

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

### कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 7

| सोमवार<br>Monday        | मंगलवार<br>Tuesday      | बुधवार<br>Wednesday      | बुधस्पतिवार<br>Thursday | शुक्रवार<br>Friday      | शनिवार<br>Saturday       | रविवार<br>Sunday                      |
|-------------------------|-------------------------|--------------------------|-------------------------|-------------------------|--------------------------|---------------------------------------|
| विज्ञान                 | गणित                    | विज्ञान                  | गणित                    | विज्ञान                 | गणित                     | शारीरिक शिक्षा                        |
| भूगोल                   | हिन्दी                  | संस्कृत/<br>اردو (उर्दू) | इतिहास                  | हिन्दी                  | संस्कृत/<br>اردو (उर्दू) | राजनीति विज्ञान                       |
| English                 | Geography               | History                  | English                 | Political<br>Science    | Geography                | Activities<br>Mathematics/<br>Science |
| Mathematics             | Science                 | Mathematics              | Science                 | Mathematics             | Science                  | History                               |
| Vocational<br>Education | Vocational<br>Education | Vocational<br>Education  | Vocational<br>Education | Vocational<br>Education | Vocational<br>Education  | Vocational<br>Education               |

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

अगस्त 2025

August 2025

| विषय<br>Subject                                   | कार्यक्रम का शीर्षक<br>Program Title      | माध्यम<br>Medium | प्रसारण समय<br>Telecast Time                                                                                                                 |
|---------------------------------------------------|-------------------------------------------|------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| शुक्रवार, 01 अगस्त 2025<br>Friday, 01 August 2025 |                                           |                  |                                                                                                                                              |
| विज्ञान                                           | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1) | हिंदी            | 12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:02 PM    06:03 PM    08:03 PM    10:03 PM |
| हिन्दी                                            | दूर्वा-२, पाठ-५: थोड़ी धरती पाउ           | हिंदी            | 12:19 AM    02:20 AM    04:20 AM    06:20 AM    08:21 AM    10:21 AM    12:21 PM    02:22 PM    04:22 PM    06:22 PM    08:23 PM    10:23 PM |
| Political science                                 | Ch-6: Understanding media                 | English          | 12:49 AM    02:49 AM    04:50 AM    06:50 AM    08:50 AM    10:51 AM    12:51 PM    02:51 PM    04:52 PM    06:52 PM    08:52 PM    10:53 PM |
| Flood                                             | Flood - What To Do During Floods          | English          | 01:10 AM    03:10 AM    05:10 AM    07:11 AM    09:11 AM    11:11 AM    01:12 PM    03:12 PM    05:12 PM    07:13 PM    09:13 PM    11:13 PM |
| Mathematics                                       | Ch-7: Congruence of triangles             | English          | 01:11 AM    03:11 AM    05:11 AM    07:12 AM    09:12 AM    11:12 AM    01:13 PM    03:13 PM    05:13 PM    07:14 PM    09:14 PM    11:14 PM |
| Vocational                                        | केश सौंदर्य उपकरणों का परिचय              | हिंदी            | 01:40 AM    03:40 AM    05:41 AM    07:41 AM    09:41 AM    11:42 AM    01:42 PM    03:42 PM    05:43 PM    07:43 PM    09:43 PM    11:44 PM |



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| <b>शनिवार, 02 अगस्त 2025</b><br><b>Saturday, 02 August 2025</b> |                                                                            |         |                                                                                                                                                          |
|-----------------------------------------------------------------|----------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| गणित                                                            | पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1                                      | हिंदी   | 12:00 AM    01:59 AM    03:58 AM    05:57 AM    07:57 AM    09:56 AM    11:55 AM    01:55 PM    03:54 PM    05:53 PM    07:53 PM    09:52 PM    11:51 PM |
| संस्कृत                                                         | पुनर्मूषको भवः                                                             | हिंदी   | 12:33 AM    02:33 AM    04:32 AM    06:31 AM    08:31 AM    10:30 AM    12:29 PM    02:28 PM    04:28 PM    06:27 PM    08:26 PM    10:26 PM             |
| Flood                                                           | Urban Flood - How To Deal With The Aftermath Of Urban Floods               | English | 12:41 AM    02:41 AM    04:40 AM    06:39 AM    08:38 AM    10:38 AM    12:37 PM    02:36 PM    04:36 PM    06:35 PM    08:34 PM    10:34 PM             |
| Geography                                                       | Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region | English | 12:43 AM    02:42 AM    04:41 AM    06:40 AM    08:40 AM    10:39 AM    12:38 PM    02:38 PM    04:37 PM    06:36 PM    08:36 PM    10:35 PM             |
| Science                                                         | Ch-6: Physical Changes                                                     | English | 01:01 AM    03:00 AM    05:00 AM    06:59 AM    08:58 AM    10:57 AM    12:57 PM    02:56 PM    04:55 PM    06:55 PM    08:54 PM    10:53 PM             |
| Vocational                                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                          | हिंदी   | 01:25 AM    03:24 AM    05:23 AM    07:23 AM    09:22 AM    11:21 AM    01:21 PM    03:20 PM    05:19 PM    07:18 PM    09:18 PM    11:17 PM             |
| <b>रविवार, 03 अगस्त 2025</b><br><b>Sunday, 03 August 2025</b>   |                                                                            |         |                                                                                                                                                          |
| शारीरिक शिक्षा                                                  | धनुरासन                                                                    | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:00 PM    04:00 PM    06:00 PM    08:01 PM    10:01 PM             |
| Urban Floods                                                    | Urban Flood - शहरी बाढ़ के दौरान यदि पलायन करना पड़े तो                    | हिंदी   | 12:13 AM    02:13 AM    04:13 AM    06:13 AM    08:13 AM    10:13 AM    12:14 PM    02:14 PM    04:14 PM    06:14 PM    08:14 PM    10:14 PM             |



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|-------------------------------------------------|--------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| राजनीति विज्ञान                                 | पाठ-5: औरतों ने बदली दुनिया<br>भाग-1                               | हिंदी   | 12:14 AM    02:15 AM    04:15 AM    06:15 AM   <br>08:15 AM    10:15 AM    12:15 PM    02:15 PM   <br>04:15 PM    06:15 PM    08:15 PM    10:16 PM |
| Maths/Science Activity                          | Maths activity-1: To explore the cubic algebraic activity          | English | 12:40 AM    02:40 AM    04:40 AM    06:40 AM   <br>08:40 AM    10:40 AM    12:40 PM    02:41 PM   <br>04:41 PM    06:41 PM    08:41 PM    10:41 PM |
| History                                         | Ch-8: Devotional paths to divine-let us check what we remember     | English | 12:46 AM    02:47 AM    04:47 AM    06:47 AM   <br>08:47 AM    10:47 AM    12:47 PM    02:47 PM   <br>04:47 PM    06:47 PM    08:47 PM    10:48 PM |
| Vocational                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                  | हिंदी   | 01:17 AM    03:18 AM    05:18 AM    07:18 AM   <br>09:18 AM    11:18 AM    01:18 PM    03:18 PM   <br>05:18 PM    07:18 PM    09:18 PM    11:19 PM |
| Wetland, Our Amrit Dharohar                     | Values and Types of Wetlands Part -1                               | English | 01:51 AM    03:52 AM    05:52 AM    07:52 AM   <br>09:52 AM    11:52 AM    01:52 PM    03:52 PM   <br>05:52 PM    07:52 PM    09:52 PM    11:53 PM |
| Landslide                                       | Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए       | हिंदी   | 01:58 AM    03:58 AM    05:58 AM    07:58 AM   <br>09:59 AM    11:59 AM    01:59 PM    03:59 PM   <br>05:59 PM    07:59 PM    09:59 PM    11:59 PM |
| सोमवार, 04 अगस्त 2025<br>Monday, 04 August 2025 |                                                                    |         |                                                                                                                                                    |
| विज्ञान                                         | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)                          | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM   <br>08:01 AM    10:01 AM    12:01 PM    02:02 PM   <br>04:02 PM    06:02 PM    08:03 PM    10:03 PM |
| भूगोल                                           | पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश | हिंदी   | 12:19 AM    02:20 AM    04:20 AM    06:20 AM   <br>08:21 AM    10:21 AM    12:21 PM    02:22 PM   <br>04:22 PM    06:22 PM    08:23 PM    10:23 PM |
| English                                         | Honeycomb, Ch-3: Gopal and the Hilsa Fish                          | English | 12:47 AM    02:48 AM    04:48 AM    06:48 AM   <br>08:49 AM    10:49 AM    12:49 PM    02:50 PM   <br>04:50 PM    06:50 PM    08:50 PM    10:51 PM |



