

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

जून 2026

June 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 जून 2026 Monday, 01 June 2026			
English	Class 07_ENG_Unit 2.2_A Funny Man	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:08 PM 08:09 PM 10:10 PM
Maths	Expressions using Letters-Numbers_Chapter4_Part1	English	12:22 AM 02:23 AM 04:24 AM 06:25 AM 08:26 AM 10:26 AM 12:27 PM 02:28 PM 04:29 PM 06:30 PM 08:31 PM 10:32 PM
General	THE BHARATIYA NYAYA SANHITA Part - 2	Hindi	12:36 AM 02:37 AM 04:38 AM 06:39 AM 08:40 AM 10:41 AM 12:42 PM 02:43 PM 04:44 PM 06:45 PM 08:46 PM 10:47 PM
General English	General English, Episode 7 Making Requests 1	English	12:50 AM 02:50 AM 04:51 AM 06:52 AM 08:53 AM 10:54 AM 12:55 PM 02:56 PM 04:57 PM 06:58 PM 08:59 PM 11:00 PM
Storytelling/ Value Education	दान का हिसाब	हिंदी	01:01 AM 03:02 AM 05:03 AM 07:04 AM 09:05 AM 11:06 AM 01:07 PM 03:08 PM 05:09 PM 07:10 PM 09:11 PM 11:12 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:26 AM 03:27 AM 05:28 AM 07:29 AM 09:30 AM 11:31 AM 01:32 PM 03:33 PM 05:34 PM 07:35 PM 09:36 PM 11:37 PM



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मंगलवार, 02 जून 2026
Tuesday, 02 June 2026

हिंदी	Class 7_Hindi_CH04_Pani re pani	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:01 PM 08:01 PM 10:01 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	ऑरिगामी भाग-2 (कागज़ कला)	हिंदी	12:11 AM 02:11 AM 04:11 AM 06:11 AM 08:11 AM 10:12 AM 12:12 PM 02:12 PM 04:12 PM 06:12 PM 08:12 PM 10:12 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-1, Chapter 2_understanding weather	English	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:27 AM 12:27 PM 02:27 PM 04:27 PM 06:27 PM 08:27 PM 10:27 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खिलौने बनाएं	हिंदी	12:35 AM 02:35 AM 04:35 AM 06:35 AM 08:35 AM 10:35 AM 12:35 PM 02:35 PM 04:35 PM 06:36 PM 08:36 PM 10:36 PM
Science	NCERT Textbook_Science_Curi osity_GRADE 7_the ever evolving world of science_English	English	12:50 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:51 PM 04:51 PM 06:52 PM 08:52 PM 10:52 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:58 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:58 PM 10:58 PM
General Awareness	Tree Tale - Kadamba	English	01:57 AM 03:57 AM 05:57 AM 07:57 AM 09:57 AM 11:57 AM 01:57 PM 03:57 PM 05:58 PM 07:58 PM 09:58 PM 11:58 PM



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बुधवार, 03 जून 2026

Wednesday, 03 June 2026

बुधवार, 03 जून 2026 Wednesday, 03 June 2026			
संस्कृत	Class 7_संस्कृत_CH03_मित्राय नमः	संस्कृत	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:05 PM 04:05 PM 06:06 PM 08:07 PM 10:08 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, New Beginnings:Cities and States Governments	English	12:18 AM 02:18 AM 04:19 AM 06:20 AM 08:20 AM 10:21 AM 12:22 PM 02:23 PM 04:23 PM 06:24 PM 08:25 PM 10:26 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:29 AM 10:30 AM 12:30 PM 02:31 PM 04:32 PM 06:33 PM 08:33 PM 10:34 PM
Maths	Expressions using Letters-Numbers_Chap ter4_Part1	English	12:50 AM 02:51 AM 04:51 AM 06:52 AM 08:53 AM 10:54 AM 12:54 PM 02:55 PM 04:56 PM 06:56 PM 08:57 PM 10:58 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	01:23 AM 03:23 AM 05:24 AM 07:25 AM 09:26 AM 11:26 AM 01:27 PM 03:28 PM 05:28 PM 07:29 PM 09:30 PM 11:31 PM
बृहस्पतिवार, 04 जून 2026 Thursday, 04 June 2026			
English	Class 07_ENG_Unit 2.2_A Funny Man	English	12:00 AM 02:16 AM 04:33 AM 06:49 AM 09:06 AM 11:22 AM 01:39 PM 03:55 PM 06:12 PM 08:29 PM 10:45 PM
General Awareness	Growing up Healthy	English	12:15 AM 02:31 AM 04:48 AM 07:05 AM 09:21 AM 11:38 AM 01:54 PM 04:11 PM 06:27 PM 08:44 PM 11:01 PM



