

कक्षा - 4 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 4

कक्षा - 4 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 4

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 4 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 4

जनवरी 2025
January 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बुधवार, 01 जनवरी 2025 Wednesday, 01 January 2025			
पर्यावरण अध्ययन	पाठ 16: चूँ-चूँ करती आई चिड़िया	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
General	आओ सैर करें - मिस्र	Hindi	12:35 AM 02:36 AM 04:37 AM 06:38 AM 08:38 AM 10:39 AM 12:40 PM 02:41 PM 04:41 PM 06:42 PM 08:43 PM 10:44 PM
Animated series	Why the Donkey Won't Move	English	12:39 AM 02:40 AM 04:41 AM 06:41 AM 08:42 AM 10:43 AM 12:44 PM 02:44 PM 04:45 PM 06:46 PM 08:47 PM 10:47 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	12:49 AM 02:50 AM 04:50 AM 06:51 AM 08:52 AM 10:53 AM 12:53 PM 02:54 PM 04:55 PM 06:56 PM 08:56 PM 10:57 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:53 AM 02:54 AM 04:55 AM 06:55 AM 08:56 AM 10:57 AM 12:58 PM 02:58 PM 04:59 PM 07:00 PM 09:01 PM 11:01 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:16 AM 03:16 AM 05:17 AM 07:18 AM 09:19 AM 11:19 AM 01:20 PM 03:21 PM 05:22 PM 07:22 PM 09:23 PM 11:24 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:38 AM 03:38 AM 05:39 AM 07:40 AM 09:41 AM 11:41 AM 01:42 PM 03:43 PM 05:44 PM 07:44 PM 09:45 PM 11:46 PM
बृहस्पतिवार, 02 जनवरी 2025 Thursday, 02 January 2025			
कहानी	टर्म टू भाग 1	Hindi	12:00 AM 02:06 AM 04:13 AM 06:20 AM 08:27 AM 10:34 AM 12:41 PM 02:48 PM 04:55 PM 07:02 PM 09:09 PM 11:15 PM



पर्यावरण अध्ययन	पाठ 15: मंडी से घर तक	Hindi	12:31 AM 02:37 AM 04:44 AM 06:51 AM 08:58 AM 11:05 AM 01:12 PM 03:19 PM 05:26 PM 07:33 PM 09:40 PM 11:46 PM
कहानी	तुम्हारी कहानियां : डोमी की चप्पलें भाग 2	Hindi	12:50 AM 02:57 AM 05:03 AM 07:10 AM 09:17 AM 11:24 AM 01:31 PM 03:38 PM 05:45 PM 07:52 PM 09:59 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	01:04 AM 03:11 AM 05:18 AM 07:25 AM 09:31 AM 11:38 AM 01:45 PM 03:52 PM 05:59 PM 08:06 PM 10:13 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:22 AM 03:29 AM 05:36 AM 07:43 AM 09:49 AM 11:56 AM 02:03 PM 04:10 PM 06:17 PM 08:24 PM 10:31 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:44 AM 03:51 AM 05:58 AM 08:05 AM 10:11 AM 12:18 PM 02:25 PM 04:32 PM 06:39 PM 08:46 PM 10:53 PM
शुक्रवार, 03 जनवरी 2025 Friday, 03 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:10 PM 10:11 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:34 AM 02:35 AM 04:36 AM 06:37 AM 08:38 AM 10:39 AM 12:40 PM 02:41 PM 04:42 PM 06:43 PM 08:44 PM 10:45 PM
कहानी	तुम्हारी कहानियां : डोमी की चप्पलें भाग 1	Hindi	12:52 AM 02:53 AM 04:54 AM 06:55 AM 08:56 AM 10:57 AM 12:58 PM 02:59 PM 05:00 PM 07:01 PM 09:02 PM 11:03 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:04 AM 03:05 AM 05:06 AM 07:08 AM 09:09 AM 11:10 AM 01:11 PM 03:12 PM 05:13 PM 07:14 PM 09:15 PM 11:16 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:26 AM 03:28 AM 05:29 AM 07:30 AM 09:31 AM 11:32 AM 01:33 PM 03:34 PM 05:35 PM 07:36 PM 09:37 PM 11:38 PM
शनिवार, 04 जनवरी 2025 Saturday, 04 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:38 AM 02:39 AM 04:39 AM 06:40 AM 08:41 AM 10:42 AM 12:42 PM 02:43 PM 04:44 PM 06:45 PM 08:45 PM 10:46 PM