|                                                   |                                                                            |         |                                                                                                                                              |
|---------------------------------------------------|----------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Mathematics                                       | Ch-7: Congruence of triangles                                              | English | 01:17 AM    03:17 AM    05:17 AM    07:18 AM    09:18 AM    11:18 AM    01:19 PM    03:19 PM    05:19 PM    07:20 PM    09:20 PM    11:20 PM |
| Flood                                             | Urban Flood - How To Deal With The Aftermath Of Urban Floods               | English | 01:45 AM    03:45 AM    05:45 AM    07:46 AM    09:46 AM    11:46 AM    01:47 PM    03:47 PM    05:47 PM    07:47 PM    09:48 PM    11:48 PM |
| Vocational                                        | Hand Embroidery Part B                                                     | English | 01:46 AM    03:46 AM    05:47 AM    07:47 AM    09:47 AM    11:48 AM    01:48 PM    03:48 PM    05:48 PM    07:49 PM    09:49 PM    11:49 PM |
| मंगलवार, 05 अगस्त 2025<br>Tuesday, 05 August 2025 |                                                                            |         |                                                                                                                                              |
| गणित                                              | पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1                                      | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:02 AM    10:03 AM    12:04 PM    02:05 PM    04:05 PM    06:06 PM    08:07 PM    10:07 PM |
| Flood                                             | Flood - What To Do During Floods                                           | English | 12:28 AM    02:29 AM    04:29 AM    06:30 AM    08:31 AM    10:31 AM    12:32 PM    02:33 PM    04:34 PM    06:34 PM    08:35 PM    10:36 PM |
| हिंदी                                             | दूर्वा-२, पाठ-५: थोड़ी धरती पाउ                                            | हिंदी   | 12:29 AM    02:30 AM    04:30 AM    06:31 AM    08:32 AM    10:32 AM    12:33 PM    02:34 PM    04:35 PM    06:35 PM    08:36 PM    10:37 PM |
| Geography                                         | Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region | English | 12:57 AM    02:58 AM    04:59 AM    06:59 AM    09:00 AM    11:01 AM    01:02 PM    03:02 PM    05:03 PM    07:04 PM    09:04 PM    11:05 PM |
| Science                                           | Ch-6: Physical Changes                                                     | English | 01:17 AM    03:17 AM    05:18 AM    07:19 AM    09:20 AM    11:20 AM    01:21 PM    03:22 PM    05:22 PM    07:23 PM    09:24 PM    11:25 PM |
| Vocational                                        | केश सौंदर्य उपकरणों का परिचय                                               | हिंदी   | 01:41 AM    03:41 AM    05:42 AM    07:43 AM    09:43 AM    11:44 AM    01:45 PM    03:46 PM    05:46 PM    07:47 PM    09:48 PM    11:48 PM |



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| बुधवार, 06 अगस्त 2025<br>Wednesday, 06 August 2025     |                                                                |         |                                                                                                                                                          |
|--------------------------------------------------------|----------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| विज्ञान                                                | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)                      | हिंदी   | 12:00 AM    01:59 AM    03:58 AM    05:57 AM    07:56 AM    09:55 AM    11:54 AM    01:53 PM    03:53 PM    05:52 PM    07:51 PM    09:50 PM    11:49 PM |
| संस्कृत                                                | पुनर्मूषको भवः                                                 | हिंदी   | 12:23 AM    02:22 AM    04:21 AM    06:20 AM    08:19 AM    10:18 AM    12:17 PM    02:17 PM    04:16 PM    06:15 PM    08:14 PM    10:13 PM             |
| History                                                | Ch-8: Devotional paths to divine-let us check what we remember | English | 12:30 AM    02:30 AM    04:29 AM    06:28 AM    08:27 AM    10:26 AM    12:25 PM    02:24 PM    04:24 PM    06:23 PM    08:22 PM    10:21 PM             |
| Flood                                                  | Urban Flood - How To Deal With The Aftermath Of Urban Floods   | English | 12:46 AM    02:45 AM    04:44 AM    06:43 AM    08:42 AM    10:42 AM    12:41 PM    02:40 PM    04:39 PM    06:38 PM    08:37 PM    10:36 PM             |
| Mathematics                                            | Ch-7: Congruence of triangles                                  | English | 12:47 AM    02:46 AM    04:46 AM    06:45 AM    08:44 AM    10:43 AM    12:42 PM    02:41 PM    04:40 PM    06:39 PM    08:39 PM    10:38 PM             |
| Vocational                                             | वस्त्रों पर लगे दाग धब्बे छुड़ाना                              | हिंदी   | 01:15 AM    03:14 AM    05:13 AM    07:12 AM    09:12 AM    11:11 AM    01:10 PM    03:09 PM    05:08 PM    07:07 PM    09:06 PM    11:05 PM             |
| General Awareness                                      | Understanding how long things take to decompose                | English | 01:49 AM    03:48 AM    05:47 AM    07:46 AM    09:46 AM    11:45 AM    01:44 PM    03:43 PM    05:42 PM    07:41 PM    09:40 PM    11:40 PM             |
| बृहस्पतिवार, 07 अगस्त 2025<br>Thursday, 07 August 2025 |                                                                |         |                                                                                                                                                          |
| गणित                                                   | पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1                          | हिंदी   | 12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:58 AM    11:58 AM    01:58 PM    03:58 PM    05:57 PM    07:57 PM    09:57 PM    11:57 PM |



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|                                                   |                                                     |         |                                                                                                                                              |
|---------------------------------------------------|-----------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| General Awareness                                 | Cyber Stalking                                      | English | 12:31 AM    02:31 AM    04:31 AM    06:30 AM    08:30 AM    10:30 AM    12:30 PM    02:29 PM    04:29 PM    06:29 PM    08:29 PM    10:28 PM |
| इतिहास                                            | पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय | हिंदी   | 12:32 AM    02:32 AM    04:32 AM    06:31 AM    08:31 AM    10:31 AM    12:31 PM    02:30 PM    04:30 PM    06:30 PM    08:30 PM    10:30 PM |
| English                                           | Honeycomb, Ch-3: Gopal and the Hilsa Fish           | English | 12:58 AM    02:57 AM    04:57 AM    06:57 AM    08:57 AM    10:57 AM    12:56 PM    02:56 PM    04:56 PM    06:56 PM    08:55 PM    10:55 PM |
| Science                                           | Ch-6: Physical Changes                              | English | 01:25 AM    03:24 AM    05:24 AM    07:24 AM    09:24 AM    11:23 AM    01:23 PM    03:23 PM    05:23 PM    07:22 PM    09:22 PM    11:22 PM |
| Vocational                                        | Seed Germination                                    | English | 01:48 AM    03:48 AM    05:48 AM    07:48 AM    09:47 AM    11:47 AM    01:47 PM    03:47 PM    05:46 PM    07:46 PM    09:46 PM    11:46 PM |
| General Awareness                                 | Growing up Healthy                                  | English | 01:55 AM    03:55 AM    05:55 AM    07:54 AM    09:54 AM    11:54 AM    01:54 PM    03:53 PM    05:53 PM    07:53 PM    09:53 PM    11:53 PM |
| शुक्रवार, 08 अगस्त 2025<br>Friday, 08 August 2025 |                                                     |         |                                                                                                                                              |
| विज्ञान                                           | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)           | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:01 AM    10:01 AM    12:01 PM    02:02 PM    04:02 PM    06:02 PM    08:03 PM    10:03 PM |
| हिन्दी                                            | दूर्वा-२, पाठ-५: थोड़ी धरती पाउ                     | हिंदी   | 12:19 AM    02:20 AM    04:20 AM    06:20 AM    08:21 AM    10:21 AM    12:21 PM    02:22 PM    04:22 PM    06:22 PM    08:23 PM    10:23 PM |
| सामान्य                                           | Healthy Lifestyle Adopted                           | हिंदी   | 12:47 AM    02:47 AM    04:47 AM    06:48 AM    08:48 AM    10:48 AM    12:49 PM    02:49 PM    04:49 PM    06:50 PM    08:50 PM    10:50 PM |



