

कक्षा - 12 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 12

कक्षा - 12 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 12

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	संस्कृत	हिन्दी	मनोविज्ञान	हिन्दी	इतिहास	समाजशास्त्र
इतिहास	भूगोल	जीव विज्ञान	राजनीति विज्ञान	गणित	रसायन विज्ञान	भौतिक विज्ञान
लेखाशास्त्र	व्यवसाय अध्ययन	रसायन विज्ञान	अर्थशास्त्र	भौतिक विज्ञान	गणित	जीव विज्ञान
English	اردو (उर्दू)	English	History	English	Sociology	Chemistry
Biology	Mathematics	Political Science	Accountancy	Business Studies	Physics	History
Chemistry	Physics	Economics	Geography	Psychology	Biology	Mathematics

This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 8 to 9 times a day and the same scheme is followed for the whole month.

For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/34

The channel also telecasts Live Interactive Sessions with Subject Experts on every Saturday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>

All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 12 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 12

मार्च 2026

March 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 मार्च 2026 Sunday, 01 March 2026			
समाजशास्त्र सामाजिक परिवर्तन एवं विकास	पाठ 6. भूमंडलीकरण और सामाजिक परिवर्तन	Hindi	12:00 AM 02:56 AM 05:53 AM 08:49 AM 11:46 AM 02:42 PM 05:39 PM 08:35 PM 11:32 PM
Biology Practical	Diversity in Plant Tissues	English	12:23 AM 03:19 AM 06:16 AM 09:12 AM 12:09 PM 03:06 PM 06:02 PM 08:59 PM 11:55 PM
भौतिक विज्ञान	पाठ 11. विकिरण तथा द्रव्य की द्वैत प्रकृति (भाग 3)	Hindi	12:38 AM 03:35 AM 06:31 AM 09:28 AM 12:24 PM 03:21 PM 06:18 PM 09:14 PM
जीव विज्ञान	पाठ 11. जीव और समष्टियाँ - भाग 1	Hindi	01:05 AM 04:02 AM 06:58 AM 09:55 AM 12:51 PM 03:48 PM 06:44 PM 09:41 PM
Chemistry (Part 1)	Chapter 1. Solutions (Episode 1)	English	01:33 AM 04:30 AM 07:27 AM 10:23 AM 01:20 PM 04:16 PM 07:13 PM 10:09 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 1)	English	02:09 AM 05:06 AM 08:02 AM 10:59 AM 01:56 PM 04:52 PM 07:49 PM 10:45 PM



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Physics Practical	To determine resistance per unit length of a given wire by plotting a graph of potential difference versus current	English	02:24 AM 05:21 AM 08:18 AM 11:14 AM 02:11 PM 05:07 PM 08:04 PM 11:00 PM
Mathematics	Chapter 8. Application of Integrals (Episode 1)	English	02:37 AM 05:34 AM 08:31 AM 11:27 AM 02:24 PM 05:20 PM 08:17 PM 11:13 PM
सोमवार, 02 मार्च 2026 Monday, 02 March 2026			
English Flamingo	Chapter 8. Flamingo Prose. Going Places (Episode 1)	English	12:00 AM 03:10 AM 06:20 AM 09:30 AM 12:40 PM 03:50 PM 07:00 PM 10:10 PM
इतिहास	पाठ 11. महात्मा गाँधी और राष्ट्रवादी आन्दोलन - भाग 1	Hindi	12:29 AM 03:39 AM 06:49 AM 09:59 AM 01:09 PM 04:19 PM 07:29 PM 10:39 PM
Physics Practical	To find the Focal Length of a Concave Lens with the help of a Convex Lens	English	12:51 AM 04:01 AM 07:11 AM 10:21 AM 01:31 PM 04:42 PM 07:52 PM 11:02 PM
लेखाशास्त्र वित्तीय विवरण	पाठ 4. लेखांकन अनुपात - भाग 1	Hindi	01:03 AM 04:13 AM 07:24 AM 10:34 AM 01:44 PM 04:54 PM 08:04 PM 11:14 PM
हिंदी आरोह	हिंदी- आरोह (काव्य खंड) पाठ 1. हरिवंश राय बच्चन. आत्मपरिचय, एक गीत	Hindi	01:56 AM 05:06 AM 08:16 AM 11:26 AM 02:36 PM 05:46 PM 08:56 PM
रसायन विज्ञान प्रयोग	क्लोराइड आयन का गुणात्मक परीक्षण	Hindi	02:10 AM 05:20 AM 08:30 AM 11:40 AM 02:50 PM 06:00 PM 09:11 PM
Biology	Chapter 5. Genetics and Evolution. Structure of DNA (Episode 1)	English	02:21 AM 05:31 AM 08:41 AM 11:51 AM 03:01 PM 06:11 PM 09:21 PM



Chemistry (Part 1)	Chapter 1. Solutions (Episode 2)	English	02:48 AM 05:58 AM 09:08 AM 12:18 PM 03:28 PM 06:38 PM 09:49 PM
मंगलवार, 03 मार्च 2026 Tuesday, 03 March 2026			
Urdu	Chapter 3. Umraojaan	Urdu	12:00 AM 02:35 AM 05:11 AM 07:47 AM 10:23 AM 12:58 PM 03:34 PM 06:10 PM 08:46 PM 11:21 PM
भूगोल मानव भूगोल	पाठ 1. मानव भूगोल प्रकृति एवं विषय क्षेत्र - भाग 1	Hindi	12:21 AM 02:56 AM 05:32 AM 08:08 AM 10:44 AM 01:20 PM 03:55 PM 06:31 PM 09:07 PM 11:43 PM
व्यवसाय अध्ययन	पाठ 9. व्यावसायिक वित्त - भाग 1	Hindi	12:55 AM 03:31 AM 06:07 AM 08:42 AM 11:18 AM 01:54 PM 04:30 PM 07:05 PM 09:41 PM
संस्कृत भास्वती	पाठ 5. सूक्ति-सौरभम् - भाग 1	Sanskrit	01:23 AM 03:58 AM 06:34 AM 09:10 AM 11:46 AM 02:22 PM 04:57 PM 07:33 PM 10:09 PM
Mathematics	Chapter 8. Application of Integrals (Episode 2)	English	01:55 AM 04:30 AM 07:06 AM 09:42 AM 12:18 PM 02:53 PM 05:29 PM 08:05 PM 10:41 PM
Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 1)	English	02:17 AM 04:52 AM 07:28 AM 10:04 AM 12:40 PM 03:16 PM 05:51 PM 08:27 PM 11:03 PM



बुधवार, 04 मार्च 2026

Wednesday, 04 March 2026

English Flamingo	Chapter 8. Flamingo Prose. Going Places (Episode 2)	English	12:00 AM 03:03 AM 06:07 AM 09:10 AM 12:14 PM 03:18 PM 06:21 PM 09:25 PM
जीव विज्ञान	पाठ 13. जैव-विविधता एवं संरक्षण - भाग 1	Hindi	12:24 AM 03:27 AM 06:31 AM 09:34 AM 12:38 PM 03:42 PM 06:45 PM 09:49 PM
रसायन विज्ञान	पाठ 3. रासायनिक बलगतिकी (भाग 1)	Hindi	12:54 AM 03:57 AM 07:01 AM 10:05 AM 01:08 PM 04:12 PM 07:16 PM 10:19 PM
Chemistry Practical	Identification of Anion using Microscale Chemistry Laboratory Kit (Nitrite Ion)	English	01:29 AM 04:32 AM 07:36 AM 10:40 AM 01:43 PM 04:47 PM 07:50 PM 10:54 PM
हिंदी अंतरा	हिंदी- अंतरा (कविता खंड) पाठ 1. जयशंकर प्रसाद: देवसेना का गीत; कार्नेलिया का गीत	Hindi	01:36 AM 04:40 AM 07:44 AM 10:47 AM 01:51 PM 04:55 PM 07:58 PM 11:02 PM
Political Science World Politics	Chapter 5. Security in the Contemporary World (Episode 1)	English	02:18 AM 05:22 AM 08:25 AM 11:29 AM 02:33 PM 05:36 PM 08:40 PM 11:44 PM
Economics Micro Economics	Chapter 2. Theory of Consumer Behaviour (Episode 1)	English	02:41 AM 05:45 AM 08:49 AM 11:52 AM 02:56 PM 05:59 PM 09:03 PM



