

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

### कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 8

| सोमवार<br>Monday        | मंगलवार<br>Tuesday      | बुधवार<br>Wednesday      | बुधस्पतिवार<br>Thursday | शुक्रवार<br>Friday      | शनिवार<br>Saturday       | रविवार<br>Sunday                      |
|-------------------------|-------------------------|--------------------------|-------------------------|-------------------------|--------------------------|---------------------------------------|
| विज्ञान                 | गणित                    | विज्ञान                  | गणित                    | विज्ञान                 | गणित                     | शारीरिक शिक्षा                        |
| भूगोल                   | हिन्दी                  | संस्कृत/<br>اردو (उर्दू) | इतिहास                  | हिन्दी                  | संस्कृत/<br>اردو (उर्दू) | राजनीति विज्ञान                       |
| English                 | Geography               | History                  | English                 | Political<br>Science    | Geography                | Activities<br>Mathematics/<br>Science |
| Mathematics             | Science                 | Mathematics              | Science                 | Mathematics             | Science                  | History                               |
| Vocational<br>Education | Vocational<br>Education | Vocational<br>Education  | Vocational<br>Education | Vocational<br>Education | Vocational<br>Education  | Vocational<br>Education               |

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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**कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class - 8**

**जुलाई 2023**

**July 2023**

| विषय<br>Subject   | कार्यक्रम का शीर्षक<br>Program Title            | माध्यम<br>Medium | प्रसारण समय<br>Telecast Time   |
|---|---|------------------|--|
| <b>सोमवार, 01 जुलाई 2024</b><br><b>Monday, 01 July 2024</b> |   |                  |  |
| Science   | पाठ-12 घर्षण                                    | Hindi            | 12:00 AM    02:40 AM    05:20 AM   <br>08:01 AM    10:41 AM    01:22 PM   <br>04:02 PM    06:43 PM    09:23 PM |
| EVS   | DISASTER MANAGEMENT                             | English          | 12:30 AM    03:10 AM    05:51 AM   <br>08:31 AM    11:12 AM    01:52 PM   <br>04:33 PM    07:13 PM    09:53 PM |
| Social Science<br>(Geography)                               | पाठ 5: उद्योग, भाग-1                            | Hindi            | 12:49 AM    03:29 AM    06:10 AM   <br>08:50 AM    11:30 AM    02:11 PM   <br>04:51 PM    07:32 PM    10:12 PM |
| English It So<br>Happened                                   | Chapter-11 Ancient Education<br>System of India | English          | 01:15 AM    03:56 AM    06:36 AM   <br>09:17 AM    11:57 AM    02:38 PM   <br>05:18 PM    07:59 PM    10:39 PM |
| Mathematics   | Chapter-8: Comparing Quantities                 | English          | 01:25 AM    04:05 AM    06:46 AM   <br>09:26 AM    12:06 PM    02:47 PM   <br>05:27 PM    08:08 PM    10:48 PM |
| सामान्य   | MOTHER EARTH Prakriti Hindi                     | हिन्दी           | 01:50 AM    04:30 AM    07:11 AM   <br>09:51 AM    12:31 PM    03:12 PM   <br>05:52 PM    08:33 PM    11:13 PM |
| Vocational Video  | गमले में पौधा लगाने की विधि                     | Hindi            | 01:52 AM    04:32 AM    07:13 AM   <br>09:53 AM    12:33 PM    03:14 PM   <br>05:54 PM    08:35 PM    11:15 PM |
| AAPDA KA<br>SAMNA   | शहरी बाढ़ - आपदा का सामना                       | हिन्दी           | 02:12 AM    04:52 AM    07:33 AM   <br>10:13 AM    12:54 PM    03:34 PM   <br>06:15 PM    08:55 PM    11:35 PM |



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**मंगलवार, 02 जुलाई 2024**
**Tuesday, 02 July 2024**

|                                   |   |                   |   |
|-----------------------------------|---|-------------------|---|
| Mathematics                       | पाठ-13: सीधा और प्रतिलोम समानुपात                                       | Hindi             | 12:00 AM    02:30 AM    05:00 AM   <br>07:30 AM    10:00 AM    12:31 PM   <br>03:01 PM    05:31 PM    08:01 PM   <br>10:31 PM |
| General                           | Azadi ki Amrit Kahaniyan:<br>(Poonam Nautiyal: Jeevan)                  | English           | 12:31 AM    03:02 AM    05:32 AM   <br>08:02 AM    10:32 AM    01:02 PM   <br>03:33 PM    06:03 PM    08:33 PM   <br>11:03 PM |
| Hindi                             | हिंदी वसंत, पाठ 12:सुदामा चरित  | Hindi             | 12:34 AM    03:04 AM    05:34 AM   <br>08:04 AM    10:35 AM    01:05 PM   <br>03:35 PM    06:05 PM    08:35 PM   <br>11:06 PM |
| Social Science<br>(Geography)     | Chapter-4, Agriculture, Part 3-<br>Types of Agriculture                 | English           | 12:47 AM    03:17 AM    05:47 AM   <br>08:18 AM    10:48 AM    01:18 PM   <br>03:48 PM    06:18 PM    08:49 PM   <br>11:19 PM |
| Science                           | Chapter-13 Sound  | English           | 12:57 AM    03:27 AM    05:57 AM   <br>08:27 AM    10:57 AM    01:28 PM   <br>03:58 PM    06:28 PM    08:58 PM   <br>11:28 PM |
| General                           | Values and Types of Wetlands<br>Part -1                                 | English           | 01:22 AM    03:52 AM    06:22 AM   <br>08:53 AM    11:23 AM    01:53 PM   <br>04:23 PM    06:54 PM    09:24 PM   <br>11:54 PM |
| Vocational Video                  | Identification of trees   | English/<br>hindi | 01:29 AM    03:59 AM    06:29 AM   <br>08:59 AM    11:30 AM    02:00 PM   <br>04:30 PM    07:00 PM    09:30 PM                |
| General<br>Awareness<br>Programme | मेरी माँ के लिए एक उपहार (A gift for<br>my mother (A line of symmetry)) | Hindi             | 01:39 AM    04:09 AM    06:40 AM   <br>09:10 AM    11:40 AM    02:10 PM   <br>04:40 PM    07:11 PM    09:41 PM                |
| General<br>Awareness<br>Programme | Dr. B.R. Ambedkar - Part 2  | English/<br>hindi | 02:01 AM    04:31 AM    07:01 AM   <br>09:31 AM    12:01 PM    02:32 PM   <br>05:02 PM    07:32 PM    10:02 PM                |
| General                           | Ardha Chakrasana  | English           | 02:23 AM    04:53 AM    07:24 AM   <br>09:54 AM    12:24 PM    02:54 PM   <br>05:25 PM    07:55 PM    10:25 PM                |



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**बुधवार, 03 जुलाई 2024**
**Wednesday, 03 July 2024**

|                                      |   |                     |   |
|--------------------------------------|---|---------------------|---|
| Science                              | पाठ-12 घर्षण  | Hindi               | 12:00 AM    02:30 AM    05:01 AM   <br>07:31 AM    10:02 AM    12:32 PM   <br>03:03 PM    05:33 PM    08:04 PM   <br>10:34 PM |
| Cultural Heritage: Art, Music, Dance | Kala Utsav 2022Vocal Music-<br>Classical(Boy)Bihar        | English/<br>hindi   | 12:30 AM    03:00 AM    05:31 AM   <br>08:01 AM    10:32 AM    01:02 PM   <br>03:33 PM    06:03 PM    08:34 PM   <br>11:04 PM |
| Sanskrit                             | पाठ 4: सदैव पुरतो निधेहि चरणम्                            | Sanskrit<br>/ hindi | 12:36 AM    03:07 AM    05:37 AM   <br>08:08 AM    10:38 AM    01:09 PM   <br>03:39 PM    06:10 PM    08:40 PM   <br>11:11 PM |
| Social Science (History)             | पाठ 5: जब जनता बगावत करती है<br>(1857 और उसके बाद), भाग-1 | Hindi               | 01:05 AM    03:35 AM    06:06 AM   <br>08:36 AM    11:07 AM    01:37 PM   <br>04:08 PM    06:38 PM    09:09 PM   <br>11:39 PM |
| Mathematics                          | पाठ-8 राशियों की तुलना                                    | Hindi               | 01:33 AM    04:04 AM    06:34 AM   <br>09:05 AM    11:35 AM    02:06 PM   <br>04:36 PM    07:07 PM    09:37 PM                |
| AAPDA KA SAMNA                       | शहरी बाढ़ - आपदा का सामना                                 | हिन्दी              | 01:59 AM    04:29 AM    07:00 AM   <br>09:30 AM    12:01 PM    02:31 PM   <br>05:02 PM    07:32 PM    10:03 PM                |
| योग                                  | पवन मुक्तासन  | हिन्दी              | 02:27 AM    04:57 AM    07:28 AM   <br>09:58 AM    12:29 PM    02:59 PM   <br>05:30 PM    08:00 PM    10:31 PM                |

**बृहस्पतिवार, 04 जुलाई 2024**
**Thursday, 04 July 2024**

|                          |   |       |   |
|--------------------------|---|-------|---|
| Mathematics              | पाठ-12: घातांक और घात, भाग-1                                | Hindi | 12:00 AM    02:30 AM    05:00 AM   <br>07:30 AM    10:00 AM    12:30 PM   <br>03:00 PM    05:30 PM    08:00 PM   <br>10:30 PM |
| Social Science (History) | पाठ-9: राष्ट्रीय आंदोलन का संघटन:<br>1870 के दशक से 1947 तक | Hindi | 12:31 AM    03:01 AM    05:31 AM   <br>08:01 AM    10:31 AM    01:01 PM   <br>03:31 PM    06:01 PM    08:31 PM   <br>11:01 PM |



