

## कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 5

### कक्षा - 5 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 5

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
Mathematics	Mathematics	EVS	EVS	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/27](https://www.swayamprabha.gov.in/index.php/program/current_se/27).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

**कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class - 5**

**जनवरी 2025**  
**January 2025**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
<b>बुधवार, 01 जनवरी 2025</b> Wednesday, 01 January 2025			
EVS	पाठ - 18 जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM
Hindi	जोड़ासांको वाला घर	Hindi	12:28 AM    02:29 AM    04:29 AM    06:30 AM    08:30 AM    10:31 AM    12:31 PM    02:32 PM    04:32 PM    06:33 PM    08:33 PM    10:34 PM
EVS	Whose Forests? Part I	English	12:56 AM    02:57 AM    04:57 AM    06:58 AM    08:58 AM    10:59 AM    12:59 PM    03:00 PM    05:00 PM    07:01 PM    09:01 PM    11:02 PM
English	Birbal Find The Thief	English	01:21 AM    03:22 AM    05:22 AM    07:23 AM    09:23 AM    11:24 AM    01:24 PM    03:25 PM    05:25 PM    07:26 PM    09:26 PM    11:27 PM
English	Around the World- Part 1	English	01:28 AM    03:28 AM    05:29 AM    07:29 AM    09:30 AM    11:30 AM    01:31 PM    03:31 PM    05:32 PM    07:32 PM    09:33 PM    11:33 PM
<b>बृहस्पतिवार, 02 जनवरी 2025</b> Thursday, 02 January 2025			
EVS	जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:02 AM    04:04 AM    06:06 AM    08:08 AM    10:10 AM    12:12 PM    02:14 PM    04:16 PM    06:18 PM    08:20 PM    10:22 PM
Hindi	छोटी सी हमारी नदी	Hindi	12:28 AM    02:30 AM    04:32 AM    06:34 AM    08:36 AM    10:38 AM    12:40 PM    02:42 PM    04:44 PM    06:46 PM    08:48 PM    10:50 PM
Storytelling	छोटा कौन बड़ा कौन	Hindi	12:59 AM    03:01 AM    05:03 AM    07:05 AM    09:07 AM    11:09 AM    01:11 PM    03:13 PM    05:15 PM    07:17 PM    09:19 PM    11:21 PM



Mathematics	काउंट योर चिकन	Hindi	01:03 AM    03:05 AM    05:07 AM    07:09 AM    09:11 AM    11:13 AM    01:15 PM    03:17 PM    05:19 PM    07:21 PM    09:23 PM    11:25 PM
EVS	Whose Forests? Part II	English	01:16 AM    03:18 AM    05:20 AM    07:22 AM    09:24 AM    11:26 AM    01:28 PM    03:30 PM    05:32 PM    07:34 PM    09:36 PM    11:38 PM
English	Around the World- Part 2	English	01:38 AM    03:40 AM    05:42 AM    07:44 AM    09:46 AM    11:48 AM    01:50 PM    03:52 PM    05:54 PM    07:56 PM    09:58 PM
शुक्रवार, 03 जनवरी 2025 Friday, 03 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    02:02 AM    04:05 AM    06:07 AM    08:10 AM    10:12 AM    12:15 PM    02:17 PM    04:20 PM    06:22 PM    08:25 PM    10:27 PM
Hindi	छोटी-सी हमारी नदी (कविता)	Hindi	12:30 AM    02:33 AM    04:35 AM    06:38 AM    08:40 AM    10:43 AM    12:45 PM    02:48 PM    04:50 PM    06:53 PM    08:55 PM    10:58 PM
Storytelling	उस जंगल में एक दिन	Hindi	12:52 AM    02:54 AM    04:57 AM    06:59 AM    09:02 AM    11:04 AM    01:07 PM    03:09 PM    05:12 PM    07:14 PM    09:17 PM    11:19 PM
Mathematics	Does it Look the Same?	English	01:06 AM    03:09 AM    05:11 AM    07:14 AM    09:16 AM    11:19 AM    01:22 PM    03:24 PM    05:27 PM    07:29 PM    09:32 PM    11:34 PM
English	Sing a Song of the People	English	01:41 AM    03:44 AM    05:46 AM    07:49 AM    09:51 AM    11:54 AM    01:56 PM    03:59 PM    06:01 PM    08:04 PM    10:06 PM
शनिवार, 04 जनवरी 2025 Saturday, 04 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:01 AM    12:01 PM    02:01 PM    04:01 PM    06:01 PM    08:02 PM    10:02 PM
Cultural Heritage	ताजमहल अतुलनीय धरोहर	Hindi	12:25 AM    02:25 AM    04:25 AM    06:26 AM    08:26 AM    10:26 AM    12:26 PM    02:26 PM    04:27 PM    06:27 PM    08:27 PM    10:27 PM
Hindi	चुनौती हिमालय की	Hindi	12:35 AM    02:35 AM    04:36 AM    06:36 AM    08:36 AM    10:36 AM    12:36 PM    02:37 PM    04:37 PM    06:37 PM    08:37 PM    10:37 PM
Creative Activities Art and Craft	How Water Is Raised Inside The Glass	English	01:05 AM    03:05 AM    05:06 AM    07:06 AM    09:06 AM    11:06 AM    01:06 PM    03:07 PM    05:07 PM    07:07 PM    09:07 PM    11:07 PM



