

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

फरवरी 2024
February 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बृहस्पतिवार, 01 फरवरी 2024 Thursday, 01 February 2024			
पर्यावरण अध्ययन	पाठ-19: हमारे साथी जानवर	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM
हिन्दी	पाठ-1:कक्कू	हिन्दी	12:36 AM 03:06 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Cold Wave	Cold Wave - Chilblains	Hindi	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
Mathematics	Ch-1: Where to look from	English	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:03 AM 01:33 PM 04:03 PM 06:33 PM 09:04 PM 11:34 PM
योग	सूर्य नमस्कार	हिन्दी	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:57 PM
English	Ch-8: Whats in the Mailbox?	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:33 AM 02:03 PM 04:33 PM 07:03 PM 09:34 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	01:49 AM 04:19 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
पर्यावरण अध्ययन (ISL)	पाठ-19:हमारे साथी जानवर	Isl	01:55 AM 04:25 AM 06:55 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:27 PM 09:57 PM



हिन्दी (ISL)	पाठ-1: कक्कू	Isl	02:11 AM 04:41 AM 07:11 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:13 PM
English (ISL)	Ch-8: My Silly Sister	Isl	02:17 AM 04:48 AM 07:18 AM 09:48 AM 12:18 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
शुक्रवार, 02 फरवरी 2024 Friday, 02 February 2024			
गणित	पाठ-1: देखें किधर से	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:25 PM
हिन्दी	पाठ-1: कक्कू	हिन्दी	12:34 AM 03:03 AM 05:33 AM 08:02 AM 10:32 AM 01:01 PM 03:31 PM 06:00 PM 08:30 PM 11:00 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:58 AM 03:28 AM 05:57 AM 08:27 AM 10:56 AM 01:26 PM 03:55 PM 06:25 PM 08:55 PM 11:24 PM
Mathematics	Ch-1: Where to look from	English	01:00 AM 03:29 AM 05:59 AM 08:28 AM 10:58 AM 01:27 PM 03:57 PM 06:26 PM 08:56 PM 11:25 PM
योग	ध्यान	हिन्दी	01:23 AM 03:52 AM 06:22 AM 08:51 AM 11:21 AM 01:50 PM 04:20 PM 06:50 PM 09:19 PM 11:49 PM
English	Ch-8: Whats in the Mailbox?	English	01:27 AM 03:56 AM 06:26 AM 08:55 AM 11:25 AM 01:55 PM 04:24 PM 06:54 PM 09:23 PM 11:53 PM
सामान्य जागरूकता	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:44 AM 04:13 AM 06:43 AM 09:13 AM 11:42 AM 02:12 PM 04:41 PM 07:11 PM 09:40 PM
हिन्दी (ISL)	पाठ-1: कक्कू	Isl	01:50 AM 04:19 AM 06:49 AM 09:18 AM 11:48 AM 02:18 PM 04:47 PM 07:17 PM 09:46 PM
कला और शिल्प	कूड़े से खिलौने: हवा में बॉल (Toys from Trash: Ball in Air)	हिन्दी	01:56 AM 04:26 AM 06:55 AM 09:25 AM 11:55 AM 02:24 PM 04:54 PM 07:23 PM 09:53 PM



English (ISL)	Ch-8: My Silly Sister	Isl	01:57 AM 04:27 AM 06:56 AM 09:26 AM 11:55 AM 02:25 PM 04:54 PM 07:24 PM 09:53 PM
सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	02:08 AM 04:38 AM 07:08 AM 09:37 AM 12:07 PM 02:36 PM 05:06 PM 07:35 PM 10:05 PM
General	The Home	English	02:11 AM 04:41 AM 07:10 AM 09:40 AM 12:09 PM 02:39 PM 05:08 PM 07:38 PM 10:07 PM
Art Education	Kala Utsav - 2022Dance -Classical(Boy)Odisha	Englilsh/hindi	02:16 AM 04:45 AM 07:15 AM 09:44 AM 12:14 PM 02:43 PM 05:13 PM 07:42 PM 10:12 PM
General Awareness	Promotion of Healthy Lifestyle	English	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:20 PM 02:50 PM 05:19 PM 07:49 PM 10:18 PM
शनिवार, 03 फरवरी 2024 Saturday, 03 February 2024			
गणित	पाठ-1: देखें किधर से	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:25 PM
हिन्दी	पाठ-1:कक्कू	हिन्दी	12:34 AM 03:03 AM 05:33 AM 08:02 AM 10:32 AM 01:01 PM 03:31 PM 06:00 PM 08:30 PM 11:00 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	12:58 AM 03:28 AM 05:57 AM 08:27 AM 10:56 AM 01:26 PM 03:55 PM 06:25 PM 08:55 PM 11:24 PM
Mathematics	Ch-1: Where to look from	English	12:59 AM 03:29 AM 05:58 AM 08:28 AM 10:57 AM 01:27 PM 03:56 PM 06:26 PM 08:55 PM 11:25 PM
योग	नाड़ीशोधन प्राणायाम	हिन्दी	01:22 AM 03:52 AM 06:21 AM 08:51 AM 11:21 AM 01:50 PM 04:20 PM 06:49 PM 09:19 PM 11:48 PM
General	Birbal Finds the Thief	English	01:26 AM 03:55 AM 06:25 AM 08:54 AM 11:24 AM 01:54 PM 04:23 PM 06:53 PM 09:22 PM 11:52 PM



