

## कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

### कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ اردو (उर्दू)	इतिहास	हिन्दी	संस्कृत/ اردو (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

**कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class - 8**

**मार्च 2025**  
**March 2025**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
<b>शनिवार, 01 मार्च 2025</b> <b>Saturday, 01 March 2025</b>			
गणित	पाठ-15: ठोस आकारों का चित्रण	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:02 PM    06:03 PM    08:03 PM    10:04 PM
संस्कृत	पाठ-1: सुभाषित -I	संस्कृत	12:29 AM    02:29 AM    04:29 AM    06:30 AM    08:30 AM    10:30 AM    12:31 PM    02:31 PM    04:31 PM    06:32 PM    08:32 PM    10:33 PM
Geography	Ch-9: Life in the desert	English	01:00 AM    03:01 AM    05:01 AM    07:02 AM    09:02 AM    11:02 AM    01:03 PM    03:03 PM    05:03 PM    07:04 PM    09:04 PM    11:05 PM
Science	Ch-18: Waste Water Story	English	01:28 AM    03:28 AM    05:28 AM    07:29 AM    09:29 AM    11:30 AM    01:30 PM    03:30 PM    05:31 PM    07:31 PM    09:31 PM    11:32 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:44 AM    03:44 AM    05:44 AM    07:45 AM    09:45 AM    11:46 AM    01:46 PM    03:46 PM    05:47 PM    07:47 PM    09:47 PM    11:48 PM
Vocational	Blanket Stitch	English	01:47 AM    03:48 AM    05:48 AM    07:49 AM    09:49 AM    11:49 AM    01:50 PM    03:50 PM    05:50 PM    07:51 PM    09:51 PM    11:52 PM



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**रविवार, 02 मार्च 2025**
**Sunday, 02 March 2025**

शारीरिक शिक्षा	सर्वागासन	हिंदी	12:00 AM    01:49 AM    03:38 AM    05:28 AM    07:17 AM    09:07 AM    10:56 AM    12:46 PM    02:35 PM    04:25 PM    06:14 PM    08:04 PM    09:53 PM    11:43 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:24 AM    02:13 AM    04:03 AM    05:52 AM    07:41 AM    09:31 AM    11:20 AM    01:10 PM    02:59 PM    04:49 PM    06:38 PM    08:28 PM    10:17 PM
Maths/Science Activity	Maths activity-1: To explore the cubic algebraic activity	English	01:00 AM    02:50 AM    04:39 AM    06:29 AM    08:18 AM    10:08 AM    11:57 AM    01:47 PM    03:36 PM    05:26 PM    07:15 PM    09:04 PM    10:54 PM
History	Ch-10: Eighteenth century political formations	English	01:16 AM    03:06 AM    04:55 AM    06:44 AM    08:34 AM    10:23 AM    12:13 PM    02:02 PM    03:52 PM    05:41 PM    07:31 PM    09:20 PM    11:10 PM
Vocational	Electricity and its importance	English	01:44 AM    03:33 AM    05:23 AM    07:12 AM    09:02 AM    10:51 AM    12:41 PM    02:30 PM    04:19 PM    06:09 PM    07:58 PM    09:48 PM    11:37 PM

**सोमवार, 03 मार्च 2025**
**Monday, 03 March 2025**

विज्ञान	पाठ-18: अपशिष्ट जल की कहानी	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:59 PM    07:59 PM    09:59 PM    11:59 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:29 AM    02:29 AM    04:29 AM    06:29 AM    08:29 AM    10:29 AM    12:29 PM    02:29 PM    04:29 PM    06:29 PM    08:29 PM    10:29 PM



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English	Ch-2: English Language Classroom, Grammar in Context, Time and Tense Part - 9	English	01:05 AM    03:05 AM    05:05 AM    07:05 AM    09:05 AM    11:05 AM    01:05 PM    03:05 PM    05:05 PM    07:05 PM    09:05 PM    11:05 PM
Mathematics	Ch-15: Visualising solid shape	English	01:31 AM    03:31 AM    05:31 AM    07:31 AM    09:30 AM    11:30 AM    01:30 PM    03:30 PM    05:30 PM    07:30 PM    09:30 PM    11:30 PM
Vocational	Fishbone Stitch	English	01:52 AM    03:52 AM    05:52 AM    07:52 AM    09:52 AM    11:52 AM    01:52 PM    03:52 PM    05:52 PM    07:52 PM    09:52 PM    11:52 PM

मंगलवार, 04 मार्च 2025  
Tuesday, 04 March 2025

गणित	पाठ-14: सममिति	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:02 AM    12:02 PM    02:03 PM    04:03 PM    06:04 PM    08:04 PM    10:05 PM
हिन्दी	दूर्वा-२, पाठ-18: हम होंगे कामयाब एक दिन	हिंदी	12:46 AM    02:46 AM    04:47 AM    06:47 AM    08:48 AM    10:48 AM    12:49 PM    02:49 PM    04:50 PM    06:50 PM    08:51 PM    10:51 PM
Geography	Ch-9: Life in the desert	English	12:57 AM    02:57 AM    04:58 AM    06:58 AM    08:59 AM    10:59 AM    01:00 PM    03:00 PM    05:01 PM    07:01 PM    09:02 PM    11:02 PM
Science	Ch-17: Forests, Our lifeline Part-2	English	01:21 AM    03:22 AM    05:22 AM    07:23 AM    09:23 AM    11:24 AM    01:24 PM    03:25 PM    05:25 PM    07:26 PM    09:26 PM    11:27 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:34 AM    03:34 AM    05:35 AM    07:35 AM    09:36 AM    11:36 AM    01:37 PM    03:37 PM    05:38 PM    07:38 PM    09:39 PM    11:39 PM



