

## कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 6

### कक्षा - 6 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 6

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत	इतिहास	हिन्दी	संस्कृत	राजनीति विज्ञान
English	Geography	History	English	Political Science	Mathematics	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/28](https://www.swayamprabha.gov.in/index.php/program/current_se/28).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



## कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 6

दिसंबर 2024  
December 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 दिसंबर 2024 Sunday, 01 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:36 AM    05:13 AM    07:50 AM    10:27 AM    01:03 PM    03:40 PM    06:17 PM    08:54 PM    11:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:37 AM    05:13 AM    07:50 AM    10:27 AM    01:04 PM    03:40 PM    06:17 PM    08:54 PM    11:31 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:01 AM    02:37 AM    05:14 AM    07:51 AM    10:28 AM    01:04 PM    03:41 PM    06:18 PM    08:55 PM    11:31 PM
Science (Activities)	Sorting Materials into Groups (Ch-4:Part 2)	English	12:08 AM    02:44 AM    05:21 AM    07:58 AM    10:35 AM    01:11 PM    03:48 PM    06:25 PM    09:02 PM    11:38 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:13 AM    02:49 AM    05:26 AM    08:03 AM    10:40 AM    01:16 PM    03:53 PM    06:30 PM    09:07 PM    11:43 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:28 AM    03:04 AM    05:41 AM    08:18 AM    10:55 AM    01:31 PM    04:08 PM    06:45 PM    09:22 PM    11:58 PM
General	एक प्रयास प्लास्टिक प्रदुषन कम करने का	Hindi	12:31 AM    03:08 AM    05:45 AM    08:22 AM    10:58 AM    01:35 PM    04:12 PM    06:49 PM    09:25 PM
General Awareness	Air Pollution	English	12:44 AM    03:21 AM    05:57 AM    08:34 AM    11:11 AM    01:48 PM    04:24 PM    07:01 PM    09:38 PM



Language (Hindi) Grammar & writing	वर्तनी	Hindi	01:09 AM    03:46 AM    06:22 AM    08:59 AM    11:36 AM    02:13 PM    04:49 PM    07:26 PM    10:03 PM
General	Growing up Healthy	English	01:29 AM    04:06 AM    06:43 AM    09:20 AM    11:56 AM    02:33 PM    05:10 PM    07:47 PM    10:23 PM
Art & Craft	3D Popup House Amazing Popup Greeting Card English	English	01:34 AM    04:10 AM    06:47 AM    09:24 AM    12:01 PM    02:37 PM    05:14 PM    07:51 PM    10:28 PM
General	Ransomware Attack	English	01:37 AM    04:14 AM    06:51 AM    09:28 AM    12:04 PM    02:41 PM    05:18 PM    07:55 PM    10:31 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:38 AM    04:15 AM    06:52 AM    09:29 AM    12:05 PM    02:42 PM    05:19 PM    07:56 PM    10:32 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	01:59 AM    04:35 AM    07:12 AM    09:49 AM    12:26 PM    03:02 PM    05:39 PM    08:16 PM    10:53 PM
General	आज़ादी की अमृत कहानियाँ (तन्वी जगदीश- सागर )	Hindi	02:05 AM    04:42 AM    07:18 AM    09:55 AM    12:32 PM    03:09 PM    05:45 PM    08:22 PM    10:59 PM
Mathematics activity	क्रियाकलाप : किसी बहुभुज के अन्तः कोणों के योग की जाँच करना	Hindi	02:07 AM    04:44 AM    07:21 AM    09:57 AM    12:34 PM    03:11 PM    05:48 PM    08:24 PM    11:01 PM
Creative Activities: Art & Craft	Striking Swan	English	02:18 AM    04:55 AM    07:32 AM    10:08 AM    12:45 PM    03:22 PM    05:59 PM    08:35 PM    11:12 PM
General Awareness	Arpan-Personal safety	English	02:20 AM    04:57 AM    07:34 AM    10:10 AM    12:47 PM    03:24 PM    06:01 PM    08:37 PM    11:14 PM
<b>सोमवार, 02 दिसंबर 2024</b> <b>Monday, 02 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:47 AM    05:34 AM    08:21 AM    11:09 AM    01:56 PM    04:43 PM    07:30 PM    10:18 PM



General	General Information & Time Table	English/hindi	12:00 AM    02:47 AM    05:34 AM    08:22 AM    11:09 AM    01:56 PM    04:44 PM    07:31 PM    10:18 PM
General Awareness	क्यों और कैसे	Hindi	12:01 AM    02:48 AM    05:35 AM    08:23 AM    11:10 AM    01:57 PM    04:44 PM    07:32 PM    10:19 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM    03:12 AM    05:59 AM    08:47 AM    11:34 AM    02:21 PM    05:08 PM    07:56 PM    10:43 PM
General	Emotional well being and mental health	English	12:26 AM    03:13 AM    06:00 AM    08:47 AM    11:35 AM    02:22 PM    05:09 PM    07:56 PM    10:44 PM
General	Online Game Fraud	English	12:31 AM    03:18 AM    06:05 AM    08:52 AM    11:40 AM    02:27 PM    05:14 PM    08:01 PM    10:49 PM
General Awareness	Air Pollution	English	12:31 AM    03:18 AM    06:06 AM    08:53 AM    11:40 AM    02:28 PM    05:15 PM    08:02 PM    10:49 PM
General	Ardha Chakrasana	English	12:56 AM    03:44 AM    06:31 AM    09:18 AM    12:05 PM    02:53 PM    05:40 PM    08:27 PM    11:14 PM
General Awareness	Arpan-Personal safety	English	12:58 AM    03:45 AM    06:33 AM    09:20 AM    12:07 PM    02:55 PM    05:42 PM    08:29 PM    11:16 PM
General	General Information & Time Table	English/hindi	01:13 AM    04:00 AM    06:47 AM    09:34 AM    12:22 PM    03:09 PM    05:56 PM    08:43 PM    11:31 PM
Science (Activities)	Amazing World of Changes (ch-6)	English	01:13 AM    04:01 AM    06:48 AM    09:35 AM    12:22 PM    03:10 PM    05:57 PM    08:44 PM    11:31 PM
Language (English) Reading skills	Communicative English 01	English	01:30 AM    04:18 AM    07:05 AM    09:52 AM    12:39 PM    03:27 PM    06:14 PM    09:01 PM    11:49 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:57 AM    04:45 AM    07:32 AM    10:19 AM    01:06 PM    03:54 PM    06:41 PM    09:28 PM



General	आजादी की अमृत कहानियाँ (तन्वी जगदीश- सागर )	Hindi	02:04 AM    04:51 AM    07:38 AM    10:25 AM    01:13 PM    04:00 PM    06:47 PM    09:34 PM
Vocational Videos	गृह सज्जा हेतु पौधे	Hindi	02:06 AM    04:53 AM    07:40 AM    10:28 AM    01:15 PM    04:02 PM    06:50 PM    09:37 PM
General	अर्ध चक्रासन	Hindi	02:30 AM    05:17 AM    08:04 AM    10:52 AM    01:39 PM    04:26 PM    07:13 PM    10:01 PM
General	Montage of the channel	English/hindi	02:32 AM    05:19 AM    08:06 AM    10:53 AM    01:41 PM    04:28 PM    07:15 PM    10:03 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	02:32 AM    05:19 AM    08:07 AM    10:54 AM    01:41 PM    04:28 PM    07:16 PM    10:03 PM
Creative Activities: Art & Craft	Curlicue Origami	English	02:33 AM    05:20 AM    08:07 AM    10:54 AM    01:42 PM    04:29 PM    07:16 PM    10:03 PM
सामान्य	Healthy Lifestyle Adopted	Hindi	02:36 AM    05:23 AM    08:10 AM    10:58 AM    01:45 PM    04:32 PM    07:19 PM    10:07 PM
Science (Activities)	Seeing Through Materials (Ch-11)	English	02:36 AM    05:24 AM    08:11 AM    10:58 AM    01:45 PM    04:33 PM    07:20 PM    10:07 PM
Creative Activities: Art & Craft	Slithering Snake	English	02:41 AM    05:28 AM    08:15 AM    11:02 AM    01:50 PM    04:37 PM    07:24 PM    10:11 PM
Health, Physical Education/Yoga / Sports	सूक्ष्म योगिक व्यायाम	Hindi	02:42 AM    05:29 AM    08:17 AM    11:04 AM    01:51 PM    04:38 PM    07:26 PM    10:13 PM
<b>मंगलवार, 03 दिसंबर 2024</b> <b>Tuesday, 03 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM



General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:08 PM    10:39 PM
General	Bhujagasana	English	12:17 AM    02:48 AM    05:19 AM    07:50 AM    10:21 AM    12:52 PM    03:23 PM    05:54 PM    08:25 PM    10:56 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:20 AM    02:51 AM    05:22 AM    07:53 AM    10:24 AM    12:55 PM    03:26 PM    05:56 PM    08:27 PM    10:58 PM
Disaster management	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	12:26 AM    02:57 AM    05:28 AM    07:58 AM    10:29 AM    01:00 PM    03:31 PM    06:02 PM    08:33 PM    11:04 PM
Disaster management	Lightning - बिजली से एक पीड़ित के जीवन को कैसे बचाएं	Hindi	12:26 AM    02:57 AM    05:28 AM    07:59 AM    10:30 AM    01:01 PM    03:32 PM    06:03 PM    08:34 PM    11:05 PM
General	भुजंगासन	Hindi	12:27 AM    02:58 AM    05:29 AM    08:00 AM    10:31 AM    01:02 PM    03:33 PM    06:04 PM    08:35 PM    11:06 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:30 AM    03:01 AM    05:32 AM    08:03 AM    10:34 AM    01:05 PM    03:36 PM    06:07 PM    08:38 PM    11:09 PM
General	Fun With Magnet	English	12:37 AM    03:07 AM    05:38 AM    08:09 AM    10:40 AM    01:11 PM    03:42 PM    06:13 PM    08:44 PM    11:15 PM
Art & Craft	पानी का फव्वारा	Hindi	12:40 AM    03:11 AM    05:42 AM    08:12 AM    10:43 AM    01:14 PM    03:45 PM    06:16 PM    08:47 PM    11:18 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:48 AM    03:19 AM    05:50 AM    08:21 AM    10:52 AM    01:22 PM    03:53 PM    06:24 PM    08:55 PM    11:26 PM



General Awareness	Water A Wonderfull Molecule	English	01:08 AM    03:39 AM    06:10 AM    08:41 AM    11:12 AM    01:43 PM    04:14 PM    06:45 PM    09:16 PM    11:46 PM
General	Growing up Healthy	English	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:32 AM    02:03 PM    04:34 PM    07:05 PM    09:36 PM
General	Introduction to plasto, our hero and marine pollution	English	01:32 AM    04:03 AM    06:34 AM    09:05 AM    11:36 AM    02:07 PM    04:38 PM    07:09 PM    09:40 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	01:39 AM    04:10 AM    06:41 AM    09:12 AM    11:43 AM    02:14 PM    04:45 PM    07:16 PM    09:47 PM
General	जेंडर समानता	Hindi	01:52 AM    04:22 AM    06:53 AM    09:24 AM    11:55 AM    02:26 PM    04:57 PM    07:28 PM    09:59 PM
General	Growth & Health	English	01:59 AM    04:30 AM    07:01 AM    09:32 AM    12:03 PM    02:34 PM    05:05 PM    07:36 PM    10:07 PM
Art & Craft	छोटा है या बड़ा	Hindi	02:03 AM    04:34 AM    07:05 AM    09:36 AM    12:07 PM    02:38 PM    05:09 PM    07:40 PM    10:11 PM
Storytelling/Value Education	नट खट चूहा	Hindi	02:07 AM    04:38 AM    07:09 AM    09:40 AM    12:11 PM    02:42 PM    05:13 PM    07:44 PM    10:15 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	Hindi	02:21 AM    04:52 AM    07:23 AM    09:54 AM    12:25 PM    02:56 PM    05:27 PM    07:58 PM    10:29 PM
General	Pm Evidya 200 dth ch Promo Video 2023	English	02:26 AM    04:57 AM    07:28 AM    09:59 AM    12:30 PM    03:01 PM    05:32 PM    08:03 PM    10:34 PM
<b>बुधवार, 04 दिसंबर 2024</b> <b>Wednesday, 04 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:57 AM    12:26 PM    02:55 PM    05:25 PM    07:54 PM    10:23 PM



General	General Information & Time Table	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:57 AM    12:26 PM    02:56 PM    05:25 PM    07:54 PM    10:24 PM
General	आजादी की अमृत कहानियाँ (टेस्सी थॉमस- अम्बर)	Hindi	12:01 AM    02:30 AM    04:59 AM    07:29 AM    09:58 AM    12:27 PM    02:57 PM    05:26 PM    07:55 PM    10:25 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	Hindi	12:03 AM    02:32 AM    05:02 AM    07:31 AM    10:00 AM    12:30 PM    02:59 PM    05:28 PM    07:58 PM    10:27 PM
इतिहास	अजायब घर की सैर 02	Hindi	12:10 AM    02:39 AM    05:08 AM    07:38 AM    10:07 AM    12:36 PM    03:06 PM    05:35 PM    08:04 PM    10:34 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालबती - संस्कृत में कहानी	Hindi	12:22 AM    02:51 AM    05:21 AM    07:50 AM    10:19 AM    12:49 PM    03:18 PM    05:47 PM    08:17 PM    10:46 PM
General	निपुण भारत	Hindi	12:28 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:55 PM    03:24 PM    05:53 PM    08:23 PM    10:52 PM
General	Catfishing Fraud	English	12:30 AM    02:59 AM    05:29 AM    07:58 AM    10:27 AM    12:57 PM    03:26 PM    05:55 PM    08:24 PM    10:54 PM
General	I will bring glory to my Nation	English	12:31 AM    03:00 AM    05:30 AM    07:59 AM    10:28 AM    12:58 PM    03:27 PM    05:56 PM    08:26 PM    10:55 PM
General	Energy Saving	English	12:36 AM    03:06 AM    05:35 AM    08:04 AM    10:34 AM    01:03 PM    03:32 PM    06:02 PM    08:31 PM    11:00 PM
General Awareness	Water A Wonderfull Molecule	English	12:38 AM    03:07 AM    05:37 AM    08:06 AM    10:35 AM    01:05 PM    03:34 PM    06:03 PM    08:32 PM    11:02 PM





