

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	उर्दू (اردو)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Political Science	Political Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 10

मार्च 2026
March 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 मार्च 2026 Sunday, 01 March 2026			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:08 PM
General	E-Waste Management: Block 3	English	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:36 PM 06:37 PM 09:38 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:48 AM 03:49 AM 06:50 AM 09:51 AM 12:53 PM 03:54 PM 06:55 PM 09:56 PM
Cyber Security	Fake Whats app messages	English	01:20 AM 04:21 AM 07:22 AM 10:23 AM 01:24 PM 04:25 PM 07:27 PM 10:28 PM
विज्ञान	विज्ञान:पाठ-15: हमारा पर्यावरण-1	Hindi	01:22 AM 04:23 AM 07:24 AM 10:25 AM 01:27 PM 04:28 PM 07:29 PM 10:30 PM
General	Functions of Wetlands and their Biophysical characteristics	English	01:38 AM 04:39 AM 07:40 AM 10:41 AM 01:42 PM 04:44 PM 07:45 PM 10:46 PM
General	Safety and Security (H)	Hindi	01:49 AM 04:50 AM 07:52 AM 10:53 AM 01:54 PM 04:55 PM 07:56 PM 10:57 PM
Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-1	English	01:55 AM 04:56 AM 07:57 AM 10:58 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM
ENVIRONMENT	Life in Woods	English	02:13 AM 05:14 AM 08:15 AM 11:17 AM 02:18 PM 05:19 PM 08:20 PM 11:21 PM



Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:28 AM 05:29 AM 08:31 AM 11:32 AM 02:33 PM 05:34 PM 08:35 PM 11:36 PM
General English	Episode 7 Making Requests 1	English	02:50 AM 05:51 AM 08:52 AM 11:53 AM 02:54 PM 05:55 PM 08:56 PM 11:58 PM
सोमवार, 02 मार्च 2026 Monday, 02 March 2026			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
हिंदी	हिंदी :पाठ-8: कैफी आजमी: कर चले हम फिदा	Hindi	12:01 AM 03:02 AM 06:03 AM 09:03 AM 12:04 PM 03:05 PM 06:05 PM 09:06 PM
Cyber Security	Internet Ethics	English	12:27 AM 03:27 AM 06:28 AM 09:29 AM 12:30 PM 03:30 PM 06:31 PM 09:32 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	Hindi	12:30 AM 03:30 AM 06:31 AM 09:32 AM 12:32 PM 03:33 PM 06:34 PM 09:35 PM
General	Safety and Security (E)	English	12:51 AM 03:52 AM 06:53 AM 09:53 AM 12:54 PM 03:55 PM 06:55 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण-2	Hindi	12:57 AM 03:58 AM 06:58 AM 09:59 AM 01:00 PM 04:00 PM 07:01 PM 10:02 PM
Language (English)	English: Chap 9: Madam Rides the Bus-1	English	01:16 AM 04:16 AM 07:17 AM 10:18 AM 01:19 PM 04:19 PM 07:20 PM 10:21 PM
सामान्य	मदिरों की माला भुवनेश्वर	Hindi	01:38 AM 04:39 AM 07:39 AM 10:40 AM 01:41 PM 04:42 PM 07:42 PM 10:43 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 1	English	01:58 AM 04:59 AM 08:00 AM 11:01 AM 02:01 PM 05:02 PM 08:03 PM 11:03 PM
General	Innovative Teacher	Hindi	02:24 AM 05:25 AM 08:25 AM 11:26 AM 02:27 PM 05:27 PM 08:28 PM 11:29 PM



Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:39 AM 05:40 AM 08:41 AM 11:41 AM 02:42 PM 05:43 PM 08:43 PM 11:44 PM
मंगलवार, 03 मार्च 2026 Tuesday, 03 March 2026			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:58 AM 02:58 PM 05:58 PM 08:57 PM 11:57 PM
Health, Physical Education/Yoga/Sports	Yoga - Padmasan	Hindi	12:30 AM 03:30 AM 06:30 AM 09:29 AM 12:29 PM 03:29 PM 06:28 PM 09:28 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-4: कृषि- भाग-2	Hindi	12:46 AM 03:46 AM 06:46 AM 09:45 AM 12:45 PM 03:45 PM 06:45 PM 09:44 PM
General	E-Waste Management: Film 2	English	01:10 AM 04:09 AM 07:09 AM 10:09 AM 01:08 PM 04:08 PM 07:08 PM 10:08 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण	Hindi	01:19 AM 04:18 AM 07:18 AM 10:18 AM 01:18 PM 04:17 PM 07:17 PM 10:17 PM
Cyber Security	Data Privacy	Hindi	01:38 AM 04:38 AM 07:37 AM 10:37 AM 01:37 PM 04:36 PM 07:36 PM 10:36 PM
Language (English)	English: Chap 9: Madam Rides the Bus-2	English	01:39 AM 04:38 AM 07:38 AM 10:38 AM 01:37 PM 04:37 PM 07:37 PM 10:36 PM
General (Science)	Acrobatic Stick	English	01:56 AM 04:55 AM 07:55 AM 10:55 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 2	English	01:57 AM 04:57 AM 07:56 AM 10:56 AM 01:56 PM 04:56 PM 07:55 PM 10:55 PM
General	E-Waste Management: Film 2	English	02:19 AM 05:19 AM 08:18 AM 11:18 AM 02:18 PM 05:17 PM 08:17 PM 11:17 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:28 AM 05:28 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:26 PM 11:26 PM



General English	Episode 1 Greeting a Friend	English	02:51 AM 05:51 AM 08:50 AM 11:50 AM 02:50 PM 05:50 PM 08:49 PM 11:49 PM
बुधवार, 04 मार्च 2026 Wednesday, 04 March 2026			
हिंदी	हिंदी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 02:58 AM 05:56 AM 08:54 AM 11:52 AM 02:50 PM 05:48 PM 08:46 PM 11:45 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:24 AM 03:23 AM 06:21 AM 09:19 AM 12:17 PM 03:15 PM 06:13 PM 09:11 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:25 AM 03:23 AM 06:21 AM 09:19 AM 12:18 PM 03:16 PM 06:14 PM 09:12 PM
Cultural Heritage: Art, Music & Dance	Kathak Parichay- 06 (holi)	Hindi	12:47 AM 03:45 AM 06:43 AM 09:41 AM 12:40 PM 03:38 PM 06:36 PM 09:34 PM
गणित	गणित : पाठ-14: सांख्यिकी-1	Hindi	12:59 AM 03:57 AM 06:55 AM 09:53 AM 12:51 PM 03:49 PM 06:47 PM 09:46 PM
General	Management of Wetlands Part -2	English	01:28 AM 04:26 AM 07:24 AM 10:22 AM 01:20 PM 04:18 PM 07:16 PM 10:14 PM
Language (English)	English: Chap 9: Madam Rides the Bus-3	English	01:36 AM 04:34 AM 07:32 AM 10:30 AM 01:28 PM 04:26 PM 07:24 PM 10:22 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:45 AM 04:43 AM 07:41 AM 10:39 AM 01:37 PM 04:36 PM 07:34 PM 10:32 PM
General	Growing up Healthy	English	01:45 AM 04:44 AM 07:42 AM 10:40 AM 01:38 PM 04:36 PM 07:34 PM 10:32 PM
Social Science (History)	S.Sc (His): Ch-2: Nationalism in India	English	01:50 AM 04:48 AM 07:46 AM 10:44 AM 01:42 PM 04:40 PM 07:38 PM 10:37 PM
Cyber Security	Identity Theft	Hindi	02:24 AM 05:22 AM 08:20 AM 11:18 AM 02:16 PM 05:14 PM 08:12 PM 11:11 PM



