

कक्षा - 4 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 4

कक्षा - 4 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 4

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #26



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2025

कक्षा - 4 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 4

जुलाई 2024
July 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 जुलाई 2024 Monday, 01 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
Heat Wave	How To Keep Your House Cool During Summers	English	12:23 AM 02:54 AM 05:24 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:57 PM 08:28 PM 10:58 PM
Yoga	Trikonasana	English	12:24 AM 02:54 AM 05:25 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:59 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:01 PM
EVS	Chapter 6 : Omana's Journey	English	01:00 AM 03:30 AM 06:01 AM 08:31 AM 11:02 AM 01:32 PM 04:03 PM 06:34 PM 09:04 PM 11:35 PM
Animated series	The Umbrella	English	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:39 AM 02:10 PM 04:40 PM 07:11 PM 09:41 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:18 PM 09:49 PM
General	Energy Saving	English	02:20 AM 04:50 AM 07:21 AM 09:52 AM 12:22 PM 02:53 PM 05:23 PM 07:54 PM 10:24 PM
General	आओ सैर करें - पोरबंदर	Hindi	02:21 AM 04:52 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:25 PM 07:55 PM 10:26 PM



General	Water Saved	English	02:26 AM 04:57 AM 07:27 AM 09:58 AM 12:28 PM 02:59 PM 05:29 PM 08:00 PM 10:31 PM
General	Single Use Plastic	English	02:27 AM 04:58 AM 07:28 AM 09:59 AM 12:29 PM 03:00 PM 05:31 PM 08:01 PM 10:32 PM
मंगलवार, 02 जुलाई 2024 Tuesday, 02 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Heat Wave	How To Reduce The Impact Of A Heatwave In Cities	English	12:23 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:55 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
EVS	Chapter 6 : Omana's Journey	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
Animated series	Let Swim: Frigo, Chik, Mouse, Ant and Ladybird	English	01:18 AM 03:49 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:50 PM 09:20 PM 11:50 PM
Animated series	The Miser	English	01:23 AM 03:53 AM 06:23 AM 08:53 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:33 AM 04:03 AM 06:33 AM 09:03 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
General	पुराने बच्चे	Hindi	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
General	Water Saved	English	02:13 AM 04:43 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:15 PM
General	आओ सैर करें - नालंदा	Hindi	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:46 PM 10:16 PM



General	आओ सैर करें - सेवाग्राम	Hindi	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
बुधवार, 03 जुलाई 2024 Wednesday, 03 July 2024			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
योग	त्रिकोणासन	Hindi	12:26 AM 02:56 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:28 PM 05:58 PM 08:28 PM 10:59 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:30 AM 01:00 PM 03:30 PM 06:01 PM 08:31 PM 11:01 PM
Heat Wave	Heat Wave:How Nomads And Homeless Can Be Helped During A Heatwave	English	12:54 AM 03:24 AM 05:54 AM 08:25 AM 10:55 AM 01:25 PM 03:56 PM 06:26 PM 08:56 PM 11:27 PM
Animated series	The Home	English	12:55 AM 03:25 AM 05:55 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:27 PM 08:57 PM 11:27 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	12:59 AM 03:29 AM 06:00 AM 08:30 AM 11:00 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:32 PM
Yoga	Tadasana	English	01:24 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:56 PM 09:26 PM 11:56 PM
Animated series	Birbal Finds the Thief	English	01:26 AM 03:56 AM 06:27 AM 08:57 AM 11:27 AM 01:57 PM 04:28 PM 06:58 PM 09:28 PM 11:59 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:32 AM 04:03 AM 06:33 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:04 PM 09:35 PM
पर्यावरण अध्ययन (ISL)	अनीता की मधुमक्खियां भाग 2	Hindi	02:08 AM 04:38 AM 07:09 AM 09:39 AM 12:09 PM 02:40 PM 05:10 PM 07:40 PM 10:11 PM
General	Single Use Plastic	English	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:23 PM 02:53 PM 05:23 PM 07:54 PM 10:24 PM



General	आओ सैर करें - राजघाट	Hindi	02:23 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:55 PM 05:25 PM 07:55 PM 10:26 PM
बृहस्पतिवार, 04 जुलाई 2024 Thursday, 04 July 2024			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:55 PM 08:25 PM 10:55 PM
Heat Wave	Heat Wave:How Can Outdoor Workers Labourers Protect Themselves	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	12:52 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:22 PM 08:51 PM 11:21 PM
Animated series	Rabit and Turtle	English	01:17 AM 03:47 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:55 PM
General	हाथी चल्लम चल्लम	Hindi	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:01 PM
पर्यावरण अध्ययन (ISL)	अनीता की मधुमक्खियां भाग 2	Hindi	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:08 PM 07:38 PM 10:08 PM
General	Sustainable Food Systems Adopted	English	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
शुक्रवार, 05 जुलाई 2024 Friday, 05 July 2024			



गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:37 PM
Art Education	नाटक खेलना आसान है भाग 1	Hindi	12:23 AM 02:54 AM 05:25 AM 07:56 AM 10:26 AM 12:57 PM 03:28 PM 05:59 PM 08:30 PM 11:01 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:42 AM 03:13 AM 05:44 AM 08:15 AM 10:46 AM 01:17 PM 03:47 PM 06:18 PM 08:49 PM 11:20 PM
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Navodaya Vidyalaya	English/hindi	01:08 AM 03:38 AM 06:09 AM 08:40 AM 11:11 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:45 PM
Heat Wave	How To Keep Your Cities Cool During Summers	English	01:14 AM 03:45 AM 06:16 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:50 PM 09:21 PM 11:51 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	01:15 AM 03:46 AM 06:16 AM 08:47 AM 11:18 AM 01:49 PM 04:20 PM 06:51 PM 09:21 PM 11:52 PM
General	चकई के चकदुम	Hindi	01:39 AM 04:10 AM 06:41 AM 09:12 AM 11:43 AM 02:14 PM 04:44 PM 07:15 PM 09:46 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:43 AM 04:14 AM 06:45 AM 09:15 AM 11:46 AM 02:17 PM 04:48 PM 07:19 PM 09:50 PM
Animated series	Lion and the Mouse	English	02:19 AM 04:50 AM 07:20 AM 09:51 AM 12:22 PM 02:53 PM 05:24 PM 07:55 PM 10:25 PM
General	चकई के चकदुम	Hindi	02:24 AM 04:55 AM 07:26 AM 09:57 AM 12:28 PM 02:59 PM 05:29 PM 08:00 PM 10:31 PM
General	Waste Reduced	English	02:28 AM 04:59 AM 07:29 AM 10:00 AM 12:31 PM 03:02 PM 05:33 PM 08:04 PM 10:34 PM
शनिवार, 06 जुलाई 2024 Saturday, 06 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM



हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:23 AM 02:54 AM 05:25 AM 07:56 AM 10:27 AM 12:58 PM 03:29 PM 06:00 PM 08:32 PM 11:03 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	12:48 AM 03:19 AM 05:50 AM 08:21 AM 10:53 AM 01:24 PM 03:55 PM 06:26 PM 08:57 PM 11:28 PM
Heat Wave	Heat Wave: How To Protect Animals From The Heatwave	English	01:13 AM 03:44 AM 06:15 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:50 PM 09:21 PM 11:52 PM
कहानी	टर्म टू भाग 3	Hindi	01:14 AM 03:45 AM 06:16 AM 08:47 AM 11:18 AM 01:49 PM 04:20 PM 06:51 PM 09:22 PM 11:53 PM
कहानी	नटखट चूहा	Hindi	01:36 AM 04:07 AM 06:38 AM 09:09 AM 11:40 AM 02:11 PM 04:42 PM 07:13 PM 09:44 PM
कहानी	लालू और पीलू	Hindi	01:49 AM 04:20 AM 06:52 AM 09:23 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:58 PM
योग	ताड़ासन	Hindi	02:07 AM 04:38 AM 07:09 AM 09:40 AM 12:11 PM 02:42 PM 05:13 PM 07:44 PM 10:15 PM
General	Plastic Bag Demon	English	02:09 AM 04:40 AM 07:11 AM 09:42 AM 12:13 PM 02:45 PM 05:16 PM 07:47 PM 10:18 PM
General	आओ सैर करें - कश्मीर	Hindi	02:17 AM 04:48 AM 07:19 AM 09:50 AM 12:21 PM 02:52 PM 05:24 PM 07:55 PM 10:26 PM
Animated series	The Race	English	02:22 AM 04:53 AM 07:24 AM 09:55 AM 12:26 PM 02:58 PM 05:29 PM 08:00 PM 10:31 PM
रविवार, 07 जुलाई 2024 Sunday, 07 July 2024			
शारीरिक शिक्षा	स्वस्थ बढ़ना	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Jammu and Kashmir	English/hindi	12:12 AM 02:43 AM 05:14 AM 07:45 AM 10:16 AM 12:47 PM 03:18 PM 05:49 PM 08:20 PM 10:51 PM



Art Education	ऑरिगमी (कागज़ कला) 4	Hindi	12:19 AM 02:50 AM 05:21 AM 07:52 AM 10:23 AM 12:54 PM 03:25 PM 05:56 PM 08:27 PM 10:58 PM
Heat Wave	Heat Wave: Food Drink Habits To Protect Yourself From Heatwave	English	12:36 AM 03:07 AM 05:38 AM 08:09 AM 10:40 AM 01:11 PM 03:42 PM 06:13 PM 08:44 PM 11:15 PM
Yoga	Vrikshasana	English	12:37 AM 03:08 AM 05:39 AM 08:10 AM 10:41 AM 01:12 PM 03:43 PM 06:14 PM 08:45 PM 11:16 PM
शारीरिक शिक्षा	योग: त्रिकोणासन	Hindi	12:39 AM 03:10 AM 05:41 AM 08:12 AM 10:43 AM 01:14 PM 03:45 PM 06:16 PM 08:47 PM 11:18 PM
Physical Education	Growing up Healthy	English	12:55 AM 03:26 AM 05:57 AM 08:28 AM 10:59 AM 01:30 PM 04:01 PM 06:32 PM 09:03 PM 11:34 PM
कहानी	सुनीता की पहिया कुर्सी	Hindi	12:59 AM 03:30 AM 06:01 AM 08:32 AM 11:03 AM 01:34 PM 04:05 PM 06:36 PM 09:07 PM 11:38 PM
कहानी	टर्म टू भाग 4	Hindi	01:12 AM 03:43 AM 06:14 AM 08:45 AM 11:16 AM 01:47 PM 04:18 PM 06:49 PM 09:20 PM 11:51 PM
Animated series	Two Friends and the Bear	English	02:00 AM 04:31 AM 07:02 AM 09:33 AM 12:04 PM 02:35 PM 05:06 PM 07:37 PM 10:08 PM
पर्यावरण अध्ययन (ISL)	खिड़की से	Hindi	02:06 AM 04:37 AM 07:08 AM 09:39 AM 12:10 PM 02:41 PM 05:13 PM 07:44 PM 10:15 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	02:22 AM 04:53 AM 07:24 AM 09:55 AM 12:26 PM 02:57 PM 05:28 PM 07:59 PM 10:30 PM
General	E-Waste	English	02:28 AM 04:59 AM 07:30 AM 10:01 AM 12:32 PM 03:03 PM 05:34 PM 08:05 PM 10:36 PM
सोमवार, 08 जुलाई 2024 Monday, 08 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM



हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:23 AM 02:54 AM 05:25 AM 07:56 AM 10:27 AM 12:58 PM 03:29 PM 06:00 PM 08:31 PM 11:02 PM
कहानी	सोने का अंडा देने वाली मुर्गी	Hindi	12:56 AM 03:27 AM 05:58 AM 08:29 AM 11:00 AM 01:31 PM 04:02 PM 06:33 PM 09:04 PM 11:35 PM
General	आओ सैर करें - कन्याकुमारी	Hindi	01:04 AM 03:35 AM 06:06 AM 08:37 AM 11:08 AM 01:39 PM 04:10 PM 06:41 PM 09:12 PM 11:43 PM
Heat Wave	Heat Wave:How To Help Vendors Labourers During A Heatwave	English	01:10 AM 03:41 AM 06:12 AM 08:43 AM 11:14 AM 01:45 PM 04:16 PM 06:47 PM 09:18 PM 11:49 PM
योग	वृक्षासन	Hindi	01:11 AM 03:42 AM 06:13 AM 08:44 AM 11:15 AM 01:46 PM 04:17 PM 06:48 PM 09:19 PM 11:50 PM
EVS	Chapter 6 : Omana's Journey	English	01:13 AM 03:44 AM 06:15 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:50 PM 09:21 PM 11:52 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:35 AM 04:06 AM 06:37 AM 09:08 AM 11:39 AM 02:10 PM 04:41 PM 07:12 PM 09:43 PM
General	हाथी चल्लम चल्लम	Hindi	02:11 AM 04:42 AM 07:13 AM 09:44 AM 12:15 PM 02:46 PM 05:17 PM 07:48 PM 10:19 PM
English (ISL)	Alice in Wonderland	English	02:18 AM 04:49 AM 07:20 AM 09:51 AM 12:22 PM 02:53 PM 05:24 PM 07:55 PM 10:26 PM
मंगलवार, 09 जुलाई 2024			
Tuesday, 09 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Animated series	Lion and the Buffaloes	English	12:48 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:19 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM



Heat Wave	Heat Wave: Protect Yourself From Heatwave In Hilly Regions	English	12:53 AM 03:23 AM 05:53 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
General	मैं सबसे छोटी होऊँ-सुमित्रा नंदन पन्त	Hindi	12:54 AM 03:24 AM 05:54 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:25 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
Heat Wave	Heat Wave:How To Keep Workers Safe From Heatwave	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:32 PM
EVS	Chapter 6 : Omana's Journey	English	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
General	पुराने बच्चे	Hindi	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
General	Water Saved	English	02:04 AM 04:34 AM 07:04 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:35 PM 10:05 PM
General	Waste Reduced	English	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM
पर्यावरण अध्ययन (ISL)	हु तू तू: हु तू तू भाग 2	Hindi	02:07 AM 04:37 AM 07:07 AM 09:37 AM 12:07 PM 02:37 PM 05:07 PM 07:37 PM 10:07 PM
English (ISL)	Alice in Wonderland	English	02:17 AM 04:47 AM 07:17 AM 09:47 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM
बुधवार, 10 जुलाई 2024 Wednesday, 10 July 2024			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
General	आओ सैर करें - कश्मीर	Hindi	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Animated series	Lion and the Buffaloes	English	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
General	Sustainable Food Systems Adopted	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
English (ISL)	Alice in Wonderland	English	02:17 AM 04:47 AM 07:17 AM 09:47 AM 12:17 PM 02:47 PM 05:17 PM 07:47 PM 10:17 PM
बृहस्पतिवार, 11 जुलाई 2024 Thursday, 11 July 2024			
Heat Wave	Heat Wave: Help Others Survive Heatwave	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	Hindi	12:08 AM 02:38 AM 05:08 AM 07:39 AM 10:09 AM 12:39 PM 03:09 PM 05:39 PM 08:09 PM 10:39 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:27 AM 02:57 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:27 PM 05:57 PM 08:28 PM 10:58 PM
Heat Wave	How To Keep Animals Safe from Heatwave	English	12:52 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:53 PM 06:23 PM 08:53 PM 11:23 PM



General	आओ सैर करें - लक्षद्वीप	Hindi	12:52 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:23 PM 03:53 PM 06:23 PM 08:54 PM 11:24 PM
Heat Wave	HeatWave: Protect yourself from heat wave	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	12:58 AM 03:28 AM 05:59 AM 08:29 AM 10:59 AM 01:29 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:23 AM 03:53 AM 06:23 AM 08:53 AM 11:23 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM 02:29 PM 05:00 PM 07:30 PM 10:00 PM
General	आओ सैर करें - मिस्र	Hindi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:15 PM
English (ISL)	Alice in Wonderland	English	02:17 AM 04:47 AM 07:17 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM

शुक्रवार, 12 जुलाई 2024

Friday, 12 July 2024

गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:16 AM 02:47 AM 05:18 AM 07:49 AM 10:20 AM 12:51 PM 03:23 PM 05:54 PM 08:25 PM 10:56 PM
कहानी	टर्म टू भाग 12	Hindi	12:41 AM 03:12 AM 05:44 AM 08:15 AM 10:46 AM 01:17 PM 03:48 PM 06:19 PM 08:50 PM 11:21 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	01:03 AM 03:34 AM 06:05 AM 08:36 AM 11:07 AM 01:38 PM 04:09 PM 06:40 PM 09:11 PM 11:42 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:28 AM 03:59 AM 06:30 AM 09:01 AM 11:32 AM 02:03 PM 04:34 PM 07:05 PM 09:36 PM