Storytelling/ Value Education	Meena - 1 Count your Chicken	हिन्दी	01:32 AM 04:02 AM 06:31 AM 09:01 AM 11:30 AM 02:00 PM 04:29 PM 06:59 PM 09:28 PM 11:58 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	01:46 AM 04:15 AM 06:45 AM 09:14 AM 11:44 AM 02:14 PM 04:43 PM 07:13 PM 09:42 PM
हिन्दी (ISL)	पाठ-1: कक्कू	Isl	01:53 AM 04:23 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:50 PM 07:20 PM 09:49 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-1	English/hindi	02:00 AM 04:29 AM 06:59 AM 09:28 AM 11:58 AM 02:27 PM 04:57 PM 07:26 PM 09:56 PM
Storytelling/ Value Education	समुन्द्र की कहानी (शैडो पपेट)	हिन्दी	02:10 AM 04:40 AM 07:09 AM 09:39 AM 12:08 PM 02:38 PM 05:07 PM 07:37 PM 10:07 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-2	Englilsh/hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:41 PM 05:10 PM 07:40 PM 10:09 PM
रविवार, 04 फरवरी 2024 Sunday, 04 February 2024			
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
Storytelling/ Value Education	बबलू की नाव	हिन्दी	12:21 AM 02:52 AM 05:22 AM 07:52 AM 10:22 AM 12:53 PM 03:23 PM 05:53 PM 08:23 PM 10:54 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:42 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:14 PM 03:44 PM 06:14 PM 08:45 PM 11:15 PM
Physical Education	Health & Sanitation	English	12:48 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	12:54 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:27 PM



Storytelling/ Value Education	Meena - 2 Dividing the Mangoes	हिन्दी	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:32 PM 04:02 PM 06:32 PM 09:03 PM 11:33 PM
कला और शिल्प	कूड़े से खिलौने: पत्ता चिड़ियाघर (Toys from Trash: Leaf Zoo)	हिन्दी	01:13 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:45 PM
हिन्दी (ISL)	पाठ-1: कक्कू	Isl	01:14 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:46 PM 04:16 PM 06:46 PM 09:17 PM 11:47 PM
General	The Crane and the Crab	English	01:21 AM 03:51 AM 06:21 AM 08:52 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:23 PM 11:53 PM
English (ISL)	Ch-8: My Silly Sister	Isl	01:27 AM 03:58 AM 06:28 AM 08:58 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:30 PM
Art Education	Kala Utsav - 2022 Dance -Classical (Boy) Tripura	Englilsh/hindi	01:39 AM 04:09 AM 06:39 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:11 PM 09:41 PM
पर्यावरण अध्ययन (ISL)	पाठ-19: हमारे साथी जानवर	Isl	01:44 AM 04:14 AM 06:45 AM 09:15 AM 11:45 AM 02:15 PM 04:46 PM 07:16 PM 09:46 PM
सामान्य जागरूकता	पेड़ की कहानी-जामुन	हिन्दी	02:00 AM 04:30 AM 07:00 AM 09:31 AM 12:01 PM 02:31 PM 05:02 PM 07:32 PM 10:02 PM
General Awareness	Azadi ki Amrit Kahaniyan (Harshini)	English	02:02 AM 04:32 AM 07:02 AM 09:33 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
सामान्य जागरूकता	जंडर समानता	हिन्दी	02:04 AM 04:34 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:06 PM
Storytelling/ Value Education	लालू और पीलू	हिन्दी	02:11 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:43 PM 05:13 PM 07:43 PM 10:14 PM
Art and Craft	ओरिगामी (कागज़ कला)-2	Englilsh/hindi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:16 PM



सोमवार, 05 फरवरी 2024

Monday, 05 February 2024

गणित	पाठ-2: संख्याओं की उछल कूद	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	पाठ-2: शेखीबाज मक्खी	हिन्दी	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
EVS	Ch-20: Drop by Drop	English	01:22 AM 03:52 AM 06:22 AM 08:52 AM 11:22 AM 01:53 PM 04:23 PM 06:53 PM 09:23 PM 11:53 PM
Storytelling/ Value Education	बन्दर और मगरमच्छ (शेडो पपेट)	हिन्दी	01:31 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:33 PM
English	Ch-9: Don't Tell	English	01:39 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:41 PM 07:11 PM 09:41 PM
हिन्दी (ISL)	पाठ-02:शेखीबाज मक्खी	Isl	02:10 AM 04:40 AM 07:11 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM

मंगलवार, 06 फरवरी 2024

Tuesday, 06 February 2024

गणित	पाठ-2: संख्याओं की उछल कूद	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
हिन्दी	पाठ-2: शेखीबाज मक्खी	हिन्दी	12:50 AM 03:21 AM 05:51 AM 08:22 AM 10:53 AM 01:23 PM 03:54 PM 06:24 PM 08:55 PM 11:26 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:22 AM 03:53 AM 06:23 AM 08:54 AM 11:25 AM 01:55 PM 04:26 PM 06:56 PM 09:27 PM 11:57 PM
EVS	Ch-20: Drop by Drop	English	01:24 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:28 PM 06:58 PM 09:29 PM 11:59 PM
English	Ch-9: Don't Tell	English	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:48 PM 07:19 PM 09:49 PM



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

EVS (ISL)	Ch-20: Drop By Drop	Isl	02:16 AM 04:46 AM 07:17 AM 09:47 AM 12:18 PM 02:48 PM 05:19 PM 07:50 PM 10:20 PM
बुधवार, 07 फरवरी 2024 Wednesday, 07 February 2024			
पर्यावरण अध्ययन	पाठ-20: बूँद बूँद से	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
हिन्दी	पाठ-2: शेखीबाज़ मक्खी	हिन्दी	12:17 AM 02:47 AM 05:18 AM 07:48 AM 10:19 AM 12:50 PM 03:20 PM 05:51 PM 08:22 PM 10:52 PM
Mathematics	Ch-2: Fun with Numbers	English	12:48 AM 03:19 AM 05:50 AM 08:20 AM 10:51 AM 01:22 PM 03:52 PM 06:23 PM 08:54 PM 11:24 PM
General Awareness	Gender Equality	English	01:34 AM 04:04 AM 06:35 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:08 PM 09:39 PM
English	Ch-9: Don't Tell	English	01:41 AM 04:11 AM 06:42 AM 09:13 AM 11:43 AM 02:14 PM 04:45 PM 07:15 PM 09:46 PM
English (ISL)	Ch-9: He is My Brother	Isl	02:12 AM 04:42 AM 07:13 AM 09:44 AM 12:14 PM 02:45 PM 05:15 PM 07:46 PM 10:17 PM
General Awareness	Azadi ki Amrit Kahaniyan (Anshu)	English	02:27 AM 04:57 AM 07:28 AM 09:59 AM 12:29 PM 03:00 PM 05:30 PM 08:01 PM 10:32 PM
बृहस्पतिवार, 08 फरवरी 2024 Thursday, 08 February 2024			
पर्यावरण अध्ययन	पाठ-20: बूँद बूँद से	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:27 PM
हिन्दी	पाठ-2: शेखीबाज़ मक्खी	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:33 PM 11:03 PM
Cold Wave	Cold Wave - Chilblains	Hindi	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:05 PM 11:35 PM