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|---|--|-------------------|---|
| English<br>Honeydew                             | Chapter-7: A Visit to Cambridge<br>Part-1                      | English           | 01:03 AM    03:33 AM    06:03 AM   <br>08:33 AM    11:03 AM    01:33 PM   <br>04:03 PM    06:33 PM    09:03 PM   <br>11:33 PM |
| EVS   | CLIMATE CHANGE   | English           | 01:23 AM    03:53 AM    06:23 AM   <br>08:53 AM    11:23 AM    01:53 PM   <br>04:23 PM    06:53 PM    09:23 PM   <br>11:53 PM |
| Science   | Chapter-11 Force and Pressure<br>(Force and Effects of Force)  | English           | 01:47 AM    04:17 AM    06:47 AM   <br>09:17 AM    11:47 AM    02:17 PM   <br>04:47 PM    07:17 PM    09:47 PM                |
| Vocational Video                                | Hand tools   | English/<br>hindi | 01:55 AM    04:25 AM    06:55 AM   <br>09:25 AM    11:55 AM    02:25 PM   <br>04:55 PM    07:25 PM    09:55 PM                |
| EVS   | DISASTER MANAGEMENT  | English           | 02:11 AM    04:41 AM    07:11 AM   <br>09:41 AM    12:11 PM    02:41 PM   <br>05:11 PM    07:41 PM    10:11 PM                |
| शुक्रवार, 05 जुलाई 2024<br>Friday, 05 July 2024 |  |                   |   |
| Science   | पाठ-12 घर्षण   | Hindi             | 12:00 AM    02:32 AM    05:04 AM   <br>07:36 AM    10:08 AM    12:40 PM   <br>03:12 PM    05:44 PM    08:16 PM   <br>10:48 PM |
| Hindi   | दूरवा पाठ-11 हिंदी ने जिनकी जिंदगी बदल<br>दी - मारिया नेज्जैशी | Hindi             | 12:30 AM    03:02 AM    05:34 AM   <br>08:06 AM    10:38 AM    01:10 PM   <br>03:42 PM    06:14 PM    08:46 PM   <br>11:18 PM |
| Social Science<br>(Political<br>Science)        | Chapter-7 Understanding<br>Marginalisation, Part 1             | English           | 12:58 AM    03:30 AM    06:02 AM   <br>08:34 AM    11:06 AM    01:38 PM   <br>04:10 PM    06:42 PM    09:14 PM   <br>11:46 PM |
| Mathematics                                     | Chapter-8 Comparing Quantities<br>Part 2                       | English           | 01:36 AM    04:08 AM    06:41 AM   <br>09:13 AM    11:45 AM    02:17 PM   <br>04:49 PM    07:21 PM    09:53 PM                |
| General   | Air pollution - II   | English           | 02:01 AM    04:33 AM    07:05 AM   <br>09:37 AM    12:09 PM    02:41 PM   <br>05:13 PM    07:45 PM    10:17 PM                |



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| Vocational Video  | Preparing ORS at Home  | English/<br>hindi | 02:26 AM    04:58 AM    07:30 AM   <br>10:02 AM    12:34 PM    03:06 PM   <br>05:38 PM    08:10 PM    10:42 PM                |
| <b>शनिवार, 06 जुलाई 2024</b><br><b>Saturday, 06 July 2024</b> |  |                   |   |
| Mathematics   | पाठ-12: घातांक और घात, भाग-1   | Hindi             | 12:00 AM    02:31 AM    05:03 AM   <br>07:35 AM    10:06 AM    12:38 PM   <br>03:10 PM    05:41 PM    08:13 PM   <br>10:45 PM |
| Story Telling/<br>Value Education                             | स्वप्न भंगः  | Hindi             | 12:26 AM    02:58 AM    05:30 AM   <br>08:01 AM    10:33 AM    01:05 PM   <br>03:36 PM    06:08 PM    08:40 PM   <br>11:11 PM |
| Sanskrit  | पाठ 5: कण्टकेनैव कण्टकम्   | Sanskrit          | 12:32 AM    03:04 AM    05:36 AM   <br>08:08 AM    10:39 AM    01:11 PM   <br>03:43 PM    06:14 PM    08:46 PM   <br>11:18 PM |
| Story Telling/<br>Value Education                             | Birthday Party   | English           | 12:57 AM    03:28 AM    06:00 AM   <br>08:32 AM    11:03 AM    01:35 PM   <br>04:07 PM    06:39 PM    09:10 PM   <br>11:42 PM |
| Social Science<br>(Geography)                                 | Ch-4, Agriculture, Part 2-<br>Factors influencing farming and<br>farming as a system | English           | 01:11 AM    03:43 AM    06:14 AM   <br>08:46 AM    11:18 AM    01:50 PM   <br>04:21 PM    06:53 PM    09:25 PM   <br>11:56 PM |
| General   | Values and Types of Wetlands<br>Part -1  | English           | 01:19 AM    03:51 AM    06:23 AM   <br>08:54 AM    11:26 AM    01:58 PM   <br>04:29 PM    07:01 PM    09:33 PM                |
| General   | Values and Types of Wetlands<br>Part -2  | English           | 01:26 AM    03:58 AM    06:29 AM   <br>09:01 AM    11:33 AM    02:05 PM   <br>04:36 PM    07:08 PM    09:40 PM                |
| Science   | Chapter-12 Friction  | English           | 01:34 AM    04:06 AM    06:38 AM   <br>09:09 AM    11:41 AM    02:13 PM   <br>04:44 PM    07:16 PM    09:48 PM                |
| General<br>Awareness<br>Programme                             | Dr. B.R. Ambedkar - Part 2   | English/<br>hindi | 01:53 AM    04:25 AM    06:57 AM   <br>09:28 AM    12:00 PM    02:32 PM   <br>05:03 PM    07:35 PM    10:07 PM                |



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|---|---|-------------------|---|
| Vocational Video  | Hand tools                                      | English/<br>hindi | 02:16 AM    04:48 AM    07:19 AM   <br>09:51 AM    12:23 PM    02:54 PM   <br>05:26 PM    07:58 PM    10:29 PM                |
| <b>रविवार, 07 जुलाई 2024</b><br><b>Sunday, 07 July 2024</b> |   |                   |   |
| Physical Education  | योग - त्रिकोणासन                                | Hindi             | 12:00 AM    02:29 AM    04:59 AM   <br>07:28 AM    09:58 AM    12:27 PM   <br>02:57 PM    05:26 PM    07:56 PM   <br>10:25 PM |
| General   | Values and Types of Wetlands<br>Part -2         | English           | 12:24 AM    02:53 AM    05:23 AM   <br>07:53 AM    10:22 AM    12:52 PM   <br>03:21 PM    05:51 PM    08:20 PM   <br>10:50 PM |
| Social Science<br>(Political Science)                       | पाठ-10 कानून और सामाजिक न्याय                   | Hindi             | 12:32 AM    03:02 AM    05:31 AM   <br>08:01 AM    10:30 AM    01:00 PM   <br>03:29 PM    05:59 PM    08:28 PM   <br>10:58 PM |
| General Awareness Programme                                 | Plastic Bag Demon                               | English           | 01:02 AM    03:31 AM    06:01 AM   <br>08:30 AM    11:00 AM    01:29 PM   <br>03:59 PM    06:29 PM    08:58 PM   <br>11:28 PM |
| Science   | Activity 2- Combustion and<br>Flame             | English           | 01:10 AM    03:39 AM    06:09 AM   <br>08:38 AM    11:08 AM    01:37 PM   <br>04:07 PM    06:37 PM    09:06 PM   <br>11:36 PM |
| General English   | Episode 7 Making Requests 1                     | English           | 01:13 AM    03:42 AM    06:12 AM   <br>08:41 AM    11:11 AM    01:40 PM   <br>04:10 PM    06:39 PM    09:09 PM   <br>11:38 PM |
| General   | Azadi ki Amrit<br>Kahaniyan:(Basanti Devi :jal) | English           | 01:24 AM    03:53 AM    06:23 AM   <br>08:52 AM    11:22 AM    01:51 PM   <br>04:21 PM    06:50 PM    09:20 PM   <br>11:50 PM |
| Social Science<br>(History)                                 | Chapter 5- When People Rebel<br>1857 and After  | English           | 01:26 AM    03:55 AM    06:25 AM   <br>08:55 AM    11:24 AM    01:54 PM   <br>04:23 PM    06:53 PM    09:22 PM   <br>11:52 PM |





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|---|---|-------------------|---|
| EVS   | SOIL POLLUTION                                  | English           | 01:49 AM    04:19 AM    06:49 AM   <br>09:18 AM    11:48 AM    02:17 PM   <br>04:47 PM    07:16 PM    09:46 PM                |
| Vocational Video  | Seed Germination                                | English/<br>hindi | 02:11 AM    04:41 AM    07:10 AM   <br>09:40 AM    12:09 PM    02:39 PM   <br>05:09 PM    07:38 PM    10:08 PM                |
| General   | Pawanmuktasana                                  | English           | 02:18 AM    04:48 AM    07:17 AM   <br>09:47 AM    12:16 PM    02:46 PM   <br>05:15 PM    07:45 PM    10:14 PM                |
| General   | Values and Types of Wetlands<br>Part -2         | English           | 02:21 AM    04:51 AM    07:20 AM   <br>09:50 AM    12:19 PM    02:49 PM   <br>05:18 PM    07:48 PM    10:17 PM                |
| <b>सोमवार, 08 जुलाई 2024</b><br><b>Monday, 08 July 2024</b> |   |                   |   |
| Science   | पाठ-12 घर्षण                                    | Hindi             | 12:00 AM    02:39 AM    05:19 AM   <br>07:58 AM    10:38 AM    01:17 PM   <br>03:57 PM    06:36 PM    09:16 PM   <br>11:55 PM |
| Story Telling/<br>Value Education                           | बबलू की नाव                                     | Hindi             | 12:30 AM    03:09 AM    05:49 AM   <br>08:28 AM    11:08 AM    01:47 PM   <br>04:27 PM    07:07 PM    09:46 PM                |
| Social Science<br>(Geography)                               | पाठ 5: उद्योग, भाग-1                            | Hindi             | 12:51 AM    03:30 AM    06:10 AM   <br>08:50 AM    11:29 AM    02:09 PM   <br>04:48 PM    07:28 PM    10:07 PM                |
| सामान्य   | बेटी हिन्दुस्तान की                             | हिन्दी            | 01:18 AM    03:57 AM    06:37 AM   <br>09:16 AM    11:56 AM    02:35 PM   <br>05:15 PM    07:55 PM    10:34 PM                |
| English It So<br>Happened                                   | Chapter-11 Ancient Education<br>System of India | English           | 01:28 AM    04:07 AM    06:47 AM   <br>09:26 AM    12:06 PM    02:45 PM   <br>05:25 PM    08:05 PM    10:44 PM                |
| General   | Shalabhasana                                    | English           | 01:37 AM    04:16 AM    06:56 AM   <br>09:35 AM    12:15 PM    02:55 PM   <br>05:34 PM    08:14 PM    10:53 PM                |
| Mathematics   | Chapter-8: Comparing Quantities                 | English           | 01:39 AM    04:19 AM    06:58 AM   <br>09:38 AM    12:17 PM    02:57 PM   <br>05:37 PM    08:16 PM    10:56 PM                |
| EVS   | OUR NATURAL WORLD                               | English           | 02:04 AM    04:44 AM    07:23 AM   <br>10:03 AM    12:42 PM    03:22 PM   <br>06:01 PM    08:41 PM    11:21 PM                |





