

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

जुलाई 2025

July 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
मंगलवार, 01 जुलाई 2025 Tuesday, 01 July 2025			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:02 PM 08:02 PM 10:02 PM
Flood	Flood - How To Be Prepared For Floods	English	12:23 AM 02:23 AM 04:24 AM 06:24 AM 08:24 AM 10:24 AM 12:25 PM 02:25 PM 04:25 PM 06:25 PM 08:26 PM 10:26 PM
Hindi	पाठ 5: चिट्ठियों की अनूठी दुनिया	Hindi	12:24 AM 02:24 AM 04:25 AM 06:25 AM 08:25 AM 10:25 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:27 PM 10:27 PM
General	E-Waste Management: Block 4.2	English	12:37 AM 02:37 AM 04:37 AM 06:38 AM 08:38 AM 10:38 AM 12:38 PM 02:38 PM 04:39 PM 06:39 PM 08:39 PM 10:39 PM
Social Science (Geography)	Chapter 5- Industries	English	12:49 AM 02:49 AM 04:49 AM 06:50 AM 08:50 AM 10:50 AM 12:50 PM 02:50 PM 04:51 PM 06:51 PM 08:51 PM 10:51 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:16 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:18 PM 09:18 PM 11:18 PM



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General	E-Waste Management: Block 3	English	01:31 AM 03:32 AM 05:32 AM 07:32 AM 09:32 AM 11:32 AM 01:33 PM 03:33 PM 05:33 PM 07:33 PM 09:34 PM 11:34 PM
Vocational Video	Identification of trees	English/Hindi	01:49 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:52 PM 11:52 PM
बुधवार, 02 जुलाई 2025 Wednesday, 02 July 2025			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:04 PM 04:05 PM 06:06 PM 08:07 PM 10:07 PM
General Awareness Programme	Migratory Birds	English	12:19 AM 02:19 AM 04:20 AM 06:21 AM 08:21 AM 10:22 AM 12:23 PM 02:24 PM 04:24 PM 06:25 PM 08:26 PM 10:26 PM
Sanskrit	पाठ-7: भारतजनताऽहम्	Hindi	12:21 AM 02:22 AM 04:22 AM 06:23 AM 08:24 AM 10:25 AM 12:25 PM 02:26 PM 04:27 PM 06:27 PM 08:28 PM 10:29 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After	English	12:48 AM 02:49 AM 04:50 AM 06:50 AM 08:51 AM 10:52 AM 12:52 PM 02:53 PM 04:54 PM 06:54 PM 08:55 PM 10:56 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-1	English	01:12 AM 03:12 AM 05:13 AM 07:14 AM 09:15 AM 11:15 AM 01:16 PM 03:17 PM 05:17 PM 07:18 PM 09:19 PM 11:19 PM
Urban Floods	Urban Flood - During Urban Flood	English	01:40 AM 03:40 AM 05:41 AM 07:42 AM 09:42 AM 11:43 AM 01:44 PM 03:44 PM 05:45 PM 07:46 PM 09:47 PM 11:47 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:41 AM 03:41 AM 05:42 AM 07:43 AM 09:43 AM 11:44 AM 01:45 PM 03:45 PM 05:46 PM 07:47 PM 09:48 PM 11:48 PM



बृहस्पतिवार, 03 जुलाई 2025
Thursday, 03 July 2025

Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:09 PM
Social Science (History)	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-1	Hindi	12:25 AM 02:26 AM 04:27 AM 06:28 AM 08:29 AM 10:30 AM 12:30 PM 02:31 PM 04:32 PM 06:33 PM 08:34 PM 10:35 PM
General	Tadasana	English	12:54 AM 02:55 AM 04:55 AM 06:56 AM 08:57 AM 10:58 AM 12:59 PM 03:00 PM 05:01 PM 07:01 PM 09:02 PM 11:03 PM
English Honeydew	Chapter-6 This is Jody's Fawn	English	12:56 AM 02:57 AM 04:58 AM 06:59 AM 08:59 AM 11:00 AM 01:01 PM 03:02 PM 05:03 PM 07:04 PM 09:05 PM 11:05 PM
Flood	Flood - What Should Be Done After Floods	English	01:19 AM 03:20 AM 05:21 AM 07:22 AM 09:23 AM 11:23 AM 01:24 PM 03:25 PM 05:26 PM 07:27 PM 09:28 PM 11:29 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:20 AM 03:21 AM 05:22 AM 07:23 AM 09:24 AM 11:24 AM 01:25 PM 03:26 PM 05:27 PM 07:28 PM 09:29 PM 11:30 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:36 AM 03:37 AM 05:38 AM 07:38 AM 09:39 AM 11:40 AM 01:41 PM 03:42 PM 05:43 PM 07:44 PM 09:44 PM 11:45 PM
शुक्रवार, 04 जुलाई 2025 Friday, 04 July 2025			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM



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Flood	Flood - बाढ़ से पहले क्या तैयारी रखें	हिन्दी	12:19 AM 02:19 AM 04:19 AM 06:19 AM 08:19 AM 10:19 AM 12:19 PM 02:19 PM 04:19 PM 06:19 PM 08:19 PM 10:19 PM
Hindi	पाठ 5: चिट्ठियों की अनूठी दुनिया	Hindi	12:20 AM 02:20 AM 04:20 AM 06:20 AM 08:20 AM 10:20 AM 12:20 PM 02:20 PM 04:20 PM 06:20 PM 08:20 PM 10:20 PM
Flood	Flood बाढ़ से पहले क्या करें और क्या न करें	हिन्दी	12:33 AM 02:33 AM 04:33 AM 06:33 AM 08:33 AM 10:33 AM 12:33 PM 02:33 PM 04:33 PM 06:33 PM 08:33 PM 10:33 PM
Social Science (Political Science)	Chapter-6 Understanding Our Criminal Justice System	English	12:34 AM 02:34 AM 04:34 AM 06:34 AM 08:34 AM 10:34 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:34 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-1	English	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:58 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:58 PM 10:58 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:25 AM 03:25 AM 05:25 AM 07:26 AM 09:26 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
शनिवार, 05 जुलाई 2025 Saturday, 05 July 2025			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:05 PM 08:05 PM 10:06 PM
Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	हिन्दी	12:23 AM 02:24 AM 04:24 AM 06:25 AM 08:25 AM 10:26 AM 12:27 PM 02:27 PM 04:28 PM 06:28 PM 08:29 PM 10:29 PM