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Science	NCERT Textbook_Science_Curiosity_GRADE 7_the ever evolving world of science_English	English	12:19 AM 02:36 AM 04:52 AM 07:09 AM 09:25 AM 11:42 AM 01:58 PM 04:15 PM 06:32 PM 08:48 PM 11:05 PM
General Awareness	Personal Safety	English	12:31 AM 02:47 AM 05:04 AM 07:21 AM 09:37 AM 11:54 AM 02:10 PM 04:27 PM 06:43 PM 09:00 PM 11:16 PM
Storytelling/ Value Education	दान का हिसाब	हिंदी	12:45 AM 03:02 AM 05:18 AM 07:35 AM 09:51 AM 12:08 PM 02:25 PM 04:41 PM 06:58 PM 09:14 PM 11:31 PM
General Awareness	e-waste management Block-5	English	01:02 AM 03:18 AM 05:35 AM 07:51 AM 10:08 AM 12:24 PM 02:41 PM 04:58 PM 07:14 PM 09:31 PM 11:47 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	01:23 AM 03:40 AM 05:56 AM 08:13 AM 10:29 AM 12:46 PM 03:02 PM 05:19 PM 07:36 PM 09:52 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	01:36 AM 03:52 AM 06:09 AM 08:25 AM 10:42 AM 12:59 PM 03:15 PM 05:32 PM 07:48 PM 10:05 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	02:00 AM 04:17 AM 06:33 AM 08:50 AM 11:06 AM 01:23 PM 03:40 PM 05:56 PM 08:13 PM 10:29 PM
शुक्रवार, 05 जून 2026 Friday, 05 June 2026			
हिंदी	Class 7_Hindi_CH04_Pani re pani	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM



Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, From the Rulers to the Ruled: Types of Governments	English	12:12 AM 02:12 AM 04:12 AM 06:12 AM 08:12 AM 10:13 AM 12:13 PM 02:13 PM 04:13 PM 06:13 PM 08:13 PM 10:13 PM
Vocational	Personal hygiene and Health	English	12:21 AM 02:21 AM 04:22 AM 06:22 AM 08:22 AM 10:22 AM 12:22 PM 02:22 PM 04:22 PM 06:23 PM 08:23 PM 10:23 PM
Maths	Expressions using Letters-Numbers_Chapter4_Part1	English	12:32 AM 02:32 AM 04:32 AM 06:32 AM 08:32 AM 10:32 AM 12:32 PM 02:33 PM 04:33 PM 06:33 PM 08:33 PM 10:33 PM
General Awareness	e-waste management Block-5	English	01:04 AM 03:04 AM 05:05 AM 07:05 AM 09:05 AM 11:05 AM 01:05 PM 03:05 PM 05:05 PM 07:06 PM 09:06 PM 11:06 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:26 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:26 AM 01:26 PM 03:27 PM 05:27 PM 07:27 PM 09:27 PM 11:27 PM
शनिवार, 06 जून 2026 Saturday, 06 June 2026			
संस्कृत	Class 7_संस्कृत_CH03_मित्राय नमः	संस्कृत	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:04 PM 04:05 PM 06:06 PM 08:06 PM 10:07 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-1, Chapter 2_understanding weather	English	12:17 AM 02:17 AM 04:18 AM 06:19 AM 08:19 AM 10:20 AM 12:21 PM 02:21 PM 04:22 PM 06:23 PM 08:23 PM 10:24 PM



Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	12:25 AM 02:26 AM 04:27 AM 06:27 AM 08:28 AM 10:29 AM 12:29 PM 02:30 PM 04:31 PM 06:31 PM 08:32 PM 10:33 PM
Science	NCERT Textbook_Science_Curiosity_GRADE 7_the ever evolving world of science_English	English	12:45 AM 02:46 AM 04:46 AM 06:47 AM 08:48 AM 10:48 AM 12:49 PM 02:50 PM 04:50 PM 06:51 PM 08:52 PM 10:52 PM
General	THE BHARATIYA NYAYA SANHITA Part - 1	Hindi	12:51 AM 02:52 AM 04:52 AM 06:53 AM 08:54 AM 10:54 AM 12:55 PM 02:56 PM 04:56 PM 06:57 PM 08:58 PM 10:58 PM
General Awareness	Understanding how long things take to decompose	English	01:20 AM 03:21 AM 05:22 AM 07:22 AM 09:23 AM 11:24 AM 01:24 PM 03:25 PM 05:26 PM 07:26 PM 09:27 PM 11:28 PM
रविवार, 07 जून 2026 Sunday, 07 June 2026			
सामान्य जागरूकता	रोज़ बदलता कैसे चाँद -१	हिंदी	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:05 PM 04:05 PM 06:06 PM 08:07 PM 10:07 PM
Storytelling/ Value Education	दान का हिसाब	हिंदी	12:11 AM 02:12 AM 04:13 AM 06:13 AM 08:14 AM 10:15 AM 12:16 PM 02:16 PM 04:17 PM 06:18 PM 08:18 PM 10:19 PM
Storytelling/ Value Education	खेल पिटारा	हिंदी	12:33 AM 02:34 AM 04:34 AM 06:35 AM 08:36 AM 10:37 AM 12:37 PM 02:38 PM 04:39 PM 06:39 PM 08:40 PM 10:41 PM
General Awareness	e-waste management Block-3	English	01:23 AM 03:23 AM 05:24 AM 07:25 AM 09:25 AM 11:26 AM 01:27 PM 03:28 PM 05:28 PM 07:29 PM 09:30 PM 11:30 PM



