

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	Urdu	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
अर्थशास्त्र	इतिहास	Political Science	Economics	राजनीति विज्ञान	Economics	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11-12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 9

दिसंबर 2025

December 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 दिसंबर 2025 Monday, 01 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	I will work & work with courage	English	12:23 AM 03:23 AM 06:23 AM 09:23 AM 12:23 PM 03:23 PM 06:24 PM 09:24 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:26 AM 03:26 AM 06:26 AM 09:26 AM 12:26 PM 03:26 PM 06:26 PM 09:27 PM
Science	Chapter - 13: Why we fall ill? Part - I	English	12:57 AM 03:57 AM 06:58 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:58 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:34 PM 07:34 PM 10:34 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:43 AM 04:43 AM 07:43 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
General	Migratory Birds	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:14 PM 11:14 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	02:15 AM 05:15 AM 08:16 AM 11:16 AM 02:16 PM 05:16 PM 08:16 PM 11:16 PM



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General	E-Waste Management: Film 1	English	02:52 AM 05:52 AM 08:52 AM 11:52 AM 02:53 PM 05:53 PM 08:53 PM 11:53 PM
मंगलवार, 02 दिसंबर 2025 Tuesday, 02 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 2	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:58 PM 08:58 PM 11:58 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:33 AM 03:33 AM 06:33 AM 09:32 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM
सामान्य	रौशनी और रंग	हिन्दी	01:04 AM 04:04 AM 07:04 AM 10:04 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
Cultural Heritage: Art, Music, Dance	Navras DEAA Dance Emotions	English	01:20 AM 04:20 AM 07:20 AM 10:20 AM 01:19 PM 04:19 PM 07:19 PM 10:19 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	01:24 AM 04:24 AM 07:24 AM 10:23 AM 01:23 PM 04:23 PM 07:23 PM 10:23 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	02:01 AM 05:01 AM 08:01 AM 11:01 AM 02:01 PM 05:01 PM 08:00 PM 11:00 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:36 PM 11:36 PM
बुधवार, 03 दिसंबर 2025 Wednesday, 03 December 2025			
गणित	पाठ 3: निर्देशांक ज्यामिति	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM
सामान्य	आओ सैर करें - लक्षद्वीप	हिन्दी	12:32 AM 03:32 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:37 PM



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विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:39 PM 03:40 PM 06:40 PM 09:41 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part I	English	01:02 AM 04:03 AM 07:03 AM 10:04 AM 01:05 PM 04:06 PM 07:07 PM 10:08 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	01:28 AM 04:29 AM 07:29 AM 10:30 AM 01:31 PM 04:32 PM 07:33 PM 10:34 PM
English	Beehive, Chapter - 11: If I Were You	English	01:38 AM 04:39 AM 07:40 AM 10:41 AM 01:41 PM 04:42 PM 07:43 PM 10:44 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	02:09 AM 05:09 AM 08:10 AM 11:11 AM 02:12 PM 05:13 PM 08:14 PM 11:14 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Challenges to Indian Democracy	English	02:24 AM 05:25 AM 08:25 AM 11:26 AM 02:27 PM 05:28 PM 08:29 PM 11:30 PM
सामान्य जागरूकता	पत्थर और पानी की कहानी	हिन्दी	02:54 AM 05:55 AM 08:55 AM 11:56 AM 02:57 PM 05:58 PM 08:59 PM
बृहस्पतिवार, 04 दिसंबर 2025 Thursday, 04 December 2025			
गणित	पाठ 4: दो चरों वाले रैखिक समीकरण	हिन्दी	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:06 PM 03:08 PM 06:10 PM 09:11 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:22 AM 03:23 AM 06:25 AM 09:27 AM 12:28 PM 03:30 PM 06:32 PM 09:34 PM



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विज्ञान	पाठ 6: उत्तक	हिन्दी	12:32 AM 03:34 AM 06:35 AM 09:37 AM 12:39 PM 03:40 PM 06:42 PM 09:44 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	12:54 AM 03:56 AM 06:57 AM 09:59 AM 01:01 PM 04:02 PM 07:04 PM 10:06 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part II	English	01:20 AM 04:21 AM 07:23 AM 10:25 AM 01:26 PM 04:28 PM 07:30 PM 10:32 PM
English	Beehive, Chapter - 11: If I Were You	English	01:51 AM 04:52 AM 07:54 AM 10:56 AM 01:58 PM 04:59 PM 08:01 PM 11:03 PM
General English	Episode 6 Giving Advice 2	English	02:21 AM 05:23 AM 08:25 AM 11:26 AM 02:28 PM 05:30 PM 08:31 PM 11:33 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - I	English	02:34 AM 05:36 AM 08:37 AM 11:39 AM 02:41 PM 05:42 PM 08:44 PM 11:46 PM
शुक्रवार, 05 दिसंबर 2025 Friday, 05 December 2025			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
Science (General)	ENDLESS MIRROR	English	12:33 AM 03:33 AM 06:33 AM 09:33 AM 12:33 PM 03:33 PM 06:33 PM 09:33 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	12:40 AM 03:40 AM 06:40 AM 09:40 AM 12:40 PM 03:39 PM 06:39 PM 09:39 PM
General	Petrol Pump	English	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:27 AM 04:27 AM 07:26 AM 10:26 AM 01:26 PM 04:26 PM 07:26 PM 10:26 PM



सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:56 AM 04:56 AM 07:56 AM 10:56 AM 01:56 PM 04:56 PM 07:56 PM 10:56 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	02:08 AM 05:08 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:08 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 1	हिन्दी	02:34 AM 05:34 AM 08:34 AM 11:34 AM 02:34 PM 05:34 PM 08:34 PM 11:34 PM
शनिवार, 06 दिसंबर 2025 Saturday, 06 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 1	हिन्दी	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:56 PM 05:56 PM 08:55 PM 11:54 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy? - Overview	English	12:33 AM 03:32 AM 06:32 AM 09:31 AM 12:30 PM 03:30 PM 06:29 PM 09:28 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:07 AM 04:07 AM 07:06 AM 10:05 AM 01:05 PM 04:04 PM 07:04 PM 10:03 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:47 AM 04:46 AM 07:46 AM 10:45 AM 01:44 PM 04:44 PM 07:43 PM 10:42 PM
Science (General)	LIQUID PAINTING	English	02:13 AM 05:12 AM 08:12 AM 11:11 AM 02:10 PM 05:10 PM 08:09 PM 11:09 PM
General	Levers Around Us	English	02:21 AM 05:20 AM 08:19 AM 11:19 AM 02:18 PM 05:18 PM 08:17 PM 11:16 PM



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Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - II	English	02:29 AM 05:28 AM 08:27 AM 11:27 AM 02:26 PM 05:26 PM 08:25 PM 11:24 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Types of Design	English	02:56 AM 05:55 AM 08:54 AM 11:54 AM 02:53 PM 05:52 PM 08:52 PM 11:51 PM
रविवार, 07 दिसंबर 2025 Sunday, 07 December 2025			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:00 AM 03:15 AM 06:30 AM 09:46 AM 01:01 PM 04:17 PM 07:32 PM 10:48 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:30 AM 03:46 AM 07:01 AM 10:17 AM 01:32 PM 04:48 PM 08:03 PM 11:19 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 2	हिन्दी	12:41 AM 03:56 AM 07:12 AM 10:27 AM 01:42 PM 04:58 PM 08:13 PM 11:29 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:00 AM 04:15 AM 07:31 AM 10:46 AM 02:02 PM 05:17 PM 08:33 PM 11:48 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	English/ hindi	01:34 AM 04:50 AM 08:05 AM 11:21 AM 02:36 PM 05:51 PM 09:07 PM



Laboratory experimental demonstration and animation videos	Plant and Animal Tissues	English	01:44 AM 05:00 AM 08:15 AM 11:30 AM 02:46 PM 06:01 PM 09:17 PM
Science (General)	Management of Wetlands Part -1	English	01:49 AM 05:05 AM 08:20 AM 11:36 AM 02:51 PM 06:07 PM 09:22 PM
कहानी	बबलू की नाव	हिन्दी	02:01 AM 05:16 AM 08:32 AM 11:47 AM 03:03 PM 06:18 PM 09:34 PM
Science (General)	Why is difficult to walk on Sand	English	02:22 AM 05:37 AM 08:53 AM 12:08 PM 03:24 PM 06:39 PM 09:55 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	02:28 AM 05:43 AM 08:58 AM 12:14 PM 03:29 PM 06:45 PM 10:00 PM
General	E-Waste Management: Film 2	English	02:51 AM 06:06 AM 09:22 AM 12:37 PM 03:53 PM 07:08 PM 10:24 PM
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/ hindi	03:00 AM 06:16 AM 09:31 AM 12:46 PM 04:02 PM 07:17 PM 10:33 PM
सोमवार, 08 दिसंबर 2025 Monday, 08 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 2	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:58 PM 11:58 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:36 AM 03:36 AM 06:36 AM 09:36 AM 12:36 PM 03:35 PM 06:35 PM 09:35 PM
Cultural Heritage: Art, Music & Dance	Hemis Mela	English/ hindi	01:04 AM 04:04 AM 07:04 AM 10:04 AM 01:04 PM 04:04 PM 07:03 PM 10:03 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:18 PM 04:18 PM 07:17 PM 10:17 PM



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Science (General)	Why is difficult to walk on Sand	English	01:41 AM 04:41 AM 07:41 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
Mathematics	Chapter 12: Heron's Formula	English	01:45 AM 04:45 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:44 PM 10:44 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	02:18 AM 05:18 AM 08:18 AM 11:18 AM 02:17 PM 05:17 PM 08:17 PM 11:17 PM
सामान्य	दादी-पोती के मकबरे	हिन्दी	02:55 AM 05:55 AM 08:55 AM 11:54 AM 02:54 PM 05:54 PM 08:54 PM 11:54 PM
मंगलवार, 09 दिसंबर 2025 Tuesday, 09 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवरेस्ट: मेरी शिखर यात्रा, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM
Science (General)	Real life Tyndall Effect	English	12:30 AM 03:31 AM 06:31 AM 09:32 AM 12:33 PM 03:34 PM 06:35 PM 09:36 PM
General English	Episode 7 Making Requests 1	English	12:31 AM 03:32 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:36 PM 09:37 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:42 AM 03:43 AM 06:44 AM 09:45 AM 12:46 PM 03:47 PM 06:48 PM 09:48 PM
सामान्य	आओ सैर करें - कन्याकुमारी	हिन्दी	01:14 AM 04:14 AM 07:15 AM 10:16 AM 01:17 PM 04:18 PM 07:19 PM 10:20 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Andaman and Nicobar Islands	English/hindi	01:20 AM 04:21 AM 07:21 AM 10:22 AM 01:23 PM 04:24 PM 07:25 PM 10:26 PM



