

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	Urdu	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics / Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
अर्थशास्त्र	इतिहास	Political Science	Economics	राजनीति विज्ञान	Economics	Vocational Education

This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11-12 times a day and the same scheme is followed for the whole month.

For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #31



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कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 9

जनवरी 2026

January 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 जनवरी 2026 Friday, 01 January 2026			
गणित	पाठ 5: यूक्लिड की ज्यामिति का परिचय	हिन्दी	12:00 AM 03:02 AM 06:05 AM 09:08 AM 12:10 PM 03:13 PM 06:16 PM 09:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:26 AM 03:28 AM 06:31 AM 09:34 AM 12:37 PM 03:39 PM 06:42 PM 09:45 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:36 AM 03:39 AM 06:41 AM 09:44 AM 12:47 PM 03:50 PM 06:52 PM 09:55 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	01:01 AM 04:04 AM 07:07 AM 10:09 AM 01:12 PM 04:15 PM 07:18 PM 10:20 PM
Social Science (History)	India and the Contemporary World-I, Chapter 2: Social Change	English	01:27 AM 04:30 AM 07:33 AM 10:35 AM 01:38 PM 04:41 PM 07:43 PM 10:46 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:50 AM 04:53 AM 07:56 AM 10:58 AM 02:01 PM 05:04 PM 08:06 PM 11:09 PM
General English	Episode 6 Giving Advice 2	English	02:20 AM 05:22 AM 08:25 AM 11:28 AM 02:30 PM 05:33 PM 08:36 PM 11:39 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource - Overview	English	02:32 AM 05:35 AM 08:38 AM 11:40 AM 02:43 PM 05:46 PM 08:49 PM 11:51 PM



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शुक्रवार, 02 जनवरी 2026 Friday, 02 January 2026			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:09 PM 06:10 PM 09:12 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:34 AM 03:36 AM 06:38 AM 09:40 AM 12:42 PM 03:44 PM 06:45 PM 09:47 PM
General	Petrol Pump	English	01:04 AM 04:06 AM 07:07 AM 10:09 AM 01:11 PM 04:13 PM 07:15 PM 10:16 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - I	English	01:17 AM 04:19 AM 07:21 AM 10:23 AM 01:24 PM 04:26 PM 07:28 PM 10:30 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:43 AM 04:45 AM 07:47 AM 10:49 AM 01:51 PM 04:52 PM 07:54 PM 10:56 PM
Science	Chapter 1: Matter in our Surrounding Part-I	English	01:55 AM 04:57 AM 07:59 AM 11:01 AM 02:03 PM 05:04 PM 08:06 PM 11:08 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	02:34 AM 05:35 AM 08:37 AM 11:39 AM 02:41 PM 05:43 PM 08:44 PM 11:46 PM
शनिवार, 03 जनवरी 2026 Saturday, 03 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-1	English	12:41 AM 03:41 AM 06:41 AM 09:41 AM 12:41 PM 03:41 PM 06:41 PM 09:41 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life	English	01:41 AM 04:41 AM 07:41 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
Science (General)	LIQUID PAINTING	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:13 PM



General	Levers Around Us	English	02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:21 PM 05:21 PM 08:20 PM 11:20 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	02:29 AM 05:29 AM 08:29 AM 11:29 AM 02:29 PM 05:29 PM 08:28 PM 11:28 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Types of Design	English	02:56 AM 05:56 AM 08:56 AM 11:56 AM 02:56 PM 05:56 PM 08:56 PM 11:55 PM
रविवार, 04 जनवरी 2026 Sunday, 04 January 2026			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM 03:10 AM 06:20 AM 09:30 AM 12:40 PM 03:51 PM 07:01 PM 10:11 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:34 AM 03:44 AM 06:54 AM 10:04 AM 01:14 PM 04:25 PM 07:35 PM 10:45 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 1	हिन्दी	12:44 AM 03:54 AM 07:04 AM 10:14 AM 01:25 PM 04:35 PM 07:45 PM 10:55 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:10 AM 04:21 AM 07:31 AM 10:41 AM 01:51 PM 05:02 PM 08:12 PM 11:22 PM
General	E-Waste Management: Film 1	English	01:45 AM 04:55 AM 08:05 AM 11:15 AM 02:25 PM 05:36 PM 08:46 PM 11:56 PM
कहानी	बबलू की नाव	हिन्दी	01:52 AM 05:02 AM 08:13 AM 11:23 AM 02:33 PM 05:43 PM 08:53 PM
Science (General)	Why is difficult to walk on Sand	English	02:13 AM 05:24 AM 08:34 AM 11:44 AM 02:54 PM 06:04 PM 09:15 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 1	English	02:19 AM 05:29 AM 08:39 AM 11:49 AM 03:00 PM 06:10 PM 09:20 PM
General	E-Waste Management: Film 2	English	02:46 AM 05:56 AM 09:06 AM 12:16 PM 03:27 PM 06:37 PM 09:47 PM



Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/hindi	02:55 AM 06:05 AM 09:15 AM 12:25 PM 03:36 PM 06:46 PM 09:56 PM
सोमवार, 05 जनवरी 2026 Monday, 05 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 1	हिन्दी	12:00 AM 02:58 AM 05:56 AM 08:54 AM 11:53 AM 02:51 PM 05:49 PM 08:47 PM 11:46 PM
भूगोल	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:47 AM 03:45 AM 06:43 AM 09:42 AM 12:40 PM 03:38 PM 06:36 PM 09:35 PM
Cultural Heritage: Art, Music & Dance	Hemis Mela	English/hindi	01:07 AM 04:05 AM 07:03 AM 10:02 AM 01:00 PM 03:58 PM 06:56 PM 09:55 PM
Science	Chapter 1: Matter in our Surrounding Part-II	English	01:21 AM 04:19 AM 07:17 AM 10:16 AM 01:14 PM 04:12 PM 07:10 PM 10:09 PM
Science (General)	Why is difficult to walk on Sand	English	01:55 AM 04:53 AM 07:51 AM 10:50 AM 01:48 PM 04:46 PM 07:45 PM 10:43 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - II	English	01:59 AM 04:58 AM 07:56 AM 10:54 AM 01:53 PM 04:51 PM 07:49 PM 10:47 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	02:32 AM 05:30 AM 08:28 AM 11:27 AM 02:25 PM 05:23 PM 08:21 PM 11:20 PM
सामान्य	दादी-पोती के मकबरे	हिन्दी	02:53 AM 05:52 AM 08:50 AM 11:48 AM 02:46 PM 05:45 PM 08:43 PM 11:41 PM
मंगलवार, 06 जनवरी 2026 Tuesday, 06 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 2	हिन्दी	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:09 PM 06:10 PM 09:12 PM
Science (General)	Real life Tyndall Effect	English	12:38 AM 03:40 AM 06:42 AM 09:44 AM 12:45 PM 03:47 PM 06:49 PM 09:51 PM



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General English	Episode 7 Making Requests 1	English	12:40 AM 03:42 AM 06:43 AM 09:45 AM 12:47 PM 03:49 PM 06:51 PM 09:53 PM
भूगोल	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:51 AM 03:53 AM 06:55 AM 09:56 AM 12:58 PM 04:00 PM 07:02 PM 10:04 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Andaman and Nicobar Islands	English/hin di	01:24 AM 04:26 AM 07:27 AM 10:29 AM 01:31 PM 04:33 PM 07:35 PM 10:36 PM
Science	Chapter 1, Matter in our Surrounding Part-III	English	01:33 AM 04:35 AM 07:37 AM 10:39 AM 01:41 PM 04:42 PM 07:44 PM 10:46 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - III	English	02:13 AM 05:14 AM 08:16 AM 11:18 AM 02:20 PM 05:22 PM 08:24 PM 11:25 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:42 AM 05:44 AM 08:46 AM 11:48 AM 02:50 PM 05:52 PM 08:53 PM 11:55 PM
बुधवार, 07 जनवरी 2026 Wednesday, 07 January 2026			
गणित	पाठ 6: रेखाएँ और कोण	हिन्दी	12:00 AM 03:02 AM 06:05 AM 09:08 AM 12:10 PM 03:13 PM 06:16 PM 09:19 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	योग- चक्रासन	हिन्दी	12:32 AM 03:35 AM 06:38 AM 09:40 AM 12:43 PM 03:46 PM 06:48 PM 09:51 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:44 AM 03:47 AM 06:50 AM 09:52 AM 12:55 PM 03:58 PM 07:01 PM 10:03 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part 1	English	01:08 AM 04:10 AM 07:13 AM 10:16 AM 01:18 PM 04:21 PM 07:24 PM 10:27 PM
English	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	01:32 AM 04:35 AM 07:37 AM 10:40 AM 01:43 PM 04:45 PM 07:48 PM 10:51 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	02:15 AM 05:17 AM 08:20 AM 11:23 AM 02:26 PM 05:28 PM 08:31 PM 11:34 PM



Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-2	English	02:25 AM 05:28 AM 08:30 AM 11:33 AM 02:36 PM 05:39 PM 08:41 PM 11:44 PM
बृहस्पतिवार, 08 जनवरी 2026 Thursday, 08 January 2026			
गणित	पाठ 5: यूक्लिड की ज्यामिति का परिचय	हिन्दी	12:00 AM 03:01 AM 06:03 AM 09:04 AM 12:06 PM 03:07 PM 06:09 PM 09:10 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	12:27 AM 03:28 AM 06:30 AM 09:31 AM 12:33 PM 03:35 PM 06:36 PM 09:38 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:45 AM 03:47 AM 06:48 AM 09:50 AM 12:51 PM 03:53 PM 06:54 PM 09:56 PM
सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	01:11 AM 04:12 AM 07:14 AM 10:15 AM 01:17 PM 04:18 PM 07:20 PM 10:21 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part I	English	01:19 AM 04:21 AM 07:22 AM 10:24 AM 01:26 PM 04:27 PM 07:29 PM 10:30 PM
English	Beehive, Chapter 2: The Sound of Music (The Shehnai of Bismillah Khan) Part-2	English	01:51 AM 04:52 AM 07:54 AM 10:55 AM 01:57 PM 04:58 PM 08:00 PM 11:02 PM
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	02:20 AM 05:21 AM 08:23 AM 11:24 AM 02:26 PM 05:27 PM 08:29 PM 11:30 PM
शुक्रवार, 09 जनवरी 2026 Friday, 09 January 2026			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	12:34 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:34 PM 06:34 PM 09:34 PM
कहानी	गुलज़ार बच्चों के साथ	हिन्दी	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:54 PM 09:54 PM



