

## कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

### कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	Urdu	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
अर्थशास्त्र	इतिहास	Political Science	Economics	राजनीति विज्ञान	Economics	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11-12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/28](https://www.swayamprabha.gov.in/index.php/program/current_se/28).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

**कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी**  
**Monthly Program Transmission Schedule of Class - 9**

**मार्च 2026**  
**March 2026**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
<b>रविवार, 01 मार्च 2026</b> Sunday, 01 March 2026			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:59 PM    11:59 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:34 AM    03:34 AM    06:33 AM    09:33 AM    12:33 PM    03:33 PM    06:33 PM    09:33 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	12:44 AM    03:44 AM    06:44 AM    09:44 AM    12:44 PM    03:44 PM    06:44 PM    09:43 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:10 AM    04:10 AM    07:10 AM    10:09 AM    01:09 PM    04:09 PM    07:09 PM    10:09 PM
General	E-Waste Management: Film 1	English	01:44 AM    04:44 AM    07:44 AM    10:44 AM    01:44 PM    04:44 PM    07:43 PM    10:43 PM
कहानी	बबलू की नाव	हिन्दी	01:51 AM    04:51 AM    07:51 AM    10:51 AM    01:51 PM    04:51 PM    07:51 PM    10:51 PM
Science (General)	Why is difficult to walk on Sand	English	02:12 AM    05:12 AM    08:12 AM    11:12 AM    02:12 PM    05:12 PM    08:12 PM    11:12 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part I	English	02:17 AM    05:17 AM    08:17 AM    11:17 AM    02:17 PM    05:17 PM    08:17 PM    11:17 PM
<b>सोमवार, 02 मार्च 2026</b> Monday, 02 March 2026			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:58 PM    05:58 PM    08:58 PM    11:58 PM



भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:46 AM    03:46 AM    06:46 AM    09:46 AM    12:46 PM    03:45 PM    06:45 PM    09:45 PM
Science	Chapter 4: Structure of Atom	English	01:29 AM    04:28 AM    07:28 AM    10:28 AM    01:28 PM    04:27 PM    07:27 PM    10:27 PM
Science (General)	Why is difficult to walk on Sand	English	01:56 AM    04:56 AM    07:56 AM    10:56 AM    01:56 PM    04:55 PM    07:55 PM    10:55 PM
Mathematics	Chapter 1: Number system	English	02:01 AM    05:01 AM    08:01 AM    11:00 AM    02:00 PM    05:00 PM    08:00 PM    10:59 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	02:30 AM    05:30 AM    08:30 AM    11:29 AM    02:29 PM    05:29 PM    08:29 PM    11:28 PM
<b>मंगलवार, 03 मार्च 2026</b> <b>Tuesday, 03 March 2026</b>			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 2	हिन्दी	12:00 AM    03:01 AM    06:03 AM    09:04 AM    12:06 PM    03:07 PM    06:09 PM    09:10 PM
General English	Episode 7 Making Requests 1	English	12:41 AM    03:43 AM    06:44 AM    09:46 AM    12:47 PM    03:49 PM    06:50 PM    09:52 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:52 AM    03:54 AM    06:55 AM    09:57 AM    12:58 PM    04:00 PM    07:01 PM    10:03 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Andaman and Nicobar Islands	English/hindi	01:23 AM    04:25 AM    07:26 AM    10:28 AM    01:29 PM    04:31 PM    07:32 PM    10:34 PM
Science	Chapter 4: Structure of the Atom, Part - I	English	01:33 AM    04:35 AM    07:36 AM    10:38 AM    01:39 PM    04:41 PM    07:42 PM    10:44 PM
Mathematics	Chapter 1: Number System, Part - I	English	02:07 AM    05:08 AM    08:10 AM    11:11 AM    02:13 PM    05:15 PM    08:16 PM    11:18 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:42 AM    05:44 AM    08:45 AM    11:47 AM    02:48 PM    05:50 PM    08:51 PM    11:53 PM
<b>बुधवार, 04 मार्च 2026</b> <b>Wednesday, 04 March 2026</b>			
गणित	पाठ 10: वृत्त, भाग - 1	हिन्दी	12:00 AM    03:01 AM    06:02 AM    09:03 AM    12:04 PM    03:05 PM    06:06 PM    09:08 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	योग- चक्रासन	हिन्दी	12:33 AM    03:34 AM    06:35 AM    09:36 AM    12:37 PM    03:38 PM    06:40 PM    09:41 PM



विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 1	हिन्दी	12:45 AM    03:46 AM    06:47 AM    09:48 AM    12:50 PM    03:51 PM    06:52 PM    09:53 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	01:21 AM    04:22 AM    07:23 AM    10:24 AM    01:26 PM    04:27 PM    07:28 PM    10:29 PM
English	Moments, Chapter - 7: The Last Leaf	English	02:04 AM    05:05 AM    08:07 AM    11:08 AM    02:09 PM    05:10 PM    08:11 PM    11:12 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	02:37 AM    05:38 AM    08:39 AM    11:40 AM    02:42 PM    05:43 PM    08:44 PM    11:45 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Democracy	English	02:49 AM    05:50 AM    08:51 AM    11:52 AM    02:54 PM    05:55 PM    08:56 PM    11:57 PM
<b>बृहस्पतिवार, 05 मार्च 2026</b> Thursday, 05 March 2026			
गणित	पाठ 10: वृत्त, भाग - 2	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:59 PM    11:58 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	12:32 AM    03:32 AM    06:32 AM    09:31 AM    12:31 PM    03:31 PM    06:31 PM    09:31 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 2	हिन्दी	12:50 AM    03:50 AM    06:50 AM    09:50 AM    12:50 PM    03:50 PM    06:49 PM    09:49 PM 
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	01:16 AM    04:16 AM    07:15 AM    10:15 AM    01:15 PM    04:15 PM    07:15 PM    10:15 PM
English	Moments, Chapter - 8: A House is Not A Home part-1	English	01:56 AM    04:56 AM    07:56 AM    10:56 AM    01:56 PM    04:55 PM    07:55 PM    10:55 PM
Social Science (Economics)	Economics, Chapter-1, The Story of Village Palampur	English	02:21 AM    05:21 AM    08:21 AM    11:20 AM    02:20 PM    05:20 PM    08:20 PM    11:20 PM
<b>शुक्रवार, 06 मार्च 2026</b> Friday, 06 March 2026			
संस्कृत	पाठ 1: भारतीवसन्तगीति: भाग - 1	संस्कृत	12:00 AM    02:59 AM    05:58 AM    08:57 AM    11:57 AM    02:56 PM    05:55 PM    08:54 PM    11:54 PM



सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:36 AM    03:35 AM    06:34 AM    09:34 AM    12:33 PM    03:32 PM    06:32 PM    09:31 PM
कहानी	गुलज़ार बच्चों के साथ	हिन्दी	12:57 AM    03:57 AM    06:56 AM    09:55 AM    12:55 PM    03:54 PM    06:53 PM    09:52 PM
Mathematics	Chapter 1: Number System, Part - II	English	01:10 AM    04:09 AM    07:09 AM    10:08 AM    01:07 PM    04:06 PM    07:06 PM    10:05 PM
Science	Chapter 4: Structure of the Atom, Part - II	English	01:51 AM    04:51 AM    07:50 AM    10:49 AM    01:48 PM    04:48 PM    07:47 PM    10:46 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	02:22 AM    05:21 AM    08:20 AM    11:19 AM    02:19 PM    05:18 PM    08:17 PM    11:17 PM
General	E-Waste Management: Film 3	English	02:54 AM    05:53 AM    08:53 AM    11:52 AM    02:51 PM    05:50 PM    08:50 PM    11:49 PM
<b>शनिवार, 07 मार्च 2026</b> <b>Saturday, 07 March 2026</b>			
हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:58 AM    08:57 AM    11:57 AM    02:56 PM    05:55 PM    08:55 PM    11:54 PM
सामान्य	आओ सैर करें - राजघाट	हिन्दी	12:38 AM    03:37 AM    06:37 AM    09:36 AM    12:35 PM    03:35 PM    06:34 PM    09:33 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Challenges to Indian Democracy	English	12:44 AM    03:43 AM    06:42 AM    09:42 AM    12:41 PM    03:40 PM    06:39 PM    09:39 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:14 AM    04:13 AM    07:12 AM    10:11 AM    01:11 PM    04:10 PM    07:09 PM    10:09 PM
Science (General)	Functions of Wetlands and their Biophysical characteristics	English	01:35 AM    04:35 AM    07:34 AM    10:33 AM    01:33 PM    04:32 PM    07:31 PM    10:31 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part II	English	01:47 AM    04:46 AM    07:45 AM    10:45 AM    01:44 PM    04:43 PM    07:43 PM    10:42 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - I	English	02:19 AM    05:18 AM    08:18 AM    11:17 AM    02:16 PM    05:16 PM    08:15 PM    11:14 PM
Hand Embroiderer	Unit 2 Session 1: Tools and Materials of Hand Embroidery	English	02:46 AM    05:45 AM    08:45 AM    11:44 AM    02:43 PM    05:43 PM    08:42 PM    11:41 PM



**रविवार, 08 मार्च 2026**
**Sunday, 08 March 2026**

सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:58 PM    11:58 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	12:51 AM    03:50 AM    06:50 AM    09:50 AM    12:50 PM    03:50 PM    06:50 PM    09:50 PM 
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	12:58 AM    03:58 AM    06:58 AM    09:57 AM    12:57 PM    03:57 PM    06:57 PM    09:57 PM
Laboratory experimental demonstration and animation videos	Separation of Mixtures Using Different Techniques	English	01:26 AM    04:26 AM    07:25 AM    10:25 AM    01:25 PM    04:25 PM    07:25 PM    10:25 PM
सामान्य	भोजन यात्रा- ग्रास से निकास	हिन्दी	01:38 AM    04:38 AM    07:38 AM    10:38 AM    01:38 PM    04:37 PM    07:37 PM    10:37 PM
सामान्य	आओ सैर करें -कन्याकुमारी	हिन्दी	01:50 AM    04:50 AM    07:50 AM    10:50 AM    01:49 PM    04:49 PM    07:49 PM    10:49 PM
Social Science (Geography)	Contemporary India-I, Chapter - 2: Physical Features of India	English	01:56 AM    04:56 AM    07:56 AM    10:56 AM    01:55 PM    04:55 PM    07:55 PM    10:55 PM
सामान्य	विटामिन ए की कहानी	हिन्दी	02:25 AM    05:25 AM    08:25 AM    11:24 AM    02:24 PM    05:24 PM    08:24 PM    11:24 PM
Science (General)	What makes a Prism Special	English	02:36 AM    05:36 AM    08:36 AM    11:36 AM    02:36 PM    05:36 PM    08:35 PM    11:35 PM

