

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Politicl Science	Politicl Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 10
नवंबर 2025
November 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शनिवार, 01 नवंबर 2025 Saturday, 01 November 2025			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Cold Wave	Cold Wave - Chilblains	Hindi	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:26 PM 09:26 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल-1	Hindi	12:26 AM 03:26 AM 06:26 AM 09:26 AM 12:26 PM 03:26 PM 06:27 PM 09:27 PM
सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	12:49 AM 03:49 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:50 PM
गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	12:59 AM 03:59 AM 07:00 AM 10:00 AM 01:00 PM 04:00 PM 07:00 PM 10:00 PM
Value Education	Village on Wheels	English/ hindi	01:25 AM 04:25 AM 07:25 AM 10:25 AM 01:25 PM 04:26 PM 07:26 PM 10:26 PM



Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 1	English	01:44 AM 04:45 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:45 PM 10:45 PM
सामान्य	मंदिरों की माला भुवनेश्वर	Hindi	01:53 AM 04:53 AM 07:53 AM 10:53 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-1	English	02:13 AM 05:14 AM 08:14 AM 11:14 AM 02:14 PM 05:14 PM 08:14 PM 11:14 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	02:31 AM 05:31 AM 08:32 AM 11:32 AM 02:32 PM 05:32 PM 08:32 PM 11:32 PM
General	Women Change the World	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:38 PM 05:38 PM 08:38 PM 11:38 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:43 AM 05:43 AM 08:43 AM 11:43 AM 02:43 PM 05:43 PM 08:43 PM 11:44 PM
रविवार, 02 नवंबर 2025			
Sunday, 02 November 2025			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 02:58 AM 05:56 AM 08:55 AM 11:53 AM 02:52 PM 05:50 PM 08:49 PM 11:47 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:30 AM 03:28 AM 06:27 AM 09:25 AM 12:24 PM 03:22 PM 06:21 PM 09:19 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	12:31 AM 03:29 AM 06:28 AM 09:26 AM 12:25 PM 03:23 PM 06:22 PM 09:20 PM
General	जेंडर समानता	Hindi	12:55 AM 03:53 AM 06:52 AM 09:50 AM 12:49 PM 03:47 PM 06:46 PM 09:44 PM



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विज्ञान	पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	01:02 AM 04:01 AM 06:59 AM 09:58 AM 12:56 PM 03:55 PM 06:53 PM 09:52 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:10 AM 04:08 AM 07:07 AM 10:05 AM 01:04 PM 04:02 PM 07:01 PM 09:59 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	01:24 AM 04:22 AM 07:21 AM 10:19 AM 01:18 PM 04:16 PM 07:15 PM 10:13 PM
सामान्य	हिंदी शब्दकोष	Hindi	01:44 AM 04:42 AM 07:40 AM 10:39 AM 01:37 PM 04:36 PM 07:34 PM 10:33 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:01 AM 04:59 AM 07:58 AM 10:56 AM 01:55 PM 04:53 PM 07:52 PM 10:50 PM
General	Value and responsible Citizenship	English	02:37 AM 05:36 AM 08:34 AM 11:33 AM 02:31 PM 05:30 PM 08:28 PM 11:27 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	02:42 AM 05:41 AM 08:39 AM 11:38 AM 02:36 PM 05:35 PM 08:33 PM 11:32 PM
सोमवार, 03 नवंबर 2025			
Monday, 03 November 2025			
हिंदी	हिंदी: पाठ-1 कवि सूरदास और उनके पद	Hindi	12:00 AM 03:01 AM 06:03 AM 09:04 AM 12:06 PM 03:08 PM 06:09 PM 09:11 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:37 AM 03:39 AM 06:40 AM 09:42 AM 12:44 PM 03:45 PM 06:47 PM 09:48 PM



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सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:38 AM 03:40 AM 06:41 AM 09:43 AM 12:44 PM 03:46 PM 06:48 PM 09:49 PM
Travel	Sivasagar - A Historical Place of Assam	English	01:02 AM 04:04 AM 07:06 AM 10:07 AM 01:09 PM 04:10 PM 07:12 PM 10:14 PM
General(Science)	Floating Ball	English	01:06 AM 04:07 AM 07:09 AM 10:10 AM 01:12 PM 04:14 PM 07:15 PM 10:17 PM
विज्ञान	पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	01:07 AM 04:08 AM 07:10 AM 10:12 AM 01:13 PM 04:15 PM 07:16 PM 10:18 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Puducherry	English/hindi	01:14 AM 04:16 AM 07:18 AM 10:19 AM 01:21 PM 04:23 PM 07:24 PM 10:26 PM
Language (English)	English: Ch-2: Nelson Mandela: Long Walk to Freedom-1	English	01:24 AM 04:26 AM 07:28 AM 10:29 AM 01:31 PM 04:32 PM 07:34 PM 10:36 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:48 AM 04:50 AM 07:51 AM 10:53 AM 01:55 PM 04:56 PM 07:58 PM 10:59 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-2	English	01:54 AM 04:56 AM 07:57 AM 10:59 AM 02:01 PM 05:02 PM 08:04 PM 11:06 PM
Cyber Security	Internet Ethics	English	02:11 AM 05:13 AM 08:14 AM 11:16 AM 02:18 PM 05:19 PM 08:21 PM 11:22 PM
General English	Episode 7 Making Requests 1	English	02:14 AM 05:16 AM 08:17 AM 11:19 AM 02:20 PM 05:22 PM 08:24 PM 11:25 PM
सांस्कृतिक विरासत: कला और शिल्प	गोदना कला	Hindi	02:25 AM 05:27 AM 08:28 AM 11:30 AM 02:31 PM 05:33 PM 08:35 PM 11:36 PM



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सामान्य	बेटी बचाओ बेटी पढ़ाओ	Hindi	02:30 AM 05:32 AM 08:34 AM 11:35 AM 02:37 PM 05:38 PM 08:40 PM 11:42 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:40 AM 05:42 AM 08:43 AM 11:45 AM 02:47 PM 05:48 PM 08:50 PM 11:52 PM
मंगलवार, 04 नवंबर 2025 Tuesday, 04 November 2025			
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -1	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:30 PM 03:30 PM 06:30 PM 09:30 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:30 AM 03:30 AM 06:30 AM 09:30 AM 12:31 PM 03:31 PM 06:31 PM 09:31 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	12:53 AM 03:53 AM 06:53 AM 09:53 AM 12:53 PM 03:53 PM 06:53 PM 09:53 PM
विज्ञान	पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:07 PM 04:07 PM 07:07 PM 10:07 PM
General	जेंडर समानता	Hindi	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM
सामान्य	आज़ादी की कहानी-1	हिन्दी	01:22 AM 04:22 AM 07:22 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM
Language (English)	English: Chp-3: His First Flight	English	01:30 AM 04:31 AM 07:31 AM 10:31 AM 01:31 PM 04:31 PM 07:31 PM 10:31 PM

Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:55 AM 04:55 AM 07:55 AM 10:55 AM 01:55 PM 04:55 PM 07:55 PM 10:55 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-3	English	02:09 AM 05:09 AM 08:09 AM 11:09 AM 02:09 PM 05:09 PM 08:09 PM 11:10 PM
General	स्वस्थ बढ़ना	Hindi	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
General	Safety and Security against Violence and Injuries	English	02:31 AM 05:31 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:37 AM 05:37 AM 08:37 AM 11:37 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
बुधवार, 05 नवंबर 2025			
Wednesday, 05 November 2025			
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -2	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM
सामान्य	गुरु नानक प्रकाश पर्व	Hindi	12:31 AM 03:31 AM 06:32 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:43 AM 03:43 AM 06:44 AM 09:44 AM 12:45 PM 03:45 PM 06:46 PM 09:46 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi	01:01 AM 04:02 AM 07:02 AM 10:03 AM 01:03 PM 04:04 PM 07:04 PM 10:05 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	01:02 AM 04:02 AM 07:03 AM 10:03 AM 01:04 PM 04:04 PM 07:05 PM 10:05 PM



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General(Science)	World of Symmetry	English	01:26 AM 04:26 AM 07:27 AM 10:27 AM 01:28 PM 04:28 PM 07:29 PM 10:29 PM
Language (English)	English: Chp-3: Black Aeroplane	English	01:27 AM 04:27 AM 07:28 AM 10:28 AM 01:29 PM 04:29 PM 07:30 PM 10:31 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi	01:54 AM 04:54 AM 07:55 AM 10:55 AM 01:56 PM 04:56 PM 07:57 PM 10:57 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-I	English	01:55 AM 04:55 AM 07:56 AM 10:56 AM 01:57 PM 04:57 PM 07:58 PM 10:58 PM
Travel	Sivasagar - A Historical Place of Assam	English	02:21 AM 05:22 AM 08:22 AM 11:23 AM 02:24 PM 05:24 PM 08:25 PM 11:25 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	02:25 AM 05:25 AM 08:26 AM 11:26 AM 02:27 PM 05:27 PM 08:28 PM 11:28 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:31 AM 05:31 AM 08:32 AM 11:32 AM 02:33 PM 05:33 PM 08:34 PM 11:34 PM
बृहस्पतिवार, 06 नवंबर 2025			
Thursday, 06 November 2025			
हिंदी	हिंदी: पाठ-1 कवि कबीर और उनकी साखी	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:29 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	Hindi	12:31 AM 03:32 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:39 PM



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General	Energy Saving	English	12:56 AM 03:57 AM 06:58 AM 10:00 AM 01:01 PM 04:02 PM 07:03 PM 10:04 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	12:58 AM 03:59 AM 07:00 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:06 PM
General(Sci ence)	Zinc Smelting	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:38 PM 07:39 PM 10:40 PM
Language (English)	English: Chap 3: The Black Aeroplane -3	English	01:33 AM 04:35 AM 07:36 AM 10:37 AM 01:38 PM 04:39 PM 07:40 PM 10:41 PM
General	Safety and Security against Violence and Injuries	English	02:01 AM 05:02 AM 08:04 AM 11:05 AM 02:06 PM 05:07 PM 08:08 PM 11:09 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-II	English	02:07 AM 05:08 AM 08:09 AM 11:10 AM 02:11 PM 05:13 PM 08:14 PM 11:15 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	02:29 AM 05:30 AM 08:31 AM 11:32 AM 02:33 PM 05:34 PM 08:36 PM 11:37 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:34 AM 05:36 AM 08:37 AM 11:38 AM 02:39 PM 05:40 PM 08:41 PM 11:42 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	02:50 AM 05:51 AM 08:52 AM 11:53 AM 02:54 PM 05:55 PM 08:56 PM 11:57 PM
General English	Episode 11 Agreeing 3	English	02:51 AM 05:52 AM 08:53 AM 11:54 AM 02:55 PM 05:56 PM 08:57 PM 11:58 PM



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शुक्रवार, 07 नवंबर 2025

Friday, 07 November 2025

संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	Sanskrit	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:40 PM 03:41 PM 06:42 PM 09:43 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-2	Hindi	12:36 AM 03:37 AM 06:38 AM 09:39 AM 12:40 PM 03:41 PM 06:43 PM 09:44 PM
General	Prevention and Management of Substance Misuse	English	01:00 AM 04:01 AM 07:03 AM 10:04 AM 01:05 PM 04:06 PM 07:07 PM 10:08 PM
गणित	गणित: पाठ-2: बहुपद भाग-4	Hindi	01:06 AM 04:07 AM 07:08 AM 10:09 AM 01:10 PM 04:11 PM 07:12 PM 10:13 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	01:39 AM 04:40 AM 07:41 AM 10:42 AM 01:43 PM 04:44 PM 07:45 PM 10:47 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1:Resources and Development: 2	English	01:45 AM 04:46 AM 07:47 AM 10:48 AM 01:49 PM 04:50 PM 07:52 PM 10:53 PM
General(Science)	Planetary Motion	English	02:03 AM 05:04 AM 08:06 AM 11:07 AM 02:08 PM 05:09 PM 08:10 PM 11:11 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-4	English	02:05 AM 05:06 AM 08:07 AM 11:08 AM 02:09 PM 05:10 PM 08:11 PM 11:13 PM



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General	Emotional Well Being and Mental Health (H)	Hindi	02:27 AM 05:28 AM 08:29 AM 11:31 AM 02:32 PM 05:33 PM 08:34 PM 11:35 PM
Science	Science: Ch 2: Acids, Bases and Salts, -II	English	02:32 AM 05:33 AM 08:34 AM 11:36 AM 02:37 PM 05:38 PM 08:39 PM 11:40 PM
Cyber Security	Internet Ethics	English	02:58 AM 05:59 AM 09:00 AM 12:01 PM 03:02 PM 06:03 PM 09:04 PM
शनिवार, 08 नवंबर 2025			
Saturday, 08 November 2025			
संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	संस्कृत	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:02 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:31 AM 03:31 AM 06:32 AM 09:32 AM 12:32 PM 03:33 PM 06:33 PM 09:34 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-3	Hindi	12:31 AM 03:32 AM 06:32 AM 09:33 AM 12:33 PM 03:33 PM 06:34 PM 09:34 PM
Cyber Safety	The Social Media - Boon or Bane	English	12:53 AM 03:53 AM 06:53 AM 09:54 AM 12:54 PM 03:55 PM 06:55 PM 09:55 PM



गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	Hindi	12:56 AM 03:57 AM 06:57 AM 09:57 AM 12:58 PM 03:58 PM 06:59 PM 09:59 PM
Science	Science: Light a LED	English	01:29 AM 04:29 AM 07:30 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:32 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 3	English	01:30 AM 04:30 AM 07:31 AM 10:31 AM 01:32 PM 04:32 PM 07:32 PM 10:33 PM
General	Safety and Security against Violence and Injuries	English	01:42 AM 04:43 AM 07:43 AM 10:43 AM 01:44 PM 04:44 PM 07:45 PM 10:45 PM
Mathematics	Maths: Chap 14: Statistics-1	English	01:48 AM 04:48 AM 07:49 AM 10:49 AM 01:49 PM 04:50 PM 07:50 PM 10:51 PM
General	Mental Health and Well Being -1	English/hindi	02:12 AM 05:13 AM 08:13 AM 11:13 AM 02:14 PM 05:14 PM 08:15 PM 11:15 PM
Science	Science: Ch 2: Acids, Bases and Salts, -III	English	02:33 AM 05:34 AM 08:34 AM 11:34 AM 02:35 PM 05:35 PM 08:36 PM 11:36 PM
रविवार, 09 नवंबर 2025			
Sunday, 09 November 2025			
Language (Urdu)	Urdu: Chp-3: Bheek	Urdu	12:00 AM 03:01 AM 06:02 AM 09:04 AM 12:05 PM 03:07 PM 06:08 PM 09:10 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	Hindi	12:26 AM 03:27 AM 06:29 AM 09:30 AM 12:32 PM 03:33 PM 06:35 PM 09:36 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:27 AM 03:28 AM 06:30 AM 09:31 AM 12:33 PM 03:34 PM 06:36 PM 09:37 PM



