01:38 AM 04:09 AM 06:39 AM 09:10 AM 11:40 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM
Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	हिंदी	02:02 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:06 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:03 AM 04:34 AM 07:04 AM 09:35 AM 12:06 PM 02:36 PM 05:07 PM 07:37 PM 10:08 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	हिंदी	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	02:28 AM 04:58 AM 07:29 AM 09:59 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:32 PM



शुक्रवार, 09 अगस्त 2024 Friday, 09 August 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:33 PM 03:04 PM 05:35 PM 08:06 PM 10:36 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:21 AM 02:52 AM 05:23 AM 07:53 AM 10:24 AM 12:55 PM 03:26 PM 05:56 PM 08:27 PM 10:58 PM
हिन्दी	दूर्वा-२, पाठ-७: पुस्तकें जो अमर हैं	हिंदी	12:38 AM 03:09 AM 05:40 AM 08:10 AM 10:41 AM 01:12 PM 03:43 PM 06:14 PM 08:44 PM 11:15 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:53 AM 03:24 AM 05:55 AM 08:26 AM 10:56 AM 01:27 PM 03:58 PM 06:29 PM 09:00 PM 11:30 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:00 AM 03:31 AM 06:02 AM 08:32 AM 11:03 AM 01:34 PM 04:05 PM 06:35 PM 09:06 PM 11:37 PM
Political science	Ch-8: A shirt in the market	English	01:04 AM 03:35 AM 06:05 AM 08:36 AM 11:07 AM 01:38 PM 04:09 PM 06:39 PM 09:10 PM 11:41 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:16 AM 03:47 AM 06:18 AM 08:49 AM 11:19 AM 01:50 PM 04:21 PM 06:52 PM 09:22 PM 11:53 PM
सामान्य जागरूकता	आजादी की अमृत कहानियाँ (तन्वी)	हिंदी	01:26 AM 03:57 AM 06:28 AM 08:59 AM 11:30 AM 02:00 PM 04:31 PM 07:02 PM 09:33 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:29 AM 04:00 AM 06:30 AM 09:01 AM 11:32 AM 02:03 PM 04:33 PM 07:04 PM 09:35 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:36 AM 04:07 AM 06:38 AM 09:08 AM 11:39 AM 02:10 PM 04:41 PM 07:12 PM 09:42 PM



Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:49 PM 07:20 PM 09:50 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:45 AM 04:16 AM 06:47 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:21 PM 09:52 PM
Mathematics	Ch-9: Rational numbers	English	01:49 AM 04:20 AM 06:51 AM 09:22 AM 11:52 AM 02:23 PM 04:54 PM 07:25 PM 09:55 PM
Vocational	Feather Stitch	English	02:20 AM 04:51 AM 07:22 AM 09:53 AM 12:23 PM 02:54 PM 05:25 PM 07:56 PM 10:26 PM
शनिवार, 10 अगस्त 2024 Saturday, 10 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
संस्कृत	सम्बन्धो ही दुर्जयः	हिंदी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Geography	Ch-8: Human Environment Interactions The Tropical and Subtropical Regions	English	12:46 AM 03:16 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:45 PM 11:15 PM
Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	हिंदी	01:16 AM 03:46 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:15 PM 11:45 PM
Science	Ch-10: Respiration In Organisms	English	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM



Landslide	Landslide - भूस्खलन के दौरान क्या करें और क्या न करें - 01	हिंदी	02:19 AM 04:48 AM 07:18 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM
रविवार, 11 अगस्त 2024 Sunday, 11 August 2024			
शारीरिक शिक्षा	पद्मासन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM 02:58 AM 05:28 AM 07:59 AM 10:29 AM 12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:01 PM
General Awareness	Growing up Healthy	English	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:04 PM 11:34 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:04 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:39 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:23 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:58 PM
General	zoological-Survey-of-india	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:03 PM 04:33 PM 07:03 PM 09:34 PM
General Awareness	e-waste management Block-2	English	01:33 AM 04:03 AM 06:34 AM 09:04 AM 11:34 AM 02:05 PM 04:35 PM 07:06 PM 09:36 PM
History	Ch-9: The Making of Regional Cultures (Part-1)	English	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:20 PM 09:51 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:04 PM 07:34 PM 10:05 PM