Mathematics	Chapter 1 : Building with Bricks	English	12:56 AM 02:57 AM 04:57 AM 06:58 AM 08:59 AM 11:00 AM 01:00 PM 03:01 PM 05:02 PM 07:03 PM 09:03 PM 11:04 PM
कहानी	तुम्हारी कहानियाँ : डोमी की चप्पलें भाग 1	Hindi	01:18 AM 03:19 AM 05:19 AM 07:20 AM 09:21 AM 11:22 AM 01:22 PM 03:23 PM 05:24 PM 07:25 PM 09:25 PM 11:26 PM
रविवार, 05 जनवरी 2025 Sunday, 05 January 2025			
शारीरिक शिक्षा	योग: त्रिकोणासन	Hindi	12:00 AM 02:02 AM 04:05 AM 06:07 AM 08:10 AM 10:12 AM 12:15 PM 02:17 PM 04:20 PM 06:22 PM 08:25 PM 10:27 PM
शारीरिक शिक्षा	स्वस्थ बढ़ना	Hindi	12:31 AM 02:33 AM 04:36 AM 06:38 AM 08:41 AM 10:43 AM 12:46 PM 02:48 PM 04:51 PM 06:53 PM 08:56 PM 10:58 PM
कहानी	टर्म टू भाग 8	Hindi	12:35 AM 02:37 AM 04:40 AM 06:42 AM 08:45 AM 10:48 AM 12:50 PM 02:53 PM 04:55 PM 06:58 PM 09:00 PM 11:03 PM
सोमवार, 06 जनवरी 2025 Monday, 06 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:35 AM 02:36 AM 04:37 AM 06:37 AM 08:38 AM 10:38 AM 12:39 PM 02:39 PM 04:40 PM 06:40 PM 08:41 PM 10:41 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	12:53 AM 02:54 AM 04:55 AM 06:55 AM 08:56 AM 10:56 AM 12:57 PM 02:57 PM 04:58 PM 06:58 PM 08:59 PM 10:59 PM
कहानी	लकड़ी मकड़ी ककड़ी	Hindi	01:15 AM 03:15 AM 05:16 AM 07:16 AM 09:17 AM 11:18 AM 01:18 PM 03:19 PM 05:19 PM 07:20 PM 09:20 PM 11:21 PM
Art Education	बांसुरी वादन	Hindi	01:18 AM 03:19 AM 05:19 AM 07:20 AM 09:20 AM 11:21 AM 01:21 PM 03:22 PM 05:22 PM 07:23 PM 09:24 PM 11:24 PM
EVS	Chapter 14 :Basava's Farm	English	01:31 AM 03:31 AM 05:32 AM 07:32 AM 09:33 AM 11:33 AM 01:34 PM 03:35 PM 05:35 PM 07:36 PM 09:36 PM 11:37 PM
मंगलवार, 07 जनवरी 2025 Tuesday, 07 January 2025			



गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:35 AM 02:36 AM 04:36 AM 06:36 AM 08:37 AM 10:37 AM 12:37 PM 02:37 PM 04:38 PM 06:38 PM 08:38 PM 10:38 PM
Art Education	नाटक खेलना आसान है भाग 2	Hindi	12:53 AM 02:54 AM 04:54 AM 06:54 AM 08:55 AM 10:55 AM 12:55 PM 02:55 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
EVS	Chapter 14 :Basava's Farm	English	01:08 AM 03:08 AM 05:09 AM 07:09 AM 09:09 AM 11:09 AM 01:10 PM 03:10 PM 05:10 PM 07:11 PM 09:11 PM 11:11 PM
English	Unit 3 : Run & Nasruddin's Aim	English	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
बुधवार, 08 जनवरी 2025 Wednesday, 08 January 2025			
पर्यावरण अध्ययन	पाठ 16: चूँ-चूँ करती आई चिड़िया	Hindi	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:58 PM 03:58 PM 05:58 PM 07:58 PM 09:58 PM 11:58 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:35 AM 02:35 AM 04:35 AM 06:35 AM 08:35 AM 10:35 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:34 PM
Mathematics	Chapter 1 : Building with Bricks	English	12:53 AM 02:53 AM 04:53 AM 06:53 AM 08:53 AM 10:52 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:51 PM
General	आओ सैर करें - पोरबंदर	Hindi	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:15 AM 11:15 AM 01:15 PM 03:15 PM 05:15 PM 07:15 PM 09:14 PM 11:14 PM
General	खेल खेल में	Hindi	01:21 AM 03:21 AM 05:20 AM 07:20 AM 09:20 AM 11:20 AM 01:20 PM 03:20 PM 05:19 PM 07:19 PM 09:19 PM 11:19 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:35 AM 03:35 AM 05:35 AM 07:35 AM 09:34 AM 11:34 AM 01:34 PM 03:34 PM 05:34 PM 07:34 PM 09:33 PM 11:33 PM
बृहस्पतिवार, 09 जनवरी 2025 Thursday, 09 January 2025			
पर्यावरण अध्ययन	पाठ 15: मंडी से घर तक	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:04 PM