Science	Science: Chap 12: Electricity	English	02:24 AM 05:22 AM 08:21 AM 11:19 AM 02:17 PM 05:15 PM 08:13 PM 11:11 PM
बृहस्पतिवार, 05 मार्च 2026 Thursday, 05 March 2026			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM
Cyber Security	Data Privacy	Hindi	12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:28 PM 06:28 PM 09:28 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Manipur	Hindi	12:27 AM 03:27 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:29 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:33 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:34 PM 06:35 PM 09:35 PM
General English	Episode 2 Greeting an Acquaintance	English	12:58 AM 03:58 AM 06:58 AM 09:59 AM 12:59 PM 03:59 PM 06:59 PM 09:59 PM
गणित	गणित: पाठ-14: सांख्यिकी-2	Hindi	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:08 PM 04:08 PM 07:08 PM 10:08 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	01:34 AM 04:34 AM 07:34 AM 10:35 AM 01:35 PM 04:35 PM 07:35 PM 10:35 PM
Language (English)	English: Chap 9: Madam Rides the Bus-4	English	01:44 AM 04:44 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:45 PM 10:46 PM
General	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	Hindi	02:11 AM 05:11 AM 08:11 AM 11:11 AM 02:11 PM 05:12 PM 08:12 PM 11:12 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	02:16 AM 05:17 AM 08:17 AM 11:17 AM 02:17 PM 05:17 PM 08:17 PM 11:18 PM
Science	Chapter 12: Electricity-1	English	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:40 PM 05:40 PM 08:41 PM 11:41 PM



General	E-Waste Management: Film 2	English	02:51 AM 05:51 AM 08:51 AM 11:51 AM 02:51 PM 05:52 PM 08:52 PM 11:52 PM
शुक्रवार, 06 मार्च 2026 Friday, 06 March 2026			
संस्कृत	संस्कृत: पाठ-2 बुद्धिर्बलवती सदा-I	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-6: राजनीतिक दल	Hindi	12:27 AM 03:27 AM 06:27 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM
Health, Physical Education/Yoga/ Sports	Yoga - Paschimottanaasan	Hindi	12:49 AM 03:49 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:51 PM
गणित	गणित : पाठ-14: सांख्यिकी-4	Hindi	01:02 AM 04:02 AM 07:02 AM 10:02 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:33 AM 04:34 AM 07:34 AM 10:34 AM 01:34 PM 04:34 PM 07:35 PM 10:35 PM
Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	01:34 AM 04:34 AM 07:34 AM 10:35 AM 01:35 PM 04:35 PM 07:35 PM 10:35 PM
Mathematics	Maths: Chap 10: Circles	English	02:16 AM 05:16 AM 08:16 AM 11:16 AM 02:16 PM 05:17 PM 08:17 PM 11:17 PM
General	Growth & Health (H)	Hindi	02:40 AM 05:40 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:42 PM
Science	Chapter 12: Electricity-2	English	02:45 AM 05:45 AM 08:45 AM 11:45 AM 02:45 PM 05:46 PM 08:46 PM 11:46 PM
शनिवार, 07 मार्च 2026 Saturday, 07 March 2026			
संस्कृत	संस्कृत: पाठ-2 बुद्धिर्बलवती सदा-II	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM



General	E-Waste Management: Block 3	English	12:26 AM 03:26 AM 06:26 AM 09:27 AM 12:27 PM 03:27 PM 06:27 PM 09:28 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-6: राजनीतिक दल-1	Hindi	12:44 AM 03:44 AM 06:45 AM 09:45 AM 12:45 PM 03:45 PM 06:45 PM 09:46 PM
General English	Episode 7 Making Requests 1	English	01:08 AM 04:08 AM 07:08 AM 10:08 AM 01:08 PM 04:09 PM 07:09 PM 10:09 PM
गणित	गणित: पाठ-15: प्रायिकता-1	Hindi	01:19 AM 04:19 AM 07:19 AM 10:19 AM 01:20 PM 04:20 PM 07:20 PM 10:20 PM
Cyber Security	Internet Ethics	English	01:43 AM 04:43 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:45 PM
Science	Chapter 12: Electricity-3	English	01:46 AM 04:46 AM 07:46 AM 10:47 AM 01:47 PM 04:47 PM 07:47 PM 10:48 PM
General	Safe Use of Internet (E)	English	01:57 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:59 PM 07:59 PM 10:59 PM
Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-2	English	02:03 AM 05:04 AM 08:04 AM 11:04 AM 02:04 PM 05:05 PM 08:05 PM 11:05 PM
General	Innovative Teacher	Hindi	02:21 AM 05:21 AM 08:21 AM 11:22 AM 02:22 PM 05:22 PM 08:22 PM 11:22 PM
Mathematics	Maths: Chap 10: Circles Part-1	English	02:36 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:38 PM 11:38 PM
General	कमल	Hindi	02:51 AM 05:51 AM 08:51 AM 11:52 AM 02:52 PM 05:52 PM 08:52 PM 11:53 PM
रविवार, 08 मार्च 2026 Sunday, 08 March 2026			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:05 PM 03:06 PM 06:07 PM 09:08 PM