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बुधस्पतिवार, 05 मार्च 2026

Thursday, 05 March 2026

मनोविज्ञान	पाठ 5. चिकित्सा उपागम - भाग 1	Hindi	12:00 AM 03:29 AM 06:58 AM 10:28 AM 01:57 PM 05:27 PM 08:56 PM
Physics Practical	To determine the resistance of a given wire using a metre bridge and hence determine the resistivity of the material of the wire	English	12:28 AM 03:58 AM 07:27 AM 10:56 AM 02:26 PM 05:55 PM 09:25 PM
राजनीति विज्ञान स्वतंत्र भारत में राजनीति	पाठ 7. क्षेत्रीय आकांक्षाएँ (भाग 1)	Hindi	12:47 AM 04:17 AM 07:46 AM 11:16 AM 02:45 PM 06:14 PM 09:44 PM
अर्थशास्त्र व्यष्टि अर्थशास्त्र	पाठ 5. बाजार संतुलन - भाग 1	Hindi	01:21 AM 04:51 AM 08:20 AM 11:49 AM 03:19 PM 06:48 PM 10:18 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 2)	English	01:58 AM 05:27 AM 08:57 AM 12:26 PM 03:55 PM 07:25 PM 10:54 PM
रसायन विज्ञान प्रयोग	सल्फाइड आयन का गुणात्मक परीक्षण	Hindi	02:15 AM 05:44 AM 09:14 AM 12:43 PM 04:13 PM 07:42 PM 11:12 PM
Accountancy (II) Financial Statements	Chapter 6. Cash Flow Statement (Episode 1)	English	02:23 AM 05:52 AM 09:22 AM 12:51 PM 04:21 PM 07:50 PM 11:20 PM
Biology Practical	To collect and study symptoms of diseases in locally available crop plants	English	02:48 AM 06:17 AM 09:47 AM 01:16 PM 04:46 PM 08:15 PM 11:44 PM



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Geography Human Geography	Chapter 2. The World Population Distribution Density and Growth (Episode 1)	English	03:06 AM 06:35 AM 10:04 AM 01:34 PM 05:03 PM 08:33 PM
शुक्रवार, 06 मार्च 2026 Friday, 06 March 2026			
English Vistas	Chapter 1. The Third Level (Episode 1)	English	12:00 AM 02:50 AM 05:41 AM 08:31 AM 11:22 AM 02:13 PM 05:03 PM 07:54 PM 10:45 PM
भौतिक विज्ञान	पाठ 11. विकिरण तथा द्रव्य की द्वैत प्रकृति (भाग 4)	Hindi	12:41 AM 03:31 AM 06:22 AM 09:13 AM 12:03 PM 02:54 PM 05:45 PM 08:35 PM 11:26 PM
गणित	पाठ 13. प्रायिकता - भाग 1	Hindi	01:09 AM 03:59 AM 06:50 AM 09:40 AM 12:31 PM 03:22 PM 06:12 PM 09:03 PM 11:54 PM
हिंदी अंतरा	हिंदी- अंतरा (गद्य खंड) पाठ 1. रामचंद्र शुक्ल और उनका निबंध प्रेमघन की छाया स्मृति	Hindi	01:33 AM 04:23 AM 07:14 AM 10:05 AM 12:55 PM 03:46 PM 06:37 PM 09:27 PM
Physics Practical	Electromagnetic Induction	English	01:56 AM 04:47 AM 07:37 AM 10:28 AM 01:19 PM 04:09 PM 07:00 PM 09:51 PM
Business Studies (Part 1)	Chapter 4. Planning (Episode 1)	English	01:59 AM 04:50 AM 07:41 AM 10:31 AM 01:22 PM 04:13 PM 07:03 PM 09:54 PM
Biology Practical	To compare the external and internal features of Monocot and Dicot plants	English	02:16 AM 05:07 AM 07:57 AM 10:48 AM 01:39 PM 04:29 PM 07:20 PM 10:10 PM



Psychology	Chapter 2. Self And Personality (Episode 1)	English	02:30 AM 05:20 AM 08:11 AM 11:02 AM 01:52 PM 04:43 PM 07:33 PM 10:24 PM
शनिवार, 07 मार्च 2026 Saturday, 07 March 2026			
इतिहास	पाठ 12. सविधान का निर्माण . एक नए युग की शुरुआत (भाग 1)	Hindi	12:00 AM 02:45 AM 05:30 AM 08:16 AM 11:01 AM 01:47 PM 04:32 PM 07:18 PM 10:03 PM
Physics Practical	Wave Motion	English	12:34 AM 03:19 AM 06:04 AM 08:50 AM 11:35 AM 02:21 PM 05:06 PM 07:52 PM 10:37 PM
रसायन विज्ञान	पाठ 3. रासायनिक बलगतिकी (भाग 2)	Hindi	12:39 AM 03:24 AM 06:10 AM 08:55 AM 11:41 AM 02:26 PM 05:12 PM 07:57 PM 10:42 PM
गणित	पाठ 13. प्रायिकता - भाग 2	Hindi	01:11 AM 03:57 AM 06:42 AM 09:28 AM 12:13 PM 02:58 PM 05:44 PM 08:29 PM 11:15 PM
Sociology Social Change & Development	Chapter 1. Structural Changes (Episode 1)	English	01:32 AM 04:17 AM 07:03 AM 09:48 AM 12:34 PM 03:19 PM 06:04 PM 08:50 PM 11:35 PM
Biology Practical	Diversity in Plant Tissues	English	01:47 AM 04:32 AM 07:18 AM 10:03 AM 12:49 PM 03:34 PM 06:19 PM 09:05 PM 11:50 PM
Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 2)	English	02:02 AM 04:48 AM 07:33 AM 10:19 AM 01:04 PM 03:49 PM 06:35 PM 09:20 PM



Biology	Chapter 5. Molecular Basis of Inheritance: Genetic Material (Episode 2)	English	02:25 AM 05:10 AM 07:56 AM 10:41 AM 01:26 PM 04:12 PM 06:57 PM 09:43 PM
रविवार, 08 मार्च 2026 Sunday, 08 March 2026			
समाजशास्त्र सामाजिक परिवर्तन एवं विकास	पाठ 7. जनसंपर्क साधन और जनसंचार	Hindi	12:00 AM 03:15 AM 06:31 AM 09:46 AM 01:02 PM 04:17 PM 07:33 PM 10:48 PM
भौतिक विज्ञान	पाठ 12. परमाणु (भाग 1)	Hindi	12:31 AM 03:47 AM 07:02 AM 10:18 AM 01:33 PM 04:49 PM 08:04 PM 11:20 PM
भौतिक विज्ञान प्रयोग	गुरुत्वाकर्षण बल (Gravitational Force) - भाग - 1	Hindi	12:55 AM 04:10 AM 07:26 AM 10:41 AM 01:57 PM 05:12 PM 08:28 PM 11:43 PM
जीव विज्ञान	पाठ 11. जीव और समष्टियाँ - भाग 1	Hindi	01:16 AM 04:32 AM 07:47 AM 11:03 AM 02:18 PM 05:34 PM 08:49 PM
Chemistry (Part 1)	Chapter 1. Solutions (Episode 3)	English	01:59 AM 05:14 AM 08:30 AM 11:45 AM 03:01 PM 06:16 PM 09:32 PM
History Themes in Indian History (Part 1)	Chapter 2. Kings, Farmers and Towns (Episode 1)	English	02:22 AM 05:38 AM 08:53 AM 12:09 PM 03:24 PM 06:40 PM 09:55 PM
रसायन विज्ञान प्रयोग	ब्रोमाइड आयन का गुणात्मक परीक्षण	Hindi	02:38 AM 05:53 AM 09:09 AM 12:24 PM 03:40 PM 06:55 PM 10:11 PM



