

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Polittical Science	Polittical Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 10

जुलाई 2025

July 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
मंगलवार, 01 जुलाई 2025 Tuesday, 01 July 2025			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM
सामान्य	सरदार वल्लभ भाई पटेल	Hindi	12:27 AM 03:26 AM 06:26 AM 09:25 AM 12:25 PM 03:24 PM 06:24 PM 09:23 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:30 AM 03:30 AM 06:29 AM 09:29 AM 12:28 PM 03:28 PM 06:27 PM 09:27 PM
Urban Floods	Urban Flood - During Urban Flood	English	12:53 AM 03:52 AM 06:52 AM 09:51 AM 12:51 PM 03:50 PM 06:50 PM 09:49 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1	Hindi	12:54 AM 03:53 AM 06:53 AM 09:52 AM 12:52 PM 03:51 PM 06:51 PM 09:50 PM
Health, Physical Education/Yoga/Sports	Yoga - Paschimottanaasan	Hindi	01:06 AM 04:06 AM 07:05 AM 10:05 AM 01:04 PM 04:04 PM 07:03 PM 10:03 PM
Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	01:19 AM 04:18 AM 07:18 AM 10:17 AM 01:17 PM 04:16 PM 07:16 PM 10:15 PM
Cultural Heritage: Art, Music & Dance	Parichakali Folk Dance of Lakshadweep Islands	English	01:47 AM 04:46 AM 07:46 AM 10:45 AM 01:45 PM 04:44 PM 07:44 PM 10:43 PM



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Mathematics	Maths: Chap 7: Coordinate Geometry-1	English	02:02 AM 05:02 AM 08:01 AM 11:01 AM 02:00 PM 05:00 PM 07:59 PM 10:59 PM
Cultural Heritage: Art, Music & Dance	NRP Role Play 2014: Ajmer	Hindi/English	02:25 AM 05:25 AM 08:24 AM 11:24 AM 02:23 PM 05:23 PM 08:22 PM 11:22 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:36 AM 05:36 AM 08:35 AM 11:35 AM 02:34 PM 05:34 PM 08:33 PM 11:33 PM
बुधवार, 02 जुलाई 2025 Wednesday, 02 July 2025			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Music –Indigenous Toys and Games(Boy) :Bihar	Hindi/English	12:27 AM 03:27 AM 06:26 AM 09:26 AM 12:26 PM 03:26 PM 06:26 PM 09:26 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:36 AM 03:36 AM 06:35 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:35 PM
General	E-Waste Management: Film 2	English	12:58 AM 03:58 AM 06:58 AM 09:57 AM 12:57 PM 03:57 PM 06:57 PM 09:57 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 1	Hindi	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:06 PM 04:06 PM 07:06 PM 10:06 PM
Language (English)	English: Chap 9: Madam Rides the Bus-1	English	01:38 AM 04:38 AM 07:38 AM 10:38 AM 01:38 PM 04:38 PM 07:38 PM 10:38 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Instrumental Music- Traditional Folk(Boy): Ladakh	Hindi/English	02:01 AM 05:00 AM 08:00 AM 11:00 AM 02:00 PM 05:00 PM 08:00 PM 11:00 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World	English	02:05 AM 05:05 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:04 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM

General	Emotional Well Being and Mental Health (E)	English	02:41 AM 05:41 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:40 PM
Science	Science: Chapter 7: Control and Coordination-1	English	02:46 AM 05:46 AM 08:46 AM 11:46 AM 02:46 PM 05:46 PM 08:45 PM 11:45 PM
बृहस्पतिवार, 03 जुलाई 2025 Thursday, 03 July 2025			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामान्य	ध्यान	हिन्दी	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:18 PM 03:18 PM 06:18 PM 09:18 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:22 AM 03:22 AM 06:22 AM 09:22 AM 12:22 PM 03:22 PM 06:22 PM 09:22 PM
General	Growth & Health (H)	Hindi	12:44 AM 03:44 AM 06:44 AM 09:44 AM 12:44 PM 03:44 PM 06:44 PM 09:44 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 2	Hindi	12:49 AM 03:49 AM 06:49 AM 09:49 AM 12:49 PM 03:49 PM 06:49 PM 09:49 PM
Cyber Security	Fake Whats app messages	English	01:20 AM 04:20 AM 07:20 AM 10:20 AM 01:20 PM 04:20 PM 07:20 PM 10:20 PM
Language (English)	English: Chap 9: Madam Rides the Bus-1	English	01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	01:44 AM 04:44 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	02:00 AM 05:00 AM 08:00 AM 11:00 AM 02:00 PM 05:00 PM 08:00 PM 11:00 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	02:22 AM 05:22 AM 08:22 AM 11:22 AM 02:22 PM 05:22 PM 08:22 PM 11:22 PM



Earthquake	Earthquake - are you safe	English	02:32 AM 05:32 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM
General	E-Waste Management: Block 1	English	02:34 AM 05:34 AM 08:34 AM 11:34 AM 02:34 PM 05:34 PM 08:34 PM 11:34 PM
Science	Science: Chapter 7: Control and Coordination-1	English	02:46 AM 05:46 AM 08:46 AM 11:46 AM 02:46 PM 05:46 PM 08:46 PM 11:46 PM
शुक्रवार, 04 जुलाई 2025 Friday, 04 July 2025			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-1	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-6: राजनीतिक दल-2	Hindi	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:30 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 3	Hindi	12:56 AM 03:56 AM 06:56 AM 09:56 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
सामान्य	आज़ादी की अमृत कहानियाँ (अंशु जमसेंपा- पर्वत)	Hindi	01:28 AM 04:27 AM 07:27 AM 10:27 AM 01:27 PM 04:27 PM 07:27 PM 10:27 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:30 AM 04:30 AM 07:30 AM 10:30 AM 01:29 PM 04:29 PM 07:29 PM 10:29 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-2	English	01:54 AM 04:54 AM 07:54 AM 10:53 AM 01:53 PM 04:53 PM 07:53 PM 10:53 PM
General	Health And Sanitation (E)	English	02:17 AM 05:17 AM 08:17 AM 11:17 AM 02:17 PM 05:17 PM 08:17 PM 11:16 PM
Science	Science: Chap 7: Control and Coordination	English	02:24 AM 05:23 AM 08:23 AM 11:23 AM 02:23 PM 05:23 PM 08:23 PM 11:23 PM