Mathematics	Chapter 13: Surface Areas and Volumes, Part - IV	English	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:06 PM 04:06 PM 07:06 PM 10:06 PM
Science	Chapter 2: Is Matter Around Us Pure	English	01:40 AM 04:40 AM 07:40 AM 10:40 AM 01:39 PM 04:39 PM 07:39 PM 10:39 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 2	हिन्दी	02:22 AM 05:22 AM 08:22 AM 11:22 AM 02:22 PM 05:22 PM 08:22 PM 11:22 PM
General	E-Waste Management: Film 3	English	02:55 AM 05:55 AM 08:55 AM 11:55 AM 02:54 PM 05:54 PM 08:54 PM 11:54 PM
शनिवार, 10 जनवरी 2026 Saturday, 10 January 2026			
हिन्दी	स्पर्श, पाठ 3: तुम कब जाओगे अतिथि, भाग - 1	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:58 PM 08:58 PM 11:58 PM
सामान्य	आओ सैर करें - राजघाट	हिन्दी	12:33 AM 03:33 AM 06:33 AM 09:32 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-3	English	12:38 AM 03:38 AM 06:38 AM 09:38 AM 12:38 PM 03:37 PM 06:37 PM 09:37 PM
सामान्य	भोजन यात्रा- ग्रास से विकास	हिन्दी	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:14 PM 07:14 PM 10:14 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Puducherry	English/hindi	01:27 AM 04:27 AM 07:27 AM 10:27 AM 01:27 PM 04:26 PM 07:26 PM 10:26 PM
Science (General)	Functions of Wetlands and their Biophysical characteristics	English	01:37 AM 04:37 AM 07:37 AM 10:37 AM 01:36 PM 04:36 PM 07:36 PM 10:36 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 2	English	01:48 AM 04:48 AM 07:48 AM 10:48 AM 01:48 PM 04:48 PM 07:47 PM 10:47 PM
Science (General)	What makes a Prism Special	English	02:11 AM 05:11 AM 08:11 AM 11:11 AM 02:11 PM 05:11 PM 08:10 PM 11:10 PM



Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 1	English	02:16 AM 05:16 AM 08:16 AM 11:16 AM 02:16 PM 05:15 PM 08:15 PM 11:15 PM
Hand Embroiderer	Unit 2 Session 1: Tools and Materials of Hand Embroidery	English	02:47 AM 05:46 AM 08:46 AM 11:46 AM 02:46 PM 05:46 PM 08:45 PM 11:45 PM
रविवार, 11 जनवरी 2026 Sunday, 11 January 2026			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	12:51 AM 03:51 AM 06:52 AM 09:53 AM 12:54 PM 03:54 PM 06:55 PM 09:56 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	12:58 AM 03:59 AM 06:59 AM 10:00 AM 01:01 PM 04:02 PM 07:03 PM 10:03 PM
Laboratory experimental demonstration and animation videos	Separation of Mixtures Using Different Techniques	English	01:26 AM 04:27 AM 07:27 AM 10:28 AM 01:29 PM 04:30 PM 07:30 PM 10:31 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:38 AM 04:39 AM 07:40 AM 10:40 AM 01:41 PM 04:42 PM 07:43 PM 10:43 PM
सामान्य	आओ सैर करें -कन्याकुमारी	हिन्दी	01:50 AM 04:51 AM 07:52 AM 10:52 AM 01:53 PM 04:54 PM 07:55 PM 10:55 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life	English	01:56 AM 04:57 AM 07:58 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:01 PM
सामान्य	विटामिन ए की कहानी	हिन्दी	02:29 AM 05:29 AM 08:30 AM 11:31 AM 02:32 PM 05:32 PM 08:33 PM 11:34 PM
Science (General)	What makes a Prism Special	English	02:40 AM 05:41 AM 08:42 AM 11:42 AM 02:43 PM 05:44 PM 08:45 PM 11:46 PM



