

## कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

### कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

| सोमवार<br>Monday  | मंगलवार<br>Tuesday | बुधवार<br>Wednesday | बृहस्पतिवार<br>Thursday | शुक्रवार<br>Friday | शनिवार<br>Saturday | रविवार<br>Sunday  |
|-------------------|--------------------|---------------------|-------------------------|--------------------|--------------------|-------------------|
| हिन्दी            | हिन्दी             | हिन्दी              | हिन्दी                  | संस्कृत            | संस्कृत            | اردو (उर्दू)      |
| भूगोल             | भूगोल              | इतिहास              | इतिहास                  | राजनीति विज्ञान    | राजनीति विज्ञान    | अर्थशास्त्र       |
| विज्ञान           | विज्ञान            | गणित                | गणित                    | गणित               | गणित               | विज्ञान           |
| English           | English            | English             | English                 | Geography          | Geography          | Economics         |
| Mathematics       | Mathematics        | History             | History                 | Mathematics        | Mathematics        | Political Science |
| Political Science | Political Science  | Science             | Science                 | Science            | Science            | General           |

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/28](https://www.swayamprabha.gov.in/index.php/program/current_se/28).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



## कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 10

**जनवरी 2024**  
**January 2024**

| विषय<br>Subject  | कार्यक्रम का शीर्षक<br>Program Title   | माध्यम<br>Medium | प्रसारण समय<br>Telecast Time  |
|--|--|------------------|---|
| <b>सोमवार, 01 जनवरी 2024</b><br><b>Monday, 01 January 2024</b> |  |                  |   |
| हिंदी  | हिंदी : पाठ-6: नागार्जुन   | Hindi            | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:02 PM    03:03 PM    06:04 PM    09:04<br>PM  |
| कहानी  | मीना- टेक केयर ऑफ़ गर्ल  | Hindi            | 12:25 AM    03:26 AM    06:27 AM    09:27 AM<br>   12:28 PM    03:29 PM    06:29 PM    09:30 PM<br> |
| सामाजिक विज्ञान<br>(भूगोल )                                    | सा.विज्ञा.(भूगोल): पाठ-3:<br>जल संसाधन भाग-1                                 | Hindi            | 12:37 AM    03:38 AM    06:39 AM    09:40 AM<br>   12:40 PM    03:41 PM    06:42 PM    09:42 PM<br> |
| ENVIRONMENT  | Life in Woods  | English          | 12:57 AM    03:58 AM    06:59 AM    09:59 AM<br>   01:00 PM    04:01 PM    07:01 PM    10:02 PM<br> |
| विज्ञान  | विज्ञान: पाठ-6: जैव प्रक्रम-1  | Hindi            | 01:12 AM    04:13 AM    07:14 AM    10:15 AM   <br>01:15 PM    04:16 PM    07:17 PM    10:17 PM     |
| General English  | Episode 7 Making<br>Requests 1   | English          | 01:34 AM    04:35 AM    07:36 AM    10:36 AM   <br>01:37 PM    04:38 PM    07:38 PM    10:39 PM     |
| Language<br>(English)  | English: Chap 9: The<br>Tale of Custard the<br>Dragon                        | English          | 01:45 AM    04:46 AM    07:47 AM    10:47 AM   <br>01:48 PM    04:49 PM    07:49 PM    10:50 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                    | Kala Utsav - 2019<br>Music - Instrumental<br>Competition: Boys:<br>Jharkhand | Na               | 02:13 AM    05:14 AM    08:15 AM    11:15 AM   <br>02:16 PM    05:17 PM    08:18 PM    11:18 PM     |



DD Free Dish Channel #32



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|--|--|---------|--|
| Mathematics  | Maths: Ch-3: Pair of Linear Equations in two Variables-1 | English | 02:18 AM    05:18 AM    08:19 AM    11:20 AM    02:20 PM    05:21 PM    08:22 PM    11:22 PM |
| Cultural Heritage: Art, Music & Dance                            | Kala Utsav – 2019 Dance Competition: Boys Daman and Diu  | Na      | 02:32 AM    05:33 AM    08:34 AM    11:34 AM    02:35 PM    05:36 PM    08:36 PM    11:37 PM |
| Social Science (Political Science)                               | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1                | English | 02:39 AM    05:40 AM    08:40 AM    11:41 AM    02:42 PM    05:42 PM    08:43 PM    11:44 PM |
| <b>मंगलवार, 02 जनवरी 2024</b><br><b>Tuesday, 02 January 2024</b> |  |         |  |
| हिंदी  | हिंदी : पाठ-6: नागार्जुन                                 | Hindi   | 12:00 AM    03:00 AM    06:00 AM    09:00 AM    12:00 PM    03:00 PM    06:00 PM    09:00 PM |
| Cultural Heritage: Art, Music & Dance                            | Kala Utsav – 2022 Visual Arts-2D(Girl):Delhi             | Na      | 12:25 AM    03:25 AM    06:25 AM    09:26 AM    12:26 PM    03:26 PM    06:26 PM    09:26 PM |
| सामाजिक विज्ञान (भूगोल )   | सा.विज्ञान.(भूगोल): पाठ-3: जल संसाधन भाग-2               | Hindi   | 12:26 AM    03:26 AM    06:26 AM    09:27 AM    12:27 PM    03:27 PM    06:27 PM    09:27 PM |
| Cultural Heritage: Art, Music & Dance                            | Kala Utsav – 2022 Visual Arts-2D(Girl): Kerala           | Na      | 12:51 AM    03:51 AM    06:51 AM    09:51 AM    12:51 PM    03:52 PM    06:52 PM    09:52 PM |
| विज्ञान  | विज्ञान:पाठ-6: जैव प्रक्रम-2                             | Hindi   | 12:55 AM    03:55 AM    06:55 AM    09:55 AM    12:55 PM    03:55 PM    06:55 PM    09:55 PM |
| General(Science)   | Stop the Fan   | English | 01:19 AM    04:19 AM    07:19 AM    10:19 AM    01:19 PM    04:19 PM    07:19 PM    10:20 PM |
| Language (English)   | English: Chap 9: Madam Rides the Bus-1                   | English | 01:20 AM    04:20 AM    07:21 AM    10:21 AM    01:21 PM    04:21 PM    07:21 PM    10:21 PM |
| ENVIRONMENT  | Life in Woods  | English | 01:43 AM    04:43 AM    07:43 AM    10:43 AM    01:43 PM    04:43 PM    07:43 PM    10:43 PM |
| Mathematics  | Maths: Ch-3 Pair of Linear Equations in two Variables-2  | English | 01:58 AM    04:58 AM    07:58 AM    10:58 AM    01:58 PM    04:58 PM    07:58 PM    10:58 PM |



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|---|--|---------|---|
| Cultural Heritage: Art, Music & Dance                             | Interview with Dr. Devyani Borole - A Polar Women (Part 1)                   | English | 02:19 AM    05:19 AM    08:19 AM    11:19 AM   <br>02:19 PM    05:19 PM    08:19 PM    11:19 PM |
| Social Science (Political Science)                                | S.Sc (Pol. Sci.): Ch-1: Power Sharing - 1                                    | English | 02:38 AM    05:38 AM    08:38 AM    11:39 AM   <br>02:39 PM    05:39 PM    08:39 PM    11:39 PM |
| <b>बुधवार, 03 जनवरी 2024</b><br><b>Wednesday, 03 January 2024</b> |  |         |   |
| हिन्दी  | पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल" | हिन्दी  | 12:00 AM    03:00 AM    06:01 AM    09:02 AM   <br>12:03 PM    03:03 PM    06:04 PM    09:05 PM |
| सामान्य   | सीखने की राह पर  | Hindi   | 12:32 AM    03:32 AM    06:33 AM    09:34 AM   <br>12:35 PM    03:36 PM    06:36 PM    09:37 PM |
| सामाजिक विज्ञान (इतिहास)  | सा.विज्ञान.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-1                    | Hindi   | 12:55 AM    03:56 AM    06:57 AM    09:57 AM   <br>12:58 PM    03:59 PM    07:00 PM    10:01 PM |
| General(Science)  | Colour Shadow  | English | 01:16 AM    04:16 AM    07:17 AM    10:18 AM   <br>01:19 PM    04:19 PM    07:20 PM    10:21 PM |
| गणित  | गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1                             | Hindi   | 01:18 AM    04:18 AM    07:19 AM    10:20 AM   <br>01:21 PM    04:21 PM    07:22 PM    10:23 PM |
| Avalanche   | यदि आप हिमस्खलन में फस जाएँ, घबराएँ नहीं, बचने के लिए यह उपाएँ अपनाएँ        | Hindi   | 01:50 AM    04:51 AM    07:52 AM    10:53 AM   <br>01:53 PM    04:54 PM    07:55 PM    10:56 PM |
| Language (English)  | English: Chap 9: Madam Rides the Bus-2                                       | English | 01:52 AM    04:53 AM    07:54 AM    10:54 AM   <br>01:55 PM    04:56 PM    07:57 PM    10:57 PM |
| General(Science)  | Shaded pole motor  | English | 02:09 AM    05:10 AM    08:11 AM    11:11 AM   <br>02:12 PM    05:13 PM    08:14 PM    11:14 PM |
| Social Science (History)  | S.Sc (History): Ch-1 The Rise of Nationalism in Europe-I                     | English | 02:11 AM    05:12 AM    08:12 AM    11:13 AM   <br>02:14 PM    05:15 PM    08:16 PM    11:16 PM |



