

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Polittical Science	Polittical Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



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कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 10

दिसंबर 2024

December 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 दिसंबर 2024 Sunday, 01 December 2024			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 02:58 AM 05:56 AM 08:54 AM 11:52 AM 02:50 PM 05:49 PM 08:47 PM 11:45 PM
General	Mental Health and Well Being -1	English	12:23 AM 03:21 AM 06:19 AM 09:17 AM 12:16 PM 03:14 PM 06:12 PM 09:10 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-1: विकास भाग-1	Hindi	12:44 AM 03:42 AM 06:40 AM 09:39 AM 12:37 PM 03:35 PM 06:33 PM 09:31 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	01:09 AM 04:07 AM 07:05 AM 10:04 AM 01:02 PM 04:00 PM 06:58 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-6: जैव प्रक्रम-1	Hindi	01:19 AM 04:17 AM 07:15 AM 10:14 AM 01:12 PM 04:10 PM 07:08 PM 10:06 PM
Cultural Heritage: Art, Music & Dance	Parichakali Folk Dance of Lakshadweep Islands	English	01:41 AM 04:39 AM 07:37 AM 10:35 AM 01:34 PM 04:32 PM 07:30 PM 10:28 PM
Social Science (Economics)	Chapter 5: Consumer Rights-1	English	01:57 AM 04:55 AM 07:53 AM 10:51 AM 01:49 PM 04:48 PM 07:46 PM 10:44 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Dhit Dhit Tai	Hindi	02:18 AM 05:16 AM 08:14 AM 11:13 AM 02:11 PM 05:09 PM 08:07 PM 11:05 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:35 AM 05:33 AM 08:31 AM 11:29 AM 02:27 PM 05:25 PM 08:24 PM 11:22 PM



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सोमवार, 02 दिसंबर 2024 Monday, 02 December 2024			
हिंदी	हिंदी: पाठ-1 कवि सूरदास और उनके पद	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM
Travel	Rangsapara	English	12:30 AM 03:31 AM 06:32 AM 09:32 AM 12:33 PM 03:34 PM 06:35 PM 09:35 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	Hindi	12:52 AM 03:53 AM 06:54 AM 09:54 AM 12:55 PM 03:56 PM 06:57 PM 09:57 PM
विज्ञान	विज्ञान:पाठ-6: जैव प्रक्रम-2	Hindi	01:15 AM 04:15 AM 07:16 AM 10:17 AM 01:18 PM 04:18 PM 07:19 PM 10:20 PM
Cyber Safety	The Social Media - Boon or Bane	English	01:39 AM 04:40 AM 07:40 AM 10:41 AM 01:42 PM 04:42 PM 07:43 PM 10:44 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:42 AM 04:43 AM 07:44 AM 10:45 AM 01:45 PM 04:46 PM 07:47 PM 10:48 PM
Mathematics	Maths: Ch-2 Polynomials-1	English	02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:14 PM 08:14 PM 11:15 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:40 AM 05:41 AM 08:42 AM 11:43 AM 02:43 PM 05:44 PM 08:45 PM 11:45 PM
मंगलवार, 03 दिसंबर 2024 Tuesday, 03 December 2024			
हिंदी	हिंदी: पाठ-1 कवि सूरदास और उनके पद	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	Dhyana	English	12:30 AM 03:30 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	Hindi	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:35 PM



विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	12:47 AM 03:47 AM 06:47 AM 09:48 AM 12:48 PM 03:48 PM 06:48 PM 09:48 PM
Cyber Security	Fake Whats app messages	English	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM
Language (English)	English: Ch-2: Nelson Mandela: Long Walk to Freedom-1	English	01:17 AM 04:17 AM 07:17 AM 10:17 AM 01:17 PM 04:17 PM 07:18 PM 10:18 PM
General	E-Waste Management: Block 5	English	01:41 AM 04:41 AM 07:41 AM 10:41 AM 01:41 PM 04:41 PM 07:41 PM 10:41 PM
Mathematics	Maths: Ch-2 Polynomials-2	English	02:02 AM 05:02 AM 08:02 AM 11:02 AM 02:02 PM 05:03 PM 08:03 PM 11:03 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM

बुधवार, 04 दिसंबर 2024
Wednesday, 04 December 2024

हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -1	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Jammu and Kashmir	English/hindi	12:22 AM 03:23 AM 06:23 AM 09:24 AM 12:24 PM 03:25 PM 06:25 PM 09:26 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:29 AM 03:30 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM
गणित	गणित: पाठ-5: समान्तर श्रेणियाँ -1	Hindi	12:51 AM 03:52 AM 06:53 AM 09:53 AM 12:54 PM 03:54 PM 06:55 PM 09:55 PM
Cultural Heritage: Art, Music & Dance	Kaise Bante Hain Bhawan?	English/hindi	01:22 AM 04:22 AM 07:23 AM 10:23 AM 01:24 PM 04:24 PM 07:25 PM 10:25 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:35 AM 04:36 AM 07:36 AM 10:37 AM 01:37 PM 04:38 PM 07:38 PM 10:39 PM



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सामान्य	आज़ादी की कहानी-1	हिन्दी	02:03 AM 05:03 AM 08:04 AM 11:04 AM 02:05 PM 05:05 PM 08:06 PM 11:07 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-1	English	02:11 AM 05:12 AM 08:12 AM 11:13 AM 02:14 PM 05:14 PM 08:15 PM 11:15 PM
Science	Science: Chap 3: Metal and Non-Metal-1	English	02:38 AM 05:39 AM 08:39 AM 11:40 AM 02:40 PM 05:41 PM 08:41 PM 11:42 PM
बृहस्पतिवार, 05 दिसंबर 2024 Thursday, 05 December 2024			
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -2	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:58 AM 02:58 PM 05:58 PM 08:57 PM 11:57 PM
General	I will work & work with courage	English	12:24 AM 03:23 AM 06:23 AM 09:23 AM 12:22 PM 03:22 PM 06:22 PM 09:21 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:27 AM 03:26 AM 06:26 AM 09:26 AM 12:25 PM 03:25 PM 06:25 PM 09:24 PM
General	Mental Health and Well Being -1	English	12:51 AM 03:51 AM 06:51 AM 09:50 AM 12:50 PM 03:50 PM 06:49 PM 09:49 PM
गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -2	Hindi	01:12 AM 04:12 AM 07:12 AM 10:11 AM 01:11 PM 04:11 PM 07:10 PM 10:10 PM
Language (English)	English: Ch-2: Nelson Mandela: Long Walk to Freedom-1	English	01:41 AM 04:41 AM 07:41 AM 10:40 AM 01:40 PM 04:40 PM 07:39 PM 10:39 PM
General	DIKSHA_S Capabilities Video	English	02:05 AM 05:05 AM 08:05 AM 11:04 AM 02:04 PM 05:04 PM 08:03 PM 11:03 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-II	English	02:10 AM 05:10 AM 08:09 AM 11:09 AM 02:09 PM 05:08 PM 08:08 PM 11:08 PM
Science	Science: Chap 3: Metal and Non-Metal-2	English	02:33 AM 05:33 AM 08:33 AM 11:32 AM 02:32 PM 05:32 PM 08:31 PM 11:31 PM