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Sanskrit	पाठ-7: भारतजनताऽहम्	Hindi	12:24 AM 02:25 AM 04:26 AM 06:26 AM 08:27 AM 10:27 AM 12:28 PM 02:28 PM 04:29 PM 06:29 PM 08:30 PM 10:31 PM
Social Science (Geography)	Chapter 5- Industries	English	12:51 AM 02:52 AM 04:53 AM 06:53 AM 08:54 AM 10:54 AM 12:55 PM 02:55 PM 04:56 PM 06:57 PM 08:57 PM 10:58 PM
General	Safe Use of Internet	English	01:18 AM 03:19 AM 05:19 AM 07:20 AM 09:20 AM 11:21 AM 01:22 PM 03:22 PM 05:23 PM 07:23 PM 09:24 PM 11:24 PM
Science	Chapter 7- Conservation of Plants and Animals	English	01:24 AM 03:25 AM 05:25 AM 07:26 AM 09:26 AM 11:27 AM 01:28 PM 03:28 PM 05:29 PM 07:29 PM 09:30 PM 11:30 PM
Vocational Video	Hand tools	English/hindi	01:45 AM 03:45 AM 05:46 AM 07:47 AM 09:47 AM 11:48 AM 01:48 PM 03:49 PM 05:49 PM 07:50 PM 09:51 PM 11:51 PM
रविवार, 06 जुलाई 2025			
Sunday, 06 July 2025			
Physical Education	धनुरासन	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
General	Health and Sanitisation	Hindi	12:13 AM 02:13 AM 04:13 AM 06:13 AM 08:14 AM 10:14 AM 12:14 PM 02:14 PM 04:14 PM 06:14 PM 08:15 PM 10:15 PM
Social Science (Political Science)	पाठ 6: हमारी अपराधिक न्याय प्रणाली	Hindi	12:20 AM 02:20 AM 04:20 AM 06:20 AM 08:20 AM 10:20 AM 12:21 PM 02:21 PM 04:21 PM 06:21 PM 08:21 PM 10:21 PM
General	Growing up Healthy	English	12:46 AM 02:46 AM 04:47 AM 06:47 AM 08:47 AM 10:47 AM 12:47 PM 02:47 PM 04:48 PM 06:48 PM 08:48 PM 10:48 PM



Mathematics	Maths Activity: Solid Shapes	English	12:50 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After	English	01:06 AM 03:06 AM 05:06 AM 07:06 AM 09:06 AM 11:07 AM 01:07 PM 03:07 PM 05:07 PM 07:07 PM 09:07 PM 11:08 PM
Earthquake	Earthquake resistant house	English	01:29 AM 03:29 AM 05:30 AM 07:30 AM 09:30 AM 11:30 AM 01:30 PM 03:30 PM 05:31 PM 07:31 PM 09:31 PM 11:31 PM
General	E-Waste Management: Film 2	English	01:31 AM 03:31 AM 05:31 AM 07:31 AM 09:32 AM 11:32 AM 01:32 PM 03:32 PM 05:32 PM 07:32 PM 09:33 PM 11:33 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:40 AM 05:40 AM 07:40 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:41 PM 07:41 PM 09:42 PM 11:42 PM
सोमवार, 07 जुलाई 2025			
Monday, 07 July 2025			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:05 PM 10:06 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	हिन्दी	12:19 AM 02:19 AM 04:20 AM 06:20 AM 08:21 AM 10:22 AM 12:22 PM 02:23 PM 04:23 PM 06:24 PM 08:24 PM 10:25 PM
Social Science (Geography)	पाठ 6: मानव संसाधन	Hindi	12:19 AM 02:20 AM 04:20 AM 06:21 AM 08:22 AM 10:22 AM 12:23 PM 02:23 PM 04:24 PM 06:24 PM 08:25 PM 10:26 PM
English It So Happened	Chapter-8 Jalebis	English	12:44 AM 02:45 AM 04:46 AM 06:46 AM 08:47 AM 10:47 AM 12:48 PM 02:48 PM 04:49 PM 06:50 PM 08:50 PM 10:51 PM



Mathematics	Chapter 6- Squares and Square Roots, Part-2	English	01:19 AM 03:19 AM 05:20 AM 07:20 AM 09:21 AM 11:21 AM 01:22 PM 03:23 PM 05:23 PM 07:24 PM 09:24 PM 11:25 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:41 AM 05:42 AM 07:42 AM 09:43 AM 11:43 AM 01:44 PM 03:44 PM 05:45 PM 07:46 PM 09:46 PM 11:47 PM
मंगलवार, 08 जुलाई 2025 Tuesday, 08 July 2025			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:06 PM
Hindi	दूर्वा पाठ 5: नाटक में नाटक	Hindi	12:23 AM 02:24 AM 04:24 AM 06:25 AM 08:25 AM 10:26 AM 12:27 PM 02:27 PM 04:28 PM 06:28 PM 08:29 PM 10:29 PM
Social Science (Geography)	Chapter 5- Industries	English	12:51 AM 02:51 AM 04:52 AM 06:52 AM 08:53 AM 10:53 AM 12:54 PM 02:55 PM 04:55 PM 06:56 PM 08:56 PM 10:57 PM
Science	Chapter-7 Conservation of Plants and Animals (Wildlife Conservation)	English	01:17 AM 03:18 AM 05:18 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:22 PM 07:22 PM 09:23 PM 11:23 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:27 AM 07:28 AM 09:28 AM 11:29 AM 01:29 PM 03:30 PM 05:30 PM 07:31 PM 09:31 PM 11:32 PM
बुधवार, 09 जुलाई 2025 Wednesday, 09 July 2025			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:01 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:03 PM 10:04 PM