Health, Physical Education/Yoga/Sports	Daud	Hindi	12:30 AM 03:31 AM 06:32 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:39 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:50 AM 03:52 AM 06:53 AM 09:54 AM 12:55 PM 03:57 PM 06:58 PM 09:59 PM
Cyber Security	5 Internet Tips for kids	Hindi	01:22 AM 04:23 AM 07:25 AM 10:26 AM 01:27 PM 04:28 PM 07:30 PM 10:31 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	Hindi	01:23 AM 04:24 AM 07:26 AM 10:27 AM 01:28 PM 04:29 PM 07:31 PM 10:32 PM
Cyber Security	Cyber Stalking	English	01:53 AM 04:55 AM 07:56 AM 10:57 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM
Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-2	English	01:55 AM 04:56 AM 07:57 AM 10:58 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM
General	Nadishodhan Pranayam	English	02:21 AM 05:22 AM 08:23 AM 11:25 AM 02:26 PM 05:27 PM 08:29 PM 11:30 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:24 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:31 PM 08:32 PM 11:33 PM
ENVIRONMENT	Life in Woods	English	02:46 AM 05:47 AM 08:48 AM 11:49 AM 02:51 PM 05:52 PM 08:53 PM 11:55 PM
सोमवार, 09 मार्च 2026 Monday, 09 March 2026			
हिंदी	हिंदी :पाठ-8: कैफी आजमी: कर चले हम फिदा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
Health, Physical Education/Yoga/Sports	Yoga - Paschimottanaasan	Hindi	12:26 AM 03:27 AM 06:28 AM 09:29 AM 12:29 PM 03:30 PM 06:31 PM 09:32 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:39 AM 03:40 AM 06:40 AM 09:41 AM 12:42 PM 03:43 PM 06:43 PM 09:44 PM

Cyber Security	Cyber Stalking	English	01:03 AM 04:04 AM 07:05 AM 10:05 AM 01:06 PM 04:07 PM 07:08 PM 10:08 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	01:04 AM 04:05 AM 07:06 AM 10:07 AM 01:07 PM 04:08 PM 07:09 PM 10:10 PM
General	Gender Equality	English	01:43 AM 04:44 AM 07:44 AM 10:45 AM 01:46 PM 04:47 PM 07:47 PM 10:48 PM
Language (English)	English: Chap 9: Madam Rides the Bus	English	01:50 AM 04:51 AM 07:52 AM 10:52 AM 01:53 PM 04:54 PM 07:55 PM 10:55 PM
Mathematics	Maths: Chap 10: Circles Part-2	English	02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:14 PM 08:15 PM 11:15 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	Hindi	02:33 AM 05:33 AM 08:34 AM 11:35 AM 02:36 PM 05:36 PM 08:37 PM 11:38 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:39 AM 05:40 AM 08:41 AM 11:42 AM 02:42 PM 05:43 PM 08:44 PM 11:45 PM
मंगलवार, 10 मार्च 2026 Tuesday, 10 March 2026			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
सामान्य	पवन मुक्तासन	हिन्दी	12:30 AM 03:31 AM 06:31 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:33 AM 03:34 AM 06:34 AM 09:35 AM 12:36 PM 03:36 PM 06:37 PM 09:37 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:55 AM 03:56 AM 06:57 AM 09:57 AM 12:58 PM 03:58 PM 06:59 PM 10:00 PM
विज्ञान	विज्ञान:पाठ-15: हमारा पर्यावरण-1	Hindi	01:01 AM 04:02 AM 07:02 AM 10:03 AM 01:03 PM 04:04 PM 07:05 PM 10:05 PM



सामान्य	पवन मुक्तासन	हिन्दी	01:17 AM 04:17 AM 07:18 AM 10:19 AM 01:19 PM 04:20 PM 07:20 PM 10:21 PM
Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	01:20 AM 04:20 AM 07:21 AM 10:22 AM 01:22 PM 04:23 PM 07:23 PM 10:24 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	01:48 AM 04:49 AM 07:49 AM 10:50 AM 01:50 PM 04:51 PM 07:52 PM 10:52 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 1	English	02:02 AM 05:03 AM 08:03 AM 11:04 AM 02:05 PM 05:05 PM 08:06 PM 11:06 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	Regional	02:28 AM 05:28 AM 08:29 AM 11:29 AM 02:30 PM 05:31 PM 08:31 PM 11:32 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:37 AM 05:38 AM 08:38 AM 11:39 AM 02:39 PM 05:40 PM 08:41 PM 11:41 PM
बुधवार, 11 मार्च 2026 Wednesday, 11 March 2026			
हिन्दी	हिन्दी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
General	Safe Use of Internet (H)	Hindi	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-1	Hindi	12:37 AM 03:37 AM 06:37 AM 09:37 AM 12:37 PM 03:37 PM 06:37 PM 09:37 PM
General	E-Waste Management: Block 4.2	English	12:58 AM 03:58 AM 06:58 AM 09:58 AM 12:58 PM 03:58 PM 06:58 PM 09:58 PM
गणित	गणित: पाठ-15: प्रायिकता-2	Hindi	01:10 AM 04:10 AM 07:10 AM 10:10 AM 01:10 PM 04:10 PM 07:10 PM 10:10 PM



Language (English)	English: Chap 9: Bholi-1	English	01:39 AM 04:39 AM 07:39 AM 10:39 AM 01:39 PM 04:39 PM 07:38 PM 10:38 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	Hindi	02:05 AM 05:05 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:05 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:15 AM 05:15 AM 08:15 AM 11:15 AM 02:15 PM 05:15 PM 08:15 PM 11:15 PM
General	Final Hindi Pm Evidya 200 ch Promo	Hindi	02:40 AM 05:40 AM 08:39 AM 11:39 AM 02:39 PM 05:39 PM 08:39 PM 11:39 PM
Science	Chapter 12: Electricity-4	English	02:45 AM 05:45 AM 08:45 AM 11:45 AM 02:45 PM 05:44 PM 08:44 PM 11:44 PM
बृहस्पतिवार, 12 मार्च 2026 Thursday, 12 March 2026			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Misr	Hindi	12:27 AM 03:27 AM 06:28 AM 09:28 AM 12:29 PM 03:30 PM 06:30 PM 09:31 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-2	Hindi	12:30 AM 03:31 AM 06:31 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	12:55 AM 03:55 AM 06:56 AM 09:57 AM 12:57 PM 03:58 PM 06:58 PM 09:59 PM
गणित	गणित : पाठ-14: सांख्यिकी-1	Hindi	01:05 AM 04:05 AM 07:06 AM 10:07 AM 01:07 PM 04:08 PM 07:08 PM 10:09 PM
Cyber Security	Fake Whats app messages	English	01:34 AM 04:34 AM 07:35 AM 10:35 AM 01:36 PM 04:37 PM 07:37 PM 10:38 PM