Mathematics	Chapter 8. Application of Integrals (Episode 3)	English	02:45 AM 06:00 AM 09:16 AM 12:31 PM 03:47 PM 07:02 PM 10:18 PM
जीव विज्ञान प्रयोग	पुष्प के - भागों और लैंगिक जनन में उनकी भूमिका	Hindi	02:59 AM 06:15 AM 09:30 AM 12:46 PM 04:01 PM 07:17 PM 10:32 PM
सोमवार, 09 मार्च 2026 Monday, 09 March 2026			
English Vistas	Chapter 1. The Third Level (Episode 2)	English	12:00 AM 03:27 AM 06:55 AM 10:22 AM 01:50 PM 05:18 PM 08:45 PM
इतिहास	पाठ 12. सविधान का निर्माण . एक नए युग की शुरुआत (भाग 2)	Hindi	01:05 AM 04:33 AM 08:01 AM 11:28 AM 02:56 PM 06:24 PM 09:51 PM
Biology Practical	To study a life cycle of a Malarial Parasite	English	01:17 AM 04:44 AM 08:12 AM 11:40 AM 03:07 PM 06:35 PM 10:02 PM
लेखाशास्त्र वित्तीय विवरण	पाठ 4. लेखांकन अनुपात (भाग 2)	Hindi	01:26 AM 04:54 AM 08:22 AM 11:49 AM 03:17 PM 06:45 PM 10:12 PM
हिंदी अभिव्यक्ति और माध्यम	पाठ 1. जनसंचार माध्यम और लेखन	Hindi	01:48 AM 05:15 AM 08:43 AM 12:11 PM 03:38 PM 07:06 PM 10:34 PM
Biology	Chapter 5. Molecular Basis of Inheritance: RNA (Episode 3)	English	02:30 AM 05:58 AM 09:26 AM 12:53 PM 04:21 PM 07:49 PM 11:16 PM



रसायन विज्ञान प्रयोग	विभिन्न साबुन के नमूनों (प्रतिदर्शों) की फेनन क्षमता की तुलना करना	Hindi	02:44 AM 06:12 AM 09:40 AM 01:07 PM 04:35 PM 08:03 PM 11:30 PM
Chemistry (Part 1)	Chapter 1. Solutions (Episode 4)	English	02:56 AM 06:24 AM 09:52 AM 01:19 PM 04:47 PM 08:15 PM 11:42 PM
मंगलवार, 10 मार्च 2026 Tuesday, 10 March 2026			
भूगोल भारत लोग और अर्थव्यवस्था	पाठ 1. जनसंख्या. वितरण, घनत्व, वृद्धि और संघटन - भाग 1	Hindi	12:00 AM 02:57 AM 05:54 AM 08:52 AM 11:49 AM 02:47 PM 05:44 PM 08:42 PM 11:39 PM
Biology Practical	Action of Salivary Amylase on Starch	English	12:12 AM 03:10 AM 06:07 AM 09:05 AM 12:02 PM 02:59 PM 05:57 PM 08:54 PM 11:52 PM
व्यवसाय अध्ययन	पाठ 9. व्यावसायिक वित्त - भाग 2	Hindi	12:26 AM 03:24 AM 06:21 AM 09:19 AM 12:16 PM 03:14 PM 06:11 PM 09:08 PM
Physics Practical	Electromagnetic Induction	English	12:49 AM 03:46 AM 06:44 AM 09:41 AM 12:39 PM 03:36 PM 06:33 PM 09:31 PM
संस्कृत भास्वती	पाठ 5. सूक्ति-सौरभम् - भाग 2	Sanskrit	12:52 AM 03:49 AM 06:47 AM 09:44 AM 12:42 PM 03:39 PM 06:37 PM 09:34 PM
Mathematics	Chapter 8. Application of Integrals (Episode 4)	English	01:36 AM 04:34 AM 07:31 AM 10:28 AM 01:26 PM 04:23 PM 07:21 PM 10:18 PM



Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 3)	English	02:03 AM 05:00 AM 07:57 AM 10:55 AM 01:52 PM 04:50 PM 07:47 PM 10:45 PM
Urdu	Chapter 4. Lamhe	Urdu	02:22 AM 05:19 AM 08:17 AM 11:14 AM 02:12 PM 05:09 PM 08:06 PM 11:04 PM
बुधवार, 11 मार्च 2026 Wednesday, 11 March 2026			
English Vistas	Chapter 2. The Tiger King (Episode 1)	English	12:00 AM 02:27 AM 04:55 AM 07:23 AM 09:51 AM 12:18 PM 02:46 PM 05:14 PM 07:42 PM 10:09 PM
जीव विज्ञान	पाठ 13. जैव-विविधता एवं संरक्षण - भाग 1	Hindi	12:22 AM 02:49 AM 05:17 AM 07:45 AM 10:13 AM 12:40 PM 03:08 PM 05:36 PM 08:04 PM 10:31 PM
रसायन विज्ञान	पाठ 3. रासायनिक बलगतिकी (भाग 3)	Hindi	12:43 AM 03:11 AM 05:38 AM 08:06 AM 10:34 AM 01:02 PM 03:29 PM 05:57 PM 08:25 PM 10:53 PM
हिंदी अंतरा	हिंदी- अंतरा (गद्य खंड) पाठ 2. सुमिरिनी के मनके	Hindi	01:14 AM 03:42 AM 06:09 AM 08:37 AM 11:05 AM 01:33 PM 04:00 PM 06:28 PM 08:56 PM 11:24 PM
रसायन विज्ञान प्रयोग	साबुनीकरण अभिक्रिया द्वारा साबुन बनाना	Hindi	01:35 AM 04:03 AM 06:31 AM 08:59 AM 11:26 AM 01:54 PM 04:22 PM 06:50 PM 09:17 PM 11:45 PM