|   |  |               |   |
|---|--|---------------|---|
| General   | I will work & work with courage  | English       | 02:38 AM    05:39 AM    08:39 AM    11:40 AM   <br>02:41 PM    05:42 PM    08:42 PM    11:43 PM |
| Science   | Science: Chap 6: Life Processes -1   | English       | 02:41 AM    05:41 AM    08:42 AM    11:43 AM   <br>02:44 PM    05:44 PM    08:45 PM    11:46 PM |
| <b>बृहस्पतिवार, 04 जनवरी 2024</b><br><b>Thursday, 04 January 2024</b> |  |               |   |
| हिन्दी  | पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल" | हिन्दी        | 12:00 AM    03:00 AM    06:00 AM    09:00 AM   <br>12:00 PM    03:00 PM    06:00 PM    09:00 PM |
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav - 2022 Music -Indigenous Toys and Games(Girl):Kerala              | Na            | 12:25 AM    03:25 AM    06:25 AM    09:25 AM   <br>12:25 PM    03:25 PM    06:26 PM    09:26 PM |
| सामाजिक विज्ञान (इतिहास)  | सा.विज्ञान.(इतिहास): पाठ-1: यूरोप में राष्ट्रवाद का उदय-2                    | Hindi         | 12:34 AM    03:34 AM    06:34 AM    09:34 AM   <br>12:34 PM    03:34 PM    06:35 PM    09:35 PM |
| Cultural Heritage: Art, Music & Dance                                 | Art - A Brain Developer  | Hindi/English | 12:58 AM    03:59 AM    06:59 AM    09:59 AM   <br>12:59 PM    03:59 PM    06:59 PM    09:59 PM |
| गणित  | गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1                             | Hindi         | 01:24 AM    04:24 AM    07:24 AM    10:24 AM   <br>01:24 PM    04:25 PM    07:25 PM    10:25 PM |
| Language (English)  | English: Chap 9: Madam Rides the Bus-3                                       | English       | 01:57 AM    04:57 AM    07:57 AM    10:57 AM   <br>01:57 PM    04:57 PM    07:57 PM    10:57 PM |
| Cultural Heritage: Art, Music & Dance                                 | National Role Play & Folk Dance - Ajmer                                      | Regional      | 02:06 AM    05:06 AM    08:06 AM    11:06 AM   <br>02:06 PM    05:07 PM    08:07 PM    11:07 PM |
| Social Science (History)  | S.Sc (History): Ch-1 The Rise of Nationalism in Europe-II                    | English       | 02:17 AM    05:17 AM    08:17 AM    11:17 AM   <br>02:17 PM    05:17 PM    08:18 PM    11:18 PM |
| General(Science)  | Floating Ball  | English       | 02:39 AM    05:39 AM    08:39 AM    11:39 AM   <br>02:39 PM    05:39 PM    08:40 PM    11:40 PM |



|  |   |          |   |
|--|---|----------|---|
| Science  | Science: Chap 6: Life Processes -2                        | English  | 02:40 AM    05:40 AM    08:40 AM    11:40 AM<br>   02:40 PM    05:41 PM    08:41 PM    11:41 PM<br> |
| <b>शुक्रवार, 05 जनवरी 2024</b><br><b>Friday, 05 January 2024</b> |   |          |   |
| संस्कृत  | संस्कृत : पाठ - 8: विचित्रा: साक्षी-1                     | Sanskrit | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:02 PM    03:03 PM    06:04 PM    09:05<br>PM  |
| सामाजिक विज्ञान (राजनीति विज्ञान)                                | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-1: सत्ता की साझेदारी-1 | Hindi    | 12:26 AM    03:27 AM    06:28 AM    09:29 AM   <br>12:29 PM    03:30 PM    06:31 PM    09:31 PM     |
| Cultural Heritage: Art, Music & Dance                            | Kala Utsav - 2022 Visual Arts-2D(Boy):Jharkhand           | Na       | 12:48 AM    03:49 AM    06:50 AM    09:50 AM<br>   12:51 PM    03:52 PM    06:52 PM    09:53<br>PM  |
| गणित   | गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2          | Hindi    | 12:49 AM    03:50 AM    06:51 AM    09:52 AM<br>   12:52 PM    03:53 PM    06:54 PM    09:55<br>PM  |
| Cultural Heritage: Art, Music & Dance                            | Bans ki Hasht Shilp Kala                                  | Hindi    | 01:19 AM    04:20 AM    07:20 AM    10:21 AM   <br>01:22 PM    04:23 PM    07:23 PM    10:24 PM     |
| Social Science (Geography)                                       | So. Sci. (Geo): Chap 3: Water Resources-1                 | English  | 01:36 AM    04:36 AM    07:37 AM    10:38 AM   <br>01:39 PM    04:39 PM    07:40 PM    10:41 PM     |
| Cultural Heritage: Art, Music & Dance                            | Kala Utsav - 2019 Dance Competition: Boys Chhattisgarh    | Na       | 01:52 AM    04:53 AM    07:54 AM    10:55 AM<br>   01:55 PM    04:56 PM    07:57 PM    10:57<br>PM  |
| Mathematics  | Maths: Ch-3 Pair of Linear Equations in two Variables-3   | English  | 01:57 AM    04:58 AM    07:59 AM    10:59 AM   <br>02:00 PM    05:01 PM    08:01 PM    11:02 PM     |
| General  | Ustrasana   | English  | 02:22 AM    05:23 AM    08:24 AM    11:24 AM   <br>02:25 PM    05:26 PM    08:26 PM    11:27 PM     |
| Science  | Science: Chap 6: Life Processes                           | English  | 02:25 AM    05:26 AM    08:26 AM    11:27 AM   <br>02:28 PM    05:29 PM    08:29 PM    11:30 PM     |
| <b>शनिवार, 06 जनवरी 2024</b><br><b>Saturday, 06 January 2024</b> |   |          |   |





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|---------------------------------------|--|----------|---|
| संस्कृत                               | संस्कृत : पाठ - 8: विचित्रा: साक्षी-1                                | Sanskrit | 12:00 AM    03:00 AM    06:00 AM    09:01 AM<br>   12:01 PM    03:01 PM    06:02 PM    09:02 PM<br> |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2019 Dance Competition: Boys Dadra And Nagar Haveli     | Na       | 12:26 AM    03:26 AM    06:27 AM    09:27 AM   <br>12:27 PM    03:28 PM    06:28 PM    09:28 PM     |
| सामाजिक विज्ञान (राजनीति विज्ञान)     | सा.विज्ञा.(राजनीति विज्ञा.): पाठ-1: सत्ता की साझेदारी-2              | Hindi    | 12:31 AM    03:31 AM    06:32 AM    09:32 AM   <br>12:32 PM    03:33 PM    06:33 PM    09:33 PM<br> |
| General                               | Ustrasana  | English  | 01:01 AM    04:01 AM    07:01 AM    10:02 AM   <br>01:02 PM    04:03 PM    07:03 PM    10:03 PM<br> |
| गणित                                  | गणित: पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2                     | Hindi    | 01:04 AM    04:04 AM    07:04 AM    10:05 AM<br>   01:05 PM    04:05 PM    07:06 PM    10:06<br>PM  |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2022 Visual Arts-3D(Girl):Mizoram                       | Na       | 01:33 AM    04:34 AM    07:34 AM    10:34 AM   <br>01:35 PM    04:35 PM    07:35 PM    10:36 PM<br> |
| Social Science (Geography)            | So. Sci. (Geo): Chap 3: Water Resources-2                            | English  | 01:37 AM    04:38 AM    07:38 AM    10:38 AM   <br>01:39 PM    04:39 PM    07:39 PM    10:40 PM     |
| General                               | I will bring Glory to my Nation                                      | English  | 01:50 AM    04:50 AM    07:51 AM    10:51 AM   <br>01:52 PM    04:52 PM    07:52 PM    10:53 PM<br> |
| Mathematics                           | Maths: Ch-3 Pair of Linear Equations in two Variables-4              | English  | 02:05 AM    05:06 AM    08:06 AM    11:06 AM<br>   02:07 PM    05:07 PM    08:08 PM    11:08 PM<br> |
| Cultural Heritage: Art, Music & Dance | Kala Utsav - 2019 Music - Instrumental Competition: Girls: Jharkhand | Na       | 02:39 AM    05:39 AM    08:39 AM    11:40 AM   <br>02:40 PM    05:40 PM    08:41 PM    11:41 PM     |
| Class 10                              | Chapter 6: Life Processes  | English  | 02:45 AM    05:46 AM    08:46 AM    11:46 AM   <br>02:47 PM    05:47 PM    08:47 PM    11:48 PM     |

रविवार, 07 जनवरी 2024  
Sunday, 07 January 2024



DD Free Dish Channel #32



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Jio TV



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Dish TV Channel #2031

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|--|---|---------|---|
| Language<br>(Urdu)                               | Urdu: Chp-1: Bhola  | Urdu    | 12:00 AM    03:00 AM    06:00 AM    09:00 AM<br>   12:00 PM    03:00 PM    06:01 PM    09:01 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance      | Kala Utsav – 2019<br>Dance Competition:<br>Boys Daman and Diu                   | Na      | 12:30 AM    03:30 AM    06:30 AM    09:30 AM<br>   12:31 PM    03:31 PM    06:31 PM    09:31 PM<br> |
| सामाजिक विज्ञान<br>(अर्थशास्त्र)                 | सा.विज्ञान.(अर्थशास्त्र): पाठ-1:<br>विकास भाग-1                                 | Hindi   | 12:36 AM    03:37 AM    06:37 AM    09:37 AM   <br>12:37 PM    03:37 PM    06:37 PM    09:38 PM     |
| विज्ञान  | विज्ञान: पाठ-6: जैव प्रक्रम   | Hindi   | 01:03 AM    04:03 AM    07:03 AM    10:04 AM<br>   01:04 PM    04:04 PM    07:04 PM    10:04<br>PM  |
| Cultural<br>Heritage: Art,<br>Music & Dance      | Kala Utsav – 2022<br>Vocal Music-<br>Traditional<br>Folk(Boy):Maharashtr<br>a   | Na      | 01:38 AM    04:38 AM    07:38 AM    10:39 AM   <br>01:39 PM    04:39 PM    07:39 PM    10:39 PM     |
| Social Science<br>(Economics)                    | S.Sc (Eco): Ch-1<br>Development- I  | English | 01:44 AM    04:44 AM    07:44 AM    10:44 AM   <br>01:45 PM    04:45 PM    07:45 PM    10:45 PM<br> |
| General  | I will bring Glory to<br>my Nation  | English | 02:10 AM    05:10 AM    08:11 AM    11:11 AM   <br>02:11 PM    05:11 PM    08:11 PM    11:11 PM     |
| Social Science<br>(Political<br>Science)         | S.Sc (Pol. Sci.): Ch-1:<br>Power Sharing - 1                                    | English | 02:26 AM    05:26 AM    08:26 AM    11:26 AM   <br>02:26 PM    05:26 PM    08:27 PM    11:27 PM     |
| General English                                  | Episode 6 Giving<br>Advice 2  | English | 02:47 AM    05:47 AM    08:47 AM    11:47 AM   <br>02:48 PM    05:48 PM    08:48 PM    11:48 PM     |
| सोमवार, 08 जनवरी 2024<br>Monday, 08 January 2024 |   |         |   |
| हिंदी  | हिंदी : पाठ-7: वीरेन डंगवाल:<br>तोप   | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:03 PM    06:04 PM    09:05<br>PM  |
| Cold Wave  | Coldwave - शीतलहर से<br>पहले और उसके दौरान<br>किसान क्या करें - क्या ना<br>करें | Hindi   | 12:22 AM    03:22 AM    06:23 AM    09:24 AM<br>   12:25 PM    03:25 PM    06:26 PM    09:27<br>PM  |