सोमवार, 08 जून 2026
Monday, 08 June 2026

English	Class 07_ENG_Unit 2.2_A Funny Man	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:57 AM 09:56 AM 11:55 AM 01:54 PM 03:54 PM 05:53 PM 07:52 PM 09:52 PM 11:51 PM
Maths	Expressions using Letters-Numbers_Chapter4_Part2	English	12:18 AM 02:18 AM 04:17 AM 06:16 AM 08:16 AM 10:15 AM 12:14 PM 02:13 PM 04:13 PM 06:12 PM 08:11 PM 10:11 PM
General	THE BHARATIYA NYAYA SANHITA Part - 2	Hindi	12:32 AM 02:31 AM 04:30 AM 06:29 AM 08:29 AM 10:28 AM 12:27 PM 02:27 PM 04:26 PM 06:25 PM 08:24 PM 10:24 PM
General Awareness	Understanding how long things take to decompose	English	01:15 AM 03:14 AM 05:14 AM 07:13 AM 09:12 AM 11:12 AM 01:11 PM 03:10 PM 05:09 PM 07:09 PM 09:08 PM 11:07 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:25 AM 03:24 AM 05:23 AM 07:23 AM 09:22 AM 11:21 AM 01:20 PM 03:20 PM 05:19 PM 07:18 PM 09:18 PM 11:17 PM
<p>मंगलवार, 09 जून 2026 Tuesday, 09 June 2026</p>			
हिंदी	Class 7_Hindi_CH04_Pani re pani	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
Social science	NCERT Textbook_Social Science_Grade 7_exploring society india and beyond Part-1, Chapter 2_understanding weather	English	12:12 AM 02:12 AM 04:13 AM 06:13 AM 08:13 AM 10:13 AM 12:14 PM 02:14 PM 04:14 PM 06:14 PM 08:15 PM 10:15 PM



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Science	NCERT Textbook_Science_Curiosity_GRADE 7_the ever evolving world of science_English	English	12:22 AM 02:22 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:24 PM 02:24 PM 04:24 PM 06:25 PM 08:25 PM 10:25 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:01 AM 03:02 AM 05:02 AM 07:02 AM 09:03 AM 11:03 AM 01:03 PM 03:03 PM 05:04 PM 07:04 PM 09:04 PM 11:04 PM
Flood	Flood - What To Do During Floods	English	01:36 AM 03:37 AM 05:37 AM 07:37 AM 09:38 AM 11:38 AM 01:38 PM 03:38 PM 05:39 PM 07:39 PM 09:39 PM 11:39 PM
बुधवार, 10 जून 2026 Wednesday, 10 June 2026			
संस्कृत	Class 7_संस्कृत_CH03_मित्राय नमः	संस्कृत	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	12:16 AM 02:16 AM 04:16 AM 06:17 AM 08:17 AM 10:17 AM 12:17 PM 02:17 PM 04:18 PM 06:18 PM 08:18 PM 10:18 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, New Beginnings:Cities and States Governments	English	12:23 AM 02:24 AM 04:24 AM 06:24 AM 08:24 AM 10:24 AM 12:25 PM 02:25 PM 04:25 PM 06:25 PM 08:25 PM 10:26 PM
Maths	Expressions using Letters-Numbers_Chapter4_Part2	English	12:33 AM 02:33 AM 04:33 AM 06:33 AM 08:34 AM 10:34 AM 12:34 PM 02:34 PM 04:34 PM 06:35 PM 08:35 PM 10:35 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	01:02 AM 03:03 AM 05:03 AM 07:03 AM 09:03 AM 11:03 AM 01:04 PM 03:04 PM 05:04 PM 07:04 PM 09:04 PM 11:05 PM



सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-2	हिंदी	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:16 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:18 PM 11:18 PM
Vocational	Tools And Materials	English	01:47 AM 03:47 AM 05:47 AM 07:48 AM 09:48 AM 11:48 AM 01:48 PM 03:48 PM 05:49 PM 07:49 PM 09:49 PM 11:49 PM
बृहस्पतिवार, 11 जून 2026 Thursday, 11 June 2026			
English	Class 07_ENG_Unit 2.3_Say the Right Thing	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:02 PM 04:02 PM 06:02 PM 08:03 PM 10:03 PM
Science	NCERT Textbook_Science_Curi osity_GRADE 7_the ever evolving world of science_English	English	12:15 AM 02:16 AM 04:16 AM 06:16 AM 08:16 AM 10:17 AM 12:17 PM 02:17 PM 04:18 PM 06:18 PM 08:18 PM 10:19 PM
Storytelling/ Value Education	सुधीर तैलंग	हिंदी	12:22 AM 02:22 AM 04:22 AM 06:23 AM 08:23 AM 10:23 AM 12:24 PM 02:24 PM 04:24 PM 06:25 PM 08:25 PM 10:25 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:09 AM 03:10 AM 05:10 AM 07:10 AM 09:10 AM 11:11 AM 01:11 PM 03:11 PM 05:12 PM 07:12 PM 09:12 PM 11:13 PM
शुक्रवार, 12 जून 2026 Friday, 12 June 2026			
हिंदी	Class 7_Hindi_CH04_Pani re pani	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, From the Rulers to the Ruled: Types of Governments	English	12:12 AM 02:12 AM 04:13 AM 06:13 AM 08:13 AM 10:13 AM 12:13 PM 02:14 PM 04:14 PM 06:14 PM 08:14 PM 10:14 PM



Maths	Expressions using Letters-Numbers_Chapter4_Part2	English	12:24 AM 02:24 AM 04:24 AM 06:24 AM 08:25 AM 10:25 AM 12:25 PM 02:25 PM 04:25 PM 06:26 PM 08:26 PM 10:26 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:38 AM 02:38 AM 04:38 AM 06:38 AM 08:39 AM 10:39 AM 12:39 PM 02:39 PM 04:39 PM 06:40 PM 08:40 PM 10:40 PM
General	THE BHARATIYA NYAYA SANHITA Part - 1	Hindi	01:02 AM 03:02 AM 05:02 AM 07:02 AM 09:02 AM 11:03 AM 01:03 PM 03:03 PM 05:03 PM 07:03 PM 09:04 PM 11:04 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:16 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:18 PM 11:18 PM
General English	General English, Episode 11 Agreeing 3	English	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:52 PM 11:52 PM