DD Free Dish Channel #26



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2025

हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:03 AM 04:34 AM 07:06 AM 09:37 AM 12:08 PM 02:39 PM 05:10 PM 07:41 PM 10:12 PM
English (ISL)	Alice in Wonderland	English	02:18 AM 04:49 AM 07:20 AM 09:51 AM 12:22 PM 02:53 PM 05:25 PM 07:56 PM 10:27 PM
शनिवार, 13 जुलाई 2024 Saturday, 13 July 2024			
Heat Wave	Heat Wave: How To Stay Safe During Heatwave	English	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:08 AM 02:38 AM 05:08 AM 07:38 AM 10:07 AM 12:37 PM 03:07 PM 05:37 PM 08:07 PM 10:36 PM
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Kerala	English/hindi	12:24 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:22 PM 05:52 PM 08:22 PM 10:52 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:30 AM 03:00 AM 05:30 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:28 PM 10:58 PM
General	आओ सैर करें - शिमला	Hindi	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:23 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	01:01 AM 03:31 AM 06:01 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 08:59 PM 11:29 PM
कहानी	आम की टोकरी	Hindi	01:26 AM 03:56 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
Heat Wave	Heat Wave: Symptoms Of Heat Stroke	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:56 PM
Heat Wave	लू गर्म हवा से बचने के उपाएँ	Hindi	01:29 AM 03:59 AM 06:29 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:27 PM 11:57 PM
Heat Wave	बच्चों को लू गर्म हवा से कैसे सुरक्षित रखें	Hindi	01:30 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM



कहानी	टर्म टू भाग 5	Hindi	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:58 PM
General	आओ सैर करें - सेवाग्राम	Hindi	01:53 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:51 PM 07:21 PM 09:51 PM
कहानी	अकल बड़ी या पूंछ	Hindi	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
Yoga	Ardha_Chakrasana	English	02:04 AM 04:33 AM 07:03 AM 09:33 AM 12:03 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
General	Plastic Bag Demon	English	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:18 PM
रविवार, 14 जुलाई 2024 Sunday, 14 July 2024			
शारीरिक शिक्षा	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Heat Wave	Heat Wave: Factors Of Heatwave	English	12:14 AM 02:45 AM 05:15 AM 07:46 AM 10:16 AM 12:47 PM 03:17 PM 05:48 PM 08:18 PM 10:49 PM
Heat Wave	How To Keep Infants Safe From Heatwave	English	12:15 AM 02:45 AM 05:16 AM 07:46 AM 10:17 AM 12:48 PM 03:18 PM 05:49 PM 08:19 PM 10:50 PM
Art Education	ऑरिगमी (कागज़ कला) 6	Hindi	12:16 AM 02:46 AM 05:17 AM 07:47 AM 10:18 AM 12:48 PM 03:19 PM 05:49 PM 08:20 PM 10:50 PM
शारीरिक शिक्षा	योग: सर्वांगासन	English/hindi	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
Heat Wave	The Dos Dents For Travellers During Heatwave	English	12:44 AM 03:14 AM 05:45 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:17 PM 08:48 PM 11:19 PM



Physical Education	Nutrition, Health & Sanitation	English	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:49 PM 11:19 PM
कहानी	राख की रस्सी	Hindi	12:51 AM 03:22 AM 05:52 AM 08:23 AM 10:53 AM 01:24 PM 03:54 PM 06:25 PM 08:55 PM 11:26 PM
कहानी	टर्म टू भाग 6	Hindi	01:04 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:39 PM
General	आओ सैर करें - कश्मीर	Hindi	01:27 AM 03:57 AM 06:28 AM 08:58 AM 11:29 AM 01:59 PM 04:30 PM 07:01 PM 09:31 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:32 AM 04:03 AM 06:33 AM 09:04 AM 11:34 AM 02:05 PM 04:35 PM 07:06 PM 09:36 PM
Animated series	Two Friends and the Bear	English	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:20 PM 09:51 PM
English (ISL)	Alice in Wonderland	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:56 AM 02:26 PM 04:57 PM 07:27 PM 09:58 PM
सोमवार, 15 जुलाई 2024 Monday, 15 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
Heat Wave	How To Keep Elders Safe From Heatwave	English	12:23 AM 02:53 AM 05:24 AM 07:54 AM 10:24 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:56 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:24 AM 02:54 AM 05:24 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:56 PM 08:26 PM 10:56 PM
EVS	Chapter 6 : Omana's Journey	English	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:30 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	01:19 AM 03:49 AM 06:19 AM 08:50 AM 11:20 AM 01:50 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM



Heat Wave	लू के लक्षण	Hindi	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:24 AM 01:55 PM 04:25 PM 06:55 PM 09:26 PM 11:56 PM
Heat Wave	बुजुर्गों को लू गर्म हवा से कैसे रखें सुरक्षित	Hindi	01:24 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:55 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
Heat Wave	Heat Wave: Minimising the impact of heat wave	English	01:24 AM 03:55 AM 06:25 AM 08:55 AM 11:26 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:57 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:25 AM 03:55 AM 06:26 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:57 PM 09:28 PM 11:58 PM
General	Energy Saving	English	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:02 PM 02:33 PM 05:03 PM 07:33 PM 10:03 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:03 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:35 PM 10:05 PM
English (ISL)	Alice in Wonderland	English	02:17 AM 04:48 AM 07:18 AM 09:48 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:20 PM
मंगलवार, 16 जुलाई 2024 Tuesday, 16 July 2024			
गणित	पाठ 6:कबाड़ीवाली भाग 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Heat Wave	बंजारे और बेघर लोगों को लू गर्म हवा से कैसे बचाएँ	Hindi	12:23 AM 02:53 AM 05:24 AM 07:54 AM 10:25 AM 12:55 PM 03:25 PM 05:56 PM 08:26 PM 10:56 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:57 PM 08:27 PM 10:57 PM
EVS	Chapter 6 : Omana's Journey	English	12:49 AM 03:20 AM 05:50 AM 08:20 AM 10:51 AM 01:21 PM 03:51 PM 06:22 PM 08:52 PM 11:23 PM
Heat Wave	यात्री लू गर्म हवा के दौरान क्या करें - क्या न करें	Hindi	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:12 AM 01:43 PM 04:13 PM 06:44 PM 09:14 PM 11:44 PM



