

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

मई 2023
May 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
सोमवार, 01 मई 2023 Monday, 01 May 2023			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	00:00:00 02:30:11 05:00:22 07:30:33 10:00:44 12:30:55 15:01:06 17:31:17 20:01:28 22:31:39
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	00:28:29 02:58:40 05:28:51 07:59:02 10:29:13 12:59:24 15:29:35 17:59:46 20:29:57 23:00:08
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	00:49:57 03:20:08 05:50:19 08:20:30 10:50:41 13:20:52 15:51:03 18:21:14 20:51:25 23:21:36
Storytelling/Value Education	टर्म टू-5	हिन्दी	01:02:08 03:32:19 06:02:30 08:32:41 11:02:52 13:33:03 16:03:14 18:33:25 21:03:36 23:33:47
EVS	Ch-5: Chhotu's House	English	01:24:30 03:54:41 06:24:52 08:55:03 11:25:14 13:55:25 16:25:36 18:55:47 21:25:58 23:56:09
योग	अर्ध चक्रासन	हिन्दी	01:40:24 04:10:35 06:40:46 09:10:57 11:41:08 14:11:19 16:41:30 19:11:41 21:41:52
कला और शिल्प	कूड़े से खिलौने: कागज़ कैमरा (Toys from Trash: Paper Camera)	हिन्दी	01:42:22 04:12:33 06:42:44 09:12:55 11:43:06 14:13:17 16:43:28 19:13:39 21:43:50
English	Ch-4: Sea Song	English	01:44:32 04:14:43 06:44:54 09:15:05 11:45:16 14:15:27 16:45:38 19:15:49 21:46:00
Storytelling/Value Education	अकल बड़ी या पूँछ	English हिन्दी	02:09:02 04:39:13 07:09:24 09:39:35 12:09:46 14:39:57 17:10:08 19:40:19 22:10:30



English	Ch-3: Little by Little	ISL	02:11:03 04:41:14 07:11:25 09:41:36 12:11:47 14:41:58 17:12:09 19:42:20 22:12:31
EVS	Ch-04: Our First School	ISL	02:17:00 04:47:11 07:17:22 09:47:33 12:17:44 14:47:55 17:18:06 19:48:17 22:18:28
मंगलवार, 02 मई 2023 Tuesday, 02 May 2023			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	00:00:00 02:29:58 04:59:56 07:29:54 09:59:52 12:29:50 14:59:48 17:29:46 19:59:44 22:29:42
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	00:28:29 02:58:27 05:28:25 07:58:23 10:28:21 12:58:19 15:28:17 17:58:15 20:28:13 22:58:11
Storytelling/Value Education	बबलू की नाव	हिन्दी	00:49:57 03:19:55 05:49:53 08:19:51 10:49:49 13:19:47 15:49:45 18:19:43 20:49:41 23:19:39
Storytelling/Value Education	टर्म टू-3	हिन्दी	01:11:07 03:41:05 06:11:03 08:41:01 11:10:59 13:40:57 16:10:55 18:40:53 21:10:51 23:40:49
EVS	Ch-5: Chhotu's House	English	01:33:01 04:02:59 06:32:57 09:02:55 11:32:53 14:02:51 16:32:49 19:02:47 21:32:45
कला और शिल्प	हिन्ज/कब्जे पर आदमी (Hingeman Yoga)	हिन्दी	01:48:55 04:18:53 06:48:51 09:18:49 11:48:47 14:18:45 16:48:43 19:18:41 21:48:39
English	Ch-4: Sea Song	English	01:52:17 04:22:15 06:52:13 09:22:11 11:52:09 14:22:07 16:52:05 19:22:03 21:52:01
EVS	Ch-04: Our First School	ISL	02:16:47 04:46:45 07:16:43 09:46:41 12:16:39 14:46:37 17:16:35 19:46:33 22:16:31
बुधवार, 03 मई 2023 Wednesday, 03 May 2023			
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	हिन्दी	00:00:00 02:30:16 05:00:32 07:30:48 10:01:04 12:31:20 15:01:36 17:31:52 20:02:08 22:32:24
Storytelling/Value Education	बिल्ली कैसे रहने आई आदमी के साथ	हिन्दी	00:21:05 02:51:21 05:21:37 07:51:53 10:22:09 12:52:25



			15:22:41 17:52:57 20:23:13 22:53:29
Art and Craft	ओरिगामी (कागज़ कला)-3	English हिन्दी	00:28:25 02:58:41 05:28:57 07:59:13 10:29:29 12:59:45 15:30:01 18:00:17 20:30:33 23:00:49
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	00:47:26 03:17:42 05:47:58 08:18:14 10:48:30 13:18:46 15:49:02 18:19:18 20:49:34 23:19:50
सामान्य जागरूकता	पेड़ की कहानी-आम	हिन्दी	01:08:54 03:39:10 06:09:26 08:39:42 11:09:58 13:40:14 16:10:30 18:40:46 21:11:02 23:41:18
Mathematics	Ch-5: Shapes and Designs	English	01:10:27 03:40:43 06:10:59 08:41:15 11:11:31 13:41:47 16:12:03 18:42:19 21:12:35 23:42:51
Storytelling/Value Education	टर्म टू-5	हिन्दी	01:30:55 04:01:11 06:31:27 09:01:43 11:31:59 14:02:15 16:32:31 19:02:47 21:33:03
English	Ch-4: Sea Song	English	01:53:17 04:23:33 06:53:49 09:24:05 11:54:21 14:24:37 16:54:53 19:25:09 21:55:25
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	ISL	02:17:47 04:48:03 07:18:19 09:48:35 12:18:51 14:49:07 17:19:23 19:49:39 22:19:55
बृहस्पतिवार, 04 मई 2023 Thursday, 04 May 2023			
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	हिन्दी	00:00:00 02:30:05 05:00:10 07:30:15 10:00:20 12:30:25 15:00:30 17:30:35 20:00:40 22:30:45
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	00:21:05 02:51:10 05:21:15 07:51:20 10:21:25 12:51:30 15:21:35 17:51:40 20:21:45 22:51:50
Storytelling/Value Education	टर्म टू-5	हिन्दी	00:42:33 03:12:38 05:42:43 08:12:48 10:42:53 13:12:58 15:43:03 18:13:08 20:43:13 23:13:18
Mathematics	Ch-5: Shapes and Designs	English	01:04:55 03:35:00 06:05:05 08:35:10 11:05:15 13:35:20



			16:05:25 18:35:30 21:05:35 23:35:40
कला और शिल्प	कूड़े से खिलौने: नाचती आँखें (Toys from Trash: Dancing Eyes)	हिन्दी	01:25:23 03:55:28 06:25:33 08:55:38 11:25:43 13:55:48 16:25:53 18:55:58 21:26:03 23:56:08
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:26:43 03:56:48 06:26:53 08:56:58 11:27:03 13:57:08 16:27:13 18:57:18 21:27:23 23:57:28
English	Ch-4: Sea Song	English	01:47:26 04:17:31 06:47:36 09:17:41 11:47:46 14:17:51 16:47:56 19:18:01 21:48:06
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:11:56 04:42:01 07:12:06 09:42:11 12:12:16 14:42:21 17:12:26 19:42:31 22:12:36
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	ISL	02:17:36 04:47:41 07:17:46 09:47:51 12:17:56 14:48:01 17:18:06 19:48:11 22:18:16
शुक्रवार, 05 मई 2023 Friday, 05 May 2023			
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
हिन्दी	पाठ-5: बहादुर बित्तो	हिन्दी	00:28:29 02:58:33 05:28:37 07:58:41 10:28:45 12:58:49 15:28:53 17:58:57 20:29:01 22:59:05
Art and Craft	Paper Lantern	English	00:49:57 03:20:01 05:50:05 08:20:09 10:50:13 13:20:17 15:50:21 18:20:25 20:50:29 23:20:33
General	How Hariram became Harry	English	00:54:51 03:24:55 05:54:59 08:25:03 10:55:07 13:25:11 15:55:15 18:25:19 20:55:23 23:25:27
Yoga	Tadasana	English	01:07:35 03:37:39 06:07:43 08:37:47 11:07:51 13:37:55 16:07:59 18:38:03 21:08:07 23:38:11
Mathematics	Ch-5: Shapes and Designs	English	01:09:52 03:39:56 06:10:00 08:40:04 11:10:08 13:40:12