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Sanskrit	पाठ-7: भारतजनताऽहम्	Hindi	12:19 AM 02:19 AM 04:19 AM 06:20 AM 08:20 AM 10:21 AM 12:21 PM 02:21 PM 04:22 PM 06:22 PM 08:22 PM 10:23 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After	English	12:46 AM 02:46 AM 04:46 AM 06:47 AM 08:47 AM 10:48 AM 12:48 PM 02:48 PM 04:49 PM 06:49 PM 08:50 PM 10:50 PM
General	Values and Types of Wetlands Part -2	English	01:09 AM 03:10 AM 05:10 AM 07:10 AM 09:11 AM 11:11 AM 01:12 PM 03:12 PM 05:12 PM 07:13 PM 09:13 PM 11:13 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-2	English	01:17 AM 03:18 AM 05:18 AM 07:18 AM 09:19 AM 11:19 AM 01:20 PM 03:20 PM 05:20 PM 07:21 PM 09:21 PM 11:22 PM
Flood	Flood - What To Do During Floods	English	01:39 AM 03:40 AM 05:40 AM 07:40 AM 09:41 AM 11:41 AM 01:42 PM 03:42 PM 05:42 PM 07:43 PM 09:43 PM 11:43 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:41 AM 05:41 AM 07:41 AM 09:42 AM 11:42 AM 01:42 PM 03:43 PM 05:43 PM 07:44 PM 09:44 PM 11:44 PM
बृहस्पतिवार, 10 जुलाई 2025 Thursday, 10 July 2025			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 01:51 AM 03:43 AM 05:35 AM 07:27 AM 09:19 AM 11:11 AM 01:03 PM 02:54 PM 04:46 PM 06:38 PM 08:30 PM 10:22 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	हिन्दी	12:23 AM 02:15 AM 04:07 AM 05:59 AM 07:51 AM 09:43 AM 11:34 AM 01:26 PM 03:18 PM 05:10 PM 07:02 PM 08:54 PM 10:46 PM
Social Science (History)	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-1	Hindi	12:24 AM 02:16 AM 04:08 AM 06:00 AM 07:52 AM 09:44 AM 11:36 AM 01:28 PM 03:19 PM 05:11 PM 07:03 PM 08:55 PM 10:47 PM



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English Honeydew	Chapter-6 This is Jody's Fawn	English	12:54 AM 02:46 AM 04:37 AM 06:29 AM 08:21 AM 10:13 AM 12:05 PM 01:57 PM 03:49 PM 05:41 PM 07:32 PM 09:24 PM 11:16 PM
Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	हिन्दी	01:17 AM 03:09 AM 05:01 AM 06:52 AM 08:44 AM 10:36 AM 12:28 PM 02:20 PM 04:12 PM 06:04 PM 07:56 PM 09:47 PM 11:39 PM
Science	Chapter-7 Conservation of Plants and Animals (Wildlife Conservation)	English	01:18 AM 03:10 AM 05:02 AM 06:54 AM 08:46 AM 10:38 AM 12:30 PM 02:21 PM 04:13 PM 06:05 PM 07:57 PM 09:49 PM 11:41 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:27 AM 03:19 AM 05:11 AM 07:03 AM 08:54 AM 10:46 AM 12:38 PM 02:30 PM 04:22 PM 06:14 PM 08:06 PM 09:57 PM 11:49 PM
शुक्रवार, 11 जुलाई 2025 Friday, 11 July 2025			
Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
योग	नाड़ीशोधन प्राणायाम	English/hindi	12:19 AM 02:19 AM 04:20 AM 06:21 AM 08:22 AM 10:22 AM 12:23 PM 02:24 PM 04:25 PM 06:26 PM 08:26 PM 10:27 PM
Hindi	दूर पाठ 5: नाटक में नाटक	Hindi	12:22 AM 02:23 AM 04:24 AM 06:24 AM 08:25 AM 10:26 AM 12:27 PM 02:27 PM 04:28 PM 06:29 PM 08:30 PM 10:30 PM
Flood	Flood - What Should Be Done After Floods	English	12:50 AM 02:50 AM 04:51 AM 06:52 AM 08:53 AM 10:53 AM 12:54 PM 02:55 PM 04:56 PM 06:56 PM 08:57 PM 10:58 PM
Social Science (Political Science)	Chapter-6 Understanding Our Criminal Justice System	English	12:51 AM 02:51 AM 04:52 AM 06:53 AM 08:54 AM 10:54 AM 12:55 PM 02:56 PM 04:57 PM 06:57 PM 08:58 PM 10:59 PM