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Science	Chapter - 13: Why we fall ill? Part - I	English	01:29 AM 04:30 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:35 PM 10:35 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	02:04 AM 05:05 AM 08:06 AM 11:06 AM 02:07 PM 05:08 PM 08:09 PM 11:10 PM
Science (General)	What makes a Prism Special	English	02:34 AM 05:34 AM 08:35 AM 11:36 AM 02:37 PM 05:38 PM 08:39 PM 11:40 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	02:38 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:43 PM 08:44 PM 11:44 PM
बुधवार, 10 दिसंबर 2025 Wednesday, 10 December 2025			
सामान्य	मून एंड आर्टिफिसियल सैटेलाइट	हिन्दी	12:00 AM 03:12 AM 06:24 AM 09:36 AM 12:48 PM 04:00 PM 07:13 PM 10:25 PM
गणित	पाठ 3: निर्देशांक ज्यामिति	हिन्दी	12:18 AM 03:30 AM 06:42 AM 09:54 AM 01:06 PM 04:19 PM 07:31 PM 10:43 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	योग- चक्रासन	हिन्दी	12:42 AM 03:54 AM 07:06 AM 10:18 AM 01:30 PM 04:43 PM 07:55 PM 11:07 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:54 AM 04:06 AM 07:18 AM 10:30 AM 01:43 PM 04:55 PM 08:07 PM 11:19 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part III	English	01:23 AM 04:36 AM 07:48 AM 11:00 AM 02:12 PM 05:24 PM 08:37 PM 11:49 PM
कहानी	Sanskrit Story: Buddhiryasya Balamtasya	संस्कृत	01:53 AM 05:05 AM 08:17 AM 11:29 AM 02:42 PM 05:54 PM 09:06 PM
English	Beehive, Chapter - 11: If I Were You	English	02:02 AM 05:14 AM 08:27 AM 11:39 AM 02:51 PM 06:03 PM 09:15 PM



Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	02:33 AM 05:45 AM 08:57 AM 12:09 PM 03:21 PM 06:34 PM 09:46 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Features of Democracy	English	02:43 AM 05:55 AM 09:07 AM 12:20 PM 03:32 PM 06:44 PM 09:56 PM
General	E-Waste Management: Film 2	English	03:03 AM 06:15 AM 09:27 AM 12:39 PM 03:51 PM 07:04 PM 10:16 PM
बृहस्पतिवार, 11 दिसंबर 2025 Thursday, 11 December 2025			
गणित	पाठ 4: दो चरों वाले रेखिक समीकरण	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	12:30 AM 03:30 AM 06:31 AM 09:32 AM 12:33 PM 03:34 PM 06:34 PM 09:35 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:48 AM 03:49 AM 06:50 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:53 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखे मिथिला पेंटिंग	हिन्दी	01:10 AM 04:11 AM 07:12 AM 10:12 AM 01:13 PM 04:14 PM 07:15 PM 10:15 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part IV	English	01:22 AM 04:23 AM 07:24 AM 10:24 AM 01:25 PM 04:26 PM 07:27 PM 10:27 PM
English	Beehive, Chapter - 11: If I Were You	English	01:58 AM 04:58 AM 07:59 AM 11:00 AM 02:01 PM 05:01 PM 08:02 PM 11:03 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - III	English	02:31 AM 05:31 AM 08:32 AM 11:33 AM 02:34 PM 05:34 PM 08:35 PM 11:36 PM



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शुक्रवार, 12 दिसंबर 2025 Friday, 12 December 2025			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	12:34 AM 03:35 AM 06:36 AM 09:37 AM 12:38 PM 03:39 PM 06:40 PM 09:41 PM
कहानी	गुलज़ार बच्चों के साथ	हिन्दी	01:08 AM 04:09 AM 07:10 AM 10:11 AM 01:12 PM 04:13 PM 07:14 PM 10:14 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:21 AM 04:21 AM 07:22 AM 10:23 AM 01:24 PM 04:25 PM 07:26 PM 10:27 PM
Science (General)	Action force due to ejected gas moves at test tube in opposite direction	English	01:57 AM 04:57 AM 07:58 AM 10:59 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	02:00 AM 05:01 AM 08:02 AM 11:03 AM 02:04 PM 05:05 PM 08:06 PM 11:07 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Nagaland	English/hindi	02:31 AM 05:32 AM 08:33 AM 11:34 AM 02:35 PM 05:36 PM 08:37 PM 11:38 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	02:35 AM 05:36 AM 08:36 AM 11:37 AM 02:38 PM 05:39 PM 08:40 PM 11:41 PM
शनिवार, 13 दिसंबर 2025 Saturday, 13 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 2	हिन्दी	12:00 AM 03:01 AM 06:03 AM 09:04 AM 12:06 PM 03:08 PM 06:09 PM 09:11 PM



