

कक्षा-10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class-10

कक्षा-10 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	हिन्दी	हिन्दी	संस्कृत	संस्कृत	اردو (उर्दू)
भूगोल	भूगोल	इतिहास	इतिहास	राजनीति विज्ञान	राजनीति विज्ञान	अर्थशास्त्र
विज्ञान	विज्ञान	गणित	गणित	गणित	गणित	विज्ञान
English	English	English	English	Geography	Geography	Economics
Mathematics	Mathematics	History	History	Mathematics	Mathematics	Political Science
Political Science	Political Science	Science	Science	Science	Science	General

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #32



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2031

कक्षा - 10 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 10

**मार्च 2024
March 2024**

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
बृहस्पतिवार, 01 फरवरी 2024 Thursday, 01 February 2024			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:01 AM 06:03 AM 09:04 AM 12:06 PM 03:07 PM 06:09 PM 09:11 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-1	हिन्दी	12:32 AM 03:34 AM 06:35 AM 09:37 AM 12:38 PM 03:40 PM 06:41 PM 09:43 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Dance Competition: Boys Arunachal Pradesh	Regional	12:57 AM 03:58 AM 07:00 AM 10:01 AM 01:03 PM 04:05 PM 07:06 PM 10:08 PM
गणित	गणित: पाठ-5: समान्तर श्रेढ़ियाँ -1	Hindi	01:01 AM 04:02 AM 07:04 AM 10:05 AM 01:07 PM 04:08 PM 07:10 PM 10:12 PM
Language (English)	English: Chapter 11: The Proposal	English	01:34 AM 04:36 AM 07:38 AM 10:39 AM 01:41 PM 04:42 PM 07:44 PM 10:45 PM
Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 1	English	02:04 AM 05:05 AM 08:07 AM 11:08 AM 02:10 PM 05:12 PM 08:13 PM 11:15 PM
Science	Science: Chap 8: How do organisms reproduce?	English	02:39 AM 05:40 AM 08:42 AM 11:43 AM 02:45 PM 05:46 PM 08:48 PM 11:50 PM
शुक्रवार, 02 फरवरी 2024 Friday, 02 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 1	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:05 PM



DD Free Dish Channel #32



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Dish TV Channel #2031

Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Arunachal Pradesh	Regional	12:23 AM 03:24 AM 06:24 AM 09:25 AM 12:26 PM 03:27 PM 06:28 PM 09:29 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-3: लोकतंत्र और विविधता -1	Hindi	12:29 AM 03:30 AM 06:30 AM 09:31 AM 12:32 PM 03:33 PM 06:34 PM 09:35 PM
General	Functions of Wetlands and their Biophysical characteristics	English	12:43 AM 03:44 AM 06:45 AM 09:46 AM 12:46 PM 03:47 PM 06:48 PM 09:49 PM
गणित	गणित: पाठ-5: समान्तर श्रेढियाँ -1	Hindi	12:54 AM 03:55 AM 06:56 AM 09:57 AM 12:58 PM 03:59 PM 06:59 PM 10:00 PM
General English	Episode 12 Disagreeing 1	English	01:24 AM 04:25 AM 07:26 AM 10:27 AM 01:28 PM 04:29 PM 07:29 PM 10:30 PM
Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-1	English	01:38 AM 04:39 AM 07:40 AM 10:41 AM 01:42 PM 04:42 PM 07:43 PM 10:44 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-1	English	01:56 AM 04:57 AM 07:58 AM 10:58 AM 01:59 PM 05:00 PM 08:01 PM 11:02 PM
Science	Science: Chap 8: How do organisms reproduce?	English	02:28 AM 05:29 AM 08:30 AM 11:31 AM 02:32 PM 05:33 PM 08:33 PM 11:34 PM
Cultural Heritage: Art, Music & Dance	NRP 2014 Folk Dance- Bhopal	Regional	02:51 AM 05:52 AM 08:53 AM 11:53 AM 02:54 PM 05:55 PM 08:56 PM 11:57 PM
शनिवार, 03 फरवरी 2024 Saturday, 03 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 1	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	Hindi	12:23 AM 03:23 AM 06:23 AM 09:23 AM 12:23 PM 03:23 PM 06:23 PM 09:23 PM



सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-3: लोकतंत्र और विविधता -2	Hindi	12:24 AM 03:24 AM 06:24 AM 09:24 AM 12:24 PM 03:24 PM 06:24 PM 09:24 PM
Cold Wave	Cold Wave - Chilblains	Hindi	12:37 AM 03:37 AM 06:37 AM 09:37 AM 12:38 PM 03:38 PM 06:38 PM 09:38 PM
गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -2	Hindi	12:38 AM 03:38 AM 06:38 AM 09:39 AM 12:39 PM 03:39 PM 06:39 PM 09:39 PM
General	Emotional Well Being and Mental Health (E)	English	01:08 AM 04:08 AM 07:08 AM 10:08 AM 01:08 PM 04:08 PM 07:08 PM 10:08 PM
Social Science (Geography)	So. Sci. (Geo): Chap 5: Minerals And Energy Resources-2	English	01:12 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-2	English	01:30 AM 04:30 AM 07:30 AM 10:30 AM 01:30 PM 04:30 PM 07:30 PM 10:30 PM
Flood	Flood - What Should Be Done After Floods	English	02:04 AM 05:04 AM 08:04 AM 11:04 AM 02:04 PM 05:04 PM 08:04 PM 11:04 PM
Science	Science: Chap 8: Asexual Reproduction in Amoeba and Yeast	English	02:05 AM 05:05 AM 08:05 AM 11:05 AM 02:05 PM 05:05 PM 08:05 PM 11:05 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:08 AM 05:08 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:08 PM
Science	Science: Chap 8: Asexual Reproduction in Amoeba and Yeast	English	02:13 AM 05:13 AM 08:13 AM 11:13 AM 02:13 PM 05:13 PM 08:13 PM 11:13 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:18 AM 05:18 AM 08:18 AM 11:18 AM 02:18 PM 05:18 PM 08:18 PM 11:18 PM
Science	Science: Chap 9: Homology and Analogy of Plants and Animals	English	02:21 AM 05:21 AM 08:22 AM 11:22 AM 02:22 PM 05:22 PM 08:22 PM 11:22 PM
General	Management of Wetlands Part -1	English	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM



General	Mental Health and Well Being -1	English	02:39 AM 05:39 AM 08:39 AM 11:39 AM 02:39 PM 05:39 PM 08:39 PM 11:39 PM
रविवार, 04 फरवरी 2024 Sunday, 04 February 2024			
Language (Urdu)	Urdu: Chp-3: Bheek	Urdu	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:01 PM 03:01 PM 06:01 PM 09:01 PM
General	कमल	Hindi	12:19 AM 03:19 AM 06:19 AM 09:20 AM 12:20 PM 03:20 PM 06:20 PM 09:21 PM
Cyber Security	Internet Ethics	English	12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:29 PM 03:29 PM 06:29 PM 09:29 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:31 AM 03:31 AM 06:31 AM 09:31 AM 12:32 PM 03:32 PM 06:32 PM 09:32 PM
कहानी	मीना- आई ऐम मीना	Hindi	01:02 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:04 PM 07:04 PM 10:04 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:18 AM 04:18 AM 07:18 AM 10:18 AM 01:19 PM 04:19 PM 07:19 PM 10:19 PM
Social Science (Economics)	S. Sc. (Eco): Chp 3: Money and Credit-1	English	01:42 AM 04:42 AM 07:42 AM 10:42 AM 01:43 PM 04:43 PM 07:43 PM 10:43 PM
Cultural Heritage: Art, Music & Dance	डॉ. बी आर आंबेडकर	Hindi	02:05 AM 05:06 AM 08:06 AM 11:06 AM 02:06 PM 05:07 PM 08:07 PM 11:07 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:23 AM 05:23 AM 08:23 AM 11:23 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
General	Mental Health and Well Being -2	English	02:43 AM 05:43 AM 08:43 AM 11:43 AM 02:44 PM 05:44 PM 08:44 PM 11:44 PM
सोमवार, 05 फरवरी 2024 Monday, 05 February 2024			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:01 PM 09:01 PM



सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-1	Hindi	12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:27 PM 06:28 PM 09:28 PM
Cultural Heritage: Art, Music & Dance	Rojgar Kaushal	Hindi	12:51 AM 03:51 AM 06:51 AM 09:52 AM 12:52 PM 03:52 PM 06:52 PM 09:52 PM
General	Management of Wetlands Part -2	English	01:08 AM 04:08 AM 07:08 AM 10:09 AM 01:09 PM 04:09 PM 07:09 PM 10:09 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-1	Hindi	01:16 AM 04:16 AM 07:16 AM 10:17 AM 01:17 PM 04:17 PM 07:17 PM 10:17 PM
Language (English)	English: Chapter 11: The Proposal	English	01:36 AM 04:36 AM 07:36 AM 10:36 AM 01:36 PM 04:36 PM 07:37 PM 10:37 PM
General	Emotional Well Being and Mental Health (E)	English	02:02 AM 05:03 AM 08:03 AM 11:03 AM 02:03 PM 05:03 PM 08:03 PM 11:04 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-1	English	02:07 AM 05:08 AM 08:08 AM 11:08 AM 02:08 PM 05:08 PM 08:08 PM 11:09 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:40 AM 05:40 AM 08:40 AM 11:40 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
मंगलवार, 06 फरवरी 2024 Tuesday, 06 February 2024			
हिंदी	हिंदी : पाठ-9: मंगलेश डबराल	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन-2	हिन्दी	12:27 AM 03:27 AM 06:27 AM 09:27 AM 12:27 PM 03:27 PM 06:27 PM 09:27 PM
कहानी	मीना- सेविंग लाइफ	Hindi	12:50 AM 03:50 AM 06:50 AM 09:50 AM 12:50 PM 03:50 PM 06:50 PM 09:50 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-2	Hindi	01:03 AM 04:03 AM 07:03 AM 10:03 AM 01:03 PM 04:03 PM 07:03 PM 10:03 PM

Language (English)	English: Chapter 11: Discussion on the theme of the Play 'The Proposal'	English	01:14 AM 04:14 AM 07:14 AM 10:14 AM 01:14 PM 04:14 PM 07:14 PM 10:14 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-2	English	01:50 AM 04:50 AM 07:50 AM 10:50 AM 01:50 PM 04:50 PM 07:50 PM 10:50 PM
Cyber Security	Internet Ethics	English	02:24 AM 05:24 AM 08:24 AM 11:24 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
कहानी	मीना- इट्स टू बी ए बाय	Hindi	02:47 AM 05:47 AM 08:47 AM 11:47 AM 02:47 PM 05:47 PM 08:47 PM 11:47 PM
बुधवार, 07 फरवरी 2024 Wednesday, 07 February 2024			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:01 AM 09:01 AM 12:02 PM 03:03 PM 06:03 PM 09:04 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-1	हिन्दी	12:27 AM 03:27 AM 06:28 AM 09:29 AM 12:29 PM 03:30 PM 06:31 PM 09:31 PM
General	व्यक्तिगत सुरक्षा	Hindi	12:51 AM 03:52 AM 06:53 AM 09:53 AM 12:54 PM 03:55 PM 06:55 PM 09:56 PM
गणित	गणित : पाठ-5: समान्तर श्रेढ़ियाँ -2	Hindi	01:08 AM 04:09 AM 07:10 AM 10:10 AM 01:11 PM 04:12 PM 07:12 PM 10:13 PM
Language (English)	English: Chapter 11: Discussion on the theme of the Play 'The Proposal'	English	01:38 AM 04:38 AM 07:39 AM 10:40 AM 01:40 PM 04:41 PM 07:41 PM 10:42 PM
Cyber Security	Email Act Hacked	English	02:10 AM 05:11 AM 08:11 AM 11:12 AM 02:13 PM 05:13 PM 08:14 PM 11:15 PM
Social Science (History)	S.Sc. (His): Chapter 3: The Making of a Global World- 2	English	02:12 AM 05:12 AM 08:13 AM 11:13 AM 02:14 PM 05:15 PM 08:15 PM 11:16 PM



Science	Science: Chap 8: Asexual Reproduction in Amoeba and Yeast	English	02:44 AM 05:44 AM 08:45 AM 11:46 AM 02:46 PM 05:47 PM 08:48 PM 11:48 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:47 AM 05:47 AM 08:48 AM 11:49 AM 02:49 PM 05:50 PM 08:51 PM 11:51 PM
Science	Science: Chap 8: Asexual Reproduction in Amoeba and Yeast	English	02:52 AM 05:52 AM 08:53 AM 11:54 AM 02:54 PM 05:55 PM 08:56 PM 11:56 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:56 AM 05:57 AM 08:58 AM 11:58 AM 02:59 PM 05:59 PM 09:00 PM
बृहस्पतिवार, 08 फरवरी 2024 Thursday, 08 February 2024			
हिंदी	हिंदी : पाठ-9: मंगलेश डबराल	Hindi	12:00 AM 02:57 AM 05:55 AM 08:52 AM 11:50 AM 02:47 PM 05:45 PM 08:43 PM 11:40 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-2	हिन्दी	12:27 AM 03:25 AM 06:22 AM 09:20 AM 12:18 PM 03:15 PM 06:13 PM 09:10 PM
General	Functions of Wetlands and their Biophysical characteristics	English	12:50 AM 03:48 AM 06:45 AM 09:43 AM 12:40 PM 03:38 PM 06:36 PM 09:33 PM
गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -3	Hindi	01:01 AM 03:59 AM 06:57 AM 09:54 AM 12:52 PM 03:49 PM 06:47 PM 09:44 PM
सामान्य	सूर्य नमस्कार	हिन्दी	01:29 AM 04:26 AM 07:24 AM 10:22 AM 01:19 PM 04:17 PM 07:14 PM 10:12 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:36 AM 04:33 AM 07:31 AM 10:28 AM 01:26 PM 04:24 PM 07:21 PM 10:19 PM
कहानी	मीना- आई ऐम मीना	Hindi	02:01 AM 04:58 AM 07:56 AM 10:53 AM 01:51 PM 04:48 PM 07:46 PM 10:44 PM
Social Science (History)	So. Sci. (His): Chp 3: The Making of a Global World- 3	English	02:16 AM 05:13 AM 08:11 AM 11:09 AM 02:06 PM 05:04 PM 08:01 PM 10:59 PM
Science	Binary fission in Amoeba	English	02:44 AM 05:42 AM 08:40 AM 11:37 AM 02:35 PM 05:32 PM 08:30 PM 11:28 PM