General	Safe Use of Internet	Hindi	01:14 AM 03:15 AM 05:16 AM 07:17 AM 09:17 AM 11:18 AM 01:19 PM 03:20 PM 05:20 PM 07:21 PM 09:22 PM 11:23 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-3	English	01:20 AM 03:21 AM 05:22 AM 07:23 AM 09:24 AM 11:24 AM 01:25 PM 03:26 PM 05:27 PM 07:27 PM 09:28 PM 11:29 PM
General	Values and Types of Wetlands Part -1	English	01:47 AM 03:47 AM 05:48 AM 07:49 AM 09:50 AM 11:50 AM 01:51 PM 03:52 PM 05:53 PM 07:54 PM 09:54 PM 11:55 PM
Vocational Video	Seed Germination	English/hindi	01:53 AM 03:54 AM 05:55 AM 07:56 AM 09:56 AM 11:57 AM 01:58 PM 03:59 PM 05:59 PM 08:00 PM 10:01 PM
शनिवार, 12 जुलाई 2025 Saturday, 12 July 2025			
Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:04 PM 04:05 PM 06:06 PM 08:06 PM 10:07 PM
Sanskrit	पाठ-7: भारतजनताऽहम्	Hindi	12:54 AM 02:54 AM 04:55 AM 06:56 AM 08:57 AM 10:57 AM 12:58 PM 02:59 PM 04:59 PM 07:00 PM 09:01 PM 11:01 PM
Social Science (Geography)	Chapter 5- Industries, Part-1	English	01:21 AM 03:22 AM 05:22 AM 07:23 AM 09:24 AM 11:24 AM 01:25 PM 03:26 PM 05:26 PM 07:27 PM 09:28 PM 11:28 PM
General	Growing up Healthy	Hindi	01:35 AM 03:36 AM 05:36 AM 07:37 AM 09:38 AM 11:38 AM 01:39 PM 03:40 PM 05:40 PM 07:41 PM 09:42 PM 11:42 PM
Science	Chapter-7 Conservation of Plants and Animals	English	01:39 AM 03:40 AM 05:41 AM 07:41 AM 09:42 AM 11:43 AM 01:43 PM 03:44 PM 05:45 PM 07:45 PM 09:46 PM 11:47 PM

Vocational Video	Plumbing Tools	English/Hindi	01:46 AM 03:47 AM 05:47 AM 07:48 AM 09:49 AM 11:49 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:53 PM 11:53 PM
रविवार, 13 जुलाई 2025 Sunday, 13 July 2025			
Physical Education	धनुरासन	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
General	E-Waste Management: Block 3	English	12:13 AM 02:13 AM 04:14 AM 06:14 AM 08:15 AM 10:15 AM 12:16 PM 02:16 PM 04:17 PM 06:17 PM 08:18 PM 10:18 PM
Social Science (Political Science)	पाठ 6: हमारी अपराधिक न्याय प्रणाली	Hindi	12:31 AM 02:32 AM 04:32 AM 06:33 AM 08:33 AM 10:34 AM 12:34 PM 02:35 PM 04:35 PM 06:36 PM 08:36 PM 10:37 PM
Urban Floods	शहरी बाढ़ के परिणाम से कैसे निपटें	हिन्दी	12:58 AM 02:58 AM 04:59 AM 06:59 AM 09:00 AM 11:00 AM 01:01 PM 03:01 PM 05:02 PM 07:02 PM 09:03 PM 11:03 PM
Science	Activity: Metals are good conductor of heat	English/Hindi	01:01 AM 03:01 AM 05:02 AM 07:02 AM 09:03 AM 11:03 AM 01:04 PM 03:04 PM 05:05 PM 07:05 PM 09:06 PM 11:06 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-1	English	01:02 AM 03:02 AM 05:03 AM 07:03 AM 09:04 AM 11:04 AM 01:05 PM 03:05 PM 05:06 PM 07:06 PM 09:07 PM 11:07 PM
General	E-Waste Management: Block 5	English	01:23 AM 03:24 AM 05:24 AM 07:25 AM 09:25 AM 11:26 AM 01:26 PM 03:27 PM 05:27 PM 07:28 PM 09:28 PM 11:29 PM
Vocational Video	Hand tools	English/Hindi	01:45 AM 03:45 AM 05:46 AM 07:46 AM 09:47 AM 11:47 AM 01:48 PM 03:48 PM 05:49 PM 07:49 PM 09:50 PM 11:50 PM



सोमवार, 14 जुलाई 2025

Monday, 14 July 2025

Science	पाठ-10 किशोरावस्था की ओर	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:07 PM 10:08 PM
Social Science (Geography)	पाठ 6: मानव संसाधन	Hindi	12:19 AM 02:19 AM 04:20 AM 06:21 AM 08:22 AM 10:23 AM 12:23 PM 02:24 PM 04:25 PM 06:26 PM 08:26 PM 10:27 PM
Flood	Flood बाढ़ से पहले क्या करें और क्या न करें	हिन्दी	12:44 AM 02:45 AM 04:45 AM 06:46 AM 08:47 AM 10:48 AM 12:49 PM 02:49 PM 04:50 PM 06:51 PM 08:52 PM 10:52 PM
English It So Happened	Chapter-8 Jalebis	English	12:45 AM 02:46 AM 04:46 AM 06:47 AM 08:48 AM 10:49 AM 12:49 PM 02:50 PM 04:51 PM 06:52 PM 08:53 PM 10:53 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-3	English	01:19 AM 03:20 AM 05:20 AM 07:21 AM 09:22 AM 11:23 AM 01:24 PM 03:24 PM 05:25 PM 07:26 PM 09:27 PM 11:28 PM
Vocational Video	Hand tools	English/hindi	01:45 AM 03:46 AM 05:47 AM 07:47 AM 09:48 AM 11:49 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:53 PM 11:54 PM

मंगलवार, 15 जुलाई 2025

Tuesday, 15 July 2025

Mathematics	पाठ-11: क्षेत्रमिति	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:05 PM 10:06 PM
Hindi	पाठ 6: भगवान के डाकिए	Hindi	12:23 AM 02:24 AM 04:24 AM 06:25 AM 08:26 AM 10:26 AM 12:27 PM 02:27 PM 04:28 PM 06:28 PM 08:29 PM 10:30 PM
Flood	Flood - बाढ़ से पहले क्या तैयारी रखें	हिन्दी	12:42 AM 02:42 AM 04:43 AM 06:43 AM 08:44 AM 10:44 AM 12:45 PM 02:46 PM 04:46 PM 06:47 PM 08:47 PM 10:48 PM



