

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

## Monthly Program Transmission Schedule of Class - 7

### कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

### Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

[https://www.swayamprabha.gov.in/index.php/program/current\\_se/29](https://www.swayamprabha.gov.in/index.php/program/current_se/29).

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

## कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

मार्च 2024  
March 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 मार्च 2024 Friday, 01 March 2024			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
हिन्दी	दूर्वा-२, पाठ-18: हम होंगे कामयाब एक दिन	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:05 AM    10:35 AM    01:05 PM    03:35 PM    06:04 PM    08:34 PM    11:04 PM
सामान्य	शशकासन	हिंदी	12:45 AM    03:15 AM    05:45 AM    08:15 AM    10:44 AM    01:14 PM    03:44 PM    06:14 PM    08:44 PM    11:14 PM
General Awareness	Real life situations- garbage burning and what to do	English	12:47 AM    03:17 AM    05:47 AM    08:17 AM    10:47 AM    01:17 PM    03:47 PM    06:16 PM    08:46 PM    11:16 PM
General English	Episode 13 Disagreeing 2	English	12:59 AM    03:28 AM    05:58 AM    08:28 AM    10:58 AM    01:28 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
Creative Activities: Art & Craft	Flying Fish	English	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:13 PM    06:43 PM    09:12 PM    11:42 PM
Political science	Ch-5: Women Change the World	English	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM



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8800440559



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			04:14 PM    06:44 PM    09:14 PM    11:44 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:40 AM    04:09 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:39 PM    07:09 PM    09:39 PM
Mathematics	Ch-1: Integers (Part-2)	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:11 PM    09:41 PM
Vocational	Hand Embroidery Part B	English	02:10 AM    04:40 AM    07:10 AM    09:40 AM    12:10 PM    02:40 PM    05:10 PM    07:40 PM    10:09 PM
<b>शनिवार, 02 मार्च 2024</b> <b>Saturday, 02 March 2024</b>			
गणित	पाठ-2: भिन्न एवं दशमलव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
संस्कृत	लोभः नाशाय	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:34 PM    06:05 PM    08:35 PM    11:05 PM
Geography	Ch-2: Inside our Earth	English	12:37 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:09 PM    03:39 PM    06:09 PM    08:40 PM    11:10 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:57 AM    03:27 AM    05:57 AM    08:28 AM    10:58 AM    01:28 PM    03:58 PM    06:29 PM    08:59 PM    11:29 PM
सामान्य जागरूकता	3 R's केंद्र और रिसायक्लिंग लैब (जीतो की वीडियो)	हिंदी	12:59 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:31 PM    04:01 PM    06:31 PM    09:02 PM    11:32 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	ऑरिगामी भाग-2 (कागज़ कला)	हिंदी	01:07 AM    03:38 AM    06:08 AM    08:38 AM    11:09 AM    01:39 PM    04:09 PM    06:40 PM    09:10 PM    11:40 PM



General English	Episode 1 Greeting a Friend	English	01:22 AM    03:53 AM    06:23 AM    08:53 AM    11:24 AM    01:54 PM    04:24 PM    06:55 PM    09:25 PM    11:55 PM
सामान्य जागरूकता	वस्तुओं के विघटन समय की समझ (कचरा प्रबंधन क्यों आवश्यक है)	हिंदी	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:32 AM    02:02 PM    04:32 PM    07:03 PM    09:33 PM
Science	Ch-15: Light Part-2	English	01:41 AM    04:11 AM    06:41 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:13 PM    09:43 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:21 AM    06:51 AM    09:21 AM    11:52 AM    02:22 PM    04:52 PM    07:23 PM    09:53 PM
<b>रविवार, 03 मार्च 2024</b> <b>Sunday, 03 March 2024</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
राजनीति विज्ञान	पाठ-3: राज्य सरकार कैसे काम करती है (Part-1)	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:49 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM    03:33 PM    06:03 PM    08:33 PM    11:02 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:03 AM    03:33 AM    06:03 AM    08:33 AM    11:03 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
General Awareness	e-waste management Film 2	English	01:10 AM    03:40 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
General English	Episode 1 Greeting a Friend	English	01:19 AM    03:49 AM    06:19 AM    08:48 AM    11:18 AM    01:48 PM



			04:18 PM    06:48 PM    09:18 PM    11:48 PM
General Awareness	e-waste management Block-2	English	01:27 AM    03:57 AM    06:27 AM    08:57 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM
History	Ch-3: The Delhi Sultans	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
<b>सोमवार, 04 मार्च 2024</b> <b>Monday, 04 March 2024</b>			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
सामान्य	बेटी हिन्दुस्तान की	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:06 AM    10:36 AM    01:06 PM    03:36 PM    06:06 PM    08:36 PM    11:06 PM
भूगोल	पाठ-1: पर्यावरण	हिंदी	12:45 AM    03:15 AM    05:45 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	हिंदी	01:00 AM    03:30 AM    06:01 AM    08:31 AM    11:01 AM    01:31 PM    04:01 PM    06:31 PM    09:02 PM    11:32 PM
Cold Wave	Clod Wave - Preparation	हिंदी	01:01 AM    03:31 AM    06:01 AM    08:32 AM    11:02 AM    01:32 PM    04:02 PM    06:32 PM    09:02 PM    11:32 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	बोतल मकड़ी (Bottle spider)	हिंदी	01:02 AM    03:33 AM    06:03 AM    08:33 AM    11:03 AM    01:33 PM

			04:03 PM    06:33 PM    09:04 PM    11:34 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:05 AM    03:35 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:37 PM
English	English, Ch-1: Three Questions Part-1	English	01:13 AM    03:43 AM    06:14 AM    08:44 AM    11:14 AM    01:44 PM    04:14 PM    06:44 PM    09:14 PM    11:45 PM
Mathematics	Ch-1: Integers	English	01:40 AM    04:10 AM    06:40 AM    09:10 AM    11:40 AM    02:10 PM    04:40 PM    07:11 PM    09:41 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:06 PM
<b>मंगलवार, 05 मार्च 2024</b> <b>Tuesday, 05 March 2024</b>			
गणित	पाठ-2: भिन्न एवं दशमलव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:34 AM    01:04 PM    03:34 PM    06:05 PM    08:35 PM    11:05 PM
हिन्दी	पाठ-18:वसंत-२: संघर्ष के कारण तुनुकमिजाज हो गया	हिंदी	12:36 AM    03:06 AM    05:36 AM    08:07 AM    10:37 AM    01:07 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:57 AM    03:27 AM    05:57 AM    08:28 AM    10:58 AM    01:28 PM    03:58 PM    06:29 PM    08:59 PM    11:29 PM
General	MOTHER EARTH Prakriti English Subtitles	English	01:05 AM    03:35 AM    06:05 AM    08:36 AM    11:06 AM    01:36 PM



