

कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-6

कक्षा - 6 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class-6

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत	इतिहास	हिन्दी	संस्कृत	राजनीति विज्ञान
English	Geography	History	English	Political Science	Mathematics	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 6

मई 2026

May 2026

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 मई 2026 Friday, 01 May 2026			
General	Promotion of Healthy Lifestyle	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:05 PM 04:05 PM 06:06 PM 08:07 PM 10:08 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	12:07 AM 02:07 AM 04:08 AM 06:09 AM 08:10 AM 10:10 AM 12:11 PM 02:12 PM 04:13 PM 06:13 PM 08:14 PM 10:15 PM
Hindi	Chapter 4- हार की जीत	हिंदी	12:37 AM 02:38 AM 04:38 AM 06:39 AM 08:40 AM 10:41 AM 12:41 PM 02:42 PM 04:43 PM 06:43 PM 08:44 PM 10:45 PM
Social science	Chapter 5- India, That Is Bharat	English	01:14 AM 03:15 AM 05:16 AM 07:16 AM 09:17 AM 11:18 AM 01:19 PM 03:19 PM 05:20 PM 07:21 PM 09:21 PM 11:22 PM
Mathematics	Chapter 2-Lines and Angles	English	01:43 AM 03:43 AM 05:44 AM 07:45 AM 09:46 AM 11:46 AM 01:47 PM 03:48 PM 05:48 PM 07:49 PM 09:50 PM 11:51 PM
शनिवार, 02 मई 2026 Saturday, 02 May 2026			
General	निपुण भारत	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
General	Pawanmuktasana	English	12:08 AM 02:09 AM 04:09 AM 06:09 AM 08:09 AM 10:10 AM 12:10 PM 02:10 PM 04:10 PM 06:10 PM 08:11 PM 10:11 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:11 AM 02:12 AM 04:12 AM 06:12 AM 08:12 AM 10:13 AM 12:13 PM 02:13 PM 04:13 PM 06:13 PM 08:14 PM 10:14 PM



General Awareness	बात पते की	Hindi	12:17 AM 02:18 AM 04:18 AM 06:18 AM 08:18 AM 10:18 AM 12:19 PM 02:19 PM 04:19 PM 06:19 PM 08:19 PM 10:20 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	01:00 AM 03:00 AM 05:00 AM 07:00 AM 09:01 AM 11:01 AM 01:01 PM 03:01 PM 05:01 PM 07:02 PM 09:02 PM 11:02 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:07 AM 03:07 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:09 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:10 PM
Vocational Videos	प्लबिंग टूल	Hindi	01:20 AM 03:20 AM 05:21 AM 07:21 AM 09:21 AM 11:21 AM 01:21 PM 03:22 PM 05:22 PM 07:22 PM 09:22 PM 11:22 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:52 AM 03:52 AM 05:52 AM 07:52 AM 09:53 AM 11:53 AM 01:53 PM 03:53 PM 05:53 PM 07:54 PM 09:54 PM 11:54 PM
रविवार, 03 मई 2026 Sunday, 03 May 2026			
General (Wetland)	Values and Types of Wetlands Part -1	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
सामान्य	Single Use Plastic	Hindi	12:48 AM 02:49 AM 04:49 AM 06:50 AM 08:50 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:54 PM
General	E-Waste	English	12:50 AM 02:51 AM 04:51 AM 06:52 AM 08:52 AM 10:53 AM 12:53 PM 02:54 PM 04:54 PM 06:55 PM 08:55 PM 10:56 PM
General	Ardha Chakrasana	English	01:50 AM 03:51 AM 05:51 AM 07:52 AM 09:52 AM 11:53 AM 01:53 PM 03:54 PM 05:54 PM 07:55 PM 09:55 PM 11:56 PM
General	अर्ध चक्रासन	Hindi	01:52 AM 03:53 AM 05:53 AM 07:54 AM 09:54 AM 11:55 AM 01:55 PM 03:56 PM 05:56 PM 07:57 PM 09:57 PM 11:58 PM
सोमवार, 04 मई 2026 Monday, 04 May 2026			
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:58 AM 09:58 AM 11:58 AM 01:57 PM 03:57 PM 05:57 PM 07:57 PM 09:56 PM 11:56 PM



Science	Chapter 4-Exploring Magnets-Ep.02	English	12:19 AM 02:18 AM 04:18 AM 06:18 AM 08:17 AM 10:17 AM 12:17 PM 02:16 PM 04:16 PM 06:16 PM 08:16 PM 10:15 PM
General	Introduction to MISSION LIFE	English	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:35 AM 10:35 AM 12:35 PM 02:34 PM 04:34 PM 06:34 PM 08:33 PM 10:33 PM
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:48 AM 02:48 AM 04:48 AM 06:48 AM 08:47 AM 10:47 AM 12:47 PM 02:46 PM 04:46 PM 06:46 PM 08:45 PM 10:45 PM
General Awareness	Air Pollution	English	12:57 AM 02:57 AM 04:56 AM 06:56 AM 08:56 AM 10:55 AM 12:55 PM 02:55 PM 04:55 PM 06:54 PM 08:54 PM 10:54 PM
English	Unit 1-Rama to the Rescue	English	01:29 AM 03:29 AM 05:29 AM 07:29 AM 09:28 AM 11:28 AM 01:28 PM 03:27 PM 05:27 PM 07:27 PM 09:26 PM 11:26 PM
General	Introduction to MISSION LIFE	English	01:37 AM 03:37 AM 05:37 AM 07:36 AM 09:36 AM 11:36 AM 01:35 PM 03:35 PM 05:35 PM 07:34 PM 09:34 PM 11:34 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	01:42 AM 03:42 AM 05:41 AM 07:41 AM 09:41 AM 11:40 AM 01:40 PM 03:40 PM 05:39 PM 07:39 PM 09:39 PM 11:39 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:51 AM 03:51 AM 05:51 AM 07:50 AM 09:50 AM 11:50 AM 01:49 PM 03:49 PM 05:49 PM 07:48 PM 09:48 PM 11:48 PM
मंगलवार, 05 मई 2026 Tuesday, 05 May 2026			
Hindi	Chapter 6- मेरी माँ	हिंदी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:02 PM
Social science	Chapter 5- India, That Is Bharat	English	01:02 AM 03:02 AM 05:02 AM 07:03 AM 09:03 AM 11:03 AM 01:03 PM 03:03 PM 05:03 PM 07:04 PM 09:04 PM 11:04 PM
सामान्य	Water Saved	Hindi	01:13 AM 03:13 AM 05:13 AM 07:13 AM 09:14 AM 11:14 AM 01:14 PM 03:14 PM 05:14 PM 07:15 PM 09:15 PM 11:15 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:42 AM 03:43 AM 05:43 AM 07:43 AM 09:43 AM 11:43 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM



General	पोषण ,स्वास्थ्य और स्वच्छता	Hindi	01:53 AM 03:53 AM 05:53 AM 07:54 AM 09:54 AM 11:54 AM 01:54 PM 03:54 PM 05:55 PM 07:55 PM 09:55 PM 11:55 PM
बुधवार, 06 मई 2026 Wednesday, 06 May 2026			
General	Emotional well being and mental health	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	12:06 AM 02:06 AM 04:06 AM 06:06 AM 08:06 AM 10:06 AM 12:06 PM 02:06 PM 04:06 PM 06:06 PM 08:06 PM 10:06 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:49 AM 02:49 AM 04:49 AM 06:49 AM 08:49 AM 10:50 AM 12:50 PM 02:50 PM 04:50 PM 06:50 PM 08:50 PM 10:50 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:17 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
General	निपुण भारत	Hindi	01:22 AM 03:22 AM 05:22 AM 07:22 AM 09:22 AM 11:22 AM 01:22 PM 03:22 PM 05:22 PM 07:22 PM 09:23 PM 11:23 PM
Mathematics	Chapter 2-Lines and Angles	English	01:24 AM 03:24 AM 05:24 AM 07:24 AM 09:24 AM 11:24 AM 01:24 PM 03:24 PM 05:24 PM 07:24 PM 09:24 PM 11:24 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:34 AM 03:34 AM 05:34 AM 07:34 AM 09:34 AM 11:34 AM 01:34 PM 03:34 PM 05:34 PM 07:34 PM 09:35 PM 11:35 PM
बृहस्पतिवार, 07 मई 2026 Thursday, 07 May 2026			
General Awareness	क्षेत्रफल	Hindi	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:58 AM 09:58 AM 11:58 AM 01:58 PM 03:57 PM 05:57 PM 07:57 PM 09:57 PM 11:56 PM
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:26 AM 02:26 AM 04:26 AM 06:25 AM 08:25 AM 10:25 AM 12:24 PM 02:24 PM 04:24 PM 06:24 PM 08:23 PM 10:23 PM
English	Unit 2-The chair	English	12:49 AM 02:48 AM 04:48 AM 06:48 AM 08:47 AM 10:47 AM 12:47 PM 02:47 PM 04:46 PM 06:46 PM 08:46 PM 10:46 PM



Science	Chapter 4-Exploring Magnets-Ep.02	English	01:26 AM 03:26 AM 05:26 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:24 PM 05:24 PM 07:24 PM 09:24 PM 11:23 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:37 AM 03:37 AM 05:36 AM 07:36 AM 09:36 AM 11:36 AM 01:35 PM 03:35 PM 05:35 PM 07:34 PM 09:34 PM 11:34 PM
General	Bhadrasana	English	01:57 AM 03:57 AM 05:56 AM 07:56 AM 09:56 AM 11:56 AM 01:55 PM 03:55 PM 05:55 PM 07:55 PM 09:54 PM 11:54 PM
शुक्रवार, 08 मई 2026 Friday, 08 May 2026			
Hindi	Chapter 4- हार की जीत	हिंदी	12:00 AM 02:15 AM 04:30 AM 06:46 AM 09:01 AM 11:16 AM 01:32 PM 03:47 PM 06:02 PM 08:18 PM 10:33 PM
Social science	Chapter 5- India, That Is Bharat	English	12:40 AM 02:55 AM 05:11 AM 07:26 AM 09:42 AM 11:57 AM 02:12 PM 04:28 PM 06:43 PM 08:58 PM 11:14 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	01:11 AM 03:26 AM 05:42 AM 07:57 AM 10:12 AM 12:28 PM 02:43 PM 04:58 PM 07:14 PM 09:29 PM 11:45 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:39 AM 03:55 AM 06:10 AM 08:26 AM 10:41 AM 12:56 PM 03:12 PM 05:27 PM 07:42 PM 09:58 PM
शनिवार, 09 मई 2026 Saturday, 09 May 2026			
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	01:07 AM 03:08 AM 05:09 AM 07:10 AM 09:10 AM 11:11 AM 01:12 PM 03:13 PM 05:14 PM 07:15 PM 09:15 PM 11:16 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:33 AM 03:34 AM 05:35 AM 07:36 AM 09:36 AM 11:37 AM 01:38 PM 03:39 PM 05:40 PM 07:40 PM 09:41 PM 11:42 PM
General	Setu Bandhasana	English	01:44 AM 03:45 AM 05:45 AM 07:46 AM 09:47 AM 11:48 AM 01:49 PM 03:49 PM 05:50 PM 07:51 PM 09:52 PM 11:53 PM