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बुधवार, 05 मार्च 2025

Wednesday, 05 March 2025

विज्ञान	पाठ-17: वन हमारी जीवन रेखा	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:58 AM    07:58 AM    09:58 AM    11:57 AM    01:57 PM    03:57 PM    05:56 PM    07:56 PM    09:56 PM    11:55 PM
संस्कृत	पाठ-1: सुभाषित -II	संस्कृत	12:24 AM    02:24 AM    04:23 AM    06:23 AM    08:23 AM    10:22 AM    12:22 PM    02:22 PM    04:21 PM    06:21 PM    08:20 PM    10:20 PM
History	Ch-10: Eighteenth century political formations	English	12:59 AM    02:59 AM    04:58 AM    06:58 AM    08:58 AM    10:57 AM    12:57 PM    02:56 PM    04:56 PM    06:56 PM    08:55 PM    10:55 PM
Mathematics	Ch-14: Symmetry	English	01:26 AM    03:26 AM    05:26 AM    07:25 AM    09:25 AM    11:25 AM    01:24 PM    03:24 PM    05:24 PM    07:23 PM    09:23 PM    11:23 PM
Vocational	Electricity and its importance	English	01:49 AM    03:48 AM    05:48 AM    07:48 AM    09:47 AM    11:47 AM    01:46 PM    03:46 PM    05:46 PM    07:45 PM    09:45 PM    11:45 PM

बृहस्पतिवार, 06 मार्च 2025

Thursday, 06 March 2025

गणित	पाठ-13: घातांक और घात भाग-1	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:59 PM    07:59 PM    09:59 PM    11:59 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:26 AM    02:26 AM    04:26 AM    06:26 AM    08:26 AM    10:26 AM    12:26 PM    02:26 PM    04:26 PM    06:26 PM    08:26 PM    10:26 PM
English	Ch-9: Garden snake	English	01:07 AM    03:07 AM    05:07 AM    07:07 AM    09:07 AM    11:07 AM    01:06 PM    03:06 PM    05:06 PM    07:06 PM    09:06 PM    11:06 PM



Science	Ch-15: Light	English	01:17 AM    03:17 AM    05:17 AM    07:17 AM    09:17 AM    11:17 AM    01:17 PM    03:17 PM    05:17 PM    07:17 PM    09:17 PM    11:17 PM
Vocational	Personal hygiene and Health	English	01:45 AM    03:45 AM    05:45 AM    07:45 AM    09:45 AM    11:45 AM    01:45 PM    03:45 PM    05:45 PM    07:45 PM    09:45 PM    11:45 PM

शुक्रवार, 07 मार्च 2025  
Friday, 07 March 2025

विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:04 PM    02:05 PM    04:06 PM    06:07 PM    08:08 PM    10:08 PM
हिन्दी	पाठ-19: वसंत-२: आश्रम का अनुमानित व्यय	हिंदी	12:25 AM    02:26 AM    04:26 AM    06:27 AM    08:28 AM    10:29 AM    12:30 PM    02:30 PM    04:31 PM    06:32 PM    08:33 PM    10:34 PM
Political science	Ch-8: A shirt in the market	English	12:52 AM    02:53 AM    04:53 AM    06:54 AM    08:55 AM    10:56 AM    12:57 PM    02:58 PM    04:58 PM    06:59 PM    09:00 PM    11:01 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:06 AM    03:07 AM    05:08 AM    07:09 AM    09:09 AM    11:10 AM    01:11 PM    03:12 PM    05:13 PM    07:14 PM    09:14 PM    11:15 PM
Mathematics	Ch-13: Exponents and powers part-1	English	01:10 AM    03:11 AM    05:12 AM    07:12 AM    09:13 AM    11:14 AM    01:15 PM    03:16 PM    05:17 PM    07:17 PM    09:18 PM    11:19 PM
Vocational	Blanket Stitch	English	01:48 AM    03:49 AM    05:50 AM    07:50 AM    09:51 AM    11:52 AM    01:53 PM    03:54 PM    05:54 PM    07:55 PM    09:56 PM    11:57 PM



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शनिवार, 08 मार्च 2025

Saturday, 08 March 2025

गणित	पाठ-13: घातांक और घात भाग-2	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:03 AM    12:04 PM    02:05 PM    04:06 PM    06:06 PM    08:07 PM    10:08 PM
संस्कृत	बुद्धि बलवती	हिंदी	12:44 AM    02:44 AM    04:45 AM    06:46 AM    08:47 AM    10:47 AM    12:48 PM    02:49 PM    04:50 PM    06:50 PM    08:51 PM    10:52 PM
Geography	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	12:57 AM    02:57 AM    04:58 AM    06:59 AM    09:00 AM    11:00 AM    01:01 PM    03:02 PM    05:03 PM    07:03 PM    09:04 PM    11:05 PM
Science	Ch-14: Electric Current and Its Effects	English	01:19 AM    03:20 AM    05:21 AM    07:21 AM    09:22 AM    11:23 AM    01:24 PM    03:24 PM    05:25 PM    07:26 PM    09:27 PM    11:27 PM
Vocational	Personal hygiene and Health	English	01:44 AM    03:44 AM    05:45 AM    07:46 AM    09:47 AM    11:47 AM    01:48 PM    03:49 PM    05:50 PM    07:50 PM    09:51 PM    11:52 PM