Art & Craft	Meena - 4 Who is afraid of Bully	English	12:58 AM    03:27 AM    05:57 AM    08:26 AM    10:55 AM    01:25 PM    03:54 PM    06:23 PM    08:53 PM    11:22 PM
General	Ransomware Attack	English	01:12 AM    03:41 AM    06:10 AM    08:39 AM    11:09 AM    01:38 PM    04:07 PM    06:37 PM    09:06 PM    11:35 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:13 AM    03:42 AM    06:11 AM    08:40 AM    11:10 AM    01:39 PM    04:08 PM    06:38 PM    09:07 PM    11:36 PM
General	E-Waste	English	01:14 AM    03:44 AM    06:13 AM    08:42 AM    11:12 AM    01:41 PM    04:10 PM    06:40 PM    09:09 PM    11:38 PM
General	Real life situations- garbage burning and what to do	English	01:16 AM    03:45 AM    06:15 AM    08:44 AM    11:13 AM    01:43 PM    04:12 PM    06:41 PM    09:11 PM    11:40 PM
General	आजादी की अमृत कहानियाँ (पूनम नौटियाल - जीवन )	Hindi	01:40 AM    04:09 AM    06:39 AM    09:08 AM    11:37 AM    02:07 PM    04:36 PM    07:05 PM    09:35 PM
General	Introduction to MISSION LIFE	English	01:42 AM    04:12 AM    06:41 AM    09:10 AM    11:40 AM    02:09 PM    04:38 PM    07:08 PM    09:37 PM
General	भद्रासन	Hindi	01:45 AM    04:14 AM    06:44 AM    09:13 AM    11:42 AM    02:11 PM    04:41 PM    07:10 PM    09:39 PM
Cultural Heritage: Art, Music & Dance	Video 2666: Ele_ART_39 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English	01:47 AM    04:16 AM    06:46 AM    09:15 AM    11:44 AM    02:14 PM    04:43 PM    07:12 PM    09:42 PM
General	zoological-Survey-of-india	English	01:54 AM    04:24 AM    06:53 AM    09:22 AM    11:52 AM    02:21 PM    04:50 PM    07:20 PM    09:49 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	01:57 AM    04:26 AM    06:55 AM    09:25 AM    11:54 AM    02:23 PM    04:53 PM    07:22 PM    09:51 PM



Creative Activities: Art & Craft	Double Spiral from Square	English	02:25 AM    04:54 AM    07:24 AM    09:53 AM    12:22 PM    02:52 PM    05:21 PM    07:50 PM    10:20 PM
<b>बृहस्पतिवार, 05 दिसंबर 2024</b> <b>Thursday, 05 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:35 PM    08:06 PM    10:37 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:37 PM
सामान्य	Healthy Lifestyle Adopted	Hindi	12:01 AM    02:32 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:07 PM    10:38 PM
General	पारस्परिक संबंध	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
Art & Craft	विटामिन ए की कहानी	Hindi	12:07 AM    02:37 AM    05:08 AM    07:39 AM    10:10 AM    12:41 PM    03:12 PM    05:42 PM    08:13 PM    10:44 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM    02:49 AM    05:20 AM    07:51 AM    10:21 AM    12:52 PM    03:23 PM    05:54 PM    08:25 PM    10:56 PM
General	Montage of the channel	English/hindi	12:32 AM    03:02 AM    05:33 AM    08:04 AM    10:35 AM    01:06 PM    03:37 PM    06:07 PM    08:38 PM    11:09 PM
General	General Information & Time Table	English/hindi	12:32 AM    03:03 AM    05:34 AM    08:05 AM    10:35 AM    01:06 PM    03:37 PM    06:08 PM    08:39 PM    11:10 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:33 AM    03:04 AM    05:35 AM    08:05 AM    10:36 AM    01:07 PM    03:38 PM    06:09 PM    08:40 PM    11:10 PM



Creative Activities: Art & Craft	Paper Glider	English	12:40 AM    03:11 AM    05:41 AM    08:12 AM    10:43 AM    01:14 PM    03:45 PM    06:16 PM    08:46 PM    11:17 PM
Language (English) Reading skills	Communicative English 01	English	12:43 AM    03:14 AM    05:44 AM    08:15 AM    10:46 AM    01:17 PM    03:48 PM    06:19 PM    08:49 PM    11:20 PM
General	योग ओलपियाड	Hindi	01:10 AM    03:40 AM    06:11 AM    08:42 AM    11:13 AM    01:44 PM    04:15 PM    06:45 PM    09:16 PM    11:47 PM
General	Nadishodhan Pranayam	English	01:14 AM    03:45 AM    06:16 AM    08:47 AM    11:17 AM    01:48 PM    04:19 PM    06:50 PM    09:21 PM    11:52 PM
General	नाड़ीशोधन प्राणायाम	Hindi	01:17 AM    03:48 AM    06:19 AM    08:50 AM    11:21 AM    01:52 PM    04:22 PM    06:53 PM    09:24 PM    11:55 PM
General	Women Change the World	English	01:21 AM    03:52 AM    06:23 AM    08:53 AM    11:24 AM    01:55 PM    04:26 PM    06:57 PM    09:28 PM    11:58 PM
General	Waste Reduced	English	01:27 AM    03:57 AM    06:28 AM    08:59 AM    11:30 AM    02:01 PM    04:32 PM    07:02 PM    09:33 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:31 AM    02:02 PM    04:33 PM    07:04 PM    09:35 PM
Disaster management	Lightning - बिजली से कैसे बचें	Hindi	01:32 AM    04:03 AM    06:34 AM    09:05 AM    11:35 AM    02:06 PM    04:37 PM    07:08 PM    09:39 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:33 AM    04:04 AM    06:35 AM    09:06 AM    11:36 AM    02:07 PM    04:38 PM    07:09 PM    09:40 PM
Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:49 AM    04:19 AM    06:50 AM    09:21 AM    11:52 AM    02:23 PM    04:54 PM    07:24 PM    09:55 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:56 AM    04:26 AM    06:57 AM    09:28 AM    11:59 AM    02:30 PM    05:01 PM    07:31 PM    10:02 PM



General	Montage of the channel	English/hindi	01:59 AM    04:30 AM    07:00 AM    09:31 AM    12:02 PM    02:33 PM    05:04 PM    07:35 PM    10:05 PM
Disaster management	हिमस्खलन के संकेत	Hindi	01:59 AM    04:30 AM    07:01 AM    09:32 AM    12:02 PM    02:33 PM    05:04 PM    07:35 PM    10:06 PM
Art & Craft	छोटा है या बड़ा	Hindi	02:01 AM    04:32 AM    07:03 AM    09:33 AM    12:04 PM    02:35 PM    05:06 PM    07:37 PM    10:08 PM
Health, Physical Education/Yoga / Sports	योग: चक्रासन	Hindi	02:05 AM    04:36 AM    07:07 AM    09:38 AM    12:08 PM    02:39 PM    05:10 PM    07:41 PM    10:12 PM
Science (Activities)	Beehive (ch-1)	English	02:17 AM    04:48 AM    07:19 AM    09:50 AM    12:21 PM    02:51 PM    05:22 PM    07:53 PM    10:24 PM
General	I will bring glory to my Nation	English	02:19 AM    04:50 AM    07:21 AM    09:52 AM    12:22 PM    02:53 PM    05:24 PM    07:55 PM    10:26 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	02:24 AM    04:55 AM    07:26 AM    09:57 AM    12:28 PM    02:59 PM    05:29 PM    08:00 PM    10:31 PM
शुक्रवार, 06 दिसंबर 2024 Friday, 06 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:28 AM    09:57 AM    12:27 PM    02:56 PM    05:25 PM    07:55 PM    10:24 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:27 PM    02:56 PM    05:26 PM    07:55 PM    10:25 PM
Science (Activities)	Tests for components of food (Ch-2)	English	12:01 AM    02:30 AM    05:00 AM    07:29 AM    09:58 AM    12:28 PM    02:57 PM    05:27 PM    07:56 PM    10:25 PM



Creative Activities: Art & Craft	Resonating Petals	English	12:05 AM    02:35 AM    05:04 AM    07:34 AM    10:03 AM    12:32 PM    03:02 PM    05:31 PM    08:01 PM    10:30 PM
Vocational Videos	Preparing ORS at Home	English	12:07 AM    02:36 AM    05:06 AM    07:35 AM    10:04 AM    12:34 PM    03:03 PM    05:33 PM    08:02 PM    10:31 PM
राजनीति विज्ञान	अखबार की कहानी भाग 02	Hindi	12:13 AM    02:42 AM    05:11 AM    07:41 AM    10:10 AM    12:40 PM    03:09 PM    05:38 PM    08:08 PM    10:37 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:19 AM    02:49 AM    05:18 AM    07:47 AM    10:17 AM    12:46 PM    03:16 PM    05:45 PM    08:14 PM    10:44 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	12:26 AM    02:55 AM    05:24 AM    07:54 AM    10:23 AM    12:53 PM    03:22 PM    05:51 PM    08:21 PM    10:50 PM
General	Montage of the channel	English/hindi	12:40 AM    03:10 AM    05:39 AM    08:08 AM    10:38 AM    01:07 PM    03:37 PM    06:06 PM    08:35 PM    11:05 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:41 AM    03:10 AM    05:39 AM    08:09 AM    10:38 AM    01:08 PM    03:37 PM    06:06 PM    08:36 PM    11:05 PM
General	Values and Types of Wetlands Part -1	English	01:09 AM    03:38 AM    06:08 AM    08:37 AM    11:06 AM    01:36 PM    04:05 PM    06:35 PM    09:04 PM    11:33 PM
Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:16 AM    03:45 AM    06:14 AM    08:44 AM    11:13 AM    01:43 PM    04:12 PM    06:41 PM    09:11 PM    11:40 PM
General	उपभोक्ता संरक्षण	Hindi	01:22 AM    03:52 AM    06:21 AM    08:51 AM    11:20 AM    01:49 PM    04:19 PM    06:48 PM    09:18 PM    11:47 PM
Science (Activities)	Separation Of Mud From Muddy Water (ch-4)	English	01:27 AM    03:57 AM    06:26 AM    08:56 AM    11:25 AM    01:54 PM    04:24 PM    06:53 PM    09:23 PM    11:52 PM
General	Ardha Chakrasana	English	01:36 AM    04:05 AM    06:34 AM    09:04 AM    11:33 AM    02:03 PM    04:32 PM    07:01 PM    09:31 PM



General	Introduction to waste segregation & dry and wet bins	English	01:37 AM    04:07 AM    06:36 AM    09:06 AM    11:35 AM    02:04 PM    04:34 PM    07:03 PM    09:33 PM
Health, Physical Education/Yoga / Sports	सूक्ष्म यौगिक व्यायाम	Hindi	01:51 AM    04:21 AM    06:50 AM    09:19 AM    11:49 AM    02:18 PM    04:48 PM    07:17 PM    09:46 PM
General	सरदार वल्लभ भाई पटेल	Hindi	01:56 AM    04:25 AM    06:55 AM    09:24 AM    11:53 AM    02:23 PM    04:52 PM    07:22 PM    09:51 PM
General	Ransomware Attack	English	01:59 AM    04:29 AM    06:58 AM    09:27 AM    11:57 AM    02:26 PM    04:56 PM    07:25 PM    09:54 PM
General	Growing up Healthy	English	02:00 AM    04:30 AM    06:59 AM    09:28 AM    11:58 AM    02:27 PM    04:57 PM    07:26 PM    09:55 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	02:04 AM    04:34 AM    07:03 AM    09:33 AM    12:02 PM    02:31 PM    05:01 PM    07:30 PM    10:00 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:10 AM    04:39 AM    07:09 AM    09:38 AM    12:07 PM    02:37 PM    05:06 PM    07:36 PM    10:05 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	02:12 AM    04:42 AM    07:11 AM    09:40 AM    12:10 PM    02:39 PM    05:09 PM    07:38 PM    10:07 PM
<b>शनिवार, 07 दिसंबर 2024</b> <b>Saturday, 07 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:56 AM    12:25 PM    02:54 PM    05:23 PM    07:52 PM    10:21 PM
General	Energy Saving	English	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:56 AM    12:25 PM    02:54 PM    05:23 PM    07:52 PM    10:21 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	12:02 AM    02:31 AM    05:00 AM    07:29 AM    09:58 AM    12:27 PM



			02:56 PM    05:25 PM    07:54 PM    10:23 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	12:06 AM    02:35 AM    05:04 AM    07:33 AM    10:02 AM    12:31 PM    03:00 PM    05:29 PM    07:58 PM    10:27 PM
General	Growth & Health	English	12:12 AM    02:41 AM    05:10 AM    07:39 AM    10:08 AM    12:37 PM    03:06 PM    05:35 PM    08:04 PM    10:33 PM
General	एक प्रयास प्लास्टिक प्रदुषन कम करने का	Hindi	12:16 AM    02:45 AM    05:14 AM    07:43 AM    10:12 AM    12:41 PM    03:10 PM    05:39 PM    08:09 PM    10:38 PM
General	Montage of the channel	English/hindi	12:29 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:54 PM    03:23 PM    05:52 PM    08:21 PM    10:50 PM
General	General Information & Time Table	English/hindi	12:29 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:54 PM    03:23 PM    05:52 PM    08:21 PM    10:50 PM
General	Value and responsible Citizenship	English	12:30 AM    02:59 AM    05:28 AM    07:57 AM    10:26 AM    12:55 PM    03:24 PM    05:53 PM    08:22 PM    10:51 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	12:35 AM    03:04 AM    05:33 AM    08:02 AM    10:31 AM    01:00 PM    03:29 PM    05:58 PM    08:27 PM    10:56 PM
Art & Craft	3D Popup House Amazing Popup Greeting Card English	English	12:39 AM    03:08 AM    05:37 AM    08:06 AM    10:35 AM    01:04 PM    03:33 PM    06:02 PM    08:31 PM    11:00 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:42 AM    03:11 AM    05:41 AM    08:10 AM    10:39 AM    01:08 PM    03:37 PM    06:06 PM    08:35 PM    11:04 PM
Vocational Videos	Seed Germination	English	12:45 AM    03:14 AM    05:43 AM    08:12 AM    10:41 AM    01:10 PM    03:39 PM    06:08 PM    08:37 PM    11:06 PM



