

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

मार्च 2024
March 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 मार्च 2024 Friday, 01 March 2024			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:28 PM
योग	ध्यान	हिन्दी	12:32 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:00 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:36 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
सामान्य जागरूकता	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
Mathematics	Ch-5: Shapes and Designs	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:32 PM
कला और शिल्प	कूड़े से खिलौने: हवा में बॉल (Toys from Trash: Ball in Air)	हिन्दी	01:23 AM 03:53 AM 06:23 AM 08:53 AM 11:23 AM 01:53 PM 04:23 PM 06:53 PM 09:23 PM 11:52 PM
English	Ch-1: Good Morning	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:53 PM 09:23 PM 11:53 PM
सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM



General	The Home	English	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:27 PM 04:56 PM 07:26 PM 09:56 PM
Art Education	Kala Utsav – 2022 Dance – Classical (Boy) Odisha	English/hindi	02:02 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
General Awareness	Safety and Security against Violence and Injuries	English	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:37 PM 05:07 PM 07:37 PM 10:07 PM
Storytelling/Value Education	लालू और पीलू	हिन्दी	02:14 AM 04:44 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
General Awareness	Interpersonal Relationships	English	02:16 AM 04:46 AM 07:16 AM 09:46 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	English/hindi	02:21 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:23 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
शनिवार, 02 मार्च 2024 Saturday, 02 March 2024			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
योग	नाड़ीशोधन प्राणायाम	हिन्दी	12:32 AM 03:01 AM 05:31 AM 08:01 AM 10:30 AM 01:00 PM 03:30 PM 05:59 PM 08:29 PM 10:59 PM
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	12:35 AM 03:05 AM 05:34 AM 08:04 AM 10:34 AM 01:03 PM 03:33 PM 06:03 PM 08:32 PM 11:02 PM
General	Birbal Finds the Thief	English	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:55 AM 01:25 PM 03:55 PM 06:24 PM 08:54 PM 11:24 PM



Mathematics	Ch-5: Shapes and Designs	English	01:03 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:31 PM 04:01 PM 06:31 PM 09:00 PM 11:30 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	01:23 AM 03:53 AM 06:23 AM 08:52 AM 11:22 AM 01:52 PM 04:21 PM 06:51 PM 09:21 PM 11:50 PM
Storytelling/Value Education	Meena - 1 Count your Chicken	हिन्दी	01:31 AM 04:00 AM 06:30 AM 09:00 AM 11:29 AM 01:59 PM 04:29 PM 06:58 PM 09:28 PM 11:58 PM
Art and Craft	ओरिगामी (कागज़ कला)-1	English/hindi	01:44 AM 04:14 AM 06:44 AM 09:13 AM 11:43 AM 02:13 PM 04:42 PM 07:12 PM 09:42 PM
Storytelling/Value Education	समुन्दर की कहानी (शेडो पपेट)	हिन्दी	01:55 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:23 PM 04:53 PM 07:23 PM 09:52 PM
Art and Craft	ओरिगामी (कागज़ कला)-2	English/hindi	01:57 AM 04:27 AM 06:57 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:25 PM 09:55 PM
Storytelling/Value Education	वो कुछ दिन	हिन्दी	02:12 AM 04:42 AM 07:12 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:40 PM 10:10 PM
योग	सेतुबंधासन	हिन्दी	02:20 AM 04:50 AM 07:20 AM 09:49 AM 12:19 PM 02:49 PM 05:18 PM 07:48 PM 10:18 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:23 AM 04:52 AM 07:22 AM 09:52 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:20 PM
रविवार, 03 मार्च 2024 Sunday, 03 March 2024			
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:57 PM 10:27 PM
Storytelling/Value Education	बबलू की नाव	हिन्दी	12:21 AM 02:51 AM 05:21 AM 07:51 AM 10:20 AM 12:50 PM 03:20 PM 05:49 PM 08:19 PM 10:49 PM



Storytelling/Value Education	टर्म टू-1	हिन्दी	12:43 AM 03:12 AM 05:42 AM 08:12 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:40 PM 11:10 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:06 AM 03:35 AM 06:05 AM 08:35 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:03 PM 11:33 PM
Physical Education	Health & Sanitation	English	01:11 AM 03:41 AM 06:11 AM 08:40 AM 11:10 AM 01:40 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:16 AM 01:46 PM 04:16 PM 06:45 PM 09:15 PM 11:45 PM
Storytelling/Value Education	Meena - 2 Dividing the Mangoes	हिन्दी	01:24 AM 03:53 AM 06:23 AM 08:53 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:21 PM 11:51 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:36 AM 04:06 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:34 PM 07:04 PM 09:34 PM
Art Education	Kala Utsav - 2022 Dance - Classical (Boy) Tripura	English/hindi	01:37 AM 04:06 AM 06:36 AM 09:06 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:34 PM
सामान्य जागरूकता	पेड़ की कहानी-जामुन	हिन्दी	01:42 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:10 PM 04:40 PM 07:10 PM 09:39 PM
General Awareness	Azadi ki Amrit Kahaniyan (Harshini)	English	01:44 AM 04:13 AM 06:43 AM 09:13 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:41 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	01:46 AM 04:16 AM 06:45 AM 09:15 AM 11:45 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Storytelling/Value Education	लालू और पीलू	हिन्दी	01:53 AM 04:23 AM 06:53 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:21 PM 09:51 PM
Art and Craft	ओरिगामी (कागज़ कला)-2	English/hindi	01:55 AM 04:25 AM 06:55 AM 09:25 AM 11:54 AM 02:24 PM 04:54 PM 07:23 PM 09:53 PM



सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	02:10 AM 04:40 AM 07:10 AM 09:40 AM 12:09 PM 02:39 PM 05:09 PM 07:38 PM 10:08 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:16 AM 04:46 AM 07:15 AM 09:45 AM 12:15 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
General	The Crane and the Crab	English	02:22 AM 04:51 AM 07:21 AM 09:51 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:19 PM
सोमवार, 04 मार्च 2024 Monday, 04 March 2024			
गणित	पाठ-6: लेने देने का खेल	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
Storytelling/Value Education	बन्दर और मगरमच्छ (शैडो पपेट)	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
कला और शिल्प	नारियल का प्राणी	हिन्दी	12:53 AM 03:23 AM 05:53 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:22 PM 08:52 PM 11:21 PM
EVS	Ch-24: Web of Life	English	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
English	Ch-1:(Part 2)The Magic Garden	English	01:14 AM 03:44 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:42 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:38 AM 04:08 AM 06:38 AM 09:08 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	Isl	01:39 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:07 PM 09:37 PM



Art and Craft	ओरिगामी (कागज़ कला) -6	English/hindi	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
EVS (ISL)	Ch-24: Web of Life	Isl	02:08 AM 04:38 AM 07:08 AM 09:37 AM 12:07 PM 02:37 PM 05:07 PM 07:37 PM 10:07 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
English (ISL)	Ch-1: Teacher's Page	Isl	02:23 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:51 PM 10:21 PM
मंगलवार, 05 मार्च 2024 Tuesday, 05 March 2024			
गणित	पाठ-6: लेने देने का खेल	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:25 PM
General Awareness	Personal Safety	English	12:32 AM 03:01 AM 05:31 AM 08:01 AM 10:30 AM 01:00 PM 03:29 PM 05:59 PM 08:28 PM 10:58 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:48 AM 03:18 AM 05:47 AM 08:17 AM 10:46 AM 01:16 PM 03:45 PM 06:15 PM 08:44 PM 11:14 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	01:01 AM 03:30 AM 06:00 AM 08:29 AM 10:59 AM 01:29 PM 03:58 PM 06:28 PM 08:57 PM 11:27 PM
EVS	Ch-24: Web of Life	English	01:07 AM 03:37 AM 06:06 AM 08:36 AM 11:05 AM 01:35 PM 04:04 PM 06:34 PM 09:03 PM 11:33 PM
General Awareness	Prevention and Management of Substance Misuse	English	01:26 AM 03:55 AM 06:25 AM 08:54 AM 11:24 AM 01:53 PM 04:23 PM 06:52 PM 09:22 PM 11:51 PM
English	Ch-1:(Part 2)The Magic Garden	English	01:31 AM 04:00 AM 06:30 AM 08:59 AM 11:29 AM 01:59 PM 04:28 PM 06:58 PM 09:27 PM 11:57 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:55 AM 04:25 AM 06:54 AM 09:24 AM 11:53 AM 02:23 PM 04:52 PM 07:22 PM 09:51 PM
General	Lion and the Mouse	English	01:56 AM 04:25 AM 06:55 AM 09:24 AM 11:54 AM 02:23 PM 04:53 PM 07:22 PM 09:52 PM
हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	IsI	02:01 AM 04:31 AM 07:00 AM 09:30 AM 11:59 AM 02:29 PM 04:58 PM 07:28 PM 09:57 PM
EVS (ISL)	Ch-24: Web of Life	IsI	02:15 AM 04:44 AM 07:14 AM 09:43 AM 12:13 PM 02:42 PM 05:12 PM 07:41 PM 10:11 PM
English (ISL)	Ch-1: Teacher's Page	IsI	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:20 PM 02:50 PM 05:19 PM 07:49 PM 10:18 PM
बुधवार, 06 मार्च 2024 Wednesday, 06 March 2024			
पर्यावरण अध्ययन	पाठ-24: जीवन का जाल	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:17 AM 02:48 AM 05:18 AM 07:48 AM 10:18 AM 12:49 PM 03:19 PM 05:49 PM 08:19 PM 10:50 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
Mathematics	Ch-6: Fun with give and take	English	12:36 AM 03:06 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
English	Ch-1:(Part 2)The Magic Garden	English	12:47 AM 03:17 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM
पर्यावरण अध्ययन (ISL)	पाठ-24: जीवन का जाल	IsI	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM



हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	IsI	01:15 AM 03:45 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
Art and Craft	ओरिगामी (कागज़ कला)-3	English/hindi	01:29 AM 03:59 AM 06:29 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:01 PM 09:31 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Tripura	English/hindi	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
Mathematics (ISL)	Ch-06: Fun with Give and Take -1	IsI	01:51 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
English (ISL)	Ch-1: Teacher's Page	IsI	02:07 AM 04:37 AM 07:07 AM 09:38 AM 12:08 PM 02:38 PM 05:08 PM 07:39 PM 10:09 PM
General Awareness	Personal Safety	English	02:12 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
बृहस्पतिवार, 07 मार्च 2024 Thursday, 07 March 2024			
पर्यावरण अध्ययन	पाठ-24: जीवन का जाल	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:25 AM 02:55 AM 05:25 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:27 PM 10:57 PM
कला और शिल्प	कूड़े से खिलौने: हवा में बॉल (Toys from Trash: Ball in Air)	हिन्दी	12:44 AM 03:15 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Mathematics	Ch-6: Fun with give and take	English	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:17 PM 08:47 PM 11:17 PM
सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	12:56 AM 03:26 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:28 PM 08:58 PM 11:28 PM



English	Ch-1:(Part 2)The Magic Garden	English	12:59 AM 03:29 AM 05:59 AM 08:29 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:31 PM
General	The Home	English	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:55 PM 09:25 PM 11:55 PM
पर्यावरण अध्ययन (ISL)	पाठ-24: जीवन का जाल	IsI	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
General	The Home	English	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:03 PM 09:33 PM
हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	IsI	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Art Education	Kala Utsav - 2022Dance -Classical(Boy)Odisha	English/hindi	01:49 AM 04:19 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:21 PM 09:51 PM
Mathematics (ISL)	Ch-06: Fun with Give and Take -1	IsI	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	02:11 AM 04:41 AM 07:11 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:13 PM
कला और शिल्प	बोलता मेंढक (Talking Frog)	हिन्दी	02:18 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:20 PM
English (ISL)	Ch-1: Teacher's Page	IsI	02:21 AM 04:51 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM
General	आज क्या सीखा - Part 1	हिंदी	02:27 AM 04:57 AM 07:27 AM 09:57 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
शुक्रवार, 08 मार्च 2024 Friday, 08 March 2024			



