

कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 6

कक्षा - 6 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 6

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत	इतिहास	हिन्दी	संस्कृत	राजनीति विज्ञान
English	Geography	History	English	Political Science	Mathematics	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



कक्षा - 6 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 6

सितंबर 2024

September 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 सितंबर 2024 Sunday, 01 September 2024			
Science (Activities)	Sorting Materials into Groups (Ch-4:Part 2)	English	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:13 AM 02:44 AM 05:15 AM 07:46 AM 10:17 AM 12:48 PM 03:19 PM 05:50 PM 08:21 PM 10:52 PM
General Awareness	Air Pollution	English	12:44 AM 03:15 AM 05:46 AM 08:17 AM 10:48 AM 01:19 PM 03:50 PM 06:21 PM 08:52 PM 11:23 PM
General Awareness	क्यों और कैसे	Hindi	01:09 AM 03:40 AM 06:11 AM 08:42 AM 11:13 AM 01:44 PM 04:15 PM 06:46 PM 09:17 PM 11:48 PM
General	Growing up Healthy	English	01:32 AM 04:03 AM 06:34 AM 09:05 AM 11:36 AM 02:07 PM 04:38 PM 07:09 PM 09:40 PM
Art & Craft	3DPopupHouseAmazingPopup GreetingCardEnglish	English	01:37 AM 04:08 AM 06:39 AM 09:10 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:45 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:41 AM 04:12 AM 06:43 AM 09:14 AM 11:45 AM 02:16 PM 04:47 PM 07:18 PM 09:49 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	02:02 AM 04:33 AM 07:04 AM 09:35 AM 12:06 PM 02:37 PM 05:08 PM 07:39 PM 10:10 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	Hindi	02:02 AM 04:33 AM 07:04 AM 09:35 AM 12:06 PM 02:37 PM 05:08 PM 07:39 PM 10:10 PM



Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	02:07 AM 04:38 AM 07:09 AM 09:40 AM 12:11 PM 02:42 PM 05:13 PM 07:44 PM 10:15 PM
Creative Activities: Art & Craft	Striking Swan	English	02:12 AM 04:43 AM 07:14 AM 09:45 AM 12:16 PM 02:47 PM 05:18 PM 07:49 PM 10:20 PM
General Awareness	Arpan-Personal safety	English	02:14 AM 04:45 AM 07:16 AM 09:47 AM 12:18 PM 02:49 PM 05:20 PM 07:51 PM 10:22 PM
सोमवार, 02 सितंबर 2024 Monday, 02 September 2024			
General Awareness	क्यों और कैसे	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
General	Emotional well being and mental health	English	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:31 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
General Awareness	Air Pollution	English	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
General	Ardha Chakrasana	English	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
General Awareness	Arpan-Personal safety	English	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:32 PM



Vocational Videos	गृह सज्जा हेतु पौधे	Hindi	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM
General	अर्ध चक्रासन	Hindi	02:10 AM 04:40 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:12 PM
Creative Activities: Art & Craft	Curlicue Origami	English	02:13 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
Science (Activities)	Seeing Through Materials (Ch-11)	English	02:17 AM 04:47 AM 07:16 AM 09:46 AM 12:16 PM 02:46 PM 05:16 PM 07:46 PM 10:16 PM
Health, Physical Education/Yoga/ Sports	सूक्ष्म योगिक व्यायाम	Hindi	02:25 AM 04:55 AM 07:25 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
मंगलवार, 03 सितंबर 2024 Tuesday, 03 September 2024			
Storytelling/Value Education	दान का हिसाब	Hindi	12:00 AM 02:27 AM 04:55 AM 07:23 AM 09:50 AM 12:18 PM 02:46 PM 05:13 PM 07:41 PM 10:09 PM
General	Bhujagasana	English	12:17 AM 02:45 AM 05:13 AM 07:40 AM 10:08 AM 12:36 PM 03:03 PM 05:31 PM 07:59 PM 10:26 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:20 AM 02:47 AM 05:15 AM 07:43 AM 10:10 AM 12:38 PM 03:06 PM 05:33 PM 08:01 PM 10:29 PM
Disaster management	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	12:26 AM 02:53 AM 05:21 AM 07:49 AM 10:16 AM 12:44 PM 03:12 PM 05:39 PM 08:07 PM 10:35 PM
Disaster management	Lightning - बिजली से एक पीड़ित के जीवन को कैसे बचाएं	Hindi	12:26 AM 02:54 AM 05:22 AM 07:50 AM 10:17 AM 12:45 PM 03:13 PM 05:40 PM 08:08 PM 10:36 PM
General	भुजंगासन	Hindi	12:27 AM 02:55 AM 05:23 AM 07:50 AM 10:18 AM 12:46 PM 03:13 PM 05:41 PM 08:09 PM 10:37 PM



General (Wetland)	Values and Types of Wetlands Part -1	English	12:30 AM 02:58 AM 05:25 AM 07:53 AM 10:21 AM 12:48 PM 03:16 PM 05:44 PM 08:11 PM 10:39 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:54 AM 03:21 AM 05:49 AM 08:17 AM 10:44 AM 01:12 PM 03:40 PM 06:07 PM 08:35 PM 11:03 PM
General Awareness	Water A Wonderfull Molecule	English	01:14 AM 03:42 AM 06:09 AM 08:37 AM 11:05 AM 01:32 PM 04:00 PM 06:28 PM 08:55 PM 11:23 PM
Storytelling/Value Education	नट खट चूहा	Hindi	02:04 AM 04:32 AM 06:59 AM 09:27 AM 11:55 AM 02:22 PM 04:50 PM 07:18 PM 09:45 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	Hindi	02:18 AM 04:45 AM 07:13 AM 09:41 AM 12:08 PM 02:36 PM 05:04 PM 07:31 PM 09:59 PM
बुधवार, 04 सितंबर 2024 Wednesday, 04 September 2024			
Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:22 AM 02:52 AM 05:22 AM 07:52 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
General	Energy Saving	English	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:36 PM 06:06 PM 08:35 PM 11:05 PM
General Awareness	Water A Wonderfull Molecule	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Vocational Videos	टूल बॉक्स	Hindi	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
General	E-Waste	English	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:35 PM
General	Introduction to MISSION LIFE	English	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM



General	भद्रासन	Hindi	01:37 AM 04:07 AM 06:37 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Cultural Heritage: Art, Music & Dance	Video 2666: Ele_ART_39 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
General	zoological-Survey-of-india	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:15 PM 09:45 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	01:49 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
Science (Activities)	Beehive (ch-1)	English	02:24 AM 04:54 AM 07:24 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:23 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:26 AM 04:56 AM 07:25 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
बृहस्पतिवार, 05 सितंबर 2024 Thursday, 05 September 2024			
General	पारस्परिक संबंध	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM 02:48 AM 05:18 AM 07:48 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
Creative Activities: Art & Craft	Paper Glider	English	12:40 AM 03:10 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:08 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	12:43 AM 03:13 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:41 PM 11:11 PM
Storytelling/Valu e Education	नट खट चूहा	Hindi	12:49 AM 03:19 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:48 PM 06:18 PM 08:47 PM 11:17 PM
General	Nadishodhan Pranayam	English	01:07 AM 03:37 AM 06:07 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:35 PM



General	नाड़ीशोधन प्राणायाम	Hindi	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
General	Waste Reduced	English	01:19 AM 03:49 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:48 PM 09:18 PM 11:48 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:21 AM 03:51 AM 06:21 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:50 PM 09:20 PM 11:49 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:26 AM 03:56 AM 06:26 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:10 PM 09:40 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:47 PM 07:17 PM 09:47 PM
Disaster management	हिमस्खलन के संकेत	Hindi	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
Art & Craft	छोटा है या बड़ा	Hindi	01:54 AM 04:24 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
Health, Physical Education/Yoga/ Sports	योग: चक्रासन	Hindi	01:58 AM 04:28 AM 06:58 AM 09:27 AM 11:57 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:14 PM 07:44 PM 10:14 PM
Science (Activities)	Separation Of Mud From Muddy Water (ch-4)	English	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:20 PM 07:50 PM 10:20 PM
शुक्रवार, 06 सितंबर 2024 Friday, 06 September 2024			
Science (Activities)	Tests for components of food (Ch-2)	English	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:57 AM 12:26 PM 02:55 PM 05:24 PM 07:54 PM 10:23 PM



