

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बुधस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 9

मार्च 2024
March 2024

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 मार्च 2024 Friday, 01 March 2024			
संस्कृत	पाठ 1: भारतीवसन्तगीति: भाग - 1	Hindi	12:00 AM 03:06 AM 06:12 AM 09:18 AM 12:24 PM 03:30 PM 06:37 PM 09:43 PM
कहानी	गुलज़ार बच्चों के साथ	Hindi	12:32 AM 03:39 AM 06:45 AM 09:51 AM 12:57 PM 04:03 PM 07:09 PM 10:16 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:45 AM 03:51 AM 06:57 AM 10:03 AM 01:10 PM 04:16 PM 07:22 PM 10:28 PM
Cultural Heritage: Art, Music & Dance	Nature in Dance Movements	English	01:14 AM 04:20 AM 07:27 AM 10:33 AM 01:39 PM 04:45 PM 07:51 PM 10:57 PM
Cultural Heritage: Art, Music & Dance	Navras DEAA Dance Emotions	English	01:22 AM 04:28 AM 07:34 AM 10:40 AM 01:46 PM 04:52 PM 07:59 PM 11:05 PM
कहानी	मीना-1 काउंट योर चिकन	Hindi	01:25 AM 04:32 AM 07:38 AM 10:44 AM 01:50 PM 04:56 PM 08:02 PM 11:09 PM



DD Free Dish Channel #31



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Dish TV Channel #2030

Mathematics	Chapter 10: Circles, Part - I	English	01:39 AM 04:45 AM 07:51 AM 10:58 AM 02:04 PM 05:10 PM 08:16 PM 11:22 PM
कहानी	आम की टोकरी	Hindi	02:01 AM 05:08 AM 08:14 AM 11:20 AM 02:26 PM 05:32 PM 08:38 PM 11:45 PM
Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	02:04 AM 05:10 AM 08:16 AM 11:23 AM 02:29 PM 05:35 PM 08:41 PM 11:47 PM
Science	Chapter - 12: Sound, Part - I	English	02:30 AM 05:36 AM 08:42 AM 11:48 AM 02:54 PM 06:00 PM 09:07 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 1: History and Embriodery Terminology, Part - B	English	02:58 AM 06:04 AM 09:10 AM 12:17 PM 03:23 PM 06:29 PM 09:35 PM
शनिवार, 02 मार्च 2024 Saturday, 02 March 2024			
हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
कहानी	आम की टोकरी	Hindi	12:29 AM 03:00 AM 05:31 AM 08:02 AM 10:32 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:06 PM



Social Science (Political Science)	Democratic Politics-I, Chapter - 4: Working of Institutions, Part I	English	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:35 AM 01:06 PM 03:36 PM 06:07 PM 08:38 PM 11:08 PM
General	Parts of Flower	English	01:09 AM 03:40 AM 06:10 AM 08:41 AM 11:12 AM 01:43 PM 04:13 PM 06:44 PM 09:15 PM 11:45 PM
Mathematics	Chapter 10: Circles, Part - II	English	01:14 AM 03:45 AM 06:16 AM 08:46 AM 11:17 AM 01:48 PM 04:18 PM 06:49 PM 09:20 PM 11:51 PM
कहानी	Sanskrit Story: Samvayo hi Durjayah	Hindi	01:41 AM 04:12 AM 06:42 AM 09:13 AM 11:44 AM 02:14 PM 04:45 PM 07:16 PM 09:46 PM
Science	Chapter - 12: Sound, Part - I	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:52 AM 02:23 PM 04:53 PM 07:24 PM 09:55 PM
Hand Embroiderer	Unit 2 Session 1: Tools and Materials of Hand Embroidery	English	02:17 AM 04:48 AM 07:19 AM 09:50 AM 12:20 PM 02:51 PM 05:22 PM 07:52 PM 10:23 PM
रविवार, 03 मार्च 2024			
Sunday, 03 March 2024			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 4: वन्य समाज एवं उपनिवेशवाद	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 3: चुनावी राजनीति	Hindi	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:55 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
सामान्य	दादी-पोती के मकबरे	Hindi	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
कहानी	बबलू की नाव	Hindi	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM
कहानी	मीना- 9 आई लव स्कूल	Hindi	02:15 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
सोमवार, 04 मार्च 2024			
Monday, 04 March 2024			
Thunderstorm and Lighting	Lightning - बिजली की चोटों के संकेत और लक्षण - 01	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:01 AM 02:32 AM 05:02 AM 07:32 AM 10:03 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:34 PM