			16:10:16 18:40:20 21:10:24 23:40:28
Storytelling/Value Education	Meena – 9 I love School	हिन्दी	01:30:20 04:00:24 06:30:28 09:00:32 11:30:36 14:00:40 16:30:44 19:00:48 21:30:52
English	Ch-4: Sea Song	English	01:44:32 04:14:36 06:44:40 09:14:44 11:44:48 14:14:52 16:44:56 19:15:00 21:45:04
हिन्दी	पाठ-5: बहादुर बित्तो	ISL	02:09:02 04:39:06 07:09:10 09:39:14 12:09:18 14:39:22 17:09:26 19:39:30 22:09:34
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	ISL	02:17:35 04:47:39 07:17:43 09:47:47 12:17:51 14:47:55 17:17:59 19:48:03 22:18:07
शनिवार, 06 मई 2023 Saturday, 06 May 2023			
Storytelling/Value Education	ईदगाह	हिन्दी	00:00:00 02:30:02 05:00:04 07:30:06 10:00:08 12:30:10 15:00:12 17:30:14 20:00:16 22:30:18
गणित	पाठ-5: आकृतियों का कमाल	हिन्दी	00:36:25 03:06:27 05:36:29 08:06:31 10:36:33 13:06:35 15:36:37 18:06:39 20:36:41 23:06:43
Storytelling/Value Education	टर्म टू-4	हिन्दी	00:56:48 03:26:50 05:56:52 08:26:54 10:56:56 13:26:58 15:57:00 18:27:02 20:57:04 23:27:06
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:21:30 03:51:32 06:21:34 08:51:36 11:21:38 13:51:40 16:21:42 18:51:44 21:21:46 23:51:48
Mathematics	Ch-5: Shapes and Designs	English	01:42:13 04:12:15 06:42:17 09:12:19 11:42:21 14:12:23 16:42:25 19:12:27 21:42:29
कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	02:02:41 04:32:43 07:02:45 09:32:47 12:02:49 14:32:51 17:02:53 19:32:55 22:02:57
हिन्दी	पाठ-5: बहादुर बित्तो	ISL	02:14:41 04:44:43 07:14:45 09:44:47 12:14:49 14:44:51 17:14:53 19:44:55 22:14:57
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:23:14 04:53:16 07:23:18 09:53:20 12:23:22 14:53:24 17:23:26 19:53:28 22:23:30



रविवार, 07 मई 2023
Sunday, 07 May 2023

शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	00:00:00 02:30:22 05:00:44 07:31:06 10:01:28 12:31:50 15:02:12 17:32:34 20:02:56 22:33:18
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	00:20:24 02:50:46 05:21:08 07:51:30 10:21:52 12:52:14 15:22:36 17:52:58 20:23:20 22:53:42
Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	00:33:36 03:03:58 05:34:20 08:04:42 10:35:04 13:05:26 15:35:48 18:06:10 20:36:32 23:06:54
Storytelling/Value Education	बस की यात्रा	हिन्दी	00:44:19 03:14:41 05:45:03 08:15:25 10:45:47 13:16:09 15:46:31 18:16:53 20:47:15 23:17:37
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	00:59:36 03:29:58 06:00:20 08:30:42 11:01:04 13:31:26 16:01:48 18:32:10 21:02:32 23:32:54
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	01:15:07 03:45:29 06:15:51 08:46:13 11:16:35 13:46:57 16:17:19 18:47:41 21:18:03 23:48:25
Art and Craft	Art Education	English	01:27:12 03:57:34 06:27:56 08:58:18 11:28:40 13:59:02 16:29:24 18:59:46 21:30:08
सामान्य जागरूकता	खरगोश	हिन्दी	01:48:37 04:18:59 06:49:21 09:19:43 11:50:05 14:20:27 16:50:49 19:21:11 21:51:33
हिन्दी	पाठ-02:शेखीबाज मक्खी	ISL	01:59:30 04:29:52 07:00:14 09:30:36 12:00:58 14:31:20 17:01:42 19:32:04 22:02:26
पर्यावरण अध्ययन	पाठ-5: छोटू का घर	ISL	02:17:53 04:48:15 07:18:37 09:48:59 12:19:21 14:49:43 17:20:05 19:50:27 22:20:49

सोमवार, 08 मई 2023
Monday, 08 May 2023

गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	00:00:00 02:30:08 05:00:16 07:30:24 10:00:32 12:30:40 15:00:48 17:30:56 20:01:04 22:31:12
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DD Free Dish Channel #25



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Dish TV Channel #2024

हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	00:33:56 03:04:04 05:34:12 08:04:20 10:34:28 13:04:36 15:34:44 18:04:52 20:35:00 23:05:08
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	00:46:46 03:16:54 05:47:02 08:17:10 10:47:18 13:17:26 15:47:34 18:17:42 20:47:50 23:17:58
EVS	Ch-6: Foods We Eat	English	01:07:29 03:37:37 06:07:45 08:37:53 11:08:01 13:38:09 16:08:17 18:38:25 21:08:33 23:38:41
योग	वक्रासन	हिन्दी	01:26:58 03:57:06 06:27:14 08:57:22 11:27:30 13:57:38 16:27:46 18:57:54 21:28:02 23:58:10
Storytelling/Value Education	Meena – 5	हिन्दी	01:29:33 03:59:41 06:29:49 08:59:57 11:30:05 14:00:13 16:30:21 19:00:29 21:30:37
English	Ch-4: A Little Fish Story	English	01:41:48 04:11:56 06:42:04 09:12:12 11:42:20 14:12:28 16:42:36 19:12:44 21:42:52
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:11:17 04:41:25 07:11:33 09:41:41 12:11:49 14:41:57 17:12:05 19:42:13 22:12:21
EVS	Ch-04: Our First School	ISL	02:16:57 04:47:05 07:17:13 09:47:21 12:17:29 14:47:37 17:17:45 19:47:53 22:18:01
मंगलवार, 09 मई 2023 Tuesday, 09 May 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	00:33:56 03:04:00 05:34:04 08:04:08 10:34:12 13:04:16 15:34:20 18:04:24 20:34:28 23:04:32
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	00:52:18 03:22:22 05:52:26 08:22:30 10:52:34 13:22:38 15:52:42 18:22:46 20:52:50 23:22:54
EVS	Ch-6: Foods We Eat	English	01:05:08 03:35:12 06:05:16 08:35:20 11:05:24 13:35:28