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Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	12:45 AM 03:46 AM 06:48 AM 09:49 AM 12:51 PM 03:52 PM 06:54 PM 09:55 PM
Health, Physical Education/Yoga/ Sports	Daud	Hindi	01:00 AM 04:02 AM 07:03 AM 10:05 AM 01:06 PM 04:08 PM 07:09 PM 10:11 PM
विज्ञान	पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	01:21 AM 04:22 AM 07:24 AM 10:25 AM 01:27 PM 04:28 PM 07:30 PM 10:31 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:28 AM 04:30 AM 07:31 AM 10:33 AM 01:34 PM 04:36 PM 07:37 PM 10:39 PM
Social Science (Economics)	S.Sc (Eco): Ch-1 Development- I	English	01:43 AM 04:44 AM 07:45 AM 10:47 AM 01:48 PM 04:50 PM 07:51 PM 10:53 PM
General	Gender Equality (E)	English	02:09 AM 05:10 AM 08:12 AM 11:13 AM 02:15 PM 05:16 PM 08:18 PM 11:19 PM
सामान्य	आज़ादी की कहानी-1	हिन्दी	02:16 AM 05:18 AM 08:19 AM 11:20 AM 02:22 PM 05:23 PM 08:25 PM 11:26 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:25 AM 05:26 AM 08:28 AM 11:29 AM 02:31 PM 05:32 PM 08:33 PM 11:35 PM
ENVIRONMENT	Life in Woods	English	02:46 AM 05:47 AM 08:49 AM 11:50 AM 02:52 PM 05:53 PM 08:55 PM 11:56 PM



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सोमवार, 10 नवंबर 2025

Monday, 10 November 2025

हिंदी	हिंदी: पाठ-1 कवि कबीर और उनकी साखी	Hindi	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:40 AM 03:40 AM 06:39 AM 09:39 AM 12:38 PM 03:38 PM 06:37 PM 09:37 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	Hindi	12:41 AM 03:41 AM 06:40 AM 09:40 AM 12:39 PM 03:39 PM 06:38 PM 09:38 PM
Sports	The Sound Mind	English	01:05 AM 04:04 AM 07:04 AM 10:03 AM 01:03 PM 04:02 PM 07:02 PM 10:01 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	01:10 AM 04:10 AM 07:09 AM 10:09 AM 01:08 PM 04:08 PM 07:07 PM 10:07 PM
कहानी	मीना- टेक केयर ऑफ़ गर्ल	Hindi	01:25 AM 04:25 AM 07:24 AM 10:24 AM 01:23 PM 04:23 PM 07:22 PM 10:22 PM
Language (English)	English: Chp-3:The Ball Poem	English	01:37 AM 04:37 AM 07:36 AM 10:36 AM 01:35 PM 04:35 PM 07:34 PM 10:34 PM
Cyber Security	Desktop Security	English	02:07 AM 05:07 AM 08:06 AM 11:06 AM 02:05 PM 05:05 PM 08:04 PM 11:04 PM
Mathematics	Maths: Chap 14: Statistics-2	English	02:09 AM 05:08 AM 08:08 AM 11:08 AM 02:07 PM 05:07 PM 08:06 PM 11:06 PM
सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:31 AM 05:30 AM 08:30 AM 11:29 AM 02:29 PM 05:28 PM 08:28 PM 11:27 PM



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Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:38 AM 05:38 AM 08:37 AM 11:37 AM 02:36 PM 05:36 PM 08:35 PM 11:35 PM
मंगलवार, 11 नवंबर 2025 Tuesday, 11 November 2025			
हिंदी	हिंदी: पाठ-1 कवि सूरदास और उनके पद	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:37 AM 03:38 AM 06:39 AM 09:40 AM 12:41 PM 03:42 PM 06:43 PM 09:44 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-2	Hindi	12:38 AM 03:39 AM 06:40 AM 09:41 AM 12:42 PM 03:43 PM 06:44 PM 09:45 PM
ENVIRONME NT	Indian Grey Hornbill	English	01:01 AM 04:02 AM 07:02 AM 10:03 AM 01:04 PM 04:05 PM 07:06 PM 10:07 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	01:19 AM 04:20 AM 07:20 AM 10:21 AM 01:22 PM 04:23 PM 07:24 PM 10:25 PM
General English	Episode 3 Greeting Strangers	English	01:34 AM 04:34 AM 07:35 AM 10:36 AM 01:37 PM 04:38 PM 07:39 PM 10:40 PM
Language (English)	English:Chap 3: The Midnight Visitor-1	English	01:46 AM 04:46 AM 07:47 AM 10:48 AM 01:49 PM 04:50 PM 07:51 PM 10:52 PM
General	Growing up Healthy	English	02:02 AM 05:03 AM 08:04 AM 11:05 AM 02:06 PM 05:06 PM 08:07 PM 11:08 PM



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Mathematics	Maths: Chap 14: Statistics-3	English	02:06 AM 05:07 AM 08:08 AM 11:09 AM 02:10 PM 05:11 PM 08:12 PM 11:12 PM
General	Emotional Well Being and Mental Health (E)	English	02:32 AM 05:33 AM 08:34 AM 11:35 AM 02:36 PM 05:37 PM 08:38 PM 11:39 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM
बुधवार, 12 नवंबर 2025 Wednesday, 12 November 2025			
हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -1	Hindi	12:00 AM 02:58 AM 05:57 AM 08:56 AM 11:55 AM 02:54 PM 05:53 PM 08:52 PM 11:51 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:29 AM 03:28 AM 06:27 AM 09:26 AM 12:25 PM 03:24 PM 06:23 PM 09:21 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:31 AM 03:29 AM 06:28 AM 09:27 AM 12:26 PM 03:25 PM 06:24 PM 09:23 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	Hindi	12:53 AM 03:52 AM 06:50 AM 09:49 AM 12:48 PM 03:47 PM 06:46 PM 09:45 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	Hindi	12:59 AM 03:58 AM 06:57 AM 09:56 AM 12:55 PM 03:54 PM 06:53 PM 09:51 PM
General	Safe Use of Internet_Gadgets and Media	English	01:29 AM 04:28 AM 07:27 AM 10:25 AM 01:24 PM 04:23 PM 07:22 PM 10:21 PM
सामान्य	आज़ादी की कहानी-1	हिन्दी	01:35 AM 04:34 AM 07:32 AM 10:31 AM 01:30 PM 04:29 PM 07:28 PM 10:27 PM