Story Telling/ Value Education	Birthday Party	English	02:46 AM 05:47 AM 08:47 AM 11:48 AM 02:49 PM 05:50 PM 08:51 PM 11:51 PM
सोमवार, 12 जनवरी 2026 Monday, 12 January 2026			
हिन्दी	स्पर्श, पाठ 3: तुम कब जाओगे अतिथि, भाग - 2	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:26 PM 06:26 PM 09:26 PM
भूगोल	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:33 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:35 PM 06:35 PM 09:35 PM
Science	Chapter 2: Is Matter around us pure? Part - I	English	12:57 AM 03:58 AM 06:58 AM 09:58 AM 12:58 PM 03:59 PM 06:59 PM 09:59 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	01:25 AM 04:26 AM 07:26 AM 10:26 AM 01:26 PM 04:27 PM 07:27 PM 10:27 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - V	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:34 PM 04:34 PM 07:34 PM 10:34 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	02:13 AM 05:14 AM 08:14 AM 11:14 AM 02:14 PM 05:15 PM 08:15 PM 11:15 PM
मंगलवार, 13 जनवरी 2026 Tuesday, 13 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:58 PM 05:58 PM 08:58 PM 11:58 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:25 AM 03:25 AM 06:25 AM 09:24 AM 12:24 PM 03:24 PM 06:24 PM 09:23 PM
भूगोल	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:37 AM 03:37 AM 06:37 AM 09:36 AM 12:36 PM 03:36 PM 06:36 PM 09:35 PM



General	Levers Around Us	English	01:10 AM 04:10 AM 07:09 AM 10:09 AM 01:09 PM 04:09 PM 07:08 PM 10:08 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Odisha	English/hin di	01:18 AM 04:18 AM 07:17 AM 10:17 AM 01:17 PM 04:17 PM 07:16 PM 10:16 PM
Science	Chapter 2: Is Matter around us pure? Part - II	English	01:25 AM 04:25 AM 07:25 AM 10:24 AM 01:24 PM 04:24 PM 07:24 PM 10:23 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - VI	English	02:10 AM 05:10 AM 08:10 AM 11:09 AM 02:09 PM 05:09 PM 08:09 PM 11:08 PM
Science (General)	ENDLESS MIRROR	English	02:39 AM 05:39 AM 08:39 AM 11:39 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:39 PM 05:39 PM 08:39 PM 11:39 PM
बुधवार, 14 जनवरी 2026 Wednesday, 14 January 2026			
गणित	पाठ 6: रेखाएँ और कोण	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:58 PM 08:58 PM 11:58 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:39 AM 03:39 AM 06:39 AM 09:39 AM 12:39 PM 03:38 PM 06:38 PM 09:38 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part II	English	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:17 PM 04:17 PM 07:17 PM 10:17 PM
Science (General)	Evaporation	English	01:46 AM 04:46 AM 07:46 AM 10:46 AM 01:46 PM 04:46 PM 07:45 PM 10:45 PM
Cultural Heritage: Art, Music & Dance	Folk Dance – Tripura	English/hin di	01:57 AM 04:57 AM 07:57 AM 10:57 AM 01:57 PM 04:56 PM 07:56 PM 10:56 PM
English	Beehive, Chapter 2: The Sound of Music (The Wind) Part 3	English	02:06 AM 05:06 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:04 PM



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Social Science (Political Science)	Democratic Politics-I, Chapter - 2, Constitutional Design Part-4	English	02:24 AM 05:23 AM 08:23 AM 11:23 AM 02:23 PM 05:23 PM 08:23 PM 11:22 PM
बृहस्पतिवार, 15 जनवरी 2026 Thursday, 15 January 2026			
गणित	पाठ 5: यूक्लिड की ज्यामिति का परिचय	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:35 AM 03:35 AM 06:35 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:35 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	टिहरी कूद	हिन्दी	01:03 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part III	English	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:17 PM 04:17 PM 07:17 PM 10:17 PM
सामान्य	दादी-पोती के मकबरे	हिन्दी	01:40 AM 04:40 AM 07:40 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
Science (General)	Action force due to ejected gas moves an inflated balloon in opposite direction	English	01:45 AM 04:45 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:45 PM 10:45 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:54 AM 04:54 AM 07:54 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	02:23 AM 05:23 AM 08:23 AM 11:23 AM 02:23 PM 05:23 PM 08:23 PM 11:23 PM
Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 2	English	02:32 AM 05:32 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM
शुक्रवार, 16 जनवरी 2026 Friday, 16 January 2026			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:05 PM 03:06 PM 06:07 PM 09:08 PM



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सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:32 AM 03:33 AM 06:34 AM 09:36 AM 12:37 PM 03:38 PM 06:40 PM 09:41 PM
Jago Grahak jago	Cyber Awareness Debit Card Number, CVV or OTP	Hindi	12:53 AM 03:55 AM 06:56 AM 09:57 AM 12:58 PM 04:00 PM 07:01 PM 10:02 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - VII	English	12:59 AM 04:01 AM 07:02 AM 10:03 AM 01:04 PM 04:06 PM 07:07 PM 10:08 PM
Science	Chapter 2: Is Matter around us pure? Part - III	English	01:32 AM 04:33 AM 07:35 AM 10:36 AM 01:37 PM 04:39 PM 07:40 PM 10:41 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जैवलिन भाग-01	हिन्दी	02:17 AM 05:18 AM 08:19 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:26 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 1	हिन्दी	02:34 AM 05:35 AM 08:37 AM 11:38 AM 02:39 PM 05:41 PM 08:42 PM 11:43 PM
शनिवार, 17 जनवरी 2026 Saturday, 17 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:39 AM 03:40 AM 06:41 AM 09:41 AM 12:42 PM 03:42 PM 06:43 PM 09:44 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 3 Electoral Politics	English	12:47 AM 03:48 AM 06:49 AM 09:49 AM 12:50 PM 03:50 PM 06:51 PM 09:52 PM
Science (General)	Action force due to ejected gas moves at test tube in opposite direction	English	01:24 AM 04:25 AM 07:25 AM 10:26 AM 01:27 PM 04:27 PM 07:28 PM 10:28 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 1	English	01:28 AM 04:29 AM 07:29 AM 10:30 AM 01:30 PM 04:31 PM 07:32 PM 10:32 PM
General	A Visit to Cherapunjee	English	01:55 AM 04:56 AM 07:56 AM 10:57 AM 01:57 PM 04:58 PM 07:59 PM 10:59 PM