			16:05:32 18:35:36 21:05:40 23:35:44
Storytelling/Value Education	जादुई किताब	हिन्दी	01:24:37 03:54:41 06:24:45 08:54:49 11:24:53 13:54:57 16:25:01 18:55:05 21:25:09 23:55:13
Storytelling/Value Education	हाथी हल्लम चल्लम (CWSN)	हिन्दी	01:40:32 04:10:36 06:40:40 09:10:44 11:40:48 14:10:52 16:40:56 19:11:00 21:41:04
English	Ch-4: A Little Fish Story	English	01:47:24 04:17:28 06:47:32 09:17:36 11:47:40 14:17:44 16:47:48 19:17:52 21:47:56
EVS	Ch-04: Our First School	ISL	02:16:53 04:46:57 07:17:01 09:47:05 12:17:09 14:47:13 17:17:17 19:47:21 22:17:25
बुधवार, 10 मई 2023 Wednesday, 10 May 2023			
पर्यावरण अध्ययन	पाठ-6: खाना अपना अपना	हिन्दी	00:00:00 02:29:56 04:59:52 07:29:48 09:59:44 12:29:40 14:59:36 17:29:32 19:59:28 22:29:24
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	00:27:09 02:57:05 05:27:01 07:56:57 10:26:53 12:56:49 15:26:45 17:56:41 20:26:37 22:56:33
Mathematics	Ch-6: Fun with give and take	English	00:39:59 03:09:55 05:39:51 08:09:47 10:39:43 13:09:39 15:39:35 18:09:31 20:39:27 23:09:23
Storytelling/Value Education	आओ सीखें २ का पहाड़	हिन्दी	01:11:19 03:41:15 06:11:11 08:41:07 11:11:03 13:40:59 16:10:55 18:40:51 21:10:47 23:40:43
Storytelling/Value Education	Meena – 3 Saving the life	हिन्दी	01:22:02 03:51:58 06:21:54 08:51:50 11:21:46 13:51:42 16:21:38 18:51:34 21:21:30 23:51:26
English	Ch-4: A Little Fish Story	English	01:35:30 04:05:26 06:35:22 09:05:18 11:35:14 14:05:10 16:35:06 19:05:02 21:34:58
Storytelling/Value Education	Meena – 2 Dividing the Mangoes	हिन्दी	02:04:59 04:34:55 07:04:51 09:34:47 12:04:43 14:34:39 17:04:35 19:34:31 22:04:27



पर्यावरण अध्ययन	पाठ-5: छोटू का घर	ISL	02:17:27 04:47:23 07:17:19 09:47:15 12:17:11 14:47:07 17:17:03 19:46:59 22:16:55
बृहस्पतिवार, 11 मई 2023 Thursday, 11 May 2023			
पर्यावरण अध्ययन	पाठ-6: खाना अपना अपना	हिन्दी	00:00:00 02:30:15 05:00:30 07:30:45 10:01:00 12:31:15 15:01:30 17:31:45 20:02:00 22:32:15
Storytelling/Value Education	कोई लाके मुझे दे (CWSN)	हिन्दी	00:22:10 02:52:25 05:22:40 07:52:55 10:23:10 12:53:25 15:23:40 17:53:55 20:24:10 22:54:25
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	00:26:04 02:56:19 05:26:34 07:56:49 10:27:04 12:57:19 15:27:34 17:57:49 20:28:04 22:58:19
Storytelling/Value Education	ईदगाह	हिन्दी	00:38:54 03:09:09 05:39:24 08:09:39 10:39:54 13:10:09 15:40:24 18:10:39 20:40:54 23:11:09
Mathematics	Ch-6: Fun with give and take	English	01:07:13 03:37:28 06:07:43 08:37:58 11:08:13 13:38:28 16:08:43 18:38:58 21:09:13 23:39:28
English	Ch-4: A Little Fish Story	English	01:38:33 04:08:48 06:39:03 09:09:18 11:39:33 14:09:48 16:40:03 19:10:18 21:40:33
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:08:02 04:38:17 07:08:32 09:38:47 12:09:02 14:39:17 17:09:32 19:39:47 22:10:02
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:42 04:43:57 07:14:12 09:44:27 12:14:42 14:44:57 17:15:12 19:45:27 22:15:42
शुक्रवार, 12 मई 2023 Friday, 12 May 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	00:00:00 02:29:56 04:59:52 07:29:48 09:59:44 12:29:40 14:59:36 17:29:32 19:59:28 22:29:24
हिन्दी	पाठ-6: हमसे सब कहते	हिन्दी	00:35:08 03:05:04 05:35:00 08:04:56 10:34:52 13:04:48 15:34:44 18:04:40 20:34:36 23:04:32



Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	00:47:58 03:17:54 05:47:50 08:17:46 10:47:42 13:17:38 15:47:34 18:17:30 20:47:26 23:17:22
Mathematics	Ch-6: Fun with give and take	English	00:57:06 03:27:02 05:56:58 08:26:54 10:56:50 13:26:46 15:56:42 18:26:38 20:56:34 23:26:30
योग	वज्रासन	हिन्दी	01:28:26 03:58:22 06:28:18 08:58:14 11:28:10 13:58:06 16:28:02 18:57:58 21:27:54 23:57:50
Art Education	Kala Utsav – 2022 –Dance Folk(Girl)Tripura	English हिन्दी	01:31:03 04:00:59 06:30:55 09:00:51 11:30:47 14:00:43 16:30:39 19:00:35 21:30:31
English	Ch-4: A Little Fish Story	English	01:35:21 04:05:17 06:35:13 09:05:09 11:35:05 14:05:01 16:34:57 19:04:53 21:34:49
हिन्दी	पाठ-5: बहादुर बित्तो - 1	ISL	02:04:50 04:34:46 07:04:42 09:34:38 12:04:34 14:34:30 17:04:26 19:34:22 22:04:18
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:23 04:43:19 07:13:15 09:43:11 12:13:07 14:43:03 17:12:59 19:42:55 22:12:51
शनिवार, 13 मई 2023 Saturday, 13 May 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	00:00:00 02:30:08 05:00:16 07:30:24 10:00:32 12:30:40 15:00:48 17:30:56 20:01:04 22:31:12
कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	00:33:56 03:04:04 05:34:12 08:04:20 10:34:28 13:04:36 15:34:44 18:04:52 20:35:00 23:05:08
Storytelling/Value Education	टर्म टू-3	हिन्दी	00:36:18 03:06:26 05:36:34 08:06:42 10:36:50 13:06:58 15:37:06 18:07:14 20:37:22 23:07:30
कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	00:59:55 03:30:03 06:00:11 08:30:19 11:00:27 13:30:35 16:00:43 18:30:51 21:00:59 23:31:07
General Awareness	Interpersonal Relationships	English	01:11:55 03:42:03 06:12:11 08:42:19 11:12:27 13:42:35



			16:12:43 18:42:51 21:12:59 23:43:07
Storytelling/Value Education	टर्म टू-3	हिन्दी	01:21:33 03:51:41 06:21:49 08:51:57 11:22:05 13:52:13 16:22:21 18:52:29 21:22:37 23:52:45
Mathematics	Ch-6: Fun with give and take	English	01:43:27 04:13:35 06:43:43 09:13:51 11:43:59 14:14:07 16:44:15 19:14:23 21:44:31
हिन्दी	पाठ-5: बहादुर बित्तो - 1	ISL	02:14:47 04:44:55 07:15:03 09:45:11 12:15:19 14:45:27 17:15:35 19:45:43 22:15:51
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:23:20 04:53:28 07:23:36 09:53:44 12:23:52 14:54:00 17:24:08 19:54:16 22:24:24
रविवार, 14 मई 2023 Sunday, 14 May 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	00:20:24 02:50:28 05:20:32 07:50:36 10:20:40 12:50:44 15:20:48 17:50:52 20:20:56 22:51:00
Storytelling/Value Education	टर्म टू-3	हिन्दी	00:32:56 03:03:00 05:33:04 08:03:08 10:33:12 13:03:16 15:33:20 18:03:24 20:33:28 23:03:32
Storytelling/Value Education	Meena – 6 too young to Marry	हिन्दी	00:54:50 03:24:54 05:54:58 08:25:02 10:55:06 13:25:10 15:55:14 18:25:18 20:55:22 23:25:26
Art Education	Kala Utsav 2022Vocal Music- Classical(Boy)KVS	English हिन्दी	01:08:51 03:38:55 06:08:59 08:39:03 11:09:07 13:39:11 16:09:15 18:39:19 21:09:23 23:39:27
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:15:20 03:45:24 06:15:28 08:45:32 11:15:36 13:45:40 16:15:44 18:45:48 21:15:52 23:45:56
Physical Education	Growth and Health	English	01:29:08 03:59:12 06:29:16 08:59:20 11:29:24 13:59:28