Language (English)	English: Chap 9: Bholi-2	English	01:36 AM 04:37 AM 07:37 AM 10:38 AM 01:38 PM 04:39 PM 07:40 PM 10:40 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	02:02 AM 05:02 AM 08:03 AM 11:03 AM 02:04 PM 05:04 PM 08:05 PM 11:06 PM
Social Science (History)	S.Sc (His): Ch-2: Nationalism in India	English	02:11 AM 05:12 AM 08:13 AM 11:13 AM 02:14 PM 05:14 PM 08:15 PM 11:16 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	02:45 AM 05:46 AM 08:47 AM 11:47 AM 02:48 PM 05:48 PM 08:49 PM 11:50 PM
Science	Science: Chap 13: Magnetic Effects of Electric Current-1	English	02:46 AM 05:47 AM 08:47 AM 11:48 AM 02:48 PM 05:49 PM 08:49 PM 11:50 PM
शुक्रवार, 13 मार्च 2026 Friday, 13 March 2026			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	Sanskrit	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:24 PM 03:24 PM 06:24 PM 09:24 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-6: राजनीतिक दल-2	Hindi	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:30 PM 09:30 PM
गणित	गणित: पाठ-14: सांख्यिकी-2	Hindi	12:55 AM 03:55 AM 06:55 AM 09:55 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
General	Management of Wetlands Part -2	English	01:23 AM 04:23 AM 07:23 AM 10:23 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM
Social Science (Geography)	Soc. Sc. (Geo): Chap 6: Manufacturing Industries	English	01:31 AM 04:31 AM 07:31 AM 10:30 AM 01:30 PM 04:30 PM 07:30 PM 10:30 PM



Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 2	English	02:07 AM 05:07 AM 08:07 AM 11:07 AM 02:07 PM 05:07 PM 08:07 PM 11:07 PM
General	Gender Equality (H)	Hindi	02:29 AM 05:29 AM 08:29 AM 11:29 AM 02:29 PM 05:29 PM 08:29 PM 11:29 PM
Science	Science: Chap 13: Magnetic Effects of Electric Current-2	English	02:37 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:36 PM
Science	Green Energy	English	02:53 AM 05:53 AM 08:53 AM 11:53 AM 02:53 PM 05:52 PM 08:52 PM 11:52 PM
Cyber Security	5 Internet Tips for kids	Hindi	02:58 AM 05:58 AM 08:58 AM 11:58 AM 02:58 PM 05:58 PM 08:58 PM 11:58 PM
शनिवार, 14 मार्च 2026 Saturday, 14 March 2026			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	12:28 AM 03:29 AM 06:30 AM 09:31 AM 12:31 PM 03:32 PM 06:33 PM 09:34 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-6: राजनीतिक दल-3	Hindi	12:38 AM 03:39 AM 06:40 AM 09:41 AM 12:41 PM 03:42 PM 06:43 PM 09:44 PM
गणित	गणित : पाठ-14: सांख्यिकी-4	Hindi	12:59 AM 04:00 AM 07:01 AM 10:02 AM 01:03 PM 04:03 PM 07:04 PM 10:05 PM
कहानी	मीना- टेक केयर ऑफ़ गर्ल	Hindi	01:31 AM 04:32 AM 07:33 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:37 PM
Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -1	English	01:43 AM 04:44 AM 07:45 AM 10:46 AM 01:46 PM 04:47 PM 07:48 PM 10:49 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	02:00 AM 05:01 AM 08:02 AM 11:02 AM 02:03 PM 05:04 PM 08:05 PM 11:06 PM



Mathematics	Maths: Chap 10: Circles	English	02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:14 PM 08:15 PM 11:16 PM
Cultural Heritage: Art, Music & Dance	Lakdi pe Nakkashi	Hindi	02:35 AM 05:36 AM 08:36 AM 11:37 AM 02:38 PM 05:39 PM 08:40 PM 11:40 PM
Science	Science: Chap 13: Magnetic Effects of Electric Current-3	English	02:47 AM 05:47 AM 08:48 AM 11:49 AM 02:50 PM 05:51 PM 08:51 PM 11:52 PM
रविवार, 15 मार्च 2026 Sunday, 15 March 2026			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
सामान्य	Consumer Awareness	English	12:30 AM 03:31 AM 06:31 AM 09:32 AM 12:33 PM 03:34 PM 06:34 PM 09:35 PM
General	Jadui Pitara-Theme Song	Hindi	12:35 AM 03:36 AM 06:36 AM 09:37 AM 12:38 PM 03:39 PM 06:39 PM 09:40 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:50 AM 03:51 AM 06:52 AM 09:52 AM 12:53 PM 03:54 PM 06:55 PM 09:56 PM
Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	01:22 AM 04:23 AM 07:23 AM 10:24 AM 01:25 PM 04:26 PM 07:27 PM 10:27 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण-2	Hindi	01:32 AM 04:33 AM 07:34 AM 10:34 AM 01:35 PM 04:36 PM 07:37 PM 10:37 PM
General	Health And Sanitaion (H)	Hindi	01:51 AM 04:51 AM 07:52 AM 10:53 AM 01:54 PM 04:54 PM 07:55 PM 10:56 PM
Social Science (Economics)	S.Sc (Eco): Chp 4: Globalisation and the Indian Economy-3	English	01:57 AM 04:58 AM 07:59 AM 10:59 AM 02:00 PM 05:01 PM 08:02 PM 11:03 PM
General	Management of Wetlands Part -2	English	02:19 AM 05:20 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:23 PM 11:24 PM



Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:27 AM 05:28 AM 08:28 AM 11:29 AM 02:30 PM 05:31 PM 08:31 PM 11:32 PM
General	E-Waste Management: Block 1	English	02:48 AM 05:49 AM 08:50 AM 11:50 AM 02:51 PM 05:52 PM 08:53 PM 11:53 PM
सोमवार, 16 मार्च 2026 Monday, 16 March 2026			
हिंदी	हिंदी :पाठ-8: कैफी आजमी: कर चले हम फिदा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
सामान्य	सरदार वल्लभ भाई पटेल	Hindi	12:33 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:38 PM 09:39 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	Hindi	12:37 AM 03:37 AM 06:38 AM 09:39 AM 12:40 PM 03:40 PM 06:41 PM 09:42 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण	Hindi	01:11 AM 04:12 AM 07:13 AM 10:14 AM 01:14 PM 04:15 PM 07:16 PM 10:17 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	Regional	01:30 AM 04:31 AM 07:32 AM 10:33 AM 01:33 PM 04:34 PM 07:35 PM 10:36 PM
Language (English)	English: Chap 9: Madam Rides the Bus-1	English	01:40 AM 04:41 AM 07:41 AM 10:42 AM 01:43 PM 04:44 PM 07:45 PM 10:45 PM
सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:02 AM 05:03 AM 08:04 AM 11:04 AM 02:05 PM 05:06 PM 08:07 PM 11:08 PM
Mathematics	Maths: Chap 10: Circles Part-1	English	02:09 AM 05:10 AM 08:11 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:15 PM
General	E-Waste Management: Block 4.1	English	02:24 AM 05:25 AM 08:26 AM 11:26 AM 02:27 PM 05:28 PM 08:29 PM 11:30 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:39 AM 05:40 AM 08:41 AM 11:42 AM 02:43 PM 05:43 PM 08:44 PM 11:45 PM