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Social Science (Economics)	Economics, Chapter 2: People as Resource - Overview	English	02:06 AM 05:07 AM 08:07 AM 11:08 AM 02:09 PM 05:09 PM 08:10 PM 11:10 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:40 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Satin Stitch	English	02:55 AM 05:55 AM 08:56 AM 11:56 AM 02:57 PM 05:58 PM 08:58 PM 11:59 PM
रविवार, 18 जनवरी 2026 Sunday, 18 January 2026			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM 03:03 AM 06:06 AM 09:09 AM 12:12 PM 03:15 PM 06:18 PM 09:21 PM
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/hindi	12:36 AM 03:39 AM 06:42 AM 09:45 AM 12:48 PM 03:51 PM 06:54 PM 09:57 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 2	हिन्दी	12:51 AM 03:54 AM 06:57 AM 10:00 AM 01:03 PM 04:06 PM 07:09 PM 10:12 PM
Laboratory experimental demonstration and animation videos	Plant and Animal Tissues	English	01:40 AM 04:43 AM 07:46 AM 10:49 AM 01:52 PM 04:56 PM 07:59 PM 11:02 PM
Laboratory experimental demonstration and animation videos	Distinguishing Between Solutions	English	01:46 AM 04:49 AM 07:52 AM 10:55 AM 01:58 PM 05:01 PM 08:04 PM 11:07 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 2	English	02:02 AM 05:05 AM 08:08 AM 11:11 AM 02:14 PM 05:17 PM 08:20 PM 11:23 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	02:18 AM 05:21 AM 08:24 AM 11:27 AM 02:30 PM 05:33 PM 08:36 PM 11:39 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	दौड़	हिन्दी	02:42 AM 05:45 AM 08:48 AM 11:51 AM 02:54 PM 05:57 PM 09:00 PM



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सोमवार, 19 जनवरी 2026 Monday, 19 January 2026			
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 2	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:07 PM 09:08 PM
सामान्य	आओ सैर करें - लक्षद्वीप	हिन्दी	12:38 AM 03:39 AM 06:40 AM 09:42 AM 12:43 PM 03:44 PM 06:45 PM 09:46 PM
भूगोल	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:42 AM 03:43 AM 06:44 AM 09:45 AM 12:47 PM 03:48 PM 06:49 PM 09:50 PM
Science	Chapter 2: Is Matter around us pure? Part - IV	English	01:12 AM 04:13 AM 07:14 AM 10:15 AM 01:16 PM 04:18 PM 07:19 PM 10:20 PM
सामान्य	विटामिन ए की कहानी	हिन्दी	01:38 AM 04:39 AM 07:40 AM 10:42 AM 01:43 PM 04:44 PM 07:45 PM 10:46 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - VIII	English	01:50 AM 04:51 AM 07:52 AM 10:53 AM 01:54 PM 04:55 PM 07:57 PM 10:58 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	लकड़ी पर नक्काशी	हिन्दी	02:17 AM 05:18 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	02:29 AM 05:30 AM 08:31 AM 11:33 AM 02:34 PM 05:35 PM 08:36 PM 11:37 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	02:49 AM 05:50 AM 08:51 AM 11:52 AM 02:53 PM 05:55 PM 08:56 PM 11:57 PM
मंगलवार, 20 जनवरी 2026 Tuesday, 20 January 2026			
हिन्दी	स्पर्श, पाठ 3: तुम कब जाओगे अतिथि, भाग - 1	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
General	Levers Around Us	English	12:23 AM 03:25 AM 06:26 AM 09:27 AM 12:28 PM 03:29 PM 06:30 PM 09:31 PM