रविवार, 09 मार्च 2025

Sunday, 09 March 2025

शारीरिक शिक्षा	गोमुखासन	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:58 AM    07:58 AM    09:57 AM    11:57 AM    01:56 PM    03:56 PM    05:55 PM    07:55 PM    09:54 PM    11:54 PM
राजनीति विज्ञान	पाठ-7: हमारे आस-पास के बाज़ार	हिंदी	12:29 AM    02:28 AM    04:28 AM    06:27 AM    08:27 AM    10:26 AM    12:26 PM    02:25 PM    04:25 PM    06:24 PM    08:24 PM    10:23 PM
Maths/Science Activity	Maths activity-1: To explore the cubic algebraic activity	English	01:08 AM    03:07 AM    05:07 AM    07:06 AM    09:06 AM    11:05 AM    01:05 PM    03:04 PM    05:04 PM    07:03 PM    09:03 PM    11:02 PM



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History	Ch-9: The Making of regional cultures	English	01:19 AM    03:18 AM    05:18 AM    07:17 AM    09:17 AM    11:16 AM    01:16 PM    03:15 PM    05:15 PM    07:14 PM    09:14 PM    11:13 PM
Vocational	Seed Germination	English	01:47 AM    03:46 AM    05:46 AM    07:45 AM    09:45 AM    11:44 AM    01:44 PM    03:43 PM    05:43 PM    07:42 PM    09:42 PM    11:41 PM
<b>सोमवार, 10 मार्च 2025</b> <b>Monday, 10 March 2025</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:03 PM    06:03 PM    08:03 PM    10:04 PM
भूगोल	पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश	हिंदी	12:23 AM    02:23 AM    04:23 AM    06:24 AM    08:24 AM    10:24 AM    12:25 PM    02:25 PM    04:26 PM    06:26 PM    08:26 PM    10:27 PM
English	Ch-2: English Language Classroom Grammar in Context Time and Tense Part - 8	English	12:52 AM    02:52 AM    04:52 AM    06:53 AM    08:53 AM    10:53 AM    12:54 PM    02:54 PM    04:55 PM    06:55 PM    08:55 PM    10:56 PM
Mathematics	Ch-13: Exponents and powers part-2	English	01:26 AM    03:26 AM    05:27 AM    07:27 AM    09:27 AM    11:28 AM    01:28 PM    03:29 PM    05:29 PM    07:29 PM    09:30 PM    11:30 PM
Vocational	Design and Tracing Methods	English	01:56 AM    03:57 AM    05:57 AM    07:58 AM    09:58 AM    11:58 AM    01:59 PM    03:59 PM    05:59 PM    08:00 PM    10:00 PM
<b>मंगलवार, 11 मार्च 2025</b> <b>Tuesday, 11 March 2025</b>			
गणित	पाठ-12: बीजीय व्यंजक	हिंदी	12:00 AM    01:59 AM    03:58 AM    05:57 AM    07:56 AM    09:56 AM    11:55 AM    01:54 PM    03:53 PM    05:52 PM    07:52 PM    09:51 PM    11:50 PM





हिन्दी	दूरवा-२, पाठ-17: मौत का पहाड़	हिंदी	12:37 AM    02:36 AM    04:36 AM    06:35 AM    08:34 AM    10:33 AM    12:32 PM    02:32 PM    04:31 PM    06:30 PM    08:29 PM    10:29 PM
Geography	Ch-5: Water	English	01:04 AM    03:04 AM    05:03 AM    07:02 AM    09:01 AM    11:01 AM    01:00 PM    02:59 PM    04:58 PM    06:57 PM    08:57 PM    10:56 PM
Science	Ch-13: Motion and Time	English	01:25 AM    03:24 AM    05:24 AM    07:23 AM    09:22 AM    11:21 AM    01:21 PM    03:20 PM    05:19 PM    07:18 PM    09:17 PM    11:17 PM
Vocational	Electricity and its importance	English	01:50 AM    03:49 AM    05:49 AM    07:48 AM    09:47 AM    11:46 AM    01:46 PM    03:45 PM    05:44 PM    07:43 PM    09:42 PM    11:42 PM

बुधवार, 12 मार्च 2025

Wednesday, 12 March 2025

विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:58 PM    07:58 PM    09:58 PM    11:58 PM
संस्कृत	बुद्धिर्यस्य बलमतस्य	हिंदी	12:35 AM    02:35 AM    04:35 AM    06:34 AM    08:34 AM    10:34 AM    12:34 PM    02:34 PM    04:34 PM    06:34 PM    08:34 PM    10:34 PM
History	Ch-8: Devotional paths to divine-let us check what we remember	English	12:48 AM    02:48 AM    04:48 AM    06:48 AM    08:48 AM    10:48 AM    12:48 PM    02:47 PM    04:47 PM    06:47 PM    08:47 PM    10:47 PM
Mathematics	Ch-12: Algebraic Expression	English	01:11 AM    03:11 AM    05:11 AM    07:11 AM    09:11 AM    11:11 AM    01:11 PM    03:11 PM    05:10 PM    07:10 PM    09:10 PM    11:10 PM
Vocational	Blanket Stitch	English	01:47 AM    03:47 AM    05:47 AM    07:47 AM    09:47 AM    11:46 AM    01:46 PM    03:46 PM    05:46 PM    07:46 PM    09:46 PM    11:46 PM