शुक्रवार, 06 दिसंबर 2024 Friday, 06 December 2024			
संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-1	Sanskrit	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:57 PM 05:56 PM 08:55 PM 11:55 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-1: सत्ता की साझेदारी-1	Hindi	12:31 AM 03:30 AM 06:30 AM 09:29 AM 12:28 PM 03:28 PM 06:27 PM 09:27 PM
General	Final Hindi Pm Evidya 200 ch Promo	Hindi	12:53 AM 03:52 AM 06:51 AM 09:51 AM 12:50 PM 03:50 PM 06:49 PM 09:48 PM
गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -3	Hindi	12:58 AM 03:57 AM 06:56 AM 09:56 AM 12:55 PM 03:55 PM 06:54 PM 09:53 PM
General	E-Waste Management: Film 2	English	01:25 AM 04:25 AM 07:24 AM 10:23 AM 01:23 PM 04:22 PM 07:22 PM 10:21 PM
Social Science (Geography)	Chapter-1: Resources and Development-1	English	01:34 AM 04:34 AM 07:33 AM 10:32 AM 01:32 PM 04:31 PM 07:31 PM 10:30 PM
Mathematics	Maths: Ch-2 Polynomials-1	English	01:47 AM 04:46 AM 07:45 AM 10:45 AM 01:44 PM 04:44 PM 07:43 PM 10:42 PM
General	Mental Health and Well Being -1	English	02:17 AM 05:16 AM 08:16 AM 11:15 AM 02:15 PM 05:14 PM 08:13 PM 11:13 PM
Science	Science: Chap 3: Metal and Non-Metal-3	English	02:39 AM 05:38 AM 08:38 AM 11:37 AM 02:37 PM 05:36 PM 08:35 PM 11:35 PM
शनिवार, 07 दिसंबर 2024 Saturday, 07 December 2024			
संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-2	Sanskrit	12:00 AM 03:03 AM 06:06 AM 09:09 AM 12:13 PM 03:16 PM 06:19 PM 09:23 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-1: सत्ता की साझेदारी-2	Hindi	12:29 AM 03:32 AM 06:35 AM 09:39 AM 12:42 PM 03:45 PM 06:49 PM 09:52 PM



गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -4	Hindi	12:59 AM 04:02 AM 07:05 AM 10:09 AM 01:12 PM 04:15 PM 07:18 PM 10:22 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1:Resources and Development: 2	English	01:27 AM 04:31 AM 07:34 AM 10:37 AM 01:41 PM 04:44 PM 07:47 PM 10:50 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	01:46 AM 04:49 AM 07:52 AM 10:56 AM 01:59 PM 05:02 PM 08:06 PM 11:09 PM
Mathematics	Maths: Ch-2 Polynomials-2	English	01:56 AM 04:59 AM 08:02 AM 11:06 AM 02:09 PM 05:12 PM 08:16 PM 11:19 PM
Cyber Security	Identity Theft	Hindi	02:31 AM 05:35 AM 08:38 AM 11:41 AM 02:44 PM 05:48 PM 08:51 PM 11:54 PM
Science	Science: Chap 3: Metal and Non-Metal-4	English	02:32 AM 05:35 AM 08:39 AM 11:42 AM 02:45 PM 05:48 PM 08:52 PM 11:55 PM
रविवार, 08 दिसंबर 2024 Sunday, 08 December 2024			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:09 PM 06:11 PM 09:12 PM
General	E-Waste Management: Block 4.2	English	12:34 AM 03:36 AM 06:37 AM 09:39 AM 12:41 PM 03:43 PM 06:45 PM 09:47 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-2: भारतीय अर्थव्यवस्था के विभिन्न क्षेत्रक भाग-1	Hindi	12:46 AM 03:48 AM 06:49 AM 09:51 AM 12:53 PM 03:55 PM 06:57 PM 09:59 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	01:10 AM 04:12 AM 07:14 AM 10:16 AM 01:18 PM 04:20 PM 07:21 PM 10:23 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:44 AM 04:46 AM 07:48 AM 10:50 AM 01:52 PM 04:53 PM 07:55 PM 10:57 PM
General	जेंडर समानता	Hindi	01:58 AM 05:00 AM 08:02 AM 11:04 AM 02:06 PM 05:07 PM 08:09 PM 11:11 PM



Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-2	English	02:06 AM 05:07 AM 08:09 AM 11:11 AM 02:13 PM 05:15 PM 08:17 PM 11:18 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:29 AM 05:31 AM 08:33 AM 11:35 AM 02:37 PM 05:38 PM 08:40 PM 11:42 PM
General English	Episode 7 Making Requests 1	English	02:50 AM 05:52 AM 08:54 AM 11:56 AM 02:58 PM 05:59 PM 09:01 PM
सोमवार, 09 दिसंबर 2024 Monday, 09 December 2024			
सामान्य	सेतु बंधासन	हिन्दी	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -1	Hindi	12:03 AM 03:02 AM 06:01 AM 09:00 AM 11:59 AM 02:58 PM 05:57 PM 08:56 PM 11:55 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	Hindi	12:25 AM 03:24 AM 06:23 AM 09:22 AM 12:21 PM 03:20 PM 06:19 PM 09:18 PM
General	Gender Equality (E)	English	12:46 AM 03:45 AM 06:44 AM 09:43 AM 12:42 PM 03:41 PM 06:40 PM 09:39 PM
विज्ञान	विज्ञान: पाठ-6: जैव प्रक्रम-1	Hindi	12:53 AM 03:52 AM 06:51 AM 09:50 AM 12:49 PM 03:48 PM 06:47 PM 09:46 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:15 AM 04:14 AM 07:13 AM 10:12 AM 01:11 PM 04:10 PM 07:09 PM 10:08 PM
सामान्य	मदिरों की माला भुवनेश्वर	Hindi	01:43 AM 04:42 AM 07:41 AM 10:40 AM 01:39 PM 04:38 PM 07:37 PM 10:36 PM
Mathematics	Maths: Ch-3: Pair of Linear Equations in two Variables-1	English	02:03 AM 05:02 AM 08:01 AM 11:00 AM 01:59 PM 04:58 PM 07:57 PM 10:56 PM
General English	Episode 7 Making Requests 1	English	02:18 AM 05:17 AM 08:16 AM 11:15 AM 02:14 PM 05:13 PM 08:12 PM 11:11 PM



सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	02:29 AM 05:28 AM 08:27 AM 11:26 AM 02:25 PM 05:24 PM 08:23 PM 11:22 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:39 AM 05:38 AM 08:37 AM 11:36 AM 02:35 PM 05:34 PM 08:33 PM 11:32 PM
मंगलवार, 10 दिसंबर 2024 Tuesday, 10 December 2024			
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -2	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Health, Physical Education/Yoga/ Sports	Yoga - Padmasan	Hindi	12:24 AM 03:25 AM 06:26 AM 09:27 AM 12:28 PM 03:29 PM 06:31 PM 09:32 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	Hindi	12:40 AM 03:41 AM 06:42 AM 09:43 AM 12:45 PM 03:46 PM 06:47 PM 09:48 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	12:53 AM 03:54 AM 06:55 AM 09:56 AM 12:57 PM 03:59 PM 07:00 PM 10:01 PM
विज्ञान	विज्ञान:पाठ-6: जैव प्रक्रम-2	Hindi	01:07 AM 04:08 AM 07:09 AM 10:11 AM 01:12 PM 04:13 PM 07:14 PM 10:15 PM
General	Mental Health and Well Being -1	English	01:31 AM 04:32 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:39 PM
Language (English)	English: Ch-2: Nelson Mandela: Long Walk to Freedom-1	English	01:52 AM 04:53 AM 07:55 AM 10:56 AM 01:57 PM 04:58 PM 07:59 PM 11:00 PM
General(Science)	Acrobatic Stick	English	02:16 AM 05:17 AM 08:18 AM 11:20 AM 02:21 PM 05:22 PM 08:23 PM 11:24 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-2	English	02:18 AM 05:19 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:39 AM 05:40 AM 08:41 AM 11:42 AM 02:43 PM 05:44 PM 08:45 PM 11:46 PM



बुधवार, 11 दिसंबर 2024
Wednesday, 11 December 2024

हिंदी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM
General	Bhadrasana	English	12:38 AM 03:38 AM 06:38 AM 09:39 AM 12:39 PM 03:40 PM 06:40 PM 09:40 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:40 AM 03:40 AM 06:41 AM 09:41 AM 12:41 PM 03:42 PM 06:42 PM 09:43 PM
गणित	गणित: पाठ-5: समान्तर श्रेणियाँ -1	Hindi	01:02 AM 04:02 AM 07:03 AM 10:03 AM 01:04 PM 04:04 PM 07:04 PM 10:05 PM
General	Management of Wetlands Part -2	English	01:32 AM 04:33 AM 07:33 AM 10:33 AM 01:34 PM 04:34 PM 07:34 PM 10:35 PM
Language (English)	English:Chap 3: The Midnight Visitor-1	English	01:40 AM 04:41 AM 07:41 AM 10:41 AM 01:42 PM 04:42 PM 07:42 PM 10:43 PM
General(Science)	Colour Shadow	English	01:57 AM 04:57 AM 07:57 AM 10:58 AM 01:58 PM 04:58 PM 07:59 PM 10:59 PM
General	Growing up Healthy	English	01:58 AM 04:59 AM 07:59 AM 11:00 AM 02:00 PM 05:00 PM 08:01 PM 11:01 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-III	English	02:03 AM 05:03 AM 08:03 AM 11:04 AM 02:04 PM 05:05 PM 08:05 PM 11:05 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:33 AM 05:34 AM 08:34 AM 11:34 AM 02:35 PM 05:35 PM 08:35 PM 11:36 PM
बृहस्पतिवार, 12 दिसंबर 2024			
Thursday, 12 December 2024			
हिंदी	हिंदी :पाठ-2: सीताराम सेकसरिया: डायरी का एक पन्ना	Hindi	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

Science	Science: Ch-2: Acids, Bases and Salts-IV	English	12:28 AM 03:28 AM 06:29 AM 09:29 AM 12:29 PM 03:30 PM 06:30 PM 09:31 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:54 AM 03:54 AM 06:55 AM 09:55 AM 12:56 PM 03:56 PM 06:57 PM 09:57 PM
General English	Episode 2 Greeting an Acquaintance	English	01:19 AM 04:19 AM 07:19 AM 10:20 AM 01:20 PM 04:21 PM 07:21 PM 10:22 PM
गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -2	Hindi	01:27 AM 04:28 AM 07:28 AM 10:29 AM 01:29 PM 04:30 PM 07:30 PM 10:31 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	01:56 AM 04:57 AM 07:57 AM 10:58 AM 01:58 PM 04:59 PM 07:59 PM 11:00 PM
Language (English)	English:Chap 3: The Midnight Visitor-2	English	02:07 AM 05:07 AM 08:08 AM 11:08 AM 02:08 PM 05:09 PM 08:09 PM 11:10 PM
Social Science (History)	S.Sc. (His): Chapter-2 Nationalism in India-1	English	02:22 AM 05:23 AM 08:23 AM 11:24 AM 02:24 PM 05:25 PM 08:25 PM 11:26 PM
Cyber Security	Fake Whats app messages	English	02:48 AM 05:48 AM 08:49 AM 11:49 AM 02:49 PM 05:50 PM 08:50 PM 11:51 PM
General English	Episode 11 Agreeing 3	English	02:50 AM 05:50 AM 08:51 AM 11:51 AM 02:52 PM 05:52 PM 08:53 PM 11:53 PM