Vocational Videos	Seed Germination	English	01:46 AM 03:47 AM 05:48 AM 07:49 AM 09:49 AM 11:50 AM 01:51 PM 03:52 PM 05:53 PM 07:54 PM 09:54 PM 11:55 PM
रविवार, 10 मई 2026 Sunday, 10 May 2026			
General	सूर्य नमस्कार	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:03 AM 12:03 PM 02:04 PM 04:05 PM 06:05 PM 08:06 PM 10:07 PM
General	Waste Reduced	English	12:07 AM 02:08 AM 04:09 AM 06:09 AM 08:10 AM 10:11 AM 12:11 PM 02:12 PM 04:13 PM 06:13 PM 08:14 PM 10:15 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	12:09 AM 02:10 AM 04:10 AM 06:11 AM 08:11 AM 10:12 AM 12:13 PM 02:13 PM 04:14 PM 06:15 PM 08:15 PM 10:16 PM
General Awareness	क्षेत्रफल	Hindi	12:09 AM 02:10 AM 04:11 AM 06:11 AM 08:12 AM 10:13 AM 12:13 PM 02:14 PM 04:15 PM 06:15 PM 08:16 PM 10:17 PM
General	Trikonasana	English	12:39 AM 02:40 AM 04:40 AM 06:41 AM 08:42 AM 10:42 AM 12:43 PM 02:43 PM 04:44 PM 06:45 PM 08:45 PM 10:46 PM
General	त्रिकोणासन	Hindi	12:53 AM 02:53 AM 04:54 AM 06:55 AM 08:55 AM 10:56 AM 12:57 PM 02:57 PM 04:58 PM 06:58 PM 08:59 PM 11:00 PM
General	Vrikshasana	English	01:26 AM 03:26 AM 05:27 AM 07:28 AM 09:28 AM 11:29 AM 01:30 PM 03:30 PM 05:31 PM 07:32 PM 09:32 PM 11:33 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:33 AM 03:34 AM 05:35 AM 07:35 AM 09:36 AM 11:36 AM 01:37 PM 03:38 PM 05:38 PM 07:39 PM 09:40 PM 11:40 PM
Vocational Videos	Seed Germination	English	01:53 AM 03:54 AM 05:55 AM 07:55 AM 09:56 AM 11:57 AM 01:57 PM 03:58 PM 05:59 PM 07:59 PM 10:00 PM
सोमवार, 11 मई 2026 Monday, 11 May 2026			
Science	Chapter 4-Exploring Magnets-Ep.02	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:58 AM 01:58 PM 03:58 PM 05:58 PM 07:58 PM 09:57 PM 11:57 PM



Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:30 AM 02:30 AM 04:30 AM 06:30 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:28 PM 08:28 PM 10:28 PM
English	Unit 1-Rama to the Rescure	English	01:10 AM 03:10 AM 05:09 AM 07:09 AM 09:09 AM 11:09 AM 01:09 PM 03:08 PM 05:08 PM 07:08 PM 09:08 PM 11:08 PM
Mathematics	Chapter 2-Lines and Angles	English	01:25 AM 03:25 AM 05:25 AM 07:24 AM 09:24 AM 11:24 AM 01:24 PM 03:24 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:48 AM 03:48 AM 05:48 AM 07:48 AM 09:48 AM 11:47 AM 01:47 PM 03:47 PM 05:47 PM 07:47 PM 09:47 PM 11:46 PM
मंगलवार, 12 मई 2026 Tuesday, 12 May 2026			
Hindi	Chapter 6- मेरी माँ	हिंदी	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:57 AM 11:57 AM 01:57 PM 03:56 PM 05:56 PM 07:55 PM 09:55 PM 11:55 PM
General	Waste Reduced	English	01:13 AM 03:13 AM 05:12 AM 07:12 AM 09:11 AM 11:11 AM 01:10 PM 03:10 PM 05:10 PM 07:09 PM 09:09 PM 11:08 PM
Social science	Chapter 5- India, That Is Bharat	English	01:15 AM 03:15 AM 05:14 AM 07:14 AM 09:13 AM 11:13 AM 01:13 PM 03:12 PM 05:12 PM 07:11 PM 09:11 PM 11:10 PM
General	स्वस्थ बढ़ना	Hindi	01:25 AM 03:25 AM 05:24 AM 07:24 AM 09:23 AM 11:23 AM 01:23 PM 03:22 PM 05:22 PM 07:21 PM 09:21 PM 11:21 PM
General	RBI Digital Payments Awareness Week: चुटकी में	Hindi	01:33 AM 03:33 AM 05:32 AM 07:32 AM 09:32 AM 11:31 AM 01:31 PM 03:30 PM 05:30 PM 07:29 PM 09:29 PM 11:29 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:34 AM 03:34 AM 05:34 AM 07:33 AM 09:33 AM 11:32 AM 01:32 PM 03:32 PM 05:31 PM 07:31 PM 09:30 PM 11:30 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	01:45 AM 03:45 AM 05:44 AM 07:44 AM 09:43 AM 11:43 AM 01:43 PM 03:42 PM 05:42 PM 07:41 PM 09:41 PM 11:40 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	01:46 AM 03:45 AM 05:45 AM 07:44 AM 09:44 AM 11:43 AM 01:43 PM 03:43 PM 05:42 PM 07:42 PM 09:41 PM 11:41 PM



