

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 3

कक्षा - 3 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 3

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
EVS	EVS	Mathematics	Mathematics	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/25.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Tuesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



DD Free Dish Channel #25



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

कक्षा - 3 की मासिक कार्यक्रम प्रसारण सारणी Monthly Program Transmission Schedule of Class - 3

दिसंबर 2023
December 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 दिसंबर 2023 Friday, 01 December 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM 02:45 AM 05:30 AM 08:15 AM 11:00 AM 01:45 PM 04:30 PM 07:15 PM 10:00 PM
Storytelling/Value Education	Meena - 3 Saving the life	हिन्दी	12:33 AM 03:19 AM 06:04 AM 08:49 AM 11:34 AM 02:19 PM 05:04 PM 07:49 PM 10:34 PM
Cold Wave	Coldwave - Do's and don'ts of a cold wave for people residing in hilly regions	English	12:47 AM 03:32 AM 06:17 AM 09:02 AM 11:47 AM 02:32 PM 05:17 PM 08:02 PM 10:47 PM
Storytelling/Value Education	टर्म टू-2	हिन्दी	12:48 AM 03:33 AM 06:18 AM 09:03 AM 11:48 AM 02:33 PM 05:18 PM 08:03 PM 10:48 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	01:10 AM 03:55 AM 06:40 AM 09:25 AM 12:10 PM 02:55 PM 05:40 PM 08:25 PM 11:10 PM
Storytelling/Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	01:23 AM 04:08 AM 06:53 AM 09:38 AM 12:23 PM 03:08 PM 05:53 PM 08:39 PM 11:24 PM

General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिंदी	01:37 AM 04:22 AM 07:07 AM 09:52 AM 12:37 PM 03:22 PM 06:07 PM 08:52 PM 11:37 PM
Mathematics	Ch-5: Shapes and Designs	English	01:37 AM 04:23 AM 07:08 AM 09:53 AM 12:38 PM 03:23 PM 06:08 PM 08:53 PM 11:38 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिंदी	01:58 AM 04:43 AM 07:28 AM 10:13 AM 12:58 PM 03:43 PM 06:28 PM 09:13 PM 11:58 PM
English	Unit-2: (Part 2): Nina and the Baby Sparrows- Bird Talk	English	02:13 AM 04:58 AM 07:43 AM 10:28 AM 01:13 PM 03:58 PM 06:43 PM 09:28 PM
हिंदी	पाठ-07: टिपटिपवा	Isi	02:27 AM 05:12 AM 07:57 AM 10:42 AM 01:27 PM 04:12 PM 06:58 PM 09:43 PM
Patriotic song	National anthem (राष्ट्र गान)	हिंदी	02:43 AM 05:29 AM 08:14 AM 10:59 AM 01:44 PM 04:29 PM 07:14 PM 09:59 PM
शनिवार, 02 दिसंबर 2023 Saturday, 02 December 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिंदी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:35 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:08 PM



Storytelling/Value Education	दान का हिसाब	हिन्दी	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:37 PM 06:07 PM 08:38 PM 11:08 PM
Storytelling/Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	12:50 AM 03:21 AM 05:51 AM 08:22 AM 10:52 AM 01:23 PM 03:53 PM 06:24 PM 08:54 PM 11:25 PM
General Awareness	Personal Safety	English	01:04 AM 03:34 AM 06:05 AM 08:35 AM 11:06 AM 01:36 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:24 PM 11:54 PM
कला और शिल्प	आओ सीखें मिथिला पेंटिंग	हिन्दी	01:36 AM 04:07 AM 06:37 AM 09:08 AM 11:38 AM 02:09 PM 04:39 PM 07:09 PM 09:40 PM
Mathematics	Ch-5: Shapes and Designs	English	01:48 AM 04:19 AM 06:49 AM 09:20 AM 11:50 AM 02:21 PM 04:51 PM 07:21 PM 09:52 PM
हिन्दी	पाठ-07: टिपटिपवा	Isl	02:09 AM 04:39 AM 07:10 AM 09:40 AM 12:10 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM
English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31



			PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
रविवार, 03 दिसंबर 2023 Sunday, 03 December 2023			
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	English	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:58 PM 10:28 PM
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:08 AM 02:38 AM 05:08 AM 07:38 AM 10:08 AM 12:38 PM 03:08 PM 05:38 PM 08:07 PM 10:37 PM
General	How Hariram became Harry	English	12:21 AM 02:51 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:32 PM 11:02 PM
Storytelling/Value Education	दान का हिसाब	हिन्दी	12:56 AM 03:26 AM 05:56 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:25 PM
Earthquake	Earthquake - are you safe	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:41 PM 09:11 PM 11:41 PM
सामान्य जागरूकता	पेड़ की कहानी-जामुन	हिन्दी	01:14 AM 03:44 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:13 PM 06:43 PM 09:13 PM 11:42 PM



General Awareness	Safety and Security against Violence and Injuries	English	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:14 PM 11:44 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-2	English/hindi	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:50 PM 04:20 PM 06:50 PM 09:20 PM 11:50 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
कला और शिल्प	बिल्ली का पंजा	हिन्दी	01:52 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
हिन्दी	पाठ-07: टिपटिपवा	IsI	02:10 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:08 PM
पर्यावरण अध्ययन	पाठ-10: पकारुँ खाँ	IsI	02:26 AM 04:56 AM 07:26 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:28 AM 04:58 AM 07:28 AM 09:58 AM 12:28 PM 02:58 PM 05:27 PM 07:57 PM 10:27 PM
सोमवार, 04 दिसंबर 2023 Monday, 04 December 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM 02:44 AM 05:29 AM 08:14 AM 10:59 AM 01:44 PM 04:29 PM 07:14 PM 09:59 PM



