

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 7

### कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

**फरवरी 2024**  
**February 2024**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
<b>बृहस्पतिवार, 01 फरवरी 2024</b> <b>Thursday, 01 February 2024</b>			
गणित	पाठ-13: घातांक और घात भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
इतिहास	पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय	हिंदी	12:33 AM    03:03 AM    05:34 AM    08:04 AM    10:35 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:07 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:03 AM    03:34 AM    06:04 AM    08:34 AM    11:05 AM    01:35 PM    04:06 PM    06:36 PM    09:06 PM    11:37 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	हिंदी	01:12 AM    03:42 AM    06:13 AM    08:43 AM    11:13 AM    01:44 PM    04:14 PM    06:45 PM    09:15 PM    11:45 PM
English	English, Ch-1: Three Questions Part-1	English	01:13 AM    03:43 AM    06:14 AM    08:44 AM    11:14 AM    01:45 PM    04:15 PM    06:46 PM    09:16 PM    11:46 PM
Earthquake	Earthquake - सांकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	हिंदी	01:39 AM    04:09 AM    06:40 AM    09:10 AM    11:41 AM    02:11 PM    04:41 PM    07:12 PM    09:42 PM



General Awareness	Real life situations- garbage burning and what to do	English	01:40 AM    04:10 AM    06:41 AM    09:11 AM    11:41 AM    02:12 PM    04:42 PM    07:13 PM    09:43 PM
Science	Ch-13:Motion And Time (Part-1)	English	01:51 AM    04:21 AM    06:52 AM    09:22 AM    11:53 AM    02:23 PM    04:53 PM    07:24 PM    09:54 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:10 AM    04:41 AM    07:11 AM    09:41 AM    12:12 PM    02:42 PM    05:13 PM    07:43 PM    10:13 PM
शुक्रवार, 02 फरवरी 2024 Friday, 02 February 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
हिन्दी	दूर्वा-२, पाठ-14: पानी और धूप	हिंदी	12:18 AM    02:48 AM    05:19 AM    07:49 AM    10:19 AM    12:49 PM    03:20 PM    05:50 PM    08:20 PM    10:51 PM
सामान्य	शशकासन	हिंदी	12:31 AM    03:01 AM    05:32 AM    08:02 AM    10:32 AM    01:03 PM    03:33 PM    06:03 PM    08:34 PM    11:04 PM
General Awareness	Real life situations- garbage burning and what to do	English	12:33 AM    03:04 AM    05:34 AM    08:04 AM    10:35 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:06 PM
General English	Episode 13 Disagreeing 2	English	12:45 AM    03:15 AM    05:45 AM    08:16 AM    10:46 AM    01:16 PM    03:47 PM    06:17 PM    08:47 PM    11:17 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:59 AM    03:30 AM    06:00 AM    08:30 AM    11:01 AM    01:31 PM    04:01 PM    06:32 PM    09:02 PM    11:32 PM 
Political science	Ch-1: On Equality	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:09 AM    01:39 PM



			04:09 PM    06:40 PM    09:10 PM    11:40 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:40 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:12 PM    04:42 PM    07:12 PM    09:43 PM
Mathematics	Ch-13: Exponents and powers part-2	English	01:43 AM    04:13 AM    06:43 AM    09:14 AM    11:44 AM    02:14 PM    04:45 PM    07:15 PM    09:45 PM
Vocational	Hand Embroidery Part B	English	02:11 AM    04:41 AM    07:11 AM    09:42 AM    12:12 PM    02:42 PM    05:12 PM    07:43 PM    10:13 PM
<b>शनिवार, 03 फरवरी 2024</b> <b>Saturday, 03 February 2024</b>			
गणित	पाठ-13: घातांक और घात भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:31 PM
संस्कृत	भूपति मयादस	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:04 PM    03:34 PM    06:04 PM    08:34 PM    11:04 PM
Geography	Ch-5: Water	English	12:42 AM    03:12 AM    05:42 AM    08:12 AM    10:42 AM    01:12 PM    03:42 PM    06:13 PM    08:43 PM    11:13 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:33 PM
सामान्य जागरूकता	3 R's केंद्र और रिसायक्लिंग लेब (जीतो की वीडियो)	हिंदी	01:04 AM    03:34 AM    06:04 AM    08:34 AM    11:05 AM    01:35 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
General English	Episode 1 Greeting a Friend	English	01:12 AM    03:42 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:43 PM    09:13 PM    11:43 PM



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सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:20 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
Earthquake	Earthquake - क्या आप सुरक्षित हैं	हिंदी	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
<b>रविवार, 04 फरवरी 2024</b> <b>Sunday, 04 February 2024</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:28 PM    02:58 PM    05:28 PM    07:58 PM    10:28 PM
राजनीति विज्ञान	पाठ-7: हमारे आस-पास के बाज़ार	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:49 PM    03:19 PM    05:49 PM    08:19 PM    10:48 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:45 AM    03:15 AM    05:45 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:43 PM    11:13 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:15 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:13 PM    06:43 PM    09:13 PM    11:43 PM
Avalanche	Avalanche _ यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाए अपनाएँ	हिंदी	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:20 AM    01:50 PM    04:20 PM    06:50 PM    09:20 PM    11:49 PM
General Awareness	e-waste management Film 2	English	01:23 AM    03:53 AM    06:23 AM    08:52 AM    11:22 AM    01:52 PM



