

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 8

कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #30



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2029

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 8

अक्टूबर 2024
October 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
मंगलवार, 01 अक्टूबर 2024 Tuesday, 01 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
Story Telling/ Value Education	बुद्धिर्यस्य बलमतस्य	Hindi	12:37 AM 03:06 AM 05:36 AM 08:06 AM 10:35 AM 01:05 PM 03:35 PM 06:04 PM 08:34 PM 11:04 PM
General	E-Waste Management: Block 1	English	12:46 AM 03:16 AM 05:45 AM 08:15 AM 10:45 AM 01:14 PM 03:44 PM 06:14 PM 08:43 PM 11:13 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:58 AM 03:28 AM 05:58 AM 08:27 AM 10:57 AM 01:27 PM 03:56 PM 06:26 PM 08:56 PM 11:25 PM
General	E-Waste Management: Block 2	English	01:08 AM 03:37 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:06 PM 06:35 PM 09:05 PM 11:35 PM
Social Science (Geography)	Chapter 5- Industries, Part-4	English	01:22 AM 03:52 AM 06:21 AM 08:51 AM 11:21 AM 01:50 PM 04:20 PM 06:50 PM 09:20 PM 11:49 PM
General Awareness Programme	Plastic Bag Demon	English	01:40 AM 04:10 AM 06:40 AM 09:09 AM 11:39 AM 02:09 PM 04:38 PM 07:08 PM 09:38 PM
Science	Chapter-16: Light (Law of reflections)	English	01:48 AM 04:18 AM 06:48 AM 09:17 AM 11:47 AM 02:17 PM 04:46 PM 07:16 PM 09:46 PM



Story Telling/ Value Education	Story Telling: Meena - 7 Say not to dowry	Hindi	02:06 AM 04:36 AM 07:05 AM 09:35 AM 12:05 PM 02:34 PM 05:04 PM 07:34 PM 10:03 PM
Vocational Video	Identification of trees	English/hindi	02:19 AM 04:48 AM 07:18 AM 09:48 AM 12:18 PM 02:47 PM 05:17 PM 07:47 PM 10:16 PM
बुधवार, 02 अक्टूबर 2024 Wednesday, 02 October 2024			
Science	पाठ-16 प्रकाश	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
Creative Activities: Art/Craft	Folding Circle	English	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:41 AM 01:11 PM 03:42 PM 06:12 PM 08:43 PM 11:13 PM
Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:41 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:14 PM 03:44 PM 06:15 PM 08:46 PM 11:16 PM
General Awareness Programme	Personal Safety	English	12:58 AM 03:28 AM 05:59 AM 08:29 AM 11:00 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
Social Science (History)	Chapter-8: Women, Caste and Reform	English	01:12 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:45 PM 04:15 PM 06:46 PM 09:17 PM 11:47 PM
Mathematics	Chapter-11: Mensuration	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:12 PM 09:42 PM
General	E-Waste Management: Block 3	English	01:52 AM 04:23 AM 06:53 AM 09:24 AM 11:55 AM 02:25 PM 04:56 PM 07:26 PM 09:57 PM
Vocational Video	कक्षा 8 केश सौंदर्य उपकरणों का परिचय	Hindi	02:10 AM 04:41 AM 07:12 AM 09:42 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:15 PM
बृहस्पतिवार, 03 अक्टूबर 2024 Thursday, 03 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:57 AM 12:26 PM 02:55 PM 05:24 PM 07:54 PM 10:23 PM



Vocational Video	Ten plants for home decoration	English/hindi	12:37 AM 03:06 AM 05:35 AM 08:05 AM 10:34 AM 01:03 PM 03:32 PM 06:02 PM 08:31 PM 11:00 PM
Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-1	Hindi	12:50 AM 03:20 AM 05:49 AM 08:18 AM 10:47 AM 01:17 PM 03:46 PM 06:15 PM 08:45 PM 11:14 PM
General	Surya_Namaskar	English	01:09 AM 03:38 AM 06:08 AM 08:37 AM 11:06 AM 01:36 PM 04:05 PM 06:34 PM 09:03 PM 11:33 PM
English Honeydew	Chapter-8 A Short Monsoon Diary, Part 2	English	01:16 AM 03:45 AM 06:14 AM 08:44 AM 11:13 AM 01:42 PM 04:12 PM 06:41 PM 09:10 PM 11:39 PM
EVS	OUR ENVIRONMENT AND ENVIRONMENT LAWS	English	01:36 AM 04:05 AM 06:34 AM 09:03 AM 11:33 AM 02:02 PM 04:31 PM 07:01 PM 09:30 PM 11:59 PM
Science	Chapter-11:Force and Pressure Part 4	English	01:58 AM 04:27 AM 06:57 AM 09:26 AM 11:55 AM 02:25 PM 04:54 PM 07:23 PM 09:52 PM
Vocational Video	Hand tools	English/hindi	02:11 AM 04:40 AM 07:09 AM 09:38 AM 12:08 PM 02:37 PM 05:06 PM 07:36 PM 10:05 PM
General	Pawanmuktasana	English	02:26 AM 04:55 AM 07:24 AM 09:54 AM 12:23 PM 02:52 PM 05:21 PM 07:51 PM 10:20 PM
शुक्रवार, 04 अक्टूबर 2024 Friday, 04 October 2024			
Science	पाठ-16 प्रकाश	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:25 PM 07:55 PM 10:24 PM
General English	Episode 10 Agreeing 2	English	12:38 AM 03:08 AM 05:37 AM 08:07 AM 10:36 AM 01:05 PM 03:35 PM 06:04 PM 08:34 PM 11:03 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:54 AM 03:24 AM 05:53 AM 08:22 AM 10:52 AM 01:21 PM 03:51 PM 06:20 PM 08:49 PM 11:19 PM