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| सामाजिक विज्ञान<br>(भूगोल)                                       | सा.विज्ञान.(भूगोल): पाठ-3:<br>जल संसाधन                       | Hindi   | 12:23 AM    03:23 AM    06:24 AM    09:25 AM<br>   12:26 PM    03:26 PM    06:27 PM    09:28 PM<br> |
| Earthquake   | Earthquake - भूकंप के<br>दौरान क्या करना चाहिए                | Hindi   | 12:48 AM    03:48 AM    06:49 AM    09:50 AM<br>   12:51 PM    03:51 PM    06:52 PM    09:53 PM<br> |
| विज्ञान  | विज्ञान: पाठ-6: जैव प्रक्रम                                   | Hindi   | 12:48 AM    03:49 AM    06:50 AM    09:51 AM   <br>12:51 PM    03:52 PM    06:53 PM    09:54 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                      | Mukha   | English | 01:23 AM    04:24 AM    07:25 AM    10:26 AM   <br>01:26 PM    04:27 PM    07:28 PM    10:29 PM     |
| Language<br>(English)  | English: Chap 9:<br>Madam Rides the<br>Bus-4                  | English | 01:35 AM    04:36 AM    07:37 AM    10:38 AM   <br>01:38 PM    04:39 PM    07:40 PM    10:41 PM     |
| General  | Growing up Healthy  | English | 02:02 AM    05:03 AM    08:03 AM    11:04 AM<br>   02:05 PM    05:06 PM    08:06 PM    11:07<br>PM  |
| Mathematics  | Maths: Ch-3 Pair of<br>Linear Equations in<br>two Variables-5 | English | 02:06 AM    05:07 AM    08:08 AM    11:08 AM<br>   02:09 PM    05:10 PM    08:11 PM    11:11 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                      | Ajrakh Block Print  | Hindi   | 02:32 AM    05:32 AM    08:33 AM    11:34 AM   <br>02:35 PM    05:35 PM    08:36 PM    11:37 PM     |
| Social Science<br>(Political<br>Science)                         | S.Sc (Pol. Sci.): Ch-1:<br>Power Sharing - 2                  | English | 02:39 AM    05:40 AM    08:41 AM    11:42 AM   <br>02:42 PM    05:43 PM    08:44 PM    11:45 PM     |
| <b>मंगलवार, 09 जनवरी 2024</b><br><b>Tuesday, 09 January 2024</b> |   |         |   |
| हिंदी  | हिंदी : पाठ-7: वीरेन इंद्रवाल:<br>तोप                         | Hindi   | 12:00 AM    03:00 AM    06:00 AM    09:00 AM<br>   12:01 PM    03:01 PM    06:01 PM    09:01 PM<br> |
| सामान्य  | सीखने की राह पर   | Hindi   | 12:22 AM    03:22 AM    06:22 AM    09:22 AM<br>   12:23 PM    03:23 PM    06:23 PM    09:23<br>PM  |



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| सामाजिक विज्ञान<br>(भूगोल)                          | सा.विज्ञान.(भूगोल): पाठ-3:<br>जल संसाधन  | Hindi   | 12:45 AM    03:45 AM    06:46 AM    09:46 AM<br>   12:46 PM    03:46 PM    06:47 PM    09:47 PM<br> |
| Cold Wave   | Coldwave - मजदूर और<br>कामकाजी व्यक्ति शीतलहर<br>के दौरान क्या करें - क्या न<br>करें | Hindi   | 01:10 AM    04:10 AM    07:11 AM    10:11 AM   <br>01:11 PM    04:11 PM    07:12 PM    10:12 PM     |
| विज्ञान   | विज्ञान: पाठ-6: जैव प्रक्रम  | Hindi   | 01:11 AM    04:11 AM    07:11 AM    10:12 AM   <br>01:12 PM    04:12 PM    07:13 PM    10:13 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance         | Kala Utsav - 2022<br>Music -Indigenous<br>Toys and Games(Boy)<br>Manipur             | Na      | 01:46 AM    04:46 AM    07:46 AM    10:47 AM   <br>01:47 PM    04:47 PM    07:48 PM    10:48 PM     |
| Language<br>(English)                               | English: Chap 9:<br>Madam Rides the Bus  | English | 01:49 AM    04:49 AM    07:49 AM    10:49 AM   <br>01:50 PM    04:50 PM    07:50 PM    10:51 PM<br> |
| General   | Tadasana   | English | 02:09 AM    05:09 AM    08:09 AM    11:10 AM   <br>02:10 PM    05:10 PM    08:10 PM    11:11 PM     |
| Mathematics   | Maths: Ch-3 Pair of<br>Linear Equations in<br>two Variables-6                        | English | 02:11 AM    05:11 AM    08:12 AM    11:12 AM   <br>02:12 PM    05:12 PM    08:13 PM    11:13 PM     |
| General   | Nutrition_Health and<br>Sanitation   | English | 02:33 AM    05:33 AM    08:33 AM    11:33 AM   <br>02:34 PM    05:34 PM    08:34 PM    11:34 PM     |
| Social Science<br>(Political<br>Science)            | S.Sc (Pol. Sci.): Ch-1:<br>Power Sharing - 2   | English | 02:39 AM    05:39 AM    08:39 AM    11:40 AM   <br>02:40 PM    05:40 PM    08:40 PM    11:41 PM     |
| बुधवार, 10 जनवरी 2024<br>Wednesday, 10 January 2024 |  |         |   |
| हिंदी   | हिंदी :पाठ-7: कवि वीरेन<br>डंगवाल और उनकी कविता                                      | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:02 PM    03:03 PM    06:04 PM    09:04<br>PM  |
| Cultural<br>Heritage: Art,<br>Music & Dance         | Kala Utsav - 2022<br>Vocal Music-<br>Classical(Girl):<br>Maharashtra                 | Na      | 12:30 AM    03:31 AM    06:32 AM    09:32 AM   <br>12:33 PM    03:34 PM    06:35 PM    09:35 PM<br> |



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| सामाजिक विज्ञान<br>(इतिहास)   | सा.विज्ञा.(इतिहास): पाठ-1:<br>यूरोप में राष्ट्रवाद का<br>उदय-3               | Hindi   | 12:39 AM    03:39 AM    06:40 AM    09:41 AM   <br>12:41 PM    03:42 PM    06:43 PM    09:43 PM     |
| General   | पारस्परिक संबंध  | Hindi   | 01:00 AM    04:01 AM    07:01 AM    10:02 AM   <br>01:03 PM    04:04 PM    07:04 PM    10:05 PM<br> |
| गणित  | गणित: पाठ-3: दो चर वाले<br>रैखिक समीकरण युग्म<br>भाग-1                       | Hindi   | 01:05 AM    04:06 AM    07:07 AM    10:07 AM<br>   01:08 PM    04:09 PM    07:10 PM    10:10 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                           | Kala Utsav - 2022<br>Music -Indigenous<br>Toys and Games(Boy)<br>:Tamil Nadu | Na      | 01:39 AM    04:39 AM    07:40 AM    10:41 AM   <br>01:41 PM    04:42 PM    07:43 PM    10:44 PM     |
| Language<br>(English)   | English: Chp 10: For<br>Anne Gregory-1                                       | English | 01:42 AM    04:43 AM    07:44 AM    10:44 AM   <br>01:45 PM    04:46 PM    07:46 PM    10:47 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                           | Bharatnatyam,<br>Ardhchandra   | Hindi   | 02:05 AM    05:06 AM    08:07 AM    11:07 AM<br>   02:08 PM    05:09 PM    08:09 PM    11:10 PM<br> |
| Social Science<br>(History)   | S.Sc (History): Ch-1<br>The Rise of<br>Nationalism in<br>Europe-III          | English | 02:19 AM    05:20 AM    08:21 AM    11:22 AM   <br>02:22 PM    05:23 PM    08:24 PM    11:24 PM     |
| General   | Single Use Plastic   | हिन्दी  | 02:48 AM    05:48 AM    08:49 AM    11:50 AM   <br>02:50 PM    05:51 PM    08:52 PM    11:53 PM     |
| Class 10  | Chapter 6: Life<br>Processes   | English | 02:49 AM    05:50 AM    08:51 AM    11:51 AM   <br>02:52 PM    05:53 PM    08:54 PM    11:54 PM<br> |
| <b>बृहस्पतिवार, 11 जनवरी 2024</b><br><b>Thursday, 11 January 2024</b> |  |         |   |
| हिंदी   | हिंदी :पाठ-7: कवि वीरेन<br>डंगवाल और उनकी कविता                              | Hindi   | 12:00 AM    03:00 AM    06:00 AM    09:01 AM<br>   12:01 PM    03:01 PM    06:02 PM    09:02 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                           | Understanding Our<br>Architectural Heritage<br>(Bibi ka Maqbara)             | English | 12:23 AM    03:24 AM    06:24 AM    09:24 AM<br>   12:25 PM    03:25 PM    06:25 PM    09:26<br>PM  |



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| सामाजिक विज्ञान<br>(इतिहास)                        | सा.विज्ञान.(इतिहास): पाठ-1<br>यूरोप में राष्ट्रवाद का उदय                    | Hindi   | 12:38 AM    03:38 AM    06:38 AM    09:39 AM   <br>12:39 PM    03:39 PM    06:40 PM    09:40 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance        | Kala Utsav - 2022<br>Vocal Music-<br>Classical(Girl):<br>Karnataka           | Na      | 01:03 AM    04:04 AM    07:04 AM    10:04 AM<br>   01:05 PM    04:05 PM    07:05 PM    10:06<br>PM  |
| गणित   | गणित: पाठ-3: दो चर वाले<br>रैखिक समीकरण युग्म<br>भाग-1                       | Hindi   | 01:09 AM    04:09 AM    07:10 AM    10:10 AM   <br>01:10 PM    04:11 PM    07:11 PM    10:11 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance        | Kala Utsav - 2022<br>Music -Indigenous<br>Toys and Games(Boy)<br>:Tamil Nadu | Na      | 01:42 AM    04:43 AM    07:43 AM    10:43 AM   <br>01:44 PM    04:44 PM    07:44 PM    10:45 PM     |
| Language<br>(English)                              | English: Chp 10: For<br>Anne Gregory-2                                       | English | 01:46 AM    04:46 AM    07:47 AM    10:47 AM   <br>01:47 PM    04:48 PM    07:48 PM    10:48 PM     |
| General  | Anthropological<br>Museum (Anadaman<br>and Nicobar Islands)                  | English | 02:03 AM    05:04 AM    08:04 AM    11:04 AM<br>   02:05 PM    05:05 PM    08:05 PM    11:06<br>PM  |
| Social Science<br>(History)                        | S.Sc (History): Ch-1:<br>The Rise of<br>Nationalism in Europe                | English | 02:08 AM    05:08 AM    08:08 AM    11:09 AM<br>   02:09 PM    05:09 PM    08:10 PM    11:10 PM<br> |
| General  | Gender Equality  | English | 02:36 AM    05:37 AM    08:37 AM    11:37 AM   <br>02:38 PM    05:38 PM    08:38 PM    11:39 PM     |
| Science  | Science: Chapter 6:<br>Human Respiratory<br>System                           | English | 02:43 AM    05:44 AM    08:44 AM    11:44 AM   <br>02:45 PM    05:45 PM    08:45 PM    11:46 PM<br> |
| Science  | Science: Chapter<br>6:Haemodialysis  | English | 02:47 AM    05:47 AM    08:48 AM    11:48 AM   <br>02:48 PM    05:49 PM    08:49 PM    11:49 PM     |
| Science  | Science: Chapter<br>6:The human<br>alimentary canal<br>(Digestive System)    | English | 02:52 AM    05:52 AM    08:52 AM    11:53 AM<br>   02:53 PM    05:53 PM    08:54 PM    11:54<br>PM  |
| शुक्रवार, 12 जनवरी 2024<br>Friday, 12 January 2024 |  |         |   |