Language (English)	English: Ch-2: Poem- A Tiger in the Zoo	English	01:43 AM 04:42 AM 07:41 AM 10:40 AM 01:39 PM 04:38 PM 07:37 PM 10:35 PM
General	Safety and Security (E)	English	02:02 AM 05:00 AM 07:59 AM 10:58 AM 01:57 PM 04:56 PM 07:55 PM 10:54 PM
General	Anthropological Museum (Anadaman and Nicobar Islands)	English	02:07 AM 05:06 AM 08:05 AM 11:04 AM 02:03 PM 05:02 PM 08:00 PM 10:59 PM
Social Science (History)	So. Sci. (His): Chp 5: Print Culture and the Modern World-1	English	02:12 AM 05:10 AM 08:09 AM 11:08 AM 02:07 PM 05:06 PM 08:05 PM 11:04 PM
सामान्य	अपूर्व रमणीय चिलीका	Hindi	02:34 AM 05:33 AM 08:32 AM 11:31 AM 02:30 PM 05:29 PM 08:27 PM 11:26 PM
Science	Science: Chp 15: Environment Adaptation-1	English	02:48 AM 05:47 AM 08:46 AM 11:45 AM 02:44 PM 05:43 PM 08:42 PM 11:41 PM

बृहस्पतिवार, 13 नवंबर 2025

Thursday, 13 November 2025

हिंदी	हिंदी: पाठ-1: कवि सूरदास और उनकी कविता -2	Hindi	12:00 AM 03:01 AM 06:03 AM 09:05 AM 12:07 PM 03:09 PM 06:11 PM 09:13 PM
General(Science)	Aromatic Perfumes	English	12:24 AM 03:26 AM 06:28 AM 09:30 AM 12:32 PM 03:34 PM 06:36 PM 09:38 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:25 AM 03:27 AM 06:29 AM 09:31 AM 12:33 PM 03:35 PM 06:37 PM 09:39 PM
Travel	Sivasagar - A Historical Place of Assam	English	12:50 AM 03:52 AM 06:54 AM 09:56 AM 12:58 PM 04:00 PM 07:02 PM 10:04 PM



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गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	12:53 AM 03:55 AM 06:57 AM 09:59 AM 01:01 PM 04:03 PM 07:05 PM 10:07 PM
General	E-Waste Management: Block 2	English	01:19 AM 04:21 AM 07:23 AM 10:25 AM 01:27 PM 04:29 PM 07:31 PM 10:33 PM
Language (English)	English:Chap 3: The Midnight Visitor-2	English	01:33 AM 04:35 AM 07:37 AM 10:39 AM 01:41 PM 04:43 PM 07:45 PM 10:47 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	01:49 AM 04:51 AM 07:53 AM 10:55 AM 01:57 PM 04:59 PM 08:01 PM 11:03 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-III	English	02:05 AM 05:07 AM 08:09 AM 11:11 AM 02:13 PM 05:15 PM 08:16 PM 11:18 PM
Cyber Safety	The Social Media - Boon or Bane	English	02:33 AM 05:35 AM 08:37 AM 11:39 AM 02:41 PM 05:43 PM 08:45 PM 11:47 PM
Science	Science: Chp 15: Air Pollution 01	English	02:36 AM 05:38 AM 08:40 AM 11:42 AM 02:44 PM 05:46 PM 08:48 PM 11:50 PM
शुक्रवार, 14 नवंबर 2025			
Friday, 14 November 2025			
संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	12:32 AM 03:32 AM 06:32 AM 09:32 AM 12:32 PM 03:33 PM 06:33 PM 09:33 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-7: लोकतंत्र के परिणाम-1	Hindi	12:33 AM 03:33 AM 06:33 AM 09:33 AM 12:33 PM 03:34 PM 06:34 PM 09:34 PM



General	And Barter Goes On...	English	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	01:11 AM 04:11 AM 07:11 AM 10:11 AM 01:12 PM 04:12 PM 07:12 PM 10:12 PM
General	कमल	Hindi	01:35 AM 04:35 AM 07:35 AM 10:35 AM 01:35 PM 04:35 PM 07:36 PM 10:36 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 4	English	01:44 AM 04:44 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
Science	Alfred Nobel - 1	English	01:57 AM 04:57 AM 07:57 AM 10:57 AM 01:57 PM 04:57 PM 07:57 PM 10:57 PM
Mathematics	Maths: Chap 14: Statistics-4	English	02:05 AM 05:05 AM 08:05 AM 11:05 AM 02:05 PM 05:06 PM 08:06 PM 11:06 PM
General (Science)	Jumping disc	English	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
General	Health And Sanitation (E)	English	02:28 AM 05:28 AM 08:28 AM 11:28 AM 02:29 PM 05:29 PM 08:29 PM 11:29 PM
Science	Science: Chp 15: Air Pollution 01	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:35 PM 11:35 PM
शनिवार, 15 नवंबर 2025			
Saturday, 15 November 2025			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:03 PM



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Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:25 AM 03:25 AM 06:26 AM 09:26 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-7: लोकतंत्र के परिणाम-2	Hindi	12:26 AM 03:26 AM 06:27 AM 09:27 AM 12:28 PM 03:28 PM 06:29 PM 09:29 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	01:01 AM 04:01 AM 07:02 AM 10:02 AM 01:03 PM 04:03 PM 07:04 PM 10:04 PM
Cultural Heritage: Art, Music & Dance	Bans ki Hasht Shilp Kala	Hindi	01:35 AM 04:35 AM 07:36 AM 10:36 AM 01:37 PM 04:37 PM 07:38 PM 10:38 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 5	English	01:52 AM 04:52 AM 07:53 AM 10:53 AM 01:54 PM 04:54 PM 07:55 PM 10:55 PM
General	Growing up Healthy	English	02:11 AM 05:11 AM 08:12 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:14 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-1	English	02:15 AM 05:15 AM 08:16 AM 11:16 AM 02:17 PM 05:17 PM 08:18 PM 11:18 PM
General(Science)	Seeback Siren	English	02:33 AM 05:33 AM 08:34 AM 11:34 AM 02:35 PM 05:35 PM 08:36 PM 11:36 PM
Science	Science: Chp 15: Air Pollution 02	English	02:34 AM 05:35 AM 08:35 AM 11:36 AM 02:36 PM 05:37 PM 08:37 PM 11:38 PM



रविवार, 16 नवंबर 2025

Sunday, 16 November 2025

Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:34 AM 03:35 AM 06:36 AM 09:36 AM 12:37 PM 03:38 PM 06:39 PM 09:40 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:39 PM 03:40 PM 06:40 PM 09:41 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	12:59 AM 04:00 AM 07:01 AM 10:02 AM 01:03 PM 04:04 PM 07:04 PM 10:05 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	01:15 AM 04:15 AM 07:16 AM 10:17 AM 01:18 PM 04:19 PM 07:20 PM 10:21 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:29 AM 04:30 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:35 PM 10:36 PM
Social Science (Economics)	S.Sc (Eco): Ch-1 Development- II	English	01:44 AM 04:44 AM 07:45 AM 10:46 AM 01:47 PM 04:48 PM 07:49 PM 10:50 PM
General	Gender Equality	English	02:07 AM 05:08 AM 08:09 AM 11:10 AM 02:11 PM 05:12 PM 08:13 PM 11:14 PM
सामान्य	आज़ादी की अमृत कहानियाँ (अंशु जमसेंपा- पर्वत)	Hindi	02:14 AM 05:15 AM 08:16 AM 11:17 AM 02:18 PM 05:19 PM 08:20 PM 11:21 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:17 AM 05:18 AM 08:19 AM 11:19 AM 02:20 PM 05:21 PM 08:22 PM 11:23 PM