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**बृहस्पतिवार, 13 मार्च 2025**
**Thursday, 13 March 2025**

गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:03 PM    04:04 PM    06:04 PM    08:05 PM    10:05 PM
इतिहास	पाठ-9: क्षेत्रीय संस्कृतियों का निर्माण	हिंदी	12:32 AM    02:32 AM    04:33 AM    06:33 AM    08:34 AM    10:34 AM    12:35 PM    02:35 PM    04:36 PM    06:36 PM    08:37 PM    10:37 PM
English	Ch-7: The invention of vita-wonk, Dad & the Cat & the tree	English	12:58 AM    02:59 AM    04:59 AM    07:00 AM    09:00 AM    11:01 AM    01:01 PM    03:02 PM    05:02 PM    07:03 PM    09:03 PM    11:04 PM
Science	Ch-12: Reproduction in plants	English	01:24 AM    03:25 AM    05:25 AM    07:26 AM    09:26 AM    11:27 AM    01:27 PM    03:28 PM    05:28 PM    07:29 PM    09:29 PM    11:30 PM
Vocational	Feather Stitch	English	01:53 AM    03:54 AM    05:54 AM    07:55 AM    09:55 AM    11:56 AM    01:56 PM    03:57 PM    05:57 PM    07:58 PM    09:58 PM    11:59 PM

**शुक्रवार, 14 मार्च 2025**
**Friday, 14 March 2025**

विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:58 AM    07:58 AM    09:58 AM    11:57 AM    01:57 PM    03:57 PM    05:56 PM    07:56 PM    09:55 PM    11:55 PM
हिन्दी	पाठ-18: वसंत-२: संघर्ष के कारण तुनुकमिजाज हो गया	हिंदी	12:26 AM    02:26 AM    04:25 AM    06:25 AM    08:25 AM    10:24 AM    12:24 PM    02:24 PM    04:23 PM    06:23 PM    08:22 PM    10:22 PM
Political science	Ch-7: Markets around us	English	12:54 AM    02:53 AM    04:53 AM    06:53 AM    08:52 AM    10:52 AM    12:52 PM    02:51 PM    04:51 PM    06:51 PM    08:50 PM    10:50 PM



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Mathematics	Ch-11: Perimeter and area, Part-1	English	01:10 AM    03:10 AM    05:09 AM    07:09 AM    09:08 AM    11:08 AM    01:08 PM    03:07 PM    05:07 PM    07:07 PM    09:06 PM    11:06 PM
Vocational	Hand Embroidery Part B	English	01:41 AM    03:41 AM    05:40 AM    07:40 AM    09:39 AM    11:39 AM    01:39 PM    03:38 PM    05:38 PM    07:38 PM    09:37 PM    11:37 PM

शनिवार, 15 मार्च 2025  
Saturday, 15 March 2025

गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:05 PM    02:05 PM    04:06 PM    06:07 PM    08:08 PM    10:09 PM
संस्कृत	भूपति मयादस	हिंदी	12:40 AM    02:41 AM    04:42 AM    06:43 AM    08:43 AM    10:44 AM    12:45 PM    02:46 PM    04:47 PM    06:48 PM    08:49 PM    10:49 PM
Geography	Ch-4: Air	English	01:03 AM    03:04 AM    05:05 AM    07:06 AM    09:07 AM    11:07 AM    01:08 PM    03:09 PM    05:10 PM    07:11 PM    09:12 PM    11:13 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:23 AM    03:24 AM    05:25 AM    07:25 AM    09:26 AM    11:27 AM    01:28 PM    03:29 PM    05:30 PM    07:30 PM    09:31 PM    11:32 PM
Vocational	Personal hygiene and Health	English	01:46 AM    03:47 AM    05:47 AM    07:48 AM    09:49 AM    11:50 AM    01:51 PM    03:52 PM    05:53 PM    07:53 PM    09:54 PM    11:55 PM

रविवार, 16 मार्च 2025  
Sunday, 16 March 2025

शारीरिक शिक्षा	धनुरासन	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:01 AM    12:02 PM    02:02 PM    04:02 PM    06:03 PM    08:03 PM    10:03 PM
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राजनीति विज्ञान	पाठ-6: संचार माध्यमों को समझना	हिंदी	12:30 AM    02:31 AM    04:31 AM    06:32 AM    08:32 AM    10:32 AM    12:33 PM    02:33 PM    04:33 PM    06:34 PM    08:34 PM    10:34 PM
Maths/Science Activity	Maths activity-1: To explore the cubic algebraic activity	English	12:56 AM    02:56 AM    04:56 AM    06:57 AM    08:57 AM    10:57 AM    12:58 PM    02:58 PM    04:58 PM    06:59 PM    08:59 PM    10:59 PM
History	Ch-7: Tribes, nomads and settled communities	English	01:09 AM    03:10 AM    05:10 AM    07:10 AM    09:11 AM    11:11 AM    01:12 PM    03:12 PM    05:12 PM    07:13 PM    09:13 PM    11:13 PM
Vocational	Tools And Materials	English	01:36 AM    03:37 AM    05:37 AM    07:37 AM    09:38 AM    11:38 AM    01:39 PM    03:39 PM    05:39 PM    07:40 PM    09:40 PM    11:40 PM