Creative Activities Art and Craft	Kaleidoscope	Hindi	01:14 AM    03:14 AM    05:15 AM    07:15 AM    09:15 AM    11:15 AM    01:15 PM    03:16 PM    05:16 PM    07:16 PM    09:16 PM    11:16 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:20 AM    03:21 AM    05:21 AM    07:21 AM    09:21 AM    11:21 AM    01:22 PM    03:22 PM    05:22 PM    07:22 PM    09:22 PM    11:23 PM
Creative Activities Art and Craft	Rotate Propelor spin Doll	Hindi	01:47 AM    03:48 AM    05:48 AM    07:48 AM    09:48 AM    11:48 AM    01:49 PM    03:49 PM    05:49 PM    07:49 PM    09:49 PM    11:50 PM
Storytelling	Chuskit goes to school	English	01:52 AM    03:52 AM    05:52 AM    07:52 AM    09:53 AM    11:53 AM    01:53 PM    03:53 PM    05:53 PM    07:54 PM    09:54 PM    11:54 PM
<b>रविवार, 05 जनवरी 2025</b> <b>Sunday, 05 January 2025</b>			
Creative Activities Art and Craft	नाटक खेलना आसान है (पोशाकें और अभ्यास)	Hindi	12:00 AM    01:59 AM    03:58 AM    05:57 AM    07:56 AM    09:55 AM    11:54 AM    01:53 PM    03:52 PM    05:51 PM    07:50 PM    09:49 PM    11:48 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:23 AM    02:22 AM    04:21 AM    06:20 AM    08:19 AM    10:18 AM    12:17 PM    02:17 PM    04:16 PM    06:15 PM    08:14 PM    10:13 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:36 AM    02:35 AM    04:34 AM    06:33 AM    08:32 AM    10:31 AM    12:30 PM    02:29 PM    04:28 PM    06:27 PM    08:26 PM    10:25 PM
General	सूर्य नमस्कार	Hindi	12:47 AM    02:46 AM    04:45 AM    06:44 AM    08:43 AM    10:42 AM    12:41 PM    02:40 PM    04:39 PM    06:38 PM    08:37 PM    10:36 PM
Storytelling	उस जंगल में एक दिन	Hindi	12:54 AM    02:53 AM    04:52 AM    06:51 AM    08:50 AM    10:49 AM    12:48 PM    02:47 PM    04:46 PM    06:45 PM    08:44 PM    10:43 PM
HEALTH EDUCATION	Nutrition, Health & Sanitation	English	01:21 AM    03:20 AM    05:19 AM    07:18 AM    09:17 AM    11:16 AM    01:15 PM    03:14 PM    05:13 PM    07:12 PM    09:11 PM    11:10 PM
General	Surya Namaskar	English	01:31 AM    03:30 AM    05:29 AM    07:28 AM    09:27 AM    11:26 AM    01:25 PM    03:24 PM    05:23 PM    07:22 PM    09:22 PM    11:21 PM
Storytelling	Birthday Party	Hindi	01:38 AM    03:37 AM    05:36 AM    07:35 AM    09:34 AM    11:33 AM    01:32 PM    03:31 PM    05:30 PM    07:29 PM    09:28 PM    11:27 PM
<b>सोमवार, 06 जनवरी 2025</b> <b>Monday, 06 January 2025</b>			



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Mathematics	पाठ - 6 में तेरा गुणखंड, गुणज तू मेरा भाग 1	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	Hindi	12:23 AM    02:24 AM    04:24 AM    06:25 AM    08:25 AM    10:26 AM    12:26 PM    02:27 PM    04:27 PM    06:28 PM    08:28 PM    10:29 PM
Creative Activities Art and Craft	ऑरिगमी (कागज कला) 2	Hindi	12:50 AM    02:51 AM    04:51 AM    06:52 AM    08:52 AM    10:53 AM    12:53 PM    02:54 PM    04:54 PM    06:55 PM    08:55 PM    10:56 PM
Mathematics	Does it Look the Same?	English	01:05 AM    03:06 AM    05:06 AM    07:07 AM    09:07 AM    11:08 AM    01:08 PM    03:09 PM    05:09 PM    07:10 PM    09:10 PM    11:11 PM
English	Who will be Ningthou? Part I	English	01:40 AM    03:40 AM    05:41 AM    07:41 AM    09:42 AM    11:42 AM    01:43 PM    03:43 PM    05:44 PM    07:44 PM    09:45 PM    11:45 PM
<b>मंगलवार, 07 जनवरी 2025</b> Tuesday, 07 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    02:03 AM    04:07 AM    06:11 AM    08:14 AM    10:18 AM    12:22 PM    02:26 PM    04:29 PM    06:33 PM    08:37 PM    10:40 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	Hindi	12:27 AM    02:31 AM    04:35 AM    06:38 AM    08:42 AM    10:46 AM    12:49 PM    02:53 PM    04:57 PM    07:01 PM    09:04 PM    11:08 PM
Creative Activities Art and Craft	ऑरिगमी (कागज कला) 3	Hindi	12:52 AM    02:56 AM    05:00 AM    07:03 AM    09:07 AM    11:11 AM    01:14 PM    03:18 PM    05:22 PM    07:26 PM    09:29 PM    11:33 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:09 AM    03:13 AM    05:17 AM    07:21 AM    09:24 AM    11:28 AM    01:32 PM    03:35 PM    05:39 PM    07:43 PM    09:47 PM    11:50 PM
English	Who will be Ningthou? Part II	English	01:37 AM    03:40 AM    05:44 AM    07:48 AM    09:51 AM    11:55 AM    01:59 PM    04:03 PM    06:06 PM    08:10 PM    10:14 PM
<b>बुधवार, 08 जनवरी 2025</b> Wednesday, 08 January 2025			
EVS	पाठ - 19 किसानों की कहानी-बीज की जुबानी	Hindi	12:00 AM    02:02 AM    04:05 AM    06:08 AM    08:11 AM    10:14 AM    12:17 PM    02:19 PM    04:22 PM    06:25 PM    08:28 PM    10:31 PM
Hindi	जोड़ासांको वाला घर	Hindi	12:29 AM    02:32 AM    04:35 AM    06:38 AM    08:41 AM    10:44 AM    12:46 PM    02:49 PM    04:52 PM    06:55 PM    08:58 PM    11:01 PM



EVS	Like Father, Like Daughter Part I	English	12:57 AM    03:00 AM    05:03 AM    07:06 AM    09:09 AM    11:11 AM    01:14 PM    03:17 PM    05:20 PM    07:23 PM    09:26 PM    11:28 PM
Creative Activities Art and Craft	आओ खेलौने बनाएं: पानी का फव्वारा	Hindi	01:24 AM    03:26 AM    05:29 AM    07:32 AM    09:35 AM    11:38 AM    01:41 PM    03:43 PM    05:46 PM    07:49 PM    09:52 PM    11:55 PM
English	Malu Bhalu	English	01:32 AM    03:35 AM    05:37 AM    07:40 AM    09:43 AM    11:46 AM    01:49 PM    03:52 PM    05:54 PM    07:57 PM    10:00 PM
<b>बृहस्पतिवार, 09 जनवरी 2025</b> Thursday, 09 January 2025			
EVS	पाठ - 18 जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:01 AM    04:03 AM    06:04 AM    08:06 AM    10:08 AM    12:09 PM    02:11 PM    04:13 PM    06:14 PM    08:16 PM    10:18 PM
EVS	Why Seasons Happen?	Hindi	12:28 AM    02:30 AM    04:32 AM    06:33 AM    08:35 AM    10:37 AM    12:38 PM    02:40 PM    04:41 PM    06:43 PM    08:45 PM    10:46 PM
Hindi	छोटी सी हमारी नदी	Hindi	12:32 AM    02:33 AM    04:35 AM    06:36 AM    08:38 AM    10:40 AM    12:41 PM    02:43 PM    04:45 PM    06:46 PM    08:48 PM    10:50 PM
General Awareness	व्यक्तिगत सुरक्षा	Hindi	12:55 AM    02:57 AM    04:58 AM    07:00 AM    09:02 AM    11:03 AM    01:05 PM    03:07 PM    05:08 PM    07:10 PM    09:12 PM    11:13 PM
EVS	Like Father, Like Daughter Part II	English	01:12 AM    03:14 AM    05:15 AM    07:17 AM    09:19 AM    11:20 AM    01:22 PM    03:24 PM    05:25 PM    07:27 PM    09:29 PM    11:30 PM
English	Around the World- Part 1	English	01:29 AM    03:30 AM    05:32 AM    07:34 AM    09:35 AM    11:37 AM    01:39 PM    03:40 PM    05:42 PM    07:44 PM    09:45 PM    11:47 PM
<b>शुक्रवार, 10 जनवरी 2025</b> Friday, 10 January 2025			
EVS	Why Seasons Happen?	Hindi	12:00 AM    02:05 AM    04:10 AM    06:15 AM    08:20 AM    10:25 AM    12:30 PM    02:36 PM    04:41 PM    06:46 PM    08:51 PM    10:56 PM
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:07 AM    02:12 AM    04:17 AM    06:23 AM    08:28 AM    10:33 AM    12:38 PM    02:43 PM    04:48 PM    06:54 PM    08:59 PM    11:04 PM
Hindi	छोटी-सी हमारी नदी (कविता)	Hindi	12:28 AM    02:33 AM    04:39 AM    06:44 AM    08:49 AM    10:54 AM    12:59 PM    03:04 PM    05:09 PM    07:15 PM    09:20 PM    11:25 PM