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| General Awareness Programme                                   | A Visit to Cherapunjee                                  | English | 02:28 AM    05:07 AM    07:47 AM   <br>10:26 AM    01:06 PM    03:46 PM   <br>06:25 PM    09:05 PM    11:44 PM                |
| <b>मंगलवार, 09 जुलाई 2024</b><br><b>Tuesday, 09 July 2024</b> |   |         |   |
| Mathematics   | पाठ-13: सीधा और प्रतिलोम समानुपात                       | Hindi   | 12:00 AM    02:29 AM    04:59 AM   <br>07:29 AM    09:59 AM    12:29 PM   <br>02:59 PM    05:29 PM    07:59 PM   <br>10:29 PM |
| Story Telling/<br>Value Education                             | भूपति मयादस   | Hindi   | 12:31 AM    03:01 AM    05:31 AM   <br>08:01 AM    10:31 AM    01:01 PM   <br>03:31 PM    06:01 PM    08:31 PM   <br>11:01 PM |
| General   | E-Waste Management: Block 1                             | English | 12:40 AM    03:10 AM    05:40 AM   <br>08:10 AM    10:40 AM    01:10 PM   <br>03:40 PM    06:10 PM    08:40 PM   <br>11:10 PM |
| Hindi   | हिंदी वसंत, पाठ 12:सुदामा चरित                          | Hindi   | 12:52 AM    03:22 AM    05:52 AM   <br>08:22 AM    10:52 AM    01:22 PM   <br>03:52 PM    06:22 PM    08:52 PM   <br>11:22 PM |
| General   | E-Waste Management: Block 2                             | English | 01:06 AM    03:36 AM    06:06 AM   <br>08:35 AM    11:05 AM    01:35 PM   <br>04:05 PM    06:35 PM    09:05 PM   <br>11:35 PM |
| Social Science<br>(Geography)                                 | Chapter-4, Agriculture, Part 3-<br>Types of Agriculture | English | 01:20 AM    03:50 AM    06:20 AM   <br>08:50 AM    11:20 AM    01:50 PM   <br>04:20 PM    06:50 PM    09:20 PM   <br>11:50 PM |
| General Awareness Programme                                   | Plastic Bag Demon                                       | English | 01:30 AM    04:00 AM    06:30 AM   <br>09:00 AM    11:29 AM    01:59 PM   <br>04:29 PM    06:59 PM    09:29 PM   <br>11:59 PM |
| Science   | Chapter-13 Sound  | English | 01:38 AM    04:08 AM    06:38 AM   <br>09:07 AM    11:37 AM    02:07 PM   <br>04:37 PM    07:07 PM    09:37 PM                |
| Story Telling/<br>Value Education                             | Story Telling: Meena - 7 Say not<br>to dowry            | Hindi   | 02:03 AM    04:33 AM    07:03 AM   <br>09:33 AM    12:03 PM    02:33 PM   <br>05:03 PM    07:33 PM    10:03 PM                |



|  |  |                   |   |
|--|--|-------------------|---|
| योग  | पवन मुक्तासन   | हिन्दी            | 02:16 AM    04:46 AM    07:16 AM   <br>09:46 AM    12:16 PM    02:46 PM   <br>05:16 PM    07:46 PM    10:15 PM                |
| Vocational Video   | Identification of trees                                | English/<br>hindi | 02:19 AM    04:49 AM    07:19 AM   <br>09:49 AM    12:19 PM    02:49 PM   <br>05:19 PM    07:49 PM    10:19 PM                |
| <b>बुधवार, 10 जुलाई 2024</b><br><b>Wednesday, 10 July 2024</b> |  |                   |   |
| Science  | पाठ-12 वर्षण   | Hindi             | 12:00 AM    02:30 AM    05:00 AM   <br>07:30 AM    10:00 AM    12:30 PM   <br>03:00 PM    05:30 PM    08:00 PM   <br>10:30 PM |
| Cultural Heritage: Art, Music, Dance                           | Kala Utsav - 2022 Dance - Classical (Boy) Tripura      | English/<br>hindi | 12:30 AM    03:00 AM    05:30 AM   <br>08:00 AM    10:30 AM    01:00 PM   <br>03:30 PM    06:00 PM    08:30 PM   <br>11:00 PM |
| Sanskrit   | पाठ 4: सदैव पुरतो निधेहि चरणम्                         | Sanskrit / hindi  | 12:35 AM    03:05 AM    05:35 AM   <br>08:05 AM    10:35 AM    01:05 PM   <br>03:35 PM    06:05 PM    08:35 PM   <br>11:06 PM |
| General Awareness Programme                                    | Personal Safety  | English           | 01:03 AM    03:33 AM    06:04 AM   <br>08:34 AM    11:04 AM    01:34 PM   <br>04:04 PM    06:34 PM    09:04 PM   <br>11:34 PM |
| Social Science (History)                                       | पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-1 | Hindi             | 01:18 AM    03:48 AM    06:18 AM   <br>08:48 AM    11:18 AM    01:48 PM   <br>04:18 PM    06:48 PM    09:18 PM   <br>11:48 PM |
| Mathematics  | पाठ-8 राशियों की तुलना                                 | Hindi             | 01:46 AM    04:16 AM    06:46 AM   <br>09:16 AM    11:46 AM    02:16 PM   <br>04:47 PM    07:17 PM    09:47 PM                |
| General  | E-Waste Management: Block 3                            | English           | 02:12 AM    04:42 AM    07:12 AM   <br>09:42 AM    12:12 PM    02:42 PM   <br>05:12 PM    07:42 PM    10:12 PM                |



बृहस्पतिवार, 11 जुलाई 2024  
Thursday, 11 July 2024

|                             |   |                   |   |
|-----------------------------|---|-------------------|---|
| Social Science<br>(History) | पाठ-9: राष्ट्रीय आंदोलन का संघटन:<br>1870 के दशक से 1947 तक   | Hindi             | 12:00 AM    02:29 AM    04:59 AM   <br>07:28 AM    09:58 AM    12:27 PM   <br>02:57 PM    05:26 PM    07:56 PM   <br>10:25 PM |
| General                     | Surya_Namaskar  | English           | 12:37 AM    03:07 AM    05:36 AM   <br>08:06 AM    10:36 AM    01:05 PM   <br>03:35 PM    06:04 PM    08:34 PM   <br>11:03 PM |
| English<br>Honeydew         | Chapter-7: A Visit to Cambridge<br>Part-1                     | English           | 12:44 AM    03:14 AM    05:43 AM   <br>08:13 AM    10:42 AM    01:12 PM   <br>03:41 PM    06:11 PM    08:40 PM   <br>11:10 PM |
| EVS                         | OUR ENVIRONMENT AND<br>ENVIRONMENT LAWS                       | English           | 01:04 AM    03:34 AM    06:03 AM   <br>08:33 AM    11:02 AM    01:32 PM   <br>04:01 PM    06:31 PM    09:00 PM   <br>11:30 PM |
| English<br>Honeydew         | Chapter-8 On the Grasshopper<br>and Cricket(Poem)             | English           | 01:27 AM    03:56 AM    06:26 AM   <br>08:55 AM    11:25 AM    01:54 PM   <br>04:24 PM    06:53 PM    09:23 PM   <br>11:52 PM |
| EVS                         | Water Pollution   | English           | 01:38 AM    04:08 AM    06:38 AM   <br>09:07 AM    11:37 AM    02:06 PM   <br>04:36 PM    07:05 PM    09:35 PM                |
| Science                     | Chapter-11 Force and Pressure<br>(Force and Effects of Force) | English           | 02:03 AM    04:32 AM    07:02 AM   <br>09:31 AM    12:01 PM    02:30 PM   <br>05:00 PM    07:29 PM    09:59 PM                |
| Vocational Video            | Hand tools  | English/<br>hindi | 02:10 AM    04:39 AM    07:09 AM   <br>09:38 AM    12:08 PM    02:38 PM   <br>05:07 PM    07:37 PM    10:06 PM                |
| योग                         | ध्यान   | हिन्दी            | 02:25 AM    04:55 AM    07:24 AM   <br>09:54 AM    12:23 PM    02:53 PM   <br>05:22 PM    07:52 PM    10:21 PM                |



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शुक्रवार, 12 जुलाई 2024  
Friday, 12 July 2024

|                                    |  |                   |   |
|------------------------------------|--|-------------------|---|
| Science                            | पाठ-12 घर्षण   | Hindi             | 12:00 AM    02:30 AM    05:01 AM   <br>07:32 AM    10:03 AM    12:34 PM   <br>03:05 PM    05:36 PM    08:07 PM   <br>10:37 PM |
| General English                    | Episode 10 Agreeing 2  | English           | 12:23 AM    02:54 AM    05:25 AM   <br>07:56 AM    10:26 AM    12:57 PM   <br>03:28 PM    05:59 PM    08:30 PM   <br>11:01 PM |
| सामान्य                            | आजादी की अमृत कहानियां (डॉ. टेस्सी थॉमस- अम्बर)              | हिन्दी            | 12:39 AM    03:10 AM    05:40 AM   <br>08:11 AM    10:42 AM    01:13 PM   <br>03:44 PM    06:15 PM    08:46 PM   <br>11:17 PM |
| Hindi                              | दूर्वा पाठ-11 हिंदी ने जिनकी जिंदगी बदल दी - मारिया नेज्यैशी | Hindi             | 12:41 AM    03:12 AM    05:43 AM   <br>08:14 AM    10:44 AM    01:15 PM   <br>03:46 PM    06:17 PM    08:48 PM   <br>11:19 PM |
| General                            | आओ सैर करें - शिमला  | Hindi             | 01:09 AM    03:40 AM    06:11 AM   <br>08:42 AM    11:12 AM    01:43 PM   <br>04:14 PM    06:45 PM    09:16 PM   <br>11:47 PM |
| Social Science (Political Science) | Chapter-7 Understanding Marginalisation, Part 1              | English           | 01:15 AM    03:46 AM    06:17 AM   <br>08:47 AM    11:18 AM    01:49 PM   <br>04:20 PM    06:51 PM    09:22 PM   <br>11:53 PM |
| General                            | Values and Types of Wetlands Part -1                         | English           | 01:53 AM    04:24 AM    06:55 AM   <br>09:26 AM    11:57 AM    02:28 PM   <br>04:59 PM    07:30 PM    10:00 PM                |
| Mathematics                        | Chapter-8 Comparing Quantities Part 2                        | English           | 02:00 AM    04:31 AM    07:02 AM   <br>09:33 AM    12:04 PM    02:35 PM   <br>05:05 PM    07:36 PM    10:07 PM                |
| Vocational Video                   | Preparing ORS at Home  | English/<br>hindi | 02:25 AM    04:56 AM    07:26 AM   <br>09:57 AM    12:28 PM    02:59 PM   <br>05:30 PM    08:01 PM    10:32 PM                |