बुधवार, 13 मई 2026
Wednesday, 13 May 2026

General	निपुण भारत	Hindi	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
General	Energy Saving	English	12:09 AM 02:10 AM 04:10 AM 06:11 AM 08:11 AM 10:12 AM 12:12 PM 02:12 PM 04:13 PM 06:13 PM 08:14 PM 10:14 PM
सामान्य	India-Pavilion-at-COP 27-Mission	Hindi	12:26 AM 02:27 AM 04:27 AM 06:27 AM 08:28 AM 10:28 AM 12:29 PM 02:29 PM 04:30 PM 06:30 PM 08:31 PM 10:31 PM
General	Zoological-Survey-of-India	English	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:31 AM 10:31 AM 12:32 PM 02:32 PM 04:33 PM 06:33 PM 08:34 PM 10:34 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:31 AM 02:32 AM 04:32 AM 06:33 AM 08:33 AM 10:34 AM 12:34 PM 02:35 PM 04:35 PM 06:36 PM 08:36 PM 10:37 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:38 AM 02:39 AM 04:39 AM 06:40 AM 08:40 AM 10:41 AM 12:41 PM 02:42 PM 04:42 PM 06:42 PM 08:43 PM 10:43 PM
General	Zoological-Survey-of-India	English	12:45 AM 02:46 AM 04:46 AM 06:47 AM 08:47 AM 10:47 AM 12:48 PM 02:48 PM 04:49 PM 06:49 PM 08:50 PM 10:50 PM
Vocational Videos	Preparing ORS at Home	English	12:48 AM 02:49 AM 04:49 AM 06:50 AM 08:50 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:53 PM 08:53 PM 10:54 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	12:54 AM 02:55 AM 04:55 AM 06:56 AM 08:56 AM 10:57 AM 12:57 PM 02:58 PM 04:58 PM 06:58 PM 08:59 PM 10:59 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:29 AM 03:30 AM 05:30 AM 07:30 AM 09:31 AM 11:31 AM 01:32 PM 03:32 PM 05:33 PM 07:33 PM 09:34 PM 11:34 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:52 AM 03:52 AM 05:53 AM 07:53 AM 09:54 AM 11:54 AM 01:55 PM 03:55 PM 05:56 PM 07:56 PM 09:57 PM 11:57 PM



बृहस्पतिवार, 14 मई 2026 Thursday, 14 May 2026			
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:11 PM 10:12 PM
General	Growing up Healthy	English	12:22 AM 02:23 AM 04:24 AM 06:25 AM 08:26 AM 10:27 AM 12:28 PM 02:29 PM 04:30 PM 06:31 PM 08:33 PM 10:34 PM
English	Unit 2-The chair	English	12:28 AM 02:29 AM 04:30 AM 06:31 AM 08:32 AM 10:34 AM 12:35 PM 02:36 PM 04:37 PM 06:38 PM 08:39 PM 10:40 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:35 AM 02:36 AM 04:37 AM 06:38 AM 08:39 AM 10:40 AM 12:41 PM 02:42 PM 04:43 PM 06:44 PM 08:46 PM 10:47 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	12:41 AM 02:42 AM 04:43 AM 06:45 AM 08:46 AM 10:47 AM 12:48 PM 02:49 PM 04:50 PM 06:51 PM 08:52 PM 10:53 PM
General	zoological-Survey-of-India	English	12:50 AM 02:51 AM 04:52 AM 06:53 AM 08:54 AM 10:55 AM 12:57 PM 02:58 PM 04:59 PM 07:00 PM 09:01 PM 11:02 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:11 AM 03:12 AM 05:13 AM 07:14 AM 09:15 AM 11:16 AM 01:17 PM 03:18 PM 05:20 PM 07:21 PM 09:22 PM 11:23 PM
शुक्रवार, 15 मई 2026 Friday, 15 May 2026			
General	Nutrition_Health and Sanitation	English	12:00 AM 02:01 AM 04:03 AM 06:04 AM 08:06 AM 10:07 AM 12:09 PM 02:10 PM 04:12 PM 06:13 PM 08:15 PM 10:17 PM
General English	Episode 1 Greeting a Friend	English	12:07 AM 02:09 AM 04:10 AM 06:12 AM 08:13 AM 10:15 AM 12:16 PM 02:18 PM 04:19 PM 06:21 PM 08:23 PM 10:24 PM
Hindi	Chapter 4- हार की जीत	हिंदी	12:15 AM 02:17 AM 04:18 AM 06:20 AM 08:21 AM 10:23 AM 12:25 PM 02:26 PM 04:28 PM 06:29 PM 08:31 PM 10:32 PM
General	Introduction to MISSION LIFE	English	01:03 AM 03:04 AM 05:06 AM 07:08 AM 09:09 AM 11:11 AM 01:12 PM 03:14 PM 05:15 PM 07:17 PM 09:18 PM 11:20 PM



Social science	Chapter 5- India, That Is Bharat	English	01:05 AM 03:07 AM 05:08 AM 07:10 AM 09:11 AM 11:13 AM 01:15 PM 03:16 PM 05:18 PM 07:19 PM 09:21 PM 11:22 PM
सामान्य	MOTHER EARTH Prakriti Hindi Subtitles	Hindi	01:24 AM 03:26 AM 05:27 AM 07:29 AM 09:30 AM 11:32 AM 01:33 PM 03:35 PM 05:36 PM 07:38 PM 09:39 PM 11:41 PM
Mathematics	Chapter 2-Lines and Angles	English	01:28 AM 03:30 AM 05:31 AM 07:33 AM 09:34 AM 11:36 AM 01:38 PM 03:39 PM 05:41 PM 07:42 PM 09:44 PM 11:45 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:54 AM 03:55 AM 05:57 AM 07:59 AM 10:00 AM 12:02 PM 02:03 PM 04:05 PM 06:06 PM 08:08 PM 10:09 PM
शनिवार, 16 मई 2026 Saturday, 16 May 2026			
General	Promotion of Healthy Lifestyle	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:03 PM 04:03 PM 06:04 PM 08:04 PM 10:05 PM
General	Reproductive Health and HIV Prevention	English	12:07 AM 02:07 AM 04:08 AM 06:08 AM 08:09 AM 10:09 AM 12:09 PM 02:10 PM 04:10 PM 06:11 PM 08:11 PM 10:12 PM
General	Waste Reduced	English	12:17 AM 02:17 AM 04:18 AM 06:18 AM 08:19 AM 10:19 AM 12:20 PM 02:20 PM 04:21 PM 06:21 PM 08:21 PM 10:22 PM
General English	Episode 2 Greeting an Acquaintance	English	12:36 AM 02:37 AM 04:37 AM 06:38 AM 08:38 AM 10:39 AM 12:39 PM 02:40 PM 04:40 PM 06:41 PM 08:41 PM 10:41 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	01:03 AM 03:04 AM 05:04 AM 07:04 AM 09:05 AM 11:05 AM 01:06 PM 03:06 PM 05:07 PM 07:07 PM 09:08 PM 11:08 PM
General	Introduction to MISSION LIFE	English	01:11 AM 03:11 AM 05:12 AM 07:12 AM 09:13 AM 11:13 AM 01:14 PM 03:14 PM 05:14 PM 07:15 PM 09:15 PM 11:16 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:28 AM 03:29 AM 05:29 AM 07:30 AM 09:30 AM 11:31 AM 01:31 PM 03:32 PM 05:32 PM 07:33 PM 09:33 PM 11:34 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	01:47 AM 03:48 AM 05:48 AM 07:49 AM 09:49 AM 11:50 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:53 PM



रविवार, 17 मई 2026
Sunday, 17 May 2026

General	निपुण भारत	Hindi	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:05 PM 02:06 PM 04:07 PM 06:08 PM 08:09 PM 10:10 PM
General Awareness	बात पते की	Hindi	12:02 AM 02:03 AM 04:04 AM 06:05 AM 08:06 AM 10:07 AM 12:08 PM 02:09 PM 04:10 PM 06:11 PM 08:12 PM 10:13 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:30 AM 02:31 AM 04:32 AM 06:33 AM 08:34 AM 10:35 AM 12:36 PM 02:36 PM 04:37 PM 06:38 PM 08:39 PM 10:40 PM
Vocational Videos	प्लबिंग टूल	Hindi	12:36 AM 02:37 AM 04:38 AM 06:39 AM 08:40 AM 10:41 AM 12:42 PM 02:43 PM 04:44 PM 06:45 PM 08:46 PM 10:47 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:52 AM 03:53 AM 05:54 AM 07:55 AM 09:56 AM 11:57 AM 01:58 PM 03:59 PM 06:00 PM 08:01 PM 10:02 PM

सोमवार, 18 मई 2026
Monday, 18 May 2026

Science	Chapter 4-Exploring Magnets-Ep.02	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:01 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:03 PM 10:04 PM
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:11 AM 02:12 AM 04:12 AM 06:12 AM 08:13 AM 10:13 AM 12:14 PM 02:14 PM 04:14 PM 06:15 PM 08:15 PM 10:16 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:20 AM 02:20 AM 04:21 AM 06:21 AM 08:21 AM 10:22 AM 12:22 PM 02:22 PM 04:23 PM 06:23 PM 08:24 PM 10:24 PM
English	Unit 1-Rama to the Rescure	English	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:28 AM 10:28 AM 12:29 PM 02:29 PM 04:30 PM 06:30 PM 08:30 PM 10:31 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	01:43 AM 03:43 AM 05:43 AM 07:44 AM 09:44 AM 11:44 AM 01:45 PM 03:45 PM 05:46 PM 07:46 PM 09:46 PM 11:47 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:52 AM 03:52 AM 05:53 AM 07:53 AM 09:53 AM 11:54 AM 01:54 PM 03:55 PM 05:55 PM 07:55 PM 09:56 PM 11:56 PM



DD Free Dish Channel #28



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2027

मंगलवार, 19 मई 2026
Tuesday, 19 May 2026

Hindi	Chapter 6- मेरी माँ	हिंदी	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:04 PM 04:05 PM 06:06 PM 08:07 PM 10:07 PM
Social science	Chapter 5- India, That Is Bharat	English	01:08 AM 03:08 AM 05:09 AM 07:10 AM 09:10 AM 11:11 AM 01:12 PM 03:12 PM 05:13 PM 07:14 PM 09:15 PM 11:15 PM
General Awareness	Air Pollution	English	01:18 AM 03:18 AM 05:19 AM 07:20 AM 09:21 AM 11:21 AM 01:22 PM 03:23 PM 05:23 PM 07:24 PM 09:25 PM 11:25 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:47 AM 03:48 AM 05:49 AM 07:49 AM 09:50 AM 11:51 AM 01:52 PM 03:52 PM 05:53 PM 07:54 PM 09:54 PM 11:55 PM

बुधवार, 20 मई 2026
Wednesday, 20 May 2026

General	MOTHER EARTH Prakriti English Subtitles	English	12:00 AM 02:06 AM 04:12 AM 06:18 AM 08:25 AM 10:31 AM 12:37 PM 02:44 PM 04:50 PM 06:56 PM 09:03 PM 11:09 PM
General	Energy Saving	English	12:08 AM 02:14 AM 04:21 AM 06:27 AM 08:33 AM 10:40 AM 12:46 PM 02:52 PM 04:59 PM 07:05 PM 09:11 PM 11:18 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:25 AM 02:31 AM 04:38 AM 06:44 AM 08:50 AM 10:57 AM 01:03 PM 03:09 PM 05:16 PM 07:22 PM 09:28 PM 11:34 PM
General	zoological-Survey-of-India	English	12:33 AM 02:39 AM 04:46 AM 06:52 AM 08:58 AM 11:05 AM 01:11 PM 03:17 PM 05:24 PM 07:30 PM 09:36 PM 11:43 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:47 AM 02:53 AM 05:00 AM 07:06 AM 09:12 AM 11:19 AM 01:25 PM 03:31 PM 05:37 PM 07:44 PM 09:50 PM 11:56 PM
Mathematics	Chapter 2-Lines and Angles	English	01:07 AM 03:13 AM 05:19 AM 07:26 AM 09:32 AM 11:38 AM 01:45 PM 03:51 PM 05:57 PM 08:04 PM 10:10 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:41 AM 03:47 AM 05:54 AM 08:00 AM 10:06 AM 12:13 PM 02:19 PM 04:25 PM 06:32 PM 08:38 PM 10:44 PM



General (Wetland)	Values and Types of Wetlands Part -2	English	01:51 AM 03:58 AM 06:04 AM 08:10 AM 10:17 AM 12:23 PM 02:29 PM 04:36 PM 06:42 PM 08:48 PM 10:55 PM
बृहस्पतिवार, 21 मई 2026 Thursday, 21 May 2026			
General	Growing up Healthy	English	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:06 AM 12:07 PM 02:08 PM 04:09 PM 06:10 PM 08:12 PM 10:13 PM
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:07 AM 02:08 AM 04:10 AM 06:11 AM 08:12 AM 10:13 AM 12:14 PM 02:16 PM 04:17 PM 06:18 PM 08:19 PM 10:20 PM
General	E-Waste	English	12:30 AM 02:31 AM 04:33 AM 06:34 AM 08:35 AM 10:36 AM 12:37 PM 02:39 PM 04:40 PM 06:41 PM 08:42 PM 10:43 PM
English	Unit 2-The chair	English	12:50 AM 02:51 AM 04:53 AM 06:54 AM 08:55 AM 10:56 AM 12:57 PM 02:59 PM 05:00 PM 07:01 PM 09:02 PM 11:03 PM
सामान्य	Water Saved	Hindi	01:02 AM 03:03 AM 05:04 AM 07:05 AM 09:06 AM 11:08 AM 01:09 PM 03:10 PM 05:11 PM 07:12 PM 09:14 PM 11:15 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:11 AM 03:12 AM 05:13 AM 07:14 AM 09:16 AM 11:17 AM 01:18 PM 03:19 PM 05:20 PM 07:22 PM 09:23 PM 11:24 PM
शुक्रवार, 22 मई 2026 Friday, 22 May 2026			
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:00 AM 02:01 AM 04:02 AM 06:04 AM 08:05 AM 10:06 AM 12:08 PM 02:09 PM 04:10 PM 06:12 PM 08:13 PM 10:14 PM
General	zoological-Survey-of-india	English	12:19 AM 02:21 AM 04:22 AM 06:23 AM 08:25 AM 10:26 AM 12:27 PM 02:29 PM 04:30 PM 06:31 PM 08:33 PM 10:34 PM
Hindi	Chapter 4- हार की जीत	हिंदी	12:22 AM 02:23 AM 04:24 AM 06:26 AM 08:27 AM 10:28 AM 12:30 PM 02:31 PM 04:32 PM 06:34 PM 08:35 PM 10:36 PM
Social science	Chapter 5- India, That Is Bharat	English	12:43 AM 02:44 AM 04:46 AM 06:47 AM 08:48 AM 10:50 AM 12:51 PM 02:52 PM 04:54 PM 06:55 PM 08:56 PM 10:58 PM



General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	12:56 AM 02:58 AM 04:59 AM 07:00 AM 09:02 AM 11:03 AM 01:04 PM 03:06 PM 05:07 PM 07:08 PM 09:10 PM 11:11 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	01:02 AM 03:03 AM 05:05 AM 07:06 AM 09:07 AM 11:09 AM 01:10 PM 03:11 PM 05:13 PM 07:14 PM 09:15 PM 11:17 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:18 AM 03:19 AM 05:21 AM 07:22 AM 09:23 AM 11:25 AM 01:26 PM 03:27 PM 05:29 PM 07:30 PM 09:31 PM 11:33 PM
शनिवार, 23 मई 2026 Saturday, 23 May 2026			
General Awareness	क्षेत्रफल	Hindi	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	12:33 AM 02:33 AM 04:33 AM 06:33 AM 08:33 AM 10:34 AM 12:34 PM 02:34 PM 04:34 PM 06:34 PM 08:34 PM 10:35 PM
General	पवनमुक्तासन	Hindi	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:09 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:23 AM 03:24 AM 05:24 AM 07:24 AM 09:24 AM 11:24 AM 01:24 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:25 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:34 AM 03:34 AM 05:34 AM 07:35 AM 09:35 AM 11:35 AM 01:35 PM 03:35 PM 05:35 PM 07:36 PM 09:36 PM 11:36 PM
रविवार, 24 मई 2026 Sunday, 24 May 2026			
General	Energy Saving	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:02 PM 08:02 PM 10:02 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	01:24 AM 03:24 AM 05:24 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:26 PM 05:26 PM 07:26 PM 09:26 PM 11:26 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:31 AM 03:31 AM 05:31 AM 07:31 AM 09:32 AM 11:32 AM 01:32 PM 03:32 PM 05:32 PM 07:33 PM 09:33 PM 11:33 PM



General	Prevention and Management of Substance Misuse	English	01:51 AM 03:51 AM 05:52 AM 07:52 AM 09:52 AM 11:52 AM 01:53 PM 03:53 PM 05:53 PM 07:53 PM 09:53 PM 11:54 PM
सोमवार, 25 मई 2026 Monday, 25 May 2026			
Science	Chapter 4-Exploring Magnets-Ep.02	English	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:57 AM 11:57 AM 01:56 PM 03:56 PM 05:55 PM 07:55 PM 09:54 PM 11:54 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	12:21 AM 02:21 AM 04:20 AM 06:20 AM 08:20 AM 10:19 AM 12:19 PM 02:18 PM 04:18 PM 06:17 PM 08:17 PM 10:16 PM
Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:27 AM 02:27 AM 04:26 AM 06:26 AM 08:25 AM 10:25 AM 12:24 PM 02:24 PM 04:23 PM 06:23 PM 08:22 PM 10:22 PM
English	Unit 1-Rama to the Rescue	English	12:44 AM 02:44 AM 04:43 AM 06:43 AM 08:42 AM 10:42 AM 12:41 PM 02:41 PM 04:40 PM 06:40 PM 08:39 PM 10:39 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	01:06 AM 03:05 AM 05:05 AM 07:04 AM 09:04 AM 11:03 AM 01:03 PM 03:02 PM 05:02 PM 07:01 PM 09:01 PM 11:01 PM
Mathematics	Chapter 2-Lines and Angles	English	01:11 AM 03:11 AM 05:10 AM 07:10 AM 09:09 AM 11:09 AM 01:09 PM 03:08 PM 05:08 PM 07:07 PM 09:07 PM 11:06 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:22 AM 03:21 AM 05:21 AM 07:20 AM 09:20 AM 11:19 AM 01:19 PM 03:18 PM 05:18 PM 07:17 PM 09:17 PM 11:17 PM
मंगलवार, 26 मई 2026 Tuesday, 26 May 2026			
Hindi	Chapter 6- मेरी माँ	हिंदी	12:00 AM 02:01 AM 04:02 AM 06:03 AM 08:04 AM 10:05 AM 12:06 PM 02:07 PM 04:08 PM 06:09 PM 08:10 PM 10:11 PM
सामान्य	Single Use Plastic	Hindi	12:23 AM 02:24 AM 04:25 AM 06:26 AM 08:27 AM 10:28 AM 12:29 PM 02:31 PM 04:32 PM 06:33 PM 08:34 PM 10:35 PM
General	E-Waste	English	12:25 AM 02:26 AM 04:27 AM 06:28 AM 08:29 AM 10:30 AM 12:31 PM 02:32 PM 04:33 PM 06:34 PM 08:36 PM 10:37 PM



General	पवनमुक्तासन	Hindi	12:44 AM 02:45 AM 04:46 AM 06:47 AM 08:48 AM 10:49 AM 12:50 PM 02:51 PM 04:52 PM 06:53 PM 08:54 PM 10:56 PM
Social science	Chapter 5- India, That Is Bharat	English	01:00 AM 03:01 AM 05:02 AM 07:03 AM 09:04 AM 11:05 AM 01:06 PM 03:07 PM 05:08 PM 07:09 PM 09:10 PM 11:11 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	01:15 AM 03:16 AM 05:17 AM 07:18 AM 09:19 AM 11:20 AM 01:21 PM 03:22 PM 05:23 PM 07:25 PM 09:26 PM 11:27 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:40 AM 03:41 AM 05:42 AM 07:43 AM 09:44 AM 11:45 AM 01:46 PM 03:47 PM 05:49 PM 07:50 PM 09:51 PM 11:52 PM
बुधवार, 27 मई 2026 Wednesday, 27 May 2026			
General	Ustrasana	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM
Vocational Videos	IDENTIFICATION OF TREES	English	12:17 AM 02:18 AM 04:18 AM 06:19 AM 08:19 AM 10:19 AM 12:20 PM 02:20 PM 04:21 PM 06:21 PM 08:21 PM 10:22 PM
General	zoological-Survey-of-India	English	01:18 AM 03:19 AM 05:19 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:22 PM 07:22 PM 09:22 PM 11:23 PM
Social science	Chapter 6- The Beginnings of Indian Civilisation Part 1	English	01:24 AM 03:25 AM 05:25 AM 07:26 AM 09:26 AM 11:26 AM 01:27 PM 03:27 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:52 AM 03:52 AM 05:52 AM 07:53 AM 09:53 AM 11:54 AM 01:54 PM 03:54 PM 05:55 PM 07:55 PM 09:56 PM 11:56 PM
बृहस्पतिवार, 28 मई 2026 Thursday, 28 May 2026			
English	Unit 2-The chair	English	12:00 AM 02:01 AM 04:03 AM 06:05 AM 08:07 AM 10:09 AM 12:11 PM 02:13 PM 04:14 PM 06:16 PM 08:18 PM 10:20 PM
Vocational Videos	प्लंबिंग टूल	Hindi	12:25 AM 02:26 AM 04:28 AM 06:30 AM 08:32 AM 10:34 AM 12:36 PM 02:38 PM 04:39 PM 06:41 PM 08:43 PM 10:45 PM