			04:22 PM    06:52 PM    09:21 PM    11:51 PM
General English	Episode 1 Greeting a Friend	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:30 PM
General Awareness	e-waste management Block-2	English	01:40 AM    04:10 AM    06:40 AM    09:10 AM    11:39 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:55 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:23 PM    04:53 PM    07:23 PM    09:53 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:03 PM    02:33 PM    05:03 PM    07:33 PM    10:03 PM
सोमवार, 05 फरवरी 2024 Monday, 05 February 2024			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
सामान्य	बेटी हिन्दुस्तान की	हिंदी	12:18 AM    02:48 AM    05:19 AM    07:49 AM    10:20 AM    12:50 PM    03:21 PM    05:51 PM    08:22 PM    10:52 PM
भूगोल	पाठ-4: वायु	हिंदी	12:28 AM    02:58 AM    05:29 AM    07:59 AM    10:30 AM    01:00 PM    03:31 PM    06:01 PM    08:32 PM    11:02 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	हिंदी	01:01 AM    03:31 AM    06:02 AM    08:32 AM    11:03 AM    01:33 PM    04:04 PM    06:34 PM    09:05 PM    11:35 PM
Cold Wave	Clod Wave - Preparation	हिंदी	01:02 AM    03:32 AM    06:03 AM    08:33 AM    11:03 AM    01:34 PM    04:04 PM    06:35 PM    09:05 PM    11:36 PM



Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:03 AM    03:33 AM    06:04 AM    08:34 AM    11:05 AM    01:35 PM    04:06 PM    06:36 PM    09:07 PM    11:37 PM
English	English, Ch-1: Three Questions Part-1	English	01:11 AM    03:41 AM    06:12 AM    08:42 AM    11:13 AM    01:43 PM    04:14 PM    06:44 PM    09:15 PM    11:45 PM
Mathematics	Ch-13: Exponents and powers part-2	English	01:37 AM    04:08 AM    06:38 AM    09:09 AM    11:39 AM    02:10 PM    04:40 PM    07:11 PM    09:41 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:06 AM    09:36 AM    12:07 PM    02:37 PM    05:08 PM    07:38 PM    10:09 PM
<b>मंगलवार, 06 फरवरी 2024</b> <b>Tuesday, 06 February 2024</b>			
गणित	पाठ-13: घातांक और घात भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
Creative Activities: Art& Craft	3D Kaleidoscope	English	12:33 AM    03:03 AM    05:34 AM    08:04 AM    10:35 AM    01:05 PM    03:36 PM    06:06 PM    08:37 PM    11:07 PM
हिन्दी	पाठ-16: भोर और बरखा	हिंदी	12:36 AM    03:07 AM    05:37 AM    08:08 AM    10:38 AM    01:08 PM    03:39 PM    06:09 PM    08:40 PM    11:10 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:59 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:32 PM    04:02 PM    06:33 PM    09:03 PM    11:33 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:09 AM    03:40 AM    06:10 AM    08:41 AM    11:11 AM    01:42 PM    04:12 PM    06:43 PM    09:13 PM    11:43 PM





रचनात्मक गतिविधियाँ: कला और शिल्प	ऑरिगामी भाग-2 (कागज़ कला)	हिंदी	01:29 AM    03:59 AM    06:29 AM    09:00 AM    11:30 AM    02:01 PM    04:31 PM    07:02 PM    09:32 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:44 AM    04:14 AM    06:44 AM    09:15 AM    11:45 AM    02:16 PM    04:46 PM    07:17 PM    09:47 PM
General Awareness	Why Seasons Happen?	English	01:45 AM    04:16 AM    06:46 AM    09:17 AM    11:47 AM    02:18 PM    04:48 PM    07:19 PM    09:49 PM
Geography	Ch-5: Water	English	01:49 AM    04:19 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:22 PM    09:52 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:39 AM    07:09 AM    09:40 AM    12:10 PM    02:41 PM    05:11 PM    07:42 PM    10:12 PM
Vocational	Fishbone Stitch	English	02:19 AM    04:49 AM    07:20 AM    09:50 AM    12:21 PM    02:51 PM    05:21 PM    07:52 PM    10:22 PM
<b>बुधवार, 07 फरवरी 2024</b> <b>Wednesday, 07 February 2024</b>			
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:18 AM    02:48 AM    05:18 AM    07:49 AM    10:19 AM    12:49 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
उर्दू	ईदगाह	हिंदी	12:26 AM    02:56 AM    05:27 AM    07:57 AM    10:27 AM    12:57 PM    03:28 PM    05:58 PM    08:28 PM    10:58 PM
Cold Wave	Cold Wave - Chilblains	हिंदी	12:54 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:26 PM    03:56 PM    06:26 PM    08:56 PM    11:27 PM