सोमवार, 17 मार्च 2025  
Monday, 17 March 2025

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:01 AM    12:01 PM    02:01 PM    04:01 PM    06:01 PM    08:02 PM    10:02 PM
भूगोल	पाठ-5: जल	हिंदी	12:20 AM    02:20 AM    04:21 AM    06:21 AM    08:21 AM    10:21 AM    12:21 PM    02:22 PM    04:22 PM    06:22 PM    08:22 PM    10:22 PM
English	Ch-2: English Language Classroom Grammar in Context Time and Tense Part - 7	English	12:54 AM    02:54 AM    04:54 AM    06:55 AM    08:55 AM    10:55 AM    12:55 PM    02:55 PM    04:56 PM    06:56 PM    08:56 PM    10:56 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:27 AM    03:27 AM    05:27 AM    07:27 AM    09:28 AM    11:28 AM    01:28 PM    03:28 PM    05:28 PM    07:29 PM    09:29 PM    11:29 PM
Vocational	The evolution of communication	English	01:52 AM    03:52 AM    05:53 AM    07:53 AM    09:53 AM    11:53 AM    01:53 PM    03:54 PM    05:54 PM    07:54 PM    09:54 PM    11:54 PM



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मंगलवार, 18 मार्च 2025  
Tuesday, 18 March 2025

गणित	पाठ-10: प्रायोगिक ज्यामिति	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:01 AM    08:02 AM    10:02 AM    12:03 PM    02:04 PM    04:04 PM    06:05 PM    08:05 PM    10:06 PM
हिन्दी	दूर्वा-२, पाठ-16: मिट्टी की मूर्तियाँ	हिंदी	12:27 AM    02:27 AM    04:28 AM    06:28 AM    08:29 AM    10:30 AM    12:30 PM    02:31 PM    04:31 PM    06:32 PM    08:33 PM    10:33 PM
Geography	Ch-3: Our Changing Earth	English	12:56 AM    02:56 AM    04:57 AM    06:58 AM    08:58 AM    10:59 AM    12:59 PM    03:00 PM    05:00 PM    07:01 PM    09:02 PM    11:02 PM
Science	Ch-10: Respiration In Organisms	English	01:17 AM    03:18 AM    05:18 AM    07:19 AM    09:19 AM    11:20 AM    01:21 PM    03:21 PM    05:22 PM    07:22 PM    09:23 PM    11:24 PM
Vocational	Electricity and its importance	English	01:47 AM    03:48 AM    05:49 AM    07:49 AM    09:50 AM    11:50 AM    01:51 PM    03:52 PM    05:52 PM    07:53 PM    09:53 PM    11:54 PM

बुधवार, 19 मार्च 2025  
Wednesday, 19 March 2025

विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM    01:59 AM    03:58 AM    05:58 AM    07:57 AM    09:56 AM    11:56 AM    01:55 PM    03:54 PM    05:54 PM    07:53 PM    09:52 PM    11:52 PM
संस्कृत	चतुर बानर	हिंदी	12:25 AM    02:24 AM    04:24 AM    06:23 AM    08:22 AM    10:22 AM    12:21 PM    02:20 PM    04:20 PM    06:19 PM    08:18 PM    10:18 PM
History	Ch-4: The Mughal Empire	English	12:34 AM    02:34 AM    04:33 AM    06:33 AM    08:32 AM    10:31 AM    12:31 PM    02:30 PM    04:29 PM    06:29 PM    08:28 PM    10:27 PM



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Mathematics	Ch-10: Practical geometry	English	01:14 AM    03:14 AM    05:13 AM    07:12 AM    09:12 AM    11:11 AM    01:11 PM    03:10 PM    05:09 PM    07:09 PM    09:08 PM    11:07 PM
Vocational	Electricity and its importance	English	01:45 AM    03:44 AM    05:44 AM    07:43 AM    09:42 AM    11:42 AM    01:41 PM    03:41 PM    05:40 PM    07:39 PM    09:39 PM    11:38 PM