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| शनिवार, 13 जुलाई 2024<br>Saturday, 13 July 2024 |  |                   |   |
|---|--|-------------------|---|
| Mathematics                                     | पाठ-12: घातांक और घात, भाग-1   | Hindi             | 12:00 AM    02:31 AM    05:02 AM   <br>07:33 AM    10:04 AM    12:35 PM   <br>03:06 PM    05:37 PM    08:08 PM   <br>10:39 PM |
| Creative Activities:<br>Art/Craft               | सुन्दर फूलों की कहानी - Book of Flowers  | Hindi             | 12:33 AM    03:04 AM    05:35 AM   <br>08:06 AM    10:37 AM    01:09 PM   <br>03:40 PM    06:11 PM    08:42 PM   <br>11:13 PM |
| General Awareness Programme                     | Moon And The Artificial Satellite  | Hindi             | 12:48 AM    03:19 AM    05:50 AM   <br>08:21 AM    10:52 AM    01:23 PM   <br>03:54 PM    06:26 PM    08:57 PM   <br>11:28 PM |
| Sanskrit  | पाठ 5: कण्टकेनैव कण्टकम्   | Sanskrit          | 01:05 AM    03:36 AM    06:07 AM   <br>08:38 AM    11:09 AM    01:40 PM   <br>04:11 PM    06:43 PM    09:14 PM   <br>11:45 PM |
| General Awareness Programme                     | Moon And The Artificial Satellite  | Hindi             | 01:29 AM    04:00 AM    06:31 AM   <br>09:02 AM    11:33 AM    02:05 PM   <br>04:36 PM    07:07 PM    09:38 PM                |
| Social Science (Geography)                      | Ch-4, Agriculture, Part 2- Factors influencing farming and farming as a system | English           | 01:46 AM    04:17 AM    06:48 AM   <br>09:19 AM    11:50 AM    02:22 PM   <br>04:53 PM    07:24 PM    09:55 PM                |
| Science   | Chapter-12 Friction  | English           | 01:54 AM    04:25 AM    06:57 AM   <br>09:28 AM    11:59 AM    02:30 PM   <br>05:01 PM    07:32 PM    10:03 PM                |
| Vocational Video                                | Hand tools   | English/<br>hindi | 02:13 AM    04:45 AM    07:16 AM   <br>09:47 AM    12:18 PM    02:49 PM   <br>05:20 PM    07:51 PM    10:22 PM                |
| योग   | अर्ध चक्रासना  | हिन्दी            | 02:29 AM    05:00 AM    07:31 AM   <br>10:02 AM    12:33 PM    03:04 PM   <br>05:35 PM    08:06 PM    10:37 PM                |
| रविवार, 14 जुलाई 2024<br>Sunday, 14 July 2024   |  |                   |   |
| Physical Education                              | धनुरासन  | Hindi             | 12:00 AM    02:30 AM    05:00 AM   <br>07:30 AM    10:00 AM    12:30 PM   <br>03:00 PM    05:30 PM    08:00 PM   <br>10:30 PM |



|   |  |                   |   |
|---|--|-------------------|---|
| General                                     | Safe Use of Internet                           | English           | 12:20 AM    02:50 AM    05:20 AM   <br>07:50 AM    10:20 AM    12:50 PM   <br>03:20 PM    05:50 PM    08:20 PM   <br>10:51 PM |
| Social Science<br>(Political<br>Science)    | पाठ-10 कानून और सामाजिक न्याय                  | Hindi             | 12:26 AM    02:56 AM    05:26 AM   <br>07:56 AM    10:26 AM    12:56 PM   <br>03:26 PM    05:56 PM    08:26 PM   <br>10:57 PM |
| Cultural<br>Heritage: Art,<br>Music & Dance | Kala Utsav (कला उत्सव)-2022                    | English/<br>hindi | 12:56 AM    03:26 AM    05:56 AM   <br>08:26 AM    10:56 AM    01:26 PM   <br>03:56 PM    06:26 PM    08:56 PM   <br>11:26 PM |
| Science                                     | Activity 3- Combustion and Flame               | English           | 01:03 AM    03:33 AM    06:03 AM   <br>08:33 AM    11:03 AM    01:33 PM   <br>04:03 PM    06:34 PM    09:04 PM   <br>11:34 PM |
| General                                     | Safe Use of Internet                           | English           | 01:07 AM    03:37 AM    06:07 AM   <br>08:37 AM    11:07 AM    01:37 PM   <br>04:07 PM    06:38 PM    09:08 PM   <br>11:38 PM |
| EVS   | AIR CONVERSATION                               | English           | 01:13 AM    03:43 AM    06:13 AM   <br>08:43 AM    11:13 AM    01:43 PM   <br>04:13 PM    06:44 PM    09:14 PM   <br>11:44 PM |
| Social Science<br>(History)                 | Chapter 5- When People Rebel<br>1857 and After | English           | 01:33 AM    04:03 AM    06:33 AM   <br>09:03 AM    11:34 AM    02:04 PM   <br>04:34 PM    07:04 PM    09:34 PM                |
| योग   | अर्ध चक्रासना                                  | हिन्दी            | 01:57 AM    04:27 AM    06:57 AM   <br>09:27 AM    11:57 AM    02:27 PM   <br>04:57 PM    07:27 PM    09:57 PM                |
| EVS   | Water Pollution                                | English           | 01:59 AM    04:29 AM    06:59 AM   <br>09:29 AM    11:59 AM    02:29 PM   <br>04:59 PM    07:29 PM    09:59 PM                |
| Vocational Video                            | Seed Germination                               | English/<br>hindi | 02:23 AM    04:53 AM    07:23 AM   <br>09:53 AM    12:23 PM    02:53 PM   <br>05:23 PM    07:53 PM    10:24 PM                |



सोमवार, 15 जुलाई 2024  
Monday, 15 July 2024

|                                   |   |                   |   |
|-----------------------------------|---|-------------------|---|
| Science                           | पाठ-13 ध्वनि  | Hindi             | 12:00 AM    02:30 AM    05:00 AM   <br>07:30 AM    10:00 AM    12:30 PM   <br>03:01 PM    05:31 PM    08:01 PM   <br>10:31 PM |
| EVS                               | SOIL POLLUTION  | English           | 12:34 AM    03:04 AM    05:34 AM   <br>08:04 AM    10:34 AM    01:05 PM   <br>03:35 PM    06:05 PM    08:35 PM   <br>11:05 PM |
| Social Science<br>(Geography)     | पाठ 5: उद्योग, भाग-2                                    | Hindi             | 12:56 AM    03:26 AM    05:56 AM   <br>08:26 AM    10:56 AM    01:26 PM   <br>03:57 PM    06:27 PM    08:57 PM   <br>11:27 PM |
| योग                               | ध्यान   | हिन्दी            | 01:17 AM    03:47 AM    06:17 AM   <br>08:47 AM    11:17 AM    01:48 PM   <br>04:18 PM    06:48 PM    09:18 PM   <br>11:48 PM |
| English It So<br>Happened         | Chapter-11 Ancient Education<br>System of India, Part 1 | English           | 01:21 AM    03:51 AM    06:21 AM   <br>08:51 AM    11:21 AM    01:52 PM   <br>04:22 PM    06:52 PM    09:22 PM   <br>11:52 PM |
| Story Telling/<br>Value Education | छोटा या बड़ा  | Hindi             | 01:32 AM    04:03 AM    06:33 AM   <br>09:03 AM    11:33 AM    02:03 PM   <br>04:33 PM    07:04 PM    09:34 PM                |
| Mathematics                       | Chapter-9: Algebraic Expressions<br>and Identities      | English           | 01:36 AM    04:07 AM    06:37 AM   <br>09:07 AM    11:37 AM    02:07 PM   <br>04:38 PM    07:08 PM    09:38 PM                |
| General                           | Values and Types of Wetlands<br>Part -1                 | English           | 02:05 AM    04:35 AM    07:05 AM   <br>09:35 AM    12:05 PM    02:35 PM   <br>05:06 PM    07:36 PM    10:06 PM                |
| General                           | Growing up Healthy                                      | English           | 02:11 AM    04:41 AM    07:12 AM   <br>09:42 AM    12:12 PM    02:42 PM   <br>05:12 PM    07:42 PM    10:13 PM                |
| Vocational Video                  | Plumbing Tools  | English/<br>hindi | 02:15 AM    04:46 AM    07:16 AM   <br>09:46 AM    12:16 PM    02:46 PM   <br>05:16 PM    07:47 PM    10:17 PM                |