General Awareness	व्यक्तिगत सुरक्षा	Hindi	12:50 AM    02:55 AM    05:00 AM    07:05 AM    09:10 AM    11:16 AM    01:21 PM    03:26 PM    05:31 PM    07:36 PM    09:41 PM    11:46 PM
Mathematics	Does it Look the Same?	English	01:07 AM    03:12 AM    05:17 AM    07:22 AM    09:27 AM    11:33 AM    01:38 PM    03:43 PM    05:48 PM    07:53 PM    09:58 PM
English	Around the World- Part 2	English	01:41 AM    03:47 AM    05:52 AM    07:57 AM    10:02 AM    12:07 PM    02:12 PM    04:17 PM    06:23 PM    08:28 PM    10:33 PM
<b>शनिवार, 11 जनवरी 2025</b> <b>Saturday, 11 January 2025</b>			
Mathematics	पाठ - 6 में तेरा गुणनखंड, गुणज तू मेरा भाग 1	Hindi	12:00 AM    01:59 AM    03:58 AM    05:58 AM    07:57 AM    09:57 AM    11:56 AM    01:56 PM    03:55 PM    05:55 PM    07:54 PM    09:54 PM    11:53 PM
Hindi	चुनौती हिमालय की	Hindi	12:28 AM    02:27 AM    04:27 AM    06:26 AM    08:26 AM    10:25 AM    12:25 PM    02:24 PM    04:23 PM    06:23 PM    08:22 PM    10:22 PM
Creative Activities Art and Craft	How Water Is Raised Inside The Glass	English	12:58 AM    02:57 AM    04:57 AM    06:56 AM    08:56 AM    10:55 AM    12:55 PM    02:54 PM    04:53 PM    06:53 PM    08:52 PM    10:52 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	01:07 AM    03:06 AM    05:06 AM    07:05 AM    09:05 AM    11:04 AM    01:04 PM    03:03 PM    05:02 PM    07:02 PM    09:01 PM    11:01 PM
Creative Activities Art and Craft	Rotate Propelor spin Doll	Hindi	01:13 AM    03:12 AM    05:12 AM    07:11 AM    09:11 AM    11:10 AM    01:10 PM    03:09 PM    05:09 PM    07:08 PM    09:08 PM    11:07 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:17 AM    03:17 AM    05:16 AM    07:16 AM    09:15 AM    11:15 AM    01:14 PM    03:14 PM    05:13 PM    07:12 PM    09:12 PM    11:11 PM
Storytelling	उस जंगल में एक दिन	Hindi	01:44 AM    03:44 AM    05:43 AM    07:43 AM    09:42 AM    11:42 AM    01:41 PM    03:41 PM    05:40 PM    07:40 PM    09:39 PM    11:39 PM
<b>रविवार, 12 जनवरी 2025</b> <b>Sunday, 12 January 2025</b>			
General	अर्ध चक्रासन	Hindi	12:00 AM    02:20 AM    04:41 AM    07:02 AM    09:22 AM    11:43 AM    02:04 PM    04:25 PM    06:45 PM    09:06 PM    11:27 PM
General	भद्रासन	Hindi	12:06 AM    02:27 AM    04:47 AM    07:08 AM    09:29 AM    11:49 AM    02:10 PM    04:31 PM    06:52 PM    09:12 PM    11:33 PM



General	भुजंगासन	Hindi	12:08 AM    02:29 AM    04:50 AM    07:10 AM    09:31 AM    11:52 AM    02:12 PM    04:33 PM    06:54 PM    09:15 PM    11:35 PM
General	ध्यान	Hindi	12:11 AM    02:31 AM    04:52 AM    07:13 AM    09:34 AM    11:54 AM    02:15 PM    04:36 PM    06:56 PM    09:17 PM    11:38 PM
General	नाडीशोधन प्राणायाम	Hindi	12:15 AM    02:35 AM    04:56 AM    07:17 AM    09:38 AM    11:58 AM    02:19 PM    04:40 PM    07:00 PM    09:21 PM    11:42 PM
General	पादहस्तासन	Hindi	12:18 AM    02:39 AM    05:00 AM    07:20 AM    09:41 AM    12:02 PM    02:22 PM    04:43 PM    07:04 PM    09:25 PM    11:45 PM
General	पवनमुक्तासन	Hindi	12:21 AM    02:41 AM    05:02 AM    07:23 AM    09:43 AM    12:04 PM    02:25 PM    04:46 PM    07:06 PM    09:27 PM    11:48 PM
General	सेतुबंधासन	Hindi	12:24 AM    02:44 AM    05:05 AM    07:26 AM    09:46 AM    12:07 PM    02:28 PM    04:49 PM    07:09 PM    09:30 PM    11:51 PM
General	शलभासन	Hindi	12:26 AM    02:47 AM    05:07 AM    07:28 AM    09:49 AM    12:10 PM    02:30 PM    04:51 PM    07:12 PM    09:32 PM    11:53 PM
General	सूर्य नमस्कार	Hindi	12:28 AM    02:49 AM    05:10 AM    07:31 AM    09:51 AM    12:12 PM    02:33 PM    04:53 PM    07:14 PM    09:35 PM    11:56 PM
Storytelling	बहादुर बिट्टू	Hindi	12:35 AM    02:56 AM    05:17 AM    07:37 AM    09:58 AM    12:19 PM    02:39 PM    05:00 PM    07:21 PM    09:42 PM
Storytelling	नमक का व्यापारी और उसका गधा	Hindi	12:44 AM    03:05 AM    05:26 AM    07:46 AM    10:07 AM    12:28 PM    02:49 PM    05:09 PM    07:30 PM    09:51 PM
Storytelling	सच बोलो	Hindi	12:53 AM    03:13 AM    05:34 AM    07:55 AM    10:16 AM    12:36 PM    02:57 PM    05:18 PM    07:38 PM    09:59 PM
General	Ardha Chakrasana	English	01:07 AM    03:27 AM    05:48 AM    08:09 AM    10:29 AM    12:50 PM    03:11 PM    05:32 PM    07:52 PM    10:13 PM
General	Bhadrasana	English	01:09 AM    03:29 AM    05:50 AM    08:11 AM    10:31 AM    12:52 PM    03:13 PM    05:34 PM    07:54 PM    10:15 PM