**सोमवार, 09 मार्च 2026**
**Monday, 09 March 2026**

हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 2	हिन्दी	12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:03 PM    03:03 PM    06:04 PM    09:05 PM
सामान्य	आओ सैर करें - सेवाग्राम	हिन्दी	12:30 AM    03:31 AM    06:32 AM    09:33 AM    12:33 PM    03:34 PM    06:35 PM    09:36 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:39 AM    03:40 AM    06:41 AM    09:42 AM    12:42 PM    03:43 PM    06:44 PM    09:45 PM
Science	Chapter 4: Structure of the Atom, Part - III	English	01:12 AM    04:12 AM    07:13 AM    10:14 AM    01:15 PM    04:15 PM    07:16 PM    10:17 PM



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Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	01:42 AM    04:43 AM    07:44 AM    10:44 AM    01:45 PM    04:46 PM    07:47 PM    10:47 PM
Mathematics	Chapter 1: Number System, Part - III	English	01:50 AM    04:50 AM    07:51 AM    10:52 AM    01:53 PM    04:53 PM    07:54 PM    10:55 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	02:33 AM    05:34 AM    08:35 AM    11:36 AM    02:36 PM    05:37 PM    08:38 PM    11:39 PM
<b>मंगलवार, 10 मार्च 2026</b> Tuesday, 10 March 2026			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:58 AM    02:58 PM    05:58 PM    08:58 PM    11:57 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:35 AM    03:34 AM    06:34 AM    09:34 AM    12:34 PM    03:33 PM    06:33 PM    09:33 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:47 AM    03:47 AM    06:46 AM    09:46 AM    12:46 PM    03:45 PM    06:45 PM    09:45 PM
General	Lever Around Us	English	01:18 AM    04:18 AM    07:17 AM    10:17 AM    01:17 PM    04:17 PM    07:16 PM    10:16 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/hindi	01:26 AM    04:26 AM    07:25 AM    10:25 AM    01:25 PM    04:25 PM    07:24 PM    10:24 PM
Science	Chapter - 5: The Fundamental Unit of Life	English	01:33 AM    04:33 AM    07:33 AM    10:32 AM    01:32 PM    04:32 PM    07:31 PM    10:31 PM
Mathematics	Chapter 1: Number System, Part - IV	English	02:04 AM    05:04 AM    08:03 AM    11:03 AM    02:03 PM    05:02 PM    08:02 PM    11:02 PM
Science (General)	ENDLESS MIRROR	English	02:39 AM    05:39 AM    08:39 AM    11:38 AM    02:38 PM    05:38 PM    08:38 PM    11:37 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:40 AM    05:40 AM    08:40 AM    11:39 AM    02:39 PM    05:39 PM    08:39 PM    11:38 PM
<b>बुधवार, 11 मार्च 2026</b> Wednesday, 11 March 2026			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM    03:00 AM    06:01 AM    09:01 AM    12:02 PM    03:02 PM    06:03 PM    09:03 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:42 AM    03:43 AM    06:43 AM    09:44 AM    12:44 PM    03:45 PM    06:45 PM    09:46 PM



Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:35 AM    04:36 AM    07:36 AM    10:37 AM    01:37 PM    04:38 PM    07:38 PM    10:39 PM
Science (General)	Evaporation	English	02:02 AM    05:03 AM    08:03 AM    11:04 AM    02:04 PM    05:05 PM    08:05 PM    11:06 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Tripura	English/hindi	02:13 AM    05:13 AM    08:14 AM    11:14 AM    02:15 PM    05:16 PM    08:16 PM    11:17 PM
English	Moments, Chapter - 8: A House is Not A Home, Part - II	English	02:21 AM    05:22 AM    08:22 AM    11:23 AM    02:24 PM    05:24 PM    08:25 PM    11:25 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy? - Overview	English	02:37 AM    05:37 AM    08:38 AM    11:38 AM    02:39 PM    05:40 PM    08:40 PM    11:41 PM
<b>बृहस्पतिवार, 12 मार्च 2026</b> <b>Thursday, 12 March 2026</b>			
गणित	पाठ 10: वृत्त, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:58 PM    11:58 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 1	हिन्दी	12:33 AM    03:33 AM    06:33 AM    09:33 AM    12:33 PM    03:33 PM    06:32 PM    09:32 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	01:11 AM    04:11 AM    07:11 AM    10:11 AM    01:10 PM    04:10 PM    07:10 PM    10:10 PM
English	Beehive, Chapter - 8: On Killing a Tree	English	01:54 AM    04:54 AM    07:54 AM    10:54 AM    01:53 PM    04:53 PM    07:53 PM    10:53 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - II	English	02:33 AM    05:32 AM    08:32 AM    11:32 AM    02:32 PM    05:32 PM    08:32 PM    11:31 PM
<b>शुक्रवार, 13 मार्च 2026</b> <b>Friday, 13 March 2026</b>			
संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 2	संस्कृत	12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:02 PM    03:03 PM    06:04 PM    09:05 PM
Jago Grahak jago	Cyber Awareness App Download	Hindi	12:34 AM    03:35 AM    06:35 AM    09:36 AM    12:37 PM    03:37 PM    06:38 PM    09:39 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:35 AM    03:36 AM    06:36 AM    09:37 AM    12:38 PM    03:38 PM    06:39 PM    09:40 PM