			04:06 PM    06:37 PM    09:07 PM    11:37 PM
Science	Ch-15: Light Part-2	English	01:07 AM    03:37 AM    06:07 AM    08:38 AM    11:08 AM    01:38 PM    04:08 PM    06:39 PM    09:09 PM    11:39 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	ऑरिगामी भाग-2 (कागज़ कला)	हिंदी	01:16 AM    03:47 AM    06:17 AM    08:47 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:19 PM    11:49 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:31 AM    04:02 AM    06:32 AM    09:02 AM    11:33 AM    02:03 PM    04:33 PM    07:03 PM    09:34 PM
सामान्य जागरूकता	वर्गीकरण- चिप-चॉप	हिंदी	01:33 AM    04:04 AM    06:34 AM    09:04 AM    11:34 AM    02:05 PM    04:35 PM    07:05 PM    09:36 PM
General Awareness	Why Seasons Happen?	English	01:46 AM    04:16 AM    06:46 AM    09:16 AM    11:47 AM    02:17 PM    04:47 PM    07:18 PM    09:48 PM
Geography	Ch-2: Inside our Earth	English	01:49 AM    04:19 AM    06:49 AM    09:20 AM    11:50 AM    02:20 PM    04:51 PM    07:21 PM    09:51 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:39 AM    07:09 AM    09:39 AM    12:09 PM    02:40 PM    05:10 PM    07:40 PM    10:11 PM
Vocational	Fishbone Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:49 AM    12:20 PM    02:50 PM    05:20 PM    07:51 PM    10:21 PM
<b>बुधवार, 06 मार्च 2024</b> <b>Wednesday, 06 March 2024</b>			
विज्ञान	पाठ-13: गति एवं समय	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:02 AM    12:33 PM    03:04 PM    05:34 PM    08:05 PM    10:36 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:35 AM    03:06 AM    05:36 AM    08:07 AM    10:38 AM    01:08 PM



			03:39 PM    06:10 PM    08:40 PM    11:11 PM
उर्दू	ईदगाह	हिंदी	12:43 AM    03:14 AM    05:45 AM    08:15 AM    10:46 AM    01:17 PM    03:47 PM    06:18 PM    08:49 PM    11:19 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:11 AM    03:42 AM    06:13 AM    08:43 AM    11:14 AM    01:45 PM    04:15 PM    06:46 PM    09:17 PM    11:47 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	01:20 AM    03:50 AM    06:21 AM    08:52 AM    11:22 AM    01:53 PM    04:24 PM    06:54 PM    09:25 PM    11:56 PM
General Awareness	Cyber Stalking	English	01:21 AM    03:52 AM    06:23 AM    08:53 AM    11:24 AM    01:55 PM    04:25 PM    06:56 PM    09:27 PM    11:57 PM
History	Ch-3: The Delhi Sultans	English	01:22 AM    03:53 AM    06:24 AM    08:54 AM    11:25 AM    01:56 PM    04:26 PM    06:57 PM    09:28 PM    11:58 PM
Mathematics	Ch-1: Integers (Part-2)	English	01:46 AM    04:16 AM    06:47 AM    09:18 AM    11:48 AM    02:19 PM    04:50 PM    07:20 PM    09:51 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:14 AM    04:45 AM    07:15 AM    09:46 AM    12:17 PM    02:47 PM    05:18 PM    07:49 PM    10:19 PM
Vocational	Feather Stitch	English	02:19 AM    04:50 AM    07:21 AM    09:51 AM    12:22 PM    02:53 PM    05:23 PM    07:54 PM    10:25 PM
<b>बृहस्पतिवार, 07 मार्च 2024</b> <b>Thursday, 07 March 2024</b>			
गणित	पाठ-2: भिन्न एवं दशमलव	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:02 AM    12:33 PM    03:04 PM    05:34 PM    08:05 PM    10:36 PM





इतिहास	पाठ-2: नए राजा और उनके राज्य	हिंदी	12:33 AM    03:03 AM    05:34 AM    08:05 AM    10:35 AM    01:06 PM    03:37 PM    06:07 PM    08:38 PM    11:09 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	12:56 AM    03:27 AM    05:57 AM    08:28 AM    10:59 AM    01:29 PM    04:00 PM    06:31 PM    09:02 PM    11:32 PM
General Awareness	Fabric	English	01:08 AM    03:38 AM    06:09 AM    08:40 AM    11:10 AM    01:41 PM    04:12 PM    06:43 PM    09:13 PM    11:44 PM
English	English, Ch-1: Three Questions Part-2	English	01:17 AM    03:47 AM    06:18 AM    08:49 AM    11:20 AM    01:50 PM    04:21 PM    06:52 PM    09:22 PM    11:53 PM
Science	Ch-15: Light Part-2	English	01:55 AM    04:26 AM    06:57 AM    09:28 AM    11:58 AM    02:29 PM    05:00 PM    07:30 PM    10:01 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:07 AM    09:37 AM    12:08 PM    02:39 PM    05:09 PM    07:40 PM    10:11 PM
शुक्रवार, 08 मार्च 2024 Friday, 08 March 2024			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:33 PM    08:03 PM    10:33 PM
हिन्दी	दूर्वा-२, पाठ-2: सबसे सुंदर लड़की	हिंदी	12:28 AM    02:59 AM    05:29 AM    08:00 AM    10:30 AM    01:01 PM    03:31 PM    06:01 PM    08:32 PM    11:02 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:48 AM    03:18 AM    05:49 AM    08:19 AM    10:50 AM    01:20 PM    03:51 PM    06:21 PM    08:51 PM    11:22 PM



सामान्य जागरूकता	आजादी की अमृत कहानियाँ (तन्वी)	हिंदी	12:55 AM    03:25 AM    05:56 AM    08:26 AM    10:56 AM    01:27 PM    03:57 PM    06:28 PM    08:58 PM    11:29 PM
Storytelling/Value Education	सुधीर तैलंग	हिंदी	12:57 AM    03:27 AM    05:58 AM    08:28 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:00 PM    11:31 PM
Political science	Ch-6: Understanding media	English	01:14 AM    03:44 AM    06:15 AM    08:45 AM    11:15 AM    01:46 PM    04:16 PM    06:47 PM    09:17 PM    11:48 PM
Mathematics	Ch-2: Fractions and decimals	English	01:34 AM    04:05 AM    06:35 AM    09:06 AM    11:36 AM    02:06 PM    04:37 PM    07:07 PM    09:38 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:51 AM    04:21 AM    06:51 AM    09:22 AM    11:52 AM    02:23 PM    04:53 PM    07:24 PM    09:54 PM
<b>शनिवार, 09 मार्च 2024</b> <b>Saturday, 09 March 2024</b>			
गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
संस्कृत	पाठ-1: सुभाषित -1	संस्कृत	12:46 AM    03:16 AM    05:46 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM



DD Free Dish Channel #29



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सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:17 PM    06:47 PM    09:17 PM    11:47 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:23 AM    03:53 AM    06:23 AM    08:53 AM    11:23 AM    01:53 PM    04:23 PM    06:53 PM    09:23 PM    11:53 PM
Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	01:31 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:31 PM    07:01 PM    09:31 PM
Geography	Ch-3: Our Changing Earth	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
सामान्य	वृक्षासन	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:01 PM
Science	Ch-15: Light Part-3	English	02:03 AM    04:33 AM    07:03 AM    09:33 AM    12:03 PM    02:33 PM    05:03 PM    07:33 PM    10:03 PM
Vocational	Finishing and costing of embroidered Products	English	02:13 AM    04:43 AM    07:13 AM    09:43 AM    12:13 PM    02:43 PM    05:13 PM    07:43 PM    10:13 PM
<b>रविवार, 10 मार्च 2024</b> <b>Sunday, 10 March 2024</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:35 PM
राजनीति विज्ञान	पाठ-3: राज्य सरकार कैसे काम करती है (Part-2)	हिंदी	12:20 AM    02:51 AM    05:22 AM    07:52 AM    10:23 AM    12:53 PM    03:24 PM    05:54 PM    08:25 PM    10:55 PM



सामान्य जागरूकता	हिंसा और चोटों के खिलाफ सुरक्षा	हिंदी	12:32 AM    03:02 AM    05:33 AM    08:04 AM    10:34 AM    01:05 PM    03:35 PM    06:06 PM    08:36 PM    11:07 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:38 AM    03:08 AM    05:39 AM    08:09 AM    10:40 AM    01:10 PM    03:41 PM    06:12 PM    08:42 PM    11:13 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:44 AM    03:15 AM    05:45 AM    08:16 AM    10:47 AM    01:17 PM    03:48 PM    06:18 PM    08:49 PM    11:19 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	हर दिवस कला दिवस	हिंदी	12:52 AM    03:23 AM    05:53 AM    08:24 AM    10:55 AM    01:25 PM    03:56 PM    06:26 PM    08:57 PM    11:27 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:13 AM    03:44 AM    06:14 AM    08:45 AM    11:15 AM    01:46 PM    04:16 PM    06:47 PM    09:18 PM    11:48 PM
General Awareness	e-waste management Block-2	English	01:20 AM    03:51 AM    06:21 AM    08:52 AM    11:23 AM    01:53 PM    04:24 PM    06:54 PM    09:25 PM    11:55 PM
History	Ch-4: The Mughal Empire	English	01:35 AM    04:05 AM    06:36 AM    09:06 AM    11:37 AM    02:07 PM    04:38 PM    07:08 PM    09:39 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:38 PM    05:08 PM    07:39 PM    10:10 PM
<b>सोमवार, 11 मार्च 2024</b> <b>Monday, 11 March 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:35 PM



भूगोल	पाठ-2: हमारी पृथ्वी के अंदर	हिंदी	12:28 AM    02:59 AM    05:30 AM    08:00 AM    10:31 AM    01:01 PM    03:32 PM    06:03 PM    08:33 PM    11:04 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	12:47 AM    03:18 AM    05:48 AM    08:19 AM    10:50 AM    01:20 PM    03:51 PM    06:22 PM    08:52 PM    11:23 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:48 AM    03:18 AM    05:49 AM    08:20 AM    10:50 AM    01:21 PM    03:51 PM    06:22 PM    08:53 PM    11:23 PM
सामान्य	भद्रासन	हिंदी	12:49 AM    03:19 AM    05:50 AM    08:20 AM    10:51 AM    01:22 PM    03:52 PM    06:23 PM    08:54 PM    11:24 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	12:51 AM    03:21 AM    05:52 AM    08:23 AM    10:53 AM    01:24 PM    03:55 PM    06:25 PM    08:56 PM    11:26 PM
English	English, Ch-1: Three Questions Part-2	English	12:57 AM    03:27 AM    05:58 AM    08:28 AM    10:59 AM    01:30 PM    04:00 PM    06:31 PM    09:02 PM    11:32 PM
Mathematics	Ch-1: Integers (Part-2)	English	01:37 AM    04:08 AM    06:38 AM    09:09 AM    11:40 AM    02:10 PM    04:41 PM    07:11 PM    09:42 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:08 PM    02:38 PM    05:09 PM    07:39 PM    10:10 PM
<b>मंगलवार, 12 मार्च 2024</b> <b>Tuesday, 12 March 2024</b>			
गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:40 AM    03:10 AM    05:40 AM    08:10 AM    10:40 AM    01:10 PM    03:40 PM    06:10 PM    08:40 PM    11:10 PM
हिन्दी	वसंत-२, पाठ-1, हम पंछी उन्मुक्त गगन के	हिंदी	12:45 AM    03:15 AM    05:45 AM    08:15 AM    10:45 AM    01:15 PM    03:45 PM    06:16 PM    08:46 PM    11:16 PM
General Awareness	Levers Around Us	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    01:59 PM    04:29 PM    06:59 PM    09:29 PM    11:59 PM
Science	Ch-15: Light Part-3	English	01:37 AM    04:07 AM    06:37 AM    09:07 AM    11:37 AM    02:07 PM    04:37 PM    07:07 PM    09:37 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:47 AM    04:17 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
Geography	Ch-3: Our Changing Earth	English	01:53 AM    04:23 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
Landslide	Landslide - भूस्खलन के बाद क्या करें और क्या न करें - 02	हिंदी	02:13 AM    04:43 AM    07:13 AM    09:43 AM    12:13 PM    02:43 PM    05:13 PM    07:43 PM    10:13 PM
Vocational	Personal hygiene and Health	English	02:14 AM    04:44 AM    07:14 AM    09:44 AM    12:14 PM    02:44 PM    05:14 PM    07:44 PM    10:14 PM
<b>बुधवार, 13 मार्च 2024</b> <b>Wednesday, 13 March 2024</b>			
विज्ञान	पाठ-14: विद्युत धारा और इसके प्रभाव	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:31 PM    08:01 PM    10:31 PM
General Awareness	Fake-Whatsapp-Messages	English	12:28 AM    02:59 AM    05:29 AM    07:59 AM    10:29 AM    12:59 PM    03:29 PM    05:59 PM    08:30 PM    11:00 PM



