

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
उर्दू	उर्दू	English	English	English	Storytelling	Storytelling

 This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 11 to 12 times a day and the same scheme is followed for the whole month.

 For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

 The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

 All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

सितंबर 2025
September 2025

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 सितंबर 2025 Monday, 01 September 2025			
Mathematics	Chapter 2: Toy Joy	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
Yoga	Surya_Namaskar	English	12:22 AM 02:23 AM 04:23 AM 06:24 AM 08:24 AM 10:25 AM 12:25 PM 02:26 PM 04:26 PM 06:27 PM 08:27 PM 10:28 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:31 AM 10:32 AM 12:32 PM 02:33 PM 04:33 PM 06:34 PM 08:34 PM 10:35 PM
Flood	Flood - बाढ़ से पहले क्या करें और क्या न करें	Hindi	12:41 AM 02:41 AM 04:42 AM 06:42 AM 08:43 AM 10:43 AM 12:44 PM 02:44 PM 04:45 PM 06:45 PM 08:46 PM 10:46 PM
EVS	Chapter 1: Family and Friends	English	12:42 AM 02:42 AM 04:43 AM 06:43 AM 08:44 AM 10:44 AM 12:45 PM 02:45 PM 04:46 PM 06:46 PM 08:47 PM 10:47 PM
Storytelling/ Value Education	Chuskit goes to school (CWSN)	English	12:51 AM 02:51 AM 04:52 AM 06:52 AM 08:53 AM 10:53 AM 12:54 PM 02:54 PM 04:55 PM 06:56 PM 08:56 PM 10:57 PM
Storytelling/ Value Education	Meena - 8 Meena's three wishes	हिन्दी	12:59 AM 02:59 AM 05:00 AM 07:00 AM 09:01 AM 11:01 AM 01:02 PM 03:02 PM 05:03 PM 07:03 PM 09:04 PM 11:04 PM
General Awareness	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	01:17 AM 03:17 AM 05:18 AM 07:18 AM 09:19 AM 11:20 AM 01:20 PM 03:21 PM 05:21 PM 07:22 PM 09:22 PM 11:23 PM



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Video Program			
Storytelling/ Value Education	Meena - 9 I love School	हिन्दी	01:17 AM 03:18 AM 05:18 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:22 PM 07:22 PM 09:23 PM 11:23 PM
उर्दू	पाठ 1 - हम्द	उर्दू	01:32 AM 03:32 AM 05:33 AM 07:33 AM 09:34 AM 11:34 AM 01:35 PM 03:35 PM 05:36 PM 07:36 PM 09:37 PM 11:37 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:41 AM 03:41 AM 05:42 AM 07:42 AM 09:43 AM 11:43 AM 01:44 PM 03:44 PM 05:45 PM 07:45 PM 09:46 PM 11:46 PM
Storytelling/ Value Education	Chuskit goes to school (CWSN)	English	01:47 AM 03:47 AM 05:48 AM 07:48 AM 09:49 AM 11:50 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:53 PM
Yoga	Dhyana	English	01:55 AM 03:55 AM 05:56 AM 07:56 AM 09:57 AM 11:57 AM 01:58 PM 03:58 PM 05:59 PM 07:59 PM 10:00 PM
मंगलवार, 02 सितंबर 2025 Tuesday, 02 September 2025			
Mathematics	Chapter 2: Toy Joy	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
Yoga	Surya_Namaskar	English	12:22 AM 02:23 AM 04:23 AM 06:24 AM 08:24 AM 10:25 AM 12:25 PM 02:26 PM 04:26 PM 06:27 PM 08:27 PM 10:28 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:29 AM 02:29 AM 04:30 AM 06:30 AM 08:31 AM 10:31 AM 12:32 PM 02:32 PM 04:33 PM 06:33 PM 08:34 PM 10:34 PM
शारीरिक शिक्षा	पोषण , स्वास्थ्य और स्वच्छता	हिन्दी	12:41 AM 02:41 AM 04:42 AM 06:42 AM 08:43 AM 10:43 AM 12:44 PM 02:44 PM 04:45 PM 06:45 PM 08:46 PM 10:46 PM
Storytelling/ Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:47 AM 02:48 AM 04:48 AM 06:49 AM 08:49 AM 10:50 AM 12:50 PM 02:51 PM 04:51 PM 06:52 PM 08:52 PM 10:53 PM



EVS	Chapter 1: Family and Friends	English	12:56 AM 02:57 AM 04:57 AM 06:58 AM 08:58 AM 10:59 AM 12:59 PM 03:00 PM 05:00 PM 07:01 PM 09:01 PM 11:02 PM
Storytelling/ Value Education	Chuskit goes to school (CWSN)	English	01:06 AM 03:06 AM 05:07 AM 07:07 AM 09:08 AM 11:08 AM 01:09 PM 03:09 PM 05:10 PM 07:10 PM 09:11 PM 11:11 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:14 AM 03:14 AM 05:15 AM 07:15 AM 09:16 AM 11:16 AM 01:17 PM 03:17 PM 05:18 PM 07:18 PM 09:19 PM 11:19 PM
Art Education	Kala Utsav - 2022 -Dance-Classical(Girl)Delhi	Engilish/hindi	01:14 AM 03:15 AM 05:15 AM 07:16 AM 09:16 AM 11:17 AM 01:17 PM 03:18 PM 05:18 PM 07:19 PM 09:19 PM 11:20 PM
Storytelling/ Value Education	टर्म टू-2	हिन्दी	01:19 AM 03:20 AM 05:20 AM 07:21 AM 09:21 AM 11:22 AM 01:22 PM 03:23 PM 05:23 PM 07:24 PM 09:24 PM 11:25 PM
Flood	Flood - बाढ़ से पहले क्या तैयारी रखें	Hindi	01:41 AM 03:42 AM 05:42 AM 07:43 AM 09:43 AM 11:44 AM 01:44 PM 03:45 PM 05:45 PM 07:46 PM 09:46 PM 11:47 PM
उर्दू	पाठ 1 - हम्द	उर्दू	01:43 AM 03:43 AM 05:44 AM 07:44 AM 09:45 AM 11:45 AM 01:46 PM 03:46 PM 05:47 PM 07:47 PM 09:48 PM 11:48 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:52 AM 03:52 AM 05:53 AM 07:53 AM 09:54 AM 11:54 AM 01:55 PM 03:55 PM 05:56 PM 07:56 PM 09:57 PM 11:57 PM
Flood	Floods - बाढ़ के दौरान क्या किया जाना चाहिए	Hindi	01:58 AM 03:58 AM 05:59 AM 07:59 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:02 PM 08:02 PM 10:03 PM
बुधवार, 03 सितंबर 2025 Wednesday, 03 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM



कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:14 AM 02:14 AM 04:14 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM
Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	12:43 AM 02:43 AM 04:43 AM 06:43 AM 08:43 AM 10:43 AM 12:44 PM 02:44 PM 04:44 PM 06:44 PM 08:44 PM 10:44 PM
Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	Hindi	12:45 AM 02:45 AM 04:45 AM 06:45 AM 08:45 AM 10:45 AM 12:45 PM 02:45 PM 04:45 PM 06:45 PM 08:45 PM 10:45 PM
Storytelling/ Value Education	Meena - 9 I love School	हिन्दी	12:46 AM 02:46 AM 04:46 AM 06:46 AM 08:46 AM 10:46 AM 12:46 PM 02:46 PM 04:46 PM 06:46 PM 08:46 PM 10:46 PM
सामान्य जागरूकता	स्वर्गोश	हिन्दी	01:00 AM 03:00 AM 05:00 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 05:00 PM 07:00 PM 09:00 PM 11:00 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	01:11 AM 03:11 AM 05:11 AM 07:11 AM 09:11 AM 11:11 AM 01:11 PM 03:11 PM 05:11 PM 07:11 PM 09:11 PM 11:11 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:22 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:23 AM 01:23 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:29 AM 03:29 AM 05:29 AM 07:29 AM 09:29 AM 11:29 AM 01:29 PM 03:29 PM 05:29 PM 07:29 PM 09:29 PM 11:29 PM
Mathematics	Chapter 2: Toy Joy	English	01:29 AM 03:29 AM 05:29 AM 07:29 AM 09:29 AM 11:29 AM 01:29 PM 03:29 PM 05:30 PM 07:30 PM 09:30 PM 11:30 PM
Art Education	Kala Utsav - 2022 -Dance-Classical(Girl)Delhi	English/Hindi	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:44 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM



English	Ch-1: Fun with Friends - Colours	English	01:49 AM 03:49 AM 05:49 AM 07:49 AM 09:49 AM 11:49 AM 01:49 PM 03:49 PM 05:49 PM 07:49 PM 09:49 PM 11:49 PM
Thunderstorm and Lighting	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	01:58 AM 03:58 AM 05:58 AM 07:58 AM 09:58 AM 11:58 AM 01:58 PM 03:58 PM 05:58 PM 07:58 PM 09:58 PM 11:58 PM
बृहस्पतिवार, 04 सितंबर 2025 Thursday, 04 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:53 AM 03:46 AM 05:40 AM 07:33 AM 09:27 AM 11:20 AM 01:13 PM 03:07 PM 05:00 PM 06:54 PM 08:47 PM 10:40 PM
Cultural Heritage: Art, Music & Dance	Qutub Minar (कुतुब मीनार)	English/hindi	12:14 AM 02:08 AM 04:01 AM 05:55 AM 07:48 AM 09:41 AM 11:35 AM 01:28 PM 03:22 PM 05:15 PM 07:08 PM 09:02 PM 10:55 PM
Physical Education	योग त्रिकोणासन (Yoga Trikonaasan)	English/hindi	12:23 AM 02:16 AM 04:09 AM 06:03 AM 07:56 AM 09:50 AM 11:43 AM 01:36 PM 03:30 PM 05:23 PM 07:17 PM 09:10 PM 11:03 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:39 AM 02:32 AM 04:26 AM 06:19 AM 08:12 AM 10:06 AM 11:59 AM 01:53 PM 03:46 PM 05:39 PM 07:33 PM 09:26 PM 11:20 PM
Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	Hindi	01:08 AM 03:01 AM 04:54 AM 06:48 AM 08:41 AM 10:35 AM 12:28 PM 02:21 PM 04:15 PM 06:08 PM 08:02 PM 09:55 PM 11:48 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	01:09 AM 03:02 AM 04:56 AM 06:49 AM 08:43 AM 10:36 AM 12:29 PM 02:23 PM 04:16 PM 06:10 PM 08:03 PM 09:56 PM 11:50 PM
Mathematics	Chapter 2: Toy Joy	English	01:21 AM 03:14 AM 05:08 AM 07:01 AM 08:54 AM 10:48 AM 12:41 PM 02:35 PM 04:28 PM 06:21 PM 08:15 PM 10:08 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:35 AM 03:29 AM 05:22 AM 07:16 AM 09:09 AM 11:02 AM 12:56 PM 02:49 PM 04:43 PM 06:36 PM 08:29 PM 10:23 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:36 AM 03:29 AM 05:23 AM 07:16 AM 09:10 AM 11:03 AM 12:56 PM 02:50 PM 04:43 PM 06:37 PM 08:30 PM 10:23 PM
English	Ch-1: Fun with Friends - Colours	English	01:42 AM 03:35 AM 05:29 AM 07:22 AM 09:16 AM 11:09 AM 01:02 PM 02:56 PM 04:49 PM 06:43 PM 08:36 PM 10:29 PM
Urban Floods	Cyclone - Secure your house	English	01:51 AM 03:44 AM 05:38 AM 07:31 AM 09:24 AM 11:18 AM 01:11 PM 03:05 PM 04:58 PM 06:51 PM 08:45 PM 10:38 PM
शुक्रवार, 05 सितंबर 2025 Friday, 05 September 2025			
हिंदी	पाठ 1 - सीखो	हिंदी	12:00 AM 01:59 AM 03:58 AM 05:58 AM 07:57 AM 09:57 AM 11:56 AM 01:56 PM 03:55 PM 05:54 PM 07:54 PM 09:53 PM 11:53 PM
Storytelling/ Value Education	Meena - 3 Saving the life	हिंदी	12:19 AM 02:19 AM 04:18 AM 06:18 AM 08:17 AM 10:17 AM 12:16 PM 02:15 PM 04:15 PM 06:14 PM 08:14 PM 10:13 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Andhra Pradesh	English/hindi	12:33 AM 02:32 AM 04:32 AM 06:31 AM 08:31 AM 10:30 AM 12:29 PM 02:29 PM 04:28 PM 06:28 PM 08:27 PM 10:27 PM
Storytelling(Animated)	The Umbrella	English	12:40 AM 02:39 AM 04:39 AM 06:38 AM 08:37 AM 10:37 AM 12:36 PM 02:36 PM 04:35 PM 06:35 PM 08:34 PM 10:33 PM



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Art and Craft	ओरिगामी (काग़ज कला)-3	English/hindi	12:47 AM 02:46 AM 04:46 AM 06:45 AM 08:45 AM 10:44 AM 12:44 PM 02:43 PM 04:42 PM 06:42 PM 08:41 PM 10:41 PM
Storytelling/ Value Education	दर्म दू-2	हिन्दी	01:04 AM 03:04 AM 05:03 AM 07:03 AM 09:02 AM 11:01 AM 01:01 PM 03:00 PM 05:00 PM 06:59 PM 08:59 PM 10:58 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	01:26 AM 03:26 AM 05:25 AM 07:25 AM 09:24 AM 11:23 AM 01:23 PM 03:22 PM 05:22 PM 07:21 PM 09:21 PM 11:20 PM
Mathematics	Chapter 2: Toy Joy	English	01:27 AM 03:26 AM 05:26 AM 07:25 AM 09:24 AM 11:24 AM 01:23 PM 03:23 PM 05:22 PM 07:22 PM 09:21 PM 11:20 PM
Storytelling/ Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:41 AM 03:41 AM 05:40 AM 07:40 AM 09:39 AM 11:38 AM 01:38 PM 03:37 PM 05:37 PM 07:36 PM 09:36 PM 11:35 PM
English	Ch-1: Fun with Friends - Colours	English	01:48 AM 03:48 AM 05:47 AM 07:46 AM 09:46 AM 11:45 AM 01:45 PM 03:44 PM 05:44 PM 07:43 PM 09:42 PM 11:42 PM
Urban Floods	Urban Flood - During Urban Flood	English	01:57 AM 03:56 AM 05:56 AM 07:55 AM 09:55 AM 11:54 AM 01:53 PM 03:53 PM 05:52 PM 07:52 PM 09:51 PM 11:51 PM
शनिवार, 06 सितंबर 2025 Saturday, 06 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:02 AM 12:03 PM 02:03 PM 04:04 PM 06:04 PM 08:05 PM 10:05 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:16 AM 08:16 AM 10:17 AM 12:18 PM 02:18 PM 04:19 PM 06:19 PM 08:20 PM 10:20 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition:	English/hindi	12:26 AM 02:27 AM 04:27 AM 06:28 AM 08:28 AM 10:29 AM 12:29 PM 02:30 PM 04:30 PM 06:31 PM 08:31 PM 10:32 PM



	Boys: Himachal Pradesh		
Storytelling/ Value Education	टर्म टू-5	हिन्दी	12:32 AM 02:33 AM 04:33 AM 06:34 AM 08:34 AM 10:35 AM 12:35 PM 02:36 PM 04:36 PM 06:37 PM 08:37 PM 10:38 PM
Mathematics	Chapter 2: Toy Joy	English	12:54 AM 02:55 AM 04:56 AM 06:56 AM 08:57 AM 10:57 AM 12:58 PM 02:58 PM 04:59 PM 06:59 PM 09:00 PM 11:00 PM
Storytelling/ Value Education	Meena - 6 too young to Marry	हिन्दी	01:09 AM 03:10 AM 05:10 AM 07:11 AM 09:11 AM 11:12 AM 01:12 PM 03:13 PM 05:13 PM 07:14 PM 09:14 PM 11:15 PM
Landslide	Landslide - भूस्खलन के बाद क्या करें और क्या न करें - 02	Hindi	01:22 AM 03:23 AM 05:23 AM 07:24 AM 09:25 AM 11:25 AM 01:26 PM 03:26 PM 05:27 PM 07:27 PM 09:28 PM 11:28 PM
Cultural Heritage: Art, Music & Dance	Qutub Minar (कुतुब मीनार)	English/hindi	01:24 AM 03:24 AM 05:25 AM 07:25 AM 09:26 AM 11:26 AM 01:27 PM 03:27 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
Storytelling/ Value Education	टर्म टू-1	हिन्दी	01:32 AM 03:32 AM 05:33 AM 07:33 AM 09:34 AM 11:34 AM 01:35 PM 03:35 PM 05:36 PM 07:36 PM 09:37 PM 11:38 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	Hindi	01:55 AM 03:55 AM 05:56 AM 07:56 AM 09:57 AM 11:57 AM 01:58 PM 03:58 PM 05:59 PM 07:59 PM 10:00 PM
Thunderstorm and Lighting	Thunderstorm and Lighting	English	01:55 AM 03:56 AM 05:56 AM 07:57 AM 09:57 AM 11:58 AM 01:58 PM 03:59 PM 05:59 PM 08:00 PM 10:01 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:56 AM 03:57 AM 05:57 AM 07:58 AM 09:58 AM 11:59 AM 01:59 PM 04:00 PM 06:00 PM 08:01 PM 10:01 PM



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Thunderstorm and Lighting	आंधी तूफान	Hindi	01:57 AM 03:57 AM 05:58 AM 07:58 AM 09:59 AM 11:59 AM 02:00 PM 04:00 PM 06:01 PM 08:01 PM 10:02 PM
Urban Floods	Urban Flood - शहरी बाढ़ आने से पहले क्या तैयारी रखें	Hindi	01:58 AM 03:58 AM 05:59 AM 07:59 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:02 PM 08:02 PM 10:03 PM
रविवार, 07 सितंबर 2025 Sunday, 07 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:57 AM 11:57 AM 01:56 PM 03:56 PM 05:55 PM 07:55 PM 09:54 PM 11:54 PM
Thunderstorm and Lighting	Lightning - How To Save The Life Of A Victim Struck By Lightning	English	12:14 AM 02:14 AM 04:13 AM 06:13 AM 08:12 AM 10:12 AM 12:11 PM 02:11 PM 04:10 PM 06:10 PM 08:09 PM 10:09 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:15 AM 02:15 AM 04:14 AM 06:14 AM 08:13 AM 10:13 AM 12:12 PM 02:12 PM 04:11 PM 06:11 PM 08:10 PM 10:10 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	12:31 AM 02:31 AM 04:30 AM 06:30 AM 08:29 AM 10:29 AM 12:28 PM 02:28 PM 04:27 PM 06:27 PM 08:26 PM 10:26 PM
Storytelling/ Value Education	लालू और पीलू	हिन्दी	12:56 AM 02:55 AM 04:55 AM 06:54 AM 08:54 AM 10:53 AM 12:53 PM 02:52 PM 04:52 PM 06:51 PM 08:51 PM 10:50 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-2	English/hindi	12:58 AM 02:58 AM 04:57 AM 06:57 AM 08:56 AM 10:56 AM 12:55 PM 02:55 PM 04:54 PM 06:54 PM 08:53 PM 10:53 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:13 AM 03:13 AM 05:12 AM 07:12 AM 09:11 AM 11:11 AM 01:10 PM 03:10 PM 05:09 PM 07:09 PM 09:08 PM 11:08 PM