शनिवार, 13 जून 2026
Saturday, 13 June 2026

संस्कृत	Class 7_संस्कृत_CH03_मित्राय नमः	संस्कृत	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-1, Chapter 2_understanding weather	English	12:25 AM 02:25 AM 04:25 AM 06:25 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:27 PM 08:27 PM 10:27 PM
Storytelling/ Value Education	सुधीर तैलंग	हिंदी	12:33 AM 02:33 AM 04:34 AM 06:34 AM 08:34 AM 10:34 AM 12:35 PM 02:35 PM 04:35 PM 06:35 PM 08:35 PM 10:36 PM



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Science	NCERT Textbook_Science_Curiosity_GRADE 7_the ever evolving world of science_English	English	12:50 AM 02:50 AM 04:50 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
General	THE BHARATIYA NYAYA SANHITA Part - 2	Hindi	12:56 AM 02:56 AM 04:57 AM 06:57 AM 08:57 AM 10:57 AM 12:57 PM 02:58 PM 04:58 PM 06:58 PM 08:58 PM 10:59 PM
General Awareness	Real world challenge and what to do	English	01:10 AM 03:10 AM 05:10 AM 07:10 AM 09:10 AM 11:11 AM 01:11 PM 03:11 PM 05:11 PM 07:12 PM 09:12 PM 11:12 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खेलौने बनाएं	हिंदी	01:22 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:24 AM 01:24 PM 03:24 PM 05:24 PM 07:24 PM 09:25 PM 11:25 PM
General Awareness	e-waste management Block-5	English	01:38 AM 03:39 AM 05:39 AM 07:39 AM 09:39 AM 11:39 AM 01:40 PM 03:40 PM 05:40 PM 07:40 PM 09:41 PM 11:41 PM
रविवार, 14 जून 2026 Sunday, 14 June 2026			
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:04 PM 04:05 PM 06:06 PM 08:07 PM 10:07 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	12:24 AM 02:25 AM 04:26 AM 06:26 AM 08:27 AM 10:28 AM 12:28 PM 02:29 PM 04:30 PM 06:30 PM 08:31 PM 10:32 PM
General English	General English, Episode 12 Disagreeing 1	English	12:37 AM 02:38 AM 04:38 AM 06:39 AM 08:40 AM 10:40 AM 12:41 PM 02:42 PM 04:42 PM 06:43 PM 08:44 PM 10:45 PM



General Awareness	Value and responsible Citizenship	English	01:21 AM 03:22 AM 05:23 AM 07:23 AM 09:24 AM 11:25 AM 01:25 PM 03:26 PM 05:27 PM 07:27 PM 09:28 PM 11:29 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:26 AM 03:27 AM 05:28 AM 07:28 AM 09:29 AM 11:30 AM 01:30 PM 03:31 PM 05:32 PM 07:32 PM 09:33 PM 11:34 PM
सोमवार, 15 जून 2026 Monday, 15 June 2026			
English	Class 07_ENG_Unit 2.3_Say the Right Thing	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:58 AM 09:58 AM 11:58 AM 01:58 PM 03:57 PM 05:57 PM 07:57 PM 09:57 PM 11:56 PM
Maths	Chapter5_Parallel and intersecting lines_Part1	English	12:22 AM 02:21 AM 04:21 AM 06:21 AM 08:20 AM 10:20 AM 12:20 PM 02:20 PM 04:19 PM 06:19 PM 08:19 PM 10:19 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	12:28 AM 02:28 AM 04:28 AM 06:28 AM 08:27 AM 10:27 AM 12:27 PM 02:27 PM 04:26 PM 06:26 PM 08:26 PM 10:26 PM
General Awareness	Exploring three R's	English	12:44 AM 02:44 AM 04:44 AM 06:44 AM 08:43 AM 10:43 AM 12:43 PM 02:43 PM 04:42 PM 06:42 PM 08:42 PM 10:41 PM
General Awareness	Personal Safety	English	01:24 AM 03:24 AM 05:23 AM 07:23 AM 09:23 AM 11:22 AM 01:22 PM 03:22 PM 05:22 PM 07:21 PM 09:21 PM 11:21 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:40 AM 03:39 AM 05:39 AM 07:39 AM 09:38 AM 11:38 AM 01:38 PM 03:38 PM 05:37 PM 07:37 PM 09:37 PM 11:37 PM