Mathematics	Ch-2: Fun with Numbers	English	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:06 PM 11:36 PM
योग	सेतुबंधासन	हिन्दी	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
English	Ch-9: Don't Tell	English	01:56 AM 04:26 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:24 PM 09:54 PM
Earthquake	Earthquake - Drop, Cover, Hold technique	English	02:08 AM 04:38 AM 07:07 AM 09:37 AM 12:07 PM 02:37 PM 05:07 PM 07:36 PM 10:06 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:08 PM 02:38 PM 05:08 PM 07:38 PM 10:07 PM
हिन्दी (ISL)	पाठ-02:शेखीबाज मक्खी	Isl	02:10 AM 04:40 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:08 PM 07:38 PM 10:08 PM
शुक्रवार, 09 फरवरी 2024 Friday, 09 February 2024			
गणित	पाठ-2: संख्याओं की उछल कूद	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:50 AM 03:20 AM 05:51 AM 08:21 AM 10:52 AM 01:22 PM 03:53 PM 06:23 PM 08:54 PM 11:24 PM
हिन्दी	पाठ-2: शेखीबाज मक्खी	हिन्दी	12:51 AM 03:21 AM 05:52 AM 08:23 AM 10:53 AM 01:24 PM 03:54 PM 06:25 PM 08:55 PM 11:26 PM
General Awareness	Safety and Security against Violence and Injuries	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:43 PM
Mathematics	Ch-2: Fun with Numbers	English	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:49 PM



English	Ch-9: Don't Tell	English	01:59 AM 04:29 AM 07:00 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:33 PM 10:03 PM
Storytelling/ Value Education	लालू और पीलू	हिन्दी	02:11 AM 04:41 AM 07:12 AM 09:43 AM 12:13 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
Mathematics (ISL)	Ch-02: Fun With Numbers - 2	Isl	02:13 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:47 PM 10:17 PM
General Awareness	Interpersonal Relationships	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:29 PM
शनिवार, 10 फरवरी 2024 Saturday, 10 February 2024			
गणित	पाठ-2: संख्याओं की उछल कूद	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	12:50 AM 03:19 AM 05:49 AM 08:19 AM 10:48 AM 01:18 PM 03:48 PM 06:17 PM 08:47 PM 11:17 PM
हिन्दी	पाठ-2: शेखीबाज मकखी	हिन्दी	12:51 AM 03:20 AM 05:50 AM 08:20 AM 10:49 AM 01:19 PM 03:49 PM 06:18 PM 08:48 PM 11:18 PM
Mathematics	Ch-2: Fun with Numbers	English	01:08 AM 03:37 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:06 PM 06:35 PM 09:05 PM 11:35 PM
Storytelling/ Value Education	लकड़ी मकड़ी ककड़ी	हिन्दी	01:53 AM 04:23 AM 06:52 AM 09:22 AM 11:52 AM 02:21 PM 04:51 PM 07:21 PM 09:50 PM
Storytelling/ Value Education	Meena - 3 Saving the life	हिन्दी	01:56 AM 04:26 AM 06:56 AM 09:25 AM 11:55 AM 02:25 PM 04:54 PM 07:24 PM 09:54 PM
हिन्दी (ISL)	पाठ-02:शेखीबाज मकखी	Isl	02:10 AM 04:39 AM 07:09 AM 09:39 AM 12:08 PM 02:38 PM 05:08 PM 07:37 PM 10:07 PM



रविवार, 11 फरवरी 2024

Sunday, 11 February 2024

शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
योग	सेतुबंधासन	हिन्दी	12:20 AM 02:50 AM 05:21 AM 07:51 AM 10:22 AM 12:52 PM 03:23 PM 05:53 PM 08:24 PM 10:54 PM
Storytelling/ Value Education	वो कुछ दिन	हिन्दी	12:22 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:55 PM 03:25 PM 05:56 PM 08:26 PM 10:57 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	12:30 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
Physical Education	Growth and Health	English	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
Storytelling/ Value Education	Meena - 4 Who is afraid of Bully	हिन्दी	12:40 AM 03:10 AM 05:41 AM 08:11 AM 10:42 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:14 PM
कला और शिल्प	कूड़े से खिलौने: कागज़ कैमरा (Toys from Trash: Paper Camera)	हिन्दी	12:52 AM 03:22 AM 05:53 AM 08:23 AM 10:54 AM 01:24 PM 03:55 PM 06:25 PM 08:56 PM 11:26 PM
Mathematics (ISL)	Ch-02: Fun With Numbers - 2	Isl	12:54 AM 03:24 AM 05:55 AM 08:25 AM 10:56 AM 01:26 PM 03:57 PM 06:27 PM 08:58 PM 11:28 PM
General	Lion and the Buffaloes	English	01:05 AM 03:36 AM 06:06 AM 08:37 AM 11:07 AM 01:38 PM 04:08 PM 06:38 PM 09:09 PM 11:39 PM
हिन्दी (ISL)	पाठ-02:शेखीबाज मक्खी	Isl	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:12 AM 01:43 PM 04:13 PM 06:44 PM 09:14 PM 11:44 PM
Earthquake	Earthquake - Drop, Cover, Hold technique	English	01:29 AM 03:59 AM 06:29 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:02 PM 09:32 PM