Science	Binary fission in Leishmania	English	02:48 AM 05:45 AM 08:43 AM 11:40 AM 02:38 PM 05:36 PM 08:33 PM 11:31 PM
Science	Regeneration in planaria	English	02:51 AM 05:49 AM 08:46 AM 11:44 AM 02:41 PM 05:39 PM 08:37 PM 11:34 PM
Science	Multiple Fission in Plasmodium	English	02:56 AM 05:53 AM 08:51 AM 11:49 AM 02:46 PM 05:44 PM 08:41 PM 11:39 PM
शुक्रवार, 09 फरवरी 2024 Friday, 09 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 1	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	12:23 AM 03:23 AM 06:23 AM 09:23 AM 12:23 PM 03:23 PM 06:23 PM 09:23 PM
Cyber Security	Social Networking	English	12:42 AM 03:43 AM 06:43 AM 09:43 AM 12:43 PM 03:43 PM 06:43 PM 09:43 PM
गणित	गणित : पाठ-5: समान्तर श्रेढियाँ -3	Hindi	12:47 AM 03:47 AM 06:47 AM 09:47 AM 12:47 PM 03:47 PM 06:47 PM 09:47 PM
General	Management of Wetlands Part -1	English	01:14 AM 04:14 AM 07:14 AM 10:14 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM
Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	01:26 AM 04:26 AM 07:26 AM 10:26 AM 01:26 PM 04:26 PM 07:26 PM 10:26 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:54 AM 04:54 AM 07:54 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-3	English	01:56 AM 04:57 AM 07:57 AM 10:57 AM 01:57 PM 04:57 PM 07:57 PM 10:57 PM
Science	Binary fission in Amoeba	English	02:23 AM 05:23 AM 08:24 AM 11:24 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
Science	Binary fission in Leishmania	English	02:27 AM 05:27 AM 08:27 AM 11:27 AM 02:27 PM 05:27 PM 08:27 PM 11:27 PM
Science	Regeneration in planaria	English	02:30 AM 05:30 AM 08:30 AM 11:30 AM 02:30 PM 05:30 PM 08:30 PM 11:31 PM



Science	Multiple Fission in Plasmodium	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:35 PM 11:35 PM
Science	Science: Chap 9: Homology and Analogy of Plants and Animals	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:37 PM 11:37 PM
General	E-Waste Management: Block 3	English	02:42 AM 05:42 AM 08:42 AM 11:42 AM 02:42 PM 05:42 PM 08:42 PM 11:42 PM
शनिवार, 10 फरवरी 2024 Saturday, 10 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 1	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-3: लोकतंत्र और विविधता -2	Hindi	12:23 AM 03:23 AM 06:24 AM 09:25 AM 12:25 PM 03:26 PM 06:27 PM 09:27 PM
General	स्वस्थ जीवन शैली को बढ़ावा देना	Hindi	12:36 AM 03:37 AM 06:38 AM 09:38 AM 12:39 PM 03:40 PM 06:40 PM 09:41 PM
गणित	गणित : पाठ-5: समान्तर श्रेढ़ियाँ -4	Hindi	12:42 AM 03:43 AM 06:44 AM 09:44 AM 12:45 PM 03:46 PM 06:46 PM 09:47 PM
Social Science (Geography)	S.Sc. (Geo): Chap 5: Minerals And Energy Resources-1	English	01:11 AM 04:12 AM 07:12 AM 10:13 AM 01:14 PM 04:14 PM 07:15 PM 10:16 PM
General	Management of Wetlands Part -2	English	01:39 AM 04:40 AM 07:40 AM 10:41 AM 01:42 PM 04:42 PM 07:43 PM 10:44 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-4	English	01:47 AM 04:48 AM 07:48 AM 10:49 AM 01:50 PM 04:50 PM 07:51 PM 10:52 PM
Science	Science: Chap 9: Heredity and Evolution-1	English	02:21 AM 05:21 AM 08:22 AM 11:23 AM 02:23 PM 05:24 PM 08:25 PM 11:25 PM
Language	Theatre in Education	English	02:36 AM 05:37 AM 08:37 AM 11:38 AM 02:39 PM 05:39 PM 08:40 PM 11:41 PM
रविवार, 11 फरवरी 2024 Sunday, 11 February 2024			



Language (Urdu)	Urdu: Chp-3: Bheek	Urdu	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:04 PM 09:05 PM
General	Value and responsible Citizenship	English	12:19 AM 03:20 AM 06:20 AM 09:21 AM 12:22 PM 03:23 PM 06:24 PM 09:24 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:24 AM 03:25 AM 06:25 AM 09:26 AM 12:27 PM 03:28 PM 06:29 PM 09:29 PM
General	Promotion of Healthy Lifestyle	English	12:56 AM 03:56 AM 06:57 AM 09:58 AM 12:59 PM 04:00 PM 07:00 PM 10:01 PM
विज्ञान	विज्ञान: पाठ-9: आनुवशिकता एवं जैव विकास	Hindi	01:02 AM 04:02 AM 07:03 AM 10:04 AM 01:05 PM 04:06 PM 07:06 PM 10:07 PM
General	Functions of Wetlands and their Biophysical characteristics	English	01:35 AM 04:36 AM 07:37 AM 10:38 AM 01:39 PM 04:39 PM 07:40 PM 10:41 PM
Social Science (Economics)	So. Sci. (Eco): Chp 3: Money and Credit-2	English	01:47 AM 04:48 AM 07:48 AM 10:49 AM 01:50 PM 04:51 PM 07:52 PM 10:52 PM
General	MOTHER EARTH Prakriti English	English	02:13 AM 05:14 AM 08:15 AM 11:16 AM 02:17 PM 05:17 PM 08:18 PM 11:19 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:15 AM 05:16 AM 08:17 AM 11:18 AM 02:19 PM 05:19 PM 08:20 PM 11:21 PM
Cultural Heritage: Art, Music & Dance	B.R. Ambedkar- As An Educator	English	02:38 AM 05:38 AM 08:39 AM 11:40 AM 02:41 PM 05:42 PM 08:42 PM 11:43 PM
सोमवार, 12 फरवरी 2024 Monday, 12 February 2024			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
General	E-Waste	English	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:18 PM 03:18 PM 06:18 PM 09:18 PM



सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-5: खनिज तथा ऊर्जा संसाधन	Hindi	12:20 AM 03:20 AM 06:20 AM 09:20 AM 12:20 PM 03:20 PM 06:20 PM 09:20 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	12:46 AM 03:46 AM 06:46 AM 09:46 AM 12:46 PM 03:46 PM 06:46 PM 09:46 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं-3	Hindi	01:00 AM 04:00 AM 07:00 AM 10:00 AM 01:00 PM 04:00 PM 07:00 PM 10:00 PM
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:13 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:15 AM 04:15 AM 07:15 AM 10:15 AM 01:15 PM 04:15 PM 07:15 PM 10:15 PM
General English	Episode 12 Disagreeing 1	English	01:40 AM 04:40 AM 07:40 AM 10:40 AM 01:40 PM 04:40 PM 07:40 PM 10:40 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-3	English	01:53 AM 04:53 AM 07:53 AM 10:54 AM 01:54 PM 04:54 PM 07:54 PM 10:54 PM
General English	Episode 13 Disagreeing 2	English	02:20 AM 05:20 AM 08:20 AM 11:20 AM 02:20 PM 05:20 PM 08:21 PM 11:21 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:35 PM 11:35 PM
General	Introduction to MISSION LIFE	English	02:57 AM 05:57 AM 08:57 AM 11:57 AM 02:57 PM 05:57 PM 08:57 PM 11:57 PM
मंगलवार, 13 फरवरी 2024 Tuesday, 13 February 2024			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:05 PM
General English	Episode 2 Greeting an Acquaintance	English	12:28 AM 03:29 AM 06:30 AM 09:30 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-1	Hindi	12:37 AM 03:38 AM 06:38 AM 09:39 AM 12:40 PM 03:41 PM 06:41 PM 09:42 PM



Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:00 AM 04:01 AM 07:02 AM 10:03 AM 01:03 PM 04:04 PM 07:05 PM 10:05 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:02 AM 04:03 AM 07:04 AM 10:04 AM 01:05 PM 04:06 PM 07:07 PM 10:07 PM
Urban Floods	Urban Flood - शहरी बाढ़ क्यों आती है	Hindi	01:26 AM 04:27 AM 07:28 AM 10:28 AM 01:29 PM 04:30 PM 07:31 PM 10:31 PM
Language (English)	English: Ch 1 : A Letter to God	English	01:27 AM 04:28 AM 07:29 AM 10:29 AM 01:30 PM 04:31 PM 07:32 PM 10:32 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:51 AM 04:51 AM 07:52 AM 10:53 AM 01:54 PM 04:54 PM 07:55 PM 10:56 PM
Mathematics	Maths: Chap- 5: Arithmetic Progressions Part-4	English	01:54 AM 04:54 AM 07:55 AM 10:56 AM 01:56 PM 04:57 PM 07:58 PM 10:59 PM
General	Nutrition_Health and Sanitation	English	02:27 AM 05:28 AM 08:29 AM 11:30 AM 02:30 PM 05:31 PM 08:32 PM 11:32 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -1	English	02:34 AM 05:34 AM 08:35 AM 11:36 AM 02:37 PM 05:37 PM 08:38 PM 11:39 PM
सामान्य	सूर्य नमस्कार	हिन्दी	02:53 AM 05:54 AM 08:55 AM 11:56 AM 02:56 PM 05:57 PM 08:58 PM 11:59 PM
बुधवार, 14 फरवरी 2024 Wednesday, 14 February 2024			
हिंदी	हिंदी : पाठ-9: मंगलेश डबराल	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-2	हिन्दी	12:27 AM 03:27 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:28 PM 09:29 PM
Social science	Understanding our architectural heritage (Bibi ka Maqbara)	English	12:50 AM 03:50 AM 06:50 AM 09:51 AM 12:51 PM 03:51 PM 06:51 PM 09:51 PM
गणित	गणित : पाठ-5: समान्तर श्रेणियाँ -4	Hindi	01:04 AM 04:04 AM 07:05 AM 10:05 AM 01:05 PM 04:05 PM 07:05 PM 10:06 PM



Language (English)	English: Ch 1 : A Letter to God	English	01:33 AM 04:33 AM 07:33 AM 10:33 AM 01:34 PM 04:34 PM 07:34 PM 10:34 PM
General	Management of Wetlands Part -1	English	01:56 AM 04:56 AM 07:57 AM 10:57 AM 01:57 PM 04:57 PM 07:57 PM 10:58 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	02:08 AM 05:08 AM 08:08 AM 11:08 AM 02:09 PM 05:09 PM 08:09 PM 11:09 PM
Science	Science: Chap 9: Heredity and Evolution-1	English	02:35 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:37 PM 11:37 PM
सामान्य	गुरु गोविंद सिंह	Hindi	02:51 AM 05:51 AM 08:51 AM 11:51 AM 02:52 PM 05:52 PM 08:52 PM 11:52 PM

बृहस्पतिवार, 15 फरवरी 2024
Thursday, 15 February 2024

हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
General English	Episode 9 Agreeing 1	English	12:18 AM 03:19 AM 06:19 AM 09:20 AM 12:21 PM 03:22 PM 06:22 PM 09:23 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:29 AM 03:30 AM 06:31 AM 09:31 AM 12:32 PM 03:33 PM 06:33 PM 09:34 PM
गणित	गणित: पाठ-5: समान्तर श्रेढ़ियाँ	Hindi	12:48 AM 03:48 AM 06:49 AM 09:50 AM 12:50 PM 03:51 PM 06:52 PM 09:53 PM
Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	Hindi	01:11 AM 04:12 AM 07:13 AM 10:13 AM 01:14 PM 04:15 PM 07:15 PM 10:16 PM
Language (English)	English: Ch-1 : A Letter to God	English	01:12 AM 04:13 AM 07:14 AM 10:14 AM 01:15 PM 04:16 PM 07:16 PM 10:17 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-2	English	01:40 AM 04:41 AM 07:42 AM 10:42 AM 01:43 PM 04:44 PM 07:44 PM 10:45 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	01:59 AM 05:00 AM 08:01 AM 11:01 AM 02:02 PM 05:03 PM 08:03 PM 11:04 PM