उर्दू	ईदगाह	हिंदी	12:31 AM    03:01 AM    05:31 AM    08:01 AM    10:31 AM    01:01 PM    03:32 PM    06:02 PM    08:32 PM    11:02 PM
General Awareness	Fabric	English	12:59 AM    03:29 AM    05:59 AM    08:29 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:00 PM    11:30 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:08 AM    03:38 AM    06:08 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM
General Awareness	e-waste management Film 2	English	01:20 AM    03:50 AM    06:20 AM    08:50 AM    11:20 AM    01:51 PM    04:21 PM    06:51 PM    09:21 PM    11:51 PM
History	Ch-4: The Mughal Empire	English	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:29 AM    02:00 PM    04:30 PM    07:00 PM    09:30 PM
Mathematics	Ch-2: Fractions and decimals	English	01:59 AM    04:30 AM    07:00 AM    09:30 AM    12:00 PM    02:30 PM    05:00 PM    07:30 PM    10:01 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	02:16 AM    04:46 AM    07:16 AM    09:46 AM    12:16 PM    02:46 PM    05:17 PM    07:47 PM    10:17 PM
Vocational	Design and Tracing Methods (Stencil Method)	English	02:22 AM    04:52 AM    07:23 AM    09:53 AM    12:23 PM    02:53 PM    05:23 PM    07:53 PM    10:24 PM
<b>बृहस्पतिवार, 14 मार्च 2024</b> <b>Thursday, 14 March 2024</b>			
गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -1	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:34 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:40 AM    03:10 AM    05:41 AM    08:11 AM    10:42 AM    01:12 PM



			03:43 PM    06:13 PM    08:44 PM    11:14 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:57 AM    03:27 AM    05:58 AM    08:28 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:01 PM    11:31 PM
इतिहास	पाठ-3: दिल्ली के सुल्तान (भाग-1)	हिंदी	01:05 AM    03:35 AM    06:06 AM    08:36 AM    11:07 AM    01:37 PM    04:08 PM    06:38 PM    09:09 PM    11:39 PM
Storytelling/Value Education	I have got 10 little fingers	English	01:23 AM    03:54 AM    06:24 AM    08:55 AM    11:25 AM    01:56 PM    04:26 PM    06:57 PM    09:28 PM    11:58 PM
English	English, Ch-2: A Gift of Chappals	English	01:33 AM    04:03 AM    06:34 AM    09:04 AM    11:35 AM    02:05 PM    04:36 PM    07:06 PM    09:37 PM
Science	Ch-15: Light Part-3	English	01:55 AM    04:26 AM    06:56 AM    09:27 AM    11:57 AM    02:28 PM    04:58 PM    07:29 PM    09:59 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:38 PM    05:08 PM    07:39 PM    10:09 PM
शुक्रवार, 15 मार्च 2024 Friday, 15 March 2024			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:27 AM    02:57 AM    05:27 AM    07:57 AM    10:28 AM    12:58 PM    03:28 PM    05:58 PM    08:28 PM    10:58 PM
Creative Activities: Art & Craft	String Mosquito	English	12:44 AM    03:14 AM    05:44 AM    08:14 AM    10:45 AM    01:15 PM    03:45 PM    06:15 PM    08:45 PM    11:15 PM





हिन्दी	दूर्वा-२:पाठ-३: मैं हूँ रोबोट	हिंदी	12:45 AM    03:15 AM    05:46 AM    08:16 AM    10:46 AM    01:16 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM
Storytelling/Value Education	छोटा कौन बड़ा कौन	हिंदी	01:13 AM    03:43 AM    06:13 AM    08:43 AM    11:13 AM    01:43 PM    04:14 PM    06:44 PM    09:14 PM    11:44 PM
Storytelling/Value Education	आज़ादी की कहानी-2	हिंदी	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:48 PM    04:18 PM    06:48 PM    09:18 PM    11:48 PM
Political science	Ch-7: Markets around us	English	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:02 PM    04:32 PM    07:03 PM    09:33 PM
Mathematics	Ch-3: Data Handling(Part-1)	English	01:46 AM    04:16 AM    06:47 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part - 2	English	02:11 AM    04:41 AM    07:11 AM    09:41 AM    12:11 PM    02:41 PM    05:11 PM    07:41 PM    10:11 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:49 AM    12:19 PM    02:49 PM    05:19 PM    07:49 PM    10:19 PM
शनिवार, 16 मार्च 2024 Saturday, 16 March 2024			
गणित	पाठ-३: आँकड़ों का प्रबंधन भाग -2	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
संस्कृत	पाठ-1: सुभाषित -II	संस्कृत	12:41 AM    03:11 AM    05:41 AM    08:11 AM    10:41 AM    01:11 PM    03:41 PM    06:11 PM    08:41 PM    11:11 PM
Geography	Ch-4: Air (Part-01)	English	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:09 PM    06:39 PM    09:09 PM    11:39 PM



सामान्य जागरूकता	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:24 AM    03:54 AM    06:24 AM    08:54 AM    11:24 AM    01:54 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:25 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:54 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
General English	Episode 12 Disagreeing 1	English	01:36 AM    04:06 AM    06:36 AM    09:06 AM    11:36 AM    02:06 PM    04:36 PM    07:06 PM    09:36 PM
Science	Ch-17: Forests, Our lifeline Part-1	English	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
<b>रविवार, 17 मार्च 2024</b> <b>Sunday, 17 March 2024</b>			
राजनीति विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-1)	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:35 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:19 AM    02:49 AM    05:20 AM    07:51 AM    10:21 AM    12:52 PM    03:22 PM    05:53 PM    08:23 PM    10:54 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्ती रानी-6	हिंदी	12:48 AM    03:19 AM    05:50 AM    08:20 AM    10:51 AM    01:21 PM    03:52 PM    06:22 PM    08:53 PM    11:23 PM
सामान्य जागरूकता	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:06 AM    03:37 AM    06:07 AM    08:38 AM    11:08 AM    01:39 PM    04:09 PM    06:40 PM    09:10 PM    11:41 PM
Storytelling/Value Education	दान का हिसाब	हिंदी	01:06 AM    03:37 AM    06:08 AM    08:38 AM    11:09 AM    01:39 PM



			04:10 PM    06:40 PM    09:11 PM    11:42 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 –Dance- Classical (Girl) Delhi	English/hindi	01:23 AM    03:54 AM    06:24 AM    08:55 AM    11:25 AM    01:56 PM    04:26 PM    06:57 PM    09:27 PM    11:58 PM
General Awareness	e-waste management Block- 2	English	01:28 AM    03:59 AM    06:29 AM    09:00 AM    11:30 AM    02:01 PM    04:31 PM    07:02 PM    09:33 PM
History	Ch-7: Tribes, nomads and settled communities	English	01:42 AM    04:13 AM    06:43 AM    09:14 AM    11:45 AM    02:15 PM    04:46 PM    07:16 PM    09:47 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:36 AM    07:06 AM    09:37 AM    12:07 PM    02:38 PM    05:08 PM    07:39 PM    10:10 PM
<b>सोमवार, 18 मार्च 2024</b> <b>Monday, 18 March 2024</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:32 PM    03:02 PM    05:32 PM    08:03 PM    10:33 PM
भूगोल	पाठ-3: हमारी बदलती पृथ्वी	हिंदी	12:27 AM    02:58 AM    05:28 AM    07:58 AM    10:29 AM    12:59 PM    03:30 PM    06:00 PM    08:30 PM    11:01 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:45 AM    03:16 AM    05:46 AM    08:17 AM    10:47 AM    01:17 PM    03:48 PM    06:18 PM    08:49 PM    11:19 PM
Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	12:53 AM    03:24 AM    05:54 AM    08:25 AM    10:55 AM    01:26 PM    03:56 PM    06:26 PM    08:57 PM    11:27 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022Dance – Classical (Boy) Tripura	English/hindi	01:09 AM    03:39 AM    06:10 AM    08:40 AM    11:11 AM    01:41 PM    04:11 PM    06:42 PM    09:12 PM    11:43 PM    