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

English (ISL)	Ch-9: He is My Brother	Isl	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM
General Awareness	Personal Safety	English	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:49 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Jharkhand	Engilsh/hindi	02:01 AM 04:32 AM 07:02 AM 09:33 AM 12:03 PM 02:33 PM 05:04 PM 07:34 PM 10:05 PM
EVS (ISL)	Ch-20: Drop By Drop	Isl	02:07 AM 04:38 AM 07:08 AM 09:39 AM 12:09 PM 02:40 PM 05:10 PM 07:41 PM 10:11 PM
Cultural Heritage:Art, Music &Dance	Qutub Minar (कुतुब मीनार)	English/hindi	02:21 AM 04:51 AM 07:22 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:54 PM 10:25 PM
सोमवार, 12 फरवरी 2024 Monday, 12 February 2024			
गणित	पाठ-3: कुछ लेना कुछ देना	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:28 PM
कला और शिल्प	नारियल का प्राणी	हिन्दी	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:53 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:23 PM 03:53 PM 06:23 PM 08:52 PM 11:22 PM
EVS	Ch-21: Families can be Different	English	01:14 AM 03:44 AM 06:14 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:43 PM 09:13 PM 11:43 PM
English	Ch-10: How Creatures Move	English	01:38 AM 04:08 AM 06:38 AM 09:08 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	01:48 AM 04:18 AM 06:48 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM



EVS (ISL)	Ch-21: Families can be Different	Isl	02:07 AM 04:36 AM 07:06 AM 09:36 AM 12:06 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM
मंगलवार, 13 फरवरी 2024 Tuesday, 13 February 2024			
गणित	पाठ-3: कुछ लेना कुछ देना	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:33 PM 03:04 PM 05:35 PM 08:06 PM 10:36 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:52 AM 03:22 AM 05:53 AM 08:24 AM 10:55 AM 01:25 PM 03:56 PM 06:27 PM 08:58 PM 11:28 PM
योग	पवनमुक्तासन	हिन्दी	01:13 AM 03:43 AM 06:14 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:48 PM 09:19 PM 11:49 PM
EVS	Ch-21: Families can be Different	English	01:16 AM 03:46 AM 06:17 AM 08:48 AM 11:19 AM 01:49 PM 04:20 PM 06:51 PM 09:22 PM 11:52 PM
सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	01:39 AM 04:10 AM 06:41 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:14 PM 09:45 PM
English	Ch-10: How Creatures Move	English	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:49 PM 07:19 PM 09:50 PM
Art and Craft	Paper Lantern	English	01:54 AM 04:25 AM 06:56 AM 09:26 AM 11:57 AM 02:28 PM 04:59 PM 07:29 PM 10:00 PM
EVS (ISL)	Ch-21: Families can be Different	Isl	01:57 AM 04:28 AM 06:59 AM 09:30 AM 12:00 PM 02:31 PM 05:02 PM 07:33 PM 10:03 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	02:19 AM 04:50 AM 07:20 AM 09:51 AM 12:22 PM 02:53 PM 05:23 PM 07:54 PM 10:25 PM
English (ISL)	Ch-10: How Creatures Move	Isl	02:21 AM 04:52 AM 07:22 AM 09:53 AM 12:24 PM 02:55 PM 05:25 PM 07:56 PM 10:27 PM
बुधवार, 14 फरवरी 2024 Wednesday, 14 February 2024			



पर्यावरण अध्ययन	पाठ-21: तरह तरह के परिवार	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:03 PM 08:33 PM 11:03 PM
योग	शलभासन	हिन्दी	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:25 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
Mathematics	Ch-3: Give and Take, Part-1	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
Art and Craft	ओरिगामी (कागज़ कला)-5	English/hindi	01:22 AM 03:52 AM 06:22 AM 08:52 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
English	Ch-10: How Creatures Move	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Art and Craft	Wire lizard	English	01:42 AM 04:12 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
पर्यावरण अध्ययन (ISL)	पाठ-21: तरह-तरह के परिवार	Isl	01:43 AM 04:13 AM 06:43 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	02:20 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
English (ISL)	Ch-10: How Creatures Move	Isl	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:19 PM
बृहस्पतिवार, 15 फरवरी 2024 Thursday, 15 February 2024			



पर्यावरण अध्ययन	पाठ-21: तरह तरह के परिवार	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
Cold Wave	Cold Wave - Chilblains	Hindi	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:25 PM
Mathematics	Ch-3: Give and Take, Part-1	English	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
English	Ch-10: How Creatures Move	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
पर्यावरण अध्ययन (ISL)	पाठ-21: तरह-तरह के परिवार	Isl	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:43 PM 07:14 PM 09:44 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
English (ISL)	Ch-10: How Creatures Move	Isl	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
शुक्रवार, 16 फरवरी 2024 Friday, 16 February 2024			
गणित	पाठ-3: कुछ लेना कुछ देना	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:52 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
Cold Wave	Clod Wave - Preparation	Hindi	01:13 AM 03:43 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:42 PM



