

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 7

### कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29)

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

अक्टूबर 2024  
October 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
मंगलवार, 01 अक्टूबर 2024 Tuesday, 01 October 2024			
गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:33 PM    03:04 PM    05:35 PM    08:06 PM    10:36 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:40 AM    03:11 AM    05:41 AM    08:12 AM    10:43 AM    01:14 PM    03:44 PM    06:15 PM    08:46 PM    11:17 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:06 AM    03:37 AM    06:08 AM    08:39 AM    11:09 AM    01:40 PM    04:11 PM    06:42 PM    09:12 PM    11:43 PM
General Awareness	Fabric	English	01:25 AM    03:56 AM    06:27 AM    08:58 AM    11:28 AM    01:59 PM    04:30 PM    07:01 PM    09:31 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	01:34 AM    04:05 AM    06:36 AM    09:07 AM    11:37 AM    02:08 PM    04:39 PM    07:10 PM    09:40 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:43 AM    04:14 AM    06:45 AM    09:16 AM    11:46 AM    02:17 PM    04:48 PM    07:19 PM    09:49 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:50 AM    04:21 AM    06:52 AM    09:22 AM    11:53 AM    02:24 PM    04:55 PM    07:25 PM    09:56 PM
Geography	Ch-9: Life in the desert	English	01:58 AM    04:29 AM    07:00 AM    09:30 AM    12:01 PM    02:32 PM    05:03 PM    07:33 PM    10:04 PM



Vocational	Fishbone Stitch	English	02:18 AM    04:49 AM    07:19 AM    09:50 AM    12:21 PM    02:52 PM    05:22 PM    07:53 PM    10:24 PM
<b>बुधवार, 02 अक्टूबर 2024</b> <b>Wednesday, 02 October 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:37 AM    03:07 AM    05:37 AM    08:07 AM    10:38 AM    01:08 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:44 AM    03:14 AM    05:44 AM    08:14 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:44 PM    11:15 PM
General Awareness	Fabric	English	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:12 AM    03:42 AM    06:12 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:12 PM    11:42 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:21 AM    03:51 AM    06:21 AM    08:52 AM    11:22 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	02:00 AM    04:31 AM    07:01 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:31 PM    10:01 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	02:07 AM    04:37 AM    07:07 AM    09:37 AM    12:07 PM    02:37 PM    05:07 PM    07:37 PM    10:08 PM



Vocational	Feather Stitch	English	02:14 AM    04:44 AM    07:14 AM    09:44 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
<b>बृहस्पतिवार, 03 अक्टूबर 2024</b> <b>Thursday, 03 October 2024</b>			
गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:35 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:40 AM    03:11 AM    05:41 AM    08:12 AM    10:42 AM    01:13 PM    03:44 PM    06:14 PM    08:45 PM    11:16 PM
English	Ch-9: Garden snake	English	01:10 AM    03:41 AM    06:12 AM    08:42 AM    11:13 AM    01:43 PM    04:14 PM    06:45 PM    09:15 PM    11:46 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:34 AM    04:04 AM    06:35 AM    09:06 AM    11:36 AM    02:07 PM    04:37 PM    07:08 PM    09:39 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:40 AM    04:11 AM    06:42 AM    09:12 AM    11:43 AM    02:14 PM    04:44 PM    07:15 PM    09:45 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:30 AM    07:01 AM    09:31 AM    12:02 PM    02:33 PM    05:03 PM    07:34 PM    10:05 PM
<b>शुक्रवार, 04 अक्टूबर 2024</b> <b>Friday, 04 October 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:32 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:03 PM    03:33 PM    06:03 PM    08:33 PM    11:04 PM
हिन्दी	दूर्वा-२, पाठ-10: हम धरती के लाल	हिंदी	12:49 AM    03:19 AM    05:49 AM    08:19 AM    10:50 AM    01:20 PM    03:50 PM    06:20 PM    08:50 PM    11:21 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:05 AM    03:36 AM    06:06 AM    08:36 AM    11:06 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM



Political science	Ch-8: A shirt in the market	English	01:12 AM    03:42 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:44 PM    09:14 PM    11:44 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:24 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:57 PM
सामान्य जागरूकता	आजादी की अमृत कहानियाँ (तन्वी)	हिंदी	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:37 AM    04:07 AM    06:37 AM    09:08 AM    11:38 AM    02:08 PM    04:38 PM    07:09 PM    09:39 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:46 AM    04:16 AM    06:46 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:50 AM    04:20 AM    06:50 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:52 PM
Vocational	Feather Stitch	English	02:20 AM    04:50 AM    07:20 AM    09:50 AM    12:21 PM    02:51 PM    05:21 PM    07:51 PM    10:22 PM
शनिवार, 05 अक्टूबर 2024 Saturday, 05 October 2024			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:27 PM    02:57 PM    05:26 PM    07:56 PM    10:25 PM
संस्कृत	सम्बन्धो ही दुर्जयः	हिंदी	12:40 AM    03:09 AM    05:39 AM    08:09 AM    10:38 AM    01:08 PM    03:37 PM    06:07 PM    08:36 PM    11:06 PM
Geography	Ch-9: Life in the desert	English	12:48 AM    03:18 AM    05:47 AM    08:17 AM    10:46 AM    01:16 PM    03:45 PM    06:15 PM    08:44 PM    11:14 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:09 AM    03:38 AM    06:08 AM    08:37 AM    11:07 AM    01:36 PM    04:06 PM    06:35 PM    09:05 PM    11:34 PM



Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:29 AM    03:58 AM    06:28 AM    08:57 AM    11:27 AM    01:56 PM    04:26 PM    06:55 PM    09:25 PM    11:54 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	02:03 AM    04:32 AM    07:02 AM    09:31 AM    12:01 PM    02:30 PM    05:00 PM    07:29 PM    09:59 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	02:07 AM    04:36 AM    07:06 AM    09:35 AM    12:05 PM    02:34 PM    05:04 PM    07:33 PM    10:03 PM
<b>रविवार, 06 अक्टूबर 2024</b> <b>Sunday, 06 October 2024</b>			
शारीरिक शिक्षा	पद्मासन	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:28 PM    02:57 PM    05:27 PM    07:56 PM    10:26 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM    02:57 AM    05:26 AM    07:56 AM    10:26 AM    12:55 PM    03:25 PM    05:54 PM    08:24 PM    10:54 PM
General Awareness	Growing up Healthy	English	01:00 AM    03:30 AM    05:59 AM    08:29 AM    10:59 AM    01:28 PM    03:58 PM    06:27 PM    08:57 PM    11:27 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:04 AM    03:34 AM    06:03 AM    08:33 AM    11:03 AM    01:32 PM    04:02 PM    06:32 PM    09:01 PM    11:31 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:23 AM    03:53 AM    06:23 AM    08:52 AM    11:22 AM    01:51 PM    04:21 PM    06:51 PM    09:20 PM    11:50 PM
General Awareness	e-waste management Block-2	English	01:33 AM    04:02 AM    06:32 AM    09:01 AM    11:31 AM    02:01 PM    04:30 PM    07:00 PM    09:29 PM    11:59 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:47 AM    04:16 AM    06:46 AM    09:16 AM    11:45 AM    02:15 PM    04:44 PM    07:14 PM    09:44 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:50 AM    04:20 AM    06:49 AM    09:19 AM    11:48 AM    02:18 PM    04:48 PM    07:17 PM    09:47 PM

Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:29 AM    06:59 AM    09:29 AM    11:58 AM    02:28 PM    04:57 PM    07:27 PM    09:57 PM
<b>सोमवार, 07 अक्टूबर 2024</b> <b>Monday, 07 October 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:34 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:35 PM    06:05 PM    08:36 PM    11:07 PM
English	Ch-9: Garden snake	English	01:03 AM    03:33 AM    06:04 AM    08:34 AM    11:05 AM    01:36 PM    04:06 PM    06:37 PM    09:07 PM    11:38 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:12 AM    03:42 AM    06:13 AM    08:43 AM    11:14 AM    01:44 PM    04:15 PM    06:45 PM    09:16 PM    11:47 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:42 AM    04:12 AM    06:43 AM    09:13 AM    11:44 AM    02:14 PM    04:45 PM    07:15 PM    09:46 PM
General Awareness	Fake-Whatsapp-Messages	English	02:02 AM    04:32 AM    07:03 AM    09:33 AM    12:04 PM    02:34 PM    05:05 PM    07:36 PM    10:06 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	02:04 AM    04:35 AM    07:05 AM    09:36 AM    12:06 PM    02:37 PM    05:07 PM    07:38 PM    10:08 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	02:13 AM    04:44 AM    07:14 AM    09:45 AM    12:15 PM    02:46 PM    05:16 PM    07:47 PM    10:17 PM
<b>मंगलवार, 08 अक्टूबर 2024</b> <b>Tuesday, 08 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM



Science	Ch-13: Motion And Time (Part-1)	English	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:39 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM
Geography	Ch-9: Life in the desert	English	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	02:06 AM    04:36 AM    07:06 AM    09:36 AM    12:06 PM    02:36 PM    05:06 PM    07:36 PM    10:07 PM
Vocational	Personal hygiene and Health	English	02:10 AM    04:40 AM    07:10 AM    09:40 AM    12:10 PM    02:40 PM    05:10 PM    07:40 PM    10:10 PM
<b>बुधवार, 09 अक्टूबर 2024</b> <b>Wednesday, 09 October 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:35 PM
उर्दू	ईदगाह	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:03 AM    10:34 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:07 PM
General Awareness	e-waste management Block-5	English	01:00 AM    03:30 AM    06:01 AM    08:32 AM    11:02 AM    01:33 PM    04:03 PM    06:34 PM    09:05 PM    11:35 PM
History	Ch-10: Eighteenth century political formations (Part-1)	English	01:22 AM    03:53 AM    06:23 AM    08:54 AM    11:25 AM    01:55 PM    04:26 PM    06:56 PM    09:27 PM    11:58 PM