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| संस्कृत  | संस्कृत : पाठ - 8: विचित्रा: साक्षी-2                           | Sanskrit | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:04 PM    06:05 PM    09:06 PM |
| Cultural Heritage: Art, Music & Dance              | Kala Utsav - 2022 Music -Indigenous Toys and Games(Boy) Manipur | Na       | 12:30 AM    03:31 AM    06:32 AM    09:33 AM   <br>12:34 PM    03:34 PM    06:35 PM    09:36 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान)                  | सा.विज्ञा.(राजनीति विज्ञान): पाठ-1 सत्ता की साझेदारी            | Hindi    | 12:32 AM    03:33 AM    06:34 AM    09:35 AM<br>   12:36 PM    03:37 PM    06:38 PM    09:39 PM |
| General  | Tadasana  | English  | 01:21 AM    04:22 AM    07:23 AM    10:24 AM   <br>01:25 PM    04:26 PM    07:27 PM    10:28 PM |
| गणित   | गणित : पाठ-3: दो चर वाले रैखिक समीकरण युग्म -2                  | Hindi    | 01:24 AM    04:25 AM    07:26 AM    10:27 AM   <br>01:27 PM    04:28 PM    07:29 PM    10:30 PM |
| General  | Ustrasana   | English  | 01:43 AM    04:44 AM    07:45 AM    10:46 AM   <br>01:47 PM    04:48 PM    07:49 PM    10:50 PM |
| Social Science (Geography)                         | S. Sc. (Geo): Chp 3: Water Resources                            | English  | 01:46 AM    04:47 AM    07:48 AM    10:49 AM   <br>01:50 PM    04:51 PM    07:52 PM    10:53 PM |
| General  | Gender Equality   | English  | 02:07 AM    05:08 AM    08:09 AM    11:10 AM   <br>02:11 PM    05:12 PM    08:12 PM    11:13 PM |
| Mathematics  | Maths: Ch-3 Pair of Linear Equations in two Variables-7         | English  | 02:14 AM    05:15 AM    08:16 AM    11:17 AM   <br>02:18 PM    05:19 PM    08:20 PM    11:21 PM |
| Science  | Science: Chapter 6: Transpiration                               | English  | 02:43 AM    05:44 AM    08:45 AM    11:46 AM   <br>02:47 PM    05:48 PM    08:49 PM    11:49 PM |
| Science  | Science: Chp 6: Respiration in Living Organism                  | English  | 02:46 AM    05:47 AM    08:48 AM    11:49 AM   <br>02:49 PM    05:50 PM    08:51 PM    11:52 PM |
| Science  | Science: Chp 6: Human Digestive Systems                         | English  | 02:54 AM    05:55 AM    08:56 AM    11:57 AM<br>   02:58 PM    05:59 PM    09:00 PM             |
| शनिवार, 13 जनवरी 2024<br>Saturday, 13 January 2024 |   |          |   |
| संस्कृत  | संस्कृत : पाठ - 8: विचित्रा: साक्षी-2                           | Sanskrit | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:02 PM    03:03 PM    06:04 PM    09:05 PM |



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| Cultural Heritage: Art, Music & Dance                          | Folk Dance - Arunachal Pradesh                                      | Regional | 12:30 AM    03:30 AM    06:31 AM    09:32 AM    12:33 PM    03:33 PM    06:34 PM    09:35 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान)                              | सा.विज्ञान.(राजनीति विज्ञान): पाठ-1 सत्ता की साझेदारी               | Hindi    | 12:39 AM    03:40 AM    06:41 AM    09:41 AM    12:42 PM    03:43 PM    06:44 PM    09:44 PM |
| Cultural Heritage: Art, Music & Dance                          | Kala Utsav - 2022 Music -Indigenous Toys and Games(Boy) :Tamil Nadu | Na       | 01:28 AM    04:29 AM    07:30 AM    10:30 AM    01:31 PM    04:32 PM    07:33 PM    10:33 PM |
| गणित   | गणित : पाठ-3: दो चर वाले रैखिक समीकरण युग्म -2                      | Hindi    | 01:32 AM    04:33 AM    07:33 AM    10:34 AM    01:35 PM    04:35 PM    07:36 PM    10:37 PM |
| General  | Vakrasana   | English  | 01:52 AM    04:52 AM    07:53 AM    10:54 AM    01:54 PM    04:55 PM    07:56 PM    10:57 PM |
| Social Science (Geography)                                     | S. Sc. (Geo): Chp 3: Water Resources                                | English  | 01:54 AM    04:55 AM    07:56 AM    10:56 AM    01:57 PM    04:58 PM    07:58 PM    10:59 PM |
| सामान्य  | सूर्य नमस्कार   | हिन्दी   | 02:15 AM    05:15 AM    08:16 AM    11:17 AM    02:17 PM    05:18 PM    08:19 PM    11:20 PM |
| Mathematics  | Maths: Ch-3 Pair of Linear Equations in two Variables-8             | English  | 02:21 AM    05:22 AM    08:23 AM    11:24 AM    02:24 PM    05:25 PM    08:26 PM    11:26 PM |
| General  | Waste Reduced   | English  | 02:50 AM    05:51 AM    08:52 AM    11:52 AM    02:53 PM    05:54 PM    08:54 PM    11:55 PM |
| Science  | Excretory system in human beings                                    | English  | 02:52 AM    05:52 AM    08:53 AM    11:54 AM    02:54 PM    05:55 PM    08:56 PM    11:57 PM |
| Science  | Structure of nephron  | English  | 02:54 AM    05:55 AM    08:56 AM    11:56 AM    02:57 PM    05:58 PM    08:59 PM    11:59 PM |
| <b>रविवार, 14 जनवरी 2024</b><br><b>Sunday, 14 January 2024</b> |   |          |  |



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| Language<br>(Urdu)   | Urdu: Chp-1: Bhola                                       | Urdu    | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:04 PM    06:05 PM    09:06<br>PM  |
| Cultural<br>Heritage: Art,<br>Music & Dance                    | Kala Utsav – 2022<br>Music –Dance<br>Folk(Girl) :Tripura | Na      | 12:30 AM    03:31 AM    06:32 AM    09:33 AM   <br>12:34 PM    03:34 PM    06:35 PM    09:36 PM<br> |
| सामाजिक विज्ञान<br>(अर्थशास्त्र)                               | सा.विज्ञान.(अर्थशास्त्र): पाठ-1:<br>विकास                | Hindi   | 12:34 AM    03:35 AM    06:36 AM    09:37 AM<br>   12:38 PM    03:39 PM    06:40 PM    09:41 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                    | ताजमहल अतुलिया धरोवर                                     | Hindi   | 01:05 AM    04:06 AM    07:07 AM    10:07 AM<br>   01:08 PM    04:09 PM    07:10 PM    10:11 PM<br> |
| विज्ञान  | विज्ञान: पाठ-6: जैव प्रक्रम                              | Hindi   | 01:15 AM    04:16 AM    07:17 AM    10:18 AM   <br>01:19 PM    04:19 PM    07:20 PM    10:21 PM     |
| General  | Waste Reduced  | English | 01:50 AM    04:51 AM    07:52 AM    10:53 AM   <br>01:54 PM    04:54 PM    07:55 PM    10:56 PM<br> |
| Social Science<br>(Economics)                                  | S.Sc (Eco): Ch-1<br>Development- II                      | English | 01:51 AM    04:52 AM    07:53 AM    10:54 AM   <br>01:55 PM    04:56 PM    07:57 PM    10:58 PM<br> |
| General  | Reproductive Health<br>and HIV Prevention                | English | 02:15 AM    05:16 AM    08:17 AM    11:18 AM   <br>02:19 PM    05:19 PM    08:20 PM    11:21 PM     |
| Social Science<br>(Political<br>Science)                       | S.Sc (Pol.Sci.): Ch-1:<br>Power Sharing                  | English | 02:20 AM    05:21 AM    08:22 AM    11:23 AM   <br>02:24 PM    05:25 PM    08:26 PM    11:27 PM     |
| <b>सोमवार, 15 जनवरी 2024</b><br><b>Monday, 15 January 2024</b> |  |         |   |
| हिंदी  | हिंदी :पाठ-9: कवि मंगलेश<br>डबराल और उनकी कविता          | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:01 AM   <br>12:02 PM    03:02 PM    06:03 PM    09:03 PM<br> |
| ENVIRONMENT  | Life in Woods  | English | 12:27 AM    03:27 AM    06:28 AM    09:28 AM   <br>12:29 PM    03:29 PM    06:30 PM    09:30 PM<br> |



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| सामाजिक विज्ञान<br>(भूगोल)                         | सा.विज्ञान.(भूगोल): पाठ-4:<br>कृषि- भाग-1                                    | Hindi   | 12:42 AM    03:42 AM    06:43 AM    09:43 AM<br>   12:44 PM    03:44 PM    06:45 PM    09:45<br>PM  |
| Cultural<br>Heritage: Art,<br>Music & Dance        | Kala Utsav - 2022<br>Dance<br>Competition:Dance<br>Folk(Boy) : Tamil<br>Nadu | Na      | 01:03 AM    04:03 AM    07:04 AM    10:04 AM<br>   01:05 PM    04:05 PM    07:06 PM    10:07<br>PM  |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं<br>समन्वय-1                                     | Hindi   | 01:09 AM    04:09 AM    07:10 AM    10:10 AM   <br>01:11 PM    04:11 PM    07:12 PM    10:13 PM     |
| Cyber Security                                     | Social Networking  | English | 01:21 AM    04:22 AM    07:22 AM    10:23 AM   <br>01:23 PM    04:24 PM    07:24 PM    10:25 PM     |
| Language<br>(English)                              | English: Chp 10: For<br>Anne Gregory-3                                       | English | 01:26 AM    04:26 AM    07:27 AM    10:27 AM   <br>01:28 PM    04:28 PM    07:29 PM    10:29 PM     |
| Health, Physical<br>Education/Yoga<br>/ Sports     | Kabaddi  | Hindi   | 01:51 AM    04:52 AM    07:53 AM    10:53 AM   <br>01:54 PM    04:54 PM    07:55 PM    10:55 PM<br> |
| Mathematics  | Maths: Ch-3 Pair of<br>Linear Equations in<br>two Variables-9                | English | 02:16 AM    05:16 AM    08:17 AM    11:17 AM   <br>02:18 PM    05:19 PM    08:19 PM    11:20 PM     |
| Cyber Security                                     | Internet Ethics  | English | 02:34 AM    05:35 AM    08:35 AM    11:36 AM<br>   02:36 PM    05:37 PM    08:37 PM    11:38 PM<br> |
| Social Science<br>(Political<br>Science)           | S.Sc (Pol. Sci.): Ch-2:<br>Federalism  | English | 02:37 AM    05:37 AM    08:38 AM    11:39 AM   <br>02:39 PM    05:40 PM    08:40 PM    11:41 PM     |
| मंगलवार, 16 जनवरी 2024<br>Tuesday, 16 January 2024 |  |         |   |
| हिंदी  | हिंदी :पाठ-9: कवि मंगलेश<br>डबराल और उनकी कविता                              | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:01 AM   <br>12:02 PM    03:02 PM    06:03 PM    09:04 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance        | Lakdi pe Nakkashi  | Hindi   | 12:27 AM    03:27 AM    06:28 AM    09:28 AM   <br>12:29 PM    03:30 PM    06:30 PM    09:31 PM     |