			16:29:32 18:59:36 21:29:40 23:59:44
Art and Craft	Art Education	English	01:33:19 04:03:23 06:33:27 09:03:31 11:33:35 14:03:39 16:33:43 19:03:47 21:33:51
हिन्दी	पाठ-03:चाँद वाली अम्मा	ISL	01:54:44 04:24:48 06:54:52 09:24:56 11:55:00 14:25:04 16:55:08 19:25:12 21:55:16
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:31 04:43:35 07:13:39 09:43:43 12:13:47 14:43:51 17:13:55 19:43:59 22:14:03
सोमवार, 15 मई 2023 Monday, 15 May 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	00:00:00 02:30:08 05:00:16 07:30:24 10:00:32 12:30:40 15:00:48 17:30:56 20:01:04 22:31:12
Art and Craft	ओरिगामी (कागज़ कला)-5	English हिन्दी	00:35:08 03:05:16 05:35:24 08:05:32 10:35:40 13:05:48 15:35:56 18:06:04 20:36:12 23:06:20
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Tripura	English हिन्दी	00:44:35 03:14:43 05:44:51 08:14:59 10:45:07 13:15:15 15:45:23 18:15:31 20:45:39 23:15:47
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	00:49:50 03:19:58 05:50:06 08:20:14 10:50:22 13:20:30 15:50:38 18:20:46 20:50:54 23:21:02
EVS	Ch-7: Saying without Speaking	English	01:03:05 03:33:13 06:03:21 08:33:29 11:03:37 13:33:45 16:03:53 18:34:01 21:04:09 23:34:17
Storytelling/Value Education	टर्म टू-3	हिन्दी	01:33:55 04:04:03 06:34:11 09:04:19 11:34:27 14:04:35 16:34:43 19:04:51 21:34:59
English	Ch-5: The Yellow Butterfly	English	01:55:49 04:25:57 06:56:05 09:26:13 11:56:21 14:26:29 16:56:37 19:26:45 21:56:53
General Awareness	Value and responsible Citizenship	English	02:06:18 04:36:26 07:06:34 09:36:42 12:06:50 14:36:58 17:07:06 19:37:14 22:07:22



English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:11:17 04:41:25 07:11:33 09:41:41 12:11:49 14:41:57 17:12:05 19:42:13 22:12:21
EVS	Ch-04: Our First School	ISL	02:16:57 04:47:05 07:17:13 09:47:21 12:17:29 14:47:37 17:17:45 19:47:53 22:18:01
मंगलवार, 16 मई 2023 Tuesday, 16 May 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
Storytelling/Value Education	में सबसे छोटी होऊं- कविता मंजरी	हिन्दी	00:35:08 03:05:12 05:35:16 08:05:20 10:35:24 13:05:28 15:35:32 18:05:36 20:35:40 23:05:44
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	English हिन्दी	00:38:24 03:08:28 05:38:32 08:08:36 10:38:40 13:08:44 15:38:48 18:08:52 20:38:56 23:09:00
Storytelling/Value Education	Meena – 9 I love School	हिन्दी	00:46:34 03:16:38 05:46:42 08:16:46 10:46:50 13:16:54 15:46:58 18:17:02 20:47:06 23:17:10
Art and Craft	Paper Lantern	English	01:00:46 03:30:50 06:00:54 08:30:58 11:01:02 13:31:06 16:01:10 18:31:14 21:01:18 23:31:22
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	01:03:57 03:34:01 06:04:05 08:34:09 11:04:13 13:34:17 16:04:21 18:34:25 21:04:29 23:34:33
EVS	Ch-7: Saying without Speaking	English	01:17:12 03:47:16 06:17:20 08:47:24 11:17:28 13:47:32 16:17:36 18:47:40 21:17:44 23:47:48
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	01:48:02 04:18:06 06:48:10 09:18:14 11:48:18 14:18:22 16:48:26 19:18:30 21:48:34
English	Ch-5: The Yellow Butterfly	English	02:06:24 04:36:28 07:06:32 09:36:36 12:06:40 14:36:44 17:06:48 19:36:52 22:06:56



EVS	Ch-04: Our First School	ISL	02:16:53 04:46:57 07:17:01 09:47:05 12:17:09 14:47:13 17:17:17 19:47:21 22:17:25
बुधवार, 17 मई 2023 Wednesday, 17 May 2023			
पर्यावरण अध्ययन	पाठ-7: बिन बोले बात	हिन्दी	00:00:00 02:30:10 05:00:20 07:30:30 10:00:40 12:30:50 15:01:00 17:31:10 20:01:20 22:31:30
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	00:42:52 03:13:02 05:43:12 08:13:22 10:43:32 13:13:42 15:43:52 18:14:02 20:44:12 23:14:22
Mathematics	Ch-7: Time goes on	English	00:56:07 03:26:17 05:56:27 08:26:37 10:56:47 13:26:57 15:57:07 18:27:17 20:57:27 23:27:37
Storytelling/Value Education	ईदगाह	हिन्दी	01:20:11 03:50:21 06:20:31 08:50:41 11:20:51 13:51:01 16:21:11 18:51:21 21:21:31 23:51:41
English	Ch-5: The Yellow Butterfly	English	01:48:30 04:18:40 06:48:50 09:19:00 11:49:10 14:19:20 16:49:30 19:19:40 21:49:50
Art Education	Kala Utsav – 2022 –Dance Folk(Girl)Maharashtra	English हिन्दी	01:58:59 04:29:09 06:59:19 09:29:29 11:59:39 14:29:49 16:59:59 19:30:09 22:00:19
Storytelling/Value Education	आओ सीखें २ का पहाड़ा	हिन्दी	02:02:54 04:33:04 07:03:14 09:33:24 12:03:34 14:33:44 17:03:54 19:34:04 22:04:14
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:37 04:43:47 07:13:57 09:44:07 12:14:17 14:44:27 17:14:37 19:44:47 22:14:57
बृहस्पतिवार, 18 मई 2023 Thursday, 18 May 2023			
पर्यावरण अध्ययन	पाठ-7: बिन बोले बात	हिन्दी	00:00:00 02:29:54 04:59:48 07:29:42 09:59:36 12:29:30 14:59:24 17:29:18 19:59:12 22:29:06
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	00:44:35 03:14:29 05:44:23 08:14:17 10:44:11 13:14:05 15:43:59 18:13:53 20:43:47 23:13:41



सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	00:57:50 03:27:44 05:57:38 08:27:32 10:57:26 13:27:20 15:57:14 18:27:08 20:57:02 23:26:56
Mathematics	Ch-7: Time goes on	English	01:00:31 03:30:25 06:00:19 08:30:13 11:00:07 13:30:01 15:59:55 18:29:49 20:59:43 23:29:37
Storytelling/Value Education	ईदगाह	हिन्दी	01:25:15 03:55:09 06:25:03 08:54:57 11:24:51 13:54:45 16:24:39 18:54:33 21:24:27 23:54:21
English	Ch-5: The Yellow Butterfly	English	01:53:34 04:23:28 06:53:22 09:23:16 11:53:10 14:23:04 16:52:58 19:22:52 21:52:46
English	Ch-6: The Story of the Road	ISL	02:04:03 04:33:57 07:03:51 09:33:45 12:03:39 14:33:33 17:03:27 19:33:21 22:03:15
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:21 04:43:15 07:13:09 09:43:03 12:12:57 14:42:51 17:12:45 19:42:39 22:12:33
शुक्रवार, 19 मई 2023 Friday, 19 May 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	00:00:00 02:30:03 05:00:06 07:30:09 10:00:12 12:30:15 15:00:18 17:30:21 20:00:24 22:30:27
Storytelling/Value Education	टर्म टू-2	हिन्दी	00:35:08 03:05:11 05:35:14 08:05:17 10:35:20 13:05:23 15:35:26 18:05:29 20:35:32 23:05:35
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	00:57:08 03:27:11 05:57:14 08:27:17 10:57:20 13:27:23 15:57:26 18:27:29 20:57:32 23:27:35
General Awareness	Value and responsible Citizenship	English	01:10:23 03:40:26 06:10:29 08:40:32 11:10:35 13:40:38 16:10:41 18:40:44 21:10:47 23:40:50
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Jammu and Kashmir	English हिन्दी	01:15:22 03:45:25 06:15:28 08:45:31 11:15:34 13:45:37 16:15:40 18:45:43 21:15:46 23:45:49



कला और शिल्प	कूड़े से खिलौने: कागज़ कैमरा (Toys from Trash: Paper Camera)	हिन्दी	01:22:23 03:52:26 06:22:29 08:52:32 11:22:35 13:52:38 16:22:41 18:52:44 21:22:47 23:52:50
सामान्य जागरूकता	मेंढक	हिन्दी	01:25:45 03:55:48 06:25:51 08:55:54 11:25:57 13:56:00 16:26:03 18:56:06 21:26:09 23:56:12
Mathematics	Ch-7: Time goes on	English	01:40:49 04:10:52 06:40:55 09:10:58 11:41:01 14:11:04 16:41:07 19:11:10 21:41:13
English	Ch-5: The Yellow Butterfly	English	02:04:53 04:34:56 07:04:59 09:35:02 12:05:05 14:35:08 17:05:11 19:35:14 22:05:17
हिन्दी	पाठ-06: हमसे सब कहते - 1	ISL	02:15:22 04:45:25 07:15:28 09:45:31 12:15:34 14:45:37 17:15:40 19:45:43 22:15:46
शनिवार, 20 मई 2023 Saturday, 20 May 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	00:00:00 02:30:05 05:00:10 07:30:15 10:00:20 12:30:25 15:00:30 17:30:35 20:00:40 22:30:45
शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	00:35:08 03:05:13 05:35:18 08:05:23 10:35:28 13:05:33 15:35:38 18:05:43 20:35:48 23:05:53
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	00:39:28 03:09:33 05:39:38 08:09:43 10:39:48 13:09:53 15:39:58 18:10:03 20:40:08 23:10:13
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	00:45:15 03:15:20 05:45:25 08:15:30 10:45:35 13:15:40 15:45:45 18:15:50 20:45:55 23:16:00
Storytelling/Value Education	Meena – 11 It's to be a Boy	हिन्दी	01:01:31 03:31:36 06:01:41 08:31:46 11:01:51 13:31:56 16:02:01 18:32:06 21:02:11 23:32:16
Mathematics	Ch-7: Time goes on	English	01:14:14 03:44:19 06:14:24 08:44:29 11:14:34 13:44:39 16:14:44 18:44:49 21:14:54 23:44:59



General	How Hariram became Harry	English	01:38:18 04:08:23 06:38:28 09:08:33 11:38:38 14:08:43 16:38:48 19:08:53 21:38:58
सामान्य जागरूकता	मेंढक	हिन्दी	01:51:02 04:21:07 06:51:12 09:21:17 11:51:22 14:21:27 16:51:32 19:21:37 21:51:42
हिन्दी	पाठ-06: हमसे सब कहते - 1	ISL	02:06:06 04:36:11 07:06:16 09:36:21 12:06:26 14:36:31 17:06:36 19:36:41 22:06:46
English	Ch-6: The Story of the Road	ISL	02:19:39 04:49:44 07:19:49 09:49:54 12:19:59 14:50:04 17:20:09 19:50:14 22:20:19
रविवार, 21 मई 2023 Sunday, 21 May 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
General	How Hariram became Harry	English	00:20:24 02:50:28 05:20:32 07:50:36 10:20:40 12:50:44 15:20:48 17:50:52 20:20:56 22:51:00
Storytelling/Value Education	टर्म टू-5	हिन्दी	00:33:08 03:03:12 05:33:16 08:03:20 10:33:24 13:03:28 15:33:32 18:03:36 20:33:40 23:03:44
Storytelling/Value Education	एक दिन की बादशाहत	हिन्दी	00:56:10 03:26:14 05:56:18 08:26:22 10:56:26 13:26:30 15:56:34 18:26:38 20:56:42 23:26:46
Art and Craft	ओरिगामी (कागज़ कला)-2	English हिन्दी	01:08:15 03:38:19 06:08:23 08:38:27 11:08:31 13:38:35 16:08:39 18:38:43 21:08:47 23:38:51
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:23:16 03:53:20 06:23:24 08:53:28 11:23:32 13:53:36 16:23:40 18:53:44 21:23:48 23:53:52
Physical Education	Growth and Health	English	01:38:47 04:08:51 06:38:55 09:08:59 11:39:03 14:09:07 16:39:11 19:09:15 21:39:19
Art and Craft	Art Education	English	01:42:58 04:13:02 06:43:06 09:13:10 11:43:14 14:13:18 16:43:22 19:13:26 21:43:30



हिन्दी	पाठ-4: मन करता है	ISL	02:04:23 04:34:27 07:04:31 09:34:35 12:04:39 14:34:43 17:04:47 19:34:51 22:04:55
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:31 04:43:35 07:13:39 09:43:43 12:13:47 14:43:51 17:13:55 19:43:59 22:14:03
सोमवार, 22 मई 2023 Monday, 22 May 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	00:00:00 02:30:20 05:00:40 07:31:00 10:01:20 12:31:40 15:02:00 17:32:20 20:02:40 22:33:00
Art Education	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Rajasthan	English हिन्दी	00:32:46 03:03:06 05:33:26 08:03:46 10:34:06 13:04:26 15:34:46 18:05:06 20:35:26 23:05:46
सामान्य जागरूकता	मेंढक	हिन्दी	00:37:21 03:07:41 05:38:01 08:08:21 10:38:41 13:09:01 15:39:21 18:09:41 20:40:01 23:10:21
General Awareness	Prevention and Management of Substance Misuse	English	00:52:25 03:22:45 05:53:05 08:23:25 10:53:45 13:24:05 15:54:25 18:24:45 20:55:05 23:25:25
Storytelling/Value Education	टर्म टू-5	हिन्दी	00:57:43 03:28:03 05:58:23 08:28:43 10:59:03 13:29:23 15:59:43 18:30:03 21:00:23 23:30:43
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	01:20:05 03:50:25 06:20:45 08:51:05 11:21:25 13:51:45 16:22:05 18:52:25 21:22:45 23:53:05
योग	भुजंगासन	हिन्दी	01:23:48 03:54:08 06:24:28 08:54:48 11:25:08 13:55:28 16:25:48 18:56:08 21:26:28 23:56:48
सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिन्दी	01:26:16 03:56:36 06:26:56 08:57:16 11:27:36 13:57:56 16:28:16 18:58:36 21:28:56 23:59:16
EVS	Ch-8: Flying High	English	01:31:15 04:01:35 06:31:55 09:02:15 11:32:35 14:02:55 16:33:15 19:03:35 21:33:55