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**मंगलवार, 16 जुलाई 2024**
**Tuesday, 16 July 2024**

|                               |  |                   |   |
|-------------------------------|--|-------------------|---|
| Mathematics                   | पाठ-14 गुणनखंड (Factorisation),<br>भाग 1           | Hindi             | 12:00 AM    02:31 AM    05:03 AM   <br>07:34 AM    10:06 AM    12:37 PM   <br>03:09 PM    05:40 PM    08:12 PM   <br>10:43 PM |
| General                       | Introduction to MISSION LIFE                       | English           | 12:38 AM    03:09 AM    05:41 AM   <br>08:12 AM    10:44 AM    01:15 PM   <br>03:47 PM    06:18 PM    08:50 PM   <br>11:21 PM |
| Hindi                         | दूर्वा पाठ-13:अन्याय के खिलाफ                      | Hindi             | 12:40 AM    03:12 AM    05:43 AM   <br>08:15 AM    10:46 AM    01:18 PM   <br>03:49 PM    06:21 PM    08:52 PM   <br>11:24 PM |
| General                       | Shalabhasana                                       | English           | 01:03 AM    03:35 AM    06:06 AM   <br>08:38 AM    11:09 AM    01:41 PM   <br>04:12 PM    06:44 PM    09:15 PM   <br>11:47 PM |
| EVS                           | Water Pollution                                    | English           | 01:06 AM    03:37 AM    06:09 AM   <br>08:40 AM    11:12 AM    01:43 PM   <br>04:15 PM    06:46 PM    09:18 PM   <br>11:49 PM |
| Social Science<br>(Geography) | Chapter-4, Agriculture, Part 4-<br>Major Crops     | English           | 01:30 AM    04:01 AM    06:33 AM   <br>09:04 AM    11:36 AM    02:07 PM   <br>04:39 PM    07:10 PM    09:42 PM                |
| Science                       | Chapter-14 Chemical effects of<br>electric current | English           | 01:39 AM    04:10 AM    06:42 AM   <br>09:13 AM    11:45 AM    02:16 PM   <br>04:48 PM    07:20 PM    09:51 PM                |
| EVS                           | SOIL POLLUTION                                     | English           | 01:59 AM    04:30 AM    07:02 AM   <br>09:33 AM    12:05 PM    02:36 PM   <br>05:08 PM    07:39 PM    10:11 PM                |
| Vocational Video              | Identification of trees                            | English/<br>hindi | 02:21 AM    04:52 AM    07:24 AM   <br>09:55 AM    12:27 PM    02:58 PM   <br>05:30 PM    08:01 PM    10:33 PM                |



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**बुधवार, 17 जुलाई 2024**
**Wednesday, 17 July 2024**

|                             |   |                   |   |
|-----------------------------|---|-------------------|---|
| Science                     | पाठ-13 ध्वनि  | Hindi             | 12:00 AM    02:31 AM    05:02 AM   <br>07:33 AM    10:04 AM    12:36 PM   <br>03:07 PM    05:38 PM    08:09 PM   <br>10:41 PM |
| Sanskrit                    | पाठ 5: कण्टकेनैव कण्टकम्                                  | Sanskrit          | 12:34 AM    03:05 AM    05:36 AM   <br>08:07 AM    10:39 AM    01:10 PM   <br>03:41 PM    06:12 PM    08:44 PM   <br>11:15 PM |
| General English             | Episode 3 Greeting Strangers                              | English           | 12:58 AM    03:29 AM    06:00 AM   <br>08:32 AM    11:03 AM    01:34 PM   <br>04:05 PM    06:37 PM    09:08 PM   <br>11:39 PM |
| General English             | Episode 4 Meeting People:<br>Pleased to meet you          | English           | 01:10 AM    03:41 AM    06:12 AM   <br>08:44 AM    11:15 AM    01:46 PM   <br>04:17 PM    06:49 PM    09:20 PM   <br>11:51 PM |
| Social Science<br>(History) | पाठ 5: जब जनता बगावत करती है<br>(1857 और उसके बाद), भाग-2 | Hindi             | 01:23 AM    03:55 AM    06:26 AM   <br>08:57 AM    11:28 AM    02:00 PM   <br>04:31 PM    07:02 PM    09:33 PM                |
| General                     | Surya_Namaskar  | English           | 01:48 AM    04:19 AM    06:50 AM   <br>09:21 AM    11:53 AM    02:24 PM   <br>04:55 PM    07:26 PM    09:58 PM                |
| Mathematics                 | पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ<br>भाग 1               | Hindi             | 01:55 AM    04:26 AM    06:57 AM   <br>09:28 AM    11:59 AM    02:31 PM   <br>05:02 PM    07:33 PM    10:04 PM                |
| Vocational Video            | Ten plants for home decoration                            | English/<br>hindi | 02:17 AM    04:48 AM    07:20 AM   <br>09:51 AM    12:22 PM    02:53 PM   <br>05:25 PM    07:56 PM    10:27 PM                |



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बृहस्पतिवार, 18 जुलाई 2024  
Thursday, 18 July 2024

|                                       |  |               |   |
|---------------------------------------|--|---------------|---|
| Mathematics                           | पाठ-12: घातांक और घात, भाग-1                   | Hindi         | 12:00 AM    02:30 AM    05:01 AM   <br>07:32 AM    10:02 AM    12:33 PM   <br>03:04 PM    05:34 PM    08:05 PM   <br>10:36 PM |
| General Awareness Programme           | Dr. B.R. Ambedkar - Part 2                     | English/hindi | 12:33 AM    03:04 AM    05:34 AM   <br>08:05 AM    10:36 AM    01:06 PM   <br>03:37 PM    06:08 PM    08:39 PM   <br>11:09 PM |
| General                               | Safe Use of Internet                           | English       | 12:56 AM    03:26 AM    05:57 AM   <br>08:28 AM    10:59 AM    01:29 PM   <br>04:00 PM    06:31 PM    09:01 PM   <br>11:32 PM |
| Social Science (History)              | पाठ-10: स्वतंत्रता के बाद                      | Hindi         | 01:02 AM    03:32 AM    06:03 AM   <br>08:34 AM    11:05 AM    01:35 PM   <br>04:06 PM    06:37 PM    09:07 PM   <br>11:38 PM |
| EVS                                   | CLIMATE CHANGE                                 | English       | 01:30 AM    04:01 AM    06:32 AM   <br>09:02 AM    11:33 AM    02:04 PM   <br>04:34 PM    07:05 PM    09:36 PM                |
| English Honeydew                      | Chapter-8 On the Grasshopper and Cricket(Poem) | English       | 01:54 AM    04:24 AM    06:55 AM   <br>09:26 AM    11:56 AM    02:27 PM   <br>04:58 PM    07:28 PM    09:59 PM                |
| General                               | Aao Sair Karen - Manipur                       | Hindi         | 02:05 AM    04:36 AM    07:07 AM   <br>09:38 AM    12:08 PM    02:39 PM   <br>05:10 PM    07:40 PM    10:11 PM                |
| Earthquake                            | Earthquake - भूकंप के दौरान क्या करना चाहिए    | हिन्दी        | 02:12 AM    04:42 AM    07:13 AM   <br>09:44 AM    12:14 PM    02:45 PM   <br>05:16 PM    07:46 PM    10:17 PM                |
| Science                               | Chapter-11 Force and Pressure (Types of Force) | English       | 02:12 AM    04:43 AM    07:14 AM   <br>09:44 AM    12:15 PM    02:46 PM   <br>05:16 PM    07:47 PM    10:18 PM                |
| Cultural Heritage: Art, Music & Dance | Kala Utsav (कला उत्सव)-2022                    | English/hindi | 02:18 AM    04:49 AM    07:19 AM   <br>09:50 AM    12:21 PM    02:52 PM   <br>05:22 PM    07:53 PM    10:24 PM                |



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| योग   | उष्ट्रासन  | हिन्दी  | 02:25 AM    04:56 AM    07:27 AM   <br>09:58 AM    12:28 PM    02:59 PM   <br>05:30 PM    08:00 PM    10:31 PM                |
|---|--|---------|---|
| <b>शुक्रवार, 19 जुलाई 2024</b><br><b>Friday, 19 July 2024</b> |  |         |   |
| Science   | पाठ-13 ध्वनि                                       | Hindi   | 12:00 AM    02:32 AM    05:04 AM   <br>07:37 AM    10:09 AM    12:41 PM   <br>03:14 PM    05:46 PM    08:19 PM   <br>10:51 PM |
| General English   | Episode 10 Agreeing 2                              | English | 12:27 AM    02:59 AM    05:32 AM   <br>08:04 AM    10:36 AM    01:09 PM   <br>03:41 PM    06:14 PM    08:46 PM   <br>11:18 PM |
| Hindi   | दूर्वा पाठ-12 आषाढ का पहला दिन                     | Hindi   | 12:43 AM    03:15 AM    05:47 AM   <br>08:20 AM    10:52 AM    01:25 PM   <br>03:57 PM    06:29 PM    09:02 PM   <br>11:34 PM |
| General   | E-Waste Management: Film 4                         | English | 12:58 AM    03:31 AM    06:03 AM   <br>08:35 AM    11:08 AM    01:40 PM   <br>04:13 PM    06:45 PM    09:17 PM   <br>11:50 PM |
| Social Science<br>(Political<br>Science)                      | Chapter-7 Understanding<br>Marginalisation, Part 2 | English | 01:06 AM    03:38 AM    06:10 AM   <br>08:43 AM    11:15 AM    01:47 PM   <br>04:20 PM    06:52 PM    09:25 PM   <br>11:57 PM |
| General English   | Episode 12 Disagreeing 1                           | English | 01:50 AM    04:23 AM    06:55 AM   <br>09:28 AM    12:00 PM    02:32 PM   <br>05:05 PM    07:37 PM    10:09 PM                |
| Mathematics   | Chapter-8 Comparing Quantities<br>Part 3           | English | 02:04 AM    04:37 AM    07:09 AM   <br>09:41 AM    12:14 PM    02:46 PM   <br>05:18 PM    07:51 PM    10:23 PM                |
| <b>शनिवार, 20 जुलाई 2024</b><br><b>Saturday, 20 July 2024</b> |  |         |   |
| Mathematics   | पाठ-13: सीधा और प्रतिलोम समानुपात                  | Hindi   | 12:00 AM    02:30 AM    05:00 AM   <br>07:31 AM    10:01 AM    12:31 PM   <br>03:02 PM    05:32 PM    08:02 PM   <br>10:33 PM |