Mathematics	Chapter 1: Number System, Part - V	English	01:09 AM    04:10 AM    07:11 AM    10:11 AM    01:12 PM    04:13 PM    07:13 PM    10:14 PM
Science	Chapter - 5: The Fundamental Unit of Life, Part - I	English	01:43 AM    04:43 AM    07:44 AM    10:45 AM    01:46 PM    04:46 PM    07:47 PM    10:48 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जेवलिन भाग-०१	हिन्दी	02:17 AM    05:18 AM    08:18 AM    11:19 AM    02:20 PM    05:20 PM    08:21 PM    11:22 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	02:34 AM    05:35 AM    08:36 AM    11:37 AM    02:37 PM    05:38 PM    08:39 PM    11:39 PM
<b>शनिवार, 14 मार्च 2026</b> <b>Saturday, 14 March 2026</b>			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 2	हिन्दी	12:00 AM    03:01 AM    06:02 AM    09:04 AM    12:05 PM    03:07 PM    06:08 PM    09:10 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:38 AM    03:40 AM    06:41 AM    09:43 AM    12:44 PM    03:46 PM    06:47 PM    09:48 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Features of Democracy	English	12:46 AM    03:48 AM    06:49 AM    09:51 AM    12:52 PM    03:53 PM    06:55 PM    09:56 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	01:30 AM    04:31 AM    07:33 AM    10:34 AM    01:36 PM    04:37 PM    07:39 PM    10:40 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - III	English	02:07 AM    05:09 AM    08:10 AM    11:12 AM    02:13 PM    05:15 PM    08:16 PM    11:17 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जुडो पॉइंट-२	हिन्दी	02:37 AM    05:38 AM    08:40 AM    11:41 AM    02:43 PM    05:44 PM    08:46 PM    11:47 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Satin Stitch	English	02:55 AM    05:57 AM    08:58 AM    12:00 PM    03:01 PM    06:03 PM    09:04 PM
<b>रविवार, 15 मार्च 2026</b> <b>Sunday, 15 March 2026</b>			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM    03:00 AM    06:00 AM    09:01 AM    12:01 PM    03:02 PM    06:02 PM    09:03 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	दौड़	हिन्दी	12:33 AM    03:34 AM    06:34 AM    09:35 AM    12:35 PM    03:36 PM    06:36 PM    09:37 PM

सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	12:54 AM    03:54 AM    06:55 AM    09:55 AM    12:56 PM    03:56 PM    06:57 PM    09:57 PM
Laboratory experimental demonstration and animation videos	Plant and Animal Tissues	English	01:43 AM    04:44 AM    07:44 AM    10:45 AM    01:45 PM    04:46 PM    07:46 PM    10:46 PM
Laboratory experimental demonstration and animation videos	Distinguishing Between Solutions	English	01:49 AM    04:50 AM    07:50 AM    10:50 AM    01:51 PM    04:51 PM    07:52 PM    10:52 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	02:05 AM    05:06 AM    08:06 AM    11:06 AM    02:07 PM    05:07 PM    08:08 PM    11:08 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	02:31 AM    05:31 AM    08:31 AM    11:32 AM    02:32 PM    05:33 PM    08:33 PM    11:34 PM
<b>सोमवार, 16 मार्च 2026</b> <b>Monday, 16 March 2026</b>			
हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:58 AM    11:58 AM    02:58 PM    05:57 PM    08:57 PM    11:57 PM
सामान्य	आओ सैर करें - लक्षद्वीप	हिन्दी	12:33 AM    03:32 AM    06:32 AM    09:31 AM    12:31 PM    03:31 PM    06:30 PM    09:30 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:36 AM    03:36 AM    06:36 AM    09:35 AM    12:35 PM    03:34 PM    06:34 PM    09:34 PM
Science	Chapter - 5: The Fundamental Unit of Life, Part - II	English	01:05 AM    04:05 AM    07:04 AM    10:04 AM    01:04 PM    04:03 PM    07:03 PM    10:02 PM
सामान्य	विटामिन ए की कहानी	हिन्दी	01:35 AM    04:35 AM    07:34 AM    10:34 AM    01:34 PM    04:33 PM    07:33 PM    10:32 PM
Mathematics	Chapter 2: Polynomials	English	01:47 AM    04:46 AM    07:46 AM    10:45 AM    01:45 PM    04:45 PM    07:44 PM    10:44 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	लकड़ी पर नक्काशी	हिन्दी	02:26 AM    05:25 AM    08:25 AM    11:25 AM    02:24 PM    05:24 PM    08:24 PM    11:23 PM



सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	02:38 AM    05:37 AM    08:37 AM    11:37 AM    02:36 PM    05:36 PM    08:35 PM    11:35 PM
<b>मंगलवार, 17 मार्च 2026</b> <b>Tuesday, 17 March 2026</b>			
हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 2	हिन्दी	12:00 AM    02:59 AM    05:58 AM    08:57 AM    11:56 AM    02:55 PM    05:54 PM    08:54 PM    11:53 PM
General	Levers Around Us	English	12:28 AM    03:27 AM    06:26 AM    09:26 AM    12:25 PM    03:24 PM    06:23 PM    09:22 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:36 AM    03:35 AM    06:34 AM    09:34 AM    12:33 PM    03:32 PM    06:31 PM    09:30 PM
General	E-Waste Management: Film 4	English	01:07 AM    04:06 AM    07:06 AM    10:05 AM    01:04 PM    04:03 PM    07:02 PM    10:01 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English/hindi	01:15 AM    04:14 AM    07:13 AM    10:12 AM    01:11 PM    04:10 PM    07:10 PM    10:09 PM
Science	Chapter 4: Structure of Atom	English	01:22 AM    04:21 AM    07:20 AM    10:19 AM    01:18 PM    04:18 PM    07:17 PM    10:16 PM
General	A Visit to Cherapunjee	English	01:50 AM    04:49 AM    07:48 AM    10:47 AM    01:46 PM    04:45 PM    07:45 PM    10:44 PM
Mathematics	Chapter 2: Polynomials, PART- I	English	02:01 AM    05:00 AM    07:59 AM    10:58 AM    01:58 PM    04:57 PM    07:56 PM    10:55 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:34 AM    05:33 AM    08:32 AM    11:32 AM    02:31 PM    05:30 PM    08:29 PM    11:28 PM
<b>बुधवार, 18 मार्च 2026</b> <b>Wednesday, 18 March 2026</b>			
गणित	पाठ 10: वृत्त, भाग - 2	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:59 PM    11:59 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 2	हिन्दी	12:39 AM    03:39 AM    06:39 AM    09:38 AM    12:38 PM    03:38 PM    06:38 PM    09:38 PM
Science(General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	01:03 AM    04:03 AM    07:03 AM    10:03 AM    01:03 PM    04:03 PM    07:03 PM    10:03 PM



Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	01:09 AM    04:09 AM    07:09 AM    10:08 AM    01:08 PM    04:08 PM    07:08 PM    10:08 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	आओ सीखें मिथिला पेंटिंग	हिन्दी	01:43 AM    04:43 AM    07:43 AM    10:43 AM    01:43 PM    04:43 PM    07:43 PM    10:43 PM
English	Beehive, Chapter - 8: Reach for the Top (Santosh Yadav) Part - 1	English	01:55 AM    04:55 AM    07:55 AM    10:55 AM    01:55 PM    04:55 PM    07:55 PM    10:55 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Merits and Demerits of Democracy	English	02:37 AM    05:37 AM    08:37 AM    11:37 AM    02:37 PM    05:37 PM    08:37 PM    11:37 PM
<b>बृहस्पतिवार, 19 मार्च 2026</b> Thursday, 19 March 2026			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM    03:00 AM    06:00 AM    09:01 AM    12:01 PM    03:01 PM    06:02 PM    09:02 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:39 AM    03:40 AM    06:40 AM    09:40 AM    12:41 PM    03:41 PM    06:41 PM    09:42 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:30 AM    04:31 AM    07:31 AM    10:31 AM    01:32 PM    04:32 PM    07:32 PM    10:33 PM
Science (General)	Evaporation	English	01:57 AM    04:58 AM    07:58 AM    10:58 AM    01:59 PM    04:59 PM    07:59 PM    11:00 PM
English	Beehive, Chapter - 8: Reach for the Top (Santosh Yadav) Part - 2	English	02:09 AM    05:10 AM    08:10 AM    11:10 AM    02:11 PM    05:11 PM    08:11 PM    11:12 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	02:30 AM    05:30 AM    08:31 AM    11:31 AM    02:31 PM    05:32 PM    08:32 PM    11:32 PM
General	I will work & work with courage	English	02:57 AM    05:57 AM    08:58 AM    11:58 AM    02:58 PM    05:59 PM    08:59 PM    11:59 PM
<b>शुक्रवार, 20 मार्च 2026</b> Friday, 20 March 2026			
संस्कृत	पाठ 11: पर्यावरणम् भाग - 2	संस्कृत	12:00 AM    03:00 AM    06:00 AM    09:01 AM    12:01 PM    03:02 PM    06:02 PM    09:03 PM
Jago Grahak jago	Jago Grahak Jago E Daakhil 2	Hindi	12:33 AM    03:33 AM    06:34 AM    09:34 AM    12:34 PM    03:35 PM    06:35 PM    09:36 PM



सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	12:48 AM    03:49 AM    06:49 AM    09:50 AM    12:50 PM    03:50 PM    06:51 PM    09:51 PM
Science (General)	Why Ice is less dense than water	English	01:08 AM    04:08 AM    07:09 AM    10:09 AM    01:10 PM    04:10 PM    07:11 PM    10:11 PM
Mathematics	Chapter 2: Polynomials, PART- II	English	01:17 AM    04:17 AM    07:18 AM    10:18 AM    01:19 PM    04:19 PM    07:20 PM    10:20 PM
Science	Chapter 4: Structure of the Atom, Part - I	English	01:48 AM    04:49 AM    07:49 AM    10:49 AM    01:50 PM    04:50 PM    07:51 PM    10:51 PM
Science(Gene ral)	As the sailor jumps in forward direction, the boat moves backwards	English	02:15 AM    05:15 AM    08:16 AM    11:16 AM    02:16 PM    05:17 PM    08:17 PM    11:18 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	02:17 AM    05:17 AM    08:18 AM    11:18 AM    02:18 PM    05:19 PM    08:19 PM    11:20 PM
<b>शनिवार, 21 मार्च 2026</b> <b>Saturday, 21 March 2026</b>			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 1	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:59 PM    11:59 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:35 AM    03:35 AM    06:35 AM    09:34 AM    12:34 PM    03:34 PM    06:34 PM    09:34 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: Broader Understanding of Democracy	English	12:59 AM    03:59 AM    06:59 AM    09:59 AM    12:59 PM    03:59 PM    06:59 PM    09:59 PM
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	English	01:16 AM    04:16 AM    07:16 AM    10:16 AM    01:16 PM    04:16 PM    07:16 PM    10:15 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part I	English	01:52 AM    04:51 AM    07:51 AM    10:51 AM    01:51 PM    04:51 PM    07:51 PM    10:51 PM
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	02:18 AM    05:18 AM    08:18 AM    11:18 AM    02:18 PM    05:18 PM    08:18 PM    11:17 PM



**रविवार, 22 मार्च 2026**
**Sunday, 22 March 2026**

सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	12:00 AM    02:58 AM    05:56 AM    08:54 AM    11:52 AM    02:50 PM    05:48 PM    08:46 PM    11:44 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	12:32 AM    03:31 AM    06:29 AM    09:27 AM    12:25 PM    03:23 PM    06:21 PM    09:19 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	12:43 AM    03:41 AM    06:39 AM    09:37 AM    12:35 PM    03:33 PM    06:31 PM    09:29 PM
सामान्य	रौशनी और रंग	हिन्दी	01:13 AM    04:12 AM    07:10 AM    10:08 AM    01:06 PM    04:04 PM    07:02 PM    10:00 PM
Social Science (Geography)	Contemporary India-I, Chapter 2: Physiographic Divisions of India, Part II	English	01:43 AM    04:41 AM    07:40 AM    10:38 AM    01:36 PM    04:34 PM    07:32 PM    10:30 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	टाई एंड डाई	हिन्दी	02:08 AM    05:06 AM    08:04 AM    11:03 AM    02:01 PM    04:59 PM    07:57 PM    10:55 PM
Science (General)	Evaporation	English	02:34 AM    05:32 AM    08:30 AM    11:28 AM    02:27 PM    05:25 PM    08:23 PM    11:21 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Leh Ladakh	English/h indi	02:54 AM    05:52 AM    08:50 AM    11:48 AM    02:46 PM    05:44 PM    08:43 PM    11:41 PM
<b>सोमवार, 23 मार्च 2026</b>			
<b>Monday, 23 March 2026</b>			
General	I will work & work with courage	English	12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:03 PM    03:03 PM    06:04 PM    09:05 PM
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 2	हिन्दी	12:12 AM    03:12 AM    06:13 AM    09:14 AM    12:15 PM    03:15 PM    06:16 PM    09:17 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:43 AM    03:44 AM    06:45 AM    09:46 AM    12:47 PM    03:47 PM    06:48 PM    09:49 PM
Science	Chapter 4: Structure of the Atom, Part - II	English	01:23 AM    04:24 AM    07:25 AM    10:25 AM    01:26 PM    04:27 PM    07:28 PM    10:28 PM
General English	Episode 9 Agreeing 1	English	01:43 AM    04:44 AM    07:45 AM    10:46 AM    01:47 PM    04:47 PM    07:48 PM    10:49 PM
Mathematics	Chapter 2: Polynomials, Part - III	English	01:55 AM    04:55 AM    07:56 AM    10:57 AM    01:58 PM    04:58 PM    07:59 PM    11:00 PM



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सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	02:31 AM    05:32 AM    08:33 AM    11:33 AM    02:34 PM    05:35 PM    08:36 PM    11:36 PM
<b>मंगलवार, 24 मार्च 2026</b> <b>Tuesday, 24 March 2026</b>			
General	I will work & work with courage	English	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:59 PM    11:59 PM
हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 1	हिन्दी	12:05 AM    03:05 AM    06:05 AM    09:05 AM    12:04 PM    03:04 PM    06:04 PM    09:04 PM
Science (General)	Why is difficult to walk on Sand	English	12:33 AM    03:33 AM    06:33 AM    09:33 AM    12:32 PM    03:32 PM    06:32 PM    09:32 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:37 AM    03:37 AM    06:37 AM    09:37 AM    12:37 PM    03:37 PM    06:37 PM    09:37 PM
General English	Episode 1 Greeting a Friend	English	01:08 AM    04:08 AM    07:08 AM    10:08 AM    01:08 PM    04:08 PM    07:08 PM    10:08 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/hindi	01:17 AM    04:16 AM    07:16 AM    10:16 AM    01:16 PM    04:16 PM    07:16 PM    10:16 PM
Science	Chapter 4: Structure of the Atom, Part - III	English	01:20 AM    04:19 AM    07:19 AM    10:19 AM    01:19 PM    04:19 PM    07:19 PM    10:19 PM
Mathematics	Chapter 2: Polynomials, Part - IV	English	01:55 AM    04:55 AM    07:55 AM    10:55 AM    01:55 PM    04:55 PM    07:55 PM    10:55 PM
Science(Gene ral)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	02:32 AM    05:32 AM    08:32 AM    11:32 AM    02:32 PM    05:32 PM    08:32 PM    11:32 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Sikkim	English/hindi	02:38 AM    05:37 AM    08:37 AM    11:37 AM    02:37 PM    05:37 PM    08:37 PM    11:37 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	02:41 AM    05:40 AM    08:40 AM    11:40 AM    02:40 PM    05:40 PM    08:40 PM    11:40 PM