Mathematics	Ch-3: Give and Take, Part-1	English	01:14 AM 03:44 AM 06:14 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:44 PM 09:14 PM 11:44 PM
English	Ch-10: How Creatures Move	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
English (ISL)	Ch-10: How Creatures Move	Isl	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
शनिवार, 17 फरवरी 2024 Saturday, 17 February 2024			
गणित	पाठ-3: कुछ लेना कुछ देना	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-3: चाँद वाली अम्मा	हिन्दी	12:52 AM 03:22 AM 05:52 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	01:13 AM 03:43 AM 06:13 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
Mathematics	Ch-3: Give and Take, Part-1	English	01:14 AM 03:43 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:43 PM
योग	भुजंगासन	हिन्दी	01:39 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
Storytelling/ Value Education	Meena - 5	हिन्दी	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:40 PM
Art and Craft	ओरिगामी (कागज़ कला) -6	English/hindi	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:08 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	02:10 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:09 PM
रविवार, 18 फरवरी 2024 Sunday, 18 February 2024			
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
Storytelling/ Value Education	नटखट चूहा	हिन्दी	12:21 AM 02:52 AM 05:22 AM 07:53 AM 10:24 AM 12:54 PM 03:25 PM 05:56 PM 08:27 PM 10:57 PM
कला और शिल्प	बोलता मेंढक (Talking Frog)	हिन्दी	12:34 AM 03:05 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:39 PM 06:09 PM 08:40 PM 11:11 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	12:37 AM 03:08 AM 05:39 AM 08:09 AM 10:40 AM 01:11 PM 03:42 PM 06:12 PM 08:43 PM 11:14 PM
Storytelling/ Value Education	Meena - 6 too young to Marry	हिन्दी	01:02 AM 03:32 AM 06:03 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:37 PM 09:07 PM 11:38 PM
Art and Craft	Art Education	English	01:15 AM 03:46 AM 06:16 AM 08:47 AM 11:18 AM 01:49 PM 04:19 PM 06:50 PM 09:21 PM 11:51 PM
हिन्दी (ISL)	पाठ-03:चाँद वाली अम्मा	Isl	01:36 AM 04:07 AM 06:38 AM 09:09 AM 11:39 AM 02:10 PM 04:41 PM 07:11 PM 09:42 PM
कला और शिल्प	हिन्ज/कब्जे पर आदमी (Hingeman Yoga)	हिन्दी	01:55 AM 04:26 AM 06:57 AM 09:27 AM 11:58 AM 02:29 PM 05:00 PM 07:30 PM 10:01 PM
English (ISL)	Ch-10: How Creatures Move	Isl	01:59 AM 04:29 AM 07:00 AM 09:31 AM 12:01 PM 02:32 PM 05:03 PM 07:34 PM 10:04 PM



EVS (ISL)	Ch-21: Families can be Different	Isl	02:07 AM 04:38 AM 07:08 AM 09:39 AM 12:10 PM 02:40 PM 05:11 PM 07:42 PM 10:13 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	02:29 AM 04:59 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:33 PM 08:04 PM 10:34 PM
सोमवार, 19 फरवरी 2024 Monday, 19 February 2024			
योग	वज्रासन	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
गणित	पाठ-4: क्या लंबा क्या छोटा	हिन्दी	12:11 AM 02:41 AM 05:11 AM 07:42 AM 10:12 AM 12:42 PM 03:13 PM 05:43 PM 08:13 PM 10:43 PM
हिन्दी	पाठ-4: मन करता है	हिन्दी	12:37 AM 03:07 AM 05:37 AM 08:08 AM 10:38 AM 01:08 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
कला और शिल्प	कूड़े से खिलौने: फड़फड़ाती चिड़िया (Toys from Trash: Flapping Bird)	हिन्दी	12:58 AM 03:28 AM 05:58 AM 08:29 AM 10:59 AM 01:29 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
EVS	Ch-22: Left-Right	English	01:00 AM 03:30 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:29 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:01 PM 09:32 PM
कला और शिल्प	रंगीन काग़ज़ की कैंडी (Colourful Paper Candy)	हिन्दी	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:32 PM
English	Ch-10: The Ship of the Desert	English	01:32 AM 04:03 AM 06:33 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:57 AM 02:27 PM 04:57 PM 07:28 PM 09:58 PM



Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Odisha	Englilsh/hindi	01:57 AM 04:28 AM 06:58 AM 09:28 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 10:00 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	02:03 AM 04:33 AM 07:03 AM 09:33 AM 12:04 PM 02:34 PM 05:04 PM 07:35 PM 10:05 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	02:09 AM 04:39 AM 07:09 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:41 PM 10:11 PM
General	The Fox and the Crow	English	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:46 PM 10:17 PM
हिन्दी (ISL)	पाठ-4: मन करता है	Isl	02:18 AM 04:48 AM 07:18 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:20 PM
Earthquake	Earthquake resistant house	English	02:27 AM 04:57 AM 07:28 AM 09:58 AM 12:28 PM 02:58 PM 05:29 PM 07:59 PM 10:29 PM
मंगलवार, 20 फरवरी 2024 Tuesday, 20 February 2024			
गणित	पाठ-4: क्या लंबा क्या छोटा	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
हिन्दी	पाठ-4: मन करता है	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:03 AM 10:33 AM 01:03 PM 03:32 PM 06:02 PM 08:32 PM 11:01 PM
योग	वक्रासन	हिन्दी	12:55 AM 03:25 AM 05:55 AM 08:24 AM 10:54 AM 01:24 PM 03:53 PM 06:23 PM 08:53 PM 11:22 PM
EVS	Ch-22: Left-Right	English	12:58 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:26 PM 03:56 PM 06:26 PM 08:55 PM 11:25 PM
कला और शिल्प	कूड़े से खिलौने: चेहरे का धोखा (Toys from Trash: Face Fraud)	हिन्दी	01:27 AM 03:57 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:25 PM 06:55 PM 09:25 PM 11:54 PM



English	Ch-10: The Ship of the Desert	English	01:29 AM 03:58 AM 06:28 AM 08:58 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:26 PM 11:56 PM
General	Lion and the Buffaloes	English	01:52 AM 04:22 AM 06:52 AM 09:21 AM 11:51 AM 02:21 PM 04:50 PM 07:20 PM 09:50 PM
हिन्दी (ISL)	पाठ-4: मन करता है	IsI	01:57 AM 04:27 AM 06:57 AM 09:26 AM 11:56 AM 02:26 PM 04:55 PM 07:25 PM 09:55 PM
Earthquake	Earthquake - What to do when outside during an earthquake	English	02:06 AM 04:36 AM 07:06 AM 09:35 AM 12:05 PM 02:35 PM 05:04 PM 07:34 PM 10:04 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Tamil Nadu	Englilsh/hindi	02:08 AM 04:38 AM 07:07 AM 09:37 AM 12:07 PM 02:37 PM 05:06 PM 07:36 PM 10:06 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	02:25 AM 04:55 AM 07:25 AM 09:54 AM 12:24 PM 02:54 PM 05:23 PM 07:53 PM 10:23 PM
General Awareness	Azadi ki Amrit Kahaniyan (Harshini)	English	02:26 AM 04:55 AM 07:25 AM 09:55 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:23 PM
बुधवार, 21 फरवरी 2024 Wednesday, 21 February 2024			
पर्यावरण अध्ययन	पाठ-22: दायें -बायें	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
हिन्दी	पाठ-4: मन करता है	हिन्दी	12:26 AM 02:57 AM 05:27 AM 07:57 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
योग	उष्ट्रासन	हिन्दी	12:47 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:19 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
Mathematics	Ch-04: Long and short	English	12:50 AM 03:20 AM 05:51 AM 08:21 AM 10:51 AM 01:22 PM 03:52 PM 06:22 PM 08:53 PM 11:23 PM