मंगलवार, 17 मार्च 2026
Tuesday, 17 March 2026

हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
Cyber Security	Identity Theft	Hindi	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	Hindi	12:31 AM 03:32 AM 06:33 AM 09:34 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
General	Safe Use of Internet (H)	Hindi	12:54 AM 03:55 AM 06:56 AM 09:57 AM 12:58 PM 03:59 PM 07:00 PM 10:01 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	Hindi	01:00 AM 04:01 AM 07:02 AM 10:03 AM 01:04 PM 04:05 PM 07:06 PM 10:07 PM
General	E-Waste Management: Block 3	English	01:31 AM 04:31 AM 07:32 AM 10:33 AM 01:34 PM 04:35 PM 07:36 PM 10:37 PM
Language (English)	English: Chap 9: Madam Rides the Bus-2	English	01:49 AM 04:50 AM 07:50 AM 10:51 AM 01:52 PM 04:53 PM 07:54 PM 10:55 PM
Mathematics	Maths: Chap 10: Circles Part-2	English	02:06 AM 05:07 AM 08:08 AM 11:09 AM 02:09 PM 05:10 PM 08:11 PM 11:12 PM
General	E-Waste Management: Film 2	English	02:28 AM 05:29 AM 08:30 AM 11:31 AM 02:32 PM 05:33 PM 08:34 PM 11:35 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM
बुधवार, 18 मार्च 2026			
Wednesday, 18 March 2026			
हिंदी	हिंदी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

General	Ustrasana	English	12:24 AM 03:23 AM 06:22 AM 09:21 AM 12:20 PM 03:19 PM 06:18 PM 09:17 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:27 AM 03:26 AM 06:25 AM 09:24 AM 12:23 PM 03:22 PM 06:21 PM 09:20 PM
Cyber Security	Identity Theft	Hindi	12:50 AM 03:49 AM 06:48 AM 09:47 AM 12:46 PM 03:45 PM 06:44 PM 09:43 PM
General	It's My Right to Get Education	Marathi	12:50 AM 03:49 AM 06:48 AM 09:47 AM 12:46 PM 03:45 PM 06:44 PM 09:43 PM
गणित	गणित: पाठ-15: प्रायिकता-1	Hindi	12:56 AM 03:55 AM 06:54 AM 09:53 AM 12:52 PM 03:51 PM 06:50 PM 09:49 PM
Language (English)	English: Chap 9: Madam Rides the Bus-3	English	01:20 AM 04:19 AM 07:18 AM 10:17 AM 01:16 PM 04:15 PM 07:14 PM 10:13 PM
General	Growth & Health (E)	English	01:30 AM 04:29 AM 07:28 AM 10:27 AM 01:26 PM 04:25 PM 07:24 PM 10:23 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	01:34 AM 04:33 AM 07:32 AM 10:31 AM 01:30 PM 04:29 PM 07:28 PM 10:27 PM
Health, Physical Education/Yoga/ Sports	Yoga - Chakkrasan	Hindi	01:57 AM 04:56 AM 07:55 AM 10:54 AM 01:53 PM 04:52 PM 07:51 PM 10:50 PM
Science	Science: Chap 12: Electricity	English	02:09 AM 05:08 AM 08:07 AM 11:06 AM 02:05 PM 05:04 PM 08:03 PM 11:02 PM
Health, Physical Education/Yoga/ Sports	Yoga Trikonaasan	Hindi	02:42 AM 05:41 AM 08:40 AM 11:39 AM 02:38 PM 05:37 PM 08:36 PM 11:35 PM
बृहस्पतिवार, 19 मार्च 2026 Thursday, 19 March 2026			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM



Cyber Security	Tips to avoid Lottery Scams	English	12:27 AM 03:27 AM 06:28 AM 09:29 AM 12:30 PM 03:31 PM 06:32 PM 09:33 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:28 AM 03:28 AM 06:29 AM 09:30 AM 12:31 PM 03:32 PM 06:33 PM 09:33 PM
गणित	गणित: पाठ-15: प्रायिकता-2	Hindi	01:06 AM 04:07 AM 07:08 AM 10:09 AM 01:09 PM 04:10 PM 07:11 PM 10:12 PM
Language (English)	English: Chap 9: Madam Rides the Bus-4	English	01:30 AM 04:31 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:35 PM 10:36 PM
Cultural Heritage: Art, Music & Dance	Hamare Vadhya Yantra-01 (Tarane Taaron Se)	Hindi	01:56 AM 04:57 AM 07:58 AM 10:59 AM 02:00 PM 05:00 PM 08:01 PM 11:02 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:13 AM 05:14 AM 08:15 AM 11:16 AM 02:16 PM 05:17 PM 08:18 PM 11:19 PM
Cultural Heritage: Art, Music & Dance	Aao Seekhe Mithila Painting	Hindi	02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:42 PM 11:43 PM
Science	Chapter 12: Electricity-1	English	02:49 AM 05:50 AM 08:51 AM 11:52 AM 02:53 PM 05:54 PM 08:54 PM 11:55 PM
शुक्रवार, 20 मार्च 2026 Friday, 20 March 2026			
संस्कृत	संस्कृत: पाठ-2 बुद्धिर्बलवती सदा-I	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM
General	E-Waste Management: Block 2	English	12:27 AM 03:28 AM 06:28 AM 09:29 AM 12:30 PM 03:31 PM 06:31 PM 09:32 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-6: राजनीतिक दल	Hindi	12:42 AM 03:42 AM 06:43 AM 09:44 AM 12:44 PM 03:45 PM 06:46 PM 09:47 PM
General	कमल	Hindi	01:04 AM 04:04 AM 07:05 AM 10:06 AM 01:07 PM 04:07 PM 07:08 PM 10:09 PM



गणित	गणित : पाठ-14: सांख्यिकी-1	Hindi	01:13 AM 04:13 AM 07:14 AM 10:15 AM 01:15 PM 04:16 PM 07:17 PM 10:18 PM
General	Safety and Security against Violence and Injuries	English	01:41 AM 04:42 AM 07:43 AM 10:44 AM 01:44 PM 04:45 PM 07:46 PM 10:46 PM
Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -2	English	01:47 AM 04:48 AM 07:49 AM 10:49 AM 01:50 PM 04:51 PM 07:51 PM 10:52 PM
Cultural Heritage: Art, Music & Dance	Nature in Dance Movements	English	02:00 AM 05:01 AM 08:02 AM 11:02 AM 02:03 PM 05:04 PM 08:05 PM 11:05 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 1	English	02:08 AM 05:08 AM 08:09 AM 11:10 AM 02:11 PM 05:11 PM 08:12 PM 11:13 PM
General	Safe Use of Internet (H)	Hindi	02:33 AM 05:34 AM 08:35 AM 11:35 AM 02:36 PM 05:37 PM 08:37 PM 11:38 PM
Science	Chapter 12: Electricity-2	English	02:39 AM 05:40 AM 08:41 AM 11:41 AM 02:42 PM 05:43 PM 08:43 PM 11:44 PM
General	Promotion of Healthy Lifestyle	English	02:54 AM 05:55 AM 08:56 AM 11:56 AM 02:57 PM 05:58 PM 08:59 PM 11:59 PM
शनिवार, 21 मार्च 2026 Saturday, 21 March 2026			
संस्कृत	संस्कृत: पाठ-2 बुद्धिर्बलवती सदा-II	Sanskrit	12:00 AM 03:12 AM 06:25 AM 09:38 AM 12:51 PM 04:04 PM 07:17 PM 10:30 PM
Cultural Heritage: Art, Music & Dance	NRP and Folk Dance: Mizoram	Regional	12:26 AM 03:39 AM 06:52 AM 10:05 AM 01:18 PM 04:30 PM 07:43 PM 10:56 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-6: राजनीतिक दल-1	Hindi	12:34 AM 03:47 AM 07:00 AM 10:13 AM 01:26 PM 04:39 PM 07:52 PM 11:05 PM
गणित	गणित: पाठ-14: सांख्यिकी-2	Hindi	12:58 AM 04:11 AM 07:24 AM 10:37 AM 01:50 PM 05:02 PM 08:15 PM 11:28 PM



Cultural Heritage: Art, Music & Dance	ताजमहल अतुलिया धरोवर	Hindi	01:25 AM 04:38 AM 07:51 AM 11:04 AM 02:17 PM 05:30 PM 08:43 PM 11:56 PM
Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	01:35 AM 04:48 AM 08:01 AM 11:14 AM 02:27 PM 05:40 PM 08:53 PM
General	E-Waste Management: Block 4.2	English	02:03 AM 05:16 AM 08:29 AM 11:42 AM 02:55 PM 06:08 PM 09:21 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 2	English	02:15 AM 05:28 AM 08:41 AM 11:54 AM 03:07 PM 06:20 PM 09:33 PM
Cultural Heritage: Art, Music & Dance	Rock Garden	Hindi	02:37 AM 05:50 AM 09:03 AM 12:16 PM 03:29 PM 06:42 PM 09:54 PM
Science	Chapter 12: Electricity-3	English	02:48 AM 06:01 AM 09:14 AM 12:27 PM 03:40 PM 06:53 PM 10:06 PM
General English	Episode 6 Giving Advice 2	English	03:00 AM 06:13 AM 09:25 AM 12:38 PM 03:51 PM 07:04 PM 10:17 PM
रविवार, 22 मार्च 2026 Sunday, 22 March 2026			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
General	Gender Equality (H)	Hindi	12:30 AM 03:30 AM 06:31 AM 09:32 AM 12:32 PM 03:33 PM 06:34 PM 09:34 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:37 AM 03:38 AM 06:39 AM 09:39 AM 12:40 PM 03:40 PM 06:41 PM 09:42 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	Hindi	01:09 AM 04:10 AM 07:10 AM 10:11 AM 01:12 PM 04:12 PM 07:13 PM 10:14 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	01:31 AM 04:32 AM 07:33 AM 10:33 AM 01:34 PM 04:35 PM 07:35 PM 10:36 PM



Social Science (Economics)	S.Sc. (Eco): Chp 4: Globalisation and the Indian Economy-4	English	02:12 AM 05:13 AM 08:13 AM 11:14 AM 02:14 PM 05:15 PM 08:16 PM 11:16 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	02:38 AM 05:39 AM 08:40 AM 11:40 AM 02:41 PM 05:42 PM 08:42 PM 11:43 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:39 AM 05:39 AM 08:40 AM 11:41 AM 02:41 PM 05:42 PM 08:43 PM 11:43 PM
सोमवार, 23 मार्च 2026 Monday, 23 March 2026			
हिंदी	हिंदी :पाठ-8: कैफी आजमी: कर चले हम फिदा	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:08 PM
Cyber Security	Identity Theft	Hindi	12:33 AM 03:34 AM 06:35 AM 09:37 AM 12:38 PM 03:39 PM 06:40 PM 09:41 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:34 AM 03:35 AM 06:36 AM 09:37 AM 12:38 PM 03:40 PM 06:41 PM 09:42 PM
विज्ञान	विज्ञान:पाठ-15: हमारा पर्यावरण-1	Hindi	12:58 AM 03:59 AM 07:00 AM 10:02 AM 01:03 PM 04:04 PM 07:05 PM 10:06 PM
Science	Alfred Nobel - 1	English	01:14 AM 04:15 AM 07:16 AM 10:17 AM 01:19 PM 04:20 PM 07:21 PM 10:22 PM
Language (English)	English: Chap 9: Madam Rides the Bus	English	01:23 AM 04:24 AM 07:25 AM 10:26 AM 01:27 PM 04:28 PM 07:29 PM 10:31 PM
Cyber Security	Identity Theft	Hindi	01:43 AM 04:44 AM 07:45 AM 10:46 AM 01:47 PM 04:48 PM 07:50 PM 10:51 PM
Science	Chapter 12: Electricity-4	English	01:43 AM 04:44 AM 07:46 AM 10:47 AM 01:48 PM 04:49 PM 07:50 PM 10:51 PM
General English	Episode 1 Greeting a Friend	English	01:58 AM 04:59 AM 08:00 AM 11:02 AM 02:03 PM 05:04 PM 08:05 PM 11:06 PM



Mathematics	Maths: Chap 10: Circles	English	02:06 AM 05:07 AM 08:09 AM 11:10 AM 02:11 PM 05:12 PM 08:13 PM 11:14 PM
General English	Episode 2 Greeting an Acquaintance	English	02:31 AM 05:32 AM 08:33 AM 11:34 AM 02:36 PM 05:37 PM 08:38 PM 11:39 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:40 AM 05:41 AM 08:42 AM 11:43 AM 02:44 PM 05:45 PM 08:47 PM 11:48 PM
मंगलवार, 24 मार्च 2026 Tuesday, 24 March 2026			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:07 PM 09:08 PM
Cyber Security	Tips to avoid Lottery Scams	English	12:30 AM 03:31 AM 06:32 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:38 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:31 AM 03:32 AM 06:33 AM 09:35 AM 12:36 PM 03:37 PM 06:38 PM 09:39 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण-2	Hindi	12:53 AM 03:55 AM 06:56 AM 09:57 AM 12:58 PM 03:59 PM 07:00 PM 10:02 PM
General	Innovative Teacher	Hindi	01:12 AM 04:13 AM 07:14 AM 10:15 AM 01:17 PM 04:18 PM 07:19 PM 10:20 PM
Language (English)	English: Chap 9: The Tale of Custard the Dragon	English	01:27 AM 04:28 AM 07:30 AM 10:31 AM 01:32 PM 04:33 PM 07:34 PM 10:36 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Chaari	Hindi	01:55 AM 04:56 AM 07:58 AM 10:59 AM 02:00 PM 05:01 PM 08:02 PM 11:04 PM
Mathematics	Maths: Chap 10: Circles Part-1	English	02:07 AM 05:08 AM 08:10 AM 11:11 AM 02:12 PM 05:13 PM 08:14 PM 11:16 PM
General English	Episode 10 Agreeing 2	English	02:22 AM 05:23 AM 08:24 AM 11:25 AM 02:27 PM 05:28 PM 08:29 PM 11:30 PM



Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:38 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:44 PM 08:45 PM 11:46 PM
बुधवार, 25 मार्च 2026 Wednesday, 25 March 2026			
हिंदी	हिंदी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:57 PM 05:56 PM 08:56 PM 11:55 PM
Cyber Security	Blogging Tips	English	12:24 AM 03:24 AM 06:23 AM 09:23 AM 12:22 PM 03:22 PM 06:21 PM 09:21 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-1	Hindi	12:25 AM 03:25 AM 06:24 AM 09:24 AM 12:23 PM 03:23 PM 06:22 PM 09:21 PM
General	Final Hindi Pm Evidya 200 ch Promo	Hindi	12:46 AM 03:45 AM 06:45 AM 09:44 AM 12:44 PM 03:43 PM 06:42 PM 09:42 PM
Cyber Security	Change Passwords like Socks	Hindi	12:51 AM 03:50 AM 06:50 AM 09:49 AM 12:49 PM 03:48 PM 06:47 PM 09:47 PM
गणित	गणित : पाठ-14: सांख्यिकी-4	Hindi	12:51 AM 03:51 AM 06:50 AM 09:50 AM 12:49 PM 03:48 PM 06:48 PM 09:47 PM
General	E-Waste Management: Film 2	English	01:23 AM 04:22 AM 07:22 AM 10:21 AM 01:21 PM 04:20 PM 07:20 PM 10:19 PM
Language (English)	English: Chap 9: Bholi-1	English	01:32 AM 04:31 AM 07:31 AM 10:30 AM 01:30 PM 04:29 PM 07:29 PM 10:28 PM
General	Management of Wetlands Part -1	English	01:58 AM 04:58 AM 07:57 AM 10:57 AM 01:56 PM 04:56 PM 07:55 PM 10:54 PM
Social Science (History)	S.Sc (His): Ch-2: Nationalism in India	English	02:10 AM 05:09 AM 08:09 AM 11:08 AM 02:08 PM 05:07 PM 08:07 PM 11:06 PM
Cyber Security	Tips to avoid Lottery Scams	English	02:44 AM 05:43 AM 08:43 AM 11:42 AM 02:42 PM 05:41 PM 08:41 PM 11:40 PM



Science	Science: Chap 13: Magnetic Effects of Electric Current-1	English	02:45 AM 05:44 AM 08:44 AM 11:43 AM 02:43 PM 05:42 PM 08:41 PM 11:41 PM
बृहस्पतिवार, 26 मार्च 2026 Thursday, 26 March 2026			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 02:42 AM 05:25 AM 08:08 AM 10:51 AM 01:34 PM 04:17 PM 07:00 PM 09:43 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	12:27 AM 03:10 AM 05:53 AM 08:36 AM 11:18 AM 02:01 PM 04:44 PM 07:27 PM 10:10 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-2	Hindi	12:33 AM 03:16 AM 05:59 AM 08:42 AM 11:25 AM 02:08 PM 04:51 PM 07:34 PM 10:16 PM
Cyber Security	Social Networking	English	12:57 AM 03:40 AM 06:23 AM 09:06 AM 11:49 AM 02:32 PM 05:15 PM 07:58 PM 10:41 PM
गणित	गणित: पाठ-15: प्रायिकता-1	Hindi	01:02 AM 03:44 AM 06:27 AM 09:10 AM 11:53 AM 02:36 PM 05:19 PM 08:02 PM 10:45 PM
Language (English)	English: Chap 9: Bholi-2	English	01:26 AM 04:09 AM 06:52 AM 09:35 AM 12:18 PM 03:01 PM 05:44 PM 08:27 PM 11:10 PM
General	Gender Equality (H)	Hindi	01:51 AM 04:34 AM 07:17 AM 10:00 AM 12:43 PM 03:26 PM 06:09 PM 08:52 PM 11:35 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	01:59 AM 04:42 AM 07:25 AM 10:08 AM 12:51 PM 03:34 PM 06:17 PM 09:00 PM 11:42 PM



General	Mental Health and Well Being -1	English/hindi	02:21 AM 05:04 AM 07:47 AM 10:30 AM 01:13 PM 03:56 PM 06:39 PM 09:22 PM
शुक्रवार, 27 मार्च 2026 Friday, 27 March 2026			
Science	Science: Chap 13: Magnetic Effects of Electric Current-2	English	12:00 AM 03:17 AM 06:34 AM 09:52 AM 01:09 PM 04:27 PM 07:44 PM 11:02 PM
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	Sanskrit	12:17 AM 03:35 AM 06:52 AM 10:09 AM 01:27 PM 04:44 PM 08:02 PM 11:19 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-6: राजनीतिक दल-2	Hindi	12:54 AM 04:12 AM 07:29 AM 10:47 AM 02:04 PM 05:21 PM 08:39 PM 11:56 PM
General	Innovative Teacher	Hindi	01:19 AM 04:36 AM 07:54 AM 11:11 AM 02:29 PM 05:46 PM 09:03 PM
गणित	गणित: पाठ-15: प्रायिकता-2	Hindi	01:34 AM 04:52 AM 08:09 AM 11:27 AM 02:44 PM 06:01 PM 09:19 PM
General	Safe Use of Internet (E)	English	01:58 AM 05:15 AM 08:33 AM 11:50 AM 03:08 PM 06:25 PM 09:43 PM
Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-2	English	02:04 AM 05:21 AM 08:39 AM 11:56 AM 03:14 PM 06:31 PM 09:49 PM
Mathematics	Maths: Chap 10: Circles Part-2	English	02:34 AM 05:52 AM 09:09 AM 12:27 PM 03:44 PM 07:02 PM 10:19 PM
General	Health And Sanitation (E)	English	02:57 AM 06:14 AM 09:32 AM 12:49 PM 04:07 PM 07:24 PM 10:42 PM
Science	Science: Chap 13: Magnetic Effects of Electric Current-3	English	03:03 AM 06:21 AM 09:38 AM 12:56 PM 04:13 PM 07:30 PM 10:48 PM



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शनिवार, 28 मार्च 2026
Saturday, 28 March 2026

संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	Sanskrit	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:09 PM 06:11 PM 09:13 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:28 AM 03:30 AM 06:32 AM 09:34 AM 12:36 PM 03:38 PM 06:40 PM 09:42 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-3	Hindi	12:29 AM 03:31 AM 06:33 AM 09:35 AM 12:36 PM 03:38 PM 06:40 PM 09:42 PM
General	Nadishodhan Pranayam	English	12:50 AM 03:52 AM 06:54 AM 09:56 AM 12:58 PM 04:00 PM 07:01 PM 10:03 PM
गणित	गणित: पाठ-15: प्रायिकता	Hindi	12:53 AM 03:55 AM 06:57 AM 09:59 AM 01:01 PM 04:03 PM 07:05 PM 10:07 PM
Social Science (Geography)	Soc. Sc. (Geo): Chap 6: Manufacturing Industries	English	01:19 AM 04:21 AM 07:23 AM 10:25 AM 01:27 PM 04:29 PM 07:31 PM 10:33 PM
General	E-Waste Management: Block 4.2	English	01:50 AM 04:52 AM 07:54 AM 10:56 AM 01:58 PM 05:00 PM 08:02 PM 11:04 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 1	English	02:02 AM 05:04 AM 08:06 AM 11:08 AM 02:10 PM 05:12 PM 08:14 PM 11:16 PM
सामान्य	Sustainable Food Systems Adopted	हिन्दी	02:28 AM 05:30 AM 08:31 AM 11:33 AM 02:35 PM 05:37 PM 08:39 PM 11:41 PM
Science	Science: Chap 12: Electricity	English	02:28 AM 05:30 AM 08:32 AM 11:34 AM 02:36 PM 05:38 PM 08:40 PM 11:42 PM
रविवार, 29 मार्च 2026			
Sunday, 29 March 2026			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM



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Cyber Security	Data Privacy	Hindi	12:30 AM 03:29 AM 06:28 AM 09:27 AM 12:26 PM 03:25 PM 06:24 PM 09:23 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:31 AM 03:30 AM 06:29 AM 09:28 AM 12:27 PM 03:26 PM 06:25 PM 09:24 PM
General	E-Waste Management: Block 3	English	01:02 AM 04:01 AM 07:01 AM 10:00 AM 12:59 PM 03:58 PM 06:57 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-15: हमारा पर्यावरण	Hindi	01:20 AM 04:19 AM 07:19 AM 10:18 AM 01:17 PM 04:16 PM 07:15 PM 10:14 PM
General	Functions of Wetlands and their Biophysical characteristics	English	01:39 AM 04:39 AM 07:38 AM 10:37 AM 01:36 PM 04:35 PM 07:34 PM 10:33 PM
Social Science (Economics)	So. Sci. (Eco): Chp 4: Globalisation and the Indian Economy	English	01:52 AM 04:51 AM 07:50 AM 10:49 AM 01:48 PM 04:47 PM 07:47 PM 10:46 PM
ENVIRONMENT	Life in Woods	English	02:11 AM 05:10 AM 08:09 AM 11:08 AM 02:07 PM 05:07 PM 08:06 PM 11:05 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:26 AM 05:25 AM 08:24 AM 11:23 AM 02:23 PM 05:22 PM 08:21 PM 11:20 PM
General English	Episode 7 Making Requests 1	English	02:48 AM 05:47 AM 08:46 AM 11:45 AM 02:44 PM 05:43 PM 08:42 PM 11:41 PM
सोमवार, 30 मार्च 2026 Monday, 30 March 2026			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM
हिंदी	हिंदी :पाठ-8: कैफी आजमी: कर चले हम फिदा	Hindi	12:01 AM 03:02 AM 06:02 AM 09:03 AM 12:04 PM 03:04 PM 06:05 PM 09:05 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-4: कृषि- भाग-1	Hindi	12:27 AM 03:28 AM 06:28 AM 09:29 AM 12:30 PM 03:30 PM 06:31 PM 09:31 PM



General	Safety and Security (E)	English	12:49 AM 03:49 AM 06:50 AM 09:51 AM 12:51 PM 03:52 PM 06:52 PM 09:53 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	Hindi	12:55 AM 03:55 AM 06:56 AM 09:56 AM 12:57 PM 03:57 PM 06:58 PM 09:59 PM
Language (English)	English: Chap 9: Bholi-1	English	01:25 AM 04:26 AM 07:27 AM 10:27 AM 01:28 PM 04:28 PM 07:29 PM 10:29 PM
सामान्य	मंदिरों की माला भुवनेश्वर	Hindi	01:52 AM 04:52 AM 07:53 AM 10:53 AM 01:54 PM 04:55 PM 07:55 PM 10:56 PM
Mathematics	Maths: Chap 9: Some Applications of Trigonometry- 2	English	02:12 AM 05:13 AM 08:13 AM 11:14 AM 02:14 PM 05:15 PM 08:16 PM 11:16 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen Nalanda	Hindi	02:34 AM 05:35 AM 08:35 AM 11:36 AM 02:36 PM 05:37 PM 08:37 PM 11:38 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:39 AM 05:40 AM 08:40 AM 11:41 AM 02:42 PM 05:42 PM 08:43 PM 11:43 PM
मंगलवार, 31 मार्च 2026 Tuesday, 31 March 2026			
हिंदी	हिंदी : पाठ-8:कारतूस: हबीब तनवीर	Hindi	12:00 AM 03:02 AM 06:04 AM 09:06 AM 12:08 PM 03:10 PM 06:13 PM 09:15 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:30 AM 03:32 AM 06:34 AM 09:37 AM 12:39 PM 03:41 PM 06:43 PM 09:45 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	Hindi	12:31 AM 03:33 AM 06:35 AM 09:37 AM 12:39 PM 03:41 PM 06:44 PM 09:46 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	12:54 AM 03:57 AM 06:59 AM 10:01 AM 01:03 PM 04:05 PM 07:07 PM 10:10 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:33 AM 04:35 AM 07:37 AM 10:40 AM 01:42 PM 04:44 PM 07:46 PM 10:48 PM



Language (English)	English: Chap 9: Bholi-2	English	01:39 AM 04:41 AM 07:43 AM 10:45 AM 01:48 PM 04:50 PM 07:52 PM 10:54 PM
Cyber Security	Tips to avoid Lottery Scams	English	02:04 AM 05:07 AM 08:09 AM 11:11 AM 02:13 PM 05:15 PM 08:17 PM 11:20 PM
Mathematics	Maths: Chap 10: Circles	English	02:05 AM 05:07 AM 08:10 AM 11:12 AM 02:14 PM 05:16 PM 08:18 PM 11:20 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:31 AM 05:33 AM 08:35 AM 11:37 AM 02:39 PM 05:41 PM 08:44 PM 11:46 PM
General English	Episode 1 Greeting a Friend	English	02:54 AM 05:56 AM 08:58 AM 12:00 PM 03:02 PM 06:04 PM 09:07 PM



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