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Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	12:57 AM    03:28 AM    05:58 AM    08:28 AM    10:58 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:30 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:01 AM    03:32 AM    06:02 AM    08:32 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:04 PM    11:34 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-2	हिंदी	01:09 AM    03:40 AM    06:10 AM    08:40 AM    11:11 AM    01:41 PM    04:11 PM    06:41 PM    09:12 PM    11:42 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:28 AM    03:58 AM    06:28 AM    08:58 AM    11:29 AM    01:59 PM    04:29 PM    07:00 PM    09:30 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:33 AM    04:03 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
General Awareness	Cyber Stalking	English	01:35 AM    04:05 AM    06:35 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:07 PM    09:37 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:36 AM    04:06 AM    06:36 AM    09:07 AM    11:37 AM    02:07 PM    04:38 PM    07:08 PM    09:38 PM
Mathematics	Ch-13: Exponents and powers part-2	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:47 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:13 AM    04:44 AM    07:14 AM    09:44 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:16 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:50 AM    12:20 PM    02:50 PM    05:20 PM    07:51 PM    10:21 PM
बृहस्पतिवार, 08 फरवरी 2024 Thursday, 08 February 2024			
गणित	पाठ-14: सममिति	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM



			03:00 PM    05:30 PM    08:01 PM    10:31 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:33 PM    11:03 PM
General Awareness	Fabric	English	01:01 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:33 PM
English	English, Ch-1: Three Questions Part-2	English	01:10 AM    03:41 AM    06:11 AM    08:41 AM    11:11 AM    01:41 PM    04:11 PM    06:41 PM    09:12 PM    11:42 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:49 AM    04:19 AM    06:49 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:36 PM    10:06 PM
शुक्रवार, 09 फरवरी 2024 Friday, 09 February 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
हिन्दी	दूर्वा-२, पाठ-15: गीत	हिंदी	12:26 AM    02:56 AM    05:26 AM    07:56 AM    10:26 AM    12:56 PM    03:26 PM    05:56 PM    08:27 PM    10:57 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:39 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM
सामान्य जागरूकता	आजादी की अमृत कहानियाँ (तन्वी)	हिंदी	12:46 AM    03:16 AM    05:46 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM



सामान्य	शशकासन	हिंदी	12:48 AM    03:18 AM    05:48 AM    08:18 AM    10:48 AM    01:18 PM    03:48 PM    06:18 PM    08:48 PM    11:18 PM
Storytelling/Value Education	सुधीर तैलंग	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:20 PM
Political science	Ch-2: Role of the Government in Health	English	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
Mathematics	Ch-14: Symmetry	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
<b>शनिवार, 10 फरवरी 2024</b> <b>Saturday, 10 February 2024</b>			
गणित	पाठ-14: सममिति	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:03 PM    03:33 PM    06:03 PM    08:33 PM    11:03 PM
संस्कृत	चतुर बानर	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:09 PM    08:39 PM    11:09 PM



सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	12:46 AM    03:16 AM    05:46 AM    08:17 AM    10:47 AM    01:17 PM    03:47 PM    06:17 PM    08:47 PM    11:17 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music- Classical (Girl) Tripura	English/hindi	12:52 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:57 AM    03:27 AM    05:57 AM    08:27 AM    10:58 AM    01:28 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	01:05 AM    03:35 AM    06:05 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:09 AM    03:39 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	01:28 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:29 PM    11:59 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:29 PM    06:59 PM    09:29 PM
Science	Ch-13:Motion And Time (Part-2)	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:36 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
रविवार, 11 फरवरी 2024 Sunday, 11 February 2024			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM



			02:59 PM    05:29 PM    07:59 PM    10:29 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	12:53 AM    03:23 AM    05:53 AM    08:23 AM    10:53 AM    01:23 PM    03:53 PM    06:23 PM    08:53 PM    11:23 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:28 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	हर दिवस कला दिवस	हिंदी	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:05 AM    01:35 PM    04:05 PM    06:35 PM    09:05 PM    11:35 PM
General Awareness	e-waste management Block-2	English	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:41 AM    04:11 AM    06:40 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
सोमवार, 12 फरवरी 2024 Monday, 12 February 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
भूगोल	पाठ-5: जल	हिंदी	12:26 AM    02:56 AM    05:26 AM    07:57 AM    10:27 AM    12:57 PM



			03:27 PM    05:57 PM    08:27 PM    10:57 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:59 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:30 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:00 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:30 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
English	English, Ch-1: Three Questions Part-2	English	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:07 PM    11:37 PM
Mathematics	Ch-14: Symmetry	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
मंगलवार, 13 फरवरी 2024 Tuesday, 13 February 2024			
गणित	पाठ-14: सममिति	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:05 PM    10:35 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:03 AM    10:34 AM    01:05 PM    03:35 PM    06:06 PM    08:37 PM    11:07 PM
हिन्दी	पाठ-17: वसंत-२: वीर कुँवर सिंह	हिंदी	12:37 AM    03:08 AM    05:38 AM    08:09 AM    10:40 AM    01:10 PM



			03:41 PM    06:12 PM    08:42 PM    11:13 PM
General Awareness	Levers Around Us	English	12:56 AM    03:27 AM    05:57 AM    08:28 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:01 PM    11:32 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:04 AM    03:35 AM    06:05 AM    08:36 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:09 PM    11:40 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:19 AM    03:50 AM    06:21 AM    08:51 AM    11:22 AM    01:53 PM    04:23 PM    06:54 PM    09:24 PM    11:55 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:25 AM    03:55 AM    06:26 AM    08:57 AM    11:27 AM    01:58 PM    04:29 PM    06:59 PM    09:30 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	01:31 AM    04:02 AM    06:33 AM    09:03 AM    11:34 AM    02:05 PM    04:35 PM    07:06 PM    09:37 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	01:38 AM    04:08 AM    06:39 AM    09:09 AM    11:40 AM    02:11 PM    04:41 PM    07:12 PM    09:43 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:50 AM    04:21 AM    06:51 AM    09:22 AM    11:53 AM    02:23 PM    04:54 PM    07:25 PM    09:55 PM
Vocational	Personal hygiene and Health	English	02:09 AM    04:39 AM    07:10 AM    09:41 AM    12:11 PM    02:42 PM    05:12 PM    07:43 PM    10:14 PM
Vocational	Fishbone Stitch	English	02:19 AM    04:50 AM    07:20 AM    09:51 AM    12:21 PM    02:52 PM    05:23 PM    07:53 PM    10:24 PM
बुधवार, 14 फरवरी 2024 Wednesday, 14 February 2024			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM





			03:04 PM    05:35 PM    08:06 PM    10:37 PM
General Awareness	Fake-Whatsapp-Messages	English	12:26 AM    02:57 AM    05:28 AM    07:59 AM    10:30 AM    01:00 PM    03:31 PM    06:02 PM    08:33 PM    11:04 PM
उर्दू	ईदगाह	हिंदी	12:29 AM    02:59 AM    05:30 AM    08:01 AM    10:32 AM    01:03 PM    03:33 PM    06:04 PM    08:35 PM    11:06 PM
General Awareness	Fabric	English	12:57 AM    03:28 AM    05:59 AM    08:29 AM    11:00 AM    01:31 PM    04:02 PM    06:33 PM    09:03 PM    11:34 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:06 AM    03:37 AM    06:08 AM    08:38 AM    11:09 AM    01:40 PM    04:11 PM    06:42 PM    09:12 PM    11:43 PM
General Awareness	e-waste management Film 2	English	01:18 AM    03:48 AM    06:19 AM    08:50 AM    11:21 AM    01:52 PM    04:23 PM    06:53 PM    09:24 PM    11:55 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	01:27 AM    03:58 AM    06:28 AM    08:59 AM    11:30 AM    02:01 PM    04:32 PM    07:02 PM    09:33 PM
History	Ch-10: Eighteenth century political formations (Part- 2)	English	01:29 AM    04:00 AM    06:30 AM    09:01 AM    11:32 AM    02:03 PM    04:34 PM    07:04 PM    09:35 PM
Mathematics	Ch-14: Symmetry	English	01:53 AM    04:23 AM    06:54 AM    09:25 AM    11:56 AM    02:27 PM    04:57 PM    07:28 PM    09:59 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:11 AM    04:42 AM    07:13 AM    09:43 AM    12:14 PM    02:45 PM    05:16 PM    07:47 PM    10:18 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	02:16 AM    04:47 AM    07:18 AM    09:49 AM    12:20 PM    02:50 PM    05:21 PM    07:52 PM    10:23 PM

Vocational	Design and Tracing Methods (Stencil Method)	English	02:23 AM    04:54 AM    07:25 AM    09:55 AM    12:26 PM    02:57 PM    05:28 PM    07:59 PM    10:30 PM
<b>बृहस्पतिवार, 15 फरवरी 2024</b> <b>Thursday, 15 February 2024</b>			
गणित	पाठ-15: ठोस आकारों का चित्रण	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:28 PM    07:58 PM    10:28 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:31 AM    03:00 AM    05:30 AM    08:00 AM    10:30 AM    01:00 PM    03:30 PM    05:59 PM    08:29 PM    10:59 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:48 AM    03:17 AM    05:47 AM    08:17 AM    10:47 AM    01:17 PM    03:47 PM    06:16 PM    08:46 PM    11:16 PM
इतिहास	पाठ-9: क्षेत्रीय संस्कृतियों का निर्माण	हिंदी	12:56 AM    03:26 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM    03:55 PM    06:25 PM    08:54 PM    11:24 PM
English	English, Ch-2: A Gift of Chappals	English	01:21 AM    03:51 AM    06:21 AM    08:50 AM    11:20 AM    01:50 PM    04:20 PM    06:50 PM    09:20 PM    11:49 PM
Science	Ch-14: Electric Current and Its Effects	English	01:43 AM    04:13 AM    06:43 AM    09:13 AM    11:43 AM    02:13 PM    04:42 PM    07:12 PM    09:42 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:03 PM    07:33 PM    10:03 PM
<b>शुक्रवार, 16 फरवरी 2024</b> <b>Friday, 16 February 2024</b>			
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM



सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:23 AM    02:53 AM    05:23 AM    07:54 AM    10:24 AM    12:54 PM    03:25 PM    05:55 PM    08:25 PM    10:56 PM
Creative Activities: Art & Craft	String Mosquito	English	12:40 AM    03:10 AM    05:40 AM    08:11 AM    10:41 AM    01:11 PM    03:42 PM    06:12 PM    08:42 PM    11:13 PM
हिन्दी	दूर्वा-२, पाठ-16: मिट्टी की मूर्तियाँ	हिंदी	12:41 AM    03:11 AM    05:42 AM    08:12 AM    10:42 AM    01:13 PM    03:43 PM    06:13 PM    08:44 PM    11:14 PM
Storytelling/Value Education	वो कुछ दिन	हिंदी	01:06 AM    03:36 AM    06:06 AM    08:37 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:08 PM    11:39 PM
Storytelling/Value Education	आजादी की कहानी-2	हिंदी	01:14 AM    03:44 AM    06:14 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:47 PM
Political science	Ch-3: How the State Government Works	English	01:28 AM    03:59 AM    06:29 AM    08:59 AM    11:30 AM    02:00 PM    04:30 PM    07:01 PM    09:31 PM
Mathematics	Ch-15: Visualising solid shape	English	01:51 AM    04:22 AM    06:52 AM    09:22 AM    11:53 AM    02:23 PM    04:53 PM    07:24 PM    09:54 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	02:11 AM    04:41 AM    07:12 AM    09:42 AM    12:12 PM    02:43 PM    05:13 PM    07:43 PM    10:14 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:20 AM    09:50 AM    12:20 PM    02:51 PM    05:21 PM    07:51 PM    10:22 PM
शनिवार, 17 फरवरी 2024 Saturday, 17 February 2024			
गणित	पाठ-15: ठोस आकारों का चित्रण	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM



			03:00 PM    05:30 PM    08:00 PM    10:30 PM
संस्कृत	सम्बन्धो ही दुर्जयः	हिंदी	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
Geography	Ch-9: Life in the desert	English	12:39 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:39 PM    11:09 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:58 AM    03:29 AM    05:59 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
General English	Episode 12 Disagreeing 1	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:11 PM    06:41 PM    09:11 PM    11:41 PM
General Awareness	Prevention and Management of Substance Misuse	English	01:24 AM    03:54 AM    06:24 AM    08:54 AM    11:24 AM    01:54 PM    04:24 PM    06:54 PM    09:24 PM    11:55 PM
Science	Ch-14: Electric Current and Its Effects	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    02:00 PM    04:30 PM    07:00 PM    09:30 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
<b>रविवार, 18 फरवरी 2024</b> <b>Sunday, 18 February 2024</b>			
राजनीति विज्ञान	पाठ-1: समानता	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:03 AM    10:33 AM    01:03 PM    03:33 PM    06:04 PM    08:34 PM    11:04 PM



Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	01:01 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:34 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:19 AM    03:49 AM    06:20 AM    08:50 AM    11:20 AM    01:50 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 -Dance-Classical (Girl) Delhi	English/hindi	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:22 PM    11:52 PM
General Awareness	e-waste management Block-2	English	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:27 PM    11:57 PM
History	Ch-1: Tracing Changes Through a Thousand Years	English	01:39 AM    04:09 AM    06:39 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:11 PM    09:41 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:37 PM    10:07 PM
सोमवार, 19 फरवरी 2024 Monday, 19 February 2024			
विज्ञान	पाठ-11:जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:33 PM    03:04 PM    05:35 PM    08:06 PM    10:37 PM
भूगोल	पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश	हिंदी	12:23 AM    02:53 AM    05:24 AM    07:55 AM    10:26 AM    12:57 PM    03:27 PM    05:58 PM    08:29 PM    11:00 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:51 AM    03:21 AM    05:52 AM    08:23 AM    10:54 AM    01:25 PM    03:55 PM    06:26 PM    08:57 PM    11:28 PM



Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	12:59 AM    03:29 AM    06:00 AM    08:31 AM    11:02 AM    01:33 PM    04:03 PM    06:34 PM    09:05 PM    11:36 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Dance - Classical (Boy) Tripura	English/hindi	01:14 AM    03:45 AM    06:16 AM    08:46 AM    11:17 AM    01:48 PM    04:19 PM    06:50 PM    09:20 PM    11:51 PM
English	English, Ch-2: A Gift of Chappals	English	01:19 AM    03:50 AM    06:21 AM    08:52 AM    11:22 AM    01:53 PM    04:24 PM    06:55 PM    09:26 PM    11:56 PM
सामान्य	शशकासन	हिंदी	01:42 AM    04:13 AM    06:43 AM    09:14 AM    11:45 AM    02:16 PM    04:47 PM    07:17 PM    09:48 PM
Mathematics	Ch-15: Visualising solid shape	English	01:44 AM    04:15 AM    06:46 AM    09:17 AM    11:47 AM    02:18 PM    04:49 PM    07:20 PM    09:50 PM
Vocational	Design and Tracing Methods (Heat Method)	English	02:04 AM    04:34 AM    07:05 AM    09:36 AM    12:07 PM    02:38 PM    05:08 PM    07:39 PM    10:10 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:07 AM    09:38 AM    12:08 PM    02:39 PM    05:10 PM    07:41 PM    10:12 PM
मंगलवार, 20 फरवरी 2024 Tuesday, 20 February 2024			
गणित	पाठ-15: ठोस आकारों का चित्रण	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
हिन्दी	पाठ-17: वीर कुँवर सिंह भाग-1	हिंदी	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:51 PM    11:21 PM



सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:07 AM    03:37 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:38 PM    09:08 PM    11:38 PM
Science	Ch-14: Electric Current and Its Effects	English	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:43 PM    09:13 PM    11:44 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:34 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:34 PM    07:04 PM    09:34 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:12 PM    09:43 PM
Geography	Ch-9: Life in the desert	English	01:48 AM    04:19 AM    06:49 AM    09:19 AM    11:49 AM    02:19 PM    04:49 PM    07:19 PM    09:49 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:38 AM    07:08 AM    09:38 AM    12:09 PM    02:39 PM    05:09 PM    07:39 PM    10:09 PM
Vocational	Fishbone Stitch	English	02:18 AM    04:48 AM    07:19 AM    09:49 AM    12:19 PM    02:49 PM    05:19 PM    07:49 PM    10:19 PM
बुधवार, 21 फरवरी 2024 Wednesday, 21 February 2024			
विज्ञान	पाठ-11:जंतुओं और पादप मे परिवहन (भाग-2)	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM
General Awareness	Fake-Whatsapp-Messages	English	12:23 AM    02:54 AM    05:25 AM    07:55 AM    10:26 AM    12:57 PM    03:28 PM    05:59 PM    08:30 PM    11:01 PM
उर्दू	ईदगाह	हिंदी	12:25 AM    02:56 AM    05:27 AM    07:58 AM    10:29 AM    01:00 PM    03:31 PM    06:02 PM    08:32 PM    11:03 PM





Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:53 AM    03:24 AM    05:55 AM    08:26 AM    10:57 AM    01:28 PM    03:59 PM    06:30 PM    09:01 PM    11:32 PM
General Awareness	Fabric	English	01:02 AM    03:33 AM    06:04 AM    08:35 AM    11:06 AM    01:37 PM    04:08 PM    06:39 PM    09:09 PM    11:40 PM
General English	Episode 3 Greeting Strangers	English	01:11 AM    03:42 AM    06:13 AM    08:44 AM    11:15 AM    01:46 PM    04:17 PM    06:48 PM    09:19 PM    11:49 PM
सामान्य जागरूकता	मछली साँस कैसे लेती है	हिंदी	01:23 AM    03:54 AM    06:25 AM    08:56 AM    11:27 AM    01:58 PM    04:29 PM    07:00 PM    09:30 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिंदी	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:32 AM    02:02 PM    04:33 PM    07:04 PM    09:35 PM
History	Ch-1: Tracing Changes Through a Thousand Years	English	01:29 AM    04:00 AM    06:31 AM    09:02 AM    11:33 AM    02:03 PM    04:34 PM    07:05 PM    09:36 PM
Mathematics	Ch-15: Visualising solid shape	English	01:55 AM    04:26 AM    06:57 AM    09:28 AM    11:58 AM    02:29 PM    05:00 PM    07:31 PM    10:02 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:14 AM    04:45 AM    07:16 AM    09:47 AM    12:18 PM    02:49 PM    05:20 PM    07:51 PM    10:22 PM
Vocational	Feather Stitch	English	02:19 AM    04:50 AM    07:21 AM    09:52 AM    12:23 PM    02:54 PM    05:25 PM    07:56 PM    10:27 PM
<b>बृहस्पतिवार, 22 फरवरी 2024</b> <b>Thursday, 22 February 2024</b>			
गणित	पाठ-1: पूर्णांक	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM



सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:03 AM    10:33 AM    01:04 PM    03:34 PM    06:04 PM    08:35 PM    11:05 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:49 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:21 PM    03:51 PM    06:21 PM    08:52 PM    11:22 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa Fish	English	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:21 AM    01:51 PM    04:21 PM    06:52 PM    09:22 PM    11:52 PM 
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:48 AM    02:18 PM    04:48 PM    07:19 PM    09:49 PM
Science	Ch-15: Light Part-1	English	01:53 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:25 PM    04:55 PM    07:25 PM    09:56 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:36 PM    05:07 PM    07:37 PM    10:07 PM
शुक्रवार, 23 फरवरी 2024 Friday, 23 February 2024			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:21 AM    02:51 AM    05:22 AM    07:52 AM    10:22 AM    12:52 PM    03:22 PM    05:52 PM    08:23 PM    10:53 PM
हिन्दी	दूर्वा-२, पाठ-17: मौत का पहाड़	हिंदी	12:38 AM    03:09 AM    05:39 AM    08:09 AM    10:39 AM    01:09 PM    03:39 PM    06:09 PM    08:40 PM    11:10 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:51 AM    03:22 AM    05:52 AM    08:22 AM    10:52 AM    01:22 PM



			03:52 PM    06:22 PM    08:53 PM    11:23 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
Political science	Ch-4: Growing up as Boys and Girls	English	01:16 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:46 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM 
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:34 AM    04:04 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:13 PM    09:43 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav (कला उत्सव)-2022	English/hindi	01:49 AM    04:19 AM    06:49 AM    09:19 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:56 AM    04:26 AM    06:57 AM    09:27 AM    11:57 AM    02:27 PM    04:57 PM    07:27 PM    09:58 PM
Mathematics	Ch-1: Integers	English	01:59 AM    04:29 AM    06:59 AM    09:29 AM    11:59 AM    02:30 PM    05:00 PM    07:30 PM    10:00 PM
Vocational	Feather Stitch	English	02:24 AM    04:54 AM    07:24 AM    09:54 AM    12:25 PM    02:55 PM    05:25 PM    07:55 PM    10:25 PM
शनिवार, 24 फरवरी 2024 Saturday, 24 February 2024			
गणित	पाठ-1: पूर्णांक	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
संस्कृत	पुनर्मूषको भवः	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM



			03:33 PM    06:03 PM    08:34 PM    11:04 PM
Geography	Ch-1: Our Environment	English	12:40 AM    03:10 AM    05:40 AM    08:11 AM    10:41 AM    01:11 PM    03:41 PM    06:11 PM    08:42 PM    11:12 PM
सामान्य जागरूकता	स्वस्थ बढ़ना	हिंदी	01:01 AM    03:31 AM    06:01 AM    08:31 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:33 PM
General Awareness	e-waste & hazardous waste	English	01:05 AM    03:35 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:37 PM    09:07 PM    11:37 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:18 AM    03:48 AM    06:19 AM    08:49 AM    11:19 AM    01:49 PM    04:19 PM    06:50 PM    09:20 PM    11:50 PM 
General English	Episode 12 Disagreeing 1	English	01:25 AM    03:55 AM    06:25 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:57 PM
Science	Ch-15: Light Part-1	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:22 PM    09:52 PM
रविवार, 25 फरवरी 2024 Sunday, 25 February 2024			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:31 AM    05:02 AM    07:34 AM    10:05 AM    12:37 PM    03:08 PM    05:39 PM    08:11 PM    10:42 PM
राजनीति विज्ञान	पाठ-2: स्वास्थ्य में सरकार की भूमिका (Part-1)	हिंदी	12:20 AM    02:52 AM    05:23 AM    07:55 AM    10:26 AM    12:57 PM    03:29 PM    06:00 PM    08:32 PM    11:03 PM



Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:37 AM    03:08 AM    05:40 AM    08:11 AM    10:43 AM    01:14 PM    03:45 PM    06:17 PM    08:48 PM    11:20 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	12:45 AM    03:16 AM    05:48 AM    08:19 AM    10:51 AM    01:22 PM    03:53 PM    06:25 PM    08:56 PM    11:28 PM
General Awareness	Fabric	English	01:04 AM    03:36 AM    06:07 AM    08:38 AM    11:10 AM    01:41 PM    04:13 PM    06:44 PM    09:15 PM    11:47 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	01:13 AM    03:45 AM    06:16 AM    08:48 AM    11:19 AM    01:50 PM    04:22 PM    06:53 PM    09:25 PM    11:56 PM
General Awareness	e-waste management Block-2	English	01:31 AM    04:02 AM    06:34 AM    09:05 AM    11:36 AM    02:08 PM    04:39 PM    07:11 PM    09:42 PM
History	Ch-2: New Kings & Kingdom	English	01:45 AM    04:16 AM    06:48 AM    09:19 AM    11:51 AM    02:22 PM    04:53 PM    07:25 PM    09:56 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:06 AM    04:37 AM    07:09 AM    09:40 AM    12:12 PM    02:43 PM    05:14 PM    07:46 PM    10:17 PM
सोमवार, 26 फरवरी 2024 Monday, 26 February 2024			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:21 AM    02:51 AM    05:21 AM    07:51 AM    10:21 AM    12:52 PM    03:22 PM    05:52 PM    08:22 PM    10:52 PM
सामान्य जागरूकता	रोज़ बदलता कैसे चाँद -१	हिंदी	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM

			03:55 PM    06:25 PM    08:55 PM    11:25 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:03 AM    03:34 AM    06:04 AM    08:34 AM    11:04 AM    01:34 PM    04:04 PM    06:34 PM    09:04 PM    11:34 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa Fish	English	01:10 AM    03:40 AM    06:10 AM    08:40 AM    11:10 AM    01:40 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
सामान्य	शशकासन	हिंदी	01:37 AM    04:07 AM    06:37 AM    09:07 AM    11:37 AM    02:07 PM    04:37 PM    07:07 PM    09:37 PM
Mathematics	Ch-1: Integers	English	01:39 AM    04:09 AM    06:39 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
मंगलवार, 27 फरवरी 2024 Tuesday, 27 February 2024			
गणित	पाठ-1: पूर्णांक	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:28 PM    02:57 PM    05:27 PM    07:56 PM    10:26 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:32 AM    03:02 AM    05:31 AM    08:01 AM    10:31 AM    01:00 PM    03:30 PM    06:00 PM    08:29 PM    10:59 PM
हिन्दी	पाठ-17: वीर कुँवर सिंह भाग-2	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:04 AM    10:34 AM    01:04 PM    03:33 PM    06:03 PM    08:32 PM    11:02 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:53 AM    03:22 AM    05:52 AM    08:22 AM    10:51 AM    01:21 PM    03:51 PM    06:20 PM    08:50 PM    11:19 PM



Storytelling/Value Education	सुधीर तैलंग	हिंदी	01:10 AM    03:40 AM    06:10 AM    08:39 AM    11:09 AM    01:38 PM    04:08 PM    06:38 PM    09:07 PM    11:37 PM
Science	Ch-15: Light Part-1	English	01:27 AM    03:57 AM    06:26 AM    08:56 AM    11:26 AM    01:55 PM    04:25 PM    06:54 PM    09:24 PM    11:54 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:39 AM    04:08 AM    06:38 AM    09:08 AM    11:37 AM    02:07 PM    04:36 PM    07:06 PM    09:36 PM
Geography	Ch-1: Our Environment	English	01:47 AM    04:16 AM    06:46 AM    09:16 AM    11:45 AM    02:15 PM    04:45 PM    07:14 PM    09:44 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:37 AM    07:07 AM    09:36 AM    12:06 PM    02:36 PM    05:05 PM    07:35 PM    10:05 PM
Vocational	Fishbone Stitch	English	02:18 AM    04:48 AM    07:17 AM    09:47 AM    12:16 PM    02:46 PM    05:16 PM    07:45 PM    10:15 PM
<b>बुधवार, 28 फरवरी 2024</b> <b>Wednesday, 28 February 2024</b>			
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
General Awareness	Fake-Whatsapp-Messages	English	12:21 AM    02:52 AM    05:22 AM    07:53 AM    10:23 AM    12:53 PM    03:24 PM    05:54 PM    08:25 PM    10:55 PM
उर्दू	ईदगाह	हिंदी	12:24 AM    02:54 AM    05:24 AM    07:55 AM    10:25 AM    12:56 PM    03:26 PM    05:56 PM    08:27 PM    10:57 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:52 AM    03:22 AM    05:53 AM    08:23 AM    10:54 AM    01:24 PM





			03:54 PM    06:25 PM    08:55 PM    11:26 PM
Creative Activities: Art & Craft	Slithering Snake	English	12:55 AM    03:25 AM    05:55 AM    08:26 AM    10:56 AM    01:27 PM    03:57 PM    06:27 PM    08:58 PM    11:28 PM
General Awareness	Fabric	English	12:56 AM    03:27 AM    05:57 AM    08:27 AM    10:58 AM    01:28 PM    03:59 PM    06:29 PM    08:59 PM    11:30 PM
Storytelling/Value Education	आजादी की कहानी-2	हिंदी	01:05 AM    03:36 AM    06:06 AM    08:36 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:08 PM    11:39 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिंदी	01:20 AM    03:50 AM    06:21 AM    08:51 AM    11:22 AM    01:52 PM    04:22 PM    06:53 PM    09:23 PM    11:54 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:21 AM    03:51 AM    06:22 AM    08:52 AM    11:23 AM    01:53 PM    04:23 PM    06:54 PM    09:24 PM    11:55 PM
History	Ch-2: New Kings & Kingdom	English	01:28 AM    03:58 AM    06:28 AM    08:59 AM    11:29 AM    02:00 PM    04:30 PM    07:00 PM    09:31 PM
Mathematics	Ch-1: Integers	English	01:49 AM    04:19 AM    06:49 AM    09:20 AM    11:50 AM    02:21 PM    04:51 PM    07:21 PM    09:52 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:14 AM    04:44 AM    07:14 AM    09:45 AM    12:15 PM    02:46 PM    05:16 PM    07:46 PM    10:17 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:20 AM    09:50 AM    12:21 PM    02:51 PM    05:21 PM    07:52 PM    10:22 PM
<b>बृहस्पतिवार, 29 फरवरी 2024</b> <b>Thursday, 29 February 2024</b>			



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Dish TV Channel #2028

गणित	पाठ-2: भिन्न एवं दशमलव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:34 PM    06:05 PM    08:35 PM    11:05 PM
इतिहास	पाठ-1: हजार वर्षों के दौरान हुए परिवर्तनों की पड़ताल	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:51 AM    01:21 PM    03:51 PM    06:22 PM    08:52 PM    11:22 PM
General Awareness	Fabric	English	01:14 AM    03:44 AM    06:14 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	01:23 AM    03:53 AM    06:23 AM    08:54 AM    11:24 AM    01:54 PM    04:25 PM    06:55 PM    09:25 PM    11:55 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:25 AM    03:55 AM    06:25 AM    08:56 AM    11:26 AM    01:56 PM    04:27 PM    06:57 PM    09:27 PM    11:57 PM
English	Honeycomb, Ch-3: The Shed	English	01:33 AM    04:03 AM    06:34 AM    09:04 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
Science	Ch-15: Light Part-2	English	01:55 AM    04:25 AM    06:56 AM    09:26 AM    11:56 AM    02:26 PM    04:57 PM    07:27 PM    09:57 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:37 PM    10:07 PM