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सामान्य	सूर्य नमस्कार	हिन्दी	02:00 AM 05:01 AM 08:02 AM 11:02 AM 02:03 PM 05:04 PM 08:04 PM 11:05 PM
Science	Science: Chap 9: Heredity and Evolution-2	English	02:07 AM 05:08 AM 08:08 AM 11:09 AM 02:10 PM 05:10 PM 08:11 PM 11:12 PM
Travel	Rangsapara	English	02:22 AM 05:23 AM 08:24 AM 11:25 AM 02:25 PM 05:26 PM 08:27 PM 11:27 PM
General English	Episode 10 Agreeing 2	English	02:44 AM 05:45 AM 08:46 AM 11:47 AM 02:47 PM 05:48 PM 08:49 PM 11:49 PM
शुक्रवार, 16 फरवरी 2024 Friday, 16 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 2	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
रोजगार कौशल	हुनर सीखें होनहार बने	Hindi	12:24 AM 03:24 AM 06:25 AM 09:25 AM 12:25 PM 03:25 PM 06:25 PM 09:25 PM
गणित	गणित: पाठ-5: समान्तर श्रेढ़ियाँ	Hindi	12:42 AM 03:42 AM 06:42 AM 09:42 AM 12:42 PM 03:42 PM 06:42 PM 09:42 PM
General	Management of Wetlands Part -2	English	01:05 AM 04:05 AM 07:05 AM 10:05 AM 01:05 PM 04:05 PM 07:05 PM 10:06 PM
Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -1	English	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:14 PM
सामान्य	मदिरों की माला भुवनेश्वर	Hindi	01:30 AM 04:30 AM 07:30 AM 10:30 AM 01:30 PM 04:30 PM 07:30 PM 10:30 PM
Mathematics	Maths: Chapter- 6 Triangles- 1	English	01:50 AM 04:50 AM 07:50 AM 10:50 AM 01:50 PM 04:51 PM 07:51 PM 10:51 PM
सामान्य	सुभद्रा कुमारी चौहान	Hindi	02:05 AM 05:05 AM 08:06 AM 11:06 AM 02:06 PM 05:06 PM 08:06 PM 11:06 PM
Science	Science: Chap 9: Heredity and Evolution-2	English	02:29 AM 05:29 AM 08:29 AM 11:29 AM 02:29 PM 05:29 PM 08:29 PM 11:29 PM
General	I will bring Glory to my Nation	English	02:44 AM 05:44 AM 08:44 AM 11:45 AM 02:45 PM 05:45 PM 08:45 PM 11:45 PM
शनिवार, 17 फरवरी 2024 Saturday, 17 February 2024			



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संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 2	Sanskrit	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान.(राजनीति विज्ञान.): पाठ-4: जाति; धर्म और लैंगिक मसले -1	Hindi	12:24 AM 03:25 AM 06:26 AM 09:27 AM 12:28 PM 03:29 PM 06:30 PM 09:31 PM
General	Functions of Wetlands and their Biophysical characteristics	English	12:39 AM 03:40 AM 06:41 AM 09:42 AM 12:43 PM 03:44 PM 06:45 PM 09:46 PM
गणित	गणित : पाठ-6: त्रिभुज-1	Hindi	12:51 AM 03:52 AM 06:52 AM 09:53 AM 12:54 PM 03:55 PM 06:56 PM 09:57 PM
Biography	Kamala The Swadeshi Nutriindian	English	01:15 AM 04:16 AM 07:17 AM 10:18 AM 01:19 PM 04:19 PM 07:20 PM 10:21 PM
Social Science (Geography)	So. Sci. (Geo):Chap 6: Manufacturing Industries -2	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:39 PM
General	Management of Wetlands Part -1	English	01:45 AM 04:46 AM 07:47 AM 10:48 AM 01:49 PM 04:50 PM 07:51 PM 10:52 PM
Mathematics	Maths: Chapter- 6 Triangles- 2	English	01:57 AM 04:58 AM 07:59 AM 11:00 AM 02:01 PM 05:02 PM 08:02 PM 11:03 PM
General	Personal Safety	English	02:18 AM 05:19 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
Science	Science: Chap 9: Heredity and Evolution-3	English	02:32 AM 05:33 AM 08:34 AM 11:35 AM 02:36 PM 05:37 PM 08:38 PM 11:39 PM
सामान्य	India-Pavilion-at-COP27- Mission	हिन्दी	02:57 AM 05:58 AM 08:59 AM 12:00 PM 03:01 PM 06:02 PM 09:03 PM
रविवार, 18 फरवरी 2024 Sunday, 18 February 2024			
Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	Urdu	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:29 AM 03:29 AM 06:30 AM 09:30 AM 12:30 PM 03:31 PM 06:31 PM 09:32 PM



General	Functions of Wetlands and their Biophysical characteristics	English	01:01 AM 04:01 AM 07:01 AM 10:02 AM 01:02 PM 04:03 PM 07:03 PM 10:04 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:12 AM 04:12 AM 07:13 AM 10:13 AM 01:14 PM 04:14 PM 07:15 PM 10:15 PM
Social Science (Economics)	S.Sc (Eco): Chp 3: Money and Credit-3	English	01:36 AM 04:36 AM 07:37 AM 10:37 AM 01:38 PM 04:38 PM 07:38 PM 10:39 PM
General	Gender Equality	English	02:00 AM 05:00 AM 08:01 AM 11:01 AM 02:02 PM 05:02 PM 08:02 PM 11:03 PM
General English	Episode 4 Meeting People: Pleased to meet you	English	02:07 AM 05:07 AM 08:08 AM 11:08 AM 02:09 PM 05:09 PM 08:10 PM 11:10 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:20 AM 05:21 AM 08:21 AM 11:22 AM 02:22 PM 05:23 PM 08:23 PM 11:23 PM
Science	Alfred Nobel - 1	English	02:41 AM 05:42 AM 08:42 AM 11:43 AM 02:43 PM 05:43 PM 08:44 PM 11:44 PM
General English	Episode 11 Agreeing 3	English	02:50 AM 05:50 AM 08:51 AM 11:51 AM 02:52 PM 05:52 PM 08:52 PM 11:53 PM
सोमवार, 19 फरवरी 2024 Monday, 19 February 2024			
हिंदी	हिंदी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 03:01 AM 06:02 AM 09:03 AM 12:04 PM 03:05 PM 06:06 PM 09:07 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञा.(भूगोल): पाठ-6: विनिर्माण उद्योग-2	Hindi	12:24 AM 03:26 AM 06:27 AM 09:28 AM 12:29 PM 03:30 PM 06:31 PM 09:32 PM
General English	Episode 7 Making Requests 1	English	12:47 AM 03:48 AM 06:49 AM 09:50 AM 12:51 PM 03:52 PM 06:53 PM 09:54 PM
सामान्य	Sustainable Food Systems Adopted	हिन्दी	12:58 AM 03:59 AM 07:00 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:05 PM
विज्ञान	विज्ञान: पाठ-9: आनुवंशिकता एवं जैव विकास	Hindi	12:58 AM 03:59 AM 07:00 AM 10:01 AM 01:02 PM 04:03 PM 07:04 PM 10:06 PM