General Awareness	Prevention and Management of Substance Misuse	English	12:33 AM 03:18 AM 06:03 AM 08:48 AM 11:33 AM 02:18 PM 05:03 PM 07:48 PM 10:33 PM
Cold Wave	Coldwave - How labourers and field workers can protect themselves from a cold-wave	English	12:39 AM 03:24 AM 06:09 AM 08:53 AM 11:38 AM 02:23 PM 05:08 PM 07:53 PM 10:38 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:40 AM 03:24 AM 06:09 AM 08:54 AM 11:39 AM 02:24 PM 05:09 PM 07:54 PM 10:39 PM
Storytelling/Value Education	टर्म टू-2	हिन्दी	12:53 AM 03:38 AM 06:23 AM 09:08 AM 11:53 AM 02:38 PM 05:23 PM 08:08 PM 10:53 PM
EVS	Ch-11: From Here to There	English	01:15 AM 04:00 AM 06:45 AM 09:30 AM 12:15 PM 03:00 PM 05:45 PM 08:30 PM 11:15 PM
Yoga	Ustrasana	English	01:34 AM 04:18 AM 07:03 AM 09:48 AM 12:33 PM 03:18 PM 06:03 PM 08:48 PM 11:33 PM
English	Unit-2: (Part 2): Nina and the Baby Sparrows- Bird Talk	English	01:37 AM 04:21 AM 07:06 AM 09:51 AM 12:36 PM 03:21 PM 06:06 PM 08:51 PM 11:36 PM
AAPDA KA SAMNA	Urban Flood-AAPDA KA SAMNA FOR 09-07-2023	Hindi	01:51 AM 04:36 AM 07:21 AM 10:06 AM 12:51 PM 03:36 PM 06:21 PM 09:05 PM 11:50 PM
शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	02:19 AM 05:04 AM 07:49 AM 10:34 AM 01:19 PM 04:04 PM 06:49 PM 09:34 PM



English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	IsI	02:24 AM 05:09 AM 07:54 AM 10:38 AM 01:23 PM 04:08 PM 06:53 PM 09:38 PM
EVS	Ch-10: What is Cooking	IsI	02:28 AM 05:13 AM 07:58 AM 10:42 AM 01:27 PM 04:12 PM 06:57 PM 09:42 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:43 AM 05:28 AM 08:13 AM 10:58 AM 01:43 PM 04:28 PM 07:13 PM 09:58 PM
मंगलवार, 05 दिसंबर 2023 Tuesday, 05 December 2023			
गणित	पाठ-6: लेने देने का खेल part-1	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
General Awareness	Interpersonal Relationships	English	12:33 AM 03:04 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:37 PM 06:07 PM 08:38 PM 11:09 PM
Cold Wave	Coldwave - Precautionary measures that can be taken by farmers during a cold-wave	English	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:43 PM 11:13 PM
Art Education	Kala Utsav 2022Vocal Music-Classical(Boy)Bihar	Englilsh/hindi	12:39 AM 03:10 AM 05:40 AM 08:11 AM 10:41 AM 01:12 PM 03:42 PM 06:13 PM 08:44 PM 11:14 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:46 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	12:52 AM 03:22 AM 05:53 AM 08:23 AM 10:54 AM 01:24 PM 03:55 PM 06:26 PM 08:56 PM 11:27 PM
Storytelling/Value Education	टर्म टू-3	हिंदी	12:52 AM 03:23 AM 05:53 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:26 PM 08:57 PM 11:27 PM
हिंदी	पाठ-7: टिपटिपवा	हिंदी	01:14 AM 03:45 AM 06:15 AM 08:46 AM 11:16 AM 01:47 PM 04:17 PM 06:48 PM 09:18 PM 11:49 PM
Storytelling/Value Education	लकड़ी मकड़ी ककड़ी	हिंदी	01:27 AM 03:58 AM 06:28 AM 08:59 AM 11:29 AM 02:00 PM 04:31 PM 07:01 PM 09:32 PM
Storytelling/Value Education	टर्म टू-5	हिंदी	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
EVS	Ch-11: From Here to There	English	01:53 AM 04:23 AM 06:54 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:27 PM 09:57 PM
Storytelling/Value Education	अक्ल बड़ी या पूँछ	English/hindi	02:11 AM 04:42 AM 07:12 AM 09:43 AM 12:13 PM 02:44 PM 05:15 PM 07:45 PM 10:16 PM
English	Unit-2: (Part 2): Nina and the Baby Sparrows- Bird Talk	English	02:13 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
EVS	Ch-10: What is Cooking	Isl	02:13 AM 04:44 AM 07:15 AM 09:45 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM



Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
बुधवार, 06 दिसंबर 2023 Wednesday, 06 December 2023			
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	हिन्दी	12:00 AM 02:44 AM 05:29 AM 08:13 AM 10:58 AM 01:42 PM 04:27 PM 07:11 PM 09:56 PM
Cold Wave	ColdWave - कड़कड़ाती सर्द हवा में आप कुड़कुड़ाते न रह जाएं, थोड़ा समय गर्म माहौल में बिताएं	Hindi	12:22 AM 03:06 AM 05:51 AM 08:36 AM 11:20 AM 02:05 PM 04:49 PM 07:34 PM 10:18 PM
हिन्दी	पाठ-7: टिपटिपवा	हिन्दी	12:23 AM 03:07 AM 05:52 AM 08:37 AM 11:21 AM 02:06 PM 04:50 PM 07:35 PM 10:19 PM
Storytelling/Value Education	आओ सीखें २ का पहाड़	हिन्दी	12:36 AM 03:21 AM 06:05 AM 08:50 AM 11:34 AM 02:19 PM 05:03 PM 07:48 PM 10:33 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:47 AM 03:31 AM 06:16 AM 09:01 AM 11:45 AM 02:30 PM 05:14 PM 07:59 PM 10:43 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:59 AM 03:44 AM 06:28 AM 09:13 AM 11:57 AM 02:42 PM 05:26 PM 08:11 PM 10:55 PM
Mathematics	Ch-5: Shapes and Designs	English	01:08 AM 03:53 AM 06:37 AM 09:22 AM 12:06 PM 02:51 PM 05:35 PM 08:20 PM 11:05 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	01:29 AM 04:13 AM 06:58 AM 09:42 AM 12:27 PM



			03:11 PM 05:56 PM 08:41 PM 11:25 PM
Storytelling/Value Education	नाटक खेलना आसान है- बातें कहानी की	हिन्दी	01:48 AM 04:33 AM 07:17 AM 10:02 AM 12:46 PM 03:31 PM 06:16 PM 09:00 PM 11:45 PM
English	Unit-2: (Part 2): Nina and the Baby Sparrows- Bird Talk	English	02:02 AM 04:46 AM 07:31 AM 10:15 AM 01:00 PM 03:44 PM 06:29 PM 09:13 PM 11:58 PM
Urban Floods	Urban Flood - शहरी बाढ़ के दौरान यदि पलायन करना पड़े तो	Hindi	02:16 AM 05:01 AM 07:45 AM 10:30 AM 01:14 PM 03:59 PM 06:43 PM 09:28 PM
Storytelling/Value Education	टर्म टू-1	हिन्दी	02:18 AM 05:02 AM 07:47 AM 10:31 AM 01:16 PM 04:00 PM 06:45 PM 09:29 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	Isi	02:41 AM 05:25 AM 08:10 AM 10:54 AM 01:39 PM 04:23 PM 07:08 PM 09:52 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:43 AM 05:27 AM 08:12 AM 10:57 AM 01:41 PM 04:26 PM 07:10 PM 09:55 PM
बृहस्पतिवार, 07 दिसंबर 2023 Thursday, 07 December 2023			
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	हिन्दी	12:00 AM 02:44 AM 05:29 AM 08:14 AM 10:59 AM 01:44 PM 04:29 PM 07:14 PM 09:59 PM
हिन्दी	पाठ-7: टिपटिपा	हिन्दी	12:24 AM 03:09 AM 05:54 AM 08:39 AM 11:23 AM 02:08 PM 04:53 PM 07:38 PM 10:23 PM