General	Gender Equality	English	12:52 AM    03:21 AM    05:50 AM    08:19 AM    10:48 AM    01:17 PM    03:46 PM    06:15 PM    08:44 PM    11:13 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	Hindi	12:59 AM    03:28 AM    05:57 AM    08:26 AM    10:55 AM    01:24 PM    03:53 PM    06:22 PM    08:51 PM    11:20 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:06 AM    03:35 AM    06:04 AM    08:33 AM    11:02 AM    01:31 PM    04:00 PM    06:29 PM    08:58 PM    11:27 PM
General	Montage of the channel	English/hindi	01:07 AM    03:36 AM    06:05 AM    08:34 AM    11:04 AM    01:33 PM    04:02 PM    06:31 PM    09:00 PM    11:29 PM
General	Padahastana	English	01:08 AM    03:37 AM    06:06 AM    08:35 AM    11:04 AM    01:33 PM    04:02 PM    06:31 PM    09:00 PM    11:29 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:10 AM    03:39 AM    06:08 AM    08:37 AM    11:06 AM    01:35 PM    04:04 PM    06:33 PM    09:03 PM    11:32 PM
General	पारस्परिक संबंध	Hindi	01:24 AM    03:53 AM    06:22 AM    08:51 AM    11:20 AM    01:49 PM    04:18 PM    06:47 PM    09:16 PM    11:45 PM
General	बचाव और सुरक्षा	Hindi	01:29 AM    03:58 AM    06:27 AM    08:56 AM    11:25 AM    01:54 PM    04:23 PM    06:52 PM    09:21 PM    11:50 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:35 AM    04:04 AM    06:33 AM    09:02 AM    11:31 AM    02:00 PM    04:29 PM    06:58 PM    09:27 PM    11:56 PM
General Awareness	Water A Wonderfull Molecule	English	01:38 AM    04:07 AM    06:36 AM    09:05 AM    11:34 AM    02:03 PM    04:32 PM    07:01 PM    09:30 PM    11:59 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:58 AM    04:27 AM    06:56 AM    09:25 AM    11:54 AM    02:23 PM    04:52 PM    07:21 PM    09:50 PM





General	पादहस्तासन	Hindi	02:18 AM    04:47 AM    07:16 AM    09:45 AM    12:14 PM    02:43 PM    05:12 PM    07:42 PM    10:11 PM
General	ISL Launch Video Academic terms	Hindi	02:21 AM    04:50 AM    07:19 AM    09:48 AM    12:17 PM    02:46 PM    05:15 PM    07:44 PM    10:13 PM
General	Interpersonal Relationships	English	02:24 AM    04:53 AM    07:22 AM    09:51 AM    12:20 PM    02:49 PM    05:18 PM    07:47 PM    10:16 PM
<b>रविवार, 08 दिसंबर 2024</b> <b>Sunday, 08 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	Values and Types of Wetlands Part -1	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General	शशकासन	Hindi	12:07 AM    02:37 AM    05:07 AM    07:37 AM    10:07 AM    12:37 PM    03:07 PM    05:37 PM    08:07 PM    10:37 PM
General	आजादी की अमृत कहानियाँ (ट्रेलर)	Hindi	12:10 AM    02:40 AM    05:10 AM    07:40 AM    10:10 AM    12:40 PM    03:10 PM    05:40 PM    08:10 PM    10:40 PM
Art & Craft	3D Buddha Paper Sculptor English	English	12:11 AM    02:41 AM    05:11 AM    07:41 AM    10:11 AM    12:41 PM    03:11 PM    05:41 PM    08:11 PM    10:41 PM
General Awareness	Air Pollution	English	12:14 AM    02:44 AM    05:14 AM    07:44 AM    10:14 AM    12:44 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:39 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM



Science activity	Let us explore fabrics that are obtained from fibre	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
General	Safety & Security	English	01:07 AM    03:37 AM    06:07 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
General	Montage of the channel	English/hindi	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:55 PM
General	आजादी की कहानी	Hindi	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:38 PM    07:08 PM    09:38 PM
Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:45 PM
सामान्य	MOTHER EARTH Prakriti Hindi Subtitles	Hindi	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:46 PM
General	Gender Equality	English	01:48 AM    04:18 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:18 PM    09:48 PM
General	Catfishing Fraud	English	01:55 AM    04:25 AM    06:55 AM    09:25 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:55 PM
General English	Episode 7 Making Requests 1	English	01:56 AM    04:26 AM    06:56 AM    09:26 AM    11:56 AM    02:26 PM    04:56 PM    07:26 PM    09:56 PM



General Awareness	Arpan-Personal safety	English	02:07 AM    04:37 AM    07:07 AM    09:37 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:07 PM
General	राष्ट्रगान	Hindi	02:22 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	02:23 AM    04:53 AM    07:23 AM    09:53 AM    12:23 PM    02:53 PM    05:23 PM    07:53 PM    10:23 PM
General	zoological-Survey-of-india	English	02:26 AM    04:56 AM    07:26 AM    09:56 AM    12:26 PM    02:56 PM    05:26 PM    07:56 PM    10:26 PM
General	Cyberbullying	English	02:28 AM    04:58 AM    07:28 AM    09:58 AM    12:28 PM    02:58 PM    05:28 PM    07:58 PM    10:28 PM
<b>सोमवार, 09 दिसंबर 2024</b> <b>Monday, 09 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:06 PM    10:37 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM
General	Ransomware Attack	English	12:01 AM    02:32 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
हिन्दी	कहानी के माध्यम से हिंदी वर्णमाला 'क' वर्ण का परिचय; निबंध कैसे लिखें	Hindi	12:02 AM    02:33 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:09 PM    10:40 PM
General Awareness	क्यों और कैसे	Hindi	12:15 AM    02:46 AM    05:17 AM    07:48 AM    10:19 AM    12:49 PM    03:20 PM    05:51 PM    08:22 PM    10:53 PM



Art & Craft	3D Buddha Paper Sculptor English	English	12:39 AM    03:10 AM    05:41 AM    08:12 AM    10:43 AM    01:13 PM    03:44 PM    06:15 PM    08:46 PM    11:17 PM
General	Safe use of internet	English	12:42 AM    03:13 AM    05:44 AM    08:15 AM    10:46 AM    01:17 PM    03:48 PM    06:18 PM    08:49 PM    11:20 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:48 AM    03:19 AM    05:50 AM    08:21 AM    10:52 AM    01:23 PM    03:54 PM    06:24 PM    08:55 PM    11:26 PM
General	Emotional well being and mental health	English	12:52 AM    03:23 AM    05:54 AM    08:25 AM    10:56 AM    01:26 PM    03:57 PM    06:28 PM    08:59 PM    11:30 PM
Vocational Videos	प्लबिंग टूल	Hindi	12:57 AM    03:28 AM    05:59 AM    08:30 AM    11:01 AM    01:31 PM    04:02 PM    06:33 PM    09:04 PM    11:35 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:11 AM    03:42 AM    06:13 AM    08:44 AM    11:15 AM    01:46 PM    04:17 PM    06:47 PM    09:18 PM    11:49 PM
General	Pawanmuktasana	English	01:22 AM    03:53 AM    06:23 AM    08:54 AM    11:25 AM    01:56 PM    04:27 PM    06:58 PM    09:29 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	01:25 AM    03:56 AM    06:27 AM    08:57 AM    11:28 AM    01:59 PM    04:30 PM    07:01 PM    09:32 PM
Science (Activities)	Activity 9- More of a substance can be dissolved in a solution by heating it(ch-5)	English	01:43 AM    04:14 AM    06:44 AM    09:15 AM    11:46 AM    02:17 PM    04:48 PM    07:19 PM    09:50 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	01:48 AM    04:19 AM    06:50 AM    09:21 AM    11:52 AM    02:23 PM    04:53 PM    07:24 PM    09:55 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:52 AM    04:23 AM    06:54 AM    09:25 AM    11:56 AM    02:26 PM    04:57 PM    07:28 PM    09:59 PM
General	आजादी की अमृत कहानियाँ (पूज्य नौटियाल - जीवन )	Hindi	01:54 AM    04:25 AM    06:56 AM    09:26 AM    11:57 AM    02:28 PM    04:59 PM    07:30 PM    10:01 PM



सामान्य	Sustainable Food Systems Adopted	Hindi	01:56 AM    04:27 AM    06:58 AM    09:29 AM    12:00 PM    02:30 PM    05:01 PM    07:32 PM    10:03 PM
General	Safe use of internet	English	01:57 AM    04:27 AM    06:58 AM    09:29 AM    12:00 PM    02:31 PM    05:02 PM    07:33 PM    10:04 PM
Science (Activities)	Activity 10- Water dissolves different amount of soluble substances in it(ch-5)	English	02:03 AM    04:33 AM    07:04 AM    09:35 AM    12:06 PM    02:37 PM    05:08 PM    07:39 PM    10:10 PM
गणित	रामानुजन	Hindi	02:10 AM    04:41 AM    07:12 AM    09:42 AM    12:13 PM    02:44 PM    05:15 PM    07:46 PM    10:17 PM
General	Introduction to waste segregation & dry and wet bins	English	02:11 AM    04:42 AM    07:13 AM    09:44 AM    12:15 PM    02:46 PM    05:17 PM    07:47 PM    10:18 PM
General	आज़ादी की अमृत कहानियाँ (बसन्ती देवी - जल )	Hindi	02:25 AM    04:56 AM    07:27 AM    09:58 AM    12:29 PM    02:59 PM    05:30 PM    08:01 PM    10:32 PM
General	पवनमुक्तासन	Hindi	02:27 AM    04:58 AM    07:29 AM    10:00 AM    12:31 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
<b>मंगलवार, 10 दिसंबर 2024</b> <b>Tuesday, 10 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Health, Physical Education/Yoga / Sports	योग: चक्रासन	Hindi	12:29 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    05:59 PM    08:29 PM    10:59 PM



General	हिंदी शब्दकोष	Hindi	12:41 AM    03:11 AM    05:41 AM    08:11 AM    10:41 AM    01:11 PM    03:42 PM    06:12 PM    08:42 PM    11:12 PM
Creative Activities: Art & Craft	रोअरिंग बोटल	Hindi	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
General	Energy Saving	English	01:00 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
General Awareness	क्षेत्रफल	Hindi	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:34 PM    09:04 PM    11:34 PM
General	Bharat on the Moon	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:29 PM    06:59 PM    09:30 PM
General	Growth & Health	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
Storytelling/Value Education	राख की रस्सी	Hindi	01:36 AM    04:06 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
General	Fun With Magnet	English	01:49 AM    04:19 AM    06:49 AM    09:19 AM    11:49 AM    02:19 PM    04:49 PM    07:19 PM    09:49 PM
General	इन्वेक्टिव टीचर	Hindi	01:52 AM    04:22 AM    06:52 AM    09:22 AM    11:52 AM    02:22 PM    04:52 PM    07:22 PM    09:52 PM
General	Foundational Literacy & Numeracy (FLN)	English	02:07 AM    04:37 AM    07:07 AM    09:38 AM    12:08 PM    02:38 PM    05:08 PM    07:38 PM    10:08 PM
General	नाड़ीशोधन प्राणायाम	Hindi	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:12 PM



Cultural Heritage: Art, Music & Dance	Video 2661 : Ele_ART_34 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Kerala	English	02:15 AM    04:45 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालबती - संस्कृत में कहानी	Hindi	02:21 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
General	zoological-Survey-of-india	English	02:27 AM    04:57 AM    07:27 AM    09:57 AM    12:27 PM    02:57 PM    05:27 PM    07:57 PM    10:28 PM
<b>बुधवार, 11 दिसंबर 2024</b> <b>Wednesday, 11 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:09 AM    02:39 AM    05:09 AM    07:39 AM    10:09 AM    12:39 PM    03:09 PM    05:40 PM    08:10 PM    10:40 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:14 AM    02:44 AM    05:15 AM    07:45 AM    10:15 AM    12:45 PM    03:15 PM    05:45 PM    08:15 PM    10:45 PM
Disaster management	Cyclone - Secure your house	English	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM



General	इन्वेस्टिव टीचर	Hindi	12:33 AM    03:03 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
Disaster management	Earthquake resistant house	English	12:49 AM    03:19 AM    05:49 AM    08:19 AM    10:49 AM    01:19 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:50 AM    03:21 AM    05:51 AM    08:21 AM    10:51 AM    01:21 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM
Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:32 PM    09:02 PM    11:32 PM
General	Introduction to plasto, our hero and marine pollution	English	01:02 AM    03:32 AM    06:02 AM    08:33 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:41 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:44 PM    09:14 PM    11:44 PM
General	Emotional well being and mental health	English	01:27 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:28 PM    11:59 PM
General	Prashast App Launch	Hindi	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM





General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:08 PM    09:39 PM
General	सरदार वल्लभ भाई पटेल	Hindi	01:43 AM    04:13 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Art & Craft	विटामिन ए की कहानी	Hindi	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:58 AM    04:28 AM    06:58 AM    09:29 AM    11:59 AM    02:29 PM    04:59 PM    07:29 PM    09:59 PM
General	राष्ट्रगान	Hindi	02:04 AM    04:34 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
Science activity	Making a magnet using an iron nail Stroke method	English	02:05 AM    04:36 AM    07:06 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
Health, Physical Education/Yoga / Sports	पद्मासन	Hindi	02:13 AM    04:43 AM    07:14 AM    09:44 AM    12:14 PM    02:44 PM    05:14 PM    07:44 PM    10:14 PM
<b>बृहस्पतिवार, 12 दिसंबर 2024</b> <b>Thursday, 12 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:02 PM    10:32 PM
सामान्य	Water Saved	Hindi	12:13 AM    02:43 AM    05:13 AM    07:43 AM    10:14 AM    12:44 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM



General	Values and Types of Wetlands Part -1	English	12:14 AM    02:44 AM    05:14 AM    07:45 AM    10:15 AM    12:45 PM    03:15 PM    05:45 PM    08:15 PM    10:46 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM    02:51 AM    05:21 AM    07:51 AM    10:21 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
General	Jadui Pitara-Theme Song	Hindi	12:22 AM    02:52 AM    05:22 AM    07:53 AM    10:23 AM    12:53 PM    03:23 PM    05:53 PM    08:23 PM    10:54 PM
Vocational Videos	प्लबिंग टूल	Hindi	12:37 AM    03:07 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:09 PM    08:39 PM    11:09 PM
General	Montage of the channel	English/hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:52 AM    03:22 AM    05:52 AM    08:23 AM    10:53 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:24 PM
General	Montage of the channel	English/hindi	12:55 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM
Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:06 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:38 PM    09:08 PM    11:38 PM
General	Micro Improvement	English	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:15 PM    06:45 PM    09:15 PM    11:45 PM



General Awareness	Water A Wonderfull Molecule	English	01:15 AM    03:45 AM    06:15 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:17 PM    11:47 PM
General	आज़ादी की अमृत कहानियाँ (बसन्ती देवी - जल )	Hindi	01:35 AM    04:05 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:37 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:37 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:39 PM    07:09 PM    09:39 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:40 AM    04:10 AM    06:40 AM    09:10 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
General	Shalabhasana	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:48 AM    04:18 AM    06:48 AM    09:19 AM    11:49 AM    02:19 PM    04:49 PM    07:19 PM    09:50 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:52 PM
General English	Episode 1 Greeting a Friend	English	01:52 AM    04:22 AM    06:52 AM    09:22 AM    11:53 AM    02:23 PM    04:53 PM    07:23 PM    09:53 PM
सामान्य	Healthy Lifestyle Adopted	Hindi	02:00 AM    04:30 AM    07:00 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:31 PM    10:01 PM
गणित	क्रियाकलाप द्वारा गणित शिक्षण	Hindi	02:01 AM    04:31 AM    07:01 AM    09:31 AM    12:01 PM    02:31 PM    05:02 PM    07:32 PM    10:02 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:12 PM    07:42 PM    10:12 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:17 AM    04:47 AM    07:17 AM    09:47 AM    12:17 PM    02:47 PM    05:18 PM    07:48 PM    10:18 PM



Science (Activities)	Chapter 1. Food Where does it Come From? Activity: How to prepare sprouts from the whole seeds?	English	02:20 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:52 PM    10:22 PM
<b>शुक्रवार, 13 दिसंबर 2024</b> <b>Friday, 13 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
Science (Activities)	FIBRE TO FABRIC (Ch-3)	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Creative Activities: Art & Craft	Mango Leaf Purse	English	12:03 AM    02:33 AM    05:03 AM    07:33 AM    10:03 AM    12:33 PM    03:03 PM    05:33 PM    08:03 PM    10:33 PM
राजनीति विज्ञान	अखबार की कहानी भाग 03	Hindi	12:05 AM    02:35 AM    05:05 AM    07:35 AM    10:05 AM    12:35 PM    03:05 PM    05:36 PM    08:06 PM    10:36 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:16 AM    02:46 AM    05:16 AM    07:46 AM    10:16 AM    12:46 PM    03:17 PM    05:47 PM    08:17 PM    10:47 PM
General	Ransomware Attack	English	12:19 AM    02:49 AM    05:19 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:20 AM    02:50 AM    05:20 AM    07:51 AM    10:21 AM    12:51 PM    03:21 PM    05:51 PM    08:21 PM    10:51 PM



Creative Activities: Art & Craft	Resonating Petals	English	12:34 AM    03:04 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
General	Prashast APP (ISL)	Hindi	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:06 PM
Cultural Heritage: Art, Music & Dance	Music – Instrumental Competition: Boys: Odisha	English	12:37 AM    03:07 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
Vocational Videos	Preparing ORS at Home	English	12:44 AM    03:14 AM    05:44 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:44 PM    11:14 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Science (Activities)	Activity 4- Sieving (ch-5)	English	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:56 PM    06:26 PM    08:57 PM    11:27 PM
General	Diksha Initiatives Promo for G20	English	01:00 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:01 PM    11:31 PM
General Awareness	Water A Wonderfull Molecule	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
General	Emotional Well-being and Mental Health	English	01:28 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:28 PM    11:58 PM
General	भद्रासन	Hindi	01:33 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
Science (Activities)	Activity 5- Filtration (ch-5)	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:36 PM



General	zoological-Survey-of-india	English	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:08 PM    09:38 PM
General	Interpersonal Relationships	English	01:40 AM    04:10 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
General	पारस्परिक संबंध	Hindi	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Storytelling/Value Education	नट खट चूहा	Hindi	01:57 AM    04:27 AM    06:57 AM    09:27 AM    11:57 AM    02:27 PM    04:57 PM    07:27 PM    09:57 PM
Vocational Videos	IDENTIFICATION OF TREES	English	02:10 AM    04:40 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:11 PM
General English	Episode 2 Greeting an Acquaintance	English	02:21 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
<b>शनिवार, 14 दिसंबर 2024</b> <b>Saturday, 14 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:08 PM    10:39 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	12:08 AM    02:39 AM    05:10 AM    07:41 AM    10:11 AM    12:42 PM    03:13 PM    05:44 PM    08:15 PM    10:46 PM



Art & Craft	3D Buddha Paper Sculptor English	English	12:09 AM    02:40 AM    05:11 AM    07:42 AM    10:13 AM    12:44 PM    03:15 PM    05:46 PM    08:17 PM    10:48 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:13 AM    02:44 AM    05:15 AM    07:46 AM    10:16 AM    12:47 PM    03:18 PM    05:49 PM    08:20 PM    10:51 PM
Cultural Heritage: Art, Music & Dance	Music - Instrumental Competition: Boys: Odisha	English	12:18 AM    02:49 AM    05:20 AM    07:51 AM    10:22 AM    12:53 PM    03:24 PM    05:55 PM    08:26 PM    10:57 PM
General Awareness	क्षेत्रफल	Hindi	12:25 AM    02:56 AM    05:27 AM    07:58 AM    10:29 AM    01:00 PM    03:31 PM    06:02 PM    08:33 PM    11:04 PM
General Awareness	बात पते की	Hindi	12:51 AM    03:22 AM    05:53 AM    08:24 AM    10:55 AM    01:25 PM    03:56 PM    06:27 PM    08:58 PM    11:29 PM
General	Women Change the World	English	01:05 AM    03:36 AM    06:07 AM    08:38 AM    11:09 AM    01:40 PM    04:11 PM    06:42 PM    09:13 PM    11:44 PM
General Awareness	क्यों और कैसे	Hindi	01:11 AM    03:42 AM    06:13 AM    08:44 AM    11:15 AM    01:46 PM    04:17 PM    06:48 PM    09:19 PM    11:50 PM
Art & Craft	पानी का फव्वारा	Hindi	01:35 AM    04:06 AM    06:37 AM    09:08 AM    11:39 AM    02:09 PM    04:40 PM    07:11 PM    09:42 PM
Disaster management	Lightning - बिजली से कैसे बचें	Hindi	01:43 AM    04:14 AM    06:45 AM    09:16 AM    11:47 AM    02:18 PM    04:49 PM    07:20 PM    09:50 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:44 AM    04:15 AM    06:46 AM    09:17 AM    11:48 AM    02:19 PM    04:50 PM    07:21 PM    09:51 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	01:54 AM    04:25 AM    06:56 AM    09:27 AM    11:58 AM    02:29 PM    05:00 PM    07:31 PM    10:02 PM
सामान्य	Water Saved	Hindi	02:00 AM    04:31 AM    07:02 AM    09:33 AM    12:04 PM    02:35 PM    05:06 PM    07:37 PM    10:08 PM



Science activity	Let us explore fabrics that are obtained from fibre	English	02:01 AM    04:32 AM    07:03 AM    09:34 AM    12:05 PM    02:36 PM    05:07 PM    07:38 PM    10:09 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	02:08 AM    04:39 AM    07:10 AM    09:41 AM    12:12 PM    02:43 PM    05:14 PM    07:45 PM    10:16 PM
General	ध्यान	Hindi	02:26 AM    04:57 AM    07:28 AM    09:59 AM    12:30 PM    03:01 PM    05:32 PM    08:03 PM    10:34 PM
<b>रविवार, 15 दिसंबर 2024</b> <b>Sunday, 15 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General	बचाव और सुरक्षा	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:06 AM    02:37 AM    05:07 AM    07:37 AM    10:07 AM    12:38 PM    03:08 PM    05:38 PM    08:08 PM    10:39 PM
General	Nutrition_Health and Sanitation	English	12:12 AM    02:43 AM    05:13 AM    07:43 AM    10:13 AM    12:43 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	Hindi	12:19 AM    02:49 AM    05:19 AM    07:49 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:21 PM    10:51 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:20 AM    02:50 AM    05:21 AM    07:51 AM    10:21 AM    12:51 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	12:24 AM    02:54 AM    05:24 AM    07:54 AM    10:25 AM    12:55 PM    03:25 PM    05:55 PM    08:26 PM    10:56 PM





Vocational Videos	Preparing ORS at Home	English	12:24 AM    02:55 AM    05:25 AM    07:55 AM    10:25 AM    12:55 PM    03:26 PM    05:56 PM    08:26 PM    10:56 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:02 PM    08:32 PM    11:02 PM
General	Emotional well being and mental health	English	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:35 PM    11:05 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:10 PM
General	Values and Types of Wetlands Part -1	English	12:43 AM    03:13 AM    05:43 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:45 PM    11:15 PM
General English	Episode 2 Greeting an Acquaintance	English	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:21 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM
Science activity	Making a magnet using an iron nail Stroke method	English	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:06 AM    03:36 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
General Awareness	Water A Wonderfull Molecule	English	01:12 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:14 PM    06:44 PM    09:14 PM    11:44 PM
General	Shashankasana	English	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
General	शशकासन	Hindi	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:37 PM



Disaster management	हिमस्खलन के सकेत	Hindi	01:37 AM    04:07 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:09 PM    09:39 PM
General	Introduction to waste segregation & dry and wet bins	English	01:39 AM    04:09 AM    06:39 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:41 PM
General	National Consumer Affairs - AD Videos	Hindi	01:52 AM    04:23 AM    06:53 AM    09:23 AM    11:53 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
General	Growing up Healthy	English	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:56 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:58 AM    04:28 AM    06:58 AM    09:29 AM    11:59 AM    02:29 PM    04:59 PM    07:30 PM    10:00 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:03 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
General Awareness	क्यों और कैसे	Hindi	02:06 AM    04:36 AM    07:06 AM    09:36 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:08 PM
<b>सोमवार, 16 दिसंबर 2024</b> <b>Monday, 16 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:36 AM    05:13 AM    07:50 AM    10:27 AM    01:03 PM    03:40 PM    06:17 PM    08:54 PM    11:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:37 AM    05:13 AM    07:50 AM    10:27 AM    01:04 PM    03:40 PM    06:17 PM    08:54 PM    11:31 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:01 AM    02:37 AM    05:14 AM    07:51 AM    10:28 AM    01:04 PM    03:41 PM    06:18 PM    08:55 PM    11:31 PM
Science (Activities)	Sorting Materials into Groups (Ch-4:Part 2)	English	12:08 AM    02:44 AM    05:21 AM    07:58 AM    10:35 AM    01:11 PM    03:48 PM    06:25 PM    09:02 PM    11:38 PM



Art & Craft	A Sunrise at Ganga Sagar	English	12:13 AM    02:49 AM    05:26 AM    08:03 AM    10:40 AM    01:16 PM    03:53 PM    06:30 PM    09:07 PM    11:43 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:28 AM    03:04 AM    05:41 AM    08:18 AM    10:55 AM    01:31 PM    04:08 PM    06:45 PM    09:22 PM    11:58 PM
General	एक प्रयास प्लास्टिक प्रदूषण कम करने का	Hindi	12:31 AM    03:08 AM    05:45 AM    08:22 AM    10:58 AM    01:35 PM    04:12 PM    06:49 PM    09:25 PM
General Awareness	Air Pollution	English	12:44 AM    03:21 AM    05:57 AM    08:34 AM    11:11 AM    01:48 PM    04:24 PM    07:01 PM    09:38 PM
Language (Hindi) Grammar & writing	वर्तनी	Hindi	01:09 AM    03:46 AM    06:22 AM    08:59 AM    11:36 AM    02:13 PM    04:49 PM    07:26 PM    10:03 PM
General	Growing up Healthy	English	01:29 AM    04:06 AM    06:43 AM    09:20 AM    11:56 AM    02:33 PM    05:10 PM    07:47 PM    10:23 PM
Art & Craft	3D Pop up House Amazing Pop up Greeting Card English	English	01:34 AM    04:10 AM    06:47 AM    09:24 AM    12:01 PM    02:37 PM    05:14 PM    07:51 PM    10:28 PM
General	Ransomware Attack	English	01:37 AM    04:14 AM    06:51 AM    09:28 AM    12:04 PM    02:41 PM    05:18 PM    07:55 PM    10:31 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:38 AM    04:15 AM    06:52 AM    09:29 AM    12:05 PM    02:42 PM    05:19 PM    07:56 PM    10:32 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	01:59 AM    04:35 AM    07:12 AM    09:49 AM    12:26 PM    03:02 PM    05:39 PM    08:16 PM    10:53 PM
General	आजादी की अमृत कहानियाँ (तन्वी जगदीश- सागर )	Hindi	02:05 AM    04:42 AM    07:18 AM    09:55 AM    12:32 PM    03:09 PM    05:45 PM    08:22 PM    10:59 PM
Mathematics activity	क्रियाकलाप : किसी बहुभुज के अन्तः कोणों के योग की जाँच करना	Hindi	02:07 AM    04:44 AM    07:21 AM    09:57 AM    12:34 PM    03:11 PM    05:48 PM    08:24 PM    11:01 PM