कला और शिल्प	कूड़े से खिलौने: कप पर गुड़िया नृत्य (Toys from Trash: Doll dance on a cup)	हिन्दी	01:16 AM 03:46 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:18 PM 06:48 PM 09:18 PM 11:49 PM
English	Ch-10: The Ship of the Desert	English	01:17 AM 03:48 AM 06:18 AM 08:48 AM 11:19 AM 01:49 PM 04:19 PM 06:50 PM 09:20 PM 11:50 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Girl)Maharashtra	Engilish/hindi	01:41 AM 04:11 AM 06:41 AM 09:12 AM 11:42 AM 02:12 PM 04:43 PM 07:13 PM 09:43 PM
General Awareness	Promotion of Healthy Lifestyle	English	01:45 AM 04:15 AM 06:45 AM 09:16 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:47 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Karnataka	Engilish/hindi	01:51 AM 04:21 AM 06:51 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:23 PM 09:53 PM
General Awareness	Personal Safety	English	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:59 PM
General	The Crane and the Crab	English	02:12 AM 04:43 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
हिन्दी (ISL)	पाठ-4: मन करता है	Isl	02:19 AM 04:49 AM 07:20 AM 09:50 AM 12:20 PM 02:51 PM 05:21 PM 07:51 PM 10:22 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	02:28 AM 04:58 AM 07:29 AM 09:59 AM 12:29 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
बृहस्पतिवार, 22 फरवरी 2024 Thursday, 22 February 2024			
पर्यावरण अध्ययन	पाठ-22: दायाँ -बायाँ	हिन्दी	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
हिन्दी	पाठ-4: मन करता है	हिन्दी	12:39 AM 03:08 AM 05:37 AM 08:07 AM 10:36 AM 01:06 PM 03:35 PM 06:05 PM 08:34 PM 11:04 PM



Cold Wave	Cold Wave - Chilblains	Hindi	12:59 AM 03:29 AM 05:58 AM 08:28 AM 10:57 AM 01:27 PM 03:56 PM 06:26 PM 08:55 PM 11:25 PM
Mathematics	Ch-04: Long and short	English	01:01 AM 03:30 AM 05:59 AM 08:29 AM 10:58 AM 01:28 PM 03:57 PM 06:27 PM 08:56 PM 11:26 PM
योग	भद्रासन	हिन्दी	01:26 AM 03:56 AM 06:25 AM 08:55 AM 11:24 AM 01:54 PM 04:23 PM 06:52 PM 09:22 PM 11:51 PM
English	Ch-10: The Ship of the Desert	English	01:29 AM 03:58 AM 06:27 AM 08:57 AM 11:26 AM 01:56 PM 04:25 PM 06:55 PM 09:24 PM 11:54 PM
Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	01:52 AM 04:21 AM 06:51 AM 09:20 AM 11:50 AM 02:19 PM 04:49 PM 07:18 PM 09:48 PM
General	How Hariram became Harry	English	01:53 AM 04:22 AM 06:51 AM 09:21 AM 11:50 AM 02:20 PM 04:49 PM 07:19 PM 09:48 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Tripura	Engilish/hindi	02:07 AM 04:37 AM 07:06 AM 09:35 AM 12:05 PM 02:34 PM 05:04 PM 07:33 PM 10:03 PM
कला और शिल्प	कूड़े से खिलौने: नाचती आँखें (Toys from Trash: Dancing Eyes)	हिन्दी	02:12 AM 04:42 AM 07:11 AM 09:41 AM 12:10 PM 02:40 PM 05:09 PM 07:38 PM 10:08 PM
हिन्दी (ISL)	पाठ-4: मन करता है	Isl	02:14 AM 04:43 AM 07:13 AM 09:42 AM 12:11 PM 02:41 PM 05:10 PM 07:40 PM 10:09 PM
General	Lion and the Buffaloes	English	02:23 AM 04:52 AM 07:22 AM 09:51 AM 12:21 PM 02:50 PM 05:19 PM 07:49 PM 10:18 PM
शुक्रवार, 23 फरवरी 2024 Friday, 23 February 2024			
गणित	पाठ-4: क्या लंबा क्या छोटा	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM



हिन्दी	पाठ-4: मन करता है	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:03 AM 10:33 AM 01:03 PM 03:32 PM 06:02 PM 08:32 PM 11:01 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:55 AM 03:25 AM 05:55 AM 08:24 AM 10:54 AM 01:24 PM 03:53 PM 06:23 PM 08:53 PM 11:22 PM
Mathematics	Ch-04: Long and short	English	12:57 AM 03:26 AM 05:56 AM 08:26 AM 10:55 AM 01:25 PM 03:55 PM 06:24 PM 08:54 PM 11:24 PM
योग	पादहस्तासन	हिन्दी	01:22 AM 03:52 AM 06:22 AM 08:51 AM 11:21 AM 01:51 PM 04:20 PM 06:50 PM 09:20 PM 11:49 PM
English	Ch-10: The Ship of the Desert	English	01:25 AM 03:54 AM 06:24 AM 08:54 AM 11:23 AM 01:53 PM 04:23 PM 06:52 PM 09:22 PM 11:52 PM
Earthquake	Earthquake - are you safe	English	01:48 AM 04:18 AM 06:47 AM 09:17 AM 11:47 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM
General Awareness	Prevention and Management of Substance Misuse	English	01:50 AM 04:20 AM 06:50 AM 09:19 AM 11:49 AM 02:19 PM 04:49 PM 07:18 PM 09:48 PM
कला और शिल्प	कूड़े से खिलौने: जिज्ञासु चूहा (Toys from Trash: Curious Rat)	हिन्दी	01:56 AM 04:25 AM 06:55 AM 09:25 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:53 PM
सामान्य जागरूकता	खरगोश	हिन्दी	01:57 AM 04:27 AM 06:56 AM 09:26 AM 11:56 AM 02:25 PM 04:55 PM 07:25 PM 09:54 PM
सामान्य जागरूकता	जंडर समानता	हिन्दी	02:08 AM 04:38 AM 07:07 AM 09:37 AM 12:07 PM 02:36 PM 05:06 PM 07:36 PM 10:05 PM
हिन्दी (ISL)	पाठ-4: मन करता है	Isl	02:15 AM 04:45 AM 07:15 AM 09:44 AM 12:14 PM 02:44 PM 05:13 PM 07:43 PM 10:13 PM
General	The Fox and the Crow	English	02:24 AM 04:54 AM 07:24 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:52 PM 10:22 PM