Heat Wave	यात्री लू गर्म हवा के दौरान क्या करें - क्या न करें	Hindi	01:12 AM 03:42 AM 06:13 AM 08:43 AM 11:13 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:45 PM
Animated series	The Umbrella	English	01:13 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:45 PM 04:15 PM 06:45 PM 09:16 PM 11:46 PM
Heat Wave	गर्मियों के दौरान किस प्रकार का भोजन करें	Hindi	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:21 AM 01:52 PM 04:22 PM 06:53 PM 09:23 PM 11:53 PM
English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:21 AM 03:51 AM 06:22 AM 08:52 AM 11:22 AM 01:53 PM 04:23 PM 06:53 PM 09:24 PM 11:54 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:57 AM 04:27 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:29 PM 10:00 PM
General	आओ सैर करें - कन्याकुमारी	Hindi	02:11 AM 04:42 AM 07:12 AM 09:43 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:14 PM
English (ISL)	Alice in Wonderland	English	02:17 AM 04:48 AM 07:18 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:21 PM
बुधवार, 17 जुलाई 2024 Wednesday, 17 July 2024			
पर्यावरण अध्ययन	पाठ 6 : ओमना का सफ़र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
हिंदी	पाठ 6 : नाव बनाओ नाव बनाओ	Hindi	12:26 AM 02:56 AM 05:27 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
Heat Wave	गर्मियों के दौरान किस प्रकार का भोजन करें	Hindi	12:51 AM 03:22 AM 05:52 AM 08:22 AM 10:53 AM 01:23 PM 03:53 PM 06:24 PM 08:54 PM 11:24 PM
Mathematics	Chapter 6 : The Junk Seller : Part 2	English	12:52 AM 03:22 AM 05:53 AM 08:23 AM 10:53 AM 01:24 PM 03:54 PM 06:24 PM 08:55 PM 11:25 PM
Animated series	The Race	English	01:17 AM 03:47 AM 06:17 AM 08:48 AM 11:18 AM 01:48 PM 04:19 PM 06:49 PM 09:19 PM 11:50 PM



English	Chapter 6 : Hiawatha, The Scholar's Mother Tongue	English	01:24 AM 03:54 AM 06:25 AM 08:55 AM 11:25 AM 01:56 PM 04:26 PM 06:56 PM 09:27 PM 11:57 PM
Heat Wave	लू :तेज गर्मी के दौरान आप लोगों की कैसे सहायता कर सकते हैं	Hindi	02:00 AM 04:30 AM 07:00 AM 09:31 AM 12:01 PM 02:31 PM 05:02 PM 07:32 PM 10:02 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:00 AM 04:31 AM 07:01 AM 09:31 AM 12:02 PM 02:32 PM 05:02 PM 07:33 PM 10:03 PM
English (ISL)	Hellen Keller	English	02:15 AM 04:46 AM 07:16 AM 09:46 AM 12:17 PM 02:47 PM 05:17 PM 07:48 PM 10:18 PM
बृहस्पतिवार, 18 जुलाई 2024 Thursday, 18 July 2024			
पर्यावरण अध्ययन	पाठ 7: खिड़की से	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Heat Wave	बाहरी कामकाजी लोग लू गर्म हवा से कैसे बचें	Hindi	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
Heat Wave	बुजुर्गों को लू गर्म हवा से कैसे रखें सुरक्षित	Hindi	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
Heat Wave	लू गर्म हवा से बचने के उपाएँ	Hindi	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:25 AM 03:55 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM



English (ISL)	Hellen Keller	English	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
शुक्रवार, 19 जुलाई 2024 Friday, 19 July 2024			
गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:40 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:27 AM 02:58 AM 05:29 AM 08:00 AM 10:32 AM 01:03 PM 03:34 PM 06:05 PM 08:36 PM 11:07 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	01:00 AM 03:32 AM 06:03 AM 08:34 AM 11:05 AM 01:36 PM 04:07 PM 06:38 PM 09:09 PM 11:40 PM
Heat Wave	बाहरी कामकाजी लोग लू गर्म हवा से कैसे बचें	Hindi	01:26 AM 03:57 AM 06:28 AM 08:59 AM 11:30 AM 02:01 PM 04:33 PM 07:04 PM 09:35 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:27 AM 03:58 AM 06:29 AM 09:00 AM 11:31 AM 02:02 PM 04:33 PM 07:05 PM 09:36 PM
Heat Wave	पहाड़ी क्षेत्रों में रहने वाले लोग कैसे करें लू गर्महवा से अपना बचाव	Hindi	01:54 AM 04:25 AM 06:56 AM 09:27 AM 11:58 AM 02:29 PM 05:00 PM 07:31 PM 10:03 PM
योग	अर्ध चक्रासन	Hindi	01:54 AM 04:26 AM 06:57 AM 09:28 AM 11:59 AM 02:30 PM 05:01 PM 07:32 PM 10:03 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:56 AM 04:28 AM 06:59 AM 09:30 AM 12:01 PM 02:32 PM 05:03 PM 07:34 PM 10:05 PM
General	चकई के चकदुम	Hindi	02:11 AM 04:42 AM 07:13 AM 09:45 AM 12:16 PM 02:47 PM 05:18 PM 07:49 PM 10:20 PM
General	Waste Reduced	English	02:15 AM 04:46 AM 07:17 AM 09:48 AM 12:19 PM 02:50 PM 05:21 PM 07:52 PM 10:24 PM
English (ISL)	Hellen Keller	English	02:16 AM 04:47 AM 07:18 AM 09:49 AM 12:20 PM 02:52 PM 05:23 PM 07:54 PM 10:25 PM



शनिवार, 20 जुलाई 2024
Saturday, 20 July 2024

गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Yoga	Trikonasana	English	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:36 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Heat Wave	गर्मी की तीव्रता के कारण	Hindi	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:41 PM
योग	त्रिकोणासन	Hindi	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:47 PM 09:17 PM 11:47 PM
Heat Wave	लू : शहर में रहने वाले लोग कैसे करें लू गर्म हवा से अपना बचाव	Hindi	01:19 AM 03:49 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	01:20 AM 03:50 AM 06:20 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:50 PM 09:20 PM 11:50 PM
कहानी	बस की यात्रा	Hindi	01:45 AM 04:15 AM 06:45 AM 09:15 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	02:00 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
General	आओ सैर करें - नालंदा	Hindi	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:16 PM 07:46 PM 10:16 PM
General	Plastic Bag Demon	English	02:20 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM



DD Free Dish Channel #26



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2025

रविवार, 21 जुलाई 2024
Sunday, 21 July 2024

शारीरिक शिक्षा	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Bihar	English/hindi	12:14 AM 02:44 AM 05:15 AM 07:45 AM 10:15 AM 12:45 PM 03:15 PM 05:45 PM 08:15 PM 10:45 PM
शारीरिक शिक्षा	योग: सर्वांगासन	English/hindi	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:21 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:52 PM
Heat Wave	लू गर्महवा के दौरान कैसे रखें घर को ठंडा	Hindi	12:33 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:05 PM
Physical Education	Nutrition, Health & Sanitation	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
General	आओ सैर करें - कन्याकुमारी	Hindi	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
कहानी	टर्म टू भाग 8	Hindi	12:47 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
Heat Wave	पशुओं को लू गर्म हवा से कैसे बचाएँ	Hindi	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
कहानी	ईदगाह	Hindi	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:13 PM 11:43 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Animated series	Two Friends and the Bear	English	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM

सोमवार, 22 जुलाई 2024
Monday, 22 July 2024


DD Free Dish Channel #26



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2025

गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिंदी	पाठ 9 :स्वतंत्रता की ओर	Hindi	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
Heat Wave	लू के लक्षण	Hindi	01:00 AM 03:30 AM 06:00 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:02 PM 11:32 PM
Heat Wave	लू गर्म हवा से बचने के उपाएँ	Hindi	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
EVS	From the Window	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
Heat Wave	बुजुर्गों को लू गर्म हवा से कैसे रखें सुरक्षित	Hindi	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
General	आओ सैर करें - कश्मीर	Hindi	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
Yoga	Tadasana	English	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:38 PM 05:08 PM 07:38 PM 10:08 PM
English (ISL)	Hellen Keller	English	02:10 AM 04:40 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
मंगलवार, 23 जुलाई 2024 Tuesday, 23 July 2024			
गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM



हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Heat Wave	लू गर्म हवा से बचने के उपाएँ	Hindi	01:07 AM 03:37 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
EVS	From the Window	English	01:15 AM 03:45 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Heat Wave	पशुओं को लू गर्म हवा से कैसे बचाएँ?	Hindi	01:29 AM 03:59 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
Heat Wave	लू गर्म हवा से बचाने में दूसरों की मदद करें	Hindi	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Animated series	Let Swim: Frigo, Chik, Mouse, Ant and Ladybird	English	01:31 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:32 PM
Heat Wave	Cool Roof Technology Surkhi Concrete	English	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
General	Water Saved	English	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
General	आओ सैर करें - कन्याकुमारी	Hindi	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
English (ISL)	Hellen Keller	English	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:16 PM 02:46 PM 05:16 PM 07:46 PM 10:16 PM
बुधवार, 24 जुलाई 2024 Wednesday, 24 July 2024			
पर्यावरण अध्ययन	पाठ 7: खिड़की से	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM



हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:24 AM 02:54 AM 05:24 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:26 PM 10:56 PM
Heat Wave	पशुओं को लू गर्म हवा से कैसे बचाएँ?	Hindi	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	12:58 AM 03:28 AM 05:58 AM 08:29 AM 10:59 AM 01:29 PM 03:59 PM 06:29 PM 09:00 PM 11:30 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
General	आओ सैर करें - पोरबंदर	Hindi	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:31 PM
Animated series	Birbal Finds the Thief	English	01:33 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
Heat Wave	बच्चों को लू गर्म हवा से कैसे सुरक्षित रखें	Hindi	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:42 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:40 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
General	कोई लाके मुझे दे	Hindi	02:07 AM 04:37 AM 07:08 AM 09:38 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
पर्यावरण अध्ययन (ISL)	खिड़की से	Hindi	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
General	Single Use Plastic	English	02:27 AM 04:57 AM 07:27 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:29 PM
बृहस्पतिवार, 25 जुलाई 2024 Thursday, 25 July 2024			
Heat Wave	लू गर्म हवा से बचाव	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:37 PM



पर्यावरण अध्ययन	पाठ 7: खिड़की से	Hindi	12:08 AM 02:39 AM 05:10 AM 07:41 AM 10:12 AM 12:43 PM 03:14 PM 05:44 PM 08:15 PM 10:46 PM
योग	ताड़ासन	Hindi	12:25 AM 02:55 AM 05:26 AM 07:57 AM 10:28 AM 12:59 PM 03:30 PM 06:01 PM 08:32 PM 11:02 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:27 AM 02:58 AM 05:29 AM 07:59 AM 10:30 AM 01:01 PM 03:32 PM 06:03 PM 08:34 PM 11:05 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	01:00 AM 03:31 AM 06:02 AM 08:33 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:07 PM 11:38 PM
Animated series	Rabit and Turtle	English	01:26 AM 03:56 AM 06:27 AM 08:58 AM 11:29 AM 02:00 PM 04:31 PM 07:02 PM 09:33 PM
General	आओ सैर करें - कुल्लू मनाली	Hindi	01:35 AM 04:06 AM 06:37 AM 09:08 AM 11:39 AM 02:09 PM 04:40 PM 07:11 PM 09:42 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	01:41 AM 04:11 AM 06:42 AM 09:13 AM 11:44 AM 02:15 PM 04:46 PM 07:17 PM 09:48 PM
Yoga	Vrikshasana	English	01:45 AM 04:16 AM 06:47 AM 09:18 AM 11:48 AM 02:19 PM 04:50 PM 07:21 PM 09:52 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:47 AM 04:18 AM 06:49 AM 09:20 AM 11:51 AM 02:22 PM 04:53 PM 07:23 PM 09:54 PM
General	E-Waste	English	02:14 AM 04:45 AM 07:16 AM 09:47 AM 12:18 PM 02:49 PM 05:19 PM 07:50 PM 10:21 PM
English (ISL)	Hellen Keller	English	02:16 AM 04:47 AM 07:18 AM 09:48 AM 12:19 PM 02:50 PM 05:21 PM 07:52 PM 10:23 PM
शुक्रवार, 26 जुलाई 2024 Friday, 26 July 2024			
गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM



Heat Wave	लू गर्म हवा के प्रभाव को कम करना	Hindi	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:37 AM 01:07 PM 03:38 PM 06:09 PM 08:40 PM 11:10 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:35 AM 03:05 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:39 PM 06:10 PM 08:40 PM 11:11 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Chhattisgarh	English/hindi	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:11 AM 01:41 PM 04:12 PM 06:43 PM 09:14 PM 11:44 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	01:13 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:47 PM 04:17 PM 06:48 PM 09:19 PM 11:50 PM
Heat Wave	HeatWave Protect animals during heat wave	English	01:39 AM 04:09 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:44 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:40 AM 04:11 AM 06:41 AM 09:12 AM 11:43 AM 02:13 PM 04:44 PM 07:15 PM 09:46 PM
General	Waste Reduced	English	02:14 AM 04:45 AM 07:16 AM 09:46 AM 12:17 PM 02:48 PM 05:18 PM 07:49 PM 10:20 PM
English (ISL)	Hellen Keller	English	02:16 AM 04:46 AM 07:17 AM 09:48 AM 12:18 PM 02:49 PM 05:20 PM 07:51 PM 10:21 PM
शनिवार, 27 जुलाई 2024 Saturday, 27 July 2024			
गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
योग	वृक्षासन	Hindi	12:34 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:09 PM 03:40 PM 06:11 PM 08:42 PM 11:13 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:36 AM 03:07 AM 05:38 AM 08:09 AM 10:40 AM 01:11 PM 03:42 PM 06:13 PM 08:44 PM 11:15 PM
Heat Wave	HeatWave: Dos and donts when outside during heat wave	English	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:13 AM 01:44 PM 04:15 PM 06:46 PM 09:17 PM 11:48 PM



Physical Education	Nutrition, Health & Sanitation	English	01:11 AM 03:42 AM 06:13 AM 08:44 AM 11:15 AM 01:46 PM 04:17 PM 06:48 PM 09:19 PM 11:50 PM
Heat Wave	HeatWave: Dos and donts for outdoor workers	English	01:17 AM 03:48 AM 06:19 AM 08:50 AM 11:21 AM 01:52 PM 04:23 PM 06:54 PM 09:25 PM 11:56 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	01:19 AM 03:50 AM 06:21 AM 08:52 AM 11:22 AM 01:53 PM 04:24 PM 06:55 PM 09:26 PM 11:57 PM
कहानी	बस की यात्रा	Hindi	01:44 AM 04:15 AM 06:46 AM 09:17 AM 11:48 AM 02:19 PM 04:50 PM 07:21 PM 09:52 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:59 AM 04:30 AM 07:01 AM 09:32 AM 12:03 PM 02:34 PM 05:05 PM 07:36 PM 10:07 PM
Animated series	The Race	English	02:14 AM 04:45 AM 07:16 AM 09:47 AM 12:18 PM 02:49 PM 05:20 PM 07:51 PM 10:22 PM
General	Plastic Bag Demon	English	02:21 AM 04:52 AM 07:23 AM 09:54 AM 12:25 PM 02:56 PM 05:27 PM 07:58 PM 10:29 PM
रविवार, 28 जुलाई 2024 Sunday, 28 July 2024			
शारीरिक शिक्षा	पोषण, स्वास्थ्य और स्वच्छता	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Heat Wave	HeatWave: Dos and donts	English	12:14 AM 02:45 AM 05:15 AM 07:46 AM 10:16 AM 12:47 PM 03:17 PM 05:47 PM 08:18 PM 10:48 PM
Heat Wave	HeatWave: Protect yourself from heat wave	English	12:19 AM 02:49 AM 05:20 AM 07:50 AM 10:21 AM 12:51 PM 03:22 PM 05:52 PM 08:23 PM 10:53 PM
शारीरिक शिक्षा	योग: सर्वांगासन	English/hindi	12:20 AM 02:51 AM 05:21 AM 07:52 AM 10:22 AM 12:53 PM 03:23 PM 05:54 PM 08:24 PM 10:54 PM
Physical Education	Nutrition, Health & Sanitation	English	12:33 AM 03:03 AM 05:34 AM 08:04 AM 10:35 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:07 PM