**बुधवार, 25 मार्च 2026**
**Wednesday, 25 March 2026**

गणित	पाठ 10: वृत्त, भाग - 2	हिन्दी	12:00 AM    03:00 AM    06:01 AM    09:01 AM    12:02 PM    03:03 PM    06:03 PM    09:04 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 2	हिन्दी	12:36 AM    03:37 AM    06:37 AM    09:38 AM    12:39 PM    03:39 PM    06:40 PM    09:40 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	जेवलिन भाग-0१	हिन्दी	01:01 AM    04:01 AM    07:02 AM    10:03 AM    01:03 PM    04:04 PM    07:05 PM    10:05 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	01:18 AM    04:19 AM    07:20 AM    10:20 AM    01:21 PM    04:22 PM    07:22 PM    10:23 PM
Science (General)	Two children standing on two different carts fitted with wheels thrown and catching a bag of sand and study the consequent motion of their carts	English	01:56 AM    04:57 AM    07:58 AM    10:58 AM    01:59 PM    05:00 PM    08:00 PM    11:01 PM
English	Beehive, Chapter - 8: Reach for the Top (Maria Sharapova) Part - 3	English	02:02 AM    05:02 AM    08:03 AM    11:03 AM    02:04 PM    05:05 PM    08:05 PM    11:06 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy Why Democracy	English	02:29 AM    05:29 AM    08:30 AM    11:31 AM    02:31 PM    05:32 PM    08:33 PM    11:33 PM
सामान्य	आओ सैर करें - मिस्र	हिन्दी	02:56 AM    05:57 AM    08:58 AM    11:58 AM    02:59 PM    06:00 PM    09:00 PM
<b>बृहस्पतिवार, 26 मार्च 2026</b>			
<b>Thursday, 26 March 2026</b>			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:03 PM    03:04 PM    06:05 PM    09:06 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:39 AM    03:40 AM    06:41 AM    09:42 AM    12:43 PM    03:44 PM    06:45 PM    09:46 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	01:18 AM    04:19 AM    07:20 AM    10:21 AM    01:22 PM    04:23 PM    07:24 PM    10:25 PM



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English	Beehive, Chapter - 8: Reach for the Top (Maria Sharapova) Part - 4	English	01:58 AM    04:59 AM    08:00 AM    11:01 AM    02:02 PM    05:03 PM    08:04 PM    11:04 PM
Social Science (Economics)	Economics, Chapter-1, The Story of Village Palampur	English	02:22 AM    05:23 AM    08:24 AM    11:25 AM    02:26 PM    05:26 PM    08:27 PM    11:28 PM
शुक्रवार, 27 मार्च 2026 Friday, 27 March 2026			
संस्कृत	पाठ 1: भारतीवसन्तगीति: भाग - 1	संस्कृत	12:00 AM    02:59 AM    05:59 AM    08:58 AM    11:58 AM    02:58 PM    05:57 PM    08:57 PM    11:57 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:46 AM    03:46 AM    06:46 AM    09:45 AM    12:45 PM    03:44 PM    06:44 PM    09:44 PM
Mathematics	Chapter 2: Polynomials, Part - V	English	01:13 AM    04:13 AM    07:13 AM    10:12 AM    01:12 PM    04:12 PM    07:11 PM    10:11 PM
Science	Chapter - 5: The Fundamental Unit of Life	English	01:51 AM    04:50 AM    07:50 AM    10:49 AM    01:49 PM    04:49 PM    07:48 PM    10:48 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	02:27 AM    05:26 AM    08:26 AM    11:26 AM    02:25 PM    05:25 PM    08:25 PM    11:24 PM
शनिवार, 28 मार्च 2026 Saturday, 28 March 2026			
हिन्दी	स्पर्श, पाठ 6: शुक्रतारे के सामान, भाग - 2	हिन्दी	12:00 AM    03:00 AM    06:00 AM    09:00 AM       12:00 PM    03:00 PM    06:00 PM    09:00 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:31 AM    03:31 AM    06:31 AM    09:31 AM    12:31 PM    03:32 PM    06:32 PM    09:32 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part I	English	12:55 AM    03:55 AM    06:56 AM    09:56 AM    12:56 PM    03:56 PM    06:56 PM    09:56 PM
Social Science (Geography)	Contemporary India-I, Chapter - 2: Physical Features of India	English	01:23 AM    04:23 AM    07:23 AM    10:24 AM    01:24 PM    04:24 PM    07:24 PM    10:24 PM
General	A Visit to Cherapunjee	English	01:52 AM    04:52 AM    07:52 AM    10:52 AM    01:52 PM    04:53 PM    07:53 PM    10:53 PM
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - I	English	02:03 AM    05:03 AM    08:03 AM    11:04 AM    02:04 PM    05:04 PM    08:04 PM    11:04 PM