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|---------------------------------------------------|----------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Political science                                 | Ch-6: Understanding media                                                  | English | 12:47 AM    02:48 AM    04:48 AM    06:48 AM    08:49 AM    10:49 AM    12:49 PM    02:49 PM    04:50 PM    06:50 PM    08:50 PM    10:51 PM |
| General Awareness                                 | e-waste & hazardous waste                                                  | English | 01:08 AM    03:08 AM    05:08 AM    07:09 AM    09:09 AM    11:09 AM    01:10 PM    03:10 PM    05:10 PM    07:11 PM    09:11 PM    11:11 PM |
| Urban Floods                                      | Urban Flood - During Urban Flood                                           | English | 01:21 AM    03:21 AM    05:21 AM    07:22 AM    09:22 AM    11:22 AM    01:23 PM    03:23 PM    05:23 PM    07:24 PM    09:24 PM    11:24 PM |
| Mathematics                                       | Ch-7: Congruence of triangles                                              | English | 01:22 AM    03:22 AM    05:22 AM    07:23 AM    09:23 AM    11:23 AM    01:24 PM    03:24 PM    05:24 PM    07:25 PM    09:25 PM    11:25 PM |
| Vocational                                        | Personal hygiene and Health                                                | English | 01:50 AM    03:50 AM    05:50 AM    07:51 AM    09:51 AM    11:51 AM    01:51 PM    03:52 PM    05:52 PM    07:52 PM    09:53 PM    11:53 PM |
| शनिवार, 09 अगस्त 2025<br>Saturday, 09 August 2025 |                                                                            |         |                                                                                                                                              |
| गणित                                              | पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1                                      | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:01 PM    04:01 PM    06:01 PM    08:01 PM    10:01 PM |
| संस्कृत                                           | पुनर्मूषको भवः                                                             | हिंदी   | 12:28 AM    02:28 AM    04:28 AM    06:28 AM    08:28 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:29 PM    08:29 PM    10:29 PM |
| Flood                                             | Flood - How To Be Prepared For Floods                                      | English | 12:36 AM    02:36 AM    04:36 AM    06:36 AM    08:36 AM    10:36 AM    12:37 PM    02:37 PM    04:37 PM    06:37 PM    08:37 PM    10:37 PM |
| Geography                                         | Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region | English | 12:37 AM    02:37 AM    04:37 AM    06:37 AM    08:37 AM    10:37 AM    12:38 PM    02:38 PM    04:38 PM    06:38 PM    08:38 PM    10:38 PM |



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|-------------------------------------------------|----------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| Science                                         | Ch-6: Physical Changes                                         | English | 12:55 AM    02:55 AM    04:55 AM    06:56 AM   <br>08:56 AM    10:56 AM    12:56 PM    02:56 PM   <br>04:56 PM    06:56 PM    08:57 PM    10:57 PM |
| Wetland, Our Amrit Dharohar                     | Values and Types of Wetlands Part -1                           | English | 01:19 AM    03:19 AM    05:19 AM    07:19 AM   <br>09:19 AM    11:20 AM    01:20 PM    03:20 PM   <br>05:20 PM    07:20 PM    09:20 PM    11:21 PM |
| Vocational                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                              | हिंदी   | 01:26 AM    03:26 AM    05:26 AM    07:26 AM   <br>09:26 AM    11:26 AM    01:26 PM    03:27 PM   <br>05:27 PM    07:27 PM    09:27 PM    11:27 PM |
| रविवार, 10 अगस्त 2025<br>Sunday, 10 August 2025 |                                                                |         |                                                                                                                                                    |
| शारीरिक शिक्षा                                  | धनुरासन                                                        | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:01 AM   <br>08:01 AM    10:01 AM    12:02 PM    02:02 PM   <br>04:03 PM    06:03 PM    08:03 PM    10:04 PM |
| राजनीति विज्ञान                                 | पाठ-5: औरतों ने बदली दुनिया भाग-1                              | हिंदी   | 12:13 AM    02:13 AM    04:14 AM    06:14 AM   <br>08:14 AM    10:15 AM    12:15 PM    02:16 PM   <br>04:16 PM    06:16 PM    08:17 PM    10:17 PM |
| Maths/Science Activity                          | Maths activity-1: To explore the cubic algebraic activity      | English | 12:38 AM    02:39 AM    04:39 AM    06:40 AM   <br>08:40 AM    10:40 AM    12:41 PM    02:41 PM   <br>04:41 PM    06:42 PM    08:42 PM    10:43 PM |
| Earthquake                                      | Earthquake - क्या आप सुरक्षित हैं                              | हिंदी   | 12:45 AM    02:45 AM    04:46 AM    06:46 AM   <br>08:47 AM    10:47 AM    12:47 PM    02:48 PM   <br>04:48 PM    06:48 PM    08:49 PM    10:49 PM |
| History                                         | Ch-8: Devotional paths to divine-let us check what we remember | English | 12:46 AM    02:46 AM    04:46 AM    06:47 AM   <br>08:47 AM    10:47 AM    12:48 PM    02:48 PM   <br>04:49 PM    06:49 PM    08:49 PM    10:50 PM |
| General Awareness                               | e-waste management Block-3                                     | English | 01:01 AM    03:01 AM    05:02 AM    07:02 AM   <br>09:03 AM    11:03 AM    01:03 PM    03:04 PM   <br>05:04 PM    07:05 PM    09:05 PM    11:05 PM |
| Vocational                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                              | हिंदी   | 01:19 AM    03:20 AM    05:20 AM    07:20 AM   <br>09:21 AM    11:21 AM    01:21 PM    03:22 PM   <br>05:22 PM    07:23 PM    09:23 PM    11:23 PM |
| Wetland, Our Amrit Dharohar                     | Values and Types of Wetlands Part -1                           | English | 01:53 AM    03:54 AM    05:54 AM    07:54 AM   <br>09:55 AM    11:55 AM    01:55 PM    03:56 PM   <br>05:56 PM    07:57 PM    09:57 PM    11:57 PM |



| <b>सोमवार, 11 अगस्त 2025</b><br><b>Monday, 11 August 2025</b>   |                                                                    |         |                                                                                                                                              |
|-----------------------------------------------------------------|--------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| विज्ञान                                                         | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)                          | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:02 AM    10:03 AM    12:04 PM    02:04 PM    04:05 PM    06:06 PM    08:06 PM    10:07 PM |
| Urban Floods                                                    | Urban Flood - During Urban Flood                                   | English | 12:19 AM    02:20 AM    04:21 AM    06:21 AM    08:22 AM    10:23 AM    12:23 PM    02:24 PM    04:25 PM    06:25 PM    08:26 PM    10:27 PM |
| भूगोल                                                           | पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश | हिंदी   | 12:20 AM    02:21 AM    04:22 AM    06:22 AM    08:23 AM    10:24 AM    12:24 PM    02:25 PM    04:26 PM    06:26 PM    08:27 PM    10:28 PM |
| English                                                         | Honeycomb, Ch-3: Gopal and the Hilsa Fish                          | English | 12:48 AM    02:49 AM    04:50 AM    06:50 AM    08:51 AM    10:52 AM    12:52 PM    02:53 PM    04:54 PM    06:54 PM    08:55 PM    10:56 PM |
| Mathematics                                                     | Ch-7: Congruence of triangles                                      | English | 01:18 AM    03:18 AM    05:19 AM    07:20 AM    09:20 AM    11:21 AM    01:22 PM    03:22 PM    05:23 PM    07:24 PM    09:24 PM    11:25 PM |
| General Awareness                                               | Interpersonal Relationships                                        | English | 01:45 AM    03:46 AM    05:47 AM    07:47 AM    09:48 AM    11:49 AM    01:49 PM    03:50 PM    05:51 PM    07:51 PM    09:52 PM    11:53 PM |
| Vocational                                                      | Personal hygiene and Health                                        | English | 01:50 AM    03:51 AM    05:51 AM    07:52 AM    09:53 AM    11:53 AM    01:54 PM    03:55 PM    05:55 PM    07:56 PM    09:57 PM    11:57 PM |
| <b>मंगलवार, 12 अगस्त 2025</b><br><b>Tuesday, 12 August 2025</b> |                                                                    |         |                                                                                                                                              |
| गणित                                                            | पाठ-8: राशियों की तुलना                                            | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:02 AM    12:02 PM    02:03 PM    04:03 PM    06:04 PM    08:04 PM    10:04 PM |



