

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Polittical Science	Polittical Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 10

मई 2025

May 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बृहस्पतिवार, 01 मई 2025 Thursday, 01 May 2025			
हिंदी	हिंदी: पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-1	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:02 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Manipur	हिन्दी	12:23 AM 03:23 AM 06:23 AM 09:24 AM 12:24 PM 03:24 PM 06:25 PM 09:25 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-1	हिन्दी	12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:31 PM 09:31 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	12:54 AM 03:54 AM 06:54 AM 09:55 AM 12:55 PM 03:55 PM 06:56 PM 09:56 PM
Language (English)	English: Ch 1 : A Letter to God	English	01:26 AM 04:27 AM 07:27 AM 10:27 AM 01:28 PM 04:28 PM 07:28 PM 10:29 PM
Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 1	English	01:55 AM 04:55 AM 07:56 AM 10:56 AM 01:56 PM 04:57 PM 07:57 PM 10:57 PM
Science	Science: Chap 3: Metal and Non-Metal-1	English	02:30 AM 05:30 AM 08:31 AM 11:31 AM 02:31 PM 05:32 PM 08:32 PM 11:32 PM
General English	Episode 1 Greeting a Friend	English	02:52 AM 05:52 AM 08:52 AM 11:53 AM 02:53 PM 05:53 PM 08:54 PM 11:54 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

शुक्रवार, 02 मई 2025
Friday, 02 May 2025

General	Growth & Health (H)	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	संस्कृत	12:05 AM 03:06 AM 06:07 AM 09:08 AM 12:09 PM 03:10 PM 06:11 PM 09:12 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-4: जाति; धर्म और लैंगिक मसले -1	हिन्दी	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
Health, Physical Education/Yoga/Sports	Yoga - Paschimottanaasan	हिन्दी	12:45 AM 03:46 AM 06:47 AM 09:48 AM 12:49 PM 03:50 PM 06:51 PM 09:52 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	हिन्दी	12:57 AM 03:58 AM 06:59 AM 10:00 AM 01:01 PM 04:02 PM 07:03 PM 10:04 PM
Cultural Heritage: Art, Music & Dance	Kaise Bante Hain Bhawan?	English/hindi	01:27 AM 04:28 AM 07:29 AM 10:30 AM 01:31 PM 04:32 PM 07:33 PM 10:34 PM
Social Science (Geography)	So. Sci. (Geo): Chap 3: Water Resources-1	English	01:40 AM 04:41 AM 07:42 AM 10:43 AM 01:44 PM 04:45 PM 07:46 PM 10:47 PM
Cultural Heritage: Art, Music & Dance	Dances of India	हिन्दी	01:57 AM 04:58 AM 07:59 AM 11:00 AM 02:01 PM 05:02 PM 08:03 PM 11:04 PM
Mathematics	Maths: Ch-3: Pair of Linear Equations in two Variables-1	English	02:11 AM 05:12 AM 08:13 AM 11:14 AM 02:15 PM 05:16 PM 08:17 PM 11:18 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen - Sewagram	हिन्दी	02:26 AM 05:27 AM 08:28 AM 11:29 AM 02:30 PM 05:31 PM 08:32 PM 11:33 PM
Science	Science: Chap 3: Metal and Non-Metal-2	English	02:35 AM 05:35 AM 08:36 AM 11:37 AM 02:38 PM 05:39 PM 08:40 PM 11:41 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

शनिवार, 03 मई 2025
Saturday, 03 May 2025

संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	संस्कृत	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2	हिन्दी	12:28 AM 03:29 AM 06:30 AM 09:30 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	01:15 AM 04:16 AM 07:17 AM 10:17 AM 01:18 PM 04:19 PM 07:19 PM 10:20 PM
Cultural Heritage: Art, Music & Dance	Rojgar Kaushal	हिन्दी	01:49 AM 04:49 AM 07:50 AM 10:51 AM 01:51 PM 04:52 PM 07:53 PM 10:53 PM
Science	Science: Chap 3: Metal and Non-Metal-3	English	02:06 AM 05:06 AM 08:07 AM 11:08 AM 02:08 PM 05:09 PM 08:10 PM 11:10 PM
Social Science (Geography)	So. Sci. (Geo): Chap 3: Water Resources-2	English	02:26 AM 05:27 AM 08:28 AM 11:28 AM 02:29 PM 05:30 PM 08:30 PM 11:31 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-2	English	02:39 AM 05:40 AM 08:41 AM 11:41 AM 02:42 PM 05:43 PM 08:43 PM 11:44 PM

रविवार, 04 मई 2025
Sunday, 04 May 2025

Language (Urdu)	Urdu: Chp-3: Bheek	English/hin di	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:58 PM 11:58 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	हिन्दी	12:57 AM 03:57 AM 06:57 AM 09:57 AM 12:57 PM 03:57 PM 06:56 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	हिन्दी	01:29 AM 04:29 AM 07:29 AM 10:29 AM 01:29 PM 04:28 PM 07:28 PM 10:28 PM
Social Science (Economics)	S. Sc. (Eco): Chp 3: Money and Credit-1	English	01:44 AM 04:44 AM 07:44 AM 10:44 AM 01:44 PM 04:43 PM 07:43 PM 10:43 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

General	E-Waste Management: Film 2	English	02:08 AM 05:08 AM 08:08 AM 11:08 AM 02:07 PM 05:07 PM 08:07 PM 11:07 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	हिन्दी	02:17 AM 05:17 AM 08:17 AM 11:17 AM 02:16 PM 05:16 PM 08:16 PM 11:16 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:40 AM 05:39 AM 08:39 AM 11:39 AM 02:39 PM 05:39 PM 08:39 PM 11:38 PM
सोमवार, 05 मई 2025 Monday, 05 May 2025			
हिन्दी	हिन्दी: पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-2	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:57 PM 11:56 PM
Health, Physical Education/Yoga/ Sports	Yoga - Paschimottanaasan	हिन्दी	12:26 AM 03:26 AM 06:25 AM 09:25 AM 12:24 PM 03:24 PM 06:24 PM 09:23 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन भाग-1	हिन्दी	12:39 AM 03:38 AM 06:38 AM 09:37 AM 12:37 PM 03:37 PM 06:36 PM 09:36 PM
General	Mental Health and Well Being -1	English	12:59 AM 03:58 AM 06:58 AM 09:57 AM 12:57 PM 03:56 PM 06:56 PM 09:56 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-3	हिन्दी	01:20 AM 04:19 AM 07:19 AM 10:18 AM 01:18 PM 04:17 PM 07:17 PM 10:17 PM
General	Gender Equality	English	01:35 AM 04:34 AM 07:34 AM 10:34 AM 01:33 PM 04:33 PM 07:32 PM 10:32 PM
Language (English)	English: Ch-1 : A Letter to God	English	01:42 AM 04:42 AM 07:41 AM 10:41 AM 01:40 PM 04:40 PM 07:39 PM 10:39 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-3	English	02:10 AM 05:10 AM 08:09 AM 11:09 AM 02:08 PM 05:08 PM 08:07 PM 11:07 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	02:35 AM 05:35 AM 08:34 AM 11:34 AM 02:33 PM 05:33 PM 08:32 PM 11:32 PM



Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:37 AM 05:37 AM 08:36 AM 11:36 AM 02:35 PM 05:35 PM 08:34 PM 11:34 PM
मंगलवार, 06 मई 2025 Tuesday, 06 May 2025			
हिन्दी	पाठ-4: कवि और कविता : कवि जयशंकर प्रसाद: और उनकी कविता "आत्मकथ्य"	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-3: जल संसाधन भाग-2	हिन्दी	12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:27 PM 06:27 PM 09:27 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:52 AM 03:52 AM 06:52 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:52 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	12:58 AM 03:58 AM 06:58 AM 09:58 AM 12:58 PM 03:57 PM 06:57 PM 09:57 PM
सांस्कृतिक विरासत: कला और शिल्प	गोदना कला	हिन्दी	01:28 AM 04:28 AM 07:28 AM 10:28 AM 01:28 PM 04:28 PM 07:28 PM 10:28 PM
Language (English)	English: Ch-1: Dust of Snow	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:33 PM 07:33 PM 10:33 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-4	English	01:58 AM 04:58 AM 07:58 AM 10:58 AM 01:58 PM 04:58 PM 07:57 PM 10:57 PM
Cultural Heritage: Art, Music & Dance	Nature in Dance Movements	English	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM

बुधवार, 07 मई 2025

Wednesday, 07 May 2025

हिंदी	हिंदी : पाठ-4: आत्मकथ्य	हिन्दी	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:56 PM 05:56 PM 08:55 PM 11:55 PM
सांस्कृतिक विरासत: कला और शिल्प	गोदना कला	हिन्दी	12:25 AM 03:24 AM 06:24 AM 09:23 AM 12:22 PM 03:22 PM 06:21 PM 09:21 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-2	हिन्दी	12:30 AM 03:29 AM 06:29 AM 09:28 AM 12:28 PM 03:27 PM 06:26 PM 09:26 PM
General	पारस्परिक संबंध	हिन्दी	12:53 AM 03:52 AM 06:52 AM 09:51 AM 12:50 PM 03:50 PM 06:49 PM 09:49 PM
गणित	गणित : पाठ-3: दो चर वाले रैखिक समीकरण युग्म -2	हिन्दी	12:58 AM 03:58 AM 06:57 AM 09:56 AM 12:56 PM 03:55 PM 06:54 PM 09:54 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:18 AM 04:17 AM 07:17 AM 10:16 AM 01:15 PM 04:15 PM 07:14 PM 10:14 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	हिन्दी	01:46 AM 04:45 AM 07:44 AM 10:44 AM 01:43 PM 04:42 PM 07:42 PM 10:41 PM
Social Science (History)	S.Sc. (His): Chapter 3: The Making of a Global World- 2	English	01:56 AM 04:55 AM 07:55 AM 10:54 AM 01:53 PM 04:53 PM 07:52 PM 10:52 PM
Science	Science: Chap 3: Metal and Non-Metal-4	English	02:28 AM 05:27 AM 08:27 AM 11:26 AM 02:26 PM 05:25 PM 08:24 PM 11:24 PM
बृहस्पतिवार, 08 मई 2025 Thursday, 08 May 2025			
हिंदी	हिंदी: पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-1	हिन्दी	12:00 AM 02:57 AM 05:55 AM 08:53 AM 11:51 AM 02:49 PM 05:46 PM 08:44 PM 11:42 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-3: भूमंडलीकृत विश्व का बनना-1	हिन्दी	12:23 AM 03:21 AM 06:18 AM 09:16 AM 12:14 PM 03:12 PM 06:10 PM 09:07 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	01:17 AM 04:15 AM 07:12 AM 10:10 AM 01:08 PM 04:06 PM 07:04 PM 10:01 PM
Language (English)	English: Ch 1 : A Letter to God	English	01:49 AM 04:47 AM 07:45 AM 10:43 AM 01:41 PM 04:38 PM 07:36 PM 10:34 PM
Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 3	English	02:13 AM 05:11 AM 08:08 AM 11:06 AM 02:04 PM 05:02 PM 08:00 PM 10:57 PM
General English	Episode 2 Greeting an Acquaintance	English	02:41 AM 05:39 AM 08:37 AM 11:35 AM 02:33 PM 05:30 PM 08:28 PM 11:26 PM
Science	Science: Chap 3: Relative Reactivity of Metals	English	02:50 AM 05:48 AM 08:46 AM 11:44 AM 02:41 PM 05:39 PM 08:37 PM 11:35 PM
शुक्रवार, 09 मई 2025 Friday, 09 May 2025			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:58 AM 02:58 PM 05:58 PM 08:57 PM 11:57 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान. (राजनीति विज्ञान): पाठ-4: जाति; धर्म और लैंगिक मसले	हिन्दी	12:32 AM 03:31 AM 06:31 AM 09:31 AM 12:30 PM 03:30 PM 06:30 PM 09:29 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	हिन्दी	12:55 AM 03:54 AM 06:54 AM 09:54 AM 12:53 PM 03:53 PM 06:53 PM 09:52 PM
General English	Episode 3 Greeting Strangers	English	01:24 AM 04:24 AM 07:23 AM 10:23 AM 01:23 PM 04:22 PM 07:22 PM 10:22 PM
Social Science (Geography)	S. Sc. (Geo): Chp 3: Water Resources	English	02:07 AM 05:06 AM 08:06 AM 11:06 AM 02:05 PM 05:05 PM 08:05 PM 11:04 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-5	English	02:27 AM 05:27 AM 08:26 AM 11:26 AM 02:26 PM 05:25 PM 08:25 PM 11:25 PM
Science	Science: Chap 3: Relative Reactivity of Metals	English	02:53 AM 05:52 AM 08:52 AM 11:52 AM 02:51 PM 05:51 PM 08:51 PM 11:50 PM

शनिवार, 10 मई 2025

Saturday, 10 May 2025

संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -1	हिन्दी	12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:28 PM
General	गुलज़ार बच्चों के साथ	हिन्दी	12:43 AM 03:43 AM 06:43 AM 09:43 AM 12:43 PM 03:43 PM 06:43 PM 09:43 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	12:56 AM 03:56 AM 06:56 AM 09:56 AM 12:56 PM 03:56 PM 06:56 PM 09:56 PM
Social Science (Geography)	So. Sci. (Geo): Chap 3: Water Resources-1	English	01:29 AM 04:29 AM 07:29 AM 10:29 AM 01:29 PM 04:29 PM 07:29 PM 10:29 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-6	English	02:16 AM 05:16 AM 08:16 AM 11:16 AM 02:16 PM 05:16 PM 08:16 PM 11:16 PM
Science	Science: Chap 3: Metal and Non-Metal-1	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM

रविवार, 11 मई 2025

Sunday, 11 May 2025

Language (Urdu)	Urdu: Chp-3: Bheek	English/hin di	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	हिन्दी	12:19 AM 03:19 AM 06:20 AM 09:20 AM 12:20 PM 03:21 PM 06:21 PM 09:21 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	हिन्दी	12:51 AM 03:51 AM 06:51 AM 09:52 AM 12:52 PM 03:52 PM 06:53 PM 09:53 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	हिन्दी	01:13 AM 04:13 AM 07:14 AM 10:14 AM 01:14 PM 04:15 PM 07:15 PM 10:15 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

General	Health And Sanitaion (H)	हिन्दी	01:54 AM 04:55 AM 07:55 AM 10:55 AM 01:56 PM 04:56 PM 07:56 PM 10:57 PM
Social Science (Economics)	So. Sci. (Eco): Chp 3: Money and Credit-2	English	02:01 AM 05:01 AM 08:02 AM 11:02 AM 02:02 PM 05:03 PM 08:03 PM 11:03 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste	English	02:28 AM 05:28 AM 08:28 AM 11:29 AM 02:29 PM 05:29 PM 08:30 PM 11:30 PM
सामान्य	Bhook	English/hin di	02:49 AM 05:50 AM 08:50 AM 11:50 AM 02:51 PM 05:51 PM 08:51 PM 11:52 PM
सोमवार, 12 मई 2025 Monday, 12 May 2025			
हिंदी	हिंदी: पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
General	Nutrition_Health and Sanitation	English	12:26 AM 03:27 AM 06:27 AM 09:28 AM 12:28 PM 03:29 PM 06:30 PM 09:30 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन	हिन्दी	12:32 AM 03:33 AM 06:34 AM 09:34 AM 12:35 PM 03:35 PM 06:36 PM 09:37 PM
विज्ञान	विज्ञान: Saral (Vichchedan) aur Sanyukt (Compound) Sukshamdarshi Ke Vibhinn Bhagon ka Adhyayan	हिन्दी	12:57 AM 03:58 AM 06:59 AM 09:59 AM 01:00 PM 04:00 PM 07:01 PM 10:02 PM
Language (English)	English: Ch-1 : A Letter to God	English	01:12 AM 04:12 AM 07:13 AM 10:14 AM 01:14 PM 04:15 PM 07:15 PM 10:16 PM
General	Health And Sanitaion (E)	English	02:10 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:15 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-7	English	02:17 AM 05:17 AM 08:18 AM 11:19 AM 02:19 PM 05:20 PM 08:20 PM 11:21 PM



Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:40 AM 05:41 AM 08:42 AM 11:42 AM 02:43 PM 05:43 PM 08:44 PM 11:45 PM
मंगलवार, 13 मई 2025 Tuesday, 13 May 2025			
हिन्दी	पाठ-4: कवि और कविता : कवि जयशंकर प्रसाद: और उनकी कविता "आत्मकथ्य"	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-3: जल संसाधन	हिन्दी	12:34 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:34 PM 06:34 PM 09:35 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:59 AM 03:59 AM 06:59 AM 09:59 AM 12:59 PM 04:00 PM 07:00 PM 10:00 PM
Language (English)	English: Ch-1: Dust of Snow	English	01:43 AM 04:43 AM 07:43 AM 10:43 AM 01:43 PM 04:44 PM 07:44 PM 10:44 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-8	English	02:09 AM 05:09 AM 08:09 AM 11:09 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:37 AM 05:37 AM 08:37 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM
बुधवार, 14 मई 2025 Wednesday, 14 May 2025			
हिंदी	हिंदी : पाठ-4: आत्मकथ्य	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-1	हिन्दी	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:26 PM 09:26 PM
General	It's My Right to Get Education	English/hin di	12:55 AM 03:55 AM 06:55 AM 09:55 AM 12:55 PM 03:55 PM 06:55 PM 09:56 PM
गणित	गणित : पाठ-3: दो चर वाले रैखिक समीकरण युग्म -2	हिन्दी	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM

Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:20 AM 04:20 AM 07:20 AM 10:21 AM 01:21 PM 04:21 PM 07:21 PM 10:21 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Leh Ladakh	English/hindi	01:48 AM 04:48 AM 07:48 AM 10:48 AM 01:48 PM 04:48 PM 07:49 PM 10:49 PM
Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 1	English	01:52 AM 04:52 AM 07:52 AM 10:52 AM 01:52 PM 04:52 PM 07:52 PM 10:52 PM
Health, Physical Education/Yoga/ Sports	Yoga – Chakkrasan	हिन्दी	02:21 AM 05:22 AM 08:22 AM 11:22 AM 02:22 PM 05:22 PM 08:22 PM 11:22 PM
Science	Science: Chap 3: Metal and Non-Metal-2	English	02:34 AM 05:34 AM 08:34 AM 11:34 AM 02:34 PM 05:34 PM 08:34 PM 11:34 PM
बृहस्पतिवार, 15 मई 2025 Thursday, 15 May 2025			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-2	हिन्दी	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:32 PM 06:32 PM 09:32 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:55 PM 09:55 PM
Language (English)	English: Ch 1 : A Letter to God	English	01:26 AM 04:26 AM 07:27 AM 10:27 AM 01:27 PM 04:27 PM 07:27 PM 10:27 PM
Cultural Heritage: Art, Music & Dance	Hamare Vadhyas Yantra-01 (Tarane Taaron Se)	हिन्दी	01:50 AM 04:50 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:51 PM 10:51 PM
Social Science (History)	S.Sc. (His): Chapter 3: The Making of a Global World- 2	English	02:07 AM 05:07 AM 08:07 AM 11:07 AM 02:07 PM 05:07 PM 08:08 PM 11:08 PM
Science	Science: Chap 3: Metal and Non-Metal-3	English	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM

शुक्रवार, 16 मई 2025

Friday, 16 May 2025

संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:58 PM 05:57 PM 08:57 PM 11:56 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2	हिन्दी	12:24 AM 03:23 AM 06:23 AM 09:23 AM 12:22 PM 03:22 PM 06:21 PM 09:21 PM
General	कमल	हिन्दी	12:40 AM 03:40 AM 06:40 AM 09:39 AM 12:39 PM 03:38 PM 06:38 PM 09:38 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 1	हिन्दी	12:49 AM 03:49 AM 06:48 AM 09:48 AM 12:48 PM 03:47 PM 06:47 PM 09:46 PM
Social Science (Geography)	So. Sci. (Geo): Chap 3: Water Resources-2	English	01:22 AM 04:21 AM 07:21 AM 10:20 AM 01:20 PM 04:20 PM 07:19 PM 10:19 PM
General	Emotional well being and mental health	English	01:34 AM 04:34 AM 07:34 AM 10:33 AM 01:33 PM 04:32 PM 07:32 PM 10:32 PM
Mathematics	Maths: Ch-3 Pair of Linear Equations in two Variables-9	English	02:10 AM 05:10 AM 08:09 AM 11:09 AM 02:08 PM 05:08 PM 08:08 PM 11:07 PM
Science	Science: Chap 3: Metal and Non-Metal-4	English	02:28 AM 05:28 AM 08:27 AM 11:27 AM 02:27 PM 05:26 PM 08:26 PM 11:25 PM

शनिवार, 17 मई 2025

Saturday, 17 May 2025

संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	संस्कृत	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:55 PM 05:54 PM 08:53 PM 11:52 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-2	हिन्दी	12:25 AM 03:24 AM 06:23 AM 09:23 AM 12:22 PM 03:21 PM 06:20 PM 09:19 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 2	हिन्दी	12:50 AM 03:49 AM 06:48 AM 09:47 AM 12:46 PM 03:45 PM 06:44 PM 09:44 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

Social Science (Geography)	So. Sci. (Geo): Chp 4: Agriculture -1	English	01:24 AM 04:23 AM 07:22 AM 10:21 AM 01:21 PM 04:20 PM 07:19 PM 10:18 PM
Mathematics	Maths: Chapter- 4: Quadratic Equations- 1	English	02:11 AM 05:10 AM 08:09 AM 11:08 AM 02:07 PM 05:06 PM 08:05 PM 11:05 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	02:31 AM 05:30 AM 08:29 AM 11:28 AM 02:27 PM 05:26 PM 08:25 PM 11:25 PM
Science	Science: Chp-4: Carbon and its Compounds Part-1	English	02:37 AM 05:36 AM 08:35 AM 11:34 AM 02:33 PM 05:32 PM 08:32 PM 11:31 PM
रविवार, 18 मई 2025 Sunday, 18 May 2025			
Language (Urdu)	Urdu: Chp-3: Bheek	English/hin di	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:57 PM 05:56 PM 08:56 PM 11:55 PM
General	Gender Equality (H)	हिन्दी	12:26 AM 03:25 AM 06:25 AM 09:24 AM 12:24 PM 03:23 PM 06:22 PM 09:22 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	हिन्दी	12:33 AM 03:33 AM 06:32 AM 09:31 AM 12:31 PM 03:30 PM 06:30 PM 09:29 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Music -Indigenous Toys and Games(Boy) Manipur	English/hin di	01:05 AM 04:04 AM 07:04 AM 10:03 AM 01:03 PM 04:02 PM 07:02 PM 10:01 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-1	हिन्दी	01:08 AM 04:07 AM 07:07 AM 10:06 AM 01:05 PM 04:05 PM 07:04 PM 10:04 PM
General	E-Waste Management: Block 5	English	01:35 AM 04:34 AM 07:34 AM 10:33 AM 01:33 PM 04:32 PM 07:32 PM 10:31 PM
Social Science (Economics)	S.Sc (Eco): Chp 3: Money and Credit-3	English	01:58 AM 04:57 AM 07:57 AM 10:56 AM 01:56 PM 04:55 PM 07:55 PM 10:54 PM
Health, Physical Education/Yoga/ Sports	Yoga - Shalabhasan	हिन्दी	02:22 AM 05:21 AM 08:21 AM 11:20 AM 02:20 PM 05:19 PM 08:19 PM 11:18 PM



Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	02:34 AM 05:34 AM 08:33 AM 11:33 AM 02:32 PM 05:32 PM 08:31 PM 11:30 PM
Cultural Heritage: Art, Music & Dance	Aao Sair Karen – Kullu Manali	हिन्दी	02:53 AM 05:53 AM 08:52 AM 11:52 AM 02:51 PM 05:51 PM 08:50 PM 11:50 PM
सोमवार, 19 मई 2025 Monday, 19 May 2025			
हिन्दी	हिन्दी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	हिन्दी	12:22 AM 03:23 AM 06:24 AM 09:24 AM 12:25 PM 03:25 PM 06:26 PM 09:26 PM
विज्ञान	पाठ-2 अम्ल, क्षारक एवं लवण-2	हिन्दी	01:14 AM 04:15 AM 07:15 AM 10:16 AM 01:16 PM 04:17 PM 07:18 PM 10:18 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:48 AM 04:49 AM 07:49 AM 10:50 AM 01:50 PM 04:51 PM 07:51 PM 10:52 PM
Mathematics	Maths: Chapter- 4: Quadratic Equations- 2	English	02:13 AM 05:13 AM 08:14 AM 11:15 AM 02:15 PM 05:16 PM 08:16 PM 11:17 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:40 PM
मंगलवार, 20 मई 2025 Tuesday, 20 May 2025			
हिन्दी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	हिन्दी	12:31 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:33 PM 11:04 PM
विज्ञान	विज्ञान: पाठ-2 अम्ल, क्षारक एवं लवण	हिन्दी	12:44 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:15 PM



			03:46 PM 06:16 PM 08:46 PM 11:17 PM
Language (English)	English: Ch-2: The Thief's Story	English	01:20 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:22 PM 11:53 PM
Mathematics	Maths: Chapter- 4: Quadratic Equations- 3	English	01:46 AM 04:17 AM 06:47 AM 09:17 AM 11:48 AM 02:18 PM 04:48 PM 07:19 PM 09:49 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	02:11 AM 04:41 AM 07:11 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
बुधवार, 21 मई 2025 Wednesday, 21 May 2025			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	हिंदी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	हिंदी	12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:30 PM 03:30 PM 06:30 PM 09:31 PM
सामान्य	आज़ादी की कहानी-2	हिंदी	12:48 AM 03:48 AM 06:48 AM 09:48 AM 12:48 PM 03:49 PM 06:49 PM 09:49 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 3	हिंदी	01:02 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:04 PM 10:04 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:37 AM 04:38 AM 07:38 AM 10:38 AM 01:38 PM 04:38 PM 07:39 PM 10:39 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	02:02 AM 05:02 AM 08:03 AM 11:03 AM 02:03 PM 05:03 PM 08:04 PM 11:04 PM
Science	Science: Chp-4: Carbon and its Compounds Part-2	English	02:30 AM 05:30 AM 08:30 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM



बृहस्पतिवार, 22 मई 2025 Thursday, 22 May 2025			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	हिन्दी	12:20 AM 03:21 AM 06:22 AM 09:23 AM 12:24 PM 03:25 PM 06:25 PM 09:26 PM
General	Pariksha pe charcha	English	12:45 AM 03:46 AM 06:47 AM 09:48 AM 12:49 PM 03:50 PM 06:51 PM 09:52 PM
गणित	गणित : पाठ-4: द्विघात समीकरण - 1	हिन्दी	01:05 AM 04:06 AM 07:07 AM 10:08 AM 01:09 PM 04:10 PM 07:11 PM 10:12 PM
Language (English)	English: Ch-2: The Thief's Story	English	01:36 AM 04:37 AM 07:38 AM 10:39 AM 01:40 PM 04:41 PM 07:42 PM 10:43 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-2	English	02:03 AM 05:03 AM 08:04 AM 11:05 AM 02:06 PM 05:07 PM 08:08 PM 11:09 PM
सामान्य	अपूर्व रमणीय चिलीका	हिन्दी	02:22 AM 05:23 AM 08:23 AM 11:24 AM 02:25 PM 05:26 PM 08:27 PM 11:28 PM
Science	Science: Chapter-4 Carbon and its Compounds Part-3	English	02:36 AM 05:37 AM 08:38 AM 11:39 AM 02:40 PM 05:40 PM 08:41 PM 11:42 PM
शुक्रवार, 23 मई 2025 Friday, 23 May 2025			
संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	संस्कृत	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-3	हिन्दी	12:32 AM 03:32 AM 06:32 AM 09:33 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:23 AM 04:24 AM 07:24 AM 10:24 AM 01:25 PM 04:25 PM 07:25 PM 10:26 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

गणित	गणित : पाठ-4: द्विघात समीकरण - 2	हिन्दी	01:29 AM 04:29 AM 07:29 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:31 PM
General	Prevention and Management of Substance Misuse	English	02:04 AM 05:04 AM 08:04 AM 11:05 AM 02:05 PM 05:05 PM 08:06 PM 11:06 PM
Health, Physical Education/Yoga/Sports	Yoga - Chakkrasan	हिन्दी	02:09 AM 05:09 AM 08:10 AM 11:10 AM 02:10 PM 05:11 PM 08:11 PM 11:11 PM
Social Science (Geography)	So. Sci. (Geo): Chp 4: Agriculture -2	English	02:21 AM 05:22 AM 08:22 AM 11:22 AM 02:23 PM 05:23 PM 08:23 PM 11:24 PM
Mathematics	Maths: Chapter- 4: Quadratic Equations- 4	English	02:38 AM 05:38 AM 08:39 AM 11:39 AM 02:39 PM 05:40 PM 08:40 PM 11:40 PM
General	Waste Reduced	English	02:53 AM 05:53 AM 08:54 AM 11:54 AM 02:54 PM 05:55 PM 08:55 PM 11:55 PM
Science	Science: Chap 4: Cleaning Capacity of Soap	English	02:54 AM 05:55 AM 08:55 AM 11:55 AM 02:56 PM 05:56 PM 08:57 PM 11:57 PM
शनिवार, 24 मई 2025 Saturday, 24 May 2025			
संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	संस्कृत	12:00 AM 02:59 AM 05:58 AM 08:58 AM 11:57 AM 02:57 PM 05:56 PM 08:56 PM 11:55 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-6: राजनीतिक दल	हिन्दी	12:25 AM 03:25 AM 06:24 AM 09:24 AM 12:23 PM 03:22 PM 06:22 PM 09:21 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 1	हिन्दी	12:47 AM 03:47 AM 06:46 AM 09:46 AM 12:45 PM 03:45 PM 06:44 PM 09:43 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Vocal Music- Classical(Boy):Tamil Nadu	English/hindi	01:20 AM 04:19 AM 07:19 AM 10:18 AM 01:18 PM 04:17 PM 07:16 PM 10:16 PM
Social Science (Geography)	So. Sci. (Geo): Chp 4: Agriculture -1	English	01:26 AM 04:25 AM 07:25 AM 10:24 AM 01:23 PM 04:23 PM 07:22 PM 10:22 PM



सामान्य	Bhook	English/hindi	01:46 AM 04:45 AM 07:45 AM 10:44 AM 01:44 PM 04:43 PM 07:43 PM 10:42 PM
General	E-Waste Management: Block 4.2	English	01:57 AM 04:56 AM 07:55 AM 10:55 AM 01:54 PM 04:54 PM 07:53 PM 10:53 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	हिन्दी	02:09 AM 05:08 AM 08:07 AM 11:07 AM 02:06 PM 05:06 PM 08:05 PM 11:05 PM
Mathematics	Maths: Chap- 4: Quadratic Equation- 1	English	02:19 AM 05:18 AM 08:17 AM 11:17 AM 02:16 PM 05:16 PM 08:15 PM 11:15 PM
Cultural Heritage: Art, Music & Dance	Rock Garden	हिन्दी	02:45 AM 05:44 AM 08:44 AM 11:43 AM 02:42 PM 05:42 PM 08:41 PM 11:41 PM
Science	Science: Chap 4: Saponification-The process of Making Soap	English	02:56 AM 05:55 AM 08:55 AM 11:54 AM 02:54 PM 05:53 PM 08:52 PM 11:52 PM
रविवार, 25 मई 2025 Sunday, 25 May 2025			
Language (Urdu)	Urdu: Chp-3: Bheek	English/hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:59 PM 08:59 PM 11:59 PM
General	Gender Equality (H)	हिन्दी	12:26 AM 03:26 AM 06:26 AM 09:25 AM 12:25 PM 03:25 PM 06:25 PM 09:25 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	हिन्दी	12:33 AM 03:33 AM 06:33 AM 09:33 AM 12:33 PM 03:33 PM 06:32 PM 09:32 PM
Cultural Heritage: Art, Music & Dance	Bharatanatyam- Drshti & Greeva	हिन्दी	01:05 AM 04:05 AM 07:05 AM 10:05 AM 01:04 PM 04:04 PM 07:04 PM 10:04 PM
विज्ञान	विज्ञान: यह दर्शाना कि अम्ल क्षारक और लवण विद्युत अपघट्य हैं	हिन्दी	01:27 AM 04:27 AM 07:27 AM 10:27 AM 01:27 PM 04:27 PM 07:27 PM 10:27 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	हिन्दी	01:41 AM 04:41 AM 07:41 AM 10:41 AM 01:41 PM 04:40 PM 07:40 PM 10:40 PM



Social Science (Economics)	So. Sci. (Eco): Chp 3: Money and Credit	English	01:53 AM 04:53 AM 07:53 AM 10:53 AM 01:53 PM 04:53 PM 07:52 PM 10:52 PM
Health, Physical Education/Yoga/ Sports	Yoga - Shalabhasan	हिन्दी	02:18 AM 05:18 AM 08:18 AM 11:18 AM 02:18 PM 05:18 PM 08:18 PM 11:17 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:31 AM 05:30 AM 08:30 AM 11:30 AM 02:30 PM 05:30 PM 08:30 PM 11:30 PM
सोमवार, 26 मई 2025 Monday, 26 May 2025			
हिन्दी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-1	हिन्दी	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:32 PM
विज्ञान	विज्ञान: यह दर्शाता कि कॉपर सलफेट के क्रिस्टलों में क्रिस्टलीय जल होता है	हिन्दी	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:01 PM
सामान्य	खुर्दागढ़ के पाइक योद्धा	हिन्दी	01:39 AM 04:39 AM 07:40 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:50 AM 04:50 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:50 PM 10:50 PM
Mathematics	Maths: Chap- 4: Quadratic Equations- 2	English	02:15 AM 05:15 AM 08:15 AM 11:15 AM 02:15 PM 05:15 PM 08:15 PM 11:15 PM
Social Science (Political Science)	S.Sc. (Pol. Sc.): Chap 6: Political Parties	English	02:40 AM 05:41 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
मंगलवार, 27 मई 2025 Tuesday, 27 May 2025			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	हिन्दी	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM



सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-4: कृषि- भाग-2	हिन्दी	12:29 AM 03:29 AM 06:28 AM 09:28 AM 12:27 PM 03:27 PM 06:26 PM 09:26 PM
विज्ञान	विज्ञान: pH ज्ञात करना	हिन्दी	12:52 AM 03:52 AM 06:52 AM 09:51 AM 12:51 PM 03:50 PM 06:50 PM 09:49 PM
Language (English)	English: Ch-2: The Thief's Story	English	01:02 AM 04:02 AM 07:01 AM 10:01 AM 01:00 PM 04:00 PM 07:00 PM 09:59 PM
General	Innovative Teacher	हिन्दी	01:29 AM 04:28 AM 07:28 AM 10:27 AM 01:27 PM 04:26 PM 07:26 PM 10:26 PM
Mathematics	Maths: Chapter- 4 Quadratic Equation Part- 3	English	01:44 AM 04:44 AM 07:43 AM 10:43 AM 01:42 PM 04:42 PM 07:41 PM 10:41 PM
सामान्य	सुभद्रा कुमारी चौहान	हिन्दी	02:12 AM 05:12 AM 08:11 AM 11:11 AM 02:10 PM 05:10 PM 08:09 PM 11:09 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 6: Political Parties	English	02:35 AM 05:35 AM 08:34 AM 11:34 AM 02:34 PM 05:33 PM 08:33 PM 11:32 PM
बुधवार, 28 मई 2025 Wednesday, 28 May 2025			
हिंदी	हिंदी : पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-2	हिन्दी	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
General	Ustrasana	English	12:20 AM 03:21 AM 06:22 AM 09:23 AM 12:24 PM 03:24 PM 06:25 PM 09:26 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	हिन्दी	12:23 AM 03:24 AM 06:25 AM 09:26 AM 12:26 PM 03:27 PM 06:28 PM 09:29 PM
Health, Physical Education/Yoga/ Sports	Yoga - Paschimottanaasan	हिन्दी	12:41 AM 03:42 AM 06:43 AM 09:44 AM 12:45 PM 03:46 PM 06:47 PM 09:48 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 2	हिन्दी	12:54 AM 03:55 AM 06:56 AM 09:57 AM 12:57 PM 03:58 PM 06:59 PM 10:00 PM

Language (English)	English: Ch-1: A Triumph of Surgery	English	01:30 AM 04:31 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:35 PM 10:36 PM
General	Management of Wetlands Part -1	English	02:25 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:30 PM 08:30 PM 11:31 PM
Social Science (History)	S. Sc. (His): Chp 4: The Age of Industrialisation-3	English	02:37 AM 05:38 AM 08:38 AM 11:39 AM 02:40 PM 05:41 PM 08:42 PM 11:43 PM
Science	Science: Chap 4: Cleaning Capacity of Soap	English	02:53 AM 05:54 AM 08:54 AM 11:55 AM 02:56 PM 05:57 PM 08:58 PM 11:59 PM
बृहस्पतिवार, 29 मई 2025 Thursday, 29 May 2025			
हिन्दी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	हिन्दी	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	हिन्दी	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
गणित	गणित: पाठ-4: द्विघात समीकरण - 3	हिन्दी	12:56 AM 03:56 AM 06:56 AM 09:56 AM 12:56 PM 03:56 PM 06:56 PM 09:56 PM
General	Innovative Teacher	हिन्दी	01:31 AM 04:31 AM 07:31 AM 10:31 AM 01:31 PM 04:31 PM 07:31 PM 10:31 PM
Language (English)	English: Ch-2: The Thief's Story	English	01:47 AM 04:47 AM 07:47 AM 10:47 AM 01:47 PM 04:47 PM 07:47 PM 10:47 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:13 PM
सामान्य	अपूर्व रमणीय चिलीका	हिन्दी	02:41 AM 05:41 AM 08:41 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
Science	Science: Chap 4: Saponification-The process of Making Soap	English	02:55 AM 05:55 AM 08:55 AM 11:55 AM 02:55 PM 05:55 PM 08:55 PM 11:55 PM



शुक्रवार, 30 मई 2025
Friday, 30 May 2025

संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	संस्कृत	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञान):पाठ-6: राजनीतिक दल-2	हिन्दी	12:32 AM 03:32 AM 06:32 AM 09:32 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM
General	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:56 AM 03:56 AM 06:56 AM 09:56 AM 12:56 PM 03:56 PM 06:57 PM 09:57 PM
गणित	गणित : पाठ-4: द्विघात समीकरण - 1	हिन्दी	01:02 AM 04:02 AM 07:02 AM 10:02 AM 01:02 PM 04:02 PM 07:02 PM 10:02 PM
Social Science (Geography)	So. Sci. (Geo): Chp 4: Agriculture -2	English	01:45 AM 04:45 AM 07:46 AM 10:46 AM 01:46 PM 04:46 PM 07:46 PM 10:46 PM
Mathematics	Maths: Chapter- 4 Quadratic Equations Part- 4	English	02:06 AM 05:06 AM 08:06 AM 11:06 AM 02:06 PM 05:07 PM 08:07 PM 11:07 PM
General	Waste Reduced	English	02:36 AM 05:36 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
Science	Science: Chp-4: Carbon and its Compounds Part-1	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM

शनिवार, 31 मई 2025
Saturday, 31 May 2025

संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	संस्कृत	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:58 PM 05:57 PM 08:57 PM 11:56 PM
General	Jaadui Pitara	हिन्दी	12:25 AM 03:25 AM 06:24 AM 09:24 AM 12:24 PM 03:23 PM 06:23 PM 09:23 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञान):पाठ-6: राजनीतिक दल-3	हिन्दी	12:26 AM 03:26 AM 06:25 AM 09:25 AM 12:25 PM 03:24 PM 06:24 PM 09:23 PM



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

गणित	गणित : पाठ-4: द्विघात समीकरण - 2	हिन्दी	12:47 AM 03:47 AM 06:46 AM 09:46 AM 12:46 PM 03:45 PM 06:45 PM 09:44 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 Vocal Music- Classical(Boy)):Tamil Nadu	English/hin di	01:22 AM 04:22 AM 07:21 AM 10:21 AM 01:21 PM 04:20 PM 07:20 PM 10:19 PM
Social Science (Geography)	So. Sci. (Geo): Chp 4: Agriculture -1	English	01:28 AM 04:28 AM 07:27 AM 10:27 AM 01:27 PM 04:26 PM 07:26 PM 10:25 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	01:44 AM 04:44 AM 07:43 AM 10:43 AM 01:43 PM 04:42 PM 07:42 PM 10:41 PM
General	E-Waste Management: Block 4.2	English	01:46 AM 04:46 AM 07:45 AM 10:45 AM 01:45 PM 04:44 PM 07:44 PM 10:43 PM
Mathematics	Maths: Chapter- 4: Quadratic Equations- 1	English	01:58 AM 04:58 AM 07:57 AM 10:57 AM 01:57 PM 04:56 PM 07:56 PM 10:55 PM
Cultural Heritage: Art, Music & Dance	Rock Garden	हिन्दी	02:18 AM 05:18 AM 08:17 AM 11:17 AM 02:17 PM 05:16 PM 08:16 PM 11:15 PM
Science	Science: Chp-4: Carbon and its Compounds Part-2	English	02:29 AM 05:29 AM 08:28 AM 11:28 AM 02:28 PM 05:27 PM 08:27 PM 11:27 PM