Creative Activities: Art & Craft	Striking Swan	English	02:18 AM    04:55 AM    07:32 AM    10:08 AM    12:45 PM    03:22 PM    05:59 PM    08:35 PM    11:12 PM
General Awareness	Arpan–Personal safety	English	02:20 AM    04:57 AM    07:34 AM    10:10 AM    12:47 PM    03:24 PM    06:01 PM    08:37 PM    11:14 PM
<b>मंगलवार, 17 दिसंबर 2024</b> <b>Tuesday, 17 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:47 AM    05:34 AM    08:21 AM    11:09 AM    01:56 PM    04:43 PM    07:30 PM    10:18 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:47 AM    05:34 AM    08:22 AM    11:09 AM    01:56 PM    04:44 PM    07:31 PM    10:18 PM
General Awareness	क्यों और कैसे	Hindi	12:01 AM    02:48 AM    05:35 AM    08:23 AM    11:10 AM    01:57 PM    04:44 PM    07:32 PM    10:19 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM    03:12 AM    05:59 AM    08:47 AM    11:34 AM    02:21 PM    05:08 PM    07:56 PM    10:43 PM
General	Emotional well being and mental health	English	12:26 AM    03:13 AM    06:00 AM    08:47 AM    11:35 AM    02:22 PM    05:09 PM    07:56 PM    10:44 PM
General	Online Game Fraud	English	12:31 AM    03:18 AM    06:05 AM    08:52 AM    11:40 AM    02:27 PM    05:14 PM    08:01 PM    10:49 PM
General Awareness	Air Pollution	English	12:31 AM    03:18 AM    06:06 AM    08:53 AM    11:40 AM    02:28 PM    05:15 PM    08:02 PM    10:49 PM
General	Ardha Chakrasana	English	12:56 AM    03:44 AM    06:31 AM    09:18 AM    12:05 PM    02:53 PM    05:40 PM    08:27 PM    11:14 PM
General Awareness	Arpan–Personal safety	English	12:58 AM    03:45 AM    06:33 AM    09:20 AM    12:07 PM    02:55 PM    05:42 PM    08:29 PM    11:16 PM



General	General Information & Time Table	English/hindi	01:13 AM    04:00 AM    06:47 AM    09:34 AM    12:22 PM    03:09 PM    05:56 PM    08:43 PM    11:31 PM
Science (Activities)	Amazing World of Changes (ch-6)	English	01:13 AM    04:01 AM    06:48 AM    09:35 AM    12:22 PM    03:10 PM    05:57 PM    08:44 PM    11:31 PM
Language (English) Reading skills	Communicative English 01	English	01:30 AM    04:18 AM    07:05 AM    09:52 AM    12:39 PM    03:27 PM    06:14 PM    09:01 PM    11:49 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:57 AM    04:45 AM    07:32 AM    10:19 AM    01:06 PM    03:54 PM    06:41 PM    09:28 PM
General	आजादी की अमृत कहानियाँ (तन्वी जगदीश- सागर )	Hindi	02:04 AM    04:51 AM    07:38 AM    10:25 AM    01:13 PM    04:00 PM    06:47 PM    09:34 PM
Vocational Videos	गृह सज्जा हेतु पौधे	Hindi	02:06 AM    04:53 AM    07:40 AM    10:28 AM    01:15 PM    04:02 PM    06:50 PM    09:37 PM
General	अर्ध चक्रासन	Hindi	02:30 AM    05:17 AM    08:04 AM    10:52 AM    01:39 PM    04:26 PM    07:13 PM    10:01 PM
General	Montage of the channel	English/hindi	02:32 AM    05:19 AM    08:06 AM    10:53 AM    01:41 PM    04:28 PM    07:15 PM    10:03 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	02:32 AM    05:19 AM    08:07 AM    10:54 AM    01:41 PM    04:28 PM    07:16 PM    10:03 PM
Creative Activities: Art & Craft	Curlicue Origami	English	02:33 AM    05:20 AM    08:07 AM    10:54 AM    01:42 PM    04:29 PM    07:16 PM    10:03 PM
सामान्य	Healthy Lifestyle Adopted	Hindi	02:36 AM    05:23 AM    08:10 AM    10:58 AM    01:45 PM    04:32 PM    07:19 PM    10:07 PM
Science (Activities)	Seeing Through Materials (Ch-11)	English	02:36 AM    05:24 AM    08:11 AM    10:58 AM    01:45 PM    04:33 PM    07:20 PM    10:07 PM



Creative Activities: Art & Craft	Slithering Snake	English	02:41 AM    05:28 AM    08:15 AM    11:02 AM    01:50 PM    04:37 PM    07:24 PM    10:11 PM
Health, Physical Education/Yoga / Sports	सूक्ष्म यौगिक व्यायाम	Hindi	02:42 AM    05:29 AM    08:17 AM    11:04 AM    01:51 PM    04:38 PM    07:26 PM    10:13 PM
<b>बुधवार, 18 दिसंबर 2024</b> <b>Wednesday, 18 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:08 PM    10:39 PM
General	Bhujagasana	English	12:17 AM    02:48 AM    05:19 AM    07:50 AM    10:21 AM    12:52 PM    03:23 PM    05:54 PM    08:25 PM    10:56 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:20 AM    02:51 AM    05:22 AM    07:53 AM    10:24 AM    12:55 PM    03:26 PM    05:56 PM    08:27 PM    10:58 PM
Disaster management	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	12:26 AM    02:57 AM    05:28 AM    07:58 AM    10:29 AM    01:00 PM    03:31 PM    06:02 PM    08:33 PM    11:04 PM
Disaster management	Lightning - बिजली से एक पीड़ित के जीवन को कैसे बचाएं	Hindi	12:26 AM    02:57 AM    05:28 AM    07:59 AM    10:30 AM    01:01 PM    03:32 PM    06:03 PM    08:34 PM    11:05 PM
General	भुजंगासन	Hindi	12:27 AM    02:58 AM    05:29 AM    08:00 AM    10:31 AM    01:02 PM    03:33 PM    06:04 PM    08:35 PM    11:06 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:30 AM    03:01 AM    05:32 AM    08:03 AM    10:34 AM    01:05 PM



			03:36 PM    06:07 PM    08:38 PM    11:09 PM
General	Fun With Magnet	English	12:37 AM    03:07 AM    05:38 AM    08:09 AM    10:40 AM    01:11 PM    03:42 PM    06:13 PM    08:44 PM    11:15 PM
Art & Craft	पानी का फव्वारा	Hindi	12:40 AM    03:11 AM    05:42 AM    08:12 AM    10:43 AM    01:14 PM    03:45 PM    06:16 PM    08:47 PM    11:18 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:48 AM    03:19 AM    05:50 AM    08:21 AM    10:52 AM    01:22 PM    03:53 PM    06:24 PM    08:55 PM    11:26 PM
General Awareness	Water A Wonderfull Molecule	English	01:08 AM    03:39 AM    06:10 AM    08:41 AM    11:12 AM    01:43 PM    04:14 PM    06:45 PM    09:16 PM    11:46 PM
General	Growing up Healthy	English	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:32 AM    02:03 PM    04:34 PM    07:05 PM    09:36 PM
General	Introduction to plasto, our hero and marine pollution	English	01:32 AM    04:03 AM    06:34 AM    09:05 AM    11:36 AM    02:07 PM    04:38 PM    07:09 PM    09:40 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	01:39 AM    04:10 AM    06:41 AM    09:12 AM    11:43 AM    02:14 PM    04:45 PM    07:16 PM    09:47 PM
General	जेंडर समानता	Hindi	01:52 AM    04:22 AM    06:53 AM    09:24 AM    11:55 AM    02:26 PM    04:57 PM    07:28 PM    09:59 PM
General	Growth & Health	English	01:59 AM    04:30 AM    07:01 AM    09:32 AM    12:03 PM    02:34 PM    05:05 PM    07:36 PM    10:07 PM
Art & Craft	छोटा है या बड़ा	Hindi	02:03 AM    04:34 AM    07:05 AM    09:36 AM    12:07 PM    02:38 PM    05:09 PM    07:40 PM    10:11 PM
Storytelling/Value Education	नट खट चूहा	Hindi	02:07 AM    04:38 AM    07:09 AM    09:40 AM    12:11 PM    02:42 PM    05:13 PM    07:44 PM    10:15 PM



General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	Hindi	02:21 AM    04:52 AM    07:23 AM    09:54 AM    12:25 PM    02:56 PM    05:27 PM    07:58 PM    10:29 PM
General	Pm Evidya 200 dth ch Promo Video 2023	English	02:26 AM    04:57 AM    07:28 AM    09:59 AM    12:30 PM    03:01 PM    05:32 PM    08:03 PM    10:34 PM
<b>बृहस्पतिवार, 19 दिसंबर 2024</b> <b>Thursday, 19 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:57 AM    12:26 PM    02:55 PM    05:25 PM    07:54 PM    10:23 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:57 AM    12:26 PM    02:56 PM    05:25 PM    07:54 PM    10:24 PM
General	आज़ादी की अमृत कहानियाँ (टेस्सी थॉमस- अम्बर)	Hindi	12:01 AM    02:30 AM    04:59 AM    07:29 AM    09:58 AM    12:27 PM    02:57 PM    05:26 PM    07:55 PM    10:25 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	Hindi	12:03 AM    02:32 AM    05:02 AM    07:31 AM    10:00 AM    12:30 PM    02:59 PM    05:28 PM    07:58 PM    10:27 PM
इतिहास	अजायब घर की सैर 02	Hindi	12:10 AM    02:39 AM    05:08 AM    07:38 AM    10:07 AM    12:36 PM    03:06 PM    05:35 PM    08:04 PM    10:34 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालबती - संस्कृत में कहानी	Hindi	12:22 AM    02:51 AM    05:21 AM    07:50 AM    10:19 AM    12:49 PM    03:18 PM    05:47 PM    08:17 PM    10:46 PM
General	निपुण भारत	Hindi	12:28 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:55 PM    03:24 PM    05:53 PM    08:23 PM    10:52 PM
General	Catfishing Fraud	English	12:30 AM    02:59 AM    05:29 AM    07:58 AM    10:27 AM    12:57 PM    03:26 PM    05:55 PM    08:24 PM    10:54 PM





General	I will bring glory to my Nation	English	12:31 AM    03:00 AM    05:30 AM    07:59 AM    10:28 AM    12:58 PM    03:27 PM    05:56 PM    08:26 PM    10:55 PM
General	Energy Saving	English	12:36 AM    03:06 AM    05:35 AM    08:04 AM    10:34 AM    01:03 PM    03:32 PM    06:02 PM    08:31 PM    11:00 PM
General Awareness	Water A Wonderfull Molecule	English	12:38 AM    03:07 AM    05:37 AM    08:06 AM    10:35 AM    01:05 PM    03:34 PM    06:03 PM    08:32 PM    11:02 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:58 AM    03:27 AM    05:57 AM    08:26 AM    10:55 AM    01:25 PM    03:54 PM    06:23 PM    08:53 PM    11:22 PM
General	Ransomware Attack	English	01:12 AM    03:41 AM    06:10 AM    08:39 AM    11:09 AM    01:38 PM    04:07 PM    06:37 PM    09:06 PM    11:35 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:13 AM    03:42 AM    06:11 AM    08:40 AM    11:10 AM    01:39 PM    04:08 PM    06:38 PM    09:07 PM    11:36 PM
General	E-Waste	English	01:14 AM    03:44 AM    06:13 AM    08:42 AM    11:12 AM    01:41 PM    04:10 PM    06:40 PM    09:09 PM    11:38 PM
General	Real life situations- garbage burning and what to do	English	01:16 AM    03:45 AM    06:15 AM    08:44 AM    11:13 AM    01:43 PM    04:12 PM    06:41 PM    09:11 PM    11:40 PM
General	आज़ादी की अमृत कहानियाँ (पूनम नौटियाल - जीवन )	Hindi	01:40 AM    04:09 AM    06:39 AM    09:08 AM    11:37 AM    02:07 PM    04:36 PM    07:05 PM    09:35 PM
General	Introduction to MISSION LIFE	English	01:42 AM    04:12 AM    06:41 AM    09:10 AM    11:40 AM    02:09 PM    04:38 PM    07:08 PM    09:37 PM
General	भद्रासन	Hindi	01:45 AM    04:14 AM    06:44 AM    09:13 AM    11:42 AM    02:11 PM    04:41 PM    07:10 PM    09:39 PM