गणित	पाठ-6: लेने देने का खेल	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
General Awareness	Safety and Security against Violence and Injuries	English	12:32 AM 03:02 AM 05:33 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:05 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:38 AM 03:08 AM 05:38 AM 08:09 AM 10:39 AM 01:10 PM 03:40 PM 06:10 PM 08:41 PM 11:11 PM
Storytelling/Value Education	लालू और पीलू	हिन्दी	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:29 PM 03:59 PM 06:30 PM 09:00 PM 11:30 PM
Mathematics	Ch-6: Fun with give and take	English	12:59 AM 03:30 AM 06:00 AM 08:30 AM 11:01 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
General Awareness	Interpersonal Relationships	English	01:10 AM 03:41 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:12 PM 06:43 PM 09:13 PM 11:44 PM
English	Ch-1:(Part 2)The Magic Garden	English	01:15 AM 03:45 AM 06:16 AM 08:46 AM 11:16 AM 01:47 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM
Storytelling/Value Education	पुराने बच्चे (CWSN)	हिन्दी	01:39 AM 04:09 AM 06:40 AM 09:10 AM 11:41 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM
Mathematics (ISL)	Ch-06: Fun with Give and Take -1	Isl	01:44 AM 04:14 AM 06:44 AM 09:15 AM 11:45 AM 02:15 PM 04:46 PM 07:16 PM 09:47 PM
हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	Isl	02:04 AM 04:34 AM 07:05 AM 09:35 AM 12:05 PM 02:36 PM 05:06 PM 07:37 PM 10:07 PM
Yoga	Pawanmuktasana	English	02:18 AM 04:48 AM 07:18 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:21 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	English/hindi	02:21 AM 04:51 AM 07:21 AM 09:52 AM 12:22 PM 02:52 PM 05:23 PM 07:53 PM 10:24 PM



English (ISL)	Ch-1: Teacher's Page	Isi	02:23 AM 04:53 AM 07:23 AM 09:54 AM 12:24 PM 02:54 PM 05:25 PM 07:55 PM 10:26 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	02:28 AM 04:59 AM 07:29 AM 09:59 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
शनिवार, 09 मार्च 2024 Saturday, 09 March 2024			
गणित	पाठ-6: लेने देने का खेल	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Storytelling/Value Education	लकड़ी मकड़ी ककड़ी	हिन्दी	12:32 AM 03:02 AM 05:33 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	12:35 AM 03:06 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:08 PM
सामान्य जागरूकता	मेंढक	हिन्दी	12:55 AM 03:25 AM 05:55 AM 08:26 AM 10:56 AM 01:26 PM 03:57 PM 06:27 PM 08:57 PM 11:28 PM
Mathematics	Ch-6: Fun with give and take	English	01:10 AM 03:40 AM 06:10 AM 08:41 AM 11:11 AM 01:41 PM 04:12 PM 06:42 PM 09:12 PM 11:43 PM
Storytelling/Value Education	Meena - 3 Saving the life	हिन्दी	01:21 AM 03:51 AM 06:21 AM 08:52 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:23 PM 11:54 PM
Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	01:34 AM 04:04 AM 06:35 AM 09:05 AM 11:35 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM
Mathematics (ISL)	Ch-06: Fun with Give and Take -1	Isi	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:17 PM 09:48 PM
General Awareness	Safety and Security against Violence and Injuries	English	02:00 AM 04:31 AM 07:01 AM 09:31 AM 12:02 PM 02:32 PM 05:02 PM 07:33 PM 10:03 PM



हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	Isl	02:06 AM 04:36 AM 07:07 AM 09:37 AM 12:07 PM 02:38 PM 05:08 PM 07:38 PM 10:09 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Girl)Tripura	English/hindi	02:19 AM 04:50 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:22 PM 07:52 PM 10:22 PM
रविवार, 10 मार्च 2024 Sunday, 10 March 2024			
कला और शिल्प	कूड़े से खिलौने: कागज कैमरा (Toys from Trash: Paper Camera)	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:10 AM 02:40 AM 05:09 AM 07:39 AM 10:09 AM 12:39 PM 03:09 PM 05:39 PM 08:09 PM 10:38 PM
General	Lion and the Buffaloes	English	12:22 AM 02:52 AM 05:22 AM 07:52 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
Storytelling/Value Education	टर्म टू-2	हिन्दी	12:27 AM 02:57 AM 05:27 AM 07:57 AM 10:27 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
Physical Education	Growth and Health	English	12:49 AM 03:19 AM 05:49 AM 08:19 AM 10:49 AM 01:18 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
General Awareness	Personal Safety	English	12:53 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:23 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
Storytelling/Value Education	Meena - 4 Who is afraid of Bully	हिन्दी	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:09 AM 01:39 PM 04:09 PM 06:38 PM 09:08 PM 11:38 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Jharkhand	English/hindi	01:22 AM 03:52 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:20 PM 11:50 PM
EVS (ISL)	Ch-24: Web of Life	Isl	01:28 AM 03:58 AM 06:28 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM



English (ISL)	Ch-1: Teacher's Page	IsI	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
पर्यावरण अध्ययन (ISL)	पाठ-24: जीवन का जाल	IsI	01:41 AM 04:11 AM 06:41 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM
हिन्दी (ISL)	पाठ-06: हमसे सब कहते - 1	IsI	01:45 AM 04:15 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:43 PM
Mathematics (ISL)	Ch-06: Fun with Give and Take -1	IsI	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
Cultural Heritage: Art, Music & Dance	Qutub Minar (कुतुब मीनार)	English/hindi	02:14 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:12 PM
General Awareness	Promotion of Healthy Lifestyle	English	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	02:28 AM 04:58 AM 07:27 AM 09:57 AM 12:27 PM 02:57 PM 05:27 PM 07:57 PM 10:27 PM
सोमवार, 11 मार्च 2024 Monday, 11 March 2024			
गणित	पाठ-7: समय - समय की बात	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General	Let Swim: Frigo, Chik, Mouse, Ant and Ladybird	English	12:29 AM 02:59 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:35 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:08 PM
EVS	Ch-1: Poonam's Day out	English	12:46 AM 03:17 AM 05:47 AM 08:18 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM



सामान्य	आजादी की अमृत कहानियाँ (बसंती)	हिन्दी	01:07 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
English	Unit-2:(Part 1) Bird Talk	English	01:10 AM 03:40 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
हिन्दी (ISL)	पाठ-07: टिपटिपवा	IsI	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:37 AM 02:07 PM 04:38 PM 07:08 PM 09:39 PM
General	The Fox and the Crow	English	01:51 AM 04:22 AM 06:52 AM 09:23 AM 11:53 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
EVS (ISL)	Ch-01: Poonam's Day out	IsI	01:55 AM 04:25 AM 06:56 AM 09:26 AM 11:57 AM 02:27 PM 04:58 PM 07:28 PM 09:59 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:28 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	IsI	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
मंगलवार, 12 मार्च 2024 Tuesday, 12 March 2024			
गणित	पाठ-7: समय - समय की बात	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
General Awareness	Gender Equality	English	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:30 AM 01:00 PM 03:30 PM 06:01 PM 08:31 PM 11:01 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:36 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:07 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	12:49 AM 03:19 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:51 PM 06:21 PM 08:51 PM 11:22 PM



EVS	Ch-1: Poonam's Day Out	English	12:55 AM 03:25 AM 05:56 AM 08:26 AM 10:56 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:28 PM
English	Unit-2:(Part 1) Bird Talk	English	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:32 PM
EVS (ISL)	Ch-01: Poonam's Day out	Isl	01:55 AM 04:25 AM 06:56 AM 09:26 AM 11:56 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:25 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
बुधवार, 13 मार्च 2024 Wednesday, 13 March 2024			
पर्यावरण अध्ययन	पाठ-1: डाल-डाल पर, ताल - ताल पर	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
कला और शिल्प	कूड़े से खिलौने: नाचती आँखें (Toys from Trash: Dancing Eyes)	हिन्दी	12:14 AM 02:44 AM 05:14 AM 07:44 AM 10:14 AM 12:44 PM 03:14 PM 05:44 PM 08:14 PM 10:44 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:15 AM 02:45 AM 05:15 AM 07:45 AM 10:15 AM 12:45 PM 03:15 PM 05:45 PM 08:15 PM 10:45 PM
General	Lion and the Buffaloes	English	12:28 AM 02:58 AM 05:28 AM 07:58 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
Mathematics	Ch-7: Time goes on	English	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
English	Unit-2:(Part 1) Bird Talk	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM



Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
पर्यावरण अध्ययन (ISL)	पाठ-1: डाल-डाल पर; ताल-ताल पर	IsI	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM
General Awareness	Interpersonal Relationships	English	01:47 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM
हिन्दी (ISL)	पाठ-07: टिपटिपवा	IsI	01:55 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:24 PM 09:54 PM
Mathematics (ISL)	Ch-07: Time Goes On..... - 4	IsI	02:13 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	IsI	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
बृहस्पतिवार, 14 मार्च 2024 Thursday, 14 March 2024			
पर्यावरण अध्ययन	पाठ-1 : डाल-डाल पर, ताल-ताल पर	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
Mathematics	Ch-7: Time goes on	English	12:55 AM 03:25 AM 05:56 AM 08:26 AM 10:57 AM 01:27 PM 03:58 PM 06:28 PM 08:59 PM 11:29 PM
English	Unit-2:(Part 1) Bird Talk	English	01:19 AM 03:49 AM 06:20 AM 08:50 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:23 PM 11:53 PM



कला और शिल्प	कूड़े से खिलौने: बातूनी कप (Toys from Trash: Chit Chat Cup)	हिन्दी	01:44 AM 04:14 AM 06:45 AM 09:15 AM 11:46 AM 02:16 PM 04:47 PM 07:18 PM 09:48 PM
पर्यावरण अध्ययन (ISL)	पाठ-1: डाल-डाल पर; ताल-ताल पर	ISL	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:48 AM 02:18 PM 04:49 PM 07:20 PM 09:50 PM
हिन्दी (ISL)	पाठ-07: टिपटिपवा	ISL	01:57 AM 04:27 AM 06:58 AM 09:28 AM 11:59 AM 02:30 PM 05:00 PM 07:31 PM 10:01 PM
Mathematics (ISL)	Ch-07: Time Goes On..... - 4	ISL	02:13 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:47 PM 10:17 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	02:25 AM 04:55 AM 07:26 AM 09:57 AM 12:27 PM 02:58 PM 05:28 PM 07:59 PM 10:29 PM
शुक्रवार, 15 मार्च 2024 Friday, 15 March 2024			
गणित	पाठ-7: समय - समय की बात	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:27 PM 02:57 PM 05:26 PM 07:56 PM 10:26 PM
Art and Craft	Art Education	English	12:29 AM 02:58 AM 05:28 AM 07:57 AM 10:27 AM 12:56 PM 03:26 PM 05:56 PM 08:25 PM 10:55 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:50 AM 03:20 AM 05:49 AM 08:19 AM 10:48 AM 01:18 PM 03:47 PM 06:17 PM 08:47 PM 11:16 PM
General Awareness	Azadi ki Amrit Kahaniyan (Anshu)	English	01:13 AM 03:43 AM 06:12 AM 08:42 AM 11:12 AM 01:41 PM 04:11 PM 06:40 PM 09:10 PM 11:39 PM
Mathematics	Ch-7: Time goes on	English	01:16 AM 03:45 AM 06:15 AM 08:44 AM 11:14 AM 01:43 PM 04:13 PM 06:43 PM 09:12 PM 11:42 PM
योग	पादहस्तासन	हिन्दी	01:40 AM 04:09 AM 06:39 AM 09:08 AM 11:38 AM 02:08 PM 04:37 PM 07:07 PM 09:36 PM