Political Science World Politics	Chapter 5. Security in the Contemporary World (Episode 2)	English	01:48 AM 04:16 AM 06:44 AM 09:12 AM 11:39 AM 02:07 PM 04:35 PM 07:03 PM 09:30 PM 11:58 PM
Biology Practical	Morphology of representative types of Bacteria and Algae	English	02:04 AM 04:32 AM 07:00 AM 09:28 AM 11:55 AM 02:23 PM 04:51 PM 07:19 PM 09:46 PM
Economics Micro Economics	Chapter 2. Theory of Consumer Behaviour (Episode 2)	English	02:12 AM 04:39 AM 07:07 AM 09:35 AM 12:03 PM 02:30 PM 04:58 PM 07:26 PM 09:54 PM
बृहस्पतिवार, 12 मार्च 2026 Thursday, 12 March 2026			
मनोविज्ञान	पाठ 5. चिकित्सा उपागम - भाग 2	Hindi	12:00 AM 03:03 AM 06:07 AM 09:11 AM 12:15 PM 03:18 PM 06:22 PM 09:26 PM
राजनीति विज्ञान स्वतंत्र भारत में राजनीति	पाठ 7. क्षेत्रीय आकांक्षाएँ (भाग 2)	Hindi	12:38 AM 03:41 AM 06:45 AM 09:49 AM 12:53 PM 03:56 PM 07:00 PM 10:04 PM
अर्थशास्त्र समष्टि अर्थशास्त्र	पाठ 6. खुली अर्थव्यवस्था - भाग 1	Hindi	01:02 AM 04:06 AM 07:10 AM 10:14 AM 01:18 PM 04:21 PM 07:25 PM 10:29 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 1)	English	01:46 AM 04:50 AM 07:54 AM 10:57 AM 02:01 PM 05:05 PM 08:09 PM 11:12 PM



Biology Practical	To collect and study symptoms of diseases in locally available crop plants	English	02:01 AM 05:05 AM 08:09 AM 11:12 AM 02:16 PM 05:20 PM 08:24 PM 11:27 PM
Accountancy (II) Financial Statements	Chapter 6. Cash Flow Statement (Episode 3)	English	02:19 AM 05:23 AM 08:26 AM 11:30 AM 02:34 PM 05:38 PM 08:42 PM 11:45 PM
रसायन विज्ञान प्रयोग	आयोडाइड आयन का गुणात्मक परीक्षण	Hindi	02:40 AM 05:44 AM 08:48 AM 11:52 AM 02:55 PM 05:59 PM 09:03 PM
Geography Human Geography	Chapter 2. The World Population Distribution Density and Growth (Episode 2)	English	02:46 AM 05:50 AM 08:54 AM 11:58 AM 03:01 PM 06:05 PM 09:09 PM
शुक्रवार, 13 मार्च 2026 Friday, 13 March 2026			
English Vistas	Chapter 2. The Tiger King (Episode 2)	English	12:00 AM 03:13 AM 06:27 AM 09:40 AM 12:54 PM 04:08 PM 07:21 PM 10:35 PM
गणित	पाठ 13. प्रायिकता - भाग 3	Hindi	12:29 AM 03:43 AM 06:56 AM 10:10 AM 01:23 PM 04:37 PM 07:51 PM 11:04 PM
भौतिक विज्ञान	पाठ 12. परमाणु (भाग 2)	Hindi	01:09 AM 04:23 AM 07:37 AM 10:50 AM 02:04 PM 05:17 PM 08:31 PM 11:45 PM
भौतिक विज्ञान प्रयोग	किसी तप्त पिण्ड के शीतलन के लिए ताप-समय ग्राफ आलेखित करना	Hindi	01:32 AM 04:45 AM 07:59 AM 11:13 AM 02:26 PM 05:40 PM 08:53 PM



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हिंदी अंतरा	हिंदी- अंतरा (कविता खंड) पाठ 2. सूर्यकांत त्रिपाठी 'निराला': गीत गाने दो मुझे; सरोज-स्मृति	Hindi	01:41 AM 04:55 AM 08:08 AM 11:22 AM 02:35 PM 05:49 PM 09:03 PM
Business Studies (Part 1)	Chapter 4. Planning (Episode 2)	English	02:19 AM 05:32 AM 08:46 AM 11:59 AM 03:13 PM 06:27 PM 09:40 PM
Biology Practical	Detection of Carbohydrates: Glucose, Sucrose and Starch	English	02:31 AM 05:45 AM 08:59 AM 12:12 PM 03:26 PM 06:40 PM 09:53 PM
Psychology	Chapter 2. Self And Personality (Episode 2)	English	02:52 AM 06:06 AM 09:20 AM 12:33 PM 03:47 PM 07:01 PM 10:14 PM
शनिवार, 14 मार्च 2026 Saturday, 14 March 2026			
इतिहास	पाठ 12. सविधान का निर्माण . एक नए युग की शुरुआत (भाग 3)	Hindi	12:00 AM 02:49 AM 05:38 AM 08:27 AM 11:16 AM 02:06 PM 04:55 PM 07:44 PM 10:33 PM
रसायन विज्ञान	पाठ 4. d- एवं f-ब्लॉक के तत्त्व (भाग 1)	Hindi	12:13 AM 03:02 AM 05:52 AM 08:41 AM 11:30 AM 02:19 PM 05:09 PM 07:58 PM 10:47 PM
रसायन विज्ञान प्रयोग	नाइट्राइट आयन का गुणात्मक परीक्षण	Hindi	12:42 AM 03:31 AM 06:21 AM 09:10 AM 11:59 AM 02:48 PM 05:38 PM 08:27 PM 11:16 PM
गणित	पाठ 13. प्रायिकता - भाग 1	Hindi	12:49 AM 03:38 AM 06:27 AM 09:16 AM 12:05 PM 02:55 PM 05:44 PM 08:33 PM 11:22 PM



भौतिक विज्ञान प्रयोग	आर्किमीडीज के सिद्धांत का सत्यापन करना	Hindi	01:12 AM 04:01 AM 06:50 AM 09:40 AM 12:29 PM 03:18 PM 06:07 PM 08:56 PM 11:46 PM
Sociology Social Change & Development	Chapter 1. Structural Changes (Episode 2)	English	01:27 AM 04:16 AM 07:06 AM 09:55 AM 12:44 PM 03:33 PM 06:23 PM 09:12 PM
Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 4)	English	01:57 AM 04:46 AM 07:36 AM 10:25 AM 01:14 PM 04:03 PM 06:53 PM 09:42 PM
Biology	Chapter 5. Molecular Basis of Inheritance: Translation Types of RNA (Episode 4)	English	02:27 AM 05:16 AM 08:06 AM 10:55 AM 01:44 PM 04:33 PM 07:23 PM 10:12 PM
रविवार, 15 मार्च 2026 Sunday, 15 March 2026			
समाजशास्त्र सामाजिक परिवर्तन एवं विकास	पाठ 8. सामाजिक आंदोलन	Hindi	12:00 AM 02:39 AM 05:18 AM 07:57 AM 10:36 AM 01:15 PM 03:54 PM 06:33 PM 09:12 PM 11:51 PM
Physics Practical	To determine the resistance of a given wire using a metre bridge and hence determine the resistivity of the material of the wire	English	12:30 AM 03:09 AM 05:48 AM 08:27 AM 11:06 AM 01:45 PM 04:24 PM 07:04 PM 09:43 PM
भौतिक विज्ञान	पाठ 11. विकिरण तथा द्रव्य की द्वैत प्रकृति (भाग 3)	Hindi	12:49 AM 03:28 AM 06:07 AM 08:46 AM 11:26 AM 02:05 PM 04:44 PM 07:23 PM 10:02 PM
जीव विज्ञान	पाठ 11. जीव और समष्टियाँ - भाग 1	Hindi	01:14 AM 03:53 AM 06:32 AM 09:11 AM 11:50 AM 02:29 PM 05:09 PM 07:48 PM 10:27 PM