Cold Wave	Coldwave - पहाड़ों में रहने वाले लोग शीतलहर के दौरान क्या करें - क्या न करें	Hindi	12:37 AM 03:22 AM 06:07 AM 08:52 AM 11:37 AM 02:22 PM 05:07 PM 07:52 PM 10:37 PM
Storytelling/Value Education	वो कुछ दिन	हिन्दी	12:38 AM 03:23 AM 06:08 AM 08:53 AM 11:38 AM 02:23 PM 05:08 PM 07:53 PM 10:38 PM
Storytelling/Value Education	ईदगाह	हिन्दी	12:46 AM 03:31 AM 06:16 AM 09:01 AM 11:46 AM 02:31 PM 05:16 PM 08:00 PM 10:45 PM
Cultural Heritage:Art,Music &Dance	Qutub Minar (कुतुब मीनार)	English/hindi	01:14 AM 03:59 AM 06:44 AM 09:29 AM 12:14 PM 02:59 PM 05:44 PM 08:29 PM 11:14 PM
Storytelling/Value Education	जादुई किताब	हिन्दी	01:23 AM 04:08 AM 06:53 AM 09:38 AM 12:23 PM 03:08 PM 05:52 PM 08:37 PM 11:22 PM
Mathematics	Ch-5: Shapes and Designs	English	01:39 AM 04:24 AM 07:09 AM 09:53 AM 12:38 PM 03:23 PM 06:08 PM 08:53 PM 11:38 PM
Storytelling/Value Education	भालू ने खेली फुटबॉल	हिन्दी	01:59 AM 04:44 AM 07:29 AM 10:14 AM 12:59 PM 03:44 PM 06:29 PM 09:14 PM 11:59 PM
English	Unit-2: (Part 2): Nina and the Baby Sparrows- Bird Talk	English	02:04 AM 04:49 AM 07:34 AM 10:19 AM 01:04 PM 03:48 PM 06:33 PM 09:18 PM
General Awareness	Personal Safety	English	02:18 AM 05:03 AM 07:48 AM 10:33 AM 01:18 PM 04:03 PM 06:48 PM 09:33 PM



Storytelling/Value Education	आम की टोकरी	हिन्दी	02:34 AM 05:19 AM 08:04 AM 10:49 AM 01:34 PM 04:19 PM 07:04 PM 09:49 PM
English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:37 AM 05:22 AM 08:07 AM 10:52 AM 01:37 PM 04:22 PM 07:07 PM 09:52 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	Isl	02:41 AM 05:26 AM 08:11 AM 10:56 AM 01:41 PM 04:26 PM 07:11 PM 09:56 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:43 AM 05:28 AM 08:13 AM 10:58 AM 01:43 PM 04:28 PM 07:13 PM 09:58 PM
शुक्रवार, 08 दिसंबर 2023 Friday, 08 December 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
Mathematics	Ch-6: Fun with give and take	English	12:38 AM 03:08 AM 05:38 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
कला और शिल्प	आर्ट और आर्टिस्ट (Art & Artist)	हिन्दी	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:40 PM



Storytelling/Value Education	Meena - 9 I love School	हिन्दी	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
English	Ch-3: Little by Little	English	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
हिन्दी	पाठ-8: बंदर बाँट - 1	IsI	02:08 AM 04:38 AM 07:08 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:09 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	IsI	02:26 AM 04:56 AM 07:26 AM 09:56 AM 12:26 PM 02:56 PM 05:26 PM 07:56 PM 10:26 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:28 AM 04:58 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
शनिवार, 09 दिसंबर 2023 Saturday, 09 December 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:40 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:41 PM 06:11 PM 08:41 PM 11:12 PM



सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM 06:28 PM 08:58 PM 11:28 PM
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	Hindi	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Storytelling/Value Education	Meena - 9 I love School	हिन्दी	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
Mathematics	Ch-6: Fun with give and take	English	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:03 PM
हिन्दी	पाठ-8: बंदर बाँट - 1	Isl	02:07 AM 04:37 AM 07:07 AM 09:37 AM 12:07 PM 02:38 PM 05:08 PM 07:38 PM 10:08 PM
English	Ch-1: Clap; Clap; Clap Ch-2: One; Two, Ch-3: The Little Bird	Isl	02:25 AM 04:55 AM 07:25 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:26 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:30 PM
रविवार, 10 दिसंबर 2023 Sunday, 10 December 2023			



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शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
गणित	१ से ९९९९ तक की संख्याओं का ज्ञान	हिन्दी	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
General	How Hariram became Harry	English	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
Storytelling/Value Education	भालू ने खेली फुटबॉल	हिन्दी	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:34 PM 07:04 PM 09:34 PM
Art and Craft	Art Education	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM



			02:18 PM 04:48 PM 07:18 PM 09:48 PM
हिन्दी	पाठ-8: बंदर बाँट - 1	Isl	02:09 AM 04:40 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	Isl	02:27 AM 04:57 AM 07:27 AM 09:57 AM 12:27 PM 02:57 PM 05:27 PM 07:57 PM 10:27 PM
सोमवार, 11 दिसंबर 2023 Monday, 11 December 2023			
गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Art Education	Kala Utsav - 2022 -Dance- Classical(Girl)Kerala	Englilsh/hindi	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:06 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
General Awareness	Prevention and Management of Substance Misuse	English	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:46 AM 03:16 AM 05:46 AM 08:17 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:47 PM 11:18 PM
EVS	Ch-12: Work We Do	English	12:50 AM 03:20 AM 05:50 AM 08:20 AM 10:50 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
सामान्य	आज़ादी की अमृत कहानियाँ (हर्षिणी)	हिन्दी	12:59 AM 03:30 AM 06:00 AM 08:30 AM