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कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	01:14 AM 03:13 AM 05:13 AM 07:12 AM 09:12 AM 11:11 AM 01:11 PM 03:10 PM 05:10 PM 07:09 PM 09:09 PM 11:08 PM
Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	01:26 AM 03:25 AM 05:25 AM 07:24 AM 09:24 AM 11:23 AM 01:23 PM 03:22 PM 05:22 PM 07:21 PM 09:21 PM 11:20 PM
सामान्य	आज़ादी की अमृत कहानियाँ (अंशु)	हिन्दी	01:45 AM 03:44 AM 05:44 AM 07:43 AM 09:43 AM 11:42 AM 01:42 PM 03:41 PM 05:41 PM 07:40 PM 09:40 PM 11:39 PM
Yoga	Dhyana	English	01:52 AM 03:52 AM 05:51 AM 07:51 AM 09:50 AM 11:50 AM 01:49 PM 03:49 PM 05:48 PM 07:48 PM 09:47 PM 11:47 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान क्या करें और क्या न करें	Hindi	01:57 AM 03:56 AM 05:56 AM 07:55 AM 09:55 AM 11:54 AM 01:54 PM 03:53 PM 05:53 PM 07:52 PM 09:52 PM 11:51 PM
सोमवार, 08 सितंबर 2025 Monday, 08 September 2025			
योग	नाड़ीशोधन प्राणायाम	हिन्दी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Mathematics	Chapter 2: Toy Joy	English	12:11 AM 02:11 AM 04:11 AM 06:11 AM 08:11 AM 10:11 AM 12:11 PM 02:11 PM 04:11 PM 06:11 PM 08:11 PM 10:11 PM
General Awareness	Interpersonal Relationships	English	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:26 PM 10:26 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:30 AM 02:30 AM 04:30 AM 06:30 AM 08:30 AM 10:30 AM 12:30 PM 02:30 PM 04:30 PM 06:30 PM 08:30 PM 10:30 PM
सामान्य	आज़ादी की अमृत कहानियाँ (बसंती)	हिन्दी	12:42 AM 02:42 AM 04:42 AM 06:42 AM 08:42 AM 10:42 AM 12:42 PM 02:42 PM 04:42 PM 06:42 PM 08:42 PM 10:42 PM



सामान्य जागरूकता	जेंडर समानता	हिन्दी	12:44 AM 02:44 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:44 PM 06:44 PM 08:44 PM 10:44 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	12:52 AM 02:52 AM 04:52 AM 06:52 AM 08:52 AM 10:52 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
General	Azadi ki Amrit Kahaniyan (Basanti)	English	01:12 AM 03:12 AM 05:12 AM 07:12 AM 09:12 AM 11:12 AM 01:12 PM 03:12 PM 05:12 PM 07:12 PM 09:12 PM 11:12 PM
सामान्य	आज़ादी की अमृत कहानियाँ (अंशु)	हिन्दी	01:15 AM 03:15 AM 05:15 AM 07:15 AM 09:15 AM 11:15 AM 01:15 PM 03:15 PM 05:15 PM 07:15 PM 09:15 PM 11:15 PM
Storytelling/ Value Education	बन्दर और चिड़िया (शैडो पपेट)	हिन्दी	01:17 AM 03:17 AM 05:17 AM 07:17 AM 09:17 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
EVS	Chapter 1: Family and Friends	English	01:27 AM 03:27 AM 05:27 AM 07:27 AM 09:27 AM 11:27 AM 01:27 PM 03:27 PM 05:27 PM 07:27 PM 09:27 PM 11:27 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:36 AM 03:36 AM 05:36 AM 07:36 AM 09:36 AM 11:36 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:36 PM
Storytelling/ Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:37 AM 03:37 AM 05:37 AM 07:37 AM 09:37 AM 11:37 AM 01:37 PM 03:37 PM 05:37 PM 07:37 PM 09:37 PM 11:37 PM
उर्दू	पाठ 1 - हमद	उर्दू	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:44 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM
Yoga	Dhyana	English	01:53 AM 03:53 AM 05:53 AM 07:53 AM 09:53 AM 11:53 AM 01:53 PM 03:53 PM 05:53 PM 07:53 PM 09:53 PM 11:53 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान यदि पलायन करना पड़े तो	Hindi	01:57 AM 03:57 AM 05:57 AM 07:57 AM 09:57 AM 11:57 AM 01:57 PM 03:57 PM 05:57 PM 07:57 PM 09:57 PM 11:57 PM



मंगलवार, 09 सितंबर 2025

Tuesday, 09 September 2025

Mathematics	Chapter 2: Toy Joy	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Yoga	Surya_Namaskar	English	12:22 AM 02:22 AM 04:22 AM 06:22 AM 08:22 AM 10:22 AM 12:22 PM 02:22 PM 04:22 PM 06:22 PM 08:22 PM 10:22 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:29 AM 02:29 AM 04:29 AM 06:29 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:29 PM 08:29 PM 10:29 PM
Storytelling/ Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	12:41 AM 02:41 AM 04:41 AM 06:41 AM 08:41 AM 10:41 AM 12:41 PM 02:41 PM 04:41 PM 06:41 PM 08:41 PM 10:41 PM
EVS	Chapter 1: Family and Friends	English	12:48 AM 02:48 AM 04:48 AM 06:48 AM 08:48 AM 10:48 AM 12:48 PM 02:48 PM 04:48 PM 06:48 PM 08:48 PM 10:48 PM
Storytelling(Animated)	Story of a Tinker	English	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:57 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:57 PM 10:57 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	01:05 AM 03:05 AM 05:05 AM 07:05 AM 09:05 AM 11:05 AM 01:05 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:05 PM
उर्दू	पाठ 1 - हम्द	उर्दू	01:25 AM 03:25 AM 05:25 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:25 PM
Storytelling(Animated)	Rabit and Turtle	English	01:34 AM 03:34 AM 05:34 AM 07:34 AM 09:34 AM 11:34 AM 01:34 PM 03:34 PM 05:34 PM 07:34 PM 09:34 PM 11:34 PM
Storytelling/ Value Education	I have got ten little fingers	English	01:43 AM 03:43 AM 05:43 AM 07:43 AM 09:43 AM 11:43 AM 01:43 PM 03:43 PM 05:43 PM 07:43 PM 09:43 PM 11:43 PM



DD Free Dish Channel #25



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Jio TV



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Dish TV Channel #2024

General Awareness	Value and responsible Citizenship	English	01:52 AM 03:52 AM 05:52 AM 07:52 AM 09:52 AM 11:52 AM 01:52 PM 03:52 PM 05:52 PM 07:52 PM 09:52 PM 11:52 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	Hindi	01:57 AM 03:57 AM 05:57 AM 07:57 AM 09:57 AM 11:57 AM 01:57 PM 03:57 PM 05:57 PM 07:57 PM 09:57 PM 11:57 PM
बुधवार, 10 सितंबर 2025 Wednesday, 10 September 2025			
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:58 PM 07:58 PM 09:58 PM 11:58 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:36 AM 02:36 AM 04:36 AM 06:36 AM 08:36 AM 10:36 AM 12:36 PM 02:36 PM 04:36 PM 06:35 PM 08:35 PM 10:35 PM
English	Ch-1: Fun with Friends - Colours	English	12:48 AM 02:48 AM 04:48 AM 06:48 AM 08:48 AM 10:48 AM 12:48 PM 02:47 PM 04:47 PM 06:47 PM 08:47 PM 10:47 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:56 AM 10:56 AM 12:56 PM 02:56 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
Mathematics	Chapter 2: Toy Joy	English	12:57 AM 02:57 AM 04:57 AM 06:57 AM 08:57 AM 10:57 AM 12:57 PM 02:57 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:12 AM 03:12 AM 05:12 AM 07:12 AM 09:12 AM 11:11 AM 01:11 PM 03:11 PM 05:11 PM 07:11 PM 09:11 PM 11:11 PM
Storytelling/ Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:24 AM 03:24 AM 05:24 AM 07:24 AM 09:24 AM 11:24 AM 01:24 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM
Art Education	Kala Utsav - 2019 Music - Instrumental	English/hindi	01:30 AM 03:29 AM 05:29 AM 07:29 AM 09:29 AM 11:29 AM 01:29 PM 03:29 PM 05:29 PM 07:29 PM 09:28 PM 11:28 PM



	Competition: Girls: Odisha		
Storytelling/ Value Education	I have got ten little fingers	English	01:37 AM 03:37 AM 05:36 AM 07:36 AM 09:36 AM 11:36 AM 01:36 PM 03:36 PM 05:36 PM 07:36 PM 09:36 PM 11:35 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Madhya Pradesh	English/hindi	01:46 AM 03:46 AM 05:46 AM 07:46 AM 09:45 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:45 PM 09:45 PM 11:45 PM
Storytelling/ Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:52 AM 03:52 AM 05:52 AM 07:52 AM 09:52 AM 11:52 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:51 PM 11:51 PM
Thunderstor m and Lighting	Lightning - Precautions During Lightning & Thunderstorm	English	01:57 AM 03:57 AM 05:57 AM 07:57 AM 09:57 AM 11:57 AM 01:57 PM 03:57 PM 05:56 PM 07:56 PM 09:56 PM 11:56 PM
बृहस्पतिवार, 11 सितंबर 2025 Thursday, 11 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:58 AM 09:58 AM 11:58 AM 01:57 PM 03:57 PM 05:57 PM 07:56 PM 09:56 PM 11:56 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	12:15 AM 02:15 AM 04:15 AM 06:15 AM 08:14 AM 10:14 AM 12:14 PM 02:13 PM 04:13 PM 06:13 PM 08:12 PM 10:12 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:27 AM 02:27 AM 04:27 AM 06:26 AM 08:26 AM 10:26 AM 12:25 PM 02:25 PM 04:25 PM 06:24 PM 08:24 PM 10:24 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	12:56 AM 02:56 AM 04:55 AM 06:55 AM 08:55 AM 10:55 AM 12:54 PM 02:54 PM 04:54 PM 06:53 PM 08:53 PM 10:53 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:01 AM 03:01 AM 05:01 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 02:59 PM 04:59 PM 06:59 PM 08:58 PM 10:58 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:02 AM 03:02 AM 05:01 AM 07:01 AM 09:01 AM 11:00 AM 01:00 PM 03:00 PM 04:59 PM 06:59 PM 08:59 PM 10:58 PM
Storytelling/ Value Education	सुनीता की पहिया कुर्सी	हिन्दी	01:14 AM 03:14 AM 05:14 AM 07:13 AM 09:13 AM 11:13 AM 01:12 PM 03:12 PM 05:12 PM 07:11 PM 09:11 PM 11:11 PM
English	Ch-1: Fun with Friends - Colours	English	01:28 AM 03:27 AM 05:27 AM 07:27 AM 09:26 AM 11:26 AM 01:26 PM 03:25 PM 05:25 PM 07:25 PM 09:24 PM 11:24 PM
Mathematics	Chapter 2: Toy Joy	English	01:36 AM 03:36 AM 05:36 AM 07:35 AM 09:35 AM 11:35 AM 01:34 PM 03:34 PM 05:34 PM 07:33 PM 09:33 PM 11:33 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:51 AM 03:51 AM 05:50 AM 07:50 AM 09:50 AM 11:49 AM 01:49 PM 03:49 PM 05:48 PM 07:48 PM 09:48 PM 11:47 PM
Urban Floods	Urban Flood - शहरी बाढ़ को आने से कैसे रोक सकते हैं	Hindi	01:57 AM 03:57 AM 05:56 AM 07:56 AM 09:56 AM 11:55 AM 01:55 PM 03:55 PM 05:54 PM 07:54 PM 09:54 PM 11:53 PM
शुक्रवार, 12 सितंबर 2025 Friday, 12 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:02 AM 08:03 AM 10:04 AM 12:04 PM 02:05 PM 04:06 PM 06:07 PM 08:08 PM 10:08 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:14 AM 02:15 AM 04:16 AM 06:17 AM 08:18 AM 10:18 AM 12:19 PM 02:20 PM 04:21 PM 06:22 PM 08:22 PM 10:23 PM



DD Free Dish Channel #25



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Dish TV Channel #2024

हिन्दी	पाठ 1 - सीखो	हिन्दी	12:20 AM 02:21 AM 04:22 AM 06:22 AM 08:23 AM 10:24 AM 12:25 PM 02:26 PM 04:26 PM 06:27 PM 08:28 PM 10:29 PM
सामान्य	आज़ादी की अमृत कहानियाँ (हर्षिणी)	हिन्दी	12:32 AM 02:32 AM 04:33 AM 06:34 AM 08:35 AM 10:36 AM 12:36 PM 02:37 PM 04:38 PM 06:39 PM 08:40 PM 10:40 PM
सामान्य	आज़ादी की अमृत कहानियाँ (बसन्ती)	हिन्दी	12:34 AM 02:35 AM 04:36 AM 06:36 AM 08:37 AM 10:38 AM 12:39 PM 02:40 PM 04:40 PM 06:41 PM 08:42 PM 10:43 PM
Mathematics	Chapter 2: Toy Joy	English	12:36 AM 02:37 AM 04:38 AM 06:39 AM 08:39 AM 10:40 AM 12:41 PM 02:42 PM 04:43 PM 06:43 PM 08:44 PM 10:45 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:51 AM 02:52 AM 04:52 AM 06:53 AM 08:54 AM 10:55 AM 12:56 PM 02:56 PM 04:57 PM 06:58 PM 08:59 PM 11:00 PM
Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:51 AM 02:52 AM 04:53 AM 06:54 AM 08:55 AM 10:55 AM 12:56 PM 02:57 PM 04:58 PM 06:59 PM 08:59 PM 11:00 PM
Storytelling(Animated)	Story of a Tinker	English	01:11 AM 03:11 AM 05:12 AM 07:13 AM 09:14 AM 11:15 AM 01:15 PM 03:16 PM 05:17 PM 07:18 PM 09:19 PM 11:19 PM
English	Ch-1: Fun with Friends - Colours	English	01:19 AM 03:20 AM 05:20 AM 07:21 AM 09:22 AM 11:23 AM 01:24 PM 03:24 PM 05:25 PM 07:26 PM 09:27 PM 11:28 PM
Storytelling/ Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:27 AM 03:28 AM 05:29 AM 07:30 AM 09:31 AM 11:31 AM 01:32 PM 03:33 PM 05:34 PM 07:35 PM 09:35 PM 11:36 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:37 AM 03:37 AM 05:38 AM 07:39 AM 09:40 AM 11:41 AM 01:41 PM 03:42 PM 05:43 PM 07:44 PM 09:45 PM 11:45 PM



Art Education	Navras: Dance Emotions	English/hindi	01:49 AM 03:50 AM 05:51 AM 07:52 AM 09:52 AM 11:53 AM 01:54 PM 03:55 PM 05:56 PM 07:56 PM 09:57 PM 11:58 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:53 AM 03:54 AM 05:55 AM 07:55 AM 09:56 AM 11:57 AM 01:58 PM 03:59 PM 05:59 PM 08:00 PM 10:01 PM
शनिवार, 13 सितंबर 2025 Saturday, 13 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:59 PM 07:59 PM 09:59 PM 11:59 PM
Storytelling/ Value Education	Meena - 6 too young to Marry	हिन्दी	12:14 AM 02:14 AM 04:14 AM 06:14 AM 08:14 AM 10:14 AM 12:14 PM 02:14 PM 04:14 PM 06:14 PM 08:14 PM 10:14 PM
Art and Craft	ओरिगामी (कागज कला) -6	English/hindi	12:28 AM 02:28 AM 04:28 AM 06:28 AM 08:28 AM 10:28 AM 12:28 PM 02:28 PM 04:28 PM 06:28 PM 08:28 PM 10:28 PM
Storytelling/ Value Education	टर्म टू-5	हिन्दी	12:43 AM 02:43 AM 04:43 AM 06:43 AM 08:43 AM 10:43 AM 12:43 PM 02:43 PM 04:43 PM 06:43 PM 08:43 PM 10:43 PM
हिन्दी	पाठ 1 - सीखो	हिन्दी	01:06 AM 03:06 AM 05:06 AM 07:06 AM 09:06 AM 11:06 AM 01:06 PM 03:06 PM 05:06 PM 07:06 PM 09:06 PM 11:06 PM
Mathematics	Chapter 2: Toy Joy	English	01:18 AM 03:18 AM 05:18 AM 07:18 AM 09:17 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:17 PM 11:17 PM
Storytelling/ Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:32 AM 03:32 AM 05:32 AM 07:32 AM 09:32 AM 11:32 AM 01:32 PM 03:32 PM 05:32 PM 07:32 PM 09:32 PM 11:32 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:37 AM 03:37 AM 05:37 AM 07:37 AM 09:37 AM 11:37 AM 01:37 PM 03:37 PM 05:37 PM 07:37 PM 09:37 PM 11:37 PM



Thunderstorm and Lighting	Lightning - बिजली की चोटों के संकेत और लक्षण	Hindi	01:38 AM 03:38 AM 05:38 AM 07:38 AM 09:38 AM 11:38 AM 01:38 PM 03:38 PM 05:38 PM 07:38 PM 09:38 PM 11:38 PM
Storytelling/ Value Education	आम की कहानी (शेडो पपेट)	हिन्दी	01:39 AM 03:39 AM 05:39 AM 07:39 AM 09:39 AM 11:39 AM 01:39 PM 03:38 PM 05:38 PM 07:38 PM 09:38 PM 11:38 PM
Thunderstorm and Lighting	Lightning - Signs & Symptoms Of Lightning Injuries	English	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:44 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM
Storytelling/ Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:45 AM 03:45 AM 05:45 AM 07:45 AM 09:45 AM 11:44 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM
रविवार, 14 सितंबर 2025 Sunday, 14 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:16 PM 02:16 PM 04:16 PM 06:16 PM 08:16 PM 10:17 PM
Thunderstorm and Lighting	Lightning - What To Do During Lightning & Thunderstorm	English	12:43 AM 02:43 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:45 PM 04:45 PM 06:45 PM 08:45 PM 10:45 PM
Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:44 AM 02:44 AM 04:45 AM 06:45 AM 08:45 AM 10:45 AM 12:45 PM 02:46 PM 04:46 PM 06:46 PM 08:46 PM 10:46 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	01:03 AM 03:04 AM 05:04 AM 07:04 AM 09:04 AM 11:04 AM 01:05 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:06 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:20 AM 03:20 AM 05:20 AM 07:20 AM 09:20 AM 11:21 AM 01:21 PM 03:21 PM 05:21 PM 07:21 PM 09:22 PM 11:22 PM



शारीरिक शिक्षा	कबड्डी	हिन्दी	01:20 AM 03:20 AM 05:21 AM 07:21 AM 09:21 AM 11:21 AM 01:21 PM 03:22 PM 05:22 PM 07:22 PM 09:22 PM 11:22 PM
Yoga	Dhyana	English	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:51 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:52 PM
सोमवार, 15 सितंबर 2025 Monday, 15 September 2025			
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Storytelling/ Value Education	नटखट चूहा	हिन्दी	12:23 AM 02:23 AM 04:24 AM 06:24 AM 08:24 AM 10:24 AM 12:24 PM 02:24 PM 04:24 PM 06:24 PM 08:24 PM 10:24 PM
योग	नाड़ीशोधन प्राणायाम	हिन्दी	12:37 AM 02:37 AM 04:37 AM 06:37 AM 08:37 AM 10:37 AM 12:38 PM 02:38 PM 04:38 PM 06:38 PM 08:38 PM 10:38 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:41 AM 02:41 AM 04:41 AM 06:41 AM 08:41 AM 10:41 AM 12:41 PM 02:41 PM 04:41 PM 06:41 PM 08:41 PM 10:41 PM
Art and Craft	ओरिगामी (काग़ज कला) -6	English/hindi	12:52 AM 02:52 AM 04:52 AM 06:52 AM 08:52 AM 10:52 AM 12:52 PM 02:52 PM 04:53 PM 06:53 PM 08:53 PM 10:53 PM
Urban Floods	Urban Flood - शहरी बाढ़ से पहले	Hindi	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:08 PM 05:08 PM 07:08 PM 09:08 PM 11:09 PM
सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	01:09 AM 03:09 AM 05:09 AM 07:09 AM 09:09 AM 11:09 AM 01:09 PM 03:09 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:14 AM 03:14 AM 05:14 AM 07:14 AM 09:14 AM 11:14 AM 01:14 PM 03:14 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM



EVS	Chapter 2: Going to the Mela	English	01:14 AM 03:14 AM 05:14 AM 07:14 AM 09:14 AM 11:14 AM 01:15 PM 03:15 PM 05:15 PM 07:15 PM 09:15 PM 11:15 PM
कला और शिल्प	बिल्ली का पंजा	हिन्दी	01:23 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:23 AM 01:23 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:24 PM
उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:41 AM 03:41 AM 05:41 AM 07:41 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:41 PM 07:41 PM 09:41 PM 11:42 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:48 AM 03:48 AM 05:48 AM 07:48 AM 09:48 AM 11:48 AM 01:48 PM 03:48 PM 05:48 PM 07:48 PM 09:49 PM 11:49 PM
मंगलवार, 16 सितंबर 2025 Tuesday, 16 September 2025			
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM
Yoga	Surya_Namaskar	English	12:23 AM 02:24 AM 04:24 AM 06:25 AM 08:25 AM 10:25 AM 12:26 PM 02:26 PM 04:27 PM 06:27 PM 08:27 PM 10:28 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:30 AM 02:31 AM 04:31 AM 06:31 AM 08:32 AM 10:32 AM 12:33 PM 02:33 PM 04:33 PM 06:34 PM 08:34 PM 10:35 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:36 AM 02:37 AM 04:37 AM 06:37 AM 08:38 AM 10:38 AM 12:39 PM 02:39 PM 04:39 PM 06:40 PM 08:40 PM 10:41 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:48 AM 02:48 AM 04:48 AM 06:49 AM 08:49 AM 10:50 AM 12:50 PM 02:50 PM 04:51 PM 06:51 PM 08:52 PM 10:52 PM



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EVS	Chapter 2: Going to the Mela	English	12:48 AM 02:49 AM 04:49 AM 06:49 AM 08:50 AM 10:50 AM 12:51 PM 02:51 PM 04:51 PM 06:52 PM 08:52 PM 10:53 PM
सामान्य	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	हिन्दी	12:57 AM 02:57 AM 04:58 AM 06:58 AM 08:58 AM 10:59 AM 12:59 PM 03:00 PM 05:00 PM 07:00 PM 09:01 PM 11:01 PM
कला और शिल्प	कूड़े से खेलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:18 AM 03:19 AM 05:19 AM 07:19 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:21 PM 07:22 PM 09:22 PM 11:23 PM
उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:21 AM 03:22 AM 05:22 AM 07:23 AM 09:23 AM 11:23 AM 01:24 PM 03:24 PM 05:25 PM 07:25 PM 09:25 PM 11:26 PM
Storytelling/ Value Education	टर्म टू-3	हिन्दी	01:28 AM 03:29 AM 05:29 AM 07:30 AM 09:30 AM 11:30 AM 01:31 PM 03:31 PM 05:32 PM 07:32 PM 09:32 PM 11:33 PM
General Awareness	Value and responsible Citizenship	English	01:54 AM 03:54 AM 05:55 AM 07:55 AM 09:55 AM 11:56 AM 01:56 PM 03:57 PM 05:57 PM 07:57 PM 09:58 PM 11:58 PM
बुधवार, 17 सितंबर 2025 Wednesday, 17 September 2025			
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:36 AM 02:37 AM 04:37 AM 06:37 AM 08:37 AM 10:37 AM 12:38 PM 02:38 PM 04:38 PM 06:38 PM 08:38 PM 10:39 PM
English	Chapter 1: FUN WITH FRIENDS	English	12:48 AM 02:48 AM 04:48 AM 06:48 AM 08:49 AM 10:49 AM 12:49 PM 02:49 PM 04:49 PM 06:50 PM 08:50 PM 10:50 PM
General Awareness	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:53 AM 02:53 AM 04:53 AM 06:53 AM 08:53 AM 10:54 AM 12:54 PM 02:54 PM 04:54 PM 06:54 PM 08:55 PM 10:55 PM



Video Program			
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:53 AM 02:53 AM 04:54 AM 06:54 AM 08:54 AM 10:54 AM 12:54 PM 02:55 PM 04:55 PM 06:55 PM 08:55 PM 10:55 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:09 AM 03:09 AM 05:09 AM 07:10 AM 09:10 AM 11:10 AM 01:10 PM 03:10 PM 05:11 PM 07:11 PM 09:11 PM 11:11 PM
Storytelling(Animated)	The Umbrella	English	01:12 AM 03:12 AM 05:13 AM 07:13 AM 09:13 AM 11:13 AM 01:13 PM 03:14 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:19 AM 03:20 AM 05:20 AM 07:20 AM 09:20 AM 11:20 AM 01:21 PM 03:21 PM 05:21 PM 07:21 PM 09:21 PM 11:22 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:40 AM 03:40 AM 05:40 AM 07:41 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:42 PM 07:42 PM 09:42 PM 11:42 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Madhya Pradesh	English/hindi	01:52 AM 03:53 AM 05:53 AM 07:53 AM 09:53 AM 11:53 AM 01:54 PM 03:54 PM 05:54 PM 07:54 PM 09:54 PM 11:55 PM
बृहस्पतिवार, 18 सितंबर 2025 Thursday, 18 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:14 AM 02:14 AM 04:14 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM



कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:26 PM 10:26 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	12:55 AM 02:55 AM 04:55 AM 06:55 AM 08:55 AM 10:55 AM 12:55 PM 02:55 PM 04:55 PM 06:55 PM 08:55 PM 10:55 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Mah arashtra	Engilish/hindi	01:00 AM 03:00 AM 05:00 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 05:00 PM 07:00 PM 09:00 PM 11:00 PM
English	Chapter 1: FUN WITH FRIENDS	English	01:08 AM 03:08 AM 05:08 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:08 PM 05:08 PM 07:09 PM 09:09 PM 11:09 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:13 AM 03:13 AM 05:13 AM 07:13 AM 09:13 AM 11:13 AM 01:13 PM 03:13 PM 05:13 PM 07:13 PM 09:13 PM 11:13 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	01:13 AM 03:13 AM 05:13 AM 07:14 AM 09:14 AM 11:14 AM 01:14 PM 03:14 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:29 AM 03:29 AM 05:29 AM 07:29 AM 09:29 AM 11:29 AM 01:29 PM 03:30 PM 05:30 PM 07:30 PM 09:30 PM 11:30 PM
Storytelling/ Value Education	कोई लाके मुझे दे (CWSN)	हिन्दी	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:50 AM 01:50 PM 03:50 PM 05:50 PM 07:50 PM 09:50 PM 11:50 PM
शुक्रवार, 19 सितंबर 2025 Friday, 19 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:01 AM 08:01 AM 10:02 AM 12:02 PM 02:02 PM 04:03 PM 06:03 PM 08:04 PM 10:04 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:16 AM 08:16 AM 10:16 AM 12:17 PM 02:17 PM 04:18 PM 06:18 PM 08:19 PM 10:19 PM



हिन्दी	पाठ 2 - चींटी	हिन्दी	12:20 AM 02:20 AM 04:21 AM 06:21 AM 08:22 AM 10:22 AM 12:22 PM 02:23 PM 04:23 PM 06:24 PM 08:24 PM 10:24 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:31 AM 02:32 AM 04:32 AM 06:33 AM 08:33 AM 10:33 AM 12:34 PM 02:34 PM 04:35 PM 06:35 PM 08:35 PM 10:36 PM
Storytelling(Animated)	Story of a Tinker	English	12:47 AM 02:47 AM 04:48 AM 06:48 AM 08:49 AM 10:49 AM 12:50 PM 02:50 PM 04:50 PM 06:51 PM 08:51 PM 10:52 PM
English	Chapter 1: FUN WITH FRIENDS	English	12:55 AM 02:56 AM 04:56 AM 06:57 AM 08:57 AM 10:57 AM 12:58 PM 02:58 PM 04:59 PM 06:59 PM 09:00 PM 11:00 PM
Storytelling/ Value Education	लालू और पीलू	हिन्दी	01:00 AM 03:01 AM 05:01 AM 07:01 AM 09:02 AM 11:02 AM 01:03 PM 03:03 PM 05:03 PM 07:04 PM 09:04 PM 11:05 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	01:02 AM 03:03 AM 05:03 AM 07:04 AM 09:04 AM 11:04 AM 01:05 PM 03:05 PM 05:06 PM 07:06 PM 09:07 PM 11:07 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:08 AM 03:09 AM 05:09 AM 07:10 AM 09:10 AM 11:10 AM 01:11 PM 03:11 PM 05:12 PM 07:12 PM 09:13 PM 11:13 PM
Art Education	Navras: Dance Emotions	English/hindi	01:21 AM 03:21 AM 05:22 AM 07:22 AM 09:23 AM 11:23 AM 01:23 PM 03:24 PM 05:24 PM 07:25 PM 09:25 PM 11:25 PM
Storytelling/ Value Education	दान का हिसाब	हिन्दी	01:25 AM 03:25 AM 05:26 AM 07:26 AM 09:26 AM 11:27 AM 01:27 PM 03:28 PM 05:28 PM 07:28 PM 09:29 PM 11:29 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिन्दी	01:41 AM 03:42 AM 05:42 AM 07:42 AM 09:43 AM 11:43 AM 01:44 PM 03:44 PM 05:45 PM 07:45 PM 09:45 PM 11:46 PM



Art Education	Kala Utsav – 2022 –Dance Folk(Boy)Jharkhand	Engilsh/hindi	01:42 AM 03:42 AM 05:43 AM 07:43 AM 09:43 AM 11:44 AM 01:44 PM 03:45 PM 05:45 PM 07:45 PM 09:46 PM 11:46 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:48 AM 03:48 AM 05:49 AM 07:49 AM 09:50 AM 11:50 AM 01:50 PM 03:51 PM 05:51 PM 07:52 PM 09:52 PM 11:53 PM
शनिवार, 20 सितंबर 2025 Saturday, 20 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:01 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:02 PM 10:02 PM
Storytelling/ Value Education	Meena – 6 too young to Marry	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:16 PM 02:16 PM 04:16 PM 06:16 PM 08:17 PM 10:17 PM
Storytelling/ Value Education	टर्म टू-5	हिन्दी	12:28 AM 02:28 AM 04:28 AM 06:28 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:29 PM 06:30 PM 08:30 PM 10:30 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:50 AM 02:50 AM 04:50 AM 06:51 AM 08:51 AM 10:51 AM 12:51 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
Storytelling/ Value Education	सुनीता की पहिया कुर्सी	हिन्दी	01:01 AM 03:02 AM 05:02 AM 07:02 AM 09:02 AM 11:02 AM 01:03 PM 03:03 PM 05:03 PM 07:03 PM 09:04 PM 11:04 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	01:14 AM 03:14 AM 05:14 AM 07:14 AM 09:14 AM 11:15 AM 01:15 PM 03:15 PM 05:15 PM 07:16 PM 09:16 PM 11:16 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	01:17 AM 03:17 AM 05:17 AM 07:17 AM 09:18 AM 11:18 AM 01:18 PM 03:18 PM 05:19 PM 07:19 PM 09:19 PM 11:19 PM
Storytelling/ Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:33 AM 03:33 AM 05:33 AM 07:33 AM 09:33 AM 11:34 AM 01:34 PM 03:34 PM 05:34 PM 07:35 PM 09:35 PM 11:35 PM



Thunderstorm and Lighting	Lightning - बिजली से एक पीड़ित के जीवन को कैसे बचाएं	Hindi	01:38 AM 03:38 AM 05:38 AM 07:39 AM 09:39 AM 11:39 AM 01:39 PM 03:39 PM 05:40 PM 07:40 PM 09:40 PM 11:40 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:44 AM 03:45 AM 05:45 AM 07:45 AM 09:45 AM 11:45 AM 01:46 PM 03:46 PM 05:46 PM 07:46 PM 09:46 PM 11:47 PM
Storytelling/ Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:45 AM 03:45 AM 05:45 AM 07:45 AM 09:46 AM 11:46 AM 01:46 PM 03:46 PM 05:47 PM 07:47 PM 09:47 PM 11:47 PM
रविवार, 21 सितंबर 2025 Sunday, 21 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:01 AM 06:01 AM 08:02 AM 10:03 AM 12:03 PM 02:04 PM 04:04 PM 06:05 PM 08:06 PM 10:06 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:14 AM 02:15 AM 04:16 AM 06:16 AM 08:17 AM 10:17 AM 12:18 PM 02:19 PM 04:19 PM 06:20 PM 08:21 PM 10:21 PM
Thunderstorm and Lighting	Lightning - बिजली से बचने के लिए क्या करें एवं क्या न करें	Hindi	12:43 AM 02:44 AM 04:44 AM 06:45 AM 08:46 AM 10:46 AM 12:47 PM 02:48 PM 04:48 PM 06:49 PM 08:49 PM 10:50 PM
Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:44 AM 02:45 AM 04:45 AM 06:46 AM 08:47 AM 10:47 AM 12:48 PM 02:48 PM 04:49 PM 06:50 PM 08:50 PM 10:51 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	01:03 AM 03:04 AM 05:04 AM 07:05 AM 09:06 AM 11:06 AM 01:07 PM 03:08 PM 05:08 PM 07:09 PM 09:09 PM 11:10 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	01:20 AM 03:21 AM 05:21 AM 07:22 AM 09:22 AM 11:23 AM 01:24 PM 03:24 PM 05:25 PM 07:26 PM 09:26 PM 11:27 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:44 AM 03:45 AM 05:46 AM 07:46 AM 09:47 AM 11:48 AM 01:48 PM 03:49 PM 05:49 PM 07:50 PM 09:51 PM 11:51 PM



Yoga	Dhyana	English	01:50 AM 03:51 AM 05:52 AM 07:52 AM 09:53 AM 11:53 AM 01:54 PM 03:55 PM 05:55 PM 07:56 PM 09:56 PM 11:57 PM
सोमवार, 22 सितंबर 2025 Monday, 22 September 2025			
योग	नाडीशोधन प्राणायाम	हिन्दी	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:02 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:11 AM 02:11 AM 04:11 AM 06:12 AM 08:12 AM 10:12 AM 12:12 PM 02:12 PM 04:13 PM 06:13 PM 08:13 PM 10:13 PM
Storytelling(Animated)	Why the Donkey Won't Move	English	12:22 AM 02:23 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:24 PM 02:24 PM 04:24 PM 06:24 PM 08:24 PM 10:24 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:32 AM 02:32 AM 04:33 AM 06:33 AM 08:33 AM 10:33 AM 12:33 PM 02:33 PM 04:34 PM 06:34 PM 08:34 PM 10:34 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:48 AM 02:48 AM 04:48 AM 06:49 AM 08:49 AM 10:49 AM 12:49 PM 02:49 PM 04:49 PM 06:50 PM 08:50 PM 10:50 PM
EVS	Chapter 2: Going to the Mela	English	01:07 AM 03:07 AM 05:07 AM 07:08 AM 09:08 AM 11:08 AM 01:08 PM 03:08 PM 05:09 PM 07:09 PM 09:09 PM 11:09 PM
Avalanche	Avalanche _ यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाय अपनाएँ	Hindi	01:16 AM 03:16 AM 05:16 AM 07:16 AM 09:16 AM 11:17 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:18 PM 11:18 PM
Storytelling/Value Education	बस के नीचे बाग़	हिन्दी	01:18 AM 03:18 AM 05:18 AM 07:18 AM 09:18 AM 11:18 AM 01:19 PM 03:19 PM 05:19 PM 07:19 PM 09:19 PM 11:20 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-3	English/hindi	01:23 AM 03:24 AM 05:24 AM 07:24 AM 09:24 AM 11:24 AM 01:24 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:25 PM



उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:41 AM 03:41 AM 05:41 AM 07:41 AM 09:41 AM 11:42 AM 01:42 PM 03:42 PM 05:42 PM 07:42 PM 09:43 PM 11:43 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:48 AM 03:48 AM 05:48 AM 07:48 AM 09:49 AM 11:49 AM 01:49 PM 03:49 PM 05:49 PM 07:49 PM 09:50 PM 11:50 PM
मंगलवार, 23 सितंबर 2025 Tuesday, 23 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:00 PM 10:00 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:14 AM 02:14 AM 04:14 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:30 AM 02:30 AM 04:30 AM 06:30 AM 08:30 AM 10:30 AM 12:30 PM 02:31 PM 04:31 PM 06:31 PM 08:31 PM 10:31 PM
Storytelling(Animated)	Why the Donkey Won't Move	English	12:42 AM 02:42 AM 04:42 AM 06:42 AM 08:42 AM 10:42 AM 12:42 PM 02:42 PM 04:42 PM 06:42 PM 08:42 PM 10:42 PM
Storytelling/ Value Education	दर्म दू-5	हिन्दी	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:51 AM 10:52 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:52 PM 10:52 PM
EVS	Chapter 2: Going to the Mela	English	01:14 AM 03:14 AM 05:14 AM 07:14 AM 09:14 AM 11:14 AM 01:14 PM 03:14 PM 05:14 PM 07:14 PM 09:14 PM 11:14 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिन्दी	01:22 AM 03:22 AM 05:22 AM 07:22 AM 09:22 AM 11:23 AM 01:23 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM



DD Free Dish Channel #25



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Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	01:23 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:23 AM 01:23 PM 03:23 PM 05:23 PM 07:23 PM 09:23 PM 11:23 PM
Avalanche	Avalanche – यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाय अपनाएँ	Hindi	01:42 AM 03:42 AM 05:42 AM 07:42 AM 09:42 AM 11:42 AM 01:42 PM 03:42 PM 05:42 PM 07:42 PM 09:42 PM 11:42 PM
उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:44 AM 01:44 PM 03:44 PM 05:44 PM 07:44 PM 09:44 PM 11:44 PM
Yoga	Pawanmuktasana	English	01:51 AM 03:51 AM 05:51 AM 07:51 AM 09:51 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:51 PM 11:51 PM
बुधवार, 24 सितंबर 2025 Wednesday, 24 September 2025			
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:00 AM 01:59 AM 03:59 AM 05:58 AM 07:58 AM 09:57 AM 11:57 AM 01:56 PM 03:56 PM 05:56 PM 07:55 PM 09:55 PM 11:54 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:36 AM 02:36 AM 04:36 AM 06:35 AM 08:35 AM 10:34 AM 12:34 PM 02:33 PM 04:33 PM 06:33 PM 08:32 PM 10:32 PM
Urban Floods	Cyclone - Secure your house	English	12:48 AM 02:47 AM 04:47 AM 06:47 AM 08:46 AM 10:46 AM 12:45 PM 02:45 PM 04:44 PM 06:44 PM 08:43 PM 10:43 PM
English	Chapter 1: FUN WITH FRIENDS	English	12:49 AM 02:48 AM 04:48 AM 06:48 AM 08:47 AM 10:47 AM 12:46 PM 02:46 PM 04:45 PM 06:45 PM 08:44 PM 10:44 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-3	English/hindi	12:54 AM 02:53 AM 04:53 AM 06:52 AM 08:52 AM 10:51 AM 12:51 PM 02:51 PM 04:50 PM 06:50 PM 08:49 PM 10:49 PM



Mathematics	Chapter 4: Vacation with My Nani Maa	English	01:11 AM 03:10 AM 05:10 AM 07:10 AM 09:09 AM 11:09 AM 01:08 PM 03:08 PM 05:07 PM 07:07 PM 09:07 PM 11:06 PM
Flood	Floods - बाढ़ के दौरान क्या किया जाना चाहिए	Hindi	01:27 AM 03:26 AM 05:26 AM 07:25 AM 09:25 AM 11:25 AM 01:24 PM 03:24 PM 05:23 PM 07:23 PM 09:22 PM 11:22 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:28 AM 03:27 AM 05:27 AM 07:26 AM 09:26 AM 11:26 AM 01:25 PM 03:25 PM 05:24 PM 07:24 PM 09:23 PM 11:23 PM
Storytelling(Animated)	The Umbrella	English	01:28 AM 03:28 AM 05:27 AM 07:27 AM 09:26 AM 11:26 AM 01:26 PM 03:25 PM 05:25 PM 07:24 PM 09:24 PM 11:23 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	01:35 AM 03:35 AM 05:35 AM 07:34 AM 09:34 AM 11:33 AM 01:33 PM 03:32 PM 05:32 PM 07:32 PM 09:31 PM 11:31 PM
Yoga	Pawanmuktasana	English	01:48 AM 03:47 AM 05:47 AM 07:46 AM 09:46 AM 11:46 AM 01:45 PM 03:45 PM 05:44 PM 07:44 PM 09:43 PM 11:43 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Madhya Pradesh	English/hindi	01:51 AM 03:50 AM 05:50 AM 07:49 AM 09:49 AM 11:49 AM 01:48 PM 03:48 PM 05:47 PM 07:47 PM 09:46 PM 11:46 PM
Urban Floods	Urban Flood - During Urban Flood	English	01:57 AM 03:57 AM 05:56 AM 07:56 AM 09:55 AM 11:55 AM 01:54 PM 03:54 PM 05:54 PM 07:53 PM 09:53 PM 11:52 PM
बृहस्पतिवार, 25 सितंबर 2025 Thursday, 25 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:00 PM 04:00 PM 06:00 PM 08:01 PM 10:01 PM



हिन्दी	पाठ 2 - चींटी	हिन्दी	12:14 AM 02:14 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:15 PM 06:15 PM 08:15 PM 10:15 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:26 AM 02:26 AM 04:26 AM 06:26 AM 08:26 AM 10:26 AM 12:26 PM 02:26 PM 04:27 PM 06:27 PM 08:27 PM 10:27 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:55 AM 02:55 AM 04:55 AM 06:55 AM 08:55 AM 10:55 AM 12:55 PM 02:55 PM 04:55 PM 06:55 PM 08:56 PM 10:56 PM
Storytelling/ Value Education	बस के नीचे बाग़	हिन्दी	12:55 AM 02:55 AM 04:55 AM 06:55 AM 08:55 AM 10:56 AM 12:56 PM 02:56 PM 04:56 PM 06:56 PM 08:56 PM 10:56 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	01:01 AM 03:01 AM 05:01 AM 07:01 AM 09:01 AM 11:01 AM 01:02 PM 03:02 PM 05:02 PM 07:02 PM 09:02 PM 11:02 PM
English	Chapter 1: FUN WITH FRIENDS	English	01:06 AM 03:06 AM 05:06 AM 07:07 AM 09:07 AM 11:07 AM 01:07 PM 03:07 PM 05:07 PM 07:07 PM 09:07 PM 11:07 PM
Storytelling/ Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	01:11 AM 03:11 AM 05:11 AM 07:11 AM 09:11 AM 11:12 AM 01:12 PM 03:12 PM 05:12 PM 07:12 PM 09:12 PM 11:12 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	01:24 AM 03:24 AM 05:25 AM 07:25 AM 09:25 AM 11:25 AM 01:25 PM 03:25 PM 05:25 PM 07:25 PM 09:25 PM 11:25 PM
Storytelling(Animated)	Why the Donkey Won't Move	English	01:40 AM 03:40 AM 05:40 AM 07:40 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:41 PM 07:41 PM 09:41 PM 11:41 PM
Art Education	Kala Utsav - 2022 -Dance Folk(Boy)Odisha	English/Hindi	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:50 AM 01:50 PM 03:51 PM 05:51 PM 07:51 PM 09:51 PM 11:51 PM
शुक्रवार, 26 सितंबर 2025 Friday, 26 September 2025			



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

Yoga	Surya_Namaskar	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:59 PM 07:59 PM 09:58 PM 11:58 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:14 AM 02:14 AM 04:14 AM 06:14 AM 08:14 AM 10:14 AM 12:14 PM 02:14 PM 04:14 PM 06:13 PM 08:13 PM 10:13 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:20 AM 02:20 AM 04:20 AM 06:20 AM 08:20 AM 10:19 AM 12:19 PM 02:19 PM 04:19 PM 06:19 PM 08:19 PM 10:19 PM
Storytelling/ Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	12:31 AM 02:31 AM 04:31 AM 06:31 AM 08:31 AM 10:31 AM 12:31 PM 02:31 PM 04:30 PM 06:30 PM 08:30 PM 10:30 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:44 AM 02:44 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:44 PM 06:44 PM 08:43 PM 10:43 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिन्दी	01:00 AM 03:00 AM 05:00 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 04:59 PM 06:59 PM 08:59 PM 10:59 PM
Storytelling(Animated)	Story of a Tinker	English	01:01 AM 03:01 AM 05:01 AM 07:00 AM 09:00 AM 11:00 AM 01:00 PM 03:00 PM 05:00 PM 07:00 PM 09:00 PM 11:00 PM
English	Chapter 1: FUN WITH FRIENDS	English	01:09 AM 03:09 AM 05:09 AM 07:09 AM 09:09 AM 11:09 AM 01:08 PM 03:08 PM 05:08 PM 07:08 PM 09:08 PM 11:08 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	01:14 AM 03:14 AM 05:14 AM 07:14 AM 09:13 AM 11:13 AM 01:13 PM 03:13 PM 05:13 PM 07:13 PM 09:13 PM 11:13 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasa n)	हिन्दी	01:20 AM 03:20 AM 05:20 AM 07:20 AM 09:19 AM 11:19 AM 01:19 PM 03:19 PM 05:19 PM 07:19 PM 09:19 PM 11:19 PM



Art Education	Navras: Dance Emotions	English/hindi	01:37 AM 03:37 AM 05:37 AM 07:37 AM 09:37 AM 11:37 AM 01:37 PM 03:37 PM 05:37 PM 07:36 PM 09:36 PM 11:36 PM
Art Education	Kala Utsav – 2022 –Dance Folk(Boy)Jharkhand	English/Hindi	01:41 AM 03:41 AM 05:41 AM 07:41 AM 09:41 AM 11:41 AM 01:41 PM 03:41 PM 05:40 PM 07:40 PM 09:40 PM 11:40 PM
Storytelling/ Value Education	इल्ली से तितली (शैडो पपेट)	हिन्दी	01:47 AM 03:47 AM 05:47 AM 07:47 AM 09:47 AM 11:47 AM 01:47 PM 03:47 PM 05:47 PM 07:47 PM 09:46 PM 11:46 PM
शनिवार, 27 सितंबर 2025 Saturday, 27 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:01 AM 10:01 AM 12:01 PM 02:01 PM 04:02 PM 06:02 PM 08:02 PM 10:02 PM
Storytelling/ Value Education	Meena – 6 too young to Marry	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:16 AM 12:16 PM 02:16 PM 04:16 PM 06:17 PM 08:17 PM 10:17 PM
Storytelling/ Value Education	टर्म टू-5	हिन्दी	12:28 AM 02:28 AM 04:28 AM 06:28 AM 08:29 AM 10:29 AM 12:29 PM 02:29 PM 04:30 PM 06:30 PM 08:30 PM 10:30 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:50 AM 02:50 AM 04:51 AM 06:51 AM 08:51 AM 10:51 AM 12:52 PM 02:52 PM 04:52 PM 06:52 PM 08:53 PM 10:53 PM
Storytelling/ Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	12:51 AM 02:51 AM 04:51 AM 06:51 AM 08:52 AM 10:52 AM 12:52 PM 02:52 PM 04:53 PM 06:53 PM 08:53 PM 10:53 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	01:04 AM 03:04 AM 05:04 AM 07:05 AM 09:05 AM 11:05 AM 01:05 PM 03:06 PM 05:06 PM 07:06 PM 09:06 PM 11:07 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from	हिन्दी	01:15 AM 03:15 AM 05:16 AM 07:16 AM 09:16 AM 11:16 AM 01:17 PM 03:17 PM 05:17 PM 07:17 PM 09:18 PM 11:18 PM



	Trash: Bunny Rabbit)		
Mathematics	Chapter 4: Vacation with My Nani Maa	English	01:22 AM 03:23 AM 05:23 AM 07:23 AM 09:23 AM 11:24 AM 01:24 PM 03:24 PM 05:24 PM 07:25 PM 09:25 PM 11:25 PM
Storytelling/ Value Education	आम की कहानी (शैडो पपेट)	हिन्दी	01:38 AM 03:38 AM 05:39 AM 07:39 AM 09:39 AM 11:39 AM 01:40 PM 03:40 PM 05:40 PM 07:40 PM 09:41 PM 11:41 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान क्या करें और क्या न करें	Hindi	01:43 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:46 PM 09:46 PM 11:46 PM
Storytelling/ Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:45 AM 03:45 AM 05:45 AM 07:46 AM 09:46 AM 11:46 AM 01:46 PM 03:47 PM 05:47 PM 07:47 PM 09:47 PM 11:48 PM
रविवार, 28 सितंबर 2025 Sunday, 28 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:01 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:16 PM 04:16 PM 06:16 PM 08:16 PM 10:16 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान यदि पलायन करना पड़े तो	Hindi	12:43 AM 02:43 AM 04:44 AM 06:44 AM 08:44 AM 10:44 AM 12:44 PM 02:44 PM 04:45 PM 06:45 PM 08:45 PM 10:45 PM
Storytelling/ Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:45 AM 02:45 AM 04:45 AM 06:45 AM 08:45 AM 10:46 AM 12:46 PM 02:46 PM 04:46 PM 06:46 PM 08:46 PM 10:47 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	01:04 AM 03:04 AM 05:04 AM 07:04 AM 09:04 AM 11:05 AM 01:05 PM 03:05 PM 05:05 PM 07:05 PM 09:05 PM 11:06 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	01:20 AM 03:20 AM 05:20 AM 07:21 AM 09:21 AM 11:21 AM 01:21 PM 03:21 PM 05:21 PM 07:22 PM 09:22 PM 11:22 PM



Yoga	Dhyana	English	01:50 AM 03:50 AM 05:50 AM 07:50 AM 09:50 AM 11:51 AM 01:51 PM 03:51 PM 05:51 PM 07:51 PM 09:51 PM 11:52 PM
सोमवार, 29 सितंबर 2025 Monday, 29 September 2025			
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:00 AM 01:59 AM 03:59 AM 05:59 AM 07:59 AM 09:59 AM 11:59 AM 01:59 PM 03:59 PM 05:59 PM 07:59 PM 09:59 PM 11:59 PM
योग	नाडीशोधन प्राणायाम	हिन्दी	12:23 AM 02:23 AM 04:23 AM 06:23 AM 08:23 AM 10:23 AM 12:23 PM 02:23 PM 04:23 PM 06:23 PM 08:23 PM 10:22 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:27 AM 02:27 AM 04:27 AM 06:27 AM 08:27 AM 10:26 AM 12:26 PM 02:26 PM 04:26 PM 06:26 PM 08:26 PM 10:26 PM
Storytelling(Animated)	Why the Donkey Won't Move	English	12:38 AM 02:38 AM 04:38 AM 06:38 AM 08:38 AM 10:38 AM 12:38 PM 02:38 PM 04:38 PM 06:37 PM 08:37 PM 10:37 PM
सामान्य जागरूकता	खरगोश	हिन्दी	12:48 AM 02:48 AM 04:48 AM 06:48 AM 08:48 AM 10:48 AM 12:47 PM 02:47 PM 04:47 PM 06:47 PM 08:47 PM 10:47 PM
EVS	Chapter 2: Going to the Mela	English	12:59 AM 02:59 AM 04:59 AM 06:59 AM 08:59 AM 10:58 AM 12:58 PM 02:58 PM 04:58 PM 06:58 PM 08:58 PM 10:58 PM
Avalanche	Avalanche _ यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाय अपनाएँ	Hindi	01:07 AM 03:07 AM 05:07 AM 07:07 AM 09:07 AM 11:07 AM 01:07 PM 03:07 PM 05:07 PM 07:07 PM 09:07 PM 11:07 PM
Storytelling/ Value Education	टर्म टू-3	हिन्दी	01:09 AM 03:09 AM 05:09 AM 07:09 AM 09:09 AM 11:09 AM 01:09 PM 03:09 PM 05:09 PM 07:09 PM 09:08 PM 11:08 PM
General Awareness	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएँ	हिंदी	01:31 AM 03:31 AM 05:31 AM 07:31 AM 09:31 AM 11:31 AM 01:31 PM 03:31 PM 05:30 PM 07:30 PM 09:30 PM 11:30 PM



Video Program			
उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:32 AM 03:32 AM 05:31 AM 07:31 AM 09:31 AM 11:31 AM 01:31 PM 03:31 PM 05:31 PM 07:31 PM 09:31 PM 11:31 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	01:39 AM 03:39 AM 05:39 AM 07:38 AM 09:38 AM 11:38 AM 01:38 PM 03:38 PM 05:38 PM 07:38 PM 09:38 PM 11:38 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Arunachal Pradesh	English/hindi	01:48 AM 03:47 AM 05:47 AM 07:47 AM 09:47 AM 11:47 AM 01:47 PM 03:47 PM 05:47 PM 07:47 PM 09:47 PM 11:47 PM
मंगलवार, 30 सितंबर 2025 Tuesday, 30 September 2025			
Yoga	Surya_Namaskar	English	12:00 AM 02:00 AM 04:00 AM 06:00 AM 08:00 AM 10:00 AM 12:00 PM 02:01 PM 04:01 PM 06:01 PM 08:01 PM 10:01 PM
Mathematics	Chapter 4: Vacation with My Nani Maa	English	12:14 AM 02:15 AM 04:15 AM 06:15 AM 08:15 AM 10:15 AM 12:15 PM 02:15 PM 04:16 PM 06:16 PM 08:16 PM 10:16 PM
हिन्दी	पाठ 2 - चींटी	हिन्दी	12:30 AM 02:30 AM 04:30 AM 06:31 AM 08:31 AM 10:31 AM 12:31 PM 02:31 PM 04:31 PM 06:32 PM 08:32 PM 10:32 PM
Storytelling(Animated)	Why the Donkey Won't Move	English	12:46 AM 02:46 AM 04:46 AM 06:47 AM 08:47 AM 10:47 AM 12:47 PM 02:47 PM 04:47 PM 06:48 PM 08:48 PM 10:48 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	12:56 AM 02:56 AM 04:56 AM 06:56 AM 08:57 AM 10:57 AM 12:57 PM 02:57 PM 04:57 PM 06:57 PM 08:57 PM 10:58 PM
Storytelling/ Value Education	टर्म टू-4	हिन्दी	01:03 AM 03:03 AM 05:04 AM 07:04 AM 09:04 AM 11:04 AM 01:04 PM 03:04 PM 05:04 PM 07:05 PM 09:05 PM 11:05 PM



General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:27 AM 03:27 AM 05:28 AM 07:28 AM 09:28 AM 11:28 AM 01:28 PM 03:28 PM 05:29 PM 07:29 PM 09:29 PM 11:29 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:28 AM 03:28 AM 05:28 AM 07:28 AM 09:28 AM 11:29 AM 01:29 PM 03:29 PM 05:29 PM 07:29 PM 09:29 PM 11:29 PM
EVS	Chapter 2: Going to the Mela	English	01:33 AM 03:34 AM 05:34 AM 07:34 AM 09:34 AM 11:34 AM 01:34 PM 03:34 PM 05:35 PM 07:35 PM 09:35 PM 11:35 PM
Avalanche	Avalanche - यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाय अपनाएँ	Hindi	01:42 AM 03:42 AM 05:42 AM 07:42 AM 09:43 AM 11:43 AM 01:43 PM 03:43 PM 05:43 PM 07:43 PM 09:43 PM 11:44 PM
उर्दू	पाठ 2 - आम की गुठली	उर्दू	01:44 AM 03:44 AM 05:44 AM 07:44 AM 09:44 AM 11:45 AM 01:45 PM 03:45 PM 05:45 PM 07:45 PM 09:45 PM 11:45 PM
Yoga	Pawanmuktasana	English	01:51 AM 03:51 AM 05:51 AM 07:51 AM 09:51 AM 11:52 AM 01:52 PM 03:52 PM 05:52 PM 07:52 PM 09:52 PM 11:53 PM