बृहस्पतिवार, 20 मार्च 2025  
Thursday, 20 March 2025

गणित	पाठ-9: परिमेय संख्याएँ	हिंदी	12:10 AM    02:10 AM    04:09 AM    06:09 AM    08:08 AM    10:08 AM    12:07 PM    02:07 PM    04:07 PM    06:06 PM    08:06 PM    10:05 PM
इतिहास	पाठ-8: ईश्वर से अनुराग	हिंदी	12:43 AM    02:42 AM    04:42 AM    06:42 AM    08:41 AM    10:41 AM    12:40 PM    02:40 PM    04:39 PM    06:39 PM    08:38 PM    10:38 PM
English	Ch-6: Expert detectives Part-1	English	01:15 AM    03:15 AM    05:14 AM    07:14 AM    09:13 AM    11:13 AM    01:12 PM    03:12 PM    05:11 PM    07:11 PM    09:11 PM    11:10 PM
Science	Ch-09: Soil	English	01:35 AM    03:35 AM    05:34 AM    07:34 AM    09:33 AM    11:33 AM    01:33 PM    03:32 PM    05:32 PM    07:31 PM    09:31 PM    11:30 PM
Vocational	Finishing and costing of embroidered Products	English	01:41 AM    03:40 AM    05:40 AM    07:40 AM    09:39 AM    11:39 AM    01:38 PM    03:38 PM    05:37 PM    07:37 PM    09:36 PM    11:36 PM

शुक्रवार, 21 मार्च 2025  
Friday, 21 March 2025

विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:08 AM    02:08 AM    04:08 AM    06:08 AM    08:08 AM    10:09 AM    12:09 PM    02:09 PM    04:09 PM    06:09 PM    08:09 PM    10:09 PM
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हिन्दी	पाठ-17: वसंत-२: वीर कुँवर सिंह	हिंदी	12:20 AM    02:20 AM    04:20 AM    06:20 AM    08:20 AM    10:20 AM    12:21 PM    02:21 PM    04:21 PM    06:21 PM    08:21 PM    10:21 PM
Political science	Ch-6: Understanding media	English	12:44 AM    02:44 AM    04:44 AM    06:44 AM    08:44 AM    10:44 AM    12:44 PM    02:45 PM    04:45 PM    06:45 PM    08:45 PM    10:45 PM
Mathematics	Ch-9: Rational numbers	English	01:11 AM    03:11 AM    05:11 AM    07:12 AM    09:12 AM    11:12 AM    01:12 PM    03:12 PM    05:12 PM    07:12 PM    09:13 PM    11:13 PM
Vocational	Electricity and its importance	English	01:47 AM    03:47 AM    05:47 AM    07:47 AM    09:48 AM    11:48 AM    01:48 PM    03:48 PM    05:48 PM    07:48 PM    09:49 PM    11:49 PM

शनिवार, 22 मार्च 2025  
Saturday, 22 March 2025

गणित	पाठ-8: राशियों की तुलना	हिंदी	12:00 AM    02:00 AM    04:01 AM    06:02 AM    08:03 AM    10:04 AM    12:05 PM    02:06 PM    04:07 PM    06:08 PM    08:09 PM    10:10 PM
संस्कृत	सम्बन्धो ही दुर्जयः	हिंदी	12:45 AM    02:46 AM    04:47 AM    06:48 AM    08:49 AM    10:50 AM    12:50 PM    02:51 PM    04:52 PM    06:53 PM    08:54 PM    10:55 PM
Geography	Ch-2: Inside our Earth	English	01:00 AM    03:01 AM    05:02 AM    07:03 AM    09:04 AM    11:05 AM    01:06 PM    03:07 PM    05:08 PM    07:09 PM    09:10 PM    11:10 PM
Science	Ch-6: Physical Changes	English	01:25 AM    03:25 AM    05:26 AM    07:27 AM    09:28 AM    11:29 AM    01:30 PM    03:31 PM    05:32 PM    07:33 PM    09:34 PM    11:35 PM
Vocational	Seed Germination	English	01:49 AM    03:50 AM    05:51 AM    07:52 AM    09:53 AM    11:54 AM    01:55 PM    03:56 PM    05:57 PM    07:58 PM    09:59 PM



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**रविवार, 23 मार्च 2025**
**Sunday, 23 March 2025**

शारीरिक शिक्षा	त्रिकोणासन	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:00 PM    04:01 PM    06:01 PM    08:01 PM    10:01 PM
राजनीति विज्ञान	पाठ-5: औरतों ने बदली दुनिया	हिंदी	12:34 AM    02:34 AM    04:34 AM    06:34 AM    08:34 AM    10:34 AM    12:34 PM    02:34 PM    04:35 PM    06:35 PM    08:35 PM    10:35 PM
Maths/Science Activity	Maths activity-1: To explore the cubic algebraic activity	English	01:08 AM    03:08 AM    05:08 AM    07:08 AM    09:08 AM    11:08 AM    01:09 PM    03:09 PM    05:09 PM    07:09 PM    09:09 PM    11:09 PM
History	Ch-3: The Delhi Sultans	English	01:19 AM    03:19 AM    05:19 AM    07:19 AM    09:19 AM    11:19 AM    01:19 PM    03:19 PM    05:20 PM    07:20 PM    09:20 PM    11:20 PM
Vocational	The evolution of communication	English	01:46 AM    03:46 AM    05:46 AM    07:46 AM    09:46 AM    11:46 AM    01:46 PM    03:47 PM    05:47 PM    07:47 PM    09:47 PM    11:47 PM

**सोमवार, 24 मार्च 2025**
**Monday, 24 March 2025**

विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:01 PM    02:01 PM    04:01 PM    06:01 PM    08:01 PM    10:02 PM
भूगोल	पाठ-4: वायु	हिंदी	12:14 AM    02:14 AM    04:15 AM    06:15 AM    08:15 AM    10:15 AM    12:15 PM    02:16 PM    04:16 PM    06:16 PM    08:16 PM    10:16 PM
English	Ch-2: English Language Classroom Grammar in Context Time and Tense Part - 6	English	12:49 AM    02:49 AM    04:49 AM    06:49 AM    08:50 AM    10:50 AM    12:50 PM    02:50 PM    04:50 PM    06:50 PM    08:51 PM    10:51 PM