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			11:00 AM 01:30 PM 04:01 PM 06:31 PM 09:01 PM 11:31 PM
Storytelling/Value Education	दान का हिसाब	हिन्दी	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Storytelling/Value Education	Meena - 8 Meena's three wishes	हिन्दी	01:18 AM 03:48 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:19 PM 06:50 PM 09:20 PM 11:50 PM
Storytelling/Value Education	आम की टोकरी	हिन्दी	01:36 AM 04:07 AM 06:37 AM 09:07 AM 11:37 AM 02:07 PM 04:38 PM 07:08 PM 09:38 PM
English	Ch-3: Little by Little	English	01:39 AM 04:09 AM 06:39 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:40 PM
Art and Craft	Paper Lantern	English	01:55 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
English	Ch-3: Little by Little	Isl	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
EVS	Ch-11: From Here to There	Isl	02:04 AM 04:34 AM 07:04 AM 09:34 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:30 PM 08:00 PM 10:30 PM



मंगलवार, 12 दिसंबर 2023

Tuesday, 12 December 2023

गणित	पाठ-7: समय समय की बात	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
योग	सेतुबंधासन	हिन्दी	12:54 AM 03:24 AM 05:54 AM 08:25 AM 10:55 AM 01:25 PM 03:55 PM 06:26 PM 08:56 PM 11:26 PM
सामान्य जागरूकता	व्यक्तिगत सुरक्षा	हिन्दी	12:56 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:28 PM 03:58 PM 06:28 PM 08:58 PM 11:29 PM
Storytelling/Value Education	Meena - 7 Say not to dowry	हिन्दी	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:16 PM 06:47 PM 09:17 PM 11:47 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	01:27 AM 03:58 AM 06:28 AM 08:58 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:30 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	01:35 AM 04:05 AM 06:35 AM 09:06 AM 11:36 AM 02:06 PM 04:37 PM 07:07 PM 09:37 PM
EVS	Ch-12: Work We Do	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:40 PM 07:11 PM 09:41 PM



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English	Ch-3: Little by Little	English	01:48 AM 04:19 AM 06:49 AM 09:19 AM 11:49 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
EVS	Ch-11: From Here to There	Isi	02:04 AM 04:34 AM 07:04 AM 09:35 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:06 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
बुधवार, 13 दिसंबर 2023 Wednesday, 13 December 2023			
Cyclone	Cyclone - यदि आप चक्रवात के दौरान बाहर फस गए हैं	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
पर्यावरण अध्ययन	पाठ-12: काम अपने अपने	हिन्दी	12:09 AM 02:39 AM 05:09 AM 07:39 AM 10:09 AM 12:39 PM 03:09 PM 05:39 PM 08:09 PM 10:39 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:22 AM 02:52 AM 05:22 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:22 PM 10:53 PM
Mathematics	Ch-6: Fun with give and take	English	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:56 PM
Storytelling/Value Education	नटखट चूहा	हिन्दी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:57 PM



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			PM 06:27 PM 08:58 PM 11:28 PM
Storytelling/Value Education	नन्हा फ़नकार	हिन्दी	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:41 PM
सामान्य जागरूकता	पेड़ की कहानी-नीम और इमली	हिन्दी	01:25 AM 03:55 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
English	Ch-3: Little by Little	English	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	02:06 AM 04:36 AM 07:06 AM 09:37 AM 12:07 PM 02:37 PM 05:07 PM 07:37 PM 10:07 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	Isi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:28 AM 04:58 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM



बृहस्पतिवार, 14 दिसंबर 2023
Thursday, 14 December 2023

पर्यावरण अध्ययन	पाठ-12: काम अपने अपने	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	पाठ-8: अक्ल बड़ी या भैंस	हिन्दी	12:21 AM 02:51 AM 05:21 AM 07:52 AM 10:22 AM 12:52 PM 03:22 PM 05:52 PM 08:23 PM 10:53 PM
Art Education	Kala Utsav: Vocal Girls Kendriya Vidyalyaya	English/hindi	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:26 PM 10:57 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Art Education	Kala Utsav - 2022 -Dance Folk(Boy)Tamil Nadu	Englilsh/hindi	12:40 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:11 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
सामान्य जागरूकता	मेंढक	हिन्दी	12:46 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
Art and Craft	ओरिगामी (काग़ज़ कला)-5	English/hindi	01:01 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	01:11 AM 03:41 AM 06:11 AM 08:42 AM 11:12 AM



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			01:42 PM 04:12 PM 06:42 PM 09:13 PM 11:43 PM
Mathematics	Ch-6: Fun with give and take	English	01:18 AM 03:48 AM 06:19 AM 08:49 AM 11:19 AM 01:49 PM 04:20 PM 06:50 PM 09:20 PM 11:50 PM
कला और शिल्प	बोलता मेंढक (Talking Frog)	हिन्दी	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
English	Ch-3: Little by Little	English	01:52 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:54 PM 07:24 PM 09:54 PM
English	Ch-3: Little by Little	Isl	02:08 AM 04:38 AM 07:08 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:10 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	Isl	02:14 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:16 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
शुक्रवार, 15 दिसंबर 2023 Friday, 15 December 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:35 AM 01:06 PM 03:36 PM



			PM 06:07 PM 08:37 PM 11:08 PM
Earthquake	Earthquake resistant house	English	12:43 AM 03:13 AM 05:44 AM 08:14 AM 10:44 AM 01:15 PM 03:45 PM 06:16 PM 08:46 PM 11:17 PM
Storytelling/Value Education	नन्हा फ़नकार	हिन्दी	12:44 AM 03:15 AM 05:45 AM 08:16 AM 10:46 AM 01:17 PM 03:47 PM 06:18 PM 08:48 PM 11:19 PM
Art Education	Kala Utsav - 2022 -Dance Folk(Girl)Maharashtra	Englilsh/hindi	12:58 AM 03:29 AM 05:59 AM 08:30 AM 11:00 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
कला और शिल्प	रंगीन काग़ज़ की कैंडी (Colourful Paper Candy)	हिन्दी	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:06 PM 11:37 PM
Mathematics	Ch-7: Time goes on	English	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:08 AM 01:38 PM 04:09 PM 06:39 PM 09:10 PM 11:40 PM
Storytelling/Value Education	मैं सबसे छोटी हूँ- कविता मंजरी	हिन्दी	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM
English	Ch-3: The enormous turnip	English	01:31 AM 04:02 AM 06:32 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:05 PM 09:35 PM
हिन्दी	पाठ-8: बंदर बाँट - 2	Isl	02:02 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:06 PM



पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	IsI	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:48 PM 10:18 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
शनिवार, 16 दिसंबर 2023 Saturday, 16 December 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Storytelling/Value Education	नन्हा फ़नकार	हिन्दी	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:05 PM 08:36 PM 11:06 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:46 AM 03:17 AM 05:47 AM 08:18 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:21 PM
Storytelling/Value Education	Chuskit goes to school (CWSN)	English	01:04 AM 03:34 AM 06:05 AM 08:35 AM 11:06 AM 01:36 PM 04:06 PM 06:37 PM 09:07 PM 11:38 PM
कला और शिल्प	कूड़े से खिलौने: नाचती आँखें (Toys from Trash: Dancing Eyes)	हिन्दी	01:12 AM 03:42 AM 06:13 AM 08:43 AM 11:13 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:46 PM
General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिन्दी	01:13 AM 03:43 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:47 PM