मंगलवार, 16 जून 2026
Tuesday, 16 June 2026

हिंदी	Class 7_Hindi_CH05_Nahi Hona Bimar	हिंदी	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:07 PM 08:08 PM 10:09 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-1, Chapter 2_understanding weather	English	12:19 AM 02:20 AM 04:21 AM 06:22 AM 08:23 AM 10:24 AM 12:25 PM 02:26 PM 04:26 PM 06:27 PM 08:28 PM 10:29 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:28 AM 02:29 AM 04:30 AM 06:31 AM 08:31 AM 10:32 AM 12:33 PM 02:34 PM 04:35 PM 06:36 PM 08:37 PM 10:38 PM
Science	NCERT Textbook_Science_Curi osity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:52 AM 02:53 AM 04:54 AM 06:55 AM 08:55 AM 10:56 AM 12:57 PM 02:58 PM 04:59 PM 07:00 PM 09:01 PM 11:02 PM
General Awareness	Introduction to plasto, our hero and marine pollution	English	12:57 AM 02:58 AM 04:58 AM 06:59 AM 09:00 AM 11:01 AM 01:02 PM 03:03 PM 05:04 PM 07:05 PM 09:05 PM 11:06 PM
General Awareness	e-waste management Block-5	English	01:05 AM 03:06 AM 05:07 AM 07:08 AM 09:08 AM 11:09 AM 01:10 PM 03:11 PM 05:12 PM 07:13 PM 09:14 PM 11:15 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:26 AM 03:27 AM 05:28 AM 07:29 AM 09:30 AM 11:31 AM 01:32 PM 03:33 PM 05:33 PM 07:34 PM 09:35 PM 11:36 PM



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बुधवार, 17 जून 2026
Wednesday, 17 June 2026

संस्कृत	Class 7_संस्कृत_CH04_न लभ्यते चेत् आम्लं द्राक्षाफलम्	संस्कृत	12:00 AM 01:59 AM 03:58 AM 05:58 AM 07:57 AM 09:56 AM 11:56 AM 01:55 PM 03:54 PM 05:54 PM 07:53 PM 09:52 PM 11:52 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, New Beginnings:Cities and States Governments	English	12:19 AM 02:18 AM 04:18 AM 06:17 AM 08:16 AM 10:16 AM 12:15 PM 02:14 PM 04:14 PM 06:13 PM 08:12 PM 10:12 PM
General Awareness	Understanding the value of composting	English	12:27 AM 02:27 AM 04:26 AM 06:25 AM 08:25 AM 10:24 AM 12:23 PM 02:23 PM 04:22 PM 06:21 PM 08:21 PM 10:20 PM
Maths	Chapter5_Parallel and intersecting lines_Part1	English	12:38 AM 02:37 AM 04:37 AM 06:36 AM 08:35 AM 10:35 AM 12:34 PM 02:33 PM 04:33 PM 06:32 PM 08:31 PM 10:31 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	12:46 AM 02:45 AM 04:44 AM 06:44 AM 08:43 AM 10:42 AM 12:42 PM 02:41 PM 04:40 PM 06:40 PM 08:39 PM 10:38 PM
General English	General English, Episode 13 Disagreeing 2	English	12:59 AM 02:58 AM 04:58 AM 06:57 AM 08:56 AM 10:56 AM 12:55 PM 02:54 PM 04:54 PM 06:53 PM 08:52 PM 10:52 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:39 AM 03:38 AM 05:38 AM 07:37 AM 09:36 AM 11:36 AM 01:35 PM 03:34 PM 05:34 PM 07:33 PM 09:32 PM 11:32 PM
बृहस्पतिवार, 18 जून 2026 Thursday, 18 June 2026			
English	Class 07_ENG_Unit 2.3_Say the Right Thing	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM



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Science	NCERT Textbook_Science_Curiosity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:13 AM 02:14 AM 04:14 AM 06:15 AM 08:15 AM 10:16 AM 12:16 PM 02:16 PM 04:17 PM 06:17 PM 08:18 PM 10:18 PM
Storytelling/ Value Education	आओ कहानी लिखना सीखें	हिंदी	12:19 AM 02:19 AM 04:20 AM 06:20 AM 08:20 AM 10:21 AM 12:21 PM 02:22 PM 04:22 PM 06:23 PM 08:23 PM 10:23 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:49 AM 02:49 AM 04:50 AM 06:50 AM 08:50 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:53 PM
General Awareness	e-waste management Block-5	English	01:13 AM 03:14 AM 05:14 AM 07:14 AM 09:15 AM 11:15 AM 01:16 PM 03:16 PM 05:17 PM 07:17 PM 09:17 PM 11:18 PM
शुक्रवार, 19 जून 2026 Friday, 19 June 2026			
हिंदी	Class 7_Hindi_CH05_Nahi Hona Bimar	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-2, Grade-7, From the Rulers to the Ruled: Types of Governments	English	12:23 AM 02:23 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:23 PM 02:23 PM 04:23 PM 06:23 PM 08:24 PM 10:24 PM
General Awareness	Focused on exploring three R's	English	12:34 AM 02:34 AM 04:34 AM 06:34 AM 08:34 AM 10:34 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:35 PM 10:35 PM
Maths	Chapter5_Parallel and intersecting lines_Part1	English	12:58 AM 02:58 AM 04:58 AM 06:58 AM 08:58 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:59 PM 10:59 PM



Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	01:35 AM 03:35 AM 05:35 AM 07:35 AM 09:35 AM 11:36 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
शनिवार, 20 जून 2026 Saturday, 20 June 2026			
संस्कृत	Class 7_संस्कृत_CH04_न लभ्यते चेत् आम्लं द्राक्षाफलम्	संस्कृत	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:01 PM 08:01 PM 10:01 PM
General	THE BHARATIYA NYAYA SANHITA Part - 2	Hindi	12:10 AM 02:10 AM 04:10 AM 06:10 AM 08:10 AM 10:10 AM 12:10 PM 02:10 PM 04:10 PM 06:11 PM 08:11 PM 10:11 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-2, Chapter 2_understanding the weather	English	12:23 AM 02:23 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:23 PM 02:23 PM 04:24 PM 06:24 PM 08:24 PM 10:24 PM
General	General, Surya Namaskar	English	12:35 AM 02:35 AM 04:35 AM 06:35 AM 08:35 AM 10:35 AM 12:35 PM 02:35 PM 04:35 PM 06:36 PM 08:36 PM 10:36 PM
Science	NCERT Textbook_Science_Curi osity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:41 AM 02:41 AM 04:42 AM 06:42 AM 08:42 AM 10:42 AM 12:42 PM 02:42 PM 04:42 PM 06:42 PM 08:42 PM 10:43 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:46 AM 02:46 AM 04:46 AM 06:46 AM 08:46 AM 10:47 AM 12:47 PM 02:47 PM 04:47 PM 06:47 PM 08:47 PM 10:47 PM
Storytelling/ Value Education	खेल पिटारा	हिंदी	01:10 AM 03:10 AM 05:10 AM 07:10 AM 09:10 AM 11:11 AM 01:11 PM 03:11 PM 05:11 PM 07:11 PM 09:11 PM 11:11 PM



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Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
रविवार, 21 जून 2026 Sunday, 21 June 2026			
शारीरिक शिक्षा	शारीरिक शिक्षा, योग ओलम्पियाड	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
General	General, Ardha Chakrasana	English	12:34 AM 02:34 AM 04:34 AM 06:34 AM 08:34 AM 10:34 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:34 PM
सामान्य	सामान्य, सूर्य नमस्कार	हिंदी	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:36 AM 10:36 AM 12:36 PM 02:36 PM 04:36 PM 06:36 PM 08:36 PM 10:36 PM
General	General, Padahastasana	English	12:43 AM 02:43 AM 04:43 AM 06:43 AM 08:43 AM 10:43 AM 12:43 PM 02:43 PM 04:43 PM 06:43 PM 08:43 PM 10:43 PM
General	General, Surya Namaskar	English	12:45 AM 02:45 AM 04:45 AM 06:45 AM 08:45 AM 10:45 AM 12:45 PM 02:45 PM 04:45 PM 06:46 PM 08:46 PM 10:46 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	बोतल मकड़ी (Bottle spider)	हिंदी	01:23 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:23 AM 01:23 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:25 AM 03:25 AM 05:25 AM 07:26 AM 09:26 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
सोमवार, 22 जून 2026 Monday, 22 June 2026			
English	Class 07_ENG_Unit 3.1-My Brother's Great Invention	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:56 AM 11:55 AM 01:54 PM 03:53 PM 05:52 PM 07:52 PM 09:51 PM 11:50 PM



General Awareness	Safe Use of Internet_Gadgets and Media	English	12:16 AM 02:16 AM 04:15 AM 06:14 AM 08:13 AM 10:12 AM 12:12 PM 02:11 PM 04:10 PM 06:09 PM 08:08 PM 10:08 PM
Maths	Chapter5_Parallel and intersecting lines_Part2	English	12:22 AM 02:22 AM 04:21 AM 06:20 AM 08:19 AM 10:18 AM 12:18 PM 02:17 PM 04:16 PM 06:15 PM 08:14 PM 10:14 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:28 AM 02:27 AM 04:26 AM 06:25 AM 08:25 AM 10:24 AM 12:23 PM 02:22 PM 04:21 PM 06:21 PM 08:20 PM 10:19 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	12:52 AM 02:51 AM 04:50 AM 06:49 AM 08:49 AM 10:48 AM 12:47 PM 02:46 PM 04:45 PM 06:45 PM 08:44 PM 10:43 PM
Storytelling/ Value Education	आओ कहानी लिखना सीखें	हिंदी	01:11 AM 03:11 AM 05:10 AM 07:09 AM 09:08 AM 11:07 AM 01:07 PM 03:06 PM 05:05 PM 07:04 PM 09:04 PM 11:03 PM
General Awareness	Why Seasons Happen?	English	01:42 AM 03:41 AM 05:40 AM 07:39 AM 09:38 AM 11:38 AM 01:37 PM 03:36 PM 05:35 PM 07:35 PM 09:34 PM 11:33 PM
General	THE BHARATIYA NYAYA SANHITA Part - 1	Hindi	01:45 AM 03:44 AM 05:43 AM 07:42 AM 09:42 AM 11:41 AM 01:40 PM 03:39 PM 05:39 PM 07:38 PM 09:37 PM 11:36 PM
मंगलवार, 23 जून 2026 Tuesday, 23 June 2026			
हिंदी	Class 7_Hindi_CH05_Nahi Hona Bimar	हिंदी	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:55 AM 11:54 AM 01:53 PM 03:52 PM 05:51 PM 07:50 PM 09:49 PM 11:48 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-2, Chapter 2_understanding the weather	English	12:24 AM 02:23 AM 04:22 AM 06:21 AM 08:20 AM 10:19 AM 12:18 PM 02:17 PM 04:16 PM 06:15 PM 08:14 PM 10:13 PM