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|---|---|-------------------|---|
| सामान्य   | आजादी की अमृत कहानियां (आरोही पण्डित- वायु )            | हिन्दी            | 12:31 AM    03:02 AM    05:32 AM   <br>08:03 AM    10:33 AM    01:03 PM   <br>03:34 PM    06:04 PM    08:34 PM   <br>11:05 PM |
| General   | E-Waste Management: Block 1                             | English           | 12:34 AM    03:04 AM    05:34 AM   <br>08:05 AM    10:35 AM    01:06 PM   <br>03:36 PM    06:06 PM    08:37 PM   <br>11:07 PM |
| Sanskrit  | पाठ 6: गृहं शून्यं सुतां विना                           | Sanskrit          | 12:46 AM    03:16 AM    05:47 AM   <br>08:17 AM    10:47 AM    01:18 PM   <br>03:48 PM    06:18 PM    08:49 PM   <br>11:19 PM |
| General   | E-Waste Management: Block 2                             | English           | 01:11 AM    03:41 AM    06:12 AM   <br>08:42 AM    11:12 AM    01:43 PM   <br>04:13 PM    06:43 PM    09:14 PM   <br>11:44 PM |
| Social Science<br>(Geography)                               | Chapter-4, Agriculture, Part 3-<br>Types of Agriculture | English           | 01:25 AM    03:56 AM    06:26 AM   <br>08:56 AM    11:27 AM    01:57 PM   <br>04:27 PM    06:58 PM    09:28 PM   <br>11:59 PM |
| General<br>Awareness<br>Programme                           | भोजन यात्रा- ग्रास से निकास तक                          | Hindi             | 01:35 AM    04:05 AM    06:36 AM   <br>09:06 AM    11:36 AM    02:07 PM   <br>04:37 PM    07:07 PM    09:38 PM                |
| Science   | Chapter-13 Sound  | English           | 01:47 AM    04:17 AM    06:47 AM   <br>09:18 AM    11:48 AM    02:19 PM   <br>04:49 PM    07:19 PM    09:50 PM                |
| General<br>Awareness<br>Programme                           | Migratory Birds   | English           | 02:12 AM    04:43 AM    07:13 AM   <br>09:43 AM    12:14 PM    02:44 PM   <br>05:14 PM    07:45 PM    10:15 PM                |
| Vocational Video  | Hand tools  | English/<br>hindi | 02:15 AM    04:45 AM    07:15 AM   <br>09:46 AM    12:16 PM    02:47 PM   <br>05:17 PM    07:47 PM    10:18 PM                |
| <b>रविवार, 21 जुलाई 2024</b><br><b>Sunday, 21 July 2024</b> |   |                   |   |
| Physical<br>Education                                       | चक्रासन   | Hindi             | 12:00 AM    02:31 AM    05:02 AM   <br>07:33 AM    10:04 AM    12:36 PM   <br>03:07 PM    05:38 PM    08:09 PM   <br>10:41 PM |



|   |  |                   |   |
|---|--|-------------------|---|
| General English                               | Episode 11 Agreeing 3                                  | English           | 12:20 AM    02:51 AM    05:22 AM   <br>07:54 AM    10:25 AM    12:56 PM   <br>03:27 PM    05:58 PM    08:30 PM   <br>11:01 PM |
| Social Science<br>(Political<br>Science)      | पाठ 1: भारतीय संविधान                                  | Hindi             | 12:30 AM    03:01 AM    05:32 AM   <br>08:04 AM    10:35 AM    01:06 PM   <br>03:37 PM    06:09 PM    08:40 PM   <br>11:11 PM |
| सामान्य                                       | आज़ादी की अमृत कहानियां (आरोही<br>पण्डित- वायु )       | हिन्दी            | 01:12 AM    03:43 AM    06:14 AM   <br>08:46 AM    11:17 AM    01:48 PM   <br>04:19 PM    06:51 PM    09:22 PM   <br>11:53 PM |
| Science                                       | Activity 4- Combustion and<br>Flame                    | English           | 01:14 AM    03:46 AM    06:17 AM   <br>08:48 AM    11:19 AM    01:50 PM   <br>04:22 PM    06:53 PM    09:24 PM   <br>11:55 PM |
| General English                               | Episode 3 Greeting Strangers                           | English           | 01:20 AM    03:51 AM    06:22 AM   <br>08:53 AM    11:25 AM    01:56 PM   <br>04:27 PM    06:58 PM    09:30 PM                |
| Social Science<br>(History)                   | Chapter 5- When People Rebel<br>1857 and After, Part-1 | English           | 01:32 AM    04:03 AM    06:34 AM   <br>09:05 AM    11:37 AM    02:08 PM   <br>04:39 PM    07:10 PM    09:42 PM                |
| AAPDA KA<br>SAMNA                             | शहरी बाढ़ - आपदा का सामना                              | हिन्दी            | 01:53 AM    04:25 AM    06:56 AM   <br>09:27 AM    11:58 AM    02:30 PM   <br>05:01 PM    07:32 PM    10:03 PM                |
| Vocational Video                              | Seed Germination                                       | English/<br>hindi | 02:22 AM    04:53 AM    07:24 AM   <br>09:55 AM    12:27 PM    02:58 PM   <br>05:29 PM    08:00 PM    10:32 PM                |
| योग   | भद्रासना   | हिन्दी            | 02:28 AM    05:00 AM    07:31 AM   <br>10:02 AM    12:33 PM    03:05 PM   <br>05:36 PM    08:07 PM    10:38 PM                |
| सोमवार, 22 जुलाई 2024<br>Monday, 22 July 2024 |  |                   |   |
| Science                                       | पाठ-13 ध्वनि   | Hindi             | 12:00 AM    02:29 AM    04:59 AM   <br>07:29 AM    09:58 AM    12:28 PM   <br>02:58 PM    05:27 PM    07:57 PM   <br>10:27 PM |
| EVS   | HUMAN RESOURCES AND<br>POPULATION                      | English           | 12:34 AM    03:03 AM    05:33 AM   <br>08:03 AM    10:32 AM    01:02 PM   |



|   |   |         |   |
|---|---|---------|---|
|   |   |         | 03:32 PM    06:02 PM    08:31 PM   <br>11:01 PM   |
| Social Science<br>(Geography)                                 | पाठ 5: उद्योग, भाग-2                                    | Hindi   | 12:55 AM    03:25 AM    05:55 AM   <br>08:24 AM    10:54 AM    01:24 PM   <br>03:53 PM    06:23 PM    08:53 PM   <br>11:23 PM |
| English It So<br>Happened                                     | Chapter-11 Ancient Education<br>System of India, Part 1 | English | 01:17 AM    03:46 AM    06:16 AM   <br>08:46 AM    11:15 AM    01:45 PM   <br>04:15 PM    06:44 PM    09:14 PM   <br>11:44 PM |
| General English   | Episode 2 Greeting an<br>Acquaintance                   | English | 01:28 AM    03:58 AM    06:28 AM   <br>08:57 AM    11:27 AM    01:57 PM   <br>04:26 PM    06:56 PM    09:26 PM   <br>11:55 PM |
| General   | Nadishodhan Pranayam                                    | English | 01:37 AM    04:07 AM    06:36 AM   <br>09:06 AM    11:36 AM    02:05 PM   <br>04:35 PM    07:05 PM    09:34 PM                |
| Mathematics   | Chapter-9: Algebraic Expressions<br>and Identities      | English | 01:40 AM    04:10 AM    06:40 AM   <br>09:09 AM    11:39 AM    02:09 PM   <br>04:38 PM    07:08 PM    09:38 PM                |
| General English   | Episode 13 Disagreeing 2                                | English | 02:08 AM    04:38 AM    07:08 AM   <br>09:37 AM    12:07 PM    02:37 PM   <br>05:07 PM    07:36 PM    10:06 PM                |
| योग   | नाडीशोधन प्राणायाम                                      | हिन्दी  | 02:23 AM    04:53 AM    07:22 AM   <br>09:52 AM    12:22 PM    02:52 PM   <br>05:21 PM    07:51 PM    10:21 PM                |
| General   | Vajrasana   | English | 02:27 AM    04:56 AM    07:26 AM   <br>09:56 AM    12:25 PM    02:55 PM   <br>05:25 PM    07:54 PM    10:24 PM                |
| <b>मंगलवार, 23 जुलाई 2024</b><br><b>Tuesday, 23 July 2024</b> |   |         |   |
| Mathematics   | पाठ-14 गुणनखंड (Factorisation),<br>भाग 1                | Hindi   | 12:00 AM    02:32 AM    05:04 AM   <br>07:36 AM    10:08 AM    12:40 PM   <br>03:12 PM    05:44 PM    08:16 PM   <br>10:48 PM |
| General<br>Awareness<br>Programme                             | Personal Safety   | English | 12:38 AM    03:10 AM    05:42 AM   <br>08:14 AM    10:46 AM    01:18 PM   <br>03:50 PM    06:22 PM    08:55 PM   <br>11:27 PM |





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| Hindi  | दूवा पाठ-13:अन्याय के खिलाफ                        | Hindi             | 12:52 AM    03:24 AM    05:56 AM   <br>08:28 AM    11:00 AM    01:33 PM   <br>04:05 PM    06:37 PM    09:09 PM   <br>11:41 PM |
| Social Science<br>(Geography)                                  | Chapter-4, Agriculture, Part 4-<br>Major Crops     | English           | 01:15 AM    03:47 AM    06:19 AM   <br>08:52 AM    11:24 AM    01:56 PM   <br>04:28 PM    07:00 PM    09:32 PM                |
| General<br>Awareness<br>Programme                              | Jaliawallah Bagh- the struggle                     | English           | 01:24 AM    03:56 AM    06:29 AM   <br>09:01 AM    11:33 AM    02:05 PM   <br>04:37 PM    07:09 PM    09:41 PM                |
| Science  | Chapter-14 Chemical effects of<br>electric current | English           | 01:37 AM    04:09 AM    06:41 AM   <br>09:13 AM    11:46 AM    02:18 PM   <br>04:50 PM    07:22 PM    09:54 PM                |
| General English  | Episode 8 Making Requests 2                        | English           | 01:57 AM    04:29 AM    07:01 AM   <br>09:33 AM    12:05 PM    02:38 PM   <br>05:10 PM    07:42 PM    10:14 PM                |
| Vocational Video   | Identification of trees                            | English/<br>hindi | 02:05 AM    04:37 AM    07:09 AM   <br>09:41 AM    12:13 PM    02:45 PM   <br>05:17 PM    07:50 PM    10:22 PM                |
| General<br>Awareness<br>Programme                              | Life cycle of a Plant                              | Hindi             | 02:15 AM    04:47 AM    07:19 AM   <br>09:52 AM    12:24 PM    02:56 PM   <br>05:28 PM    08:00 PM    10:32 PM                |
| <b>बुधवार, 24 जुलाई 2024</b><br><b>Wednesday, 24 July 2024</b> |  |                   |   |
| Science  | पाठ-13 ध्वनि                                       | Hindi             | 12:00 AM    02:30 AM    05:01 AM   <br>07:31 AM    10:02 AM    12:32 PM   <br>03:03 PM    05:33 PM    08:04 PM   <br>10:35 PM |
| General<br>Awareness<br>Programme                              | रोज़ बदलता कैसे चाँद -2                            | Hindi             | 12:27 AM    02:57 AM    05:28 AM   <br>07:59 AM    10:29 AM    01:00 PM   <br>03:30 PM    06:01 PM    08:31 PM   <br>11:02 PM |
| Sanskrit   | पाठ 5: कण्टकेनैव कण्टकम्                           | Sanskrit          | 12:33 AM    03:04 AM    05:34 AM   <br>08:05 AM    10:36 AM    01:06 PM   <br>03:37 PM    06:07 PM    08:38 PM   <br>11:08 PM |
| General  | Bhujangasana                                       | English           | 12:57 AM    03:28 AM    05:59 AM   <br>08:29 AM    11:00 AM    01:30 PM   |