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Mathematics	Ch-8: Comparing quantities	English	01:13 AM    03:13 AM    05:14 AM    07:14 AM    09:14 AM    11:14 AM    01:14 PM    03:14 PM    05:15 PM    07:15 PM    09:15 PM    11:15 PM
Vocational	Electricity and its importance	English	01:47 AM    03:47 AM    05:47 AM    07:48 AM    09:48 AM    11:48 AM    01:48 PM    03:48 PM    05:49 PM    07:49 PM    09:49 PM    11:49 PM

मंगलवार, 25 मार्च 2025  
Tuesday, 25 March 2025

गणित	पाठ-7: त्रिभुजों की सर्वांगसमता भाग-1	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:58 PM    03:58 PM    05:58 PM    07:58 PM    09:58 PM    11:58 PM
हिन्दी	दूर्वा-२, पाठ-12: शहीद झलकारी बाई	हिंदी	12:32 AM    02:32 AM    04:32 AM    06:32 AM    08:31 AM    10:31 AM    12:31 PM    02:31 PM    04:31 PM    06:31 PM    08:30 PM    10:30 PM
Geography	Ch-1: Environment	English	12:50 AM    02:50 AM    04:49 AM    06:49 AM    08:49 AM    10:49 AM    12:49 PM    02:49 PM    04:48 PM    06:48 PM    08:48 PM    10:48 PM
Science	Ch-5: Acids, Bases, And Salts	English	01:16 AM    03:16 AM    05:16 AM    07:15 AM    09:15 AM    11:15 AM    01:15 PM    03:15 PM    05:15 PM    07:14 PM    09:14 PM    11:14 PM
Vocational	Seed Germination	English	01:46 AM    03:46 AM    05:46 AM    07:46 AM    09:46 AM    11:45 AM    01:45 PM    03:45 PM    05:45 PM    07:45 PM    09:45 PM    11:44 PM

बुधवार, 26 मार्च 2025  
Wednesday, 26 March 2025

विज्ञान	पाठ-5: अम्ल क्षार और लवण	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:01 AM    08:01 AM    10:02 AM    12:02 PM    02:02 PM    04:03 PM    06:03 PM    08:04 PM    10:04 PM
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संस्कृत	पुनर्मूषको भवः	हिंदी	12:36 AM    02:37 AM    04:37 AM    06:37 AM    08:38 AM    10:38 AM    12:39 PM    02:39 PM    04:39 PM    06:40 PM    08:40 PM    10:41 PM
History	Ch-2: New Kings & Kingdom	English	12:48 AM    02:49 AM    04:49 AM    06:49 AM    08:50 AM    10:50 AM    12:51 PM    02:51 PM    04:52 PM    06:52 PM    08:52 PM    10:53 PM
Mathematics	Ch-7: Congruence of triangles	English	01:14 AM    03:14 AM    05:15 AM    07:15 AM    09:16 AM    11:16 AM    01:16 PM    03:17 PM    05:17 PM    07:18 PM    09:18 PM    11:19 PM
Vocational	Seed Germination	English	01:49 AM    03:49 AM    05:50 AM    07:50 AM    09:51 AM    11:51 AM    01:51 PM    03:52 PM    05:52 PM    07:53 PM    09:53 PM    11:53 PM

बृहस्पतिवार, 27 मार्च 2025

Thursday, 27 March 2025

गणित	Ch-6: त्रिभुज और उसके गुण भाग-1	हिंदी	12:00 AM    01:59 AM    03:59 AM    05:59 AM    07:59 AM    09:59 AM    11:59 AM    01:59 PM    03:59 PM    05:59 PM    07:59 PM    09:59 PM    11:59 PM
इतिहास	पाठ-7: जनजातियां, खानाबदोश और एक जगह बसे हुए समुदाय	हिंदी	12:33 AM    02:33 AM    04:33 AM    06:33 AM    08:33 AM    10:33 AM    12:33 PM    02:33 PM    04:33 PM    06:33 PM    08:33 PM    10:33 PM
English	Ch-6: Expert detectives Part-2	English	01:00 AM    03:00 AM    05:00 AM    07:00 AM    09:00 AM    11:00 AM    01:00 PM    02:59 PM    04:59 PM    06:59 PM    08:59 PM    10:59 PM
Science	Ch-4: Heat	English	01:27 AM    03:27 AM    05:27 AM    07:27 AM    09:26 AM    11:26 AM    01:26 PM    03:26 PM    05:26 PM    07:26 PM    09:26 PM    11:26 PM
Vocational	Seed Germination	English	01:51 AM    03:51 AM    05:50 AM    07:50 AM    09:50 AM    11:50 AM    01:50 PM    03:50 PM    05:50 PM    07:50 PM    09:50 PM    11:50 PM