DD Free Dish Channel #29



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Dish TV Channel #2028

|                                                    |                                                                            |         |                                                                                                                                              |
|----------------------------------------------------|----------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| हिन्दी                                             | दूर्वा-२, पाठ-५: थोड़ी धरती पाउ                                            | हिन्दी  | 12:27 AM    02:28 AM    04:28 AM    06:29 AM    08:29 AM    10:30 AM    12:30 PM    02:31 PM    04:31 PM    06:31 PM    08:32 PM    10:32 PM |
| Geography                                          | Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region | English | 12:55 AM    02:55 AM    04:56 AM    06:56 AM    08:57 AM    10:57 AM    12:57 PM    02:58 PM    04:58 PM    06:59 PM    08:59 PM    11:00 PM |
| Science                                            | Ch-6: Physical Changes                                                     | English | 01:13 AM    03:14 AM    05:14 AM    07:15 AM    09:15 AM    11:15 AM    01:16 PM    03:16 PM    05:17 PM    07:17 PM    09:18 PM    11:18 PM |
| General Awareness                                  | Why Seasons Happen?                                                        | English | 01:37 AM    03:37 AM    05:38 AM    07:38 AM    09:39 AM    11:39 AM    01:40 PM    03:40 PM    05:41 PM    07:41 PM    09:41 PM    11:42 PM |
| Vocational                                         | केश सौंदर्य उपकरणों का परिचय                                               | हिन्दी  | 01:40 AM    03:41 AM    05:41 AM    07:42 AM    09:42 AM    11:43 AM    01:43 PM    03:43 PM    05:44 PM    07:44 PM    09:45 PM    11:45 PM |
| बुधवार, 13 अगस्त 2025<br>Wednesday, 13 August 2025 |                                                                            |         |                                                                                                                                              |
| विज्ञान                                            | पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)                                  | हिन्दी  | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:01 AM    10:01 AM    12:01 PM    02:01 PM    04:02 PM    06:02 PM    08:02 PM    10:02 PM |
| उर्दू                                              | ईदगाह                                                                      | हिन्दी  | 12:19 AM    02:20 AM    04:20 AM    06:20 AM    08:20 AM    10:21 AM    12:21 PM    02:21 PM    04:22 PM    06:22 PM    08:22 PM    10:22 PM |
| History                                            | Ch-8: Devotional paths to divine-let us check what we remember             | English | 12:48 AM    02:48 AM    04:48 AM    06:48 AM    08:49 AM    10:49 AM    12:49 PM    02:50 PM    04:50 PM    06:50 PM    08:50 PM    10:51 PM |
| Urban Floods                                       | Urban Flood - शहरी बाढ़ को आने से कैसे रोक सकते हैं                        | हिन्दी  | 01:03 AM    03:03 AM    05:04 AM    07:04 AM    09:04 AM    11:05 AM    01:05 PM    03:05 PM    05:05 PM    07:06 PM    09:06 PM    11:06 PM |



|                                                                   |                                                     |         |                                                                                                                                              |
|-------------------------------------------------------------------|-----------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Wetland, Our Amrit Dharohar                                       | Values and Types of Wetlands Part -1                | English | 01:04 AM    03:05 AM    05:05 AM    07:05 AM    09:05 AM    11:06 AM    01:06 PM    03:06 PM    05:06 PM    07:07 PM    09:07 PM    11:07 PM |
| Mathematics                                                       | Ch-7: Congruence of Triangles (Part-2)              | English | 01:11 AM    03:11 AM    05:12 AM    07:12 AM    09:12 AM    11:12 AM    01:13 PM    03:13 PM    05:13 PM    07:13 PM    09:14 PM    11:14 PM |
| Vocational                                                        | वस्त्रों पर लगे दाग धब्बे छुड़ाना                   | हिंदी   | 01:26 AM    03:26 AM    05:26 AM    07:27 AM    09:27 AM    11:27 AM    01:27 PM    03:28 PM    05:28 PM    07:28 PM    09:28 PM    11:29 PM |
| <p>बृहस्पतिवार, 14 अगस्त 2025</p> <p>Thursday, 14 August 2025</p> |                                                     |         |                                                                                                                                              |
| गणित                                                              | पाठ-8: राशियों की तुलना                             | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:00 PM    04:00 PM    06:00 PM    08:00 PM    10:00 PM |
| इतिहास                                                            | पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय | हिंदी   | 12:27 AM    02:27 AM    04:28 AM    06:28 AM    08:28 AM    10:28 AM    12:28 PM    02:28 PM    04:28 PM    06:28 PM    08:28 PM    10:28 PM |
| General Awareness                                                 | Online gaming safety for children                   | English | 12:53 AM    02:53 AM    04:53 AM    06:53 AM    08:53 AM    10:53 AM    12:53 PM    02:53 PM    04:53 PM    06:54 PM    08:54 PM    10:54 PM |
| English                                                           | Honeycomb, Ch-3: Gopal and the Hilsa Fish           | English | 12:54 AM    02:54 AM    04:54 AM    06:54 AM    08:54 AM    10:54 AM    12:54 PM    02:55 PM    04:55 PM    06:55 PM    08:55 PM    10:55 PM |
| Science                                                           | Ch-6: Physical Changes                              | English | 01:21 AM    03:21 AM    05:21 AM    07:21 AM    09:21 AM    11:21 AM    01:21 PM    03:21 PM    05:21 PM    07:22 PM    09:22 PM    11:22 PM |
| Urban Floods                                                      | Urban Flood - During Urban Flood                    | English | 01:45 AM    03:45 AM    05:45 AM    07:45 AM    09:45 AM    11:45 AM    01:45 PM    03:45 PM    05:45 PM    07:45 PM    09:45 PM    11:45 PM |
| Vocational                                                        | Hand Embroidery Part B                              | English | 01:46 AM    03:46 AM    05:46 AM    07:46 AM    09:46 AM    11:46 AM    01:46 PM    03:46 PM    05:46 PM    07:46 PM    09:46 PM    11:46 PM |



| शुक्रवार, 15 अगस्त 2025<br>Friday, 15 August 2025 |                                                              |         |                                                                                                                                              |
|---------------------------------------------------|--------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| विज्ञान                                           | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                    | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM |
| Storytelling/<br>Value<br>Education               | आज़ादी की कहानी-1                                            | हिंदी   | 12:16 AM    02:16 AM    04:17 AM    06:17 AM    08:18 AM    10:18 AM    12:19 PM    02:19 PM    04:20 PM    06:20 PM    08:21 PM    10:21 PM |
| हिन्दी                                            | वसंत-२, पाठ-४: कठपुतली                                       | हिंदी   | 12:24 AM    02:25 AM    04:25 AM    06:26 AM    08:26 AM    10:27 AM    12:27 PM    02:28 PM    04:28 PM    06:29 PM    08:29 PM    10:30 PM |
| Storytelling/<br>Value<br>Education               | आज़ादी की कहानी-2                                            | हिंदी   | 12:41 AM    02:42 AM    04:42 AM    06:43 AM    08:43 AM    10:44 AM    12:44 PM    02:45 PM    04:45 PM    06:46 PM    08:46 PM    10:47 PM |
| Political<br>science                              | Ch-6: Understanding<br>media                                 | English | 12:56 AM    02:57 AM    04:57 AM    06:58 AM    08:58 AM    10:59 AM    12:59 PM    03:00 PM    05:00 PM    07:01 PM    09:01 PM    11:02 PM |
| Landslide                                         | Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए | हिंदी   | 01:19 AM    03:20 AM    05:20 AM    07:21 AM    09:21 AM    11:22 AM    01:22 PM    03:23 PM    05:23 PM    07:24 PM    09:24 PM    11:25 PM |
| Mathematics                                       | Ch-7: Congruence of<br>Triangles (Part-2)                    | English | 01:21 AM    03:21 AM    05:22 AM    07:22 AM    09:23 AM    11:23 AM    01:24 PM    03:24 PM    05:25 PM    07:25 PM    09:26 PM    11:26 PM |
| Storytelling/<br>Value<br>Education               | आज़ादी की कहानी-3                                            | हिंदी   | 01:36 AM    03:36 AM    05:37 AM    07:37 AM    09:38 AM    11:38 AM    01:39 PM    03:39 PM    05:40 PM    07:40 PM    09:41 PM    11:41 PM |
| Vocational                                        | Tools And Materials                                          | English | 01:47 AM    03:48 AM    05:48 AM    07:49 AM    09:49 AM    11:50 AM    01:50 PM    03:51 PM    05:51 PM    07:52 PM    09:52 PM    11:53 PM |
| शनिवार, 16 अगस्त 2025<br>Saturday, 16 August 2025 |                                                              |         |                                                                                                                                              |
| गणित                                              | पाठ-8: राशियों की तुलना                                      | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM |



| उर्दू                                           | ईदगाह                                                                      | हिंदी   | 12:27 AM    02:28 AM    04:28 AM    06:29 AM    08:30 AM    10:30 AM    12:31 PM    02:31 PM    04:32 PM    06:32 PM    08:33 PM    10:33 PM |
|-------------------------------------------------|----------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Geography                                       | Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region | English | 12:56 AM    02:56 AM    04:57 AM    06:57 AM    08:58 AM    10:58 AM    12:59 PM    02:59 PM    05:00 PM    07:00 PM    09:01 PM    11:02 PM |
| Science                                         | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)        | English | 01:14 AM    03:15 AM    05:15 AM    07:16 AM    09:16 AM    11:17 AM    01:17 PM    03:18 PM    05:18 PM    07:19 PM    09:19 PM    11:20 PM |
| Urban Floods                                    | Urban Flood - During Urban Flood                                           | English | 01:25 AM    03:26 AM    05:26 AM    07:27 AM    09:27 AM    11:28 AM    01:28 PM    03:29 PM    05:29 PM    07:30 PM    09:30 PM    11:31 PM |
| Vocational                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                          | हिंदी   | 01:26 AM    03:27 AM    05:27 AM    07:28 AM    09:28 AM    11:29 AM    01:29 PM    03:30 PM    05:30 PM    07:31 PM    09:31 PM    11:32 PM |
| रविवार, 17 अगस्त 2025<br>Sunday, 17 August 2025 |                                                                            |         |                                                                                                                                              |
| शारीरिक शिक्षा                                  | धनुरासन                                                                    | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:05 PM    02:06 PM    04:07 PM    06:08 PM    08:09 PM    10:10 PM |
| राजनीति विज्ञान                                 | पाठ-5: औरतों ने बदली दुनिया भाग-1                                          | हिंदी   | 12:15 AM    02:16 AM    04:17 AM    06:17 AM    08:18 AM    10:19 AM    12:20 PM    02:21 PM    04:22 PM    06:23 PM    08:24 PM    10:25 PM |
| Flood                                           | Flood - What To Do During Floods                                           | English | 12:40 AM    02:41 AM    04:42 AM    06:43 AM    08:44 AM    10:45 AM    12:46 PM    02:47 PM    04:48 PM    06:48 PM    08:49 PM    10:50 PM |
| Maths/Science Activity                          | Maths activity-1: To explore the cubic algebraic activity                  | English | 12:41 AM    02:42 AM    04:43 AM    06:44 AM    08:45 AM    10:46 AM    12:47 PM    02:48 PM    04:49 PM    06:49 PM    08:50 PM    10:51 PM |
| General Awareness                               | Segregation chip-chop                                                      | English | 12:48 AM    02:49 AM    04:50 AM    06:50 AM    08:51 AM    10:52 AM    12:53 PM    02:54 PM    04:55 PM    06:56 PM    08:57 PM    10:58 PM |



|                                                   |                                                                    |         |                                                                                                                                              |
|---------------------------------------------------|--------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| History                                           | Ch-8: Devotional paths to divine-let us check what we remember     | English | 01:00 AM    03:00 AM    05:01 AM    07:02 AM    09:03 AM    11:04 AM    01:05 PM    03:06 PM    05:07 PM    07:08 PM    09:09 PM    11:10 PM |
| General Awareness                                 | Real life situations- garbage burning and what to do               | English | 01:15 AM    03:16 AM    05:17 AM    07:18 AM    09:19 AM    11:20 AM    01:21 PM    03:22 PM    05:22 PM    07:23 PM    09:24 PM    11:25 PM |
| Vocational                                        | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                  | हिंदी   | 01:26 AM    03:27 AM    05:28 AM    07:29 AM    09:30 AM    11:31 AM    01:32 PM    03:33 PM    05:34 PM    07:35 PM    09:36 PM    11:37 PM |
| सोमवार, 18 अगस्त 2025<br>Monday, 18 August 2025   |                                                                    |         |                                                                                                                                              |
| विज्ञान                                           | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                          | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:02 PM    06:03 PM    08:03 PM    10:03 PM |
| भूगोल                                             | पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश | हिंदी   | 12:16 AM    02:16 AM    04:16 AM    06:17 AM    08:17 AM    10:18 AM    12:18 PM    02:18 PM    04:19 PM    06:19 PM    08:19 PM    10:20 PM |
| English                                           | Honeycomb, Ch-3: The Shed                                          | English | 12:44 AM    02:44 AM    04:44 AM    06:45 AM    08:45 AM    10:45 AM    12:46 PM    02:46 PM    04:47 PM    06:47 PM    08:47 PM    10:48 PM |
| Mathematics                                       | Ch-7: Congruence of Triangles (Part-2)                             | English | 01:05 AM    03:05 AM    05:06 AM    07:06 AM    09:06 AM    11:07 AM    01:07 PM    03:07 PM    05:08 PM    07:08 PM    09:08 PM    11:09 PM |
| Vocational                                        | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                  | हिंदी   | 01:20 AM    03:20 AM    05:20 AM    07:21 AM    09:21 AM    11:21 AM    01:22 PM    03:22 PM    05:22 PM    07:23 PM    09:23 PM    11:23 PM |
| Urban Floods                                      | Urban Flood - During Urban Flood                                   | English | 01:59 AM    03:59 AM    06:00 AM    08:00 AM    10:00 AM    12:01 PM    02:01 PM    04:01 PM    06:02 PM    08:02 PM    10:02 PM             |
| मंगलवार, 19 अगस्त 2025<br>Tuesday, 19 August 2025 |                                                                    |         |                                                                                                                                              |
| गणित                                              | पाठ-8: राशियों की तुलना                                            | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:05 PM    02:05 PM    04:06 PM    06:07 PM    08:08 PM    10:09 PM |



|                                                    |                                                                           |         |                                                                                                                                              |
|----------------------------------------------------|---------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| हिन्दी                                             | वसंत-२, पाठ-४: कठपुतली                                                    | हिन्दी  | 12:27 AM    02:28 AM    04:29 AM    06:30 AM    08:31 AM    10:32 AM    12:32 PM    02:33 PM    04:34 PM    06:35 PM    08:36 PM    10:37 PM |
| Geography                                          | Ch-8: Human Environment Interactions The Tropical and Subtropical Regions | English | 12:44 AM    02:45 AM    04:46 AM    06:47 AM    08:48 AM    10:49 AM    12:49 PM    02:50 PM    04:51 PM    06:52 PM    08:53 PM    10:54 PM |
| Science                                            | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)       | English | 01:14 AM    03:15 AM    05:16 AM    07:17 AM    09:18 AM    11:19 AM    01:20 PM    03:20 PM    05:21 PM    07:22 PM    09:23 PM    11:24 PM |
| Flood                                              | Flood - What To Do During Floods                                          | English | 01:25 AM    03:26 AM    05:27 AM    07:28 AM    09:29 AM    11:30 AM    01:30 PM    03:31 PM    05:32 PM    07:33 PM    09:34 PM    11:35 PM |
| Vocational                                         | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                         | हिन्दी  | 01:26 AM    03:27 AM    05:28 AM    07:29 AM    09:30 AM    11:31 AM    01:31 PM    03:32 PM    05:33 PM    07:34 PM    09:35 PM    11:36 PM |
| बुधवार, 20 अगस्त 2025<br>Wednesday, 20 August 2025 |                                                                           |         |                                                                                                                                              |
| विज्ञान                                            | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                                 | हिन्दी  | 12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:02 AM    12:02 PM    02:03 PM    04:03 PM    06:04 PM    08:04 PM    10:05 PM |
| General Awareness                                  | Safe Use of Internet_Gadgets and Media                                    | English | 12:16 AM    02:16 AM    04:17 AM    06:17 AM    08:18 AM    10:18 AM    12:19 PM    02:19 PM    04:20 PM    06:20 PM    08:20 PM    10:21 PM |
| उर्दू                                              | ईदगाह                                                                     | हिन्दी  | 12:22 AM    02:22 AM    04:23 AM    06:23 AM    08:24 AM    10:24 AM    12:25 PM    02:25 PM    04:26 PM    06:26 PM    08:26 PM    10:27 PM |
| Flood                                              | Flood - How To Be Prepared For Floods                                     | English | 12:50 AM    02:51 AM    04:51 AM    06:51 AM    08:52 AM    10:52 AM    12:53 PM    02:53 PM    04:54 PM    06:54 PM    08:55 PM    10:55 PM |
| History                                            | Ch-8: Devotional paths to divine-let us check what we remember-2          | English | 12:51 AM    02:52 AM    04:52 AM    06:52 AM    08:53 AM    10:53 AM    12:54 PM    02:54 PM    04:55 PM    06:55 PM    08:56 PM    10:56 PM |