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|  |   |                   | 04:01 PM    06:31 PM    09:02 PM   <br>11:33 PM   |
| Social Science<br>(History)  | पाठ 5: जब जनता बगावत करती है<br>(1857 और उसके बाद), भाग-2               | Hindi             | 01:00 AM    03:31 AM    06:01 AM   <br>08:32 AM    11:02 AM    01:33 PM   <br>04:03 PM    06:34 PM    09:04 PM   <br>11:35 PM |
| General  | Values and Types of Wetlands<br>Part -2                                 | English           | 01:24 AM    03:55 AM    06:26 AM   <br>08:56 AM    11:27 AM    01:57 PM   <br>04:28 PM    06:58 PM    09:29 PM   <br>11:59 PM |
| Mathematics  | पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ<br>भाग 1                             | Hindi             | 01:32 AM    04:03 AM    06:34 AM   <br>09:04 AM    11:35 AM    02:05 PM   <br>04:36 PM    07:06 PM    09:37 PM                |
| General<br>Awareness<br>Programme                                  | मेरी माँ के लिए एक उपहार (A gift for<br>my mother (A line of symmetry)) | Hindi             | 01:55 AM    04:26 AM    06:56 AM   <br>09:27 AM    11:57 AM    02:28 PM   <br>04:58 PM    07:29 PM    10:00 PM                |
| Vocational Video   | Ten plants for home decoration  | English/<br>hindi | 02:17 AM    04:47 AM    07:18 AM   <br>09:48 AM    12:19 PM    02:49 PM   <br>05:20 PM    07:50 PM    10:21 PM                |
| <b>बृहस्पतिवार, 25 जुलाई 2024</b><br><b>Thursday, 25 July 2024</b> |   |                   |   |
| Mathematics  | पाठ-13: सीधा और प्रतिलोम समानुपात                                       | Hindi             | 12:00 AM    02:30 AM    05:01 AM   <br>07:32 AM    10:03 AM    12:33 PM   <br>03:04 PM    05:35 PM    08:06 PM   <br>10:36 PM |
| General  | सरदार वल्लभ भाई पटेल  | Hindi             | 12:31 AM    03:02 AM    05:33 AM   <br>08:04 AM    10:34 AM    01:05 PM   <br>03:36 PM    06:07 PM    08:37 PM   <br>11:08 PM |
| Social Science<br>(History)  | पाठ-10: स्वतंत्रता के बाद   | Hindi             | 12:35 AM    03:06 AM    05:36 AM   <br>08:07 AM    10:38 AM    01:09 PM   <br>03:39 PM    06:10 PM    08:41 PM   <br>11:12 PM |
| General  | Single Use Plastic  | हिन्दी            | 01:03 AM    03:34 AM    06:05 AM   <br>08:36 AM    11:06 AM    01:37 PM   <br>04:08 PM    06:39 PM    09:09 PM   <br>11:40 PM |



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|---|--|-------------------|---|
| English<br>Honeydew                             | Chapter-8 On the Grasshopper<br>and Cricket(Poem)  | English           | 01:05 AM    03:36 AM    06:07 AM   <br>08:37 AM    11:08 AM    01:39 PM   <br>04:10 PM    06:40 PM    09:11 PM   <br>11:42 PM |
| EVS   | DISASTER MANAGEMENT                                | English           | 01:17 AM    03:48 AM    06:19 AM   <br>08:49 AM    11:20 AM    01:51 PM   <br>04:22 PM    06:52 PM    09:23 PM   <br>11:54 PM |
| Science   | Chapter-11 Force and Pressure<br>(Types of Force)  | English           | 01:36 AM    04:07 AM    06:37 AM   <br>09:08 AM    11:39 AM    02:10 PM   <br>04:40 PM    07:11 PM    09:42 PM                |
| General   | E-Waste Management: Film 2                         | English           | 01:42 AM    04:13 AM    06:43 AM   <br>09:14 AM    11:45 AM    02:16 PM   <br>04:46 PM    07:17 PM    09:48 PM                |
| Vocational Video                                | Hand tools   | English/<br>hindi | 01:51 AM    04:22 AM    06:52 AM   <br>09:23 AM    11:54 AM    02:25 PM   <br>04:55 PM    07:26 PM    09:57 PM                |
| EVS   | SOIL POLLUTION                                     | English           | 02:06 AM    04:37 AM    07:08 AM   <br>09:38 AM    12:09 PM    02:40 PM   <br>05:11 PM    07:41 PM    10:12 PM                |
| General   | Shalabhasana                                       | English           | 02:28 AM    04:59 AM    07:29 AM   <br>10:00 AM    12:31 PM    03:02 PM   <br>05:32 PM    08:03 PM    10:34 PM                |
| शुक्रवार, 26 जुलाई 2024<br>Friday, 26 July 2024 |  |                   |   |
| Science   | पाठ-13 ध्वनि                                       | Hindi             | 12:00 AM    02:32 AM    05:05 AM   <br>07:38 AM    10:11 AM    12:44 PM   <br>03:17 PM    05:49 PM    08:22 PM   <br>10:55 PM |
| Hindi   | दूर्वा पाठ-12 आषाढ का पहला दिन                     | Hindi             | 12:27 AM    03:00 AM    05:33 AM   <br>08:05 AM    10:38 AM    01:11 PM   <br>03:44 PM    06:17 PM    08:50 PM   <br>11:22 PM |
| Social Science<br>(Political<br>Science)        | Chapter-7 Understanding<br>Marginalisation, Part 2 | English           | 12:42 AM    03:15 AM    05:48 AM   <br>08:21 AM    10:54 AM    01:27 PM   <br>03:59 PM    06:32 PM    09:05 PM   <br>11:38 PM |



|   |   |          |   |
|---|---|----------|---|
| General   | जादुई किताब   | Hindi    | 01:27 AM    04:00 AM    06:33 AM   <br>09:06 AM    11:39 AM    02:11 PM   <br>04:44 PM    07:17 PM    09:50 PM                |
| Mathematics   | Chapter-8 Comparing Quantities<br>Part 3                | English  | 01:43 AM    04:16 AM    06:49 AM   <br>09:22 AM    11:55 AM    02:27 PM   <br>05:00 PM    07:33 PM    10:06 PM                |
| General   | E-Waste Management: Block 5                             | English  | 02:11 AM    04:44 AM    07:17 AM   <br>09:49 AM    12:22 PM    02:55 PM   <br>05:28 PM    08:01 PM    10:34 PM                |
| <b>शनिवार, 27 जुलाई 2024</b><br><b>Saturday, 27 July 2024</b> |   |          |   |
| Mathematics   | पाठ-13: सीधा और प्रतिलोम समानुपात                       | Hindi    | 12:00 AM    02:31 AM    05:03 AM   <br>07:35 AM    10:07 AM    12:39 PM   <br>03:11 PM    05:43 PM    08:15 PM   <br>10:47 PM |
| सामान्य   | आजादी की अमृत कहानियां (आरोही<br>पण्डित- वायु )         | हिन्दी   | 12:31 AM    03:03 AM    05:35 AM   <br>08:07 AM    10:39 AM    01:11 PM   <br>03:43 PM    06:15 PM    08:47 PM   <br>11:19 PM |
| General   | E-Waste Management: Block 1                             | English  | 12:34 AM    03:06 AM    05:38 AM   <br>08:09 AM    10:41 AM    01:13 PM   <br>03:45 PM    06:17 PM    08:49 PM   <br>11:21 PM |
| Sanskrit  | पाठ 6: गृहं शून्यं सुतां विना                           | Sanskrit | 12:46 AM    03:18 AM    05:50 AM   <br>08:22 AM    10:54 AM    01:25 PM   <br>03:57 PM    06:29 PM    09:01 PM   <br>11:33 PM |
| General   | E-Waste Management: Block 2                             | English  | 01:11 AM    03:43 AM    06:15 AM   <br>08:46 AM    11:18 AM    01:50 PM   <br>04:22 PM    06:54 PM    09:26 PM   <br>11:58 PM |
| Social Science<br>(Geography)                                 | Chapter-4, Agriculture, Part 3-<br>Types of Agriculture | English  | 01:25 AM    03:57 AM    06:29 AM   <br>09:01 AM    11:33 AM    02:05 PM   <br>04:37 PM    07:09 PM    09:40 PM                |
| General   | Values and Types of Wetlands<br>Part -1                 | English  | 01:35 AM    04:07 AM    06:39 AM   <br>09:11 AM    11:42 AM    02:14 PM   <br>04:46 PM    07:18 PM    09:50 PM                |