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सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:38 AM 05:39 AM 08:40 AM 11:41 AM 02:42 PM 05:43 PM 08:44 PM 11:44 PM
ENVIRONME NT	Life in Woods	English	02:45 AM 05:46 AM 08:47 AM 11:48 AM 02:49 PM 05:50 PM 08:51 PM 11:52 PM
सोमवार, 17 नवंबर 2025			
Monday, 17 November 2025			
हिंदी	हिंदी :पाठ-2: सीताराम सेक्सरिया: झायरी का एक पन्ना	Hindi	12:00 AM 02:59 AM 05:59 AM 08:58 AM 11:58 AM 02:57 PM 05:57 PM 08:56 PM 11:56 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	12:34 AM 03:34 AM 06:34 AM 09:33 AM 12:33 PM 03:32 PM 06:32 PM 09:31 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-3	Hindi	12:35 AM 03:35 AM 06:34 AM 09:34 AM 12:34 PM 03:33 PM 06:33 PM 09:32 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	12:55 AM 03:54 AM 06:54 AM 09:53 AM 12:53 PM 03:52 PM 06:52 PM 09:52 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-2	Hindi	12:56 AM 03:55 AM 06:55 AM 09:54 AM 12:54 PM 03:53 PM 06:53 PM 09:53 PM
Science	Heating of lead nitrate and emission of nitrogen dioxide	English	01:10 AM 04:10 AM 07:10 AM 10:09 AM 01:09 PM 04:08 PM 07:08 PM 10:07 PM
Language (English)	English: Chap 3: The Black Aeroplane Part-4	English	01:14 AM 04:14 AM 07:13 AM 10:13 AM 01:12 PM 04:12 PM 07:11 PM 10:11 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-2	English	01:59 AM 04:59 AM 07:58 AM 10:58 AM 01:58 PM 04:57 PM 07:57 PM 10:56 PM



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Travel	Rangsapara	English	02:16 AM 05:16 AM 08:15 AM 11:15 AM 02:14 PM 05:14 PM 08:14 PM 11:13 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:38 AM 05:38 AM 08:37 AM 11:37 AM 02:36 PM 05:36 PM 08:36 PM 11:35 PM
मंगलवार, 18 नवंबर 2025 Tuesday, 18 November 2025			
हिंदी	हिंदी: पाठ-2 कवियत्री 'मीराबाई' और उनकी कविताएँ	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:30 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:35 PM 06:36 PM 09:37 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:31 AM 03:32 AM 06:33 AM 09:34 AM 12:35 PM 03:36 PM 06:37 PM 09:38 PM
सामान्य	आज़ादी की कहानी-2	हिन्दी	12:55 AM 03:56 AM 06:57 AM 09:58 AM 12:59 PM 04:00 PM 07:01 PM 10:02 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-3	Hindi	01:10 AM 04:11 AM 07:12 AM 10:13 AM 01:14 PM 04:15 PM 07:16 PM 10:17 PM
Science	Science: Image Formation by Concave Mirror	English	01:25 AM 04:26 AM 07:27 AM 10:28 AM 01:29 PM 04:30 PM 07:31 PM 10:32 PM
Language (English)	English: Chp 3: Two Stories about Flying-1	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:39 PM
General	Nutrition_Health and Sanitation	English	02:00 AM 05:01 AM 08:02 AM 11:03 AM 02:04 PM 05:05 PM 08:06 PM 11:07 PM

Mathematics	Maths: Chap 13: Surface Areas and Volumes-3	English	02:06 AM 05:07 AM 08:08 AM 11:09 AM 02:10 PM 05:11 PM 08:12 PM 11:13 PM
General(Mathematics)	Cone Run Uphill	English	02:23 AM 05:24 AM 08:25 AM 11:26 AM 02:27 PM 05:28 PM 08:29 PM 11:30 PM
General English	Episode 6 Giving Advice 2	English	02:25 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:30 PM 08:31 PM 11:32 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:37 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM
बुधवार, 19 नवंबर 2025 Wednesday, 19 November 2025			
हिंदी	हिंदी :पाठ-2: सीताराम सेकसरिया: डायरी का एक पन्ना	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान वरिष्ठ नागरिक क्या करें - क्या ना करें	Hindi	12:34 AM 03:35 AM 06:36 AM 09:37 AM 12:38 PM 03:39 PM 06:40 PM 09:41 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:39 PM 03:40 PM 06:41 PM 09:42 PM
General(Science)	Focused Sound	English	12:54 AM 03:55 AM 06:56 AM 09:57 AM 12:58 PM 03:59 PM 07:00 PM 10:01 PM
गणित	गणित: पाठ-2: बहुपद भाग-4	Hindi	12:55 AM 03:56 AM 06:57 AM 09:58 AM 12:59 PM 04:00 PM 07:01 PM 10:02 PM



General	Health And Sanitation (H)	Hindi	01:28 AM 04:29 AM 07:30 AM 10:31 AM 01:32 PM 04:33 PM 07:34 PM 10:35 PM
Language (English)	English: Chp 3: Two Stories about Flying-2	English	01:35 AM 04:36 AM 07:37 AM 10:38 AM 01:39 PM 04:40 PM 07:41 PM 10:42 PM
Science	Alfred Nobel - 2	English	01:58 AM 04:59 AM 08:00 AM 11:01 AM 02:02 PM 05:03 PM 08:04 PM 11:05 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-2	English	02:11 AM 05:12 AM 08:13 AM 11:14 AM 02:15 PM 05:16 PM 08:17 PM 11:18 PM
General(Sci ence)	Camouflage	English	02:33 AM 05:34 AM 08:35 AM 11:36 AM 02:37 PM 05:38 PM 08:39 PM 11:40 PM
Science	Science: Chp 15: Air Pollution 02	English	02:35 AM 05:36 AM 08:37 AM 11:38 AM 02:39 PM 05:40 PM 08:41 PM 11:42 PM
बृहस्पतिवार, 20 नवंबर 2025 Thursday, 20 November 2025			
हिंदी	हिंदी: पाठ-2 कवियत्री 'मीराबाई' और उनकी कविताएँ	Hindi	12:00 AM 03:01 AM 06:03 AM 09:04 AM 12:06 PM 03:07 PM 06:09 PM 09:11 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	Hindi	12:30 AM 03:31 AM 06:33 AM 09:34 AM 12:36 PM 03:38 PM 06:39 PM 09:41 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	Hindi	12:31 AM 03:32 AM 06:34 AM 09:35 AM 12:37 PM 03:39 PM 06:40 PM 09:42 PM



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General	Gender Equality	English	12:56 AM 03:58 AM 06:59 AM 10:01 AM 01:02 PM 04:04 PM 07:06 PM 10:07 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	Hindi	01:03 AM 04:05 AM 07:06 AM 10:08 AM 01:10 PM 04:11 PM 07:13 PM 10:14 PM
General	Emotional well being and mental health	English	01:36 AM 04:37 AM 07:39 AM 10:41 AM 01:42 PM 04:44 PM 07:45 PM 10:47 PM
Language (English)	English: Chp-3: How to Tell Wild Animals-2	English	01:41 AM 04:42 AM 07:44 AM 10:46 AM 01:47 PM 04:49 PM 07:50 PM 10:52 PM
Cyber Security	Online Predators	English	02:09 AM 05:11 AM 08:12 AM 11:14 AM 02:15 PM 05:17 PM 08:19 PM 11:20 PM
Social Science (History)	S.Sc (History): Ch-2 Nationalism in India-3	English	02:10 AM 05:12 AM 08:13 AM 11:15 AM 02:17 PM 05:18 PM 08:20 PM 11:21 PM
General	I will work & work with courage	English	02:34 AM 05:36 AM 08:38 AM 11:39 AM 02:41 PM 05:42 PM 08:44 PM 11:45 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:37 AM 05:39 AM 08:40 AM 11:42 AM 02:44 PM 05:45 PM 08:47 PM 11:48 PM
Science	Science: Image Formation by Concave Mirror	English	02:54 AM 05:56 AM 08:57 AM 11:59 AM 03:00 PM 06:02 PM 09:04 PM
शुक्रवार, 21 नवंबर 2025			
Friday, 21 November 2025			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-2	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:01 PM 06:02 PM 09:02 PM



Cold Wave	Coldwave – Do's and don'ts of a cold wave for people residing in hilly regions	English	12:28 AM 03:29 AM 06:29 AM 09:29 AM 12:30 PM 03:30 PM 06:30 PM 09:31 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-7: लोकतंत्र के परिणाम-3	Hindi	12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:30 PM 03:31 PM 06:31 PM 09:31 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	12:55 AM 03:55 AM 06:55 AM 09:56 AM 12:56 PM 03:56 PM 06:57 PM 09:57 PM
Travel	Sivasagar – A Historical Place of Assam	English	01:00 AM 04:01 AM 07:01 AM 10:01 AM 01:02 PM 04:02 PM 07:02 PM 10:03 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	Hindi	01:04 AM 04:04 AM 07:04 AM 10:05 AM 01:05 PM 04:05 PM 07:06 PM 10:06 PM
General	जेंडर समानता	Hindi	01:33 AM 04:33 AM 07:34 AM 10:34 AM 01:34 PM 04:35 PM 07:35 PM 10:35 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 1	English	01:40 AM 04:41 AM 07:41 AM 10:41 AM 01:42 PM 04:42 PM 07:42 PM 10:43 PM
Value Education	Village on Wheels	English/hindi	01:49 AM 04:49 AM 07:50 AM 10:50 AM 01:50 PM 04:51 PM 07:51 PM 10:51 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-4	English	02:08 AM 05:09 AM 08:09 AM 11:09 AM 02:10 PM 05:10 PM 08:10 PM 11:11 PM
General(Science)	Shaded pole motor	English	02:31 AM 05:31 AM 08:32 AM 11:32 AM 02:32 PM 05:33 PM 08:33 PM 11:33 PM



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Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:33 AM 05:33 AM 08:33 AM 11:34 AM 02:34 PM 05:34 PM 08:35 PM 11:35 PM
सामान्य	खुदागढ़ के पाइक योद्धा	Hindi	02:49 AM 05:50 AM 08:50 AM 11:50 AM 02:51 PM 05:51 PM 08:51 PM 11:52 PM
शनिवार, 22 नवंबर 2025 Saturday, 22 November 2025			
संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	संस्कृत	12:00 AM 02:47 AM 05:34 AM 08:21 AM 11:08 AM 01:55 PM 04:42 PM 07:29 PM 10:17 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	12:24 AM 03:11 AM 05:58 AM 08:45 AM 11:32 AM 02:20 PM 05:07 PM 07:54 PM 10:41 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-6: राजनीतिक दल-1	Hindi	12:25 AM 03:12 AM 05:59 AM 08:46 AM 11:33 AM 02:21 PM 05:08 PM 07:55 PM 10:42 PM
Sports	The Sound Mind	English	12:48 AM 03:35 AM 06:23 AM 09:10 AM 11:57 AM 02:44 PM 05:31 PM 08:18 PM 11:05 PM
गणित	गणित: पाठ-2: बहुपद भाग-1	Hindi	12:54 AM 03:41 AM 06:28 AM 09:15 AM 12:03 PM 02:50 PM 05:37 PM 08:24 PM 11:11 PM
General	E-Waste Management: Block 4.1	English	01:20 AM 04:07 AM 06:54 AM 09:41 AM 12:28 PM 03:15 PM 06:03 PM 08:50 PM 11:37 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1:Resources and Development: 2	English	01:35 AM 04:22 AM 07:09 AM 09:56 AM 12:44 PM 03:31 PM 06:18 PM 09:05 PM 11:52 PM



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सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	01:54 AM 04:41 AM 07:28 AM 10:15 AM 01:02 PM 03:49 PM 06:36 PM 09:23 PM
Mathematics	Maths: Chap 14: Statistics-1	English	02:01 AM 04:48 AM 07:35 AM 10:22 AM 01:09 PM 03:57 PM 06:44 PM 09:31 PM
General	Interpersonal Relationships	English	02:25 AM 05:12 AM 07:59 AM 10:47 AM 01:34 PM 04:21 PM 07:08 PM 09:55 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	02:30 AM 05:17 AM 08:04 AM 10:51 AM 01:38 PM 04:25 PM 07:13 PM 10:00 PM
रविवार, 23 नवंबर 2025			
Sunday, 23 November 2025			
Language (Urdu)	Urdu: Chp-1: Bhola	Urdu	12:00 AM 02:58 AM 05:56 AM 08:54 AM 11:52 AM 02:50 PM 05:48 PM 08:46 PM 11:44 PM
Cold Wave	Clod Wave - Preparation	Hindi	12:30 AM 03:28 AM 06:26 AM 09:24 AM 12:22 PM 03:20 PM 06:18 PM 09:17 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-5: उपभोक्ता अधिकार	Hindi	12:31 AM 03:29 AM 06:27 AM 09:25 AM 12:24 PM 03:22 PM 06:20 PM 09:18 PM
Language	Theatre in Education	English	12:49 AM 03:47 AM 06:45 AM 09:43 AM 12:41 PM 03:40 PM 06:38 PM 09:36 PM
General(Sci ence)	Curie Point	English	01:13 AM 04:11 AM 07:09 AM 10:07 AM 01:06 PM 04:04 PM 07:02 PM 10:00 PM



Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:15 AM 04:13 AM 07:11 AM 10:09 AM 01:07 PM 04:05 PM 07:03 PM 10:01 PM
Social Science (Economics)	S.Sc (Eco): Ch-1 Development- III	English	01:29 AM 04:27 AM 07:25 AM 10:23 AM 01:21 PM 04:19 PM 07:17 PM 10:15 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:50 AM 04:48 AM 07:46 AM 10:44 AM 01:43 PM 04:41 PM 07:39 PM 10:37 PM
ENVIRONME NT	The Journey of Silk	English	02:04 AM 05:02 AM 08:00 AM 10:59 AM 01:57 PM 04:55 PM 07:53 PM 10:51 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:21 AM 05:19 AM 08:17 AM 11:15 AM 02:14 PM 05:12 PM 08:10 PM 11:08 PM
ENVIRONME NT	Life in Woods	English	02:43 AM 05:41 AM 08:39 AM 11:37 AM 02:35 PM 05:33 PM 08:31 PM 11:29 PM
सोमवार, 24 नवंबर 2025			
Monday, 24 November 2025			
हिंदी	हिंदी :पाठ-2: सीताराम सेक्सरिया: डायरी का एक पन्ना	Hindi	12:00 AM 02:59 AM 05:59 AM 08:59 AM 11:59 AM 02:59 PM 05:58 PM 08:58 PM 11:58 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:34 AM 03:34 AM 06:34 AM 09:34 AM 12:34 PM 03:34 PM 06:33 PM 09:33 PM



General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:35 AM 03:35 AM 06:35 AM 09:35 AM 12:35 PM 03:34 PM 06:34 PM 09:34 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:41 AM 03:41 AM 06:40 AM 09:40 AM 12:40 PM 03:40 PM 06:40 PM 09:40 PM
ENVIRONMENT	Life in Woods	English	01:03 AM 04:03 AM 07:03 AM 10:03 AM 01:02 PM 04:02 PM 07:02 PM 10:02 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-3	Hindi	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:18 PM 04:17 PM 07:17 PM 10:17 PM
कहानी	मीना- टेक केयर ऑफ़ गर्ल	Hindi	01:34 AM 04:33 AM 07:33 AM 10:33 AM 01:33 PM 04:33 PM 07:32 PM 10:32 PM
Language (English)	English: Chp-3: His First Flight	English	01:46 AM 04:46 AM 07:45 AM 10:45 AM 01:45 PM 04:45 PM 07:45 PM 10:44 PM
Cyber Security	Secure Your Bank Accounts	English	02:10 AM 05:10 AM 08:10 AM 11:10 AM 02:10 PM 05:09 PM 08:09 PM 11:09 PM
Mathematics	Maths: Chap 14: Statistics-2	English	02:12 AM 05:11 AM 08:11 AM 11:11 AM 02:11 PM 05:11 PM 08:10 PM 11:10 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 2	English	02:38 AM 05:38 AM 08:38 AM 11:38 AM 02:38 PM 05:37 PM 08:37 PM 11:37 PM
मंगलवार, 25 नवंबर 2025 Tuesday, 25 November 2025			
हिंदी	हिंदी: पाठ-2 कवियत्री 'मीराबाई' और उनकी कविताएँ	Hindi	12:00 AM 02:59 AM 05:58 AM 08:57 AM 11:56 AM 02:56 PM 05:55 PM 08:54 PM 11:53 PM



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Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	12:30 AM 03:29 AM 06:28 AM 09:27 AM 12:26 PM 03:26 PM 06:25 PM 09:24 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	Hindi	12:31 AM 03:30 AM 06:29 AM 09:28 AM 12:27 PM 03:27 PM 06:26 PM 09:25 PM
General	पोषण ,स्वास्थ्य और स्वच्छता	Hindi	12:54 AM 03:53 AM 06:53 AM 09:52 AM 12:51 PM 03:50 PM 06:49 PM 09:49 PM
विज्ञान	विज्ञान: पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-3	Hindi	01:01 AM 04:00 AM 06:59 AM 09:58 AM 12:58 PM 03:57 PM 06:56 PM 09:55 PM
Sports	The Sound Mind	English	01:16 AM 04:15 AM 07:14 AM 10:14 AM 01:13 PM 04:12 PM 07:11 PM 10:10 PM
Language (English)	English: Chp-3: Black Aeroplane	English	01:22 AM 04:21 AM 07:20 AM 10:19 AM 01:19 PM 04:18 PM 07:17 PM 10:16 PM
General	Gender Equality	English	01:49 AM 04:48 AM 07:47 AM 10:46 AM 01:45 PM 04:45 PM 07:44 PM 10:43 PM
Mathematics	Maths: Chap 14: Statistics-3	English	01:56 AM 04:55 AM 07:54 AM 10:53 AM 01:53 PM 04:52 PM 07:51 PM 10:50 PM
सामान्य	आज़ादी की कहानी-1	हिन्दी	02:22 AM 05:21 AM 08:21 AM 11:20 AM 02:19 PM 05:18 PM 08:17 PM 11:17 PM
General	Emotional Well Being and Mental Health (E)	English	02:31 AM 05:30 AM 08:29 AM 11:28 AM 02:28 PM 05:27 PM 08:26 PM 11:25 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-2: Federalism	English	02:36 AM 05:35 AM 08:34 AM 11:33 AM 02:32 PM 05:32 PM 08:31 PM 11:30 PM



बुधवार, 26 नवंबर 2025

Wednesday, 26 November 2025

हिंदी	हिंदी :पाठ-2: सीताराम सेक्सरिया: झायरी का एक पन्ना	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	12:34 AM 03:35 AM 06:36 AM 09:37 AM 12:37 PM 03:38 PM 06:39 PM 09:39 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	Hindi	12:35 AM 03:36 AM 06:37 AM 09:38 AM 12:38 PM 03:39 PM 06:40 PM 09:40 PM
General	Single Use Plastic	हिन्दी	12:58 AM 03:58 AM 06:59 AM 10:00 AM 01:00 PM 04:01 PM 07:02 PM 10:02 PM
गणित	गणित: पाठ-2: बहुपद भाग-2	Hindi	12:59 AM 04:00 AM 07:01 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:04 PM
Language (English)	English: Chap 3: The Black Aeroplane -3	English	01:34 AM 04:35 AM 07:36 AM 10:36 AM 01:37 PM 04:38 PM 07:38 PM 10:39 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	02:02 AM 05:03 AM 08:03 AM 11:04 AM 02:05 PM 05:05 PM 08:06 PM 11:07 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-I	English	02:03 AM 05:04 AM 08:04 AM 11:05 AM 02:06 PM 05:06 PM 08:07 PM 11:08 PM
General(Sci ence)	All Roads Lead to Rome	English	02:30 AM 05:30 AM 08:31 AM 11:32 AM 02:33 PM 05:33 PM 08:34 PM 11:35 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:31 AM 05:32 AM 08:32 AM 11:33 AM 02:34 PM 05:34 PM 08:35 PM 11:36 PM



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बृहस्पतिवार, 27 नवंबर 2025

Thursday, 27 November 2025

हिंदी	हिंदी: पाठ-2 कवियत्री 'मीराबाई' और उनकी कविताएँ	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:03 PM 06:04 PM 09:05 PM
Cold Wave	Cold Wave - Chilblains	Hindi	12:30 AM 03:30 AM 06:31 AM 09:32 AM 12:33 PM 03:33 PM 06:34 PM 09:35 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	Hindi	12:31 AM 03:31 AM 06:32 AM 09:33 AM 12:34 PM 03:34 PM 06:35 PM 09:36 PM
General(Science)	Floating Ball	English	12:55 AM 03:56 AM 06:57 AM 09:58 AM 12:58 PM 03:59 PM 07:00 PM 10:01 PM
गणित	गणित: पाठ-2: बहुपद भाग-3	Hindi	12:56 AM 03:57 AM 06:58 AM 09:59 AM 12:59 PM 04:00 PM 07:01 PM 10:02 PM
Science	Science: Ch-1: Chemical Reactions and Equations-I	English	01:31 AM 04:31 AM 07:32 AM 10:33 AM 01:34 PM 04:34 PM 07:35 PM 10:36 PM
General(Science)	Aromatic Perfumes	English	01:48 AM 04:48 AM 07:49 AM 10:50 AM 01:51 PM 04:51 PM 07:52 PM 10:53 PM
Language (English)	English: Chp-3:The Ball Poem	English	01:49 AM 04:50 AM 07:51 AM 10:51 AM 01:52 PM 04:53 PM 07:54 PM 10:54 PM
General	I will work & work with courage	English	02:19 AM 05:20 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:23 PM 11:24 PM
Social Science (History)	S.Sc (History): Ch-1 The Rise of Nationalism in Europe-II	English	02:22 AM 05:22 AM 08:23 AM 11:24 AM 02:25 PM 05:25 PM 08:26 PM 11:27 PM