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सामान्य	दादी-पोती के मकबरे	Hindi	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:31 AM 01:02 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
Cultural Heritage: Art, Music & Dance	Folk Dance – Tripura	English	12:35 AM 03:05 AM 05:35 AM 08:06 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:43 AM 03:13 AM 05:44 AM 08:14 AM 10:44 AM 01:15 PM 03:45 PM 06:15 PM 08:46 PM 11:16 PM
Cultural Heritage: Art, Music & Dance	Nature in Dance Movements	English	01:05 AM 03:36 AM 06:06 AM 08:36 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
Science	Chapter - 12: Sound, Part - II	English	01:13 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:44 PM 04:15 PM 06:45 PM 09:15 PM 11:45 PM
कहानी	एक अनेक और एकता	Hindi	01:39 AM 04:09 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:41 PM 07:11 PM 09:41 PM
Mathematics	Chapter 10: Circles, Part - III	English	01:46 AM 04:16 AM 06:46 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
Hand Embroiderer	Unit 2 Session 1: Tools and Materials of Hand Embroidery	English	02:17 AM 04:47 AM 07:18 AM 09:48 AM 12:18 PM 02:49 PM 05:19 PM 07:49 PM 10:20 PM



मंगलवार, 05 मार्च 2024

Tuesday, 05 March 2024

General (Wetlands)	Functions of Wetlands and their Biophysical characteristics	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
Urban Floods	शहरी बाढ़ के परिणाम से कैसे निपटें	Hindi	12:12 AM 02:43 AM 05:13 AM 07:44 AM 10:14 AM 12:45 PM 03:16 PM 05:46 PM 08:17 PM 10:47 PM
हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:13 AM 02:44 AM 05:14 AM 07:45 AM 10:15 AM 12:46 PM 03:17 PM 05:47 PM 08:18 PM 10:48 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:42 AM 03:12 AM 05:43 AM 08:13 AM 10:44 AM 01:15 PM 03:45 PM 06:16 PM 08:46 PM 11:17 PM
General	Migratory Birds	English	01:04 AM 03:34 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:09 PM 11:39 PM
Science	Chapter - 12: Sound, Part - II	English	01:06 AM 03:37 AM 06:08 AM 08:38 AM 11:09 AM 01:39 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	01:33 AM 04:03 AM 06:34 AM 09:04 AM 11:35 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM



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Mathematics	Chapter 10: Circles, Part - IV	English	01:58 AM 04:29 AM 06:59 AM 09:30 AM 12:00 PM 02:31 PM 05:02 PM 07:32 PM 10:03 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Blanket Stitch	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
बुधवार, 06 मार्च 2024 Wednesday, 06 March 2024			
गणित	पाठ 12: हीरोन का सूत्र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 1	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
General	Panni Quinn and Polar Bear	English	01:07 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
विज्ञान	पाठ 8: गति	Hindi	01:12 AM 03:42 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:44 PM 09:14 PM 11:44 PM
English	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	01:36 AM 04:06 AM 06:36 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:38 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Long and Short Stitch	English	02:19 AM 04:49 AM 07:19 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:50 PM 10:21 PM
बृहस्पतिवार, 07 मार्च 2024 Thursday, 07 March 2024			
गणित	पाठ 12: हीरोन का सूत्र	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
विज्ञान	पाठ 8: गति	Hindi	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:36 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:09 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Manipur	English	12:58 AM 03:28 AM 05:59 AM 08:29 AM 11:00 AM 01:30 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
General	E-Waste Management: Film 4	English	01:03 AM 03:34 AM 06:04 AM 08:35 AM 11:05 AM 01:36 PM 04:06 PM 06:37 PM 09:07 PM 11:38 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 2	English	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:15 PM 11:45 PM