Language (English)	English: Ch-1 : A Letter to God	English	01:32 AM 04:33 AM 07:34 AM 10:35 AM 01:36 PM 04:37 PM 07:38 PM 10:39 PM
सामान्य	हिंदी शब्दकोष	Hindi	02:00 AM 05:01 AM 08:02 AM 11:03 AM 02:04 PM 05:05 PM 08:06 PM 11:07 PM
Mathematics	Maths: Chapter- 6 Triangles- 1	English	02:17 AM 05:18 AM 08:20 AM 11:21 AM 02:22 PM 05:23 PM 08:24 PM 11:25 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -2	English	02:33 AM 05:34 AM 08:35 AM 11:36 AM 02:37 PM 05:38 PM 08:39 PM 11:40 PM
Sports	The Sound Mind	English	02:55 AM 05:56 AM 08:57 AM 11:58 AM 02:59 PM 06:00 PM 09:01 PM
मंगलवार, 20 फरवरी 2024 Tuesday, 20 February 2024			
हिंदी	हिंदी :पाठ-9: कवि मंगलेश डबराल और उनकी कविता	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-6: विनिर्माण उद्योग-3	Hindi	12:27 AM 03:27 AM 06:28 AM 09:29 AM 12:29 PM 03:30 PM 06:31 PM 09:32 PM
सामान्य	एक नया सवेरा	Hindi	12:46 AM 03:47 AM 06:47 AM 09:48 AM 12:49 PM 03:49 PM 06:50 PM 09:51 PM
General(Science)	All Roads Lead to Rome	English	12:59 AM 04:00 AM 07:00 AM 10:01 AM 01:02 PM 04:02 PM 07:03 PM 10:04 PM
विज्ञान	विज्ञान: पाठ-8: जीव जनन कैसे करते हैं	Hindi	01:00 AM 04:01 AM 07:01 AM 10:02 AM 01:03 PM 04:03 PM 07:04 PM 10:05 PM
Language (English)	English: Ch-1: Dust of Snow	English	01:24 AM 04:25 AM 07:25 AM 10:26 AM 01:27 PM 04:27 PM 07:28 PM 10:29 PM
Language	Theatre in Education	English	01:48 AM 04:49 AM 07:50 AM 10:50 AM 01:51 PM 04:52 PM 07:53 PM 10:53 PM
General(Science)	Planetary Motion	English	02:12 AM 05:13 AM 08:14 AM 11:15 AM 02:15 PM 05:16 PM 08:17 PM 11:17 PM
Mathematics	Maths: Chapter- 6 Triangles- 2	English	02:14 AM 05:15 AM 08:15 AM 11:16 AM 02:17 PM 05:17 PM 08:18 PM 11:19 PM



Social Science (Political Science)	S. Sc. (Pol Sc.): Chap 4: Gender, Religion and Caste -3	English	02:35 AM 05:36 AM 08:36 AM 11:37 AM 02:38 PM 05:39 PM 08:39 PM 11:40 PM
General	Growing up Healthy	English	02:56 AM 05:57 AM 08:57 AM 11:58 AM 02:59 PM 06:00 PM 09:00 PM
बुधवार, 21 फरवरी 2024 Wednesday, 21 February 2024			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:18 AM 03:18 AM 06:18 AM 09:18 AM 12:19 PM 03:19 PM 06:19 PM 09:19 PM
General	And Barter Goes On...	English	12:37 AM 03:37 AM 06:37 AM 09:37 AM 12:37 PM 03:37 PM 06:37 PM 09:37 PM
Thunderstorm and Lighting	Lightning - बिजली से कैसे बचें	Hindi	12:54 AM 03:54 AM 06:54 AM 09:54 AM 12:54 PM 03:54 PM 06:54 PM 09:54 PM
गणित	गणित : पाठ-6: त्रिभुज-1	Hindi	12:55 AM 03:55 AM 06:55 AM 09:55 AM 12:55 PM 03:55 PM 06:55 PM 09:55 PM
Language (English)	English: Ch-1: Dust of Snow	English	01:19 AM 04:19 AM 07:19 AM 10:19 AM 01:19 PM 04:19 PM 07:20 PM 10:20 PM
General	Functions of Wetlands and their Biophysical characteristics	English	01:43 AM 04:43 AM 07:44 AM 10:44 AM 01:44 PM 04:44 PM 07:44 PM 10:44 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-1	English	01:55 AM 04:56 AM 07:56 AM 10:56 AM 01:56 PM 04:56 PM 07:56 PM 10:56 PM
General	Management of Wetlands Part -1	English	02:23 AM 05:23 AM 08:23 AM 11:23 AM 02:24 PM 05:24 PM 08:24 PM 11:24 PM
Science	Science: Chap 9: Heredity and Evolution-3	English	02:35 AM 05:35 AM 08:35 AM 11:35 AM 02:35 PM 05:35 PM 08:35 PM 11:36 PM
बृहस्पतिवार, 22 फरवरी 2024 Thursday, 22 February 2024			



हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-1	Hindi	12:28 AM 03:29 AM 06:29 AM 09:30 AM 12:31 PM 03:32 PM 06:32 PM 09:33 PM
General	Management of Wetlands Part -1	English	12:47 AM 03:47 AM 06:48 AM 09:49 AM 12:49 PM 03:50 PM 06:51 PM 09:51 PM
गणित	गणित : पाठ-6: त्रिभुज-2	Hindi	12:58 AM 03:59 AM 06:59 AM 10:00 AM 01:01 PM 04:02 PM 07:02 PM 10:03 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:31 AM 04:32 AM 07:32 AM 10:33 AM 01:34 PM 04:34 PM 07:35 PM 10:36 PM
General	Management of Wetlands Part -2	English	01:59 AM 04:59 AM 08:00 AM 11:01 AM 02:01 PM 05:02 PM 08:03 PM 11:03 PM
Travel	Sivasagar - A Historical Place of Assam	English	02:07 AM 05:07 AM 08:08 AM 11:09 AM 02:09 PM 05:10 PM 08:11 PM 11:11 PM
Social Science (History)	So. Sci. (His): Chp 4: The Age of Industrialisation-2	English	02:10 AM 05:10 AM 08:11 AM 11:12 AM 02:12 PM 05:13 PM 08:14 PM 11:15 PM
Science	Science: Chap 9: Heredity and Evolution-1	English	02:29 AM 05:29 AM 08:30 AM 11:31 AM 02:32 PM 05:32 PM 08:33 PM 11:34 PM
सांस्कृतिक विरासत: कला और शिल्प	तुम्बा कला	Hindi	02:53 AM 05:54 AM 08:54 AM 11:55 AM 02:56 PM 05:56 PM 08:57 PM 11:58 PM
शुक्रवार, 23 फरवरी 2024 Friday, 23 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 3	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञा.(राजनीति विज्ञा.): पाठ-4: जाति; धर्म और लैंगिक मसले -2	Hindi	12:28 AM 03:28 AM 06:28 AM 09:28 AM 12:28 PM 03:28 PM 06:29 PM 09:29 PM
General	Hand Wash	Hindi	12:44 AM 03:44 AM 06:45 AM 09:45 AM 12:45 PM 03:45 PM 06:45 PM 09:45 PM
गणित	गणित : पाठ-6: त्रिभुज-2	Hindi	12:47 AM 03:47 AM 06:47 AM 09:47 AM 12:48 PM 03:48 PM 06:48 PM 09:48 PM