Science	NCERT Textbook_Science_Curiosity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:36 AM 02:35 AM 04:34 AM 06:33 AM 08:32 AM 10:31 AM 12:30 PM 02:29 PM 04:28 PM 06:27 PM 08:26 PM 10:25 PM
General Awareness	Focused on E-waste and hazardous waste	English	01:00 AM 03:00 AM 04:59 AM 06:58 AM 08:57 AM 10:56 AM 12:55 PM 02:54 PM 04:53 PM 06:52 PM 08:51 PM 10:50 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:24 AM 03:24 AM 05:23 AM 07:22 AM 09:21 AM 11:20 AM 01:19 PM 03:18 PM 05:17 PM 07:16 PM 09:15 PM 11:14 PM
बुधवार, 24 जून 2026 Wednesday, 24 June 2026			
संस्कृत	Class 7_संस्कृत_CH04_न लभ्यते चेत् आम्लं द्राक्षाफलम्	संस्कृत	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:57 AM 09:56 AM 11:55 AM 01:54 PM 03:54 PM 05:53 PM 07:52 PM 09:51 PM 11:51 PM
General	Energy Saving	English	12:13 AM 02:12 AM 04:11 AM 06:11 AM 08:10 AM 10:09 AM 12:08 PM 02:08 PM 04:07 PM 06:06 PM 08:05 PM 10:05 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-1, Grade-7, New Beginnings:Cities and States Governments	English	12:14 AM 02:14 AM 04:13 AM 06:12 AM 08:11 AM 10:11 AM 12:10 PM 02:09 PM 04:08 PM 06:08 PM 08:07 PM 10:06 PM
General Awareness	Real life situations- garbage burning and what to do	English	12:23 AM 02:22 AM 04:21 AM 06:21 AM 08:20 AM 10:19 AM 12:18 PM 02:18 PM 04:17 PM 06:16 PM 08:15 PM 10:15 PM
Maths	Chapter5_Parallel and intersecting lines_Part2	English	12:34 AM 02:33 AM 04:33 AM 06:32 AM 08:31 AM 10:30 AM 12:30 PM 02:29 PM 04:28 PM 06:28 PM 08:27 PM 10:26 PM



Storytelling/ Value Education	आओ कहानी लिखना सीखें	हिंदी	12:40 AM 02:39 AM 04:39 AM 06:38 AM 08:37 AM 10:37 AM 12:36 PM 02:35 PM 04:34 PM 06:34 PM 08:33 PM 10:32 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	01:10 AM 03:09 AM 05:08 AM 07:07 AM 09:07 AM 11:06 AM 01:05 PM 03:04 PM 05:04 PM 07:03 PM 09:02 PM 11:01 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:39 AM 03:38 AM 05:38 AM 07:37 AM 09:36 AM 11:35 AM 01:35 PM 03:34 PM 05:33 PM 07:32 PM 09:32 PM 11:31 PM
बृहस्पतिवार, 25 जून 2026 Thursday, 25 June 2026			
English	Class 07_ENG_Unit 3.1-My Brother's Great Invention	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Science	NCERT Textbook_Science_Curi osity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:18 AM 02:18 AM 04:18 AM 06:19 AM 08:19 AM 10:19 AM 12:19 PM 02:19 PM 04:19 PM 06:19 PM 08:19 PM 10:19 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	12:23 AM 02:23 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:23 PM 02:23 PM 04:24 PM 06:24 PM 08:24 PM 10:24 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खिलौने बनाएं	हिंदी	01:10 AM 03:10 AM 05:10 AM 07:10 AM 09:10 AM 11:10 AM 01:10 PM 03:10 PM 05:10 PM 07:10 PM 09:10 PM 11:10 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:25 AM 03:26 AM 05:26 AM 07:26 AM 09:26 AM 11:26 AM 01:26 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM



शुक्रवार, 26 जून 2026
Friday, 26 June 2026

हिंदी	Class 7_Hindi_CH05_Nahi Hona Bimar	हिंदी	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:09 PM
General Awareness	Why Seasons Happen?	English	12:14 AM 02:15 AM 04:16 AM 06:17 AM 08:17 AM 10:18 AM 12:19 PM 02:20 PM 04:21 PM 06:22 PM 08:22 PM 10:23 PM
Social science	NCERT Textbook, social science,exploring society india and beyond part-2, Grade-7, From the Rulers to the Ruled: Types of Governments	English	12:17 AM 02:18 AM 04:19 AM 06:20 AM 08:21 AM 10:22 AM 12:22 PM 02:23 PM 04:24 PM 06:25 PM 08:26 PM 10:27 PM
General	THE BHARATIYA NYAYA SANHITA Part - 2	Hindi	12:28 AM 02:29 AM 04:30 AM 06:31 AM 08:32 AM 10:33 AM 12:33 PM 02:34 PM 04:35 PM 06:36 PM 08:37 PM 10:38 PM
Maths	Chapter5_Parallel and intersecting lines_Part2	English	12:41 AM 02:42 AM 04:43 AM 06:44 AM 08:45 AM 10:46 AM 12:46 PM 02:47 PM 04:48 PM 06:49 PM 08:50 PM 10:51 PM
General Awareness	Focused on exploring three R's	English	12:47 AM 02:48 AM 04:49 AM 06:49 AM 08:50 AM 10:51 AM 12:52 PM 02:53 PM 04:54 PM 06:54 PM 08:55 PM 10:56 PM
General English	General English, Episode 10 Agreeing 2	English	01:19 AM 03:20 AM 05:21 AM 07:22 AM 09:23 AM 11:24 AM 01:24 PM 03:25 PM 05:26 PM 07:27 PM 09:28 PM 11:29 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	01:36 AM 03:37 AM 05:38 AM 07:38 AM 09:39 AM 11:40 AM 01:41 PM 03:42 PM 05:43 PM 07:43 PM 09:44 PM 11:45 PM