General	Bhujagasana	English	01:11 AM    03:32 AM    05:52 AM    08:13 AM    10:34 AM    12:54 PM    03:15 PM    05:36 PM    07:57 PM    10:17 PM
General	Dhyana	English	01:13 AM    03:34 AM    05:55 AM    08:15 AM    10:36 AM    12:57 PM    03:18 PM    05:38 PM    07:59 PM    10:20 PM
General	Nadishodhan Pranayam	English	01:17 AM    03:38 AM    05:59 AM    08:19 AM    10:40 AM    01:01 PM    03:22 PM    05:42 PM    08:03 PM    10:24 PM
General	Padahastana	English	01:21 AM    03:41 AM    06:02 AM    08:23 AM    10:44 AM    01:04 PM    03:25 PM    05:46 PM    08:07 PM    10:27 PM
General	Pawanmuktasana	English	01:23 AM    03:44 AM    06:05 AM    08:25 AM    10:46 AM    01:07 PM    03:27 PM    05:48 PM    08:09 PM    10:30 PM
General	Setu Bandhasana	English	01:26 AM    03:47 AM    06:08 AM    08:28 AM    10:49 AM    01:10 PM    03:30 PM    05:51 PM    08:12 PM    10:33 PM
General	Shalabhasana	English	01:29 AM    03:49 AM    06:10 AM    08:31 AM    10:51 AM    01:12 PM    03:33 PM    05:54 PM    08:14 PM    10:35 PM
General	Surya Namaskar	English	01:31 AM    03:52 AM    06:12 AM    08:33 AM    10:54 AM    01:15 PM    03:35 PM    05:56 PM    08:17 PM    10:37 PM
Storytelling	उस जंगल में एक दिन	Hindi	01:38 AM    03:58 AM    06:19 AM    08:40 AM    11:01 AM    01:21 PM    03:42 PM    06:03 PM    08:23 PM    10:44 PM
Storytelling	बहादुर बिट्टू	Hindi	01:52 AM    04:13 AM    06:34 AM    08:55 AM    11:15 AM    01:36 PM    03:57 PM    06:17 PM    08:38 PM    10:59 PM
Storytelling	गोद लिए दादाजी	Hindi	02:01 AM    04:22 AM    06:43 AM    09:04 AM    11:24 AM    01:45 PM    04:06 PM    06:27 PM    08:47 PM    11:08 PM
<b>सोमवार, 13 जनवरी 2025</b> <b>Monday, 13 January 2025</b>			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    02:04 AM    04:08 AM    06:13 AM    08:17 AM    10:21 AM    12:26 PM    02:30 PM    04:34 PM    06:39 PM    08:43 PM    10:47 PM



Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	Hindi	12:30 AM    02:35 AM    04:39 AM    06:43 AM    08:48 AM    10:52 AM    12:56 PM    03:01 PM    05:05 PM    07:09 PM    09:14 PM    11:18 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	12:57 AM    03:01 AM    05:06 AM    07:10 AM    09:14 AM    11:19 AM    01:23 PM    03:27 PM    05:32 PM    07:36 PM    09:40 PM    11:45 PM
Mathematics	Does it Look the Same?	English	01:03 AM    03:07 AM    05:12 AM    07:16 AM    09:21 AM    11:25 AM    01:29 PM    03:34 PM    05:38 PM    07:42 PM    09:47 PM    11:51 PM
English	Sing a Song of the People	English	01:38 AM    03:42 AM    05:46 AM    07:51 AM    09:55 AM    12:00 PM    02:04 PM    04:08 PM    06:13 PM    08:17 PM    10:21 PM
<b>मंगलवार, 14 जनवरी 2025</b> Tuesday, 14 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:02 PM    06:03 PM    08:03 PM    10:03 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	Hindi	12:32 AM    02:32 AM    04:32 AM    06:33 AM    08:33 AM    10:33 AM    12:34 PM    02:34 PM    04:34 PM    06:35 PM    08:35 PM    10:35 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	12:57 AM    02:57 AM    04:57 AM    06:58 AM    08:58 AM    10:58 AM    12:59 PM    02:59 PM    04:59 PM    07:00 PM    09:00 PM    11:00 PM
English	Who will be Ningthou? Part I	English	01:30 AM    03:30 AM    05:31 AM    07:31 AM    09:31 AM    11:32 AM    01:32 PM    03:32 PM    05:33 PM    07:33 PM    09:33 PM    11:34 PM
General Awareness	जरा सोचिए !	Hindi	01:50 AM    03:51 AM    05:51 AM    07:51 AM    09:52 AM    11:52 AM    01:52 PM    03:53 PM    05:53 PM    07:53 PM    09:54 PM    11:54 PM
<b>बुधवार, 15 जनवरी 2025</b> Wednesday, 15 January 2025			
EVS	जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:59 PM    07:59 PM    09:59 PM    11:59 PM
Hindi	जोड़ासांको वाला घर	Hindi	12:25 AM    02:25 AM    04:25 AM    06:25 AM    08:25 AM    10:25 AM    12:25 PM    02:25 PM    04:25 PM    06:25 PM    08:25 PM    10:25 PM
Art Education	Beautiful Flower Book	Hindi	12:53 AM    02:53 AM    04:53 AM    06:53 AM    08:53 AM    10:53 AM    12:53 PM    02:53 PM    04:53 PM    06:53 PM    08:53 PM    10:53 PM