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सामान्य	आओ सैर करें - राजघाट	हिन्दी	12:45 AM 03:46 AM 06:48 AM 09:49 AM 12:51 PM 03:53 PM 06:54 PM 09:56 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Merits and Demerits of Democracy	English	12:50 AM 03:52 AM 06:53 AM 09:55 AM 12:56 PM 03:58 PM 07:00 PM 10:01 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:04 AM 04:05 AM 07:07 AM 10:09 AM 01:10 PM 04:12 PM 07:14 PM 10:15 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Puducherry	English/hindi	01:16 AM 04:17 AM 07:19 AM 10:20 AM 01:22 PM 04:24 PM 07:25 PM 10:27 PM
Science (General)	Functions of Wetlands and their Biophysical characteristics	English	01:25 AM 04:27 AM 07:29 AM 10:30 AM 01:32 PM 04:34 PM 07:35 PM 10:37 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:37 AM 04:38 AM 07:40 AM 10:42 AM 01:43 PM 04:45 PM 07:47 PM 10:48 PM
Science (General)	What makes a Prism Special	English	02:10 AM 05:12 AM 08:14 AM 11:15 AM 02:17 PM 05:18 PM 08:20 PM 11:22 PM
Social Science (Economics)	Economics, Chapter-1: Farming	English	02:15 AM 05:17 AM 08:18 AM 11:20 AM 02:22 PM 05:23 PM 08:25 PM 11:27 PM
Hand Embroiderer	Unit 2 Session 1: Tools and Materials of Hand Embroidery	English	02:46 AM 05:48 AM 08:49 AM 11:51 AM 02:53 PM 05:54 PM 08:56 PM 11:58 PM
General	Migratory Birds	English	02:59 AM 06:00 AM 09:02 AM 12:04 PM 03:05 PM 06:07 PM 09:09 PM
रविवार, 14 दिसंबर 2025 Sunday, 14 December 2025			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM



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Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	12:47 AM 03:48 AM 06:48 AM 09:48 AM 12:49 PM 03:49 PM 06:49 PM 09:49 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	12:55 AM 03:55 AM 06:55 AM 09:56 AM 12:56 PM 03:56 PM 06:56 PM 09:57 PM
Laboratory experimental demonstration and animation videos	Separation of Mixtures Using Different Techniques	English	01:27 AM 04:27 AM 07:28 AM 10:28 AM 01:28 PM 04:29 PM 07:29 PM 10:29 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:40 AM 04:40 AM 07:40 AM 10:40 AM 01:41 PM 04:41 PM 07:41 PM 10:42 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Types of Design	English	01:51 AM 04:52 AM 07:52 AM 10:52 AM 01:53 PM 04:53 PM 07:53 PM 10:53 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	01:55 AM 04:55 AM 07:55 AM 10:56 AM 01:56 PM 04:56 PM 07:56 PM 10:57 PM
सामान्य	विटामिन ए की कहानी	हिन्दी	02:18 AM 05:19 AM 08:19 AM 11:19 AM 02:19 PM 05:20 PM 08:20 PM 11:20 PM
Science (General)	What makes a Prism Special	English	02:30 AM 05:30 AM 08:30 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:32 PM
Story Telling/ Value Education	Birthday Party	English	02:45 AM 05:46 AM 08:46 AM 11:46 AM 02:47 PM 05:47 PM 08:47 PM 11:47 PM



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सोमवार, 15 दिसंबर 2025 Monday, 15 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	12:27 AM 03:27 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:29 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:36 AM 03:36 AM 06:36 AM 09:37 AM 12:37 PM 03:37 PM 06:37 PM 09:37 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	01:08 AM 04:09 AM 07:09 AM 10:09 AM 01:09 PM 04:09 PM 07:10 PM 10:10 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	01:34 AM 04:34 AM 07:34 AM 10:35 AM 01:35 PM 04:35 PM 07:35 PM 10:35 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:41 AM 04:41 AM 07:42 AM 10:42 AM 01:42 PM 04:42 PM 07:42 PM 10:43 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	02:23 AM 05:23 AM 08:23 AM 11:24 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
मंगलवार, 16 दिसंबर 2025 Tuesday, 16 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM
सामान्य	लाइफ साइकिल ऑफ़ ए प्लान्ट	हिन्दी	12:22 AM 03:23 AM 06:24 AM 09:24 AM 12:25 PM 03:26 PM 06:27 PM 09:28 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:42 AM 03:43 AM 06:44 AM 09:45 AM 12:46 PM 03:47 PM 06:48 PM 09:48 PM