भूगोल	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:31 AM 03:33 AM 06:34 AM 09:35 AM 12:36 PM 03:37 PM 06:38 PM 09:39 PM
General	E-Waste Management: Film 4	English	01:04 AM 04:05 AM 07:06 AM 10:07 AM 01:09 PM 04:10 PM 07:11 PM 10:12 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/hindi	01:12 AM 04:13 AM 07:14 AM 10:15 AM 01:16 PM 04:17 PM 07:18 PM 10:19 PM
Science	Chapter 1: Matter in our Surrounding Part-I	English	01:19 AM 04:20 AM 07:21 AM 10:22 AM 01:23 PM 04:24 PM 07:25 PM 10:26 PM
General	A Visit to Cherapunjee	English	01:56 AM 04:57 AM 07:58 AM 10:59 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - IX	English	02:07 AM 05:08 AM 08:09 AM 11:10 AM 02:11 PM 05:12 PM 08:14 PM 11:15 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:36 AM 05:37 AM 08:38 AM 11:39 AM 02:40 PM 05:41 PM 08:42 PM 11:44 PM
बुधवार, 21 जनवरी 2026 Wednesday, 21 January 2026			
गणित	पाठ 6: रेखाएँ और कोण	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:39 AM 03:40 AM 06:41 AM 09:41 AM 12:42 PM 03:43 PM 06:43 PM 09:44 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	01:01 AM 04:02 AM 07:03 AM 10:03 AM 01:04 PM 04:05 PM 07:05 PM 10:06 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part IV	English	01:06 AM 04:07 AM 07:08 AM 10:08 AM 01:09 PM 04:10 PM 07:10 PM 10:11 PM



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सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखे मिथिला पेंटिंग	हिन्दी	01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:34 PM 04:34 PM 07:35 PM 10:36 PM
English	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	01:43 AM 04:44 AM 07:44 AM 10:45 AM 01:46 PM 04:46 PM 07:47 PM 10:48 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 3: Electoral Politics Part - 1	English	02:28 AM 05:28 AM 08:29 AM 11:30 AM 02:30 PM 05:31 PM 08:32 PM 11:32 PM
बृहस्पतिवार, 22 जनवरी 2026 Thursday, 22 January 2026			
गणित	पाठ 5: यूक्लिड की ज्यामिति का परिचय	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:04 AM 12:05 PM 03:07 PM 06:08 PM 09:10 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:31 AM 03:32 AM 06:34 AM 09:35 AM 12:36 PM 03:38 PM 06:39 PM 09:41 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	12:56 AM 03:57 AM 06:59 AM 10:00 AM 01:02 PM 04:03 PM 07:05 PM 10:06 PM
Social Science (History)	India and the Contemporary World-I, Chapter 2: Social Change	English	01:30 AM 04:31 AM 07:32 AM 10:34 AM 01:35 PM 04:37 PM 07:38 PM 10:40 PM
Science (General)	Evaporation	English	01:52 AM 04:53 AM 07:55 AM 10:56 AM 01:57 PM 04:59 PM 08:00 PM 11:02 PM
English	Beehive, Chapter 2: The Sound of Music (The Shehnai of Bismillah Khan) Part-2	English	02:04 AM 05:05 AM 08:07 AM 11:08 AM 02:10 PM 05:11 PM 08:13 PM 11:14 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	02:31 AM 05:32 AM 08:34 AM 11:35 AM 02:37 PM 05:38 PM 08:40 PM 11:41 PM
General	I will work & work with courage	English	02:58 AM 06:00 AM 09:01 AM 12:02 PM 03:04 PM 06:05 PM 09:07 PM



शुक्रवार, 23 जनवरी 2026 Friday, 23 January 2026			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:58 PM 05:57 PM 08:57 PM 11:56 PM
Jago Grahak jago	Jago Grahak Jago E Daakhil 2	Hindi	12:32 AM 03:32 AM 06:31 AM 09:31 AM 12:30 PM 03:30 PM 06:30 PM 09:29 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:34 AM 03:33 AM 06:33 AM 09:32 AM 12:32 PM 03:32 PM 06:31 PM 09:31 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:48 AM 03:48 AM 06:47 AM 09:47 AM 12:47 PM 03:46 PM 06:46 PM 09:45 PM
Science (General)	Why Ice is less dense than water	English	01:18 AM 04:17 AM 07:17 AM 10:16 AM 01:16 PM 04:16 PM 07:15 PM 10:15 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - X	English	01:27 AM 04:26 AM 07:26 AM 10:25 AM 01:25 PM 04:25 PM 07:24 PM 10:24 PM
Science	Chapter 1: Matter in our Surrounding Part-II	English	01:55 AM 04:55 AM 07:54 AM 10:54 AM 01:54 PM 04:53 PM 07:53 PM 10:52 PM
Science (General)	As the sailor jumps in forward direction, the boat moves backwards	English	02:29 AM 05:29 AM 08:29 AM 11:28 AM 02:28 PM 05:27 PM 08:27 PM 11:27 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	02:31 AM 05:31 AM 08:31 AM 11:30 AM 02:30 PM 05:29 PM 08:29 PM 11:29 PM
शनिवार, 24 जनवरी 2026 Saturday, 24 January 2026			
हिन्दी	स्पर्श, पाठ 3: तुम कब जाओगे अतिथि, भाग - 2	हिन्दी	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:26 AM 03:25 AM 06:24 AM 09:23 AM 12:23 PM 03:22 PM 06:21 PM 09:20 PM