शुक्रवार, 13 दिसंबर 2024
Friday, 13 December 2024

संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-1	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:58 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	12:26 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:25 PM 09:25 PM
General	Mental Health and Well Being -1	English	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:30 PM 09:30 PM



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सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1	Hindi	12:52 AM 03:52 AM 06:52 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:51 PM
Health, Physical Education/Yoga/ Sports	Yoga - Paschimottanaasan	Hindi	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:07 PM 04:07 PM 07:06 PM 10:06 PM
गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -3	Hindi	01:20 AM 04:20 AM 07:20 AM 10:19 AM 01:19 PM 04:19 PM 07:19 PM 10:19 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 3	English	01:47 AM 04:47 AM 07:47 AM 10:47 AM 01:47 PM 04:47 PM 07:47 PM 10:46 PM
Value Education	Village on Wheels	English/ hindi	02:00 AM 04:59 AM 07:59 AM 10:59 AM 01:59 PM 04:59 PM 07:59 PM 10:59 PM
Mathematics	Maths: Ch-3: Pair of Linear Equations in two Variables-1	English	02:19 AM 05:19 AM 08:19 AM 11:19 AM 02:18 PM 05:18 PM 08:18 PM 11:18 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Sewagram	Hindi	02:34 AM 05:34 AM 08:33 AM 11:33 AM 02:33 PM 05:33 PM 08:33 PM 11:33 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:43 AM 05:42 AM 08:42 AM 11:42 AM 02:42 PM 05:42 PM 08:42 PM 11:42 PM
शनिवार, 14 दिसंबर 2024 Saturday, 14 December 2024			
संस्कृत	संस्कृत : पाठ - 6: सुभाषितानि-2	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:30 PM 06:30 PM 09:30 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2	Hindi	12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:30 PM 03:31 PM 06:31 PM 09:31 PM
General English	Episode 7 Making Requests 1	English	12:46 AM 03:46 AM 06:47 AM 09:47 AM 12:47 PM 03:47 PM 06:47 PM 09:47 PM



गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -4	Hindi	12:57 AM 03:57 AM 06:58 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:58 PM
Cultural Heritage: Art, Music & Dance	Rojgar Kaushal	Hindi	01:26 AM 04:26 AM 07:26 AM 10:26 AM 01:27 PM 04:27 PM 07:27 PM 10:27 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	01:43 AM 04:43 AM 07:43 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
General English	Episode 5 Giving Advice 1	English	02:12 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:14 PM
Social Science (Geography)	Chapter-1: Resources and Development-1	English	02:26 AM 05:26 AM 08:26 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
General	Dhyana	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:36 PM 11:36 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-2	English	02:39 AM 05:39 AM 08:39 AM 11:39 AM 02:39 PM 05:40 PM 08:40 PM 11:40 PM
रविवार, 15 दिसंबर 2024 Sunday, 15 December 2024			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Health, Physical Education/Yoga/Sports	Daud	Hindi	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-1: विकास भाग-1	Hindi	12:50 AM 03:51 AM 06:52 AM 09:54 AM 12:55 PM 03:56 PM 06:57 PM 09:58 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:17 AM 04:18 AM 07:19 AM 10:20 AM 01:21 PM 04:22 PM 07:23 PM 10:24 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:44 AM 04:45 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:51 PM



Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	01:58 AM 04:59 AM 08:00 AM 11:01 AM 02:02 PM 05:03 PM 08:04 PM 11:05 PM
General	Gender Equality (E)	English	02:17 AM 05:18 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:25 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:30 PM 08:31 PM 11:32 PM
ENVIRONMENT	Life in Woods	English	02:46 AM 05:47 AM 08:48 AM 11:49 AM 02:50 PM 05:51 PM 08:52 PM 11:53 PM
सोमवार, 16 दिसंबर 2024 Monday, 16 December 2024			
हिंदी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:31 AM 03:31 AM 06:32 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
Cold Wave	Coldwave – Do's and don'ts of a cold wave for people residing in hilly regions	English	12:55 AM 03:56 AM 06:56 AM 09:57 AM 12:57 PM 03:58 PM 06:58 PM 09:59 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	12:56 AM 03:57 AM 06:57 AM 09:58 AM 12:58 PM 03:59 PM 06:59 PM 10:00 PM
General	Gender Equality	English	01:30 AM 04:30 AM 07:31 AM 10:31 AM 01:32 PM 04:32 PM 07:33 PM 10:33 PM
Language (English)	English: Chp 4: A Question of Trust-1	English	01:37 AM 04:38 AM 07:38 AM 10:39 AM 01:39 PM 04:40 PM 07:40 PM 10:41 PM
General	E-Waste Management: Block 4.1	English	01:56 AM 04:56 AM 07:57 AM 10:57 AM 01:58 PM 04:58 PM 07:59 PM 10:59 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-3	English	02:11 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:14 PM