General	Levers Around Us	English	01:14 AM 04:14 AM 07:15 AM 10:16 AM 01:17 PM 04:18 PM 07:19 PM 10:20 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Odisha	English/hindi	01:22 AM 04:22 AM 07:23 AM 10:24 AM 01:25 PM 04:26 PM 07:27 PM 10:28 PM
Science	Chapter – 15: Improvement in Food Resources, Part – 3	English	01:29 AM 04:30 AM 07:30 AM 10:31 AM 01:32 PM 04:33 PM 07:34 PM 10:35 PM
Mathematics	Chapter 12: Heron's Formula	English	02:06 AM 05:06 AM 08:07 AM 11:08 AM 02:09 PM 05:10 PM 08:11 PM 11:11 PM
Science (General)	ENDLESS MIRROR	English	02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:43 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	02:38 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:43 PM 08:44 PM 11:44 PM
बुधवार, 17 दिसंबर 2025 Wednesday, 17 December 2025			
गणित	पाठ 3: निर्देशांक ज्यामिति	हिन्दी	12:00 AM 03:02 AM 06:05 AM 09:08 AM 12:10 PM 03:13 PM 06:16 PM 09:18 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:33 AM 03:35 AM 06:38 AM 09:41 AM 12:43 PM 03:46 PM 06:49 PM 09:51 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part V	English	01:15 AM 04:18 AM 07:20 AM 10:23 AM 01:26 PM 04:28 PM 07:31 PM 10:34 PM
Science (General)	Evaporation	English	01:44 AM 04:47 AM 07:50 AM 10:52 AM 01:55 PM 04:58 PM 08:00 PM 11:03 PM
Cultural Heritage: Art, Music & Dance	Folk Dance – Tripura	English/hindi	01:55 AM 04:58 AM 08:01 AM 11:03 AM 02:06 PM 05:09 PM 08:11 PM 11:14 PM



English	Beehive, Chapter 1: The Fun They Had	English	02:04 AM 05:06 AM 08:09 AM 11:12 AM 02:14 PM 05:17 PM 08:20 PM 11:22 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Broader Understanding of Democracy	English	02:34 AM 05:37 AM 08:40 AM 11:42 AM 02:45 PM 05:48 PM 08:50 PM 11:53 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले एंड फोक डांस - अजमेर	हिन्दी	02:51 AM 05:54 AM 08:57 AM 11:59 AM 03:02 PM 06:05 PM 09:07 PM
बृहस्पतिवार, 18 दिसंबर 2025 Thursday, 18 December 2025			
गणित	पाठ 4: दो चरों वाले रैखिक समीकरण	हिन्दी	12:00 AM 03:02 AM 06:04 AM 09:06 AM 12:09 PM 03:11 PM 06:13 PM 09:16 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:31 AM 03:34 AM 06:36 AM 09:38 AM 12:41 PM 03:43 PM 06:45 PM 09:48 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	टिहरी कूद	हिन्दी	12:56 AM 03:58 AM 07:00 AM 10:03 AM 01:05 PM 04:07 PM 07:10 PM 10:12 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part I	English	01:10 AM 04:12 AM 07:15 AM 10:17 AM 01:19 PM 04:22 PM 07:24 PM 10:26 PM
सामान्य	दादी-पोती के मकबरे	हिन्दी	01:36 AM 04:39 AM 07:41 AM 10:43 AM 01:46 PM 04:48 PM 07:50 PM 10:52 PM
Science (General)	Action force due to ejected gas moves an inflated balloon in opposite direction	English	01:41 AM 04:43 AM 07:45 AM 10:48 AM 01:50 PM 04:52 PM 07:55 PM 10:57 PM
English	Beehive, Chapter 1: The Fun They Had	English	01:50 AM 04:52 AM 07:54 AM 10:57 AM 01:59 PM 05:01 PM 08:04 PM 11:06 PM



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सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	02:14 AM 05:16 AM 08:18 AM 11:20 AM 02:23 PM 05:25 PM 08:27 PM 11:30 PM
Social Science (Economics)	Economics, Chapter-1, The Story of Village Palampur	English	02:22 AM 05:25 AM 08:27 AM 11:29 AM 02:32 PM 05:34 PM 08:36 PM 11:39 PM
शुक्रवार, 19 दिसंबर 2025 Friday, 19 December 2025			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM
Jago Grahak jago	Cyber Awareness App Download	Hindi	12:31 AM 03:31 AM 06:31 AM 09:32 AM 12:32 PM 03:33 PM 06:33 PM 09:33 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	12:32 AM 03:32 AM 06:33 AM 09:33 AM 12:33 PM 03:34 PM 06:34 PM 09:34 PM
Jago Grahak jago	Cyber Awareness Debit Card Number, CVV or OTP	Hindi	01:05 AM 04:06 AM 07:06 AM 10:06 AM 01:07 PM 04:07 PM 07:07 PM 10:08 PM
Jago Grahak jago	Electronic Products (QR Code)	Hindi	01:06 AM 04:07 AM 07:07 AM 10:07 AM 01:08 PM 04:08 PM 07:08 PM 10:09 PM
General English	Episode 9 Agreeing 1	English	01:07 AM 04:08 AM 07:08 AM 10:08 AM 01:09 PM 04:09 PM 07:09 PM 10:10 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:19 AM 04:19 AM 07:19 AM 10:20 AM 01:20 PM 04:20 PM 07:21 PM 10:21 PM
Science	Chapter - 13: Why we fall ill? Part - I	English	01:50 AM 04:51 AM 07:51 AM 10:51 AM 01:52 PM 04:52 PM 07:52 PM 10:53 PM