कहानी	सोने का अंडा देने वाली मुर्गी	Hindi	12:39 AM 03:10 AM 05:40 AM 08:11 AM 10:41 AM 01:12 PM 03:42 PM 06:12 PM 08:43 PM 11:13 PM
कहानी	टर्म टू भाग 8	Hindi	12:47 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:20 PM 03:50 PM 06:21 PM 08:51 PM 11:21 PM
कहानी	ईदगाह	Hindi	01:11 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:46 PM
Heat Wave	लू- गर्म हवा के कारण और बचाव	Hindi	01:43 AM 04:13 AM 06:43 AM 09:14 AM 11:44 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
हिंदी (ISL)	पापा जब बच्चे थे भाग 1	Hindi	01:43 AM 04:14 AM 06:44 AM 09:15 AM 11:45 AM 02:15 PM 04:46 PM 07:16 PM 09:47 PM
Animated series	Two Friends and the Bear	English	01:58 AM 04:28 AM 06:59 AM 09:29 AM 12:00 PM 02:30 PM 05:01 PM 07:31 PM 10:02 PM
सोमवार, 29 जुलाई 2024 Monday, 29 July 2024			
Heat Wave	जानिए लू के लिए कैसे तैयार रहें	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
गणित	पाठ 7: जग मग जग मग	Hindi	12:08 AM 02:38 AM 05:08 AM 07:38 AM 10:08 AM 12:37 PM 03:07 PM 05:37 PM 08:07 PM 10:37 PM
Heat Wave	Cool Roof Technology: Bamboo Shading Screen	English	12:35 AM 03:05 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:03 PM 08:33 PM 11:03 PM
हिंदी	पाठ 9 :स्वतंत्रता की ओर	Hindi	12:41 AM 03:11 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:09 PM 08:39 PM 11:09 PM
EVS	From the Window	English	01:21 AM 03:51 AM 06:20 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:49 PM 09:19 PM 11:49 PM
Heat Wave	Cool Roof Technology: Cellulose Fibre	English	01:35 AM 04:05 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:33 PM



Yoga	Ardha_Chakrasana	English	01:41 AM 04:11 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:09 PM 09:39 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:43 AM 04:13 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:11 PM 09:41 PM
English (ISL)	Hellen Keller	English	02:10 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:38 PM 10:08 PM
मंगलवार, 30 जुलाई 2024 Tuesday, 30 July 2024			
गणित	पाठ 7: जग मग जग मग	Hindi	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:28 PM 02:57 PM 05:27 PM 07:57 PM 10:26 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:34 AM 03:04 AM 05:33 AM 08:03 AM 10:33 AM 01:02 PM 03:32 PM 06:02 PM 08:31 PM 11:01 PM
Heat Wave	Cool Roof Technology: China Mosaic	English	01:07 AM 03:37 AM 06:07 AM 08:36 AM 11:06 AM 01:36 PM 04:05 PM 06:35 PM 09:04 PM 11:34 PM
EVS	From the Window	English	01:21 AM 03:50 AM 06:20 AM 08:50 AM 11:19 AM 01:49 PM 04:19 PM 06:48 PM 09:18 PM 11:48 PM
Animated series	Let Swim: Frigo, Chik, Mouse, Ant and Ladybird	English	01:35 AM 04:04 AM 06:34 AM 09:04 AM 11:33 AM 02:03 PM 04:33 PM 07:02 PM 09:32 PM
Heat Wave	Cool Roof Technology: Green Net Shading Screen	English	01:39 AM 04:09 AM 06:39 AM 09:08 AM 11:38 AM 02:08 PM 04:37 PM 07:07 PM 09:37 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:45 AM 04:14 AM 06:44 AM 09:14 AM 11:43 AM 02:13 PM 04:42 PM 07:12 PM 09:42 PM
General	Water Saved	English	02:11 AM 04:41 AM 07:11 AM 09:40 AM 12:10 PM 02:40 PM 05:09 PM 07:39 PM 10:09 PM
योग	अर्ध चक्रासन	Hindi	02:13 AM 04:42 AM 07:12 AM 09:42 AM 12:11 PM 02:41 PM 05:10 PM 07:40 PM 10:10 PM



English (ISL)	Hellen Keller	English	02:15 AM 04:44 AM 07:14 AM 09:44 AM 12:13 PM 02:43 PM 05:12 PM 07:42 PM 10:12 PM
बुधवार, 31 जुलाई 2024 Wednesday, 31 July 2024			
पर्यावरण अध्ययन	पाठ 7: खिड़की से	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
हिंदी	पाठ 7 : दान का हिसाब	Hindi	12:24 AM 02:55 AM 05:26 AM 07:57 AM 10:28 AM 12:59 PM 03:30 PM 06:01 PM 08:32 PM 11:03 PM
Mathematics	Chapter 7 : Jugs and Mugs PART I	English	12:57 AM 03:28 AM 05:59 AM 08:30 AM 11:01 AM 01:32 PM 04:04 PM 06:35 PM 09:06 PM 11:37 PM
Heat Wave	Cool Roof Technology: Hollow Clay Tiles	English	01:23 AM 03:54 AM 06:25 AM 08:56 AM 11:27 AM 01:58 PM 04:29 PM 07:00 PM 09:31 PM
Animated series	Birbal Finds the Thief	English	01:29 AM 04:00 AM 06:31 AM 09:02 AM 11:33 AM 02:04 PM 04:35 PM 07:06 PM 09:37 PM
English	Chapter 7 : A Watering Rhyme, The Giving Tree	English	01:35 AM 04:06 AM 06:37 AM 09:08 AM 11:39 AM 02:10 PM 04:41 PM 07:12 PM 09:43 PM
Heat Wave	Cool Roof Technology: Inverted Earthen Pots	English	02:02 AM 04:33 AM 07:04 AM 09:35 AM 12:06 PM 02:37 PM 05:08 PM 07:39 PM 10:10 PM
General	कोई लाके मुझे दे	Hindi	02:08 AM 04:39 AM 07:10 AM 09:41 AM 12:12 PM 02:43 PM 05:14 PM 07:46 PM 10:17 PM
पर्यावरण अध्ययन (ISL)	खिड़की से	Hindi	02:12 AM 04:43 AM 07:14 AM 09:45 AM 12:16 PM 02:47 PM 05:18 PM 07:49 PM 10:20 PM
General	Single Use Plastic	English	02:28 AM 04:59 AM 07:30 AM 10:01 AM 12:32 PM 03:03 PM 05:34 PM 08:05 PM 10:36 PM