Creative Activities: Art & Craft	Resonating Petals	English	12:05 AM 02:35 AM 05:04 AM 07:33 AM 10:03 AM 12:32 PM 03:01 PM 05:30 PM 08:00 PM 10:29 PM
Vocational Videos	Preparing ORS at Home	English	12:07 AM 02:36 AM 05:05 AM 07:35 AM 10:04 AM 12:33 PM 03:02 PM 05:32 PM 08:01 PM 10:30 PM
Creative Activities: Art & Craft	Striking Swan	English	12:13 AM 02:42 AM 05:11 AM 07:40 AM 10:10 AM 12:39 PM 03:08 PM 05:37 PM 08:07 PM 10:36 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:14 AM 02:44 AM 05:13 AM 07:42 AM 10:12 AM 12:41 PM 03:10 PM 05:39 PM 08:09 PM 10:38 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	12:21 AM 02:50 AM 05:19 AM 07:49 AM 10:18 AM 12:47 PM 03:16 PM 05:46 PM 08:15 PM 10:44 PM
General	Emotional well being and mental health	English	12:36 AM 03:05 AM 05:34 AM 08:03 AM 10:33 AM 01:02 PM 03:31 PM 06:00 PM 08:30 PM 10:59 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:41 AM 03:10 AM 05:39 AM 08:09 AM 10:38 AM 01:07 PM 03:36 PM 06:06 PM 08:35 PM 11:04 PM
General	Values and Types of Wetlands Part -1	English	01:09 AM 03:38 AM 06:08 AM 08:37 AM 11:06 AM 01:35 PM 04:05 PM 06:34 PM 09:03 PM 11:33 PM
General	गुरु नानक प्रकाश पर्व	Hindi	01:23 AM 03:53 AM 06:22 AM 08:51 AM 11:21 AM 01:50 PM 04:19 PM 06:48 PM 09:18 PM 11:47 PM
General	Ardha Chakrasana	English	01:35 AM 04:05 AM 06:34 AM 09:03 AM 11:32 AM 02:02 PM 04:31 PM 07:00 PM 09:30 PM 11:59 PM
Health, Physical Education/Yoga/ Sports	सूक्ष्म यौगिक व्यायाम	Hindi	01:51 AM 04:20 AM 06:50 AM 09:19 AM 11:48 AM 02:17 PM 04:47 PM 07:16 PM 09:45 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	02:04 AM 04:33 AM 07:03 AM 09:32 AM 12:01 PM 02:31 PM 05:00 PM 07:29 PM 09:58 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	02:12 AM 04:41 AM 07:11 AM 09:40 AM 12:09 PM 02:38 PM 05:08 PM 07:37 PM 10:06 PM



शनिवार, 07 सितंबर 2024
Saturday, 07 September 2024

Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	12:06 AM 02:35 AM 05:05 AM 07:34 AM 10:03 AM 12:33 PM 03:02 PM 05:32 PM 08:01 PM 10:31 PM
General	Value and responsible Citizenship	English	12:30 AM 02:59 AM 05:29 AM 07:58 AM 10:28 AM 12:57 PM 03:27 PM 05:56 PM 08:26 PM 10:55 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	12:35 AM 03:04 AM 05:34 AM 08:03 AM 10:33 AM 01:02 PM 03:32 PM 06:01 PM 08:31 PM 11:00 PM
Art & Craft	3DPopupHouseAmazingPopup GreetingCardEnglish	English	12:39 AM 03:08 AM 05:38 AM 08:07 AM 10:37 AM 01:06 PM 03:36 PM 06:05 PM 08:35 PM 11:04 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:42 AM 03:12 AM 05:41 AM 08:11 AM 10:40 AM 01:10 PM 03:39 PM 06:09 PM 08:38 PM 11:08 PM
Vocational Videos	Seed Germination	English	12:45 AM 03:14 AM 05:44 AM 08:13 AM 10:43 AM 01:12 PM 03:42 PM 06:11 PM 08:41 PM 11:10 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:06 AM 03:35 AM 06:05 AM 08:34 AM 11:03 AM 01:33 PM 04:02 PM 06:32 PM 09:01 PM 11:31 PM
General	Padahastana	English	01:08 AM 03:37 AM 06:07 AM 08:36 AM 11:06 AM 01:35 PM 04:05 PM 06:34 PM 09:04 PM 11:33 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:10 AM 03:40 AM 06:09 AM 08:39 AM 11:08 AM 01:38 PM 04:07 PM 06:36 PM 09:06 PM 11:35 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Arunachal Pradesh	English	01:29 AM 03:58 AM 06:28 AM 08:57 AM 11:27 AM 01:56 PM 04:26 PM 06:55 PM 09:25 PM 11:54 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:35 AM 04:05 AM 06:34 AM 09:03 AM 11:33 AM 02:02 PM 04:32 PM 07:01 PM 09:31 PM



DD Free Dish Channel #28



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2027

General Awareness	Water A Wonderfull Molecule	English	01:38 AM 04:08 AM 06:37 AM 09:07 AM 11:36 AM 02:06 PM 04:35 PM 07:05 PM 09:34 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:58 AM 04:28 AM 06:57 AM 09:27 AM 11:56 AM 02:26 PM 04:55 PM 07:25 PM 09:54 PM
General	पादहस्तासन	Hindi	02:19 AM 04:48 AM 07:18 AM 09:47 AM 12:17 PM 02:46 PM 05:16 PM 07:45 PM 10:14 PM
General	Interpersonal Relationships	English	02:24 AM 04:54 AM 07:23 AM 09:53 AM 12:22 PM 02:52 PM 05:21 PM 07:51 PM 10:20 PM
रविवार, 08 सितंबर 2024 Sunday, 08 September 2024			
General	Values and Types of Wetlands Part -1	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
General	Waste Reduced	English	12:07 AM 02:38 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:12 PM 05:43 PM 08:13 PM 10:44 PM
Art & Craft	3DBuddhaPaperSculptorEnglish	English	12:10 AM 02:41 AM 05:11 AM 07:42 AM 10:13 AM 12:44 PM 03:14 PM 05:45 PM 08:16 PM 10:47 PM
General Awareness	Air Pollution	English	12:13 AM 02:44 AM 05:15 AM 07:45 AM 10:16 AM 12:47 PM 03:18 PM 05:48 PM 08:19 PM 10:50 PM
Science activity	Let us explore fabrics that are obtained from fibre	English	12:58 AM 03:29 AM 06:00 AM 08:31 AM 11:01 AM 01:32 PM 04:03 PM 06:34 PM 09:04 PM 11:35 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:11 AM 03:42 AM 06:13 AM 08:43 AM 11:14 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:48 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:34 AM 04:05 AM 06:36 AM 09:07 AM 11:37 AM 02:08 PM 04:39 PM 07:10 PM 09:40 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:44 PM



Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi	01:45 AM 04:16 AM 06:46 AM 09:17 AM 11:48 AM 02:19 PM 04:49 PM 07:20 PM 09:51 PM
General	Gender Equality	English	01:47 AM 04:17 AM 06:48 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:22 PM 09:52 PM
General English	Episode 7 Making Requests 1	English	01:55 AM 04:26 AM 06:56 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:30 PM 10:01 PM
General Awareness	Arpan-Personal safety	English	02:06 AM 04:37 AM 07:07 AM 09:38 AM 12:09 PM 02:40 PM 05:10 PM 07:41 PM 10:12 PM
General	राष्ट्रगान	Isl	02:20 AM 04:51 AM 07:22 AM 09:52 AM 12:23 PM 02:54 PM 05:25 PM 07:55 PM 10:26 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	02:21 AM 04:52 AM 07:23 AM 09:54 AM 12:24 PM 02:55 PM 05:26 PM 07:56 PM 10:27 PM
सोमवार, 09 सितंबर 2024 Monday, 09 September 2024			
Storytelling/Value Education	राख की रस्सी	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
General Awareness	क्यों और कैसे	Hindi	12:15 AM 02:46 AM 05:17 AM 07:48 AM 10:19 AM 12:50 PM 03:21 PM 05:52 PM 08:23 PM 10:54 PM
Health, Physical Education/Yoga/Sports	त्रिकोणासन	Hindi	12:48 AM 03:19 AM 05:51 AM 08:22 AM 10:53 AM 01:24 PM 03:55 PM 06:26 PM 08:57 PM 11:28 PM
Vocational Videos	प्लंबिंग टूल	Hindi	01:05 AM 03:36 AM 06:07 AM 08:38 AM 11:09 AM 01:40 PM 04:11 PM 06:42 PM 09:13 PM 11:44 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:19 AM 03:50 AM 06:21 AM 08:52 AM 11:23 AM 01:54 PM 04:25 PM 06:56 PM 09:27 PM 11:58 PM
General	Pawanmuktasana	English	01:29 AM 04:00 AM 06:32 AM 09:03 AM 11:34 AM 02:05 PM 04:36 PM 07:07 PM 09:38 PM



Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	01:32 AM 04:04 AM 06:35 AM 09:06 AM 11:37 AM 02:08 PM 04:39 PM 07:10 PM 09:41 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	01:50 AM 04:21 AM 06:52 AM 09:24 AM 11:55 AM 02:26 PM 04:57 PM 07:28 PM 09:59 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter- 2)	English	01:54 AM 04:25 AM 06:56 AM 09:27 AM 11:58 AM 02:29 PM 05:01 PM 07:32 PM 10:03 PM
General	पवनमुक्तासन	Hindi	02:28 AM 04:59 AM 07:30 AM 10:01 AM 12:32 PM 03:03 PM 05:34 PM 08:05 PM 10:36 PM
मंगलवार, 10 सितंबर 2024 Tuesday, 10 September 2024			
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:25 PM 07:55 PM 10:24 PM
Health, Physical Education/Yoga/ Sports	योग: चक्रासन	Hindi	12:29 AM 02:58 AM 05:28 AM 07:57 AM 10:27 AM 12:56 PM 03:25 PM 05:55 PM 08:24 PM 10:54 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:41 AM 03:11 AM 05:40 AM 08:09 AM 10:39 AM 01:08 PM 03:38 PM 06:07 PM 08:36 PM 11:06 PM
Creative Activities: Art & Craft	रोअरिंग बोतल	Hindi	12:53 AM 03:23 AM 05:52 AM 08:22 AM 10:51 AM 01:20 PM 03:50 PM 06:19 PM 08:49 PM 11:18 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	12:57 AM 03:26 AM 05:56 AM 08:25 AM 10:55 AM 01:24 PM 03:53 PM 06:23 PM 08:52 PM 11:22 PM
Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	01:14 AM 03:43 AM 06:13 AM 08:42 AM 11:12 AM 01:41 PM 04:10 PM 06:40 PM 09:09 PM 11:39 PM
Storytelling/Value Education	राख की रस्सी	Hindi	01:30 AM 03:59 AM 06:28 AM 08:58 AM 11:27 AM 01:57 PM 04:26 PM 06:55 PM 09:25 PM 11:54 PM
General	गुरु नानक प्रकाश पर्व	Hindi	02:01 AM 04:30 AM 07:00 AM 09:29 AM 11:59 AM 02:28 PM 04:57 PM 07:27 PM 09:56 PM



General	नाडीशोधन प्राणायाम	Hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:40 PM 05:09 PM 07:39 PM 10:08 PM
Cultural Heritage: Art, Music & Dance	Video 2661 : Ele_ART_34 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Kerala	English	02:16 AM 04:46 AM 07:15 AM 09:45 AM 12:14 PM 02:43 PM 05:13 PM 07:42 PM 10:12 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालवती - संस्कृत में कहानी	Hindi	02:23 AM 04:52 AM 07:22 AM 09:51 AM 12:20 PM 02:50 PM 05:19 PM 07:49 PM 10:18 PM
बुधवार, 11 सितंबर 2024 Wednesday, 11 September 2024			
General (Wetland)	Values and Types of Wetlands Part -2	English	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:09 AM 02:38 AM 05:08 AM 07:37 AM 10:07 AM 12:36 PM 03:05 PM 05:35 PM 08:04 PM 10:34 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:14 AM 02:44 AM 05:13 AM 07:43 AM 10:12 AM 12:42 PM 03:11 PM 05:40 PM 08:10 PM 10:39 PM
Disaster management	Cyclone - Secure your house	English	12:31 AM 03:00 AM 05:30 AM 07:59 AM 10:29 AM 12:58 PM 03:28 PM 05:57 PM 08:26 PM 10:56 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:32 AM 03:01 AM 05:31 AM 08:00 AM 10:30 AM 12:59 PM 03:29 PM 05:58 PM 08:27 PM 10:57 PM
Disaster management	Earthquake resistant house	English	12:49 AM 03:18 AM 05:48 AM 08:17 AM 10:47 AM 01:16 PM 03:46 PM 06:15 PM 08:44 PM 11:14 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:50 AM 03:20 AM 05:49 AM 08:19 AM 10:48 AM 01:18 PM 03:47 PM 06:17 PM 08:46 PM 11:16 PM
Creative Activities: Art & Craft	Paper Glider	English	12:52 AM 03:21 AM 05:51 AM 08:20 AM 10:50 AM 01:19 PM 03:49 PM 06:18 PM 08:48 PM 11:17 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:55 AM 03:24 AM 05:54 AM 08:23 AM 10:53 AM 01:22 PM 03:52 PM 06:21 PM 08:50 PM 11:20 PM



Creative Activities: Art & Craft	Pals Climb Peaks	English	01:04 AM 03:33 AM 06:03 AM 08:32 AM 11:02 AM 01:31 PM 04:00 PM 06:30 PM 08:59 PM 11:29 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	01:07 AM 03:36 AM 06:06 AM 08:35 AM 11:05 AM 01:34 PM 04:04 PM 06:33 PM 09:03 PM 11:32 PM
General	Emotional well being and mental health	English	01:22 AM 03:51 AM 06:21 AM 08:50 AM 11:19 AM 01:49 PM 04:18 PM 06:48 PM 09:17 PM 11:47 PM
सामान्य	Water Saved	Hindi	01:36 AM 04:05 AM 06:35 AM 09:04 AM 11:34 AM 02:03 PM 04:33 PM 07:02 PM 09:31 PM
Art & Craft	विटामिन ए की कहानी	Hindi	01:46 AM 04:16 AM 06:45 AM 09:14 AM 11:44 AM 02:13 PM 04:43 PM 07:12 PM 09:42 PM
General	राष्ट्रगान	Isl	02:04 AM 04:33 AM 07:03 AM 09:32 AM 12:01 PM 02:31 PM 05:00 PM 07:30 PM 09:59 PM
Science activity	Making a magnet using an iron nail Stroke method	English	02:05 AM 04:34 AM 07:04 AM 09:33 AM 12:03 PM 02:32 PM 05:02 PM 07:31 PM 10:00 PM
Health, Physical Education/Yoga/ Sports	पद्मासन	Hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:40 PM 05:09 PM 07:39 PM 10:08 PM
बृहस्पतिवार, 12 सितंबर 2024 Thursday, 12 September 2024			
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:00 AM 02:34 AM 05:08 AM 07:42 AM 10:16 AM 12:50 PM 03:24 PM 05:58 PM 08:33 PM 11:07 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM 02:55 AM 05:29 AM 08:03 AM 10:37 AM 01:11 PM 03:45 PM 06:20 PM 08:54 PM 11:28 PM
Vocational Videos	प्लंबिंग टूल	Hindi	12:37 AM 03:11 AM 05:46 AM 08:20 AM 10:54 AM 01:28 PM 04:02 PM 06:36 PM 09:10 PM 11:45 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:52 AM 03:26 AM 06:00 AM 08:34 AM 11:09 AM 01:43 PM 04:17 PM 06:51 PM 09:25 PM 11:59 PM



General	Gender Equality	English	12:56 AM 03:30 AM 06:04 AM 08:38 AM 11:12 AM 01:47 PM 04:21 PM 06:55 PM 09:29 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter- 2)	English	01:03 AM 03:37 AM 06:11 AM 08:45 AM 11:20 AM 01:54 PM 04:28 PM 07:02 PM 09:36 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:05 AM 03:39 AM 06:13 AM 08:47 AM 11:21 AM 01:55 PM 04:29 PM 07:04 PM 09:38 PM
General Awareness	Water A Wonderfull Molecule	English	01:13 AM 03:48 AM 06:22 AM 08:56 AM 11:30 AM 02:04 PM 04:38 PM 07:12 PM 09:46 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:38 AM 04:12 AM 06:46 AM 09:21 AM 11:55 AM 02:29 PM 05:03 PM 07:37 PM 10:11 PM
General	Shalabhasana	English	01:44 AM 04:18 AM 06:52 AM 09:26 AM 12:01 PM 02:35 PM 05:09 PM 07:43 PM 10:17 PM
General	शलभासन	Hindi	01:46 AM 04:21 AM 06:55 AM 09:29 AM 12:03 PM 02:37 PM 05:11 PM 07:45 PM 10:19 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:49 AM 04:23 AM 06:57 AM 09:31 AM 12:05 PM 02:39 PM 05:14 PM 07:48 PM 10:22 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:51 AM 04:25 AM 06:59 AM 09:33 AM 12:07 PM 02:41 PM 05:16 PM 07:50 PM 10:24 PM
General English	Episode 1 Greeting a Friend	English	01:53 AM 04:27 AM 07:01 AM 09:35 AM 12:09 PM 02:43 PM 05:17 PM 07:52 PM 10:26 PM
General	Values and Types of Wetlands Part -2	English	02:09 AM 04:43 AM 07:17 AM 09:51 AM 12:25 PM 02:59 PM 05:34 PM 08:08 PM 10:42 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	02:17 AM 04:51 AM 07:25 AM 09:59 AM 12:33 PM 03:08 PM 05:42 PM 08:16 PM 10:50 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:20 AM 04:55 AM 07:29 AM 10:03 AM 12:37 PM 03:11 PM 05:45 PM 08:19 PM 10:54 PM



Science (Activities)	Chapter 1. Food Where does it Come From? Activity: How to prepare sprouts from the whole seeds?	English	02:24 AM 04:58 AM 07:33 AM 10:07 AM 12:41 PM 03:15 PM 05:49 PM 08:23 PM 10:57 PM
शुक्रवार, 13 सितंबर 2024 Friday, 13 September 2024			
Science (Activities)	FIBRE TO FABRIC (Ch-3)	English	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:05 AM 02:35 AM 05:05 AM 07:35 AM 10:05 AM 12:35 PM 03:05 PM 05:35 PM 08:05 PM 10:35 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Cultural Heritage: Art, Music & Dance	Music - Instrumental Competition: Boys: Odisha	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Vocational Videos	Preparing ORS at Home	English	12:45 AM 03:15 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:45 PM 11:15 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Science (Activities)	Activity 4- Sieving (ch-5)	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
General	भद्रासन	Hindi	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
Science (Activities)	Activity 5- Filtration (ch-5)	English	01:29 AM 03:59 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM



General	zoological-Survey-of-india	English	01:31 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
General	Interpersonal Relationships	English	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:44 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Storytelling/Value Education	नट खट चूहा	Hindi	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Vocational Videos	IDENTIFICATION OF TREES	English	02:04 AM 04:34 AM 07:04 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
Vocational Videos	हैंड टूल	Hindi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
शनिवार, 14 सितंबर 2024 Saturday, 14 September 2024			
Creative Activities: Art & Craft	Monkey Acrobat	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Art & Craft	3DBuddhaPaperSculptorEngli sh	English	12:09 AM 02:39 AM 05:10 AM 07:40 AM 10:10 AM 12:41 PM 03:11 PM 05:41 PM 08:12 PM 10:42 PM
General Awareness	क्षेत्रफल	Hindi	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:57 PM 08:28 PM 10:58 PM
General Awareness	बात पते की	Hindi	12:50 AM 03:21 AM 05:51 AM 08:21 AM 10:52 AM 01:22 PM 03:52 PM 06:23 PM 08:53 PM 11:23 PM
General Awareness	क्यों और कैसे	Hindi	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:12 AM 01:43 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Art & Craft	पानी का फव्वारा	Hindi	01:34 AM 04:05 AM 06:35 AM 09:05 AM 11:36 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM



Vocational Videos	IDENTIFICATION OF TREES	English	01:43 AM 04:14 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:26 PM 09:57 PM
Creative Activities: Art & Craft	Slithering Snake	English	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:32 PM 10:03 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	02:01 AM 04:32 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	02:08 AM 04:38 AM 07:09 AM 09:39 AM 12:09 PM 02:40 PM 05:10 PM 07:40 PM 10:11 PM
General	ध्यान	Hindi	02:26 AM 04:56 AM 07:26 AM 09:57 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:28 PM
रविवार, 15 सितंबर 2024 Sunday, 15 September 2024			
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General	Nutrition_Health and Sanitation	English	12:12 AM 02:42 AM 05:12 AM 07:42 AM 10:12 AM 12:42 PM 03:12 PM 05:42 PM 08:12 PM 10:42 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	Hindi	12:19 AM 02:49 AM 05:19 AM 07:49 AM 10:19 AM 12:49 PM 03:19 PM 05:49 PM 08:19 PM 10:49 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Vocational Videos	Preparing ORS at Home	English	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM



Storytelling/Value Education	आम की टोकरी	Hindi	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
General	Emotional well being and mental health	English	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
General	Values and Types of Wetlands Part -1	English	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
General English	Episode 2 Greeting an Acquaintance	English	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
General	Shashankasana	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:32 PM
General	शशकासन	Hindi	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
General Awareness	क्यों और कैसे	Hindi	02:06 AM 04:36 AM 07:06 AM 09:36 AM 12:06 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM
सोमवार, 16 सितंबर 2024 Monday, 16 September 2024			
Science (Activities)	Sorting Materials into Groups (Ch-4:Part 2)	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Art & Craft	A Sunrise at Ganga Sagar	English	12:12 AM 02:42 AM 05:12 AM 07:42 AM 10:13 AM 12:43 PM 03:13 PM 05:43 PM 08:13 PM 10:43 PM



General Awareness	Air Pollution	English	12:43 AM 03:13 AM 05:43 AM 08:14 AM 10:44 AM 01:14 PM 03:44 PM 06:14 PM 08:44 PM 11:15 PM
General Awareness	क्यों और कैसे	Hindi	01:08 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:09 PM 11:40 PM
General	Growing up Healthy	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:33 PM
Art & Craft	3DPopupHouseAmazingPopup GreetingCardEnglish	English	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:42 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Navodaya Vidyalaya	English	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
Creative Activities: Art & Craft	कन्वेक्शन फैन	Hindi	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:32 PM 10:02 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	02:06 AM 04:37 AM 07:07 AM 09:37 AM 12:07 PM 02:37 PM 05:07 PM 07:38 PM 10:08 PM
Creative Activities: Art & Craft	Striking Swan	English	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
General Awareness	Arpan-Personal safety	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:15 PM 07:45 PM 10:15 PM
मंगलवार, 17 सितंबर 2024 Tuesday, 17 September 2024			
General Awareness	क्यों और कैसे	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:36 PM 03:07 PM 05:38 PM 08:09 PM 10:40 PM
Creative Activities: Art & Craft	Peace Bomb	English	12:25 AM 02:56 AM 05:27 AM 07:58 AM 10:30 AM 01:01 PM 03:32 PM 06:03 PM 08:34 PM 11:06 PM



General	Emotional well being and mental health	English	12:26 AM 02:57 AM 05:28 AM 07:59 AM 10:30 AM 01:02 PM 03:33 PM 06:04 PM 08:35 PM 11:07 PM
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:31 AM 03:02 AM 05:34 AM 08:05 AM 10:36 AM 01:07 PM 03:39 PM 06:10 PM 08:41 PM 11:12 PM
General Awareness	Air Pollution	English	12:43 AM 03:14 AM 05:46 AM 08:17 AM 10:48 AM 01:19 PM 03:51 PM 06:22 PM 08:53 PM 11:24 PM
General	Ardha Chakrasana	English	01:08 AM 03:40 AM 06:11 AM 08:42 AM 11:13 AM 01:44 PM 04:16 PM 06:47 PM 09:18 PM 11:49 PM
General Awareness	Arpan-Personal safety	English	01:10 AM 03:41 AM 06:13 AM 08:44 AM 11:15 AM 01:46 PM 04:18 PM 06:49 PM 09:20 PM 11:51 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:26 AM 03:57 AM 06:28 AM 08:59 AM 11:31 AM 02:02 PM 04:33 PM 07:04 PM 09:35 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	01:32 AM 04:03 AM 06:35 AM 09:06 AM 11:37 AM 02:08 PM 04:39 PM 07:11 PM 09:42 PM
Vocational Videos	गृह सज्जा हेतु पौधे	Hindi	01:46 AM 04:17 AM 06:48 AM 09:20 AM 11:51 AM 02:22 PM 04:53 PM 07:25 PM 09:56 PM
General	अर्ध चक्रासन	Hindi	02:10 AM 04:41 AM 07:12 AM 09:44 AM 12:15 PM 02:46 PM 05:17 PM 07:48 PM 10:20 PM
General	RBI Digital Payments Awareness Week: हॉस्पिटल में	Hindi	02:12 AM 04:43 AM 07:15 AM 09:46 AM 12:17 PM 02:48 PM 05:20 PM 07:51 PM 10:22 PM
Creative Activities: Art & Craft	Curlicue Origami	English	02:13 AM 04:44 AM 07:15 AM 09:46 AM 12:18 PM 02:49 PM 05:20 PM 07:51 PM 10:22 PM
Science (Activities)	Seeing Through Materials (Ch-11)	English	02:17 AM 04:48 AM 07:19 AM 09:50 AM 12:21 PM 02:53 PM 05:24 PM 07:55 PM 10:26 PM
Health, Physical Education/Yoga/Sports	सूक्ष्म योगिक व्यायाम	Hindi	02:25 AM 04:56 AM 07:27 AM 09:59 AM 12:30 PM 03:01 PM 05:32 PM 08:03 PM 10:35 PM



बुधवार, 18 सितंबर 2024
Wednesday, 18 September 2024

Storytelling/Value Education	दान का हिसाब	Hindi	12:00 AM 02:26 AM 04:52 AM 07:19 AM 09:45 AM 12:12 PM 02:38 PM 05:05 PM 07:31 PM 09:58 PM
General	Bhujagasana	English	12:16 AM 02:42 AM 05:09 AM 07:35 AM 10:02 AM 12:28 PM 02:55 PM 05:21 PM 07:48 PM 10:14 PM
Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:18 AM 02:45 AM 05:11 AM 07:38 AM 10:04 AM 12:31 PM 02:57 PM 05:24 PM 07:50 PM 10:17 PM
Disaster management	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	12:24 AM 02:51 AM 05:17 AM 07:44 AM 10:10 AM 12:37 PM 03:03 PM 05:29 PM 07:56 PM 10:22 PM
Disaster management	Lightning - बिजली से एक पीड़ित के जीवन को कैसे बचाएं	Hindi	12:25 AM 02:52 AM 05:18 AM 07:45 AM 10:11 AM 12:38 PM 03:04 PM 05:30 PM 07:57 PM 10:23 PM
General	भुजंगासन	Hindi	12:26 AM 02:53 AM 05:19 AM 07:45 AM 10:12 AM 12:38 PM 03:05 PM 05:31 PM 07:58 PM 10:24 PM
General (Wetland)	Values and Types of Wetlands Part -1	English	12:29 AM 02:55 AM 05:21 AM 07:48 AM 10:14 AM 12:41 PM 03:07 PM 05:34 PM 08:00 PM 10:27 PM
Vocational Videos	गमले में पौधा लगाने की विधि	Hindi	12:52 AM 03:19 AM 05:45 AM 08:12 AM 10:38 AM 01:05 PM 03:31 PM 05:58 PM 08:24 PM 10:51 PM
General Awareness	Water A Wonderful Molecule	English	01:13 AM 03:39 AM 06:05 AM 08:32 AM 10:58 AM 01:25 PM 03:51 PM 06:18 PM 08:44 PM 11:11 PM
Storytelling/Value Education	नट खट चूहा	Hindi	02:03 AM 04:29 AM 06:56 AM 09:22 AM 11:48 AM 02:15 PM 04:41 PM 07:08 PM 09:34 PM
General	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	Hindi	02:16 AM 04:43 AM 07:09 AM 09:36 AM 12:02 PM 02:29 PM 04:55 PM 07:21 PM 09:48 PM

बृहस्पतिवार, 19 सितंबर 2024
Thursday, 19 September 2024

Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
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DD Free Dish Channel #28



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Dish TV Channel #2027

Creative Activities: Art & Craft	Pals Climb Peaks	English	12:22 AM 02:52 AM 05:22 AM 07:52 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
General	Energy Saving	English	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:36 PM 06:06 PM 08:35 PM 11:05 PM
General Awareness	Water A Wonderfull Molecule	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Vocational Videos	दूध बाँक्स	Hindi	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
General	E-Waste	English	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:35 PM
General	Introduction to MISSION LIFE	English	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
General	भद्रासन	Hindi	01:37 AM 04:07 AM 06:37 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Cultural Heritage: Art, Music & Dance	Video 2666: Ele_ART_39 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Odisha	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
General	zoological-Survey-of-india	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:15 PM 09:45 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	01:49 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
Science (Activities)	Beehive (ch-1)	English	02:24 AM 04:54 AM 07:24 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:23 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:26 AM 04:56 AM 07:25 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
शुक्रवार, 20 सितंबर 2024 Friday, 20 September 2024			



General	पारस्परिक संबंध	Hindi	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
Vocational Videos	TEN PLANTS FOR HOME DECORATION	English	12:18 AM 02:48 AM 05:18 AM 07:48 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
Creative Activities: Art & Craft	Paper Glider	English	12:40 AM 03:10 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:08 PM
Cultural Heritage: Art, Music & Dance	Kaleidoscope	English	12:43 AM 03:13 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:41 PM 11:11 PM
Storytelling/Value Education	नट खट चूहा	Hindi	12:49 AM 03:19 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:48 PM 06:18 PM 08:47 PM 11:17 PM
General	Nadishodhan Pranayam	English	01:07 AM 03:37 AM 06:07 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:35 PM
General	नाडीशोधन प्राणायाम	Hindi	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
General	Waste Reduced	English	01:19 AM 03:49 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:48 PM 09:18 PM 11:48 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:21 AM 03:51 AM 06:21 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:50 PM 09:20 PM 11:49 PM
Social Science (Geography)	Land and People Series: Desert Gold	English	01:26 AM 03:56 AM 06:26 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Vocational Videos	चेंजिंग टैप वॉटर	Hindi	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:10 PM 09:40 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:47 PM 07:17 PM 09:47 PM
Disaster management	हिमस्खलन के संकेत	Hindi	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM



Art & Craft	छोटा है या बड़ा	Hindi	01:54 AM 04:24 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
Health, Physical Education/Yoga/ Sports	योग: चक्रासन	Hindi	01:58 AM 04:28 AM 06:58 AM 09:27 AM 11:57 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:14 PM 07:44 PM 10:14 PM
Science (Activities)	Separation Of Mud From Muddy Water (ch-4)	English	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:20 PM 07:50 PM 10:20 PM
शनिवार, 21 सितंबर 2024 Saturday, 21 September 2024			
Science (Activities)	Tests for components of food (Ch-2)	English	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:57 AM 12:26 PM 02:55 PM 05:24 PM 07:54 PM 10:23 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:05 AM 02:35 AM 05:04 AM 07:33 AM 10:03 AM 12:32 PM 03:01 PM 05:30 PM 08:00 PM 10:29 PM
Vocational Videos	Preparing ORS at Home	English	12:07 AM 02:36 AM 05:05 AM 07:35 AM 10:04 AM 12:33 PM 03:02 PM 05:32 PM 08:01 PM 10:30 PM
Creative Activities: Art & Craft	Striking Swan	English	12:13 AM 02:42 AM 05:11 AM 07:40 AM 10:10 AM 12:39 PM 03:08 PM 05:37 PM 08:07 PM 10:36 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:14 AM 02:44 AM 05:13 AM 07:42 AM 10:12 AM 12:41 PM 03:10 PM 05:39 PM 08:09 PM 10:38 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	12:21 AM 02:50 AM 05:19 AM 07:49 AM 10:18 AM 12:47 PM 03:16 PM 05:46 PM 08:15 PM 10:44 PM
General	Emotional well being and mental health	English	12:36 AM 03:05 AM 05:34 AM 08:03 AM 10:33 AM 01:02 PM 03:31 PM 06:00 PM 08:30 PM 10:59 PM
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:41 AM 03:10 AM 05:39 AM 08:09 AM 10:38 AM 01:07 PM 03:36 PM 06:06 PM 08:35 PM 11:04 PM



General	Values and Types of Wetlands Part -1	English	01:09 AM 03:38 AM 06:08 AM 08:37 AM 11:06 AM 01:35 PM 04:05 PM 06:34 PM 09:03 PM 11:33 PM
General	गुरु नानक प्रकाश पर्व	Hindi	01:23 AM 03:53 AM 06:22 AM 08:51 AM 11:21 AM 01:50 PM 04:19 PM 06:48 PM 09:18 PM 11:47 PM
General	Ardha Chakrasana	English	01:35 AM 04:05 AM 06:34 AM 09:03 AM 11:32 AM 02:02 PM 04:31 PM 07:00 PM 09:30 PM 11:59 PM
Health, Physical Education/Yoga/Sports	सूक्ष्म योगिक व्यायाम	Hindi	01:51 AM 04:20 AM 06:50 AM 09:19 AM 11:48 AM 02:17 PM 04:47 PM 07:16 PM 09:45 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	02:04 AM 04:33 AM 07:03 AM 09:32 AM 12:01 PM 02:31 PM 05:00 PM 07:29 PM 09:58 PM
Science (Activities)	Science Activities: Floating-Sinking-Part2	English	02:12 AM 04:41 AM 07:11 AM 09:40 AM 12:09 PM 02:38 PM 05:08 PM 07:37 PM 10:06 PM
रविवार, 22 सितंबर 2024 Sunday, 22 September 2024			
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	12:06 AM 02:35 AM 05:05 AM 07:34 AM 10:03 AM 12:33 PM 03:02 PM 05:32 PM 08:01 PM 10:31 PM
General	Value and responsible Citizenship	English	12:30 AM 02:59 AM 05:29 AM 07:58 AM 10:28 AM 12:57 PM 03:27 PM 05:56 PM 08:26 PM 10:55 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	12:35 AM 03:04 AM 05:34 AM 08:03 AM 10:33 AM 01:02 PM 03:32 PM 06:01 PM 08:31 PM 11:00 PM
Art & Craft	3DPopupHouseAmazingPopup GreetingCardEnglish	English	12:39 AM 03:08 AM 05:38 AM 08:07 AM 10:37 AM 01:06 PM 03:36 PM 06:05 PM 08:35 PM 11:04 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:42 AM 03:12 AM 05:41 AM 08:11 AM 10:40 AM 01:10 PM 03:39 PM 06:09 PM 08:38 PM 11:08 PM



Vocational Videos	Seed Germination	English	12:45 AM 03:14 AM 05:44 AM 08:13 AM 10:43 AM 01:12 PM 03:42 PM 06:11 PM 08:41 PM 11:10 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	01:06 AM 03:35 AM 06:05 AM 08:34 AM 11:03 AM 01:33 PM 04:02 PM 06:32 PM 09:01 PM 11:31 PM
General	Padahastana	English	01:08 AM 03:37 AM 06:07 AM 08:36 AM 11:06 AM 01:35 PM 04:05 PM 06:34 PM 09:04 PM 11:33 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:10 AM 03:40 AM 06:09 AM 08:39 AM 11:08 AM 01:38 PM 04:07 PM 06:36 PM 09:06 PM 11:35 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Arunachal Pradesh	English	01:29 AM 03:58 AM 06:28 AM 08:57 AM 11:27 AM 01:56 PM 04:26 PM 06:55 PM 09:25 PM 11:54 PM
Creative Activities: Art & Craft	Cubical Dance	English	01:35 AM 04:05 AM 06:34 AM 09:03 AM 11:33 AM 02:02 PM 04:32 PM 07:01 PM 09:31 PM
General Awareness	Water A Wonderfull Molecule	English	01:38 AM 04:08 AM 06:37 AM 09:07 AM 11:36 AM 02:06 PM 04:35 PM 07:05 PM 09:34 PM
Vocational Videos	वृक्षों की पहचान एवं महत्व	Hindi	01:58 AM 04:28 AM 06:57 AM 09:27 AM 11:56 AM 02:26 PM 04:55 PM 07:25 PM 09:54 PM
General	पादहस्तासन	Hindi	02:19 AM 04:48 AM 07:18 AM 09:47 AM 12:17 PM 02:46 PM 05:16 PM 07:45 PM 10:14 PM
General	Interpersonal Relationships	English	02:24 AM 04:54 AM 07:23 AM 09:53 AM 12:22 PM 02:52 PM 05:21 PM 07:51 PM 10:20 PM
सोमवार, 23 सितंबर 2024 Monday, 23 September 2024			
General	Values and Types of Wetlands Part -1	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
General	Waste Reduced	English	12:07 AM 02:38 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:12 PM 05:43 PM 08:13 PM 10:44 PM



Art & Craft	3DBuddhaPaperSculptorEnglish	English	12:10 AM 02:41 AM 05:11 AM 07:42 AM 10:13 AM 12:44 PM 03:14 PM 05:45 PM 08:16 PM 10:47 PM
General Awareness	Air Pollution	English	12:13 AM 02:44 AM 05:15 AM 07:45 AM 10:16 AM 12:47 PM 03:18 PM 05:48 PM 08:19 PM 10:50 PM
Science activity	Let us explore fabrics that are obtained from fibre	English	12:58 AM 03:29 AM 06:00 AM 08:31 AM 11:01 AM 01:32 PM 04:03 PM 06:34 PM 09:04 PM 11:35 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	01:11 AM 03:42 AM 06:13 AM 08:43 AM 11:14 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:48 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:34 AM 04:05 AM 06:36 AM 09:07 AM 11:37 AM 02:08 PM 04:39 PM 07:10 PM 09:40 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:43 PM 07:14 PM 09:44 PM
Disaster management	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi	01:45 AM 04:16 AM 06:46 AM 09:17 AM 11:48 AM 02:19 PM 04:49 PM 07:20 PM 09:51 PM
General	Gender Equality	English	01:47 AM 04:17 AM 06:48 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:22 PM 09:52 PM
General English	Episode 7 Making Requests 1	English	01:55 AM 04:26 AM 06:56 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:30 PM 10:01 PM
General Awareness	Arpan-Personal safety	English	02:06 AM 04:37 AM 07:07 AM 09:38 AM 12:09 PM 02:40 PM 05:10 PM 07:41 PM 10:12 PM
General	राष्ट्रगान	Isl	02:20 AM 04:51 AM 07:22 AM 09:52 AM 12:23 PM 02:54 PM 05:25 PM 07:55 PM 10:26 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	02:21 AM 04:52 AM 07:23 AM 09:54 AM 12:24 PM 02:55 PM 05:26 PM 07:56 PM 10:27 PM

मंगलवार, 24 सितंबर 2024
Tuesday, 24 September 2024



DD Free Dish Channel #28



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Jio TV



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Dish TV Channel #2027

Storytelling/Value Education	राख की रस्सी	Hindi	12:00 AM 02:31 AM 05:02 AM 07:33 AM 10:04 AM 12:35 PM 03:06 PM 05:37 PM 08:08 PM 10:39 PM
General Awareness	क्यों और कैसे	Hindi	12:15 AM 02:46 AM 05:17 AM 07:48 AM 10:19 AM 12:50 PM 03:21 PM 05:52 PM 08:23 PM 10:54 PM
Health, Physical Education/Yoga/Sports	त्रिकोणासन	Hindi	12:48 AM 03:19 AM 05:51 AM 08:22 AM 10:53 AM 01:24 PM 03:55 PM 06:26 PM 08:57 PM 11:28 PM
Vocational Videos	प्लंबिंग टूल	Hindi	01:05 AM 03:36 AM 06:07 AM 08:38 AM 11:09 AM 01:40 PM 04:11 PM 06:42 PM 09:13 PM 11:44 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:19 AM 03:50 AM 06:21 AM 08:52 AM 11:23 AM 01:54 PM 04:25 PM 06:56 PM 09:27 PM 11:58 PM
General	Pawanmuktasana	English	01:29 AM 04:00 AM 06:32 AM 09:03 AM 11:34 AM 02:05 PM 04:36 PM 07:07 PM 09:38 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	01:32 AM 04:04 AM 06:35 AM 09:06 AM 11:37 AM 02:08 PM 04:39 PM 07:10 PM 09:41 PM
Creative Activities: Art & Craft	Pencil Drawdio	English	01:50 AM 04:21 AM 06:52 AM 09:24 AM 11:55 AM 02:26 PM 04:57 PM 07:28 PM 09:59 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:54 AM 04:25 AM 06:56 AM 09:27 AM 11:58 AM 02:29 PM 05:01 PM 07:32 PM 10:03 PM
General	पवनमुक्तासन	Hindi	02:28 AM 04:59 AM 07:30 AM 10:01 AM 12:32 PM 03:03 PM 05:34 PM 08:05 PM 10:36 PM
बुधवार, 25 सितंबर 2024 Wednesday, 25 September 2024			
Disaster management	शहरी बाढ़ - आपदा का सामना	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:25 PM 07:55 PM 10:24 PM
Health, Physical Education/Yoga/Sports	योग: चक्रासन	Hindi	12:29 AM 02:58 AM 05:28 AM 07:57 AM 10:27 AM 12:56 PM 03:25 PM 05:55 PM 08:24 PM 10:54 PM



Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:41 AM 03:11 AM 05:40 AM 08:09 AM 10:39 AM 01:08 PM 03:38 PM 06:07 PM 08:36 PM 11:06 PM
Creative Activities: Art & Craft	रोअरिंग बोतल	Hindi	12:53 AM 03:23 AM 05:52 AM 08:22 AM 10:51 AM 01:20 PM 03:50 PM 06:19 PM 08:49 PM 11:18 PM
Disaster management	यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ	Hindi	12:57 AM 03:26 AM 05:56 AM 08:25 AM 10:55 AM 01:24 PM 03:53 PM 06:23 PM 08:52 PM 11:22 PM
Language(Sanskrit) Reading, writing & Vocabulary	भूपति मायादास - संस्कृत में कहानी	Hindi	01:14 AM 03:43 AM 06:13 AM 08:42 AM 11:12 AM 01:41 PM 04:10 PM 06:40 PM 09:09 PM 11:39 PM
Storytelling/Value Education	राख की रस्सी	Hindi	01:30 AM 03:59 AM 06:28 AM 08:58 AM 11:27 AM 01:57 PM 04:26 PM 06:55 PM 09:25 PM 11:54 PM
General	गुरु नानक प्रकाश पर्व	Hindi	02:01 AM 04:30 AM 07:00 AM 09:29 AM 11:59 AM 02:28 PM 04:57 PM 07:27 PM 09:56 PM
General	नाड़ीशोधन प्राणायाम	Hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:40 PM 05:09 PM 07:39 PM 10:08 PM
Cultural Heritage: Art, Music & Dance	Video 2661 : Ele_ART_34 - Kala Utsav - 2019 Music - Instrumental Competition: Boys: Kerala	English	02:16 AM 04:46 AM 07:15 AM 09:45 AM 12:14 PM 02:43 PM 05:13 PM 07:42 PM 10:12 PM
Language(Sanskrit) Reading, writing & Vocabulary	बुद्धि बालबती - संस्कृत में कहानी	Hindi	02:23 AM 04:52 AM 07:22 AM 09:51 AM 12:20 PM 02:50 PM 05:19 PM 07:49 PM 10:18 PM
बृहस्पतिवार, 26 सितंबर 2024 Thursday, 26 September 2024			
General (Wetland)	Values and Types of Wetlands Part -2	English	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:27 PM 02:56 PM 05:26 PM 07:55 PM 10:25 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	12:09 AM 02:38 AM 05:08 AM 07:37 AM 10:07 AM 12:36 PM 03:05 PM 05:35 PM 08:04 PM 10:34 PM
Storytelling/Value Education	दान का हिसाब	Hindi	12:14 AM 02:44 AM 05:13 AM 07:43 AM 10:12 AM 12:42 PM 03:11 PM 05:40 PM 08:10 PM 10:39 PM



Disaster management	Cyclone - Secure your house	English	12:31 AM 03:00 AM 05:30 AM 07:59 AM 10:29 AM 12:58 PM 03:28 PM 05:57 PM 08:26 PM 10:56 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:32 AM 03:01 AM 05:31 AM 08:00 AM 10:30 AM 12:59 PM 03:29 PM 05:58 PM 08:27 PM 10:57 PM
Disaster management	Earthquake resistant house	English	12:49 AM 03:18 AM 05:48 AM 08:17 AM 10:47 AM 01:16 PM 03:46 PM 06:15 PM 08:44 PM 11:14 PM
Creative Activities: Art & Craft	Bobbing Butterfly - A Wonderful Bobbing Butterfly	English	12:50 AM 03:20 AM 05:49 AM 08:19 AM 10:48 AM 01:18 PM 03:47 PM 06:17 PM 08:46 PM 11:16 PM
Creative Activities: Art & Craft	Paper Glider	English	12:52 AM 03:21 AM 05:51 AM 08:20 AM 10:50 AM 01:19 PM 03:49 PM 06:18 PM 08:48 PM 11:17 PM
Creative Activities: Art & Craft	Monkey Acrobat	English	12:55 AM 03:24 AM 05:54 AM 08:23 AM 10:53 AM 01:22 PM 03:52 PM 06:21 PM 08:50 PM 11:20 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	01:04 AM 03:33 AM 06:03 AM 08:32 AM 11:02 AM 01:31 PM 04:00 PM 06:30 PM 08:59 PM 11:29 PM
Art & Craft	नाटक खेलाना आसान है- 2	Hindi	01:07 AM 03:36 AM 06:06 AM 08:35 AM 11:05 AM 01:34 PM 04:04 PM 06:33 PM 09:03 PM 11:32 PM
General	Emotional well being and mental health	English	01:22 AM 03:51 AM 06:21 AM 08:50 AM 11:19 AM 01:49 PM 04:18 PM 06:48 PM 09:17 PM 11:47 PM
सामान्य	Water Saved	Hindi	01:36 AM 04:05 AM 06:35 AM 09:04 AM 11:34 AM 02:03 PM 04:33 PM 07:02 PM 09:31 PM
Art & Craft	विटामिन ए की कहानी	Hindi	01:46 AM 04:16 AM 06:45 AM 09:14 AM 11:44 AM 02:13 PM 04:43 PM 07:12 PM 09:42 PM
General	राष्ट्रगान	Isl	02:04 AM 04:33 AM 07:03 AM 09:32 AM 12:01 PM 02:31 PM 05:00 PM 07:30 PM 09:59 PM
Science activity	Making a magnet using an iron nail Stroke method	English	02:05 AM 04:34 AM 07:04 AM 09:33 AM 12:03 PM 02:32 PM 05:02 PM 07:31 PM 10:00 PM



Health, Physical Education/Yoga/ Sports	पद्मासन	Hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:40 PM 05:09 PM 07:39 PM 10:08 PM
शुक्रवार, 27 सितंबर 2024 Friday, 27 September 2024			
Storytelling/Value Education	एक दिन की बादशाहत	Hindi	12:00 AM 02:34 AM 05:08 AM 07:42 AM 10:16 AM 12:50 PM 03:24 PM 05:58 PM 08:33 PM 11:07 PM
Creative Activities: Art & Craft	Dancing Eyes	English	12:21 AM 02:55 AM 05:29 AM 08:03 AM 10:37 AM 01:11 PM 03:45 PM 06:20 PM 08:54 PM 11:28 PM
Vocational Videos	प्लंबिंग टूल	Hindi	12:37 AM 03:11 AM 05:46 AM 08:20 AM 10:54 AM 01:28 PM 04:02 PM 06:36 PM 09:10 PM 11:45 PM
Science (Activities)	Activity 1- why do we separate substances (ch-4)	English	12:52 AM 03:26 AM 06:00 AM 08:34 AM 11:09 AM 01:43 PM 04:17 PM 06:51 PM 09:25 PM 11:59 PM
General	Gender Equality	English	12:56 AM 03:30 AM 06:04 AM 08:38 AM 11:12 AM 01:47 PM 04:21 PM 06:55 PM 09:29 PM
Science (Activities)	Activity 2 - Food Items & their Ingredients (Chapter-2)	English	01:03 AM 03:37 AM 06:11 AM 08:45 AM 11:20 AM 01:54 PM 04:28 PM 07:02 PM 09:36 PM
Vocational Videos	PREPARING FIRST AID KIT AT HOME	English	01:05 AM 03:39 AM 06:13 AM 08:47 AM 11:21 AM 01:55 PM 04:29 PM 07:04 PM 09:38 PM
General Awareness	Water A Wonderfull Molecule	English	01:13 AM 03:48 AM 06:22 AM 08:56 AM 11:30 AM 02:04 PM 04:38 PM 07:12 PM 09:46 PM
General	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	Hindi	01:38 AM 04:12 AM 06:46 AM 09:21 AM 11:55 AM 02:29 PM 05:03 PM 07:37 PM 10:11 PM
General	Shalabhasana	English	01:44 AM 04:18 AM 06:52 AM 09:26 AM 12:01 PM 02:35 PM 05:09 PM 07:43 PM 10:17 PM
General	शलभासन	Hindi	01:46 AM 04:21 AM 06:55 AM 09:29 AM 12:03 PM 02:37 PM 05:11 PM 07:45 PM 10:19 PM



General	MOTHER EARTH Prakriti English Subtitles	English	01:49 AM 04:23 AM 06:57 AM 09:31 AM 12:05 PM 02:39 PM 05:14 PM 07:48 PM 10:22 PM
Disaster management	Earthquake - What to do when indoors during an earthquake	English	01:51 AM 04:25 AM 06:59 AM 09:33 AM 12:07 PM 02:41 PM 05:16 PM 07:50 PM 10:24 PM
General English	Episode 1 Greeting a Friend	English	01:53 AM 04:27 AM 07:01 AM 09:35 AM 12:09 PM 02:43 PM 05:17 PM 07:52 PM 10:26 PM
General	Values and Types of Wetlands Part -2	English	02:09 AM 04:43 AM 07:17 AM 09:51 AM 12:25 PM 02:59 PM 05:34 PM 08:08 PM 10:42 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	02:17 AM 04:51 AM 07:25 AM 09:59 AM 12:33 PM 03:08 PM 05:42 PM 08:16 PM 10:50 PM
Creative Activities: Art & Craft	Double Spiral from Square	English	02:20 AM 04:55 AM 07:29 AM 10:03 AM 12:37 PM 03:11 PM 05:45 PM 08:19 PM 10:54 PM
Science (Activities)	Chapter 1. Food Where does it Come From? Activity: How to prepare sprouts from the whole seeds?	English	02:24 AM 04:58 AM 07:33 AM 10:07 AM 12:41 PM 03:15 PM 05:49 PM 08:23 PM 10:57 PM
शनिवार, 28 सितंबर 2024 Saturday, 28 September 2024			
Science (Activities)	FIBRE TO FABRIC (Ch-3)	English	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	Hindi	12:05 AM 02:35 AM 05:05 AM 07:35 AM 10:05 AM 12:35 PM 03:05 PM 05:35 PM 08:05 PM 10:35 PM
Creative Activities: Art & Craft	Pals Climb Peaks	English	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
Art & Craft	Meena - 4 Who is afraid of Bully	English	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
Creative Activities: Art & Craft	Resonating Petals	English	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM



Cultural Heritage: Art, Music & Dance	Music – Instrumental Competition: Boys: Odisha	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Vocational Videos	Preparing ORS at Home	English	12:45 AM 03:15 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:45 PM 11:15 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Science (Activities)	Activity 4- Sieving (ch-5)	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
General	भद्रासन	Hindi	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
Science (Activities)	Activity 5- Filtration (ch-5)	English	01:29 AM 03:59 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
General	zoological-Survey-of-india	English	01:31 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
General	Interpersonal Relationships	English	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Kerala	English	01:44 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Storytelling/Value Education	नट खट चूहा	Hindi	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Vocational Videos	IDENTIFICATION OF TREES	English	02:04 AM 04:34 AM 07:04 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
Vocational Videos	हैंड टूल	Hindi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
रविवार, 29 सितंबर 2024 Sunday, 29 September 2024			



Creative Activities: Art & Craft	Monkey Acrobat	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Art & Craft	3DBuddhaPaperSculptorEnglish	English	12:09 AM 02:39 AM 05:10 AM 07:40 AM 10:10 AM 12:41 PM 03:11 PM 05:41 PM 08:12 PM 10:42 PM
General Awareness	क्षेत्रफल	Hindi	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:57 PM 08:28 PM 10:58 PM
General Awareness	बात पते की	Hindi	12:50 AM 03:21 AM 05:51 AM 08:21 AM 10:52 AM 01:22 PM 03:52 PM 06:23 PM 08:53 PM 11:23 PM
General Awareness	क्यों और कैसे	Hindi	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:12 AM 01:43 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Art & Craft	पानी का फव्वारा	Hindi	01:34 AM 04:05 AM 06:35 AM 09:05 AM 11:36 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM
Vocational Videos	IDENTIFICATION OF TREES	English	01:43 AM 04:14 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Cultural Heritage: Art, Music & Dance	Dance Competition: Boys Delhi	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:26 PM 09:57 PM
Creative Activities: Art & Craft	Slithering Snake	English	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:32 PM 10:03 PM
Cultural Heritage: Art, Music & Dance	Instrumental Competition: Boys: Delhi	English	02:01 AM 04:32 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
Cultural Heritage: Art, Music & Dance	बिल्ली का पंजा	Hindi	02:08 AM 04:38 AM 07:09 AM 09:39 AM 12:09 PM 02:40 PM 05:10 PM 07:40 PM 10:11 PM
General	ध्यान	Hindi	02:26 AM 04:56 AM 07:26 AM 09:57 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:28 PM

सोमवार, 30 सितंबर 2024
Monday, 30 September 2024



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Storytelling/Value Education	बस के नीचे बाघ	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General	Nutrition_Health and Sanitation	English	12:12 AM 02:42 AM 05:12 AM 07:42 AM 10:12 AM 12:42 PM 03:12 PM 05:42 PM 08:12 PM 10:42 PM
Creative Activities: Art & Craft	बोबबलिन्ग बटरफ्लाई	Hindi	12:19 AM 02:49 AM 05:19 AM 07:49 AM 10:19 AM 12:49 PM 03:19 PM 05:49 PM 08:19 PM 10:49 PM
Science (Activities)	Activity 2- Handpicking & threshing (ch-5)	English	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
Disaster management	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Vocational Videos	Preparing ORS at Home	English	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Storytelling/Value Education	आम की टोकरी	Hindi	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
General	Emotional well being and mental health	English	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Cultural Heritage: Art, Music & Dance	Competition: Boys: Andaman and Nicobar Islands	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
General	Values and Types of Wetlands Part -1	English	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
General English	Episode 2 Greeting an Acquaintance	English	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
General	Shashankasana	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:32 PM



General	शशकासन	Hindi	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
General	मूल्य और जिम्मेदार नागरिकता	Hindi	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
General Awareness	क्यों और कैसे	Hindi	02:06 AM 04:36 AM 07:06 AM 09:36 AM 12:06 PM 02:36 PM 05:06 PM 07:36 PM 10:06 PM



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