Social Science (Geography)	Soc. Sc. (Geo): Chap 6: Manufacturing Industries	English	01:20 AM 04:20 AM 07:20 AM 10:20 AM 01:20 PM 04:20 PM 07:21 PM 10:21 PM
Health, Physical Education/Yoga/ Sports	Tihri kood	Hindi	01:51 AM 04:51 AM 07:51 AM 10:51 AM 01:52 PM 04:52 PM 07:52 PM 10:52 PM
Mathematics	Maths: Chapter- 6 Triangles- 3	English	02:06 AM 05:06 AM 08:06 AM 11:06 AM 02:06 PM 05:06 PM 08:06 PM 11:06 PM
Science	Science: Chap 9: Heredity and Evolution-1	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:36 PM 05:36 PM 08:36 PM 11:37 PM
शनिवार, 24 फरवरी 2024 Saturday, 24 February 2024			
संस्कृत	संस्कृत : पाठ - 12: अनयोक्त्यः 3	Sanskrit	12:00 AM 03:00 AM 06:00 AM 09:01 AM 12:01 PM 03:02 PM 06:02 PM 09:03 PM
सामाजिक विज्ञान (राजनीति विज्ञान)	सा.विज्ञान. (राजनीति विज्ञान): पाठ-4: जाति; धर्म और लैंगिक मसले	Hindi	12:28 AM 03:28 AM 06:29 AM 09:29 AM 12:29 PM 03:30 PM 06:30 PM 09:31 PM
General(Science)	Acrobatic Stick	English	12:51 AM 03:51 AM 06:52 AM 09:52 AM 12:52 PM 03:53 PM 06:53 PM 09:54 PM
गणित	गणित : पाठ-6: त्रिभुज-3	Hindi	12:52 AM 03:53 AM 06:53 AM 09:53 AM 12:54 PM 03:54 PM 06:55 PM 09:55 PM
Social Science (Geography)	Soc. Sc. (Geo): Chap 6: Manufacturing Industries	English	01:25 AM 04:25 AM 07:26 AM 10:26 AM 01:26 PM 04:27 PM 07:27 PM 10:28 PM
General	Growing up Healthy	English	01:56 AM 04:56 AM 07:57 AM 10:57 AM 01:58 PM 04:58 PM 07:59 PM 10:59 PM
General	Functions of Wetlands and their Biophysical characteristics	English	02:00 AM 05:01 AM 08:01 AM 11:01 AM 02:02 PM 05:02 PM 08:03 PM 11:03 PM
Mathematics	Maths: Chapter- 6 Triangles- 4	English	02:11 AM 05:12 AM 08:12 AM 11:13 AM 02:13 PM 05:14 PM 08:14 PM 11:15 PM



Science	Science: Chap 9: Hereditiy and Evolution-2	English	02:37 AM 05:37 AM 08:38 AM 11:38 AM 02:39 PM 05:39 PM 08:39 PM 11:40 PM
रविवार, 25 फरवरी 2024 Sunday, 25 February 2024			
Language (Urdu)	Urdu: Chp-4: Sir Sayyad Ka Bachpan	Urdu	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:00 PM 06:00 PM 09:00 PM
सामाजिक विज्ञान (अर्थशास्त्र)	सा.विज्ञान.(अर्थशास्त्र): पाठ-3: मुद्रा और साख	Hindi	12:29 AM 03:29 AM 06:29 AM 09:29 AM 12:29 PM 03:29 PM 06:30 PM 09:30 PM
General	Safe Use of Internet_Gadgets and Media	English	01:01 AM 04:01 AM 07:01 AM 10:01 AM 01:01 PM 04:01 PM 07:01 PM 10:02 PM
General	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	01:07 AM 04:07 AM 07:07 AM 10:07 AM 01:07 PM 04:07 PM 07:07 PM 10:07 PM
Cyber Safety	The Social Media - Boon or Bane	English	01:13 AM 04:13 AM 07:13 AM 10:13 AM 01:13 PM 04:13 PM 07:13 PM 10:14 PM
विज्ञान	विज्ञान: पाठ-9: आनुवशिकता एवं जैव विकास	Hindi	01:16 AM 04:16 AM 07:17 AM 10:17 AM 01:17 PM 04:17 PM 07:17 PM 10:17 PM
Social Science (Economics)	So. Sci. (Eco): Chp 3: Money and Credit	English	01:50 AM 04:50 AM 07:50 AM 10:51 AM 01:51 PM 04:51 PM 07:51 PM 10:51 PM
General(Sci ence)	Colour Shadow	English	02:15 AM 05:15 AM 08:16 AM 11:16 AM 02:16 PM 05:16 PM 08:16 PM 11:16 PM
General(Mat hematics)	Cone Run Uphill	English	02:17 AM 05:17 AM 08:17 AM 11:18 AM 02:18 PM 05:18 PM 08:18 PM 11:18 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste	English	02:19 AM 05:19 AM 08:19 AM 11:19 AM 02:19 PM 05:19 PM 08:19 PM 11:20 PM
Science	Alfred Nobel - 2	English	02:40 AM 05:40 AM 08:40 AM 11:41 AM 02:41 PM 05:41 PM 08:41 PM 11:41 PM
सामान्य	सूर्य नमस्कार	हिन्दी	02:53 AM 05:53 AM 08:53 AM 11:53 AM 02:53 PM 05:54 PM 08:54 PM 11:54 PM
सोमवार, 26 फरवरी 2024 Monday, 26 February 2024			