General	Emotional Well Being and Mental Health (H)	Hindi	02:36 AM 05:36 AM 08:37 AM 11:37 AM 02:38 PM 05:38 PM 08:39 PM 11:39 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	02:41 AM 05:41 AM 08:42 AM 11:42 AM 02:43 PM 05:43 PM 08:44 PM 11:44 PM
मंगलवार, 17 दिसंबर 2024 Tuesday, 17 December 2024			
हिंदी	हिंदी :पाठ-2: सीताराम सेकसरिया: झायरी का एक पन्ना	Hindi	12:00 AM 02:58 AM 05:57 AM 08:55 AM 11:54 AM 02:52 PM 05:51 PM 08:49 PM 11:48 PM
General	E-Waste Management: Block 3	English	12:28 AM 03:26 AM 06:25 AM 09:23 AM 12:22 PM 03:20 PM 06:19 PM 09:17 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:46 AM 03:44 AM 06:43 AM 09:41 AM 12:40 PM 03:38 PM 06:37 PM 09:35 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:08 AM 04:07 AM 07:05 AM 10:04 AM 01:02 PM 04:01 PM 06:59 PM 09:58 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1	Hindi	01:14 AM 04:12 AM 07:11 AM 10:09 AM 01:08 PM 04:06 PM 07:05 PM 10:03 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	01:26 AM 04:25 AM 07:23 AM 10:22 AM 01:20 PM 04:19 PM 07:17 PM 10:16 PM
Language (English)	English: Chp 4: A Question of Trust-2	English	01:36 AM 04:35 AM 07:33 AM 10:32 AM 01:30 PM 04:29 PM 07:27 PM 10:26 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	01:50 AM 04:49 AM 07:47 AM 10:46 AM 01:44 PM 04:43 PM 07:41 PM 10:40 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-4	English	02:05 AM 05:03 AM 08:02 AM 11:00 AM 01:59 PM 04:57 PM 07:56 PM 10:54 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	Hindi	02:38 AM 05:36 AM 08:35 AM 11:33 AM 02:32 PM 05:30 PM 08:29 PM 11:27 PM



Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	02:39 AM 05:37 AM 08:36 AM 11:34 AM 02:33 PM 05:31 PM 08:30 PM 11:28 PM
बुधवार, 18 दिसंबर 2024 Wednesday, 18 December 2024			
हिंदी	हिंदी : पाठ-6:अब कहाँ दूसरे के दुःख से दुखी होने वाले: निदा फ़ाजली	Hindi	12:00 AM 02:58 AM 05:57 AM 08:56 AM 11:54 AM 02:53 PM 05:52 PM 08:51 PM 11:49 PM
General	Bhadrasana	English	12:29 AM 03:28 AM 06:27 AM 09:26 AM 12:24 PM 03:23 PM 06:22 PM 09:20 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:32 AM 03:30 AM 06:29 AM 09:28 AM 12:27 PM 03:25 PM 06:24 PM 09:23 PM
General	Micro Improvement	English	12:50 AM 03:49 AM 06:48 AM 09:46 AM 12:45 PM 03:44 PM 06:43 PM 09:41 PM
गणित	गणित : पाठ-6: त्रिभुज-1	Hindi	12:52 AM 03:50 AM 06:49 AM 09:48 AM 12:47 PM 03:45 PM 06:44 PM 09:43 PM
General	Growth & Health (E)	English	01:16 AM 04:15 AM 07:13 AM 10:12 AM 01:11 PM 04:10 PM 07:08 PM 10:07 PM
General	E-Waste Management: Block 3	English	01:20 AM 04:19 AM 07:18 AM 10:16 AM 01:15 PM 04:14 PM 07:13 PM 10:11 PM
Language (English)	English: Chp 4: A Question of Trust-1	English	01:38 AM 04:37 AM 07:36 AM 10:34 AM 01:33 PM 04:32 PM 07:31 PM 10:29 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Andaman	English/ hindi	01:57 AM 04:55 AM 07:54 AM 10:53 AM 01:52 PM 04:50 PM 07:49 PM 10:48 PM
General	Bharat on the Moon	English	02:05 AM 05:04 AM 08:03 AM 11:01 AM 02:00 PM 04:59 PM 07:58 PM 10:56 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	02:08 AM 05:07 AM 08:05 AM 11:04 AM 02:03 PM 05:01 PM 08:00 PM 10:59 PM



General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	02:31 AM 05:29 AM 08:28 AM 11:27 AM 02:25 PM 05:24 PM 08:23 PM 11:22 PM
Science	Science: Chap 3: Metal and Non-Metal-1	English	02:37 AM 05:35 AM 08:34 AM 11:33 AM 02:31 PM 05:30 PM 08:29 PM 11:28 PM
बृहस्पतिवार, 19 दिसंबर 2024 Thursday, 19 December 2024			
हिंदी	हिंदी: पाठ-2 कवियत्री 'मीराबाई' और उनकी कविताएँ	Hindi	12:00 AM 02:57 AM 05:54 AM 08:51 AM 11:49 AM 02:46 PM 05:43 PM 08:40 PM 11:38 PM
Cultural Heritage: Art, Music & Dance	NRP 2014 Folk Dance- Bhopal	English/hindi	12:30 AM 03:27 AM 06:24 AM 09:22 AM 12:19 PM 03:16 PM 06:13 PM 09:11 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	Hindi	12:39 AM 03:36 AM 06:34 AM 09:31 AM 12:28 PM 03:25 PM 06:23 PM 09:20 PM
Cultural Heritage: Art, Music & Dance	Kala se Badlaav	Hindi	01:04 AM 04:02 AM 06:59 AM 09:56 AM 12:54 PM 03:51 PM 06:48 PM 09:45 PM
गणित	गणित : पाठ-6: त्रिभुज-2	Hindi	01:17 AM 04:15 AM 07:12 AM 10:09 AM 01:06 PM 04:04 PM 07:01 PM 09:58 PM
Cyber Security	Fake Whats app messages	English	01:50 AM 04:47 AM 07:45 AM 10:42 AM 01:39 PM 04:36 PM 07:34 PM 10:31 PM
Language (English)	English: Chp 4: A Question of Trust-2	English	01:52 AM 04:50 AM 07:47 AM 10:44 AM 01:41 PM 04:39 PM 07:36 PM 10:33 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:07 AM 05:04 AM 08:01 AM 10:58 AM 01:56 PM 04:53 PM 07:50 PM 10:48 PM
Science	Science: Chap 3: Metal and Non-Metal-2	English	02:31 AM 05:28 AM 08:25 AM 11:23 AM 02:20 PM 05:17 PM 08:15 PM 11:12 PM
शुक्रवार, 20 दिसंबर 2024 Friday, 20 December 2024			



संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-1	Sanskrit	12:00 AM 02:57 AM 05:54 AM 08:51 AM 11:49 AM 02:46 PM 05:43 PM 08:41 PM 11:38 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	12:23 AM 03:21 AM 06:18 AM 09:15 AM 12:13 PM 03:10 PM 06:07 PM 09:05 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-2: संघवाद	Hindi	12:30 AM 03:27 AM 06:24 AM 09:22 AM 12:19 PM 03:16 PM 06:13 PM 09:11 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:53 AM 03:50 AM 06:47 AM 09:44 AM 12:42 PM 03:39 PM 06:36 PM 09:34 PM
गणित	गणित : पाठ-6: त्रिभुज-3	Hindi	12:58 AM 03:55 AM 06:53 AM 09:50 AM 12:47 PM 03:45 PM 06:42 PM 09:39 PM
General	Gender Equality	English	01:31 AM 04:28 AM 07:25 AM 10:23 AM 01:20 PM 04:17 PM 07:15 PM 10:12 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:38 AM 04:35 AM 07:32 AM 10:30 AM 01:27 PM 04:24 PM 07:22 PM 10:19 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1:Resources and Development: 2	English	01:43 AM 04:41 AM 07:38 AM 10:35 AM 01:33 PM 04:30 PM 07:27 PM 10:25 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-3	English	02:07 AM 05:04 AM 08:02 AM 10:59 AM 01:56 PM 04:54 PM 07:51 PM 10:48 PM
General	Emotional Well Being and Mental Health (E)	English	02:32 AM 05:29 AM 08:27 AM 11:24 AM 02:21 PM 05:19 PM 08:16 PM 11:13 PM
Science	Science: Chap 3: Metal and Non-Metal-3	English	02:37 AM 05:34 AM 08:32 AM 11:29 AM 02:26 PM 05:24 PM 08:21 PM 11:18 PM
शनिवार, 21 दिसंबर 2024 Saturday, 21 December 2024			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-2	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:04 PM 09:05 PM



Cyber Security	Social Engineering	English	12:29 AM 03:30 AM 06:31 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:35 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-2: संघवाद	Hindi	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:34 PM 06:35 PM 09:36 PM
गणित	गणित : पाठ-6: त्रिभुज-4	Hindi	12:53 AM 03:54 AM 06:55 AM 09:56 AM 12:57 PM 03:57 PM 06:58 PM 09:59 PM
Cyber Security	Social Networking	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:37 PM 10:38 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 3	English	01:37 AM 04:37 AM 07:38 AM 10:39 AM 01:40 PM 04:41 PM 07:42 PM 10:42 PM
General	Safety and Security against Violence and Injuries	English	01:49 AM 04:50 AM 07:51 AM 10:51 AM 01:52 PM 04:53 PM 07:54 PM 10:55 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-4	English	01:55 AM 04:55 AM 07:56 AM 10:57 AM 01:58 PM 04:59 PM 07:59 PM 11:00 PM
Science	Science: Chap 3: Metal and Non-Metal-4	English	02:29 AM 05:30 AM 08:31 AM 11:32 AM 02:33 PM 05:34 PM 08:34 PM 11:35 PM
रविवार, 22 दिसंबर 2024 Sunday, 22 December 2024			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 02:56 AM 05:53 AM 08:50 AM 11:47 AM 02:44 PM 05:41 PM 08:38 PM 11:34 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-2: भारतीय अर्थव्यवस्था के विभिन्न क्षेत्रक भाग-1	Hindi	12:36 AM 03:33 AM 06:30 AM 09:27 AM 12:24 PM 03:21 PM 06:18 PM 09:14 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	Hindi	01:01 AM 03:58 AM 06:55 AM 09:52 AM 12:48 PM 03:45 PM 06:42 PM 09:39 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2	Hindi	01:23 AM 04:20 AM 07:17 AM 10:14 AM 01:11 PM 04:08 PM 07:05 PM 10:02 PM



Social Science (Economics)	S.Sc. (Eco): Chp 4: Globalisation and the Indian Economy-4	English	01:34 AM 04:31 AM 07:28 AM 10:25 AM 01:22 PM 04:19 PM 07:16 PM 10:12 PM
General	Management of Wetlands Part -2	English	02:01 AM 04:58 AM 07:55 AM 10:51 AM 01:48 PM 04:45 PM 07:42 PM 10:39 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:09 AM 05:06 AM 08:03 AM 10:59 AM 01:56 PM 04:53 PM 07:50 PM 10:47 PM
सामान्य	आचार्य हजारी प्रसाद द्विवेदी	Hindi	02:29 AM 05:26 AM 08:22 AM 11:19 AM 02:16 PM 05:13 PM 08:10 PM 11:07 PM
सोमवार, 23 दिसंबर 2024 Monday, 23 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त-मनुष्यता-1	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:58 PM 05:58 PM 08:58 PM 11:58 PM
सामान्य	सरदार वल्लभ भाई पटेल	Hindi	12:36 AM 03:36 AM 06:36 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:34 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:39 AM 03:39 AM 06:39 AM 09:39 AM 12:38 PM 03:38 PM 06:38 PM 09:38 PM
विज्ञान	विज्ञान: पाठ-6: जैव प्रक्रम-1	Hindi	01:04 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:02 PM 10:02 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Vocal Music-Classical(Girl): Maharashtra	English/hindi	01:26 AM 04:25 AM 07:25 AM 10:25 AM 01:25 PM 04:24 PM 07:24 PM 10:24 PM
Language (English)	English: Chp 4: Amanda	English	01:34 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:33 PM 07:32 PM 10:32 PM
सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:03 AM 05:03 AM 08:02 AM 11:02 AM 02:02 PM 05:02 PM 08:02 PM 11:01 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-5	English	02:10 AM 05:10 AM 08:10 AM 11:10 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM



Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM
मंगलवार, 24 दिसंबर 2024 Tuesday, 24 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	Hindi	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM
General	Hand Wash	Hindi	12:20 AM 03:20 AM 06:21 AM 09:21 AM 12:21 PM 03:22 PM 06:22 PM 09:22 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:23 AM 03:23 AM 06:23 AM 09:24 AM 12:24 PM 03:25 PM 06:25 PM 09:25 PM
विज्ञान	विज्ञान:पाठ-6: जैव प्रक्रम-2	Hindi	01:00 AM 04:01 AM 07:01 AM 10:01 AM 01:02 PM 04:02 PM 07:03 PM 10:03 PM
Language (English)	English: Chp-3:The Ball Poem	English	01:24 AM 04:25 AM 07:25 AM 10:26 AM 01:26 PM 04:26 PM 07:27 PM 10:27 PM
Travel	Rangsapara	English	01:54 AM 04:55 AM 07:55 AM 10:55 AM 01:56 PM 04:56 PM 07:56 PM 10:57 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-6	English	02:16 AM 05:17 AM 08:17 AM 11:17 AM 02:18 PM 05:18 PM 08:18 PM 11:19 PM
Cyber Security	Online Predators	English	02:38 AM 05:38 AM 08:38 AM 11:39 AM 02:39 PM 05:40 PM 08:40 PM 11:40 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:39 AM 05:39 AM 08:40 AM 11:40 AM 02:40 PM 05:41 PM 08:41 PM 11:41 PM
बुधवार, 25 दिसंबर 2024 Wednesday, 25 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:58 PM 11:58 PM



General	Ustrasana	English	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:32 AM 03:32 AM 06:32 AM 09:32 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
General	Final Hindi Pm Evidya 200 ch Promo	Hindi	12:50 AM 03:50 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:49 PM 09:49 PM
Health, Physical Education/Yoga/ Sports	Yoga - Paschimottanaasan	Hindi	12:56 AM 03:55 AM 06:55 AM 09:55 AM 12:55 PM 03:55 PM 06:55 PM 09:54 PM
गणित	गणित : पाठ-6: त्रिभुज-1	Hindi	01:08 AM 04:08 AM 07:08 AM 10:08 AM 01:07 PM 04:07 PM 07:07 PM 10:07 PM
Language (English)	English: Chp 4: Amanda	English	01:32 AM 04:32 AM 07:32 AM 10:32 AM 01:32 PM 04:32 PM 07:31 PM 10:31 PM
General	Growth & Health (E)	English	02:02 AM 05:01 AM 08:01 AM 11:01 AM 02:01 PM 05:01 PM 08:01 PM 11:00 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	02:06 AM 05:06 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:05 PM
General	Growing up Healthy	English	02:28 AM 05:28 AM 08:28 AM 11:28 AM 02:28 PM 05:28 PM 08:27 PM 11:27 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:33 AM 05:32 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:31 PM
बृहस्पतिवार, 26 दिसंबर 2024 Thursday, 26 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	12:20 AM 03:21 AM 06:22 AM 09:23 AM 12:23 PM 03:24 PM 06:25 PM 09:26 PM



सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	Hindi	12:26 AM 03:27 AM 06:28 AM 09:29 AM 12:30 PM 03:30 PM 06:31 PM 09:32 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Ajmer	English/ hindi	12:51 AM 03:52 AM 06:53 AM 09:54 AM 12:55 PM 03:56 PM 06:57 PM 09:58 PM
गणित	गणित : पाठ-6: त्रिभुज-2	Hindi	01:02 AM 04:03 AM 07:04 AM 10:05 AM 01:06 PM 04:07 PM 07:08 PM 10:09 PM
Language (English)	English: Chap 5: Footprints without Feet	English	01:35 AM 04:36 AM 07:37 AM 10:38 AM 01:39 PM 04:40 PM 07:40 PM 10:41 PM
Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	02:08 AM 05:09 AM 08:10 AM 11:11 AM 02:12 PM 05:13 PM 08:14 PM 11:15 PM
Science	Science: Ch-2: Acids, Bases and Salts-IV	English	02:34 AM 05:35 AM 08:36 AM 11:37 AM 02:38 PM 05:38 PM 08:39 PM 11:40 PM
शुक्रवार, 27 दिसंबर 2024 Friday, 27 December 2024			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-3	Sanskrit	12:00 AM 03:05 AM 06:11 AM 09:17 AM 12:23 PM 03:29 PM 06:35 PM 09:41 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1	Hindi	12:35 AM 03:41 AM 06:47 AM 09:53 AM 12:58 PM 04:04 PM 07:10 PM 10:16 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:50 AM 03:56 AM 07:02 AM 10:07 AM 01:13 PM 04:19 PM 07:25 PM 10:31 PM
गणित	गणित : पाठ-6: त्रिभुज-3	Hindi	12:55 AM 04:01 AM 07:07 AM 10:13 AM 01:19 PM 04:25 PM 07:31 PM 10:36 PM
General	Gender Equality	English	01:28 AM 04:34 AM 07:40 AM 10:46 AM 01:51 PM 04:57 PM 08:03 PM 11:09 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:35 AM 04:41 AM 07:47 AM 10:53 AM 01:59 PM 05:04 PM 08:10 PM 11:16 PM



Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 4	English	01:41 AM 04:46 AM 07:52 AM 10:58 AM 02:04 PM 05:10 PM 08:16 PM 11:22 PM
Biography	Kamala The Swadeshi Nutriindian	English	01:53 AM 04:59 AM 08:05 AM 11:11 AM 02:17 PM 05:23 PM 08:29 PM 11:34 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-5	English	02:11 AM 05:17 AM 08:22 AM 11:28 AM 02:34 PM 05:40 PM 08:46 PM 11:52 PM
General	Health And Sanitaion (E)	English	02:36 AM 05:42 AM 08:48 AM 11:54 AM 03:00 PM 06:06 PM 09:11 PM
Science	Science: Chap 9: Heredity and Evolution-1	English	02:43 AM 05:48 AM 08:54 AM 12:00 PM 03:06 PM 06:12 PM 09:18 PM
General	जेंडर समानता	Hindi	02:58 AM 06:04 AM 09:10 AM 12:16 PM 03:21 PM 06:27 PM 09:33 PM
शनिवार, 28 दिसंबर 2024 Saturday, 28 December 2024			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	Sanskrit	12:00 AM 02:58 AM 05:56 AM 08:54 AM 11:53 AM 02:51 PM 05:49 PM 08:48 PM 11:46 PM
General	Dhyana	English	12:28 AM 03:26 AM 06:25 AM 09:23 AM 12:21 PM 03:20 PM 06:18 PM 09:16 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-4: जाति; धर्म और लैंगिक मसले -2	Hindi	12:32 AM 03:31 AM 06:29 AM 09:27 AM 12:26 PM 03:24 PM 06:22 PM 09:20 PM
Cultural Heritage: Art, Music & Dance	Interview with Dr. Devyani Borole - A Polar Women (Part 1)	English	12:49 AM 03:47 AM 06:45 AM 09:44 AM 12:42 PM 03:40 PM 06:39 PM 09:37 PM
गणित	गणित : पाठ-6: त्रिभुज-4	Hindi	01:08 AM 04:07 AM 07:05 AM 10:03 AM 01:02 PM 04:00 PM 06:58 PM 09:57 PM
General	Diksha Promo with Subtitle	English	01:48 AM 04:46 AM 07:44 AM 10:42 AM 01:41 PM 04:39 PM 07:37 PM 10:36 PM



Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 5	English	01:51 AM 04:49 AM 07:47 AM 10:46 AM 01:44 PM 04:42 PM 07:41 PM 10:39 PM
General	Safety and Security against Violence and Injuries	English	02:10 AM 05:08 AM 08:06 AM 11:05 AM 02:03 PM 05:01 PM 08:00 PM 10:58 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-6	English	02:15 AM 05:14 AM 08:12 AM 11:10 AM 02:09 PM 05:07 PM 08:05 PM 11:04 PM
Science	Science: Chap 9: Heredity and Evolution-2	English	02:42 AM 05:41 AM 08:39 AM 11:37 AM 02:35 PM 05:34 PM 08:32 PM 11:30 PM
रविवार, 29 दिसंबर 2024 Sunday, 29 December 2024			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:55 PM 08:54 PM 11:53 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-1: विकास	Hindi	12:34 AM 03:33 AM 06:32 AM 09:31 AM 12:30 PM 03:30 PM 06:29 PM 09:28 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	Hindi	01:04 AM 04:03 AM 07:03 AM 10:02 AM 01:01 PM 04:00 PM 06:59 PM 09:59 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1	Hindi	01:27 AM 04:26 AM 07:25 AM 10:24 AM 01:23 PM 04:23 PM 07:22 PM 10:21 PM
Social Science (Economics)	S.Sc. (Eco): Chp 4: Globalisation and the Indian Economy-4	English	01:41 AM 04:40 AM 07:39 AM 10:39 AM 01:38 PM 04:37 PM 07:36 PM 10:35 PM
General	Management of Wetlands Part -2	English	02:07 AM 05:07 AM 08:06 AM 11:05 AM 02:04 PM 05:03 PM 08:03 PM 11:02 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:15 AM 05:15 AM 08:14 AM 11:13 AM 02:12 PM 05:11 PM 08:11 PM 11:10 PM
सामान्य	सीखने की राह पर	Hindi	02:35 AM 05:34 AM 08:34 AM 11:33 AM 02:32 PM 05:31 PM 08:30 PM 11:29 PM



सोमवार, 30 दिसंबर 2024 Monday, 30 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
General	Gender Equality (H)	Hindi	12:36 AM 03:36 AM 06:36 AM 09:37 AM 12:37 PM 03:37 PM 06:37 PM 09:37 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-3: जल संसाधन भाग-1	Hindi	12:43 AM 03:44 AM 06:44 AM 09:44 AM 12:44 PM 03:44 PM 06:45 PM 09:45 PM
General	Personal Safety	English	01:03 AM 04:03 AM 07:04 AM 10:04 AM 01:04 PM 04:04 PM 07:04 PM 10:05 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2	Hindi	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:18 PM 04:19 PM 07:19 PM 10:19 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Vocal Music- Classical(Girl): Maharashtra	English/ hindi	01:27 AM 04:27 AM 07:27 AM 10:27 AM 01:28 PM 04:28 PM 07:28 PM 10:28 PM
Language (English)	English: Chp 4: Amanda	English	01:35 AM 04:35 AM 07:35 AM 10:36 AM 01:36 PM 04:36 PM 07:36 PM 10:36 PM
Science	Alfred Nobel - 1	English	02:04 AM 05:04 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:06 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-7	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:14 PM 08:14 PM 11:14 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:39 PM 08:39 PM 11:39 PM
मंगलवार, 31 दिसंबर 2024 Tuesday, 31 December 2024			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	Hindi	12:00 AM 02:57 AM 05:54 AM 08:52 AM 11:49 AM 02:46 PM 05:44 PM 08:41 PM 11:38 PM



General	Hand Wash	Hindi	12:20 AM 03:17 AM 06:15 AM 09:12 AM 12:09 PM 03:07 PM 06:04 PM 09:01 PM 11:59 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-3: जल संसाधन भाग-2	Hindi	12:23 AM 03:20 AM 06:17 AM 09:15 AM 12:12 PM 03:09 PM 06:07 PM 09:04 PM
विज्ञान	विज्ञान: पाठ-3: धातु एवं अधातु: धातुओं के रासायनिक गुणधर्म	Hindi	01:03 AM 04:00 AM 06:58 AM 09:55 AM 12:52 PM 03:50 PM 06:47 PM 09:44 PM
General	कमल	Hindi	01:17 AM 04:14 AM 07:11 AM 10:09 AM 01:06 PM 04:03 PM 07:01 PM 09:58 PM
Language (English)	English: Chp-3:The Ball Poem	English	01:26 AM 04:23 AM 07:20 AM 10:18 AM 01:15 PM 04:12 PM 07:10 PM 10:07 PM
सामान्य	आज़ादी की कहानी-3	हिन्दी	01:55 AM 04:53 AM 07:50 AM 10:47 AM 01:45 PM 04:42 PM 07:39 PM 10:37 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-7	English	02:07 AM 05:04 AM 08:02 AM 10:59 AM 01:56 PM 04:54 PM 07:51 PM 10:48 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen Nalanda	Hindi	02:31 AM 05:28 AM 08:25 AM 11:23 AM 02:20 PM 05:17 PM 08:15 PM 11:12 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:36 AM 05:33 AM 08:31 AM 11:28 AM 02:25 PM 05:23 PM 08:20 PM 11:17 PM



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