English	English, Ch-2: A Gift of Chappals	English	01:14 AM    03:45 AM    06:15 AM    08:45 AM    11:16 AM    01:46 PM    04:17 PM    06:47 PM    09:17 PM    11:48 PM
सामान्य	शशकासन	हिंदी	01:37 AM    04:07 AM    06:37 AM    09:08 AM    11:38 AM    02:09 PM    04:39 PM    07:10 PM    09:40 PM
Mathematics	Ch-3: Data Handling(Part-1)	English	01:39 AM    04:09 AM    06:40 AM    09:10 AM    11:41 AM    02:11 PM    04:41 PM    07:12 PM    09:42 PM
Vocational	Design and Tracing Methods (Heat Method)	English	02:03 AM    04:34 AM    07:04 AM    09:34 AM    12:05 PM    02:35 PM    05:06 PM    07:36 PM    10:07 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:06 AM    09:36 AM    12:07 PM    02:37 PM    05:07 PM    07:38 PM    10:08 PM
<b>मंगलवार, 19 मार्च 2024</b> <b>Tuesday, 19 March 2024</b>			
गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -2	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:32 AM    10:02 AM    12:33 PM    03:04 PM    05:35 PM    08:05 PM    10:36 PM
हिन्दी	वसंत-२, पाठ-5: मिठाईवाला भाग-1	हिंदी	12:41 AM    03:12 AM    05:43 AM    08:14 AM    10:44 AM    01:15 PM    03:46 PM    06:16 PM    08:47 PM    11:18 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	01:03 AM    03:34 AM    06:05 AM    08:35 AM    11:06 AM    01:37 PM    04:08 PM    06:38 PM    09:09 PM    11:40 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:21 AM    03:52 AM    06:22 AM    08:53 AM    11:24 AM    01:54 PM    04:25 PM    06:56 PM    09:27 PM    11:57 PM
Science	Ch-17: Forests, Our lifeline Part-1	English	01:26 AM    03:57 AM    06:28 AM    08:58 AM    11:29 AM    02:00 PM    04:30 PM    07:01 PM    09:32 PM



Cultural Heritage: Art, Music & Dance	Kala Utsav – 2022 Dance – Classical (Boy) Odisha	English/hindi	01:41 AM    04:11 AM    06:42 AM    09:13 AM    11:44 AM    02:14 PM    04:45 PM    07:16 PM    09:46 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:47 AM    04:18 AM    06:49 AM    09:19 AM    11:50 AM    02:21 PM    04:51 PM    07:22 PM    09:53 PM
Geography	Ch-4: Air (Part-01)	English	01:54 AM    04:25 AM    06:55 AM    09:26 AM    11:57 AM    02:27 PM    04:58 PM    07:29 PM    10:00 PM
Vocational	Personal hygiene and Health	English	02:09 AM    04:39 AM    07:10 AM    09:41 AM    12:12 PM    02:42 PM    05:13 PM    07:44 PM    10:14 PM
Vocational	Fishbone Stitch	English	02:19 AM    04:50 AM    07:20 AM    09:51 AM    12:22 PM    02:53 PM    05:23 PM    07:54 PM    10:25 PM
<b>बुधवार, 20 मार्च 2024</b> <b>Wednesday, 20 March 2024</b>			
विज्ञान	पाठ-15: प्रकाश	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:31 AM    10:01 AM    12:31 PM    03:02 PM    05:32 PM    08:02 PM    10:33 PM
General Awareness	Fake-Whatsapp-Messages	English	12:27 AM    02:57 AM    05:28 AM    07:58 AM    10:29 AM    12:59 PM    03:29 PM    06:00 PM    08:30 PM    11:00 PM
उर्दू	ईदगाह	हिंदी	12:29 AM    03:00 AM    05:30 AM    08:00 AM    10:31 AM    01:01 PM    03:32 PM    06:02 PM    08:32 PM    11:03 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:58 AM    03:28 AM    05:58 AM    08:29 AM    10:59 AM    01:29 PM    04:00 PM    06:30 PM    09:01 PM    11:31 PM
General Awareness	Fabric	English	01:04 AM    03:35 AM    06:05 AM    08:35 AM    11:06 AM    01:36 PM    04:07 PM    06:37 PM    09:07 PM    11:38 PM



General English	Episode 3 Greeting Strangers	English	01:14 AM    03:44 AM    06:14 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:47 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिंदी	01:25 AM    03:56 AM    06:26 AM    08:57 AM    11:27 AM    01:57 PM    04:28 PM    06:58 PM    09:28 PM    11:59 PM
History	Ch-7: Tribes, nomads and settled communities	English	01:26 AM    03:57 AM    06:27 AM    08:57 AM    11:28 AM    01:58 PM    04:29 PM    06:59 PM    09:29 PM
Mathematics	Ch-3: Data Handling(Part-1)	English	01:49 AM    04:20 AM    06:50 AM    09:20 AM    11:51 AM    02:21 PM    04:51 PM    07:22 PM    09:52 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:14 AM    04:44 AM    07:14 AM    09:45 AM    12:15 PM    02:45 PM    05:16 PM    07:46 PM    10:16 PM
Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:20 AM    09:50 AM    12:20 PM    02:51 PM    05:21 PM    07:51 PM    10:22 PM
<b>बृहस्पतिवार, 21 मार्च 2024</b> <b>Thursday, 21 March 2024</b>			
गणित	पाठ-3: आँकड़ों का प्रबंधन भाग -2	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:41 AM    03:11 AM    05:41 AM    08:11 AM    10:42 AM    01:12 PM    03:42 PM    06:12 PM    08:42 PM    11:12 PM
इतिहास	पाठ-3: दिल्ली के सुल्तान (भाग-2)	हिंदी	12:58 AM    03:28 AM    05:58 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:29 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa Fish	English	01:08 AM    03:38 AM    06:08 AM    08:38 AM    11:08 AM    01:38 PM