EVS	Whose Forests? Part I	English	01:08 AM    03:08 AM    05:08 AM    07:08 AM    09:08 AM    11:08 AM    01:08 PM    03:08 PM    05:07 PM    07:07 PM    09:07 PM    11:07 PM
English	Who will be Ningthou? Part II	English	01:33 AM    03:33 AM    05:33 AM    07:33 AM    09:33 AM    11:33 AM    01:33 PM    03:33 PM    05:32 PM    07:32 PM    09:32 PM    11:32 PM
<b>बृहस्पतिवार, 16 जनवरी 2025</b> Thursday, 16 January 2025			
EVS	पाठ - 19 किसानों की कहानी-बीज की जुबानी	Hindi	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:59 PM    07:59 PM    09:58 PM    11:58 PM
Creative Activities Art and Craft	Super Spinning Bottle	English	12:29 AM    02:29 AM    04:29 AM    06:29 AM    08:29 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:28 PM    08:28 PM    10:28 PM
Creative Activities Art and Craft	सुपर बाउन्सिंग बाल	Hindi	12:31 AM    02:31 AM    04:31 AM    06:31 AM    08:31 AM    10:30 AM    12:30 PM    02:30 PM    04:30 PM    06:30 PM    08:30 PM    10:30 PM
Hindi	छोटी सी हमारी नदी	Hindi	12:33 AM    02:33 AM    04:33 AM    06:33 AM    08:32 AM    10:32 AM    12:32 PM    02:32 PM    04:32 PM    06:32 PM    08:32 PM    10:32 PM
EVS	Whose Forests? Part II	English	12:56 AM    02:56 AM    04:56 AM    06:56 AM    08:56 AM    10:56 AM    12:56 PM    02:56 PM    04:56 PM    06:56 PM    08:55 PM    10:55 PM
Storytelling	बहादुर बिट्टू	Hindi	01:12 AM    03:12 AM    05:12 AM    07:12 AM    09:12 AM    11:12 AM    01:12 PM    03:11 PM    05:11 PM    07:11 PM    09:11 PM    11:11 PM
General	त्रिकोणासन	Hindi	01:21 AM    03:21 AM    05:21 AM    07:21 AM    09:21 AM    11:21 AM    01:21 PM    03:21 PM    05:20 PM    07:20 PM    09:20 PM    11:20 PM
English	Malu Bhalu	English	01:29 AM    03:29 AM    05:29 AM    07:28 AM    09:28 AM    11:28 AM    01:28 PM    03:28 PM    05:28 PM    07:28 PM    09:28 PM    11:28 PM
<b>शुक्रवार, 17 जनवरी 2025</b> Friday, 17 January 2025			
Mathematics	पाठ - 6 में तेरा गुणनखंड, गुणज तू मेरा भाग 1	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:03 AM    12:03 PM    02:04 PM    04:05 PM    06:05 PM    08:06 PM    10:07 PM
Hindi	छोटी-सी हमारी नदी (कविता)	Hindi	12:27 AM    02:27 AM    04:28 AM    06:29 AM    08:29 AM    10:30 AM    12:30 PM    02:31 PM    04:32 PM    06:32 PM    08:33 PM    10:34 PM



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Cultural Heritage	ताजमहल अतुलनीय धरोहर	Hindi	12:48 AM    02:49 AM    04:49 AM    06:50 AM    08:51 AM    10:51 AM    12:52 PM    02:53 PM    04:53 PM    06:54 PM    08:55 PM    10:55 PM
Mathematics	Does it Look the Same?	English	12:58 AM    02:59 AM    04:59 AM    07:00 AM    09:01 AM    11:01 AM    01:02 PM    03:03 PM    05:03 PM    07:04 PM    09:05 PM    11:05 PM
English	Around the World- Part 1	English	01:33 AM    03:33 AM    05:34 AM    07:35 AM    09:35 AM    11:36 AM    01:37 PM    03:37 PM    05:38 PM    07:39 PM    09:39 PM    11:40 PM
<b>शनिवार, 18 जनवरी 2025</b> <b>Saturday, 18 January 2025</b>			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:58 AM    01:58 PM    03:58 PM    05:58 PM    07:58 PM    09:57 PM    11:57 PM
Hindi	चुनौती हिमालय की	Hindi	12:30 AM    02:30 AM    04:30 AM    06:30 AM    08:30 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:29 PM    08:28 PM    10:28 PM
Cultural Heritage	Jalijanwala Bagh	Hindi	01:00 AM    03:00 AM    05:00 AM    07:00 AM    09:00 AM    10:59 AM    12:59 PM    02:59 PM    04:59 PM    06:59 PM    08:58 PM    10:58 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:13 AM    03:13 AM    05:13 AM    07:13 AM    09:12 AM    11:12 AM    01:12 PM    03:12 PM    05:12 PM    07:11 PM    09:11 PM    11:11 PM
Storytelling	सच बोलो	Hindi	01:40 AM    03:40 AM    05:40 AM    07:40 AM    09:40 AM    11:39 AM    01:39 PM    03:39 PM    05:39 PM    07:39 PM    09:38 PM    11:38 PM
<b>रविवार, 19 जनवरी 2025</b> <b>Sunday, 19 January 2025</b>			
Creative Activities Art and Craft	नाटक खेलना आसान है (पोशाकें और अभ्यास)	Hindi	12:00 AM    02:01 AM    04:02 AM    06:03 AM    08:04 AM    10:05 AM    12:07 PM    02:08 PM    04:09 PM    06:10 PM    08:11 PM    10:12 PM
English	Birbal Find The Thief	English	12:23 AM    02:24 AM    04:26 AM    06:27 AM    08:28 AM    10:29 AM    12:30 PM    02:31 PM    04:33 PM    06:34 PM    08:35 PM    10:36 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:30 AM    02:31 AM    04:32 AM    06:33 AM    08:34 AM    10:35 AM    12:37 PM    02:38 PM    04:39 PM    06:40 PM    08:41 PM    10:42 PM
Creative Activities Art and Craft	ऑरिगमी (कागज़ कला) 1	Hindi	12:42 AM    02:44 AM    04:45 AM    06:46 AM    08:47 AM    10:48 AM    12:49 PM    02:51 PM    04:52 PM    06:53 PM    08:54 PM    10:55 PM