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शनिवार, 27 जून 2026

Saturday, 27 June 2026

संस्कृत	Class 7_संस्कृत_CH04_न लभ्यते चेत् आम्लं द्राक्षाफलम्	संस्कृत	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
Vocational	The evolution of communication	English	12:10 AM 02:10 AM 04:10 AM 06:10 AM 08:10 AM 10:11 AM 12:11 PM 02:11 PM 04:11 PM 06:11 PM 08:12 PM 10:12 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-2, Chapter 2_understanding the weather	English	12:14 AM 02:14 AM 04:14 AM 06:14 AM 08:14 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:16 PM 10:16 PM
Science	NCERT Textbook_Science_Curiosity_GRADE 7_exploring substances-acid,base and neutral_English	English	12:27 AM 02:28 AM 04:28 AM 06:28 AM 08:28 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:29 PM 08:30 PM 10:30 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:32 AM 02:32 AM 04:33 AM 06:33 AM 08:33 AM 10:33 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:35 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:57 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:59 PM 08:59 PM 10:59 PM
General English	General English, Episode 9 Agreeing 1	English	01:47 AM 03:47 AM 05:48 AM 07:48 AM 09:48 AM 11:48 AM 01:48 PM 03:49 PM 05:49 PM 07:49 PM 09:49 PM 11:50 PM



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रविवार, 28 जून 2026

Sunday, 28 June 2026

Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:02 PM 08:02 PM 10:02 PM
General Awareness	e-waste management Block-3	English	01:41 AM 03:41 AM 05:42 AM 07:42 AM 09:42 AM 11:42 AM 01:43 PM 03:43 PM 05:43 PM 07:43 PM 09:44 PM 11:44 PM

सोमवार, 29 जून 2026

Monday, 29 June 2026

English	Class 07_ENG_Unit 3.1_My Brother's Great Invention	English	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:56 AM 11:55 AM 01:54 PM 03:53 PM 05:52 PM 07:52 PM 09:51 PM 11:50 PM
General Awareness	Why Seasons Happen?	English	12:16 AM 02:16 AM 04:15 AM 06:14 AM 08:13 AM 10:12 AM 12:12 PM 02:11 PM 04:10 PM 06:09 PM 08:08 PM 10:08 PM
Maths	Chapter5_Parallel and intersecting lines_Part2	English	12:20 AM 02:19 AM 04:18 AM 06:17 AM 08:16 AM 10:16 AM 12:15 PM 02:14 PM 04:13 PM 06:13 PM 08:12 PM 10:11 PM
General Awareness	Focused on waste segregation into dry and wet garbage	English	12:25 AM 02:24 AM 04:23 AM 06:23 AM 08:22 AM 10:21 AM 12:20 PM 02:20 PM 04:19 PM 06:18 PM 08:17 PM 10:16 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	12:49 AM 02:48 AM 04:47 AM 06:47 AM 08:46 AM 10:45 AM 12:44 PM 02:44 PM 04:43 PM 06:42 PM 08:41 PM 10:40 PM
General	THE BHARATIYA NYAYA SANHITA Part - 1	Hindi	01:09 AM 03:08 AM 05:07 AM 07:06 AM 09:06 AM 11:05 AM 01:04 PM 03:03 PM 05:02 PM 07:02 PM 09:01 PM 11:00 PM
Storytelling/ Value Education	आओ कहानी लिखना सीखें	हिंदी	01:23 AM 03:22 AM 05:21 AM 07:20 AM 09:19 AM 11:19 AM 01:18 PM 03:17 PM 05:16 PM 07:16 PM 09:15 PM 11:14 PM



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General Awareness	Safe Use of Internet_Gadgets and Media	English	01:53 AM 03:52 AM 05:51 AM 07:50 AM 09:50 AM 11:49 AM 01:48 PM 03:47 PM 05:46 PM 07:46 PM 09:45 PM 11:44 PM
मंगलवार, 30 जून 2026 Tuesday, 30 June 2026			
हिंदी	Class 7_Hindi_CH05_Nahi Hona Bimar	हिंदी	12:00 AM 01:59 AM 03:58 AM 05:57 AM 07:56 AM 09:55 AM 11:54 AM 01:53 PM 03:52 PM 05:51 PM 07:50 PM 09:49 PM 11:48 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	12:17 AM 02:16 AM 04:15 AM 06:14 AM 08:13 AM 10:12 AM 12:11 PM 02:10 PM 04:09 PM 06:08 PM 08:07 PM 10:06 PM
Social science	NCERT Textbook_Social Science_Grade 7_ exploring society india and beyond Part-2, Chapter 2_understanding the weather	English	12:25 AM 02:24 AM 04:23 AM 06:22 AM 08:21 AM 10:20 AM 12:19 PM 02:18 PM 04:17 PM 06:16 PM 08:15 PM 10:14 PM
Science	NCERT Textbook_Science_Curiosity_GRADE 7_exploring substances-acid,base and neutral_English	English	01:07 AM 03:06 AM 05:05 AM 07:04 AM 09:03 AM 11:02 AM 01:01 PM 03:00 PM 04:59 PM 06:58 PM 08:57 PM 10:56 PM
General Awareness	Why Seasons Happen?	English	01:13 AM 03:12 AM 05:11 AM 07:10 AM 09:09 AM 11:08 AM 01:07 PM 03:06 PM 05:05 PM 07:04 PM 09:03 PM 11:02 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:24 AM 03:23 AM 05:22 AM 07:22 AM 09:21 AM 11:20 AM 01:19 PM 03:18 PM 05:17 PM 07:16 PM 09:15 PM 11:14 PM



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