शनिवार, 24 फरवरी 2024

Saturday, 24 February 2024

गणित	पाठ-4: क्या लंबा क्या छोटा	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:27 PM
हिन्दी	पाठ-4: मन करता है	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:32 PM 11:02 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	12:55 AM 03:25 AM 05:55 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:23 PM 08:53 PM 11:23 PM
Mathematics	Ch-04: Long and short	English	12:56 AM 03:26 AM 05:56 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:24 PM 08:54 PM 11:24 PM
योग	अर्ध चक्रासन	हिन्दी	01:22 AM 03:52 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:20 PM 06:50 PM 09:20 PM 11:50 PM
Storytelling/ Value Education	Meena - 7 Say not to dowry	हिन्दी	01:24 AM 03:54 AM 06:23 AM 08:53 AM 11:23 AM 01:53 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
Earthquake	Earthquake - क्या आप सुरक्षित हैं	Hindi	01:37 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
General Awareness	Personal Safety	English	01:37 AM 04:07 AM 06:37 AM 09:07 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:35 PM
सामान्य जागरूकता	मेंढक	हिन्दी	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:52 AM 02:22 PM 04:52 PM 07:22 PM 09:51 PM
General Awareness	Azadi ki Amrit Kahaniyan (Basanti)	English	02:09 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:37 PM 05:07 PM 07:37 PM 10:07 PM
कला और शिल्प	कूड़े से खिलौने: चढ़ती तितली (Toys from Trash: Climbing Butterfly)	हिन्दी	02:11 AM 04:41 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:09 PM 07:39 PM 10:09 PM



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NCERT OFFICIAL



Dish TV Channel #2024

हिन्दी (ISL)	पाठ-4: मन करता है	Isl	02:13 AM 04:43 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:11 PM 07:41 PM 10:11 PM
General	Goose with Golden Egg	English	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:20 PM 07:50 PM 10:20 PM
रविवार, 25 फरवरी 2024 Sunday, 25 February 2024			
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
Storytelling/ Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:26 PM 05:57 PM 08:27 PM 10:57 PM
योग	वृक्षासन	हिन्दी	12:37 AM 03:07 AM 05:37 AM 08:08 AM 10:38 AM 01:08 PM 03:39 PM 06:09 PM 08:39 PM 11:10 PM
Physical Education	योग सर्वांगासन (Yoga Sarvangaasan)	English/hindi	12:39 AM 03:09 AM 05:40 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:11 PM 08:42 PM 11:12 PM
कला और शिल्प	कूड़े से खिलौने: बातूनी कप (Toys from Trash: Chit Chat Cup)	हिन्दी	12:52 AM 03:22 AM 05:52 AM 08:23 AM 10:53 AM 01:23 PM 03:53 PM 06:24 PM 08:54 PM 11:24 PM
Storytelling/ Value Education	Meena - 8 Meena's three wishes	हिन्दी	12:54 AM 03:24 AM 05:54 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:26 PM 08:56 PM 11:26 PM
हिन्दी (ISL)	पाठ-4: मन करता है	Isl	01:12 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:14 PM 11:45 PM
General Awareness	Promotion of Healthy Lifestyle	English	01:22 AM 03:52 AM 06:23 AM 08:53 AM 11:23 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:55 PM
General Awareness	Interpersonal Relationships	English	01:28 AM 03:58 AM 06:28 AM 08:59 AM 11:29 AM 01:59 PM 04:30 PM 07:00 PM 09:30 PM



सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:33 AM 04:03 AM 06:33 AM 09:03 AM 11:34 AM 02:04 PM 04:34 PM 07:05 PM 09:35 PM
General	Two Friends and the Bear	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:39 AM 02:10 PM 04:40 PM 07:10 PM 09:41 PM
General Awareness	Personal Safety	English	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:47 PM
Storytelling/ Value Education	आओ सीखें ३ का पहाड़ा	हिन्दी	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:13 PM 02:44 PM 05:14 PM 07:44 PM 10:15 PM
Storytelling/ Value Education	समुन्द्र की कहानी (शैडो पपेट)	हिन्दी	02:26 AM 04:56 AM 07:27 AM 09:57 AM 12:27 PM 02:58 PM 05:28 PM 07:58 PM 10:29 PM
सोमवार, 26 फरवरी 2024 Monday, 26 February 2024			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:32 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
योग	ताड़ासन	हिन्दी	12:54 AM 03:24 AM 05:54 AM 08:25 AM 10:55 AM 01:25 PM 03:56 PM 06:26 PM 08:56 PM 11:27 PM
EVS	Ch-23: A Beautiful Cloth	English	12:56 AM 03:26 AM 05:57 AM 08:27 AM 10:57 AM 01:28 PM 03:58 PM 06:28 PM 08:58 PM 11:29 PM
कला और शिल्प	कूड़े से खेलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:16 AM 03:47 AM 06:17 AM 08:47 AM 11:18 AM 01:48 PM 04:18 PM 06:49 PM 09:19 PM 11:49 PM
English	Ch-1: Good Morning	English	01:19 AM 03:50 AM 06:20 AM 08:50 AM 11:21 AM 01:51 PM 04:21 PM 06:52 PM 09:22 PM 11:52 PM