Social Science (Political Science)	Democratic Politics-I, Chapter - 3: Electoral Politics Part - 2	English	12:51 AM 03:50 AM 06:49 AM 09:48 AM 12:47 PM 03:46 PM 06:45 PM 09:44 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:07 AM 04:07 AM 07:06 AM 10:05 AM 01:04 PM 04:03 PM 07:02 PM 10:01 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life	English	01:43 AM 04:42 AM 07:41 AM 10:40 AM 01:39 PM 04:39 PM 07:38 PM 10:37 PM
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	02:17 AM 05:16 AM 08:15 AM 11:15 AM 02:14 PM 05:13 PM 08:12 PM 11:11 PM
रविवार, 25 जनवरी 2026 Sunday, 25 January 2026			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:37 PM 09:38 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: सविधान निर्माण, भाग - 1	हिन्दी	12:44 AM 03:44 AM 06:45 AM 09:46 AM 12:46 PM 03:47 PM 06:48 PM 09:48 PM
सामान्य	रौशनी और रंग	हिन्दी	01:12 AM 04:12 AM 07:13 AM 10:14 AM 01:14 PM 04:15 PM 07:16 PM 10:16 PM
Story Telling/ Value Education	A Sunrise at Ganga Sagar	English/hin di	01:28 AM 04:28 AM 07:29 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:32 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 1	English	01:43 AM 04:43 AM 07:44 AM 10:44 AM 01:45 PM 04:46 PM 07:46 PM 10:47 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	02:10 AM 05:10 AM 08:11 AM 11:11 AM 02:12 PM 05:13 PM 08:13 PM 11:14 PM
Science (General)	Evaporation	English	02:35 AM 05:36 AM 08:37 AM 11:37 AM 02:38 PM 05:39 PM 08:39 PM 11:40 PM



Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Leh Ladakh	English/hindi	02:56 AM 05:57 AM 08:58 AM 11:58 AM 02:59 PM 06:00 PM 09:00 PM
सोमवार, 26 जनवरी 2026 Monday, 26 January 2026			
General	I will work & work with courage	English	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:04 PM 09:05 PM
हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति	हिन्दी	12:12 AM 03:12 AM 06:13 AM 09:14 AM 12:15 PM 03:16 PM 06:16 PM 09:17 PM
भूगोल	समकालीन भारत - 1, पाठ 1: भारत: आकार और स्थिति	हिन्दी	12:36 AM 03:37 AM 06:38 AM 09:38 AM 12:39 PM 03:40 PM 06:41 PM 09:42 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले एंड फोक डांस - अजमेर	हिन्दी	01:01 AM 04:02 AM 07:02 AM 10:03 AM 01:04 PM 04:05 PM 07:06 PM 10:07 PM
Science	Chapter 1, Matter in our Surrounding Part-III	English	01:12 AM 04:13 AM 07:13 AM 10:14 AM 01:15 PM 04:16 PM 07:17 PM 10:17 PM
General English	Episode 9 Agreeing 1	English	01:44 AM 04:44 AM 07:45 AM 10:46 AM 01:47 PM 04:48 PM 07:49 PM 10:49 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - XI	English	01:55 AM 04:56 AM 07:56 AM 10:57 AM 01:58 PM 04:59 PM 08:00 PM 11:00 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	02:23 AM 05:24 AM 08:25 AM 11:26 AM 02:26 PM 05:27 PM 08:28 PM 11:29 PM
General English	Episode 10 Agreeing 2	English	02:45 AM 05:45 AM 08:46 AM 11:47 AM 02:48 PM 05:49 PM 08:49 PM 11:50 PM
मंगलवार, 27 जनवरी 2026 Tuesday, 27 January 2026			
General	I will work & work with courage	English	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:58 PM 05:57 PM 08:57 PM 11:57 PM



हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 1	हिन्दी	12:05 AM 03:04 AM 06:04 AM 09:04 AM 12:03 PM 03:03 PM 06:03 PM 09:02 PM
Science (General)	Why is difficult to walk on Sand	English	12:40 AM 03:39 AM 06:39 AM 09:39 AM 12:38 PM 03:38 PM 06:38 PM 09:37 PM
भूगोल	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	12:44 AM 03:44 AM 06:43 AM 09:43 AM 12:43 PM 03:42 PM 06:42 PM 09:42 PM
General English	Episode 1 Greeting a Friend	English	01:17 AM 04:17 AM 07:16 AM 10:16 AM 01:16 PM 04:15 PM 07:15 PM 10:14 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/hindi	01:25 AM 04:25 AM 07:24 AM 10:24 AM 01:24 PM 04:23 PM 07:23 PM 10:23 PM
Science	Chapter 2: Is Matter Around Us Pure	English	01:28 AM 04:28 AM 07:27 AM 10:27 AM 01:27 PM 04:26 PM 07:26 PM 10:26 PM
Mathematics	Chapter 13: Surface Areas and Volumes, Part - XII	English	02:06 AM 05:05 AM 08:05 AM 11:05 AM 02:04 PM 05:04 PM 08:04 PM 11:03 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	02:22 AM 05:22 AM 08:21 AM 11:21 AM 02:21 PM 05:20 PM 08:20 PM 11:20 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/hindi	02:27 AM 05:27 AM 08:26 AM 11:26 AM 02:26 PM 05:25 PM 08:25 PM 11:25 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:30 AM 05:30 AM 08:29 AM 11:29 AM 02:29 PM 05:28 PM 08:28 PM 11:28 PM
General English	Episode 11 Agreeing 3	English	02:49 AM 05:49 AM 08:48 AM 11:48 AM 02:48 PM 05:47 PM 08:47 PM 11:47 PM



