

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 7

कक्षा - 7 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 7

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #29



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2028

कक्षा - 7 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 7

मई 2023
May 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
सामाजिक विज्ञान	पाठ-05: जल	हिंदी	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
General Awareness	Emotional wellbeing and mental health	English	12:38 AM 03:08 AM 05:38 AM 08:08 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa fish	English	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	01:17 AM 03:47 AM 06:17 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:32 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:32 PM
Mathematics	Ch-4: Simple Equations part-2	English	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM



गणित	पाठ-4: सरल समीकरण भाग-1	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामान्य जागरूकता	रोज बदलता कैसे चाँद -१	हिंदी	12:24 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:57 PM
हिन्दी	वसंत-२, पाठ-6: रक्त और हमारा शरीर	हिंदी	12:33 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:05 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	12:50 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:22 PM 03:52 PM 06:22 PM 08:52 PM 11:23 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-9	हिंदी	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
Social science	Ch-5: Water	English	01:23 AM 03:53 AM 06:23 AM 08:53 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:25 PM 11:55 PM
Science	Ch-6: Physical Changes	English	01:41 AM 04:11 AM 06:41 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:13 PM 09:43 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:36 AM 12:06 PM 02:36 PM 05:06 PM 07:37 PM 10:07 PM
विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
उर्दू	ईदगाह	हिंदी	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:18 AM 12:48 PM 03:18 PM 05:48 PM 08:18 PM 10:48 PM
Storytelling/Value Education	I have got 10 little fingers	English	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM



Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music- Classical (Girl) Karnataka	English hindi	12:54 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:25 PM 08:56 PM 11:26 PM
Social science	Ch-7: Tribes, nomads and settled communities	English	01:00 AM 03:30 AM 06:00 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
General Awareness	Emotional well being and mental health	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:55 PM 09:25 PM 11:55 PM
Mathematics	Ch-4: Simple Equations part-2	English	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Vocational	Personal hygiene and Health	English	01:54 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:25 PM 09:55 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:36 PM 10:06 PM
गणित	पाठ-4: सरल समीकरण भाग-1	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
सामाजिक विज्ञान	पाठ-3: दिल्ली के सुल्तान (भाग-2)	हिंदी	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
General Awareness	Fabric	English	12:34 AM 03:04 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
English	Honeycomb, Ch-3: Gopal and the Hilsa fish	English	12:43 AM 03:13 AM 05:43 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
General Awareness	Emotional well being and mental health	English	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music- Classical (Girl) Maharashtra	English hindi	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM



Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	01:19 AM 03:49 AM 06:19 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
Science	Ch-6: Physical Changes	English	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:24 PM 09:54 PM
Vocational	Personal hygiene and Health	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
विज्ञान	पाठ-6: भौतिक एवं रासायनिक परिवर्तन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
सामान्य जागरूकता	असल जीवन की स्थितियाँ- कचरा जलना और उसका क्या करना है	हिंदी	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:17 AM 12:47 PM 03:17 PM 05:47 PM 08:17 PM 10:47 PM
हिन्दी	वसंत-२, पाठ-6: रक्त और हमारा शरीर	हिंदी	12:28 AM 02:58 AM 05:28 AM 07:58 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-5	हिंदी	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Social science	Ch-5: Women Change the World	English	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
Mathematics	Ch-4: Simple Equations part-2	English	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM

गणित	पाठ-4: सरल समीकरण भाग-1	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Creative Activities: Art & Craft	3D Butterfly	English	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
General	चाचा कहते हैं	हिंदी	12:30 AM 03:00 AM 05:30 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
संस्कृत	चतुर बानर	हिंदी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
General	G20	English	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:41 PM 11:11 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-3	हिंदी	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:25 PM
Social science	Ch-5: Water	English	01:13 AM 03:43 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:43 PM
General Awareness	e-waste management Block-4.1	English	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:32 PM
Science	Ch-6: Physical Changes	English	01:47 AM 04:17 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
Vocational	Finishing and costing of embroidered Products	English	02:11 AM 04:41 AM 07:11 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:41 PM 10:11 PM
Vocational	Design and Tracing Methods (Stencil Method)	English	02:22 AM 04:52 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM

Physical Education	COVID 19 Awareness	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
सामाजिक विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-1)	हिंदी	12:20 AM 02:50 AM 05:21 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
Cultural Heritage: Art, Music & Dance	Understanding Our Architectural Heritage	English	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:17 PM 08:47 PM 11:17 PM
General	Pawanmuktasana	English	12:57 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
General Awareness	Make Your Own Sundial	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
योग	ताड़ासन	हिंदी	01:06 AM 03:36 AM 06:06 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
General Awareness	Azadi ki Amrit khaniyan(Arohi)	English	01:09 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:43 PM
Social science	Ch-7: Tribes, nomads and settled communities	English	01:27 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM 04:20 AM 06:50 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



General	नई उड़ान	हिंदी	12:18 AM 02:48 AM 05:18 AM 07:48 AM 10:18 AM 12:48 PM 03:18 PM 05:48 PM 08:18 PM 10:48 PM
सामाजिक विज्ञान	पाठ-8: मानव-पर्यावरण अन्योन्यक्रिया उष्णकटिबंधीय एवं उपोष्ण प्रदेश	हिंदी	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
General Awareness	Safe Use of Internet_Gadgets and Media	English	12:47 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:53 AM 03:23 AM 05:54 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	Origami (Kagaz Kala)-1	हिंदी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:27 PM 08:57 PM 11:27 PM
English	Honeycomb, Ch-3: The shed	English	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
General Awareness	Segregation chip-chop	English	01:25 AM 03:55 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:56 PM
Mathematics	Ch-5: Lines and angles	English	01:37 AM 04:07 AM 06:37 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	वो कुछ दिन	हिंदी	12:27 AM 02:57 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM



Storytelling/Value Education	आम की टोकरी	हिंदी	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:03 PM 11:33 PM
Social science	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
General Awareness	e-waste & hazardous waste	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
योग	अर्ध चक्रासन	हिंदी	01:37 AM 04:07 AM 06:37 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Science	Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
Vocational	Personal hygiene and Health	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:30 PM 10:00 PM
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
उर्दू	ईदगाह	हिंदी	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:21 PM 05:51 PM 08:21 PM 10:51 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:49 AM 01:19 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM



Social science	Ch-8: Devotional paths to divine-let us check what we remember	English	01:01 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:02 PM 06:32 PM 09:02 PM 11:32 PM
Mathematics	Ch-5: Lines and angles	English	01:18 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM 04:20 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:52 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
सामाजिक विज्ञान	पाठ-3: दिल्ली के सुल्तान (भाग-3)	हिंदी	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
General Awareness	e-waste & hazardous waste	English	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-7	हिंदी	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:19 PM 03:49 PM 06:19 PM 08:49 PM 11:19 PM
Creative Activities: Art & Craft	Fun with Paper- Double Spiral from Square	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
English	Honeycomb, Ch-3: The shed	English	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2019 Instrumental Music Competition: Girls: Haryana	English hindi	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
Science	Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM

Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
विज्ञान	पाठ-10: जीवों में श्वसन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-6	हिंदी	12:18 AM 02:48 AM 05:18 AM 07:48 AM 10:18 AM 12:48 PM 03:18 PM 05:48 PM 08:18 PM 10:48 PM
हिन्दी	पाठ-7: वसंत-२: पापा खो गए	हिंदी	12:35 AM 03:06 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिंदी	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
योग	पादहस्तासन	हिंदी	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:36 PM
Social science	Ch-6: Understanding media	English	01:07 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खेलौने बनाएं	हिंदी	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
Mathematics	Ch-5: Lines and angles	English	01:44 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Vocational	Tools And Materials	English	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:12 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM



रचनात्मक गतिविधियाँ: कला और शिल्प	आओ खिलौने बनाएं	हिंदी	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
संस्कृत	सम्बन्धो ही दुर्जयः	हिंदी	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav - 2022 - Dance Folk (Girl) Maharashtra	English/Hindi	12:49 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
सामान्य जागरूकता	प्लास्टिक के परिवार को खोजना और अन्य प्रकार के कचरे (E-कचरा + खतरनाक कचरा)	हिंदी	12:53 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:24 PM
सामान्य जागरूकता	भावनात्मक कल्याण एवं मानसिक स्वास्थ्य	हिंदी	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM
Social science	Ch-8: Human Environment Interactions-The Tropical & the Subtropical Region	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:43 PM 09:13 PM 11:43 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-9	हिंदी	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
General	चाचा कहते हैं	हिंदी	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:52 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
Science	Ch-07: Climate and Adaptation of Animals to Climate (The Gathering)	English	01:54 AM 04:24 AM 06:54 AM 09:24 AM 11:54 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:06 PM

Physical Education	COVID 19 Awareness	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	12:20 AM 02:51 AM 05:21 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:22 PM 10:52 PM
सामाजिक विज्ञान	पाठ-4: लड़के और लड़कियों के रूप में बड़ा होना (Part-2)	हिंदी	12:32 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Storytelling/Value Education	नन्हा फ़नकार	हिंदी	12:44 AM 03:14 AM 05:45 AM 08:15 AM 10:45 AM 01:15 PM 03:45 PM 06:15 PM 08:46 PM 11:16 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:58 AM 03:29 AM 05:59 AM 08:29 AM 10:59 AM 01:29 PM 03:59 PM 06:29 PM 09:00 PM 11:30 PM
सामान्य जागरूकता	3 R's केंद्र और रिसायक्लिंग लैब (जीतो की वीडियो)	हिंदी	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
सामान्य जागरूकता	असल जीवन की स्थितियाँ- कचरा जलना और उसका क्या करना है	हिंदी	01:36 AM 04:06 AM 06:36 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Social science	Ch-8: Devotional paths to divine-let us check what we remember	English	01:47 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:19 PM 09:49 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:03 AM 04:33 AM 07:03 AM 09:33 AM 12:04 PM 02:34 PM 05:04 PM 07:34 PM 10:04 PM
Vocational	Design and Tracing Methods (Heat Method)	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:53 PM 05:24 PM 07:54 PM 10:24 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	हिंदी	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:57 PM 08:27 PM 10:57 PM



सामाजिक विज्ञान	पाठ-09: रेगिस्तान में जीवन	हिंदी	12:28 AM 02:58 AM 05:28 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-7	हिंदी	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
योग	भुजंगासन	हिंदी	01:05 AM 03:35 AM 06:05 AM 08:35 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
English	Honeycomb, Ch-4: The Ashes That Made Trees Bloom part-1	English	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिंदी	01:44 AM 04:14 AM 06:44 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
Mathematics	Ch-6: The triangle and its properties	English	01:49 AM 04:19 AM 06:49 AM 09:19 AM 11:49 AM 02:19 PM 04:49 PM 07:19 PM 09:49 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
हिन्दी	पाठ-8: वसंत-२: शाम एक किसान	हिंदी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
योग	वक्रासन	हिंदी	12:47 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:48 PM 11:18 PM
Storytelling/Value Education	नन्हा फ़नकार	हिंदी	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM

Social science	Ch-9: Life in the desert	English	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
Storytelling/Value Education	एक अनेक और एकता	हिंदी	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
Science	Ch-10: Respiration In Organisms	English	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:54 AM 04:24 AM 06:54 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:25 PM 09:55 PM
Vocational	Personal hygiene and Health	English	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:15 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM
उर्दू	ईदगाह	हिंदी	12:26 AM 02:56 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
Storytelling/Value Education	बस के नीचे बाग	हिंदी	12:55 AM 03:25 AM 05:55 AM 08:25 AM 10:55 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:27 PM
Social science	Ch-8: Devotional paths to divine-let us check what we remember-2	English	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
General Awareness	e-waste & hazardous waste	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:23 PM 11:53 PM
Mathematics	Ch-6: The triangle and its properties	English	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:36 PM
Vocational	Personal hygiene and Health	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:52 PM



Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:32 PM 10:02 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिंदी	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:53 PM 03:23 PM 05:53 PM 08:23 PM 10:53 PM
सामाजिक विज्ञान	पाठ-4: मुगल साम्राज्य (भाग-1)	हिंदी	12:29 AM 02:59 AM 05:29 AM 07:59 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
English	Honeycomb, Ch-4: The Ashes That Made Trees Bloom part-1	English	12:44 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:12 PM 08:42 PM 11:12 PM
Science	Ch-10: Respiration In Organisms	English	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:15 PM 06:45 PM 09:15 PM 11:45 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्ती रानी-7	हिंदी	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:39 PM 07:09 PM 09:39 PM
Vocational	Finishing and costing of embroidered Products	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
Vocational	Personal hygiene and Health	English	02:14 AM 04:44 AM 07:14 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-1)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Storytelling/Value Education	खेल पिटारा	हिंदी	12:26 AM 02:56 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM

General Awareness	Lever Around Us	English	12:41 AM 03:11 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:43 PM 11:13 PM
हिन्दी	पाठ-8: वसंत-२: शाम एक किसान	हिन्दी	12:49 AM 03:19 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:51 PM 11:21 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	01:05 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:37 PM
योग	वज्रासन	हिन्दी	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
General Awareness	Nutrition_Health and Sanitation	English	01:10 AM 03:40 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
Social science	Ch-7: Markets around us	English	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	01:31 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:02 PM 04:32 PM 07:02 PM 09:33 PM
Mathematics	Ch-6: The triangle and its properties	English	01:34 AM 04:04 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:06 PM 09:36 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिन्दी	01:50 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:22 PM 09:52 PM
गणित	पाठ-4: सरल समीकरण भाग-2	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General Awareness	Understanding the value of composting	English	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
संस्कृत	पुनर्मूषको भवः	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM



Storytelling/Value Education	बस के नीचे बाग	हिंदी	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
General Awareness	e-waste management Block-3	English	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:48 AM 01:18 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
Storytelling/Value Education	Birthday Party	English	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
Social science	Ch-9: Life in the desert	English	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
Science	Ch-10: Respiration In Organisms	English	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
Physical Education	COVID 19 Awareness	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
सामाजिक विज्ञान	पाठ-5: औरतों ने बदली दुनिया	हिंदी	12:21 AM 02:52 AM 05:22 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:53 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:22 PM 08:52 PM 11:22 PM
Cultural Heritage: Art, Music & Dance	Kala Utsav 2022Vocal Music- Classical (Girl) Maharashtra	English hindi	01:20 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM 01:51 PM 04:21 PM 06:51 PM 09:21 PM 11:51 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	01:28 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
Social science	Ch-8: Devotional paths to divine-let us check what we remember-2	English	01:44 AM 04:14 AM 06:45 AM 09:15 AM 11:45 AM 02:15 PM 04:45 PM 07:15 PM 09:45 PM

Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:06 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामाजिक विज्ञान	पाठ-1: पर्यावरण	हिंदी	12:23 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:55 PM 08:25 PM 10:55 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	12:51 AM 03:21 AM 05:51 AM 08:22 AM 10:52 AM 01:22 PM 03:53 PM 06:23 PM 08:53 PM 11:23 PM
English	Honeycomb, Ch-4: The Ashes That Made Trees Bloom part-2	English	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:12 PM 06:43 PM 09:13 PM 11:43 PM
सामान्य जागरूकता	स्वस्थ बढ़ना	हिंदी	01:31 AM 04:02 AM 06:32 AM 09:02 AM 11:32 AM 02:03 PM 04:33 PM 07:03 PM 09:34 PM
Mathematics	Ch-7: Congruence of Triangles (Part-2)	English	01:37 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:09 PM 04:39 PM 07:09 PM 09:40 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:52 AM 04:22 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:54 PM 07:24 PM 09:54 PM
Vocational	Tools And Materials	English	02:12 AM 04:42 AM 07:12 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
गणित	पाठ-5: रेखा एवं कोण	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	सवाली राम जवाबो रानी	हिंदी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM



हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:50 AM 03:20 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Social science	Ch-1: Environment	English	01:38 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
Vocational	The evolution of communication	English	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
उर्दू	ईदगाह	हिंदी	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:23 PM 05:53 PM 08:23 PM 10:54 PM
General Awareness	Segregation chip-chop	English	12:51 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
Social science	Ch-9: The Making of Regional Cultures (Part-1)	English	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:03 PM 06:34 PM 09:04 PM 11:34 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी -1	हिंदी	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM
Mathematics	Ch-7: Congruence of Triangles (Part-2)	English	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:06 PM 09:36 PM
Vocational	Personal hygiene and Health	English	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM

Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:30 PM 05:00 PM 07:31 PM 10:01 PM
गणित	पाठ-5: रेखा एवं कोण	हिंदी	12:00 AM 02:46 AM 05:32 AM 08:19 AM 11:05 AM 01:51 PM 04:38 PM 07:24 PM 10:10 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिंदी	12:35 AM 03:21 AM 06:08 AM 08:54 AM 11:40 AM 02:27 PM 05:13 PM 07:59 PM 10:46 PM
सामाजिक विज्ञान	पाठ-4: मुगल साम्राज्य (भाग-2)	हिंदी	12:40 AM 03:26 AM 06:12 AM 08:59 AM 11:45 AM 02:31 PM 05:18 PM 08:04 PM 10:50 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी -1	हिंदी	12:56 AM 03:42 AM 06:28 AM 09:15 AM 12:01 PM 02:47 PM 05:34 PM 08:20 PM 11:06 PM
English	Honeycomb, Ch-4: The Ashes That Made Trees Bloom part-2	English	01:14 AM 04:00 AM 06:47 AM 09:33 AM 12:19 PM 03:06 PM 05:52 PM 08:38 PM 11:25 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:35 AM 04:21 AM 07:07 AM 09:54 AM 12:40 PM 03:26 PM 06:13 PM 08:59 PM 11:45 PM
Storytelling/Value Education	गुलज़ार बच्चों के साथ	हिंदी	01:57 AM 04:43 AM 07:29 AM 10:16 AM 01:02 PM 03:48 PM 06:35 PM 09:21 PM
Vocational	Finishing and costing of embroidered Products	English	02:09 AM 04:55 AM 07:42 AM 10:28 AM 01:14 PM 04:01 PM 06:47 PM 09:33 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:21 AM 05:07 AM 07:54 AM 10:40 AM 01:26 PM 04:13 PM 06:59 PM 09:45 PM
विज्ञान	पाठ-11: जंतुओं और पादप में परिवहन (भाग-2)	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM

Storytelling/Value Education	आज़ादी की कहानी-3	हिंदी	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:23 PM 05:54 PM 08:24 PM 10:54 PM
हिन्दी	पाठ-10: वसंत-२: अपूर्व अनुभव	हिंदी	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:06 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिंदी	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:31 PM 04:01 PM 06:31 PM 09:02 PM 11:32 PM
योग	शशकासन	हिंदी	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
Social science	Ch-8: A shirt in the market	English	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:09 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	01:21 AM 03:51 AM 06:22 AM 08:52 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
Mathematics	Ch-7: Congruence of Triangles (Part-2)	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:10 PM 09:40 PM
Vocational	Finishing and costing of embroidered Products	English	02:13 AM 04:43 AM 07:13 AM 09:43 AM 12:13 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
गणित	पाठ-5: रेखा एवं कोण	हिंदी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
संस्कृत	लोभः नाशाय	हिंदी	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Storytelling/Value Education	बस के नीचे बाग	हिंदी	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:10 PM

Social science	Ch-1: Environment	English	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Storytelling/Value Education	आजादी की कहानी-3	हिंदी	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
General Awareness	Fabric	English	01:19 AM 03:49 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
Science	Ch-11: Transportation in Animals & Plants	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
Vocational	वस्त्रों पर लगे दाग धब्बे छुड़ाना	हिंदी	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Physical Education	COVID 19 Awareness	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling/Value Education	आम की टोकरी	हिंदी	12:22 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:23 PM 05:53 PM 08:23 PM 10:53 PM
सामाजिक विज्ञान	पाठ-6: संचार माध्यमों को समझना (Part-1)	हिंदी	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
General Awareness	Interpersonal Relationships	English	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	Dance A Way of Expression-1	हिंदी	12:45 AM 03:15 AM 05:45 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:15 PM 11:45 PM
सामान्य जागरूकता	रौशनी और रंग	हिंदी	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM

Social science	Ch-9: The Making of Regional Cultures (Part-1)	English	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
सामाजिक विज्ञान	पाठ-2: हमारी पृथ्वी के अंदर	हिंदी	12:21 AM 02:51 AM 05:22 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:52 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्तो रानी-10	हिंदी	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:13 PM
English	Honeycomb, Ch-4: The Ashes That Made Trees Bloom part-3	English	01:01 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
General Awareness	e-waste management Film 4	English	01:26 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:57 PM 09:27 PM 11:57 PM
रचनात्मक गतिविधियाँ: कला और शिल्प	खिलता हुआ कमल (Blooming lotus)	हिंदी	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:36 PM 07:06 PM 09:36 PM
योग	शशकासन	हिंदी	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM
Mathematics	Ch-7: Congruence of Triangles (Part-3)	English	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:43 PM 07:13 PM 09:43 PM
Vocational	केश सौंदर्य उपकरणों का परिचय	हिंदी	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:52 AM 02:22 PM 04:53 PM 07:23 PM 09:53 PM
Vocational	Tools And Materials	English	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:12 PM 07:42 PM 10:13 PM

गणित	Ch-6: त्रिभुज और उसके गुण भाग-1	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Creative Activities: Art & Craft	3D Kaleidoscope	English	12:31 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:01 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिंदी	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
हिन्दी	पाठ-11:वसंत-२: रहीम के दोहे	हिंदी	12:39 AM 03:09 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
Science	Ch-12: Reproduction in plants	English	01:00 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
Storytelling/Value Education	मियाँ गुमसुम और बत्ती रानी-10	हिंदी	01:27 AM 03:57 AM 06:27 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM
Social science	Ch-3: Our Changing Earth	English	01:47 AM 04:17 AM 06:47 AM 09:17 AM 11:47 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
Vocational	Personal hygiene and Health	English	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:38 PM 05:08 PM 07:38 PM 10:08 PM
Vocational	Fishbone Stitch	English	02:18 AM 04:48 AM 07:18 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM
विज्ञान	पाठ-12: पादप में जनन	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिंदी	12:21 AM 02:51 AM 05:22 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:53 PM



उर्दू	ईदगाह	हिंदी	12:29 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:01 PM
General Awareness	Segregation chip-chop	English	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Social science	Ch-9: The Making of Regional Cultures (Part-2)	English	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:41 PM
सामान्य जागरूकता	किशोरावस्था की ओर	हिंदी	01:26 AM 03:56 AM 06:26 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:27 PM 11:57 PM
Mathematics	Ch-7: Congruence of Triangles (Part-3)	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिंदी	01:49 AM 04:19 AM 06:49 AM 09:19 AM 11:49 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
Vocational	Feather Stitch	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:25 PM 09:55 PM
Vocational	घर पर बनाए हर्बल शैम्पू	हिंदी	02:00 AM 04:30 AM 07:00 AM 09:30 AM 12:00 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM



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