शनिवार, 05 जुलाई 2025 Saturday, 05 July 2025			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-2	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	Dhyana	English	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:30 PM 06:30 PM 09:30 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-2	Hindi	12:33 AM 03:33 AM 06:33 AM 09:34 AM 12:34 PM 03:34 PM 06:34 PM 09:34 PM
Travel	Sivasagar - A Historical Place of Assam	English	12:58 AM 03:58 AM 06:58 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:58 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 1	Hindi	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM
Cyber Security	Social Networking	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:33 PM 07:33 PM 10:33 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:37 AM 04:37 AM 07:37 AM 10:37 AM 01:37 PM 04:37 PM 07:37 PM 10:37 PM
Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	Hindi	01:59 AM 04:59 AM 07:59 AM 10:59 AM 01:59 PM 04:59 PM 07:59 PM 10:59 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-2	English	02:00 AM 05:00 AM 08:00 AM 11:00 AM 02:00 PM 05:00 PM 08:01 PM 11:01 PM
Science	Science: Chap 7: Control and Coordination	English	02:24 AM 05:24 AM 08:24 AM 11:24 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
रविवार, 06 जुलाई 2025 Sunday, 06 July 2025			
Language (Urdu)	Urdu: Chp-3: Bheek	Urdu	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM



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Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Music –Indigenous Toys and Games(Boy) Manipur	Hindi/engli sh	12:26 AM 03:26 AM 06:26 AM 09:26 AM 12:26 PM 03:26 PM 06:26 PM 09:26 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1	Hindi	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM
ENVIRONMENT	The Journey of Silk	English	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	01:32 AM 04:32 AM 07:32 AM 10:32 AM 01:32 PM 04:32 PM 07:32 PM 10:32 PM
सामान्य	आजादी की कहानी-3	हिन्दी	01:51 AM 04:51 AM 07:51 AM 10:51 AM 01:51 PM 04:51 PM 07:51 PM 10:51 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:03 AM 05:03 AM 08:03 AM 11:03 AM 02:03 PM 05:03 PM 08:03 PM 11:03 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	Hindi	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	Hindi	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
सोमवार, 07 जुलाई 2025 Monday, 07 July 2025			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	Waste Reduced	English	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:25 PM 09:25 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:26 AM 03:26 AM 06:26 AM 09:26 AM 12:26 PM 03:27 PM 06:27 PM 09:27 PM

Cyber Security	Social Networking	English	12:49 AM 03:49 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:50 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2	Hindi	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:54 PM 09:54 PM
Travel	Rangsapara	English	01:03 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
Language (English)	English: Chap 9: Madam Rides the Bus-2	English	01:25 AM 04:25 AM 07:25 AM 10:25 AM 01:25 PM 04:25 PM 07:25 PM 10:25 PM
Health, Physical Education/Yoga/ Sports	Yoga Trikonaasan	Hindi	01:42 AM 04:42 AM 07:42 AM 10:42 AM 01:42 PM 04:42 PM 07:42 PM 10:42 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-3	English	01:58 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM
सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:21 AM 05:21 AM 08:21 AM 11:21 AM 02:21 PM 05:21 PM 08:21 PM 11:21 PM
General English	Episode 2 Greeting an Acquaintance	English	02:28 AM 05:28 AM 08:28 AM 11:28 AM 02:28 PM 05:28 PM 08:28 PM 11:28 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
मंगलवार, 08 जुलाई 2025 Tuesday, 08 July 2025			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	Hand Wash	Hindi	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:18 PM 03:18 PM 06:18 PM 09:18 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:21 AM 03:21 AM 06:21 AM 09:21 AM 12:21 PM 03:21 PM 06:21 PM 09:21 PM



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विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2	Hindi	12:59 AM 03:59 AM 06:59 AM 09:59 AM 12:59 PM 03:59 PM 06:59 PM 09:59 PM
Language	Theatre in Education	English	01:08 AM 04:09 AM 07:09 AM 10:09 AM 01:09 PM 04:09 PM 07:09 PM 10:09 PM
Language (English)	English: Chap 9: Madam Rides the Bus-2	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:33 PM 07:33 PM 10:33 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:50 AM 04:50 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:50 PM 10:50 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-3	English	02:04 AM 05:04 AM 08:04 AM 11:04 AM 02:04 PM 05:04 PM 08:04 PM 11:04 PM
General	Safe Use of Internet (E)	English	02:26 AM 05:26 AM 08:26 AM 11:26 AM 02:26 PM 05:26 PM 08:26 PM 11:26 PM
General	Nadishodhan Pranayam	English	02:32 AM 05:32 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM
बुधवार, 09 जुलाई 2025 Wednesday, 09 July 2025			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	Ustrasana	English	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:18 PM 03:18 PM 06:18 PM 09:18 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:21 AM 03:21 AM 06:21 AM 09:21 AM 12:21 PM 03:21 PM 06:21 PM 09:21 PM
General	Story of Theatre – Basics of Theatre	English	12:46 AM 03:46 AM 06:46 AM 09:46 AM 12:46 PM 03:46 PM 06:46 PM 09:46 PM



Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Vocal Music- Classical(Girl): Maharashtra	Hindi/engli sh	12:53 AM 03:53 AM 06:53 AM 09:53 AM 12:53 PM 03:53 PM 06:53 PM 09:53 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 2	Hindi	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM
Language (English)	English: Chap 9: Madam Rides the Bus-3	English	01:35 AM 04:35 AM 07:35 AM 10:35 AM 01:35 PM 04:35 PM 07:36 PM 10:36 PM
Cultural Heritage: Art, Music & Dance	Hamare Vadhya Yantra (Sushir Vadhya-02)	Hindi	01:45 AM 04:45 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:45 PM 10:45 PM
Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	01:59 AM 04:59 AM 07:59 AM 10:59 AM 01:59 PM 04:59 PM 07:59 PM 10:59 PM
Cultural Heritage: Art, Music & Dance	Rojgar Kaushal	Hindi	02:23 AM 05:23 AM 08:23 AM 11:23 AM 02:23 PM 05:23 PM 08:23 PM 11:23 PM
General	Growing up Healthy	English	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
Science	Science: Chapter 7: Control and Coordination-2	English	02:45 AM 05:45 AM 08:45 AM 11:45 AM 02:45 PM 05:45 PM 08:45 PM 11:45 PM
बृहस्पतिवार, 10 जुलाई 2025 Thursday, 10 July 2025			
हिंदी	हिंदी :पाठ-7: कवि वीरेन डंगवाल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	12:23 AM 03:24 AM 06:24 AM 09:24 AM 12:24 PM 03:24 PM 06:24 PM 09:24 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:30 PM 09:30 PM
General	Mental Health and Well Being -2	English	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:54 PM 09:54 PM



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गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 3	Hindi	01:11 AM 04:12 AM 07:12 AM 10:12 AM 01:12 PM 04:12 PM 07:12 PM 10:12 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Porbandar	Hindi	01:43 AM 04:43 AM 07:43 AM 10:43 AM 01:43 PM 04:43 PM 07:43 PM 10:43 PM
Language (English)	English: Chap 9: Madam Rides the Bus-3	English	01:48 AM 04:48 AM 07:48 AM 10:48 AM 01:48 PM 04:48 PM 07:48 PM 10:48 PM
General	Management of Wetlands Part -1	English	01:57 AM 04:57 AM 07:57 AM 10:57 AM 01:57 PM 04:57 PM 07:57 PM 10:57 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	02:09 AM 05:09 AM 08:09 AM 11:09 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM
कहानी	मीना- दू यंग टु मैरी	Hindi	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Science	Science: Chapter 7: Control and Coordination-2	English	02:45 AM 05:45 AM 08:45 AM 11:45 AM 02:45 PM 05:45 PM 08:45 PM 11:45 PM
शुक्रवार, 11 जुलाई 2025 Friday, 11 July 2025			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-3	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान):पाठ-6: राजनीतिक दल-3	Hindi	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM
Flood	Floods - बाढ़ के दौरान क्या किया जाना चाहिए	Hindi	12:50 AM 03:50 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:50 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 1	Hindi	12:51 AM 03:51 AM 06:51 AM 09:51 AM 12:51 PM 03:51 PM 06:51 PM 09:51 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM



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Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:21 AM 04:21 AM 07:21 AM 10:21 AM 01:21 PM 04:21 PM 07:21 PM 10:21 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Vocal Music Traditional-Folk(Girl): Assam	Hindi/English	01:39 AM 04:39 AM 07:39 AM 10:39 AM 01:39 PM 04:39 PM 07:39 PM 10:39 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-4	English	01:44 AM 04:44 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
Cultural Heritage: Art, Music & Dance	Rock Garden	Hindi	02:07 AM 05:07 AM 08:07 AM 11:07 AM 02:07 PM 05:07 PM 08:07 PM 11:07 PM
Science	Science: Chap 7: Control and Coordination	English	02:18 AM 05:18 AM 08:18 AM 11:18 AM 02:18 PM 05:18 PM 08:18 PM 11:18 PM
शनिवार, 12 जुलाई 2025 Saturday, 12 July 2025			
संस्कृत	संस्कृत : पाठ - 7: सौहार्द प्रकृते: शोभा-3	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM
General	Bhadrāsana	English	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:35 PM 03:36 PM 06:36 PM 09:36 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-3	Hindi	12:36 AM 03:37 AM 06:37 AM 09:37 AM 12:38 PM 03:38 PM 06:38 PM 09:38 PM
Cultural Heritage: Art, Music & Dance	Tere Liye Bhi – For You Too (Laghu Film)	Hindi	12:58 AM 03:58 AM 06:58 AM 09:58 AM 12:59 PM 03:59 PM 06:59 PM 10:00 PM
गणित	गणित : पाठ-7: निर्देशांक ज्यामिति - 2	Hindi	01:09 AM 04:09 AM 07:10 AM 10:10 AM 01:10 PM 04:10 PM 07:11 PM 10:11 PM
Cultural Heritage: Art, Music & Dance	Parichakali Folk Dance of Lakshadweep Islands	English	01:35 AM 04:36 AM 07:36 AM 10:36 AM 01:36 PM 04:37 PM 07:37 PM 10:37 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:51 AM 04:51 AM 07:52 AM 10:52 AM 01:52 PM 04:52 PM 07:53 PM 10:53 PM

सामान्य	आज़ादी की कहानी-1	हिन्दी	02:13 AM 05:14 AM 08:14 AM 11:14 AM 02:14 PM 05:15 PM 08:15 PM 11:15 PM
Mathematics	Maths: Chap 7: Coordinate Geometry	English	02:22 AM 05:22 AM 08:22 AM 11:23 AM 02:23 PM 05:23 PM 08:24 PM 11:24 PM
Cultural Heritage: Art, Music & Dance	Aao Seekhe Mithila Painting	Hindi	02:46 AM 05:46 AM 08:46 AM 11:47 AM 02:47 PM 05:47 PM 08:47 PM 11:48 PM
Science	Science: Chapter 7: Structure of Neuron	English	02:58 AM 05:58 AM 08:58 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM
रविवार, 13 जुलाई 2025 Sunday, 13 July 2025			
Language (Urdu)	Urdu: Chp-3: Bheek	Urdu	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:33 AM 03:33 AM 06:33 AM 09:33 AM 12:33 PM 03:33 PM 06:33 PM 09:33 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	12:58 AM 03:58 AM 06:58 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:58 PM
विज्ञान	विज्ञान: पाठ-7: नियंत्रण एवं समन्वय	Hindi	01:08 AM 04:08 AM 07:08 AM 10:08 AM 01:08 PM 04:08 PM 07:07 PM 10:07 PM
सामान्य	मंदिरों की माला भुवनेश्वर	Hindi	01:41 AM 04:41 AM 07:41 AM 10:41 AM 01:41 PM 04:41 PM 07:41 PM 10:41 PM
Social Science (Economics)	S.Sc (Eco): Chp 5: Consumer Rights	English	02:01 AM 05:01 AM 08:01 AM 11:01 AM 02:01 PM 05:01 PM 08:01 PM 11:01 PM
Cultural Heritage: Art, Music & Dance	Hamare Vadhya Yantra-02	Hindi	02:24 AM 05:24 AM 08:24 AM 11:24 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM



सोमवार, 14 जुलाई 2025 Monday, 14 July 2025			
हिंदी	हिंदी :पाठ-7: कवि वीरेन डंगवाल और उनकी कविता	Hindi	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:57 AM 02:56 PM 05:55 PM 08:55 PM 11:54 PM
सामान्य	सीखने की राह पर	Hindi	12:23 AM 03:23 AM 06:22 AM 09:21 AM 12:21 PM 03:20 PM 06:19 PM 09:19 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:47 AM 03:46 AM 06:46 AM 09:45 AM 12:44 PM 03:43 PM 06:43 PM 09:42 PM
General	E-Waste Management: Film 2	English	01:10 AM 04:09 AM 07:08 AM 10:07 AM 01:07 PM 04:06 PM 07:05 PM 10:05 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-1	Hindi	01:19 AM 04:18 AM 07:17 AM 10:17 AM 01:16 PM 04:15 PM 07:14 PM 10:14 PM
Cyber Safety	The Social Media - Boon or Bane	English	01:38 AM 04:37 AM 07:37 AM 10:36 AM 01:35 PM 04:35 PM 07:34 PM 10:33 PM
Language (English)	English: Chap 9: Madam Rides the Bus-4	English	01:42 AM 04:41 AM 07:40 AM 10:40 AM 01:39 PM 04:38 PM 07:37 PM 10:37 PM
Mathematics	Maths: Chap 7: Coordinate Geometry-2	English	02:11 AM 05:11 AM 08:10 AM 11:09 AM 02:09 PM 05:08 PM 08:07 PM 11:07 PM
General	Anthropological Museum (Anadaman and Nicobar Islands)	English	02:31 AM 05:30 AM 08:29 AM 11:29 AM 02:28 PM 05:27 PM 08:26 PM 11:26 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:35 AM 05:34 AM 08:34 AM 11:33 AM 02:32 PM 05:32 PM 08:31 PM 11:30 PM
मंगलवार, 15 जुलाई 2025 Tuesday, 15 July 2025			
हिंदी	हिंदी :पाठ-7: कवि वीरेन डंगवाल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:01 PM



सामान्य	आज़ादी की कहानी-1	हिन्दी	12:23 AM 03:24 AM 06:24 AM 09:24 AM 12:24 PM 03:24 PM 06:24 PM 09:25 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:32 AM 03:32 AM 06:32 AM 09:32 AM 12:33 PM 03:33 PM 06:33 PM 09:33 PM
Cultural Heritage: Art, Music & Dance	Taal aur Lay	Hindi/English	12:55 AM 03:55 AM 06:55 AM 09:56 AM 12:56 PM 03:56 PM 06:56 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-2	Hindi	01:09 AM 04:09 AM 07:09 AM 10:09 AM 01:09 PM 04:10 PM 07:10 PM 10:10 PM
Cyber Security	Fake Whats app messages	English	01:20 AM 04:20 AM 07:20 AM 10:20 AM 01:20 PM 04:20 PM 07:21 PM 10:21 PM
Language (English)	English: Chap 9: Madam Rides the Bus-4	English	01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:23 PM 04:23 PM 07:23 PM 10:23 PM
General	E-Waste Management: Film 2	English	01:48 AM 04:49 AM 07:49 AM 10:49 AM 01:49 PM 04:49 PM 07:49 PM 10:49 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-1	English	01:57 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:58 PM 10:58 PM
कहानी	मीना- टेक केयर ऑफ़ गर्ल	Hindi	02:25 AM 05:25 AM 08:25 AM 11:25 AM 02:25 PM 05:26 PM 08:26 PM 11:26 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM
बुधवार, 16 जुलाई 2025 Wednesday, 16 July 2025			
हिंदी	हिंदी : पाठ-7: वीरेन इंग्रवाल: तोप	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:02 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:22 AM 03:22 AM 06:22 AM 09:23 AM 12:23 PM 03:23 PM 06:23 PM 09:24 PM



गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-1	Hindi	12:47 AM 03:48 AM 06:48 AM 09:48 AM 12:49 PM 03:49 PM 06:49 PM 09:50 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	Hindi	01:17 AM 04:17 AM 07:18 AM 10:18 AM 01:18 PM 04:18 PM 07:19 PM 10:19 PM
Language (English)	English: Chap 7: The Necklace	English	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:19 PM 04:19 PM 07:19 PM 10:20 PM
Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	01:48 AM 04:48 AM 07:48 AM 10:49 AM 01:49 PM 04:49 PM 07:49 PM 10:50 PM
Science	Science: Chap 7: Control and Coordination	English	02:12 AM 05:12 AM 08:13 AM 11:13 AM 02:13 PM 05:14 PM 08:14 PM 11:14 PM
Cultural Heritage: Art, Music & Dance	Lakdi pe Nakkashi	Hindi	02:48 AM 05:48 AM 08:49 AM 11:49 AM 02:49 PM 05:50 PM 08:50 PM 11:50 PM
बृहस्पतिवार, 17 जुलाई 2025 Thursday, 17 July 2025			
हिंदी	हिंदी : पाठ-7: वीरेन इंग्रवाल: तोप	Hindi	12:00 AM 03:06 AM 06:13 AM 09:20 AM 12:26 PM 03:33 PM 06:40 PM 09:46 PM
General	I will work & work with courage	English	12:22 AM 03:28 AM 06:35 AM 09:42 AM 12:48 PM 03:55 PM 07:02 PM 10:08 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:24 AM 03:31 AM 06:38 AM 09:44 AM 12:51 PM 03:58 PM 07:05 PM 10:11 PM
Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage (Bibi ka Maqbara)	English	12:50 AM 03:57 AM 07:04 AM 10:10 AM 01:17 PM 04:24 PM 07:30 PM 10:37 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-2	Hindi	01:04 AM 04:11 AM 07:18 AM 10:24 AM 01:31 PM 04:38 PM 07:45 PM 10:51 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	Hindi	01:34 AM 04:41 AM 07:48 AM 10:54 AM 02:01 PM 05:08 PM 08:14 PM 11:21 PM