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Storytelling/Value Education	ईदगाह	हिन्दी	01:13 AM 03:44 AM 06:14 AM 08:45 AM 11:15 AM 01:46 PM 04:16 PM 06:47 PM 09:17 PM 11:48 PM
Mathematics	Ch-7: Time goes on	English	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:44 AM 02:14 PM 04:45 PM 07:15 PM 09:45 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:06 AM 04:36 AM 07:07 AM 09:37 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
हिन्दी	पाठ-8: बंदर बाँट - 2	IsI	02:11 AM 04:42 AM 07:12 AM 09:43 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:15 PM
English	Ch-3: Little by Little	IsI	02:23 AM 04:53 AM 07:24 AM 09:54 AM 12:25 PM 02:55 PM 05:26 PM 07:56 PM 10:26 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
रविवार, 17 दिसंबर 2023 Sunday, 17 December 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:21 PM 10:52 PM



Earthquake	Earthquake - What to do when outside during an earthquake	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:36 PM 11:06 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:47 PM 11:17 PM
Art and Craft	Wire lizard	English	01:08 AM 03:38 AM 06:09 AM 08:39 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:10 PM 11:40 PM
General	How Hariram became Harry	English	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:46 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:27 AM 03:57 AM 06:27 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:59 PM
Art and Craft	Art Education	English	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
हिन्दी	पाठ-8: बंदर बाँट - 2	Isi	02:02 AM 04:32 AM 07:03 AM 09:33 AM 12:03 PM 02:33 PM 05:03 PM 07:33 PM 10:04 PM



पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	IsI	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:30 PM 08:00 PM 10:30 PM
सोमवार, 18 दिसंबर 2023 Monday, 18 December 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Karnataka	Englilsh/hindi	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:07 PM
General Awareness	Prevention and Management of Substance Misuse	English	12:38 AM 03:08 AM 05:39 AM 08:09 AM 10:40 AM 01:10 PM 03:41 PM 06:11 PM 08:42 PM 11:12 PM
Earthquake	Earthquake - भूकंप के दौरान क्या करना चाहिए	Hindi	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:16 PM 03:46 PM 06:17 PM 08:47 PM 11:18 PM
सामान्य जागरूकता	मेंढक	हिन्दी	12:44 AM 03:14 AM 05:45 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:17 PM 08:48 PM 11:18 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:59 AM 03:29 AM 06:00 AM 08:30 AM 11:01 AM 01:31 PM 04:02 PM 06:32 PM 09:03 PM 11:33 PM



EVS	Ch-13: Sharing Our Feelings	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:42 PM
English	Ch-3: The enormous turnip	English	01:25 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:59 PM
English	Ch-3: Little by Little	Isl	01:56 AM 04:26 AM 06:57 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
EVS	Ch-12: Work We Do	Isl	02:02 AM 04:32 AM 07:02 AM 09:33 AM 12:03 PM 02:34 PM 05:04 PM 07:35 PM 10:05 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
मंगलवार, 19 दिसंबर 2023 Tuesday, 19 December 2023			
गणित	पाठ-8: कौन किससे भारी ?	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:37 AM 01:07 PM 03:38 PM 06:08 PM 08:39 PM 11:10 PM
कला और शिल्प	ओरिगामी काग़ज़ बिल्ली (Origami Paper Cat)	हिन्दी	12:35 AM 03:05 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:38



			PM 06:09 PM 08:40 PM 11:10 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:10 PM 03:40 PM 06:11 PM 08:42 PM 11:12 PM
Storytelling/Value Education	सोने के अंडे देने वाली मुर्गी	हिन्दी	12:56 AM 03:26 AM 05:57 AM 08:28 AM 10:58 AM 01:29 PM 04:00 PM 06:30 PM 09:01 PM 11:31 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	01:04 AM 03:34 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:08 PM 06:38 PM 09:09 PM 11:39 PM
EVS	Ch-13: Sharing Our Feelings	English	01:14 AM 03:45 AM 06:15 AM 08:46 AM 11:17 AM 01:47 PM 04:18 PM 06:49 PM 09:19 PM 11:50 PM
English	Ch-3: The enormous turnip	English	01:31 AM 04:01 AM 06:32 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:05 PM 09:36 PM
EVS	Ch-12: Work We Do	Isi	02:02 AM 04:32 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:07 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 05:00 AM 07:30 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
बुधवार, 20 दिसंबर 2023 Wednesday, 20 December 2023			



पर्यावरण अध्ययन	पाठ-13: छूकर देखें	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:17 AM 12:47 PM 03:17 PM 05:48 PM 08:18 PM 10:48 PM
Storytelling/Value Education	I have got ten little fingers	English	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:57 PM 08:27 PM 10:57 PM
Mathematics	Ch-7: Time goes on	English	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
Storytelling/Value Education	जादुई किताब	हिन्दी	12:59 AM 03:29 AM 05:59 AM 08:29 AM 11:00 AM 01:30 PM 04:00 PM 06:30 PM 09:00 PM 11:30 PM
General Awareness	Dr. B.R. Ambedkar - Part 1	English/hindi	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:34 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:36 PM
English	Ch-3: The enormous turnip	English	01:55 AM 04:25 AM 06:55 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	Isl	02:26 AM 04:56 AM 07:26 AM 09:57 AM 12:27



			PM 02:57 PM 05:27 PM 07:57 PM 10:27 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 08:00 PM 10:30 PM
बृहस्पतिवार, 21 दिसंबर 2023 Thursday, 21 December 2023			
पर्यावरण अध्ययन	पाठ-13: छूकर देखें	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
हिन्दी	पाठ-9: कब आऊं	हिन्दी	12:17 AM 02:47 AM 05:17 AM 07:47 AM 10:18 AM 12:48 PM 03:18 PM 05:48 PM 08:19 PM 10:49 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:26 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	12:32 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	12:39 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:10 PM 03:41 PM 06:11 PM 08:41 PM 11:11 PM
सामान्य जागरूकता	पदार्थ के दुरुपयोग की रोकथाम और प्रबंधन	हिन्दी	12:48 AM 03:18 AM 05:49 AM 08:19 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM

Art and Craft	ओरिगामी (कागज कला) -6	English/hindi	12:54 AM 03:24 AM 05:55 AM 08:25 AM 10:55 AM 01:25 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
सामान्य जागरूकता	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	01:10 AM 03:40 AM 06:10 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:42 PM
Mathematics	Ch-7: Time goes on	English	01:16 AM 03:46 AM 06:16 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:48 PM 09:18 PM 11:48 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	Englilsh/hindi	01:40 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:42 PM
English	Ch-3: The enormous turnip	English	01:49 AM 04:20 AM 06:50 AM 09:20 AM 11:50 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
English	Ch-3: Little by Little	Isl	02:20 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	Isl	02:26 AM 04:57 AM 07:27 AM 09:57 AM 12:27 PM 02:58 PM 05:28 PM 07:58 PM 10:28 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
शुक्रवार, 22 दिसंबर 2023 Friday, 22 December 2023			
गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM



DD Free Dish Channel #25



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Jio TV



NCERT OFFICIAL



Dish TV Channel #2024

			AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Earthquake	Earthquake - are you safe	English	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
हिन्दी	पाठ-10: क्यूंजीमल और कैसे - कैसलिया	हिन्दी	12:33 AM 03:03 AM 05:34 AM 08:04 AM 10:35 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:07 PM
कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	12:42 AM 03:13 AM 05:43 AM 08:14 AM 10:44 AM 01:15 PM 03:45 PM 06:16 PM 08:46 PM 11:17 PM
Mathematics	Ch-8: Who is heavier?	English	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:49 PM 11:19 PM
General Awareness	Interpersonal Relationships	English	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:06 PM 11:37 PM
Storytelling/Value Education	टर्म टू-3	हिन्दी	01:07 AM 03:38 AM 06:08 AM 08:38 AM 11:09 AM 01:39 PM 04:10 PM 06:40 PM 09:11 PM 11:41 PM
Art Education	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Navodaya Vidyalaya	English/hindi	01:29 AM 03:59 AM 06:30 AM 09:00 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:33 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:35 AM 04:06 AM 06:36 AM 09:07 AM 11:37



			AM 02:08 PM 04:38 PM 07:09 PM 09:39 PM
Storytelling/Value Education	में सबसे छोटी होऊं- कविता मंजरी	हिन्दी	01:56 AM 04:26 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:29 PM 10:00 PM
English	Ch-4: Sea Song	English	01:58 AM 04:28 AM 06:58 AM 09:29 AM 11:59 AM 02:30 PM 05:00 PM 07:31 PM 10:01 PM
हिन्दी	पाठ-9: अक्ल बड़ी या भैंस	IsI	02:22 AM 04:52 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:25 PM 07:55 PM 10:26 PM
पर्यावरण अध्ययन	पाठ-10: पकाएँ खाएँ	IsI	02:26 AM 04:57 AM 07:27 AM 09:58 AM 12:28 PM 02:59 PM 05:29 PM 08:00 PM 10:30 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
शनिवार, 23 दिसंबर 2023 Saturday, 23 December 2023			
गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Flood	Flood - What Should Be Done After Floods	English	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:05 PM 08:35 PM 11:06 PM
शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	12:32 AM 03:03 AM 05:33 AM 08:04 AM



			10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:07 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:10 PM 08:41 PM 11:11 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:43 AM 03:13 AM 05:43 AM 08:14 AM 10:44 AM 01:15 PM 03:45 PM 06:16 PM 08:46 PM 11:17 PM
सामान्य जागरूकता	मेंढक	हिन्दी	12:59 AM 03:29 AM 06:00 AM 08:30 AM 11:01 AM 01:31 PM 04:02 PM 06:32 PM 09:03 PM 11:33 PM
कला और शिल्प	कूड़े से खिलौने: उड़ती तितली (Toys from Trash: Bobbing Butterfly)	हिन्दी	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	01:15 AM 03:46 AM 06:16 AM 08:47 AM 11:17 AM 01:48 PM 04:18 PM 06:49 PM 09:19 PM 11:50 PM
Storytelling/Value Education	ईदगाह	हिन्दी	01:27 AM 03:58 AM 06:28 AM 08:59 AM 11:29 AM 02:00 PM 04:30 PM 07:01 PM 09:31 PM
Mathematics	Ch-8: Who is heavier?	English	01:56 AM 04:26 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:29 PM 10:00 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:13 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:47 PM 10:17 PM



हिन्दी	पाठ-9: अक्ल बड़ी या भैंस	Isi	02:19 AM 04:49 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:22 PM 07:52 PM 10:23 PM
English	Ch-4: Bubbles, Ch-5: Chhotu	Isi	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
रविवार, 24 दिसंबर 2023 Sunday, 24 December 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM 02:50 AM 05:21 AM 07:51 AM 10:22 AM 12:52 PM 03:23 PM 05:53 PM 08:24 PM 10:54 PM
Flood	Flood - What To Do During Floods	English	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:36 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:09 PM
कला और शिल्प	ओरिगामी कागज़ बिल्ली (Origami Paper Cat)	हिन्दी	12:36 AM 03:06 AM 05:37 AM 08:07 AM 10:38 AM 01:08 PM 03:39 PM 06:09 PM 08:40 PM 11:10 PM
Storytelling/Value Education	दर्म दू-5	हिन्दी	12:38 AM 03:08 AM 05:39 AM 08:09 AM 10:40 AM 01:10 PM 03:41



			PM 06:11 PM 08:42 PM 11:12 PM
Art and Craft	Wire lizard	English	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:34 PM 09:04 PM 11:34 PM
Art Education	Kala Utsav - 2022 Dance - Classical (Boy) Tripura	Englilsh/hindi	01:06 AM 03:37 AM 06:07 AM 08:38 AM 11:08 AM 01:39 PM 04:09 PM 06:40 PM 09:10 PM 11:41 PM
General	How Hariram became Harry	English	01:11 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:46 PM
Art Education	Kala Utsav - 2022 -Dance- Classical (Girl) Delhi	Englilsh/hindi	01:24 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:59 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:03 PM 04:33 PM 07:04 PM 09:34 PM
Physical Education	Growth and Health	English	01:44 AM 04:15 AM 06:45 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:17 PM 09:48 PM
Art and Craft	Art Education	English	01:48 AM 04:19 AM 06:49 AM 09:20 AM 11:50 AM 02:21 PM 04:51 PM 07:22 PM 09:52 PM
हिन्दी	पाठ-9: अक्ल बड़ी या भैंस	Isi	02:10 AM 04:40 AM 07:11 AM 09:41 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:14 PM



पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	Isi	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:48 PM 10:18 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:33 PM
सोमवार, 25 दिसंबर 2023 Monday, 25 December 2023			
गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General Awareness	Prevention and Management of Substance Misuse	English	12:31 AM 03:02 AM 05:32 AM 08:03 AM 10:34 AM 01:04 PM 03:35 PM 06:05 PM 08:36 PM 11:06 PM
Flood	Flood - बाढ़ के दौरान क्या करें और क्या न करें	Hindi	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:10 PM 08:41 PM 11:12 PM
हिन्दी	पाठ-10: क्यूंजीमल और कैसे - कैसलिया	हिन्दी	12:38 AM 03:08 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:42 PM 11:13 PM
सामान्य जागरूकता	स्वस्थ जीवन शैली को बढ़ावा देना	हिन्दी	12:48 AM 03:18 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:51 PM 06:21 PM 08:52 PM 11:22 PM
Storytelling/Value Education	ईदगाह	हिन्दी	12:54 AM 03:24 AM 05:55 AM 08:25 AM 10:56 AM 01:26 PM 03:57 PM



			PM 06:27 PM 08:58 PM 11:29 PM
EVS	Ch-14: The Story of Food	English	01:22 AM 03:53 AM 06:23 AM 08:54 AM 11:24 AM 01:55 PM 04:25 PM 06:56 PM 09:26 PM 11:57 PM
सामान्य जागरूकता	पारस्परिक संबंध	हिन्दी	01:29 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:02 PM 04:32 PM 07:03 PM 09:33 PM
Storytelling/Value Education	पुराने बच्चे (CWSN)	हिन्दी	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:37 AM 02:07 PM 04:38 PM 07:08 PM 09:39 PM
English	Ch-4: Sea Song	English	01:39 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:13 PM 09:43 PM
Art Education	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	Engilsh/hindi	02:03 AM 04:34 AM 07:05 AM 09:35 AM 12:06 PM 02:36 PM 05:07 PM 07:37 PM 10:08 PM
English	Ch-4: Bubbles, Ch-5: Chhotu	Isl	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:15 PM 07:45 PM 10:16 PM
EVS	Ch-14: The Story of Food	Isl	02:17 AM 04:48 AM 07:18 AM 09:49 AM 12:19 PM 02:50 PM 05:21 PM 07:51 PM 10:22 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM



मंगलवार, 26 दिसंबर 2023
Tuesday, 26 December 2023

गणित	पाठ-9: बोलो भाई कितने गुना?	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:28 PM 07:58 PM 10:28 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	Hindi	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:02 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
Storytelling/Value Education	पहाड़ से ऊँचा आदमी	हिन्दी	12:34 AM 03:04 AM 05:34 AM 08:04 AM 10:34 AM 01:04 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Storytelling/Value Education	Meena - 3 Saving the life	हिन्दी	12:54 AM 03:23 AM 05:53 AM 08:23 AM 10:53 AM 01:23 PM 03:53 PM 06:22 PM 08:52 PM 11:22 PM
Storytelling/Value Education	ईदगाह	हिन्दी	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:06 AM 01:36 PM 04:06 PM 06:36 PM 09:06 PM 11:36 PM
हिन्दी	पाठ-10: क्यूंजीमल और कैसे - कैसलिया	हिन्दी	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:34 PM 07:04 PM 09:34 PM
EVS	Ch-14: The Story of Food	English	01:45 AM 04:15 AM 06:45 AM 09:15 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM
English	Ch-4: Sea Song	English	01:52 AM 04:22 AM 06:52 AM 09:22 AM 11:52



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			AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
EVS	Ch-14: The Story of Food	IsI	02:17 AM 04:46 AM 07:16 AM 09:46 AM 12:16 PM 02:46 PM 05:16 PM 07:46 PM 10:15 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:28 AM 04:58 AM 07:28 AM 09:58 AM 12:28 PM 02:57 PM 05:27 PM 07:57 PM 10:27 PM
बुधवार, 27 दिसंबर 2023 Wednesday, 27 December 2023			
पर्यावरण अध्ययन	पाठ-14: कहाँ से आया, किसने पकाया	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	पाठ-10: क्यूंजीमल और कैसे - कैसलिया	हिन्दी	12:23 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
Storytelling/Value Education	I have got ten little fingers	English	12:33 AM 03:03 AM 05:33 AM 08:03 AM 10:33 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
Mathematics	Ch-8: Who is heavier?	English	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:43 AM 01:13 PM 03:43 PM 06:13 PM 08:43 PM 11:13 PM
सामान्य	आज़ादी की अमृत कहानियाँ (हर्षिनी)	हिन्दी	01:00 AM 03:30 AM 06:00 AM 08:30 AM 11:00 AM 01:30 PM 04:00 PM 06:31 PM 09:01 PM 11:31 PM



Storytelling/Value Education	जादुई किताब	हिन्दी	01:02 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
General Awareness Video Program	RBI - डिजिटल पेमेंट अपनाओ औरों को भी सिखाएं	हिन्दी	01:18 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
सामान्य जागरूकता	मूल्य और जिम्मेदार नागरिकता	हिन्दी	01:21 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:52 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
General	Azadi ki Amrit Kahaniyan (Poonam)	English	01:26 AM 03:56 AM 06:27 AM 08:57 AM 11:27 AM 01:57 PM 04:27 PM 06:57 PM 09:28 PM 11:58 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:30 PM 07:00 PM 09:30 PM
English	Ch-4: Sea Song	English	01:49 AM 04:19 AM 06:50 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	Isi	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 08:00 PM 10:30 PM
बृहस्पतिवार, 28 दिसंबर 2023 Thursday, 28 December 2023			



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पर्यावरण अध्ययन	पाठ-14: कहाँ से आया, किसने पकाया	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
हिन्दी	पाठ-10: क्यूंजीमल और कैसे - कैसलिया	हिन्दी	12:23 AM 02:54 AM 05:24 AM 07:54 AM 10:25 AM 12:55 PM 03:26 PM 05:56 PM 08:27 PM 10:57 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:33 AM 03:03 AM 05:34 AM 08:04 AM 10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:07 PM
सामान्य जागरूकता	जेंडर समानता	हिन्दी	12:39 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:42 PM 11:13 PM
सामान्य जागरूकता	मेंढक	हिन्दी	12:46 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
Storytelling/Value Education	बहादुर बित्तो (CWSN)	हिन्दी	01:01 AM 03:31 AM 06:02 AM 08:32 AM 11:03 AM 01:33 PM 04:04 PM 06:34 PM 09:05 PM 11:35 PM
Art and Craft	ओरिगामी (काग़ज़ कला) -6	English/hindi	01:10 AM 03:41 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Mathematics	Ch-8: Who is heavier?	English	01:26 AM 03:56 AM 06:27 AM 08:57 AM 11:28 AM 01:58 PM 04:29 PM 06:59 PM 09:29 PM