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| सामाजिक विज्ञान<br>(भूगोल)  | सा.विज्ञान.(भूगोल): पाठ-4:<br>कृषि- भाग-2            | Hindi    | 12:38 AM    03:39 AM    06:40 AM    09:40 AM<br>   12:41 PM    03:41 PM    06:42 PM    09:43 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | Bans ki Hasht Shilp<br>Kala                          | Hindi    | 12:51 AM    03:52 AM    06:53 AM    09:53 AM<br>   12:54 PM    03:54 PM    06:55 PM    09:55<br>PM  |
| विज्ञान   | विज्ञान: पाठ-7: नियंत्रण एवं<br>समन्वय-1             | Hindi    | 01:08 AM    04:09 AM    07:09 AM    10:10 AM   <br>01:10 PM    04:11 PM    07:12 PM    10:12 PM     |
| Language<br>(English)   | English: Chap 10: The<br>Sermon at Benares           | English  | 01:21 AM    04:21 AM    07:22 AM    10:22 AM   <br>01:23 PM    04:24 PM    07:24 PM    10:25 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | Tie and Dye  | Hindi    | 01:41 AM    04:42 AM    07:42 AM    10:43 AM   <br>01:43 PM    04:44 PM    07:45 PM    10:45 PM<br> |
| Mathematics   | Maths: Chapter- 4:<br>Quadratic Equations-<br>1      | English  | 02:07 AM    05:08 AM    08:08 AM    11:09 AM<br>   02:09 PM    05:10 PM    08:10 PM    11:11 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | ताजमहल अतुलिया धरोवर                                 | Hindi    | 02:27 AM    05:28 AM    08:28 AM    11:29 AM   <br>02:29 PM    05:30 PM    08:30 PM    11:31 PM     |
| Social Science<br>(Political<br>Science)                          | S.Sc (Pol. Sci.): Ch-2:<br>Federalism                | English  | 02:37 AM    05:38 AM    08:38 AM    11:39 AM   <br>02:39 PM    05:40 PM    08:41 PM    11:41 PM     |
| <b>बुधवार, 17 जनवरी 2024</b><br><b>Wednesday, 17 January 2024</b> |  |          |   |
| हिंदी   | हिंदी :पाठ-9: कवि मंगलेश<br>डबराल और उनकी कविता      | Hindi    | 12:00 AM    03:00 AM    06:01 AM    09:01 AM   <br>12:02 PM    03:02 PM    06:03 PM    09:03 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | National Role Play -<br>Maharashtra                  | Regional | 12:33 AM    03:34 AM    06:34 AM    09:35 AM<br>   12:35 PM    03:36 PM    06:36 PM    09:37 PM<br> |
| सामाजिक विज्ञान<br>(इतिहास)                                       | सा.विज्ञान.(इतिहास): पाठ-2:<br>भारत में राष्ट्रवाद-1 | Hindi    | 12:41 AM    03:42 AM    06:42 AM    09:43 AM   <br>12:43 PM    03:44 PM    06:44 PM    09:45 PM<br> |



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| Cold Wave   | Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें | Hindi   | 01:09 AM    04:09 AM    07:10 AM    10:10 AM    01:11 PM    04:11 PM    07:12 PM    10:12 PM |
| गणित  | गणित: पाठ-4: द्विघात समीकरण - 1  | Hindi   | 01:10 AM    04:10 AM    07:11 AM    10:11 AM    01:12 PM    04:12 PM    07:13 PM    10:13 PM |
| General   | Growing up Healthy   | English | 01:42 AM    04:43 AM    07:43 AM    10:44 AM    01:44 PM    04:45 PM    07:45 PM    10:46 PM |
| Language (English)  | English: Chap 7: The Necklace  | English | 01:46 AM    04:47 AM    07:47 AM    10:48 AM    01:48 PM    04:49 PM    07:49 PM    10:50 PM |
| General(Science)  | All Roads Lead to Rome   | English | 02:16 AM    05:17 AM    08:17 AM    11:18 AM    02:18 PM    05:19 PM    08:19 PM    11:20 PM |
| Social Science (History)  | S.Sc. (His): Chapter-2 Nationalism in India-1                                | English | 02:18 AM    05:18 AM    08:19 AM    11:19 AM    02:20 PM    05:20 PM    08:21 PM    11:21 PM |
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav - 2022 Music -Indigenous Toys and Games(Boy) :Tamil Nadu          | Na      | 02:43 AM    05:43 AM    08:44 AM    11:44 AM    02:45 PM    05:45 PM    08:46 PM    11:46 PM |
| Science   | Science: Chapter 7: Control and Coordination-1                               | English | 02:46 AM    05:47 AM    08:47 AM    11:48 AM    02:48 PM    05:49 PM    08:49 PM    11:50 PM |
| <b>बृहस्पतिवार, 18 जनवरी 2024</b><br><b>Thursday, 18 January 2024</b> |  |         |  |
| हिंदी   | हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता                                 | Hindi   | 12:00 AM    03:00 AM    06:00 AM    09:00 AM    12:00 PM    03:00 PM    06:00 PM    09:00 PM |
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav - 2019 Dance Competition: Boys Jammu and Kashmir                  | Na      | 12:27 AM    03:27 AM    06:27 AM    09:27 AM    12:27 PM    03:27 PM    06:27 PM    09:27 PM |
| सामाजिक विज्ञान (इतिहास)  | सा.विज्ञान.(इतिहास): पाठ-2: भारत में राष्ट्रवाद-2                            | Hindi   | 12:31 AM    03:32 AM    06:32 AM    09:32 AM    12:32 PM    03:32 PM    06:32 PM    09:32 PM |
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav - 2019 Dance Competition: Boys Assam                              | Na      | 12:51 AM    03:51 AM    06:51 AM    09:51 AM    12:51 PM    03:51 PM    06:51 PM    09:51 PM |



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| गणित   | गणित: पाठ-4: द्विघात समीकरण - 1                | Hindi   | 12:56 AM    03:56 AM    06:56 AM    09:56 AM    12:56 PM    03:56 PM    06:56 PM    09:56 PM |
| Cultural Heritage: Art, Music & Dance              | Hamare Vadhya Yantra (Avandadhya Vadhya)       | Hindi   | 01:28 AM    04:28 AM    07:28 AM    10:28 AM    01:28 PM    04:29 PM    07:29 PM    10:29 PM |
| Language (English)                                 | English: Chap 7: The Necklace                  | English | 01:45 AM    04:45 AM    07:45 AM    10:45 AM    01:45 PM    04:45 PM    07:45 PM    10:45 PM |
| General  | Gender Equality                                | English | 02:15 AM    05:15 AM    08:15 AM    11:15 AM    02:15 PM    05:15 PM    08:15 PM    11:15 PM |
| Social Science (History)                           | S.Sc (History): Ch-2 Nationalism in India-2    | English | 02:22 AM    05:22 AM    08:22 AM    11:22 AM    02:22 PM    05:22 PM    08:23 PM    11:23 PM |
| General(Science)                                   | Vortex   | English | 02:45 AM    05:45 AM    08:45 AM    11:45 AM    02:45 PM    05:45 PM    08:45 PM    11:45 PM |
| Science  | Science: Chapter 7: Control and Coordination-1 | English | 02:46 AM    05:46 AM    08:46 AM    11:46 AM    02:46 PM    05:47 PM    08:47 PM    11:47 PM |
| शुक्रवार, 19 जनवरी 2024<br>Friday, 19 January 2024 |  |         |  |
| संस्कृत  | पाठ - 9:सूक्तयः - 1                            | संस्कृत | 12:00 AM    03:00 AM    06:00 AM    09:00 AM    12:01 PM    03:01 PM    06:01 PM    09:01 PM |
| Cultural Heritage: Art, Music & Dance              | Bharatanatyam-Paaddhedh Leaps                  | Hindi   | 12:35 AM    03:35 AM    06:35 AM    09:36 AM    12:36 PM    03:36 PM    06:36 PM    09:37 PM |
| सामाजिक विज्ञान (राजनीति विज्ञान)                  | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-2: संघवाद   | Hindi   | 12:54 AM    03:54 AM    06:55 AM    09:55 AM    12:55 PM    03:56 PM    06:56 PM    09:56 PM |
| Cultural Heritage: Art, Music & Dance              | Aahat aur Anahat Naad - Dhvani - 1             | Na      | 01:17 AM    04:17 AM    07:18 AM    10:18 AM    01:18 PM    04:19 PM    07:19 PM    10:19 PM |