General	Let Swim: Frigo, Chik, Mouse, Ant and Ladybird	English	01:50 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:52 PM
हिन्दी (ISL)	पाठ-5: बहादुर बित्तो - 1	Isl	01:54 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:26 PM 09:57 PM
Cultural Heritage: Art, Music & Dance	Qutub Minar (कुतुब मीनार)	English/hindi	02:03 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:34 PM 05:05 PM 07:35 PM 10:05 PM
EVS (ISL)	Ch-23: A Beautiful Cloth	Isl	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
सामान्य	आज़ादी की अमृत कहानियाँ (बसंती)	हिन्दी	02:19 AM 04:49 AM 07:20 AM 09:50 AM 12:20 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:21 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:53 PM 05:23 PM 07:53 PM 10:24 PM
मंगलवार, 27 फरवरी 2024 Tuesday, 27 February 2024			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:01 AM 10:31 AM 01:01 PM 03:30 PM 06:00 PM 08:30 PM 10:59 PM
योग	त्रिकोणासन	हिन्दी	12:54 AM 03:23 AM 05:53 AM 08:23 AM 10:52 AM 01:22 PM 03:52 PM 06:21 PM 08:51 PM 11:21 PM
EVS	Ch-23: A Beautiful Cloth	English	12:56 AM 03:26 AM 05:56 AM 08:25 AM 10:55 AM 01:25 PM 03:54 PM 06:24 PM 08:54 PM 11:23 PM
कला और शिल्प	कूड़े से खिलौने: लट्टू दोस्त (Toys from Trash: Buddy Top)	हिन्दी	01:17 AM 03:46 AM 06:16 AM 08:46 AM 11:15 AM 01:45 PM 04:15 PM 06:44 PM 09:14 PM 11:44 PM



English	Ch-1: Good Morning	English	01:18 AM 03:48 AM 06:18 AM 08:47 AM 11:17 AM 01:47 PM 04:16 PM 06:46 PM 09:16 PM 11:45 PM
General	The Race	English	01:49 AM 04:18 AM 06:48 AM 09:18 AM 11:47 AM 02:17 PM 04:47 PM 07:16 PM 09:46 PM
हिन्दी (ISL)	पाठ-5: बहादुर बित्तो - 1	Isl	01:56 AM 04:25 AM 06:55 AM 09:25 AM 11:54 AM 02:24 PM 04:54 PM 07:23 PM 09:53 PM
General	Penny Quin and Paula Bear	English	02:04 AM 04:34 AM 07:04 AM 09:33 AM 12:03 PM 02:33 PM 05:02 PM 07:32 PM 10:02 PM
EVS (ISL)	Ch-23: A Beautiful Cloth	Isl	02:09 AM 04:39 AM 07:09 AM 09:38 AM 12:08 PM 02:38 PM 05:07 PM 07:37 PM 10:07 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:22 AM 04:52 AM 07:22 AM 09:51 AM 12:21 PM 02:51 PM 05:20 PM 07:50 PM 10:20 PM
बुधवार, 28 फरवरी 2024 Wednesday, 28 February 2024			
पर्यावरण अध्ययन	पाठ-23: कपड़ा सजा कैसे	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:29 AM 02:59 AM 05:29 AM 07:58 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:27 PM 10:57 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:19 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM
Mathematics	Ch-5: Shapes and Designs	English	12:57 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:26 PM 03:55 PM 06:25 PM 08:55 PM 11:25 PM
कला और शिल्प	कूड़े से खिलौने: उड़ती तितली (Toys from Trash: Bobbing Butterfly)	हिन्दी	01:17 AM 03:47 AM 06:17 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:15 PM 11:45 PM



English	Ch-1: Good Morning	English	01:19 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
General	Lion and the Mouse	English	01:49 AM 04:19 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:47 PM 07:17 PM 09:47 PM
हिन्दी (ISL)	पाठ-5: बहादुर बित्तो - 1	Isi	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:03 AM 04:33 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:31 PM 10:01 PM
General Awareness	Interpersonal Relationships	English	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:07 PM 02:37 PM 05:07 PM 07:37 PM 10:06 PM
General Awareness	Azadi ki Amrit Kahaniyan (Arohi)	English	02:18 AM 04:48 AM 07:17 AM 09:47 AM 12:17 PM 02:47 PM 05:17 PM 07:46 PM 10:16 PM
English (ISL)	Ch-1: Teacher's Page	Isi	02:20 AM 04:50 AM 07:20 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:18 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	02:26 AM 04:56 AM 07:25 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:54 PM 10:24 PM
बृहस्पतिवार, 29 फरवरी 2024 Thursday, 29 February 2024			
पर्यावरण अध्ययन	पाठ-23: कपड़ा सजा कैसे	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:28 PM 10:58 PM
Cold Wave	Cold Wave - Chilblains	Hindi	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM



Mathematics	Ch-5: Shapes and Designs	English	12:52 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिन्दी	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:11 PM 11:41 PM
English	Ch-1: Good Morning	English	01:18 AM 03:48 AM 06:18 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
कला और शिल्प	कूड़े से खिलौने: सुन्दर तितली (Toys from Trash: Beautiful Butterfly)	हिन्दी	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
General Awareness	Interpersonal Relationships	English	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
हिन्दी (ISL)	पाठ-5: बहादुर वित्तो - 1	Isl	02:03 AM 04:33 AM 07:03 AM 09:33 AM 12:03 PM 02:33 PM 05:03 PM 07:33 PM 10:03 PM
General	Rabit and Turtle	English	02:12 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:41 PM 10:11 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
General	चाचा कहते हैं	हिन्दी	02:27 AM 04:57 AM 07:27 AM 09:57 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:26 PM