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Flood	Floods - बाढ़ के दौरान क्या किया जाना चाहिए	हिन्दी	12:43 AM 02:44 AM 04:44 AM 06:45 AM 08:45 AM 10:46 AM 12:46 PM 02:47 PM 04:48 PM 06:48 PM 08:49 PM 10:49 PM
General	E-Waste Management: Block 5	English	12:44 AM 02:45 AM 04:45 AM 06:46 AM 08:46 AM 10:47 AM 12:47 PM 02:48 PM 04:49 PM 06:49 PM 08:50 PM 10:50 PM
Social Science (Geography)	Chapter 5- Industries, Part-1	English	01:05 AM 03:06 AM 05:07 AM 07:07 AM 09:08 AM 11:08 AM 01:09 PM 03:09 PM 05:10 PM 07:11 PM 09:11 PM 11:12 PM
Science	Chapter-7 Conservation of Plants and Animals	English	01:19 AM 03:20 AM 05:21 AM 07:21 AM 09:22 AM 11:22 AM 01:23 PM 03:24 PM 05:24 PM 07:25 PM 09:25 PM 11:26 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:27 AM 07:28 AM 09:28 AM 11:29 AM 01:30 PM 03:30 PM 05:31 PM 07:31 PM 09:32 PM 11:32 PM
बुधवार, 16 जुलाई 2025 Wednesday, 16 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
Sanskrit	पाठ-7: भारतजनताऽहम्	Hindi	12:29 AM 02:29 AM 04:29 AM 06:29 AM 08:30 AM 10:30 AM 12:30 PM 02:30 PM 04:30 PM 06:30 PM 08:31 PM 10:31 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-1	English	12:56 AM 02:56 AM 04:56 AM 06:57 AM 08:57 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:58 PM 10:58 PM



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Mathematics	Chapter 6- Squares and Square Roots, Part-4	English	01:18 AM 03:18 AM 05:18 AM 07:18 AM 09:18 AM 11:19 AM 01:19 PM 03:19 PM 05:19 PM 07:19 PM 09:19 PM 11:20 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:40 AM 05:40 AM 07:40 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:41 PM 07:41 PM 09:41 PM 11:42 PM
बृहस्पतिवार, 17 जुलाई 2025 Thursday, 17 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:03 PM
General	Safety and Security	English	12:26 AM 02:26 AM 04:27 AM 06:27 AM 08:27 AM 10:28 AM 12:28 PM 02:28 PM 04:28 PM 06:29 PM 08:29 PM 10:29 PM
Social Science (History)	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-2	Hindi	12:32 AM 02:32 AM 04:32 AM 06:33 AM 08:33 AM 10:33 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:35 PM 10:35 PM
Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	12:56 AM 02:57 AM 04:57 AM 06:57 AM 08:57 AM 10:58 AM 12:58 PM 02:58 PM 04:59 PM 06:59 PM 08:59 PM 10:59 PM
English Honeydew	Chapter-6 This is Jody's Fawn	English	12:58 AM 02:58 AM 04:58 AM 06:58 AM 08:59 AM 10:59 AM 12:59 PM 03:00 PM 05:00 PM 07:00 PM 09:00 PM 11:01 PM
Science	Chapter-7 Conservation of Plants and Animals (Endangered Animals)	English	01:21 AM 03:21 AM 05:21 AM 07:22 AM 09:22 AM 11:22 AM 01:22 PM 03:23 PM 05:23 PM 07:23 PM 09:24 PM 11:24 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:27 PM 03:28 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
शुक्रवार, 18 जुलाई 2025 Friday, 18 July 2025			



Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
Hindi	पाठ 6: भगवान के डाकिए	Hindi	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:30 AM 10:30 AM 12:31 PM 02:31 PM 04:31 PM 06:31 PM 08:32 PM 10:32 PM
Social Science (Political Science)	Chapter-6: Understanding Our Criminal Justice System, Part 1	English	12:47 AM 02:48 AM 04:48 AM 06:48 AM 08:48 AM 10:49 AM 12:49 PM 02:49 PM 04:49 PM 06:50 PM 08:50 PM 10:50 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	हिन्दी	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
Mathematics	Chapter 6- Squares and Square Roots, Part-4	English	01:27 AM 03:28 AM 05:28 AM 07:28 AM 09:28 AM 11:29 AM 01:29 PM 03:29 PM 05:29 PM 07:30 PM 09:30 PM 11:30 PM
Vocational Video	Identification of trees	English/Hindi	01:49 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:51 AM 01:51 PM 03:51 PM 05:52 PM 07:52 PM 09:52 PM 11:52 PM
शनिवार, 19 जुलाई 2025 Saturday, 19 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:04 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:28 AM 10:28 AM 12:29 PM 02:29 PM 04:30 PM 06:30 PM 08:31 PM 10:31 PM



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Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:43 AM 02:44 AM 04:44 AM 06:45 AM 08:45 AM 10:45 AM 12:46 PM 02:46 PM 04:47 PM 06:47 PM 08:48 PM 10:48 PM
Social Science (Geography)	Chapter 5- Industries, Part-1	English	01:00 AM 03:00 AM 05:01 AM 07:01 AM 09:02 AM 11:02 AM 01:03 PM 03:03 PM 05:03 PM 07:04 PM 09:04 PM 11:05 PM
General	Safe Use of Internet	English	01:14 AM 03:14 AM 05:15 AM 07:15 AM 09:16 AM 11:16 AM 01:17 PM 03:17 PM 05:18 PM 07:18 PM 09:18 PM 11:19 PM
Science	Chapter-7 Conservation of Plants and Animals (Endangered Animals)	English	01:20 AM 03:20 AM 05:21 AM 07:21 AM 09:22 AM 11:22 AM 01:23 PM 03:23 PM 05:24 PM 07:24 PM 09:24 PM 11:25 PM
Flood	Flood बाढ़ से पहले क्या करें और क्या न करें	हिन्दी	01:25 AM 03:25 AM 05:26 AM 07:26 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:29 PM 07:29 PM 09:29 PM 11:30 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:28 AM 11:28 AM 01:29 PM 03:29 PM 05:29 PM 07:30 PM 09:30 PM 11:31 PM
रविवार, 20 जुलाई 2025 Sunday, 20 July 2025			
Physical Education	धनुरासन	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
General	E-Waste Management: Block 5	English	12:13 AM 02:13 AM 04:14 AM 06:14 AM 08:15 AM 10:15 AM 12:16 PM 02:16 PM 04:17 PM 06:17 PM 08:18 PM 10:18 PM
Social Science (Political Science)	पाठ 6: हमारी अपराधिक न्याय प्रणाली	Hindi	12:34 AM 02:35 AM 04:35 AM 06:36 AM 08:36 AM 10:37 AM 12:37 PM 02:38 PM 04:38 PM 06:39 PM 08:39 PM 10:40 PM