|                                                        |                                                                     |         |                                                                                                                                              |
|--------------------------------------------------------|---------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Mathematics                                            | Ch-7: Congruence of Triangles (Part-2)                              | English | 01:11 AM    03:12 AM    05:12 AM    07:13 AM    09:13 AM    11:14 AM    01:14 PM    03:15 PM    05:15 PM    07:16 PM    09:16 PM    11:16 PM |
| General Awareness                                      | e-waste management Block-2                                          | English | 01:26 AM    03:27 AM    05:27 AM    07:27 AM    09:28 AM    11:28 AM    01:29 PM    03:29 PM    05:30 PM    07:30 PM    09:31 PM    11:31 PM |
| Vocational                                             | केश सौंदर्य उपकरणों का परिचय                                        | हिंदी   | 01:40 AM    03:41 AM    05:41 AM    07:42 AM    09:42 AM    11:43 AM    01:43 PM    03:44 PM    05:44 PM    07:44 PM    09:45 PM    11:45 PM |
| बृहस्पतिवार, 21 अगस्त 2025<br>Thursday, 21 August 2025 |                                                                     |         |                                                                                                                                              |
| गणित                                                   | पाठ-8: राशियों की तुलना भाग-2                                       | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:05 PM    02:06 PM    04:07 PM    06:08 PM    08:09 PM    10:09 PM |
| इतिहास                                                 | पाठ-7: जनजातियाँ, खानाबदोश और एक जगह बसे हुए समुदाय                 | हिंदी   | 12:27 AM    02:28 AM    04:29 AM    06:30 AM    08:31 AM    10:32 AM    12:33 PM    02:34 PM    04:35 PM    06:36 PM    08:36 PM    10:37 PM |
| English                                                | Honeycomb, Ch-3: The Shed                                           | English | 12:53 AM    02:54 AM    04:55 AM    06:56 AM    08:57 AM    10:58 AM    12:58 PM    02:59 PM    05:00 PM    07:01 PM    09:02 PM    11:03 PM |
| Science                                                | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering) | English | 01:14 AM    03:15 AM    05:16 AM    07:17 AM    09:18 AM    11:19 AM    01:20 PM    03:20 PM    05:21 PM    07:22 PM    09:23 PM    11:24 PM |
| Vocational                                             | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                   | हिंदी   | 01:25 AM    03:26 AM    05:27 AM    07:28 AM    09:29 AM    11:30 AM    01:30 PM    03:31 PM    05:32 PM    07:33 PM    09:34 PM    11:35 PM |
| Flood                                                  | Urban Flood - How To Deal With The Aftermath Of Urban Floods        | English | 01:59 AM    04:00 AM    06:01 AM    08:02 AM    10:03 AM    12:04 PM    02:05 PM    04:05 PM    06:06 PM    08:07 PM    10:08 PM             |
| शुक्रवार, 22 अगस्त 2025<br>Friday, 22 August 2025      |                                                                     |         |                                                                                                                                              |
| विज्ञान                                                | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                           | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:04 PM    02:05 PM    04:06 PM    06:07 PM    08:08 PM    10:08 PM |



|                                                   |                                        |         |                                                                                                                                                          |
|---------------------------------------------------|----------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| हिन्दी                                            | वसंत-२, पाठ-४: कठपुतली                 | हिन्दी  | 12:16 AM    02:17 AM    04:17 AM    06:18 AM    08:19 AM    10:20 AM    12:21 PM    02:21 PM    04:22 PM    06:23 PM    08:24 PM    10:25 PM             |
| General Awareness                                 | e-waste management Block-2             | English | 12:33 AM    02:34 AM    04:34 AM    06:35 AM    08:36 AM    10:37 AM    12:38 PM    02:38 PM    04:39 PM    06:40 PM    08:41 PM    10:42 PM             |
| Political science                                 | Ch-6: Understanding media              | English | 12:47 AM    02:48 AM    04:49 AM    06:49 AM    08:50 AM    10:51 AM    12:52 PM    02:53 PM    04:53 PM    06:54 PM    08:55 PM    10:56 PM             |
| Urban Floods                                      | Urban Flood - During Urban Flood       | English | 01:10 AM    03:11 AM    05:12 AM    07:13 AM    09:14 AM    11:14 AM    01:15 PM    03:16 PM    05:17 PM    07:18 PM    09:18 PM    11:19 PM             |
| Mathematics                                       | Ch-7: Congruence of Triangles (Part-3) | English | 01:11 AM    03:12 AM    05:13 AM    07:14 AM    09:14 AM    11:15 AM    01:16 PM    03:17 PM    05:18 PM    07:18 PM    09:19 PM    11:20 PM             |
| General Awareness                                 | Value and responsible Citizenship      | English | 01:21 AM    03:22 AM    05:23 AM    07:24 AM    09:24 AM    11:25 AM    01:26 PM    03:27 PM    05:28 PM    07:28 PM    09:29 PM    11:30 PM             |
| Vocational                                        | वस्त्रों पर लगे दाग धब्बे छुड़ाना      | हिन्दी  | 01:26 AM    03:27 AM    05:28 AM    07:29 AM    09:29 AM    11:30 AM    01:31 PM    03:32 PM    05:33 PM    07:33 PM    09:34 PM    11:35 PM             |
| शनिवार, 23 अगस्त 2025<br>Saturday, 23 August 2025 |                                        |         |                                                                                                                                                          |
| गणित                                              | पाठ-8: राशियों की तुलना भाग-2          | हिन्दी  | 12:00 AM    01:59 AM    03:58 AM    05:58 AM    07:57 AM    09:57 AM    11:56 AM    01:55 PM    03:55 PM    05:54 PM    07:54 PM    09:53 PM    11:53 PM |
| उर्दू                                             | ईदगाह                                  | हिन्दी  | 12:31 AM    02:30 AM    04:30 AM    06:29 AM    08:28 AM    10:28 AM    12:27 PM    02:27 PM    04:26 PM    06:25 PM    08:25 PM    10:24 PM             |
| सामान्य                                           | Healthy Lifestyle Adopted              | हिन्दी  | 12:59 AM    02:58 AM    04:58 AM    06:57 AM    08:57 AM    10:56 AM    12:55 PM    02:55 PM    04:54 PM    06:54 PM    08:53 PM    10:53 PM             |



|                                                 |                                                                           |         |                                                                                                                                              |
|-------------------------------------------------|---------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| Geography                                       | Ch-8: Human Environment Interactions The Tropical and Subtropical Regions | English | 12:59 AM    02:59 AM    04:58 AM    06:58 AM    08:57 AM    10:57 AM    12:56 PM    02:55 PM    04:55 PM    06:54 PM    08:54 PM    10:53 PM |
| General Awareness                               | Why Seasons Happen?                                                       | English | 01:30 AM    03:29 AM    05:28 AM    07:28 AM    09:27 AM    11:27 AM    01:26 PM    03:25 PM    05:25 PM    07:24 PM    09:24 PM    11:23 PM |
| Science                                         | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)       | English | 01:33 AM    03:32 AM    05:32 AM    07:31 AM    09:30 AM    11:30 AM    01:29 PM    03:29 PM    05:28 PM    07:28 PM    09:27 PM    11:26 PM |
| Flood                                           | Urban Flood - How To Deal With The Aftermath Of Urban Floods              | English | 01:44 AM    03:43 AM    05:43 AM    07:42 AM    09:41 AM    11:41 AM    01:40 PM    03:40 PM    05:39 PM    07:38 PM    09:38 PM    11:37 PM |
| Vocational                                      | Hand Embroidery Part B                                                    | English | 01:45 AM    03:44 AM    05:44 AM    07:43 AM    09:43 AM    11:42 AM    01:42 PM    03:41 PM    05:40 PM    07:40 PM    09:39 PM    11:39 PM |
| रविवार, 24 अगस्त 2025<br>Sunday, 24 August 2025 |                                                                           |         |                                                                                                                                              |
| शारीरिक शिक्षा                                  | धनुरासन                                                                   | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:03 AM    12:03 PM    02:04 PM    04:05 PM    06:05 PM    08:06 PM    10:06 PM |
| राजनीति विज्ञान                                 | पाठ-5: औरतों ने बदली दुनिया भाग-2                                         | हिंदी   | 12:13 AM    02:14 AM    04:14 AM    06:15 AM    08:15 AM    10:16 AM    12:17 PM    02:17 PM    04:18 PM    06:19 PM    08:19 PM    10:20 PM |
| General Awareness                               | e-waste management Film 2                                                 | English | 12:37 AM    02:38 AM    04:38 AM    06:39 AM    08:40 AM    10:40 AM    12:41 PM    02:42 PM    04:42 PM    06:43 PM    08:43 PM    10:44 PM |
| Maths/Science Activity                          | Maths activity-1: To explore the cubic algebraic activity                 | English | 12:46 AM    02:47 AM    04:47 AM    06:48 AM    08:49 AM    10:49 AM    12:50 PM    02:51 PM    04:51 PM    06:52 PM    08:52 PM    10:53 PM |
| History                                         | Ch-8: Devotional paths to divine-let us check what we remember-2          | English | 12:53 AM    02:53 AM    04:54 AM    06:55 AM    08:55 AM    10:56 AM    12:57 PM    02:57 PM    04:58 PM    06:58 PM    08:59 PM    11:00 PM |