Storytelling	गोद लिए दादाजी	Hindi	12:53 AM    02:54 AM    04:55 AM    06:56 AM    08:58 AM    10:59 AM    01:00 PM    03:01 PM    05:02 PM    07:03 PM    09:05 PM    11:06 PM
Storytelling	बहादुर बिरु	Hindi	01:12 AM    03:13 AM    05:14 AM    07:15 AM    09:16 AM    11:17 AM    01:19 PM    03:20 PM    05:21 PM    07:22 PM    09:23 PM    11:24 PM
Art Education	Fun with Paper- Double Spiral from Square	Hindi	01:33 AM    03:34 AM    05:35 AM    07:37 AM    09:38 AM    11:39 AM    01:40 PM    03:41 PM    05:42 PM    07:44 PM    09:45 PM    11:46 PM
Storytelling	छोटा कौन बड़ा कौन	Hindi	01:37 AM    03:38 AM    05:39 AM    07:40 AM    09:42 AM    11:43 AM    01:44 PM    03:45 PM    05:46 PM    07:47 PM    09:49 PM    11:50 PM
Storytelling	उस जंगल में एक दिन	Hindi	01:41 AM    03:42 AM    05:43 AM    07:44 AM    09:46 AM    11:47 AM    01:48 PM    03:49 PM    05:50 PM    07:51 PM    09:53 PM    11:54 PM
<b>सोमवार, 20 जनवरी 2025</b> <b>Monday, 20 January 2025</b>			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:00 AM    02:01 AM    04:03 AM    06:05 AM    08:06 AM    10:08 AM    12:10 PM    02:11 PM    04:13 PM    06:15 PM    08:16 PM    10:18 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	Hindi	12:22 AM    02:24 AM    04:25 AM    06:27 AM    08:29 AM    10:30 AM    12:32 PM    02:34 PM    04:35 PM    06:37 PM    08:39 PM    10:40 PM
Storytelling	नमक का व्यापारी और उसका गधा	Hindi	12:49 AM    02:50 AM    04:52 AM    06:54 AM    08:55 AM    10:57 AM    12:59 PM    03:00 PM    05:02 PM    07:04 PM    09:05 PM    11:07 PM
General Awareness	विटामिन ए की कहानी	Hindi	12:57 AM    02:59 AM    05:00 AM    07:02 AM    09:04 AM    11:05 AM    01:07 PM    03:09 PM    05:10 PM    07:12 PM    09:14 PM    11:15 PM
Mathematics	Does it Look the Same?	English	01:08 AM    03:10 AM    05:12 AM    07:13 AM    09:15 AM    11:17 AM    01:18 PM    03:20 PM    05:22 PM    07:23 PM    09:25 PM    11:27 PM
English	Around the World- Part 2	English	01:43 AM    03:45 AM    05:46 AM    07:48 AM    09:50 AM    11:51 AM    01:53 PM    03:55 PM    05:56 PM    07:58 PM    10:00 PM
<b>मंगलवार, 21 जनवरी 2025</b> <b>Tuesday, 21 January 2025</b>			
Mathematics	पाठ - 6 में तेरा गुणखंड, गुणज तू मेरा भाग 1	Hindi	12:00 AM    02:02 AM    04:05 AM    06:08 AM    08:11 AM    10:13 AM    12:16 PM    02:19 PM    04:22 PM    06:25 PM    08:27 PM    10:30 PM



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Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	Hindi	12:23 AM    02:26 AM    04:29 AM    06:32 AM    08:35 AM    10:37 AM    12:40 PM    02:43 PM    04:46 PM    06:48 PM    08:51 PM    10:54 PM
General Awareness	किसकी होगी जीत भाग-२	Hindi	12:48 AM    02:51 AM    04:54 AM    06:57 AM    09:00 AM    11:02 AM    01:05 PM    03:08 PM    05:11 PM    07:13 PM    09:16 PM    11:19 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:14 AM    03:17 AM    05:20 AM    07:23 AM    09:25 AM    11:28 AM    01:31 PM    03:34 PM    05:36 PM    07:39 PM    09:42 PM    11:45 PM
English	Sing a Song of the People	English	01:41 AM    03:44 AM    05:47 AM    07:50 AM    09:52 AM    11:55 AM    01:58 PM    04:01 PM    06:04 PM    08:06 PM    10:09 PM
<b>बुधवार, 22 जनवरी 2025</b> <b>Wednesday, 22 January 2025</b>			
EVS	पाठ - 18 जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:01 AM    04:02 AM    06:03 AM    08:04 AM    10:05 AM    12:06 PM    02:07 PM    04:08 PM    06:09 PM    08:10 PM    10:11 PM
Art Education	Fun with Paper- Double Spiral from Square	Hindi	12:28 AM    02:29 AM    04:30 AM    06:31 AM    08:33 AM    10:34 AM    12:35 PM    02:36 PM    04:37 PM    06:38 PM    08:39 PM    10:40 PM
Hindi	जोड़ासांको वाला घर	Hindi	12:32 AM    02:33 AM    04:34 AM    06:35 AM    08:36 AM    10:37 AM    12:38 PM    02:40 PM    04:41 PM    06:42 PM    08:43 PM    10:44 PM
Storytelling	सच बोलो	Hindi	01:00 AM    03:01 AM    05:02 AM    07:03 AM    09:04 AM    11:05 AM    01:06 PM    03:08 PM    05:09 PM    07:10 PM    09:11 PM    11:12 PM
EVS	Like Father, Like Daughter Part I	English	01:14 AM    03:15 AM    05:16 AM    07:17 AM    09:18 AM    11:19 AM    01:20 PM    03:21 PM    05:22 PM    07:24 PM    09:25 PM    11:26 PM
English	Who will be Ningthou? Part I	English	01:40 AM    03:41 AM    05:42 AM    07:43 AM    09:45 AM    11:46 AM    01:47 PM    03:48 PM    05:49 PM    07:50 PM    09:51 PM    11:52 PM
<b>बृहस्पतिवार, 23 जनवरी 2025</b> <b>Thursday, 23 January 2025</b>			
EVS	जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:03 AM    12:03 PM    02:04 PM    04:04 PM    06:05 PM    08:06 PM    10:06 PM
Hindi	छोटी सी हमारी नदी	Hindi	12:28 AM    02:29 AM    04:30 AM    06:30 AM    08:31 AM    10:31 AM    12:32 PM    02:33 PM    04:33 PM    06:34 PM    08:34 PM    10:35 PM



General Awareness	Personal Safety	English	12:52 AM    02:52 AM    04:53 AM    06:54 AM    08:54 AM    10:55 AM    12:56 PM    02:56 PM    04:57 PM    06:57 PM    08:58 PM    10:59 PM
EVS	Like Father, Like Daughter Part II	English	01:06 AM    03:07 AM    05:07 AM    07:08 AM    09:09 AM    11:09 AM    01:10 PM    03:10 PM    05:11 PM    07:12 PM    09:12 PM    11:13 PM
English	The Butterfly	English	01:23 AM    03:23 AM    05:24 AM    07:25 AM    09:25 AM    11:26 AM    01:26 PM    03:27 PM    05:28 PM    07:28 PM    09:29 PM    11:30 PM
English	Who will be Ningthou? Part II	English	01:28 AM    03:29 AM    05:30 AM    07:30 AM    09:31 AM    11:31 AM    01:32 PM    03:33 PM    05:33 PM    07:34 PM    09:34 PM    11:35 PM
शुक्रवार, 24 जनवरी 2025 Friday, 24 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    02:01 AM    04:02 AM    06:04 AM    08:05 AM    10:06 AM    12:08 PM    02:09 PM    04:10 PM    06:12 PM    08:13 PM    10:14 PM
Hindi	छोटी-सी हमारी नदी (कविता)	Hindi	12:30 AM    02:32 AM    04:33 AM    06:34 AM    08:36 AM    10:37 AM    12:38 PM    02:40 PM    04:41 PM    06:42 PM    08:44 PM    10:45 PM
Art Education	Fun with Paper- Double Spiral from Square	Hindi	12:52 AM    02:53 AM    04:54 AM    06:56 AM    08:57 AM    10:58 AM    01:00 PM    03:01 PM    05:02 PM    07:04 PM    09:05 PM    11:06 PM
Mathematics	Does it Look the Same?	English	12:56 AM    02:57 AM    04:58 AM    07:00 AM    09:01 AM    11:02 AM    01:04 PM    03:05 PM    05:06 PM    07:08 PM    09:09 PM    11:10 PM
English	Malu Bhalu	English	01:30 AM    03:32 AM    05:33 AM    07:34 AM    09:36 AM    11:37 AM    01:38 PM    03:40 PM    05:41 PM    07:42 PM    09:44 PM    11:45 PM
शनिवार, 25 जनवरी 2025 Saturday, 25 January 2025			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM
Hindi	चुनौती हिमालय की	Hindi	12:22 AM    02:22 AM    04:23 AM    06:23 AM    08:24 AM    10:24 AM    12:25 PM    02:25 PM    04:26 PM    06:27 PM    08:27 PM    10:28 PM
General Awareness	How to protect Consumers	Hindi	12:52 AM    02:52 AM    04:53 AM    06:53 AM    08:54 AM    10:54 AM    12:55 PM    02:56 PM    04:56 PM    06:57 PM    08:57 PM    10:58 PM