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Science	Activity: Metals are good conductor of heat	English/Hindi	01:01 AM 03:01 AM 05:02 AM 07:02 AM 09:03 AM 11:03 AM 01:04 PM 03:04 PM 05:05 PM 07:05 PM 09:06 PM 11:06 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-1	English	01:04 AM 03:05 AM 05:05 AM 07:06 AM 09:06 AM 11:07 AM 01:07 PM 03:08 PM 05:08 PM 07:09 PM 09:09 PM 11:09 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:27 AM 07:27 AM 09:28 AM 11:28 AM 01:29 PM 03:29 PM 05:30 PM 07:30 PM 09:31 PM 11:31 PM
सोमवार, 21 जुलाई 2025 Monday, 21 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:02 PM 04:02 PM 06:02 PM 08:03 PM 10:03 PM
Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	हिन्दी	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:30 AM 10:31 AM 12:31 PM 02:31 PM 04:32 PM 06:32 PM 08:32 PM 10:33 PM
Social Science (Geography)	पाठ 6: मानव संसाधन	Hindi	12:30 AM 02:31 AM 04:31 AM 06:31 AM 08:32 AM 10:32 AM 12:32 PM 02:33 PM 04:33 PM 06:33 PM 08:34 PM 10:34 PM
English It So Happened	Chapter-8 Jalebis	English	12:56 AM 02:56 AM 04:56 AM 06:57 AM 08:57 AM 10:57 AM 12:58 PM 02:58 PM 04:58 PM 06:59 PM 08:59 PM 10:59 PM
General	Emotional Well-Being and Mental Health	English	01:30 AM 03:30 AM 05:30 AM 07:31 AM 09:31 AM 11:31 AM 01:32 PM 03:32 PM 05:32 PM 07:33 PM 09:33 PM 11:33 PM



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Mathematics	Chapter-07 Cube and Cube roots	English	01:35 AM 03:35 AM 05:35 AM 07:36 AM 09:36 AM 11:36 AM 01:37 PM 03:37 PM 05:37 PM 07:38 PM 09:38 PM 11:38 PM
Vocational Video	Identification of trees	English/hindi	01:49 AM 03:50 AM 05:50 AM 07:50 AM 09:51 AM 11:51 AM 01:51 PM 03:52 PM 05:52 PM 07:52 PM 09:53 PM 11:53 PM
मंगलवार, 22 जुलाई 2025 Tuesday, 22 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:03 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:06 PM 10:06 PM
Hindi	दूरवा पाठ-6: सागर यात्रा	Hindi	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:29 AM 10:29 AM 12:30 PM 02:31 PM 04:31 PM 06:32 PM 08:32 PM 10:33 PM
Social Science (Geography)	Chapter 5- Industries, Part-2	English	12:58 AM 02:58 AM 04:59 AM 06:59 AM 09:00 AM 11:01 AM 01:01 PM 03:02 PM 05:03 PM 07:03 PM 09:04 PM 11:04 PM
Science	Chapter-7 Conservation of Plants and Animals (Migration)	English	01:15 AM 03:16 AM 05:17 AM 07:17 AM 09:18 AM 11:19 AM 01:19 PM 03:20 PM 05:20 PM 07:21 PM 09:22 PM 11:22 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	01:22 AM 03:23 AM 05:24 AM 07:24 AM 09:25 AM 11:25 AM 01:26 PM 03:27 PM 05:27 PM 07:28 PM 09:28 PM 11:29 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:27 AM 07:28 AM 09:29 AM 11:29 AM 01:30 PM 03:30 PM 05:31 PM 07:32 PM 09:32 PM 11:33 PM
बुधवार, 23 जुलाई 2025 Wednesday, 23 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:08 PM 08:09 PM 10:10 PM



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Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:29 AM 02:30 AM 04:31 AM 06:32 AM 08:33 AM 10:34 AM 12:35 PM 02:36 PM 04:36 PM 06:37 PM 08:38 PM 10:39 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-2	English	12:46 AM 02:47 AM 04:48 AM 06:48 AM 08:49 AM 10:50 AM 12:51 PM 02:52 PM 04:53 PM 06:54 PM 08:55 PM 10:56 PM
Mathematics	Chapter-07 Cube and Cube roots	English	01:12 AM 03:13 AM 05:14 AM 07:14 AM 09:15 AM 11:16 AM 01:17 PM 03:18 PM 05:19 PM 07:20 PM 09:21 PM 11:22 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:27 AM 05:28 AM 07:29 AM 09:30 AM 11:31 AM 01:32 PM 03:33 PM 05:34 PM 07:35 PM 09:36 PM 11:37 PM
बृहस्पतिवार, 24 जुलाई 2025 Thursday, 24 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Social Science (History)	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-2	Hindi	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:27 AM 10:27 AM 12:27 PM 02:27 PM 04:27 PM 06:27 PM 08:27 PM 10:27 PM
English Honeydew	Chapter-6: This is Jody's Fawn, Activity	English	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:51 PM 04:51 PM 06:51 PM 08:51 PM 10:52 PM
Landslide	Landslide - भूस्खलन के बाद क्या करें और क्या न करें - 02	हिन्दी	01:17 AM 03:17 AM 05:17 AM 07:17 AM 09:17 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:18 PM
Science	Chapter-7 Conservation of Plants and Animals (Migration)	English	01:18 AM 03:18 AM 05:18 AM 07:18 AM 09:18 AM 11:18 AM 01:18 PM 03:18 PM 05:18 PM 07:18 PM 09:19 PM 11:19 PM
Urban Floods	शहरी बाढ़ के परिणाम से कैसे निपटें	हिन्दी	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:26 PM