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Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 1)	English	01:40 AM 04:19 AM 06:58 AM 09:37 AM 12:16 PM 02:56 PM 05:35 PM 08:14 PM 10:53 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 2)	English	02:01 AM 04:40 AM 07:19 AM 09:58 AM 12:37 PM 03:16 PM 05:55 PM 08:34 PM 11:13 PM
Mathematics	Chapter 9. Differential Equations (Episode 1)	English	02:21 AM 05:00 AM 07:40 AM 10:19 AM 12:58 PM 03:37 PM 06:16 PM 08:55 PM 11:34 PM
सोमवार, 16 मार्च 2026 Monday, 16 March 2026			
English Flamingo	Chapter 1. Flamingo Prose. The Last Lesson (Episode 1 A)	English	12:00 AM 02:44 AM 05:29 AM 08:14 AM 10:59 AM 01:44 PM 04:29 PM 07:14 PM 09:59 PM
इतिहास	पाठ 11. महात्मा गाँधी और राष्ट्रवादी आन्दोलन - भाग 1	Hindi	12:45 AM 03:30 AM 06:15 AM 09:00 AM 11:45 AM 02:29 PM 05:14 PM 07:59 PM 10:44 PM
हिंदी आरोह	हिंदी- आरोह (काव्य खंड) पाठ 2. आलोक धन्वा: पतंग	Hindi	01:21 AM 04:05 AM 06:50 AM 09:35 AM 12:20 PM 03:05 PM 05:50 PM 08:35 PM 11:20 PM
Biology	Chapter 5. Molecular Basis of Inheritance: Gene Expression and Lac Operon (Episode 5)	English	01:46 AM 04:31 AM 07:16 AM 10:01 AM 12:46 PM 03:31 PM 06:16 PM 09:01 PM 11:46 PM



भौतिक विज्ञान प्रयोग	एक समान त्वरण से गतिमान पिण्ड के लिए दिए गए आंकड़ों के समुच्चय से वेग-समय ग्राफ खींचना तथा गतिमान पिण्ड का त्वरण तथा पिण्ड द्वारा चली गयी दूरी ज्ञात करना	Hindi	01:55 AM 04:40 AM 07:25 AM 10:10 AM 12:55 PM 03:40 PM 06:25 PM 09:10 PM 11:54 PM
Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 2)	English	02:24 AM 05:09 AM 07:54 AM 10:39 AM 01:24 PM 04:09 PM 06:53 PM 09:38 PM
मंगलवार, 17 मार्च 2026 Tuesday, 17 March 2026			
Urdu	Chapter 3. Umraojaan	Urdu	12:00 AM 02:52 AM 05:44 AM 08:36 AM 11:28 AM 02:21 PM 05:13 PM 08:05 PM 10:57 PM
भूगोल मानव भूगोल	पाठ 2. विश्व जनसंख्या वितरण; घनत्व और वृद्धि - भाग 1	Hindi	12:51 AM 03:44 AM 06:36 AM 09:28 AM 12:20 PM 03:12 PM 06:05 PM 08:57 PM 11:49 PM
व्यवसाय अध्ययन	पाठ 9. व्यावसायिक वित्त - भाग 3	Hindi	01:14 AM 04:06 AM 06:58 AM 09:51 AM 12:43 PM 03:35 PM 06:27 PM 09:20 PM
Mathematics	Chapter 9. Differential Equations (Episode 2)	English	01:44 AM 04:36 AM 07:28 AM 10:21 AM 01:13 PM 04:05 PM 06:57 PM 09:50 PM
Physics	Chapter 9. Ray Optics And Optical Instruments (Episode 5)	English	01:59 AM 04:51 AM 07:44 AM 10:36 AM 01:28 PM 04:20 PM 07:13 PM 10:05 PM
संस्कृत भास्वती	पाठ 6. नैकेनापि समं गता वसुमती - भाग 1	Sanskrit	02:24 AM 05:16 AM 08:08 AM 11:00 AM 01:52 PM 04:45 PM 07:37 PM 10:29 PM



बुधवार, 18 मार्च 2026

Wednesday, 18 March 2026

English Flamingo	Chapter 1. Flamingo Prose. The Last Lesson (Episode 1 B)	English	12:00 AM 03:10 AM 06:20 AM 09:31 AM 12:41 PM 03:51 PM 07:02 PM 10:12 PM
रसायन विज्ञान प्रयोग	ऐसीटिक अम्ल एथेनोइक अम्ल के भौतिक व रासायनिक गुणों का अध्ययन करना	Hindi	12:29 AM 03:39 AM 06:49 AM 10:00 AM 01:10 PM 04:20 PM 07:31 PM 10:41 PM
जीव विज्ञान	पाठ 13. जैव-विविधता एवं संरक्षण - भाग 1	Hindi	12:47 AM 03:57 AM 07:08 AM 10:18 AM 01:28 PM 04:39 PM 07:49 PM 10:59 PM
रसायन विज्ञान	पाठ 4. d- एवं f-ब्लॉक के तत्व (भाग 2)	Hindi	01:08 AM 04:19 AM 07:29 AM 10:39 AM 01:50 PM 05:00 PM 08:10 PM 11:21 PM
Chemistry Practical	Identification of Anion using Microscale Chemistry Laboratory Kit (Carbonate Ion)	English	01:44 AM 04:54 AM 08:05 AM 11:15 AM 02:25 PM 05:36 PM 08:46 PM 11:56 PM
हिंदी अभिव्यक्ति और माध्यम	पाठ 2. पत्रकारिता के विविध आयाम	Hindi	01:52 AM 05:03 AM 08:13 AM 11:23 AM 02:34 PM 05:44 PM 08:54 PM
Political Science World Politics	Chapter 5. Security in the Contemporary World (Episode 3)	English	02:18 AM 05:28 AM 08:39 AM 11:49 AM 02:59 PM 06:10 PM 09:20 PM
Economics Micro Economics	Chapter 2. Theory of Consumer Behaviour (Episode 3)	English	02:38 AM 05:48 AM 08:59 AM 12:09 PM 03:19 PM 06:30 PM 09:40 PM



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बृहस्पतिवार, 19 मार्च 2026

Thursday, 19 March 2026

मनोविज्ञान	पाठ 5. चिकित्सा उपागम - भाग 3	Hindi	12:00 AM 02:55 AM 05:51 AM 08:46 AM 11:42 AM 02:37 PM 05:33 PM 08:28 PM 11:24 PM
राजनीति विज्ञान विश्व राजनीति	पाठ 7. वैश्वीकरण (भाग 1)	Hindi	12:27 AM 03:23 AM 06:18 AM 09:14 AM 12:09 PM 03:05 PM 06:01 PM 08:56 PM 11:52 PM
Physics Practical	To determine the internal Resistance of a given Primary Cell using a Potentiometer	English	12:47 AM 03:42 AM 06:38 AM 09:33 AM 12:29 PM 03:24 PM 06:20 PM 09:16 PM
अर्थशास्त्र व्यष्टि अर्थशास्त्र	पाठ 5. बाजार संतुलन - भाग 1	Hindi	12:57 AM 03:52 AM 06:48 AM 09:44 AM 12:39 PM 03:35 PM 06:30 PM 09:26 PM
Biology Practical	Characteristic features of Ambhibia, Reptilia, Aves and Mammalia	English	01:22 AM 04:17 AM 07:13 AM 10:08 AM 01:04 PM 03:59 PM 06:55 PM 09:50 PM
Geography India People & Economy	Chapter 2. Human Settlements (Episode 1)	English	01:30 AM 04:26 AM 07:21 AM 10:17 AM 01:12 PM 04:08 PM 07:03 PM 09:59 PM
History Themes in Indian History (Part 1)	Chapter 2. Kings, Farmers and Towns (Episode 1)	English	01:46 AM 04:42 AM 07:37 AM 10:33 AM 01:28 PM 04:24 PM 07:20 PM 10:15 PM
Accountancy (II) Financial Statements	Chapter 6. Cash Flow Statement (Episode 4)	English	02:31 AM 05:27 AM 08:22 AM 11:18 AM 02:14 PM 05:09 PM 08:05 PM 11:00 PM