सोमवार, 12 अगस्त 2024
Monday, 12 August 2024

विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
English	Ch-7: The invention of vita-wonk	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	हिंदी	01:25 AM 03:55 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
Mathematics	Ch-9: Rational numbers	English	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
General Awareness	Tree Tale - Kadamba	English	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
सामान्य	Healthy Lifestyle Adopted	हिंदी	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
मंगलवार, 13 अगस्त 2024			
Tuesday, 13 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:10 PM
Thunderstorm and Lighting	आंधी तूफान	हिंदी	01:00 AM 03:30 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:02 PM 06:32 PM 09:02 PM 11:32 PM
Thunderstorm and Lighting	Lightning - How To Save The Life Of A Victim Struck By Lightning	English	01:01 AM 03:31 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Science	Ch-10: Respiration In Organisms	English	01:02 AM 03:32 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:26 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:58 PM
Geography	Ch-8: Human Enviroment Interactions The Tropical and Subtropical Regions	English	01:34 AM 04:04 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:36 PM 07:06 PM 09:36 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	02:04 AM 04:34 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:06 PM
Vocational	Personal hygiene and Health	English	02:10 AM 04:40 AM 07:10 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM
बुधवार, 14 अगस्त 2024 Wednesday, 14 August 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
उर्दू	ईदगाह	हिंदी	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM



General Awareness	e-waste management Block-5	English	12:58 AM 03:28 AM 05:58 AM 08:29 AM 10:59 AM 01:29 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Thunderstorm and Lighting	Lightning - What To Do During Lightning & Thunderstorm	English	01:19 AM 03:50 AM 06:20 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:51 PM 09:21 PM 11:51 PM
History	Ch-9: The Making of Regional Cultures (Part-1)	English	01:20 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:52 PM 09:22 PM 11:52 PM
General Awareness	Fabric	English	01:34 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:36 PM
Mathematics	Ch-9: Rational numbers	English	01:43 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:45 PM
Vocational	Feather Stitch	English	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:16 PM
बृहस्पतिवार, 15 अगस्त 2024 Thursday, 15 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
English	Ch-7: The invention of vita-wonk, Dad & the Cat & the tree	English	01:07 AM 03:37 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
Thunderstorm and Lighting	Lightning - बिजली गिरने के दौरान कैसे रहें सुरक्षित	हिंदी	01:32 AM 04:02 AM 06:32 AM 09:03 AM 11:33 AM 02:03 PM 04:33 PM 07:03 PM 09:33 PM



General	zoological-Survey-of-india	English	01:33 AM 04:03 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
सामान्य जागरूकता	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Science	Ch-10: Respiration In Organisms	English	01:36 AM 04:06 AM 06:36 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
शुक्रवार, 16 अगस्त 2024 Friday, 16 August 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
हिन्दी	दूर्वा-२, पाठ-7: पुस्तकें जो अमर हैं	हिंदी	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:31 AM 01:02 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
Political science	Ch-8: A shirt in the market	English	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:47 PM 06:18 PM 08:48 PM 11:18 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	12:57 AM 03:28 AM 05:58 AM 08:29 AM 10:59 AM 01:29 PM 04:00 PM 06:30 PM 09:00 PM 11:31 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:05 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
Thunderstorm and Lighting	Lightning - बिजली की चोटों के संकेत और लक्षण	हिंदी	01:24 AM 03:54 AM 06:25 AM 08:55 AM 11:25 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:57 PM



Storytelling/Value Education	I have got 10 little fingers	English	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:56 PM 04:27 PM 06:57 PM 09:28 PM 11:58 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:34 AM 04:04 AM 06:34 AM 09:05 AM 11:35 AM 02:06 PM 04:36 PM 07:06 PM 09:37 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:41 AM 04:11 AM 06:42 AM 09:12 AM 11:43 AM 02:13 PM 04:43 PM 07:14 PM 09:44 PM
Mathematics	Ch-9: Rational numbers	English	01:44 AM 04:14 AM 06:44 AM 09:15 AM 11:45 AM 02:16 PM 04:46 PM 07:16 PM 09:47 PM
Vocational	Feather Stitch	English	02:15 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:47 PM 10:18 PM
शनिवार, 17 अगस्त 2024 Saturday, 17 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
संस्कृत	पुनर्मूषको भवः	हिंदी	12:42 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:44 PM 11:14 PM
Geography	Ch-8: Human Environment Interactions The Tropical and Subtropical Regions	English	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:22 PM
General Awareness	Growing up Healthy	English	01:20 AM 03:50 AM 06:20 AM 08:50 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:52 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:24 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:26 PM 11:56 PM



Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:46 AM 04:16 AM 06:46 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:48 PM
रविवार, 18 अगस्त 2024 Sunday, 18 August 2024			
शारीरिक शिक्षा	त्रिकोणासन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM 02:58 AM 05:28 AM 07:59 AM 10:29 AM 01:00 PM 03:31 PM 06:01 PM 08:32 PM 11:02 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:33 PM 04:04 PM 06:34 PM 09:05 PM 11:35 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:07 AM 03:37 AM 06:08 AM 08:39 AM 11:09 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्ती रानी-5	हिंदी	01:15 AM 03:45 AM 06:16 AM 08:47 AM 11:17 AM 01:48 PM 04:18 PM 06:49 PM 09:19 PM 11:50 PM
Thunderstorm and Lighting	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	हिंदी	01:34 AM 04:05 AM 06:35 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:08 PM 09:39 PM
General Awareness	Fabric	English	01:35 AM 04:06 AM 06:36 AM 09:07 AM 11:37 AM 02:08 PM 04:38 PM 07:09 PM 09:40 PM
History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:18 PM 09:49 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:34 PM 05:04 PM 07:35 PM 10:05 PM



सोमवार, 19 अगस्त 2024 Monday, 19 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:29 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:31 PM 11:01 PM
English	Ch-7: The invention of vita-wonk, Dad & the Cat & the tree	English	01:04 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:36 PM
Mathematics	Ch-9: Rational numbers	English	01:29 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
मंगलवार, 20 अगस्त 2024 Tuesday, 20 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Storytelling/Value Education	सुधीर तैलंग	हिंदी	01:00 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM



Science	Ch-11: Transportation in Animals & Plants	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:43 PM 07:13 PM 09:43 PM
सामान्य जागरूकता	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
Vocational	Personal hygiene and Health	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
Thunderstorm and Lighting	Lightning - बिजली की चोटों के संकेत और लक्षण	हिंदी	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:12 PM
Vocational	Fishbone Stitch	English	02:13 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
Urban Floods	Urban Flood - During Urban Flood	English	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:18 PM
बुधवार, 21 अगस्त 2024 Wednesday, 21 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General Awareness	Fake-Whatsapp-Messages	English	12:29 AM 02:59 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
उर्दू	ईदगाह	हिंदी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM



सामान्य जागरूकता	मछली साँस कैसे लेती है	हिंदी	01:00 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:14 AM 03:44 AM 06:14 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:44 PM 09:14 PM 11:44 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान क्या करें और क्या न करें	हिंदी	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:22 AM 03:53 AM 06:23 AM 08:53 AM 11:23 AM 01:53 PM 04:23 PM 06:53 PM 09:23 PM 11:53 PM
Mathematics	Ch-9: Rational numbers	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
General Awareness	Growing up Healthy	English	02:10 AM 04:40 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
Vocational	Feather Stitch	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:15 PM
बृहस्पतिवार, 22 अगस्त 2024 Thursday, 22 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:34 AM 01:05 PM 03:36 PM 06:07 PM 08:38 PM 11:09 PM



English	An Alien Hand, Ch-7: Chandni	English	01:01 AM 03:32 AM 06:03 AM 08:34 AM 11:05 AM 01:36 PM 04:07 PM 06:38 PM 09:09 PM 11:40 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:21 AM 03:52 AM 06:23 AM 08:54 AM 11:25 AM 01:56 PM 04:27 PM 06:58 PM 09:29 PM 11:59 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	हिंदी	01:27 AM 03:58 AM 06:29 AM 09:00 AM 11:31 AM 02:02 PM 04:32 PM 07:03 PM 09:34 PM
General English	Episode 11 Agreeing 3	English	01:28 AM 03:59 AM 06:30 AM 09:01 AM 11:32 AM 02:03 PM 04:33 PM 07:04 PM 09:35 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:14 PM 09:45 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM 04:31 AM 07:02 AM 09:33 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:07 PM
Urban Floods	Urban Flood - शहरी बाढ़ को आने से कैसे रोक सकते हैं	हिंदी	02:20 AM 04:51 AM 07:22 AM 09:52 AM 12:23 PM 02:54 PM 05:25 PM 07:56 PM 10:27 PM
शुक्रवार, 23 अगस्त 2024 Friday, 23 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:27 PM
हिन्दी	दूर्वा-२, पाठ-७: पुस्तकें जो अमर हैं	हिंदी	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:27 PM 10:57 PM
Urban Floods	Urban Flood - शहरी बाढ़ क्यों आती है	हिंदी	12:45 AM 03:14 AM 05:44 AM 08:14 AM 10:44 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:12 PM