Social science	Chapter 6-The Beginnings of Indian Civilisation Part 2	English	12:53 AM 02:55 AM 04:57 AM 06:59 AM 09:01 AM 11:03 AM 01:04 PM 03:06 PM 05:08 PM 07:10 PM 09:12 PM 11:14 PM
General	Vajrasana	English	01:02 AM 03:04 AM 05:05 AM 07:07 AM 09:09 AM 11:11 AM 01:13 PM 03:15 PM 05:17 PM 07:18 PM 09:20 PM 11:22 PM
General	Zoological-Survey-of-India	English	01:06 AM 03:08 AM 05:10 AM 07:12 AM 09:14 AM 11:16 AM 01:17 PM 03:19 PM 05:21 PM 07:23 PM 09:25 PM 11:27 PM
General	RBI Digital Payments Awareness Week: चुटकी में	Hindi	01:28 AM 03:30 AM 05:32 AM 07:34 AM 09:35 AM 11:37 AM 01:39 PM 03:41 PM 05:43 PM 07:45 PM 09:47 PM 11:49 PM
Mathematics	Chapter 1-PATTERNS IN MATHEMATICS	English	01:29 AM 03:31 AM 05:33 AM 07:35 AM 09:37 AM 11:39 AM 01:40 PM 03:42 PM 05:44 PM 07:46 PM 09:48 PM 11:50 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:43 AM 03:45 AM 05:47 AM 07:49 AM 09:51 AM 11:53 AM 01:55 PM 03:57 PM 05:58 PM 08:00 PM 10:02 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	01:54 AM 03:56 AM 05:58 AM 08:00 AM 10:02 AM 12:03 PM 02:05 PM 04:07 PM 06:09 PM 08:11 PM 10:13 PM
शुक्रवार, 29 मई 2026 Friday, 29 May 2026			
General	Growing up Healthy	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:58 AM 09:58 AM 11:58 AM 01:57 PM 03:57 PM 05:57 PM 07:57 PM 09:56 PM 11:56 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:24 AM 02:23 AM 04:23 AM 06:23 AM 08:22 AM 10:22 AM 12:22 PM 02:21 PM 04:21 PM 06:21 PM 08:21 PM 10:20 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	12:59 AM 02:59 AM 04:59 AM 06:58 AM 08:58 AM 10:58 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:56 PM 10:56 PM
General	Introduction to MISSION LIFE	English	01:07 AM 03:07 AM 05:07 AM 07:06 AM 09:06 AM 11:06 AM 01:06 PM 03:05 PM 05:05 PM 07:05 PM 09:04 PM 11:04 PM
सामान्य	Sustainable Food Systems Adopted	Hindi	01:10 AM 03:09 AM 05:09 AM 07:09 AM 09:09 AM 11:08 AM 01:08 PM 03:08 PM 05:07 PM 07:07 PM 09:07 PM 11:06 PM



Social science	Chapter 5- India, That Is Bharat	English	01:31 AM 03:31 AM 05:31 AM 07:30 AM 09:30 AM 11:30 AM 01:30 PM 03:29 PM 05:29 PM 07:29 PM 09:28 PM 11:28 PM
General	Energy Saving	English	01:49 AM 03:49 AM 05:48 AM 07:48 AM 09:48 AM 11:47 AM 01:47 PM 03:47 PM 05:46 PM 07:46 PM 09:46 PM 11:46 PM
शनिवार, 30 मई 2026 Saturday, 30 May 2026			
General	ध्यान	Hindi	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
General	Nutrition_Health and Sanitation	English	12:05 AM 02:05 AM 04:06 AM 06:06 AM 08:07 AM 10:07 AM 12:08 PM 02:08 PM 04:09 PM 06:09 PM 08:10 PM 10:10 PM
Vocational Videos	IDENTIFICATION OF TREES	English	12:51 AM 02:51 AM 04:52 AM 06:52 AM 08:53 AM 10:53 AM 12:54 PM 02:54 PM 04:55 PM 06:55 PM 08:56 PM 10:56 PM
English	Unit 1-Rama to the Rescue	English	01:01 AM 03:01 AM 05:02 AM 07:02 AM 09:03 AM 11:03 AM 01:04 PM 03:04 PM 05:05 PM 07:05 PM 09:06 PM 11:06 PM
Science	Chapter 4-Exploring Magnets-Ep.02	English	01:09 AM 03:09 AM 05:10 AM 07:10 AM 09:11 AM 11:11 AM 01:12 PM 03:12 PM 05:13 PM 07:13 PM 09:14 PM 11:14 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:19 AM 03:20 AM 05:20 AM 07:21 AM 09:21 AM 11:22 AM 01:22 PM 03:23 PM 05:23 PM 07:24 PM 09:24 PM 11:25 PM
General	Prevention and Management of Substance Misuse	English	01:55 AM 03:55 AM 05:56 AM 07:56 AM 09:57 AM 11:57 AM 01:58 PM 03:58 PM 05:59 PM 07:59 PM 10:00 PM
रविवार, 31 मई 2026 Sunday, 31 May 2026			
General (Wetland)	Values and Types of Wetlands Part -1	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:02 AM 10:03 AM 12:04 PM 02:05 PM 04:05 PM 06:06 PM 08:07 PM 10:07 PM
सामान्य	MOTHER EARTH Prakriti Hindi Subtitles	Hindi	01:06 AM 03:07 AM 05:08 AM 07:08 AM 09:09 AM 11:10 AM 01:11 PM 03:11 PM 05:12 PM 07:13 PM 09:13 PM 11:14 PM



General	Waste Reduced	English	01:08 AM 03:09 AM 05:10 AM 07:10 AM 09:11 AM 11:12 AM 01:13 PM 03:13 PM 05:14 PM 07:15 PM 09:15 PM 11:16 PM
General (Wetland)	Values and Types of Wetlands Part -2	English	01:27 AM 03:28 AM 05:29 AM 07:29 AM 09:30 AM 11:31 AM 01:31 PM 03:32 PM 05:33 PM 07:34 PM 09:34 PM 11:35 PM
General	अर्थ चक्रासन	Hindi	01:52 AM 03:53 AM 05:54 AM 07:55 AM 09:55 AM 11:56 AM 01:57 PM 03:57 PM 05:58 PM 07:59 PM 10:00 PM



DD Free Dish Channel #28



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2027