General	I will work & work with courage	English	01:41 AM 04:11 AM 06:42 AM 09:12 AM 11:43 AM 02:13 PM 04:44 PM 07:14 PM 09:45 PM
English	Beehive, Chapter 2: The Sound of Music (BISMILLAH KHAN) Part-II	English	01:43 AM 04:14 AM 06:45 AM 09:15 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:48 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Running Stitch	English	02:26 AM 04:56 AM 07:27 AM 09:57 AM 12:28 PM 02:58 PM 05:29 PM 07:59 PM 10:30 PM
शुक्रवार, 08 मार्च 2024 Friday, 08 March 2024			
संस्कृत	पाठ 1: भारतीवसन्तगीति: भाग - 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
General	A Visit to Cherapunjee	English	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:45 AM 03:15 AM 05:45 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
General	E-Waste Management: Film 2	English	01:14 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:16 PM 11:46 PM



Mathematics	Chapter 10: Circles, Part - V	English	01:28 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:30 PM
Science	Chapter - 12: Sound, Part - III	English	01:55 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	02:22 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:24 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Light Method	English	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
शनिवार, 09 मार्च 2024 Saturday, 09 March 2024			
हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	12:29 AM 03:00 AM 05:30 AM 08:01 AM 10:31 AM 01:02 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM



General (Wetlands)	Management of Wetlands Part -2	English	12:55 AM 03:25 AM 05:56 AM 08:26 AM 10:57 AM 01:27 PM 03:58 PM 06:28 PM 08:58 PM 11:29 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 4: Working of Institutions, Part II	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:06 PM 11:37 PM
Mathematics	Chapter 10: Circles, Part - VI	English	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:39 AM 02:09 PM 04:40 PM 07:10 PM 09:40 PM
Science	Chapter - 12: Sound, Part - III	English	01:57 AM 04:27 AM 06:57 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:30 PM 10:00 PM
Hand Embroiderer	Hand Embroiderer, Unit 5 Session 1: Organisational Hazards and Safety Measures Part - B	English	02:25 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:28 PM
रविवार, 10 मार्च 2024			
Sunday, 10 March 2024			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 4: वन्य समाज एवं उपनिवेशवाद	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 3: चुनावी राजनीति	Hindi	12:27 AM 02:57 AM 05:28 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM



Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	01:01 AM 03:31 AM 06:02 AM 08:32 AM 11:03 AM 01:33 PM 04:04 PM 06:34 PM 09:04 PM 11:35 PM
Automotive Service Technician	Overview of Automotive Service Technician	English	01:42 AM 04:13 AM 06:43 AM 09:14 AM 11:44 AM 02:15 PM 04:45 PM 07:15 PM 09:46 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	01:48 AM 04:19 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM
कहानी	मीना- 10 टेक केयर ऑफ गर्ल	Hindi	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:13 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Fly Stitch	English	02:24 AM 04:54 AM 07:25 AM 09:55 AM 12:26 PM 02:56 PM 05:27 PM 07:57 PM 10:27 PM
सोमवार, 11 मार्च 2024			
Monday, 11 March 2024			
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 1	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
कहानी	मीना- 8 मीनाज श्री विशिज	Hindi	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	Hindi	12:47 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:47 PM 11:17 PM



कहानी	Sanskrit Story: Buddhi Balbati	Hindi	01:11 AM 03:41 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
Science	Chapter - 12: Sound, Part - IV	English	01:18 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Mathematics	Chapter 10: Circles, Part - VII	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Fishbone Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
मंगलवार, 12 मार्च 2024 Tuesday, 12 March 2024			
General (Wetlands)	Management of Wetlands Part -2	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 2	Hindi	12:09 AM 02:39 AM 05:09 AM 07:39 AM 10:10 AM 12:40 PM 03:10 PM 05:40 PM 08:10 PM 10:41 PM



सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	Hindi	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:08 PM
General	Growing up Healthy	English	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
Science	Chapter - 12: Sound, Part - IV	English	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:47 PM
General	Growing up Healthy	English	01:27 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
Cultural Heritage: Art, Music & Dance	Hemis Mela	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:33 AM 02:03 PM 04:33 PM 07:03 PM 09:33 PM
Mathematics	Chapter 10: Circles, Part - VIII	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:56 PM 10:26 PM
बुधवार, 13 मार्च 2024			
Wednesday, 13 March 2024			



गणित	पाठ 12: हीरोन का सूत्र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
General	Petrol Pump	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 1	English	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM
सामान्य	शशकासन	Hindi	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
विज्ञान	पाठ 8: गति	Hindi	01:23 AM 03:53 AM 06:23 AM 08:53 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
English	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	01:47 AM 04:17 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
बृहस्पतिवार, 14 मार्च 2024 Thursday, 14 March 2024			
गणित	पाठ 12: हीरोन का सूत्र	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM



सामान्य	अर्ध चक्रासन	Hindi	12:34 AM 03:05 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
विज्ञान	पाठ 8: गति	Hindi	12:36 AM 03:07 AM 05:37 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:11 PM 08:41 PM 11:12 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 2	English	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:33 PM 04:04 PM 06:34 PM 09:05 PM 11:36 PM
General (Wetlands)	Management of Wetlands Part -1	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
English	Beehive, Chapter 2: The Sound of Music (BISMILLAH KHAN) Part-II	English	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:44 AM 02:15 PM 04:45 PM 07:16 PM 09:47 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
शुक्रवार, 15 मार्च 2024 Friday, 15 March 2024			
संस्कृत	पाठ 2: स्वर्णकाकः भाग - 1	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM



सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:27 AM 02:58 AM 05:29 AM 07:59 AM 10:30 AM 01:01 PM 03:32 PM 06:02 PM 08:33 PM 11:04 PM
Mathematics	Chapter 10: Circles, Part - IX	English	12:56 AM 03:27 AM 05:58 AM 08:29 AM 10:59 AM 01:30 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
AAPDA KA SAMNA	शहरी बाढ़ - आपदा का सामना	Hindi	01:28 AM 03:59 AM 06:29 AM 09:00 AM 11:31 AM 02:02 PM 04:32 PM 07:03 PM 09:34 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	01:56 AM 04:27 AM 06:58 AM 09:28 AM 11:59 AM 02:30 PM 05:01 PM 07:31 PM 10:02 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Types of Design	English	02:27 AM 04:58 AM 07:28 AM 09:59 AM 12:30 PM 03:01 PM 05:31 PM 08:02 PM 10:33 PM
शनिवार, 16 मार्च 2024			
Saturday, 16 March 2024			
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 1	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General (Wetlands)	Management of Wetlands Part -2	English	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:00 PM



Social Science (Political Science)	Democratic Politics-I, Chapter - 4: Working of Institutions, Part III	English	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:38 PM 11:08 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:43 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	01:41 AM 04:11 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
Hand Embroiderer	Hand Embroiderer, Unit 5 Session 1: Organisational Hazards and Safety Measures Part - A	English	02:16 AM 04:46 AM 07:16 AM 09:46 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:17 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Satin Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM

रविवार, 17 मार्च 2024

Sunday, 17 March 2024

सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 4: वन्य समाज एवं उपनिवेशवाद	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 1	Hindi	12:24 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:57 PM



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General	Prevention and Management of Substance Misuse	English	12:49 AM 03:20 AM 05:50 AM 08:20 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:52 PM 11:22 PM
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	12:55 AM 03:25 AM 05:55 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:27 PM 08:57 PM 11:27 PM
General	Promotion of Healthy Lifestyle	English	01:22 AM 03:52 AM 06:22 AM 08:53 AM 11:23 AM 01:53 PM 04:23 PM 06:54 PM 09:24 PM 11:54 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 1	English	01:28 AM 03:58 AM 06:28 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 07:00 PM 09:30 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	Hindi	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
General (Wetlands)	Management of Wetlands Part -1	English	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:14 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:56 PM 10:26 PM
सोमवार, 18 मार्च 2024			
Monday, 18 March 2024			
हिन्दी	श्रुतिज, पाठ 12: कैदी और कोकिला, भाग - 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM



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General	Value and responsible Citizenship	English	12:28 AM 02:58 AM 05:28 AM 07:59 AM 10:29 AM 12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:01 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	Hindi	12:33 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:04 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	12:54 AM 03:24 AM 05:55 AM 08:25 AM 10:55 AM 01:26 PM 03:56 PM 06:26 PM 08:57 PM 11:27 PM
कहानी	बबलू की नाव	Hindi	01:19 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:22 PM 11:53 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:41 AM 04:11 AM 06:41 AM 09:12 AM 11:42 AM 02:12 PM 04:43 PM 07:13 PM 09:43 PM
General	Gender Equality	English	02:17 AM 04:47 AM 07:17 AM 09:48 AM 12:18 PM 02:48 PM 05:19 PM 07:49 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:56 PM 10:27 PM
मंगलवार, 19 मार्च 2024			
Tuesday, 19 March 2024			



हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 1	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:23 AM 02:53 AM 05:24 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:57 PM 08:28 PM 10:58 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 1	Hindi	12:37 AM 03:08 AM 05:38 AM 08:09 AM 10:39 AM 01:10 PM 03:41 PM 06:11 PM 08:42 PM 11:12 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	01:11 AM 03:42 AM 06:13 AM 08:43 AM 11:14 AM 01:44 PM 04:15 PM 06:46 PM 09:16 PM 11:47 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:52 AM 04:23 AM 06:53 AM 09:24 AM 11:55 AM 02:25 PM 04:56 PM 07:26 PM 09:57 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:22 AM 04:52 AM 07:23 AM 09:53 AM 12:24 PM 02:55 PM 05:25 PM 07:56 PM 10:26 PM
बुधवार, 20 मार्च 2024			
Wednesday, 20 March 2024			
गणित	पाठ 12: हीरोन का सूत्र	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM



विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 1	Hindi	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 1	English	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:41 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Assam	English	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:52 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:54 PM 07:24 PM 09:54 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:24 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM

बृहस्पतिवार, 21 मार्च 2024

Thursday, 21 March 2024



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गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
सामान्य	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:02 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 1	Hindi	12:36 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:38 PM 11:08 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 2	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:13 PM 11:43 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Assam	English	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:13 PM 04:43 PM 07:13 PM 09:43 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:52 PM 07:23 PM 09:53 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM

शुक्रवार, 22 मार्च 2024

Friday, 22 March 2024



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संस्कृत	पाठ 2: स्वर्णकाकः भाग - 2	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
General	E-Waste Management: Film 1	English	12:25 AM 02:56 AM 05:27 AM 07:57 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:35 AM 01:06 PM 03:37 PM 06:07 PM 08:38 PM 11:09 PM
सामान्य	रौशनी और रंग	Hindi	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:37 PM 09:07 PM 11:38 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:18 AM 03:49 AM 06:19 AM 08:50 AM 11:21 AM 01:51 PM 04:22 PM 06:53 PM 09:23 PM 11:54 PM
General	Promotion of Healthy Lifestyle	English	01:48 AM 04:18 AM 06:49 AM 09:20 AM 11:50 AM 02:21 PM 04:52 PM 07:22 PM 09:53 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	01:54 AM 04:24 AM 06:55 AM 09:26 AM 11:56 AM 02:27 PM 04:58 PM 07:28 PM 09:59 PM
Hand Embroiderer	Hand Embroiderer, Unit 3 Session 1: Embroidery Defects and Finishing, Part - B	English	02:16 AM 04:47 AM 07:18 AM 09:48 AM 12:19 PM 02:49 PM 05:20 PM 07:51 PM 10:21 PM



DD Free Dish Channel #31



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शनिवार, 23 मार्च 2024

Saturday, 23 March 2024

हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Arunachal Pradesh	English	12:33 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 4: Working of Institutions, Part I	English	12:40 AM 03:10 AM 05:41 AM 08:11 AM 10:42 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:14 PM
सामान्य	India-Pavilion-at-COP27-Mission	Hindi	01:17 AM 03:47 AM 06:18 AM 08:48 AM 11:19 AM 01:49 PM 04:19 PM 06:50 PM 09:20 PM 11:51 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:22 PM 06:53 PM 09:23 PM 11:54 PM
Flood	Flood - बाढ़ से पहले क्या तैयारी रखें	Hindi	01:56 AM 04:26 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	01:57 AM 04:28 AM 06:58 AM 09:29 AM 11:59 AM 02:29 PM 05:00 PM 07:30 PM 10:01 PM