General Awareness Video Program	RBI - ऑनलाइन डिजिटल पेमेंट्स अब चुटकी में	हिंदी	01:43 AM 04:14 AM 06:44 AM 09:15 AM 11:45 AM 02:16 PM 04:46 PM 07:17 PM 09:47 PM
English	Ch-4: Sea Song	English	01:44 AM 04:14 AM 06:45 AM 09:15 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:48 PM
English	Ch-4: Bubbles, Ch-5: Chhotu	Isl	02:08 AM 04:39 AM 07:09 AM 09:40 AM 12:10 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	Isl	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
शुक्रवार, 29 दिसंबर 2023 Friday, 29 December 2023			
गणित	पाठ-10: पैटर्न की पहचान	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Earthquake	Earthquake - are you safe	English	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:32 AM 01:02 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
हिन्दी	पाठ-11: मीरा बहन और बाघ	हिन्दी	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM



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कला और शिल्प	रंगीन कागज़ की कैंडी (Colourful Paper Candy)	हिन्दी	12:49 AM 03:19 AM 05:50 AM 08:20 AM 10:51 AM 01:21 PM 03:52 PM 06:23 PM 08:53 PM 11:24 PM
Mathematics	Ch-09: How many Times	English	12:51 AM 03:22 AM 05:52 AM 08:23 AM 10:53 AM 01:24 PM 03:54 PM 06:25 PM 08:55 PM 11:26 PM
Earthquake	Earthquake - What to do when outside during an earthquake	English	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:49 PM
कला और शिल्प	प्रिंट आर्ट (Print Art)	हिन्दी	01:16 AM 03:46 AM 06:17 AM 08:47 AM 11:18 AM 01:48 PM 04:19 PM 06:49 PM 09:20 PM 11:50 PM
Storytelling/Value Education	मैं सबसे छोटी हूँ- कविता मंजरी	हिन्दी	01:36 AM 04:07 AM 06:37 AM 09:08 AM 11:38 AM 02:09 PM 04:39 PM 07:10 PM 09:41 PM
English	Ch-4: A Little Fish Story	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM
हिन्दी	पाठ-10: क्योंजीमल और कैसे कैसलिया - 2	IsI	02:07 AM 04:38 AM 07:08 AM 09:39 AM 12:09 PM 02:40 PM 05:11 PM 07:41 PM 10:12 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	IsI	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:48 PM 10:18 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:32 PM 08:03 PM 10:33 PM



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शनिवार, 30 दिसंबर 2023

Saturday, 30 December 2023

गणित	पाठ-10: पैटर्न की पहचान	हिन्दी	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Flood	Flood - What Should Be Done After Floods	English	12:30 AM 02:59 AM 05:29 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 05:59 PM 08:29 PM 10:59 PM
शारीरिक शिक्षा	स्वास्थ्य बढ़ना	हिन्दी	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM 03:30 PM 06:00 PM 08:30 PM 11:00 PM
सामान्य जागरूकता	प्रजनन स्वास्थ्य और एच.आई.वी. की रोकथाम	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:34 AM 01:04 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
शारीरिक शिक्षा	योग पद्मासन (Yoga Padmaasan)	हिन्दी	12:41 AM 03:11 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:10 PM
Storytelling/Value Education	सुनीता की पहिया कुर्सी	हिन्दी	12:57 AM 03:27 AM 05:57 AM 08:27 AM 10:56 AM 01:26 PM 03:56 PM 06:26 PM 08:56 PM 11:26 PM
Art and Craft	ओरिगामी (कागज़ कला)-1	English/hindi	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:09 AM 01:39 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
Storytelling/Value Education	ईदगाह	हिन्दी	01:20 AM 03:50 AM 06:19 AM 08:49 AM 11:19 AM



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			01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
Mathematics	Ch-09: How many Times	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
General Awareness	Prevention and Management of Substance Misuse	English	02:11 AM 04:40 AM 07:10 AM 09:40 AM 12:10 PM 02:40 PM 05:10 PM 07:40 PM 10:10 PM
हिन्दी	पाठ-10: क्योंजीमल और कैसे कैसलिया - 2	Isi	02:16 AM 04:46 AM 07:16 AM 09:46 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
English	Ch-4: Bubbles, Ch-5: Chhotu	Isi	02:23 AM 04:53 AM 07:22 AM 09:52 AM 12:22 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:28 AM 04:58 AM 07:28 AM 09:58 AM 12:28 PM 02:58 PM 05:28 PM 07:58 PM 10:27 PM
रविवार, 31 दिसंबर 2023 Sunday, 31 December 2023			
शारीरिक शिक्षा	Yoga Shalabhaasan (योग शलभासन)	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
शारीरिक शिक्षा	योग पश्चिमोत्तानासन (Yoga Pashchimottanasan)	हिन्दी	12:20 AM 02:50 AM 05:20 AM 07:51 AM 10:21 AM 12:51 PM 03:21 PM 05:51 PM 08:22 PM 10:52 PM
Flood	Flood - What To Do During Floods	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM



			10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
Storytelling/Value Education	टर्म टू-5	हिन्दी	12:35 AM 03:05 AM 05:36 AM 08:06 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
Art and Craft	Wire lizard	English	12:58 AM 03:28 AM 05:58 AM 08:28 AM 10:58 AM 01:29 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Art Education	Kala Utsav - 2022 Dance - Classical (Boy) Tripura	Englilsh/hindi	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
General	How Hariram became Harry	English	01:09 AM 03:39 AM 06:09 AM 08:39 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:41 PM
Art Education	Kala Utsav - 2022 -Dance- Classical (Girl) Delhi	Englilsh/hindi	01:22 AM 03:52 AM 06:22 AM 08:52 AM 11:22 AM 01:53 PM 04:23 PM 06:53 PM 09:23 PM 11:53 PM
शारीरिक शिक्षा	योग गोमुखासन (Yoga Gomukhasan)	हिन्दी	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
Physical Education	Growth and Health	English	01:41 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:43 PM 07:13 PM 09:43 PM



Art and Craft	Art Education	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:17 PM 09:47 PM
हिन्दी	पाठ-10: क्योंजीमल और कैसे कैसलिया - 2	IsI	02:07 AM 04:37 AM 07:07 AM 09:38 AM 12:08 PM 02:38 PM 05:08 PM 07:38 PM 10:09 PM
पर्यावरण अध्ययन	पाठ-11: यहाँ से वहाँ	IsI	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:15 PM
Patriotic song	National anthem (राष्ट्र गान)	हिन्दी	02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



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