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शुक्रवार, 20 मार्च 2026

Friday, 20 March 2026

English Flamingo	Chapter 1. Flamingo Prose. The Last Lesson (Episode 2)	English	12:00 AM 02:43 AM 05:26 AM 08:10 AM 10:53 AM 01:36 PM 04:20 PM 07:03 PM 09:46 PM
गणित	पाठ 13. प्रायिकता - भाग 2	Hindi	12:31 AM 03:14 AM 05:58 AM 08:41 AM 11:24 AM 02:08 PM 04:51 PM 07:34 PM 10:18 PM
Physics Practical	Circuit Component	English	12:51 AM 03:34 AM 06:18 AM 09:01 AM 11:44 AM 02:28 PM 05:11 PM 07:54 PM 10:38 PM
भौतिक विज्ञान	पाठ 11. विकिरण तथा द्रव्य की द्वैत प्रकृति (भाग 4)	Hindi	01:10 AM 03:53 AM 06:37 AM 09:20 AM 12:03 PM 02:47 PM 05:30 PM 08:13 PM 10:57 PM
रसायन विज्ञान प्रयोग	वाष्पन की प्रक्रिया का अध्ययन करना	Hindi	01:30 AM 04:13 AM 06:56 AM 09:40 AM 12:23 PM 03:06 PM 05:50 PM 08:33 PM 11:16 PM
हिंदी आरोह	हिंदी- आरोह (काव्य खंड) पाठ 1. हरिवंश राय बच्चन. आत्मपरिचय, एक गीत	Hindi	01:33 AM 04:17 AM 07:00 AM 09:43 AM 12:27 PM 03:10 PM 05:53 PM 08:37 PM 11:20 PM
Business Studies (Part 1)	Chapter 4. Planning (Episode 3)	English	01:53 AM 04:36 AM 07:19 AM 10:03 AM 12:46 PM 03:29 PM 06:13 PM 08:56 PM 11:40 PM
Psychology	Chapter 2. Self And Personality (Episode 3)	English	02:22 AM 05:06 AM 07:49 AM 10:32 AM 01:16 PM 03:59 PM 06:42 PM 09:26 PM



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शनिवार, 21 मार्च 2026

Saturday, 21 March 2026

इतिहास	पाठ 12. सविधान का निर्माण . एक नए युग की शुरुआत (भाग 1)	Hindi	12:00 AM 03:45 AM 07:31 AM 11:17 AM 03:03 PM 06:49 PM 10:35 PM
रसायन विज्ञान प्रयोग	नाइट्राइट आयन का गुणात्मक परीक्षण	Hindi	12:27 AM 04:13 AM 07:58 AM 11:44 AM 03:30 PM 07:16 PM 11:02 PM
रसायन विज्ञान	पाठ 4. d- एवं f-ब्लॉक के तत्व (भाग 3)	Hindi	12:33 AM 04:19 AM 08:05 AM 11:51 AM 03:36 PM 07:22 PM 11:08 PM
गणित	पाठ 13. प्रायिकता - भाग 3	Hindi	01:42 AM 05:28 AM 09:14 AM 01:00 PM 04:46 PM 08:32 PM
Sociology Indian Society	Chapter 1. Introducing Indian Society (Episode 1)	English	02:09 AM 05:55 AM 09:41 AM 01:27 PM 05:12 PM 08:58 PM
Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 6)	English	02:31 AM 06:17 AM 10:03 AM 01:49 PM 05:35 PM 09:21 PM
Biology	Chapter 5. Molecular Basis of Inheritance: Human Genome Project (Episode 6)	English	03:28 AM 07:14 AM 11:00 AM 02:45 PM 06:31 PM 10:17 PM

रविवार, 22 मार्च 2026

Sunday, 22 March 2026

समाजशास्त्र सामाजिक परिवर्तन एवं विकास	पाठ 6. भूमंडलीकरण और सामाजिक परिवर्तन	Hindi	12:00 AM 02:55 AM 05:51 AM 08:46 AM 11:42 AM 02:38 PM 05:33 PM 08:29 PM 11:25 PM
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भौतिक विज्ञान	पाठ 12. परमाणु (भाग 1)	Hindi	12:28 AM 03:23 AM 06:19 AM 09:15 AM 12:10 PM 03:06 PM 06:01 PM 08:57 PM 11:53 PM
जीव विज्ञान	पाठ 11. जीव और समष्टियाँ - भाग 1	Hindi	12:51 AM 03:47 AM 06:43 AM 09:38 AM 12:34 PM 03:29 PM 06:25 PM 09:21 PM
जीव विज्ञान प्रयोग	पादपों की पत्ती में रन्ध्रों का निरीक्षण करना तथा पत्ती की छीलन की अस्थायी स्लाइड तैयार करना	Hindi	01:16 AM 04:11 AM 07:07 AM 10:03 AM 12:58 PM 03:54 PM 06:49 PM 09:45 PM
Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 3)	English	01:43 AM 04:39 AM 07:34 AM 10:30 AM 01:26 PM 04:21 PM 07:17 PM 10:13 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 1)	English	02:01 AM 04:57 AM 07:53 AM 10:48 AM 01:44 PM 04:39 PM 07:35 PM 10:31 PM
Physics Practical	Circuit Component	English	02:16 AM 05:12 AM 08:08 AM 11:03 AM 01:59 PM 04:54 PM 07:50 PM 10:46 PM
Mathematics	Chapter 9. Differential Equations (Episode 3)	English	02:35 AM 05:31 AM 08:27 AM 11:22 AM 02:18 PM 05:14 PM 08:09 PM 11:05 PM
सोमवार, 23 मार्च 2026 Monday, 23 March 2026			
English Flamingo	Chapter 1. Flamingo Prose. The Last Lesson (Episode 3)	English	12:00 AM 03:05 AM 06:11 AM 09:17 AM 12:22 PM 03:28 PM 06:34 PM 09:39 PM
Physics Practical	To determine resistance per unit length of a given wire by plotting a	English	12:19 AM 03:24 AM 06:30 AM 09:36 AM 12:41 PM 03:47 PM 06:53 PM 09:58 PM



	graph of potential difference versus current		
इतिहास	पाठ 12. सविधान का निर्माण . एक नए युग की शुरुआत (भाग 2)	Hindi	12:32 AM 03:38 AM 06:43 AM 09:49 AM 12:55 PM 04:00 PM 07:06 PM 10:12 PM
Biology Practical	To collect and study symptoms of diseases in locally available crop plants	English	12:43 AM 03:49 AM 06:54 AM 10:00 AM 01:06 PM 04:11 PM 07:17 PM 10:23 PM
लेखाशास्त्र वित्तीय विवरण	पाठ 4. लेखांकन अनुपात (भाग 3)	Hindi	01:01 AM 04:07 AM 07:12 AM 10:18 AM 01:24 PM 04:29 PM 07:35 PM 10:41 PM
हिंदी अंतरा	हिंदी- अंतरा (कविता खंड) पाठ 1. जयशंकर प्रसाद: देवसेना का गीत; कार्नेलिया का गीत	Hindi	01:26 AM 04:32 AM 07:38 AM 10:43 AM 01:49 PM 04:55 PM 08:00 PM 11:06 PM
Biology	Chapter 6. Heredity and Evolution	English	02:11 AM 05:17 AM 08:23 AM 11:28 AM 02:34 PM 05:40 PM 08:45 PM 11:51 PM
Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 4)	English	02:46 AM 05:51 AM 08:57 AM 12:03 PM 03:08 PM 06:14 PM 09:20 PM
मंगलवार, 24 मार्च 2026 Tuesday, 24 March 2026			
Urdu	Chapter 4. Lamhe	Urdu	12:00 AM 03:04 AM 06:09 AM 09:14 AM 12:19 PM 03:23 PM 06:28 PM 09:33 PM
भूगोल भारत लोग और अर्थव्यवस्था	पाठ 1. जनसंख्या. वितरण; घनत्व; वृद्धि और संघटन - भाग 2	Hindi	12:49 AM 03:54 AM 06:58 AM 10:03 AM 01:08 PM 04:13 PM 07:18 PM 10:22 PM



व्यवसाय अध्ययन	पाठ 10. विपणन - भाग 1	Hindi	01:06 AM 04:11 AM 07:16 AM 10:20 AM 01:25 PM 04:30 PM 07:35 PM 10:39 PM
Physics Practical	To determine Young's Modulus of the material of a given wire by using Searle's Apparatus	English	01:30 AM 04:35 AM 07:39 AM 10:44 AM 01:49 PM 04:54 PM 07:59 PM 11:03 PM
संस्कृत भास्वती	पाठ 5. सूक्ति-सौरभम् - भाग 1	Sanskrit	01:44 AM 04:49 AM 07:54 AM 10:59 AM 02:04 PM 05:08 PM 08:13 PM 11:18 PM
Biology Practical	Anatomy of Stems of Monocots and Dicots	English	02:12 AM 05:17 AM 08:22 AM 11:27 AM 02:32 PM 05:36 PM 08:41 PM 11:46 PM
Mathematics	Chapter 9. Differential Equations (Episode 4)	English	02:24 AM 05:29 AM 08:34 AM 11:39 AM 02:43 PM 05:48 PM 08:53 PM 11:58 PM
Physics	Chapter 9. Ray Optics and Optical Instruments (Episode 7)	English	02:42 AM 05:47 AM 08:52 AM 11:56 AM 03:01 PM 06:06 PM 09:11 PM
बुधवार, 25 मार्च 2026 Wednesday, 25 March 2026			
English Flamingo	Chapter 1. Flamingo Poetry. My Mother at Sixty-six	English	12:00 AM 03:28 AM 06:56 AM 10:24 AM 01:52 PM 05:20 PM 08:48 PM
जीव विज्ञान	पाठ 13. जैव-विविधता एवं संरक्षण - भाग 1	Hindi	12:22 AM 03:50 AM 07:19 AM 10:47 AM 02:15 PM 05:43 PM 09:11 PM



जीव विज्ञान प्रयोग	मानव की कपोल की उपकला कोशिकाओं का अस्थायी आरोपण	Hindi	12:43 AM 04:11 AM 07:39 AM 11:07 AM 02:35 PM 06:03 PM 09:32 PM
रसायन विज्ञान	पाठ 3. रासायनिक बलगतिकी (भाग 1)	Hindi	12:49 AM 04:17 AM 07:45 AM 11:13 AM 02:41 PM 06:10 PM 09:38 PM
हिंदी अंतरा	हिंदी- अंतरा (गद्य खंड) पाठ 1. रामचंद्र शुक्ल और उनका निबंध प्रेमघन की छाया स्मृति	Hindi	01:37 AM 05:05 AM 08:33 AM 12:02 PM 03:30 PM 06:58 PM 10:26 PM
Political Science World Politics	Chapter 6. Environment & Natural Resources (Episode 1)	English	02:15 AM 05:43 AM 09:12 AM 12:40 PM 04:08 PM 07:36 PM 11:04 PM
Physics Practical	To determine the resistance of a moving coil galvanometer by half deflection method and to find its figure of merit	English	02:34 AM 06:02 AM 09:30 AM 12:58 PM 04:26 PM 07:54 PM 11:23 PM
Economics Micro Economics	Chapter 2. Theory of Consumer Behaviour (Episode 4)	English	02:51 AM 06:19 AM 09:47 AM 01:15 PM 04:43 PM 08:11 PM 11:40 PM
बृहस्पतिवार, 26 मार्च 2026 Thursday, 26 March 2026			
मनोविज्ञान	पाठ 6. अभिवृत्ति एवं सामाजिक संज्ञान - भाग 1	Hindi	12:00 AM 03:12 AM 06:25 AM 09:38 AM 12:51 PM 04:04 PM 07:17 PM 10:29 PM
राजनीति विज्ञान स्वतंत्र भारत में राजनीति	पाठ 7. क्षेत्रीय आकांक्षाएँ (भाग 1)	Hindi	12:49 AM 04:02 AM 07:15 AM 10:28 AM 01:40 PM 04:53 PM 08:06 PM 11:19 PM



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अर्थशास्त्र समष्टि अर्थशास्त्र	पाठ 6. खुली अर्थव्यवस्था - भाग 1	Hindi	01:22 AM 04:35 AM 07:48 AM 11:01 AM 02:13 PM 05:26 PM 08:39 PM 11:52 PM
History Themes in Indian History (Part 1)	Chapter 1. Bricks, Breads and Bones (Episode 2)	English	01:56 AM 05:09 AM 08:22 AM 11:34 AM 02:47 PM 06:00 PM 09:13 PM
जीव विज्ञान प्रयोग	परासरण की परिघटना का अध्ययन	Hindi	02:13 AM 05:26 AM 08:39 AM 11:52 AM 03:05 PM 06:17 PM 09:30 PM
Accountancy (II) Financial Statements	Chapter 6. Cash Flow Statement (Episode 1)	English	02:21 AM 05:34 AM 08:47 AM 11:59 AM 03:12 PM 06:25 PM 09:38 PM
रसायन विज्ञान प्रयोग	सल्फाइड आयन का गुणात्मक परीक्षण	Hindi	02:46 AM 05:59 AM 09:11 AM 12:24 PM 03:37 PM 06:50 PM 10:03 PM
Geography India People & Economy	Chapter 2. Human Settlements (Episode 2)	English	02:54 AM 06:07 AM 09:19 AM 12:32 PM 03:45 PM 06:58 PM 10:11 PM
शुक्रवार, 27 मार्च 2026 Friday, 27 March 2026			
English Flamingo	Chapter 2. Flamingo Prose. Lost Spring (Episode 1)	English	12:00 AM 03:13 AM 06:27 AM 09:41 AM 12:55 PM 04:09 PM 07:22 PM 10:36 PM
Physics Practical	Using Kirchhoff's Rules for electrical circuits to find a condition for resistances in a balanced Wheatstone Bridge	English	12:29 AM 03:43 AM 06:57 AM 10:11 AM 01:24 PM 04:38 PM 07:52 PM 11:06 PM