General	आओ सैर करें - शिमला	Hindi	01:04 AM 03:33 AM 06:02 AM 08:32 AM 11:01 AM 01:31 PM 04:00 PM 06:29 PM 08:59 PM 11:28 PM
Social Science (Political Science)	Chapter -10 Law and Social Justice	English	01:09 AM 03:39 AM 06:08 AM 08:38 AM 11:07 AM 01:36 PM 04:06 PM 06:35 PM 09:05 PM 11:34 PM
General	Values and Types of Wetlands Part -1	English	01:31 AM 04:00 AM 06:29 AM 08:59 AM 11:28 AM 01:58 PM 04:27 PM 06:56 PM 09:26 PM 11:55 PM
Mathematics	Chapter-9: Algebraic Expressions and Identities, Part 1	English	01:37 AM 04:07 AM 06:36 AM 09:05 AM 11:35 AM 02:04 PM 04:34 PM 07:03 PM 09:32 PM
Vocational Video	Hand tools	English/hindi	02:14 AM 04:43 AM 07:13 AM 09:42 AM 12:11 PM 02:41 PM 05:10 PM 07:40 PM 10:09 PM
शनिवार, 05 अक्टूबर 2024 Saturday, 05 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	12:37 AM 03:06 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:54 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:23 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:09 PM 11:38 PM
Social Science (Geography)	Chapter 5- Industries, Part-2	English	01:27 AM 03:57 AM 06:27 AM 08:57 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:55 PM
Science	Chapter-13:Sound part 1	English	01:40 AM 04:10 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:08 PM 09:38 PM



Creative Activities: Art/Craft	Which Holds More	English	02:04 AM 04:33 AM 07:03 AM 09:33 AM 12:03 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM 04:35 AM 07:04 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:33 PM 10:03 PM
रविवार, 06 अक्टूबर 2024 Sunday, 06 October 2024			
Physical Education	प्राणायाम और ध्यान	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General	Safe Use of Internet	English	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:33 PM 06:04 PM 08:34 PM 11:05 PM
Social Science (Political Science)	पाठ 1: भारतीय संविधान	Hindi	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:39 PM 06:10 PM 08:40 PM 11:11 PM
योग	सूर्य नमस्कार	हिन्दी	01:19 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:22 PM 11:53 PM
Mathematics	Maths Activity: Solid Shapes	English	01:26 AM 03:57 AM 06:27 AM 08:57 AM 11:28 AM 01:58 PM 04:28 PM 06:59 PM 09:29 PM 11:59 PM
योग	ध्यान	हिन्दी	01:42 AM 04:12 AM 06:42 AM 09:13 AM 11:43 AM 02:13 PM 04:44 PM 07:14 PM 09:44 PM
Social Science (History)	Chapter-8: Women, Caste and Reform	English	01:46 AM 04:16 AM 06:46 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
योग	उष्ट्रासन	हिन्दी	02:07 AM 04:37 AM 07:07 AM 09:38 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
Vocational Video	वृक्षों की पहचान एवं महत्व	Hindi	02:10 AM 04:40 AM 07:10 AM 09:41 AM 12:11 PM 02:41 PM 05:12 PM 07:42 PM 10:12 PM
सोमवार, 07 अक्टूबर 2024 Monday, 07 October 2024			



Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:31 AM 05:02 AM 07:34 AM 10:05 AM 12:37 PM 03:08 PM 05:40 PM 08:11 PM 10:43 PM
EVS	SOIL POLLUTION	English	12:33 AM 03:04 AM 05:36 AM 08:07 AM 10:39 AM 01:10 PM 03:42 PM 06:13 PM 08:45 PM 11:16 PM
Social Science (Geography)	पाठ 3: खनिज और शक्ति संसाधन	Hindi	12:54 AM 03:26 AM 05:57 AM 08:29 AM 11:00 AM 01:32 PM 04:03 PM 06:35 PM 09:06 PM 11:38 PM
योग	सूर्य नमस्कार	हिन्दी	01:24 AM 03:56 AM 06:27 AM 08:59 AM 11:30 AM 02:02 PM 04:33 PM 07:05 PM 09:36 PM
English It So Happened	Chapter-6 The Fight	English	01:31 AM 04:03 AM 06:34 AM 09:06 AM 11:37 AM 02:09 PM 04:40 PM 07:11 PM 09:43 PM
Story Telling/ Value Education	छोटा या बड़ा	Hindi	01:57 AM 04:29 AM 07:00 AM 09:32 AM 12:03 PM 02:35 PM 05:06 PM 07:38 PM 10:09 PM
Mathematics	Chapter-12: Exponents and Powers, Part 1	English	02:01 AM 04:33 AM 07:04 AM 09:36 AM 12:07 PM 02:39 PM 05:10 PM 07:42 PM 10:13 PM
General	Values and Types of Wetlands Part -1	English	02:08 AM 04:39 AM 07:11 AM 09:42 AM 12:14 PM 02:45 PM 05:17 PM 07:48 PM 10:20 PM
General	Growing up Healthy	English	02:15 AM 04:46 AM 07:18 AM 09:49 AM 12:21 PM 02:52 PM 05:24 PM 07:55 PM 10:26 PM
Physical Education	चक्रासन	Hindi	02:19 AM 04:50 AM 07:22 AM 09:53 AM 12:25 PM 02:56 PM 05:28 PM 07:59 PM 10:31 PM
मंगलवार, 08 अक्टूबर 2024 Tuesday, 08 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:56 AM 12:25 PM 02:54 PM 05:23 PM 07:52 PM 10:21 PM



General	Introduction to MISSION LIFE	English	12:37 AM 03:06 AM 05:35 AM 08:04 AM 10:33 AM 01:02 PM 03:31 PM 06:00 PM 08:29 PM 10:58 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:39 AM 03:08 AM 05:37 AM 08:06 AM 10:35 AM 01:04 PM 03:33 PM 06:02 PM 08:31 PM 11:00 PM
General	Shalabhasana	English	12:49 AM 03:18 AM 05:47 AM 08:16 AM 10:45 AM 01:14 PM 03:43 PM 06:12 PM 08:41 PM 11:10 PM
EVS	Water Pollution	English	12:51 AM 03:20 AM 05:49 AM 08:18 AM 10:47 AM 01:16 PM 03:45 PM 06:14 PM 08:43 PM 11:12 PM
Social Science (Geography)	Chapter 5- Industries, Part-4	English	01:15 AM 03:44 AM 06:13 AM 08:42 AM 11:11 AM 01:40 PM 04:09 PM 06:38 PM 09:07 PM 11:36 PM
General Awareness	Reproductive Health and HIV Prevention	English	01:33 AM 04:02 AM 06:31 AM 09:00 AM 11:29 AM 01:58 PM 04:27 PM 06:56 PM 09:25 PM 11:55 PM
Science	Chapter-16: Light (Law of reflections)	English	01:39 AM 04:08 AM 06:37 AM 09:06 AM 11:35 AM 02:04 PM 04:33 PM 07:02 PM 09:31 PM
EVS	SOIL POLLUTION	English	01:56 AM 04:25 AM 06:54 AM 09:23 AM 11:52 AM 02:22 PM 04:51 PM 07:20 PM 09:49 PM
Vocational Video	Identification of trees	English/hindi	02:18 AM 04:47 AM 07:16 AM 09:45 AM 12:14 PM 02:43 PM 05:12 PM 07:41 PM 10:10 PM
बुधवार, 09 अक्टूबर 2024 Wednesday, 09 October 2024			
Science	पाठ-16 प्रकाश	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
योग	पवन मुक्तासन	हिन्दी	12:38 AM 03:09 AM 05:39 AM 08:09 AM 10:39 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:11 PM



Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:41 AM 03:12 AM 05:42 AM 08:12 AM 10:42 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:14 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:58 AM 03:28 AM 05:59 AM 08:29 AM 10:59 AM 01:29 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
Social Science (History)	Chapter-8: Women, Caste and Reform	English	01:11 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:43 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
योग	सूर्य नमस्कार	हिन्दी	01:33 AM 04:03 AM 06:33 AM 09:03 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:35 PM
Mathematics	Chapter-11: Mensuration	English	01:39 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:56 PM 07:26 PM 09:56 PM
बृहस्पतिवार, 10 अक्टूबर 2024 Thursday, 10 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:56 AM 12:25 PM 02:54 PM 05:23 PM 07:52 PM 10:21 PM
General	Safe Use of Internet	English	12:37 AM 03:06 AM 05:35 AM 08:04 AM 10:33 AM 01:02 PM 03:31 PM 06:00 PM 08:29 PM 10:58 PM
Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-1	Hindi	12:43 AM 03:12 AM 05:41 AM 08:10 AM 10:39 AM 01:08 PM 03:37 PM 06:06 PM 08:35 PM 11:04 PM
EVS	CLIMATE CHANGE	English	01:02 AM 03:31 AM 06:00 AM 08:29 AM 10:58 AM 01:27 PM 03:56 PM 06:25 PM 08:54 PM 11:23 PM
English Honeydew	Chapter-8 A Short Monsoon Diary, Part 2	English	01:25 AM 03:54 AM 06:23 AM 08:52 AM 11:21 AM 01:50 PM 04:19 PM 06:48 PM 09:17 PM 11:46 PM



General	Aao Sair Karen - Manipur	Hindi	01:44 AM 04:13 AM 06:42 AM 09:11 AM 11:40 AM 02:09 PM 04:38 PM 07:07 PM 09:36 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	हिन्दी	01:50 AM 04:19 AM 06:48 AM 09:17 AM 11:46 AM 02:15 PM 04:44 PM 07:13 PM 09:42 PM
Science	Chapter-11: Force and Pressure Part 4	English	01:51 AM 04:20 AM 06:49 AM 09:18 AM 11:47 AM 02:16 PM 04:45 PM 07:14 PM 09:43 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav (कला उत्सव)-2022	English/hindi	02:04 AM 04:33 AM 07:02 AM 09:31 AM 12:00 PM 02:29 PM 04:58 PM 07:27 PM 09:56 PM
योग	सूर्य नमस्कार	हिन्दी	02:11 AM 04:40 AM 07:09 AM 09:38 AM 12:07 PM 02:36 PM 05:05 PM 07:34 PM 10:03 PM
Science	Life Processes	English	02:18 AM 04:47 AM 07:16 AM 09:45 AM 12:14 PM 02:43 PM 05:12 PM 07:41 PM 10:10 PM
शुक्रवार, 11 अक्टूबर 2024 Friday, 11 October 2024			
Science	पाठ-16 प्रकाश	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:03 PM 08:33 PM 11:03 PM
General English	Episode 10 Agreeing 2	English	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
योग	ध्यान	हिन्दी	12:59 AM 03:29 AM 05:59 AM 08:29 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM



Social Science (Political Science)	Chapter -10 Law and Social Justice	English	01:03 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:35 PM
General English	Episode 12 Disagreeing 1	English	01:24 AM 03:54 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:26 PM 11:56 PM
Mathematics	Chapter-9: Algebraic Expressions and Identities, Part 1	English	01:38 AM 04:08 AM 06:38 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
Vocational Video	Hand tools	English/hindi	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:46 PM 10:16 PM
शनिवार, 12 अक्टूबर 2024 Saturday, 12 October 2024			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	12:37 AM 03:07 AM 05:38 AM 08:09 AM 10:39 AM 01:10 PM 03:40 PM 06:11 PM 08:42 PM 11:12 PM
General	E-Waste Management: Block 1	English	12:39 AM 03:10 AM 05:40 AM 08:11 AM 10:42 AM 01:12 PM 03:43 PM 06:13 PM 08:44 PM 11:15 PM
Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:51 AM 03:22 AM 05:52 AM 08:23 AM 10:54 AM 01:24 PM 03:55 PM 06:26 PM 08:56 PM 11:27 PM
General	E-Waste Management: Block 2	English	01:08 AM 03:38 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:12 PM 06:42 PM 09:13 PM 11:44 PM
Social Science (Geography)	Chapter 5- Industries, Part-2	English	01:22 AM 03:53 AM 06:24 AM 08:54 AM 11:25 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:58 PM
General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	01:35 AM 04:05 AM 06:36 AM 09:07 AM 11:37 AM 02:08 PM 04:39 PM 07:09 PM 09:40 PM



Science	Chapter-13:Sound part 1	English	01:47 AM 04:17 AM 06:48 AM 09:19 AM 11:49 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM
General Awareness Programme	Migratory Birds	English	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:13 PM 02:44 PM 05:14 PM 07:45 PM 10:16 PM
Vocational Video	Hand tools	English/hindi	02:13 AM 04:44 AM 07:14 AM 09:45 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
योग	अर्ध चक्रासना	हिन्दी	02:28 AM 04:59 AM 07:29 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:03 PM 10:33 PM
रविवार, 13 अक्टूबर 2024 Sunday, 13 October 2024			
Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:26 PM 02:56 PM 05:25 PM 07:54 PM 10:24 PM
General English	Episode 11 Agreeing 3	English	12:36 AM 03:05 AM 05:34 AM 08:04 AM 10:33 AM 01:02 PM 03:32 PM 06:01 PM 08:30 PM 11:00 PM
Social Science (Political Science)	पाठ 1: भारतीय संविधान	Hindi	12:46 AM 03:15 AM 05:45 AM 08:14 AM 10:43 AM 01:13 PM 03:42 PM 06:11 PM 08:41 PM 11:10 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	01:28 AM 03:57 AM 06:27 AM 08:56 AM 11:25 AM 01:55 PM 04:24 PM 06:53 PM 09:23 PM 11:52 PM
Mathematics	Maths Activity: Solid Shapes	English	01:30 AM 04:00 AM 06:29 AM 08:58 AM 11:28 AM 01:57 PM 04:26 PM 06:56 PM 09:25 PM 11:54 PM
General English	Episode 3 Greeting Strangers	English	01:46 AM 04:15 AM 06:44 AM 09:14 AM 11:43 AM 02:12 PM 04:42 PM 07:11 PM 09:40 PM
Social Science (History)	Chapter-8: Women, Caste and Reform	English	01:58 AM 04:27 AM 06:56 AM 09:26 AM 11:55 AM 02:24 PM 04:54 PM 07:23 PM 09:52 PM



Vocational Video	Seed Germination	English/hindi	02:19 AM 04:48 AM 07:17 AM 09:47 AM 12:16 PM 02:45 PM 05:15 PM 07:44 PM 10:13 PM
योग	नाडीशोधन प्राणायाम	हिन्दी	02:25 AM 04:55 AM 07:24 AM 09:53 AM 12:23 PM 02:52 PM 05:21 PM 07:51 PM 10:20 PM
सोमवार, 14 अक्टूबर 2024 Monday, 14 October 2024			
Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:07 PM 05:38 PM 08:09 PM 10:40 PM
EVS	HUMAN RESOURCES AND POPULATION	English	12:26 AM 02:57 AM 05:28 AM 07:59 AM 10:30 AM 01:02 PM 03:33 PM 06:04 PM 08:35 PM 11:06 PM
Social Science (Geography)	पाठ 3: खनिज और शक्ति संसाधन	Hindi	12:47 AM 03:19 AM 05:50 AM 08:21 AM 10:52 AM 01:23 PM 03:54 PM 06:26 PM 08:57 PM 11:28 PM
English It So Happened	Chapter-6 The Fight	English	01:17 AM 03:49 AM 06:20 AM 08:51 AM 11:22 AM 01:53 PM 04:24 PM 06:56 PM 09:27 PM 11:58 PM
General English	Episode 2 Greeting an Acquaintance	English	01:44 AM 04:15 AM 06:46 AM 09:17 AM 11:48 AM 02:19 PM 04:51 PM 07:22 PM 09:53 PM
योग	सूर्य नमस्कार	हिन्दी	01:52 AM 04:24 AM 06:55 AM 09:26 AM 11:57 AM 02:28 PM 04:59 PM 07:31 PM 10:02 PM
Mathematics	Chapter-12: Exponents and Powers, Part 1	English	01:59 AM 04:30 AM 07:01 AM 09:33 AM 12:04 PM 02:35 PM 05:06 PM 07:37 PM 10:08 PM
General English	Episode 13 Disagreeing 2	English	02:06 AM 04:37 AM 07:08 AM 09:39 AM 12:10 PM 02:41 PM 05:13 PM 07:44 PM 10:15 PM
Vocational Video	Identification of trees	English/hindi	02:20 AM 04:51 AM 07:23 AM 09:54 AM 12:25 PM 02:56 PM 05:27 PM 07:58 PM 10:30 PM
मंगलवार, 15 अक्टूबर 2024 Tuesday, 15 October 2024			



DD Free Dish Channel #30



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Jio TV



NCERT OFFICIAL



Dish TV Channel #2029

Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
General Awareness Programme	Personal Safety	English	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:10 PM 03:40 PM 06:11 PM 08:41 PM 11:12 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:51 AM 03:22 AM 05:52 AM 08:23 AM 10:53 AM 01:24 PM 03:55 PM 06:25 PM 08:56 PM 11:26 PM
Social Science (Geography)	Chapter 5- Industries, Part-4	English	01:20 AM 03:50 AM 06:21 AM 08:52 AM 11:22 AM 01:53 PM 04:23 PM 06:54 PM 09:25 PM 11:55 PM
General Awareness Programme	Jaliawallah Bagh- the struggle	English	01:38 AM 04:09 AM 06:39 AM 09:10 AM 11:40 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
Science	Chapter-16: Light (Law of reflections)	English	01:51 AM 04:21 AM 06:52 AM 09:23 AM 11:53 AM 02:24 PM 04:54 PM 07:25 PM 09:56 PM
General English	Episode 8 Making Requests 2	English	02:08 AM 04:39 AM 07:10 AM 09:40 AM 12:11 PM 02:41 PM 05:12 PM 07:43 PM 10:13 PM
Vocational Video	Identification of trees	English/hindi	02:16 AM 04:47 AM 07:17 AM 09:48 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:21 PM
योग	नाड़ीशोधन प्राणायाम	हिन्दी	02:27 AM 04:57 AM 07:28 AM 09:58 AM 12:29 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
बुधवार, 16 अक्टूबर 2024 Wednesday, 16 October 2024			
Science	पाठ-16 प्रकाश	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
General	Introduction to MISSION LIFE	English	12:31 AM 03:02 AM 05:33 AM 08:04 AM 10:35 AM 01:06 PM 03:37 PM 06:08 PM 08:39 PM 11:10 PM



Sanskrit	पाठ-9 सप्तभगिन्यः, भाग 1	Hindi	12:34 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:08 PM 03:39 PM 06:10 PM 08:41 PM 11:12 PM
EVS	DISASTER MANAGEMENT	English	12:51 AM 03:21 AM 05:52 AM 08:23 AM 10:54 AM 01:25 PM 03:56 PM 06:27 PM 08:58 PM 11:29 PM
Social Science (History)	Chapter-8: Women, Caste and Reform	English	01:09 AM 03:40 AM 06:11 AM 08:42 AM 11:13 AM 01:44 PM 04:15 PM 06:46 PM 09:17 PM 11:48 PM
General	Values and Types of Wetlands Part -2	English	01:30 AM 04:01 AM 06:32 AM 09:03 AM 11:34 AM 02:05 PM 04:36 PM 07:07 PM 09:38 PM
Mathematics	Chapter-12: Exponents and Powers, Part 2	English	01:39 AM 04:09 AM 06:40 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:15 PM 09:46 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:49 AM 04:20 AM 06:51 AM 09:21 AM 11:52 AM 02:23 PM 04:54 PM 07:25 PM 09:56 PM
Vocational Video	Ten plants for home decoration	English/hindi	02:10 AM 04:41 AM 07:12 AM 09:43 AM 12:14 PM 02:45 PM 05:16 PM 07:47 PM 10:17 PM
योग	सूर्य नमस्कार	हिन्दी	02:24 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:58 PM 05:29 PM 08:00 PM 10:31 PM
बृहस्पतिवार, 17 अक्टूबर 2024 Thursday, 17 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:57 AM 12:26 PM 02:55 PM 05:25 PM 07:54 PM 10:23 PM
General	सरदार वल्लभ भाई पटेल	Hindi	12:26 AM 02:55 AM 05:24 AM 07:54 AM 10:23 AM 12:52 PM 03:22 PM 05:51 PM 08:20 PM 10:50 PM
Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-1	Hindi	12:29 AM 02:59 AM 05:28 AM 07:57 AM 10:26 AM 12:56 PM 03:25 PM 05:54 PM 08:24 PM 10:53 PM



General	Single Use Plastic	हिन्दी	12:48 AM 03:17 AM 05:47 AM 08:16 AM 10:45 AM 01:15 PM 03:44 PM 06:13 PM 08:43 PM 11:12 PM
English Honeydew	Chapter-9: The Great Stone Face - I	English	12:50 AM 03:19 AM 05:48 AM 08:18 AM 10:47 AM 01:16 PM 03:46 PM 06:15 PM 08:44 PM 11:14 PM
EVS	DISASTER MANAGEMENT	English	01:16 AM 03:46 AM 06:15 AM 08:44 AM 11:13 AM 01:43 PM 04:12 PM 06:41 PM 09:11 PM 11:40 PM
Science	Chapter-11: Force and Pressure Part 5	English	01:35 AM 04:04 AM 06:34 AM 09:03 AM 11:32 AM 02:02 PM 04:31 PM 07:00 PM 09:30 PM 11:59 PM
General	E-Waste Management: Film 2	English	01:53 AM 04:22 AM 06:51 AM 09:21 AM 11:50 AM 02:19 PM 04:49 PM 07:18 PM 09:47 PM
Vocational Video	Hand tools	English/hindi	02:02 AM 04:31 AM 07:00 AM 09:30 AM 11:59 AM 02:28 PM 04:58 PM 07:27 PM 09:56 PM
योग	ध्यान	हिन्दी	02:17 AM 04:46 AM 07:16 AM 09:45 AM 12:14 PM 02:44 PM 05:13 PM 07:42 PM 10:11 PM
Science	Properties of Acids and Bases	English	02:21 AM 04:50 AM 07:20 AM 09:49 AM 12:18 PM 02:48 PM 05:17 PM 07:46 PM 10:16 PM
शुक्रवार, 18 अक्टूबर 2024 Friday, 18 October 2024			
Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
General	E-Waste Management: Block 4.2	English	12:26 AM 02:55 AM 05:25 AM 07:54 AM 10:24 AM 12:53 PM 03:23 PM 05:52 PM 08:22 PM 10:51 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:38 AM 03:07 AM 05:37 AM 08:06 AM 10:36 AM 01:05 PM 03:35 PM 06:04 PM 08:34 PM 11:03 PM



Social Science (Political Science)	Chapter-10: Law and Social Justice, part 1	English	01:07 AM 03:36 AM 06:06 AM 08:35 AM 11:05 AM 01:34 PM 04:03 PM 06:33 PM 09:02 PM 11:32 PM
General	जादुई किताब	Hindi	01:41 AM 04:10 AM 06:40 AM 09:09 AM 11:39 AM 02:08 PM 04:38 PM 07:07 PM 09:37 PM
Mathematics	Chapter-9 Algebraic Expressions and Identities, Part 2	English	01:57 AM 04:26 AM 06:56 AM 09:25 AM 11:55 AM 02:24 PM 04:54 PM 07:23 PM 09:53 PM
शनिवार, 19 अक्टूबर 2024 Saturday, 19 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
General	E-Waste Management: Block 1	English	12:26 AM 02:56 AM 05:27 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM
Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:43 PM 11:13 PM
General	E-Waste Management: Block 2	English	12:55 AM 03:25 AM 05:56 AM 08:26 AM 10:57 AM 01:28 PM 03:58 PM 06:29 PM 08:59 PM 11:30 PM
Social Science (Geography)	Chapter 5- Industries, Part-3	English	01:09 AM 03:40 AM 06:10 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
General	Values and Types of Wetlands Part -1	English	01:21 AM 03:52 AM 06:22 AM 08:53 AM 11:23 AM 01:54 PM 04:24 PM 06:55 PM 09:26 PM 11:56 PM
Science	Chapter-13:Sound part 2	English	01:28 AM 03:58 AM 06:29 AM 08:59 AM 11:30 AM 02:01 PM 04:31 PM 07:02 PM 09:32 PM
General Awareness Programme	Migratory Birds	English	01:48 AM 04:19 AM 06:50 AM 09:20 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:53 PM



Vocational Video	Hand tools	English/hindi	01:51 AM 04:21 AM 06:52 AM 09:23 AM 11:53 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
General Awareness Programme	Dr. B.R. Ambedkar - Part 1	English/hindi	02:06 AM 04:37 AM 07:07 AM 09:38 AM 12:08 PM 02:39 PM 05:09 PM 07:40 PM 10:11 PM
योग	सूर्य नमस्कार	हिन्दी	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:26 PM 02:56 PM 05:27 PM 07:57 PM 10:28 PM
रविवार, 20 अक्टूबर 2024 Sunday, 20 October 2024			
Physical Education	प्राणायाम और ध्यान	Hindi	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:26 PM
General English	Episode 11 Agreeing 3	English	12:38 AM 03:08 AM 05:37 AM 08:07 AM 10:37 AM 01:06 PM 03:36 PM 06:05 PM 08:35 PM 11:04 PM
Social Science (Political Science)	पाठ 2: धर्मनिरपेक्षता की समझ	Hindi	12:48 AM 03:18 AM 05:47 AM 08:17 AM 10:47 AM 01:16 PM 03:46 PM 06:15 PM 08:45 PM 11:14 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	01:14 AM 03:44 AM 06:13 AM 08:43 AM 11:13 AM 01:42 PM 04:12 PM 06:41 PM 09:11 PM 11:40 PM
Mathematics	Maths Activity: Upper Primary Mathematical Kit	English	01:17 AM 03:46 AM 06:16 AM 08:45 AM 11:15 AM 01:44 PM 04:14 PM 06:44 PM 09:13 PM 11:43 PM
General English	Episode 3 Greeting Strangers	English	01:28 AM 03:57 AM 06:27 AM 08:57 AM 11:26 AM 01:56 PM 04:25 PM 06:55 PM 09:24 PM 11:54 PM
Social Science (History)	Ch-8: Women, Caste and Reform, Part 1	English	01:40 AM 04:09 AM 06:39 AM 09:09 AM 11:38 AM 02:08 PM 04:37 PM 07:07 PM 09:36 PM
Vocational Video	Seed Germination	English/hindi	02:01 AM 04:31 AM 07:00 AM 09:30 AM 12:00 PM 02:29 PM 04:59 PM 07:28 PM 09:58 PM



General Awareness Programme	Personal Safety	English	02:08 AM 04:38 AM 07:07 AM 09:37 AM 12:06 PM 02:36 PM 05:05 PM 07:35 PM 10:05 PM
योग	सूर्य नमस्कार	हिन्दी	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:21 PM 02:50 PM 05:20 PM 07:49 PM 10:19 PM
सोमवार, 21 अक्टूबर 2024 Monday, 21 October 2024			
Science	पाठ-18 वायु तथा जल का प्रदूषण	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
General Awareness Programme	Dr. B.R. Ambedkar - Part 2	English/hindi	12:23 AM 02:53 AM 05:23 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:52 PM
Social Science (Geography)	पाठ-4: कृषि	Hindi	12:46 AM 03:15 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:45 PM 11:15 PM
English It So Happened	Chapter-7 The Open Window	English	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:14 AM 01:44 PM 04:14 PM 06:44 PM 09:14 PM 11:44 PM
General English	Episode 2 Greeting an Acquaintance	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM
General	Nadishodhan Pranayam	English	01:37 AM 04:07 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Mathematics	Chapter-12: Exponents and Powers, Part 2	English	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:09 PM 09:39 PM
General English	Episode 13 Disagreeing 2	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:49 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
मंगलवार, 22 अक्टूबर 2024 Tuesday, 22 October 2024			



Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:28 PM 02:57 PM 05:27 PM 07:56 PM 10:26 PM
General Awareness Programme	Personal Safety	English	12:26 AM 02:55 AM 05:25 AM 07:55 AM 10:24 AM 12:54 PM 03:23 PM 05:53 PM 08:23 PM 10:52 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:40 AM 03:10 AM 05:39 AM 08:09 AM 10:39 AM 01:08 PM 03:38 PM 06:07 PM 08:37 PM 11:07 PM
Social Science (Geography)	Chapter 5- Industries, Part-5	English	01:09 AM 03:39 AM 06:08 AM 08:38 AM 11:07 AM 01:37 PM 04:07 PM 06:36 PM 09:06 PM 11:35 PM
General Awareness Programme	Jaliawallah Bagh- the struggle	English	01:26 AM 03:55 AM 06:25 AM 08:54 AM 11:24 AM 01:54 PM 04:23 PM 06:53 PM 09:22 PM 11:52 PM
Science	Chapter-16: Light (Multiple Images and Sunlight)Part II	English	01:38 AM 04:08 AM 06:38 AM 09:07 AM 11:37 AM 02:06 PM 04:36 PM 07:06 PM 09:35 PM
General English	Episode 8 Making Requests 2	English	01:51 AM 04:20 AM 06:50 AM 09:19 AM 11:49 AM 02:19 PM 04:48 PM 07:18 PM 09:47 PM
Vocational Video	Identification of trees	English/hindi	01:58 AM 04:28 AM 06:58 AM 09:27 AM 11:57 AM 02:26 PM 04:56 PM 07:26 PM 09:55 PM
General Awareness Programme	Life cycle of a Plant	Hindi	02:09 AM 04:38 AM 07:08 AM 09:38 AM 12:07 PM 02:37 PM 05:06 PM 07:36 PM 10:06 PM
योग	ध्यान	हिन्दी	02:25 AM 04:55 AM 07:24 AM 09:54 AM 12:23 PM 02:53 PM 05:23 PM 07:52 PM 10:22 PM
बुधवार, 23 अक्टूबर 2024 Wednesday, 23 October 2024			
Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:24 PM



Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:28 AM 02:57 AM 05:27 AM 07:56 AM 10:26 AM 12:55 PM 03:25 PM 05:54 PM 08:23 PM 10:53 PM
General	Setu Bandhasana	English	12:45 AM 03:14 AM 05:43 AM 08:13 AM 10:42 AM 01:12 PM 03:41 PM 06:11 PM 08:40 PM 11:10 PM
Social Science (History)	Ch-8: Women, Caste and Reform, Part 1	English	12:47 AM 03:16 AM 05:46 AM 08:15 AM 10:45 AM 01:14 PM 03:44 PM 06:13 PM 08:43 PM 11:12 PM
General	Values and Types of Wetlands Part -2	English	01:09 AM 03:38 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:05 PM 06:35 PM 09:04 PM 11:33 PM
Mathematics	Chapter-12: Exponents and Powers, Part 2	English	01:17 AM 03:46 AM 06:15 AM 08:45 AM 11:14 AM 01:44 PM 04:13 PM 06:43 PM 09:12 PM 11:41 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:27 AM 03:56 AM 06:26 AM 08:55 AM 11:24 AM 01:54 PM 04:23 PM 06:53 PM 09:22 PM 11:52 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:48 AM 04:18 AM 06:47 AM 09:16 AM 11:46 AM 02:15 PM 04:45 PM 07:14 PM 09:44 PM
योग	सूर्य नमस्कार	हिन्दी	02:22 AM 04:52 AM 07:21 AM 09:50 AM 12:20 PM 02:49 PM 05:19 PM 07:48 PM 10:18 PM
बृहस्पतिवार, 24 अक्टूबर 2024 Thursday, 24 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:31 AM 05:02 AM 07:34 AM 10:05 AM 12:36 PM 03:08 PM 05:39 PM 08:10 PM 10:42 PM
General	सरदार वल्लभ भाई पटेल	Hindi	12:26 AM 02:57 AM 05:29 AM 08:00 AM 10:31 AM 01:03 PM 03:34 PM 06:05 PM 08:37 PM 11:08 PM
Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-2	Hindi	12:29 AM 03:01 AM 05:32 AM 08:03 AM 10:35 AM 01:06 PM 03:37 PM 06:09 PM 08:40 PM 11:11 PM

General	Single Use Plastic	हिन्दी	12:50 AM 03:21 AM 05:53 AM 08:24 AM 10:55 AM 01:27 PM 03:58 PM 06:29 PM 09:01 PM 11:32 PM
English Honeydew	Chapter-9: The Great Stone Face - I	English	12:52 AM 03:23 AM 05:54 AM 08:26 AM 10:57 AM 01:28 PM 04:00 PM 06:31 PM 09:03 PM 11:34 PM
General	What is Science?	English	01:18 AM 03:50 AM 06:21 AM 08:52 AM 11:24 AM 01:55 PM 04:26 PM 06:58 PM 09:29 PM
Science	Chapter-11: Force and Pressure Part 5	English	01:36 AM 04:08 AM 06:39 AM 09:10 AM 11:42 AM 02:13 PM 04:44 PM 07:16 PM 09:47 PM
Vocational Video	Hand tools	English/hindi	01:54 AM 04:25 AM 06:57 AM 09:28 AM 11:59 AM 02:31 PM 05:02 PM 07:33 PM 10:05 PM
EVS	SOIL POLLUTION	English	02:09 AM 04:40 AM 07:12 AM 09:43 AM 12:14 PM 02:46 PM 05:17 PM 07:49 PM 10:20 PM
शुक्रवार, 25 अक्टूबर 2024 Friday, 25 October 2024			
Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
योग	नाडीशोधन प्राणायाम	हिन्दी	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
Social Science (Political Science)	Chapter-10: Law and Social Justice, part 1	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
योग	ध्यान	हिन्दी	01:37 AM 04:07 AM 06:37 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM



General	जादुई किताब	Hindi	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
Mathematics	Chapter-9 Algebraic Expressions and Identities, Part 2	English	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
शनिवार, 26 अक्टूबर 2024 Saturday, 26 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:28 AM 02:58 AM 05:28 AM 07:58 AM 10:28 AM 12:58 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
General	E-Waste Management: Block 2	English	12:45 AM 03:15 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:45 PM 11:15 PM
Social Science (Geography)	Chapter 5- Industries, Part-3	English	12:59 AM 03:29 AM 05:59 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
General	Values and Types of Wetlands Part -1	English	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:42 PM
Science	Chapter-13:Sound part 2	English	01:18 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:38 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	02:13 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
रविवार, 27 अक्टूबर 2024 Sunday, 27 October 2024			



Physical Education	सूक्ष्म योगिक व्यायाम	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
General English	Episode 11 Agreeing 3	English	12:43 AM 03:13 AM 05:44 AM 08:15 AM 10:45 AM 01:16 PM 03:47 PM 06:17 PM 08:48 PM 11:19 PM
Social Science (Political Science)	पाठ 2: धर्मनिरपेक्षता की समझ	Hindi	12:53 AM 03:23 AM 05:54 AM 08:25 AM 10:55 AM 01:26 PM 03:57 PM 06:27 PM 08:58 PM 11:29 PM
सामान्य	आज़ादी की अमृत कहानियां (आरोही पण्डित- वायु)	हिन्दी	01:19 AM 03:49 AM 06:20 AM 08:51 AM 11:21 AM 01:52 PM 04:23 PM 06:53 PM 09:24 PM 11:55 PM
Mathematics	Maths Activity: Upper Primary Mathematical Kit	English	01:21 AM 03:52 AM 06:22 AM 08:53 AM 11:24 AM 01:54 PM 04:25 PM 06:56 PM 09:26 PM 11:57 PM
General English	Episode 3 Greeting Strangers	English	01:32 AM 04:03 AM 06:34 AM 09:04 AM 11:35 AM 02:06 PM 04:36 PM 07:07 PM 09:38 PM
Social Science (History)	Ch-8: Women, Caste and Reform, Part 1	English	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:18 PM 04:48 PM 07:19 PM 09:50 PM
Vocational Video	Seed Germination	English/hindi	02:06 AM 04:36 AM 07:07 AM 09:38 AM 12:08 PM 02:39 PM 05:10 PM 07:40 PM 10:11 PM
General Awareness Programme	Personal Safety	English	02:12 AM 04:43 AM 07:14 AM 09:44 AM 12:15 PM 02:46 PM 05:16 PM 07:47 PM 10:18 PM
योग	नाडीशोधन प्राणायाम	हिन्दी	02:27 AM 04:57 AM 07:28 AM 09:59 AM 12:29 PM 03:00 PM 05:31 PM 08:01 PM 10:32 PM
सोमवार, 28 अक्टूबर 2024 Monday, 28 October 2024			
Science	पाठ-18 वायु तथा जल का प्रदूषण	Hindi	12:00 AM 02:31 AM 05:03 AM 07:34 AM 10:06 AM 12:37 PM 03:09 PM 05:40 PM 08:12 PM 10:43 PM



योग	ताडसना	हिन्दी	12:16 AM 02:47 AM 05:19 AM 07:50 AM 10:22 AM 12:53 PM 03:25 PM 05:56 PM 08:28 PM 10:59 PM
General Awareness Programme	Dr. B.R. Ambedkar - Part 2	English/hindi	12:18 AM 02:50 AM 05:21 AM 07:53 AM 10:24 AM 12:56 PM 03:27 PM 05:59 PM 08:30 PM 11:02 PM
Social Science (Geography)	पाठ-4: कृषि	Hindi	12:41 AM 03:12 AM 05:44 AM 08:15 AM 10:47 AM 01:18 PM 03:50 PM 06:21 PM 08:53 PM 11:24 PM
English It So Happened	Chapter-7 The Open Window	English	01:10 AM 03:42 AM 06:13 AM 08:45 AM 11:16 AM 01:48 PM 04:19 PM 06:51 PM 09:22 PM 11:54 PM
General English	Episode 2 Greeting an Acquaintance	English	01:23 AM 03:55 AM 06:26 AM 08:58 AM 11:29 AM 02:01 PM 04:32 PM 07:04 PM 09:35 PM
Mathematics	Chapter-12: Exponents and Powers, Part 2	English	01:32 AM 04:04 AM 06:35 AM 09:07 AM 11:38 AM 02:10 PM 04:41 PM 07:13 PM 09:44 PM
General English	Episode 13 Disagreeing 2	English	01:42 AM 04:14 AM 06:45 AM 09:17 AM 11:48 AM 02:20 PM 04:51 PM 07:23 PM 09:54 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:57 AM 04:28 AM 07:00 AM 09:31 AM 12:03 PM 02:34 PM 05:06 PM 07:37 PM 10:09 PM
मंगलवार, 29 अक्टूबर 2024 Tuesday, 29 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General Awareness Programme	Personal Safety	English	12:26 AM 02:56 AM 05:27 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:29 PM 10:59 PM
Hindi	पाठ 1: ध्वनि	Hindi	12:40 AM 03:11 AM 05:41 AM 08:11 AM 10:42 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:13 PM



Social Science (Geography)	Chapter 5- Industries, Part-5	English	01:09 AM 03:39 AM 06:10 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
General Awareness Programme	Jaliawallah Bagh- the struggle	English	01:26 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:57 PM 04:28 PM 06:58 PM 09:28 PM 11:59 PM
Science	Chapter-16: Light (Multiple Images and Sunlight)Part II	English	01:38 AM 04:09 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:40 PM 07:11 PM 09:41 PM
General English	Episode 8 Making Requests 2	English	01:51 AM 04:21 AM 06:51 AM 09:22 AM 11:52 AM 02:22 PM 04:53 PM 07:23 PM 09:53 PM
Vocational Video	Hand tools	English/hindi	01:58 AM 04:29 AM 06:59 AM 09:29 AM 12:00 PM 02:30 PM 05:00 PM 07:31 PM 10:01 PM
General Awareness Programme	Life cycle of a Plant	Hindi	02:14 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:45 PM 05:16 PM 07:46 PM 10:16 PM
बुधवार, 30 अक्टूबर 2024 Wednesday, 30 October 2024			
Science	पाठ-17 तारे एवं सौर परिवार	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:24 PM
Sanskrit	पाठ-10 नीतिनवनीतम्, भाग 1	Hindi	12:28 AM 02:57 AM 05:27 AM 07:56 AM 10:26 AM 12:55 PM 03:25 PM 05:54 PM 08:23 PM 10:53 PM
General	Setu Bandhasana	English	12:45 AM 03:14 AM 05:43 AM 08:13 AM 10:42 AM 01:12 PM 03:41 PM 06:11 PM 08:40 PM 11:10 PM
Social Science (History)	Ch-8: Women, Caste and Reform, Part 1	English	12:47 AM 03:16 AM 05:46 AM 08:15 AM 10:45 AM 01:14 PM 03:44 PM 06:13 PM 08:43 PM 11:12 PM
General	Values and Types of Wetlands Part -2	English	01:09 AM 03:38 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:05 PM 06:35 PM 09:04 PM 11:33 PM



Mathematics	Chapter-12: Exponents and Powers, Part 2	English	01:17 AM 03:46 AM 06:15 AM 08:45 AM 11:14 AM 01:44 PM 04:13 PM 06:43 PM 09:12 PM 11:41 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	01:27 AM 03:56 AM 06:26 AM 08:55 AM 11:24 AM 01:54 PM 04:23 PM 06:53 PM 09:22 PM 11:52 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:48 AM 04:18 AM 06:47 AM 09:16 AM 11:46 AM 02:15 PM 04:45 PM 07:14 PM 09:44 PM
योग	सूर्य नमस्कार	हिन्दी	02:22 AM 04:52 AM 07:21 AM 09:50 AM 12:20 PM 02:49 PM 05:19 PM 07:48 PM 10:18 PM
बृहस्पतिवार, 31 अक्टूबर 2024 Thursday, 31 October 2024			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:31 AM 05:03 AM 07:35 AM 10:07 AM 12:39 PM 03:11 PM 05:43 PM 08:15 PM 10:47 PM
General	सरदार वल्लभ भाई पटेल	Hindi	12:26 AM 02:58 AM 05:30 AM 08:02 AM 10:34 AM 01:06 PM 03:38 PM 06:10 PM 08:42 PM 11:14 PM
Social Science (History)	पाठ 4: आदिवासी; दीकु और एक स्वर्ण युग की कल्पना, भाग-2	Hindi	12:29 AM 03:01 AM 05:33 AM 08:05 AM 10:37 AM 01:09 PM 03:41 PM 06:13 PM 08:45 PM 11:17 PM
General	Single Use Plastic	हिन्दी	12:50 AM 03:22 AM 05:54 AM 08:26 AM 10:58 AM 01:30 PM 04:02 PM 06:34 PM 09:06 PM 11:38 PM
English Honeydew	Chapter-9: The Great Stone Face - I	English	12:52 AM 03:24 AM 05:56 AM 08:28 AM 11:00 AM 01:32 PM 04:04 PM 06:36 PM 09:07 PM 11:39 PM
General	What is Science?	English	01:18 AM 03:50 AM 06:22 AM 08:54 AM 11:26 AM 01:58 PM 04:30 PM 07:02 PM 09:34 PM
Science	Chapter-11: Force and Pressure Part 5	English	01:36 AM 04:08 AM 06:40 AM 09:12 AM 11:44 AM 02:16 PM 04:48 PM 07:20 PM 09:52 PM



General	E-Waste Management: Film 2	English	01:54 AM 04:26 AM 06:58 AM 09:30 AM 12:02 PM 02:34 PM 05:06 PM 07:38 PM 10:10 PM
EVS	SOIL POLLUTION	English	02:03 AM 04:35 AM 07:07 AM 09:39 AM 12:11 PM 02:43 PM 05:15 PM 07:47 PM 10:19 PM
योग	सूर्य नमस्कार	हिन्दी	02:25 AM 04:57 AM 07:29 AM 10:01 AM 12:33 PM 03:05 PM 05:37 PM 08:08 PM 10:40 PM



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