DD Free Dish Channel #25



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Dish TV Channel #2024

English	Ch-5: The Ballon Man	English	01:31:33 04:01:53 06:32:13 09:02:33 11:32:53 14:03:13 16:33:33 19:03:53 21:34:13
Storytelling/Value Education	बबलू की नाव	हिन्दी	01:42:23 04:12:43 06:43:03 09:13:23 11:43:43 14:14:03 16:44:23 19:14:43 21:45:03
English	Ch-4: Bubbles, Ch-5: Chhotu	ISL	02:03:33 04:33:53 07:04:13 09:34:33 12:04:53 14:35:13 17:05:33 19:35:53 22:06:13
EVS	Ch-05: Chhotu's House	ISL	02:09:13 04:39:33 07:09:53 09:40:13 12:10:33 14:40:53 17:11:13 19:41:33 22:11:53
मंगलवार, 23 मई 2023 Tuesday, 23 May 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	00:00:00 02:30:36 05:01:12 07:31:48 10:02:24 12:33:00 15:03:36 17:34:12 20:04:48 22:35:24
Storytelling/Value Education	बस की यात्रा	हिन्दी	00:32:46 03:03:22 05:33:58 08:04:34 10:35:10 13:05:46 15:36:22 18:06:58 20:37:34 23:08:10
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	00:48:03 03:18:39 05:49:15 08:19:51 10:50:27 13:21:03 15:51:39 18:22:15 20:52:51 23:23:27
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	00:53:36 03:24:12 05:54:48 08:25:24 10:56:00 13:26:36 15:57:12 18:27:48 20:58:24 23:29:00
योग	शलभासन	हिन्दी	00:57:19 03:27:55 05:58:31 08:29:07 10:59:43 13:30:19 16:00:55 18:31:31 21:02:07 23:32:43
Art and Craft	ओरिगामी (कागज़ कला) -6	English हिन्दी	00:59:42 03:30:18 06:00:54 08:31:30 11:02:06 13:32:42 16:03:18 18:33:54 21:04:30 23:35:06
General Awareness	Gender Equality	English	01:15:27 03:46:03 06:16:39 08:47:15 11:17:51 13:48:27 16:19:03 18:49:39 21:20:15 23:50:51
Art Education	Kala Utsav – 2022 –Dance- Classical(Girl)Telangana	English हिन्दी	01:22:36 03:53:12 06:23:48 08:54:24 11:25:00 13:55:36



			16:26:12 18:56:48 21:27:24 23:58:00
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	01:28:54 03:59:30 06:30:06 09:00:42 11:31:18 14:01:54 16:32:30 19:03:06 21:33:42
General Awareness	Value and responsible Citizenship	English	01:34:14 04:04:50 06:35:26 09:06:02 11:36:38 14:07:14 16:37:50 19:08:26 21:39:02
EVS	Ch-8: Flying High	English	01:39:13 04:09:49 06:40:25 09:11:01 11:41:37 14:12:13 16:42:49 19:13:25 21:44:01
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	01:39:31 04:10:07 06:40:43 09:11:19 11:41:55 14:12:31 16:43:07 19:13:43 21:44:19
English	Ch-5: The Ballon Man	English	01:58:39 04:29:15 06:59:51 09:30:27 12:01:03 14:31:39 17:02:15 19:32:51 22:03:27
EVS	Ch-05: Chhotu's House	ISL	02:09:29 04:40:05 07:10:41 09:41:17 12:11:53 14:42:29 17:13:05 19:43:41 22:14:17
बुधवार, 24 मई 2023 Wednesday, 24 May 2023			
पर्यावरण अध्ययन	पाठ-8: पंख फैलाये ,उड़ते जाएं	हिन्दी	00:00:00 02:29:59 04:59:58 07:29:57 09:59:56 12:29:55 14:59:54 17:29:53 19:59:52 22:29:51
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	00:20:53 02:50:52 05:20:51 07:50:50 10:20:49 12:50:48 15:20:47 17:50:46 20:20:45 22:50:44
सामान्य जागरूकता	मेंढक	हिन्दी	00:24:36 02:54:35 05:24:34 07:54:33 10:24:32 12:54:31 15:24:30 17:54:29 20:24:28 22:54:27
Mathematics	Ch-8: Who is heavier?	English	00:39:40 03:09:39 05:39:38 08:09:37 10:39:36 13:09:35 15:39:34 18:09:33 20:39:32 23:09:31
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	00:57:56 03:27:55 05:57:54 08:27:53 10:57:52 13:27:51 15:57:50 18:27:49 20:57:48 23:27:47
Storytelling/Value Education	अक्ल बड़ी या पूँछ	English हिन्दी	01:04:03 03:34:02 06:04:01 08:34:00 11:03:59 13:33:58



			16:03:57 18:33:56 21:03:55 23:33:54
General	How Hariram became Harry	English	01:06:04 03:36:03 06:06:02 08:36:01 11:06:00 13:35:59 16:05:58 18:35:57 21:05:56 23:35:55
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:18:48 03:48:47 06:18:46 08:48:45 11:18:44 13:48:43 16:18:42 18:48:41 21:18:40 23:48:39
English	Ch-5: The Ballon Man	English	01:39:31 04:09:30 06:39:29 09:09:28 11:39:27 14:09:26 16:39:25 19:09:24 21:39:23
Art and Craft	ओरिगामी (कागज़ कला)-2	English हिन्दी	01:50:21 04:20:20 06:50:19 09:20:18 11:50:17 14:20:16 16:50:15 19:20:14 21:50:13
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिन्दी	02:05:22 04:35:21 07:05:20 09:35:19 12:05:18 14:35:17 17:05:16 19:35:15 22:05:14
पर्यावरण अध्ययन	पाठ-6: खाना अपना-अपना	ISL	02:13:26 04:43:25 07:13:24 09:43:23 12:13:22 14:43:21 17:13:20 19:43:19 22:13:18

बृहस्पतिवार, 25 मई 2023
Thursday, 25 May 2023

पर्यावरण अध्ययन	पाठ-8: पंख फैलाये ,उड़ते जाएं	हिन्दी	00:00:00 02:30:02 05:00:04 07:30:06 10:00:08 12:30:10 15:00:12 17:30:14 20:00:16 22:30:18
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	00:22:36 02:52:38 05:22:40 07:52:42 10:22:44 12:52:46 15:22:48 17:52:50 20:22:52 22:52:54
Storytelling/Value Education	Meena – 6 too young to Marry	हिन्दी	00:26:19 02:56:21 05:26:23 07:56:25 10:26:27 12:56:29 15:26:31 17:56:33 20:26:35 22:56:37
Art and Craft	ओरिगामी (कागज़ कला)-5	English हिन्दी	00:39:40 03:09:42 05:39:44 08:09:46 10:39:48 13:09:50 15:39:52 18:09:54 20:39:56 23:09:58
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	00:49:07 03:19:09 05:49:11 08:19:13 10:49:15 13:19:17 15:49:19 18:19:21 20:49:23 23:19:25