Social Science (Political Science)	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part II	English	02:31 AM    05:31 AM    08:31 AM    11:31 AM    02:32 PM    05:32 PM    08:32 PM    11:32 PM
<b>रविवार, 29 मार्च 2026</b> <b>Sunday, 29 March 2026</b>			
कहानी	खेल खेल में एनीमेशन	हिन्दी	12:00 AM    02:59 AM    05:59 AM    08:59 AM    11:59 AM    02:59 PM    05:59 PM    08:58 PM    11:58 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 3: नात्सीवाद और हिटलर का उदय, भाग - 1	हिन्दी	12:21 AM    03:21 AM    06:21 AM    09:21 AM    12:21 PM    03:21 PM    06:20 PM    09:20 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	12:57 AM    03:57 AM    06:57 AM    09:57 AM    12:57 PM    03:56 PM    06:56 PM    09:56 PM
कहानी	गुलज़ार बच्चों के साथ	हिन्दी	01:38 AM    04:38 AM    07:38 AM    10:37 AM    01:37 PM    04:37 PM    07:37 PM    10:37 PM
Science (General)	Functions of Wetlands and their Biophysical characteristics	English	01:50 AM    04:50 AM    07:50 AM    10:50 AM    01:50 PM    04:50 PM    07:50 PM    10:49 PM
Science (General)	Management of Wetlands Part -1	English	02:02 AM    05:02 AM    08:02 AM    11:01 AM    02:01 PM    05:01 PM    08:01 PM    11:01 PM
Social Science (Geography)	Contemporary India-I, Chapter 3: Drainage	English	02:13 AM    05:13 AM    08:13 AM    11:13 AM    02:13 PM    05:13 PM    08:12 PM    11:12 PM
Cultural Heritage: Art, Music, Dance	Nature in Dance Movements	English	02:36 AM    05:36 AM    08:35 AM    11:35 AM    02:35 PM    05:35 PM    08:35 PM    11:35 PM
सामान्य	लाइफ साइकिल ऑफ़ ए प्लान्ट	हिन्दी	02:43 AM    05:43 AM    08:43 AM    11:43 AM    02:42 PM    05:42 PM    08:42 PM    11:42 PM
<b>सोमवार, 30 मार्च 2026</b> <b>Monday, 30 March 2026</b>			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 1	हिन्दी	12:00 AM    03:00 AM    06:00 AM    09:00 AM       12:00 PM    03:00 PM    06:00 PM    09:00 PM
भूगोल	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:41 AM    03:41 AM    06:41 AM    09:41 AM    12:41 PM    03:41 PM    06:42 PM    09:42 PM
सामान्य	दादी-पोती के मकबरे	हिन्दी	01:09 AM    04:09 AM    07:09 AM    10:09 AM    01:10 PM    04:10 PM    07:10 PM    10:10 PM



Science	Chapter - 5: The Fundamental Unit of Life, Part - I	English	01:13 AM    04:14 AM    07:14 AM    10:14 AM    01:14 PM    04:14 PM    07:14 PM    10:14 PM
Mathematics	Chapter 1: Number system	English	01:56 AM    04:56 AM    07:56 AM    10:57 AM    01:57 PM    04:57 PM    07:57 PM    10:57 PM
सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	02:30 AM    05:30 AM    08:30 AM    11:30 AM    02:31 PM    05:31 PM    08:31 PM    11:31 PM
मंगलवार, 31 मार्च 2026 Tuesday, 31 March 2026			
हिन्दी	क्षितिज, पाठ 6: प्रेमचंद के फटे जूते, भाग - 2	हिन्दी	12:00 AM    03:36 AM    07:12 AM    10:48 AM    02:24 PM    06:00 PM    09:36 PM
भूगोल	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:50 AM    04:26 AM    08:02 AM    11:38 AM    03:14 PM    06:50 PM    10:26 PM
कहानी	मीना- 8 मीनाज श्री विशिज	हिन्दी	01:21 AM    04:57 AM    08:33 AM    12:09 PM    03:45 PM    07:21 PM    10:57 PM
Science	Chapter - 5: The Fundamental Unit of Life, Part - II	English	01:39 AM    05:15 AM    08:51 AM    12:27 PM    04:03 PM    07:39 PM    11:15 PM
Mathematics	Chapter 1: Number System, Part - I	English	02:21 AM    05:57 AM    09:33 AM    01:09 PM    04:45 PM    08:21 PM    11:57 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods	English	02:58 AM    06:34 AM    10:10 AM    01:46 PM    05:22 PM    08:58 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 3: नात्सीवाद और हिटलर का उदय, भाग - 2	हिन्दी	03:00 AM    06:36 AM    10:12 AM    01:48 PM    05:24 PM    09:01 PM
Science (General)	Functions of Wetlands and their Biophysical characteristics	English	03:24 AM    07:00 AM    10:36 AM    02:12 PM    05:48 PM    09:24 PM