General Awareness	Fabric	English	01:32 AM    04:03 AM    06:33 AM    09:04 AM    11:34 AM    02:05 PM    04:36 PM    07:06 PM    09:37 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:41 AM    04:12 AM    06:42 AM    09:13 AM    11:43 AM    02:14 PM    04:45 PM    07:15 PM    09:46 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:45 AM    04:16 AM    06:46 AM    09:17 AM    11:47 AM    02:18 PM    04:49 PM    07:19 PM    09:50 PM
Vocational	Feather Stitch	English	02:15 AM    04:45 AM    07:16 AM    09:47 AM    12:17 PM    02:48 PM    05:18 PM    07:49 PM    10:20 PM
<b>बृहस्पतिवार, 10 अक्टूबर 2024</b> <b>Thursday, 10 October 2024</b>			
गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:40 AM    03:10 AM    05:41 AM    08:11 AM    10:41 AM    01:12 PM    03:42 PM    06:12 PM    08:42 PM    11:13 PM
English	Ch-9: Garden snake	English	01:10 AM    03:41 AM    06:11 AM    08:41 AM    11:12 AM    01:42 PM    04:12 PM    06:43 PM    09:13 PM    11:43 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:22 AM    03:53 AM    06:23 AM    08:53 AM    11:24 AM    01:54 PM    04:24 PM    06:54 PM    09:25 PM    11:55 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:26 AM    03:56 AM    06:27 AM    08:57 AM    11:27 AM    01:58 PM    04:28 PM    06:58 PM    09:29 PM    11:59 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:33 AM    04:03 AM    06:33 AM    09:04 AM    11:34 AM    02:04 PM    04:35 PM    07:05 PM    09:35 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:41 AM    04:12 AM    06:42 AM    09:12 AM    11:43 AM    02:13 PM    04:43 PM    07:14 PM    09:44 PM



Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:31 AM    07:01 AM    09:31 AM    12:02 PM    02:32 PM    05:02 PM    07:33 PM    10:03 PM
<b>शुक्रवार, 11 अक्टूबर 2024</b> <b>Friday, 11 October 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
हिन्दी	दूर्वा-२, पाठ-10: हम धरती के लाल	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:03 AM    10:33 AM    01:04 PM    03:34 PM    06:04 PM    08:35 PM    11:05 PM
Political science	Ch-8: A shirt in the market	English	12:48 AM    03:19 AM    05:49 AM    08:20 AM    10:50 AM    01:20 PM    03:51 PM    06:21 PM    08:52 PM    11:22 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:01 AM    03:31 AM    06:02 AM    08:32 AM    11:02 AM    01:33 PM    04:03 PM    06:34 PM    09:04 PM    11:34 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:07 AM    03:38 AM    06:08 AM    08:39 AM    11:09 AM    01:40 PM    04:10 PM    06:40 PM    09:11 PM    11:41 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:28 AM    03:59 AM    06:29 AM    08:59 AM    11:30 AM    02:00 PM    04:31 PM    07:01 PM    09:32 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:37 AM    04:08 AM    06:38 AM    09:09 AM    11:39 AM    02:09 PM    04:40 PM    07:10 PM    09:41 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:45 AM    04:15 AM    06:46 AM    09:16 AM    11:46 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
Vocational	Feather Stitch	English	02:15 AM    04:45 AM    07:15 AM    09:46 AM    12:16 PM    02:47 PM    05:17 PM    07:48 PM    10:18 PM
<b>शनिवार, 12 अक्टूबर 2024</b> <b>Saturday, 12 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:07 PM    10:38 PM



संस्कृत	पुनर्मूषको भवः	हिंदी	12:44 AM    03:15 AM    05:46 AM    08:17 AM    10:48 AM    01:19 PM    03:50 PM    06:21 PM    08:52 PM    11:23 PM
General Awareness	Fake-Whatsapp-Messages	English	12:52 AM    03:23 AM    05:54 AM    08:25 AM    10:56 AM    01:27 PM    03:58 PM    06:29 PM    09:00 PM    11:31 PM
Geography	Ch-9: Life in the desert	English	12:55 AM    03:26 AM    05:56 AM    08:27 AM    10:58 AM    01:29 PM    04:00 PM    06:31 PM    09:02 PM    11:33 PM
General Awareness	Growing up Healthy	English	01:14 AM    03:45 AM    06:16 AM    08:47 AM    11:18 AM    01:49 PM    04:20 PM    06:51 PM    09:22 PM    11:53 PM
General Awareness	Fabric	English	01:19 AM    03:49 AM    06:20 AM    08:51 AM    11:22 AM    01:53 PM    04:24 PM    06:55 PM    09:26 PM    11:57 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:28 AM    03:59 AM    06:29 AM    09:00 AM    11:31 AM    02:02 PM    04:33 PM    07:04 PM    09:35 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:47 AM    04:18 AM    06:49 AM    09:20 AM    11:50 AM    02:21 PM    04:52 PM    07:23 PM    09:54 PM
<b>रविवार, 13 अक्टूबर 2024</b> <b>Sunday, 13 October 2024</b>			
शारीरिक शिक्षा	त्रिकोणासन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:01 PM    10:31 PM
राजनीति विज्ञान	पाठ-8: बाजार में एक कमीज़	हिंदी	12:27 AM    02:57 AM    05:27 AM    07:58 AM    10:28 AM    12:58 PM    03:28 PM    05:58 PM    08:28 PM    10:58 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:00 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:08 AM    03:38 AM    06:08 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM



General Awareness	Fabric	English	01:27 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:58 PM    09:28 PM    11:59 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:36 AM    04:07 AM    06:37 AM    09:07 AM    11:37 AM    02:07 PM    04:37 PM    07:07 PM    09:38 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:30 AM    07:01 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:31 PM    10:01 PM

सोमवार, 14 अक्टूबर 2024  
Monday, 14 October 2024

विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:32 AM    03:02 AM    05:32 AM    08:02 AM    10:32 AM    01:02 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	01:03 AM    03:33 AM    06:03 AM    08:33 AM    11:03 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
English	Ch-9: Garden snake	English	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	01:16 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Mathematics	Ch-11: Perimeter and area, Part-1	English	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:51 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:21 PM    04:51 PM    07:21 PM    09:51 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM

मंगलवार, 15 अक्टूबर 2024  
Tuesday, 15 October 2024



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:40 AM    03:10 AM    05:41 AM    08:11 AM    10:42 AM    01:12 PM    03:42 PM    06:13 PM    08:43 PM    11:14 PM
Storytelling/Value Education	सुधीर तैलंग	हिंदी	01:05 AM    03:36 AM    06:06 AM    08:37 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:09 PM    11:39 PM
Science	Ch-13: Motion And Time (Part-1)	English	01:22 AM    03:52 AM    06:23 AM    08:53 AM    11:24 AM    01:54 PM    04:25 PM    06:55 PM    09:25 PM    11:56 PM
General Awareness	Growing up Healthy	English	01:41 AM    04:12 AM    06:42 AM    09:12 AM    11:43 AM    02:13 PM    04:44 PM    07:14 PM    09:45 PM
Geography	Ch-9: Life in the desert	English	01:45 AM    04:16 AM    06:46 AM    09:17 AM    11:47 AM    02:17 PM    04:48 PM    07:18 PM    09:49 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	02:05 AM    04:36 AM    07:06 AM    09:36 AM    12:07 PM    02:37 PM    05:08 PM    07:38 PM    10:08 PM
Vocational	Fishbone Stitch	English	02:12 AM    04:43 AM    07:13 AM    09:44 AM    12:14 PM    02:45 PM    05:15 PM    07:45 PM    10:16 PM
<b>बुधवार, 16 अक्टूबर 2024</b> <b>Wednesday, 16 October 2024</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:29 AM    04:58 AM    07:28 AM    09:57 AM    12:26 PM    02:56 PM    05:25 PM    07:54 PM    10:24 PM
General Awareness	Fake-Whatsapp-Messages	English	12:30 AM    03:00 AM    05:29 AM    07:58 AM    10:28 AM    12:57 PM    03:26 PM    05:56 PM    08:25 PM    10:54 PM
उर्दू	ईदगाह	हिंदी	12:33 AM    03:02 AM    05:31 AM    08:01 AM    10:30 AM    12:59 PM    03:29 PM    05:58 PM    08:27 PM    10:57 PM



सामान्य जागरूकता	मछली साँस कैसे लेती है	हिंदी	01:01 AM    03:30 AM    06:00 AM    08:29 AM    10:58 AM    01:28 PM    03:57 PM    06:26 PM    08:56 PM    11:25 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:07 AM    03:36 AM    06:06 AM    08:35 AM    11:04 AM    01:34 PM    04:03 PM    06:32 PM    09:02 PM    11:31 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:17 AM    03:46 AM    06:16 AM    08:45 AM    11:15 AM    01:44 PM    04:13 PM    06:43 PM    09:12 PM    11:41 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:25 AM    03:55 AM    06:24 AM    08:53 AM    11:23 AM    01:52 PM    04:21 PM    06:51 PM    09:20 PM    11:49 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:49 AM    04:19 AM    06:48 AM    09:17 AM    11:47 AM    02:16 PM    04:45 PM    07:15 PM    09:44 PM
Vocational	Feather Stitch	English	02:14 AM    04:43 AM    07:12 AM    09:42 AM    12:11 PM    02:40 PM    05:10 PM    07:39 PM    10:08 PM
<b>बृहस्पतिवार, 17 अक्टूबर 2024</b> <b>Thursday, 17 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:03 AM    12:34 PM    03:05 PM    05:36 PM    08:06 PM    10:37 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:31 AM    03:02 AM    05:33 AM    08:03 AM    10:34 AM    01:05 PM    03:36 PM    06:07 PM    08:38 PM    11:09 PM
English	Ch-9: Garden snake	English	01:01 AM    03:32 AM    06:03 AM    08:34 AM    11:05 AM    01:36 PM    04:06 PM    06:37 PM    09:08 PM    11:39 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	01:10 AM    03:41 AM    06:11 AM    08:42 AM    11:13 AM    01:44 PM    04:15 PM    06:46 PM    09:17 PM    11:48 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:15 AM    03:46 AM    06:17 AM    08:48 AM    11:19 AM    01:50 PM    04:21 PM    06:52 PM    09:22 PM    11:53 PM

Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:21 AM    03:52 AM    06:23 AM    08:54 AM    11:25 AM    01:56 PM    04:26 PM    06:57 PM    09:28 PM    11:59 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	01:28 AM    03:59 AM    06:30 AM    09:01 AM    11:31 AM    02:02 PM    04:33 PM    07:04 PM    09:35 PM
General English	Episode 11 Agreeing 3	English	01:33 AM    04:04 AM    06:35 AM    09:06 AM    11:37 AM    02:08 PM    04:39 PM    07:10 PM    09:40 PM
Science	Ch-13:Motion And Time (Part-2)	English	01:44 AM    04:14 AM    06:45 AM    09:16 AM    11:47 AM    02:18 PM    04:49 PM    07:20 PM    09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:59 AM    04:30 AM    07:01 AM    09:32 AM    12:02 PM    02:33 PM    05:04 PM    07:35 PM    10:06 PM
शुक्रवार, 18 अक्टूबर 2024 Friday, 18 October 2024			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
हिन्दी	दूर्वा-२, पाठ-10: हम धरती के लाल	हिंदी	12:30 AM    03:00 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:31 PM    06:01 PM    08:31 PM    11:01 PM
Political science	Ch-8: A shirt in the market	English	12:48 AM    03:18 AM    05:48 AM    08:18 AM    10:48 AM    01:18 PM    03:48 PM    06:19 PM    08:49 PM    11:19 PM
General English	Episode 5 Giving Advice 1	English	01:00 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:14 PM    06:44 PM    09:15 PM    11:45 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:21 AM    03:51 AM    06:21 AM    08:51 AM    11:21 AM    01:52 PM    04:22 PM    06:52 PM    09:22 PM    11:52 PM



General Awareness	Fake-Whatsapp-Messages	English	01:28 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:29 PM    06:59 PM    09:29 PM    11:59 PM
General Awareness	Lever Around Us	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:33 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:40 AM    04:10 AM    06:40 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:10 PM    09:41 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
Vocational	Feather Stitch	English	02:14 AM    04:44 AM    07:15 AM    09:45 AM    12:15 PM    02:45 PM    05:15 PM    07:45 PM    10:15 PM
<b>शनिवार, 19 अक्टूबर 2024</b> <b>Saturday, 19 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
संस्कृत	लोभः नाशाय	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
Geography	Ch-9: Life in the desert	English	12:42 AM    03:12 AM    05:42 AM    08:12 AM    10:42 AM    01:12 PM    03:42 PM    06:12 PM    08:42 PM    11:12 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
General English	Episode 12 Disagreeing 1	English	01:11 AM    03:41 AM    06:11 AM    08:41 AM    11:11 AM    01:41 PM    04:11 PM    06:41 PM    09:11 PM    11:41 PM
General Awareness	Fake-Whatsapp-Messages	English	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:55 PM    04:25 PM    06:55 PM    09:25 PM    11:55 PM





Science	Ch-13:Motion And Time (Part-2)	English	01:27 AM    03:57 AM    06:27 AM    08:57 AM    11:27 AM    01:57 PM    04:27 PM    06:57 PM    09:27 PM    11:57 PM
General Awareness	Fake-Whatsapp-Messages	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:45 AM    04:15 AM    06:45 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:45 PM
<b>रविवार, 20 अक्टूबर 2024</b> <b>Sunday, 20 October 2024</b>			
शारीरिक शिक्षा	पद्मासन	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
राजनीति विज्ञान	पाठ-8: बाजार में एक कमीज़	हिंदी	12:27 AM    02:58 AM    05:28 AM    07:58 AM    10:29 AM    12:59 PM    03:30 PM    06:00 PM    08:31 PM    11:01 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	01:00 AM    03:30 AM    06:01 AM    08:31 AM    11:02 AM    01:32 PM    04:03 PM    06:33 PM    09:04 PM    11:34 PM
General Awareness	Fake-Whatsapp-Messages	English	01:19 AM    03:50 AM    06:20 AM    08:51 AM    11:21 AM    01:51 PM    04:22 PM    06:52 PM    09:23 PM    11:53 PM
General Awareness	e-waste management Block-2	English	01:23 AM    03:53 AM    06:23 AM    08:54 AM    11:24 AM    01:55 PM    04:25 PM    06:56 PM    09:26 PM    11:57 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:37 AM    04:07 AM    06:38 AM    09:08 AM    11:39 AM    02:09 PM    04:39 PM    07:10 PM    09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:01 AM    04:31 AM    07:02 AM    09:32 AM    12:02 PM    02:33 PM    05:03 PM    07:34 PM    10:04 PM
<b>सोमवार, 21 अक्टूबर 2024</b> <b>Monday, 21 October 2024</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM



भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:30 AM    03:01 AM    05:31 AM    08:02 AM    10:32 AM    01:03 PM    03:33 PM    06:04 PM    08:34 PM    11:05 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	01:02 AM    03:32 AM    06:02 AM    08:33 AM    11:03 AM    01:34 PM    04:04 PM    06:35 PM    09:05 PM    11:36 PM
English	An Alien Hand, Ch-9: A tiger in the house	English	01:07 AM    03:38 AM    06:08 AM    08:39 AM    11:09 AM    01:39 PM    04:10 PM    06:40 PM    09:11 PM    11:41 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:39 AM    04:09 AM    06:39 AM    09:10 AM    11:40 AM    02:11 PM    04:41 PM    07:12 PM    09:42 PM
सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	02:03 AM    04:33 AM    07:04 AM    09:34 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:07 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM    04:39 AM    07:10 AM    09:40 AM    12:11 PM    02:41 PM    05:11 PM    07:42 PM    10:12 PM
<b>मंगलवार, 22 अक्टूबर 2024</b> <b>Tuesday, 22 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:34 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	12:38 AM    03:08 AM    05:39 AM    08:09 AM    10:40 AM    01:10 PM    03:40 PM    06:11 PM    08:41 PM    11:12 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:48 AM    03:18 AM    05:49 AM    08:19 AM    10:50 AM    01:20 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:53 AM    03:24 AM    05:54 AM    08:25 AM    10:55 AM    01:26 PM    03:56 PM    06:27 PM    08:57 PM    11:27 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:19 AM    03:49 AM    06:20 AM    08:50 AM    11:21 AM    01:51 PM    04:21 PM    06:52 PM    09:22 PM    11:53 PM



सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	01:34 AM    04:05 AM    06:35 AM    09:06 AM    11:36 AM    02:06 PM    04:37 PM    07:07 PM    09:38 PM
Geography	Ch-9: Life in the desert	English	01:43 AM    04:14 AM    06:44 AM    09:14 AM    11:45 AM    02:15 PM    04:46 PM    07:16 PM    09:47 PM
General Awareness	Growing up Healthy	English	02:03 AM    04:33 AM    07:04 AM    09:34 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:06 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM    04:39 AM    07:10 AM    09:40 AM    12:10 PM    02:41 PM    05:11 PM    07:42 PM    10:12 PM

बुधवार, 23 अक्टूबर 2024  
Wednesday, 23 October 2024

विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
उर्दू	ईदगाह	हिंदी	12:30 AM    03:01 AM    05:31 AM    08:01 AM    10:32 AM    01:02 PM    03:32 PM    06:03 PM    08:33 PM    11:03 PM
General Awareness	e-waste management Film 2	English	12:59 AM    03:29 AM    05:59 AM    08:30 AM    11:00 AM    01:30 PM    04:01 PM    06:31 PM    09:01 PM    11:31 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:08 AM    03:38 AM    06:08 AM    08:39 AM    11:09 AM    01:39 PM    04:10 PM    06:40 PM    09:10 PM    11:41 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:34 AM    04:04 AM    06:35 AM    09:05 AM    11:35 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Vocational	Finishing and costing of embroidered Products	English	01:58 AM    04:29 AM    06:59 AM    09:29 AM    12:00 PM    02:30 PM    05:00 PM    07:31 PM    10:01 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	02:10 AM    04:40 AM    07:11 AM    09:41 AM    12:11 PM    02:42 PM    05:12 PM    07:42 PM    10:13 PM

बृहस्पतिवार, 24 अक्टूबर 2024  
Thursday, 24 October 2024



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गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:35 PM
इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	12:31 AM    03:01 AM    05:32 AM    08:03 AM    10:33 AM    01:04 PM    03:34 PM    06:05 PM    08:36 PM    11:06 PM
English	An Alien Hand, Ch-9: A tiger in the house	English	01:01 AM    03:32 AM    06:02 AM    08:33 AM    11:04 AM    01:34 PM    04:05 PM    06:35 PM    09:06 PM    11:37 PM
General Awareness	Fake-Whatsapp-Messages	English	01:33 AM    04:03 AM    06:34 AM    09:04 AM    11:35 AM    02:06 PM    04:36 PM    07:07 PM    09:37 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:36 AM    04:06 AM    06:37 AM    09:07 AM    11:38 AM    02:09 PM    04:39 PM    07:10 PM    09:40 PM
General Awareness	Fabric	English	01:51 AM    04:22 AM    06:52 AM    09:23 AM    11:53 AM    02:24 PM    04:55 PM    07:25 PM    09:56 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:31 AM    07:01 AM    09:32 AM    12:03 PM    02:33 PM    05:04 PM    07:34 PM    10:05 PM
शुक्रवार, 25 अक्टूबर 2024 Friday, 25 October 2024			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
हिन्दी	दूर्वा-२, पाठ-10: हम धरती के लाल	हिंदी	12:30 AM    03:01 AM    05:31 AM    08:02 AM    10:32 AM    01:02 PM    03:33 PM    06:03 PM    08:34 PM    11:04 PM
Political science	Ch-8: A shirt in the market	English	12:47 AM    03:17 AM    05:48 AM    08:18 AM    10:49 AM    01:19 PM    03:49 PM    06:20 PM    08:50 PM    11:21 PM
General English	Episode 5 Giving Advice 1	English	12:59 AM    03:30 AM    06:00 AM    08:31 AM    11:01 AM    01:31 PM    04:02 PM    06:32 PM    09:03 PM    11:33 PM



Creative Activities: Art & Craft	3D Kaleidoscope	English	01:13 AM    03:43 AM    06:14 AM    08:44 AM    11:15 AM    01:45 PM    04:15 PM    06:46 PM    09:16 PM    11:47 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:16 AM    03:47 AM    06:17 AM    08:47 AM    11:18 AM    01:48 PM    04:19 PM    06:49 PM    09:19 PM    11:50 PM
General Awareness	Fabric	English	01:26 AM    03:57 AM    06:27 AM    08:58 AM    11:28 AM    01:58 PM    04:29 PM    06:59 PM    09:30 PM
General English	Episode 13 Disagreeing 2	English	01:36 AM    04:06 AM    06:36 AM    09:07 AM    11:37 AM    02:08 PM    04:38 PM    07:08 PM    09:39 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:50 AM    04:21 AM    06:51 AM    09:21 AM    11:52 AM    02:22 PM    04:53 PM    07:23 PM    09:53 PM
Vocational	Feather Stitch	English	02:15 AM    04:45 AM    07:15 AM    09:46 AM    12:16 PM    02:47 PM    05:17 PM    07:47 PM    10:18 PM
<b>शनिवार, 26 अक्टूबर 2024</b> <b>Saturday, 26 October 2024</b>			
गणित	पाठ-11: परिमाप और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
संस्कृत	लोभः नाशाय	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
Geography	Ch-9: Life in the desert	English	12:42 AM    03:13 AM    05:43 AM    08:13 AM    10:43 AM    01:13 PM    03:43 PM    06:13 PM    08:43 PM    11:13 PM
General Awareness	Empowerment: Hearing stories from student changemakers across the country	English	01:02 AM    03:32 AM    06:02 AM    08:32 AM    11:02 AM    01:33 PM    04:03 PM    06:33 PM    09:03 PM    11:33 PM
General Awareness	Tree Tale - Kadamba	English	01:11 AM    03:41 AM    06:11 AM    08:41 AM    11:11 AM    01:41 PM    04:11 PM    06:41 PM    09:11 PM    11:41 PM



General English	Episode 12 Disagreeing 1	English	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:43 PM    09:13 PM    11:44 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:27 AM    03:57 AM    06:27 AM    08:57 AM    11:27 AM    01:57 PM    04:27 PM    06:57 PM    09:27 PM    11:57 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:30 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:46 AM    02:16 PM    04:46 PM    07:16 PM    09:47 PM

रविवार, 27 अक्टूबर 2024  
Sunday, 27 October 2024

शारीरिक शिक्षा	त्रिकोणासन	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
राजनीति विज्ञान	पाठ-8: बाज़ार में एक कमीज़	हिंदी	12:27 AM    02:57 AM    05:27 AM    07:57 AM    10:27 AM    12:57 PM    03:27 PM    05:57 PM    08:27 PM    10:57 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	01:00 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM
General Awareness	Tree Tale - Kadamba	English	01:30 AM    04:00 AM    06:30 AM    09:00 AM    11:30 AM    02:00 PM    04:30 PM    07:00 PM    09:30 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:02 PM    09:32 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	जन्मदिन कार्ड (Birthday Card)	हिंदी	01:56 AM    04:26 AM    06:56 AM    09:26 AM    11:56 AM    02:26 PM    04:56 PM    07:26 PM    09:56 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:00 PM

सोमवार, 28 अक्टूबर 2024  
Monday, 28 October 2024



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विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:31 AM    05:02 AM    07:33 AM    10:04 AM    12:36 PM    03:07 PM    05:38 PM    08:09 PM    10:40 PM
भूगोल	पाठ-9: रेगिस्तान में जीवन	हिंदी	12:43 AM    03:14 AM    05:45 AM    08:16 AM    10:48 AM    01:19 PM    03:50 PM    06:21 PM    08:52 PM    11:24 PM
English	An Alien Hand, Ch-9: A tiger in the house	English	01:14 AM    03:45 AM    06:16 AM    08:48 AM    11:19 AM    01:50 PM    04:21 PM    06:52 PM    09:24 PM    11:55 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:45 AM    04:17 AM    06:48 AM    09:19 AM    11:50 AM    02:21 PM    04:53 PM    07:24 PM    09:55 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:10 AM    04:41 AM    07:12 AM    09:43 AM    12:15 PM    02:46 PM    05:17 PM    07:48 PM    10:19 PM
<b>मंगलवार, 29 अक्टूबर 2024</b> <b>Tuesday, 29 October 2024</b>			
गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:28 AM    09:58 AM    12:27 PM    02:57 PM    05:26 PM    07:56 PM    10:25 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	12:38 AM    03:07 AM    05:37 AM    08:06 AM    10:36 AM    01:05 PM    03:35 PM    06:04 PM    08:34 PM    11:03 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:48 AM    03:17 AM    05:47 AM    08:16 AM    10:46 AM    01:15 PM    03:45 PM    06:14 PM    08:44 PM    11:13 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:53 AM    03:23 AM    05:52 AM    08:22 AM    10:51 AM    01:21 PM    03:50 PM    06:20 PM    08:49 PM    11:19 PM
General Awareness	Levers Around Us	English	01:19 AM    03:48 AM    06:18 AM    08:47 AM    11:17 AM    01:46 PM    04:16 PM    06:45 PM    09:15 PM    11:44 PM
Science	Ch-13: Motion And Time (Part-2)	English	01:27 AM    03:56 AM    06:26 AM    08:55 AM    11:25 AM    01:54 PM    04:24 PM    06:53 PM    09:23 PM    11:52 PM



Geography	Ch-9: Life in the desert	English	01:42 AM    04:12 AM    06:41 AM    09:11 AM    11:40 AM    02:10 PM    04:39 PM    07:09 PM    09:38 PM
General Awareness	Growing up Healthy	English	02:02 AM    04:31 AM    07:01 AM    09:30 AM    12:00 PM    02:29 PM    04:59 PM    07:28 PM    09:58 PM
Vocational	Finishing and costing of embroidered Products	English	02:08 AM    04:37 AM    07:07 AM    09:36 AM    12:06 PM    02:35 PM    05:05 PM    07:34 PM    10:04 PM

बुधवार, 30 अक्टूबर 2024  
Wednesday, 30 October 2024

विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
उर्दू	ईदगाह	हिंदी	12:43 AM    03:13 AM    05:43 AM    08:13 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:44 PM    11:14 PM
General Awareness	e-waste management Film 2	English	01:11 AM    03:41 AM    06:11 AM    08:42 AM    11:12 AM    01:42 PM    04:12 PM    06:42 PM    09:13 PM    11:43 PM
History	Ch-10: Eighteenth century political formations (Part-2)	English	01:20 AM    03:50 AM    06:21 AM    08:51 AM    11:21 AM    01:51 PM    04:21 PM    06:51 PM    09:22 PM    11:52 PM
Mathematics	Ch-11: Perimeter and area, Part-2	English	01:44 AM    04:14 AM    06:44 AM    09:15 AM    11:45 AM    02:15 PM    04:45 PM    07:15 PM    09:45 PM
Vocational	Finishing and costing of embroidered Products	English	02:08 AM    04:39 AM    07:09 AM    09:39 AM    12:09 PM    02:39 PM    05:09 PM    07:40 PM    10:10 PM

बृहस्पतिवार, 31 अक्टूबर 2024  
Thursday, 31 October 2024

गणित	पाठ-11: परिमाण और क्षेत्रफल भाग-2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    03:01 PM    05:31 PM    08:02 PM    10:32 PM    12:31 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:01 PM    02:31 PM    05:01 PM    07:32 PM    10:02 PM



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इतिहास	पाठ-10: अठारहवीं शताब्दी में नए राजनीतिक गठन	हिंदी	01:02 PM    11:03 PM    08:33 PM    06:03 PM    03:33 PM    10:32 AM    08:02 AM    05:31 AM    03:01 AM    12:31 AM
English	An Alien Hand, Ch-9: A tiger in the house	English	04:03 PM    11:34 PM    09:03 PM    06:33 PM    01:33 PM    08:32 AM    06:02 AM    03:32 AM    01:01 AM    11:02 AM
Science	Ch-13: Motion And Time (Part-2)	English	04:46 PM    09:46 PM    07:16 PM    02:16 PM    11:45 AM    09:15 AM    06:45 AM    04:14 AM    01:44 AM



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