General Awareness	इन्टरनेट और सोशल मीडिया के सुरक्षित उपयोग	Hindi	12:57 AM    02:57 AM    04:58 AM    06:58 AM    08:59 AM    10:59 AM    01:00 PM    03:00 PM    05:01 PM    07:02 PM    09:02 PM    11:03 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:03 AM    03:04 AM    05:04 AM    07:05 AM    09:05 AM    11:06 AM    01:06 PM    03:07 PM    05:07 PM    07:08 PM    09:08 PM    11:09 PM
General Awareness	Safe use of internet	English	01:30 AM    03:31 AM    05:31 AM    07:32 AM    09:32 AM    11:33 AM    01:33 PM    03:34 PM    05:34 PM    07:35 PM    09:35 PM    11:36 PM
General Awareness	जरा सोचिए !	Hindi	01:36 AM    03:37 AM    05:37 AM    07:38 AM    09:38 AM    11:39 AM    01:39 PM    03:40 PM    05:40 PM    07:41 PM    09:41 PM    11:42 PM
Storytelling	उस जंगल में एक दिन	Hindi	01:40 AM    03:41 AM    05:41 AM    07:42 AM    09:42 AM    11:43 AM    01:43 PM    03:44 PM    05:44 PM    07:45 PM    09:45 PM    11:46 PM
<b>रविवार, 26 जनवरी 2025</b> <b>Sunday, 26 January 2025</b>			
Art Education	Fun with Paper- Double Spiral from Square	Hindi	12:00 AM    02:01 AM    04:03 AM    06:04 AM    08:06 AM    10:08 AM    12:09 PM    02:11 PM    04:12 PM    06:14 PM    08:16 PM    10:17 PM
Art Education	Flying Fish	Hindi	12:08 AM    02:09 AM    04:11 AM    06:13 AM    08:14 AM    10:16 AM    12:17 PM    02:19 PM    04:21 PM    06:22 PM    08:24 PM    10:26 PM
Storytelling	Tree Tale - Kadamba	Hindi	12:09 AM    02:11 AM    04:12 AM    06:14 AM    08:15 AM    10:17 AM    12:19 PM    02:20 PM    04:22 PM    06:23 PM    08:25 PM    10:27 PM
General	सूर्य नमस्कार	Hindi	12:11 AM    02:13 AM    04:14 AM    06:16 AM    08:18 AM    10:19 AM    12:21 PM    02:22 PM    04:24 PM    06:26 PM    08:27 PM    10:29 PM
Storytelling	उस जंगल में एक दिन	Hindi	12:18 AM    02:19 AM    04:21 AM    06:23 AM    08:24 AM    10:26 AM    12:28 PM    02:29 PM    04:31 PM    06:32 PM    08:34 PM    10:36 PM
Creative Activities Art and Craft	ऑरिगमी (कागज़ कला) 1	Hindi	12:32 AM    02:34 AM    04:36 AM    06:37 AM    08:39 AM    10:41 AM    12:42 PM    02:44 PM    04:45 PM    06:47 PM    08:49 PM    10:50 PM
Creative Activities Art and Craft	ऑरिगमी (कागज़ कला) 2	Hindi	12:43 AM    02:45 AM    04:46 AM    06:48 AM    08:49 AM    10:51 AM    12:53 PM    02:54 PM    04:56 PM    06:58 PM    08:59 PM    11:01 PM



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Creative Activities Art and Craft	Kaleidoscope	Hindi	12:58 AM    03:00 AM    05:01 AM    07:03 AM    09:04 AM    11:06 AM    01:08 PM    03:09 PM    05:11 PM    07:13 PM    09:14 PM    11:16 PM
General	Surya Namaskar	English	01:04 AM    03:06 AM    05:07 AM    07:09 AM    09:11 AM    11:12 AM    01:14 PM    03:15 PM    05:17 PM    07:19 PM    09:20 PM    11:22 PM
HEALTH EDUCATION	Growing Up Healthy	Hindi	01:11 AM    03:13 AM    05:14 AM    07:16 AM    09:17 AM    11:19 AM    01:21 PM    03:22 PM    05:24 PM    07:25 PM    09:27 PM    11:29 PM
Creative Activities Art and Craft	नाटक खेलना आसान है (पोशाकें और अभ्यास)	Hindi	01:15 AM    03:17 AM    05:18 AM    07:20 AM    09:22 AM    11:23 AM    01:25 PM    03:26 PM    05:28 PM    07:30 PM    09:31 PM    11:33 PM
General	Micro Improvement	English	01:34 AM    03:36 AM    05:38 AM    07:39 AM    09:41 AM    11:43 AM    01:44 PM    03:46 PM    05:47 PM    07:49 PM    09:51 PM    11:52 PM
Storytelling	Birthday Party	Hindi	01:36 AM    03:38 AM    05:39 AM    07:41 AM    09:42 AM    11:44 AM    01:46 PM    03:47 PM    05:49 PM    07:51 PM    09:52 PM    11:54 PM
Creative Activities Art and Craft	Acrobat Skeleton	English	01:50 AM    03:52 AM    05:54 AM    07:55 AM    09:57 AM    11:58 AM    02:00 PM    04:02 PM    06:03 PM    08:05 PM    10:07 PM
Creative Activities Art and Craft	24 Unit Ball	English	01:53 AM    03:55 AM    05:56 AM    07:58 AM    10:00 AM    12:01 PM    02:03 PM    04:05 PM    06:06 PM    08:08 PM    10:09 PM
<b>सोमवार, 27 जनवरी 2025</b> <b>Monday, 27 January 2025</b>			
Mathematics	पाठ - 6 में तेरा गुणनखंड, गुणज तू मेरा भाग 1	Hindi	12:00 AM    01:59 AM    03:58 AM    05:58 AM    07:57 AM    09:56 AM    11:56 AM    01:55 PM    03:54 PM    05:54 PM    07:53 PM    09:52 PM    11:52 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 1	Hindi	12:23 AM    02:23 AM    04:22 AM    06:21 AM    08:21 AM    10:20 AM    12:19 PM    02:19 PM    04:18 PM    06:18 PM    08:17 PM    10:16 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	12:50 AM    02:49 AM    04:49 AM    06:48 AM    08:47 AM    10:47 AM    12:46 PM    02:46 PM    04:45 PM    06:44 PM    08:44 PM    10:43 PM
Creative Activities Art and Craft	Toys from Trash: Bend Balance	English	12:56 AM    02:56 AM    04:55 AM    06:54 AM    08:54 AM    10:53 AM    12:52 PM    02:52 PM    04:51 PM    06:50 PM    08:50 PM    10:49 PM



Mathematics	Does it Look the Same?	English	12:57 AM    02:56 AM    04:56 AM    06:55 AM    08:54 AM    10:54 AM    12:53 PM    02:52 PM    04:52 PM    06:51 PM    08:50 PM    10:50 PM
English	Around the World- Part 1	English	01:32 AM    03:31 AM    05:30 AM    07:30 AM    09:29 AM    11:28 AM    01:28 PM    03:27 PM    05:26 PM    07:26 PM    09:25 PM    11:24 PM
<b>मंगलवार, 28 जनवरी 2025</b> <b>Tuesday, 28 January 2025</b>			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 1	Hindi	12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:02 AM    10:03 AM    12:04 PM    02:04 PM    04:05 PM    06:06 PM    08:06 PM    10:07 PM
Storytelling	ठण्डी रोटी	Hindi	12:30 AM    02:31 AM    04:32 AM    06:32 AM    08:33 AM    10:34 AM    12:34 PM    02:35 PM    04:36 PM    06:36 PM    08:37 PM    10:38 PM
Hindi	चुनौती हिमालय की: हम क्या उगाते हैं भाग 2	Hindi	12:34 AM    02:34 AM    04:35 AM    06:36 AM    08:36 AM    10:37 AM    12:38 PM    02:38 PM    04:39 PM    06:40 PM    08:40 PM    10:41 PM
Cultural Heritage	A Visit to Cherapunjee	Hindi	12:59 AM    02:59 AM    05:00 AM    07:01 AM    09:01 AM    11:02 AM    01:03 PM    03:03 PM    05:04 PM    07:05 PM    09:05 PM    11:06 PM
Mathematics	Be My Multiple, I'll be Your Factor	English	01:10 AM    03:11 AM    05:11 AM    07:12 AM    09:13 AM    11:13 AM    01:14 PM    03:15 PM    05:15 PM    07:16 PM    09:17 PM    11:17 PM
English	Around the World- Part 2	English	01:37 AM    03:38 AM    05:38 AM    07:39 AM    09:40 AM    11:40 AM    01:41 PM    03:42 PM    05:42 PM    07:43 PM    09:44 PM    11:44 PM
<b>बुधवार, 29 जनवरी 2025</b> <b>Wednesday, 29 January 2025</b>			
EVS	पाठ - 19 किसानों की कहानी-बीज की जुबानी	Hindi	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM
Hindi	जोड़ासांको वाला घर	Hindi	12:29 AM    02:30 AM    04:30 AM    06:31 AM    08:31 AM    10:32 AM    12:33 PM    02:33 PM    04:34 PM    06:34 PM    08:35 PM    10:35 PM
EVS	Whose Forests? Part I	English	12:57 AM    02:58 AM    04:58 AM    06:59 AM    08:59 AM    11:00 AM    01:01 PM    03:01 PM    05:02 PM    07:02 PM    09:03 PM    11:03 PM
English	Birbal Find The Thief	English	01:28 AM    03:28 AM    05:29 AM    07:29 AM    09:30 AM    11:30 AM    01:31 PM    03:31 PM    05:32 PM    07:32 PM    09:33 PM    11:33 PM



English	Sing a Song of the People	English	01:34 AM    03:34 AM    05:35 AM    07:36 AM    09:36 AM    11:37 AM    01:37 PM    03:38 PM    05:38 PM    07:39 PM    09:39 PM    11:40 PM
<b>बृहस्पतिवार, 30 जनवरी 2025</b> <b>Thursday, 30 January 2025</b>			
EVS	पाठ - 18 जाएँ तो जाएँ कहाँ	Hindi	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:00 PM    04:00 PM    06:00 PM    08:00 PM    10:00 PM
Hindi	छोटी सी हमारी नदी	Hindi	12:28 AM    02:28 AM    04:28 AM    06:28 AM    08:29 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:29 PM    08:29 PM    10:29 PM
Mathematics	काउंट योर चिकन	Hindi	12:59 AM    02:59 AM    04:59 AM    06:59 AM    08:59 AM    10:59 AM    12:59 PM    02:59 PM    04:59 PM    06:59 PM    08:59 PM    10:59 PM
EVS	Whose Forests? Part II	English	01:12 AM    03:12 AM    05:12 AM    07:12 AM    09:12 AM    11:12 AM    01:13 PM    03:13 PM    05:13 PM    07:13 PM    09:13 PM    11:13 PM
English	Who will be Ningthou? Part I	English	01:34 AM    03:34 AM    05:34 AM    07:34 AM    09:34 AM    11:34 AM    01:35 PM    03:35 PM    05:35 PM    07:35 PM    09:35 PM    11:35 PM
<b>शुक्रवार, 31 जनवरी 2025</b> <b>Friday, 31 January 2025</b>			
Mathematics	पाठ - 5 क्या यह एक जैसा दिखता है भाग 2	Hindi	12:00 AM    02:02 AM    04:05 AM    06:08 AM    08:11 AM    10:14 AM    12:17 PM    02:20 PM    04:23 PM    06:26 PM    08:29 PM    10:32 PM
Hindi	छोटी-सी हमारी नदी (कविता)	Hindi	12:25 AM    02:28 AM    04:31 AM    06:34 AM    08:37 AM    10:40 AM    12:43 PM    02:46 PM    04:49 PM    06:52 PM    08:55 PM    10:58 PM
Storytelling	उस जंगल में एक दिन	Hindi	12:47 AM    02:50 AM    04:53 AM    06:56 AM    08:58 AM    11:01 AM    01:04 PM    03:07 PM    05:10 PM    07:13 PM    09:16 PM    11:19 PM
Mathematics	Does it Look the Same?	English	01:01 AM    03:04 AM    05:07 AM    07:10 AM    09:13 AM    11:16 AM    01:19 PM    03:22 PM    05:25 PM    07:28 PM    09:31 PM    11:34 PM
English	Who will be Ningthou? Part II	English	01:36 AM    03:39 AM    05:42 AM    07:45 AM    09:48 AM    11:51 AM    01:54 PM    03:57 PM    06:00 PM    08:03 PM    10:06 PM