Language (English)	English: Chap 7: The Necklace	English	01:44 AM 04:51 AM 07:58 AM 11:05 AM 02:11 PM 05:18 PM 08:25 PM 11:31 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World	English	02:20 AM 05:26 AM 08:33 AM 11:40 AM 02:46 PM 05:53 PM 09:00 PM
General English	Episode 11 Agreeing 3	English	02:46 AM 05:52 AM 08:59 AM 12:06 PM 03:12 PM 06:19 PM 09:26 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:56 AM 06:02 AM 09:09 AM 12:16 PM 03:22 PM 06:29 PM 09:36 PM
Science	Binary fission in Amoeba	English	03:00 AM 06:06 AM 09:13 AM 12:20 PM 03:26 PM 06:33 PM 09:40 PM
Science	Binary fission in Leishmania	English	03:03 AM 06:10 AM 09:16 AM 12:23 PM 03:30 PM 06:36 PM 09:43 PM
शुक्रवार, 18 जुलाई 2025 Friday, 18 July 2025			
संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-1	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल	Hindi	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:32 PM 09:32 PM
Cultural Heritage: Art, Music & Dance	Didi Nirmala	English	12:53 AM 03:53 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:54 PM 09:54 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-3	Hindi	01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:46 AM 04:46 AM 07:46 AM 10:46 AM 01:46 PM 04:46 PM 07:46 PM 10:46 PM
General	कमल	Hindi	02:04 AM 05:04 AM 08:04 AM 11:04 AM 02:04 PM 05:04 PM 08:04 PM 11:05 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-1	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:13 PM



Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Instrumental Music- Traditional Folk(Boy): Sikkim	Hindi/engli sh	02:42 AM 05:42 AM 08:42 AM 11:42 AM 02:42 PM 05:42 PM 08:42 PM 11:42 PM
General	Ustrasana	English	02:49 AM 05:49 AM 08:49 AM 11:49 AM 02:49 PM 05:49 PM 08:49 PM 11:49 PM
Science	Binary fission in Leishmania	English	02:51 AM 05:52 AM 08:52 AM 11:52 AM 02:52 PM 05:52 PM 08:52 PM 11:52 PM
Science	Regeneration in planaria	English	02:55 AM 05:55 AM 08:55 AM 11:55 AM 02:55 PM 05:55 PM 08:55 PM 11:55 PM
शनिवार, 19 जुलाई 2025 Saturday, 19 July 2025			
संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-1	Sanskrit	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:57 AM 02:56 PM 05:55 PM 08:54 PM 11:54 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल	Hindi	12:26 AM 03:25 AM 06:24 AM 09:24 AM 12:23 PM 03:22 PM 06:22 PM 09:21 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-	Hindi	12:48 AM 03:47 AM 06:47 AM 09:46 AM 12:45 PM 03:44 PM 06:44 PM 09:43 PM
Cultural Heritage: Art, Music & Dance	Kala aur Sounderiyā Bodh ki Kaksha	Hindi	01:37 AM 04:36 AM 07:36 AM 10:35 AM 01:34 PM 04:33 PM 07:33 PM 10:32 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:51 AM 04:50 AM 07:50 AM 10:49 AM 01:48 PM 04:48 PM 07:47 PM 10:46 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Chandigarh	Hindi/engli sh	02:14 AM 05:13 AM 08:12 AM 11:11 AM 02:11 PM 05:10 PM 08:09 PM 11:08 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-1	English	02:20 AM 05:19 AM 08:18 AM 11:18 AM 02:17 PM 05:16 PM 08:15 PM 11:15 PM
General	Women Change the World	English	02:48 AM 05:48 AM 08:47 AM 11:46 AM 02:46 PM 05:45 PM 08:44 PM 11:43 PM



Science	Multiple Fission in Plasmodium	English	02:54 AM 05:53 AM 08:53 AM 11:52 AM 02:51 PM 05:51 PM 08:50 PM 11:49 PM
Science	Binary fission in Amoeba	English	02:56 AM 05:55 AM 08:54 AM 11:53 AM 02:53 PM 05:52 PM 08:51 PM 11:50 PM
रविवार, 20 जुलाई 2025 Sunday, 20 July 2025			
Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	Urdu	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM
General	व्यक्तिगत सुरक्षा	Hindi	12:36 AM 03:35 AM 06:35 AM 09:34 AM 12:34 PM 03:33 PM 06:33 PM 09:32 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:53 AM 03:52 AM 06:52 AM 09:51 AM 12:51 PM 03:50 PM 06:50 PM 09:49 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	Hindi	01:17 AM 04:17 AM 07:16 AM 10:16 AM 01:15 PM 04:15 PM 07:14 PM 10:14 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-3	Hindi	01:28 AM 04:27 AM 07:27 AM 10:26 AM 01:26 PM 04:25 PM 07:25 PM 10:24 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:41 AM 04:40 AM 07:40 AM 10:39 AM 01:39 PM 04:38 PM 07:38 PM 10:38 PM
Social Science (Economics)	S.Sc (Eco): Chp 5: Consumer Rights	English	01:55 AM 04:55 AM 07:54 AM 10:54 AM 01:53 PM 04:53 PM 07:52 PM 10:52 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:19 AM 05:18 AM 08:18 AM 11:17 AM 02:17 PM 05:16 PM 08:16 PM 11:16 PM
General	Growth & Health (E)	English	02:43 AM 05:42 AM 08:42 AM 11:41 AM 02:41 PM 05:40 PM 08:40 PM 11:39 PM
Health, Physical Education/Yoga/Sports	Yoga - Chakkrasan	Hindi	02:47 AM 05:46 AM 08:46 AM 11:45 AM 02:45 PM 05:44 PM 08:44 PM 11:43 PM