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Dish TV Channel #2031

General(Science)	Aromatic Perfumes	English	02:44 AM 05:44 AM 08:45 AM 11:46 AM 02:47 PM 05:47 PM 08:48 PM 11:49 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:45 AM 05:46 AM 08:47 AM 11:47 AM 02:48 PM 05:49 PM 08:50 PM 11:50 PM
शुक्रवार, 28 नवंबर 2025 Friday, 28 November 2025			
संस्कृत	संस्कृत : पाठ - 5: जननी तुल्यवत्सला-2	Sanskrit	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:05 PM 03:06 PM 06:07 PM 09:08 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:32 AM 03:33 AM 06:35 AM 09:36 AM 12:37 PM 03:38 PM 06:40 PM 09:41 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	12:33 AM 03:34 AM 06:36 AM 09:37 AM 12:38 PM 03:39 PM 06:41 PM 09:42 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.):पाठ-6: राजनीतिक दल-2	Hindi	12:49 AM 03:50 AM 06:51 AM 09:52 AM 12:54 PM 03:55 PM 06:56 PM 09:57 PM
General(Mathematics)	Cone Run Uphill	English	01:13 AM 04:14 AM 07:16 AM 10:17 AM 01:18 PM 04:19 PM 07:21 PM 10:22 PM
गणित	गणित: पाठ-2: बहुपद भाग-4	Hindi	01:15 AM 04:16 AM 07:17 AM 10:18 AM 01:20 PM 04:21 PM 07:22 PM 10:23 PM
General	कमल	Hindi	01:48 AM 04:49 AM 07:50 AM 10:51 AM 01:53 PM 04:54 PM 07:55 PM 10:56 PM
Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 3	English	01:56 AM 04:58 AM 07:59 AM 11:00 AM 02:01 PM 05:03 PM 08:04 PM 11:05 PM



Mathematics	Maths: Chap 14: Statistics-4	English	02:14 AM 05:15 AM 08:17 AM 11:18 AM 02:19 PM 05:20 PM 08:22 PM 11:23 PM
General	Health And Sanitation (E)	English	02:36 AM 05:37 AM 08:38 AM 11:39 AM 02:41 PM 05:42 PM 08:43 PM 11:44 PM
Science	Science: Ch 2: Acids, Bases and Salts, -I	English	02:42 AM 05:43 AM 08:44 AM 11:46 AM 02:47 PM 05:48 PM 08:49 PM 11:51 PM
Science	Heating of lead nitrate and emission of nitrogen dioxide	English	02:57 AM 05:58 AM 09:00 AM 12:01 PM 03:02 PM 06:03 PM 09:05 PM
शनिवार, 29 नवंबर 2025 Saturday, 29 November 2025			
संस्कृत	संस्कृत : पाठ - 4: शिशुलालनम-1	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM
Cold Wave	Cold Wave - Preparation	Hindi	12:25 AM 03:25 AM 06:25 AM 09:25 AM 12:25 PM 03:26 PM 06:26 PM 09:26 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.):पाठ-6: राजनीतिक दल-3	Hindi	12:26 AM 03:26 AM 06:26 AM 09:27 AM 12:27 PM 03:27 PM 06:27 PM 09:27 PM
Landslide	Landslide - भूस्खलन के बाद क्या करें और क्या न करें - 02	Hindi	12:47 AM 03:47 AM 06:48 AM 09:48 AM 12:48 PM 03:48 PM 06:48 PM 09:48 PM
गणित	गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	Hindi	12:48 AM 03:49 AM 06:49 AM 09:49 AM 12:49 PM 03:49 PM 06:49 PM 09:50 PM
Value Education	Village on Wheels	English/hindi	01:21 AM 04:21 AM 07:21 AM 10:22 AM 01:22 PM 04:22 PM 07:22 PM 10:22 PM



Social Science (Geography)	S.Sc (Geo.): Ch-1: Resources and Development: 4	English	01:40 AM 04:41 AM 07:41 AM 10:41 AM 01:41 PM 04:41 PM 07:41 PM 10:42 PM
General English	Episode 8 Making Requests 2	English	01:53 AM 04:53 AM 07:54 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
Mathematics	Maths: Chap 13: Surface Areas and Volumes-1	English	02:01 AM 05:01 AM 08:01 AM 11:01 AM 02:02 PM 05:02 PM 08:02 PM 11:02 PM
General	हिंसा और चोटों के खिलाफ सुरक्षा	Hindi	02:19 AM 05:19 AM 08:19 AM 11:19 AM 02:20 PM 05:20 PM 08:20 PM 11:20 PM
General	Women Change the World	English	02:25 AM 05:25 AM 08:25 AM 11:25 AM 02:25 PM 05:25 PM 08:26 PM 11:26 PM
Science	Science: Ch-1: Chemical Reactions and Equations-II	English	02:30 AM 05:30 AM 08:31 AM 11:31 AM 02:31 PM 05:31 PM 08:31 PM 11:31 PM
रविवार, 30 नवंबर 2025			
Sunday, 30 November 2025			
Language (Urdu)	Urdu: Chp-2: Naya Qanun	Urdu	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:02 PM 06:03 PM 09:04 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	Hindi	12:34 AM 03:34 AM 06:35 AM 09:35 AM 12:36 PM 03:37 PM 06:37 PM 09:38 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञा.(अर्थशास्त्र): पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	12:35 AM 03:35 AM 06:36 AM 09:36 AM 12:37 PM 03:38 PM 06:38 PM 09:39 PM



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General	जेंडर समानता	Hindi	12:59 AM 03:59 AM 07:00 AM 10:00 AM 01:01 PM 04:02 PM 07:02 PM 10:03 PM
विज्ञान	पाठ-1 रासायनिक अभिक्रियाएँ एवं समीकरण-1	हिन्दी	01:06 AM 04:07 AM 07:07 AM 10:08 AM 01:08 PM 04:09 PM 07:10 PM 10:10 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	01:14 AM 04:14 AM 07:15 AM 10:16 AM 01:16 PM 04:17 PM 07:17 PM 10:18 PM
Social Science (Economics)	S.Sc. (Eco): Chp 5: Consumer Rights-3	English	01:28 AM 04:28 AM 07:29 AM 10:30 AM 01:30 PM 04:31 PM 07:31 PM 10:32 PM
सामान्य	हिंदी शब्दकोष	Hindi	01:47 AM 04:48 AM 07:49 AM 10:49 AM 01:50 PM 04:50 PM 07:51 PM 10:51 PM
Social Science (Political Science)	S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1	English	02:05 AM 05:05 AM 08:06 AM 11:06 AM 02:07 PM 05:08 PM 08:08 PM 11:09 PM
Travel	Sivasagar - A Historical Place of Assam	English	02:41 AM 05:42 AM 08:42 AM 11:43 AM 02:44 PM 05:44 PM 08:45 PM 11:45 PM
Value Education	पिपलात्री - बेटी बचाओ पेड़ लगाओ बेटी पढ़ाओ जीवन बचाओ	Hindi	02:44 AM 05:45 AM 08:46 AM 11:46 AM 02:47 PM 05:47 PM 08:48 PM 11:49 PM