			04:08 PM    06:38 PM    09:08 PM    11:38 PM
General Awareness	Nutrition_Health and Sanitation	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:35 PM    07:05 PM    09:35 PM
General	zoological-Survey-of-india	English	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:41 PM    07:11 PM    09:41 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:43 AM    04:13 AM    06:43 AM    09:13 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Science	Ch-17: Forests, Our lifeline Part-1	English	01:50 AM    04:20 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
शुक्रवार, 22 मार्च 2024 Friday, 22 March 2024			
विज्ञान	पाठ-17: वन हमारी जीवन रेखा (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:25 AM    02:55 AM    05:26 AM    07:56 AM    10:26 AM    12:56 PM    03:27 PM    05:57 PM    08:27 PM    10:58 PM
हिन्दी	दूर्वा-२, पाठ-४: गुब्बारे पर चीता	हिंदी	12:42 AM    03:12 AM    05:43 AM    08:13 AM    10:43 AM    01:13 PM    03:44 PM    06:14 PM    08:44 PM    11:15 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:58 AM    03:28 AM    05:58 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:30 PM    09:00 PM    11:30 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:15 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:47 PM



			04:17 PM    06:47 PM    09:17 PM    11:48 PM
Political science	Ch-8: A shirt in the market	English	01:22 AM    03:52 AM    06:23 AM    08:53 AM    11:23 AM    01:53 PM    04:24 PM    06:54 PM    09:24 PM    11:54 PM
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:34 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:06 PM    04:36 PM    07:06 PM    09:37 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:42 AM    04:12 AM    06:42 AM    09:13 AM    11:43 AM    02:13 PM    04:43 PM    07:14 PM    09:44 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:49 AM    04:19 AM    06:50 AM    09:20 AM    11:50 AM    02:20 PM    04:51 PM    07:21 PM    09:51 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav (कला उत्सव)-2022	English/hindi	01:52 AM    04:23 AM    06:53 AM    09:23 AM    11:53 AM    02:24 PM    04:54 PM    07:24 PM    09:55 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	02:00 AM    04:30 AM    07:00 AM    09:31 AM    12:01 PM    02:31 PM    05:01 PM    07:32 PM    10:02 PM
Mathematics	Ch-3: Data Handling(Part-2)	English	02:02 AM    04:33 AM    07:03 AM    09:33 AM    12:03 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
Vocational	Feather Stitch	English	02:24 AM    04:54 AM    07:25 AM    09:55 AM    12:25 PM    02:55 PM    05:26 PM    07:56 PM    10:26 PM
<b>शनिवार, 23 मार्च 2024</b> <b>Saturday, 23 March 2024</b>			
गणित	पाठ-4: सरल समीकरण	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:33 PM    03:03 PM    05:34 PM    08:04 PM    10:35 PM
संस्कृत	बुद्धि बलवती	हिंदी	12:38 AM    03:09 AM    05:39 AM    08:10 AM    10:40 AM    01:11 PM    03:42 PM    06:12 PM    08:43 PM    11:14 PM





Geography	Ch-4: Air (Part-02)	English	12:44 AM    03:15 AM    05:45 AM    08:16 AM    10:47 AM    01:17 PM    03:48 PM    06:18 PM    08:49 PM    11:20 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:04 AM    03:34 AM    06:05 AM    08:36 AM    11:06 AM    01:37 PM    04:08 PM    06:38 PM    09:09 PM    11:39 PM
General Awareness	e-waste & hazardous waste	English	01:07 AM    03:38 AM    06:08 AM    08:39 AM    11:10 AM    01:40 PM    04:11 PM    06:41 PM    09:12 PM    11:43 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:20 AM    03:51 AM    06:21 AM    08:52 AM    11:23 AM    01:53 PM    04:24 PM    06:54 PM    09:25 PM    11:56 PM
General English	Episode 12 Disagreeing 1	English	01:27 AM    03:57 AM    06:28 AM    08:59 AM    11:29 AM    02:00 PM    04:31 PM    07:01 PM    09:32 PM
Science	Ch-17: Forests, Our lifeline Part-2	English	01:41 AM    04:11 AM    06:42 AM    09:12 AM    11:43 AM    02:14 PM    04:44 PM    07:15 PM    09:46 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:51 AM    04:21 AM    06:52 AM    09:23 AM    11:53 AM    02:24 PM    04:54 PM    07:25 PM    09:56 PM
<b>रविवार, 24 मार्च 2024</b> <b>Sunday, 24 March 2024</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:00 PM    05:30 PM    08:00 PM    10:30 PM
राजनीति विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-2)	हिंदी	12:20 AM    02:50 AM    05:21 AM    07:51 AM    10:21 AM    12:51 PM    03:21 PM    05:51 PM    08:21 PM    10:51 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:33 AM    03:03 AM    05:33 AM    08:03 AM    10:33 AM    01:03 PM



			03:33 PM    06:03 PM    08:33 PM    11:04 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	12:41 AM    03:11 AM    05:41 AM    08:11 AM    10:41 AM    01:11 PM    03:41 PM    06:11 PM    08:41 PM    11:12 PM
General Awareness	Fabric	English	01:00 AM    03:30 AM    06:00 AM    08:30 AM    11:00 AM    01:30 PM    04:00 PM    06:31 PM    09:01 PM    11:31 PM
सामान्य जागरूकता	रोज़ बदलता कैसे चाँद -१	हिंदी	01:09 AM    03:39 AM    06:09 AM    08:39 AM    11:09 AM    01:39 PM    04:10 PM    06:40 PM    09:10 PM    11:40 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	01:17 AM    03:47 AM    06:18 AM    08:48 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:18 PM    11:48 PM
General Awareness	e-waste management Block-2	English	01:35 AM    04:05 AM    06:35 AM    09:05 AM    11:35 AM    02:05 PM    04:36 PM    07:06 PM    09:36 PM
History	Ch-8: Devotional paths to divine-let us check what we remember	English	01:49 AM    04:19 AM    06:49 AM    09:19 AM    11:50 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:35 PM    05:05 PM    07:35 PM    10:05 PM
<b>सोमवार, 25 मार्च 2024</b> <b>Monday, 25 March 2024</b>			
विज्ञान	पाठ-17: वन हमारी जीवन रेखा (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:30 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
भूगोल	पाठ-4: वायु	हिंदी	12:25 AM    02:55 AM    05:25 AM    07:56 AM    10:26 AM    12:56 PM    03:26 PM    05:56 PM    08:27 PM    10:57 PM