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शुक्रवार, 28 मार्च 2025

Friday, 28 March 2025

विज्ञान	पाठ-4: ऊष्मा	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:01 AM    10:01 AM    12:01 PM    02:01 PM    04:02 PM    06:02 PM    08:02 PM    10:03 PM
हिन्दी	पाठ-16: भोर और बरखा	हिंदी	12:21 AM    02:21 AM    04:21 AM    06:22 AM    08:22 AM    10:22 AM    12:23 PM    02:23 PM    04:23 PM    06:23 PM    08:24 PM    10:24 PM
Political science	Ch-5: Women Change the World	English	12:49 AM    02:49 AM    04:50 AM    06:50 AM    08:50 AM    10:50 AM    12:51 PM    02:51 PM    04:51 PM    06:52 PM    08:52 PM    10:52 PM
Mathematics	Ch-6: The triangle and its properties	English	01:19 AM    03:19 AM    05:20 AM    07:20 AM    09:20 AM    11:21 AM    01:21 PM    03:21 PM    05:21 PM    07:22 PM    09:22 PM    11:22 PM
Vocational	Tools And Materials	English	01:37 AM    03:38 AM    05:38 AM    07:38 AM    09:39 AM    11:39 AM    01:39 PM    03:39 PM    05:40 PM    07:40 PM    09:40 PM    11:41 PM

शनिवार, 29 मार्च 2025

Saturday, 29 March 2025

गणित	पाठ-5: रेखा एवं कोण	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:01 AM    12:01 PM    02:01 PM    04:01 PM    06:01 PM    08:02 PM    10:02 PM
संस्कृत	लोभः नाशाय	हिंदी	12:38 AM    02:39 AM    04:39 AM    06:39 AM    08:39 AM    10:39 AM    12:40 PM    02:40 PM    04:40 PM    06:40 PM    08:40 PM    10:41 PM
Geography	Ch-9: Life in the desert	English	12:45 AM    02:46 AM    04:46 AM    06:46 AM    08:46 AM    10:46 AM    12:47 PM    02:47 PM    04:47 PM    06:47 PM    08:47 PM    10:48 PM



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Science	Ch-2: Nutrition in Animals	English	01:07 AM    03:07 AM    05:07 AM    07:07 AM    09:08 AM    11:08 AM    01:08 PM    03:08 PM    05:08 PM    07:09 PM    09:09 PM    11:09 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	01:31 AM    03:31 AM    05:31 AM    07:32 AM    09:32 AM    11:32 AM    01:32 PM    03:32 PM    05:33 PM    07:33 PM    09:33 PM    11:33 PM

रविवार, 30 मार्च 2025  
Sunday, 30 March 2025

शारीरिक शिक्षा	पद्मासन	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:01 AM    10:01 AM    12:01 PM    02:01 PM    04:02 PM    06:02 PM    08:02 PM    10:03 PM
राजनीति विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना	हिंदी	12:31 AM    02:31 AM    04:32 AM    06:32 AM    08:32 AM    10:33 AM    12:33 PM    02:33 PM    04:33 PM    06:34 PM    08:34 PM    10:34 PM
Maths/Science Activity	Maths activity-1: To explore the cubic algebraic activity	English	01:01 AM    03:01 AM    05:02 AM    07:02 AM    09:02 AM    11:03 AM    01:03 PM    03:03 PM    05:03 PM    07:04 PM    09:04 PM    11:04 PM
History	Ch-1: Tracing Changes Through a Thousand Years	English	01:12 AM    03:12 AM    05:12 AM    07:13 AM    09:13 AM    11:13 AM    01:14 PM    03:14 PM    05:14 PM    07:14 PM    09:15 PM    11:15 PM
Vocational	Electricity and its importance	English	01:44 AM    03:45 AM    05:45 AM    07:45 AM    09:46 AM    11:46 AM    01:46 PM    03:46 PM    05:47 PM    07:47 PM    09:47 PM    11:48 PM

सोमवार, 31 मार्च 2025  
Monday, 31 March 2025

विज्ञान	पाठ-3: कोकून से रेशम तक (CWSN)	हिंदी	12:00 AM    02:00 AM    04:00 AM    06:00 AM    08:00 AM    10:00 AM    12:00 PM    02:00 PM    04:00 PM    06:00 PM    08:00 PM    10:00 PM
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भूगोल	पाठ-3: हमारी बदलती पृथ्वी	हिंदी	12:14 AM    02:14 AM    04:14 AM    06:14 AM    08:14 AM    10:14 AM    12:14 PM    02:14 PM    04:14 PM    06:14 PM    08:14 PM    10:14 PM
English	Ch-2: English Language Classroom, Grammar in Context, Time and Tense Part - 4, Present Perfect Continuous	English	12:47 AM    02:48 AM    04:48 AM    06:48 AM    08:48 AM    10:48 AM    12:48 PM    02:48 PM    04:48 PM    06:48 PM    08:48 PM    10:48 PM
Mathematics	Ch-5: Lines and angles	English	01:12 AM    03:12 AM    05:12 AM    07:12 AM    09:12 AM    11:12 AM    01:12 PM    03:12 PM    05:12 PM    07:12 PM    09:12 PM    11:12 PM
Vocational	The evolution of communication	English	01:46 AM    03:46 AM    05:46 AM    07:46 AM    09:46 AM    11:46 AM    01:46 PM    03:46 PM    05:46 PM    07:46 PM    09:46 PM    11:46 PM



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