English	Unit-2:(Part 1) Bird Talk	English	01:42 AM 04:12 AM 06:41 AM 09:11 AM 11:40 AM 02:10 PM 04:39 PM 07:09 PM 09:39 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	02:07 AM 04:37 AM 07:06 AM 09:36 AM 12:06 PM 02:35 PM 05:05 PM 07:34 PM 10:04 PM
Mathematics (ISL)	Ch-07: Times Goes On - 5	ISL	02:08 AM 04:37 AM 07:07 AM 09:36 AM 12:06 PM 02:36 PM 05:05 PM 07:35 PM 10:04 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	ISL	02:24 AM 04:54 AM 07:23 AM 09:53 AM 12:22 PM 02:52 PM 05:21 PM 07:51 PM 10:20 PM
शनिवार, 16 मार्च 2024 Saturday, 16 March 2024			
गणित	पाठ-7: समय - समय की बात	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
योग	भुजंगासन	हिन्दी	12:29 AM 02:59 AM 05:28 AM 07:58 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:31 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
Art and Craft	ओरिगामी (काग़ज़ कला) -6	English/hindi	12:54 AM 03:24 AM 05:54 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
Mathematics	Ch-7: Time goes on	English	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
Storytelling/Value Education	Meena - 5	हिन्दी	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
सामान्य जागरूकता	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM



कला और शिल्प	कूड़े से खिलौने: हवा में बॉल (Toys from Trash: Ball in Air)	हिन्दी	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
हिन्दी (ISL)	पाठ-07: टिपटिपवा	IsI	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:09 PM
Mathematics (ISL)	Ch-07: Times Goes On - 5	IsI	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:12 PM
रविवार, 17 मार्च 2024 Sunday, 17 March 2024			
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Storytelling/Value Education	टर्म टू-3	हिन्दी	12:20 AM 02:50 AM 05:20 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:52 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	12:42 AM 03:12 AM 05:42 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:14 PM
Storytelling/Value Education	Meena - 6 too young to Marry	हिन्दी	01:06 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM
EVS (ISL)	Ch-01: Poonam's Day out	IsI	01:20 AM 03:50 AM 06:20 AM 08:50 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
पर्यावरण अध्ययन (ISL)	पाठ-1: डाल-डाल पर; ताल-ताल पर	IsI	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:51 PM 07:21 PM 09:51 PM
Mathematics (ISL)	Ch-07: Time Goes On..... - 4	IsI	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:02 PM 07:32 PM 10:02 PM



Mathematics (ISL)	Ch-07: Times Goes On - 5	IsI	02:12 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
सोमवार, 18 मार्च 2024 Monday, 18 March 2024			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
कला और शिल्प	कूड़े से खिलौने: बनी खरगोश (Toys from Trash: Bunny Rabbit)	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	12:39 AM 03:09 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
EVS	Ch-2: The Plant Fairy	English	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Odisha	English/hindi	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:32 PM
English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	01:08 AM 03:38 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	01:33 AM 04:03 AM 06:33 AM 09:03 AM 11:33 AM 02:03 PM 04:33 PM 07:03 PM 09:33 PM
General	The Race	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM



हिन्दी (ISL)	पाठ-9: अक्ल बड़ी या भैंस	IsI	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:27 PM 04:57 PM 07:27 PM 09:57 PM
EVS (ISL)	Ch-02: The Plant Fairy	IsI	02:02 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
Earthquake	Earthquake resistant house	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	IsI	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
मंगलवार, 19 मार्च 2024 Tuesday, 19 March 2024			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
General Awareness	Prevention and Management of Substance Misuse	English	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
EVS	Ch-2: The Plant Fairy	English	12:47 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:47 PM 11:17 PM
English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	01:14 AM 03:44 AM 06:14 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:44 PM 09:14 PM 11:44 PM
General Awareness	Azadi ki Amrit Kahaniyan (Arohi)	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM



Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Karnataka	English/hindi	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
General	The Crane and the Crab	English	01:47 AM 04:17 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM
कला और शिल्प	कूड़े से खिलौने: उड़ती तितली (Toys from Trash: Bobbing Butterfly)	हिन्दी	01:55 AM 04:25 AM 06:55 AM 09:25 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM
योग	उष्ट्रासन	हिन्दी	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
Art and Craft	Wire lizard	English	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
योग	शलभासन	हिन्दी	02:01 AM 04:31 AM 07:01 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
EVS	Ch-2:The Plant Fairy	English	02:03 AM 04:33 AM 07:03 AM 09:33 AM 12:03 PM 02:33 PM 05:03 PM 07:33 PM 10:03 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isi	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
बुधवार, 20 मार्च 2024 Wednesday, 20 March 2024			
पर्यावरण अध्ययन	पाठ-2: पौधों की परी	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM



योग	सूर्य नमस्कार	हिन्दी	12:28 AM 02:59 AM 05:29 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:39 AM 03:09 AM 05:40 AM 08:10 AM 10:41 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:14 PM
Mathematics	Ch-8: Who is heavier?	English	12:45 AM 03:15 AM 05:46 AM 08:17 AM 10:47 AM 01:18 PM 03:48 PM 06:19 PM 08:49 PM 11:20 PM
English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	01:28 AM 03:59 AM 06:29 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:02 PM 09:33 PM
पर्यावरण अध्ययन (ISL)	पाठ-2: पौधों की परी	Isl	01:29 AM 03:59 AM 06:30 AM 09:01 AM 11:31 AM 02:02 PM 04:32 PM 07:03 PM 09:33 PM
Storytelling/Value Education	जादुई किताब	हिन्दी	01:38 AM 04:09 AM 06:39 AM 09:10 AM 11:40 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
योग	सेतुबंधासन	हिन्दी	01:54 AM 04:25 AM 06:55 AM 09:26 AM 11:56 AM 02:27 PM 04:57 PM 07:28 PM 09:59 PM
Art and Craft	Art Education	English	01:59 AM 04:30 AM 07:01 AM 09:31 AM 12:02 PM 02:32 PM 05:03 PM 07:33 PM 10:04 PM
Yoga	Dhyana	English	02:21 AM 04:51 AM 07:22 AM 09:52 AM 12:23 PM 02:54 PM 05:24 PM 07:55 PM 10:25 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:25 AM 04:55 AM 07:26 AM 09:57 AM 12:27 PM 02:58 PM 05:28 PM 07:59 PM 10:29 PM



बृहस्पतिवार, 21 मार्च 2024
Thursday, 21 March 2024

पर्यावरण अध्ययन	पाठ-2: पौधों की परी	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:57 PM 10:27 PM
हिन्दी	पाठ-8: बन्दर बाँट	हिन्दी	12:29 AM 02:59 AM 05:28 AM 07:58 AM 10:28 AM 12:58 PM 03:27 PM 05:57 PM 08:27 PM 10:57 PM
Mathematics	Ch-8: Who is heavier?	English	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:46 PM 11:16 PM
English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	01:06 AM 03:36 AM 06:06 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:34 PM 09:04 PM 11:34 PM
General	The Fox and the Crow	English	01:32 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM 11:59 PM
पर्यावरण अध्ययन	पाठ-2: पौधों की परी	हिन्दी	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:34 AM 02:04 PM 04:34 PM 07:03 PM 09:33 PM
Yoga	Surya_Namaskar	English	01:56 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM
हिन्दी (ISL)	पाठ-8: बंदर बाँट - 1	Isl	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:00 PM
कला और शिल्प	नारियल का प्राणी	हिन्दी	02:20 AM 04:50 AM 07:20 AM 09:49 AM 12:19 PM 02:49 PM 05:18 PM 07:48 PM 10:18 PM
General	आज क्या सीखा - Part 1	हिंदी	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:20 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:24 AM 04:54 AM 07:24 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:52 PM 10:22 PM

शुक्रवार, 22 मार्च 2024
Friday, 22 March 2024



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
General Awareness	Value and responsible Citizenship	English	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:04 PM 03:35 PM 06:05 PM 08:36 PM 11:06 PM
हिन्दी	पाठ-8: बन्दर बाँट	हिन्दी	12:37 AM 03:08 AM 05:38 AM 08:09 AM 10:39 AM 01:09 PM 03:40 PM 06:10 PM 08:41 PM 11:11 PM
General Awareness	Safety and Security against Violence and Injuries	English	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:29 PM 03:59 PM 06:30 PM 09:00 PM 11:31 PM
Mathematics	Ch-8: Who is heavier?	English	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:34 PM 04:05 PM 06:35 PM 09:06 PM 11:36 PM
Storytelling/Value Education	बस की यात्रा	हिन्दी	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:23 PM 11:54 PM
English	Unit-2:(Part 2) : Nina and the Baby Sparrows	English	01:35 AM 04:06 AM 06:36 AM 09:06 AM 11:37 AM 02:07 PM 04:38 PM 07:08 PM 09:39 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	02:01 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
हिन्दी (ISL)	पाठ-8: बंदर बाँट - 2	Isl	02:08 AM 04:39 AM 07:09 AM 09:39 AM 12:10 PM 02:40 PM 05:11 PM 07:41 PM 10:12 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:27 PM 07:58 PM 10:28 PM
शनिवार, 23 मार्च 2024 Saturday, 23 March 2024			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM



हिन्दी	पाठ-8: बन्दर बाँट	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
Earthquake	Earthquake - क्या आप सुरक्षित हैं	Hindi	12:52 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Mathematics	Ch-8: Who is heavier?	English	12:52 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
General Awareness	Personal Safety	English	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
Storytelling/Value Education	Meena - 7 Say not to dowry	हिन्दी	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:26 PM 11:56 PM
General	Penny Quin and Paula Bear	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
General Awareness	Azadi ki Amrit Kahaniyan (Basanti)	English	01:44 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
कला और शिल्प	कूड़े से खिलौने: चढ़ती तितली (Toys from Trash: Climbing Butterfly)	हिन्दी	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM
Art and Craft	ओरिगामी (कागज़ कला)-3	English/hindi	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
हिन्दी (ISL)	पाठ-8: बंदर बाँट - 2	Isl	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
General	Goose with Golden Egg	English	02:17 AM 04:47 AM 07:17 AM 09:47 AM 12:17 PM 02:47 PM 05:17 PM 07:47 PM 10:17 PM
रविवार, 24 मार्च 2024 Sunday, 24 March 2024			



शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
कला और शिल्प	बोलता मेंढक (Talking Frog)	हिन्दी	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:27 PM 05:57 PM 08:27 PM 10:58 PM
Storytelling/Value Education	दर्म दू-4	हिन्दी	12:27 AM 02:57 AM 05:28 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM
Physical Education	योग सर्वांगासन (Yoga Sarvangaasan)	English/hindi	12:51 AM 03:21 AM 05:52 AM 08:22 AM 10:52 AM 01:23 PM 03:53 PM 06:24 PM 08:54 PM 11:25 PM
Storytelling/Value Education	Meena - 8 Meena's three wishes	हिन्दी	01:03 AM 03:34 AM 06:04 AM 08:35 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
EVS (ISL)	Ch-02: The Plant Fairy	Isi	01:21 AM 03:52 AM 06:22 AM 08:53 AM 11:23 AM 01:54 PM 04:24 PM 06:55 PM 09:25 PM 11:55 PM
हिन्दी (ISL)	पाठ-8: बंदर बाँट - 1	Isi	01:43 AM 04:13 AM 06:43 AM 09:14 AM 11:44 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
हिन्दी (ISL)	पाठ-8: बंदर बाँट - 2	Isi	02:00 AM 04:31 AM 07:01 AM 09:32 AM 12:02 PM 02:32 PM 05:03 PM 07:33 PM 10:04 PM
पर्यावरण अध्ययन (ISL)	पाठ-2: पौधों की परी	Isi	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:15 PM 07:45 PM 10:16 PM
English (ISL)	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isi	02:19 AM 04:49 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:22 PM 07:52 PM 10:23 PM
General Awareness	Promotion of Healthy Lifestyle	English	02:23 AM 04:53 AM 07:24 AM 09:54 AM 12:25 PM 02:55 PM 05:26 PM 07:56 PM 10:26 PM
सोमवार, 25 मार्च 2024 Monday, 25 March 2024			



गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:29 AM 04:58 AM 07:27 AM 09:56 AM 12:25 PM 02:54 PM 05:23 PM 07:52 PM 10:21 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:31 AM 03:00 AM 05:29 AM 07:58 AM 10:27 AM 12:57 PM 03:26 PM 05:55 PM 08:24 PM 10:53 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	12:41 AM 03:10 AM 05:39 AM 08:08 AM 10:37 AM 01:06 PM 03:35 PM 06:04 PM 08:33 PM 11:02 PM
EVS	Ch-3: Water O' Water!	English	12:46 AM 03:15 AM 05:44 AM 08:13 AM 10:42 AM 01:11 PM 03:40 PM 06:09 PM 08:38 PM 11:07 PM
General	The Fox and the Crow	English	01:06 AM 03:35 AM 06:04 AM 08:33 AM 11:02 AM 01:31 PM 04:00 PM 06:29 PM 08:58 PM 11:27 PM
English	Ch-3: The enormous turnip	English	01:09 AM 03:38 AM 06:07 AM 08:36 AM 11:05 AM 01:34 PM 04:03 PM 06:32 PM 09:01 PM 11:31 PM
Art Education	Kala Utsav - 2022 - Dance Folk(Boy)Tamil Nadu	English/hindi	01:40 AM 04:09 AM 06:38 AM 09:07 AM 11:36 AM 02:05 PM 04:34 PM 07:04 PM 09:33 PM
Cultural Heritage:Art, Music & Dance	Qutub Minar (कुतुब मीनार)	English/hindi	01:46 AM 04:15 AM 06:44 AM 09:13 AM 11:42 AM 02:11 PM 04:41 PM 07:10 PM 09:39 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	Isi	01:55 AM 04:24 AM 06:53 AM 09:22 AM 11:51 AM 02:20 PM 04:49 PM 07:18 PM 09:47 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	02:13 AM 04:42 AM 07:11 AM 09:40 AM 12:09 PM 02:38 PM 05:07 PM 07:36 PM 10:05 PM
English (ISL)	Ch-3: Little by Little	Isi	02:20 AM 04:49 AM 07:18 AM 09:47 AM 12:16 PM 02:45 PM 05:14 PM 07:43 PM 10:12 PM
कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	02:26 AM 04:55 AM 07:24 AM 09:53 AM 12:22 PM 02:51 PM 05:20 PM 07:49 PM 10:18 PM



मंगलवार, 26 मार्च 2024
Tuesday, 26 March 2024

गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
General Awareness	Gender Equality	English	12:31 AM 03:01 AM 05:31 AM 08:00 AM 10:30 AM 01:00 PM 03:29 PM 05:59 PM 08:29 PM 10:58 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:39 AM 03:08 AM 05:38 AM 08:08 AM 10:37 AM 01:07 PM 03:37 PM 06:06 PM 08:36 PM 11:06 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-5	English/hindi	12:48 AM 03:17 AM 05:47 AM 08:17 AM 10:46 AM 01:16 PM 03:46 PM 06:15 PM 08:45 PM 11:15 PM
EVS	Ch-3: Water O' Water!	English	12:57 AM 03:27 AM 05:57 AM 08:26 AM 10:56 AM 01:26 PM 03:55 PM 06:25 PM 08:55 PM 11:24 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	01:19 AM 03:49 AM 06:19 AM 08:48 AM 11:18 AM 01:48 PM 04:17 PM 06:47 PM 09:17 PM 11:46 PM
English	Ch-3: The enormous turnip	English	01:22 AM 03:51 AM 06:21 AM 08:51 AM 11:20 AM 01:50 PM 04:20 PM 06:49 PM 09:19 PM 11:49 PM
General Awareness	Promotion of Healthy Lifestyle	English	01:53 AM 04:22 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:51 PM 07:20 PM 09:50 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	Isl	01:59 AM 04:28 AM 06:58 AM 09:28 AM 11:57 AM 02:27 PM 04:57 PM 07:26 PM 09:56 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:17 AM 04:46 AM 07:16 AM 09:46 AM 12:15 PM 02:45 PM 05:15 PM 07:44 PM 10:14 PM
English (ISL)	Ch-3: Little by Little	Isl	02:22 AM 04:52 AM 07:21 AM 09:51 AM 12:21 PM 02:50 PM 05:20 PM 07:50 PM 10:19 PM