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स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	जेवलीन भाग-०१	हिन्दी	02:17 AM 05:18 AM 08:18 AM 11:18 AM 02:19 PM 05:19 PM 08:19 PM 11:20 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 1	हिन्दी	02:35 AM 05:35 AM 08:35 AM 11:36 AM 02:36 PM 05:37 PM 08:37 PM 11:37 PM
शनिवार, 20 दिसंबर 2025 Saturday, 20 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:34 PM 06:35 PM 09:36 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy Why Democracy	English	12:38 AM 03:39 AM 06:40 AM 09:41 AM 12:41 PM 03:42 PM 06:43 PM 09:44 PM
Science (General)	Action force due to ejected gas moves at test tube in opposite direction	English	01:14 AM 04:15 AM 07:16 AM 10:17 AM 01:18 PM 04:19 PM 07:20 PM 10:21 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:18 AM 04:19 AM 07:20 AM 10:21 AM 01:21 PM 04:22 PM 07:23 PM 10:24 PM
General	A Visit to Cherapunjee	English	01:44 AM 04:45 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:50 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - I	English	01:55 AM 04:56 AM 07:57 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM
स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	जुडो पॉइंट-२	हिन्दी	02:22 AM 05:23 AM 08:24 AM 11:25 AM 02:26 PM 05:27 PM 08:28 PM 11:29 PM

Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Satin Stitch	English	02:41 AM 05:41 AM 08:42 AM 11:43 AM 02:44 PM 05:45 PM 08:46 PM 11:47 PM
रविवार, 21 दिसंबर 2025 Sunday, 21 December 2025			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/ hindi	12:33 AM 03:34 AM 06:35 AM 09:36 AM 12:37 PM 03:38 PM 06:39 PM 09:40 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 2	हिन्दी	12:48 AM 03:49 AM 06:50 AM 09:51 AM 12:52 PM 03:53 PM 06:54 PM 09:55 PM
Laboratory experimental demonstration and animation videos	Plant and Animal Tissues	English	01:24 AM 04:25 AM 07:26 AM 10:27 AM 01:28 PM 04:29 PM 07:30 PM 10:31 PM
Laboratory experimental demonstration and animation videos	Distinguishing Between Solutions	English	01:30 AM 04:31 AM 07:32 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:37 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	01:46 AM 04:47 AM 07:48 AM 10:49 AM 01:50 PM 04:51 PM 07:52 PM 10:53 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	02:10 AM 05:10 AM 08:11 AM 11:12 AM 02:13 PM 05:14 PM 08:15 PM 11:16 PM



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स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	दौड़	हिन्दी	02:34 AM 05:35 AM 08:36 AM 11:37 AM 02:38 PM 05:39 PM 08:40 PM 11:41 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:54 AM 05:55 AM 08:56 AM 11:57 AM 02:58 PM 05:59 PM 09:00 PM
सोमवार, 22 दिसंबर 2025 Monday, 22 December 2025			
हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:40 AM 03:41 AM 06:42 AM 09:42 AM 12:43 PM 03:44 PM 06:45 PM 09:45 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Dance Competition: Boys Arunachal Pradesh	English/ hindi	01:08 AM 04:09 AM 07:10 AM 10:11 AM 01:11 PM 04:12 PM 07:13 PM 10:14 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	01:12 AM 04:13 AM 07:14 AM 10:14 AM 01:15 PM 04:16 PM 07:17 PM 10:17 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:45 AM 04:46 AM 07:47 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:50 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	02:23 AM 05:24 AM 08:25 AM 11:26 AM 02:26 PM 05:27 PM 08:28 PM 11:29 PM
मंगलवार, 23 दिसंबर 2025 Tuesday, 23 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM
General	Levers Around Us	English	12:25 AM 03:25 AM 06:26 AM 09:26 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM



Science (General)	Why is difficult to walk on Sand	English	12:33 AM 03:33 AM 06:34 AM 09:34 AM 12:35 PM 03:35 PM 06:36 PM 09:36 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:37 AM 03:38 AM 06:38 AM 09:39 AM 12:39 PM 03:40 PM 06:40 PM 09:41 PM
General	E-Waste Management: Film 4	English	01:09 AM 04:09 AM 07:10 AM 10:10 AM 01:11 PM 04:11 PM 07:12 PM 10:12 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/ hindi	01:16 AM 04:16 AM 07:17 AM 10:17 AM 01:18 PM 04:18 PM 07:19 PM 10:19 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	01:23 AM 04:23 AM 07:24 AM 10:25 AM 01:25 PM 04:26 PM 07:26 PM 10:27 PM
General	A Visit to Cherapunjee	English	01:49 AM 04:49 AM 07:50 AM 10:50 AM 01:51 PM 04:51 PM 07:52 PM 10:52 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	02:00 AM 05:00 AM 08:01 AM 11:01 AM 02:02 PM 05:02 PM 08:03 PM 11:03 PM
Science (General)	What makes a Prism Special	English	02:29 AM 05:30 AM 08:30 AM 11:31 AM 02:31 PM 05:32 PM 08:32 PM 11:33 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	02:35 AM 05:36 AM 08:36 AM 11:37 AM 02:37 PM 05:38 PM 08:38 PM 11:39 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/ hindi	02:57 AM 05:58 AM 08:58 AM 11:59 AM 02:59 PM 06:00 PM 09:00 PM
बुधवार, 24 दिसंबर 2025 Wednesday, 24 December 2025			
गणित	पाठ 3: निर्देशांक ज्यामिति	हिन्दी	12:00 AM 03:03 AM 06:06 AM 09:10 AM 12:13 PM 03:17 PM 06:20 PM 09:24 PM