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हिंदी	हिंदी : पाठ-9: मंगलेश डबराल	Hindi	12:00 AM 03:03 AM 06:06 AM 09:09 AM 12:12 PM 03:15 PM 06:18 PM 09:21 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-1	Hindi	12:27 AM 03:30 AM 06:33 AM 09:36 AM 12:40 PM 03:43 PM 06:46 PM 09:49 PM
विज्ञान	विज्ञान: पाठ-9: आनुवशिकता एवं जैव विकास	Hindi	12:50 AM 03:53 AM 06:56 AM 09:59 AM 01:02 PM 04:05 PM 07:08 PM 10:11 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:24 AM 04:27 AM 07:30 AM 10:33 AM 01:36 PM 04:39 PM 07:42 PM 10:45 PM
General(Science)	Curie Point	English	01:51 AM 04:54 AM 07:58 AM 11:01 AM 02:04 PM 05:07 PM 08:10 PM 11:13 PM
General(Science)	Express Route	English	01:53 AM 04:56 AM 07:59 AM 11:02 AM 02:05 PM 05:08 PM 08:11 PM 11:14 PM
Mathematics	Maths: Chapter- 6 Triangles- 3	English	01:54 AM 04:57 AM 08:00 AM 11:03 AM 02:06 PM 05:09 PM 08:12 PM 11:16 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste	English	02:24 AM 05:27 AM 08:30 AM 11:33 AM 02:36 PM 05:39 PM 08:43 PM 11:46 PM
ENVIRONMENT	The Journey of Silk	English	02:46 AM 05:49 AM 08:52 AM 11:55 AM 02:58 PM 06:01 PM 09:04 PM
मंगलवार, 27 फरवरी 2024 Tuesday, 27 February 2024			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:00 AM 09:00 AM 12:00 PM 03:01 PM 06:01 PM 09:01 PM
सामाजिक विज्ञान (भूगोल)	सा.विज्ञान.(भूगोल): पाठ-7: राष्ट्रीय अर्थव्यवस्था की जीवन रेखाएँ-2	Hindi	12:18 AM 03:18 AM 06:19 AM 09:19 AM 12:19 PM 03:19 PM 06:19 PM 09:20 PM
विज्ञान	विज्ञान: पाठ-9: आनुवशिकता एवं जैव विकास	Hindi	12:41 AM 03:41 AM 06:42 AM 09:42 AM 12:42 PM 03:42 PM 06:42 PM 09:43 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:15 AM 04:15 AM 07:15 AM 10:16 AM 01:16 PM 04:16 PM 07:16 PM 10:17 PM
सामान्य	गुरु गोविंद सिंह	Hindi	01:40 AM 04:40 AM 07:40 AM 10:41 AM 01:41 PM 04:41 PM 07:41 PM 10:41 PM



Mathematics	Maths: Chapter- 6 Triangles- 4	English	01:49 AM 04:49 AM 07:49 AM 10:49 AM 01:50 PM 04:50 PM 07:50 PM 10:50 PM
Social Science (Political Science)	S. Sc. (Pol Sc.): Chp 4: Gender, Religion and Caste	English	02:14 AM 05:14 AM 08:15 AM 11:15 AM 02:15 PM 05:15 PM 08:15 PM 11:16 PM
ENVIRONME NT	Bravo Banana	English	02:36 AM 05:36 AM 08:36 AM 11:36 AM 02:37 PM 05:37 PM 08:37 PM 11:37 PM
बुधवार, 28 फरवरी 2024 Wednesday, 28 February 2024			
हिंदी	हिंदी : पाठ-10:स्वयं प्रकाश: नेताजी का चश्मा	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:03 PM 03:04 PM 06:05 PM 09:06 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञान.(इतिहास): पाठ-4: औद्योगिकीकरण का युग-2	Hindi	12:28 AM 03:29 AM 06:30 AM 09:31 AM 12:32 PM 03:33 PM 06:34 PM 09:35 PM
गणित	गणित : पाठ-6: त्रिभुज-3	Hindi	12:54 AM 03:54 AM 06:55 AM 09:56 AM 12:57 PM 03:58 PM 06:59 PM 10:00 PM
General	Migratory Birds	English	01:26 AM 04:27 AM 07:28 AM 10:29 AM 01:30 PM 04:31 PM 07:32 PM 10:33 PM
General	Management of Wetlands Part -1	English	01:29 AM 04:30 AM 07:31 AM 10:32 AM 01:33 PM 04:34 PM 07:35 PM 10:36 PM
Language (English)	English: Ch-1: A Triumph of Surgery	English	01:40 AM 04:41 AM 07:42 AM 10:43 AM 01:44 PM 04:45 PM 07:46 PM 10:47 PM
सामान्य	ध्यान	हिन्दी	02:05 AM 05:06 AM 08:07 AM 11:08 AM 02:09 PM 05:10 PM 08:11 PM 11:12 PM
Social Science (History)	S. Sc. (His): Chp 4: The Age of Industrialisation-3	English	02:09 AM 05:10 AM 08:11 AM 11:12 AM 02:13 PM 05:14 PM 08:15 PM 11:16 PM
Science	Science: Chap 9: Heredity and Evolution-2	English	02:25 AM 05:26 AM 08:27 AM 11:28 AM 02:29 PM 05:30 PM 08:31 PM 11:32 PM
General	Growing up Healthy	English	02:48 AM 05:49 AM 08:50 AM 11:51 AM 02:52 PM 05:53 PM 08:54 PM 11:55 PM
General	Management of Wetlands Part -2	English	02:53 AM 05:53 AM 08:54 AM 11:55 AM 02:56 PM 05:57 PM 08:58 PM 11:59 PM



बृहस्पतिवार, 29 फरवरी 2024
Thursday, 29 February 2024

हिंदी	हिंदी :पाठ-9: कवि रविन्द्रनाथ ठाकुर और उनकी कविता आत्मत्राण	Hindi	12:00 AM 03:00 AM 06:01 AM 09:02 AM 12:02 PM 03:03 PM 06:04 PM 09:04 PM
सामाजिक विज्ञान (इतिहास)	सा.विज्ञा.(इतिहास): पाठ-4: औद्योगीकरण का युग-2	Hindi	12:24 AM 03:25 AM 06:26 AM 09:27 AM 12:27 PM 03:28 PM 06:29 PM 09:29 PM
गणित	गणित : पाठ-6: त्रिभुज-4	Hindi	12:50 AM 03:51 AM 06:51 AM 09:52 AM 12:53 PM 03:53 PM 06:54 PM 09:55 PM
General	Gender Equality (E)	English	01:29 AM 04:30 AM 07:30 AM 10:31 AM 01:32 PM 04:33 PM 07:33 PM 10:34 PM
Language (English)	English: Ch-1: Poem- Fire and Ice	English	01:36 AM 04:37 AM 07:38 AM 10:38 AM 01:39 PM 04:40 PM 07:40 PM 10:41 PM
Social Science (History)	S. Sc. (His): Chp 4: The Age of Industrialisation-3	English	02:04 AM 05:05 AM 08:05 AM 11:06 AM 02:07 PM 05:07 PM 08:08 PM 11:09 PM
General	E-Waste Management: Block 5	English	02:20 AM 05:21 AM 08:21 AM 11:22 AM 02:23 PM 05:23 PM 08:24 PM 11:25 PM
Science	Science: Chap 9: Homology and Analogy of Plants and Animals	English	02:41 AM 05:42 AM 08:43 AM 11:43 AM 02:44 PM 05:45 PM 08:46 PM 11:46 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:47 AM 05:47 AM 08:48 AM 11:49 AM 02:50 PM 05:50 PM 08:51 PM 11:52 PM
Science	Science: Chap 8: Asexual Reproduction in Amoeba and Yeast	English	02:52 AM 05:52 AM 08:53 AM 11:54 AM 02:55 PM 05:55 PM 08:56 PM 11:57 PM
Science	Science: Chap 8: Embryo of Dicot Seeds	English	02:56 AM 05:57 AM 08:58 AM 11:58 AM 02:59 PM 06:00 PM 09:00 PM



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