Cultural Heritage: Art, Music & Dance	Video 2666: Ele_ART_39 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English	01:47 AM    04:16 AM    06:46 AM    09:15 AM    11:44 AM    02:14 PM    04:43 PM    07:12 PM    09:42 PM
General	zoological-Survey-of-india	English	01:54 AM    04:24 AM    06:53 AM    09:22 AM    11:52 AM    02:21 PM    04:50 PM    07:20 PM    09:49 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	01:57 AM    04:26 AM    06:55 AM    09:25 AM    11:54 AM    02:23 PM    04:53 PM    07:22 PM    09:51 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:25 AM    04:54 AM    07:24 AM    09:53 AM    12:22 PM    02:52 PM    05:21 PM    07:50 PM    10:20 PM
<b>शुक्रवार, 20 दिसंबर 2024</b> <b>Friday, 20 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:35 PM    08:06 PM    10:37 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:37 PM
सामान्य	Healthy Lifestyle Adopted	Hindi	12:01 AM    02:32 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:07 PM    10:38 PM
General	पारस्परिक संबंध	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
Art & Craft	विटामिन ए की कहानी	Hindi	12:07 AM    02:37 AM    05:08 AM    07:39 AM    10:10 AM    12:41 PM    03:12 PM    05:42 PM    08:13 PM    10:44 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM    02:49 AM    05:20 AM    07:51 AM    10:21 AM    12:52 PM    03:23 PM    05:54 PM    08:25 PM    10:56 PM



General	Montage of the channel	English/hindi	12:32 AM    03:02 AM    05:33 AM    08:04 AM    10:35 AM    01:06 PM    03:37 PM    06:07 PM    08:38 PM    11:09 PM
General	General Information & Time Table	English/hindi	12:32 AM    03:03 AM    05:34 AM    08:05 AM    10:35 AM    01:06 PM    03:37 PM    06:08 PM    08:39 PM    11:10 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:33 AM    03:04 AM    05:35 AM    08:05 AM    10:36 AM    01:07 PM    03:38 PM    06:09 PM    08:40 PM    11:10 PM
Creative Activities: Art & Craft	Paper Glider	English	12:40 AM    03:11 AM    05:41 AM    08:12 AM    10:43 AM    01:14 PM    03:45 PM    06:16 PM    08:46 PM    11:17 PM
Language (English) Reading skills	Communicative English 01	English	12:43 AM    03:14 AM    05:44 AM    08:15 AM    10:46 AM    01:17 PM    03:48 PM    06:19 PM    08:49 PM    11:20 PM
General	योग ओलपियाड	Hindi	01:10 AM    03:40 AM    06:11 AM    08:42 AM    11:13 AM    01:44 PM    04:15 PM    06:45 PM    09:16 PM    11:47 PM
General	Nadishodhan Pranayam	English	01:14 AM    03:45 AM    06:16 AM    08:47 AM    11:17 AM    01:48 PM    04:19 PM    06:50 PM    09:21 PM    11:52 PM
General	नाडीशोधन प्राणायाम	Hindi	01:17 AM    03:48 AM    06:19 AM    08:50 AM    11:21 AM    01:52 PM    04:22 PM    06:53 PM    09:24 PM    11:55 PM
General	Women Change the World	English	01:21 AM    03:52 AM    06:23 AM    08:53 AM    11:24 AM    01:55 PM    04:26 PM    06:57 PM    09:28 PM    11:58 PM
General	Waste Reduced	English	01:27 AM    03:57 AM    06:28 AM    08:59 AM    11:30 AM    02:01 PM    04:32 PM    07:02 PM    09:33 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:31 AM    02:02 PM    04:33 PM    07:04 PM    09:35 PM



Disaster management	Lightning - बिजली से कैसे बचें	Hindi	01:32 AM    04:03 AM    06:34 AM    09:05 AM    11:35 AM    02:06 PM    04:37 PM    07:08 PM    09:39 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:33 AM    04:04 AM    06:35 AM    09:06 AM    11:36 AM    02:07 PM    04:38 PM    07:09 PM    09:40 PM
Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:49 AM    04:19 AM    06:50 AM    09:21 AM    11:52 AM    02:23 PM    04:54 PM    07:24 PM    09:55 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:56 AM    04:26 AM    06:57 AM    09:28 AM    11:59 AM    02:30 PM    05:01 PM    07:31 PM    10:02 PM
General	Montage of the channel	English/hindi	01:59 AM    04:30 AM    07:00 AM    09:31 AM    12:02 PM    02:33 PM    05:04 PM    07:35 PM    10:05 PM
Disaster management	हिमस्खलन के सकेत	Hindi	01:59 AM    04:30 AM    07:01 AM    09:32 AM    12:02 PM    02:33 PM    05:04 PM    07:35 PM    10:06 PM
Art & Craft	छोटा है या बड़ा	Hindi	02:01 AM    04:32 AM    07:03 AM    09:33 AM    12:04 PM    02:35 PM    05:06 PM    07:37 PM    10:08 PM
Health, Physical Education/Yoga / Sports	योग: चक्रासन	Hindi	02:05 AM    04:36 AM    07:07 AM    09:38 AM    12:08 PM    02:39 PM    05:10 PM    07:41 PM    10:12 PM
Science (Activities)	Beehive (ch-1)	English	02:17 AM    04:48 AM    07:19 AM    09:50 AM    12:21 PM    02:51 PM    05:22 PM    07:53 PM    10:24 PM
General	I will bring glory to my Nation	English	02:19 AM    04:50 AM    07:21 AM    09:52 AM    12:22 PM    02:53 PM    05:24 PM    07:55 PM    10:26 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	02:24 AM    04:55 AM    07:26 AM    09:57 AM    12:28 PM    02:59 PM    05:29 PM    08:00 PM    10:31 PM
शनिवार, 21 दिसंबर 2024 Saturday, 21 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:28 AM    09:57 AM    12:27 PM



			02:56 PM    05:25 PM    07:55 PM    10:24 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:27 PM    02:56 PM    05:26 PM    07:55 PM    10:25 PM
Science (Activities)	Tests for components of food (Ch-2)	English	12:01 AM    02:30 AM    05:00 AM    07:29 AM    09:58 AM    12:28 PM    02:57 PM    05:27 PM    07:56 PM    10:25 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:05 AM    02:35 AM    05:04 AM    07:34 AM    10:03 AM    12:32 PM    03:02 PM    05:31 PM    08:01 PM    10:30 PM
Vocational Videos	Preparing ORS at Home	English	12:07 AM    02:36 AM    05:06 AM    07:35 AM    10:04 AM    12:34 PM    03:03 PM    05:33 PM    08:02 PM    10:31 PM
राजनीति विज्ञान	अखबार की कहानी भाग 02	Hindi	12:13 AM    02:42 AM    05:11 AM    07:41 AM    10:10 AM    12:40 PM    03:09 PM    05:38 PM    08:08 PM    10:37 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:19 AM    02:49 AM    05:18 AM    07:47 AM    10:17 AM    12:46 PM    03:16 PM    05:45 PM    08:14 PM    10:44 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	12:26 AM    02:55 AM    05:24 AM    07:54 AM    10:23 AM    12:53 PM    03:22 PM    05:51 PM    08:21 PM    10:50 PM
General	Montage of the channel	English/hindi	12:40 AM    03:10 AM    05:39 AM    08:08 AM    10:38 AM    01:07 PM    03:37 PM    06:06 PM    08:35 PM    11:05 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:41 AM    03:10 AM    05:39 AM    08:09 AM    10:38 AM    01:08 PM    03:37 PM    06:06 PM    08:36 PM    11:05 PM
General	Values and Types of Wetlands Part -1	English	01:09 AM    03:38 AM    06:08 AM    08:37 AM    11:06 AM    01:36 PM    04:05 PM    06:35 PM    09:04 PM    11:33 PM



Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:16 AM    03:45 AM    06:14 AM    08:44 AM    11:13 AM    01:43 PM    04:12 PM    06:41 PM    09:11 PM    11:40 PM
General	उपभोक्ता संरक्षण	Hindi	01:22 AM    03:52 AM    06:21 AM    08:51 AM    11:20 AM    01:49 PM    04:19 PM    06:48 PM    09:18 PM    11:47 PM
Science (Activities)	Separation Of Mud From Muddy Water (ch-4)	English	01:27 AM    03:57 AM    06:26 AM    08:56 AM    11:25 AM    01:54 PM    04:24 PM    06:53 PM    09:23 PM    11:52 PM
General	Ardha Chakrasana	English	01:36 AM    04:05 AM    06:34 AM    09:04 AM    11:33 AM    02:03 PM    04:32 PM    07:01 PM    09:31 PM
General	Introduction to waste segregation & dry and wet bins	English	01:37 AM    04:07 AM    06:36 AM    09:06 AM    11:35 AM    02:04 PM    04:34 PM    07:03 PM    09:33 PM
Health, Physical Education/Yoga / Sports	सूक्ष्म यौगिक व्यायाम	Hindi	01:51 AM    04:21 AM    06:50 AM    09:19 AM    11:49 AM    02:18 PM    04:48 PM    07:17 PM    09:46 PM
General	सरदार वल्लभ भाई पटेल	Hindi	01:56 AM    04:25 AM    06:55 AM    09:24 AM    11:53 AM    02:23 PM    04:52 PM    07:22 PM    09:51 PM
General	Ransomware Attack	English	01:59 AM    04:29 AM    06:58 AM    09:27 AM    11:57 AM    02:26 PM    04:56 PM    07:25 PM    09:54 PM
General	Growing up Healthy	English	02:00 AM    04:30 AM    06:59 AM    09:28 AM    11:58 AM    02:27 PM    04:57 PM    07:26 PM    09:55 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	02:04 AM    04:34 AM    07:03 AM    09:33 AM    12:02 PM    02:31 PM    05:01 PM    07:30 PM    10:00 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:10 AM    04:39 AM    07:09 AM    09:38 AM    12:07 PM    02:37 PM    05:06 PM    07:36 PM    10:05 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	02:12 AM    04:42 AM    07:11 AM    09:40 AM    12:10 PM    02:39 PM    05:09 PM    07:38 PM    10:07 PM



**रविवार, 22 दिसंबर 2024**
**Sunday, 22 December 2024**

General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:56 AM    12:25 PM    02:54 PM    05:23 PM    07:52 PM    10:21 PM
General	Energy Saving	English	12:00 AM    02:29 AM    04:58 AM    07:27 AM    09:56 AM    12:25 PM    02:54 PM    05:23 PM    07:52 PM    10:21 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	12:02 AM    02:31 AM    05:00 AM    07:29 AM    09:58 AM    12:27 PM    02:56 PM    05:25 PM    07:54 PM    10:23 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	12:06 AM    02:35 AM    05:04 AM    07:33 AM    10:02 AM    12:31 PM    03:00 PM    05:29 PM    07:58 PM    10:27 PM
General	Growth & Health	English	12:12 AM    02:41 AM    05:10 AM    07:39 AM    10:08 AM    12:37 PM    03:06 PM    05:35 PM    08:04 PM    10:33 PM
General	एक प्रयास प्लास्टिक प्रदुषण कम करने का	Hindi	12:16 AM    02:45 AM    05:14 AM    07:43 AM    10:12 AM    12:41 PM    03:10 PM    05:39 PM    08:09 PM    10:38 PM
General	Montage of the channel	English/hindi	12:29 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:54 PM    03:23 PM    05:52 PM    08:21 PM    10:50 PM
General	General Information & Time Table	English/hindi	12:29 AM    02:58 AM    05:27 AM    07:56 AM    10:25 AM    12:54 PM    03:23 PM    05:52 PM    08:21 PM    10:50 PM
General	Value and responsible Citizenship	English	12:30 AM    02:59 AM    05:28 AM    07:57 AM    10:26 AM    12:55 PM    03:24 PM    05:53 PM    08:22 PM    10:51 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	12:35 AM    03:04 AM    05:33 AM    08:02 AM    10:31 AM    01:00 PM    03:29 PM    05:58 PM    08:27 PM    10:56 PM



DD Free Dish Channel #28



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2027

Art & Craft	3D Popup House Amazing Popup Greeting Card English	English	12:39 AM    03:08 AM    05:37 AM    08:06 AM    10:35 AM    01:04 PM    03:33 PM    06:02 PM    08:31 PM    11:00 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:42 AM    03:11 AM    05:41 AM    08:10 AM    10:39 AM    01:08 PM    03:37 PM    06:06 PM    08:35 PM    11:04 PM
Vocational Videos	Seed Germination	English	12:45 AM    03:14 AM    05:43 AM    08:12 AM    10:41 AM    01:10 PM    03:39 PM    06:08 PM    08:37 PM    11:06 PM
General	Gender Equality	English	12:52 AM    03:21 AM    05:50 AM    08:19 AM    10:48 AM    01:17 PM    03:46 PM    06:15 PM    08:44 PM    11:13 PM
General	पोषण, स्वास्थ्य, और स्वच्छता	Hindi	12:59 AM    03:28 AM    05:57 AM    08:26 AM    10:55 AM    01:24 PM    03:53 PM    06:22 PM    08:51 PM    11:20 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:06 AM    03:35 AM    06:04 AM    08:33 AM    11:02 AM    01:31 PM    04:00 PM    06:29 PM    08:58 PM    11:27 PM
General	Montage of the channel	English/hindi	01:07 AM    03:36 AM    06:05 AM    08:34 AM    11:04 AM    01:33 PM    04:02 PM    06:31 PM    09:00 PM    11:29 PM
General	Padahastana	English	01:08 AM    03:37 AM    06:06 AM    08:35 AM    11:04 AM    01:33 PM    04:02 PM    06:31 PM    09:00 PM    11:29 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:10 AM    03:39 AM    06:08 AM    08:37 AM    11:06 AM    01:35 PM    04:04 PM    06:33 PM    09:03 PM    11:32 PM
General	पारस्परिक संबंध	Hindi	01:24 AM    03:53 AM    06:22 AM    08:51 AM    11:20 AM    01:49 PM    04:18 PM    06:47 PM    09:16 PM    11:45 PM
General	बचाव और सुरक्षा	Hindi	01:29 AM    03:58 AM    06:27 AM    08:56 AM    11:25 AM    01:54 PM    04:23 PM    06:52 PM    09:21 PM    11:50 PM