|                                                 |                                                                    |         |                                                                                                                                                                   |
|-------------------------------------------------|--------------------------------------------------------------------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| General Awareness                               | e-waste & hazardous waste                                          | English | 01:13 AM    03:14 AM    05:14 AM    07:15 AM   <br>09:16 AM    11:16 AM    01:17 PM    03:17 PM   <br>05:18 PM    07:19 PM    09:19 PM    11:20 PM                |
| Vocational                                      | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                  | हिंदी   | 01:26 AM    03:27 AM    05:27 AM    07:28 AM   <br>09:29 AM    11:29 AM    01:30 PM    03:31 PM   <br>05:31 PM    07:32 PM    09:32 PM    11:33 PM                |
| सोमवार, 25 अगस्त 2025<br>Monday, 25 August 2025 |                                                                    |         |                                                                                                                                                                   |
| विज्ञान                                         | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                          | हिंदी   | 12:00 AM    01:59 AM    03:58 AM    05:57 AM   <br>07:56 AM    09:56 AM    11:55 AM    01:54 PM   <br>03:53 PM    05:52 PM    07:52 PM    09:51 PM   <br>11:50 PM |
| General                                         | Energy Saving                                                      | English | 12:19 AM    02:18 AM    04:17 AM    06:17 AM   <br>08:16 AM    10:15 AM    12:14 PM    02:13 PM   <br>04:13 PM    06:12 PM    08:11 PM    10:10 PM                |
| भूगोल                                           | पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश | हिंदी   | 12:21 AM    02:20 AM    04:19 AM    06:18 AM   <br>08:17 AM    10:17 AM    12:16 PM    02:15 PM   <br>04:14 PM    06:13 PM    08:13 PM    10:12 PM                |
| General Awareness                               | e-waste & hazardous waste                                          | English | 12:49 AM    02:48 AM    04:47 AM    06:46 AM   <br>08:45 AM    10:45 AM    12:44 PM    02:43 PM   <br>04:42 PM    06:41 PM    08:41 PM    10:40 PM                |
| English                                         | Honeycomb, Ch-3: The Shed                                          | English | 01:02 AM    03:01 AM    05:00 AM    06:59 AM   <br>08:58 AM    10:58 AM    12:57 PM    02:56 PM   <br>04:55 PM    06:54 PM    08:54 PM    10:53 PM                |
| Mathematics                                     | Ch-7: Congruence of Triangles (Part-3)                             | English | 01:23 AM    03:22 AM    05:21 AM    07:20 AM   <br>09:19 AM    11:19 AM    01:18 PM    03:17 PM   <br>05:16 PM    07:15 PM    09:15 PM    11:14 PM                |
| General Awareness                               | Nutrition_Health and Sanitation                                    | English | 01:33 AM    03:32 AM    05:31 AM    07:30 AM   <br>09:29 AM    11:29 AM    01:28 PM    03:27 PM   <br>05:26 PM    07:25 PM    09:25 PM    11:24 PM                |
| Vocational                                      | केश सौंदर्य उपकरणों का परिचय                                       | हिंदी   | 01:39 AM    03:38 AM    05:37 AM    07:37 AM   <br>09:36 AM    11:35 AM    01:34 PM    03:33 PM   <br>05:33 PM    07:32 PM    09:31 PM    11:30 PM                |



मंगलवार, 26 अगस्त 2025  
Tuesday, 26 August 2025

|              |                                                                                    |         |                                                                                                                                                    |
|--------------|------------------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| गणित         | पाठ-8: राशियों की तुलना<br>भाग-2                                                   | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM   <br>08:03 AM    10:04 AM    12:05 PM    02:06 PM   <br>04:07 PM    06:08 PM    08:09 PM    10:10 PM |
| हिन्दी       | वसंत-२, पाठ-4: कठपुतली                                                             | हिंदी   | 12:27 AM    02:28 AM    04:29 AM    06:30 AM   <br>08:31 AM    10:32 AM    12:33 PM    02:34 PM   <br>04:35 PM    06:36 PM    08:37 PM    10:38 PM |
| Geography    | Ch-8: Human<br>Environment Interactions<br>The Tropical and<br>Subtropical Regions | English | 12:44 AM    02:45 AM    04:46 AM    06:47 AM   <br>08:48 AM    10:49 AM    12:50 PM    02:51 PM   <br>04:52 PM    06:53 PM    08:54 PM    10:55 PM |
| Science      | Ch-07: Climate and<br>Adaptation of Animals<br>to Climate (The<br>Gathering)       | English | 01:15 AM    03:15 AM    05:16 AM    07:17 AM   <br>09:18 AM    11:19 AM    01:20 PM    03:21 PM   <br>05:22 PM    07:23 PM    09:24 PM    11:25 PM |
| Urban Floods | Urban Flood - During<br>Urban Flood                                                | English | 01:25 AM    03:26 AM    05:27 AM    07:28 AM   <br>09:29 AM    11:30 AM    01:31 PM    03:32 PM   <br>05:33 PM    07:34 PM    09:35 PM    11:35 PM |
| Vocational   | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                                  | हिंदी   | 01:26 AM    03:27 AM    05:28 AM    07:29 AM   <br>09:30 AM    11:31 AM    01:32 PM    03:33 PM   <br>05:34 PM    07:35 PM    09:36 PM    11:36 PM |

बुधवार, 27 अगस्त 2025  
Wednesday, 27 August 2025

|                      |                                              |         |                                                                                                                                                    |
|----------------------|----------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| विज्ञान              | पाठ-11: जंतुओं और पादप में<br>परिवहन (भाग-2) | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:01 AM   <br>08:01 AM    10:02 AM    12:02 PM    02:03 PM   <br>04:03 PM    06:04 PM    08:04 PM    10:04 PM |
| General<br>Awareness | Safe Use of<br>Internet_Gadgets and<br>Media | English | 12:16 AM    02:16 AM    04:17 AM    06:17 AM   <br>08:18 AM    10:18 AM    12:18 PM    02:19 PM   <br>04:19 PM    06:20 PM    08:20 PM    10:21 PM |
| उर्दू                | ईदगाह                                        | हिंदी   | 12:22 AM    02:22 AM    04:23 AM    06:23 AM   <br>08:24 AM    10:24 AM    12:24 PM    02:25 PM   <br>04:25 PM    06:26 PM    08:26 PM    10:27 PM |
| Urban Floods         | Urban Flood - During<br>Urban Flood          | English | 12:50 AM    02:51 AM    04:51 AM    06:51 AM   <br>08:52 AM    10:52 AM    12:53 PM    02:53 PM   <br>04:54 PM    06:54 PM    08:55 PM    10:55 PM |



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Jio TV



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Dish TV Channel #2028

|                                                        |                                                                     |         |                                                                                                                                              |
|--------------------------------------------------------|---------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| History                                                | Ch-8: Devotional paths to divine-let us check what we remember-2    | English | 12:51 AM    02:51 AM    04:52 AM    06:52 AM    08:53 AM    10:53 AM    12:54 PM    02:54 PM    04:55 PM    06:55 PM    08:56 PM    10:56 PM |
| Mathematics                                            | Ch-7: Congruence of Triangles (Part-3)                              | English | 01:11 AM    03:12 AM    05:12 AM    07:13 AM    09:13 AM    11:14 AM    01:14 PM    03:14 PM    05:15 PM    07:15 PM    09:16 PM    11:16 PM |
| General Awareness                                      | e-waste management Block-2                                          | English | 01:21 AM    03:22 AM    05:22 AM    07:23 AM    09:23 AM    11:24 AM    01:24 PM    03:24 PM    05:25 PM    07:25 PM    09:26 PM    11:26 PM |
| Vocational                                             | घर पर बनाए हर्बल शैम्पू                                             | हिंदी   | 01:36 AM    03:36 AM    05:36 AM    07:37 AM    09:37 AM    11:38 AM    01:38 PM    03:39 PM    05:39 PM    07:40 PM    09:40 PM    11:40 PM |
| बृहस्पतिवार, 28 अगस्त 2025<br>Thursday, 28 August 2025 |                                                                     |         |                                                                                                                                              |
| गणित                                                   | पाठ-8: राशियों की तुलना भाग-2                                       | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:01 AM    10:01 AM    12:01 PM    02:01 PM    04:02 PM    06:02 PM    08:02 PM    10:02 PM |
| इतिहास                                                 | पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय                 | हिंदी   | 12:27 AM    02:28 AM    04:28 AM    06:28 AM    08:28 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:30 PM    08:30 PM    10:30 PM |
| English                                                | Honeycomb, Ch-3: The Shed                                           | English | 12:58 AM    02:59 AM    04:59 AM    06:59 AM    08:59 AM    11:00 AM    01:00 PM    03:00 PM    05:00 PM    07:01 PM    09:01 PM    11:01 PM |
| Science                                                | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering) | English | 01:19 AM    03:20 AM    05:20 AM    07:20 AM    09:20 AM    11:21 AM    01:21 PM    03:21 PM    05:21 PM    07:22 PM    09:22 PM    11:22 PM |
| Vocational                                             | घर पर बनाए हर्बल शैम्पू                                             | हिंदी   | 01:35 AM    03:36 AM    05:36 AM    07:36 AM    09:36 AM    11:37 AM    01:37 PM    03:37 PM    05:37 PM    07:38 PM    09:38 PM    11:38 PM |
| शुक्रवार, 29 अगस्त 2025<br>Friday, 29 August 2025      |                                                                     |         |                                                                                                                                              |
| विज्ञान                                                | पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)                           | हिंदी   | 12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:04 PM    02:05 PM    04:06 PM    06:07 PM    08:08 PM    10:08 PM |