Art Education	नाटक खेलना आसान है भाग 1	Hindi	12:27 AM 02:27 AM 04:28 AM 06:28 AM 08:28 AM 10:29 AM 12:29 PM 02:30 PM 04:30 PM 06:31 PM 08:31 PM 10:32 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:53 AM 02:54 AM 04:54 AM 06:55 AM 08:55 AM 10:56 AM 12:56 PM 02:57 PM 04:57 PM 06:57 PM 08:58 PM 10:58 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:11 AM 03:12 AM 05:12 AM 07:13 AM 09:13 AM 11:14 AM 01:14 PM 03:15 PM 05:15 PM 07:15 PM 09:16 PM 11:16 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:36 AM 03:36 AM 05:37 AM 07:37 AM 09:38 AM 11:38 AM 01:38 PM 03:39 PM 05:39 PM 07:40 PM 09:40 PM 11:41 PM
शुक्रवार, 10 जनवरी 2025 Friday, 10 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:09 AM 10:11 AM 12:13 PM 02:15 PM 04:18 PM 06:20 PM 08:22 PM 10:25 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:35 AM 02:38 AM 04:40 AM 06:42 AM 08:45 AM 10:47 AM 12:49 PM 02:51 PM 04:54 PM 06:56 PM 08:58 PM 11:01 PM
कहानी	टर्म टू भाग 5	Hindi	12:53 AM 02:56 AM 04:58 AM 07:00 AM 09:03 AM 11:05 AM 01:07 PM 03:09 PM 05:12 PM 07:14 PM 09:16 PM 11:19 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:16 AM 03:18 AM 05:20 AM 07:23 AM 09:25 AM 11:27 AM 01:30 PM 03:32 PM 05:34 PM 07:36 PM 09:39 PM 11:41 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:38 AM 03:40 AM 05:42 AM 07:45 AM 09:47 AM 11:49 AM 01:52 PM 03:54 PM 05:56 PM 07:58 PM 10:01 PM
शनिवार, 11 जनवरी 2025 Saturday, 11 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:06 AM 12:07 PM 02:08 PM 04:09 PM 06:10 PM 08:12 PM 10:13 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:38 AM 02:39 AM 04:40 AM 06:41 AM 08:43 AM 10:44 AM 12:45 PM 02:46 PM 04:47 PM 06:49 PM 08:50 PM 10:51 PM
कहानी	लकड़ी मकड़ी ककड़ी	Hindi	01:00 AM 03:02 AM 05:03 AM 07:04 AM 09:05 AM 11:06 AM 01:08 PM 03:09 PM 05:10 PM 07:11 PM 09:12 PM 11:14 PM



Physical Education	Nutrition, Health & Sanitation	English	01:07 AM 03:08 AM 05:09 AM 07:11 AM 09:12 AM 11:13 AM 01:14 PM 03:15 PM 05:17 PM 07:18 PM 09:19 PM 11:20 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:14 AM 03:16 AM 05:17 AM 07:18 AM 09:19 AM 11:20 AM 01:22 PM 03:23 PM 05:24 PM 07:25 PM 09:26 PM 11:28 PM
रविवार, 12 जनवरी 2025 Sunday, 12 January 2025			
शारीरिक शिक्षा	योग: त्रिकोणासन	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:03 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:06 PM 10:06 PM
कहानी	सोने का अंडा देने वाली मुर्गी	Hindi	12:24 AM 02:25 AM 04:25 AM 06:26 AM 08:26 AM 10:27 AM 12:28 PM 02:28 PM 04:29 PM 06:29 PM 08:30 PM 10:31 PM
कहानी	टर्म टू भाग 8	Hindi	12:32 AM 02:33 AM 04:33 AM 06:34 AM 08:34 AM 10:35 AM 12:36 PM 02:36 PM 04:37 PM 06:38 PM 08:38 PM 10:39 PM
सोमवार, 13 जनवरी 2025 Monday, 13 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:57 AM 09:56 AM 11:55 AM 01:54 PM 03:54 PM 05:53 PM 07:52 PM 09:51 PM 11:51 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:42 AM 02:41 AM 04:40 AM 06:39 AM 08:39 AM 10:38 AM 12:37 PM 02:36 PM 04:36 PM 06:35 PM 08:34 PM 10:33 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:13 AM 03:12 AM 05:12 AM 07:11 AM 09:10 AM 11:09 AM 01:09 PM 03:08 PM 05:07 PM 07:06 PM 09:06 PM 11:05 PM
EVS	Chapter 14 :Basava's Farm	English	01:35 AM 03:34 AM 05:33 AM 07:32 AM 09:32 AM 11:31 AM 01:30 PM 03:29 PM 05:29 PM 07:28 PM 09:27 PM 11:26 PM
मंगलवार, 14 जनवरी 2025 Tuesday, 14 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:59 PM 07:59 PM 09:59 PM 11:59 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:36 AM 10:36 AM 12:36 PM 02:36 PM 04:36 PM 06:36 PM 08:36 PM 10:36 PM



EVS	Chapter 14 :Basava's Farm	English	12:58 AM 02:58 AM 04:58 AM 06:58 AM 08:58 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:57 PM 10:57 PM
English	Unit 4 : Alice in Wonderland	English	01:38 AM 03:38 AM 05:38 AM 07:38 AM 09:38 AM 11:38 AM 01:38 PM 03:38 PM 05:38 PM 07:38 PM 09:38 PM 11:38 PM
बुधवार, 15 जनवरी 2025 Wednesday, 15 January 2025			
पर्यावरण अध्ययन	पाठ 16: चूँ-चूँ करती आई चिड़िया	Hindi	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:09 AM 10:11 AM 12:13 PM 02:16 PM 04:18 PM 06:20 PM 08:23 PM 10:25 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:35 AM 02:38 AM 04:40 AM 06:42 AM 08:45 AM 10:47 AM 12:49 PM 02:51 PM 04:54 PM 06:56 PM 08:58 PM 11:01 PM
General	Meena - 3 Saving the life	English	12:53 AM 02:56 AM 04:58 AM 07:00 AM 09:03 AM 11:05 AM 01:07 PM 03:09 PM 05:12 PM 07:14 PM 09:16 PM 11:19 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:10 AM 03:12 AM 05:15 AM 07:17 AM 09:19 AM 11:22 AM 01:24 PM 03:26 PM 05:29 PM 07:31 PM 09:33 PM 11:35 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:34 AM 03:37 AM 05:39 AM 07:41 AM 09:44 AM 11:46 AM 01:48 PM 03:51 PM 05:53 PM 07:55 PM 09:57 PM
बृहस्पतिवार, 16 जनवरी 2025 Thursday, 16 January 2025			
पर्यावरण अध्ययन	पाठ 15: मंडी से घर तक	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:31 AM 10:31 AM 12:32 PM 02:32 PM 04:33 PM 06:33 PM 08:34 PM 10:34 PM
General	आओ सैर करें - पोखंडर	Hindi	12:58 AM 02:59 AM 04:59 AM 07:00 AM 09:00 AM 11:01 AM 01:01 PM 03:02 PM 05:02 PM 07:03 PM 09:03 PM 11:04 PM
General	आओ सैर करें - मणिपुर	Hindi	01:03 AM 03:03 AM 05:04 AM 07:04 AM 09:05 AM 11:05 AM 01:06 PM 03:06 PM 05:07 PM 07:07 PM 09:08 PM 11:08 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:09 AM 03:09 AM 05:10 AM 07:10 AM 09:11 AM 11:11 AM 01:12 PM 03:12 PM 05:13 PM 07:13 PM 09:14 PM 11:14 PM



English	Unit 4 : Alice in Wonderland	English	01:39 AM 03:39 AM 05:40 AM 07:40 AM 09:41 AM 11:41 AM 01:42 PM 03:42 PM 05:43 PM 07:43 PM 09:44 PM 11:44 PM
शुक्रवार, 17 जनवरी 2025 Friday, 17 January 2025			
गणित	पाठ 1: ईंटों से बनी ईमारत	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:01 AM 12:02 PM 02:02 PM 04:02 PM 06:03 PM 08:03 PM 10:03 PM
General	आओ सैर करें - मिस्र	Hindi	12:38 AM 02:38 AM 04:39 AM 06:39 AM 08:39 AM 10:40 AM 12:40 PM 02:40 PM 04:41 PM 06:41 PM 08:41 PM 10:42 PM
हिंदी	पाठ 1 : मन के भोले- भाले बादल	Hindi	12:47 AM 02:47 AM 04:48 AM 06:48 AM 08:49 AM 10:49 AM 12:49 PM 02:50 PM 04:50 PM 06:50 PM 08:51 PM 10:51 PM
Mathematics	Chapter 1 : Building with Bricks	English	01:05 AM 03:05 AM 05:06 AM 07:06 AM 09:06 AM 11:07 AM 01:07 PM 03:08 PM 05:08 PM 07:08 PM 09:09 PM 11:09 PM
General	आओ सैर करें - सेवाग्राम	Hindi	01:27 AM 03:27 AM 05:28 AM 07:28 AM 09:29 AM 11:29 AM 01:29 PM 03:30 PM 05:30 PM 07:30 PM 09:31 PM 11:31 PM
English	Unit 5 : Don't Be Afraid of the Dark	English	01:36 AM 03:36 AM 05:37 AM 07:37 AM 09:37 AM 11:38 AM 01:38 PM 03:38 PM 05:39 PM 07:39 PM 09:39 PM 11:40 PM
शनिवार, 18 जनवरी 2025 Saturday, 18 January 2025			
गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:08 PM 08:09 PM 10:09 PM
General	आओ सैर करें - पोखंडर	Hindi	12:39 AM 02:40 AM 04:41 AM 06:42 AM 08:43 AM 10:43 AM 12:44 PM 02:45 PM 04:46 PM 06:47 PM 08:48 PM 10:49 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:57 AM 02:58 AM 04:59 AM 06:59 AM 09:00 AM 11:01 AM 01:02 PM 03:03 PM 05:04 PM 07:05 PM 09:06 PM 11:07 PM
Physical Education	Nutrition, Health & Sanitation	English	01:17 AM 03:18 AM 05:19 AM 07:20 AM 09:21 AM 11:22 AM 01:23 PM 03:24 PM 05:25 PM 07:25 PM 09:26 PM 11:27 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:28 AM 03:29 AM 05:30 AM 07:31 AM 09:32 AM 11:33 AM 01:34 PM 03:34 PM 05:35 PM 07:36 PM 09:37 PM 11:38 PM



रविवार, 19 जनवरी 2025
Sunday, 19 January 2025

शारीरिक शिक्षा	स्वस्थ बढ़ना	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
Physical Education	Nutrition, Health & Sanitation	English	12:16 AM 02:17 AM 04:17 AM 06:18 AM 08:18 AM 10:18 AM 12:19 PM 02:19 PM 04:20 PM 06:20 PM 08:21 PM 10:21 PM
कहानी	सोने का अंडा देने वाली मुर्गी	Hindi	12:25 AM 02:25 AM 04:26 AM 06:26 AM 08:27 AM 10:27 AM 12:28 PM 02:28 PM 04:29 PM 06:29 PM 08:30 PM 10:30 PM
कहानी	टर्म टू भाग 8	Hindi	12:33 AM 02:33 AM 04:34 AM 06:34 AM 08:35 AM 10:35 AM 12:36 PM 02:36 PM 04:37 PM 06:37 PM 08:38 PM 10:38 PM

सोमवार, 20 जनवरी 2025
Monday, 20 January 2025

गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:01 AM 04:03 AM 06:05 AM 08:07 AM 10:08 AM 12:10 PM 02:12 PM 04:14 PM 06:16 PM 08:17 PM 10:19 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:40 AM 02:42 AM 04:43 AM 06:45 AM 08:47 AM 10:49 AM 12:51 PM 02:52 PM 04:54 PM 06:56 PM 08:58 PM 10:59 PM
Physical Education	Growing up Healthy	English	01:01 AM 03:02 AM 05:04 AM 07:06 AM 09:08 AM 11:09 AM 01:11 PM 03:13 PM 05:15 PM 07:17 PM 09:18 PM 11:20 PM
EVS	A Busy Month	English	01:05 AM 03:06 AM 05:08 AM 07:10 AM 09:12 AM 11:14 AM 01:15 PM 03:17 PM 05:19 PM 07:21 PM 09:23 PM 11:24 PM
English	Unit 6 : Hiawatha	English	01:36 AM 03:38 AM 05:39 AM 07:41 AM 09:43 AM 11:45 AM 01:47 PM 03:48 PM 05:50 PM 07:52 PM 09:54 PM 11:55 PM

मंगलवार, 21 जनवरी 2025
Tuesday, 21 January 2025

गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:01 AM 04:03 AM 06:04 AM 08:06 AM 10:07 AM 12:09 PM 02:11 PM 04:12 PM 06:14 PM 08:15 PM 10:17 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:39 AM 02:41 AM 04:42 AM 06:44 AM 08:45 AM 10:47 AM 12:48 PM 02:50 PM 04:52 PM 06:53 PM 08:55 PM 10:56 PM



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EVS	A Busy Month	English	01:00 AM 03:01 AM 05:03 AM 07:04 AM 09:06 AM 11:08 AM 01:09 PM 03:11 PM 05:12 PM 07:14 PM 09:16 PM 11:17 PM
English	Unit 4 : Alice in Wonderland	English	01:42 AM 03:43 AM 05:45 AM 07:46 AM 09:48 AM 11:49 AM 01:51 PM 03:53 PM 05:54 PM 07:56 PM 09:57 PM 11:59 PM
बुधवार, 22 जनवरी 2025 Wednesday, 22 January 2025			
पर्यावरण अध्ययन	पाठ 17: नदिता मुंबई में	Hindi	12:00 AM 02:01 AM 04:03 AM 06:05 AM 08:06 AM 10:08 AM 12:10 PM 02:11 PM 04:13 PM 06:15 PM 08:16 PM 10:18 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:33 AM 02:34 AM 04:36 AM 06:38 AM 08:39 AM 10:41 AM 12:43 PM 02:44 PM 04:46 PM 06:48 PM 08:49 PM 10:51 PM
General	Meena - 3 Saving the life	English	12:53 AM 02:55 AM 04:57 AM 06:58 AM 09:00 AM 11:02 AM 01:03 PM 03:05 PM 05:07 PM 07:08 PM 09:10 PM 11:12 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:08 AM 03:09 AM 05:11 AM 07:13 AM 09:14 AM 11:16 AM 01:18 PM 03:19 PM 05:21 PM 07:23 PM 09:24 PM 11:26 PM
English	Unit 6 : Hiawatha	English	01:32 AM 03:33 AM 05:35 AM 07:37 AM 09:38 AM 11:40 AM 01:42 PM 03:43 PM 05:45 PM 07:47 PM 09:48 PM 11:50 PM
बृहस्पतिवार, 23 जनवरी 2025 Thursday, 23 January 2025			
पर्यावरण अध्ययन	पाठ 16: चूँ-चूँ करती आई चिड़िया	Hindi	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:10 PM 10:11 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:38 AM 02:39 AM 04:40 AM 06:41 AM 08:42 AM 10:43 AM 12:44 PM 02:45 PM 04:46 PM 06:47 PM 08:48 PM 10:49 PM
General	आओ सैर करें - पोखंडर	Hindi	12:58 AM 02:59 AM 05:00 AM 07:01 AM 09:03 AM 11:04 AM 01:05 PM 03:06 PM 05:07 PM 07:08 PM 09:09 PM 11:10 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:03 AM 03:04 AM 05:05 AM 07:06 AM 09:07 AM 11:08 AM 01:09 PM 03:10 PM 05:11 PM 07:12 PM 09:13 PM 11:14 PM
English	Unit 6 : Hiawatha	English	01:36 AM 03:37 AM 05:38 AM 07:39 AM 09:40 AM 11:41 AM 01:42 PM 03:43 PM 05:44 PM 07:46 PM 09:47 PM 11:48 PM



शुक्रवार, 24 जनवरी 2025
Friday, 24 January 2025

गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:01 AM 04:02 AM 06:04 AM 08:05 AM 10:06 AM 12:08 PM 02:09 PM 04:11 PM 06:12 PM 08:13 PM 10:15 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:42 AM 02:44 AM 04:45 AM 06:46 AM 08:48 AM 10:49 AM 12:51 PM 02:52 PM 04:53 PM 06:55 PM 08:56 PM 10:58 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:03 AM 03:04 AM 05:06 AM 07:07 AM 09:09 AM 11:10 AM 01:11 PM 03:13 PM 05:14 PM 07:15 PM 09:17 PM 11:18 PM
General	आओ सैर करें - सेवाग्राम	Hindi	01:26 AM 03:28 AM 05:29 AM 07:30 AM 09:32 AM 11:33 AM 01:34 PM 03:36 PM 05:37 PM 07:39 PM 09:40 PM 11:41 PM
English	Unit 6 : Hiawatha	English	01:35 AM 03:36 AM 05:38 AM 07:39 AM 09:41 AM 11:42 AM 01:43 PM 03:45 PM 05:46 PM 07:47 PM 09:49 PM 11:50 PM

शनिवार, 25 जनवरी 2025
Saturday, 25 January 2025

गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM
General	आओ सैर करें - पोखंडर	Hindi	12:39 AM 02:40 AM 04:41 AM 06:41 AM 08:42 AM 10:43 AM 12:44 PM 02:45 PM 04:46 PM 06:46 PM 08:47 PM 10:48 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:52 AM 02:53 AM 04:54 AM 06:55 AM 08:55 AM 10:56 AM 12:57 PM 02:58 PM 04:59 PM 06:59 PM 09:00 PM 11:01 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:13 AM 03:14 AM 05:14 AM 07:15 AM 09:16 AM 11:17 AM 01:18 PM 03:18 PM 05:19 PM 07:20 PM 09:21 PM 11:22 PM

रविवार, 26 जनवरी 2025
Sunday, 26 January 2025

शारीरिक शिक्षा	स्वस्थ बढ़ना	Hindi	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:57 AM 11:57 AM 01:56 PM 03:56 PM 05:55 PM 07:55 PM 09:54 PM 11:54 PM
Physical Education	Nutrition, Health & Sanitation	English	12:23 AM 02:23 AM 04:22 AM 06:22 AM 08:21 AM 10:21 AM 12:20 PM 02:20 PM 04:19 PM 06:19 PM 08:18 PM 10:18 PM



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कहानी	टर्म टू भाग 8	Hindi	12:31 AM 02:30 AM 04:30 AM 06:29 AM 08:29 AM 10:28 AM 12:28 PM 02:27 PM 04:27 PM 06:26 PM 08:26 PM 10:25 PM
सोमवार, 27 जनवरी 2025 Monday, 27 January 2025			
गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:02 AM 04:05 AM 06:08 AM 08:11 AM 10:14 AM 12:16 PM 02:19 PM 04:22 PM 06:25 PM 08:28 PM 10:30 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:39 AM 02:42 AM 04:45 AM 06:47 AM 08:50 AM 10:53 AM 12:56 PM 02:59 PM 05:02 PM 07:04 PM 09:07 PM 11:10 PM
EVS	A Busy Month	English	01:01 AM 03:03 AM 05:06 AM 07:09 AM 09:12 AM 11:15 AM 01:18 PM 03:20 PM 05:23 PM 07:26 PM 09:29 PM 11:32 PM
English	Unit 6 : Hiawatha	English	01:32 AM 03:35 AM 05:37 AM 07:40 AM 09:43 AM 11:46 AM 01:49 PM 03:52 PM 05:54 PM 07:57 PM 10:00 PM
मंगलवार, 28 जनवरी 2025 Tuesday, 28 January 2025			
गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:03 AM 04:07 AM 06:11 AM 08:14 AM 10:18 AM 12:22 PM 02:25 PM 04:29 PM 06:33 PM 08:36 PM 10:40 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:39 AM 02:43 AM 04:46 AM 06:50 AM 08:54 AM 10:57 AM 01:01 PM 03:05 PM 05:08 PM 07:12 PM 09:16 PM 11:20 PM
EVS	A Busy Month	English	01:00 AM 03:03 AM 05:07 AM 07:11 AM 09:14 AM 11:18 AM 01:22 PM 03:25 PM 05:29 PM 07:33 PM 09:37 PM 11:40 PM
कहानी	तुम्हारी कहानियाँ : डोमी की चप्पलें भाग 1	Hindi	01:31 AM 03:35 AM 05:38 AM 07:42 AM 09:46 AM 11:49 AM 01:53 PM 03:57 PM 06:00 PM 08:04 PM 10:08 PM
English	Unit 4 : Alice in Wonderland	English	01:44 AM 03:47 AM 05:51 AM 07:55 AM 09:58 AM 12:02 PM 02:06 PM 04:09 PM 06:13 PM 08:17 PM 10:20 PM
बुधवार, 29 जनवरी 2025 Wednesday, 29 January 2025			
पर्यावरण अध्ययन	पाठ 17: नदिता मुंबई में	Hindi	12:00 AM 02:02 AM 04:04 AM 06:06 AM 08:09 AM 10:11 AM 12:13 PM 02:15 PM 04:18 PM 06:20 PM 08:22 PM 10:24 PM



हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:33 AM 02:35 AM 04:37 AM 06:39 AM 08:42 AM 10:44 AM 12:46 PM 02:49 PM 04:51 PM 06:53 PM 08:55 PM 10:58 PM
General	Meena - 3 Saving the life	English	12:53 AM 02:56 AM 04:58 AM 07:00 AM 09:02 AM 11:05 AM 01:07 PM 03:09 PM 05:11 PM 07:14 PM 09:16 PM 11:18 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:08 AM 03:10 AM 05:12 AM 07:15 AM 09:17 AM 11:19 AM 01:21 PM 03:24 PM 05:26 PM 07:28 PM 09:31 PM 11:33 PM
English	Unit 6 : Hiawatha	English	01:32 AM 03:35 AM 05:37 AM 07:39 AM 09:41 AM 11:44 AM 01:46 PM 03:48 PM 05:50 PM 07:53 PM 09:55 PM 11:57 PM
बृहस्पतिवार, 30 जनवरी 2025 Thursday, 30 January 2025			
पर्यावरण अध्ययन	पाठ 16: चूँ-चूँ करती आई चिड़िया	Hindi	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:10 PM 10:11 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:35 AM 02:36 AM 04:37 AM 06:39 AM 08:40 AM 10:41 AM 12:42 PM 02:43 PM 04:44 PM 06:45 PM 08:46 PM 10:47 PM
General	आओ सैर करें - पोखंडर	Hindi	12:58 AM 02:59 AM 05:00 AM 07:02 AM 09:03 AM 11:04 AM 01:05 PM 03:06 PM 05:07 PM 07:08 PM 09:09 PM 11:10 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:03 AM 03:04 AM 05:05 AM 07:06 AM 09:07 AM 11:08 AM 01:09 PM 03:10 PM 05:11 PM 07:13 PM 09:14 PM 11:15 PM
English	Unit 6 : Hiawatha	English	01:36 AM 03:37 AM 05:38 AM 07:39 AM 09:40 AM 11:41 AM 01:42 PM 03:44 PM 05:45 PM 07:46 PM 09:47 PM 11:48 PM
शुक्रवार, 31 जनवरी 2025 Friday, 31 January 2025			
गणित	पाठ 2 : लंबा और छोटा	Hindi	12:00 AM 02:03 AM 04:06 AM 06:10 AM 08:13 AM 10:16 AM 12:20 PM 02:23 PM 04:27 PM 06:30 PM 08:33 PM 10:37 PM
हिंदी	पाठ 2 : जैसा सवाल वैसा जवाब	Hindi	12:44 AM 02:48 AM 04:51 AM 06:54 AM 08:58 AM 11:01 AM 01:05 PM 03:08 PM 05:11 PM 07:15 PM 09:18 PM 11:22 PM
Mathematics	Chapter 2 : Long and Short Part 1	English	01:05 AM 03:08 AM 05:12 AM 07:15 AM 09:19 AM 11:22 AM 01:25 PM 03:29 PM 05:32 PM 07:35 PM 09:39 PM 11:42 PM



General	आओ सैर करें - सेवाग्राम	Hindi	01:28 AM 03:32 AM 05:35 AM 07:38 AM 09:42 AM 11:45 AM 01:48 PM 03:52 PM 05:55 PM 07:59 PM 10:02 PM
English	Unit 6 : Hiawatha	English	01:37 AM 03:40 AM 05:44 AM 07:47 AM 09:51 AM 11:54 AM 01:57 PM 04:01 PM 06:04 PM 08:07 PM 10:11 PM



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