Creative Activities: Art & Craft	Cubical Dance	English	01:35 AM    04:04 AM    06:33 AM    09:02 AM    11:31 AM    02:00 PM    04:29 PM    06:58 PM    09:27 PM    11:56 PM
General Awareness	Water A Wonderfull Molecule	English	01:38 AM    04:07 AM    06:36 AM    09:05 AM    11:34 AM    02:03 PM    04:32 PM    07:01 PM    09:30 PM    11:59 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:58 AM    04:27 AM    06:56 AM    09:25 AM    11:54 AM    02:23 PM    04:52 PM    07:21 PM    09:50 PM
General	पादहस्तासन	Hindi	02:18 AM    04:47 AM    07:16 AM    09:45 AM    12:14 PM    02:43 PM    05:12 PM    07:42 PM    10:11 PM
General	ISL Launch Video Academic terms	Hindi	02:21 AM    04:50 AM    07:19 AM    09:48 AM    12:17 PM    02:46 PM    05:15 PM    07:44 PM    10:13 PM
General	Interpersonal Relationships	English	02:24 AM    04:53 AM    07:22 AM    09:51 AM    12:20 PM    02:49 PM    05:18 PM    07:47 PM    10:16 PM
<b>सोमवार, 23 दिसंबर 2024</b>			
<b>Monday, 23 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	Values and Types of Wetlands Part -1	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General	शशकासन	Hindi	12:07 AM    02:37 AM    05:07 AM    07:37 AM    10:07 AM    12:37 PM    03:07 PM    05:37 PM    08:07 PM    10:37 PM



General	आजादी की अमृत कहानियाँ (ट्रैलर)	Hindi	12:10 AM    02:40 AM    05:10 AM    07:40 AM    10:10 AM    12:40 PM    03:10 PM    05:40 PM    08:10 PM    10:40 PM
Art & Craft	3D Buddha Paper Sculptor English	English	12:11 AM    02:41 AM    05:11 AM    07:41 AM    10:11 AM    12:41 PM    03:11 PM    05:41 PM    08:11 PM    10:41 PM
General Awareness	Air Pollution	English	12:14 AM    02:44 AM    05:14 AM    07:44 AM    10:14 AM    12:44 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:39 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM
Science activity	Let us explore fabrics that are obtained from fibre	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
General	Safety & Security	English	01:07 AM    03:37 AM    06:07 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
General	Montage of the channel	English/hindi	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
General	आजादी की कहानी	Hindi	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:38 PM    07:08 PM    09:38 PM
Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:45 PM



सामान्य	MOTHER EARTH Prakriti Hindi Subtitles	Hindi	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:46 PM
General	Gender Equality	English	01:48 AM    04:18 AM    06:48 AM    09:18 AM    11:48 AM    02:18 PM    04:48 PM    07:18 PM    09:48 PM
General	Catfishing Fraud	English	01:55 AM    04:25 AM    06:55 AM    09:25 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:55 PM
General English	Episode 7 Making Requests 1	English	01:56 AM    04:26 AM    06:56 AM    09:26 AM    11:56 AM    02:26 PM    04:56 PM    07:26 PM    09:56 PM
General Awareness	Arpan-Personal safety	English	02:07 AM    04:37 AM    07:07 AM    09:37 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:07 PM
General	राष्ट्रगान	Hindi	02:22 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	02:23 AM    04:53 AM    07:23 AM    09:53 AM    12:23 PM    02:53 PM    05:23 PM    07:53 PM    10:23 PM
General	zoological-Survey-of-india	English	02:26 AM    04:56 AM    07:26 AM    09:56 AM    12:26 PM    02:56 PM    05:26 PM    07:56 PM    10:26 PM
General	Cyberbullying	English	02:28 AM    04:58 AM    07:28 AM    09:58 AM    12:28 PM    02:58 PM    05:28 PM    07:58 PM    10:28 PM
मंगलवार, 24 दिसंबर 2024 Tuesday, 24 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:06 PM    10:37 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM



General	Ransomware Attack	English	12:01 AM    02:32 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
हिन्दी	कहानी के माध्यम से हिंदी वर्णमाला 'क' वर्ण का परिचय; निबंध कैसे लिखें	Hindi	12:02 AM    02:33 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:09 PM    10:40 PM
General Awareness	क्यों और कैसे	Hindi	12:15 AM    02:46 AM    05:17 AM    07:48 AM    10:19 AM    12:49 PM    03:20 PM    05:51 PM    08:22 PM    10:53 PM
Art & Craft	3D Buddha Paper Sculptor English	English	12:39 AM    03:10 AM    05:41 AM    08:12 AM    10:43 AM    01:13 PM    03:44 PM    06:15 PM    08:46 PM    11:17 PM
General	Safe use of internet	English	12:42 AM    03:13 AM    05:44 AM    08:15 AM    10:46 AM    01:17 PM    03:48 PM    06:18 PM    08:49 PM    11:20 PM
General	Foundational Literacy & Numeracy (FLN)	English	12:48 AM    03:19 AM    05:50 AM    08:21 AM    10:52 AM    01:23 PM    03:54 PM    06:24 PM    08:55 PM    11:26 PM
General	Emotional well being and mental health	English	12:52 AM    03:23 AM    05:54 AM    08:25 AM    10:56 AM    01:26 PM    03:57 PM    06:28 PM    08:59 PM    11:30 PM
Vocational Videos	प्लबिंग टूल	Hindi	12:57 AM    03:28 AM    05:59 AM    08:30 AM    11:01 AM    01:31 PM    04:02 PM    06:33 PM    09:04 PM    11:35 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:11 AM    03:42 AM    06:13 AM    08:44 AM    11:15 AM    01:46 PM    04:17 PM    06:47 PM    09:18 PM    11:49 PM
General	Pawanmuktasana	English	01:22 AM    03:53 AM    06:23 AM    08:54 AM    11:25 AM    01:56 PM    04:27 PM    06:58 PM    09:29 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	01:25 AM    03:56 AM    06:27 AM    08:57 AM    11:28 AM    01:59 PM    04:30 PM    07:01 PM    09:32 PM
Science (Activities)	Activity 9- More of a substance can be dissolved	English	01:43 AM    04:14 AM    06:44 AM    09:15 AM    11:46 AM    02:17 PM    04:48 PM    07:19 PM    09:50 PM



	in a solution by heating it(ch-5)		
Creative Activities: Art & Craft	Pencil Drawdio	English	01:48 AM    04:19 AM    06:50 AM    09:21 AM    11:52 AM    02:23 PM    04:53 PM    07:24 PM    09:55 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:52 AM    04:23 AM    06:54 AM    09:25 AM    11:56 AM    02:26 PM    04:57 PM    07:28 PM    09:59 PM
General	आज़ादी की अमृत कहानियाँ (पूनम नौटियाल - जीवन )	Hindi	01:54 AM    04:25 AM    06:56 AM    09:26 AM    11:57 AM    02:28 PM    04:59 PM    07:30 PM    10:01 PM
सामान्य	Sustainable Food Systems Adopted	Hindi	01:56 AM    04:27 AM    06:58 AM    09:29 AM    12:00 PM    02:30 PM    05:01 PM    07:32 PM    10:03 PM
General	Safe use of internet	English	01:57 AM    04:27 AM    06:58 AM    09:29 AM    12:00 PM    02:31 PM    05:02 PM    07:33 PM    10:04 PM
Science (Activities)	Activity 10- Water dissolves different amount of soluble substances in it(ch-5)	English	02:03 AM    04:33 AM    07:04 AM    09:35 AM    12:06 PM    02:37 PM    05:08 PM    07:39 PM    10:10 PM
गणित	रामानुजन	Hindi	02:10 AM    04:41 AM    07:12 AM    09:42 AM    12:13 PM    02:44 PM    05:15 PM    07:46 PM    10:17 PM
General	Introduction to waste segregation & dry and wet bins	English	02:11 AM    04:42 AM    07:13 AM    09:44 AM    12:15 PM    02:46 PM    05:17 PM    07:47 PM    10:18 PM
General	आज़ादी की अमृत कहानियाँ (बसन्ती देवी - जल )	Hindi	02:25 AM    04:56 AM    07:27 AM    09:58 AM    12:29 PM    02:59 PM    05:30 PM    08:01 PM    10:32 PM
General	पवनमुक्तासन	Hindi	02:27 AM    04:58 AM    07:29 AM    10:00 AM    12:31 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
<b>बुधवार, 25 दिसंबर 2024</b> <b>Wednesday, 25 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM



			03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Health, Physical Education/Yoga / Sports	योग: चक्रासन	Hindi	12:29 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    05:59 PM    08:29 PM    10:59 PM
General	हिंदी शब्दकोष	Hindi	12:41 AM    03:11 AM    05:41 AM    08:11 AM    10:41 AM    01:11 PM    03:42 PM    06:12 PM    08:42 PM    11:12 PM
Creative Activities: Art & Craft	रोअरिंग बोटल	Hindi	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
General	Energy Saving	English	01:00 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
General Awareness	क्षेत्रफल	Hindi	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:34 PM    09:04 PM    11:34 PM
General	Bharat on the Moon	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:29 PM    06:59 PM    09:30 PM
General	Growth & Health	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
Storytelling/Value Education	राख की रस्सी	Hindi	01:36 AM    04:06 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM



General	Fun With Magnet	English	01:49 AM    04:19 AM    06:49 AM    09:19 AM    11:49 AM    02:19 PM    04:49 PM    07:19 PM    09:49 PM
General	इन्वेटिव टीचर	Hindi	01:52 AM    04:22 AM    06:52 AM    09:22 AM    11:52 AM    02:22 PM    04:52 PM    07:22 PM    09:52 PM
General	Foundational Literacy & Numeracy (FLN)	English	02:07 AM    04:37 AM    07:07 AM    09:38 AM    12:08 PM    02:38 PM    05:08 PM    07:38 PM    10:08 PM
General	नाडीशोधन प्राणायाम	Hindi	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:12 PM
Cultural Heritage: Art, Music & Dance	Video 2661 : Ele_ART_34 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Kerala	English	02:15 AM    04:45 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालबती - संस्कृत में कहानी	Hindi	02:21 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
General	zoological-Survey-of-india	English	02:27 AM    04:57 AM    07:27 AM    09:57 AM    12:27 PM    02:57 PM    05:27 PM    07:57 PM    10:28 PM
<b>बृहस्पतिवार, 26 दिसंबर 2024</b> <b>Thursday, 26 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM



General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:09 AM    02:39 AM    05:09 AM    07:39 AM    10:09 AM    12:39 PM    03:09 PM    05:40 PM    08:10 PM    10:40 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:14 AM    02:44 AM    05:15 AM    07:45 AM    10:15 AM    12:45 PM    03:15 PM    05:45 PM    08:15 PM    10:45 PM
Disaster management	Cyclone - Secure your house	English	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM
General	इन्ोवेटिव टीचर	Hindi	12:33 AM    03:03 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
Disaster management	Earthquake resistant house	English	12:49 AM    03:19 AM    05:49 AM    08:19 AM    10:49 AM    01:19 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:50 AM    03:21 AM    05:51 AM    08:21 AM    10:51 AM    01:21 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM
Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:32 PM    09:02 PM    11:32 PM
General	Introduction to plastic, our hero and marine pollution	English	01:02 AM    03:32 AM    06:02 AM    08:33 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:41 PM





Art & Craft	नाटक खेलाना आसान है- 2	Hindi	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:44 PM    09:14 PM    11:44 PM
General	Emotional well being and mental health	English	01:27 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:28 PM    11:59 PM
General	Prashast App Launch	Hindi	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:08 PM    09:39 PM
General	सरदार वल्लभ भाई पटेल	Hindi	01:43 AM    04:13 AM    06:44 AM    09:14 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Art & Craft	विटामिन ए की कहानी	Hindi	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:58 AM    04:28 AM    06:58 AM    09:29 AM    11:59 AM    02:29 PM    04:59 PM    07:29 PM    09:59 PM
General	राष्ट्रगान	Hindi	02:04 AM    04:34 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
Science activity	Making a magnet using an iron nail Stroke method	English	02:05 AM    04:36 AM    07:06 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
Health, Physical Education/Yoga / Sports	पद्मासन	Hindi	02:13 AM    04:43 AM    07:14 AM    09:44 AM    12:14 PM    02:44 PM    05:14 PM    07:44 PM    10:14 PM
<b>शुक्रवार, 27 दिसंबर 2024</b> <b>Friday, 27 December 2024</b>			



General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:02 PM    10:32 PM
सामान्य	Water Saved	Hindi	12:13 AM    02:43 AM    05:13 AM    07:43 AM    10:14 AM    12:44 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM
General	Values and Types of Wetlands Part -1	English	12:14 AM    02:44 AM    05:14 AM    07:45 AM    10:15 AM    12:45 PM    03:15 PM    05:45 PM    08:15 PM    10:46 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM    02:51 AM    05:21 AM    07:51 AM    10:21 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
General	Jadui Pitara-Theme Song	Hindi	12:22 AM    02:52 AM    05:22 AM    07:53 AM    10:23 AM    12:53 PM    03:23 PM    05:53 PM    08:23 PM    10:54 PM 
Vocational Videos	प्लबिंग टूल	Hindi	12:37 AM    03:07 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:09 PM    08:39 PM    11:09 PM
General	Montage of the channel	English/hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:52 AM    03:22 AM    05:52 AM    08:23 AM    10:53 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:24 PM
General	Montage of the channel	English/hindi	12:55 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM



Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:06 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:38 PM    09:08 PM    11:38 PM
General	Micro Improvement	English	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:15 PM    06:45 PM    09:15 PM    11:45 PM
General Awareness	Water A Wonderful Molecule	English	01:15 AM    03:45 AM    06:15 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:17 PM    11:47 PM
General	आज़ादी की अमृत कहानियाँ (बसंती देवी - जल )	Hindi	01:35 AM    04:05 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:37 PM
General	Azadi ki Amrit Kahaniya (Basanti Devi - Jal)	English	01:37 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:39 PM    07:09 PM    09:39 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:40 AM    04:10 AM    06:40 AM    09:10 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
General	Shalabhasana	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:48 AM    04:18 AM    06:48 AM    09:19 AM    11:49 AM    02:19 PM    04:49 PM    07:19 PM    09:50 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:52 PM
General English	Episode 1 Greeting a Friend	English	01:52 AM    04:22 AM    06:52 AM    09:22 AM    11:53 AM    02:23 PM    04:53 PM    07:23 PM    09:53 PM



सामान्य	Healthy Lifestyle Adopted	Hindi	02:00 AM    04:30 AM    07:00 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:31 PM    10:01 PM
गणित	क्रियाकलाप द्वारा गणित शिक्षण	Hindi	02:01 AM    04:31 AM    07:01 AM    09:31 AM    12:01 PM    02:31 PM    05:02 PM    07:32 PM    10:02 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:12 PM    07:42 PM    10:12 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:17 AM    04:47 AM    07:17 AM    09:47 AM    12:17 PM    02:47 PM    05:18 PM    07:48 PM    10:18 PM
Science (Activities)	Chapter 1. Food Where does it Come From? Activity: How to prepare sprouts from the whole seeds?	English	02:20 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:52 PM    10:22 PM
शनिवार, 28 दिसंबर 2024 Saturday, 28 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
Science (Activities)	FIBRE TO FABRIC (Ch-3)	English	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
Creative Activities: Art & Craft	Mango Leaf Purse	English	12:03 AM    02:33 AM    05:03 AM    07:33 AM    10:03 AM    12:33 PM    03:03 PM    05:33 PM    08:03 PM    10:33 PM
राजनीति विज्ञान	अखबार की कहानी भाग 03	Hindi	12:05 AM    02:35 AM    05:05 AM    07:35 AM    10:05 AM    12:35 PM



			03:05 PM    05:36 PM    08:06 PM    10:36 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:16 AM    02:46 AM    05:16 AM    07:46 AM    10:16 AM    12:46 PM    03:17 PM    05:47 PM    08:17 PM    10:47 PM
General	Ransomware Attack	English	12:19 AM    02:49 AM    05:19 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:20 AM    02:50 AM    05:20 AM    07:51 AM    10:21 AM    12:51 PM    03:21 PM    05:51 PM    08:21 PM    10:51 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:34 AM    03:04 AM    05:34 AM    08:04 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
General	Prashast APP (ISL)	Hindi	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:06 PM
Cultural Heritage: Art, Music & Dance	Music - Instrumental Competition: Boys: Odisha	English	12:37 AM    03:07 AM    05:37 AM    08:07 AM    10:37 AM    01:07 PM    03:37 PM    06:07 PM    08:37 PM    11:07 PM
Vocational Videos	Preparing ORS at Home	English	12:44 AM    03:14 AM    05:44 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:44 PM    11:14 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Science (Activities)	Activity 4- Sieving (ch-5)	English	12:56 AM    03:26 AM    05:56 AM    08:26 AM    10:56 AM    01:26 PM    03:56 PM    06:26 PM    08:57 PM    11:27 PM
General	Diksha Initiatives Promo for G20	English	01:00 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:01 PM    11:31 PM



General Awareness	Water A Wonderfull Molecule	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
General	Emotional Well-being and Mental Health	English	01:28 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:28 PM    11:58 PM
General	भद्रासन	Hindi	01:33 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
Science (Activities)	Activity 5- Filtration (ch-5)	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:36 PM
General	zoological-Survey-of-india	English	01:38 AM    04:08 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:08 PM    09:38 PM
General	Interpersonal Relationships	English	01:40 AM    04:10 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
General	पारस्परिक संबंध	Hindi	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Storytelling/Value Education	नट खट चूहा	Hindi	01:57 AM    04:27 AM    06:57 AM    09:27 AM    11:57 AM    02:27 PM    04:57 PM    07:27 PM    09:57 PM
Vocational Videos	IDENTIFICATION OF TREES	English	02:10 AM    04:40 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:11 PM
General English	Episode 2 Greeting an Acquaintance	English	02:21 AM    04:51 AM    07:21 AM    09:51 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:21 PM
<b>रविवार, 29 दिसंबर 2024</b> <b>Sunday, 29 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM



			03:05 PM    05:36 PM    08:07 PM    10:38 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:04 AM    12:35 PM    03:06 PM    05:37 PM    08:08 PM    10:39 PM
General	वैष्णव जन तो तेने कहिए	Hindi	12:01 AM    02:32 AM    05:03 AM    07:34 AM    10:05 AM    12:36 PM    03:07 PM    05:38 PM    08:08 PM    10:39 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	12:08 AM    02:39 AM    05:10 AM    07:41 AM    10:11 AM    12:42 PM    03:13 PM    05:44 PM    08:15 PM    10:46 PM
Art & Craft	3D Buddha Paper Sculptor English	English	12:09 AM    02:40 AM    05:11 AM    07:42 AM    10:13 AM    12:44 PM    03:15 PM    05:46 PM    08:17 PM    10:48 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:13 AM    02:44 AM    05:15 AM    07:46 AM    10:16 AM    12:47 PM    03:18 PM    05:49 PM    08:20 PM    10:51 PM
Cultural Heritage: Art, Music & Dance	Music – Instrumental Competition: Boys: Odisha	English	12:18 AM    02:49 AM    05:20 AM    07:51 AM    10:22 AM    12:53 PM    03:24 PM    05:55 PM    08:26 PM    10:57 PM
General Awareness	क्षेत्रफल	Hindi	12:25 AM    02:56 AM    05:27 AM    07:58 AM    10:29 AM    01:00 PM    03:31 PM    06:02 PM    08:33 PM    11:04 PM
General Awareness	बात पते की	Hindi	12:51 AM    03:22 AM    05:53 AM    08:24 AM    10:55 AM    01:25 PM    03:56 PM    06:27 PM    08:58 PM    11:29 PM
General	Women Change the World	English	01:05 AM    03:36 AM    06:07 AM    08:38 AM    11:09 AM    01:40 PM    04:11 PM    06:42 PM    09:13 PM    11:44 PM
General Awareness	क्यों और कैसे	Hindi	01:11 AM    03:42 AM    06:13 AM    08:44 AM    11:15 AM    01:46 PM    04:17 PM    06:48 PM    09:19 PM    11:50 PM
Art & Craft	पानी का फव्वारा	Hindi	01:35 AM    04:06 AM    06:37 AM    09:08 AM    11:39 AM    02:09 PM    04:40 PM    07:11 PM    09:42 PM



Disaster management	Lightning - बिजली से कैसे बचें	Hindi	01:43 AM    04:14 AM    06:45 AM    09:16 AM    11:47 AM    02:18 PM    04:49 PM    07:20 PM    09:50 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:44 AM    04:15 AM    06:46 AM    09:17 AM    11:48 AM    02:19 PM    04:50 PM    07:21 PM    09:51 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	01:54 AM    04:25 AM    06:56 AM    09:27 AM    11:58 AM    02:29 PM    05:00 PM    07:31 PM    10:02 PM
सामान्य	Water Saved	Hindi	02:00 AM    04:31 AM    07:02 AM    09:33 AM    12:04 PM    02:35 PM    05:06 PM    07:37 PM    10:08 PM
Science activity	Let us explore fabrics that are obtained from fibre	English	02:01 AM    04:32 AM    07:03 AM    09:34 AM    12:05 PM    02:36 PM    05:07 PM    07:38 PM    10:09 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	02:08 AM    04:39 AM    07:10 AM    09:41 AM    12:12 PM    02:43 PM    05:14 PM    07:45 PM    10:16 PM
General	ध्यान	Hindi	02:26 AM    04:57 AM    07:28 AM    09:59 AM    12:30 PM    03:01 PM    05:32 PM    08:03 PM    10:34 PM
<b>सोमवार, 30 दिसंबर 2024</b> <b>Monday, 30 December 2024</b>			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General	बचाव और सुरक्षा	Hindi	12:01 AM    02:31 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:06 AM    02:37 AM    05:07 AM    07:37 AM    10:07 AM    12:38 PM    03:08 PM    05:38 PM    08:08 PM    10:39 PM





General	Nutrition_Health and Sanitation	English	12:12 AM    02:43 AM    05:13 AM    07:43 AM    10:13 AM    12:43 PM    03:14 PM    05:44 PM    08:14 PM    10:44 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	Hindi	12:19 AM    02:49 AM    05:19 AM    07:49 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:21 PM    10:51 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:20 AM    02:50 AM    05:21 AM    07:51 AM    10:21 AM    12:51 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	12:24 AM    02:54 AM    05:24 AM    07:54 AM    10:25 AM    12:55 PM    03:25 PM    05:55 PM    08:26 PM    10:56 PM
Vocational Videos	Preparing ORS at Home	English	12:24 AM    02:55 AM    05:25 AM    07:55 AM    10:25 AM    12:55 PM    03:26 PM    05:56 PM    08:26 PM    10:56 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:02 PM    08:32 PM    11:02 PM
General	Emotional well being and mental health	English	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:34 PM    06:04 PM    08:35 PM    11:05 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:10 PM
General	Values and Types of Wetlands Part -1	English	12:43 AM    03:13 AM    05:43 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:45 PM    11:15 PM
General English	Episode 2 Greeting an Acquaintance	English	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:21 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM
Science activity	Making a magnet using an iron nail Stroke method	English	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM



General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:06 AM    03:36 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
General Awareness	Water A Wonderfull Molecule	English	01:12 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:14 PM    06:44 PM    09:14 PM    11:44 PM
General	Shashankasana	English	01:32 AM    04:03 AM    06:33 AM    09:03 AM    11:33 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
General	शशकासन	Hindi	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:37 PM
Disaster management	हिमस्खलन के सकेत	Hindi	01:37 AM    04:07 AM    06:38 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:09 PM    09:39 PM
General	Introduction to waste segregation & dry and wet bins	English	01:39 AM    04:09 AM    06:39 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:41 PM
General	National Consumer Affairs - AD Videos	Hindi	01:52 AM    04:23 AM    06:53 AM    09:23 AM    11:53 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
General	Growing up Healthy	English	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:55 AM    02:25 PM    04:55 PM    07:25 PM    09:56 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:58 AM    04:28 AM    06:58 AM    09:29 AM    11:59 AM    02:29 PM    04:59 PM    07:30 PM    10:00 PM
General	Azadi ki Amrit Kahaniya (Tanvi Jagadish- Sagar)	English	02:03 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
General Awareness	क्यों और कैसे	Hindi	02:06 AM    04:36 AM    07:06 AM    09:36 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:08 PM
मंगलवार, 31 दिसंबर 2024 Tuesday, 31 December 2024			
General	Montage of the channel	English/hindi	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02



			PM    05:32 PM    08:03 PM    10:33 PM 
General	General Information & Time Table	English/hindi	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
General Awareness	क्यों और कैसे	Hindi	12:01 AM    02:31 AM    05:02 AM    07:32 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:34 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM    02:55 AM    05:26 AM    07:56 AM    10:26 AM    12:57 PM    03:27 PM    05:58 PM    08:28 PM    10:59 PM
General	Emotional well being and mental health	English	12:26 AM    02:56 AM    05:26 AM    07:57 AM    10:27 AM    12:58 PM    03:28 PM    05:58 PM    08:29 PM    10:59 PM
General	Online Game Fraud	English	12:31 AM    03:01 AM    05:31 AM    08:02 AM    10:32 AM    01:03 PM    03:33 PM    06:03 PM    08:34 PM    11:04 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:31 AM    03:02 AM    05:32 AM    08:02 AM    10:33 AM    01:03 PM    03:34 PM    06:04 PM    08:35 PM    11:05 PM
General Awareness	Air Pollution	English	12:43 AM    03:14 AM    05:44 AM    08:15 AM    10:45 AM    01:15 PM    03:46 PM    06:16 PM    08:47 PM    11:17 PM
General	Ardha Chakrasana	English	01:08 AM    03:39 AM    06:09 AM    08:40 AM    11:10 AM    01:40 PM    04:11 PM    06:41 PM    09:12 PM    11:42 PM
General Awareness	Arpan-Personal safety	English	01:10 AM    03:41 AM    06:11 AM    08:42 AM    11:12 AM    01:42 PM    04:13 PM    06:43 PM    09:14 PM    11:44 PM
General	General Information & Time Table	English/hindi	01:25 AM    03:55 AM    06:25 AM    08:56 AM    11:26 AM    01:57 PM    04:27 PM    06:58 PM    09:28 PM    11:58 PM
Health, Physical Education/Yoga / Sports	Discus Throw	English	01:25 AM    03:56 AM    06:26 AM    08:57 AM    11:27 AM    01:58 PM    04:28 PM    06:58 PM    09:29 PM    11:59 PM



Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:43 AM    04:13 AM    06:44 AM    09:14 AM    11:45 AM    02:15 PM    04:45 PM    07:16 PM    09:46 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:49 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:52 PM    07:22 PM    09:53 PM
General	I will bring glory to my Nation	English	01:56 AM    04:26 AM    06:56 AM    09:27 AM    11:57 AM    02:28 PM    04:58 PM    07:29 PM    09:59 PM
General	आजादी की अमृत कहानियाँ (तन्वी जगदीश- सागर )	Hindi	02:01 AM    04:31 AM    07:02 AM    09:32 AM    12:03 PM    02:33 PM    05:03 PM    07:34 PM    10:04 PM
Vocational Videos	गृह सज्जा हेतु पौधे	Hindi	02:03 AM    04:34 AM    07:04 AM    09:34 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:07 PM
General	अर्ध चक्रासन	Hindi	02:27 AM    04:57 AM    07:28 AM    09:58 AM    12:29 PM    02:59 PM    05:30 PM    08:00 PM    10:30 PM
General	Montage of the channel	English/hindi	02:29 AM    04:59 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	02:29 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM