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| गणित   | गणित: पाठ-4: द्विघात समीकरण - 2  | Hindi   | 01:24 AM    04:24 AM    07:25 AM    10:25 AM<br>   01:25 PM    04:26 PM    07:26 PM    10:26 PM<br> |
| Cultural Heritage: Art, Music & Dance              | Kala Utsav - 2019 Dance Competition: Boys Bihar                              | Na      | 01:59 AM    04:59 AM    07:59 AM    10:59 AM   <br>02:00 PM    05:00 PM    08:00 PM    11:00 PM<br> |
| Social Science (Geography)                         | So. Sci. (Geo): Chp 4: Agriculture -1  | English | 02:04 AM    05:04 AM    08:04 AM    11:05 AM<br>   02:05 PM    05:05 PM    08:06 PM    11:06<br>PM  |
| General  | MOTHER EARTH Prakriti English  | English | 02:20 AM    05:20 AM    08:20 AM    11:21 AM   <br>02:21 PM    05:21 PM    08:22 PM    11:22 PM     |
| Mathematics  | Maths: Chapter- 4: Quadratic Equations- 2                                    | English | 02:22 AM    05:22 AM    08:22 AM    11:23 AM   <br>02:23 PM    05:23 PM    08:24 PM    11:24 PM     |
| Cyclone  | Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा                             | Hindi   | 02:45 AM    05:46 AM    08:46 AM    11:46 AM   <br>02:46 PM    05:47 PM    08:47 PM    11:47 PM     |
| Science  | Science: Chapter 7: Control and Coordination-1                               | English | 02:46 AM    05:46 AM    08:47 AM    11:47 AM   <br>02:47 PM    05:48 PM    08:48 PM    11:48 PM     |
| शनिवार, 20 जनवरी 2024<br>Saturday, 20 January 2024 |  |         |   |
| संस्कृत  | पाठ - 9:सूक्तयः - 1  | संस्कृत | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:03 PM    06:04 PM    09:05<br>PM  |
| Cultural Heritage: Art, Music & Dance              | Bharatnatyam, Ardhchandra  | Hindi   | 12:35 AM    03:36 AM    06:36 AM    09:37 AM<br>   12:38 PM    03:39 PM    06:39 PM    09:40 PM<br> |
| सामाजिक विज्ञान (राजनीति विज्ञान)                  | सा.विज्ञान.(राजनीति विज्ञान.): पाठ-2: संघवाद                                 | Hindi   | 12:49 AM    03:50 AM    06:50 AM    09:51 AM<br>   12:52 PM    03:53 PM    06:54 PM    09:54<br>PM  |
| Cultural Heritage: Art, Music & Dance              | Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya | Na      | 01:12 AM    04:13 AM    07:13 AM    10:14 AM   <br>01:15 PM    04:16 PM    07:17 PM    10:17 PM     |





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| गणित   | गणित: पाठ-4: द्विघात समीकरण - 2  | Hindi    | 01:18 AM    04:19 AM    07:20 AM    10:21 AM    01:21 PM    04:22 PM    07:23 PM    10:24 PM |
| Cultural Heritage: Art, Music & Dance                          | Folk Dance - Assam   | Regional | 01:53 AM    04:53 AM    07:54 AM    10:55 AM    01:56 PM    04:56 PM    07:57 PM    10:58 PM |
| Social Science (Geography)                                     | So. Sci. (Geo): Chp 4: Agriculture -2  | English  | 02:02 AM    05:03 AM    08:04 AM    11:05 AM    02:06 PM    05:06 PM    08:07 PM    11:08 PM |
| Cyber Security   | Fake Whats app messages  | English  | 02:19 AM    05:20 AM    08:21 AM    11:21 AM    02:22 PM    05:23 PM    08:24 PM    11:25 PM |
| Mathematics  | Maths: Chapter- 4: Quadratic Equations- 3                                      | English  | 02:21 AM    05:22 AM    08:23 AM    11:24 AM    02:25 PM    05:25 PM    08:26 PM    11:27 PM |
| Cyclone  | Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा                               | Hindi    | 02:46 AM    05:47 AM    08:47 AM    11:48 AM    02:49 PM    05:50 PM    08:51 PM    11:51 PM |
| Science  | Science: Chapter 7: Control and Coordination-1                                 | English  | 02:47 AM    05:48 AM    08:48 AM    11:49 AM    02:50 PM    05:51 PM    08:51 PM    11:52 PM |
| <b>रविवार, 21 जनवरी 2024</b><br><b>Sunday, 21 January 2024</b> |  |          |  |
| Language (Urdu)  | Urdu: Chp-2: Naya Qanun  | Urdu     | 12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:02 PM    03:03 PM    06:04 PM    09:04 PM |
| कहानी  | मीना- आई एम मीना   | Hindi    | 12:34 AM    03:34 AM    06:35 AM    09:36 AM    12:36 PM    03:37 PM    06:38 PM    09:39 PM |
| सामाजिक विज्ञान (अर्थशास्त्र)                                  | सा.विज्ञान.(अर्थशास्त्र): पाठ-2: भारतीय अर्थव्यवस्था के विभिन्न क्षेत्रक भाग-1 | Hindi    | 12:49 AM    03:50 AM    06:50 AM    09:51 AM    12:52 PM    03:53 PM    06:53 PM    09:54 PM |
| General  | Liquid Waste Management - Swachh Parisara                                      | Kannada  | 01:14 AM    04:15 AM    07:15 AM    10:16 AM    01:17 PM    04:17 PM    07:18 PM    10:19 PM |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-1  | Hindi    | 01:27 AM    04:27 AM    07:28 AM    10:29 AM    01:30 PM    04:30 PM    07:31 PM    10:32 PM |



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| Health, Physical Education/Yoga / Sports                       | Yoga - Gomukhasan                              | Hindi   | 01:39 AM    04:40 AM    07:41 AM    10:41 AM    01:42 PM    04:43 PM    07:43 PM    10:44 PM |
| Social Science (Economics)                                     | S.Sc (Eco): Ch-1 Development- III              | English | 01:53 AM    04:54 AM    07:54 AM    10:55 AM    01:56 PM    04:57 PM    07:57 PM    10:58 PM |
| Cultural Heritage: Art, Music & Dance                          | Bharatanatyam : An Introduction - 1            | Hindi   | 02:15 AM    05:15 AM    08:16 AM    11:17 AM    02:17 PM    05:18 PM    08:19 PM    11:19 PM |
| Social Science (Political Science)                             | S.Sc (Pol. Sci.): Ch-2: Federalism             | English | 02:37 AM    05:38 AM    08:39 AM    11:39 AM    02:40 PM    05:41 PM    08:41 PM    11:42 PM |
| <b>सोमवार, 22 जनवरी 2024</b><br><b>Monday, 22 January 2024</b> |  |         |  |
| हिंदी  | हिंदी : पाठ-9: मंगलेश डबराल                    | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:02 AM    12:03 PM    03:04 PM    06:05 PM    09:06 PM |
| कहानी  | मीना- टू यंग टु मैरी                           | Hindi   | 12:27 AM    03:28 AM    06:29 AM    09:30 AM    12:31 PM    03:32 PM    06:33 PM    09:34 PM |
| सामाजिक विज्ञान (भूगोल)  | सा.विज्ञान.(भूगोल): पाठ-4: कृषि- भाग-1         | Hindi   | 12:41 AM    03:41 AM    06:42 AM    09:43 AM    12:44 PM    03:45 PM    06:46 PM    09:47 PM |
| Cultural Heritage: Art, Music & Dance                          | Swang: Gopi-Uddhav Samvaad                     | Hindi   | 01:02 AM    04:03 AM    07:04 AM    10:05 AM    01:06 PM    04:07 PM    07:08 PM    10:09 PM |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं समन्वय-2          | Hindi   | 01:36 AM    04:37 AM    07:38 AM    10:39 AM    01:40 PM    04:41 PM    07:42 PM    10:43 PM |
| Cyber Security   | What to do when Computer System is compromised | English | 01:46 AM    04:46 AM    07:47 AM    10:48 AM    01:49 PM    04:50 PM    07:51 PM    10:52 PM |
| Language (English)   | English: Chap 9: Bholi-1                       | English | 01:47 AM    04:48 AM    07:48 AM    10:49 AM    01:50 PM    04:51 PM    07:52 PM    10:53 PM |
| सामान्य  | Consumer Awareness                             | English | 02:13 AM    05:14 AM    08:15 AM    11:16 AM    02:17 PM    05:18 PM    08:18 PM    11:19 PM |



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| Mathematics  | Maths: Chapter- 4:<br>Quadratic Equations-<br>4                               | English | 02:18 AM    05:19 AM    08:20 AM    11:21 AM   <br>02:22 PM    05:23 PM    08:23 PM    11:24 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                      | Kala Utsav - 2022<br>Music -Indigenous<br>Toys and Games(Boy)<br>:Tamil Nadu  | Na      | 02:33 AM    05:34 AM    08:35 AM    11:36 AM   <br>02:37 PM    05:38 PM    08:39 PM    11:39 PM     |
| Social Science<br>(Political<br>Science)                         | S.Sc (Pol.<br>Sc.):Chapter - 2<br>Federalism                                  | English | 02:37 AM    05:38 AM    08:39 AM    11:39 AM   <br>02:40 PM    05:41 PM    08:42 PM    11:43 PM     |
| <b>मंगलवार, 23 जनवरी 2024</b><br><b>Tuesday, 23 January 2024</b> |   |         |   |
| हिंदी  | हिंदी : पाठ-9: मंगलेश<br>डबराल  | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:03 PM    06:04 PM    09:05<br>PM  |
| Health, Physical<br>Education/Yoga<br>/ Sports                   | Yoga - Gomukhasan   | Hindi   | 12:27 AM    03:28 AM    06:29 AM    09:29 AM   <br>12:30 PM    03:31 PM    06:32 PM    09:32 PM     |
| सामाजिक विज्ञान<br>(भूगोल )                                      | सा.विज्ञान.(भूगोल): पाठ-4:<br>कृषि- भाग-1                                     | Hindi   | 12:41 AM    03:42 AM    06:43 AM    09:43 AM   <br>12:44 PM    03:45 PM    06:46 PM    09:46 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                      | Kala Utsav - 2022<br>Dance Competition:<br>-Dance Folk(Girl) :<br>Maharashtra | Na      | 01:03 AM    04:03 AM    07:04 AM    10:05 AM<br>   01:06 PM    04:06 PM    07:07 PM    10:08 PM<br> |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं<br>समन्वय-2                                      | Hindi   | 01:07 AM    04:07 AM    07:08 AM    10:09 AM   <br>01:10 PM    04:10 PM    07:11 PM    10:12 PM     |
| Health, Physical<br>Education/Yoga<br>/ Sports                   | Kabaddi   | Hindi   | 01:16 AM    04:17 AM    07:17 AM    10:18 AM   <br>01:19 PM    04:20 PM    07:20 PM    10:21 PM     |
| Language<br>(English)  | English: Chap 9:<br>Bholi-1   | English | 01:40 AM    04:41 AM    07:42 AM    10:42 AM   <br>01:43 PM    04:44 PM    07:45 PM    10:45 PM<br> |
| General(Scienc<br>e)   | Colour Shadow   | English | 02:07 AM    05:07 AM    08:08 AM    11:09 AM   <br>02:10 PM    05:10 PM    08:11 PM    11:12 PM     |