बुधवार, 27 मार्च 2024
Wednesday, 27 March 2024


DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

पर्यावरण अध्ययन	पाठ-3: पानी रे पानी	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:31 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:10 PM
Mathematics	Ch-9: How many times?	English	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
English	Ch-3: The enormous turnip	English	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
पर्यावरण अध्ययन (ISL)	पाठ-3:पानी रे पानी	Isl	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
General Awareness	Interpersonal Relationships	English	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	Isl	02:04 AM 04:34 AM 07:04 AM 09:34 AM 12:04 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
English (ISL)	Ch-3: Little by Little	Isl	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
बृहस्पतिवार, 28 मार्च 2024 Thursday, 28 March 2024			
पर्यावरण अध्ययन	पाठ-3: पानी रे पानी	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Mathematics	Ch-9: How many times?	English	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:21 PM
English	Ch-3: The enormous turnip	English	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
पर्यावरण अध्ययन (ISL)	पाठ-3: पानी रे पानी	IsI	01:42 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:43 PM 07:13 PM 09:43 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	IsI	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
Storytelling/V alue Education	Chuskit goes to school (CWSN)	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:15 PM 07:45 PM 10:15 PM
English (ISL)	Ch-3: Little by Little	IsI	02:22 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:23 PM
शुक्रवार, 29 मार्च 2024 Friday, 29 March 2024			
गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:31 AM 03:01 AM 05:31 AM 08:01 AM 10:30 AM 01:00 PM 03:30 PM 05:59 PM 08:29 PM 10:59 PM
Mathematics	Ch-09: How many Times	English	12:49 AM 03:19 AM 05:49 AM 08:18 AM 10:48 AM 01:18 PM 03:47 PM 06:17 PM 08:47 PM 11:17 PM
Storytelling/V alue Education	लालू और पीलू	हिन्दी	01:12 AM 03:42 AM 06:11 AM 08:41 AM 11:11 AM 01:40 PM 04:10 PM 06:40 PM 09:09 PM 11:39 PM



English	Ch-3: The enormous turnip	English	01:14 AM 03:44 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:12 PM 06:42 PM 09:12 PM 11:41 PM
General Awareness	Gender Equality	English	01:45 AM 04:15 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:43 PM 07:13 PM 09:43 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	IsI	01:52 AM 04:22 AM 06:52 AM 09:21 AM 11:51 AM 02:21 PM 04:50 PM 07:20 PM 09:50 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	02:11 AM 04:40 AM 07:10 AM 09:40 AM 12:09 PM 02:39 PM 05:09 PM 07:38 PM 10:08 PM
Earthquake	Earthquake - सांकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:20 PM 02:50 PM 05:20 PM 07:49 PM 10:19 PM
English (ISL)	Ch-3: Little by Little	IsI	02:22 AM 04:52 AM 07:22 AM 09:51 AM 12:21 PM 02:51 PM 05:20 PM 07:50 PM 10:20 PM
शनिवार, 30 मार्च 2024 Saturday, 30 March 2024			
गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:28 AM 09:58 AM 12:28 PM 02:57 PM 05:27 PM 07:56 PM 10:26 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:31 AM 03:01 AM 05:31 AM 08:00 AM 10:30 AM 12:59 PM 03:29 PM 05:59 PM 08:28 PM 10:58 PM
General Awareness	Personal Safety	English	12:49 AM 03:19 AM 05:48 AM 08:18 AM 10:48 AM 01:17 PM 03:47 PM 06:16 PM 08:46 PM 11:16 PM
Mathematics	Ch-09: How many Times	English	01:05 AM 03:35 AM 06:05 AM 08:34 AM 11:04 AM 01:33 PM 04:03 PM 06:33 PM 09:02 PM 11:32 PM
Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	01:28 AM 03:58 AM 06:27 AM 08:57 AM 11:26 AM 01:56 PM 04:26 PM 06:55 PM 09:25 PM 11:54 PM



Storytelling/Value Education	Meena - 9 I love School	हिन्दी	01:39 AM 04:08 AM 06:38 AM 09:07 AM 11:37 AM 02:07 PM 04:36 PM 07:06 PM 09:35 PM
Storytelling/Value Education	नन्हा फ़नकार	हिन्दी	01:53 AM 04:22 AM 06:52 AM 09:22 AM 11:51 AM 02:21 PM 04:50 PM 07:20 PM 09:50 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	IsI	02:07 AM 04:37 AM 07:06 AM 09:36 AM 12:05 PM 02:35 PM 05:05 PM 07:34 PM 10:04 PM
Storytelling/Value Education	समुन्दर की कहानी (शैडो पपेट)	हिन्दी	02:25 AM 04:55 AM 07:25 AM 09:54 AM 12:24 PM 02:53 PM 05:23 PM 07:53 PM 10:22 PM
रविवार, 31 मार्च 2024 Sunday, 31 March 2024			
शारीरिक शिक्षा	योग चक्रासन (Yoga Chakraasan)	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:57 PM 10:27 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:20 AM 02:50 AM 05:19 AM 07:49 AM 10:19 AM 12:48 PM 03:18 PM 05:48 PM 08:18 PM 10:47 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:32 AM 03:02 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
योग	वृक्षासन	हिन्दी	12:54 AM 03:24 AM 05:54 AM 08:24 AM 10:53 AM 01:23 PM 03:53 PM 06:23 PM 08:52 PM 11:22 PM
शारीरिक शिक्षा	कबड्डी	हिन्दी	12:57 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:24 PM
Storytelling/Value Education	Meena - 10 Take care of Girl	हिन्दी	01:21 AM 03:51 AM 06:21 AM 08:50 AM 11:20 AM 01:50 PM 04:20 PM 06:49 PM 09:19 PM 11:49 PM
English (ISL)	Ch-3: Little by Little	IsI	01:33 AM 04:03 AM 06:33 AM 09:03 AM 11:32 AM 02:02 PM 04:32 PM 07:01 PM 09:31 PM



पर्यावरण अध्ययन (ISL)	पाठ-3:पानी रे पानी	Isl	01:39 AM 04:09 AM 06:39 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:07 PM 09:37 PM
General Awareness	Personal Safety	English	01:54 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
हिन्दी (ISL)	पाठ-9: कब आऊं	Isl	02:10 AM 04:40 AM 07:09 AM 09:39 AM 12:09 PM 02:38 PM 05:08 PM 07:38 PM 10:08 PM



DD Free Dish Channel #25



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Jio TV



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