|                                                   |                                        |         |                                                                                                                                                          |
|---------------------------------------------------|----------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| हिन्दी                                            | वसंत-२, पाठ-४: कठपुतली                 | हिन्दी  | 12:16 AM    02:17 AM    04:17 AM    06:18 AM    08:19 AM    10:20 AM    12:21 PM    02:21 PM    04:22 PM    06:23 PM    08:24 PM    10:25 PM             |
| Urban Floods                                      | Urban Flood - During Urban Flood       | English | 12:33 AM    02:34 AM    04:34 AM    06:35 AM    08:36 AM    10:37 AM    12:38 PM    02:38 PM    04:39 PM    06:40 PM    08:41 PM    10:42 PM             |
| Political science                                 | Ch-6: Understanding media              | English | 12:34 AM    02:35 AM    04:35 AM    06:36 AM    08:37 AM    10:38 AM    12:39 PM    02:39 PM    04:40 PM    06:41 PM    08:42 PM    10:43 PM             |
| General Awareness                                 | e-waste management Block-2             | English | 12:57 AM    02:58 AM    04:59 AM    06:59 AM    09:00 AM    11:01 AM    01:02 PM    03:03 PM    05:03 PM    07:04 PM    09:05 PM    11:06 PM             |
| Mathematics                                       | Ch-7: Congruence of Triangles (Part-3) | English | 01:11 AM    03:12 AM    05:13 AM    07:14 AM    09:14 AM    11:15 AM    01:16 PM    03:17 PM    05:18 PM    07:18 PM    09:19 PM    11:20 PM             |
| General Awareness                                 | Value and responsible Citizenship      | English | 01:21 AM    03:22 AM    05:23 AM    07:24 AM    09:24 AM    11:25 AM    01:26 PM    03:27 PM    05:28 PM    07:28 PM    09:29 PM    11:30 PM             |
| Vocational                                        | वस्त्रों पर लगे दाग धब्बे छुड़ाना      | हिन्दी  | 01:26 AM    03:27 AM    05:28 AM    07:29 AM    09:29 AM    11:30 AM    01:31 PM    03:32 PM    05:33 PM    07:33 PM    09:34 PM    11:35 PM             |
| शनिवार, 30 अगस्त 2025<br>Saturday, 30 August 2025 |                                        |         |                                                                                                                                                          |
| गणित                                              | पाठ-8: राशियों की तुलना भाग-2          | हिन्दी  | 12:00 AM    01:59 AM    03:58 AM    05:58 AM    07:57 AM    09:57 AM    11:56 AM    01:55 PM    03:55 PM    05:54 PM    07:54 PM    09:53 PM    11:53 PM |
| उर्दू                                             | ईदगाह                                  | हिन्दी  | 12:31 AM    02:30 AM    04:30 AM    06:29 AM    08:28 AM    10:28 AM    12:27 PM    02:27 PM    04:26 PM    06:25 PM    08:25 PM    10:24 PM             |
| सामान्य                                           | Healthy Lifestyle Adopted              | हिन्दी  | 12:59 AM    02:58 AM    04:58 AM    06:57 AM    08:57 AM    10:56 AM    12:55 PM    02:55 PM    04:54 PM    06:54 PM    08:53 PM    10:53 PM             |



|                                                 |                                                                              |         |                                                                                                                                                    |
|-------------------------------------------------|------------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| Geography                                       | Ch-8: Human Environment Interactions<br>The Tropical and Subtropical Regions | English | 12:59 AM    02:59 AM    04:58 AM    06:58 AM   <br>08:57 AM    10:57 AM    12:56 PM    02:55 PM   <br>04:55 PM    06:54 PM    08:54 PM    10:53 PM |
| General Awareness                               | Why Seasons Happen?                                                          | English | 01:30 AM    03:29 AM    05:28 AM    07:28 AM   <br>09:27 AM    11:27 AM    01:26 PM    03:25 PM   <br>05:25 PM    07:24 PM    09:24 PM    11:23 PM |
| Science                                         | Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)          | English | 01:33 AM    03:32 AM    05:32 AM    07:31 AM   <br>09:30 AM    11:30 AM    01:29 PM    03:29 PM   <br>05:28 PM    07:28 PM    09:27 PM    11:26 PM |
| Flood                                           | Urban Flood - How To Deal With The Aftermath Of Urban Floods                 | English | 01:44 AM    03:43 AM    05:43 AM    07:42 AM   <br>09:41 AM    11:41 AM    01:40 PM    03:40 PM   <br>05:39 PM    07:38 PM    09:38 PM    11:37 PM |
| Vocational                                      | Hand Embroidery Part B                                                       | English | 01:45 AM    03:44 AM    05:44 AM    07:43 AM   <br>09:43 AM    11:42 AM    01:42 PM    03:41 PM   <br>05:40 PM    07:40 PM    09:39 PM    11:39 PM |
| रविवार, 31 अगस्त 2025<br>Sunday, 31 August 2025 |                                                                              |         |                                                                                                                                                    |
| शारीरिक शिक्षा                                  | धनुरासन                                                                      | हिंदी   | 12:00 AM    02:00 AM    04:00 AM    06:01 AM   <br>08:01 AM    10:02 AM    12:02 PM    02:03 PM   <br>04:03 PM    06:03 PM    08:04 PM    10:04 PM |
| राजनीति विज्ञान                                 | पाठ-5: औरतों ने बदली दुनिया<br>भाग-2                                         | हिंदी   | 12:13 AM    02:13 AM    04:14 AM    06:14 AM   <br>08:15 AM    10:15 AM    12:16 PM    02:16 PM   <br>04:16 PM    06:17 PM    08:17 PM    10:18 PM |
| General Awareness                               | Exploring three R's                                                          | English | 12:37 AM    02:38 AM    04:38 AM    06:38 AM   <br>08:39 AM    10:39 AM    12:40 PM    02:40 PM   <br>04:41 PM    06:41 PM    08:41 PM    10:42 PM |
| Maths/Science Activity                          | Maths activity-1: To explore the cubic algebraic activity                    | English | 12:46 AM    02:46 AM    04:47 AM    06:47 AM   <br>08:48 AM    10:48 AM    12:49 PM    02:49 PM   <br>04:49 PM    06:50 PM    08:50 PM    10:51 PM |



|                   |                                                                  |         |                                                                                                                                              |
|-------------------|------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------|
| History           | Ch-8: Devotional paths to divine-let us check what we remember-2 | English | 12:53 AM    02:53 AM    04:53 AM    06:54 AM    08:54 AM    10:55 AM    12:55 PM    02:56 PM    04:56 PM    06:56 PM    08:57 PM    10:57 PM |
| General Awareness | e-waste & hazardous waste                                        | English | 01:13 AM    03:13 AM    05:14 AM    07:14 AM    09:15 AM    11:15 AM    01:15 PM    03:16 PM    05:16 PM    07:17 PM    09:17 PM    11:18 PM |
| Vocational        | वस्त्रों पर लगे दाग धब्बे छुड़ाना                                | हिंदी   | 01:26 AM    03:26 AM    05:27 AM    07:27 AM    09:28 AM    11:28 AM    01:28 PM    03:29 PM    05:29 PM    07:30 PM    09:30 PM    11:31 PM |



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