DD Free Dish Channel #31



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Dish TV Channel #2030

Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	02:20 AM 04:50 AM 07:21 AM 09:51 AM 12:21 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM
रविवार, 24 मार्च 2024 Sunday, 24 March 2024			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 4: वन्य समाज एवं उपनिवेशवाद	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
General	E-Waste	English	12:24 AM 02:55 AM 05:26 AM 07:56 AM 10:27 AM 12:58 PM 03:28 PM 05:59 PM 08:29 PM 11:00 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 2	Hindi	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:02 PM
कहानी	मीना- 8 मीनाज श्री विशिज	Hindi	12:45 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	01:04 AM 03:34 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:38 PM 09:09 PM 11:39 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	01:45 AM 04:16 AM 06:46 AM 09:17 AM 11:48 AM 02:18 PM 04:49 PM 07:19 PM 09:50 PM



कहानी	मीना- 12 आई एम मीना	Hindi	02:09 AM 04:39 AM 07:10 AM 09:40 AM 12:11 PM 02:42 PM 05:12 PM 07:43 PM 10:14 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
सोमवार, 25 मार्च 2024 Monday, 25 March 2024			
हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 1	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM
Avalanche	हिमस्खलन के संकेत	Hindi	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:25 PM 10:55 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 3: अपवाह, भाग - 2	Hindi	12:24 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:57 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:49 AM 03:19 AM 05:49 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:21 PM 08:51 PM 11:21 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 1	English	12:50 AM 03:20 AM 05:50 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:52 PM 11:22 PM



Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:23 PM 11:53 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
General (Wetlands)	Management of Wetlands Part -2	English	02:16 AM 04:46 AM 07:16 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:47 PM 10:17 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:24 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
मंगलवार, 26 मार्च 2024 Tuesday, 26 March 2024			
General (Wetlands)	Management of Wetlands Part -1	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	स्पर्श, पाठ 1, दुःख का अधिकार, भाग - 2	Hindi	12:12 AM 02:42 AM 05:13 AM 07:43 AM 10:13 AM 12:43 PM 03:13 PM 05:44 PM 08:14 PM 10:44 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 4: जलवायु	Hindi	12:43 AM 03:13 AM 05:44 AM 08:14 AM 10:44 AM 01:14 PM 03:44 PM 06:15 PM 08:45 PM 11:15 PM



Science	Chapter - 15: Improvement in Food Resources, Part - 2	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:35 PM
कहानी	बबलू की नाव	Hindi	01:28 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:30 PM 07:00 PM 09:30 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: French Knot	English	02:19 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:50 PM 05:20 PM 07:51 PM 10:21 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Running Stitch	English	02:26 AM 04:56 AM 07:26 AM 09:56 AM 12:26 PM 02:56 PM 05:27 PM 07:57 PM 10:27 PM
बुधवार, 27 मार्च 2024			
Wednesday, 27 March 2024			
गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 2	Hindi	12:30 AM 03:01 AM 05:31 AM 08:02 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:33 PM 11:04 PM



सामान्य	नाडीशोधन प्राणायाम	Hindi	12:55 AM 03:26 AM 05:56 AM 08:26 AM 10:57 AM 01:27 PM 03:57 PM 06:28 PM 08:58 PM 11:29 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 1	English	12:59 AM 03:29 AM 05:59 AM 08:30 AM 11:00 AM 01:31 PM 04:01 PM 06:31 PM 09:02 PM 11:32 PM
General (Wetlands)	Management of Wetlands Part -2	English	01:32 AM 04:02 AM 06:32 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:04 PM 09:35 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:40 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:12 PM 09:43 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Back Stitch	English	02:09 AM 04:39 AM 07:10 AM 09:40 AM 12:11 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM
कहानी	मीना- 12 आई एम मीना	Hindi	02:14 AM 04:44 AM 07:15 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:46 PM 10:17 PM
Thunderstorm and Lighting	Lightning - बिजली की चोटों के सकेत और लक्षण - 01	Hindi	02:29 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM

बृहस्पतिवार, 28 मार्च 2024

Thursday, 28 March 2024



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गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 4: Forest Society and Colonialism, Part - 2	English	12:30 AM 03:01 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
General (Wetlands)	Functions of Wetlands and their Biophysical characteristics	English	01:00 AM 03:31 AM 06:02 AM 08:32 AM 11:03 AM 01:33 PM 04:04 PM 06:35 PM 09:05 PM 11:36 PM
कहानी	मीना- 9 आई लव स्कूल	Hindi	01:12 AM 03:42 AM 06:13 AM 08:44 AM 11:14 AM 01:45 PM 04:15 PM 06:46 PM 09:17 PM 11:47 PM
General	Ustrasana	English	01:26 AM 03:57 AM 06:27 AM 08:58 AM 11:28 AM 01:59 PM 04:30 PM 07:00 PM 09:31 PM
विज्ञान	पाठ 10: गुरुत्वाकर्षण, भाग - 2	Hindi	01:29 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	01:54 AM 04:24 AM 06:55 AM 09:26 AM 11:56 AM 02:27 PM 04:57 PM 07:28 PM 09:59 PM



Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	English	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:26 PM 02:56 PM 05:27 PM 07:57 PM 10:28 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Satin Stitch	English	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:58 PM 05:28 PM 07:59 PM 10:29 PM
शुक्रवार, 29 मार्च 2024			
Friday, 29 March 2024			
संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
General	E-Waste Management: Film 1	English	12:25 AM 02:56 AM 05:26 AM 07:56 AM 10:27 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	Hindi	12:33 AM 03:03 AM 05:34 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
सामान्य	जेंडर समानता	Hindi	01:04 AM 03:34 AM 06:05 AM 08:35 AM 11:05 AM 01:36 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:13 AM 01:43 PM 04:13 PM 06:44 PM 09:14 PM 11:44 PM



General	Promotion of Healthy Lifestyle	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:49 PM 07:20 PM 09:50 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	01:53 AM 04:24 AM 06:54 AM 09:24 AM 11:55 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
Hand Embroiderer	Hand Embroiderer, Unit 3 Session 1: Embroidery Defects and Finishing, Part - B	English	02:16 AM 04:46 AM 07:17 AM 09:47 AM 12:17 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM

शनिवार, 30 मार्च 2024

Saturday, 30 March 2024

हिन्दी	क्षितिज, पाठ 11: सवैये	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
Cultural Heritage: Art, Music & Dance	National Role Play & Folk Dance - Arunachal Pradesh	English	12:30 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:03 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 4: Working of Institutions, Part II	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:40 PM 11:10 PM



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Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Flood	Flood - बाढ़ से पहले क्या तैयारी रखें	Hindi	01:41 AM 04:11 AM 06:41 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:13 PM 09:43 PM
Science	Chapter - 15: Improvement in Food Resources, Part - 3	English	01:42 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
कला और शिल्प	सुंदर फूलों की कहानी	Hindi	02:05 AM 04:35 AM 07:05 AM 09:36 AM 12:06 PM 02:36 PM 05:06 PM 07:37 PM 10:07 PM
Hand Embroiderer	Hand Embroiderer, Unit 4 Session 2: Personal Hygiene and Health	English	02:20 AM 04:50 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:22 PM
रविवार, 31 मार्च 2024 Sunday, 31 March 2024			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 4: वन्य समाज एवं उपनिवेशवाद	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
कहानी	छोटा या बड़ा	Hindi	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM

सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 4: संस्थाओं का कामकाज, भाग - 2	Hindi	12:28 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 11:00 PM
कहानी	मीना- 8 मीनाज श्री विशिज	Hindi	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	English	01:47 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
Social Science (Geography)	Contemporary India-I, Chapter 4: Climate, Part - 2	English	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
सामान्य	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	Hindi	02:17 AM 04:47 AM 07:18 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:23 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM