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बुधवार, 28 जनवरी 2026

Wednesday, 28 January 2026

गणित	पाठ 6: रेखाएँ और कोण	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM
विज्ञान	पाठ 6: ऊतक	हिन्दी	12:37 AM 03:37 AM 06:38 AM 09:38 AM 12:38 PM 03:39 PM 06:39 PM 09:40 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जेवलीन भाग-01	हिन्दी	12:59 AM 03:59 AM 06:59 AM 10:00 AM 01:00 PM 04:01 PM 07:01 PM 10:02 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part 1	English	01:16 AM 04:16 AM 07:17 AM 10:17 AM 01:18 PM 04:18 PM 07:19 PM 10:19 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	01:35 AM 04:35 AM 07:36 AM 10:36 AM 01:37 PM 04:37 PM 07:37 PM 10:38 PM
English	Beehive, Chapter 2: The Sound of Music (The Wind) Part 3	English	01:40 AM 04:41 AM 07:41 AM 10:41 AM 01:42 PM 04:42 PM 07:43 PM 10:43 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-1	English	02:14 AM 05:14 AM 08:15 AM 11:15 AM 02:15 PM 05:16 PM 08:16 PM 11:17 PM
सामान्य	आओ सैर करें - मिस्र	हिन्दी	02:56 AM 05:57 AM 08:57 AM 11:57 AM 02:58 PM 05:58 PM 08:59 PM 11:59 PM

बृहस्पतिवार, 29 जनवरी 2026

Thursday, 29 January 2026

गणित	पाठ 5: यूक्लिड की ज्यामिति का परिचय	हिन्दी	12:00 AM 03:01 AM 06:02 AM 09:04 AM 12:05 PM 03:07 PM 06:08 PM 09:10 PM
विज्ञान	पाठ 5: जीवन की मौलिक इकाई	हिन्दी	12:31 AM 03:32 AM 06:34 AM 09:35 AM 12:37 PM 03:38 PM 06:40 PM 09:41 PM



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स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पाइंट-२	हिन्दी	12:56 AM 03:58 AM 06:59 AM 10:00 AM 01:02 PM 04:03 PM 07:05 PM 10:06 PM
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part I	English	01:30 AM 04:31 AM 07:33 AM 10:34 AM 01:36 PM 04:37 PM 07:38 PM 10:40 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	02:00 AM 05:02 AM 08:03 AM 11:05 AM 02:06 PM 05:08 PM 08:09 PM 11:11 PM
Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 1	English	02:31 AM 05:32 AM 08:34 AM 11:35 AM 02:37 PM 05:38 PM 08:40 PM 11:41 PM
शुक्रवार, 30 जनवरी 2026 Friday, 30 January 2026			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:32 AM 03:32 AM 06:32 AM 09:32 AM 12:32 PM 03:33 PM 06:33 PM 09:33 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	12:47 AM 03:47 AM 06:47 AM 09:47 AM 12:47 PM 03:47 PM 06:47 PM 09:47 PM
Science (General)	Why Ice is less dense than water	English	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM
Science	Chapter 2: Is Matter around us pure? Part - I	English	01:53 AM 04:53 AM 07:53 AM 10:53 AM 01:53 PM 04:53 PM 07:54 PM 10:54 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 2	हिन्दी	02:27 AM 05:27 AM 08:28 AM 11:28 AM 02:28 PM 05:28 PM 08:28 PM 11:28 PM



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शनिवार, 31 जनवरी 2026

Saturday, 31 January 2026

हिन्दी	क्षितिज, पाठ 3: उपभोक्तावाद की संस्कृति, भाग - 2	हिन्दी	12:00 AM 03:03 AM 06:06 AM 09:09 AM 12:13 PM 03:16 PM 06:19 PM 09:22 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:38 AM 03:41 AM 06:45 AM 09:48 AM 12:51 PM 03:54 PM 06:58 PM 10:01 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-2	English	01:03 AM 04:06 AM 07:09 AM 10:12 AM 01:16 PM 04:19 PM 07:22 PM 10:25 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:38 AM 04:41 AM 07:44 AM 10:48 AM 01:51 PM 04:54 PM 07:57 PM 11:01 PM
Social Science (Geography)	Contemporary India-I, Chapter 5: Natural vegetation and wild life, Part - 2	English	02:12 AM 05:15 AM 08:19 AM 11:22 AM 02:25 PM 05:28 PM 08:32 PM 11:35 PM
General	A Visit to Cherapunjee	English	02:28 AM 05:31 AM 08:34 AM 11:37 AM 02:41 PM 05:44 PM 08:47 PM 11:50 PM
Social Science (Economics)	Economics, Chapter - 2: People as a Resource, Part 2	English	02:39 AM 05:42 AM 08:45 AM 11:49 AM 02:52 PM 05:55 PM 08:58 PM



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