गणित	पाठ 13. प्रायिकता - भाग 1	Hindi	12:36 AM 03:50 AM 07:04 AM 10:18 AM 01:32 PM 04:45 PM 07:59 PM 11:13 PM
Biology Practical	Characteristic features of Ambhibia, Reptilia, Aves and Mammalia	English	01:00 AM 04:13 AM 07:27 AM 10:41 AM 01:55 PM 05:09 PM 08:22 PM 11:36 PM
भौतिक विज्ञान	पाठ 12. परमाणु (भाग 2)	Hindi	01:08 AM 04:22 AM 07:36 AM 10:50 AM 02:03 PM 05:17 PM 08:31 PM 11:45 PM
हिंदी अभिव्यक्ति और माध्यम	पाठ 1. जनसंचार माध्यम और लेखन	Hindi	01:32 AM 04:46 AM 07:59 AM 11:13 AM 02:27 PM 05:41 PM 08:55 PM
Business Studies (Part 1)	Chapter 4. Planning (Episode 4)	English	02:14 AM 05:28 AM 08:42 AM 11:56 AM 03:10 PM 06:23 PM 09:37 PM
Psychology	Chapter 2. Neo Freudian Approach (Episode 4)	English	02:53 AM 06:07 AM 09:21 AM 12:35 PM 03:49 PM 07:02 PM 10:16 PM
शनिवार, 28 मार्च 2026 Saturday, 28 March 2026			
इतिहास	पाठ 12. संविधान का निर्माण . एक नए युग की शुरुआत (भाग 3)	Hindi	12:00 AM 03:05 AM 06:10 AM 09:15 AM 12:20 PM 03:25 PM 06:31 PM 09:36 PM
रसायन विज्ञान	पाठ 3. रासायनिक बलगतिकी (भाग 2)	Hindi	12:13 AM 03:19 AM 06:24 AM 09:29 AM 12:34 PM 03:39 PM 06:44 PM 09:50 PM



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गणित	पाठ 13. प्रायिकता - भाग 2	Hindi	12:58 AM 04:04 AM 07:09 AM 10:14 AM 01:19 PM 04:24 PM 07:29 PM 10:35 PM
Sociology Indian Society	Chapter 1. Introducing Indian Society (Episode 2)	English	01:41 AM 04:46 AM 07:51 AM 10:56 AM 02:01 PM 05:07 PM 08:12 PM 11:17 PM
Biology Practical	To collect and study symptoms of diseases in locally available crop plants	English	01:55 AM 05:00 AM 08:05 AM 11:11 AM 02:16 PM 05:21 PM 08:26 PM 11:31 PM
Physics	Chapter 10. Wave Optics (Episode 1)	English	02:13 AM 05:18 AM 08:23 AM 11:28 AM 02:34 PM 05:39 PM 08:44 PM 11:49 PM
Biology	Chapter 6. Evolution (Episode 1)	English	02:47 AM 05:52 AM 08:58 AM 12:03 PM 03:08 PM 06:13 PM 09:18 PM
रविवार, 29 मार्च 2026 Sunday, 29 March 2026			
समाजशास्त्र सामाजिक परिवर्तन एवं विकास	पाठ 7. जनसंपर्क साधन और जनसंचार	Hindi	12:00 AM 03:11 AM 06:22 AM 09:34 AM 12:45 PM 03:57 PM 07:08 PM 10:20 PM
Biology Practical	Diversity in Plant Tissues	English	12:25 AM 03:37 AM 06:48 AM 10:00 AM 01:11 PM 04:23 PM 07:34 PM 10:46 PM



भौतिक विज्ञान	पाठ 11. विकिरण तथा द्रव्य की द्वैत प्रकृति (भाग 3)	Hindi	12:41 AM 03:52 AM 07:04 AM 10:15 AM 01:27 PM 04:38 PM 07:50 PM 11:01 PM
जीव विज्ञान	पाठ 11. जीव और समष्टियाँ - भाग 1	Hindi	01:21 AM 04:32 AM 07:44 AM 10:55 AM 02:06 PM 05:18 PM 08:29 PM 11:41 PM
Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 5)	English	01:49 AM 05:00 AM 08:12 AM 11:23 AM 02:35 PM 05:46 PM 08:58 PM
History Themes in Indian History (Part 1)	Chapter 2. Kings, Farmers and Towns (Episode 1)	English	02:09 AM 05:20 AM 08:31 AM 11:43 AM 02:54 PM 06:06 PM 09:17 PM
Physics Practical	To determine resistance per unit length of a given wire by plotting a graph of potential difference versus current	English	02:24 AM 05:35 AM 08:47 AM 11:58 AM 03:10 PM 06:21 PM 09:33 PM
Mathematics	Chapter 10- Vector algebra (Episode 4)	English	02:37 AM 05:49 AM 09:00 AM 12:11 PM 03:23 PM 06:34 PM 09:46 PM
सोमवार, 30 मार्च 2026 Monday, 30 March 2026			
English Flamingo	Chapter 2. Flamingo Prose. Lost Spring (Episode 2)	English	12:00 AM 03:01 AM 06:02 AM 09:04 AM 12:05 PM 03:07 PM 06:08 PM 09:09 PM



इतिहास	पाठ 11. महात्मा गाँधी और राष्ट्रवादी आन्दोलन - भाग 1	Hindi	12:25 AM 03:27 AM 06:28 AM 09:29 AM 12:31 PM 03:32 PM 06:34 PM 09:35 PM
Physics Practical	To find the Focal Length of a Concave Lens with the help of a Convex Lens	English	12:48 AM 03:49 AM 06:51 AM 09:52 AM 12:53 PM 03:55 PM 06:56 PM 09:58 PM
लेखाशास्त्र वित्तीय विवरण	पाठ 4. लेखांकन अनुपात (भाग 4)	Hindi	01:00 AM 04:01 AM 07:03 AM 10:04 AM 01:06 PM 04:07 PM 07:08 PM 10:10 PM
हिंदी अंतरा	हिंदी- अंतरा (गद्य खंड) पाठ 2. सुमिरिनी के मनके	Hindi	01:54 AM 04:55 AM 07:57 AM 10:58 AM 01:59 PM 05:01 PM 08:02 PM 11:04 PM
रसायन विज्ञान प्रयोग	क्लोराइड आयन का गुणात्मक परीक्षण	Hindi	02:15 AM 05:17 AM 08:18 AM 11:19 AM 02:21 PM 05:22 PM 08:24 PM 11:25 PM
Biology	Chapter 6. Evolution (Episode 2)	English	02:26 AM 05:27 AM 08:29 AM 11:30 AM 02:31 PM 05:33 PM 08:34 PM 11:36 PM
Chemistry (Part 1)	Chapter 2. Electrochemistry (Episode 6)	English	02:43 AM 05:45 AM 08:46 AM 11:47 AM 02:49 PM 05:50 PM 08:52 PM 11:53 PM



मंगलवार, 31 मार्च 2026

Tuesday, 31 March 2026

Urdu	Chapter 3. Umraojaan	Urdu	12:00 AM 02:49 AM 05:38 AM 08:27 AM 11:17 AM 02:06 PM 04:55 PM 07:44 PM 10:34 PM
भूगोल भारत लोग और अर्थव्यवस्था	पाठ 2. मानव बस्तियाँ - भाग 1	Hindi	12:21 AM 03:10 AM 05:59 AM 08:48 AM 11:38 AM 02:27 PM 05:16 PM 08:06 PM 10:55 PM
व्यवसाय अध्ययन	पाठ 10. विपणन - भाग 2	Hindi	12:52 AM 03:41 AM 06:31 AM 09:20 AM 12:09 PM 02:58 PM 05:48 PM 08:37 PM 11:26 PM
संस्कृत भास्वती	पाठ 5. सूक्ति-सौरभम् - भाग 2	Sanskrit	01:21 AM 04:10 AM 06:59 AM 09:48 AM 12:38 PM 03:27 PM 06:16 PM 09:06 PM 11:55 PM
Mathematics	Chapter 10. Vector Algebra (Episode 5)	English	01:51 AM 04:40 AM 07:29 AM 10:18 AM 01:08 PM 03:57 PM 06:46 PM 09:35 PM
Physics	Chapter 10. Wave Optics (Episode 2)	English	02:15 AM 05:04 AM 07:53 AM 10:43 AM 01:32 PM 04:21 PM 07:10 PM 10:00 PM



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