Mathematics	Ch-8: Who is heavier?	English	00:58:15 03:28:17 05:58:19 08:28:21 10:58:23 13:28:25 15:58:27 18:28:29 20:58:31 23:28:33
General	How Hariram became Harry	English	01:15:51 03:45:53 06:15:55 08:45:57 11:15:59 13:46:01 16:16:03 18:46:05 21:16:07 23:46:09
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Tripura	English हिन्दी	01:28:35 03:58:37 06:28:39 08:58:41 11:28:43 13:58:45 16:28:47 18:58:49 21:28:51 23:58:53
कला और शिल्प	कटा आलू हुआ भूरा (Cut potato turns brown)	हिन्दी	01:33:50 04:03:52 06:33:54 09:03:56 11:33:58 14:04:00 16:34:02 19:04:04 21:34:06
Storytelling/Value Education	टर्म टू-4	हिन्दी	01:34:46 04:04:48 06:34:50 09:04:52 11:34:54 14:04:56 16:34:58 19:05:00 21:35:02
English	Ch-5: The Ballon Man	English	01:58:48 04:28:50 06:58:52 09:28:54 11:58:56 14:28:58 16:59:00 19:29:02 21:59:04
English	Ch-6: The Story of the Road	ISL	02:09:38 04:39:40 07:09:42 09:39:44 12:09:46 14:39:48 17:09:50 19:39:52 22:09:54
पर्यावरण अध्ययन	पाठ- 8 : पंख फैलाएँ; उड़ते जाएँ-1	ISL	02:18:56 04:48:58 07:19:00 09:49:02 12:19:04 14:49:06 17:19:08 19:49:10 22:19:12
शुक्रवार, 26 मई 2023 Friday, 26 May 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	00:00:00 02:30:00 05:00:00 07:30:00 10:00:00 12:30:00 15:00:00 17:30:00 20:00:00 22:30:00
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	00:37:46 03:07:46 05:37:46 08:07:46 10:37:46 13:07:46 15:37:46 18:07:46 20:37:46 23:07:46
Art Education	Kala Utsav – 2022–Dance Folk(Girl)Tamil Nadu	English हिन्दी	00:42:09 03:12:09 05:42:09 08:12:09 10:42:09 13:12:09 15:42:09 18:12:09 20:42:09 23:12:09
Art and Craft	ओरिगामी (कागज़ कला)-2	English हिन्दी	00:48:08 03:18:08 05:48:08 08:18:08 10:48:08 13:18:08



			15:48:08 18:18:08 20:48:08 23:18:08
General	How Hariram became Harry	English	01:03:09 03:33:09 06:03:09 08:33:09 11:03:09 13:33:09 16:03:09 18:33:09 21:03:09 23:33:09
Mathematics	Ch-8: Who is heavier?	English	01:15:53 03:45:53 06:15:53 08:45:53 11:15:53 13:45:53 16:15:53 18:45:53 21:15:53 23:45:53
Storytelling/Value Education	बस के नीचे बाग	हिन्दी	01:33:29 04:03:29 06:33:29 09:03:29 11:33:29 14:03:29 16:33:29 19:03:29 21:33:29
Art Education	Kala Utsav 2022Vocal Music- Classical(Boy)Bihar	English हिन्दी	01:39:22 04:09:22 06:39:22 09:09:22 11:39:22 14:09:22 16:39:22 19:09:22 21:39:22
Storytelling/Value Education	में सबसे छोटी होऊं- कविता मंजरी	हिन्दी	01:46:08 04:16:08 06:46:08 09:16:08 11:46:08 14:16:08 16:46:08 19:16:08 21:46:08
English	Ch-5: The Ballon Man	English	01:47:41 04:17:41 06:47:41 09:17:41 11:47:41 14:17:41 16:47:41 19:17:41 21:47:41
योग	ध्यान	हिन्दी	01:58:31 04:28:31 06:58:31 09:28:31 11:58:31 14:28:31 16:58:31 19:28:31 21:58:31
हिन्दी	पाठ-07: टिपटिपवा	ISL	02:02:35 04:32:35 07:02:35 09:32:35 12:02:35 14:32:35 17:02:35 19:32:35 22:02:35
पर्यावरण अध्ययन	पाठ- 8 : पंख फैलाएँ, उड़ते जाएँ-1	ISL	02:18:54 04:48:54 07:18:54 09:48:54 12:18:54 14:48:54 17:18:54 19:48:54 22:18:54
शनिवार, 27 मई 2023 Saturday, 27 May 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	00:00:00 02:30:02 05:00:04 07:30:06 10:00:08 12:30:10 15:00:12 17:30:14 20:00:16 22:30:18
शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	00:32:46 03:02:48 05:32:50 08:02:52 10:32:54 13:02:56 15:32:58 18:03:00 20:33:02 23:03:04
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	00:37:06 03:07:08 05:37:10 08:07:12 10:37:14 13:07:16



			15:37:18 18:07:20 20:37:22 23:07:24
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	00:42:53 03:12:55 05:42:57 08:12:59 10:43:01 13:13:03 15:43:05 18:13:07 20:43:09 23:13:11
General Awareness	Prevention and Management of Substance Misuse	English	00:59:09 03:29:11 05:59:13 08:29:15 10:59:17 13:29:19 15:59:21 18:29:23 20:59:25 23:29:27
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Karnataka	English हिन्दी	01:04:27 03:34:29 06:04:31 08:34:33 11:04:35 13:34:37 16:04:39 18:34:41 21:04:43 23:34:45
योग	अर्ध चक्रासन	हिन्दी	01:10:06 03:40:08 06:10:10 08:40:12 11:10:14 13:40:16 16:10:18 18:40:20 21:10:22 23:40:24
Storytelling/Value Education	ईदगाह	हिन्दी	01:12:04 03:42:06 06:12:08 08:42:10 11:12:12 13:42:14 16:12:16 18:42:18 21:12:20 23:42:22
Mathematics	Ch-8: Who is heavier?	English	01:40:23 04:10:25 06:40:27 09:10:29 11:40:31 14:10:33 16:40:35 19:10:37 21:40:39
General Awareness	Prevention and Management of Substance Misuse	English	01:57:59 04:28:01 06:58:03 09:28:05 11:58:07 14:28:09 16:58:11 19:28:13 21:58:15
हिन्दी	पाठ-07: टिपटिपवा	ISL	02:03:17 04:33:19 07:03:21 09:33:23 12:03:25 14:33:27 17:03:29 19:33:31 22:03:33
English	Ch-6: The Story of the Road	ISL	02:19:36 04:49:38 07:19:40 09:49:42 12:19:44 14:49:46 17:19:48 19:49:50 22:19:52
रविवार, 28 मई 2023 Sunday, 28 May 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	00:00:00 02:30:16 05:00:32 07:30:48 10:01:04 12:31:20 15:01:36 17:31:52 20:02:08 22:32:24
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	00:20:24 02:50:40 05:20:56 07:51:12 10:21:28 12:51:44 15:22:00 17:52:16 20:22:32 22:52:48



DD Free Dish Channel #25



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Storytelling/Value Education	टर्म टू-5	हिन्दी	00:32:56 03:03:12 05:33:28 08:03:44 10:34:00 13:04:16 15:34:32 18:04:48 20:35:04 23:05:20
General	How Hariram became Harry	English	00:55:18 03:25:34 05:55:50 08:26:06 10:56:22 13:26:38 15:56:54 18:27:10 20:57:26 23:27:42
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	English हिन्दी	01:08:02 03:38:18 06:08:34 08:38:50 11:09:06 13:39:22 16:09:38 18:39:54 21:10:10 23:40:26
Art and Craft	ओरिगामी (कागज़ कला)-2	English हिन्दी	01:16:12 03:46:28 06:16:44 08:47:00 11:17:16 13:47:32 16:17:48 18:48:04 21:18:20 23:48:36
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:31:13 04:01:29 06:31:45 09:02:01 11:32:17 14:02:33 16:32:49 19:03:05 21:33:21
Physical Education	Growth and Health	English	01:45:01 04:15:17 06:45:33 09:15:49 11:46:05 14:16:21 16:46:37 19:16:53 21:47:09
Art and Craft	Art Education	English	01:49:12 04:19:28 06:49:44 09:20:00 11:50:16 14:20:32 16:50:48 19:21:04 21:51:20
हिन्दी	पाठ-5: बहादुर बित्तो	ISL	02:10:37 04:40:53 07:11:09 09:41:25 12:11:41 14:41:57 17:12:13 19:42:29 22:12:45
पर्यावरण अध्ययन	पाठ- 8 : पंख फैलाएँ; उड़ते जाएँ-1	ISL	02:19:10 04:49:26 07:19:42 09:49:58 12:20:14 14:50:30 17:20:46 19:51:02 22:21:18