DD Free Dish Channel #32



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सोमवार, 21 जुलाई 2025 Monday, 21 July 2025			
हिंदी	हिंदी : पाठ-7: वीरेन डंगवाल: तोप	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सांस्कृतिक विरासत: कला और शिल्प	गोदना कला	Hindi	12:22 AM 03:22 AM 06:21 AM 09:21 AM 12:21 PM 03:21 PM 06:21 PM 09:21 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:27 PM 06:26 PM 09:26 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-1	Hindi	12:49 AM 03:49 AM 06:49 AM 09:49 AM 12:49 PM 03:49 PM 06:49 PM 09:49 PM
Language (English)	English: Chap 7: The Necklace	English	01:09 AM 04:09 AM 07:09 AM 10:09 AM 01:09 PM 04:09 PM 07:08 PM 10:08 PM
General (Science)	Shaded pole motor	English	01:39 AM 04:39 AM 07:39 AM 10:39 AM 01:39 PM 04:39 PM 07:39 PM 10:38 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-2	English	01:41 AM 04:41 AM 07:41 AM 10:41 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
सामान्य	Bhook	Marathi	02:15 AM 05:15 AM 08:15 AM 11:15 AM 02:15 PM 05:15 PM 08:15 PM 11:15 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	02:26 AM 05:26 AM 08:26 AM 11:26 AM 02:25 PM 05:25 PM 08:25 PM 11:25 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:36 PM 08:36 PM 11:36 PM
मंगलवार, 22 जुलाई 2025 Tuesday, 22 July 2025			
हिंदी	हिंदी : पाठ-7: पतझर में टूटी पत्तियाँ-1: रवींद्र केलेकर -2	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM



सामान्य	आज़ादी की कहानी-1	हिन्दी	12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:36 AM 03:36 AM 06:36 AM 09:36 AM 12:36 PM 03:36 PM 06:36 PM 09:36 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	12:59 AM 03:59 AM 06:59 AM 09:59 AM 12:59 PM 03:59 PM 06:59 PM 09:59 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-2	Hindi	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM
Language (English)	English: Chap 7: The Necklace	English	01:24 AM 04:24 AM 07:24 AM 10:24 AM 01:24 PM 04:24 PM 07:24 PM 10:24 PM
Cyber Security	Fake Whats app messages	English	01:54 AM 04:54 AM 07:54 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-2	English	01:56 AM 04:56 AM 07:56 AM 10:56 AM 01:56 PM 04:56 PM 07:56 PM 10:56 PM
General	Emotional Well Being and Mental Health (E)	English	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
बुधवार, 23 जुलाई 2025 Wednesday, 23 July 2025			
हिंदी	हिंदी : पाठ-7: पतझर में टूटी पत्तियाँ-1: रवींद्र केलेकर -2	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM
General	Bhadrāsana	English	12:35 AM 03:35 AM 06:36 AM 09:36 AM 12:37 PM 03:37 PM 06:38 PM 09:39 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:37 AM 03:37 AM 06:38 AM 09:39 AM 12:39 PM 03:40 PM 06:40 PM 09:41 PM



Science	Alfred Nobel - 1	English	01:03 AM 04:03 AM 07:04 AM 10:04 AM 01:05 PM 04:06 PM 07:06 PM 10:07 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-2	Hindi	01:11 AM 04:12 AM 07:12 AM 10:13 AM 01:14 PM 04:14 PM 07:15 PM 10:15 PM
General(Science)	Jumping disc	English	01:36 AM 04:37 AM 07:37 AM 10:38 AM 01:38 PM 04:39 PM 07:39 PM 10:40 PM
Language (English)	English: Chap 9: Bholi-1	English	01:37 AM 04:38 AM 07:39 AM 10:39 AM 01:40 PM 04:40 PM 07:41 PM 10:42 PM
General(Science)	Colour Shadow	English	02:04 AM 05:04 AM 08:05 AM 11:06 AM 02:06 PM 05:07 PM 08:07 PM 11:08 PM
General	Growing up Healthy	English	02:06 AM 05:06 AM 08:07 AM 11:07 AM 02:08 PM 05:09 PM 08:09 PM 11:10 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World	English	02:10 AM 05:10 AM 08:11 AM 11:12 AM 02:12 PM 05:13 PM 08:13 PM 11:14 PM
General	Hand Wash	Hindi	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:38 PM 05:39 PM 08:39 PM 11:40 PM
Science	Binary fission in Leishmania	English	02:39 AM 05:39 AM 08:40 AM 11:40 AM 02:41 PM 05:42 PM 08:42 PM 11:43 PM
Science	Regeneration in planaria	English	02:42 AM 05:43 AM 08:43 AM 11:44 AM 02:44 PM 05:45 PM 08:46 PM 11:46 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Chaari	Hindi	02:47 AM 05:47 AM 08:48 AM 11:49 AM 02:49 PM 05:50 PM 08:50 PM 11:51 PM
Science	Multiple Fission in Plasmodium	English	02:59 AM 05:59 AM 09:00 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM



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बृहस्पतिवार, 24 जुलाई 2025 Thursday, 24 July 2025			
हिंदी	हिंदी : पाठ-7: पतझर में टूटी पत्तियाँ-1: रवींद्र केलेकर -2	Hindi	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:56 PM 05:55 PM 08:54 PM 11:53 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:28 AM 03:27 AM 06:26 AM 09:25 AM 12:25 PM 03:24 PM 06:23 PM 09:22 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-1	Hindi	12:54 AM 03:53 AM 06:52 AM 09:51 AM 12:50 PM 03:50 PM 06:49 PM 09:48 PM
Language (English)	English: Chap 9: Bholi-1	English	01:23 AM 04:22 AM 07:22 AM 10:21 AM 01:20 PM 04:19 PM 07:18 PM 10:18 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	01:51 AM 04:50 AM 07:50 AM 10:49 AM 01:48 PM 04:47 PM 07:46 PM 10:46 PM
Science	Science: Chap 8: How do Organisms Reproduce?- 2	English	02:22 AM 05:21 AM 08:20 AM 11:19 AM 02:19 PM 05:18 PM 08:17 PM 11:16 PM
Science	Binary fission in Amoeba	English	02:45 AM 05:45 AM 08:44 AM 11:43 AM 02:42 PM 05:42 PM 08:41 PM 11:40 PM
General English	Episode 11 Agreeing 3	English	02:49 AM 05:48 AM 08:47 AM 11:46 AM 02:46 PM 05:45 PM 08:44 PM 11:43 PM
शुक्रवार, 25 जुलाई 2025 Friday, 25 July 2025			
संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-2	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:30 PM 03:29 PM 06:29 PM 09:29 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen Nalanda	Hindi	12:35 AM 03:35 AM 06:35 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:35 PM



सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल	Hindi	12:41 AM 03:41 AM 06:41 AM 09:41 AM 12:40 PM 03:40 PM 06:40 PM 09:40 PM
सामान्य	वक्रासन	हिन्दी	01:03 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-2	Hindi	01:05 AM 04:05 AM 07:05 AM 10:05 AM 01:05 PM 04:05 PM 07:05 PM 10:05 PM
Social Science (Geography)	S.Sc. (Geo):Chp 7: Lifelines of National Economy-1	English	01:35 AM 04:35 AM 07:35 AM 10:35 AM 01:35 PM 04:35 PM 07:35 PM 10:35 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	01:54 AM 04:54 AM 07:54 AM 10:54 AM 01:54 PM 04:53 PM 07:53 PM 10:53 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-2	English	02:04 AM 05:04 AM 08:04 AM 11:03 AM 02:03 PM 05:03 PM 08:03 PM 11:03 PM
Flood	Flood - What Should Be Done After Floods	English	02:27 AM 05:27 AM 08:26 AM 11:26 AM 02:26 PM 05:26 PM 08:26 PM 11:26 PM
Science	Binary fission in Leishmania	English	02:28 AM 05:28 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
Science	Regeneration in planaria	English	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Science	Science: Chap 8: How do Organisms Reproduce?- 2	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:35 PM 05:35 PM 08:35 PM 11:35 PM
शनिवार, 26 जुलाई 2025 Saturday, 26 July 2025			
संस्कृत	संस्कृत : पाठ - 8: विचित्रा: साक्षी-2	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:58 AM 02:58 PM 05:58 PM 08:58 PM 11:57 PM
Cyber Security	Fake Whats app messages	English	12:30 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:28 PM 06:28 PM 09:28 PM



सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल	Hindi	12:32 AM 03:32 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:30 PM 09:30 PM
General English	Episode 7 Making Requests 1	English	12:54 AM 03:54 AM 06:54 AM 09:53 AM 12:53 PM 03:53 PM 06:53 PM 09:52 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-3	Hindi	01:05 AM 04:05 AM 07:05 AM 10:04 AM 01:04 PM 04:04 PM 07:04 PM 10:03 PM
General	E-Waste Management: Block 4.1	English	01:29 AM 04:29 AM 07:28 AM 10:28 AM 01:28 PM 04:27 PM 07:27 PM 10:27 PM
Social Science (Geography)	S.Sc. (Geo): Chp 7: Lifelines of National Economy-2	English	01:44 AM 04:44 AM 07:44 AM 10:43 AM 01:43 PM 04:43 PM 07:43 PM 10:42 PM
General	Dhyana	English	02:07 AM 05:06 AM 08:06 AM 11:06 AM 02:05 PM 05:05 PM 08:05 PM 11:05 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-2	English	02:11 AM 05:10 AM 08:10 AM 11:10 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM
Cultural Heritage: Art, Music & Dance	Hadoti Ka Sirmaur Kota	Hindi	02:34 AM 05:33 AM 08:33 AM 11:33 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM
Science	Multiple Fission in Plasmodium	English	02:55 AM 05:54 AM 08:54 AM 11:54 AM 02:54 PM 05:53 PM 08:53 PM 11:53 PM
Science	Binary fission in Amoeba	English	02:56 AM 05:56 AM 08:55 AM 11:55 AM 02:55 PM 05:55 PM 08:54 PM 11:54 PM
रविवार, 27 जुलाई 2025 Sunday, 27 July 2025			
Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	Urdu	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:58 PM 08:58 PM 11:58 PM
Health, Physical Education/Yoga/ Sports	Daud	Hindi	12:36 AM 03:35 AM 06:35 AM 09:35 AM 12:35 PM 03:35 PM 06:35 PM 09:34 PM



सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:56 AM 03:56 AM 06:56 AM 09:56 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-3	Hindi	01:22 AM 04:22 AM 07:21 AM 10:21 AM 01:21 PM 04:21 PM 07:21 PM 10:21 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:35 AM 04:35 AM 07:35 AM 10:35 AM 01:34 PM 04:34 PM 07:34 PM 10:34 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	01:49 AM 04:49 AM 07:49 AM 10:49 AM 01:48 PM 04:48 PM 07:48 PM 10:48 PM
General	Interpersonal Relationships	English	02:09 AM 05:09 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:07 PM
General	Gender Equality (E)	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:12 PM 08:12 PM 11:12 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:20 AM 05:20 AM 08:20 AM 11:20 AM 02:20 PM 05:20 PM 08:19 PM 11:19 PM
ENVIRONMENT	Life in Woods	English	02:44 AM 05:44 AM 08:44 AM 11:44 AM 02:44 PM 05:43 PM 08:43 PM 11:43 PM
सोमवार, 28 जुलाई 2025 Monday, 28 July 2025			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Cultural Heritage: Art, Music & Dance	Interview with Dr. Devyani Borole - A Polar Women (Part 1)	English	12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:31 PM 09:31 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:50 AM 03:50 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:50 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Misr	Hindi	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM



विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:17 AM 04:17 AM 07:17 AM 10:17 AM 01:17 PM 04:17 PM 07:17 PM 10:17 PM
Language (English)	English: Chap 9: Bholi-2	English	01:40 AM 04:40 AM 07:41 AM 10:41 AM 01:41 PM 04:41 PM 07:41 PM 10:41 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-1	English	02:06 AM 05:06 AM 08:06 AM 11:06 AM 02:06 PM 05:06 PM 08:06 PM 11:06 PM
General	Vakrasana	English	02:33 AM 05:33 AM 08:33 AM 11:33 AM 02:34 PM 05:34 PM 08:34 PM 11:34 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM
मंगलवार, 29 जुलाई 2025 Tuesday, 29 July 2025			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
सामान्य	आजादी की कहानी-1	हिन्दी	12:30 AM 03:31 AM 06:32 AM 09:32 AM 12:33 PM 03:34 PM 06:35 PM 09:35 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:39 AM 03:39 AM 06:40 AM 09:41 AM 12:42 PM 03:42 PM 06:43 PM 09:44 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	01:02 AM 04:02 AM 07:03 AM 10:04 AM 01:05 PM 04:05 PM 07:06 PM 10:07 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:16 AM 04:17 AM 07:17 AM 10:18 AM 01:19 PM 04:20 PM 07:20 PM 10:21 PM
Language (English)	English: Chap 9: Bholi-2	English	01:40 AM 04:41 AM 07:41 AM 10:42 AM 01:43 PM 04:44 PM 07:44 PM 10:45 PM
Mathematics	Maths: Chap 8: Introduction to Trigonometry-1	English	02:05 AM 05:06 AM 08:07 AM 11:08 AM 02:08 PM 05:09 PM 08:10 PM 11:11 PM



General	Emotional Well Being and Mental Health (E)	English	02:33 AM 05:33 AM 08:34 AM 11:35 AM 02:36 PM 05:36 PM 08:37 PM 11:38 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chp 7: Outcomes of Democracy	English	02:38 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:41 PM 08:42 PM 11:43 PM
बुधवार, 30 जुलाई 2025 Wednesday, 30 July 2025			
हिंदी	हिंदी : पाठ-8: कारतूस: हबीब तनवीर	Hindi	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:58 PM 05:57 PM 08:57 PM 11:56 PM
General	Bhadrāsana	English	12:37 AM 03:37 AM 06:36 AM 09:36 AM 12:35 PM 03:35 PM 06:35 PM 09:34 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:39 AM 03:39 AM 06:38 AM 09:38 AM 12:38 PM 03:37 PM 06:37 PM 09:37 PM
Science	Alfred Nobel - 1	English	01:05 AM 04:05 AM 07:04 AM 10:04 AM 01:04 PM 04:03 PM 07:03 PM 10:02 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-1	Hindi	01:14 AM 04:13 AM 07:13 AM 10:13 AM 01:12 PM 04:12 PM 07:11 PM 10:11 PM
General(Science)	Jumping disc	English	01:43 AM 04:43 AM 07:42 AM 10:42 AM 01:42 PM 04:41 PM 07:41 PM 10:40 PM
Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	01:45 AM 04:44 AM 07:44 AM 10:43 AM 01:43 PM 04:43 PM 07:42 PM 10:42 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Andaman	Hindi/English	02:13 AM 05:12 AM 08:12 AM 11:12 AM 02:11 PM 05:11 PM 08:10 PM 11:10 PM
General	Bharat on the Moon	English	02:21 AM 05:21 AM 08:20 AM 11:20 AM 02:20 PM 05:19 PM 08:19 PM 11:19 PM
Social Science (History)	So. Sci. (His):Chp 5: Print Culture and the Modern World-2	English	02:24 AM 05:23 AM 08:23 AM 11:23 AM 02:22 PM 05:22 PM 08:22 PM 11:21 PM



Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	Hindi	02:48 AM 05:48 AM 08:48 AM 11:47 AM 02:47 PM 05:46 PM 08:46 PM 11:46 PM
Science	Binary fission in Leishmania	English	02:50 AM 05:49 AM 08:49 AM 11:49 AM 02:48 PM 05:48 PM 08:47 PM 11:47 PM
Science	Regeneration in planaria	English	02:53 AM 05:53 AM 08:52 AM 11:52 AM 02:52 PM 05:51 PM 08:51 PM 11:50 PM
Science	Multiple Fission in Plasmodium	English	02:58 AM 05:57 AM 08:57 AM 11:57 AM 02:56 PM 05:56 PM 08:56 PM 11:55 PM
बृहस्पतिवार, 31 जुलाई 2025 Thursday, 31 July 2025			
हिंदी	हिंदी : पाठ-7: पतझर में टूटी पत्तियाँ-1: रवींद्र केलेकर -2	Hindi	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:56 PM 05:55 PM 08:54 PM 11:53 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास):पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया	Hindi	12:28 AM 03:27 AM 06:26 AM 09:25 AM 12:25 PM 03:24 PM 06:23 PM 09:22 PM
गणित	गणित : पाठ-8: त्रिकोणमिति का परिचय-1	Hindi	12:54 AM 03:53 AM 06:52 AM 09:51 AM 12:50 PM 03:50 PM 06:49 PM 09:48 PM
Language (English)	English: Chap 9: Bholi-1	English	01:23 AM 04:22 AM 07:22 AM 10:21 AM 01:20 PM 04:19 PM 07:18 PM 10:18 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	01:51 AM 04:50 AM 07:50 AM 10:49 AM 01:48 PM 04:47 PM 07:46 PM 10:46 PM
Science	Science: Chap 8: How do Organisms Reproduce?- 2	English	02:22 AM 05:21 AM 08:20 AM 11:19 AM 02:19 PM 05:18 PM 08:17 PM 11:16 PM
Science	Binary fission in Amoeba	English	02:45 AM 05:45 AM 08:44 AM 11:43 AM 02:42 PM 05:42 PM 08:41 PM 11:40 PM
General English	Episode 11 Agreeing 3	English	02:49 AM 05:48 AM 08:47 AM 11:46 AM 02:46 PM 05:45 PM 08:44 PM 11:43 PM