Political science	Ch-8: A shirt in the market	English	12:46 AM 03:16 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:44 PM 06:14 PM 08:44 PM 11:14 PM
General English	Episode 5 Giving Advice 1	English	12:58 AM 03:28 AM 05:58 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:26 PM 08:56 PM 11:26 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:12 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:39 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:19 AM 03:49 AM 06:19 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:47 PM 09:17 PM 11:47 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	हिंदी	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:24 PM 11:54 PM
General English	Episode 13 Disagreeing 2	English	01:27 AM 03:57 AM 06:27 AM 08:57 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:25 PM 11:55 PM
Urban Floods	Urban Flood - शहरी बाढ़ से पहले	हिंदी	01:42 AM 04:12 AM 06:42 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:10 PM 09:40 PM
Mathematics	Ch-9: Rational numbers	English	01:43 AM 04:13 AM 06:43 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:11 PM 09:41 PM
Vocational	Feather Stitch	English	02:14 AM 04:44 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:12 PM 07:42 PM 10:12 PM
शनिवार, 24 अगस्त 2024 Saturday, 24 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM



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संस्कृत	लोभः नाशाय	हिंदी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	01:01 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:29 PM 08:59 PM 11:29 PM
Urban Floods	शहरी बाढ़ के परिणाम से कैसे निपटें	हिंदी	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:36 PM
General English	Episode 12 Disagreeing 1	English	01:09 AM 03:39 AM 06:09 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:37 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:23 AM 03:53 AM 06:22 AM 08:52 AM 11:22 AM 01:52 PM 04:22 PM 06:51 PM 09:21 PM 11:51 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:45 AM 04:15 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:13 PM 09:43 PM
Urban Floods	Urban Flood - शहरी बाढ़ से पहले	हिंदी	02:19 AM 04:49 AM 07:18 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:47 PM 10:17 PM
रविवार, 25 अगस्त 2024 Sunday, 25 August 2024			
शारीरिक शिक्षा	पद्मासन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM



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राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM 02:58 AM 05:28 AM 07:59 AM 10:30 AM 01:01 PM 03:31 PM 06:02 PM 08:33 PM 11:04 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:03 AM 01:34 PM 04:04 PM 06:35 PM 09:06 PM 11:36 PM
Avalanche	Avalanche _ जानिए इस वीडियो द्वारा हिमस्खलन के सकेत	हिंदी	01:19 AM 03:50 AM 06:21 AM 08:51 AM 11:22 AM 01:53 PM 04:24 PM 06:54 PM 09:25 PM 11:56 PM
General Awareness	Fabric	English	01:21 AM 03:52 AM 06:22 AM 08:53 AM 11:24 AM 01:55 PM 04:25 PM 06:56 PM 09:27 PM 11:57 PM
General Awareness	e-waste management Block-2	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:33 AM 02:04 PM 04:34 PM 07:05 PM 09:36 PM
History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:49 PM 07:19 PM 09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:01 AM 04:32 AM 07:02 AM 09:33 AM 12:04 PM 02:34 PM 05:05 PM 07:36 PM 10:07 PM
सोमवार, 26 अगस्त 2024 Monday, 26 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:37 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:35 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:09 PM 03:40 PM 06:10 PM 08:41 PM 11:12 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	01:06 AM 03:37 AM 06:08 AM 08:38 AM 11:09 AM 01:40 PM 04:11 PM 06:42 PM 09:13 PM 11:43 PM



English	An Alien Hand, Ch-7: Chandni	English	01:11 AM 03:42 AM 06:13 AM 08:44 AM 11:15 AM 01:46 PM 04:16 PM 06:47 PM 09:18 PM 11:49 PM
Avalanche	Avalanche – यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	हिंदी	01:31 AM 04:01 AM 06:32 AM 09:03 AM 11:34 AM 02:05 PM 04:36 PM 07:06 PM 09:37 PM
Mathematics	Ch-9: Rational numbers	English	01:32 AM 04:03 AM 06:34 AM 09:05 AM 11:36 AM 02:07 PM 04:37 PM 07:08 PM 09:39 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	02:03 AM 04:34 AM 07:05 AM 09:36 AM 12:07 PM 02:37 PM 05:08 PM 07:39 PM 10:10 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM 04:40 AM 07:11 AM 09:42 AM 12:12 PM 02:43 PM 05:14 PM 07:45 PM 10:16 PM
मंगलवार, 27 अगस्त 2024 Tuesday, 27 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:40 PM 11:10 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:49 AM 01:19 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:53 AM 03:23 AM 05:54 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:26 PM
General Awareness	Levers Around Us	English	01:16 AM 03:46 AM 06:16 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:48 PM 09:18 PM 11:48 PM



Science	Ch-11: Transportation in Animals & Plants	English	01:24 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:56 PM 09:26 PM 11:56 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:46 AM 04:16 AM 06:46 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:18 PM 09:48 PM
General Awareness	Growing up Healthy	English	02:04 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM
Vocational	Finishing and costing of embroidered Products	English	02:08 AM 04:39 AM 07:09 AM 09:39 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:11 PM
बुधवार, 28 अगस्त 2024 Wednesday, 28 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
उर्दू	ईदगाह	हिंदी	12:35 AM 03:05 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:38 PM 06:08 PM 08:39 PM 11:09 PM
General Awareness	Fabric	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
General Awareness	e-waste management Film 2	English	01:12 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:47 PM
History	Ch-9: The Making of Regional Cultures (Part-2)	English	01:21 AM 03:52 AM 06:22 AM 08:53 AM 11:23 AM 01:54 PM 04:24 PM 06:55 PM 09:25 PM 11:56 PM
Mathematics	Ch-9: Rational numbers	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:11 PM 09:42 PM



Vocational	Finishing and costing of embroidered Products	English	02:09 AM 04:39 AM 07:10 AM 09:40 AM 12:11 PM 02:41 PM 05:12 PM 07:42 PM 10:13 PM
बृहस्पतिवार, 29 अगस्त 2024 Thursday, 29 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
English	An Alien Hand, Ch-7: Chandni	English	01:01 AM 03:32 AM 06:03 AM 08:33 AM 11:04 AM 01:34 PM 04:05 PM 06:35 PM 09:06 PM 11:36 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:21 AM 03:51 AM 06:22 AM 08:52 AM 11:23 AM 01:53 PM 04:24 PM 06:54 PM 09:25 PM 11:55 PM
Flood	Flood - बाढ़ के दौरान क्या करें और क्या न करें	हिंदी	01:26 AM 03:57 AM 06:27 AM 08:58 AM 11:28 AM 01:59 PM 04:30 PM 07:00 PM 09:31 PM
General English	Episode 11 Agreeing 3	English	01:28 AM 03:58 AM 06:29 AM 08:59 AM 11:30 AM 02:00 PM 04:31 PM 07:01 PM 09:32 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:11 PM 09:42 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:02 PM 02:32 PM 05:03 PM 07:33 PM 10:04 PM
Flood	Flood - बाढ़ के बाद क्या करें और क्या न करें	हिंदी	02:19 AM 04:50 AM 07:20 AM 09:51 AM 12:21 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM



शुक्रवार, 30 अगस्त 2024 Friday, 30 August 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	दूर्वा-२, पाठ-7: पुस्तकें जो अमर हैं	हिंदी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
Flood	Flood - बाढ़ से पहले क्या करें और क्या न करें	हिंदी	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:49 PM 11:19 PM
Political science	Ch-8: A shirt in the market	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:20 PM 08:50 PM 11:20 PM
General English	Episode 5 Giving Advice 1	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
General English	Episode 13 Disagreeing 2	English	01:27 AM 03:57 AM 06:27 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM
Flood	Flood - बाढ़ के दौरान क्या करें और क्या न करें	हिंदी	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM



Mathematics	Ch-9: Rational numbers	English	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:43 PM 07:13 PM 09:43 PM
Vocational	Feather Stitch	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
शनिवार, 31 अगस्त 2024 Saturday, 31 August 2024			
गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
संस्कृत	लोभः नाशाय	हिंदी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:39 PM 11:09 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	12:42 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:32 PM
General Awareness	Tree Tale - Kadamba	English	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
General English	Episode 12 Disagreeing 1	English	01:10 AM 03:40 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:41 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM