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|---|---|---------|---|
| Mathematics   | Maths: Chap- 4:<br>Quadratic Equation- 1                                      | English | 02:08 AM    05:09 AM    08:10 AM    11:11 AM   <br>02:11 PM    05:12 PM    08:13 PM    11:14 PM     |
| General   | Ardha Chakrasana  | English | 02:35 AM    05:35 AM    08:36 AM    11:37 AM   <br>02:38 PM    05:38 PM    08:39 PM    11:40 PM     |
| Social Science<br>(Political<br>Science)                          | S.Sc (Pol.<br>Sc.):Chapter - 2<br>Federalism                                  | English | 02:37 AM    05:37 AM    08:38 AM    11:39 AM   <br>02:40 PM    05:40 PM    08:41 PM    11:42 PM     |
| <b>बुधवार, 24 जनवरी 2024</b><br><b>Wednesday, 24 January 2024</b> |   |         |   |
| हिंदी   | हिंदी : पाठ-9: मंगलेश<br>डबराल  | Hindi   | 12:00 AM    03:00 AM    06:01 AM    09:01 AM   <br>12:02 PM    03:02 PM    06:03 PM    09:03 PM<br> |
| General   | Health And Sanitaion<br>(E)   | English | 12:27 AM    03:28 AM    06:28 AM    09:29 AM   <br>12:29 PM    03:30 PM    06:30 PM    09:31 PM     |
| सामाजिक विज्ञान<br>(इतिहास)                                       | सा.विज्ञा.(इतिहास): पाठ-2:<br>भारत में राष्ट्रवाद-3                           | Hindi   | 12:34 AM    03:34 AM    06:35 AM    09:35 AM<br>   12:36 PM    03:36 PM    06:37 PM    09:37 PM<br> |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | Kalpvriksham  | English | 12:55 AM    03:55 AM    06:56 AM    09:56 AM<br>   12:57 PM    03:57 PM    06:58 PM    09:58<br>PM  |
| गणित  | गणित: पाठ-4: द्विघात<br>समीकरण - 3  | Hindi   | 01:09 AM    04:10 AM    07:10 AM    10:11 AM   <br>01:11 PM    04:12 PM    07:12 PM    10:13 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | Kala Utsav - 2019<br>Music - Instrumental<br>Competition: Boys:<br>Leh Ladakh | Na      | 01:44 AM    04:45 AM    07:45 AM    10:46 AM<br>   01:46 PM    04:47 PM    07:47 PM    10:48 PM<br> |
| Language<br>(English)   | English: Chap 9:<br>Bholi-2   | English | 01:48 AM    04:49 AM    07:49 AM    10:50 AM   <br>01:50 PM    04:51 PM    07:51 PM    10:52 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                       | Kala Utsav - 2019<br>Music - Instrumental<br>Competition: Girls:<br>Sikkim    | Na      | 02:14 AM    05:14 AM    08:15 AM    11:15 AM   <br>02:16 PM    05:16 PM    08:17 PM    11:17 PM     |
| Social Science<br>(History)                                       | S.Sc (History): Ch-2<br>Nationalism in India-3                                | English | 02:17 AM    05:17 AM    08:18 AM    11:18 AM   <br>02:19 PM    05:19 PM    08:20 PM    11:20 PM     |



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|---|--|---------|---|
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav – 2019<br>Music – Instrumental<br>Competition: Girls:<br>Andaman and Nicobar<br>Islands | Na      | 02:41 AM    05:41 AM    08:42 AM    11:42 AM   <br>02:43 PM    05:43 PM    08:44 PM    11:44 PM     |
| Science   | Science: Chapter 7:<br>Control and<br>Coordination-2   | English | 02:45 AM    05:46 AM    08:46 AM    11:47 AM   <br>02:47 PM    05:48 PM    08:48 PM    11:49 PM     |
| <b>बृहस्पतिवार, 25 जनवरी 2024</b><br><b>Thursday, 25 January 2024</b> |  |         |   |
| हिंदी   | हिंदी : पाठ-9: मंगलेश<br>डबराल   | Hindi   | 12:00 AM    03:00 AM    06:00 AM    09:00 AM<br>   12:01 PM    03:01 PM    06:01 PM    09:01 PM<br> |
| General(Science)  | Where do you feel<br>comfort   | English | 12:27 AM    03:28 AM    06:28 AM    09:28 AM   <br>12:28 PM    03:29 PM    06:29 PM    09:29 PM     |
| सामाजिक विज्ञान<br>(इतिहास)   | सा.विज्ञान.(इतिहास): पाठ-2:<br>भारत में राष्ट्रवाद-4   | Hindi   | 12:29 AM    03:29 AM    06:29 AM    09:29 AM   <br>12:30 PM    03:30 PM    06:30 PM    09:30 PM<br> |
| General   | Growing up Healthy   | English | 12:52 AM    03:52 AM    06:52 AM    09:53 AM<br>   12:53 PM    03:53 PM    06:54 PM    09:54<br>PM  |
| गणित  | गणित : पाठ-4: द्विघात<br>समीकरण - 1  | Hindi   | 12:56 AM    03:56 AM    06:57 AM    09:57 AM<br>   12:57 PM    03:57 PM    06:58 PM    09:58<br>PM  |
| Language<br>(English)   | English: Chap 9:<br>Bholi-2  | English | 01:41 AM    04:41 AM    07:42 AM    10:42 AM   <br>01:42 PM    04:42 PM    07:43 PM    10:43 PM     |
| Cyber Security  | Online Threats   | English | 02:06 AM    05:07 AM    08:07 AM    11:07 AM   <br>02:08 PM    05:08 PM    08:08 PM    11:08 PM     |
| Social Science<br>(History)   | S.Sc (His): Ch-2:<br>Nationalism in India  | English | 02:08 AM    05:08 AM    08:08 AM    11:09 AM<br>   02:09 PM    05:09 PM    08:09 PM    11:10 PM<br> |
| Cultural Heritage: Art, Music & Dance                                 | Kala Utsav – 2022<br>Visual<br>Arts-2D(Boy):Puducherry   | Na      | 02:42 AM    05:42 AM    08:42 AM    11:43 AM   <br>02:43 PM    05:43 PM    08:43 PM    11:44 PM     |



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|--|--|---------|---|
| Science  | Science: Chapter 7:<br>Control and<br>Coordination-2       | English | 02:43 AM    05:43 AM    08:44 AM    11:44 AM   <br>02:44 PM    05:44 PM    08:45 PM    11:45 PM<br> |
| Cyber Security                                     | Whats App security<br>Tips                                 | Hindi   | 02:58 AM    05:58 AM    08:58 AM    11:59 AM<br>   02:59 PM    05:59 PM    08:59 PM                 |
| शुक्रवार, 26 जनवरी 2024<br>Friday, 26 January 2024 |  |         |   |
| संस्कृत  | संस्कृत : पाठ - 9:सूक्तयः -<br>2                           | संस्कृत | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:04 PM    06:05 PM    09:06<br>PM  |
| General(Science)                                   | Zinc Smelting  | English | 12:29 AM    03:29 AM    06:30 AM    09:31 AM   <br>12:32 PM    03:33 PM    06:34 PM    09:35 PM<br> |
| सामाजिक विज्ञान<br>(राजनीति विज्ञान)               | सा.विज्ञान. (राजनीति<br>विज्ञान): पाठ-2: संघवाद            | Hindi   | 12:30 AM    03:31 AM    06:32 AM    09:33 AM   <br>12:33 PM    03:34 PM    06:35 PM    09:36 PM<br> |
| General(Science)                                   | World of Symmetry  | English | 01:00 AM    04:01 AM    07:02 AM    10:03 AM   <br>01:04 PM    04:05 PM    07:06 PM    10:06 PM<br> |
| गणित   | गणित : पाठ-4: द्विघात<br>समीकरण - 1                        | Hindi   | 01:02 AM    04:02 AM    07:03 AM    10:04 AM<br>   01:05 PM    04:06 PM    07:07 PM    10:08<br>PM  |
| Cultural<br>Heritage: Art,<br>Music & Dance        | Kala Utsav - 2022<br>Visual<br>Arts-3D(Girl):Jharkha<br>nd | Na      | 01:32 AM    04:33 AM    07:34 AM    10:35 AM   <br>01:36 PM    04:37 PM    07:37 PM    10:38 PM     |
| Social Science<br>(Geography)                      | So. Sci. (Geo): Chp 4:<br>Agriculture -1                   | English | 01:33 AM    04:34 AM    07:35 AM    10:36 AM   <br>01:37 PM    04:38 PM    07:38 PM    10:39 PM     |
| General  | MOTHER EARTH<br>Prakriti English                           | English | 01:53 AM    04:54 AM    07:55 AM    10:56 AM<br>   01:57 PM    04:58 PM    07:59 PM    10:59 PM<br> |
| Mathematics  | Maths: Chap- 4:<br>Quadratic Equations-<br>2               | English | 01:55 AM    04:56 AM    07:57 AM    10:58 AM<br>   01:59 PM    05:00 PM    08:01 PM    11:01 PM<br> |





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|--|--|---------|---|
| General(Science)   | Camouflage   | English | 02:21 AM    05:22 AM    08:23 AM    11:24 AM   <br>02:25 PM    05:26 PM    08:26 PM    11:27 PM     |
| Science  | Science: Chap 7:<br>Control and<br>Coordination    | English | 02:22 AM    05:23 AM    08:24 AM    11:25 AM<br>   02:26 PM    05:27 PM    08:28 PM    11:28 PM<br> |
| Science  | Science: Chapter 7:<br>Structure of Neuron         | English | 02:58 AM    05:59 AM    09:00 AM    12:01 PM<br>   03:02 PM    06:03 PM    09:04 PM                 |
| <b>शनिवार, 27 जनवरी 2024</b><br><b>Saturday, 27 January 2024</b> |  |         |   |
| संस्कृत  | संस्कृत : पाठ - 9:सूक्तयः -<br>2                   | संस्कृत | 12:00 AM    03:01 AM    06:02 AM    09:03 AM<br>   12:04 PM    03:05 PM    06:06 PM    09:07<br>PM  |
| सामाजिक विज्ञान<br>(राजनीति विज्ञान)                             | सा.विज्ञा. (राजनीति<br>विज्ञान): पाठ-2: संघवाद     | Hindi   | 12:29 AM    03:30 AM    06:31 AM    09:32 AM   <br>12:33 PM    03:34 PM    06:35 PM    09:36 PM<br> |
| गणित   | गणित : पाठ-4: द्विघात<br>समीकरण - 2                | Hindi   | 12:59 AM    04:00 AM    07:01 AM    10:02 AM   <br>01:03 PM    04:04 PM    07:06 PM    10:07 PM<br> |
| Social Science<br>(Geography)                                    | So. Sci. (Geo): Chp 4:<br>Agriculture -2           | English | 01:34 AM    04:35 AM    07:36 AM    10:37 AM   <br>01:38 PM    04:39 PM    07:41 PM    10:42 PM     |
| Mathematics  | Maths: Chapter- 4<br>Quadratic Equation<br>Part- 3 | English | 01:55 AM    04:56 AM    07:57 AM    10:58 AM<br>   01:59 PM    05:00 PM    08:01 PM    11:02 PM<br> |
| Science  | Science: Chap 7:<br>Control and<br>Coordination    | English | 02:23 AM    05:24 AM    08:25 AM    11:26 AM   <br>02:27 PM    05:28 PM    08:29 PM    11:30 PM     |
| Science  | Science: Chapter 7:<br>Structure of Neuron         | English | 02:59 AM    06:00 AM    09:01 AM    12:02 PM<br>   03:03 PM    06:04 PM    09:05 PM                 |
| <b>रविवार, 28 जनवरी 2024</b><br><b>Sunday, 28 January 2024</b>   |  |         |   |
| Language<br>(Urdu)   | Urdu: Chp-2: Naya<br>Qanun                         | Urdu    | 12:00 AM    03:00 AM    06:01 AM    09:01 AM   <br>12:02 PM    03:03 PM    06:03 PM    09:04 PM<br> |