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|---|--|-------------------|---|
| Science   | Chapter-13 Sound                             | English           | 01:42 AM    04:13 AM    06:45 AM   <br>09:17 AM    11:49 AM    02:21 PM   <br>04:53 PM    07:25 PM    09:57 PM                |
| General Awareness Programme                                 | Migratory Birds                              | English           | 02:07 AM    04:39 AM    07:11 AM   <br>09:43 AM    12:15 PM    02:46 PM   <br>05:18 PM    07:50 PM    10:22 PM                |
| General   | Surya_Namaskar                               | English           | 02:09 AM    04:41 AM    07:13 AM   <br>09:45 AM    12:17 PM    02:49 PM   <br>05:21 PM    07:53 PM    10:25 PM                |
| Vocational Video  | Hand tools                                   | English/<br>hindi | 02:16 AM    04:48 AM    07:20 AM   <br>09:52 AM    12:24 PM    02:56 PM   <br>05:28 PM    08:00 PM    10:31 PM                |
| <b>रविवार, 28 जुलाई 2024</b><br><b>Sunday, 28 July 2024</b> |  |                   |   |
| Physical Education  | चक्रासन                                      | Hindi             | 12:00 AM    02:31 AM    05:02 AM   <br>07:33 AM    10:05 AM    12:36 PM   <br>03:07 PM    05:38 PM    08:10 PM   <br>10:41 PM |
| General English   | Episode 11 Agreeing 3                        | English           | 12:20 AM    02:51 AM    05:22 AM   <br>07:54 AM    10:25 AM    12:56 PM   <br>03:27 PM    05:59 PM    08:30 PM   <br>11:01 PM |
| Social Science (Political Science)                          | पाठ 1: भारतीय संविधान                        | Hindi             | 12:30 AM    03:01 AM    05:32 AM   <br>08:04 AM    10:35 AM    01:06 PM   <br>03:37 PM    06:09 PM    08:40 PM   <br>11:11 PM |
| सामान्य   | आजादी की अमृत कहानियां (आरोही पण्डित- वायु ) | हिन्दी            | 01:12 AM    03:43 AM    06:14 AM   <br>08:46 AM    11:17 AM    01:48 PM   <br>04:19 PM    06:51 PM    09:22 PM   <br>11:53 PM |
| Science   | Activity 4- Combustion and Flame             | English           | 01:14 AM    03:46 AM    06:17 AM   <br>08:48 AM    11:19 AM    01:51 PM   <br>04:22 PM    06:53 PM    09:24 PM   <br>11:56 PM |
| General English   | Episode 3 Greeting Strangers                 | English           | 01:20 AM    03:51 AM    06:22 AM   <br>08:53 AM    11:25 AM    01:56 PM   <br>04:27 PM    06:58 PM    09:30 PM                |



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| Social Science<br>(History)                                 | Chapter 5- When People Rebel<br>1857 and After, Part-1  | English           | 01:32 AM    04:03 AM    06:34 AM   <br>09:05 AM    11:37 AM    02:08 PM   <br>04:39 PM    07:10 PM    09:42 PM                |
| AAPDA KA<br>SAMNA   | शहरी बाढ़ - आपदा का सामना                               | हिन्दी            | 01:53 AM    04:25 AM    06:56 AM   <br>09:27 AM    11:58 AM    02:30 PM   <br>05:01 PM    07:32 PM    10:03 PM                |
| Vocational Video  | Seed Germination  | English/<br>hindi | 02:22 AM    04:53 AM    07:24 AM   <br>09:55 AM    12:27 PM    02:58 PM   <br>05:29 PM    08:00 PM    10:32 PM                |
| General   | Tadasana  | English           | 02:28 AM    05:00 AM    07:31 AM   <br>10:02 AM    12:33 PM    03:05 PM   <br>05:36 PM    08:07 PM    10:38 PM                |
| <b>सोमवार, 29 जुलाई 2024</b><br><b>Monday, 29 July 2024</b> |   |                   |   |
| Science   | पाठ-13 ध्वनि  | Hindi             | 12:00 AM    02:31 AM    05:02 AM   <br>07:34 AM    10:05 AM    12:37 PM   <br>03:08 PM    05:40 PM    08:11 PM   <br>10:43 PM |
| General<br>Awareness<br>Programme                           | Dr. B.R. Ambedkar - Part 2                              | English/<br>hindi | 12:34 AM    03:05 AM    05:37 AM   <br>08:08 AM    10:40 AM    01:11 PM   <br>03:43 PM    06:14 PM    08:45 PM   <br>11:17 PM |
| Social Science<br>(Geography)                               | पाठ 5: उद्योग, भाग-2                                    | Hindi             | 12:56 AM    03:28 AM    05:59 AM   <br>08:31 AM    11:02 AM    01:34 PM   <br>04:05 PM    06:37 PM    09:08 PM   <br>11:40 PM |
| English It So<br>Happened                                   | Chapter-11 Ancient Education<br>System of India, Part 1 | English           | 01:18 AM    03:49 AM    06:21 AM   <br>08:52 AM    11:23 AM    01:55 PM   <br>04:26 PM    06:58 PM    09:29 PM                |
| General English   | Episode 2 Greeting an<br>Acquaintance                   | English           | 01:29 AM    04:01 AM    06:32 AM   <br>09:04 AM    11:35 AM    02:07 PM   <br>04:38 PM    07:10 PM    09:41 PM                |
| General   | Nadishodhan Pranayam                                    | English           | 01:38 AM    04:09 AM    06:41 AM   <br>09:12 AM    11:44 AM    02:15 PM   <br>04:47 PM    07:18 PM    09:50 PM                |
| Mathematics   | Chapter-9: Algebraic Expressions<br>and Identities      | English           | 01:41 AM    04:13 AM    06:44 AM   <br>09:16 AM    11:47 AM    02:19 PM   <br>04:50 PM    07:22 PM    09:53 PM                |





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| General English   | Episode 13 Disagreeing 2                           | English           | 02:10 AM    04:41 AM    07:12 AM   <br>09:44 AM    12:15 PM    02:47 PM   <br>05:18 PM    07:50 PM    10:21 PM                |
| General   | Surya_Namaskar                                     | English           | 02:24 AM    04:56 AM    07:27 AM   <br>09:59 AM    12:30 PM    03:02 PM   <br>05:33 PM    08:04 PM    10:36 PM                |
| <b>मंगलवार, 30 जुलाई 2024</b><br><b>Tuesday, 30 July 2024</b> |  |                   |   |
| Mathematics   | पाठ-14 गुणनखंड (Factorisation),<br>भाग 1           | Hindi             | 12:00 AM    02:32 AM    05:04 AM   <br>07:36 AM    10:08 AM    12:40 PM   <br>03:12 PM    05:44 PM    08:16 PM   <br>10:48 PM |
| General Awareness Programme                                   | Personal Safety                                    | English           | 12:38 AM    03:10 AM    05:42 AM   <br>08:14 AM    10:46 AM    01:18 PM   <br>03:50 PM    06:22 PM    08:55 PM   <br>11:27 PM |
| Hindi   | दूर्वा पाठ-13:अन्याय के खिलाफ                      | Hindi             | 12:52 AM    03:24 AM    05:56 AM   <br>08:28 AM    11:00 AM    01:33 PM   <br>04:05 PM    06:37 PM    09:09 PM   <br>11:41 PM |
| Social Science (Geography)                                    | Chapter-4, Agriculture, Part 4-<br>Major Crops     | English           | 01:15 AM    03:47 AM    06:19 AM   <br>08:52 AM    11:24 AM    01:56 PM   <br>04:28 PM    07:00 PM    09:32 PM                |
| General Awareness Programme                                   | Jaliawallah Bagh- the struggle                     | English           | 01:24 AM    03:56 AM    06:29 AM   <br>09:01 AM    11:33 AM    02:05 PM   <br>04:37 PM    07:09 PM    09:41 PM                |
| Science   | Chapter-14 Chemical effects of<br>electric current | English           | 01:37 AM    04:09 AM    06:41 AM   <br>09:13 AM    11:46 AM    02:18 PM   <br>04:50 PM    07:22 PM    09:54 PM                |
| General English   | Episode 8 Making Requests 2                        | English           | 01:57 AM    04:29 AM    07:01 AM   <br>09:33 AM    12:05 PM    02:38 PM   <br>05:10 PM    07:42 PM    10:14 PM                |
| Vocational Video  | Identification of trees                            | English/<br>hindi | 02:05 AM    04:37 AM    07:09 AM   <br>09:41 AM    12:13 PM    02:45 PM   <br>05:17 PM    07:50 PM    10:22 PM                |
| General Awareness Programme                                   | Life cycle of a Plant                              | Hindi             | 02:15 AM    04:47 AM    07:19 AM   <br>09:52 AM    12:24 PM    02:56 PM   <br>05:28 PM    08:00 PM    10:32 PM                |





**बुधवार, 31 जुलाई 2024**
**Wednesday, 31 July 2024**

|                             |  |               |   |
|-----------------------------|--|---------------|---|
| Science                     | पाठ-13 ध्वनि   | Hindi         | 12:00 AM    02:30 AM    05:01 AM   <br>07:31 AM    10:02 AM    12:32 PM   <br>03:03 PM    05:33 PM    08:04 PM   <br>10:34 PM |
| General Awareness Programme | रोज़ बदलता कैसे चाँद -2  | Hindi         | 12:27 AM    02:57 AM    05:28 AM   <br>07:59 AM    10:29 AM    01:00 PM   <br>03:30 PM    06:01 PM    08:31 PM   <br>11:02 PM |
| Sanskrit                    | पाठ 5: कण्टकेनैव कण्टकम्   | Sanskrit      | 12:33 AM    03:04 AM    05:34 AM   <br>08:05 AM    10:35 AM    01:06 PM   <br>03:37 PM    06:07 PM    08:38 PM   <br>11:08 PM |
| General                     | Setu Bandhasana  | English       | 12:57 AM    03:28 AM    05:59 AM   <br>08:29 AM    11:00 AM    01:30 PM   <br>04:01 PM    06:31 PM    09:02 PM   <br>11:32 PM |
| Social Science (History)    | पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-2               | Hindi         | 01:00 AM    03:30 AM    06:01 AM   <br>08:32 AM    11:02 AM    01:33 PM   <br>04:03 PM    06:34 PM    09:04 PM   <br>11:35 PM |
| General                     | Values and Types of Wetlands Part -2                                 | English       | 01:24 AM    03:55 AM    06:25 AM   <br>08:56 AM    11:27 AM    01:57 PM   <br>04:28 PM    06:58 PM    09:29 PM   <br>11:59 PM |
| Mathematics                 | पाठ-9 बीजीय व्यंजक एवं सर्वसमिकाएँ भाग 1                             | Hindi         | 01:32 AM    04:03 AM    06:34 AM   <br>09:04 AM    11:35 AM    02:05 PM   <br>04:36 PM    07:06 PM    09:37 PM                |
| General Awareness Programme | मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry)) | Hindi         | 01:55 AM    04:26 AM    06:56 AM   <br>09:27 AM    11:57 AM    02:28 PM   <br>04:58 PM    07:29 PM    09:59 PM                |
| Vocational Video            | Ten plants for home decoration                                       | English/hindi | 02:16 AM    04:47 AM    07:18 AM   <br>09:48 AM    12:19 PM    02:49 PM   <br>05:20 PM    07:50 PM    10:21 PM                |



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