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विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:33 AM 03:36 AM 06:40 AM 09:43 AM 12:47 PM 03:50 PM 06:53 PM 09:57 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	12:58 AM 04:01 AM 07:05 AM 10:08 AM 01:12 PM 04:15 PM 07:19 PM 10:22 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part II	English	01:03 AM 04:07 AM 07:10 AM 10:14 AM 01:17 PM 04:20 PM 07:24 PM 10:27 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखें मिथिला पेंटिंग	हिन्दी	01:33 AM 04:37 AM 07:40 AM 10:44 AM 01:47 PM 04:51 PM 07:54 PM 10:58 PM
English	Beehive, Chapter 1: The Road Not Taken	English	01:45 AM 04:49 AM 07:52 AM 10:56 AM 01:59 PM 05:03 PM 08:06 PM 11:10 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Challenges to Indian Democracy	English	02:12 AM 05:16 AM 08:19 AM 11:23 AM 02:26 PM 05:30 PM 08:33 PM 11:37 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	प्रिंट आर्ट	हिन्दी	02:42 AM 05:46 AM 08:49 AM 11:53 AM 02:56 PM 06:00 PM 09:03 PM
बृहस्पतिवार, 25 दिसंबर 2025 Thursday, 25 December 2025			
गणित	पाठ 4: दो चरों वाले रैखिक समीकरण	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:04 AM 12:05 PM 03:06 PM 06:08 PM 09:09 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:27 AM 03:28 AM 06:29 AM 09:31 AM 12:32 PM 03:34 PM 06:35 PM 09:36 PM



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स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	जुडो पॉइंट-२	हिन्दी	12:49 AM 03:50 AM 06:51 AM 09:53 AM 12:54 PM 03:56 PM 06:57 PM 09:58 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part III	English	01:22 AM 04:24 AM 07:25 AM 10:26 AM 01:28 PM 04:29 PM 07:30 PM 10:32 PM
Science (General)	Evaporation	English	01:52 AM 04:53 AM 07:54 AM 10:56 AM 01:57 PM 04:59 PM 08:00 PM 11:01 PM
English	Moments, Chapter - 1: The Lost Child, Part - 1	English	02:04 AM 05:05 AM 08:07 AM 11:08 AM 02:09 PM 05:11 PM 08:12 PM 11:13 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - II	English	02:34 AM 05:35 AM 08:37 AM 11:38 AM 02:40 PM 05:41 PM 08:42 PM 11:44 PM
शुक्रवार, 26 दिसंबर 2025 Friday, 26 December 2025			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM
Jago Grahak jago	Jago Grahak Jago E Daakhil 2	Hindi	12:32 AM 03:33 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:36 PM 09:37 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:34 AM 03:34 AM 06:35 AM 09:36 AM 12:36 PM 03:37 PM 06:38 PM 09:39 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	12:48 AM 03:49 AM 06:50 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:53 PM
Science (General)	Why Ice is less dense than water	English	01:28 AM 04:29 AM 07:29 AM 10:30 AM 01:31 PM 04:31 PM 07:32 PM 10:33 PM



Mathematics	Chapter 12: Heron's Formula	English	01:37 AM 04:38 AM 07:38 AM 10:39 AM 01:40 PM 04:40 PM 07:41 PM 10:42 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	02:10 AM 05:11 AM 08:11 AM 11:12 AM 02:13 PM 05:14 PM 08:14 PM 11:15 PM
Science (General)	As the sailor jumps in forward direction, the boat moves backwards	English	02:32 AM 05:33 AM 08:34 AM 11:35 AM 02:35 PM 05:36 PM 08:37 PM 11:37 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	02:34 AM 05:35 AM 08:36 AM 11:37 AM 02:37 PM 05:38 PM 08:39 PM 11:39 PM
शनिवार, 27 दिसंबर 2025 Saturday, 27 December 2025			
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 2	हिन्दी	12:00 AM 03:03 AM 06:06 AM 09:09 AM 12:13 PM 03:16 PM 06:19 PM 09:22 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:29 AM 03:32 AM 06:35 AM 09:39 AM 12:42 PM 03:45 PM 06:48 PM 09:52 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy? - Overview	English	12:53 AM 03:56 AM 07:00 AM 10:03 AM 01:06 PM 04:10 PM 07:13 PM 10:16 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:11 AM 04:14 AM 07:17 AM 10:21 AM 01:24 PM 04:27 PM 07:30 PM 10:34 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:59 AM 05:03 AM 08:06 AM 11:09 AM 02:12 PM 05:16 PM 08:19 PM 11:22 PM



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General	A Visit to Cherapunjee	English	02:22 AM 05:25 AM 08:28 AM 11:32 AM 02:35 PM 05:38 PM 08:42 PM 11:45 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - III	English	02:33 AM 05:36 AM 08:40 AM 11:43 AM 02:46 PM 05:50 PM 08:53 PM 11:56 PM
रविवार, 28 दिसंबर 2025 Sunday, 28 December 2025			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:30 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	12:41 AM 03:41 AM 06:41 AM 09:41 AM 12:41 PM 03:41 PM 06:41 PM 09:42 PM
Laboratory experimental demonstration and animation videos	Pressure Exerted by a Solid Iron Cuboid on Sand	English	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:14 PM 04:14 PM 07:14 PM 10:14 PM
सामान्य	रौशनी और रंग	हिन्दी	01:16 AM 04:16 AM 07:16 AM 10:16 AM 01:16 PM 04:16 PM 07:16 PM 10:17 PM
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/ hindi	01:32 AM 04:32 AM 07:32 AM 10:32 AM 01:32 PM 04:32 PM 07:32 PM 10:32 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:46 AM 04:47 AM 07:47 AM 10:47 AM 01:47 PM 04:47 PM 07:47 PM 10:47 PM



सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	02:09 AM 05:09 AM 08:09 AM 11:09 AM 02:10 PM 05:10 PM 08:10 PM 11:10 PM
Science (General)	Evaporation	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:36 PM 08:36 PM 11:36 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Leh Ladakh	English/ hindi	02:56 AM 05:56 AM 08:56 AM 11:56 AM 02:56 PM 05:57 PM 08:57 PM 11:57 PM
सोमवार, 29 दिसंबर 2025 Monday, 29 December 2025			
General	I will work & work with courage	English	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर	हिन्दी	12:12 AM 03:13 AM 06:14 AM 09:15 AM 12:16 PM 03:17 PM 06:18 PM 09:19 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:43 AM 03:44 AM 06:45 AM 09:46 AM 12:47 PM 03:48 PM 06:49 PM 09:50 PM
General	Migratory Birds	English	01:11 AM 04:12 AM 07:13 AM 10:14 AM 01:16 PM 04:17 PM 07:18 PM 10:19 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले एंड फोक डांस - अजमेर	हिन्दी	01:14 AM 04:15 AM 07:16 AM 10:17 AM 01:18 PM 04:19 PM 07:20 PM 10:21 PM
Science	Chapter - 13: Why we fall ill? Part - 1	English	01:25 AM 04:26 AM 07:27 AM 10:28 AM 01:29 PM 04:30 PM 07:31 PM 10:32 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:53 AM 04:54 AM 07:55 AM 10:56 AM 01:57 PM 04:58 PM 07:59 PM 11:00 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	02:24 AM 05:25 AM 08:26 AM 11:27 AM 02:28 PM 05:29 PM 08:30 PM 11:31 PM



मंगलवार, 30 दिसंबर 2025

Tuesday, 30 December 2025

General	I will work & work with courage	English	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर	हिन्दी	12:05 AM 03:06 AM 06:07 AM 09:07 AM 12:08 PM 03:09 PM 06:10 PM 09:11 PM
Science (General)	Why is difficult to walk on Sand	English	12:39 AM 03:40 AM 06:41 AM 09:42 AM 12:43 PM 03:44 PM 06:45 PM 09:45 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:44 AM 03:45 AM 06:45 AM 09:46 AM 12:47 PM 03:48 PM 06:49 PM 09:50 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/ hindi	01:17 AM 04:18 AM 07:19 AM 10:20 AM 01:21 PM 04:22 PM 07:23 PM 10:24 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	01:20 AM 04:21 AM 07:22 AM 10:23 AM 01:24 PM 04:25 PM 07:26 PM 10:27 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:52 AM 04:53 AM 07:54 AM 10:55 AM 01:56 PM 04:56 PM 07:57 PM 10:58 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	02:30 AM 05:31 AM 08:32 AM 11:33 AM 02:34 PM 05:35 PM 08:36 PM 11:37 PM



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Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Sikkim	English/ hindi	02:36 AM 05:36 AM 08:37 AM 11:38 AM 02:39 PM 05:40 PM 08:41 PM 11:42 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	02:39 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:43 PM 08:44 PM 11:45 PM
बुधवार, 31 दिसंबर 2025 Wednesday, 31 December 2025			
गणित	पाठ 3: निर्देशांक ज्यामिति	हिन्दी	12:00 AM 03:06 AM 06:13 AM 09:20 AM 12:27 PM 03:34 PM 06:41 PM 09:48 PM
विज्ञान	पाठ 15: खाद्य संसाधनों में सुधार	हिन्दी	12:33 AM 03:40 AM 06:47 AM 09:53 AM 01:00 PM 04:07 PM 07:14 PM 10:21 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जेवलिन भाग-0१	हिन्दी	01:05 AM 04:12 AM 07:19 AM 10:25 AM 01:32 PM 04:39 PM 07:46 PM 10:53 PM
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part IV	English	01:22 AM 04:29 AM 07:36 AM 10:43 AM 01:50 PM 04:57 PM 08:04 PM 11:11 PM
सामान्य	आओ सैर करें – मिस्र	हिन्दी	03:03 AM 06:10 AM 09:17 AM 12:23 PM 03:30 PM 06:37 PM 09:44 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	04:58 AM 08:05 AM 11:12 AM 02:19 PM 05:26 PM 08:33 PM 11:40 PM 01:52 AM
English	Moments, Chapter - 1: The Lost Child, Part - 2	English	08:11 AM 11:45 PM 08:38 PM 05:31 PM 02:24 PM 11:17 AM 05:04 AM 01:57 AM



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General English	Episode 9 Agreeing 1	English	08:46 AM 09:13 PM 06:07 PM 03:00 PM 05:39 AM 02:32 AM 11:53 AM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Features of Democracy	English	06:18 PM 09:25 PM 03:11 PM 12:04 PM 08:57 AM 05:50 AM 02:43 AM



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