सोमवार, 29 मई 2023
Monday, 29 May 2023

गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	00:00:00 02:30:04 05:00:08 07:30:12 10:00:16 12:30:20 15:00:24 17:30:28 20:00:32 22:30:36
Art Education	Kala Utsav – 2022 –Dance- Classical(Girl)Kerala	English हिन्दी	00:31:55 03:01:59 05:32:03 08:02:07 10:32:11 13:02:15 15:32:19 18:02:23 20:32:27 23:02:31
सामान्य जागरूकता	मेंढक	हिन्दी	00:37:59 03:08:03 05:38:07 08:08:11 10:38:15 13:08:19



			15:38:23 18:08:27 20:38:31 23:08:35
General Awareness	Prevention and Management of Substance Misuse	English	00:53:03 03:23:07 05:53:11 08:23:15 10:53:19 13:23:23 15:53:27 18:23:31 20:53:35 23:23:39
हिन्दी	पाठ-9: कब आऊं	हिन्दी	00:58:21 03:28:25 05:58:29 08:28:33 10:58:37 13:28:41 15:58:45 18:28:49 20:58:53 23:28:57
योग	भुजंगासन	हिन्दी	01:07:36 03:37:40 06:07:44 08:37:48 11:07:52 13:37:56 16:08:00 18:38:04 21:08:08 23:38:12
EVS	Ch-9: It's Raining	English	01:10:04 03:40:08 06:10:12 08:40:16 11:10:20 13:40:24 16:10:28 18:40:32 21:10:36 23:40:40
English	Ch-6: The Story of the Road	English	01:25:18 03:55:22 06:25:26 08:55:30 11:25:34 13:55:38 16:25:42 18:55:46 21:25:50 23:55:54
Storytelling/Value Education	टर्म टू-1	हिन्दी	01:36:41 04:06:45 06:36:49 09:06:53 11:36:57 14:07:01 16:37:05 19:07:09 21:37:13
English	Ch-6: The Story of the Road	ISL	01:59:39 04:29:43 06:59:47 09:29:51 11:59:55 14:29:59 17:00:03 19:30:07 22:00:11
EVS	Ch-05: Chhotu's House	ISL	02:08:57 04:39:01 07:09:05 09:39:09 12:09:13 14:39:17 17:09:21 19:39:25 22:09:29

मंगलवार, 30 मई 2023

Tuesday, 30 May 2023

गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	00:00:00 02:29:58 04:59:56 07:29:54 09:59:52 12:29:50 14:59:48 17:29:46 19:59:44 22:29:42
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	00:33:38 03:03:36 05:33:34 08:03:32 10:33:30 13:03:28 15:33:26 18:03:24 20:33:22 23:03:20
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	00:52:46 03:22:44 05:52:42 08:22:40 10:52:38 13:22:36



DD Free Dish Channel #25



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Dish TV Channel #2024

			15:52:34 18:22:32 20:52:30 23:22:28
हिन्दी	पाठ-9: कब आऊं	हिन्दी	00:58:19 03:28:17 05:58:15 08:28:13 10:58:11 13:28:09 15:58:07 18:28:05 20:58:03 23:28:01
योग	शलभासन	हिन्दी	01:07:34 03:37:32 06:07:30 08:37:28 11:07:26 13:37:24 16:07:22 18:37:20 21:07:18 23:37:16
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	English हिन्दी	01:09:57 03:39:55 06:09:53 08:39:51 11:09:49 13:39:47 16:09:45 18:39:43 21:09:41 23:39:39
General Awareness	Value and responsible Citizenship	English	01:18:07 03:48:05 06:18:03 08:48:01 11:17:59 13:47:57 16:17:55 18:47:53 21:17:51 23:47:49
EVS	Ch-9: It's Raining	English	01:23:06 03:53:04 06:23:02 08:53:00 11:22:58 13:52:56 16:22:54 18:52:52 21:22:50 23:52:48
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	01:38:20 04:08:18 06:38:16 09:08:14 11:38:12 14:08:10 16:38:08 19:08:06 21:38:04
English	Ch-6: The Story of the Road	English	01:57:28 04:27:26 06:57:24 09:27:22 11:57:20 14:27:18 16:57:16 19:27:14 21:57:12
EVS	Ch-05: Chhotu's House	ISL	02:08:51 04:38:49 07:08:47 09:38:45 12:08:43 14:38:41 17:08:39 19:38:37 22:08:35

बुधवार, 31 मई 2023
Wednesday, 31 May 2023

पर्यावरण अध्ययन	पाठ-9: बादल आये ,बारिश लाए	हिन्दी	00:00:00 02:30:00 05:00:00 07:30:00 10:00:00 12:30:00 15:00:00 17:30:00 20:00:00 22:30:00
हिन्दी	पाठ-9: कब आऊं	हिन्दी	00:20:28 02:50:28 05:20:28 07:50:28 10:20:28 12:50:28 15:20:28 17:50:28 20:20:28 22:50:28
Storytelling/Value Education	I have got ten little fingers	English	00:29:43 02:59:43 05:29:43 07:59:43 10:29:43 12:59:43



			15:29:43 17:59:43 20:29:43 22:59:43
Mathematics	Ch-09: How many Times	English	00:38:54 03:08:54 05:38:54 08:08:54 10:38:54 13:08:54 15:38:54 18:08:54 20:38:54 23:08:54
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	01:01:29 03:31:29 06:01:29 08:31:29 11:01:29 13:31:29 16:01:29 18:31:29 21:01:29 23:31:29
General	Azadi ki Amrit Kahaniyan (Poonam)	English	01:07:36 03:37:36 06:07:36 08:37:36 11:07:36 13:37:36 16:07:36 18:37:36 21:07:36 23:37:36
General	How Hariram became Harry	English	01:09:55 03:39:55 06:09:55 08:39:55 11:09:55 13:39:55 16:09:55 18:39:55 21:09:55 23:39:55
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:22:39 03:52:39 06:22:39 08:52:39 11:22:39 13:52:39 16:22:39 18:52:39 21:22:39 23:52:39
English	Ch-6: The Story of the Road	English	01:43:22 04:13:22 06:43:22 09:13:22 11:43:22 14:13:22 16:43:22 19:13:22 21:43:22
Art and Craft	ओरिगामी (कागज़ कला)-2	English हिन्दी	01:54:45 04:24:45 06:54:45 09:24:45 11:54:45 14:24:45 16:54:45 19:24:45 21:54:45
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	02:09:46 04:39:46 07:09:46 09:39:46 12:09:46 14:39:46 17:09:46 19:39:46 22:09:46
पर्यावरण अध्ययन	पाठ- 8 : पंख फैलाएँ; उड़ते जाएँ-1	ISL	02:18:54 04:48:54 07:18:54 09:48:54 12:18:54 14:48:54 17:18:54 19:48:54 22:18:54