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Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
शुक्रवार, 25 जुलाई 2025 Friday, 25 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:01 PM 08:01 PM 10:01 PM
Hindi	दूरवा पाठ-6: सागर यात्रा	Hindi	12:29 AM 02:29 AM 04:29 AM 06:29 AM 08:29 AM 10:30 AM 12:30 PM 02:30 PM 04:30 PM 06:30 PM 08:30 PM 10:30 PM
Social Science (Political Science)	Chapter-6: Understanding Our Criminal Justice System, Part 1	English	01:00 AM 03:01 AM 05:01 AM 07:01 AM 09:01 AM 11:01 AM 01:01 PM 03:01 PM 05:01 PM 07:02 PM 09:02 PM 11:02 PM
Mathematics	Chapter-07 Cube and Cube roots	English	01:39 AM 03:39 AM 05:39 AM 07:40 AM 09:40 AM 11:40 AM 01:40 PM 03:40 PM 05:40 PM 07:40 PM 09:40 PM 11:40 PM
Vocational Video	Preparing ORS at Home	English/Hindi	01:54 AM 03:54 AM 05:54 AM 07:54 AM 09:54 AM 11:54 AM 01:55 PM 03:55 PM 05:55 PM 07:55 PM 09:55 PM 11:55 PM
शनिवार, 26 जुलाई 2025 Saturday, 26 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:02 PM
Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:26 AM 02:26 AM 04:27 AM 06:27 AM 08:27 AM 10:27 AM 12:27 PM 02:27 PM 04:28 PM 06:28 PM 08:28 PM 10:28 PM



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General	Health and Sanitisation	Hindi	12:43 AM 02:43 AM 04:43 AM 06:43 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:44 PM 06:44 PM 08:45 PM 10:45 PM
Social Science (Geography)	Chapter 5- Industries, Part-2	English	12:49 AM 02:50 AM 04:50 AM 06:50 AM 08:50 AM 10:50 AM 12:51 PM 02:51 PM 04:51 PM 06:51 PM 08:51 PM 10:52 PM
General	E-Waste Management: Block 1	English	01:02 AM 03:02 AM 05:02 AM 07:03 AM 09:03 AM 11:03 AM 01:03 PM 03:03 PM 05:03 PM 07:04 PM 09:04 PM 11:04 PM
Science	Chapter-7 Conservation of Plants and Animals (IUCN and Protected Areas)	English	01:14 AM 03:14 AM 05:15 AM 07:15 AM 09:15 AM 11:15 AM 01:15 PM 03:15 PM 05:16 PM 07:16 PM 09:16 PM 11:16 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	हिन्दी	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:27 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:27 AM 01:27 PM 03:27 PM 05:27 PM 07:27 PM 09:27 PM 11:28 PM
रविवार, 27 जुलाई 2025 Sunday, 27 July 2025			
Physical Education	धनुरासन	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:02 PM 04:02 PM 06:02 PM 08:03 PM 10:03 PM
General	Gender Equality	Hindi	12:13 AM 02:13 AM 04:14 AM 06:14 AM 08:14 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:16 PM 08:16 PM 10:16 PM
General	I will work & work with courage	English	12:20 AM 02:21 AM 04:21 AM 06:21 AM 08:22 AM 10:22 AM 12:22 PM 02:23 PM 04:23 PM 06:23 PM 08:23 PM 10:24 PM



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Social Science (Political Science)	पाठ 6: हमारी अपराधिक न्याय प्रणाली	Hindi	12:23 AM 02:23 AM 04:24 AM 06:24 AM 08:24 AM 10:25 AM 12:25 PM 02:25 PM 04:26 PM 06:26 PM 08:26 PM 10:27 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	हिन्दी	12:50 AM 02:50 AM 04:50 AM 06:51 AM 08:51 AM 10:51 AM 12:52 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:53 PM
Science	Activity: Metals are good conductor of heat	English/Hindi	12:50 AM 02:51 AM 04:51 AM 06:51 AM 08:52 AM 10:52 AM 12:52 PM 02:53 PM 04:53 PM 06:53 PM 08:53 PM 10:54 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-2	English	12:54 AM 02:54 AM 04:54 AM 06:54 AM 08:55 AM 10:55 AM 12:55 PM 02:56 PM 04:56 PM 06:56 PM 08:57 PM 10:57 PM
General Awareness Programme	विटामिन ए की कहानी	Hindi	01:14 AM 03:15 AM 05:15 AM 07:15 AM 09:16 AM 11:16 AM 01:16 PM 03:16 PM 05:17 PM 07:17 PM 09:17 PM 11:18 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:26 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:28 PM 07:29 PM 09:29 PM 11:29 PM
सोमवार, 28 जुलाई 2025 Monday, 28 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Social Science (Geography)	पाठ 6: मानव संसाधन	Hindi	12:29 AM 02:29 AM 04:29 AM 06:29 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:29 PM 08:29 PM 10:29 PM
Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	12:54 AM 02:54 AM 04:54 AM 06:54 AM 08:54 AM 10:54 AM 12:54 PM 02:54 PM 04:55 PM 06:55 PM 08:55 PM 10:55 PM



English It So Happened	Chapter-8 Jalebis	English	12:56 AM 02:56 AM 04:56 AM 06:56 AM 08:56 AM 10:56 AM 12:56 PM 02:56 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
Mathematics	Chapter-07 Cube and Cube roots	English	01:30 AM 03:30 AM 05:30 AM 07:30 AM 09:30 AM 11:30 AM 01:30 PM 03:30 PM 05:30 PM 07:30 PM 09:30 PM 11:30 PM
Vocational Video	Hand tools	English/hindi	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:45 PM 09:45 PM 11:45 PM
मंगलवार, 29 जुलाई 2025 Tuesday, 29 July 2025			
General	Health and Sanitisation	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:03 AM 12:04 PM 02:05 PM 04:06 PM 06:06 PM 08:07 PM 10:08 PM
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:07 AM 02:08 AM 04:09 AM 06:09 AM 08:10 AM 10:11 AM 12:12 PM 02:12 PM 04:13 PM 06:14 PM 08:15 PM 10:16 PM
Hindi	दूर्वा पाठ-6: सागर यात्रा	Hindi	12:33 AM 02:33 AM 04:34 AM 06:35 AM 08:36 AM 10:36 AM 12:37 PM 02:38 PM 04:39 PM 06:39 PM 08:40 PM 10:41 PM
Social Science (Geography)	Chapter 5- Industries, Part-2	English	01:04 AM 03:05 AM 05:06 AM 07:06 AM 09:07 AM 11:08 AM 01:09 PM 03:09 PM 05:10 PM 07:11 PM 09:12 PM 11:12 PM
General	Parts of Flower	English/hindi	01:16 AM 03:17 AM 05:18 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:22 PM 05:23 PM 07:23 PM 09:24 PM 11:25 PM
Science	Chapter-7 Conservation of Plants and Animals (IUCN and Protected Areas)	English	01:22 AM 03:22 AM 05:23 AM 07:24 AM 09:25 AM 11:25 AM 01:26 PM 03:27 PM 05:28 PM 07:29 PM 09:29 PM 11:30 PM



DD Free Dish Channel #30



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Dish TV Channel #2029

General	आओ सैर करें - लक्षद्वीप	Hindi	01:32 AM 03:33 AM 05:34 AM 07:34 AM 09:35 AM 11:36 AM 01:37 PM 03:37 PM 05:38 PM 07:39 PM 09:40 PM 11:41 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:36 AM 03:37 AM 05:37 AM 07:38 AM 09:39 AM 11:40 AM 01:40 PM 03:41 PM 05:42 PM 07:43 PM 09:44 PM 11:44 PM
बुधवार, 30 जुलाई 2025 Wednesday, 30 July 2025			
Science	पाठ-11 बल तथा दाब	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
Flood	Flood - बाढ़ के दौरान क्या करें और क्या न करें	हिन्दी	12:29 AM 02:29 AM 04:29 AM 06:30 AM 08:30 AM 10:30 AM 12:30 PM 02:31 PM 04:31 PM 06:31 PM 08:31 PM 10:31 PM
Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:30 AM 02:30 AM 04:31 AM 06:31 AM 08:31 AM 10:31 AM 12:32 PM 02:32 PM 04:32 PM 06:32 PM 08:32 PM 10:33 PM
General Awareness Programme	Life cycle of a Plant	Hindi	12:47 AM 02:47 AM 04:47 AM 06:48 AM 08:48 AM 10:48 AM 12:48 PM 02:48 PM 04:49 PM 06:49 PM 08:49 PM 10:49 PM
Social Science (History)	Chapter 5- When People Rebel 1857 and After, Part-2	English	01:03 AM 03:03 AM 05:04 AM 07:04 AM 09:04 AM 11:04 AM 01:04 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:06 PM
Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	हिन्दी	01:24 AM 03:24 AM 05:24 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
Mathematics	Chapter-07 Cube and Cube roots	English	01:25 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:26 AM 01:27 PM 03:27 PM 05:27 PM 07:27 PM 09:27 PM 11:28 PM



Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	01:40 AM 03:40 AM 05:40 AM 07:41 AM 09:41 AM 11:41 AM 01:41 PM 03:42 PM 05:42 PM 07:42 PM 09:42 PM 11:42 PM
बृहस्पतिवार, 31 जुलाई 2025 Thursday, 31 July 2025			
Mathematics	पाठ-12: घातांक और घात, भाग-1	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
Social Science (History)	पाठ 5: जब जनता बगावत करती है (1857 और उसके बाद), भाग-2	Hindi	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:28 AM 10:29 AM 12:29 PM 02:29 PM 04:30 PM 06:30 PM 08:31 PM 10:31 PM
General Awareness Programme	Plastic Bag Demon	English	12:51 AM 02:51 AM 04:52 AM 06:52 AM 08:52 AM 10:53 AM 12:53 PM 02:54 PM 04:54 PM 06:55 PM 08:55 PM 10:56 PM
English Honeydew	Chapter-6: This is Jody's Fawn, Activity	English	12:59 AM 02:59 AM 05:00 AM 07:00 AM 09:00 AM 11:01 AM 01:01 PM 03:02 PM 05:02 PM 07:03 PM 09:03 PM 11:04 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	हिन्दी	01:25 AM 03:25 AM 05:25 AM 07:26 AM 09:26 AM 11:27 AM 01:27 PM 03:28 PM 05:28 PM 07:29 PM 09:29 PM 11:30 PM
Science	Chapter-7 Conservation of Plants and Animals (IUCN and Protected Areas)	English	01:25 AM 03:26 AM 05:26 AM 07:27 AM 09:27 AM 11:27 AM 01:28 PM 03:28 PM 05:29 PM 07:29 PM 09:30 PM 11:30 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	01:36 AM 03:36 AM 05:36 AM 07:37 AM 09:37 AM 11:38 AM 01:38 PM 03:39 PM 05:39 PM 07:40 PM 09:40 PM 11:41 PM