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|--|---|---------|---|
| General(Science)   | Camouflage  | English | 12:34 AM    03:34 AM    06:35 AM    09:36 AM<br>   12:36 PM    03:37 PM    06:37 PM    09:38 PM<br> |
| सामाजिक विज्ञान<br>(अर्थशास्त्र)                               | सा.विज्ञान.(अर्थशास्त्र):<br>पाठ-2: भारतीय अर्थव्यवस्था<br>के क्षेत्रक    | Hindi   | 12:35 AM    03:36 AM    06:36 AM    09:37 AM<br>   12:37 PM    03:38 PM    06:39 PM    09:39 PM<br> |
| General  | Bhadrasana  | English | 01:14 AM    04:14 AM    07:15 AM    10:15 AM   <br>01:16 PM    04:17 PM    07:17 PM    10:18 PM     |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं<br>समन्वय                                    | Hindi   | 01:16 AM    04:16 AM    07:17 AM    10:18 AM   <br>01:18 PM    04:19 PM    07:19 PM    10:20 PM     |
| Cultural<br>Heritage: Art,<br>Music & Dance                    | Kala Utsav - 2019<br>Dance Competition:<br>Boys Dadra And<br>Nagar Haveli | Na      | 01:49 AM    04:50 AM    07:50 AM    10:51 AM   <br>01:52 PM    04:52 PM    07:53 PM    10:53 PM<br> |
| Social Science<br>(Economics)                                  | S.Sc (Eco): Ch- 2<br>Sectors of the Indian<br>Economy                     | English | 01:54 AM    04:55 AM    07:55 AM    10:56 AM<br>   01:56 PM    04:57 PM    07:58 PM    10:58 PM<br> |
| General  | Ustrasana   | English | 02:33 AM    05:34 AM    08:35 AM    11:35 AM<br>   02:36 PM    05:37 PM    08:37 PM    11:38 PM<br> |
| Social Science<br>(Political<br>Science)                       | S.Sc (Pol.<br>Sc.):Chapter - 2<br>Federalism                              | English | 02:36 AM    05:37 AM    08:38 AM    11:38 AM   <br>02:39 PM    05:39 PM    08:40 PM    11:41 PM     |
| <b>सोमवार, 29 जनवरी 2024</b><br><b>Monday, 29 January 2024</b> |   |         |   |
| हिन्दी   | पाठ-8: कैफी आजमी: कर<br>चले हम फिदा                                       | हिन्दी  | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:03 PM    03:04 PM    06:05 PM    09:06<br>PM  |
| General  | Prevention and<br>Management of<br>Substance Misuse                       | English | 12:26 AM    03:27 AM    06:28 AM    09:29 AM   <br>12:30 PM    03:31 PM    06:32 PM    09:33 PM     |
| सामाजिक विज्ञान<br>(भूगोल)                                     | सा.विज्ञान.(भूगोल): पाठ-4:<br>कृषि- भाग-2                                 | Hindi   | 12:32 AM    03:33 AM    06:34 AM    09:34 AM<br>   12:35 PM    03:36 PM    06:37 PM    09:38 PM<br> |



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|--|---|---------|---|
| General(Science)                                   | Colour Shadow   | English | 12:55 AM    03:56 AM    06:57 AM    09:58 AM<br>   12:59 PM    04:00 PM    07:01 PM    10:02 PM<br> |
| विज्ञान  | विज्ञान: पाठ-7: नियंत्रण एवं समन्वय                                     | Hindi   | 12:57 AM    03:58 AM    06:59 AM    10:00 AM<br>   01:01 PM    04:02 PM    07:03 PM    10:04 PM<br> |
| Cultural Heritage: Art, Music & Dance              | Kala Utsav - 2022<br>Vocal Music-<br>Traditional<br>Folk(Boy):Rajasthan | Na      | 01:30 AM    04:31 AM    07:32 AM    10:33 AM   <br>01:34 PM    04:35 PM    07:36 PM    10:37 PM     |
| Language (English)                                 | English: Chap 10: The Book that Saved the Earth                         | English | 01:36 AM    04:37 AM    07:38 AM    10:39 AM   <br>01:39 PM    04:40 PM    07:41 PM    10:42 PM     |
| Cultural Heritage: Art, Music & Dance              | Kala Utsav - 2022<br>Visual<br>Arts-3D(Boy):Delhi                       | Na      | 02:01 AM    05:02 AM    08:03 AM    11:04 AM   <br>02:05 PM    05:06 PM    08:07 PM    11:08 PM<br> |
| Mathematics  | Maths: Chapter- 4<br>Quadratic Equations<br>Part- 4                     | English | 02:02 AM    05:03 AM    08:04 AM    11:05 AM<br>   02:06 PM    05:07 PM    08:08 PM    11:09 PM<br> |
| General  | Growing up Healthy  | English | 02:33 AM    05:34 AM    08:34 AM    11:35 AM   <br>02:36 PM    05:37 PM    08:38 PM    11:39 PM     |
| Social Science (Political Science)                 | S.Sc (Pol. Sc.):Chapter - 2<br>Federalism                               | English | 02:37 AM    05:38 AM    08:39 AM    11:40 AM   <br>02:41 PM    05:42 PM    08:43 PM    11:43 PM     |
| मंगलवार, 30 जनवरी 2024<br>Tuesday, 30 January 2024 |   |         |   |
| हिन्दी   | पाठ-8: कैफी आज़मी: कर चले हम फिदा                                       | हिन्दी  | 12:00 AM    03:00 AM    06:01 AM    09:02 AM<br>   12:02 PM    03:03 PM    06:04 PM    09:05<br>PM  |
| General  | Growing up Healthy  | English | 12:26 AM    03:27 AM    06:28 AM    09:28 AM   <br>12:29 PM    03:30 PM    06:31 PM    09:31 PM     |
| सामाजिक विज्ञान (भूगोल)                            | सा.विज्ञान.(भूगोल): पाठ-4:<br>कृषि- भाग-2                               | Hindi   | 12:30 AM    03:31 AM    06:32 AM    09:33 AM   <br>12:33 PM    03:34 PM    06:35 PM    09:36 PM<br> |



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|---|---|---------|---|
| General   | Trikonasana   | English | 12:54 AM    03:55 AM    06:55 AM    09:56 AM<br>   12:57 PM    03:57 PM    06:58 PM    09:59<br>PM  |
| विज्ञान   | विज्ञान: पाठ-7: नियंत्रण एवं<br>समन्वय                | Hindi   | 12:56 AM    03:57 AM    06:58 AM    09:59 AM<br>   12:59 PM    04:00 PM    07:01 PM    10:02 PM<br> |
| सामान्य   | पवन मुक्तासन  | हिन्दी  | 01:30 AM    04:30 AM    07:31 AM    10:32 AM   <br>01:33 PM    04:33 PM    07:34 PM    10:35 PM     |
| Language<br>(English)                               | English: Chap 10: The<br>Book that Saved the<br>Earth | English | 01:33 AM    04:33 AM    07:34 AM    10:35 AM   <br>01:36 PM    04:36 PM    07:37 PM    10:38 PM     |
| General   | E-Waste   | English | 01:58 AM    04:59 AM    08:00 AM    11:00 AM   <br>02:01 PM    05:02 PM    08:03 PM    11:03 PM     |
| Mathematics   | Maths: Chapter- 4<br>Quadratic Equations<br>Part- 4   | English | 02:00 AM    05:01 AM    08:01 AM    11:02 AM   <br>02:03 PM    05:04 PM    08:04 PM    11:05 PM<br> |
| General   | Nutrition_Health and<br>Sanitation                    | English | 02:30 AM    05:31 AM    08:32 AM    11:32 AM   <br>02:33 PM    05:34 PM    08:35 PM    11:35 PM<br> |
| Social Science<br>(Political<br>Science)            | S.Sc (Pol.<br>Sc.):Chapter - 2<br>Federalism          | English | 02:36 AM    05:37 AM    08:38 AM    11:39 AM   <br>02:39 PM    05:40 PM    08:41 PM    11:42 PM     |
| बुधवार, 31 जनवरी 2024<br>Wednesday, 31 January 2024 |   |         |   |
| हिन्दी  | पाठ-8: कैफी आजमी: कर<br>चले हम फिदा                   | हिन्दी  | 12:00 AM    03:12 AM    06:24 AM    09:36 AM   <br>12:49 PM    04:01 PM    07:13 PM    10:25 PM     |
| सामाजिक विज्ञान<br>(इतिहास)                         | सा.विज्ञा.(इतिहास): पाठ-2:<br>भारत में राष्ट्रवाद     | Hindi   | 12:26 AM    03:39 AM    06:51 AM    10:03 AM   <br>01:15 PM    04:28 PM    07:40 PM    10:52 PM     |
| गणित  | गणित : पाठ-4: द्विघात<br>समीकरण - 2                   | Hindi   | 12:59 AM    04:12 AM    07:24 AM    10:36 AM   <br>01:48 PM    05:01 PM    08:13 PM    11:25 PM     |
| Language<br>(English)                               | English: Chap 10: The<br>Book that Saved the<br>Earth | English | 01:34 AM    04:47 AM    07:59 AM    11:11 AM   <br>02:23 PM    05:36 PM    08:48 PM                 |
| Social Science<br>(History)                         | S.Sc (His): Ch-2:<br>Nationalism in India             | English | 02:00 AM    05:12 AM    08:24 AM    11:37 AM   <br>02:49 PM    06:01 PM    09:13 PM                 |



|         |   |         |   |
|---------|---|---------|---|
| Science | Science: Chap 7:<br>Control and<br>Coordination | English | 02:34 AM    05:46 AM    08:58 AM    12:11 PM   <br>03:23 PM    06:35 PM    09:47 PM |
| Science | Science: Chapter 7:<br>Structure of Neuron      | English | 03:10 AM    06:22 AM    09:34 AM    12:47 PM   <br>03:59 PM    07:11 PM    10:23 PM |



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