General	zoological-Survey-of-india	English	12:47 AM    03:17 AM    05:47 AM    08:18 AM    10:48 AM    01:18 PM    03:48 PM    06:18 PM    08:49 PM    11:19 PM
सामान्य जागरूकता	रोज़ बदलता कैसे चाँद -१	हिंदी	12:50 AM    03:20 AM    05:50 AM    08:20 AM    10:50 AM    01:20 PM    03:51 PM    06:21 PM    08:51 PM    11:21 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	12:58 AM    03:28 AM    05:58 AM    08:29 AM    10:59 AM    01:29 PM    03:59 PM    06:29 PM    08:59 PM    11:30 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa Fish	English	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:05 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
सामान्य जागरूकता	एक्सप्लोरिंग 3 R's	हिंदी	01:32 AM    04:02 AM    06:32 AM    09:02 AM    11:32 AM    02:03 PM    04:33 PM    07:03 PM    09:33 PM
सामान्य	शशकासन	हिंदी	01:41 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:11 PM    04:42 PM    07:12 PM    09:42 PM
Mathematics	Ch-3: Data Handling(Part-2)	English	01:43 AM    04:13 AM    06:43 AM    09:13 AM    11:44 AM    02:14 PM    04:44 PM    07:14 PM    09:44 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM    04:35 AM    07:05 AM    09:35 AM    12:05 PM    02:36 PM    05:06 PM    07:36 PM    10:06 PM
<b>मंगलवार, 26 मार्च 2024</b> <b>Tuesday, 26 March 2024</b>			
गणित	पाठ-4: सरल समीकरण	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:00 AM    12:31 PM    03:01 PM    05:31 PM    08:01 PM    10:31 PM
हिन्दी	वसंत-२, पाठ-5: मिठाईवाला भाग-2	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:09 AM    10:39 AM    01:09 PM



			03:39 PM    06:10 PM    08:40 PM    11:10 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्ती रानी-6	हिंदी	12:56 AM    03:26 AM    05:56 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:28 PM    08:58 PM    11:28 PM
Storytelling/Value Education	सुधीर तैलंग	हिंदी	01:14 AM    03:44 AM    06:14 AM    08:44 AM    11:14 AM    01:45 PM    04:15 PM    06:45 PM    09:15 PM    11:46 PM
Science	Ch-17: Forests, Our lifeline Part-2	English	01:30 AM    04:01 AM    06:31 AM    09:01 AM    11:31 AM    02:01 PM    04:32 PM    07:02 PM    09:32 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:40 AM    04:11 AM    06:41 AM    09:11 AM    11:41 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
Geography	Ch-4: Air (Part-02)	English	01:49 AM    04:19 AM    06:49 AM    09:19 AM    11:49 AM    02:20 PM    04:50 PM    07:20 PM    09:50 PM
Vocational	Personal hygiene and Health	English	02:08 AM    04:38 AM    07:09 AM    09:39 AM    12:09 PM    02:39 PM    05:10 PM    07:40 PM    10:10 PM
Vocational	Fishbone Stitch	English	02:18 AM    04:49 AM    07:19 AM    09:49 AM    12:19 PM    02:50 PM    05:20 PM    07:50 PM    10:20 PM
<b>बुधवार, 27 मार्च 2024</b> <b>Wednesday, 27 March 2024</b>			
विज्ञान	पाठ-17: वन हमारी जीवन रेखा (भाग-1)	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:32 PM    08:02 PM    10:32 PM
General Awareness	Fake-Whatsapp-Messages	English	12:25 AM    02:55 AM    05:26 AM    07:56 AM    10:26 AM    12:57 PM    03:27 PM    05:57 PM    08:28 PM    10:58 PM
उर्दू	ईदगाह	हिंदी	12:27 AM    02:58 AM    05:28 AM    07:58 AM    10:29 AM    12:59 PM



			03:29 PM    06:00 PM    08:30 PM    11:00 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:56 AM    03:26 AM    05:56 AM    08:27 AM    10:57 AM    01:27 PM    03:58 PM    06:28 PM    08:58 PM    11:28 PM
सामान्य जागरूकता	मछली साँस कैसे लेती है	हिंदी	12:58 AM    03:29 AM    05:59 AM    08:29 AM    11:00 AM    01:30 PM    04:00 PM    06:30 PM    09:01 PM    11:31 PM
Creative Activities: Art & Craft	Slithering Snake	English	01:03 AM    03:33 AM    06:04 AM    08:34 AM    11:04 AM    01:35 PM    04:05 PM    06:35 PM    09:06 PM    11:36 PM
General Awareness	Fabric	English	01:05 AM    03:35 AM    06:05 AM    08:36 AM    11:06 AM    01:36 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
Storytelling/Value Education	आजादी की कहानी-2	हिंदी	01:14 AM    03:44 AM    06:14 AM    08:45 AM    11:15 AM    01:45 PM    04:16 PM    06:46 PM    09:16 PM    11:47 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	हिंदी	01:29 AM    03:59 AM    06:29 AM    08:59 AM    11:30 AM    02:00 PM    04:30 PM    07:01 PM    09:31 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:30 AM    04:00 AM    06:30 AM    09:00 AM    11:31 AM    02:01 PM    04:31 PM    07:02 PM    09:32 PM
History	Ch-8: Devotional paths to divine-let us check what we remember	English	01:36 AM    04:07 AM    06:37 AM    09:07 AM    11:37 AM    02:08 PM    04:38 PM    07:08 PM    09:39 PM
Mathematics	Ch-3: Data Handling(Part-2)	English	01:52 AM    04:22 AM    06:52 AM    09:23 AM    11:53 AM    02:23 PM    04:54 PM    07:24 PM    09:54 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	02:14 AM    04:44 AM    07:14 AM    09:44 AM    12:15 PM    02:45 PM    05:15 PM    07:46 PM    10:16 PM

Vocational	Feather Stitch	English	02:19 AM    04:49 AM    07:19 AM    09:50 AM    12:20 PM    02:50 PM    05:21 PM    07:51 PM    10:21 PM
<b>बृहस्पतिवार, 28 मार्च 2024</b> <b>Thursday, 28 March 2024</b>			
गणित	पाठ-4: सरल समीकरण	हिंदी	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:38 AM    03:08 AM    05:38 AM    08:08 AM    10:38 AM    01:08 PM    03:38 PM    06:08 PM    08:38 PM    11:08 PM
इतिहास	पाठ-3: दिल्ली के सुल्तान (भाग-3)	हिंदी	12:55 AM    03:25 AM    05:55 AM    08:25 AM    10:55 AM    01:25 PM    03:55 PM    06:25 PM    08:55 PM    11:25 PM
Patriotic song	Rashtra gan (राष्ट्र गान)	हिंदी	01:06 AM    03:36 AM    06:06 AM    08:36 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:06 PM    11:36 PM
General Awareness	Fabric	English	01:07 AM    03:37 AM    06:07 AM    08:37 AM    11:07 AM    01:37 PM    04:07 PM    06:37 PM    09:07 PM    11:37 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	01:16 AM    03:46 AM    06:16 AM    08:46 AM    11:16 AM    01:46 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	01:18 AM    03:48 AM    06:18 AM    08:48 AM    11:18 AM    01:48 PM    04:18 PM    06:48 PM    09:18 PM    11:48 PM
English	Honeycomb, Ch-3: The Shed	English	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:56 PM



सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:48 AM    04:18 AM    06:48 AM    09:17 AM    11:47 AM    02:17 PM    04:47 PM    07:17 PM    09:47 PM
सामान्य जागरूकता	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:53 AM    04:23 AM    06:53 AM    09:23 AM    11:53 AM    02:23 PM    04:53 PM    07:23 PM    09:53 PM
सामान्य	Healthy Lifestyle Adopted	हिंदी	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
Science	Ch-17: Forests, Our lifeline Part-2	English	01:54 AM    04:24 AM    06:54 AM    09:24 AM    11:54 AM    02:24 PM    04:54 PM    07:24 PM    09:54 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM
<b>शुक्रवार, 29 मार्च 2024</b> <b>Friday, 29 March 2024</b>			
विज्ञान	पाठ-17: वन हमारी जीवन रेखा (भाग-2)	हिंदी	12:00 AM    02:30 AM    05:01 AM    07:31 AM    10:02 AM    12:32 PM    03:03 PM    05:33 PM    08:04 PM    10:34 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिंदी	12:21 AM    02:51 AM    05:22 AM    07:52 AM    10:23 AM    12:53 PM    03:24 PM    05:54 PM    08:25 PM    10:55 PM
हिन्दी	दूर्वा-२, पाठ-५: थोड़ी धरती पाउ	हिंदी	12:38 AM    03:08 AM    05:39 AM    08:09 AM    10:40 AM    01:10 PM    03:41 PM    06:11 PM    08:42 PM    11:12 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:05 AM    03:36 AM    06:06 AM    08:37 AM    11:07 AM    01:38 PM    04:08 PM    06:39 PM    09:09 PM    11:40 PM
Political science	Ch-1: Equality in Indian Democracy	English	01:12 AM    03:42 AM    06:13 AM    08:43 AM    11:14 AM    01:44 PM    04:15 PM    06:45 PM    09:16 PM    11:46 PM



Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिंदी	01:38 AM    04:08 AM    06:39 AM    09:09 AM    11:40 AM    02:10 PM    04:41 PM    07:11 PM    09:42 PM
सामान्य जागरूकता	जेंडर समानता	हिंदी	01:45 AM    04:15 AM    06:46 AM    09:16 AM    11:47 AM    02:17 PM    04:48 PM    07:18 PM    09:49 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:52 AM    04:23 AM    06:53 AM    09:24 AM    11:54 AM    02:25 PM    04:55 PM    07:26 PM    09:56 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:56 AM    04:26 AM    06:57 AM    09:27 AM    11:58 AM    02:28 PM    04:59 PM    07:29 PM    10:00 PM
Mathematics	Ch-4: Simple Equations	English	01:58 AM    04:29 AM    06:59 AM    09:30 AM    12:00 PM    02:31 PM    05:01 PM    07:32 PM    10:02 PM
Vocational	Feather Stitch	English	02:24 AM    04:55 AM    07:25 AM    09:56 AM    12:26 PM    02:57 PM    05:27 PM    07:58 PM    10:28 PM
<b>शनिवार, 30 मार्च 2024</b> <b>Saturday, 30 March 2024</b>			
गणित	पाठ-5: रेखा एवं कोण	हिंदी	12:00 AM    02:30 AM    05:00 AM    07:30 AM    10:01 AM    12:31 PM    03:01 PM    05:31 PM    08:02 PM    10:32 PM
संस्कृत	बुद्धिर्यस्य बलमतस्य	हिंदी	12:35 AM    03:05 AM    05:35 AM    08:06 AM    10:36 AM    01:06 PM    03:36 PM    06:07 PM    08:37 PM    11:07 PM
Geography	Ch-5: Water	English	12:44 AM    03:14 AM    05:45 AM    08:15 AM    10:45 AM    01:15 PM    03:46 PM    06:16 PM    08:46 PM    11:16 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	01:03 AM    03:33 AM    06:03 AM    08:33 AM    11:04 AM    01:34 PM    04:04 PM    06:34 PM    09:05 PM    11:35 PM





General Awareness	e-waste & hazardous waste	English	01:05 AM    03:35 AM    06:05 AM    08:35 AM    11:06 AM    01:36 PM    04:06 PM    06:36 PM    09:07 PM    11:37 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -1	English	01:18 AM    03:48 AM    06:18 AM    08:48 AM    11:19 AM    01:49 PM    04:19 PM    06:49 PM    09:20 PM    11:50 PM
General English	Episode 12 Disagreeing 1	English	01:24 AM    03:55 AM    06:25 AM    08:55 AM    11:25 AM    01:56 PM    04:26 PM    06:56 PM    09:26 PM    11:57 PM
Science	Ch-18: Waste Water Story Part-1	English	01:38 AM    04:08 AM    06:39 AM    09:09 AM    11:39 AM    02:09 PM    04:40 PM    07:10 PM    09:40 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM    04:21 AM    06:51 AM    09:21 AM    11:51 AM    02:22 PM    04:52 PM    07:22 PM    09:52 PM
<b>रविवार, 31 मार्च 2024</b> <b>Sunday, 31 March 2024</b>			
Physical Education	COVID 19 Awareness	English	12:00 AM    02:29 AM    04:59 AM    07:29 AM    09:59 AM    12:29 PM    02:59 PM    05:29 PM    07:59 PM    10:29 PM
राजनीति विज्ञान	पाठ-5: औरतों ने बदली दुनिया	हिंदी	12:20 AM    02:50 AM    05:20 AM    07:50 AM    10:20 AM    12:50 PM    03:20 PM    05:50 PM    08:20 PM    10:50 PM
Wetland, Our Amrit Dharohar	Values and Types of Wetlands Part -2	English	12:50 AM    03:20 AM    05:49 AM    08:19 AM    10:49 AM    01:19 PM    03:49 PM    06:19 PM    08:49 PM    11:19 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	12:58 AM    03:28 AM    05:58 AM    08:27 AM    10:57 AM    01:27 PM    03:57 PM    06:27 PM    08:57 PM    11:27 PM



General Awareness	Fabric	English	01:17 AM    03:47 AM    06:17 AM    08:47 AM    11:17 AM    01:47 PM    04:16 PM    06:46 PM    09:16 PM    11:46 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	01:26 AM    03:56 AM    06:26 AM    08:56 AM    11:26 AM    01:56 PM    04:26 PM    06:55 PM    09:25 PM    11:55 PM
General Awareness	e-waste management Block-2	English	01:28 AM    03:58 AM    06:28 AM    08:58 AM    11:28 AM    01:58 PM    04:28 PM    06:57 PM    09:27 PM    11:57 PM
History	Ch-8: Devotional paths to divine-let us check what we remember-2	English	01:42 AM    04:12 AM    06:42 AM    09:12 AM    11:42 AM    02:12 PM    04:42 PM    07:12 PM    09:42 PM
Vocational	Design and Tracing Methods (Stencil Method)	English	02:02 AM    04:32 AM    07:02 AM    09:32 AM    12:02 PM    02:32 PM    05:02 PM    07:32 PM    10:02 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:04 AM    04:34 AM    07:04 AM    09:34 AM    12:04 PM    02:34 PM    05:04 PM    07:34 PM    10:04 PM

